

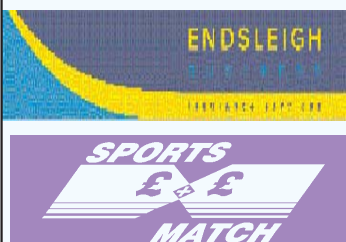


CoDe

No 143 December 2008 £1



- Paddlesafe
- Information and Courses
- Regional Information
- Coach Update Forums
- An update on Coach Update





- River Leader Masterclass
- WWSR/Advanced WWSR
- 4* Training/Assessment
- Bespoke Staff Training Solutions
- 5* Training/Assessment
- UKCC Level 1 and 2



m: 07811 829865 | t: 01248 715009
tomparkercoaching@mail.com



Gene17Kayaking.com presents
Our all new White Water Kayaking
Training Programmes

D4DR WW Intensive Instructor Training Programme
8 weeks based in Slovenia, the Alps and the Balkins;
focusing on Kayak Coaching, River Leading & WWS&Rescue
Alpine River Leader Training
7 days of Advanced WW Kayaking in Slovenia, includes all
the new 5 Star Training & REC for Paddlers

First aid courses

georgefell.co.uk



georgefell.co.uk

for the outdoors

Looking for a 3 Star Sea Training / Assessment

If you wish to complete your 3 star sea please contact Richard Hathway, 01782 791790
richard.hathway@pdoe.co.uk.

Cost will be to cover overheads. Location for assessment likely to be North Wales, you will need to organize your own boat.

Tollymore Mountain Centre is the Sports

Council for Northern Ireland's National Outdoor Training Centre,
and provides a full range of BCU coaching courses, plus
personal skills and expedition courses.

Live the adventure...

Tollymore Mountain Centre, Bryansford,
Newcastle, Co. Down, BT33 OPT

Tel: 028 4372 2158

www.tollymore.com



BCU Coaching Courses

www.plasmenai.co.uk

The Welsh National Watersports Centre

Plas Menai, Caernarfon, Gwynedd LL55 1UE

T: 01248 670964 F: 01248 673939 info@plasmenai.co.uk

[www.bcushop.org.uk /](http://www.bcushop.org.uk/)

SAFEGUARDING AND PROTECTING CHILDREN

We are continuing to refine and develop our documents as part of our commitment to provide a Paddlesafe environment for all young people participating in our sport. Some new revised documents to make a note of are:

- **BCU Anti Bullying Policy**
- **Managing Challenging Behaviour Guidelines**

These documents can be found on the BCU and Canoe England websites – www.bcu.org.uk. or if you are unable to access the internet call **Kimberley Walsh on 0845 370 9520** and we can arrange to send you copies.

We will also, from time to time, print information in the pages of code

In the BCU we believe that the welfare of children/vulnerable adult is everyone's responsibility, particularly when it comes to protecting children/vulnerable adult from abuse. Everyone in paddlesport can help - administrator, club official, coach, parent, friend and children themselves.

Abuse can occur wherever there are children/vulnerable adult - at home, at school, in the park, at the club. Sadly, there are some people who will seek to be where children/vulnerable adult are simply in order to abuse them. We believe that everyone in the BCU has a moral responsibility and therefore a part to play in looking after the children and vulnerable adults with whom we are working. The Children Act 1989 indicates that anyone who has responsibility for the care of children should "do what is reasonable in all circumstances for the purpose of safeguarding or promoting the child's welfare."

While the welfare of young people is the BCU's first consideration in establishing a child protection programme it is also seen that the interests of coaches themselves need to be taken account of, particularly where falsely accused. A feature of the BCU's policy on Child Protection is to ensure that we provide coaches with access to a confidential advice, guidance and support path, provided separately to that provided for those with concerns that abuse may be taking place.

These child protection procedures stem from the following principles:

- the child's welfare is paramount
- anyone under the age of 18 is classed as a child
- all children, regardless of age, any disability they have, gender, racial origin, religious belief and sexual identity have a right to be protected from abuse.
- Coaches, clubs and centres need to be provided with advice to raise awareness of best practice and guidance and support should they become involved in an abuse situation.

We know that if the procedures are to help to protect children, everyone involved in paddlesport needs to see and discuss them. We are, therefore, asking club secretaries/officers to make sure that they are widely distributed and discussed at club executive and general meetings.

Good Practice Guidelines

By following these guidelines you will help to protect both the children/vulnerable adult in our sport and our coaches/helpers from wrongful allegations.

Avoid situations where you are alone with one child/vulnerable adult. The BCU acknowledges that occasionally there may be no alternative, for example, where a child/vulnerable adult falls ill and has to be taken home. We would stress, however, that one to one contact must never be allowed to occur on a regular basis.

- If any form of physical support is required ask the paddler's permission, explain what you are doing and why to both the child/vulnerable adult and their parents/carers.
- Where possible ask parents/carers to be responsible for children/vulnerable adults in changing rooms. Always ensure that whoever supervises young people work in pairs.
- Where there are mixed teams/groups away from home, they should always be accompanied by an adult male and female coach/helper.
- Don't allow physically rough or sexually provocative games, or inappropriate talking or touching.
- If it's necessary to do things of a personal nature for children/vulnerable adult, make sure you have another adult accompanying you. Get the consent of the parent/carer and if possible the child/vulnerable adult. Let them know what you are doing and why.
- Ensure that any claims of abuse by a child/vulnerable adult are taken seriously and that it is dealt with by people who know what to do.
- Ensure that the nature and intensity of training does not exceed the capacity of a child's/vulnerable adult immature growing body and ability.





- Follow the BCU guidelines for photography and video use (see reference sheet 'Guidelines for use of Photographic and Filming Equipment')

Ensure your club adheres to the BCU best practice guidelines with particular reference to:

- The BCU Coaches & Officials Code of Conduct
- This guidance on child protection and the Paddlesafe Guidelines provided.
- The requirements for coaches and helpers to have undergone CRB disclosure.(see CRB FAQ)
- Club Child Protection & Vulnerable Adults Policy along with the identified Club Welfare Officers details.

BCU Coaches & Officials Code of Conduct

Whilst it is important for all adults to understand their responsibility with children, the BCU is concerned that specific advice is given concerning the behaviour of all coaches, staff, volunteers and other officials. In addition, those who employ coaches for example, should know what standard of behaviour is acceptable.

This applies to anyone working in either a paid employed role or as a volunteer.

1. Coaches & Officials must respect the rights, dignity and worth of every person and treat everyone equally within the context of their sport.
2. Coaches & Officials must place the well being and safety of the child above the development of performance. They should follow all guidelines laid down by the BCU and hold appropriate insurance cover
3. Coaches & Officials must develop an appropriate working relationship with participants, especially children, based on mutual trust and respect. Coaches must not exert undue influence to obtain personal benefit or reward.
4. Coaches & Officials must encourage and guide participants to accept responsibility for their own behaviour.
5. Coaches & Officials should hold up to date nationally recognised BCU coaching qualifications.
6. Coaches & Officials must ensure the activities they direct or advocate are appropriate for the age, maturity, experience and ability of the individual.
7. Coaches & Officials should at the outset clarify with participants, and where appropriate their parents, exactly what is expected of them and what participants are entitled to expect from the coach.
8. Coaches & Officials should cooperate fully with other specialists e.g. other coaches, officials, sports scientists, doctors, and physiotherapists in the best interests of the participants.
9. Coaches & Officials should always promote the positive aspects of their sport e.g. fair play and never condone rule violations or the use of prohibited substances.
10. Coaches & Officials should not be under the influence of drink, drugs or any substance.
11. Coaches & Officials must consistently display high standards of behaviour and appearance
12. Coaches & Officials should be acutely aware of the power that a coach develops with players and avoid any intimacy (sexual or otherwise).
13. Coaches & Officials should be acutely aware of situations with players that could be construed as compromising and actions that others could perceive as being outside the coaching role.

**Canolfan Tryweryn
Coaching Courses**

01678 521083 or
e-mail canolfan.tryweryn@virgin.net

Water Information Line: 01678 520826

Web-site: www.rivercoaching.co.uk

BCU Coaches & Officials Code of Conduct Cont;

14. Coaches & Officials should report any concerns within the area of Child Protection/Vulnerable Adults in confidence and without delay to the appropriate person.
15. Coaches & Officials should at no time make comment to the media. The BCU Press Officer should be made aware of any media interest in relation to Child Protection/Vulnerable Adults.

In the event of an allegation of improper behaviour being made, the personal conduct and professional behaviour of the adult will be very important evidence. For child abuse to take place, particularly sexual abuse, the child and adult(s) will generally be alone and away from public view. Thus the best practice is to avoid all situations in which behaviour cannot be observed.

Child Protection is about putting in place the best possible practices and procedures, this will protect not only the child but also you, the adult. If you have any comments on this guideline or require any further support or guidance relating to children and young persons please contact the BCU Child Protection Officer.

Best Practice

Do you have any examples that you could send us where young people have agreed their own codes of behaviour or anti bullying policy?

This is often the most powerful way of getting a message across and we would like to share good examples through our website (with permission)!

**Please send copies or if too large a photo of the codes to
Kimberley Walsh, Development
Support Officer, Canoe England,
18 Market Place, Bingham NG13 8AP
or email to
kimberley.walsh@bcu.org.uk.**

We will put a selection in Focus and on the website and credit the young people. Please make sure we have their permission to print.

SAFEGUARDING AND PROTECTING CHILDREN CONTACTS BCU CHILD PROTECTION

24 Hour Child Protection Contact Number Mobile: 0777 570 7364
(For use by professionals and people wishing to report incidents outside of office hours)
e-mail: childprotection@bcu.org.uk

**BCU Child Protection, Vulnerable Adults and Harassment Lead Officer -
Mike Devlin Tel: : 0845 370 9514**

Postal Address: Child Protection, British Canoe Union, 18 Market Place, Bingham,
Nottingham, NG13 8AP

BCU CHILD PROTECTION SUPPORT OFFICER

Nigel Timmins: 017684 80084 (For BCU coaches, volunteers and staff who have received an allegation against them with respect to Child Protection and require support).

NSPCC CHILD PROTECTION HELPLINE

Tel:0808 800 5000

CHILDLINE Tel: 0800 1111

BCU CRIMINAL RECORDS DISCLOSURE

Maria Winfield Tel: 0845 370 9503

**SCA Child Protection Officer
WCA Child Protection Officer
CANI Child Protection Officer**





BCU Lifeguards Aquatic First Aid Trainers

BCU Lifeguards are in the final stages of updating the details of ALL Aquatic First Aid Trainers in preparation for the transition of administration from BCU HQ to BCU Lifeguards on the 1st January 2009.

Thank you to all those trainers that have already updated with us, you will receive your new certificate and Trainer's Resource Pack in due course.

Reminder letters have been sent to all trainers that have not yet responded. If you haven't received a letter from BCU Lifeguards please contact them by emailing info@bculifeguards.org.uk urgently.

If you have received your letter, but have yet to respond please do so ASAP.

It's important to note that trainers that have not updated as of 1st January 2009 will be unable to run any Aquatic First Aid courses until going through the update process."

Just Add Water



BCU Level 3 Assessment

Date: 6-8 Mar, 2009

Location: Low Mill Outdoor Centre

Residential two day assessment. For the "Old" BCU level 3 kayak coach award. This is for coaching and leading on inland water upto grade 2.

Cost: £ 150 Duration: 2 day(s)

Discipline: Inland Kayak

For more information please contact the course provider below:

Course Provider Detail

Terry Hailwood Telephone: 01969 650432

Website: <http://www.lowmill.com>

Canoe England Coaching Conference.....

The next Canoe England Coaching Conference will include a full and exciting programme for existing BCU Competition and Recreational Coaches across all levels, providing the opportunity to network with like-minded coaches, and to learn from one of our cutting-edge deliverers.

For further details and booking your place contact maria.winfiled@bcu.org.uk

Canoe England Coaching Conference.....

Just Add Water
by Paul Hurrell

So here it is, a fast track guide, a short cut to becoming a great paddler or knowledgeable coach.

Within these pages are an accumulation of coaching tools, begged, borrowed and stolen from coaches or self invented.

Take, use and enjoy the ones you like, bin the ones you don't and above all, enjoy your paddling and or your coaching

**Available
Now
from
[www.
bcushop.
org.uk /](http://www.bcushop.org.uk/)**



High Loaning Head
Garrigill Alston
Cumbria CA9 3EY
Telephone 01434 381929

www.canadiancanoe.com

EVERGREEN CANOES

CANADIAN CANOES - FROM CANADA

Sole provider to Mountain Equipment Co-op, the leading outlet across Canada

KAWARTHA (triple skin) for Club, Centre, and Coach £599

We chose this hull with new 2 star in mind! A canoe that is too short, slow, or rockered frustrates learning the J stroke. Given the speed, and tracking of this hull, solo novices can master the J stroke in hours, not days. You will not do that in a 14' boat, or any Prospector! Yet it is light, responsive, tough

See website: www.evergreencanoe.com for full range in Royalex, evertec laminate, Kevlar, cedar strip.

Watch for offers on, Kevlar Prospector, Bob Special, Sunburst, Kawartha ...and more soon

Redtail Paddles, club/centre discounts on kids' sizes 32" to 51", from £15

Buoyancy aids, CE50N, centre tough from £15

Call for dealers list, quotes, demo boats, advice

www.canadiancanoe.com

.....Jan 17th & 18th 2009 Nottingham

Key Notes

The Olympic Experience
The role of Recreation within Competition
Knowing me knowing you

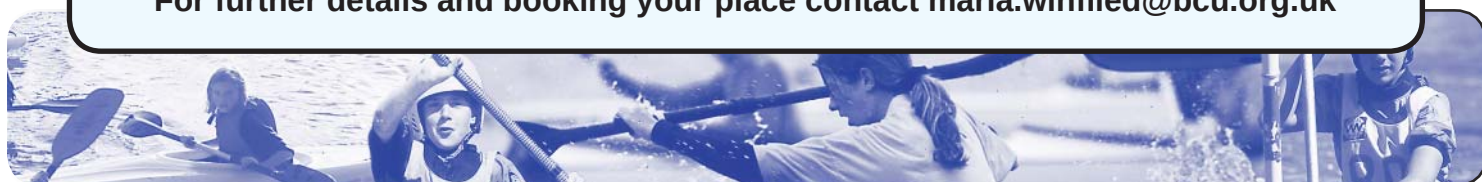
Full Day Workshops

Slalom and Racing Modules
Discipline specific Tutor Training

Workshops

Fundamentals
Forward Paddling Workshops
Foundation Module Workshops
Coaching Flatwater Slalom
Coaching Flatwater Freestyle

For further details and booking your place contact maria.winfiled@bcu.org.uk



BCU Certificate in Coaching Paddlesport Courses

Level 1

DateStart

02/12/2008
04/12/2008
08/12/2008
08/12/2008
11/12/2008
15/12/2008
17/01/2009
24/01/2009
28/02/2009
21/03/2009
21/03/2009
06/04/2009
25/04/2009
09/05/2009

Training Director

Paul Hurrell
Darryll Shaw
Andrew Hall
Samuel M. Robert
John W Handyside
Andrew Hall
Paul Newman
Andrew Noblett
Paul Newman
David Savage
Paul Newman
Paul Newman
Paul Newman
Paul Heaton

Contact

paulandangela@hurrell.freemove.co.uk
darryll.shaw@pgl.co.uk
debofdene@hotmail.co.uk
doc.roberts@btinternet.com
john.handyside@bcu.org.uk
debofdene@hotmail.co.uk
paulnewmanpaddlesport@blueyonder.co.uk
a.noblett@tiscali.co.uk
paulnewmanpaddlesport@blueyonder.co.uk
david@mepal.co.uk
paulnewmanpaddlesport@blueyonder.co.uk
paulnewmanpaddlesport@blueyonder.co.uk
paulnewmanpaddlesport@blueyonder.co.uk
p.heaton@manchester.gov.uk

Level 2

DateStart

02/12/2008
02/12/2008
09/12/2008
12/01/2009
28/02/2009
18/04/2009
20/04/2009
19/09/2009
10/10/2009

Training Director

Darren Joy
Thomas J.I. Sibbald
Andrew Davey
Paul Newman
David Savage
Paul Newman
Paul Newman
Paul Newman
Paul Heaton

Contact

darren@fluidskills.com
canoecoaching@btinternet.com
andy@thedaveys.org
paulnewmanpaddlesport@blueyonder.co.uk
david@mepal.co.uk
paulnewmanpaddlesport@blueyonder.co.uk
paulnewmanpaddlesport@blueyonder.co.uk
paulnewmanpaddlesport@blueyonder.co.uk
p.heaton@manchester.gov.uk

National Centres:

Please be advised that the National Centres also offer a range of 4 Star training and assessment courses across the disciplines:

Plas y Brenin www.pyb.co.uk
Canolfan Tryweryn www.rivercoaching.co.uk
Plas Menai www.plasmenai.co.uk
Glenmore Lodge www.glenmorelodge.org.uk
Tollymore www.tollymore.com

BCU 4 STAR KEY DELIVERERS:

The following providers have got 4 Star Courses planned for this year, please contact them directly for more details (please note this list is not exhaustive!):

Canoe: Scotland

Paul Mills
paulandjillmills@btinternet.com
Steve Macdonald
steve@beyondadventure.co.uk

Wales

Leo Hoare
leohoare@mac.com
Martin Dutton
info@bearcreekadventure.co.uk

Lake District

Tom Sibbald
canoecoaching@btinternet.com

Sea: Scotland

Paul Mills
paulandjillmills@btinternet.com
Gordon Brown
info@skyakadventures.com

Lake District

Ben Daines
enquiry@dallam.co.uk

Jersey

Derek Hairon
info@jerseykayakadventures.co.uk

Whitewater: Germany

Ian Cave
ian@foxboats.co.uk

Wales

Leo Hoare
leohoare@mac.com

Lake District

Tom Sibbald
canoecoaching@btinternet.com

SW England

Dennis Newton
den@kayakjacko.com



**FULL RANGE OF BCU COURSES
RIVER • SEA • SURF • OPEN**

For more details contact 01479 861256
www.glenmorelodge.org.uk

www.bcushop.org.uk/

Where there is only one nomination, that person will be deemed to be elected unopposed and an announcement made in the October edition of CoDe. Where there are two or more nominations the election process will take place via a postal vote subsequent to the October CoDe, and the results announced in Where there is only one nomination, that person will be deemed to be elected unopposed and an announcement made in the October edition of CoDe. Where there are two or more nominations the election process will take place via a postal vote subsequent to the October CoDe, and the results announced in December CoDe.

If you wish to discuss the LCO position further please contact either the Regional Coaching Organiser (RCO) or Paddlesport Development Officer (PDO) for the area concerned.

RCO	Region	Election Due	Contacts
Steven Randles	Cumbria	10/10/10	07789 550376 rco@cumbriacanoeists.org.uk
Ian Bell	North West	01/03/11	0151 638 1555 ianalisonbell@btinternet.com
Ken Hughes	North East	01/03/09	07890139908 kenhughescourses@aol.com
John Lucas	Yorkshire	01/06/11	07884 181828 john.lucas@flowingideas.co.uk
Philip Ascough	West Midlands	01/03/11	01527 861426 Pascough@worcestershires.gov.uk
Scott Bradley	East Midlands	01/07/09	07947 197355 scottbradleyuk@orange.net
Chris Davies	Eastern	01/07/11	Palawtaroll@yahoo.co.uk
Andrew Barclay	Devon & Cornwall	01/03/11	07968 892855 abarclay@cornwall.gov.uk
Simon Westerman	Wessex	01/03/10	01202 425173 Simon.westerman@bournemouth.gov.uk
Andrew Maxted	Southern	01/03/11	07730 852760 morven@ukonline.co.uk
Adrian Green	London	01/08/11	01403 734424 or 01403 732389 Adrian@southwatersports.co.uk
Andrew Hall	South East	01/06/11	01903767503, or 07776220690 debofdene@hotmail.co.uk
Kevin Mansell	Channel Islands		01534 745936 kevin@seapaddler.co.uk

Canoe England Paddlesport Development Officers:

The Paddlesport Development Officers (PDOs) are employed by Canoe England (mostly part time) to work in the Regions to achieve the aims of the Young People's Programme. Their role is to initiate and facilitate activities to promote and support the development of youth opportunities and progressions in Paddlesport. They work with clubs, centres and youth organisations and run a range of workshops and events for coaches and youth. Further information on youth schemes and programmes can be found on the Youth Pages of our website www.canoe-england.org.uk

PDO Southern: James Hives
james.hives@bcu.org.uk
07834 583 369

PDO East Midlands:
Stuart Briggs
Stuart.briggs@bcu.org.uk
0771 898 2091

PDO Cumbria: Nigel Timmins
nigel.timmins@bcu.org.uk
01768 480084

PDO West Midlands:
Phil Hadley
phil.hadley@bcu.org.uk
07771 620745

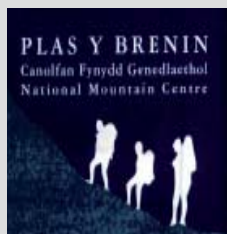
PDO Eastern: Jeff Toser
jeff.toser@bcu.org.uk
0791 2597986

PDO London & South East:
Andy Gray
andy.gray@bcu.org.uk
07894 396484

PDO South West: Andy Davey
andy.davey@bcu.org.uk
07912466264

PDO North East:
Ray Hudspith (Temporary)
ray.hudspith@bcu.org.uk
07715 993535

PDO North West and Yorkshire:
Gareth Field
gareth.field@bcu.org.uk
07738 185885



for the widest, most complete range of BCU Coaching courses in the country

Supporting the BCU - Supporting Paddlers

PLAS Y BRENIN

Canolfan Fynydd Genedlaethol
Capel Curig Gwynedd LL 24 0ET Tel 01690 720214



Canoe England Coach Update Forums 2009

Team Central - EAST MIDLANDS

Region	Date	Venue	Details
English Coaching Conference	Saturday 17th / 18th January	TBC	NWSC
Leicestershire & Rutland	Saturday 14th March 2009 & Sunday 15th March	TBC	Details available from Stuart Briggs Stuart.briggs@bcu.org.uk
Northamptonshire	Saturday 26th September 2009	TBC	
Derbyshire (North)	Saturday 3rd October 2009	TBC	

Team Central - EAST

Region	Date	Venue	Details
Suffolk:	Saturday 28th March 2009	TBC	Details available from Jeff Toser jeff.toser@bcu.org.uk
Hertfordshire:	Saturday 4th April 2009	TBC	
Cambridgeshire:	Sunday 10th May 2009	TBC	
Bedfordshire:	Sunday 27th September 2009	TBC	
Norfolk:	Saturday 10th October 2009	TBC	
Essex:	Saturday 7th November 2009	TBC	

Team Central - WEST MIDLANDS

Region	Date	Venue	Details
Herefordshire	Sunday 15th March 2009	TBC	Details available from Phil Hadley Phil.hadley@bcu.org.uk
West Midlands	Saturday 9th May 2009	TBC	
Staffordshire:	Sunday 18th October 2009	TBC	
Warwickshire	(Evenings? TBA)	TBC	

Team South

National
17 January 2009 NWSC

Devon & Cornwall
25 January 2009 River Dart

Southern
28 February 2009 Oxford

South East
14 March 2009 Bewl

London
15 March 2009 Wimbledon Park

Wessex
26 April 2009 Weymouth

Southern
06 June 2009 IOW

London
05 September 2009 Bexley Heath

Devon & Cornwall
27 September 2009 Devon

South East
17 October 2009 Chichester
Details available from
www.Canoesouth.org

Team North

NW Region (Cheshire ?) 28th February 09
 Cumbria TBC 4th April 09
 Yorkshire Aldwark 4/5th April 09
 North East 31st May 09
 North West (Lancashire?) 20th September 09
 Yorkshire - Pugneys TBC
 Cumbria TBC 21st November 09

Contact nigel.timmins@bcu.org.uk

Dates and Venues may be subject to change

The Canoe England Coach Update scheme provides a service whereby Canoe England recognises your qualifications as valid and updated. The benefits of this scheme include:

- Evidence for deployers, or customers that you are qualified and updated
- Your name being included on our register of qualified and updated coaches
- You can vote at Regional or Local Coaching Organiser elections
- You can run BCU Tests and Awards, for example the Star Awards

The concept of coach update is based on the BCU Coaching Service actively providing opportunities for personal development and encouraging all coaches to keep up to date with developments in our sport and indeed in general Sports coaching. Further to this, with sport and sports coaching receiving an increasingly public profile with moral, ethical, and social commitments, it is important that we can account for and verify the status of all coaches within the scheme.

The Coach Update process is the same for all of our Coaches, whether you hold 'new' or 'old' awards. There are three things you need to have to meet the update requirements:

1. Have a valid first aid certificate recorded on your Canoe England membership record:

For Level 1 and 2 coaches this needs to be four hours training including CPR/EAV. For Level 3 coaches and above eight hours including CPR/EAV is required. A list of acceptable first aid awards is published on www.bcu.org.uk. Please make sure your record is complete, and send us a copy of your latest first aid award if you are not sure!

2. Hold Full Current Membership of Canoe England:

Most of you reading this, will!

3. Be up-to-date with current best practice:

There are three ways in which you can evidence this (each being valid for a period of three years):

1. Attend a Coach Update Event (See Calendar on page 11)

These events are run throughout the regions aiming to provide quality learning support for coaches through the provision of appropriate learning systems, structures, resources, products and services. Canoe England Update Forums provide a significant opportunity to support coaches with:

- ☐ Continual professional development
- ☐ Networking opportunities
- ☐ Development in Canoe England target areas
- ☐ Face to face communication with Canoe England Coaching Staff

The events are aimed at Level 1 – 3 Coaches. We are always looking for volunteers to help support these events, so if you feel you have something to contribute please contact the organisers as listed.

2. Complete a Self-Assessment Form (See page 12)

The self-assessment form provides you with an opportunity to evidence your coaching activity and any continual professional development that you may have completed during the three-year update cycle. You are required to provide evidence that you have updated your skills in:

- ☐ Water safety (appropriate to the water used and level of coach)
- ☐ Health & Safety Executive and Legislative Guidelines
- ☐ Coaching and assessing

The evidence could include any relevant training, workshops or courses that demonstrate long-term training and sharing of good practise in Paddlesport coaching.

3. Achieve a BCU Coaching or Leadership Qualification

The completion of a new Coaching or Leadership qualification extends Coaches update status by a further three years. Most BCU Coaching and Leadership awards that are 2 days or more count.

Not sure if we recognise your qualifications?

If you are not sure if we recognise your qualifications as valid and up-to-date please contact Marie at the office and we can let you know. You can do this by email to;

marie.gouldby@bcu.org.uk or 0845 3709533.



BCU Coaching Service

Continuous Coach Development Record



Section 1 - Personal details

Name:		BCU / CANI WCA / SCA #							
-------	--	---------------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------

If you have changed your address please provide your new details on the reverse of this form

Region:		Award(s) held:	
---------	--	----------------	--

Section 2 - Coaching Activity

Please provide a short resume of your recent coaching activity (3-years)

What coaching role do you fulfill?	
Who do you coach?	
Purpose of your coaching?	
Regularity	
Other Info	

Use only the space provided

Section 3 - Coach Development Record

Please detail any workshops / courses / training to support your update of your coaching awards (revalidation) over the last 3-years.

Date	Workshop / Course / Training	Time	Verification

Signed: _____

Date: _____

REFEREE NAME (Referee should be able to confirm the above is correct) ASSESSOR STATUS/BCU no.

							/	
----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	---	----------------------