

£5.00



2011 Canoe Sprint & Marathon Racing Handbook



Norwich Canoe Club

Norwich 5K Race 9th April 2011

Norwich 5K Race, in conjunction with sponsors

DM ACTIVE SPORT

is part of the national series to be held this year.

The event will held over a standard 5K course
(3 laps) in K1 classes.

Cash prizes will awarded for the following:

Men's & Junior Boys K1.
(Under 16 and vets)

1 st	£200	4 th	£75
2 nd	£150	5 th	£50
3 rd	£100	6 th	£25

Women & Junior Girls K1
(under 16 and vet women)

1 st	£200
2 nd	£100
3 rd	£50

Also sprint prizes.& random draw prizes for finish positions out side the top finishing places of £20.

For full event details and classes go to www.norwichcanoecub.org.uk

DIFCAS Training and Rehabilitation Shorts



- Research based outcomes
- Decreased performance fatigue
- Enhanced core awareness and improved pelvic posture
- Training effect to a more efficient technical performance
- Improved function and decreased pain in athletes with lumbopelvic / groin injury
- Improved trunkal stability and balance particularly for those having difficulty balancing K1 kayaks.



For more information visit www.dmactivesport.com

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RACING CALENDAR 2011

Date	Race Name	Region	Code	Notes for Publication
09/01/2011	Frank Luzmore K2	LSE	MA1504	01
16/01/2011	Winter time trial, Linlithgow	SCA	FL1530	Linlithgow
29/01/2011	St Laurent Blangy	International		Regatta
20/02/2011	Winter time trial, Linlithgow	SCA	FL1530	Linlithgow
27/02/2011	Waterside A	S	WA1596	03
06/03/2011	Thameside 1	S	RE1424	04
13/03/2011	Waterside B	S	WA1596	05
13/03/2011	Winter time trial, Linlithgow	SCA	FL1530	Linlithgow
20/03/2011	Thameside 2	S	RE1424	06
26/03/2011	Wey Regatta	LSE	CH1619	Regional Regatta
27/03/2011	Waterside C	S	WA1596	07
27/03/2011	Gailey Hasler	M	GA1603	K1 H2011
02/04/2011	Royal K1 / K2	LSE	CH1569	02
03/04/2011	Cambridge Hasler	E	ST1404	K1 H2011
03/04/2011	Forth & Clyde Canal Marathon	SCA	HU1427	Forth & Clyde Canal Marathon
03/04/2011	Anker Valley Hasler	M	FL1418	K1 H2011
03/04/2011	Chester 1 Hasler	NW	SW1446	K1 H2011
03/04/2011	Calder 1	YH	JE 1615	K1 H2011
09/04/2011	Norwich National 5K	E	SC1495	5km
10/04/2011	Waterside D	S	WA1596	08
10/04/2011	Highland Spey Marathon	SCA	BR1542	River Spey, Aberlour
16/04/2011	National Regatta, Nottingham	National	MO1132	Sprint, Saturday and Sunday
17/04/2011	Brigg Marathon	YH	PE1312	K1 H2011
22/04/2011	Devizes Westminster	International	DW1513	09
01/05/2011	Ratho Marathon	SCA	FL1530	Union Canal
01/05/2011	Bedford Hasler	E	VI1620	K2 H2011
01/05/2011	Bedford assessment K1	E	VI1620	Assessment
06/05/2011	Sprint WC1, Poznan	International		Sprint
07/05/2011	National Regatta, Nottingham	National	MO1132	Sprint, Saturday and Sunday
11/05/2011	Lowport Summer series I	SCA	MA1534	Weds 7.30pm start
14/05/2011	Elmbridge National 5k	National	LA1107	5km
14/05/2011	Elmbridge Regatta	LSE	LA1107	Regional regatta
15/05/2011	Basingstoke Hasler	S	SM1553	K1 H2011
15/05/2011	Grand Dunk Marathon	SCA	MC1535	Tay, Grandtully to Dunkeld
15/05/2011	Royal Leamington Spa Hasler	M	LE1566	K1 H2011
20/05/2011	Sprint WC2, Racice	International		Sprint
21/05/2011	Nottingham Hasler	M	MA1505	K2 H2011
22/05/2011	Worcester Hasler	M	WE1583	K1 H2011
22/05/2011	Hastings 1066	LSE	GE1610	K1 H2011
22/05/2011	Leukaemia Marathon	SCA	CH1238	Loch Tay to Grandtully
22/05/2011	Norwich Hasler	E	SC1495	K2 H2011
22/05/2011	Norwich K1 assessment	E	SC1495	Assessment
28/05/2011	Wokingham K2 assessment	S	WO1517	Assessment
28/05/2011	Linlithgow KR Regatta	SCA	MA1534	Linlithgow Loch, Scottish Sprint
29/05/2011	Reading Circuit Hasler	S	RE1424	K2 H2011
03/06/2011	Sprint WC3 Duisberg	International		Sprint
04/06/2011	National Regatta, Nottingham	National	MO1132	Sprint, Saturday and Sunday
08/06/2011	Lowport Summer Series II 10km	SCA	MA1534	10km
11/06/2011	Runcorn National 5k	NW	MA1503	5km
12/06/2011	Tamar Hasler	SW	RO1171	K1 H2011
12/06/2011	Burton Hasler	M	LA1110	K1 H2011
12/06/2011	Kirkcaldy CC Regatta	SCA	CH1238	Sprint
12/06/2011	Royal Hasler	LSE	CH1569	K1 H2011
12/06/2011	Derwent Hasler	YH	DA1607	K1 H2011
16/06/2011	Sprint European Championships	International		Sprint

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18/06/2011	Conway Ascent	SW	WI1477	*
18/06/2011	Reading & Wokingham Regatta	S	RE1424	Regional Regatta
18/06/2011	Worcester National 5K	M	WE1583	5km
19/06/2011	Maidstone Hasler	LSE	HO1609	K1 H2011
19/06/2011	Oxford Falcon	S	GO1611	K2 H2011
19/06/2011	Shropshire Hasler	M	MA1612	K2 H2011
19/06/2011	Leighton Buzzard Hasler	E	TI1381	K2 H2011
25/06/2011	Cheshire Ring Race	NW	GA1594	11
25/06/2011	Marathon World Cup, Rome	International		Marathon
26/06/2011	Dart (Totnes) Hasler	SW	GR1593	K1 H2011
26/06/2011	Hereford Hasler	M	CH1608	K2 H2011
26/06/2011	Strathclyde Park Regatta	SCA	CH1238	Sprint
26/06/2011	Calder 2 Hasler	YH	JE 1615	K2 H2011
30/06/2011	Sprint U23 European Ch'ships	International		Sprint
02/07/2011	National Regatta, Nottingham	National	MO1132	Sprint, Saturday and Sunday
09/07/2011	Royal Junior Sprint Regatta	LSE	KE1522	Regional Regatta
10/07/2011	Fal Hasler	SW	MA1124	K1 H2011
10/07/2011	Macclesfield Adelphi Hasler	NW	MI1129	K1 H2011
13/07/2011	Lowport Summer Series III 10km	SCA	MA1534	10km
17/07/2011	Southampton Hasler	S	MC1568	K2 H2011
17/07/2011	Huntingdon Bishop Stortford Hasler	M	DU1540	K1 H2011
17/07/2011	Trentham Hasler	NW	RO1591	K1 H2011
22/07/2011	Euro Champs. St Jean de Losne, France	International		Marathon
23/07/2011	Reading National 5k	S	RE1424	5km
24/07/2011	Lower Exe & Estuary Hasler	SW	SH1606	K2 H2011
24/07/2011	Highland Inverness Marathon	SCA	MA1533	Inverness Marathon
24/07/2011	Thames Valley Circuit Hasler	S	WO1517	K2 H2011
03/08/2011	Lowport Summer Series V	SCA	MA1534	10km
05/08/2011	Kinghorn Loch K4	SCA	CH1415	
07/08/2011	Camel Hasler	SW	PE 1590	K1 H2011
07/08/2011	Glasgow Green Marathon	SCA	MC1598	Marathon
07/08/2011	Tonbridge Hasler	LSE	NE1336	K1 H2011
09/08/2011	Strathclyde Park 10K	SCA	RE1599	10km
11/08/2011	Forth & Clyde 10K	SCA	HU1427	10km
13/08/2011	Loch Lubnag Marathon	SCA	CH1238	Strathyre
13/08/2011	Bath to Bradford open event	SW	BO1017	*
14/08/2011	Wey Hasler	LSE	MO1132	K1 H2011
14/08/2011	Loch Lubnag 10K	SCA	CH1238	K1 Championship
14/08/2011	Bradford Circuit	SW	BO1017	K2 H2011
18/08/2011	Sprint Senior Worlds Szeged, HUN	International		Sprint
20/08/2011	Marsport National 5k	National		5km Final
21/08/2011	Medway Marathon	LSE	NE1336	15
21/08/2011	Kirkcaldy CC Regatta	SCA	CH1238	Sprint
22/08/2011	Sprint Pre-Olympic Test Event	International		Sprint
27/08/2011	National Championships, Worcester	NW	WE1583	National
31/08/2011	London Canoe Sprint Invitational 2011	International		Sprint
04/09/2011	Scottish Sprint Champs	SCA	CH1238	Strathclyde Park sprint regatta
07/09/2011	Lowport 10k	SCA	MA1534	10km
10/09/2011	National Regatta, Nottingham	National	MO1132	Sprint, Saturday and Sunday
17/09/2011	Broadwood Regatta	SCA	HU1427	Sprint
18/09/2011	Bristol kayak regatta	SW	HE1602	
18/09/2011	Chester 2 Hasler	NW	BL1601	K2 H2012
18/09/2011	Pangbourne Hasler	S	AD1588	K2 H2012
18/09/2011	Ratho East Marathon	SCA	KN1618	Marathon
24/09/2011	Loire	International		Marathon
25/09/2011	Henley Hasler	S	NU1142	K1 H2012

RACING CALENDAR 2011

[illegible]

Racing calendar 2011/12

notes

Legend	Notes																											
*	Indicates that this is not a standard divisional race. Usually classes are some combination of senior/junior, mens/ladies/mixed and singles/doubles.																											
K1 or K2	Race organisers run K1 and K2 divisions 4 to 9 inclusive. Over the 12 mile course they offer to run divisions 1 and 2 K1 races and either a division 3K1 OR a division 3 K2 race. <table><tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr><tr><td>K1</td><td>K1</td><td>K1 or</td><td>K1</td><td>K1</td><td>K1</td><td>K1</td><td>K1</td><td>K1</td></tr><tr><td></td><td></td><td>K2</td><td>K2</td><td>K2</td><td>K2</td><td>K2</td><td>K2</td><td>K2</td></tr></table>	1	2	3	4	5	6	7	8	9	K1	K1	K1 or	K1	K1	K1	K1	K1	K1			K2	K2	K2	K2	K2	K2	K2
1	2	3	4	5	6	7	8	9																				
K1	K1	K1 or	K1	K1	K1	K1	K1	K1																				
		K2	K2	K2	K2	K2	K2	K2																				
H2011	Indicates a Hasler qualifying race for 2010 / 2011 for the region shown.																											
H2012	Indicates a Hasler qualifying race for 2011 / 2012 for the region shown.																											
01	13 Miles and 3 portages. Shepperton to Richmond K2s only																											
02	Runnymede to Teddington. 19 miles, 6 portages. Open to K1, K2, C1, C2																											
03	13.5 miles and 21 portages time trial. Great Bedwyn to Newbury.																											
04	14 miles and 14 portages time trial. Aldermaston to Reading.																											
05	18.5 miles and 23 portages time trial. Newbury circuit.																											
06	18 miles and 8 portages. Reading to Longridge																											
07	22.5 miles and 30 portages time trial. Pewsey to Newbury.																											
08	34.5 miles and 30 portages time trial. Devizes to Newbury.																											
09	125 miles including 54 miles canal, 54 miles Thames and 17 miles tideway with 76 portages. Non-stop for senior doubles. Junior doubles and singles race in 4 stages over 4 days.																											
10	18 miles + 3 portages downstream from Castle Donnington to Nottingham. For K2 and C2s only. Classes for seniors, juniors, U16s, men, women, mixed.																											
11	Britain's longest non-stop K1 race: 95 mile circular canal race through the night on urban and rural canals. Classes for singles or doubles, non-stop or relay.																											
12	15 mile river descent for all boats.																											
13	20 mile time trial from Banbury Canoe Club to Aynho Wharf and back. May be raced as a relay team as well.																											
14	9.2 mile down river race with one sloping weir that may have to be portaged at high flow and 12 small rubble weirs shootable at any flow. No understern rudders, they will get broken. Buoyancy aids and helmets compulsory.																											
15	18 miles 9 portages Maidstone to Tonbridge.																											
16	16 miles Odiham to Mytchett																											

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AC1000	Acreman	Malcolm	POO	acremen533@btinternet.com	01202 841432	T
AD1588	Adventure Dolphin	Sue Lock	PAN	Whitchurch Road, Pangbourne, Berks RG8 7DA slock@westberks.gov.uk	01189 843162	R
BA1485	Bates	Diane	ELM	diane.bates@dial.pipex.com	01932 244473	MO
BL1526	Blackman	Howard	BCU	howard.blackman@bcu.org.uk	07793 442585	
BL1527	Blackman	Neil	SOR	Neil.Blackman@centurycomputing.co.uk		T
BL1601	Blakeborough	Adele	CHE	smelladele@hotmail.com	0151 334 0978,	R
BL1014	Bland	Peter	ICF	4 Gibbs Close, Lower Moore, Pershore, Worcs WR10 2NQ	01386 861317	O
BL1013	Bland	Teresa	ICF	4 Gibbs Close, Lower Moore, Pershore, Worcs WR10 2NQ	01386 861317	O
BO1017	BOA Rowing & Canoeing Club		BOA	SteveM@monahans-fsl.co.uk		R
BR1542	Bragg	Mark	SCA	markbragg_eng@yahoo.co.uk	01569 730204	R
BR1020	British Canoe Union		BCU	18 Market Place, Bingham, Notts NG13 8AP	0845 370 9500	
BR1021	Brooks	Martin	BCU	martinbrooks1@fsmail.net	01746 861813	O
BU1024	Burgoyne	Alan	HER	alanburgoyne@yahoo.co.uk	01432 270341	OT
CA1029	Capps	Des	WIN	9 Mill Ride, Ascot, Berks SL5 8LE	01344 882778	T
CA1574	Carroll	Paul	BTH	Pauljohn@carroll2002.freemove.co.uk	01761 479347	R
CA1441	Carter	Peter	SVC	svcc@thesharpend.co.uk	07770777683	T
CA1544	Carter	S	NED	69 Stump Cross, Guisborough, Cleveland TS14 6NH	01287 639453	T
CH1617	Chalk	Graeme	RDG	graeme.chalk@ntlworld.com		T
CH1415	Chalmers	Neil	SCA	neil@kinghorn.org.uk	07767 380274	R
CH1608	Champ	Lee	HER	37 Greyfriars Avenue, Hereford	07976 933802	R
CH1238	Chapman	Margaret	SCA	mhckayaking@aol.com	01236 457081	R
CH1619	Childerstone	Mike	WEY	regatta@weykayak.co.uk	0789 992 4884	R
CH1569	Churchill	Miranda	ROY	miranda@thechurchills.co.uk	0208 874 7827	R
CL1307	Cleaver	Chris	MAD	chcleaver@tiscali.co.uk	01625 878838	R
CL1586	Clive	Louise	GAI	lousy.clive@btinternet.com	01902 783967	S
DA1607	Davis	Joy	KIN	joyandgeoff@davis2.karoo.co.uk	01482 505587	R
DO1510	Dodson	Andy	ADS	26 Warren Road, New Haw, Surrey KT15 3UA	01932 347695	T
DU1540	Duncan	Ken	BSF	bsf11@yahoo.com		RT
DW1513	DW Organisation Ltd			stuart_J_west@yahoo.co.uk	07818 428743	R
EN1067	Enoch	David	NOT	102 Bingham Road, Radcliffe on Trent, NG12 2GT david.enoch2@btopenworld.com	0115 933 2258	MR
FA1508	Farrell	Eric	BCU	Bankside, Towpath, Shepperton, Middx TW17 9LJ	07802 825530	C
FI1431	Fisher	Diana	HAS	diana.fisher@btconnect.com	01424 712879	T
FL1418	Fleeson	Charles	ANK	chas.f@btinternet.com	02476 345938	RT
FL1530	Fletcher	Alan	LGW	alan@spheating.org	01506 671105	RT
FR1558	Freeman	Neil	WIN	82 Windsor Road, Bray, Windsor	01628 629907	R
GA1594	Gage	Andrew	MAD	gage.andrew@gmail.com	07976282580	R
GA1603	Gailey Canoe Club		GAI	gaileyc@btinternet.com		R
GA1074	Gandy	Brian	BAS	gandy@adslmail.newnet.co.uk	01252 622630	M

C = Coach (Squad) M = Marathon Committee O = Official (Regattas) R = Race Organiser S = Sprint Committee T = Team Leader

GE1610	George	Mark	HAS	1066@mdgeorge.orangehome.co.uk	07512810139	R
GO1611	Gower	Jenny	FOX	Meadow Lane, Donnington Bridge, Oxford		R
GR1078	Gray	Rosy	ICF	colinrosy@talktalk.net	0115 923 4867	O
GR1593	Greenaway	Brian	FOY	bgreencanoe@aol.com	01208 812012	R
HA1514	Harding	Ollie	LON	ollieharding@mac.com	01628 626795	MRT
HA1328	Hardy	Mr & Mrs B		113 St Johns Ave, Kidderminster, Worcs DY11 6AX	01562 753597	O
HA1546	Harris	Steve	BCU	steve.harris@gbc canoeing.org.uk	07796 982277	C
HA1575	Hawthorn	Sue	WOR	suehawthorn@btinternet.com	01886 833308	M
HA1595	Haynes	Chris	RIC	christopher haynes@sky.com	07885 891967	R
HE1602	Heeley	Mark	BRI	enquiries@bkra.org.uk		R
HE1089	Herbent	Tibor	RLS	4 Chiltern Leys, Coventry CV6 1BL	01203 592247	T
HI1515	Hinves	James	SOU	james.hinves@canoe.england.org.uk	07834 583369	MT
HO1230	Hoile	Ann	LBZ	24 Knaveshill, Linslade, Leighton Buzzard, Beds LU7 7UD	01525 379921	OS
HO1587	Hoile	John	LBZ	24 Knaveshill, Linslade, Leighton Buzzard, Beds LU7 7UD	01525 379921	OS
HO1385	Hornby	Suzy	BCU	sue.hornby@canoe.england.org.uk	0208 941 2714	R
HO1609	Howes	Martin	MAI	marathon@maidstonecanoeclub.net	01892 723327	R
HU1094	Hughes	Phil	BCU	pipkjhughes@rya-online.net	0115 849 2719	O
HU1427	Hutt	Jonathan	SCA	jonathan.hutt@btinternet.com	01324 849629	RT
JE1615	Jeffries	David	PEN	chairman@penninecanoeclub.org.uk	07815 963962	R
JE1616	Jennings	Rebecca	RDG	rebecca.jennings1@btinternet.com		T
JE1238	Jennison	Angela	KIN	angela@thejennisons.karoo.co.uk	01482 827836	T
JO1487	Jones	Chris	LBZ	43 Rowley Furrows, Linslade, Leighton Buzzard, Beds LU7 2SH	01525 370970	T
JO1100	Jones	Peter	SOL	petercjones@blueyonder.co.uk	0121 745 3415	
JO1101	Jones	Rowland	ICF	rowland.kayak@virgin.net	01905 774828	O
JO1103	Jones	Steve	LBZ	stjones@talk21.com	01525 374359	O
KE1356	Kelly	Andrew	KEN	Millview, Grayrigg, Kenall, Cumbria LA8 9BU	01539 824634	T
KE1522	Kelly	David	ROY	drckelly@sky.com	01932 765242	R
KE1334	Kendrick	Viv	PAD	8 Yew Grove, Huddersfield, West Yorks HD4 5XG	01484 460154	T
KI1541	Kilbourn	Robert	NOR	killbs@hotmail.co.uk	01603 618174	T
KI1104	Kinninmonth	Margaret	KIR	19 Forth Park Gardens, Kirkaldy, Fife KY2 5TD	01592 205655	RT
KN1618	Kneen	Marcus	FOR	m.kneen@indigovision.com	07866 768102	R
LA1107	Lawler	Di	ELM	diandroland2009@hotmail.com	01784 454772	RO
LA1109	Lawler	Roland	ELM	93 Chertsey Lane, Staines, Middx TW18 3LQ	0208 979 4993	MST
LA1110	Lawrenson	Bill	BUR	wjlawro@aol.com	01283 542324	RT
LA1111	Laws	Alan	ICF	alan@nalonuk.org	01205 311344	MS
LE1566	Lewis	Julie	RLS	julie.lewis@pulsefitness.com		R
LI1520	Lines	Rob	NOR	roblines@yahoo.com	01603 619846	T
LY1116	Lyddiatt	David	MLO	david@lyddiatt.plus.com	01753 887773	T

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MA1533	Mackinnon	Steve	SCA	macksteve@btinternet.com	01667 404725	R
MA1503	Marnell	Stephen	RUN	stephen.marnell@virgin.net	01928 579182	RT
MA1534	Marshall	Derek	LGW	derek.marshall22@btinternet.com	01506 842546	R
MA1504	Martin	Sean	RIC	wjmartin@mac.com	07836 201551	R
MA1505	Mason	Norman	NOT	Field House, Church Lane, Upper Broughton, Melton Mowbray, Leics LE14 3BD	01664 822536	R
MA1612	May	Deb	SHP	marathon@thelemming.org	07747 535341	R
MA1124	May	John	TRU	24 Trelawney Avenue, Treskerby, Redruth, Cornwall TR15 1RH	01209 216943	RT
MC1563	McCarroll	Stuart	FOX	stuartmccarroll@hotmail.co.uk		T
MC1571	McGown	Liz	ICF	PO Box 243, Whitstable, Kent CT5 1WH tolizm@yahoo.com	01227 265533	O
MC1457	McKeever	Derek	BOA	14 Farleigh Wick, Bradford on Avon, Wilts BA15 2PU	01225 865392	T
MC1614	McLean	Phredd	BAN	phredd.mclean@homecall.co.uk		T
MC1568	McLoud	Neil	SOU	10 Franklin Road, Twyford, Winchester, Hants SO21 1PB	07957 197840	R
MC1535	McMorrin	Brian	SCA	bmcmmorrin@aol.com	01592 891481	R
MC1598	McMorrin	Colin	SCA	colin.mcmorrin@hotmail.com		R
MI1129	Millest	Andrew	MAD	andrew_millest@hotmail.com	01625 619271	R
MO1130	Moore	Dave	FRE	sgurfiona@aol.com	01606 48917	RT
MO1132	Morley	Peter	WEY	peter.c.morley@btinternet.com	01483 571996	ORT
MO1360	Moule	Mo	CLM	mo@mouleclm.plus.com	01245 261073	RST
MO1371	Moule	Peter	CLM	30 Hill View Road, Springfield, Chelmsford CM1 7RX	01245 261073	OS
MU1134	Murray	Mr & Mrs B		4 Hawk Close, Whitestone, Nuneaton, Warks CV11 6TG	02476 385846	O
MY1136	Mylett	Dave	LIN	lincoln.cc07@ntlworld.com	01522 685479	RT
NA1292	Nadal	Mick	NOT	nottinghamkayakclub@yahoo.co.uk	0115 9141824	MT
NE1336	Neale	Clive	TON	clive.neale@axa-ppp.co.uk	01732 361759	ORT
NE1138	Newman	Paul	MAI	20 The Rise, Hempstead, Gillingham, Kent ME7 3SS	01634 376420	T
NI1505	Nikonorov	Alex	BCU		01628 486619	C
NU1142	Nutt	Kevin	EBB	123 South View Avenue, Caversham, Berks RG4 5BB	0118 948 1425	RT
OL1146	Oliver	Laurence	LIN	Cotswold, 48 High St., Reepham, Lincoln LN3 4DP	01522 751798	T
PA1536	Parker	John	WOR	john.parker@baggeridge.co.uk	01299 824344	T
PE1590	Pearce	Emma	FOY	emapearce@msn.com	01726 74951	R
PE1312	Pell	Shirley	GLS	anthonypell@aol.com	01724 867341	RT
PE1317	Pendle	Dyson	NOR	dysonpendle@btinternet.com	01603 622036	M
PR1394	Prestwood	Bob	GAI	11 Girtton Road, Cannock, Staffs WS11 3EB	01543 579717	T
RA1405	Rawson	Andy	RDG	9 Bramley Green Road, Bramley, Tadley, Hants RG26 5UE	01256 881162	M
RE1424	Reading CC		RDG	info@reading-canoe.org.uk	0118 947 7643	R
RE1599	Redmond	Cecile	SCA	cecile.redmond@motorola.com	01506 844522	R
RI1605	Ripington	Sam	WOK	c1paddler@hotmail.com		S
RO1591	Roberts	Phil	TRE	Phil@trentthamcanoecub.co.uk	07776226559	RT



ROYAL CANOE CLUB

RACES FOR 2011

Saturday 2nd April

K1/K2 Marathon: Runnymede to Teddington (approx. 19 miles)

Senior Men / Women: K1, K2 Open

Junior Men / Women: K2 Open

Masters: K1, K2, Mixed Open

Mixed K2 Open

(Canoe entries welcome. No Junior K1 in this race)

Sunday 12th June

Divisional Marathon (LSE Hasler Event)

Divisions 1, 2 & 3 K1, Divisions 4 – 9 K1 and K2, Lightning races

Saturday 9th July

Junior Sprint Regatta

200m & 500m K1 Time Trials and Races

2000m K1 Races *(time permitting)*

(Lightnings welcome)

Saturday 1st October

Paddling Challenge (137th Year)

K1 and Lightnings only

Separate Men & Ladies Cup Races

Masters, Junior and Lightning Races

The Clubhouse, Trowlock Way, Teddington, TW11 9QZ
For more details, visit: www.royalcanoeclub.com

National 5K Racing Series 2011

The Marathon Race Committee is launching a new national competition for 2011. The National 5k Series will comprise five events followed by a National Final. To qualify for the final you will need have to have competed in at least one of the five qualifying races in the series.

The Series

Norwich Saturday 9th April
Elmbridge Saturday 14th May
Albert Docks (Runcorn) Saturday 11th June
Worcester Saturday 18th June
Reading Saturday 23rd July

National Final Wokingham Saturday 20th August 2011

Host - Marsport – Paul Ralph

Most series races will include a K1 and a K2 race arranged to allow participation in both events although this will be for the organisers to decide (the Final will be for K1 only). Starts will be Male and Female with subdivision if there are a large number of competitors / sufficient numbers.

Once you have competed in one event you will be given a ranking based on your fastest K1 time. Beat your time from last year or work to improve your time throughout the series. Find your position in the ranking lists based on your best time of the series published at www.marathon-canoeing.org.uk

For entry details see individual club websites and/or marathon website.

Complete rules can be found on page F17-18.

Any questions contact: Dyson Pendle (Norwich) or
Sue Hawthorn (Worcester)

Wey Kayak Club

cordially invite you to paddle with us at the following events this season

WEY MINI-REGATTA

2000 m / 1000 m* time trial, 200 m and 500 m races and the return of the world-famous 4 x 100m relay.

A thoroughly enjoyable introduction to sprint racing. Come and get a qualifying time over these distances in time for the National Regatta in April.

* for Lightnings

WEYSIDE

20, 25 or 45 km time trials.

Test yourself on the River Wey. Perhaps double up with the Runnymede to Royal on Saturday in training for the DW.

WEY MARATHON

Divisional racing over 7, 13 and 20 km (Divisions 1/2/3 K1) and Fun Race over 5 km.

L&SE Divisional Hasler for 2011.

HARE AND HOUNDS SERIES 2011-2012

Handicapped time trial over 10 km

A series of five races to keep the winter blues at bay. 10 km and two portages.

These dates are subject to change due to water conditions so check our website for the "spare" dates.

Saturday 26 March 2011

RSVP

Michael Childerstone
regatta@weykayak.co.uk
☎ 0789 992 4884

Sunday 3 April 2011

RSVP

James Rossiter
weyside@weykayak.co.uk
☎ 01883 346631

Sunday 14 August 2011

RSVP

Peter Morley
weymarathon@weykayak.co.uk
☎ 01483 571996

Sunday,

**6 Nov, 27 Nov, 4 Dec-2011
and 15 Jan, 5 Feb-2012**

RSVP

James Rossiter
harehounds@weykayak.co.uk
☎ 01883 346631



All events hosted by

Wey Kayak Club

Venue

The Waterside Centre
Riverside
GUILDFORD
GU1 1LW



01483 536407

Map ref

TQ 997 513

Dress Code

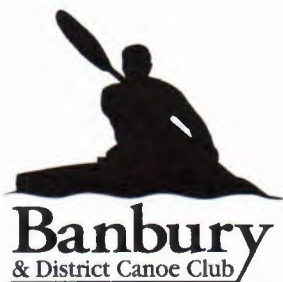
*informal but expect to get wet
a buoyancy aid may be required!*

For further details visit our website at

<http://www.weykayak.co.uk>

**Banbury and District
Canoe Club.
Cropredy, Nr Banbury,
Oxfordshire.**

www.banburycanoeclub.com



Banbury Marathon.

Sunday October 30th 2011.

Details from Graham Warland. Phone 01295 256130.

9 Woodhall Drive, Banbury, Oxon. OX16 9TY.

E-mail: graham.warland@virgin.net

Ross Warland Memorial Canal Challenge.

Sunday 27th November 2011.

- Start: Canoe Club, Cropredy (5 miles north of Banbury).
- Turn Nell Bridge, Aynho Lock.
- Finish: Banbury Canoe Club, Cropredy (5 miles north of Banbury).
- Distance: 20 miles, 12 portages.

Classes

- K1 full distance (20 miles)
- K2 full distance (20 miles).
- K1 relay teams. No more than 4 paddlers per team.
- K2 relay teams. Two pairs per team.

Details from Graham Warland. Phone 01295 256130.

9 Woodhall Drive, Banbury, Oxon. OX16 9TY.

E-mail: graham.warland@virgin.net

Club website will also hold the details www.banburycanoeclub.com

PADDLESafe – SAFEGUARDING AND PROTECTING CHILDREN

The BCU is committed to ensuring that all children and vulnerable adults enjoy paddlesport in a safe environment in which they are protected from any form of poor practice or abuse. We continue to work towards and maintain the standards set for sport and to implement the requirements set within government guidelines and legislation.

Everyone in Paddlesport has a responsibility to help to safeguard and protect children and vulnerable adults – whether it is an administrator, club official, coach, parent, friend or children themselves. This can be a daunting prospect and to support everyone involved in our sport to apply these principles the BCU has developed a range of child protection policies and procedures. These child protection procedures stem from the following principles:

- the child's welfare is paramount.
- anyone under the age of 18 is classed as a child.
- All children, regardless of age, any disability they have, gender, racial origin, religious belief and sexual identity have a right to be protected from abuse.
- Coaches, clubs and centres need to be provided with advice to raise awareness of best practice and guidance and support should they become involved in an abuse situation.

All our policies and documents to support those working with young people can be easily found on each home nation website. Alternatively, contact your Home Nation if you would like further information or are unable to access the internet. We know that if the procedures are to help to protect children, everyone involved in Paddlesport needs to see and discuss them. We are, therefore, asking club Secretaries / Welfare Officer to make sure that they are widely distributed and discussed at club executive and general meetings.

Child Protection Support Officer - While the welfare of young people is the BCU's first consideration, we recognize that coaches, volunteers and helpers may also require support if an allegation is made against them. In these cases individuals should contact the BCU Child Protection Support Officer whose role is to listen, support, help and provide advice. (Contact details below) They will not be involved in the case and will be completely independent of the investigation.

Event Management - In 2009 we updated our Safe Events guidance sheet. Event organisers should take note that there is a requirement to provide a Welfare Officer at all events where children are participating.

Good Practice Guidelines

By following these guidelines you will help to protect both the children/vulnerable adult in our sport and our coaches / helpers from wrongful allegations.

- Avoid situations where you are alone with one child / vulnerable adult. The BCU acknowledges that occasionally there may be no alternative, for example, where a child / vulnerable adult falls ill and has to be taken home. We would stress, however, that one to one contact must not be allowed to occur on a regular basis.
- If any form of physical support is required ask the paddler's permission, explain what you are doing and why to both the child / vulnerable adult and their parents / carers.
- Where possible ask parents / carers to be responsible for children / vulnerable adults in changing rooms. Always ensure that whoever supervises young people work in pairs.
- Where there are mixed teams / groups away from home, they should always be accompanied by an adult male and female coach / helper.

PADDLESafe – SAFEGUARDING AND PROTECTING CHILDREN

- Don't allow physically rough or sexually provocative games, or inappropriate talking or touching.
- If it's necessary to do things of a personal nature for children / vulnerable adult, make sure you have another adult accompanying you. Get the consent of the parent / carer and if possible the child / vulnerable adult. Let them know what you are doing and why.
- Ensure that any claims of abuse by a child / vulnerable adult are taken seriously and that it is dealt with by people who know what to do.
- Ensure that the nature and intensity of training does not exceed the capacity of a child's / vulnerable adult's immature growing body and ability.
- Follow the BCU guidelines for photography and video use (see reference sheet 'Guidelines for use of Photographic and Filming Equipment')

Ensure your club adheres to the BCU best practice guidelines and requirements with particular reference to:

- The BCU Code of Ethics.
- The BCU Child Protection Policy and Vulnerable Adults Policy.
- Safe recruitment practices and the requirements for coaches / helpers to have undergone enhanced disclosure relevant to their home nation.
- Individuals undertake training when working with children and vulnerable adults.
- Club Welfare Officers attend specific training to support their role (Time to Listen workshop).
- Publicise your club Welfare / Child Protection Officer contact details.
- Publicise the NSPCC Child Protection Helpline.

IMPORTANT CONTACTS

24 Hour Child Protection Contact Number

Mobile 0777 570 7364 Email childprotection@bcu.org.uk

BCU Child Protection Lead Officer

Mike Devlin – 0845 370 9514

BCU Child Protection Support Officer

(For coaches, volunteers and staff who have received an allegation against them)
Nigel Timmins 07740 820113

BCU Criminal Records Disclosure

Maria Winfield Tel 0845 370 9503

NSPCC CHILD PROTECTION HELPLINE Tel 0800 800 5000

CHILDLINE Tel 0800 1111

LEPTOSPIROSIS AND CANOEING

Leptospirosis is a disease that can be passed from animals to humans. Leptospirosis is caused by bacteria of the genus *Leptospira*, (referred to as *Leptospire*s) which infect a variety of wild and domestic animals. The animals can then spread the *Leptospire*s in their urine. Common animal reservoirs (maintenance hosts) include rodents, cattle and pigs.

Human infection occurs through exposure to water or an environment contaminated by infected animal urine, and has been associated with a variety of occupations such as farming which can involve direct or indirect contact with infected urine or recreational pursuits. In the UK, such activities include canoeing, windsurfing, swimming in lakes and rivers, pot holing and fishing.

How do animals carry Leptospirosis?

Infected animals carry the bacteria in their kidneys. They can excrete *Leptospire*s in their urine for some time, and spread infection to other animals or humans coming into contact with the urine. Often the infected animal does not become ill. For example, both rats, which carry the type known as *Leptospira Icterohaemorrhagiae*, and cattle, which carry another strain (*L. hardjo*), appear well.

How do humans become infected?

Humans are considered to be a dead-end or accidental host of *Leptospire*s. Infection may be acquired by direct or indirect contact with affected urine, tissues, or secretions. *Leptospire*s enter the body through cut or damaged skin, but may also pass across damaged or intact mucous membranes, and the eyes.

What are the symptoms?

Leptospirosis can be used to describe infections in both man and animals caused by any pathogenic strain of *Leptospire*. In humans it causes a wide range of symptoms, although some infected people appear healthy. All forms of Leptospirosis start in a similar way. Leptospirosis is an acute biphasic illness. Some cases may be asymptomatic or may present in the first phase with onset of a flu-like illness, with a severe headache, chills, muscle aches and vomiting. This is known as the bacteraemic phase, when the *Leptospire*s spread through the blood to many tissues, including the brain. This phase may resolve without treatment. In some cases, an immune phase may return with a return of fever, jaundice (yellow skin and eyes), red eyes, abdominal pain, diarrhoea, or a rash. In more severe cases there may be failure of some organs, e.g. the kidneys, or meningitis. Generally, cases will recover within two to six weeks but some may take up to three months. After infection, immunity develops against the infecting strain, but this may not fully protect against infection with unrelated strains.

Diagnosis.

As many of these symptoms are the same as for other diseases, diagnosis of Leptospirosis is based on clinical suspicion confirmed by laboratory testing of a blood sample. There is a specialist reference laboratory for Leptospirosis in the UK, which can be consulted by doctors.

How soon after the exposure do symptoms occur?

Typically, symptoms develop seven to fourteen days after infection, though rarely the incubation period can be as short as two to three days or as long as thirty days.

How is Leptospirosis treated?

Leptospirosis is treated with antibiotics such as penicillin or doxycycline, which should be given early in the course of the disease. Intravenous antibiotics may be needed for people with more severe symptoms.

Can Leptospirosis be prevented?

There is no human vaccine available in the UK that is effective against Leptospirosis. For people who may be at high risk for short periods, especially through their occupation, taking doxycycline (200mg weekly) may be effective.

Ways to avoid contracting Weil's disease are very simple:

- Avoid capsizing drill or "rolling" in stagnant or slow moving water, particularly where rat infestation is obvious.
- Wash or shower after canoeing.
- Cover minor cuts and scratches with waterproof plasters before getting in your boat.
- Wear trainers or wetsuit boots to avoid cutting your feet.
- If you have flu-like symptoms after canoeing go to your GP and tell him you are a canoeist.

More information can be found here:

www.hpa.org.uk

SPRINT RACING

Sprint racing Committee Chairman's Foreword

I know about time marching on. For me, and maybe for you, time seems to be in a full sprint which considering our role within canoeing appears to be very apt.

At last the public appear to be rallying to the call to support the Olympic Games in 2012.

Tesco are sponsoring canoeing AND having such a big name can only enhance our profile. Many times you will have heard the maxim "seeing is believing"; well I would like to re-phrase that quote to "believe and you will see". Our top athletes and coaches all believed in what they were doing and again, in 2010, we had proof of that belief with the fantastic results gained by Team GB from PBs to a World Champion. We / they all believed it could be done and it has been!

But it does not stop there. We have had the fantastic news that canoeing is to be included within the Para-Olympics for 2016 which gives another chance to perform in the Olympic spotlight. Many in the past have regarded Para canoeing as an also-ran discipline, well clearly it is not. Be prepared for a wave of additional support.

With various internationals and the test event in 2011 taking the limelight, please remember that we continue to have our own regattas. We need you not only as an athlete but also as a supporter and as an official. Please, please volunteer as without officials the regattas cannot be run - so if you can only give a day that's great, training is given to help ease your way in.

I hope to see you this year somewhere and if not let our thoughts cross at least. I wish you a successful 2011.

Peter Moule
Chairman SRC

SPRINT RACING



SPRINT RACING COMMITTEE – 2011

Peter Moule	Chairman Sprint Representative - English Council	MO1371
Alan Laws	Vice Chairman, Flatwater Newsletter and Marathon Representative - English Council	LA1111
Cathy Wynne	Secretary bcu.srcsecretary@yahoo.co.uk	Y1222
Mo Moule	Treasurer Representative – England Coaching Management Committee	MO1360
Louise Clive		CL1586
Ann Hoile	Mini Sprint Liaison	HO1230
John Hoile	Paddlers Post Editor	HO1587
Roland Lawler	International Panel (Selection Committee) National Rankings	LA1109
Sam Rippington		RI1605
Matt Thornton Brown	Media Publicity	TH1592
Alan Williams	National Performance Manager	WI1215
Gordon Wycherley	Regatta Committee Chairman	WY1483

Regatta Committee

Gordon Wycherley	Chairman	WY1483
Martin Brooks	Treasurer	BR1021
Peter Morley	Regatta Organiser, Paddler Registration & Club Colours peter.c.morley@btinternet.com	MO1132

SPRINT RACING REGULATIONS AND ADMINISTRATION

These regulations are bound to the Articles of Association of the British Canoe Union. ("BCU") and were approved by the Board of the BCU ("Board") in December 2004.

1. Title

- 1.1 The Committee shall be called the BCU Sprint Racing Committee.

2. Objectives

- 2.1 The Committee interests itself in all matters arising out of and in connection with canoe and kayak sprint racing in Great Britain. Sprint racing is held over distances up to and including 5000 metres on racing courses which are designed to be as flat and still as possible.
- 2.2 The Committee's objectives are to encourage club, regional, national and international sprint races.
- 2.3 Its primary responsibilities are: -
- (a) To organise and conduct National Championships and other competitions on behalf of the BCU.
 - (b) To set and publish competition rules and make recommendations for the conduct of national and regional regattas.
 - (c) To give advice, guidance, and encouragement to sponsors of sprint racing in Great Britain.
 - (d) To select, train and administer teams representing Great Britain in international events.
 - (e) To select, train and administer teams representing England in international events.
 - (f) To train competition officials.
 - (g) To develop good coaching within regions and clubs.
 - (h) To maintain disciplinary regulations.
 - (i) To act as final authority in disputes, protests and appeals with regard to sprint racing rules and competitions.

3. Committee

- 3.1 The Committee shall comprise up to 12 persons, being Full Individual Members of the BCU. This total shall include the Chairman, Secretary and Treasurer but does not include national delegates, co-opted members or the representative from the Regional Development Teams.
- 3.2 Members of the Committee shall serve for approximately two years and shall be eligible to stand for re-election at alternate Annual Consultative Meetings. One half of the elected members shall retire at each Annual Consultative Meeting.
- 3.3 The Chairman of the Committee shall be elected at the Annual Consultative Meeting and shall serve until the next Annual Consultative Meeting and be eligible to stand for re-election.
- 3.4 Persons who are employees of the BCU or National Associations may serve as members of the Committee with the consent of the Board.
- 3.5 The Committee shall appoint from within their membership (including co-opted members), a Secretary, a Treasurer and such other officers the Committee considers necessary for its administration and representation on other committees.
- 3.6 The Chairman has a seat on the World Class Management Group and the Committee shall appoint a representative to sit on the Sports Management Committee (SMC).
- 3.7 One representative of the sprint racing representatives on the English Regional Development Teams shall be entitled to attend meetings of the Committee as a non-voting member.

4. Co-options

- 4.1 Committee may co-opt not more than three Full Individual Members to serve on the Committee until the next Annual Consultative Meeting. Co-opted members shall have the same voting rights as other

SPRINT RACING REGULATIONS AND ADMINISTRATION

Committee members.

5. Nominations

- 5.1 Nominations of candidates for election at the Annual Consultative Meeting shall be made to the Secretary of the Committee in writing supported by the signatures of two Full Individual Members of the BCU and must reach the Secretary by 1st August prior to the Annual Consultative Meeting.

6. Proceedings of the Committee

- 6.1 The Committee shall meet at least twice in each calendar year and shall report to the SMC, which in turn shall report to the Board.
- 6.2 At least seven days notice of meetings shall be given in writing (by post, email or fax) to all members of the Committee.
- 6.3 The Secretary shall keep minutes of the proceedings of the Committee and of the Annual Consultative Meeting. Copies of the minutes shall be sent to the SMC. Copies of the agenda and minutes shall be sent to the regional sprint racing representatives.
- 6.4 Six of the members entitled to attend and vote at a meeting shall form a quorum of the Committee. Voting shall be by show of hands only and each member shall have one vote.
- 6.5 The Treasurer shall keep such books of account as the Board and the Committee may from time to time direct. The accounts of the Committee shall be submitted annually to the SMC, made up to 31 October. Approved costs of members attending meetings shall be paid.

7. General Meetings

- 7.1 The Annual Consultative Meeting shall be held during the final National Regatta of the season which is usually in September.
- 7.2 At least 21 clear days' notice of the date, time and place of General Meetings shall be given to each affiliated club that has registered its interest in sprint racing with the Committee. Clubs register an interest by competing at any national or regional regatta in the period since the last Annual Consultative Meeting. The agenda for a General Meeting, details of the business to be discussed at the meeting and of the persons nominated for election shall accompany the notice of meeting.
- 7.3 The business of the Annual Consultative Meeting shall be:
- (a) to receive the report of the Chairman;
 - (b) to receive a summary statement of accounts;
 - (c) to elect persons nominated to serve on the Committee, including the Chairman.
 - (d) to consider any items included in the notice of meeting. Any conclusions reached on such items shall stand as recommendations for further consideration by the Committee.
- 7.4 Only business notified in the notice of meeting shall be transacted.
- 7.5 Any item for the agenda at the Annual Consultative Meeting shall be submitted to the Secretary of the Committee in writing supported by the signatures of two Full Individual Members of the BCU and must reach the Secretary by 1st August prior to the Annual Consultative Meeting. Other items may be discussed at the discretion of the Chairman.
- 7.6 No business shall be transacted at any General Meeting unless a quorum of members is present at the time the meeting proceeds to do business. A quorum shall be eight Voting Members.
- 7.7 The Chairman of the Committee shall preside at General Meetings. If the Chairman is known to be unable to attend or if he remains absent 30 minutes after the scheduled start time of the meeting, the voting members present may choose a voting member to take the chair.
- 7.8 "Voting Member" means any club or organisation affiliated to the BCU who participate in and have registered an interest in sprint racing. Each voting member represented at a General Meeting by a Full Individual Member shall be entitled to one vote.

SPRINT RACING REGULATIONS AND ADMINISTRATION

- 7.9 The Chairman shall not be entitled to vote other than when a casting vote is required.
- 7.10 Voting shall be by a show of hands unless two or more voting members are present or the Chairman requests a poll.
- 7.11 A General Meeting may be called at any time at the discretion of the Committee or by notice in writing to the Secretary by not less than 10 voting members. Such notice must state in the form of a motion the business to be discussed and be signed on behalf of the voting members. The Committee shall convene a General Meeting within 60 days of receipt of such notice.
- 8. Sub-committees**
- 8.1 The Committee may, with the prior approval of the SMC, appoint a sub-committee, standing or otherwise, for a specific period and with a specific brief. The Committee shall appoint one of its number to chair the sub-committee and all members shall be Full Individual Members of the BCU. The Committee shall supervise and be responsible to SMC for the work of its sub-committees and shall fund its sub-committees from within its set approved budget.
- 9. Financial Budget**
- 9.1 The Committee shall set a specific annual budget each year for approval by the SMC.
- 10. Trophies**
- 10.1 The Committee shall approve the list of trophies which are the property of the committee and are awarded each year. The Committee shall also determine and publish the basis for competition for these trophies.
- 11. National Championships**
- 11.1 Each year the Committee shall organise or nominate a National Championship Regatta.
 - a) This regatta shall include races for the majority of the National Championship classes and distances.
 - b) Any National Championship races not included in the National Championships Regatta shall be included in the other National Sprint Regattas held that season.
 - c) The winners of the classes shall be considered the National Sprint Racing Champions in their respective class

BCU SPRINT RACING COMPETITION RULES

Issue date: 1 January 2011

Introduction

The purpose of this document is to provide the Rules that govern:

- a) Sprint Racing (named Canoe Sprint by the International Canoe Federation)
- b) The conduct of that Racing

It follows as closely as possible the wording and sequence the International Canoe Federation Canoe Sprint Competition Rules taking effect from 1st January 2009. However, it also contains some additional regulations or changes to those rules as determined from time to time by the BCU Sprint Racing Committee.

The following words, acronyms and abbreviations are referred to in this document:

BCU British Canoe Union (the Governing Body for Canoeing in Great Britain)

BOA British Olympic Association (the National Olympic Committee for Great Britain)

ICF International Canoe Federation

IOC International Olympic Committee

NOC National Olympic Committee

SRS Sprint Racing Section of the BCU (responsible to the BCU for the control of Sprint Racing competitions in canoes and kayaks over distances up to and including 5000 metres)

SRC Sprint Racing Committee (elected by the Sprint Racing Section to carry out the objectives of the Section on a day-to-day basis).

RC Regatta Committee (a sub-committee of the SRC responsible for organising and conducting National Championships and other competitions on behalf of the BCU)

Aims and Definition of Sprint Racing

The aim of a canoe race competition is for people to race each other in kayaks and canoes over a clearly defined unobstructed course in the shortest possible time according to the rules. The course should be as flat and still as can be obtained. Although the course length may be any distance up to and including 5,000 metres and competition organised for any craft, the official events and distances recognised by the BCU and ICF are the following:

- For men and women: K1, K2, K4, C1, C2, C4 200, 500 and 1000 metres
K1, K2, K4, C1, C2 5000 metres but only 2500 for some Junior events

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BCU SPRINT RACING COMPETITION RULES

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Part I - GENERAL REGULATIONS

There are three levels of competition: - International, National Status and Club.

1. International Competitions

- 1.1 The ICF has ruled that all International Competitions must take place in accordance with the ICF Canoe Sprint Competition Rules. All competitions organised by either the BCU or a BCU Club are considered international if competitors of a foreign country are invited to participate.
- 1.2 These competitions must be supervised or managed by at least one accredited official in possession of a valid ICF Canoe Sprint Official card.
- 1.3 Foreign Nationals
 - 1.3.1 No member of a foreign Federation or club may compete or be invited to compete in an open or national competition within the United Kingdom without permission from the SRC.
 - 1.3.2 Only the members of clubs or associations affiliated with an ICF Member Federation have the right to participate in an international competition.
 - 1.3.3 A competitor is always allowed to take part individually in an international competition but must in each case obtain special permission from his/her national federation.
 - 1.3.4 A competitor may take part on behalf of the BCU provided they are domiciled in the UK, if he/she obtains the authorisation of his/her Federation of origin. This authorisation has to be sent before 30th November prior to the year concerned to the ICF Headquarters with a copy to the Chairman of the ICF Canoe Sprint Committee.
 - 1.3.5 If he/she has lived for 2 (two) years or more in the UK, the approval of his/her Federation of origin is no longer required.
 - 1.3.6 A competitor may not compete for more than one Federation in any calendar year in the sport of canoeing. This rule does not apply in the case of a competitor who leaves his/her country of origin to marry and live in another country. He/she can, in this case, compete for his/her new Federation without awaiting the delay of 2 years.

2. National Status Competitions

- 2.1 All competitions announced as National Status competitions shall be held in accordance with the Sprint Racing Competition Rules of the BCU.
- 2.2 National Status Competitions are those at which promotions within the National Divisions take place.
- 2.3 National Status Competitions are organised on behalf of the BCU.

BCU SPRINT RACING COMPETITION RULES

- 2.4 All competitors at National Status Competitions must be registered with the RC and must be BCU members or, if racing in a Junior "D" class or Mini Sprint, a member of a club which has a registered youth section and is affiliated to the BCU.
- 2.5 Organisers of National Status Competitions shall declare that the competition is being held under BCU rules.
- 2.6 National Status Competitions require a permit from the SRC. Application for a Regatta permit shall be directed to the Secretary of the SRC. Such a permit shall require:
 - a) Observance of the BCU Sprint Racing Competition Rules.
 - b) Inclusion the words "Under BCU Rules" on all printed matter issued in connection with the competition.
 - c) Compliance with Part III Rule 13.5 regarding Regatta Officials.
- 2.7 National Status Competitions will be included in the official BCU Calendar of events.
- 2.8 Within 14 days of the close of a competition a completed regatta programme with results and signed by the Competition Secretary shall be sent to the Secretary of the SRC.

3. Club Regattas

- 3.1 BCU members are allowed to participate with non BCU members.
- 3.2 No promotions will be made at Club Regattas. Performance will not affect National Ranking.
- 3.3 The Rules and Classes may be altered to suit Club requirements.
- 3.4 Organisers of Club Regattas may advertise their events in the Racing Hand Book on payment of the appropriate fee.
- 3.5 Organisers are asked to encourage all who take part to become BCU members. Where fees are charged, BCU members should be charged a reduced fee.
- 3.6 To ensure uniformity, organisers are asked to follow the BCU Sprint Racing Competition Rules as far as possible.
- 3.7 Organisers are asked to make it clear in all literature what the events and rules will be.
- 3.8 A booklet 'Organising a Club Regatta' will be available.

4. Competing outside of the United Kingdom

No Club or member of a Club or individual member of the BCU may compete outside the United Kingdom without permission from the SRC. See Rules 1.3.2 to 1.3.6, which are also the rules of the ICF and apply to all Member Federations.

5. Membership of more than one club or change of club

When a competitor is a member of two or more clubs he shall, by March 1st, have declared the name of the club in whose colours he will race that year in individual events. A person joining a second club after March 1st must continue to race for his first club. A competitor who has changed his club is not permitted to race for his new club unless prior consent of his old club has been obtained. The consent shall not be withheld in the case of a change of residence from one area to another.

6. Athlete Eligibility and Sponsorships

The rules of the International Canoe Federation or the National Olympic Committee shall apply to all matters relating to Amateur Status. At present there are no regulations specific to Amateur Status other than as broadly listed in 6.2.

6.1 Foreign Teams

Foreign Teams may receive compensation/assistance authorised by the BCU to cover financial expense to participate in an UK competition. Under no circumstances shall any payment exceed the sum of actual expenditure.

6.2 A Canoeist/Competitor may not:

- a) In the practice of sport and in the opinion of the BCU manifestly contravene the spirit of fair play in the exercise of sport, particularly by the use of doping or violence.
- b) Have allowed his person, name, picture or sport performance to be used for advertising, except when the BCU or its Committees enter into a contract for sponsorship or equipment. All payments must be made to the BCU and not to the individual. (See also 6.6.2)
- c) Participate in any competition on condition of a financial consideration.

6.3 A Canoeist/Competitor may:

Accept, during a period of preparation and/or actual competition which shall be limited by the rules of the

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BCU and its Committees:

- a) Assistance administered through the BOA or the BCU World Class Performance Programme: living expenses, insurance cover in respect of accidents, illness and disability; personal property, sports equipment and clothing; cost of medical treatment, physiotherapy and authorised coaches.
 - b) Compensation authorised by his or her NOC or the BCU World Class Performance Programme, in the case of necessity, to cover financial loss resulting from his or her absence from work or basic occupation in the Olympic Games and sports competition or other canoeing activities. In no circumstances shall payment made under this provision exceed the sum which the competitor would have earned in the same period. The compensation may be paid with the approval of the BCU or the BOA at their discretion.
 - c) Accept prizes won in competition or other canoeing activities, within the rules established by the BCU and its Committees and the ICF.
- 6.4 In all cases which are not covered by the above regulations (6.2 and 6.3), the corresponding rules of the ICF or the BOA shall apply.
- 6.5 **Procedures To Be Undertaken By Those Seeking, Obtaining, and Disbursing Sponsorships, Sports Scholarships and Awards.**
- 6.5.1 Details of all personal sponsorship arrangements, sports sponsorships and other awards, offered to or negotiated by individuals or organisations, must be submitted by beneficiaries to the BCU Committee responsible for administering the particular activity, for registration and approval. When doubt exists regarding the appropriate Committee to whom information should be furnished, BCU Headquarters will arrange for the necessary action to be undertaken.
- 6.5.2 A central registry of all personal sponsorship arrangements will be maintained by the BCU Headquarters, and will be available for inspection by authorised officers of the BCU.
- 6.5.3 The term "personal sponsorship arrangements negotiated by beneficiaries" shall include: Payments made to athletes selected through the UK Sport Performance Matrix and administered by the BCU Performance Director. Sponsorship provided by individuals (not family), commercial, industrial, and public authorities, National and Regional Sports Aid Foundations, Local Authorities, Trust Funds, Educational Institutions and agencies, Clubs and other miscellaneous supportive groups.
- 6.6 **Advertising on Boats and Equipment**
- 6.6.1 Advertising of any tobacco, tobacco related products or strong spirit drinks on boats or equipment is not permitted by the BCU.
- 6.6.2 The IOC and the Olympic Charter regulate use of athlete images during the period of the Olympic Games. Except as permitted by the IOC Executive Board, no competitor who participates in the Olympic Games may allow his person, name, picture or sports performance to be used for advertising during the Olympic Games except where:
- a) The NOC of the athlete has given its express prior written consent to each such use, and
 - b) That, in any event, such use is not in relation to the athlete's performance at such Games.
7. **Classification of Paddlers**
- 7.1 **Junior:** A Junior is a competitor under 18 years of age at the beginning of the current calendar year. A Junior will have junior racing status unless promoted to senior racing status. Each Junior status competitor will be nominated to compete in one of the Junior classes as laid down from time to time by the SRC. Juniors who have Senior status may race in the appropriate Junior class for National Championship events.
- 7.2 **Senior:** A Senior is a competitor who is over 18 years of age at the beginning of the calendar year and will have Senior racing status. Each Senior status competitor will be nominated to compete in one of the Senior Classes as laid down from time to time by the SRC.
- 7.3 **Master (Veteran):** The first year a Master can compete is the year that his or her thirty-fifth (35th) birthday falls in provided that he or she is not already nominated to compete in Men's A or Women's A.
- 7.4 **Promotions:** Entry to and promotion between classes will be at the discretion of the SRC and will be based on results gained in competition at regatta venues nominated by the SRC. A competitor may, at the discretion of the SRC, be permitted to revert to a lower class at the end of a regatta season.
- 7.5 **Mixed Events:** Mixed events where male and female competitors take part in the same boat are permitted.
- 7.6 **Status:** Status in Kayaks has no bearing on status in Canadian Canoes and the converse i.e. a premier Senior Class competitor in Canadian Canoes may be a lower Senior Class in Kayak.
- 7.7 **Special Rules for Kayak and Canadian Fours:** Senior status competitors may not compete in fours events of a lower senior class than that for which they are nominated as individuals. Senior Class

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competitors may be members of fours crews competing in higher senior classes than their own without losing their individual Senior Class status. A win in a fours event does not affect the status of the members of the crew.

8. National Championship Entries:

Entries for these events shall be restricted to British Nationals who are members of the BCU. Aliens resident in Great Britain for at least two years may be permitted to enter for a National Championship event. There is no time restriction in the case of men/women competitors who conform to the conditions contained in Rule 1.3.6.

Part II - CLASSES AND BUILDING REGULATIONS

9. Limitations

K1	K2	K4	C1	C2	C4	
520	650	1100	520	650	900	max.length
12	18	30	16	20	30	min.weight
Measurements in cm - Weights in kg						

10. Trademarks

Boats, accessories and clothing may carry trademarks, advertising symbols and written text.

All advertising material should be placed in such a way that it does not interfere with competitors' identification and does not affect the outcome of the race.

The advertising of tobacco smoking and strong spirit drinks will not be accepted.

N.B. These rules do not apply to the Olympic Games where there are specific limitations. See 7.5 of the ICF Canoe Sprint Competition Rules.

Any boat, accessory, or article of clothing, which does not comply with the above conditions, will be ineligible for use during a competition. Teams and competitors are responsible for their own equipment.

11. Construction

The boat must be constructed so that it remains buoyant when filled with water.

11.1 The Hull

Section and longitudinal lines of the hull of the kayak and canoe shall not be concave (only horizontal and vertical).

11.2 The Deck

The deck construction may not be higher on any horizontal point than the highest point of the front edge of the first cockpit.

11.3 No foreign substance may be added to boats which give competitors an unfair advantage.

11.3.1 No part of the boat (including the seat and the footrest) may have moving parts which can be used to help propel the boat in a way which would give competitors an unfair advantage (existing moving seat systems already in use are accepted).

11.4 It is forbidden for the boat or the competitor to be equipped with any device which would give the competitor any advantage in any way during competition.

Kayaks

11.5 Boats may have one rudder. Over-stern rudders may not be thicker than 10mm for K1 and K2, or 12mm for a K4.

The boat to be designed as to be a sit-in (Kayak type) not a sit-on (Surf Ski type).

Canoes

11.6 The canoe must be built symmetrically upon the axis of its length.

Steering rudders or any guiding apparatus directing the course of the canoe is banned. A keel, if any, must be straight, shall extend over the whole length of the canoe and not project more than 30mm below the hull.

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The C1 and C2 may be entirely open. The minimum length of the opening shall be 280cm and the edge of the side of the craft (gunwale) can extend maximum 5cm into the craft along the whole defined opening. The boat can have maximum three strengthening bars with a width of 7cm each.

The C4 canoe may be entirely open. The minimum length of the opening shall be 390cm and the edge of the side of the craft (gunwale) can extend maximum 6cm into the craft along the defined opening. The boat can have maximum four strengthening bars with a width of maximum 7cm each.

- 11.7 The competitors are responsible to ensure the boats conform to the technical requirements for the competitions.

Innovations

- 11.8 Significant innovations in equipment including, but not limited to, boats, related equipment and clothing, must meet the requirements and conditions contained in 8.7 of the ICF Canoe Sprint Racing Rules.

12. Boat Control

- 12.1 The length of a kayak or a canoe shall be measured between the extremes of the stem and the stern. Stem-bands or other projections of the stem or stern, if any, are to be included. Any rudder forming a continuation of the length of a kayak is not to be included in the measurement.

- 12.2 No alterations in canoes and kayaks are permitted after the measuring and weighing and before the competition has taken place.

Before Weighing the Boat:

- 12.3 All loose outfit shall be removed. Permanent knee rests attached in a definitive way to the floorboard and buoyancy attachments consisting of water absorbing material must be absolutely dry at the first weighing prior to the race. Three or more boats according to the decision of the Competition Committee and on a random system shall be recontrolled immediately after the race.

Part III - ORGANISATION OF COMPETITIONS

13. Officials

13.1 Duties of the Organising Committee

An Organising Committee is responsible for the preparation and running of the competition.

The Organising Committee shall, in particular:

1. Fix the date and the programme of the regatta in agreement with the SRC.
2. Draw up and distribute the advance programme including the date and time of the team leaders' meeting.
3. Make available a stretch of water and technical equipment conforming to the present Competition Racing Rules.

13.2 Competition Committee

The competition is to be managed by a Competition Committee consisting of:

- 1) Chief Official
- 2) Chief Judge
- 3) Deputy Chief Judge

For status competitions two members of the competition committee must be registered Regatta Officials of the BCU Sprint Racing Competition.

For an international regatta two members of the Competition Committee must be in possession of a valid International Canoe Sprint Official card.

13.3 The Competition Committee must:

- a) Organise and supervise the competition.
- b) In the event of inclement weather or other unforeseen circumstances which make it impossible to carry out the competition, postpone the competition and decide on another time when it may be held.
- c) Hear any protests that may be made and settle any disputes that may arise.
- d) Decide matters concerning disqualification in cases where the regulations are broken during a race.
- e) Should a competitor be injured during a heat, the Committee may allow him to participate in another heat.
- f) The decision of the Committee shall be based on the BCU Sprint Racing Competition Rules.
- g) Penalties in accordance with the BCU Rules or the SRC Disciplinary Regulations may also be imposed i.e. disqualification for a longer period than the duration of the competition in question.
- h) Before any decision is made regarding any infraction of the rules, hear the opinion of the Umpire who controlled the race in which the infraction was said to have occurred. The Committee is to seek the

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opinion of other officials supervising the race if it is felt to be of importance in clearing up the alleged offence.

- 13.4 If its nature and extent demand, each competition shall be held under the supervision of the following officials:

Chief Official	Aligner(s)
Chief Judge	Starter(s)
Deputy Chief Judge	Course Umpire(s)
Competition Manager	Turning Point Umpire(s)
Boat Controllers	Finish Line Judge(s)
Announcer	Media Officer

If circumstances permit, one person may function in two of the above positions.

- 13.5 The Chief Official, Chief Judge, Competition Manager, Starter, Umpires, should, if possible, be registered BCU Officials.
- 13.6 Unauthorised persons must not enter any official's area unless the Competition Committee or the Jury send for officials or team officials in order to solve problems.

13.7 The Competition Jury:

- Final authority for National Championship Competitions shall rest with a Jury composed of a Chairman and four members.
- The members of the Jury shall be appointed by a quorum of the SRC prior to the commencement of the competition. (In the event of a quorum not being present, the Chairman, Vice Chairman, or another official of the SRC and two Committee members may appoint the Jury).
- The Chairman of the Jury will be the Chairman or Vice-Chairman of the SRC or an elected SRC member.
- Subordinate to this Jury are the Chief Official and other officials shown in Rule 13.2.
- A protest made during the competition must be handed to the Competition Committee not later than 20 minutes after publication of the results.
- An appeal against a decision of the Competition Committee must be addressed to the Chairman of the Jury and handed in not later than 20 minutes after the Team Leader has been informed, in writing by the Chairman of the Competition Committee, of the decision against the competitor or crew and has signed the receipt.
- The decision of the Jury is final.

13.8 Duties of Officials

- 13.8.1 **The Chief Official**, who is also the Chairman of the Competition Committee, decides all matters arising during the actual contest, which is not dealt with in these rules. With the confirmation of the Competition Committee, he may disqualify any competitor who behaves improperly or who, by his conduct or speech, shows contempt towards the competition officials, other competitors or onlookers (see Rule 31.7). All officials are responsible to the Chief Official.

- 13.8.2 **The Chief Judge** cooperates with the Chief Official and he/she substitutes for the Chief Official in case of necessity.

- 13.8.3 **The Deputy Chief Judge** will closely cooperate with the Chief Official and the Competition Manager and will handle the administrative tasks of the competition.

He will collect the notes from the Team Leaders of the participating teams/clubs on the changes before the beginning of the Team Leaders' meeting and put them in order according to the races. At the meeting, he/she will record all changes announced by the Chief Official in his own programme. If necessary, he/she will check the personal identification documents of the competitors and their age. He will collect the forms necessary for the administration and any other means necessary for the secretariat.

In case of computer data processing, he/she will keep in contact with the responsible IT person.

During the competition he/she will check the results race by race and will prepare the list of the boats qualified in the next round.

He will formulate the decisions of the Competition Committee passed on the subject matter of any protest and will arrange to have it recorded in the minutes. He/she is responsible for the accuracy of the minutes. To perform the written tasks the Deputy Chief Judge can employ a Competition Secretary, assistants and office staff as necessary.

- 13.8.4 **The Competition Manager** will keep in constant contact with the organisers to solve any problems that may arise during the competition. He/she supervises the races and is responsible for ensuring

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that the programme is followed without unnecessary delay. He/she shall inform the officials concerned punctually before a new race starts. He/she has to deal also with the good function of the competition administration of the races, (programme, drawings, results, technical documents, boat control, press, protests, etc.) He/she shall make certain that the announcer gives all the necessary information about the races such as the start order, the name of any competitor failing to start and the results.

- 13.8.5 **The Boat Controller/s** will only allow athletes to compete at the race, whose identification has been checked and whose boat, equipment, clothing, starting number and body number conform to the rules. They will also check for any performance enhancing foreign substance on the boat any forbidden devices mention in rule 11. The Official in charge must inform the Competition Committee in the case of missing boats. The competitors having passed the control are entered in a written report. Should any of the boats not fulfil the requirements concerning classification (rules 9 to 12), they shall be excluded from the competition. The organisers will provide for this purpose certified weighing and measuring devices. Standard checking procedures will be applied. At least three boats are to be selected at random from the participants in the races for boat control after the finish.

- 13.8.6 **The Starter** decides all questions concerning the start of the races, and is solely responsible for decisions as to false starts. His/her decision is final. He/she shall see that the starting equipment is in good working order. He/she shall communicate with the Competition Committee and after having received a signal from them that all is ready, he/she shall order the competitors to their places and carry out the start according to the Racing Rules. It is the responsibility of the Starter to be satisfied that the circumstances at the start are free from any hindrance.

- 13.8.7 **The Aligner** the duty of the aligner is to bring the boats to the starting line with the least possible delay.

If an automatic starting system is in use the aligners will be positioned in two separate boats behind the starting line. They will have an unobstructed view inside the system's boots (starting gates).

When all boats are aligned and completely inside the boots the aligner will raise a white flag signifying to the starter that they are in position to start. When the boats are not in the boots the aligner shall raise a red flag.

If there is no automatic starting system the aligners may be positioned on pontoons on the water or on shore beside the course and their duties will be to check the competitor's attire and the competition number on the back and the number of the boats. When all boats are aligned he shall notify the starter by raising a white flag.

- 13.8.8 **The Course Umpire** shall see to it that during a race the rules are complied with. If the rules are broken, the Umpire shall report immediately the infraction to the Competition Committee.

- a) The Competition Committee shall decide whether any of the competitors concerned shall be disqualified or not. If the Umpire has a report of an infraction of the rules he/she shall show a red flag after the race and shall make a report before the Umpire's next race takes place. In such a case, the Competition Committee shall make known its decision immediately and before the result of the race is announced.
- b) If there is no infraction to report, the Umpire shall show a white flag.
- c) In races of 1,000 metres, the Umpire shall follow the race in a motorboat.
In races of 200 metres, the Umpire(s) shall not follow the race. One or two Course Umpires positioned before the start line. One or two Course Umpires positioned behind the finish line.
For the 500 metre races, either system as used for the 1000m or the 200m may be adopted for the Course Umpires to do their task. The Chief Official will decide on the most appropriate system to be used, based on his/her opinion of the course features.
The Course Umpire can follow and judge the race also from the Finish Tower as instructed by the Chief Official.
- d) He shall be completely unhampered during the race. No one except the Umpire and the driver shall be admitted to the boat reserved for him.
- e) In long distance races with many competitors, more than one Umpire will be nominated. One of the Umpires shall, if possible, follow the leading group in the race, but without disturbing the other competitors.
- f) In case of hindrances the Course Umpire must stop the competition passing all boats in the race and waving the red flag or using a sound signal until all boats have stopped paddling. After this all boats shall return to the start. The Course Umpire shall report immediately the infraction to the Competition Committee.
- g) When a motorboat is not used, one or more Umpires shall be placed in such positions from which they can ensure that the rules are being complied with.

- 13.8.9 **The Turning Point Umpires**, when a race is run along a course with one or more turning points,

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one or more Umpires and one recorder must be stationed at every turning point, where they gain the best view of the turn.

- a) The Turning Point Umpire shall see that the competitors turn according to the rules. The recorder shall make a list of all who pass the turning point.
- b) Immediately after the race, the Turning Point Umpire shall report to the Competition Committee as to who has turned and if any infraction of the rules has taken place.

- 13.8.10 **The Finishing Line Judges** decide the order in which the competitors passed the finishing line. The order of the boats arriving at the finishing line will be decided by Photo Finish if a Photo Finish System is used.

The position of the competitors in the boat will be recorded with video camera at the time of arriving at the finish line. The Chief Finish Judge will decide with the recording whether the competitor was in his/her boat upon arriving or not and report it to the Competition Committee.

When there is no Photo Finish System, the Finishing Line Judges decide the order in which the competitors have passed the finishing line. The Judges shall be placed in a position where all lanes at the finish line can be clearly seen.

If the Judges differ regarding the placing of two or more competitors, a simple majority shall decide the dispute, in the absence of Photo Finish. In the case of equal voting, the Chief Finish Judge has the casting vote.

When there is no Photo Finish, the Finishing Line Judges are responsible for recording the times. This shall be done by means of stopwatches or suitable electronic equipment.

It is the responsibility of the Chief Finish Line Judge to ensure that the timing equipment is working correctly. The Chief Finish Line Judge shall divide the work amongst the timekeepers.

At the end of each race, he shall compare the official times with the other finish line judges and immediately inform the Chief Official of them.

Each race shall be timed by at least two watches. When the watches have not recorded the same time, the longest (worst) time shall be taken as correct. The stopwatches are to be started when the electronic or optical signal from the start is received.

When a Photo Finish is used the result determined by the Finish Line Judges shall be compared with it, with the photo finish being decisive. Video films are not a substitute for photo finish.

- 13.8.11 **The Announcer** shall, on the instructions of the Competition Manager, announce the start of each race, the order of the starting and the position of the competitors during the race. After the race is finished, he/she will announce the results.

- 13.8.12 **The Media Officer** must supply all the necessary information to the representatives of the press, radio and television about the race and its progress. He/she is authorised therefore to ask for information from the different officials who must procure for him/her as soon as possible the copies from the official results.

- 13.8.13 It is the Officials' obligation to perform their tasks in conformity with the Racing Rules.

Every judge will have the obligation to check whether all means and equipment necessary to perform his/her tasks are guaranteed. In the event any shortcoming is found, it must be reported to the Chief Official or Competition Manager.

Unauthorised persons must not enter any Officials' area unless the Competition Committee or the Jury send for officials or team officials in order to solve problems.

14. Invitations

An invitation to an Open Regatta shall contain the following information:

- a) Time and place of the regatta.
- b) Situation and plan of the course.
- c) Classes and distance of the races.
- d) Sequence and starting times of races.
- e) Whether the races are to be held on still or running water, up or down stream.
- f) Amount of entry fee.
- g) Address to which entries should be sent and the final date for receiving entries. This date shall not be earlier than 14 days prior to the first day of the competition.
- h) Conditions/terms of participation

15. Entries

Entries for Open Regattas can only be made in accordance with the regulations given in the invitation. An entry shall, however, always contain the following information:

- a) Name and address of competitor or crew.

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- b) Name of club to which competitor or crew belongs.
- c) Classes and distances in which the competitor or crew propose to compete.
- d) Similar details of reserves if any.
- e) The Racing Registration number of each competitor, member of the crew or reserves.
- f) All entries should be in writing (Letter, Fax, Email, Telegram, Telex, etc). Where verbal communication is used, it must also be confirmed in writing by the given deadline (midnight on the due date). In the event of conflicting information, the information with letterhead and/or signature will take precedence.
- g) Late entries shall not normally be accepted. The acceptance of late entries shall be at the discretion of the Competition Committee who may charge up to double the entry fee.

15.1 Racing Colours

When making the entries, Clubs must give the colours of the clothing worn by the competitors and these colours must not be changed during the competition. **N.B.** Every racing club must register their racing colours with the RC (and any changes thereto). All competitors from a club must wear the correct colours at all times.

16. Heats and Finals

- 16.1 At least three kayaks or canoes must be entered before a race can be held. If the number of entries in race up to and including 1,000 metres is so great that heats are necessary, the number of kayaks or canoes in each heat and in the final must not exceed nine (9).

- 16.2 The division of competitors into heats shall be determined by drawing lots.

- 16.3 Where the width of the course permits, eight or nine kayaks or canoes shall participate in the final if more than this number has been entered in the entire race, as follows:

3 to 9 entries	Direct final.
10 to 18 entries	Two heats, three from each to final A, 4/7 (+ 8th best time if possible) to one semi-final and from the semi-final three first to final A
19 to 27 entries	3 heats, 1 from each to final A, 2nd to 7th to the semi-finals, rest out Two semi-finals three first to final A. 4th to 7th (+ 8th best time if possible) to final B
over 27 entries	Required number of heats and semi-finals. By three semi-finals first three from each of the semi-finals to final A and 4th to 6th to final B By four semi-finals first 2 (+ 3rd best time if possible) to final A and 3rd and 4th (- 3rd best time) + 2 best next time to final B

- 16.3.1 A "B" final will only be held when there are more than 18 boats in that particular event and a C final when more than 36 boats in that particular event.

- 16.4 When making the draw, the difference between the number of competitors in the heats of the race shall not exceed one. If the number of competitors in the heats varies, the earlier heats shall have the largest numbers.

- 16.5 Any crew which has not taken part in a heat as instructed shall not be allowed to compete in the final.

- 16.6 The composition of a crew which has qualified for semi-finals or for the final must not be changed. Heats and the final shall be run on the same stretch of water.

- 16.7 For races of more than 1,000 metres heats shall not be held and all boats taking part shall start simultaneously.

- 16.8 Should the width of water not permit a simultaneous start starts at regular intervals shall be permitted.

- 16.9 The procedure for selecting competitors to race in finals will be on the basis of one of two criteria: either times or positions obtained in heats. The criterion used for each event will be decided by the SRC and published in advance of the event.

17. Acceptance of Entries

- 17.1 Confirmation that the entry has been accepted, together with notification of the result of the draw and time of events, shall be sent to the entrant on written request by him and on production by the entrant to the Competition Organiser of a "stamped addressed" envelope.

- 17.2 The Organising Committee will accept the entries in conformity with the conditions/terms of participation. Therefore the Organising Committee can reject or delete the entry of the participants who fail to observe the conditions/terms of participation.

18. Team Leaders' Meeting

At least 2 hours before the first race of the competition (12 hours for an International Competition), the team leaders' meeting is to be held. At this meeting the names of team leaders should be advised. The

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organisers will describe the regatta course and all other arrangements, which should be adhered to for the duration of the competition. The Chief Official will describe the competition programme and ask for any changes to the entries.

19. Alterations to Entries and Withdrawals

- 19.1 Any competitor named in the final entry or at the Team Leaders Meeting may substitute for any other in the given type of racing (kayak men, kayak ladies, canoe men). Notification of alterations in the entries must be given in written form to the Chief Official at least one hour before the first race of the morning or afternoon session.
- 19.2 The withdrawal from a race is considered final and no renewed entry of the same crew is allowed.
- 19.3 Every competitor whose entry has been confirmed by his own club, at the time of the meeting of the team leaders, called for this purpose, is obliged to take part in the due event. The refunding of entry fees for entries withdrawn not less than 24 hours before the competition is at the discretion of the Competition Committee.

20. Alterations in the sequence of events

The sequence of races given in the programme and the intervals between races as given in the racing programme are binding on the organisers. Alterations cannot be made unless the respective Team Managers at the competition give their consent.

21. Courses

Marking Signs

- 21.1 For National Championships and where possible for other competitions the turning points shall be marked by at least six flags (or buoys) which shall be readily distinguishable and shall, if possible be diagonally divided with one half in red and the other half in yellow.
- 21.2 Both the start and the finishing lines shall be marked with red flags or buoys, at the points where these lines intersect the outer limits of the course.

Layout

- 21.3 Before the start of the races the racing course shall be measured and marked by means of clearly visible flags mounted on buoys.
- a) The course at the start shall permit a clear width, where possible, of at least 5 metres for each boat.
 - b) For National Championships the starting and finishing lines shall be at right angles to the course.
 - c) The finishing line shall be at least 45 metres long and be marked by two flags. The Finishing Line Judges must be placed as near to the finishing line as possible.
 - d) For National Championship races up to 1,000 metres, the course must be straight and in one direction.
- 21.4 For races exceeding 1,000 metres turning points are permitted. For National Championship races exceeding 1,000 metres the following conditions should be fulfilled, if possible:
- a) The distance between the starting line and the first flag of the first turning point (1st leg) shall be straight and at least 1,859.25 metres.
 - b) The distance between the last flag of the first turning point and the first flag of the second turning point (2nd leg) shall be straight and maximum 1759.25 metres.
 - c) The distance between the last flag of the second turning point and the first flag of the third turning point (3rd leg) shall be a maximum of 500 metres.
 - d) The specifications of all other stretches shall be in accordance with point "c".
 - e) The radius of each turn should, if possible, be at least 40.5 metres.
 - f) Both the start and the end of the race shall be in front of the Finishing Tower.
 - g) The red flags of the finish line shall be placed as much to the outside possible in order to get the widest feasible finish line.
 - h) Any starting pontoons for the 500 metre races are to be removed.
- 21.5 For competitions, including the National Championships, these conditions should be complied with unless a special dispensation for the course has been obtained from the SRC through the Secretary.

22. Canoe Numbers

All kayaks and canoes shall carry a vertical number plate made of non-transparent material marked with black numbers on white background (for Internationals) or yellow background indicating the lane. The numbers on the plate must measure 15 cm in height and 25 mm in thickness. The plates shall be placed on the centre line of the aft deck or bar. The approximate size of the number plate shall be 18 x 20 cm.

BCU SPRINT RACING COMPETITION RULES

The personal numbers provided by the organisers shall be placed on the back of the competitor only.

23. Instructions for Competitors

Written instructions shall be available for competitors 2 hours before the start of the competition, containing the following information:

- a) Detailed information on the courses and their markings
- b) Starting time
- c) Starting line
- d) Finishing line
- e) Competitors racing number
- f) Type of boat control

Part IV - RACING REGULATIONS

24. Means of Propulsion

- 24.1 Kayaks shall be propelled solely by means of double-bladed paddles.
- 24.2 Canadian Canoes shall be propelled solely by means of single-bladed paddles.
- 24.3 The paddles may not be fixed on the boat in any way.
- 24.4 If a paddle is broken a competitor may not be provided with a new one by a supporter.

25. Start

- 25.1 Lots shall be drawn to determine in the heats the lanes of boats at the start. Number one shall be on the left, then number two and so on. *When there is television coverage of an event, the lane numbering may be in the opposite direction – from right to left, so that the list of competitors and their lanes shown on the television screen match the appearance of the races to be televised.*
- 25.2 In competitions where heats are required, lots must be drawn separately for each heat.
- 25.3 Competitors shall be on the water at the starting area not less than five minutes prior to the specified time of their race. The starting area is defined as being the area of water within 100 metres before the starting line.
Two minutes before the defined starting time the competing boats have to take the lane determined in the programme.
- 25.4 Competitors shall be at the starting area in time to allow satisfactory preparation for the start.
- 25.5.1 The start shall be given without reference to absentees.
- 25.5.2 If the competitor does not start, and has no valid reason approved by the Competition Committee, he shall be disqualified for the whole regatta. A competitor, who arrives too late at the start, shall be considered to have voluntarily withdrawn and shall be disqualified under this rule.
- 25.6 When signalled by the Starter, the competitor will take the start position designated so that the bow of the boat is on the start line. In case of an automatic starting system the competitor will place himself/herself so that the bow of the boat is on the start line and thus in the start machine.
- 25.7 Boats must be stationary.
- 25.8 If the Starter is not satisfied with the line-up he/she will call "STOP", and hand over to the Aligner for repositioning.
- 25.9 After the order "START WITHIN TEN SECONDS" the starting signal is a strong sound (or shot). Between the order "START WITHIN TEN SECONDS" and the starting signal competitors must not paddle. In this period paddling ahead before the starting signal is considered a false start. The boat placed on the starting line must not move before the start. Competitors must only react to the start signal and are not permitted to anticipate it. The competitors can paddle only upon hearing the starting signal.
- 25.10 In the event of a false start, the Starter must immediately give a powerful sound signal. On hearing this signal all competitors must stop paddling and follow the Starter's instructions for a new start. Before the new start, the Starter must identify the offending crew/s making the false start and give them a warning. In the event of a second false start by the same crew the boat will be disqualified from the race and must leave the starting area and the course immediately.
- 25.11 The Starter may also recall competitors for a new start in the event of any unforeseen circumstance – a malfunction of the starting equipment for example. In such a case the same powerful sound signal must be given. If a malfunction of the starting equipment was caused through a boat making a false start, as in 25.9 the crew must be given a warning, as in 25.10, even though that boat may not have crossed the

BCU SPRINT RACING COMPETITION RULES

start line. If the malfunction was not the cause of any competitor making a false start, no penalty shall be imposed.

- 25.12 The Starter will start the race when he/she is satisfied that everything meets with his/her approval. He/she will make a written report on any false start and forward it to the Chief Official.

- 25.13 In the long distance races the starter shall declare "START WITHIN ONE MINUTE" when he is satisfied he will give the starting signal by a shot or a short powerful sound. The Starter will start the race when he/she is satisfied that everything meets with his/her approval. He/she will make a written report on any false start and forward it to the Chief Official.

26. Paddling on the Course

- 26.1 In races up to 1000 metres, competitors must keep the whole of their boat within the four-metre wide central area of their lane from the start to the finish of the course. Upon any deviation, the boat must go back immediately to this central area of the lane. No boat must come nearer than five metres in any direction to the boat of another competitor – that is, gunwale to gunwale or bow to stern.

- 26.2 If a boat leaves the centre of the lane and does not return to it, the boat may be disqualified from the event.

- 26.3 A boat which leaves its allocated lane must be disqualified from the event.

- 26.4 If a race is declared null and void, no change of the composition of a crew is permitted at the new start.

- 26.5 If there is a capsize the competitor or crew is eliminated from the race.

- 26.6 The Umpire has the right to interrupt a correctly started race if unforeseen hindrances arise. The course Umpires with a red flag and sound signal may effect such an interruption. Competitors must immediately stop paddling and await further instructions.

- 26.7 If a paddle is broken a competitor may not be provided with a new one by a supporter.

27. Pacing

- 27.1 Taking pace or receiving assistance from boats not in the race or by any other means is not permitted.

- 27.2 When a race is in progress crews not taking part in the race are strictly forbidden to proceed over whole or part of the course, even outside the marking buoys.

28. Long Distance Competitions

- 28.1 Races of more than 1,000 metres, competitors may deviate from their lane providing they do not impede other competitors.

- 28.2 When a race is run on a course with turning points these shall be passed to port (i.e. in an anti-clockwise direction).

- 28.3 A competitor will not be disqualified for touching a turning buoy unless, in the opinion of the Turning Point Umpires, an advantage has been gained there from. In making a turn, the boat shall follow as closely as possible the course as marked by the buoys at the turning points.

- 28.4 If there is a capsize the competitor or crew is eliminated from the race if he/she or they are not able to get in the boat without outside help.

- 28.5 Any competitor who is responsible for a collision or who damages the canoe or kayak or paddle of another can be disqualified and can be required to pay damages.

- 28.6 When going around a turning point, the competitor on the outer course must leave room for the competitor on the inner course if that competitor has the bow of his boat at least level with the front edge of the cockpit of the boat on the outer course. With respect to K2 and K4, this refers to the fore-cockpit. With respect to C1, it refers to the level of the competitor's body, and for C2 it refers to the level of the body of the foremost member of the crew.

- 28.7 When a canoe or kayak is overtaking another canoe or kayak in a race, it is the duty of the overtaking craft to keep clear at all times of the boat being overtaken.

- 28.8 On the other hand, the craft being overtaken must not alter its course to make difficulties for the overtaking craft.

29. Finish

- 29.1 The boat has finished the race when its bow crosses the finish line with all crew members in it. The Finish Line Judges will determine the result of the competition based on the order of the boats arriving according to the rules.

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- 29.2 If two or more boats reach the finishing line at the same time they are awarded the same classification in the final. In the case of a dead heat finish for any position, which determines the advance to the next level of the competition the following rules will apply:
- Wherever there are sufficient number of lanes available in the next level of the competitions, drawing of lots will determine to which race each boat will advance. If possible it may use also lane number 10.
 - Wherever there are not enough lanes available there will be a re-race between the boats involved 30 minutes after the race (and for International Competitions after the last race of the day, or half day programme)
 - In the case of a dead heat in the re-race, drawing of lots will determine the outcome.
30. **Tasks of Competitors after the Race**
- 30.1 The competitor must leave the course after the finish of the race and cannot disturb the next race.
- 30.2 The crews selected by the Competition Committee for boat control must immediately contact the place allocated for the post race boat control.
- 30.3 If selected for doping control, the competitor must comply with the obligations stipulated by the BCU Anti-Doping policy.
- 30.4 Before the award ceremony the top three crews of the final must be present at the location and time indicated.
- 30.5 At National Championships the competitors must wear club, team or squad Racing Colours or Tracksuit at the award ceremony, as may be stipulated by the Organising Committee or SRC.
31. **Disqualifications**
- 31.1 Any competitor who attempts to win a race by any other than honourable means, who breaks the Racing Regulations or who disregards the honourable nature of the Racing Regulations, shall be disqualified for the duration of the race concerned.
- 31.2 Should a competitor have completed a race in a kayak or canoe which is shown upon inspection not to conform with the classifications (see Rules 9-12), he/she shall be disqualified from the race in question.
- 31.3 It is prohibited to receive external assistance during a race.
- 31.4 No crew may be accompanied along and adjacent to the racecourse by other boats while the race is in progress.
- 31.5 No crew may receive assistance by using objects thrown into the course.
Any of the above infractions will result in the disqualification of the competitor(s) concerned.
- 31.6 All disqualifications by the Competition Committee have to be confirmed in writing immediately with the reasons. The Team Leader has to acknowledge the receipt on a copy with the exact time, which is the start of the protest time.
Failure to deliver the copy confirmation of the disqualification to the team leader does not invalidate the disqualification.
- 31.7 The Competition Committee may discipline any competitor or Official whose behaviour is detrimental to the good order and conduct of the competition. The Competition Committee may after repeated action by the offender disqualify him/her for that competition.
32. **Protests**
- 32.1 A protest against a crew to compete in a race shall be advised to a member of the Competition Committee not later than one hour before the start of the race. A protest made later - within 30 days from the date when the race in question was held is only permitted if the officials of the club of the competitor making the protest can prove that the facts on which the protest is based came to their knowledge later than one hour before the start of the race.
- 32.2 A late protest shall be referred to the SRC accompanied by the prescribed fee (see below).
A protest made during the competition must be handed to the Competition Committee not later than 20 minutes after publication of the results.
- 32.3 A protest made during a competition must be addressed to the Competition Committee not later than 20 minutes after the Team Leader has been informed on the decision against his/her competitor or team and has signed the receipt.
- 32.4 All protests must be made in writing and be accompanied by a fee of £5.00 (International Competitions £15.00 or 25 Euros). The fee will be refunded if the protest is upheld. *If the protest is not upheld the fee may not be refunded, at the discretion of the Competition Committee or SRC hearing the protest.*

BCU SPRINT RACING COMPETITION RULES

- 32.5 When a protest or a report is made against an athlete or a team, the team leader of the athlete/team in question shall be presented with the protest or report to read.

33 Appeals

Competitors have the right to appeal to the SRC through their club or team management against a decision of the Competition Committee, within 30 days from the date when the race was held. In the case of National Championship Competitions the appeal must be made to the Competition Jury in accordance with Rule 13.7. A fee of £15.00 shall accompany the appeal. The fee will be refunded if the appeal is upheld. The BCU SRC (or Jury in the case of a National Championship) shall pronounce the final decision.

Part V - SPECIAL RULES FOR NATIONAL CHAMPIONSHIP EVENTS

34. Only members of the BCU who qualify under Rule 8 may participate in National Championship events. The only exceptions to this rule are those exempted under Rule 1.3.
35. All canoes and kayaks must comply with the classes and building rules as laid down in Part II of these rules.
36. Officials: Fully in accordance with Rules 13.1 to 13.4.
37. Competition Committee: Fully in accordance with Rule 13.2 and 13.3.
38. Competition Jury: Fully in accordance with Rules 13.7, 32 and 33.
39. Marking signs: In accordance with Rule 21.
40. Courses: In accordance with Rule 21.
41. Disqualifications: In accordance with Rule 31.
42. Medals and Trophies:
Irrespective of the number of competitors in a National Championship event, Trophies and Gold, Silver & Bronze medals will be awarded as appropriate.

Notes to the BCU Sprint Racing Competition Rules

Races Exceeding 1,000 Metres at the National Water Sports Centre Nottingham, Rules 21.4 and 21.5

Because of limitations at the National Water Sports Centre - mainly the start pontoon being fixed for the Start of two 5000 metre and one 2500 metre events - it is not possible to comply with the Rule and provide the three courses required. The 2nd leg under the Rule is 47.75 metres too long. The requirements given in the Rule are those of the ICF, which the BCU must shadow in its own Rules.

Long Distance Courses at the National Water Sports Centre, approved by the SRC

To provide flexibility there are four turning points with the start and finish of the turns as follows:

1. 10 metres beyond the finish line
2. 450 metres from the finish line
3. 1123 metres from the finish line
4. 1796 metres from the finish line.

International Rules Course - 1 long lap + 1 short lap

(Avoiding pontoons at 500 metres which would need to be parked as far back as possible)

- | | |
|--|----------------|
| a) Between the start line and first flag of the first turning point = | 1902.25 metres |
| b) Between the last flag of first turn and first flag of second turn = | 1806.00 |
| c) Between last flag of second turn and first flag of third turn = | 460.00 |
| d) Between last flag of third turn and the finish = | 450.00 |
| e) Three turns of 127.25 metres each = | 381.75 |
| | <u>5000.00</u> |

BCU SPRINT RACING COMPETITION RULES

Domestic Course - 2 medium laps

a)	Between the start line and first flag of the first turning point =	1229.25 metres	
b)	Between the last flag of first turn and first flag of second turn =	1133.00	
c)	Between last flag of second turn and first flag of third turn =	1133.00	
d)	Between last flag of third turn and the finish =	1123.00	
e)	Three turns of 127.25 metres each =	<u>381.75</u>	<u>5000.00</u>
	metres		

Short Course for Juniors - 1 lap of Domestic Course - 2500 metres

a)	Between the start line and first flag of the turning point =	1229.25 metres
b)	Between the last flag of the turn and the finish =	1123.00
c)	One turn of =	<u>127.25</u>
		<u>2479.50</u> metres

NB With a fixed start position and by using the same turning buoys for the 5000 metre course an exact 2500 metre course cannot be obtained. It is 20.5 metres short.

BRITISH CANOE UNION - SPRINT RACING SECTION DISCIPLINARY REGULATIONS

These Disciplinary Regulations adopted by the Sprint Racing Committee on the 7th June 2008 are intended for all complaints other than "Field of Play" incidents, but including any event referred on by a Protest Committee dealing with a field of play incident.

These Regulations set out how matters referred to the Sprint Racing Committee by the Union's Investigations Officer or a Protest Committee are dealt with.

1. Interpretation

1.1 In these regulations the words and expressions used shall have the following meanings:

"the Board"	the board of the Union as constituted under the Memorandum and Articles of Association of the Union;
"the Investigations Officer"	the Investigations Officer of the Union appointed by the Chief Executive from time to time;
"the Protest Committee"	the persons appointed from time to time by the Sprint Racing Committee or an event organiser to deal with matters arising during competition;
"the Executive Committee"	the persons elected or appointed at an ACM to the Sprint Racing Committee from time to time;
"Member"	an individual member of the Union participating in the Discipline in respect of whom a complaint has been made under Regulation 2.1 of these procedures;
"the Union"	the British Canoe Union;

1.2 All references to periods of a number of days, relate to the period starting the day after the date of posting or the date of receipt where documents are delivered by hand or the date of the incident or meeting and ending the day of receipt, meeting etc.

1.3 Words denoting the singular number shall include plural number and vice versa and words denoting the masculine gender shall include the feminine gender.

BCU SPRINT RACING COMPETITION RULES

2. Disciplinary Procedure

- 2.1 The Executive Committee shall appoint a panel of three of its members ("the Panel") to hear and determine any complaint or matters referred to it by a Protest Committee or the Union's Investigations Officer under Regulation 6.2(a)(ii) of Part A of the Union's Dispute Resolution and Disciplinary Procedures for matters other than Doping and Child Protection Matters. The Executive Committee and the Panel shall deal with such matters in accordance with the procedure set out below.
- 2.2 The Panel shall ensure that as soon as practicable and within 14 days of receiving the complaint from either the Investigations Officer or a Protest Committee, a copy of the complaint has been handed personally or by recorded delivery post to the Member. Notification of the date when the Panel will meet (via e-mail, personal or conference call communications, if deemed appropriate) to consider the complaint will be set as soon as practicable and within 30 days and an invitation to provide in writing, within 14 days (or such shorter time period as the Panel thinks fit) of the notice, any rebutting facts, mitigation, explanation or submission must be sent to the Member with the copy of the complaint. No member of the Panel may consider the matter in the event that he has a conflict of interest or could not be regarded as being impartial in the matter. In such circumstances, the Panel shall, in its sole discretion, replace that member with another member of the Executive Committee and if no such member can hear the matter then that member shall be replaced with another elected member of the Union for the only purpose of considering the complaint.
- 2.3 At the same time the Member shall be asked whether he wishes to be present at the meeting when the complaint is being considered, in which case that Member shall be informed that they may attend to make representations and that he may be asked questions. The Member shall also be informed that if no reply is received within the period of 14 days (or such shorter time period as the Panel thinks fit) the Panel will consider the complaint in his absence on the basis of the facts and statements in their possession. The Panel may invite the person making the complaint to comment on any reply provided by the Member, and shall supply a copy of any such comments to the Member before the meeting. The Panel may in its sole discretion invite the person making the complaint to attend the meeting.
- 2.4 At the meeting the Panel shall consider the complaint and any statement made in writing or orally by the Member. If that Member has asked to be present at the meeting he must have been given not less than seven days (or such shorter time period as the Panel thinks fit) notice of the meeting and he must have been invited to attend the meeting and offered the opportunity of being accompanied by an advisor. The Panel may question either party, if present, may call upon them to supply additional evidence or may adjourn the meeting to a later date. Once the Panel has completed its consideration of the complaint, it shall provide the Member with its written decision as soon as practicable and in any event within 14 days of the date of the original meeting or any adjourned meeting.
- 2.5 On completing its considerations of the complaint, the Panel shall draw up its findings of fact and may decide:
- (a) to reject the complaint; or,
 - (b) to warn or reprimand the Member; or,
 - (c) to suspend the Member from participating in specified events or training facilities held under the Sprint Racing Committees jurisdiction either:
 - (i) for a specified period, not exceeding three months; or,
 - (ii) for a specified number of such events or facilities, not exceeding five in number, consecutively, where that number, would not have taken place within the three-month period specified above; or,
 - (d) to recommend to the Board that the Member should be suspended from participating in Sprint Racing events or training facilities for a longer period or that the Member should be suspended or expelled from the Union, or that some other specified penalty (such as suspension of funding) should be imposed by the Board.
- 2.6 Where the Panel has found against the member it shall as soon as practicable, and in any event within the 14 days of the date of its original meeting or any adjourned meeting, notify that Member by recorded delivery post of its findings of fact and of its decision and the grounds for that decision or recommendation, and shall inform him of his right of appeal under Regulations 2.8 and 2.9 below and shall send a copy of the notification to the Board.

BCU SPRINT RACING COMPETITION RULES

- 2.7 Where the Panel has made recommendations to the Board under 2.5(d) above, the Board shall decide whether or not to adopt such recommendations a Board Meeting shall be convened (via e-mail, personal or conference call communications) as soon as practicable to decide on the sanction to be imposed.
- 2.8 If the Member or the person who made the original complaint disagrees with the decision of the Panel, he shall be entitled to make a new complaint pursuant to Rule 3.1 (b) of Part A of the Union's Dispute Resolution and Disciplinary Procedures for matters other than Doping and Child Protection Matters by way of a Notice. The Notice must set out in detail why the Member or the person who made the original complaint disagrees with the decision of the Panel. The Notice must be accompanied by a cheque for £100 made payable to the Union ("the Deposit"). This Deposit shall be held by the Union and re-paid to the Member or the person who made the original complaint in the event that his complaint against the Decision is upheld by an Arbitral Panel or Disciplinary Committee. Where the Member's or the person who made the original complaint is rejected by an Arbitral Panel or Disciplinary Committee or if the matter is resolved by mediation, the Deposit shall be retained by the Union.
- 2.9 The Investigations Officer shall consider the matter and decide if the Notice shows that there is on the face of it sufficient evidence for the case to be determined in accordance with Rule 6.1 of Part A of the Union's Dispute Resolution and Disciplinary Procedures for matters other than Doping and Child Protection Matters. If he does so decide, he shall refer the Dispute to be decided by the Disciplinary Committee or to resolve by arbitration or by mediation in accordance with Rule 6.2 of Part A of the Union's Dispute Resolution and Disciplinary Procedures for matters other than Doping and Child Protection Matters. A different person shall be appointed as the Investigation Officer to make this decision to the person who was appointed as the Investigations Officer to review the initial Complaint against the Member.

Clause 8.2 of the Terms of Reference of the Sprint Racing Committee

The Executive Committee shall have the power to appoint a panel of three persons to decide any matter referred to it pursuant to Rule 6.2(a)(ii) of the Union's Dispute Resolution and Disciplinary Procedures for matters other than Doping and Child Protection Matters in accordance with the Disciplinary Regulations approved by the Board and adopted by the Sprint Racing Committee from time to time.

In addition to the Section's Disciplinary Regulations the BCU Sprint Racing Committee adopted regulations on 1 January 2001 as follows:

3. **Code of Ethics**
Everyone within the BCU Sprint Racing Section is subject to the conditions and ethics as given in Section 5 of the BCU 'Coaching Code' published by the BCU UK Coaching Service and are required to operate under the same general Sport and Recreation Code of Ethics.
4. **Regatta Officials**
- 4.1 It is vital for the honourable nature of the Sport that Officials are not subjected to any act that may compromise their position.
- 4.2 Regatta Officials must not be threatened or subjected to harassment, intimidation or abuse. No attempt should be made to persuade Regatta Officials to take an action which is dishonest or contrary to the Official's code of ethics or honourable nature of the Sprint Racing Regulations. This applies at anytime, in or out of competition. It is incumbent on each Official to report all such acts.
- 4.3 The report should be in writing and sent without delay to the Sprint Racing Committee (through the Section Secretary) who will consider the matter in accordance with the Section's Disciplinary Regulations.
- 4.4 In the event of an action taken immediately prior to or during a BCU Regatta, the Official should hand their written report to the Chief Official. The Chief Official with the Regatta Committee must take action in accordance with the Section's Disciplinary Regulations.

LONDON CANOE SPRINT INVITATIONAL

See World Class Sprint Paddling at the 'London Canoe Sprint Invitational 2011'

on September 2nd to 4th 2011 at Dorney Lake

In August 2012 Dorney Lake will Host the full Olympic Canoe Sprint Regatta and for the first time 200m racing will be included. With some 60 countries expected to qualify the regatta course will be incredibly busy, spectator tickets to be able to watch the finals will, sadly, be very hard to come by.

*However, in **September 2011 a Pre-Olympic Regatta** (to be called the 'London Canoe Sprint Invitational 2011') will be held to test all the arrangements and to give invited athletes a chance to familiarise themselves with conditions. This gives a fabulous opportunity to see truly World Class paddlers competing without the pressure of intense security and limited access. This is the chance for us all to get close to fantastic action and it will almost certainly be free to attend.*

It's the perfect opportunity for Clubs to arrange group trips to be able to watch racing that will be every bit as competitive and inspirational as the Olympics will be in 2012. It will also be great to support our own Olympic Squad and to give them the confidence that we are all there behind them – willing them on to show the World what they can do.

Races will be held for most of the Olympic classes; K1, K2 500 and K1 200 for women; C1 1000 and 200 for men; C2 1000 for men; K1, K2 1000 plus K1 and K2 200 for men. K4 races may be held but are yet to be confirmed. With the truly fantastic results achieved by our team in 2010 we can genuinely look forward to medal performances in all classes; our squad is one of the very strongest and other major countries are looking on with envy at our Club and National system, our coaching capability and after this year, our results too!

We can be very proud that our sport is being billed with the highest of profiles as the wording from the Olympic Programme shows;

It's a matter of honour to be the fastest, the best, the most able in any sport. To win requires mastery of conditions, of technique and control of the mind. To take Olympic Gold is a huge achievement but to do so paddling a tiny boat – a kayak or canoe – is even more so. Built for pure speed at the sacrifice of stability to the extent that only the very highly skilled can succeed Sprint Kayaks and Canoes call upon extraordinary athletic ability, power, agility, sensitivity and endurance. With origins drawn from Eskimo craft and Indian canoes but using highly technical carbon fibre technology from F1 this sport provides incredible intensity and ultra close racing but with the warmest of international friendship. Kayak 4s racing at 140 strokes per minute demand years of dedication to connect and power down at the very limit of human capability. Dorney Lake at Eton hosts one of the most exhilarating of all Olympic competitions.

So, organise a Club trip to the London Canoe Sprint Invitational Regatta in September 2011, support our team and be part of the incredible atmosphere building into the 2012 Olympics.

Further details will be advised to all Clubs as soon as they are known.

SRC December 2010

NATIONAL SPRINT REGATTAS

National Regattas 2011

Held at the National Water Sports Centre, Holme Pierrepont, Adbolton Lane, Nottingham.

Date	Regatta	Closing date	Venue
16 th / 17 th April	National & Selection Regatta	Wed 30 th March	Nottingham
7 th / 8 th May	National & Selection Regatta	Wed 20 th April	Nottingham
4 th / 5 th June	National & Selection Regatta	Wed 18 th May	Nottingham
2 nd / 3 rd July	Inter-Club National Competition	Wed 15 th June	Nottingham
10 th / 11 th September	Open and National Championships	Wed 24 th August	Nottingham

National Water Sports Centre, Nottingham

The National Water Sports Centre is situated just off the main A52 road from Nottingham to Grantham. It is signposted on all main roads leading into Nottingham.

Accommodation

Bed & Breakfast is available on site - Bunks, Standard and En Suite, although this gets booked up very quickly.

Lunches and snacks are available from the Centre Cafeteria and Snack Bars.

There are many **hotels** of different sizes and cost in Nottingham, several in the vicinity of the NWSC. The website at www.visitnottingham.com lists a large number of hotels, B&Bs, farmhouses etc. at all prices.

There is a **camp site** run by N.W.S.C. just across the road from the course. Facilities include a toilet, washing and shower block; water points; waste disposal; electric hook-up points and a shop. The site is open to all competitors, officials and supporters. No booking is required.

There is no overnight **boat storage** available in the boathouses. All canoes should be removed on Saturday night. All canoes on the outside racks at the Centre are left entirely at the owner's risk.

Regatta programmes will be on sale at the Regatta Secretary's desk at the Centre.

Entries

Entries must be submitted through your Club Team Leader.

See Team Leaders' Responsibilities pages B8 – B13.

Guidelines for entry into Sprint Racing

To promote fair racing and as a guide for coaches, team leaders and paddlers, the Racing Standards chart on page D1 show the suggested entry levels for National Sprint Regattas held at the National Watersports Centre.

All paddlers must be current members of the British Canoe Union and have registered as sprint racing competitors.

The Racing Registration Scheme

The Registration Number is the unique numerical identification for each paddler and is used when programming a regatta. Only Registered Paddlers will be allowed to compete in B.C.U. events at National Regattas. Entries submitted without a Registration Number will not be accepted.

NATIONAL SPRINT REGATTAS

Initial Registration

This may be done in one of two ways:-

1. At any National Regatta, at the Secretary's desk.
2. By post with the Registration Officer (Send S.A.E. please).

In all cases the following are required:

1. Full Name and Address.
2. Date of Birth.
3. Club.
4. Your ranking (if known).
5. A Coaching Scheme Certificate of Standard for 500m which states the actual time taken for your trial.
6. Proof of current B.C.U. Membership (a photocopy of your card is acceptable).

Competitors will remain on the ranking lists until such time as they have not competed for two years, or their B.C.U. membership has lapsed. On production of a current B.C.U. card, anyone not listed on the ranking list may apply to be reinstated.

Current Ranking Lists of Registered Paddlers are intended as 'working' lists and only include paddlers who have raced during the last two years and those who are fairly certain to race in the current season. Anyone who does not appear on the lists will have been transferred to the storage file and can be brought back to the 'live' file at any time they return to racing.

A junior club members need not be a full members of the B.C.U. in order to race in the Mini Sprint Series or Junior D Classes. He or she must be a member of his or her club and the number used for his or her identification will be the club's affiliation number followed by own individual club number.

Should they be promoted, however, to 'C' or above, he or she must then become a full member of the B.C.U. in his or her own right. Club Team Leaders must inform the Registration Officer of this change of status and the new BCU number for the junior.

The Registration Officer, 17 Springfield Road, Guildford, Surrey GU1 4DW

Event Fees

Fees for this season are the same as 2010, the charge bands are as follows:

Group	K1/C1	K2/C2	K4/C4
Senior Events:	£5.00 (late £6.50)	£10.00 (late £11.50)	£20.00 (no late fee)
Junior Events:	£5.00 (late £6.50)	£10.00 (late £11.50)	£20.00 (no late fee)
	Lightning K1	Hody K2	Rocket K4
Mini Sprints:	£5.00 (late £6.50)	£5.00 per seat (late £6.50)	£5.00 per seat (no late fee)

Please note that K4 / C4 fees include the cost of boat hire.

Fees will be reviewed annually.

Club colours must be worn by all competitors in all events.

All kayaks and canoes must have **adequate buoyancy**, be fitted with a **number slot** and comply with current regulations as to weight. Boat Control will be carried out during national regattas.

Paddlers must supply their own lane numbers (1-9).

	BCU National Canoe Sprint Racing Regatta												
	National Water Sports Centre - Nottingham												
	16th & 17th April 2011												
	Closing date Wednesday 30 March 2011												
Men's Kayak	Saturday 200m			Sun 200m		500m			1000m			5km	
	K1	K2	K4	K1	K2	K1	K2	K4	K1	K2	K4	K1	
Senior A	✓	✓		✓	✓	✓	✓		✓	✓	✓	✓	
Senior B	A/B	A/B		A/B	A/B	✓	✓		✓	✓	✓	A/B	
Senior C	✓	✓				✓	✓	✓	✓	✓	✓		
Senior D	✓	C/D				✓	C/D	C/D	✓	C/D	C/D		
Masters A						✓	✓	✓	✓	✓	✓		
Masters B						✓	A/B	A/B	✓	A/B	A/B		
Masters C						✓	✓	✓	✓	✓	✓		
Masters D						✓	C/D	C/D	✓	C/D	C/D		
Women's Kayak	Saturday 200m			Sun 200m		500m			1000m			5km	
	K1	K2	K4	K1	K2	K1	K2	K4	K1	K2	K4	K1	
Senior A	✓	✓		✓	✓	✓	✓	✓	✓	✓		✓	
Senior B	A/B	A/B		A/B	A/B	A/B	A/B	A/B	A/B	A/B		A/B	
Senior C	✓	✓				✓	✓	✓	✓	✓			
Senior D	✓	C/D				✓	C/D	C/D	✓	C/D			
Women Masters A						✓	✓	✓	✓	✓			
Women Masters B						✓	A/B	A/B	✓	A/B			
Senior & Junior Canoes	Saturday 200m			Sun 200m		500m			1000m			5km	
	C1	C2	C4	C1	C2	C1	C2	C4	C1	C2	C4	C1	
Senior/Junior A	✓	✓		✓	✓	✓	✓		✓	✓	✓	✓	
Senior/Junior B	A/B	A/B		A/B	A/B	A/B	A/B		A/B	A/B	A/B	A/B	
Senior/Junior C	✓	✓				✓	✓	✓	✓	✓			
Senior/Junior D	✓	C/D				✓	C/D	C/D		C/D			
Junior Kayak	Saturday 200m			Sun 200m		500m			1000m				
	K1	K2	K4			K1	K2	K4	K1	K2	K4		
Boys A	✓	✓				✓	✓		✓	✓	✓		
Boys B						✓	✓	✓	✓	✓	✓		
Boys C						✓	✓	B/C	✓	✓	B/C		
Boys D						✓	✓	✓	✓	✓	✓		
Girls A	✓	✓				✓	✓	✓	✓	✓			
Girls B						✓	✓	✓	✓	✓	✓		
Girls C						✓	✓	B/C	✓	✓	B/C		
Girls D						✓	✓	✓	✓	✓	✓		
Paddle-Ability	200m			Sun 500m		500m							
	K1	K2		K1	K2	K1	K2						
Senior/Junior	✓	✓		✓	✓	✓	✓						
Senior/Junior	V1					V1							
	✓					✓							
Mini Sprint						K1	K2	K4					
Lightning A						No races at the April regatta for Mini Sprints							
Lightning B													

	BCU National Canoe Sprint Racing Regatta												
	National Water Sports Centre - Nottingham												
	7th & 8th May 2011												
	Closing date: Wednesday 20 April 2011												
Men's Kayak	Saturday 200m			Sun 200m		500m			1000m			5km	
	K1	K2	K4	K1	K2	K1	K2	K4	K1	K2	K4	K1	
	✓	✓		✓	✓	✓	✓		✓	✓	✓	✓	
	A/B	A/B		A/B	A/B	✓	✓		✓	✓	✓	A/B	
	✓	✓				✓	✓	✓	✓	✓	✓		
	✓	C/D				✓	C/D	C/D	✓	C/D	C/D		
						✓	✓	✓	✓	✓	✓		
						✓	A/B	A/B	✓	A/B	A/B		
						✓	✓	✓	✓	✓	✓		
						✓	C/D	C/D	✓	C/D	C/D		
Women's Kayak	Saturday 200m			Sun 200m		500m			1000m			5km	
	K1	K2	K4	K1	K2	K1	K2	K4	K1	K2	K4	K1	
	✓	✓		✓	✓	✓	✓	✓	✓	✓		✓	
	A/B	A/B		A/B	A/B	✓	A/B	A/B	✓	A/B		A/B	
	✓	✓				✓	✓	✓	✓	✓			
	✓	C/D				✓	C/D	C/D	✓	C/D			
						✓	✓	✓	✓	✓			
						✓	A/B	A/B	✓	A/B			
Senior & Junior Canoes	Saturday 200m			Sun 200m		500m			1000m			5km	
	C1	C2	C4	C1	C2	C1	C2	C4	C1	C2	C4	C1	
	✓	✓		✓	✓	✓	✓		✓	✓	✓	✓	
	A/B	A/B		A/B	A/B	A/B	A/B		A/B	A/B	A/B	A/B	
	✓	✓				✓	✓	✓	✓	✓			
	✓	C/D				✓	C/D	C/D		C/D			
Junior Kayak	Saturday 200m			Sun 200m		500m			1000m			5km	
	K1	K2	K4			K1	K2	K4	K1	K2	K4		
	✓	✓				✓	✓		✓	✓	✓		
						✓	✓		✓	✓	✓		
						✓	✓	B/C	✓	✓	B/C		
						✓	✓		✓	✓	✓		
	✓	✓				✓	✓		✓	✓			
						✓	✓		✓	✓	✓		
						✓	✓	B/C	✓	✓	B/C		
						✓	✓		✓	✓	✓		
Paddle-Ability	200m			Sun 500m		500m							
	K1	K2		K1	K2	K1	K2						
	✓	✓		✓	✓	✓	✓						
	V1					V1							
	✓					✓							

	BCU National Canoe Sprint Racing Regatta												
	National Water Sports Centre - Nottingham												
	4th & 5th June 2011												
	Wednesday 18th May 2011												
Closing date	Wednesday 18th May 2011												
Men's Kayak	Saturday 200m			Sun 200m		500m			1000m			5km	
	K1	K2	K4	K1	K2	K1	K2	K4	K1	K2	K4	K1	
	✓	✓		✓	✓	✓	✓		✓	✓	✓	✓	
	Senior A												
	Senior B	A/B	A/B	A/B	A/B	✓	✓		✓	✓	✓	A/B	
	Senior C	✓	✓			✓	✓	✓	✓	✓	✓		
	Senior D	✓	C/D			✓	C/D	C/D	✓	C/D	C/D		
	Masters A					✓	✓	✓	✓	✓	✓		
	Masters B					✓	A/B	A/B	✓	A/B	A/B		
	Masters C					✓	✓	✓	✓	✓	✓		
	Masters D					✓	C/D	C/D	✓	C/D	C/D		
Women's Kayak	Saturday 200m			Sun 200m		500m			1000m			5km	
	K1	K2	K4	K1	K2	K1	K2	K4	K1	K2	K4	K1	
	✓	✓		✓	✓	✓	✓		✓	✓		✓	
	Senior A					✓	A/B	A/B	✓	A/B		A/B	
	Senior B	A/B	A/B	A/B	A/B	✓	✓	✓	✓	✓			
	Senior C	✓	✓			✓	✓	✓	✓	✓			
	Senior D	✓	C/D			✓	C/D	C/D	✓	C/D			
	Women Masters A					✓	✓	✓	✓	✓			
	Women Masters B					✓	A/B	A/B	✓	A/B			
	Senior & Junior Canoes	Saturday 200m			Sun 200m		500m			1000m			5km
		C1	C2	C4	C1	C2	C1	C2	C4	C1	C2	C4	C1
✓		✓		✓	✓	✓	✓		✓	✓	✓	✓	
Senior/Junior A						A/B	A/B		A/B	A/B	A/B	A/B	
Senior/Junior B		A/B	A/B	A/B	A/B	✓	✓	✓	✓	✓			
Senior/Junior C	✓	✓			✓	✓	✓	✓	✓				
Senior/Junior D	✓	C/D			✓	C/D	C/D		C/D				
Junior Kayak	Saturday 200m					500m			1000m				
	K1	K2	K4			K1	K2	K4	K1	K2	K4		
	✓	✓				✓	✓		✓	✓	✓		
	Boys A					✓	✓	✓	✓	✓	✓		
	Boys B					✓	✓	✓	✓	✓	✓		
	Boys C					✓	✓	B/C	✓	✓	B/C		
	Boys D					✓	✓	✓	✓	✓	✓		
	Girls A	✓	✓			✓	✓	✓	✓	✓			
	Girls B					✓	✓	✓	✓	✓	✓		
	Girls C					✓	✓	B/C	✓	✓	B/C		
	Girls D					✓	✓	✓	✓	✓	✓		
Paddle-Ability	200m			Sun 500m		500m							
	K1	K2		K1	K2	K1	K2						
	✓	✓		✓	✓	✓	✓						
Senior/Junior	V1					V1							
Senior/Junior	✓					✓							
Mini Sprint						K1	K2	K4					
Lightning A						✓	✓	✓					
Lightning B						✓	✓	✓					

	BCU Inter-Club National Canoe Sprint Racing Regatta								
	National Water Sports Centre - Nottingham								
	2nd & 3rd July 2011 <i>MacGregor Paddle</i>								
Closing date	Wednesday 15th June 2011								
Men's Kayak	200m			500m			1000m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
Senior A	✓	✓		✓	✓		✓	✓	✓
Senior B	A/B	A/B		✓	✓		✓	✓	A/B
Senior C	✓	✓		✓	✓	✓	✓	✓	✓
Senior D	✓	C/D		✓	C/D	C/D	✓	C/D	C/D
Masters A	✓	✓		✓	✓	✓	✓	✓	✓
Masters B	✓	A/B		✓	A/B	A/B	✓	A/B	A/B
Masters C	✓	✓		✓	✓	✓	✓	✓	✓
Masters D	✓	C/D		✓	C/D	C/D	✓	C/D	C/D
Women's Kayak	200m			500m			1000m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
Senior A	✓	✓		✓	✓	✓	✓	✓	
Senior B	A/B	A/B		✓	A/B	A/B	✓	A/B	
Senior C	✓	✓		✓	✓	✓	✓	✓	
Senior D	✓	C/D		✓	C/D	C/D	✓	C/D	
Women Masters A				✓	✓	✓	✓	✓	
Women Masters B				✓	A/B	A/B	✓	A/B	
Senior & Junior Canoes	200m			500m			1000m		
	C1	C2	C4	C1	C2	C4	C1	C2	C4
Senior/Junior A	✓	✓		✓	✓		✓	✓	✓
Senior/Junior B	A/B	A/B		A/B	A/B		A/B	A/B	A/B
Senior/Junior C	✓	✓		✓	✓	✓	✓	✓	
Senior/Junior D	✓	C/D		✓	C/D	C/D		C/D	
Junior Kayak	200m			500m			1000m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
Boys A	✓	✓		✓	✓		✓	✓	✓
Boys B				✓	A/B		✓	A/B	A/B
Boys C				✓	✓		✓	✓	✓
Boys D				✓	✓	✓	✓	✓	✓
Girls A	✓	✓		✓	✓	✓	✓	✓	
Girls B				✓	A/B	A/B	✓	A/B	
Girls C				✓	✓	✓	✓	✓	
Girls D				✓	✓	✓	✓	✓	✓
Paddle-Ability	200m			500m			Sun 500m		
	K1	K2		K1	K2		K1	K2	
Senior/Junior	✓	✓		✓	✓		✓	✓	
Senior/Junior	V1			V1					
	✓			✓					
Mini Sprint				K1	K2	K4			
Lightning A				✓	✓	✓			
Lightning B				✓	✓	✓			

	BCU Open & National Championships Canoe Sprint Racing Regatta								
	National Water Sports Centre - Nottingham								
	10th & 11th September 2011								
	Closing date: Wednesday 24th August 2011								
Men's Kayak	200m			500m			1000m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
	✓ N	✓ N		✓ N	✓ N		✓ N	✓ N	✓ N
	✓ S	✓ S		✓ S	✓ S		✓ S	✓ S	A/B
	✓ S	✓ S		✓ S	✓ S	✓ S	✓ S	✓ S	✓ S
	✓ S	C/D		✓ S	C/D	C/D	✓ S	C/D	C/D
	✓ N	✓ N		✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
	✓ N			✓ N			✓ N		
	✓ N	✓ N		✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
	✓ N	✓ N		✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
Women's Kayak	200m			500m			1000m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
	✓ N	✓ N		✓ N	✓ N	✓ N	✓ N	✓ N	
	✓ S	A/B		✓ S	A/B	A/B	✓ S	A/B	
	✓ S	✓ S		✓ S	✓ S	✓ S	✓ S	✓ S	
	✓ S	C/D		✓ S	C/D	C/D	✓ S	C/D	
	✓ N	✓ N		✓ N	✓ N	✓ N	✓ N	✓ N	
Women's Canoe	200m			500m					
	C1			C2					
	✓ N			✓ N					
Men's Canoe	200m			500m			1000m		
	C1	C2	C4	C1	C2	C4	C1	C2	C4
	✓ N	✓ N		✓ N	✓ N		✓ N	✓ N	✓ N
	✓ S	A/B		✓ S	A/B		✓ S	A/B	A/B
	✓ S	✓ S		✓ S	✓ S	✓ S	✓ S	✓ S	
	✓ S	C/D		✓ S	C/D	C/D		C/D	
	✓ N	✓ N		✓ N	✓ N		✓ N	✓ N	✓ N
Junior Kayak	200m			500m			1000m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
	✓ N	✓ N		✓ N	✓ N		✓ N	✓ N	✓ N
				✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
				✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
	✓ N	✓ N		✓ N	✓ N	✓ N	✓ N	✓ N	
				✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
Paddle-Ability	200m			500m			Sun 500m		
	K1	K2		K1	K2		K1	K2	
	✓	✓		✓	✓		✓	✓	
	V1			V1					
	✓			✓					
Mini Sprint				K1	K2	K4			
Lightning A				✓	✓	✓			
Lightning B				✓	✓	✓			

N = National Championship Event

S = Class Championship Event

"NB All races are 'Open'. Medals will be awarded to the first three boats, regardless of nationality. The National Champion will be the best placed British paddler".

TEAM LEADERS' RESPONSIBILITIES

Summary

At the Club

- a) Ensure that club members achieve the relevant standard to qualify for competing at National Regattas.
- b) Advise the Regatta Organiser of their appointment and include details of any changes in the Club Racing Colours.
- c) **Check that all boats have adequate buoyancy.**

Entries

- a) Advertise the National Regatta to club members, collate entries and return Entry Form by the closing date accompanied by the correct entry fees.
- b) Check Timetable for clashes and problems.
- c) Ensure that paddlers understand the BCU Sprint Racing Competition Rules, Section A3 – A21 in the Racing Handbook, and hold current membership of the British Canoe Union. Ensure that all paddlers have been registered for National Sprint Racing.
- d) Encourage paddlers to purchase their own Racing Handbooks.

Before the start of Racing

- a) Check the detailed regatta programme ensuring that every entry made is shown correctly.
- b) Arrive on time for the Team Leaders' Meeting. All scratches, crew changes, and late entries should be made during the meeting.
- c) Advise paddlers of any changes and/or alterations to the programme.
- d) Ensure that paddlers and their boats are adequately prepared for the conditions.
- e) Ensure that all paddlers are fully aware of safety measures.

During Competition

- a) Ensure that paddlers arrive in time for their races, wearing club colours and with the correct lane number.
- b) Ensure that K4s, if required, are booked in advance. Boat hire is included in the Race Entry Fee.
- c) Be available to receive notification of disqualifications, and deal with any problem involving paddlers from their club.
- d) Collect from, and promptly return to, the Secretary's Desk all Long Distance Numbers. A deposit of £10.00 is required.
- e) Hand in S.A.E. to the Regatta Secretary desk for a copy of the results.

After the Regatta

- a) Return Long Distance numbers promptly to the Secretary's Desk.
- b) Display results on club notice board.
- c) Note promotions of Club paddlers.

1. Appointment

Club Secretaries must inform the Regatta Organiser who is the Team Leader for their club (and if you wish, a nominated reserve), before January 1st each year. If a club is to be represented by another person at the National Regatta the Regatta Organiser should be informed by the registered Team Leader, preferably when the entries are submitted.

2. Communication

At all regattas, the organisers will only communicate with the Club Team Leader or his / her nominated reserve, in respect of:-

- a) Making entries.
- b) Making late entries.
- c) Communication from the organisers to his / her club paddlers - including disqualifications.
- d) Making protests.
- e) Receiving results.

3. Safety

The Team Leader is primarily responsible for the safety of his club members. Team Leaders should ensure that paddlers are:-

- a) suitably dressed for the weather, water and race conditions.
- b) able to perform basic capsized drills and are briefed on what to do when approached by a umpire boat.
- c) able to swim at least 50 metres in wet clothing without a lifejacket.
- d) that all canoes are fitted with buoyancy sufficient to ensure that the canoe will remain afloat and support the crew in the event of a capsized.
- e) that all competitors in Junior classes are in possession of a lifejacket or buoyancy aid

TEAM LEADERS' RESPONSIBILITIES

which conforms to the standard of the I.C.F or EN 393 & 395.

In the event of cold and / or windy conditions the organisers may at their discretion cancel or postpone a race, or insist on the wearing of buoyancy aids.

In the event of an electrical storm paddlers will be required to leave the course immediately. A tannoy announcement will be made and umpire boats will ring a bell. Racing will not recommence until deemed safe by the Competition Committee.

4. Entries

Please note all the information given on the completed example Official Entry Form on the following page.

All entries must be made on the Official Entry Form. Please do not break up the form. Send the complete form, even if you are making only one entry. Please ensure that you use the correct form.

Fees for this season are the same as 2010, the charge bands are as follows

Group	K1/C1	K2/C2	K4/C4
Senior Events:	£5.00 (late £6.50)	£10.00 (late £11.50)	£20.00 (no late fee)
Junior Events:	£5.00 (late £6.50)	£10.00 (late £11.50)	£20.00 (no late fee)
	Lightning K1	Hody K2	Rocket K4
Mini Sprints:	£5.00 (late £6.50)	£5.00 per seat (late £6.50)	£5.00 per seat (no late fee)

- a) All entries for an National Regatta must be made on the Official Entry Form, or a photocopy. A blank form is included on the entry form for this purpose.
- b) **One page for each class** must be used.
- c) At the top of each page, enter the names of **all** the paddlers who are to be entered in that class. Indicate the paddler's initial, name, and club as shown below. If, in a crew boat, you include a paddler who is registered in the name of another club, make sure that his name and club are shown.
- d) Use the first four figures of the box for the paddler's Registration Number.
A full list of these is shown in Section D.
- e) If a paddler has a 3 figure Registration Number, e.g. 027, prefix it with another zero e.g. 0027.
No entry will be accepted without a Registration Number
- f) Enter A, N, Other and four zeros for unknown crew members.
- g) Do not use one page for more than 12 names. Photocopy or use the spare page at the back of the entry booklet.
- h) An electronic copy of the entry form will be sent to Team Leaders and may be completed as an electronic copy of the Official Entry Form and emailed to the Regatta Organiser as a back-up of the posted Official Entry Form.
- i) Telephone entries are not accepted
- j) The closing date for entries is normally the Wednesday 2½ weeks before the event. Any entries arriving after the closing date must be made by the Team Leader at the Team Leaders' Meeting.
- k) Entries made without the correct fee(s) will be charged as Late Entries.
- l) In the event of cancellation of part of or the whole of the competition owing to inclement weather or other unforeseen circumstances there will be no refund of race fees.

EXAMPLE

Registration No				i n	Name										Club					
1	2	3	4		A	S	I	S	T	E	R						C	L	U	
5	6	7	8		B	B	R	O	T	H	E	R						C	L	U
4	5	6	7		A	C	H	A	R	L	I	E						C	L	U

TEAM LEADERS' RESPONSIBILITIES

ENTER PADDLERS REGISTRATION NUMBERS BELOW																2 0 0 M	5 0 0 M	1 0 0 M	L D I S T			
K1											1	2	3	4	X	X	X			£25.00		
											4	5	6	7		X	X					
K2									5	6	7	8	1	2	3	4	X	X	X	X	£80.00	
									4	5	6	7	1	2	3	4	X	X	X	X		
K4	2	3	4	5	3	4	5	6	5	6	7	8	1	2	3	4		X	X		£40.00	
Page Total																					£	145.00

5. Notes on Classes

- Kayak competitors are divided into three age groups, Junior, Senior and Masters. These three kayak classes are then divided into Men and Women. These two subdivisions then being further divided into ability groups. Canoe paddlers are divided into four mixed ability groups.
- Junior kayak competitors race four Junior divisions according to their individual ability. Promotions within these classes will be done on the basis of improvement in standard of performance. When applying for registration the time certificate submitted should show the time recorded on the 500m test in order that new paddlers can be classified correctly. Beginners do **not** automatically start in the "D" group.
- The chart 'Standards for Racing' on page D1 demonstrates the way in which the subdivisions are made according to speed.
- The status of a paddler in a kayak class has no bearing on his status in a canoe.
- Mixed Events, in which male and female competitors race together in the Men classes, are permitted provided the races are of parallel standard to that of their designated classes.
- Combined Events - In order to facilitate programming we reserve the right to combine classes in any distance at any regatta, with the exception of National Championship events, which will all start as the programme provided there are sufficient entries.
- Paddlers must race **ONLY in their designated class for singles events (K1 and C1)** at National Regattas. Competitors may race above their designated class in crew boats only. Exceptions may be made when national coaches wish to enter squad paddlers in higher classes.
- A Junior paddler may race in crew boats in an adult class, equivalent or above the standard of his own junior standard. E.g. BAK= MBK (see chart).
- All paddlers will be graded into classes according to the standards set out in the 'Standards for Racing'. Coaches should use the Coaching Scheme 500m Racing Tests as preparation for paddler's entry into racing.

j) Open and National Championships:

1) Junior Paddlers will race in the following Age Groups

UNDER 18 (BORN 1993 or 1994)

UNDER 16 (BORN 1995 or 1996)

UNDER 14 (BORN 1997 or later)

A junior paddler, who has been promoted to Senior Status on ability, may for National Championship Events only race in his / her youth age group.

2) Masters Men will race in the following Age Groups

35 years to 44 years (BORN 1976 to 1965)

45 years to 54 years (BORN 1966 to 1955)

55 years to 64 years (BORN 1956 to 1945)

65 years and over (BORN 1946 and earlier)

3) Masters Women will race in the following Age Groups

35 years to 44 years (BORN 1976 to 1965)

45 years to and over (BORN 1966 and earlier)

k) Promotions / Demotions

- Will be made throughout the year on the basis of standards laid down and using the race results.
- Are not automatic and need to be ratified by the SRC nominee before taking effect.
- Will be notified on the regatta results and should take effect at the next regatta.

TEAM LEADERS' RESPONSIBILITIES

l) Masters

Paddlers born before 1976 may compete in Masters classes unless ranked Men's A or Women's A

6. **Check your Programme**

Prior to the Team Leaders' Meeting, it is essential for each Team Leader to make a careful check of all his entries. It is best to keep a copy of your entry for this purpose. If there are any omissions or if you wish to make substitutions, mark your programme: the Team Leaders' Meeting goes very quickly, and leaves no time for hesitation.

It is not uncommon for the regatta organisers to make a few mistakes with the entries, but it is your responsibility to check the programme. Once a race has been passed during a meeting it is not normal to go back.

The event organisers will do their best to arrange the programme so that all races in each class are well spaced out, giving a minimum rest period of 40 minutes between races. Any competitor racing outside his / her designated class in crew boats cannot expect the programme to accommodate this situation.

7. **Team Leaders' Meeting**

It is intended to hold only one meeting per regatta, at 0800 hrs on the Saturday morning (unless otherwise stated) at the regatta course. If the meeting cannot be completed in a reasonable time it will be adjourned and the time of the reconvened meeting announced. Each club must nominate one representative to deal with alterations and late entries at the meeting. This nominated representative will be responsible for all the money owed for the entries he submits. This money must be paid by 4.00 p.m. on Saturday. Failure to pay on time will incur a **£20.00 surcharge** that must be paid by the end of racing on Saturday. Failure to meet this deadline will result in all paddlers from that club being disqualified from Sunday's racing.

Procedure

- Team Leader signs in on arrival.
- Meeting commences promptly at 8.00 a.m.
- Technical announcements.
- If there are any objections to the programmed order of events they must be raised at this stage.
- Late entry provision:-
 - Events will be dealt with in order.
 - The Competition Organiser will call out in order each set of heats (or finals, if there are no heats). Team Leaders should scratch any competitors who do not intend to race, or make suitable substitutions. They should call out the lane number first then the competitors name(s).
 - If there are any vacant lanes the Competition Organiser will then ask Team Leaders to raise one hand for each late entry they wish to make. If there are more late entries required than there are vacant lanes available, a draw will take place.
 - It is not permitted to return to an event that has been concluded.

8. **Entries after the Team Leaders' Meeting**

Entries after the meeting for laned races will only be accepted in exceptional circumstances and at the discretion of the Competition Organiser. **Any such entries will be charged a double entry fee.** Late entries will be accepted for long distance events (5 km.), up to one hour before the race, on payment of the appropriate late entry fee. Entries can be made on the form available from the regatta secretary's desk.

9. **Club Colours**

Club colours must be worn by all competitors in all events at National Regattas.

- In K4 crews where more than one club is represented, paddlers must wear the colours for the club in whose name they are registered.
- Clubs racing for the first time at a National Regatta may request exemption from this rule by application to the Regatta Organiser; but the competitors should wear a plain white shirt with no markings. The club must then register its colours before taking part in subsequent events.

10. **Numbers**

- It is a requirement that clubs should provide their own lane numbers as prescribed in the Sprint Racing Rules for races up to 1000m in length.
- Sets of numbers 1-9, and suitable mounting brackets for kayaks and canoes, are available for sale from the Regatta Secretary's desk.
- For races over 1000m in length, the competition organisers will issue numbers. These will be of a type that fit into a slot on the deck of the boat, all competitors must ensure that their boats are

TEAM LEADERS' RESPONSIBILITIES

- fitted with these slots.
- d) Numbers for long distance racing must be obtained from the regatta secretary's desk and may be collected by Team Leaders ONLY. A deposit of £10.00 must be left by every club collecting numbers, regardless of how many numbers are required. This money can be reclaimed at the end of the day when all numbers are returned; alternatively it can be left at the desk to cover for numbers which will be required for Sunday's racing and would then be returned Sunday evening when all numbers were collected in.
 - e) Lost numbers will be charged at £5.00 per number, and the amount deducted from the deposit before it is returned.
 - f) A form will be available at the meeting on which the Team Leaders should order the numbers required for the day's long distance races in advance. This form should be handed in to the regatta secretary's desk. Your requirements will then make up for collection later in the morning, (after 11.00).

ALL CANOES AND KAYAKS MUST BE FITTED WITH NUMBER SLOTS ON THE CENTRE LINE OF THE AFT DECK

11 K2/K4 Crew Names

Notification of crew names must be made at the Regatta Secretary's desk at least 30 minutes before the race. Any crew which has not notified the full set of names will be allowed to start the race but will not appear in the results, nor will they go forward to the next round of the competition. Paddlers who take the place of other paddlers without the proper substitution will be allocated 1 penalty point and disqualified from the event.

12 K4s

- a) They will be stored on racks outside the boathouse.
- b) Crews must not sit in the K4s *except when they are on the water*.
- c) Young paddlers must be supervised by a responsible adult when handling the K4s onto and off the water. The K4 Official reserves the right to refuse the boat to any youth crew that is not accompanied by an adult.
- d) Check your K4 before you use it. If it is not in order please report the fact to the Official. The crew that previously used the boat will be held responsible.
- e) K4s can be booked for any race during the course of the day as soon as the boathouse is open and the K4 Official is present.
- f) Crews must supply their own wing-nuts and toggles when they report to collect the boat they have booked.
- g) Crews must use the boat allocated.

13 Protests & Disqualifications

- a) Notification of disqualification will always be made to the Team Leader or his nominated reserve.
- b) In a National Championship event, a protest must be made by the paddler's Team Leader.
- c) Team Leaders should realise that it is impossible to adequately umpire all races in every regatta. Where infringements are observed by an umpire these will be reported to The Chief Official who will, if necessary, inform the offending paddler's Team Leader.
- d) Often, however, infringements will not be observed by the Umpires and Team Leaders should realise that they have a responsibility to explain the situation to young paddlers who may easily become frustrated by what might seem to be an arbitrary system of justice.

14 Results

If a copy of the results is required, please send an S.A.E. marked RESULTS with your entry, or leave an addressed envelope and the appropriate postage at the Regatta Secretary's desk. A fee of £3.50 is payable for each copy. Alternatively, results can be downloaded from the Sprint Racing website <http://www.bcu.org.uk/our-sport/sprint-racing/racing-news/>

15 Car Parking

Team Leaders MUST take an active part to see that club members observe the car parking lines. Parked cars must not obstruct the launching access for K4s to the concrete pontoons in front of the boathouses. Particular attention should be paid to the access road in the vicinity of the Centre Buildings. Access for emergency vehicles must NOT be impeded. The waterside of the access road and pontoon on the seating side of the tower is a No Parking Area.

TEAM LEADERS' RESPONSIBILITIES

BCU Regatta "Liability" Statement

Canoeing and Kayaking are assumed-risk water-contact sports. Participation in these sports carries an inherent risk of injury to competitors and damage to property. Participants should be aware of the risks involved in these sports and are responsible for their own actions and their involvement in these sports.

In all cases competitors compete entirely at their own risk.

Each of the Regatta Organisation, the Sprint Racing Executive, the British Canoe Union exclude liability for any loss or damage that may occur to competitors or property during participation in canoeing and kayaking to the fullest extent permitted by law.

All competitors must be current comprehensive members of the British Canoe Union except for juniors ranked in 'Girls D' or 'Boys D' and 'Mini Sprint A' or 'Mini Sprint B' who are members of clubs with registered juniors sections.

Regatta Entries are accepted on the basis that each competitor and Parent / Guardian of a junior is aware of and has accepted the above conditions. Team Leaders are requested to ensure that all of their club competitors are aware of and accept the above statements.

Particular attention is drawn to safety requirements, especially the need for adequate buoyancy in all boats.

Sufficient fixed buoyancy must be securely fitted to all boats before they are allowed on the water. Severe penalty points (and disqualification) will be incurred by all those ignoring this requirement. This is intended to ensure the safety of all those on the water.

System for the membership for Juniors of a B.C.U. Affiliated Club.

A junior club member need not be a full member of the B.C.U. in order to race in the Mini Sprint Series or Junior D Classes. He or she must be a member of his or her club, and the number used for his or her identification will be the club's affiliation number followed by his or her own individual club number.

Should he or she be promoted to 'C' or above, he or she must then become a full member of the B.C.U. in his or her own right.

It is the responsibility of the Team Leader to advise the Registration Officer of the full B.C.U. Number.

'Tiddly Winks' and Boards

Coloured counters (known affectionately as Tiddly Winks) are awarded for the first three places in all Finals 1 in junior classes. These can be collected by the paddler from the Secretary's desk. Also available, at a cost of approximately £4.50, is a small wooden board on which the self adhesive counters can be mounted for posterity!

NATIONAL SPRINT REGATTAS

An Inter-Club National Competition

The MacGregor Paddle Challenge



John MacGregor M.A., Trinity College, Cambridge; (1825-1892) Barrister-at-Law, Captain of the Royal Canoe Club, through his extremely popular books and magazine articles from 1865 to 1892, practically invented the sport of canoeing (or kayaking).

The beginning of recreational canoeing can be traced directly to an Englishman, called John MacGregor, in the middle of the nineteenth century. He was a man with a penchant for boat design and exploration, who developed his craft based on the Eskimo Kayak, which he named *Rob Roy*. He took the boat on long journeys along the rivers and across the lakes of Europe, lecturing and writing about his travels as he went. His tales attracted quite a following and soon there were many kayaks in Great Britain based on his kayak design that is still referred to as a *Rob Roy*.

Canoes are the larger category under which kayaks fall: while all kayaks are canoes, not all canoes are kayaks. Paddlers in kayaks sit with their legs stretched out in front of them and canoeists generally paddle from a kneeling position. Most canoes are open hulled; while kayaks have covered decks. Canoe paddles are typically single bladed, while kayak paddles are double ended.

Some might say these differences occur because of the type of water available, but a look at the evolution of British canoeing culture during the past one hundred and twenty years would suggest that the major changes are due to those who have written and taught, coupled with the availability of canoes or kayaks.

The first period from 1865 evolved from the founder of British canoeing, John MacGregor. His book, *A Thousand Miles in the Rob Roy Canoe*, fired the imagination of the Victorians. The '*Rob Roy*' was a stable kayak, went in a straight line and had a large cockpit. Made of wood, it was easy to handle and a boat in which any beginner would have felt safe. In this period, wooden canoes were imported and were used for family outings and touring, the limitation to the growth was the cost of the wooden craft.

The second period from the 1930s to the 1950s is identified with the wooden frame and canvas kayaks and the start of the BCU Coaching Scheme. Percy Blandford wrote books and produced a host of designs for the Scout movement, which brought canoeing to a much wider number of people. The low cost, make-it-yourself PBK (Percy Blandford Kayak) designs, were, like the '*Rob Roy*', stable, went in a straight line, and had large cockpits. The BCU Coaching Scheme was started in the 1950s by John Dudderidge. The original proficiency tests were designed around the use of the open cockpit straight-line kayak.

The third period, which had a massive impact on both the expansion and the change in direction of British canoeing culture started around the early 1960s, when in 1962, the BCU appointed its first Director of Coaching, Oliver Cock, giving added drive to what was to become a very powerful teaching scheme. For various reasons, the Coaching Scheme became more and more interested in rough water canoeing. At the same time, glass reinforced plastic became available. Moulds were produced for the home builder and the designs reflected the interest in rough water. Thousands of kayaks were produced with rockered hulls and small cockpits. By 1980, the Coaching Scheme had 3,000 members almost all teaching in the close fitting cockpit kayak. So powerful had that culture become that, if the word 'canoeing' is mentioned to almost anyone in Britain, their immediate image would be that of a young man or woman strapped into a kayak, wearing a crash helmet and wetsuit, performing turns and rolls on rapidly moving rivers. This was a great image for the adventurous teenager but daunting for many others who might wish to paddle. Indeed, a far, far cry from the canoeing of MacGregor.

MacGregor spent part of his youth in Halifax, Nova Scotia, where his father was stationed in the 1830s in a fort. He may have picked up some canoeing experience there.

Reading his books one notices he carried in his canoe a number of religious tracts (in a movement called "Muscular Christianity") written in the local language and was always ready to hand them out. He did not travel on Sundays, but did lecture on his travels and gave much of the profits to charities, especially to boys in the inner cities.

He published accounts of several other canoe cruises, including one to Scandinavia and another to Jordan and Egypt. The appendix to that book gives some construction details for his canoe designs.

His wooden split paddles were presented to Royal Canoe Club in 1959. Subsequently these were used as the trophy at the BCU National Inter-Club Sprint Racing Regatta, being first presented in 1977 to the winning club Fladbury and still fought over annually. A full list of winners can be found on page C8.

NATIONAL SPRINT REGATTAS

Scoring for the MacGregor Paddle Challenge Competition

Under the following system most clubs should have an equal opportunity to achieve a winning score:

1. Each Club will automatically score 1 point for every paddler competing in the Inter Club Regatta.
2. Each Club will score 1 point for each promotion accredited to their paddlers during the previous four Regattas, i.e. September (previous year), April, May, & June, of the same year.
3. The scoring at the Inter Club Regatta will be on the following basis:
Each Club will score its best

12	K1/C1 results in all finals
6	K2/C2 results in all finals
3	K4 results in all finals

Scores will be awarded, provided there are at least three crews participating, on the following basis:
First 20 points, second 19 points, third 18 points and so on.

Penalty points accrued by paddlers during the five scoring regattas will be deducted from their team's score, i.e. September (previous year), April, May, June & July.

4. Notes:
 - a) Composite crews, with members from more than one Club, do not score.
 - b) At least 50% of the crew must be registered in the class in which they are racing.
i.e. 2 paddlers in a K4 or 1 paddler in a K2. Crews may be made up with paddlers from a lower ability group with the following exceptions:
 - i) Men may not paddle in Women's races.
 - ii) Boys may not paddle in Girls' races.
 - iii) Seniors may not paddle in Junior races.
 - c) No one may enter any singles class other than their designated class as shown on the Registration File.

NATIONAL SPRINT REGATTAS

Disciplinary Procedures

Offences Incurring Penalty Points

The Chief Official will be solely responsible for all disciplinary matters of a minor nature, under the operation of a penalty points system. At his / her discretion, he / she may issue one penalty point to each paddler involved in each of the following offences. These offences are considered to be detrimental to the efficient operation of regattas and / or potentially hazardous.

Code	Infringement
• C	Racing in incorrect colours
• N	Racing with incorrect or missing number
• Z	Failure to observe water zoning procedures
• S	Unauthorised substitution for another paddler
• F	Failure to report, having qualified, for semi-finals or finals
• D	Conduct during racing likely to cause injury or damage to equipment
• L	Use of offensive language
• U	Underweight boat (see note 1)
• R	Failure to report for boat weighing immediately (see note 2)
• B	Insufficient buoyancy (see note 3)

Notes

1. Weights must be properly fixed to the boat or seat. Stones in bags or any other temporary system will not be accepted.
2. Boats required for weighing will be notified either shortly before the start of the race or shortly after the finish of the race.
3. Buoyancy will be checked by both systematic and random inspections at launching points. If a boat is found to have insufficient buoyancy, it will be turned back.

Accumulation of Penalty Points and Penalty Fines

1. When a paddler accumulates a total of 4 or more penalty points, he / she is liable for a fine of £10 per point in excess of 3 points.
2. Fines are to be paid at the Regatta Office.
3. A paddler liable for a fine cannot race until the fine has been paid.
4. Penalty points are accumulated over 4 consecutive regattas and are not restricted to a single year. Thus, for example, penalty points incurred in the last regatta of the year will remain active until the start of the 4th regatta of the following year.

Notification

Team leaders may be notified when a penalty point has been issued to a paddler from his / her team. A record of all the active penalty points is listed at the end of the results for each regatta.

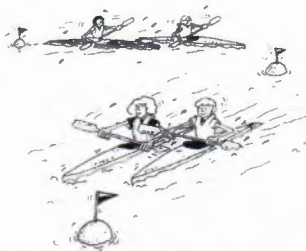
Disciplinary Matters of a More Serious Nature.

In respect to all other disciplinary matters the Chief Official, Competition Committee and the Competition Jury must act as described in the Sprint Racing Rules which include penalties in accordance with B.C.U. Rules or the Sprint Racing Section Disciplinary Regulations.

N.B. A reported incidence of dissent / abuse towards a Regatta Official, another competitor or their equipment, or a spectator must be treated as conduct prejudicial to the interests of the sport and dealt with under the Section Disciplinary Regulations.

MINI SPRINT SERIES 2011

The Mini Sprint Series are run alongside the National Sprint Regattas held at Holme Pierrepoint in Nottingham during May, June, July and September.



The Mini Sprint series has been specifically developed to suit the needs of young people who have chosen this discipline at this time. It is part of the Paddlesport foundation which helps them progress into whichever discipline they may eventually choose. The programme has taken into account that full sized K1s, K2s and K4s are too large for young people. Canoe England's Paddlesport Participation Programme and the BCU Sprint Racing Committee have together formed the Mini Sprint Series which has evolved from the Lightning series which was originally only a K1 event.

The aim of the series is:

- To introduce young paddlers to the venue.
- To develop experience of sprint competition at a national event.
- To develop teamwork.
- To have the opportunity to develop paddling skills / speed through organised activities.
- To become motivated to progress through the main classes.
- To meet and make friends with paddlers from other clubs.
- **To enjoy, have fun and become confident sprint paddlers.**

The series has been developed over the years as a weekend event involving coaching activities and racing.

The paddlers will compete over 500 metres in Lightning K1, Mini K2 and Rocket K4 with heats and finals being entered by your clubs team leader, run and timed on the main regatta course. Any changes to your entry must be made at the main Team Leaders' meeting.

The cost is now per seat, exactly as other junior paddling categories.

Please ensure you enter your paddlers in the correct category which is based on time not age.

Coaching will be offered and differentiated so that all paddlers will be able to enjoy and benefit from the activities.

Only Lightning Kayaks are to be paddled in the K1 events.

Clubs who own Hody K2s should bring them to ensure everyone can paddle in the correct category

MINI SPRINT CUP

Points will be awarded for each event culminating in the final event where double points will be awarded.

7th / 8th May

Regatta Nottingham

4th / 5th June

Regatta Nottingham

2nd / 3rd July

Inter Club Regatta Nottingham

10th / 11th Sept

Mini Sprint Cup Finals

– Open & National Championship Regatta Nottingham

MINI SPRINT SERIES 2011

MINI SPRINT CUP RULES 2011: Points are accumulated at each nominated event leading to a final at the September Regatta. The Mini Sprint Cup includes overall prizes for both male and females in each category and overall club prize. Details are as follows:

Entry Conditions

To enter the Mini Sprint Series the young people must be over 9 and under 12 on 1st January 2011 (Year of birth 2001 – 1999), have achieved at least Paddle Power Discover standard and must be able to paddle a K1 Lightning over 500m in less than 4 minutes.

Categories

A – For those who can complete 500m in less than 3m 30secs

B – For those who complete 500m between 3m 30secs and 4m

Entries

All entry fees are per seat and will be taken with the main regatta entries – see Team Leader's section.

Events

May, June and July, with the Finals at the September Regatta 2011

Points scoring:

All National winners (individual) are awarded on the same system 2 best regatta scores added to their Inter Clubs score.

Points scored will count towards the team & individual event.

National Regattas (May, June, September): in K1, K2 and K4.

1st place scores 10 points, 2nd place scores 9 points etc. down to 10th place where everyone after that scores 1 point, the total number of points scored across K1, K2 and K4 will be added together to determine the results at each regatta. For the K2 / K4 races the same points scoring system will be used i.e. the winning crew will receive 10 points each.

Inter Clubs Regatta (July): in K1, K2 and K4

1st place scores 20 points, 2nd place scores 19 points etc. down to 20th place where everyone after that scores 1 point, the total number of points scored across K1, K2 and K4 will be added together to determine the results. For the K2 / K4 races the same points scoring system will be used i.e. the winning crew will receive 20 points each.

Team event:

The points scoring system is based on each club's best 2 regatta results scores added to their Mini Sprint Inter Clubs points score.

Promotions:

Promotion from Mini Sprint Category B to A will be based on K1 500m times.

Promotion into Boys D and Girls D is based on normal regatta entry guidelines and discussion with the club coach. See Standards chart on page D1.

Prizes:

Tiddly Winks will be awarded for 1st, 2nd & 3rd places in K1 final 1 of each category and for the three fastest K2 / K4 crews in each category within the Mini Sprint series.

Medals will be awarded to the overall series winners 1st, 2nd, 3rd and the Mini Sprint Cup will be awarded to the overall series Club / Team.

All participants will be awarded a Certificate at prize giving.

PARACANOE AND PADDLE-ABILITY

The BCU are keen to encourage and support anyone with a disability to participate in competitions.

Paddle-Ability events are held at National Regattas in Nottingham from April to September. Racing is based on ability (in time bands). Entries should be submitted with other club entries via the Club Team Leader; however payment will be taken on the day at the Paddle-Ability Hut (the Regatta Marshall's cabin at the bottom of the course). In order to ensure your place in a race, competitors need to have registered and paid at the Paddle ability hut by 10.30 on the Saturday morning. If competitors are unable to attend their team leader has to notify Viv Kendrick no later than 9 a.m. on Saturday morning.

Face fees will be £5 per event for individual events and £10 per boat for K2 Events.

A full list of rules, regulations and time bands can be found on the Paddle-Ability Pages of the Canoe England website.

Entrants can have escort boats to provide support on the way to the starting posts; limited support is allowed during the race.

Escort paddlers will be expected to wear yellow escort bibs; these can be obtained from the Paddle-Ability Cabin. If you would like to become an escort paddler or require further information this can be found on the Canoe England Website.

The current Paddle-Ability events are available

- K1: 200m, 500m
- K2: 200m, 500m
- V1: 200m, 500m

Time bands for these events are available on the Canoe England website.

Every year at the September National Regatta at Holme Pierrepont National Paddle-Ability Trophies are awarded. Details of these can be seen in the table below:

National Paddle-Ability Trophies 2010			
Men		Women	
Junior	Senior	Junior	Senior
Junior Men's A Cameron Bentley	Men's A/B James Oldham	Junior Women's A/C Catherine Robinson	Women's A/B Maggie Taylor
Junior Men's B Karl Hassell	Men's C Jonathon Broome		Women's C/D Heather Osmond
Junior Men's C/D Robert Phibben	Men's D/E James Savoury		
	Men's F/H Carl Wilson		
Most Improved Junior Men Cameron Bentley	Most Improved Senior Men James Savoury	Most Improved Junior Women Catherine Robinson	Most Improved Senior Women Katie Smith
Men's Endeavour Award Dougie Downing		Women's Endeavour Award Tara Chettle	

PARACANOE AND PADDLE-ABILITY

GB Paracanoe Team

Selection to represent GB at International Paracanoe events will be based on the ICF disability classifications and classes. The current classes raced internationally are 200metres men K1, women K1, men V1 and women V1. The ICF classifications for disability are Leg Trunk Arms (LTA), Trunk Arms (TA) and Arms (A). Athletes, who wish to be considered for selection must meet the GB Canoeing eligibility selection criteria, be willing to be assessed and able to use the boats which meet the ICF regulations. Selection will be based on results from the 2011 national regatta series and will take into consideration any health issues. Further details of the selection procedures for 2011 will be available at the April regatta and from the BCU website.

Paracanoe Classifications

LTA & A 'LTA' - Legs, Trunk, Arms: Paddlers who have the use of their legs, trunk and arms. Eligible paddlers may typically be: amputee, neurological impairment equivalent to lesion at S, cerebral palsy class 8 (CPISRA)

'TA' - Trunk, Arms: Paddlers who have some trunk movement but are not able to propel the boat through hip rotation due to significantly weakened function of the lower limbs. Eligible paddlers may typically have a minimum disability equivalent to at least one of the following: bilateral around knee amputation, or significantly impaired quadriceps, or, neurological impairment equivalent to a complete lesion at L3 level, or an incomplete lesion at L1, or, combination of the above such as one leg with around knee amputation and one leg with significant quadriceps impairment; or, classification by CPISRA as eligible to be in class 5.

'A' - Arms only: Paddlers who have no or minimal trunk function (Shoulder function only). The paddler is able to apply force predominantly using the arms and/or shoulders. Eligible paddlers may typically have a disability equivalent to at least one of the following: cerebral palsy class 4 (CPISRA); or, neurological Impairment with a complete lesion at T12 level, or an incomplete lesion at T10.

HOLME PIERREPONT COURSE RECORDS

OPEN

Distance	Crew	Country	Time	Date
Men				
K1 500m	Ian Wynne	GBR	1.39.73	09.05.04
K2 500m	Cox / McKeever	GBR	1.31.63	07.05.06
K4 500m	Felix/Bishop/Marg/Meuller	DDR	1.25.54	20.06.82
C1 500m	A.Volkov	URS	1.52.36	19.06.83
C2 500m	Sarus/Hajdu	HUN	1.43.01	19.06.83
C4 500m	Cestra/Moguzzi/Caldon/Chiarentin	ITA	1.45.54	07.07.91
K1 1000m	T.Brabants	GBR	3.32.82	13.05.00
K2 1000m	Wycherley/Farrell	GBR	3.16.63	14.04.07
K4 1000m	Farrell/Hastings/Wycherley/Daniels	GBR	2.59.33	10/05/09
C1 1000m	S.Antipov	URS	4.01.28	10.07.77
C2 1000m	Train/Train	GBR	3.37.24	01.01.81
C4 1000m	Hoffman/Tackas/Jakab/Salanki	HUN	3.38.95	08.08.89
Women				
K1 500m	T.Davey	GBR	1.55.11	16.05.99
K2 500m	Rachel Cawthorn / Hayleigh Mason	GBR	1.44.79	09.05.10
K4 500m	Walker / Sawers / Cawthorn / Belcher	GBR	1.36.35	09.05.10

HOLME PIERREPONT COURSE RECORDS

Domestic

Distance	Crew	Club	Time	Date
Men				
K1 200m	Ed McKeever	BOA	36.08	10.04.10
K2 200m	Liam Heath / Jon Schofield	ORS	32.69	10.04.10
K4 200m	Clark / Vansomeran / Wynne / Roeser	ORS	32.20	16.05.98
K1 500m	Ian Wynne	ROY	1.39.73	09.05.04
K2 500m	Cox / McKeever	ORS	1.31.63	07.05.06
K4 500m	Clark / Vansomeran / Wynne / Roeser	ORS	1.26.58	17.05.98
K1 1000m	Tim Brabants	ELM	3.32.82	13.05.00
K2 1000m	Wycherley / Farrell	ORS	3.16.63	14.04.07
K4 1000m	Farrell / Hastings / Wycherley / Daniels	ORS	2.59.33	10/05/09
C1 200m	Richard Jeffries	NOT	42.29	06.06.10
C2 200m	Train / Crowther	ORS	40.96	06.06.98
C4 200m	Train / Crowther / Yurkwich / Lane	ORS	37.27	16.05.98
C1 500m	Eric Jamieson	WEY	1.56.13	17.06.92
C2 500m	Train / Train	FLA	1.50.37	14.06.87
C4 500m	Lawrence/Train/Weckowski/Sikorski	LBZ/FLA	1.46.66	15.04.07
C1 1000m	Eric Jamieson	WEY	4.01.54	16.07.92
C2 1000m	Train / Train	FLA	3.37.24	01.07.94
C4 1000m	Jamieson / Williams / Train / Train	GBR	3.44.80	08.07.89
Women				
K1 200m	Anna Hemmings	ELM	41.31	12.05.01
K2 200m	Train / Train	ORS	38.27	13.05.00
K4 200m	Dallaway / Dresser / Thorogood / Train	ORS	36.62	02.07.95
K1 500m	Tricia Davey	RIC	1.55.11	16.05.99
K2 500m	Rachel Cawthorn / Hayleigh Mason	ORS	1.44.79	09.05.10
K4 500m	Walker / Sawers / Cawthorn / Belcher	ORS	1.36.35	09.05.10
K1 1000m	Rachel Cawthorn	WEY	3.56.54	10.05.10
K2 1000m	Louisa Sawers / Abigail Coulson	ORS	3.47.75	22.07.06

SPRINT RACING PERPETUAL TROPHIES

The following Trophies are awarded annually by the Racing Committee:

Unwin Bowl					
To the winner of the Senior A Men's K1 10,000 m at the National Championship Event					
1981	Richard Lewis	GAI	1991	Ivan Lawler	ELM
1982	Alan Williams	ROY	1992	Ivan Lawler	ELM
1983	Alan Williams	ROY	1993	Grayson Bourne	ELM
1984	Alan Williams	ROY	1994	Grayson Bourne	ELM
1985	No event		1995	Grayson Bourne	ELM
1986	Jeremy West	ROY	1996	Ivan Lawler	ELM
1987	Grayson Bourne	ROY	1997	No event	
1988	Grayson Bourne	ROY	1998	James Block	NOT
1989	Grayson Bourne	ROY	1999	Greg Slater	LIC
1990	Graham Burns	ELM	2000	No event	

Unwin Bowl					
Reassigned – Winner Men's A K1 500m at National Championship Event					
2001	Timothy Brabants	ELM	2006	Edward McKeever	BOA
2002	Timothy Brabants	ELM	2007	Edward McKeever	BOA
2003	Richard Darby Dowman	ELM	2008	Tim Brabants	NOT
2004	Edward McKeever	BOA	2009	Ben Brown	ELM
2005	Ian Wynne	ROY	2010	Keith Moule	CLM

Farnham Cup					
To the winner of the Senior A Men's K1 1000m at the National Championship Event					
1981	Neil Robson	FLA	1996	Ivan Lawler	ELM
1982	Kevin Smith	WAR	1997	Ross Sabberton	NOR
1983	Kevin Smith	WAR	1998	Timothy Brabants	ELM
1984	Grayson Bourne	ROY	1999	Matthew Foulger	NOT
1985	Kevin Smith	WAR	2000	Richard Darby Dowman	ELM
1986	Grayson Bourne	ROY	2001	Timothy Brabants	ELM
1987	Grayson Bourne	ROY	2002	Timothy Brabants	ELM
1988	Ivan Lawler	ELM	2003	Richard Darby Dowman	ELM
1989	Grayson Bourne	ELM	2004	Timothy Brabants	NOT
1990	Grayson Bourne	ELM	2005	Peter Almasi	ELM
1991	Grayson Bourne	ELM	2006	Ben Farrell	ELM
1992	Patrick Holmes	RIC	2007	No event	
1993	Graham Burns	ELM	2008	Ben Farrell	ELM
1994	Grayson Bourne	ELM	2009	Jonathon Boyton	ROY
1995	David Smith	ELM	2010	Tim Pendle	NOR

SPRINT RACING PERPETUAL TROPHIES

Sidney Rowe Cup

To the winner of the Senior A C1 1000 m at the National Championship Event

1979	W Reichenstein	IRV	1993	Andrew Train	FLA
1980	W Reichenstein	IRV	1994	Stephen Train	FLA
1981	Stephen Train	FLA	1995	Eric Jamieson	WEY
1982	Marcus Gohar	RIC	1996	Derek Hall	RDG
1983	Marcus Gohar	RIC	1997	Stephen Train	FLA
1984	Andrew Train	FLA	1998	Stephen Train	FLA
1985	Andrew Train	FLA	1999	Stephen Train	FLA
1986	Andrew Train	FLA	2000	Stephen Train	FLA
1987	No event		2001	Anthony Crowther	FLA
1988	No event		2002	No event	
1989	Andrew Train	FLA	2003	No event	
1990	No event		2004	No event	
1991	Andrew Train	FLA	2005	James Train	FLA
1992	Stephen Train	FLA	2006	Matthew Lawrence	LBZ
			2007/10	No event	

Doug Saxby Trophy

To the winner of the Senior A C1 500 m at the National Championship Event

1999	Stephen Train	FLA	2004	No event	
2000	Stephen Train	FLA	2005	Matthew Lawrence	LBZ
2001	Karl Yurkwich	RLS	2006	Matthew Lawrence	LBZ
2002	Matthew Lawrence	LBZ	2007	Matthew Lawrence	LBZ
2003	No event		2008/10	No event	

Adjutants Cup

To the winner of the Under 18 C1 500m at the National Championship Event

1981	Andrew Train	FLA	1992	Thomas Love	RLS
1982	Michael Train	FLA	1993	Jonathon Love	RLS
1983	Warren Ashman	FLA	1994	Karl Yurkwich	RLS
1984	Miles Broadbent	FLA	1995	Karl Yurkwich	RLS
1985	Jonathan Summers	EXE	1996	Jonathon Love	RLS
1986	Paul Parker	WYR	1997	Toby Shipway	LBZ
1987	Mark Parsloe	FLA	1998	Matthew Lawrence	LBZ
1988	Mark Parsloe	FLA	1999	Toby Shipway	LBZ
1989	Alex Martin	FLA	2000	Matthew Lawrence	LBZ
1990	Alex Martin	FLA	2001	Lee Watson	RLS
1991	Thomas Love	RLS			

Adjutants Cup

Reassigned – Junior Paddler with best C1 performance at National Championship Event

2002	James Train	FLA	2006	James Styan	FLA
2003	Simon Avery	FLA	2007	Iain Weir	BAN
2004	James Train	FLA	2008	Iain Weir	BAN
2005	Gareth Hunt	FLA	2009	Iain Weir	BAN
			2010	Adam Stannard	RLS

SPRINT RACING PERPETUAL TROPHIES

Femina Trophy

To the most meritorious performance by a lady Senior A at the National Championship Regatta

1981	Sue Hornby	WES	1992	Alison Thorogood	NEW
1982	Lesley Smither	LEA	1993	Andrea Dallaway	ELM
1983	Lesley Smither	LEA	1994	Hilary Dresser	RIC
1984	Debbie Watson	LBZ	1995	Becky Train	FLA
1985	Susie Perrett	RPL	1996	Alison Thorogood	NEW
1986	Susie Perrett	RPL	1997	Tricia Davey	RIC
1987	Angela Dawson	ADL	1998	Becky Train	FLA
1988	Susie Perrett	RPL	1999	Alison Thorogood	LEA
1989	Sandra Troop	NOT	2000	Abigail Cattle	RDG
1990	Hilary Dresser	ROY	2001	Rebecca Hunter	ROY
1991	Andrea Dallaway	ELM	2002/9	No event	
			2010	Victoria Towers	NOT

Bruce Lucas Trophy

To the winner of the Women's A K1 6000m at the National Championship Event

1984	Anne Plant	LIC	1992	Alison Thorogood	NEW
1985	Anne Plant	LIC	1993	Andrea Dallaway	ELM
1986	Susie Perrett	RPL	1994	Andrea Dallaway	ELM
1987	Susie Perrett	RPL	1995	Alison Thorogood	NEW
1988	Susie Perrett	RPL	1996	Anna Hemmings	ELM
1989	Susie Perrett	RPL	1997-		
1990	Hilary Dresser	ROY	2000	No event	
1991	Andrea Dallaway	ELM	2001	Anna Hemmings	ELM

Bruce Lucas Trophy

Reassigned – Winner of Women's A K1 500m at the National Championship Event

2002	Beth Campbell	NOT	2006	Abigail Coulson	RDG
2003	No event		2007	Abigail Coulson	RDG
2004	No event		2008	Louisa Sawers	ELM
2005	Abigail Coulson	RDG	2009/10	No event	

Lee & Joan Davies Memorial Trophy

For the best Women's B performance at the National Championship Regatta

1998	Kerry Watts	NOR	2004	Joanne Bates	ELM
1999	Laura Blair	LEA	2005	Anna Hemmings	ELM
2000	Elizabeth Homes	CHE	2006	Hayleigh Mason	NOT
2001	Jackie Eastwood	RIC	2007	Hayleigh Mason	NOT
2002	Beth Campbell	NOT	2008	Claire Spencer	HER
2003	Beth Campbell	NOT	2009	No event	
			2010	Hannah Brown	BOA

SPRINT RACING PERPETUAL TROPHIES

The Dennis Smith Trophy

To the winner of the Girls A K1 500m at the National Championship Event

1990	Tricia Davey	RIC	2000	Jenny Spencer	HER
1991	Helen Gilby	ELM	2001	Rosalind Bates	ELM
1992	Sue Bennett	FLA	2002	Zara Dale	ELM
1993	Emily Ormerod	RIC	2003	Shuna Braithwaite	SDS
1994	Lucy Hardy	FLA	2004	Tara Nutt	ELM
1995	Rachel Train	FLA	2005	Louisa Sawers	ELM
1996	Sarah Griffith	FLA	2006	Claire Spencer	HER
1997	Jenny Lumb	LBZ	2007	Jessica Walker	ROY
1998	Elaine Appleby	LBZ	2008	Maria Middlehurst	ADS
1999	Abigail Cattle	RDG	2009	Jenny Swallow	CHE
			2010	Katherine Trotter	ELM

Rhodes Trophy

To the winner of the Under 18 K1 500m at the National Championship Event

1981	Nicholas Gregory	WAR	1996	Phillip Murphy	GAI
1982	Michael Smith	SHE	1997	Damian Chapman	NOT
1983	Toby Mundy	TON	1998	Craig Watt	ELM
1984	Steven Adams	ROY	1999	Owen Peake	BOA
1985	Mark Adams	ARM	2000	Andrew Kelly	ELM
1986	James Butler	NOT	2001	Simon Fennemore	WEY
1987	Ian Livesey	EXE	2002	Liam Heath	WEY
1988	Chris Dorrell	TON	2003	Edward Cox	WEY
1989	Simon Ricketts	ANK	2004	Ben Brown	ELM
1990	Paul Slater	LIC	2005	Matthew Guy	LBZ
1991	Paul Slater	LIC	2006	Robert Beer	ELM
1992	Paul Slater	LIC	2007	Tom Hide	ADS
1993	Stephen Tingay	LBZ	2008	Tom Simmons	BOA
1994	Andrew Morgan	FLA	2009	Tom Simmons	BOA
1995	Daniel Greaves	LEA	2010	Mark Clive	GAI

Jones Cup

To the Junior Racing Canoeist of the Year, as voted by the members of the Junior Olympic Racing Squad

1981	Nicholas Gregory	WAR	1996	Daniel Golder	BAN
1982	David Battershell	WEY	1997	Abigail Cattle	RDG
1983	Gregory Slater	LIC	1998	Richard Darby Dowman	ELM
1984	Susie Perrett	RLP	1999	Richard Darby Dowman	ELM
1985	Gary Quittenton	LIN	2000	Richard Darby Dowman	ELM
1986	Andrea Dallaway	LIC	2001	Jenny Spencer	HER
1987	Paul Enoch	NOT	2002	Liam Heath	WEY
1988	Jason Wilson	ANK	2003	Edward Cox	WEY
1989	Simon Ricketts	ANK	2004	Paul Wycherley	WEY
1990	Tony Richardson	ROY	2005	Allen Spencer	HER
1991	Tricia Davey	RIC	2006	Rachel Cawthorn	WEY
1992	Anthony Crowther	FLA	2007	Tom Hide	ADS
1993	Stuart Crowther	FLA	2008	Jessica Walker	ROY
1994	Timothy Brabants	ELM	2009	Dean Terry	WEY
1995	Paul Darby Dowman	ELM	2010	Marton Simon	ELM

SPRINT RACING PERPETUAL TROPHIES

Dexter Trophy					
For the best Senior B performance at the National Championship Regatta					
1981	Richard Lucas	GAI	1996	Gary Shaw	ELM
1982	Russell Jones	FLA	1997	Paul Enoch	NOT
1983	Roland Lucas	RIC	1998	Malcolm Starkey	FOX
1984	Peter Evans	LIN	1999	David Coulson	RDG
1985	Paul Gadd	RIC	2000	David Duff	RAF
1986	Trevor Melham	ROY	2001	Stuart West	WOR
1987	Peter Maycock	EXE	2002	Stuart West	WOR
1988	Simon Horsley	NBY	2003	Mark Hoile	ROY
1989	Gavin Turrell	RIC	2004	Paul Prestwood	GAI
1990	Brian Saunt	ADL	2005	Jonathon Schofield	SOR
1991	Roger Masters	ROY	2006	Jonathan Simmons	WEY
1992	Chris Dorrell	TON	2007	Joe Surrage	BSF
1993	Ed Shaw	ROY	2008	Brett Irvine	RIC
1994	Paul Evans	HER	2009	Pip Ede	RDG
1995	Matthew Enoch	NOT	2010	Ben Bradshaw	NOR

The James Cup					
To the winning crew of the Under 18 K4 6000m at the National Championship Event					
1981	Evans/Brevitt	LIN/LIC	1987	Barnett/Unsted	ELM/GAI
	Slater/Morley	STA		Farnham/Taylor	
1983	Piercey/McLachlan	RLP/RLS	1988	Lodge/Hutton	EXE/ANK
	Rainsford/Bradley			Richardson/Wynne	ROY/TON
1984	Adams/Bibby	ROY/MER	1990	Slater/Bradbury	LIC
	Burns/Miller	ELM		Yates/Ilson	ADL/WOR
1985	Crawford/Adams	GAI/ARM	1991	Richardson/Wynne	ROY/TON
	Rust/Topham	LBZ/WAR		Slater/Jenson	LIC/RIC
1986	Gibbins/Livsey	EXE/RLP	1992	Jenson/Slater	ORS
	Boxshall/Elliott			Sargeant/Smith	

The James Cup					
Reassigned – Winning crew of the Veteran K4 at the National Championship Event					
2001	Davies/Hawthorn	WOR	2006	Illidge/Marnell	RUN/CHE
	Parker/Grandy			Brookes/Swallow	
2002	Davies/Hawthorn	WOR		Littlewood/Mason	NOT
	Parker/Saunders		2007	Nadal/Bagshaw	
2003	Grimwood/Oliver	LIN/RUN	2008	Kent/Nicholson/	SOU
	Oliver/Brookes			Willis/Rance	
2004	Adams/Martin/	BSF	2009	Phillips/Bird/	WOR
	England/Hall			West/Trickett	
2005	Adams/Martin	BSF	2010	Escott/Lewis/	BOA
	Terry/Jordan	LBZ/MAI		Darling/Missen	

SPRINT RACING PERPETUAL TROPHIES

The Boulogne Cup

To the winning crew of the Women's A K4 500m at the National Championship Event

1981	Perrett/Hornby	RLP/WES	1991	Dallaway/Davey	ORS
	Perrett/Crawley	NEW		Troop/Thorogood	
1982	Perrett/Smither	RLP/LEA	1992	Dallaway/Davey	ORS
	Craske/Crawley	FLA/NEW		Thorogood/Troop	
1983	Smither/Parker	LEA/NOT	1993	Dresser/Gilby	ORS
	Craske/Crawley	FLA/NEW		Dallaway/Bennett	
1984	Smither/Lawler	LEA/ELM	1994	Thorogood/Green	ORS
	Perrett/Watson	LIC		Hemmings/Gilby	
1985	Plant/Clough	RLP/LIN	1995	Hardy/Cheyne	ORS
	Perrett/Troop			Train/McGee	
1986	Lawler/Perrett	ELM/RLP	1996	Gilby/Hemmings	ELM/WEY
	Crawley/Plant			Hynds/Burns	
1987	Thorogood/Lawler	NEW/ELM	1997	Cattle/Jones	ORS
	Dawson/Eastwood	ROY/ELM		Bale/Hannon	
1988	No event		1998	Davey/Train	RIC/FLA
1989	No event			Gilby/Thorogood	ELM/LEA
1990	Dresser/Dallaway	ELM	1999	Train/Campbell	ORS
	Lawler/Barry			Bapty/Thorogood	
			2007	Braithwaite/Hawkey	ORS
				Sawers/Cawthorn	
			2008/10	No event	

MacGregor Paddle

For the winning club at the Inter-Club Championship Regatta

1977	Fladbury Paddle Club	1994	Fladbury Paddle Club
1978	Fladbury Paddle Club	1995	Wey Kayak Club
1979	Fladbury Paddle Club	1996	Wey Kayak Club
1980	Fladbury Paddle Club	1997	Elmbridge Canoe Club
1981	Fladbury Paddle Club	1998	Elmbridge & Wey – Joint Winners
1982	Fladbury Paddle Club		
1983	Richmond Canoe Club	1999	Richmond Canoe Club
1984	Richmond Canoe Club	2000	Elmbridge Canoe Club
1985	Fladbury & Lincoln – Joint Winners	2001	Elmbridge Canoe Club
1986	Fladbury Paddle Club	2002	Elmbridge Canoe Club
1987	Richmond Canoe Club	2003	Elmbridge Canoe Club
1988	Lincoln Canoe Club	2004	Leighton Buzzard C.C.
1989	Richmond Canoe Club	2005	Elmbridge Canoe Club
1990	Richmond Canoe Club	2006	Wey Kayak Club
1991	Elmbridge Canoe Club	2007	Leighton Buzzard Canoe Club
1992	Fladbury Paddle Club	2008	Wey Kayak Club
1993	Richmond Canoe Club	2009	Wey Kayak Club
		2010	Reading Canoe Club



ATHLETES ON PROGRAMMES

The following athletes are included on the GB Canoeing Programmes at 1 January 2011

OLYMPIC PODIUM PROGRAMME	UK SPORT OLYMPIC DEVELOPMENT PROGRAMME	CANOE ENGLAND OLYMPIC DEVELOPMENT PROGRAMME
Tim Brabants Rachel Cawthorn Liam Heath Ed McKeever Jon Schofield Abigail Edmonds Hayleigh Mason Louisa Sawers Jon Boyton Andy Daniels Ben Farrell Stuart Hastings Ed Rutherford Jess Walker Paul Wycherley	Lani Belcher Coral Burkhill Ed Cox Angela Hannah Jenna Hawkey Tom Hide Paddy Hogben Richard Jeffries Kristian Reeves Mario Santos-Costa Tom Simmons Matt Sollars James Styan Vikki Towers Matt Welch Kirsty Woolford	Phoebe Ayres Ben Brown Hannah Brown Mark Childerstone Ben Haynes Matt Lawrence Tim Pendle Dean Terry James Train Ian Weir

ATHLETE STREAMING

In line with published policies, GB Canoeing has also streamed athletes into 2012 and 2016/20 streams. This process does not rule 2016/2020 streamed athletes out of 2012, it just identifies those most likely to be included in the 2012 team based upon current performance profiles

2012 Athlete Stream

Men 1000m	Women	Men 200m
Tim Brabants Ben Farrell Paul Wycherley Stuart Hastings Andy Daniels Jon Boyton Ed Rutherford Tom Hide	Rachel Cawthorn Abi Edmonds Hayleigh Mason Louise Sawers Jess Walker Jenna Hawkey Angela Hannah Lani Belcher	Ed McKeever Liam Heath Jon Schofield Ed Cox Kristian Reeves



STAFFING (as at 1 January 2011)

John Anderson is the GB Canoeing Performance Director and has full responsibility for the GB Canoeing, Lottery funded programmes. John can be contacted at The National Water Sports Centre (0115 982 2094)

Position		Name	Based at	Tel. No.
COACHING				
National Performance Coach		Brendan Purcell	Bisham/Nottingham	01628 486619 0115 982 2094
Senior Men's 2012 Kayak Squad	Technical Coach 1000m	Ian Wynne	Bisham	01628 486619
	Technical Coach 200m	Alex Nikonorov	Bisham	01628 486619
	Technical Coach T. Brabants	Eric Farrell	West Thames	
Senior Women's 2012 Squad	Technical Coach	Miklos Simon	Bisham	01628 486619
	Technical Coach	Trevor Hunter	Bisham	01629 486619
Senior Men's Canoe Squad	Technical Coach	Steve Train	Nottingham	0115 982 2094
Developing Senior & Elite Junior Athletes 2016/2020	Technical Coach	Steve Harris	Bisham	01629 486619
	Technical Coach	Paul Darby-Dowman	Bisham	01629 486619
	Technical Coach	Trevor Hunter	Bisham	01629 486619
National Junior Coach		Mark Hoile	Bisham	01629 486619
MANAGEMENT & ADMINISTRATION				
National Performance Planning & Logistics Manager		Alan Williams	West Thames	0208 398 3818

Canoe England club coaches (working within sprint racing)

Russ Jones	National Development Coach
Kevin Bowerbank	Wessex region
Nick Fowler	Worcester
Marcus Gohar	Richmond
Bill Lawrenson	Burton
Brendan Stead	Royal



Athlete Inclusion Criteria : OLYMPIC PODIUM PROGRAMME - 2011

Subsistence Level	Standard	Qualification Criteria	Comments
A	Medallist Top 3	Canoe Slalom and Sprint Racing World Championships	Olympic Events only Continuity of support guarantee for 2 years
B	Top 8 Placing	Canoe Slalom and Sprint Racing World Championships	Olympic Events only
C	Top 18 Placing	Canoe Slalom and Sprint Racing World Championships	Olympic Events only
	Top 10 Placing	Canoe Slalom and Sprint Racing Senior European Championships	Olympic Events only
	Medallist Top 3	Canoe Slalom and Sprint Racing U23 European Championships	Olympic Events only

- 1 This Matrix will be used to identify athletes who 'may be considered for inclusion' on the UK Sport Olympic Podium Programme.
- 2 To be considered for inclusion on the OPP athletes must as a minimum achieve the above performance criteria. However, although these criteria should be seen as a pre-requisite for inclusion on the OPP, it does not necessarily guarantee inclusion. Numbers on the Podium programme are limited to 22 places across Slalom and Sprint.
- 3 Special circumstances may be considered in terms of athletes who had been included the previous year, based on results, but were unable to compete (eg.injury).
- 4 The reason for inclusion of an athlete on the OPP is that the athlete is deemed to have a strong and realistic chance of winning medals at Olympic and/or World Championships over the next four years.
- 5 Athletes considered for inclusion on the OPP, using these criteria, will then be profiled using the BCU Performance ranking system and a final decision will be taken on their inclusion, at the discretion of the Performance Director, up to a quota agreed by UK Sport.
- 6 An athlete achieving a top 3 medal position at the Senior European Championships in Slalom or Sprint may be considered for Band A subsistence support.
- 7 It is expected that athletes included on the Podium Programme will have achieved the Performance criteria to move up from Band C to Band B within a 4 year period.

Athlete inclusion Criteria : OLYMPIC DEVELOPMENT PROGRAMME - 2011

Work on this matrix is still continuing. It will be published by 1 March 2011 on the GB Canoeing web site www.gbcanoeing.org.uk

Alternatively, you can contact any of the coaches or the office in Bisham/Nottingham if you wish to receive a personal copy.

SPRINT RACING SELECTION POLICY

International Panel

1. General Notes on Selection

As an outdoor sport that can be affected by weather conditions and lane draws the selection policy recognises that a first past the post system will not always be fair or appropriate when selecting teams for international competitions. An assessment process will be agreed which details how and when the international teams will be assessed and selected and this process will be published in the Racing handbook.

2. International Panel (Selection Committee)

There will be 4 core members of the international Panel and for the 2011 season they are as follows:

- | | |
|--------------------|------------------------------------|
| • John Anderson: | BCU Performance Director. |
| • Roland Lawler: | SRC Committee Appointee |
| • Alan Williams: | BCU Performance Manager (Chairman) |
| • Brendan Purcell: | BCU National Head Coach |

Additional Panel Members:

The panel will also call on National coaches to assist with the selection of teams. These coaches will have voting rights related to the class or age group they work with. The Chairman of SRC may join any panel meeting but does not have a formal vote.

The SRC will be responsible for making recommendations to the BCU Board for the appointment of suitably qualified members to work on the International Panel. They will be selected on the basis of experience and competency and will have first hand experience of the sport at national and international level. The final authority for appointing international panels rests with the BCU Board. The Panel will consult with the Sprint Racing Committee on selection matters, and will be responsible for proposing the selection policy on an annual basis, and for selecting all international teams.

3. Competition Programme

The Senior Management Team (World class Programmes) will prepare training and competition programmes for the coming season. The SRC may add additional events which can be funded from their resources. After consultation within the World Class Management Team and SRC the programme and selection policy will be submitted to the BCU Board for approval. The programme will then be published in the Sprint Racing handbook.

4. Eligibility for Selection:

- Any athlete wishing to be considered for selection must be a full member of the BCU.
- They must complete an availability form and sign the appropriate athletes' Agreement.
- They must comply with BCU and ICF rules on Nationality.
- Athletes who are not GBR passport holders must have been released from their own National Governing body.
- An Athlete is not allowed to race for two Nations in the same year.
- Athletes hoping to be considered for Olympic Qualifying competitions and the Olympic Games must hold a GB Passport and comply with current I.C.F and N.O.C rules
- Availability forms are available from the BCU Performance Office.

SPRINT RACING SELECTION POLICY

5. Teams for International Competitions.

Teams for all major international events, World Cups, World and European Championships must comply with the rules of the International Canoe Federation and the European Canoe Association. Entry to these events is restricted to National Governing bodies affiliated to the ICF and the ECA. Restrictions apply to the number of entries each country may place.

All international teams are selected subject to available finance.

Assessment will be based on individual or crew performance within a percentage of the Medal times at *World Championships* (M.T)

The International Panel will give recognition for previous medal winning athletes. For more detail please check guidelines for international team selection,

For the 2011 major internationals the primary selection focus will be Olympic events.

Athletes can be considered for selection for non Olympic events again on performance comparison. These selections would again be performance based and dependant on ability and available funding. As the standards in non Olympic events are generally lower the percentage time for consideration may be set correspondingly closer to M.T.

6. Teams for Minor Internationals

The International Panel may nominate a panel to select teams for minor internationals and development events. These teams will be selected by the nominated Panel and will be ratified by the Chairman of the International Panel.

7. World Student Games / Championships

Student competitions come under the auspices of the British Universities & College's Sport. Athletes wishing to be considered for these teams must seek approval from the National Governing body. In the first instance they should notify the BCU International Programme Manager (Andy Goodsell) that they would like to be considered. Entries will be at the discretion of the British University & College Sports. Athletes may make representation to their own College or University for funding.

8. Para-Canoeing

The BCU fully supports the development of this class and subject to available funding will support the selection of a BCU Para-Canoeing Team. This team will be selected after consideration of results and the ICF disability classifications and classes. Athletes who wish to be considered for selection must, in addition to point 4 & 5 above, be willing to be assessed and able to use the boats which meet the ICF regulations.

Entries to any I.C.F international are subject to National Governing body approval. Permission must be sought before any entries can be placed.

9. Funding

All GBR team selections are subject to available finance which means that available funding will influence the size and number of athletes selected for each international. Athletes may be asked to contribute an amount determined and agreed by the Senior Management Team or Sprint Racing Committee. These contributions would only be used to support the cost of sending athletes to the competition or training camps for which they are selected.

SPRINT RACING SELECTION POLICY

10. Selection and De selection:

- The selection process for OG2012 in London will be based on results achieved in 2011 and 2012 competitions. The BCU reserves the right to deselect an athlete who has lost form or is suffering from illness or injury.
- In these circumstances the International Panel may call on the BCU medical officer or another appointee to conduct a fitness trial or test to determine fitness to participate.
- In the case of possible loss of form the head coach will arrange a water based test over race distance against other GBR athletes who are eligible for selection. The test will be appropriate to conditions and the Class.
- Following the fitness test the Head coach will supply the International Panel with the results of the test. The International Panel will then determine whether the athlete will remain in the GBR Team. If the athlete is not fit to compete the Panel may ask the coaches to nominate another athlete as a replacement.
- The BCU also has the right to deselect an athlete who has been found guilty of a disciplinary offence under the BCU Rules. This obviously would include offences concerning doping control regulations.

2011 Mitigating circumstances

Should an athlete or crew of a given standard (criteria listed below) miss the Senior Selection Regatta in April 2011 due to illness or injury (certificated detail of which must be given to the panel prior to the International panel selection meeting) or any other mitigating circumstances (which must be provided to the panel prior to commencement of the race series), the International Panel reserves the right to provide an opportunity for such an athlete (or crew) to compete at the 2011 World Cups.

In such a case, the International Panel may identify a single World Cup Event, (Possibly two World cup events) whereby the identified athlete(s) would compete for a European Championship and possibly World Championship place against athlete(s) that may have won their event at the Selection Regatta in April 2011.

If this situation arises, more detail would be provided following the International Panel meeting immediately after the April Regatta in 2011. The International Panel has the sole discretion to invoke this clause if required.

- The Athlete/Crew must meet at least one of the following criteria for consideration:
- Top 3 at 2010 Senior World Championships
- Top 3 at 2010 Senior European Championships

11. The aims of the Selection Policy are:

1. To select appropriate teams for internationals completions.
2. The panel will also give careful consideration to developing GBR athletes and may restrict the number of events that individuals or crews can compete in if this is considered to be in the best interest of the overall GB Team
3. To employ an open and fair selection process that allows athletes to challenge for selection.
4. To ensure that the selection process does not unduly affect the preparation of established athletes preparing for major competitions.
5. To select developing athletes to represent GB and gain exposure to international events.
6. When forming crew boats the coaches will give consideration to: Compatibility, Availability, Commitment and Individual Performance.
7. The international Panel will take account of improvement through the season. But this does not mean that the winner of the last competition is automatically selected.

SPRINT RACING SELECTION POLICY

12. Appeals:

An athlete may appeal against non selection if the international panel do not adhere to the agreed format and timetable for selecting teams or do not advise an athlete of any changes to the competition programme made by other organisations.

The B.C.U Appeals Policy was approved by the B.C.U Board in 2007. Copies of this policy can be obtained from the B.C.U Performance Office.

There is no appeal process for athletes deselected under rule 10.

Note:

The ICF Sprint Racing calendar is a working document that is subject to change. Changes would be made if the competition programme changes or races conditions render assessment unfair. The International Panel will confirm any changes to the assessment programme as soon as practical.

End of selection Policy

BCU Anti Doping Policy – can be found on the website by following the link below:

<http://www.gbcanoeing.org.uk/gbc/index.cfm/about/anti-doping/>

SPRINT RACING SELECTION POLICY

Supplementary Information Published as a guide to assist Athletes and Coaches:

Olympic Podium and Development Programmes:

Nominations to the Olympic Programmes are performance based and subject to approval by UK Sport. Funding from these programmes can only be used to support athletes who have been nominated and accepted as part of the Olympic Programmes. The criteria for recommending and approving athletes for these Programmes will be published in the Racing Handbook.

Ongoing assessment process:

The GBR team has Medal winning athletes in several different classes who are all within 1% of the 2010 World Championships Gold Medal times. The International Panel will use the best GBR performance to compare results across disciplines. The International Panel will compare different disciplines by adding the Class time difference plus the percentage times shown below.

Based on the best GBR 1000m K1 time all 1000m events can be corrected to predict equivalent international times

	% Medal Time	% for 9 th place	% for 18 th place
MK1 1000	100	103	107
MC1 1000	111	115	121
WK1 1000	114	119	
MK2 1000	93	96	98
MC2 1000	104	109	110
WK2 1000	103	111	
MK4 1000	83	85	89

Based on the best GBR 200m K1 time, all 200m events can be corrected to predict equivalent international times.

	% Medal Time	% for 9 th place	% for 18 th place
MK1 200	100	104	106
MC1 200	113	119	121
WK1 200	116	120	121
WC1 200	143	160	
MK2 200	90	95	96
MC2 200	104	107	
WK2 200	104	110	

Based on the best GBR WK1 500m time, all 500m events can be corrected to predict equivalent international times

	% Medal Time	% for 9 th place	% for 18 th place
WK1 500	100	106	110
MK1 500	89	96	
MC1 500	97	102	
WK2 500	92	95	99
MK2 500	81	84	
MC2 500	91	95	
WC2 500	119		
WK4 500	84	87	91

SPRINT RACING SELECTION POLICY

Note:

- The international Panel will give recognition to Medal winning performance in Olympic events at appropriate international competitions during the 2010 season.
- The Panel will use a percentage of the medal times, shown on the previous page, to judge individual and crew boat performance at National competitions.
- Following the April Regatta the International Panel will select squads from which the GBR coaches will form crews for World Cup competitions.
- The International Panel may use the 2nd entry at World Cup 3 to give development and / or U23 crews senior competition experience.
- Following the World Cup 3 the Coaches will present their nominations for the Senior Europeans to the International Panel.
- Following the Senior European Championships the Coaches will present their nominations for the Senior World Championships.
- In the event of two or more boats having similar results during assessment for World and European Championships the International Panel may nominate an event or place to hold a race off. The option to hold a race off will be at the sole discretion of the International Panel and could be held at a competition or a closed trial.
- In considering the assessment process the International Panel have taken account of the following:
 1. The number of events that can be used in the assessment process.
 2. The need for paddlers to train.
 3. Provision for athletes to challenge for selection without compromising other athlete's preparations.
 4. Pre selections issues and the need for crew boat training
 5. The timing of events within the ICF Calendar.

Qualification and selection for the 2012 Olympic Games:

- Athletes and coaches should note that Qualification for, and selection of, the 2012 Olympic team is spread over two competition seasons (2011 and 2012).
- In 2011 athletes get the opportunity to qualify boats but these places will not be allocated until both rounds of the Olympic Qualification are completed.
- The ICF has yet to confirm the date and venue for the second round of European Qualification but we believe that this will be May or early June 2012.
- Assessment for Olympic places will be based on results at the 2011 World Championships and two events yet to be nominated in April / May 2012.
- 2011 Medal winning boats may compete in either or both of the 2012 assessments.
- World Championships medal winning crews who win either the first or second round 2012 assessments will be given priority for these events.
- Although the 2012 calendar has yet to be finalised the 2012 assessment will be chosen from the April and May NWSC regattas or a World Cup competition.

Notes: For Junior competitions.

- European medallists with a top 3 position will gain automatic selection for the Junior World Championship.
- For the Olympic Hopes competition the U15 & U16 athletes will be assessed throughout the competitive season on their K1 performance. Athletes selected for the Olympic hopes competition must attend the pre competition training camp.

SPRINT RACING SELECTION POLICY

Sprint Racing Senior International Competitions 2011

Assessment - Competition and selection dates for Senior Internationals:

International Competitions	Events that will be used as assessments	Date of Selection Meeting and additional notes:
World Cup 1 Poznan 6 th - 8 th May	2010 International results: Results from April Regatta	17 th April
World Cup 2 Racice 20 th – 22 nd May	2010 International results: Results from April Regatta	17 th April
World Cup 3 Duisburg 3 rd – 5 th June	2010 International results: Results from April & May Regattas Results at W/Cup 1 and 2	23 rd May.
European Championships Belgrade 16 th – 19 th June	2010 International Results Results from April & May regattas Results at 2011 World Cups	6 th June Provisional date
U23 European Champ/s Zagreb 30 th June – 3 rd July	2010 results Results from April, May & June Regattas 2011 International results	6 th June Provisional date
Senior World Championships Szeged 18 th – 21 st Aug	2011 International Results Note: European Medallist gain Automatic selection for senior worlds	Following Senior Europeans Provisionally 8 th July
Pre Olympic Test Event	2011 International Results Priority to Olympic Qualifying boats	22 nd August

- Athletes should be aware that in the process of ongoing assessment the international panel will review results from the competitions listed in column two above. The panel will also assess athletes and crews on their improvement profile throughout the season.
- Olympic qualification and team selection will be based on the results from the 2011 World Championships and two further assessments that will take place in 2012. (Dates to be confirmed)

SPRINT RACING SELECTION POLICY

Sprint Racing Junior International Competitions 2011

Junior Internationals and Assessment events for Junior Teams:

International Competition	Age Groups	Events that will be used as assessments	Date of selection meeting and notes*
Out of season Competitions	All	2010 results and profiling	No formal selection
Boulogne International 14 th – 15 th May	U18	April Regatta.	17 th April
For Junior Elite and Junior development teams part funded by SRC	U16		
Bochum International June	U16	April and June Regattas Results from Boulogne	5 th June
Zagreb Junior European 30 th June 3 rd July	U18	April and June Regattas Results from Boulogne	5 th June
Brandenburg Junior Worlds 4 th – 7 th Aug	U18	2011 Internationals European (Top 3) gain automatic selection.	6 th July
Olympic Hopes Training Camp 24 th – 27 th August	All		Compulsory for all athletes
Olympic Hopes 17-18 Sept	All	April , June and July Regattas Plus all international results	6 th July
Savona Regatta Italy 22-26 September	Development	2011 Nottingham Regattas April -July	6 th July

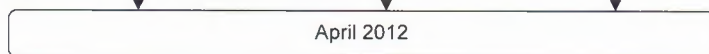
- Athletes should be aware that in the process of ongoing assessment the international panel will review results from the competitions listed above. In addition to results the panel will assess crews on their improvement profile through the season.
- Athletes nominated for Olympic Hopes must attend the training camp shown on the availability form.
- For U15 & U16 athlete's selection will be assessed throughout the season on K1 performance.

Timeline and process for selection of the 2012 Olympic team

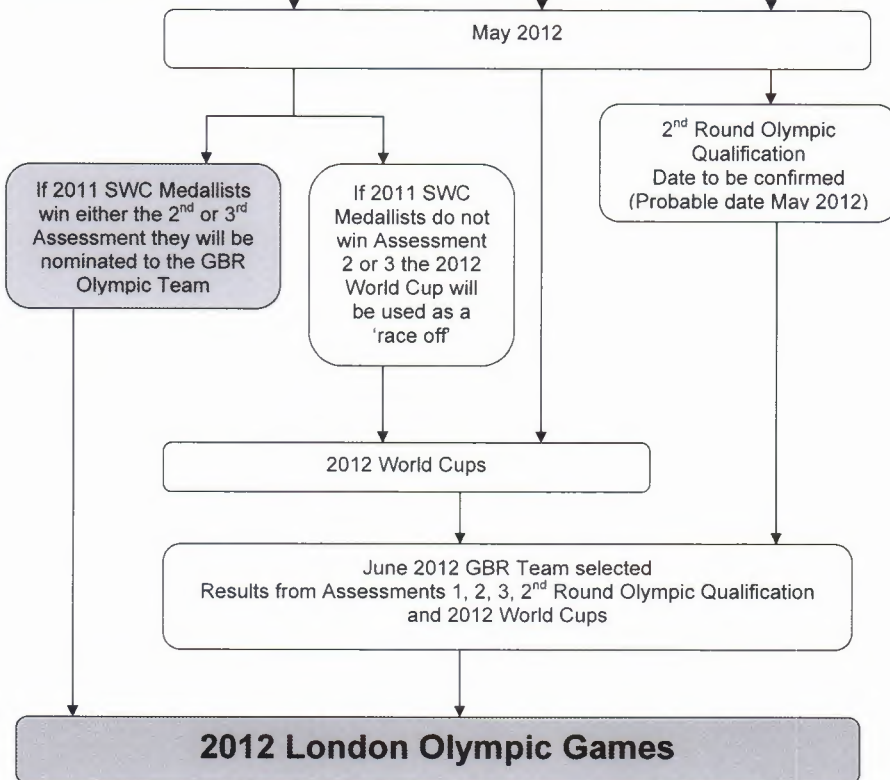
First Assessment



Second Assessment

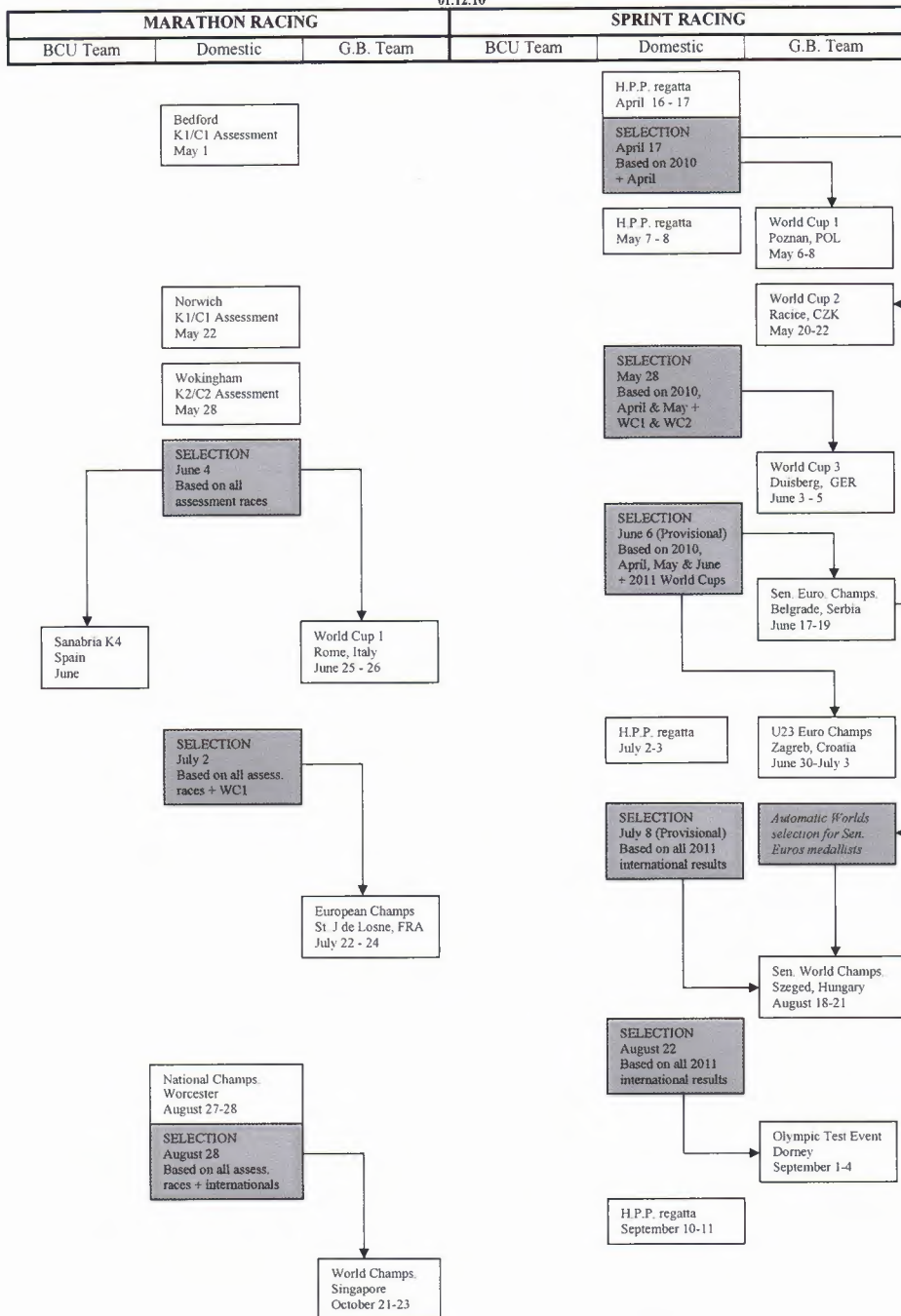


Third Assessment



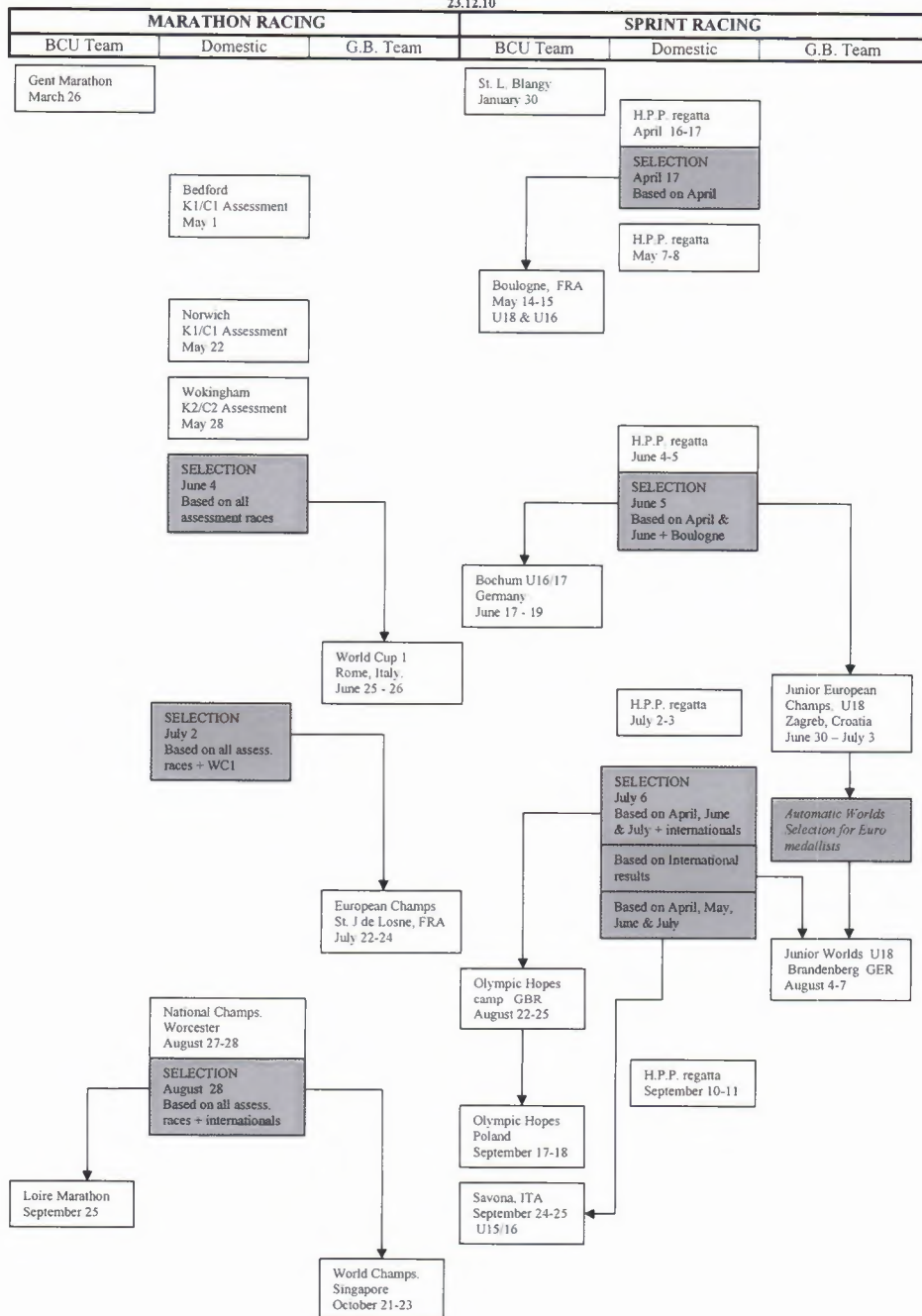
SENIOR & U23 INTERNATIONALS 2011 GUIDE TO SELECTION
PLEASE SEE SELECTION POLICY IN 2011 RACING HANDBOOK FOR DETAILS

01.12.10



JUNIOR INTERNATIONALS 2011 GUIDE TO SELECTION
 PLEASE SEE SELECTION POLICY IN 2011 RACING HANDBOOK FOR DETAILS

23.12.10



STANDARDS FOR RACING

K1 and C1 times on a fast course

Marathon	HC	Sprint Racing Class	1000m	500m	200m
Div 1	P	0 Olympic 3:24 & 1:36 K1	3.30	1.38	0.36
		1 World Champion Men K1	3.34	1.40	0.37
		2	3.38	1.42	0.38
		3 Men A Kayak	3.42	1.44	0.39
		4	3.46	1.46	0.40
Div 2	P	5 World Champion C1 / Women K1	3.50	1.48	0.41
		6 Men B Kayak	3.54	1.50	0.42
		7 Boys A Kayak	3.58	1.52	0.43
		8 Women A Kayak	4.02	1.54	0.44
		9 Masters A Kayak	4.06	1.56	0.45
Div 3	P	10 Men C Kayak	4.10	1.58	0.46
		11 Boys B Kayak			
		12 Women B Kayak			
		13 Girls A Kayak			
		14 Masters B Kayak			
Div 4	P	15 Men Canoe B	4.14	2.00	0.47
		16 Junior Canoe B			
		17 Canoe Women A			
		18 Men D Kayak			
		19 Boys C Kayak			
Div 5	P	20 Women C Kayak	4.30	2.08	
		21 Girls B Kayak			
		22 Masters C Kayak			
		23 Women Masters A			
		24 Men Canoe C			
Div 6	P	25 Junior Canoe C	4.34	2.10	
		26 Canoe Women B			
		27 Girls D Kayak			
		28 Canoe Women D			
		29			
Div 7	P	30 Boys D Kayak	4.38	2.12	
		31 Girls C Kayak			
		32 Women D Kayak			
		33 Masters D Kayak			
		34 Women Masters B			
Div 8	P	35 Men Canoe D	5.02	2.24	
		36 Junior Canoe D			
		37 Canoe Women C			
		38			
		39			
Div 9	P	40 Boys E Kayak	5.06	2.26	
		41 Girls E Kayak			
		42 Women E Kayak			
		43 Masters E Kayak			
		44 Women Masters C			
Div 10	P	45 Men Canoe E	5.10	2.28	
		46 Junior Canoe E			
		47 Canoe Women E			
		48 Girls F Kayak			
		49 Canoe Women F			
Div 11	P	50 Boys F Kayak	5.14	2.30	
		51 Girls F Kayak			
		52 Women F Kayak			
		53 Masters F Kayak			
		54 Women Masters D			
Div 12	P	55 Men Canoe F	5.18	2.32	
		56 Junior Canoe F			
		57 Canoe Women F			
		58 Girls G Kayak			
		59 Canoe Women G			
Div 13	P	60 Boys G Kayak	5.22	2.34	
		61 Girls G Kayak			
		62 Women G Kayak			
		63 Masters G Kayak			
		64 Women Masters E			
Div 14	P	65 Men Canoe G	5.26	2.36	
		66 Junior Canoe G			
		67 Canoe Women G			
		68 Boys H Kayak			
		69 Girls H Kayak			
Div 15	P	70 Women H Kayak	5.30	2.38	
		71 Masters H Kayak			
		72 Women Masters F			
		73 Men Canoe H			
		74 Junior Canoe H			
Div 16	P	75 Canoe Women H	5.34	2.40	
		76 Boys I Kayak			
		77 Girls I Kayak			
		78 Women I Kayak			
		79 Masters I Kayak			
Div 17	P	80 Women Masters G	5.38	2.42	
		81 Men Canoe I			
		82 Junior Canoe I			
		83 Canoe Women I			
		84 Boys J Kayak			
Div 18	P	85 Girls J Kayak	5.42	2.44	
		86 Women J Kayak			
		87 Masters J Kayak			
		88 Women Masters H			
		89 Men Canoe J			
Div 19	P	90 Junior Canoe J	5.46	2.46	
		91 Canoe Women J			
		92 Boys K Kayak			
		93 Girls K Kayak			
		94 Women K Kayak			
Div 20	P	95 Masters K Kayak	5.50	2.48	
		96 Women Masters I			
		97 Men Canoe K			
		98 Junior Canoe K			
		99 Canoe Women K			
Div 21	P	100 Boys L Kayak	5.54	2.50	
		101 Girls L Kayak			
		102 Women L Kayak			
		103 Masters L Kayak			
		104 Women Masters J			
Div 22	P	105 Men Canoe L	5.58	2.52	
		106 Junior Canoe L			
		107 Canoe Women L			
		108 Boys M Kayak			
		109 Girls M Kayak			
Div 23	P	110 Women M Kayak	6.02	2.54	
		111 Masters M Kayak			
		112 Women Masters K			
		113 Men Canoe M			
		114 Junior Canoe M			
Div 24	P	115 Canoe Women M	6.06	2.56	
		116 Boys N Kayak			
		117 Girls N Kayak			
		118 Women N Kayak			
		119 Masters N Kayak			
Div 25	P	120 Women Masters L	3.00	3.00	
		121 Men Canoe N			
		122 Junior Canoe N			
		123 Canoe Women N			
		124 Boys O Kayak			
Div 26	P	125 Girls O Kayak	3.30	3.30	
		126 Women O Kayak			
		127 Masters O Kayak			
		128 Women Masters M			
		129 Men Canoe O			
Div 27	P	130 Junior Canoe O	4.00	4.00	
		131 Canoe Women O			
		132 Boys P Kayak			
		133 Girls P Kayak			
		134 Women P Kayak			
Div 28	P	135 Masters P Kayak			
		136 Women Masters N			
		137 Men Canoe P			
		138 Junior Canoe P			
		139 Canoe Women P			
Div 29	P	140 Boys Q Kayak			
		141 Girls Q Kayak			
		142 Women Q Kayak			
		143 Masters Q Kayak			
		144 Women Masters O			
Div 30	P	145 Men Canoe Q			
		146 Junior Canoe Q			
		147 Canoe Women Q			
		148 Boys R Kayak			
		149 Girls R Kayak			
Div 31	P	150 Women R Kayak			
		151 Masters R Kayak			
		152 Women Masters P			
		153 Men Canoe R			
		154 Junior Canoe R			
Div 32	P	155 Canoe Women R			
		156 Boys S Kayak			
		157 Girls S Kayak			
		158 Women S Kayak			
		159 Masters S Kayak			
Div 33	P	160 Women Masters Q			
		161 Men Canoe S			
		162 Junior Canoe S			
		163 Canoe Women S			
		164 Boys T Kayak			
Div 34	P	165 Girls T Kayak			
		166 Women T Kayak			
		167 Masters T Kayak			
		168 Women Masters R			
		169 Men Canoe T			
Div 35	P	170 Junior Canoe T			
		171 Canoe Women T			
		172 Boys U Kayak			
		173 Girls U Kayak			
		174 Women U Kayak			
Div 36	P	175 Masters U Kayak			
		176 Women Masters R			
		177 Men Canoe U			
		178 Junior Canoe U			
		179 Canoe Women U			
Div 37	P	180 Boys V Kayak			
		181 Girls V Kayak			
		182 Women V Kayak			
		183 Masters V Kayak			
		184 Women Masters S			

STANDARDS FOR RACING

1. Introduction

The Racing Standards were set up to develop marathon racing, sprint racing and fast touring.

2. The Progression

Outlined below are the current **skill, racing and coaching awards** designed to support a progressive coaching & paddling scheme for clubs based on placid water using open cockpit canoes and kayaks.

2.1 Skill Development Awards for paddlers

The Star tests provide progressive levels of award for canoe and kayak. They can be used either as a basis to encourage skill development for paddlers or as an indicator of the appropriate level of skill for aspirant coaches in the instructional coaching awards.

Details of the syllabus are contained in free leaflets available from BCU Office.

2.2 Racing Awards for paddlers

The Racing Tests are designed to encourage paddlers to improve performance and recognise their progress in racing kayak and canoe. The Sprint Awards also provide a useful guide to indicate the class or division to which paddlers should enter into sprint and marathon racing.

The awards can be examined by any BCU Coach (Level 1-5) or Club Official and can be taken in any canoe or kayak

There are three types of Racing Award:

- **The Sprint (500m) Awards**

In each case the paddler must equal or beat the times below to achieve the standard.

Award	Kayak Men	Kayak Women	Canoe
Green	4.00	4.20	5.00
Blue	3.30	3.45	4.00
Bronze	3.05	3.20	3.20
Silver	2.45	3.00	3.05
Gold	2.30	2.45	2.45

Note: Time in minutes and seconds – in single canoe or kayak

Guidelines for entry into Sprint & Marathon Racing

To promote fair racing and as a guide for coaches, team leaders and paddlers, the following standards, based on the "Sprint (500m) Awards", are suggested as the entry levels into Divisional Marathons and regional, club or local Sprint Regattas.

Entry levels for National Sprint Racing Regattas held at the National Watersports Centre, Holme Pierrepont Nottingham, see the Racing Standards chart on Page D1.

Award	Marathon			Sprint
	Kayak men	Kayak Women	Canoe	
Green	Fun/Mini Sprint	Fun/Mini Sprint	Fun	Mini Sprint
Blue	Div 9	Div 9	Div 9	Mini Sprint
Bronze	Div 8	Div 9	Div 9	Junior M & F & Veterans
Silver	Div 7	Div 8	Div 8	Senior Women & Canoes
Gold	Div 6	Div 7	Div 7	Senior Men

STANDARDS FOR RACING

Note: To qualify for National Regattas, the standards must be achieved in a modern racing single canoe (in high kneeling position) or single kayak (with seat).
See Team Leaders' Section for more details.

- **The Marathon, Half Marathon**

Details of the standard times are available in a free leaflet "The Placid Water Racing Awards" (CT/012/00/1).

- **The Time Trial Awards**

Details of the standard times are available in a free leaflet "The Placid Water Racing Awards" (CT/012/00/1).

For a copy of leaflet CT/012/00/1, contact BCU Head Office

COACHING THE COMPETITION DISCIPLINES

Gaining qualifications and knowledge to Coach:

The Coaching Scheme has various pathways enabling both paddlers (boat based) and non-paddlers (bank based) to become Competition Coaches.

The entry level to the Coaching Scheme is at Level 1. This can be accessed by anyone with a minimum number of pre-requisites.

Level 1

A Level 1 Coach is classed as an 'Assistant Coach' whose role is to assist a higher level coach, or work a little more autonomously with some extra criteria in place. They are trained to deliver single sessions to individuals or groups in sheltered water conditions.

If you wish to enter the Coaching Scheme as a 'Boat Based Coach', then you will need the BCU 2 Star Paddlesport Award or the BCU Paddlepower Discover Award, together with completion of a BCU 'Boat-based' Foundation Safety and Rescue Training Course.

If you wish to enter as a 'Bank-Based Coach' then you only need to complete a 'Bank-based' Foundation Safety and Rescue Training Course.

The Foundation Safety and Rescue Course may be included in a Level 1 training course by adding an extra day, or it could be attended prior to the Level 1 Training Course.

The Level 1 Course is conducted over 4 days. It may be spread over weekends, or evenings during the week over a longer period of time. This flexibility suits the Clubs where volunteer time is at a premium and they do not wish to give up their time with their paddlers.

Assessment is during the course, with a number of tasks being performed and continual feedback given by the course tutors. The course is generic in nature with opportunity to explore different methods of coaching in and to a variety of craft; canoes and kayaks; singles and crew boats.

Racing Module

Following a Level 1 Course, the Coach can then attend a one day Racing Module course. This focuses on the basic aspects involved in coaching racing, particularly forward paddling technique in canoe and kayak. It is designed to give the level 1 or 2 coach an initial understanding of Sprint and Marathon Coaching.

Coaching for Teachers

It is possible for qualified teachers to gain a Level 1 course in 2 days rather than 4. This route takes into account the training that is undertaken to become a teacher by applying Accredited Prior Learning (APL)

APL

The BCU recognises that in some instances aspirant coaches have prior experience that may enable them to enter the Coaching Awards programme at a higher level. If you feel you have experience that can be accredited as prior experience, then refer to the BCU Accredited Prior Learning (APL) Policy: <http://www.canoe-england.org.uk/coaching/apl/>

COACHING THE COMPETITION DISCIPLINES

Supporting Modules

To help the coach with their personal development and to start the process of moving on to qualify for level 2, there are a number of Foundation Modules available as supporting units. Details of these can be found at <http://www.canoe-england.org.uk/tests-i-awards/coaching-support-modules/foundation-modules>

Level 2

The Level 2 Coach can work autonomously. They are trained to deliver a series of 6 linked sessions to individuals or groups on sheltered water.

This level is also designed for both boat based and bank based coaches. The pre-requisites are a 3 Star Award along with the Foundation Safety and Rescue Training. The training and assessment days are separate at Level 2. Training is held over a 4 day period or an equivalent number of hours. Assessment is conducted after a number of coaching hours are logged and supporting module sessions attended. Assessment will be coaching both canoe and kayak disciplines.

Together with the Racing Module, this is the ideal award for a coach working at club level under direction of a more senior Club Coach.

Level 3

Level 3 Coaches are discipline specific. Level 3 Coaches are able to deliver an annual programme to paddlers under their direction. It is the ideal qualification for those coaches who have a lead coaching role within a club.

Again, the Level 3 Coach can be boat based or bank based. They would need appropriate qualifications or experience required to fulfil the conditions to become a boat based coach. The Level 3 Course consists of a 3 day (or equivalent) generic core; this is followed by 2 days of applied coaching within the discipline environment. Various assessment tasks have to be fulfilled over a 12 month period; this is completed with 2 formal assessments, one in the training environment and one at a competition with the coach's own long term athletes.

At all levels there is support available. Reduced fee courses are currently being offered to Coaches from Competition Clubs along with bursaries in some circumstances.

CPD (Continuous Professional Development) for coaches is available to club coaches to further their existing knowledge, ideas and understanding. Evening and day sessions take place at clubs. They are conducted by one or two staff coaches from the coaching team of Canoe England, and/or GB Canoeing. A wide range of topics can be delivered either indoors during the winter or outdoors on the water if the conditions are right

Information on Coaching opportunities and supporting modules can be found on coaching pages of the Canoe England website <http://www.canoe-england.org.uk/coaching>

Other information can be had from:

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CLUB ABBREVIATIONS

4AS	Four As CC	LEA	Leaside Canoe Club
ACU	Army Canoe Union	LGW	Linlithgow Canoe Club
ADJ	ADJ Canoe Club	LIN	Lincoln Canoe Club
ADL	Adlington Canoe Club	LON	Longridge Canoe Club
ADS	Addlestone Canoe Club	MAD	Macclesfield & District Canoe Club
ANK	Anker Valley Canoe Club	MAI	Maidstone Canoe Club
ART	Artist Rifles	MDN	Meridian
BAD	Barking and Dagenham Canoe Club	MLO	Marlow Canoe Club
BAN	Banbury & District Canoe Club	NED	North East Disability Canoe Club
BAS	Basingstoke Canal Canoe Club	NOR	Norwich Canoe Club
BEJ	Bourne End Junior Sports Club	NOT	Nottingham Kayak Club
BOA	Bradford on Avon Canoe Club	NWK	Newark Canoe Club
BRI	Bristol Canoe Club	PAN	Pangbourne Canoe Club
BRY	Bryanston School Canoe Club	PEN	Pennine Canoe Club
BSF	Bishops Stortford Canoe Club	PLY	Plymouth College Canoe Club
BTH	Bath Canoe Club	PNZ	Penzance Canoe Club
BUR	Burton Canoe Club	POO	Poole Harbour Canoe Club
CAM	Cambridge Canoe Club	RAF	Royal Air Force Canoe Association
CDF	Cardiff Bay Kayakers	RDG	Reading Canoe Club
CEL	Celbridge Canoe Club	RIC	Richmond Canoe Club
CHE	Chester Sailing & Canoeing Club	RIP	Rabbit Independent Paddlers
CKP	Cokethorpe School	RLS	Royal Leamington Spa Canoe Club
CLM	Chelmsford Canoe Club	RM	Royal Marines Canoe Club
DCP	Dyffryn Conway Canoe Club	ROY	Royal Canoe Club
DEV	Devizes Canoe Club	RUN	Runcorn Canoe Club
EAL	Ealing	SAV	South Avon Canoe Club
EBC	Eyot Boat Club	SDS	Scottish Development Squad
ELM	Elmbridge Canoe Club	SHP	Shropshire Paddlesport
EXE	Exeter Canoe Club	SLP	Salmon Leap Canoe Club
FLA	Fladbury Paddle Club	SOL	Solihull Canoe Club
FOR	Forth Canoe Club	SOR	Soar Valley Canoe Club
FOX	Falcon (Oxford)	SOU	Southampton Canoe Club
FOY	Fowey River Canoe Club	TAU	Taunton Canoe Club
FRE	Freestyle Canoe Club	TON	Tonbridge Canoe Club
GAI	Gailey Canoe Club	TRE	Trentham Canoe Club
GLS	Glanford & Scunthorpe Canoe Club	TRU	Truro & Hayle Canoe Club
GRI	Griffon Canoe Club	TTN	Thomastown Paddlers
HAS	Hastings and District Canoe Club	VIK	Viking Kayak Club
HEM	Hemel Hempstead Canoe Club	WAV	Waveney Valley Canoe Club
HER	Hereford Kayak Club	WCR	Winchester Canoe Club
HUN	Huntingdon Canoe Club	WEY	Wey Kayak Club
HYM	Herts Young Mariners	WIN	Windsor and District Canoe Club
KIM	Kimbolton School	WOK	Wokingham Canoe Club
KIN	Kingston Kayak Club (Hull)	WOL	Wolverhampton Canoe Club
KIR	Kirkcaldy Canoe Club	WOR	Worcester Canoe Club
LBZ	Leighton Buzzard Canoe Club	WRL	White Rose Leeds

4AS



**FOUR AS
CANOE**

ACU



ARMY

ADL



ADLINGTON

ADS



ADDLESTONE

ANK



**ANKER
VALLEY**

BAD



**BARKING &
DAGENHAM**

BAN



**BANBURY &
DISTRICT**

BAS



BASINGSTOKE

BED



**BEDFORD
SCHOOL**

BEJ



**BOURNE END
JUNIORS**

BKW



**BLACKWATER
VALLEY**

BLN



**BLUNDELL
SCHOOL**

BOA



**BRADFORD-
ON-AVON**

BRI



BRISTOL

BRY



**BRYANSTON
SCHOOL**

BSF



**BISHOP'S
STORTFORD**

BTH



BATH

BUR



BURTON

CAM



CAMBRIDGE

CDF



CARDIFF

CEL



CELBRIDGE

CHE



CHESTER

CKP



COKETHORPE

CLM



CHELMSFORD

CLM



**CHELMSFORD
(MARATHON)**

DCP



DYFFRYN CONWY

EAL



EALING

ELM



ELMBRIDGE

EXE



EXETER

FLA



FLADBURY

FOX



FALCON

FOY



FOWEY RIVER

GAI



GAILEY

GRI



GRIFFON

HAS



HASTINGS

HEM



**HEMEL
HEMPSTEAD**

HER



HEREFORD

HUN



HUNTINGDON

HYM



**HERTS YOUNG
MARINERS**

KEN



KENDAL

KIM



**KIMBOLTON
SCHOOL**

KIR



KIRKALDY

LBZ



**LEIGHTON
BUZZARD**

LEA



LEASIDE

LGW



LINLITHGOW

LIN



LINCOLN

LON



LONGRIDGE

MAD



MACCLESFIELD

MAI



MAIDSTONE

MAN



MANCHESTER

MCA



MERCIA

MLO



MARLOW

NBY



NEWBURY

NOR



NORWICH

NOT



NOTTINGHAM

PAN



PANGBOURNE

PEN



PENNINE

PLY



PLYMOUTH

RAF



**ROYAL AIR
FORCE**

RDG



READING

RIC



RICHMOND

RLS



**ROYAL
LEAMINGTON
SPA**

RNK



ROYAL NAVY

ROY



ROYAL



RUNCORN



SCOTTISH
DEVELOPMENT



SHOREHAM



SALMON LEAP



SOAR VALLEY



SOLIHULL



SOUTHAMPTON
CANOE



TONBRIDGE



TRENTHAM



TRURO



VIKING



WINCHESTER



WEY



WINDSOR



WOKINGHAM



WORCESTER

SPRINT RANKINGS

Reg:	Surname	Name	Club	Year	Reg:	Surname	Name	Club	Year
Men's A					Men's B Cont'd				
2770	Beer	Robert	ELM	1989	4678	Keogh	Brian	SLP	1989
5065	Bowley	Matthew	BUR	1994	5759	Kirkwood	Auqus	CLM	1992
0440	Boyton	Jonathon	ROY	1988	5354	Lambert	Michael	WEY	1991
2536	Brabants	Timothy	NOT	1977	0670	Lang	Ollie	RDG	1988
3510	Brown	Ben	ELM	1986	6077	Levai	Gabor	TON	1984
2605	Childerstone	Mark	WEY	1991	5700	Lipscombe	Richard	WEY	1991
3526	Cox	Edward	WEY	1985	0015	Loftus	Kenneth	ROY	1978
3712	Daniels	Thomas	RDG	1986	5079	Mainprize	Thomas	RDG	1991
0310	Daniels	Andrew	RDG	1988	5100	McMorrin	Colin	KIR	1988
3412	Egan	Peter	SLP	1979	2512	Morton	Dwayne	ELM	1985
3329	Farrell	Ben	ELM	1983	3220	Moule	Steve	MPC	1979
3528	Fennemore	Simon	WEY	1983	5013	Murphy	Joe	SLP	1992
3507	Fleming	Neil	CEL	1984	6366	O'Grady	Jonathan	ELM	2010
0727	Fleming	Darragh	CEL	1990	1950	Oliver	David	LIN	1977
1021	Hastings	Stuart	ROY	1988	1997	O'Sullivan	Luke	SLP	1989
0739	Haynes	Ben	LBZ	1989	4318	Owen	Michael	ADS	1986
3530	Heath	Liam	WEY	1984	0605	Parfitt	Ben	ELM	1990
3334	Hide	Thomas	ADS	1990	3697	Peake	Owen	RDG	1981
3857	Lawrenson	Tim	BUR	1985	0364	Pearse	Philip	SOU	1988
5254	Maichrzake	Matthew	SLP	1979	1372	Poole	Robert	ROY	1989
4832	Marchetti	Sean	CEL	1988	6619	Postill	Harry	BOA	1992
3646	McKeever	Edward	BOA	1983	0385	Rainey	Sam	LEA	1990
3221	Moule	Keith	CLM	1980	2886	Seaford	Danny	RDG	1979
0308	Pendle	Tim	NOR	1989	4717	Sealey	Jack	RDG	1992
6403	Ramanaukas	Edvinas	LEA	1985	1901	Sharpe	Tom	EXE	1990
2793	Reeves	Kristian	ADS	1989	5456	Simms	Michael	NOT	1989
0584	Rutherford	Edward	ELM	1990	5839	Sneddon	Thomas	LGW	1991
3663	Sawers	John	ELM	1985	6087	Sneddon	Ryan	WOR	1992
3864	Schofield	Jonathan	SOR	1985	5784	Soregi	Balazs	RIC	1977
3894	Simmons	Jonathan	WEY	1986	5036	Staddon	Jack	ROY	1990
1216	Simmons	Tom	BOA	1991	6086	Staines	Dan	WOR	1992
5524	Simon	Marton	ELM	1994	3479	Surrage	Joe	BSF	1981
4929	Stead	Brendon	RIC	1984	5795	Sweeney	Adam	SLP	1992
1193	Terry	Dean	WEY	1991	6054	Turan	Barnabus	WOR	1982
3778	Watkins	Barry	SLP	1989	6248	Van Riemsdijk	Rick	ROY	1986
5174	Webster	James	BOA	1993	5006	Walsh	Shaune	NOT	1986
2999	Welch	Matthew	WEY	1991	5029	Wilkes	Mark	CLM	1992
3893	Wycherley	Paul	WEY	1986	2270	Wilkes	Peter	CLM	1992
Men's B					6632	Williams	Jagho	EXE	1986
3936	Bradshaw	Ben	NOR	1988	4097	Willis	Samuel	SOU	1991
5261	Brennan	Michael	TTN	1986	2586	Wright	Michael	FOX	1985
5016	Brennan	Tom	SLP	1992	0696	Yates	Paul	WEY	1989
1305	Buqy	Graham	CEL	1985	5340	Young	Josh	NOT	1990
6237	Butler	Billy	FOX	1998	6494	Zielski	Radoslaw	RDG	1987
5911	Butt	Tom	NOT	1989	Men's C				
6404	Cizas	T	LEA	2004	0455	Baker	Iain	BOA	1989
4881	Cox	Sam	WEY	1989	1612	Banks	Liam	SLP	1992
6076	Davey	Andy	TON	1978	6609	Beech	Lewis	WOR	1988
2426	Dixon	Stephen	ROY	1992	3464	Beyer	James	WEY	1991
5329	Domonkos	Istvan	RIC	1978	3557	Chalmers	Neil	KIR	1980
5450	Driscoll	Samuel	MAI	1991	5275	Colyer	Daniel	RDG	1991
4295	Duffield	Max	CLM	1991	0322	Connelly	Michael	SOR	1991
4990	Ede	Pip	RDG	1990	5286	Cordery	James	WEY	1990
5493	Evans	Edward	CDF	1978	6511	Craig	Matthew	LEA	1988
5024	Feely	Lorcan	SLP	1992	5257	Creamer	Robert	LBZ	1992
5271	Foster	Alex	ROY	1992	6495	Davey	Richard	RDG	1979
2527	Fowler	Nicholas	WOR	1977	6052	Davies	Rhys	CDF	1985
2090	Gibson	Oliver	ROY	1991	5378	Diaper	Tom	SOU	1989
2898	Golder	Daniel	BAN	1978	5986	Dobson	Edward	DEV	1992
2646	Humphries	Timothy	ROY	1989	5764	Duff	Craig	NOT	1990
5093	Irvine	Brett	RIC	1979	5950	Emanuelsson	Niklas	RIC	1981
3905	Isbell	Ollie	RIC	1984	3562	Etheridge	Richard	WEY	1986
3227	Johnson	Nathan	ELM	1981	5603	Freemantle	James	BAS	1983
4869	Jordan	Aaron	MAI	1990	0537	Garton	Laurence	NOT	1984
6582	Kalinevich	Ilya	RIC	1982	5258	Godleman	Tom	SOR	1991
5707	Keeble	James	RDG	1986	5669	Grimshaw	Peter	WEY	1990

SPRINT RANKINGS

Reg:	Surname	Name	Club	Year	Reg:	Surname	Name	Club	Year
Men's C Cont'd					Men's D Cont'd				
6293	Haigh	Graeme	TRE	1991	6204	Lavarack	Michael	RIC	1992
6021	Herbent	Attila	RLS	1977	5401	Linnell	William	NOR	1992
5420	Howson	Lee	BOA	1989	3418	Luck	Christopher	WEY	1980
4943	Jones	Graham	RAF	1985	6136	Mace	George	NOR	1990
5251	Joy	Alex	SOR	1991	3266	Matterson	Matthew	LBZ	1991
4722	Knight	Robert	WOR	1986	6031	Mulhall	Eric	SLP	1992
6416	Large	James	NOR	1988	0506	Mullins	Guy	WEY	1988
6061	Leatherby	Robert	FOX	1991	1855	Murphy	Adam	LBZ	1991
6044	Lofthouse	Carl	RDG	1991	1082	Osborne	Daniel	LBZ	1992
6050	Longley	Jay	ROY	1985	6345	Pollock	Andrew	ADS	1977
0858	Lunn	Matthew	SOR	1991	6277	Rees-Clark	Steve	BAS	1991
5273	McLean	Matthew	BAN	1992	6282	Riddick	James	HYM	1992
5798	Mills	Matthew	ROY	1990	6110	Shaw	Lawrence	FLA	2004
6146	Newland	Ben	GAL	1984	6030	Siemenowski	Homas	RUN	1991
6438	O-bryan	Luke	LEA	2004	5712	Silcock	James	RIC	1988
5984	Oliver	Freddie	BAS	1992	5670	Slade	Matthew	CLM	1992
6311	Passmore	Jonathan	TON	1991	3727	Smith	David P	WOR	1979
5051	Patterson	Scott	FOR	1990	6203	Stanislaus	Justas	RIC	1991
6591	Pearce	Ryan	FOY	1990	6509	Stride	Sam	LEA	1986
3516	Pringle	David	SLP	1980	5204	Thompkins	Terry	MAI	1978
2774	Reese	Brendon	ACU	1977	5446	Topham	William	RAF	1990
3572	Sewel	Ian	BSF	1977	6152	Tourt	Michael	BUR	1987
0228	Sharp	Allan	LBZ	1986	6205	Tyler	Ben	RLS	1987
5437	Shelley	Piran	RIC	1980	4704	Weir	Roger	BAN	1991
0862	Shephard	Owen	CLM	1987	5660	Zanelli	William	BAN	1979
3086	Sillitoe	Callum	LBZ	1990	Men's Masters A				
0752	Slight	Daniel	LBZ	1989	5451	Ayres	Robin	WEY	1961
2123	Stone	Julian	BAN	1991	1169	Banks	Malcolm	SLP	1962
6141	Stuart-Hill	Ben	MAI	1991	0575	Battershell	David	WEY	1964
6390	Taylor	Samuel	CAM	1991	6523	Beasley	Danny	LEA	1974
4954	Walkinshaw	Ryan	BSF	1992	0603	Blackman	Neil	SOR	1963
1726	Walsh	Michael	WEY	1987	0617	Brookes	Paul	RUN	1967
5066	Walters	Michael	BUR	1990	5794	Burke	Martin	SLP	1961
5664	Wise	Ewan	RDG	1991	1363	Butler	James	NOT	1969
6156	Workman	Paul	FOX	1988	5343	Croucher	Adrian	WEY	1961
6135	Zweiernik	Witold	LGW	1979	1432	Dark	Simon	BOA	1968
Men's D					3301	Duff	David	RAF	1970
6053	Alan	Griffiths	CDF	1987	5319	Farrington	Roy	RLS	1970
6445	Azizi	Habib	PEN	1980	4217	Gunney	Phil	WEY	1971
2176	Baines	Matthew	NWK	1992	2088	Illidge	Graham	RUN	1959
3280	Bartoli	Michael	LBZ	1990	0919	Jacobs	Martin	ADS	1966
6610	Beech	Chris	WOR	1982	2152	Kelly	Chris	LEA	1970
5140	Bennett	Jason	CHE	1989	2014	Kent	Richard	SOU	1962
6448	Bobcek	Leonard	NOT	1978	2301	Kilbourn	Robert	NOR	1975
6280	Bowyer	Michael	HYM	1992	0868	Lewis	Richard	BOA	1966
5091	Brett	Tony	BSF	1991	0672	Littlewood	Rex	NOT	1968
6397	Burton	Mark	NOT	1985	1700	Livsey	Ian	NOT	1969
5977	Butler	Matt	RDG	1992	2115	Love	Tom	RLS	1974
5702	Cawthorn	Tom	WEY	1991	3438	Martin	Michael	LBZ	1965
6312	Clark	Philip	TON	1992	1069	Mayers	James	RUN	1974
6636	Cunningham	Matthew	TRE	1989	5487	McCarthy	Liam	SLP	1958
2745	Ede	Leander	RDG	1985	5998	McIlhargey	Stuart	BSF	1973
5989	Escott	Robert	BOA	1990	1684	Neale	Clive	TON	1969
3465	Ferguson	Gareth	GAI	1979	4971	Pedlar	David	WOR	1976
6207	Fitzsimons	Martin	RIC	1983	0252	Pendle	Dyson	NOR	1957
5996	Freebody	Sebastian	WEY	1991	5134	Phillips	Tim	WOR	1963
3458	Green	Mark	BAD	1984	2914	Soreny	Richard	RLS	1976
6253	Grover	Liam	WOR	1980	3065	Stevens	Adam	SLP	1976
6616	Grundy	Matthew	PEN	1991	1313	Watkins	Howard	SLP	1951
3346	Head	Tom	CLM	1980	1404	West	Stuart i	WOR	1970
2421	Holmes	Ben	WOR	1989	1923	Williams	Robin	WEY	1958
6092	Kirman	Ben	LIN	1980	4334	Willis	Steven	SOU	1958
6143	Kiebowksi	Tomasz	TON	1978					
5591	Krasovitskiy	George	WEY	1990					
6201	Lablanche	Scott	BAD	1991					
1931	Lamph	Mark	WEY	1991					

SPRINT RANKINGS

Reg:	Surname	Name	Club	Year	Reg:	Surname	Name	Club	Year
Men's Masters B					Men's Master C				
4475	Avery	Robin	BAN	1948	6490	Arundale	David	RUN	1957
2258	Barnes	Peter	RIC	1952	5264	Bannister	Michael	MAI	1962
2375	Belbin	David	NOT	1965	6532	Barnett	Nicholas	FOX	1964
2973	Bird	Jonathan	WOR	1969	3383	Barrell	Stephen	LBZ	1959
3009	Blackman	Howard	BUR	1965	6059	Baugh	William	GAI	1967
5812	Blackman	Bruce	GAI	1967	3093	Brown	Matthew	WOR	1956
5805	Bullivant	Steven	LIN	1971	5943	Camp	Neil	RIC	1962
6440	Butt	Adrian	SOU	1964	5691	Campbell	Derek	LBZ	1964
0509	Cave	Jonathan	WOR	1961	5359	Carter	Gary	LIN	1960
1695	Daniels	Nicholas	RDG	1954	6370	Chandler	M	RAF	2010
1228	Epps	Alan	NOR	1959	0997	Childerstone	Michael	WEY	1959
5580	Escott	Mark	BOA	1968	5845	Cox	Jamie	BAS	1976
5119	Evans	Neil	MAC	1956	5005	Darling	Simon	BOA	1962
4210	Fleeson	Charles	ANK	1976	0786	Davies	Simon	WOR	1957
1729	Gallimore	David	BAN	1968	5115	Davison	Chris	RUN	1970
2289	Gandy	Michael	WOR	1961	1639	Dodson	Andy	ADS	1963
4523	Gavin	Chris	RIC	1970	3314	Donnison	Mark	ADS	1964
5917	Goode	Alan	LEA	1975	5007	Drummond	John	RDG	1974
0060	Gorman	Peter	WEY	1955	6009	Elliott	Chris	LBZ	1966
1384	Green	John	BAD	1955	4440	Elston	Paul	MAI	1958
0524	Grimwood	Andrew	LIN	1967	5581	Escott	John	BOA	1966
5439	Harnett	Rait	RIC	1968	5959	Flynn	Stephen	BAN	1956
3531	Hayward	Ian	NOR	1967	1413	Frankland	Nigel	RDG	1960
3600	Hinves	James	SOU	1973	3495	Fudger	Michael	WOR	1972
0856	Holmes	Andy	WOR	1959	6209	Goodchild	Jaev	RIC	1976
2731	Jones	Christopher	LBZ	1976	4321	Haws	David	WEY	1964
5780	Jury	Simon	CDF	1975	2544	Hawthorn	Michael	WOR	1952
3343	Kelly	Andrew	RUN	1958	6462	Herwanger	Jorg	RIC	1969
5745	Lannighan	Paul	FOX	1958	5994	Jones	Peter	HER	1968
6027	Marafko	Colin	RUN	1968	1596	Lawrenson	Bill	BUR	1955
2089	Marnell	Stephen	RUN	1967	6349	Logan	Stuart	LON	1976
2598	Martin	Sean	RIC	1966	5194	Mainprize	Peter	RDG	1957
6035	McIlhargey	Ian	BSF	1997	6425	Marshall	Derek	LGW	1956
2877	Meyer	Richard	NOT	1975	5869	Martin	Gez	BAS	1953
0494	Middlehurst	Tim	RIC	1958	0114	Mason	Norman	NOT	1952
0131	Missen	Stan	BOA	1959	5495	Mietus	Peter	NOT	1955
5297	Nicholson	Andy	WEY	1962	0307	Moran	Michael	WOR	1958
3321	O'Drisceoil	Deaglan	SLP	1965	0010	Nadal	Mick	NOT	1951
1442	Oliver	Matthew	LIN	1974	0649	Oliver	Richard	LIN	1947
6094	Owen	Keith	BOA	1957	5415	Pearce	Raymond	BAN	1963
6520	Panavi	Marcus	LEA	1970	4647	Pemble	Douq	RIC	1964
2518	Parker	James	WOR	1948	6235	Penn	Terry	FOX	1953
3542	Phillips	Andrew	BOA	1970	5760	Potterton	Tony	RDG	1960
0121	Ralph	Paul	RDG	1951	6208	Quibell	Peter	RIC	1958
5143	Rance	Steve	SOU	1959	6374	Rennocks	John	LIN	1960
1181	Reeves	Nick	ADS	1960	5758	Ricketts	Dave	ANK	1967
5279	Ricketts	Simon	ANK	1971	5799	Roberts	Philip	TRE	1960
5278	Riley	Gordon	ANK	1971	5967	Scott	Tim	NOR	1962
0834	Rodgers	Richard	CDF	1973	2022	Sillitoe	Neil	LBZ	1973
6096	Ruff	Antony	ROY	1962	5472	Simpson	Keith	RDG	1953
4406	Schofield	Christopher	NOR	1965	6196	Smith	Mark	LBZ	1960
3115	Smith	Robert	CAM	1966	4970	Stonehouse	Graham	RIC	1964
0533	Smith	Jason	RAF	1973	5999	Veale	Derek	KIR	1969
5601	Somerset	Richard	BAS	1951	2562	Wibrew	Michael	MAI	1953
6144	Stenhouse	Matthew	TON	1976	6561	Wiley	Rob	NOR	1975
6140	Stuart-Hill	Bruce	MAI	1961	6198	Williams	Adam	NOR	1973
0331	Swallow	Melvin	RUN	1951	1477	Wood	David	WOR	1963
0924	Thomas	Neil	RIC	1962	Men's Master D				
2097	Tingay	Stephen	LBZ	1975	6255	Andrews	Clive	WOR	1966
4164	Toomey	Paul	RDG	1953	5139	Bennett	Peter	CHE	1959
6200	Trickett	Adrian	WOR	1967	6487	Blackburn	Keiron	CLM	1962
5469	Watson	Randall	RIC	1972	5860	Blackman	Ian	ROY	1964
0001	Wetherall	Trevor	RIC	1948	5339	Brett	Jim	BSF	1960
					6139	Brock	Philip	IND	1950
					4708	Brown	James	GAI	1947
					6565	Brown	Tony	NOR	1956

SPRINT RANKINGS

Reg:	Surname	Name	Club	Year	Reg:	Surname	Name	Club	Year
Men's Masters D Cont'd					Men's Masters D Cont'd				
6414	Bunyon	Chris	CLM	1966	6267	Walsh	Dave	WOR	1956
2730	Burton	Allan	WEY	1951	6560	Walsh	Mike	NOR	1975
5125	Chapman	Brian	KIR	1958	6008	Westwood	Matthew	LBZ	1969
6486	Clark	Stewart	CLM	1965	3022	Williams	Roger	CHE	1960
5814	Couiton	Gary	RIC	1956	6480	Williams	Alan	WOR	1950
6369	Doughty	Andrew	NOT	1950	6123	Wills	Karl	IND	1960
6559	Dunford	Roy	NOR	1963	2116	Wright	Ant	BSF	1961
5939	Farleigh	Steve	RIC	1966	Women's A				
6421	Foley	Shaun	LBZ	1968	5113	Belcher	Lani	ELM	1989
5515	Foster	Mike	RIC	1954	0743	Cawthorn	Rachel	WEY	1988
5480	Gardner	Stephen	LIN	1958	3194	Coulson	Abigail	RDG	1981
6508	Gilbert-Johns	Richard	SOU	1965	5242	Edmonds	Abigail	WEY	1990
0777	Goodall	Malcolm	PEN	1964	5652	Hannah	Angela	NOT	1986
0374	Grady	Dean	NOR	1970	0484	Hawkey	Jenna	EXE	1986
6479	Green	Phillip	WOR	1969	3876	Mason	Hayleigh	NOT	1986
6420	Hall	Simeon	LBZ	1969	4899	Sawers	Louisa	ELM	1988
6471	Hangar	Simon	BAN	1964	5654	Towers	Victoria	NOT	1987
6017	Haughton	Martin	PEN	1960	5088	Trotter	Katherine	ELM	1993
6000	Henderson	Alan	KIR	1962	0801	Walker	Jessica s	ROY	1990
6492	Hodgson	Jed	WEY	1964	Women's B				
6477	Illett	Peter	NOT	1962	5270	Avres	Phoebe	WEY	1991
5333	Jarratt	Peter	LIN	1944	4101	Braithwaite	Shuna	SDS	1986
2379	Jefferies	David	PEN	1964	0457	Broughton	Lizzie	RIC	1988
6216	Johnson	Clive	WEY	1959	2684	Brown	Hannah	BOA	1990
2564	Jordan	Dean	MAI	1959	3937	Brown	Leanne	ROY	1988
6234	Kelly	Robert	LON	1968	6546	Bruas	Nina	NCF	1992
2729	Kilbourn	Clive	NOR	1947	6132	Burkili	Coral	IND	1987
6569	Lake	I	NOR	2004	4387	Collins	Jessica	RDG	1991
6465	Lea	John	WEY	1951	3428	Dawson	Kimberley	ROY	1986
5748	Lipscombe	Lynn	WEY	1947	3777	Egan	Jenny	SLP	1987
6232	Llewellyn	Huw	ELM	1971	2280	Fowler	Sue	ACU	1930
6215	Luck	Mike	WEY	1952	3171	Gunney	Claire	WEY	1982
5762	Lynes	Paul	BAN	1970	1737	Illidge	Jenny	RUN	1992
5666	Marshall	Philip	LIN	1964	2834	King	Amoret	RDG	1991
5803	Miles	Archie	LIN	1949	6411	Knebel	Maren	ELM	1985
6060	Millst	Andrew	MAC	1957	0932	Lamph	Fay	WEY	1988
1976	Morley	Peter	WEY	1952	6055	Maunder	Antonia	ELM	1984
6210	Murphy	Dom	BAN	1961	3119	Middlehurst	Maria	ADS	1991
5550	Murphy	Andrew	LBZ	1963	3946	Moran	Claire	WOR	1987
6563	Nelson	Phil	NOR	1962	3783	Rooney	Sophie	BAN	1992
3888	Nevitt	Andv	WOR	1955	6095	Rowe	Rebecca	ROY	1981
5751	Nixon	Simon	RUN	1971	3376	Spencer	Jenny	HER	1983
0557	Nolan	Anthony	WOR	1940	1644	Spencer	Claire	HER	1989
6259	Norman	Matt	WOR	1967	0298	Swallow	Jenny	CHE	1991
0200	Oliver	Laurence	LIN	1943	3178	Taylor	Nicky	ELM	1982
6308	Olsen	Richard	MAI	1963	2901	Williams	Katie	ELM	1992
6476	Oughton	Duncan	NOT	1961	6134	Woolford	Kirsty	IND	1986
6013	Oxtoby	Steve	LBZ	1954	Women's C				
6103	Panrucker	Mike	BSF	2004	1873	Battison	Rohan	RDG	1988
6238	Parker	Peter	VIK	1957	1784	Beer	Sarah	ROY	1992
1043	Parker	Paul	CLM	1956	5368	Birbeck	Katherine	NOT	1985
6271	Playle	William	BAD	1966	6133	Blewitt	Kerry	NOT	1986
5535	Rix	Gavin	NOR	1964	1235	Churnside	Amelia	RDG	1991
2838	Robertson	Don	LIN	1936	1618	Dilai	Maqqie	RUN	1986
6618	Savage	Gary	WEY	1959	2569	Duff	Kerry	NOR	1977
4809	Scholey	Robert	CHE	1945	3877	Farish	Harriet	NOT	1986
6122	Scutcher	Stephen	IND	1969	2908	Felingerova	Radka	ROY	1978
6214	Shaw	Calum	WEY	1970	1276	Ferguson	Laura	BAN	1992
5872	Stannard	Jon	RLS	1964	1032	Hall	Megan	BSF	1988
6441	Stevenson	Philip	CAM	1966	1436	Holmes	Stephanie	WOR	1992
3544	Surrage	Paul	BSF	1955	6496	Keay	Sophie	RDG	1980
4248	Talbot	Jon	WOR	1938	5811	Lambert	Katherine	BAS	1988
6562	Terry	Phil	NOR	1964	5168	Linnell	Louise	NOR	1988
5360	Tonner	Charles	LIN	1956	5841	Millst	Sarah	SOU	1988
6491	Tozer	Nathan	WEY	1968	5184	Parker	Sophie	CLM	1990
6014	Truesdale	Tim	BAS	1962	6037	Poka	Aqnes	RIC	1977

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Reg:	Surname	Name	Club	Year	Reg:	Surname	Name	Club	Year
Women's C Cont'd					Women's Masters B Cont'd				
1468	Rowlands	Caroline	CHE	1991	5095	Chapman	Marqaret	KIR	1961
1599	Schofield	Rebecca	NOR	1981	4542	Childerstone	Amanda	WEY	1957
5244	Stevens	Bethan	WEY	1991	6226	Chmiel	Alison	NOT	1963
2808	Stvan	Kathryn	FLA	1991	6315	Crump	Debbie	BUR	1960
5285	Thomas	Charlotte	WEY	1991	1983	Franklin	Elizabeth	ANK	1958
3296	Wetherall	Kimberley	RIC	1984	6236	Gower	Jenny	FOX	1968
Womens' D					3269	Griffin	Donna	NOT	1970
3140	Akerman	Sarah	WEY	1978	2545	Hawthorn	Susan	WOR	1963
6131	Birch	Lydia	IND	1986	0566	Hicks	Julie	NOR	1962
5677	Butler	Rosie	FOX	1992	5274	Howell	Catherine	NOT	1974
5983	Caton	Catherine	BAN	1979	1528	Huisman	Martine	SOU	1966
6233	Cayford	Jacqueline	BSF	2004	5981	Kirschstein	Sabine	RDG	1963
6305	Coleman	Claudia	IND	1989	5103	Littlewood	Julie	NOT	1968
5373	Collier	Jenny	WOR	1990	0781	Martin	Kari	LBZ	1974
5651	Cotterill	Fern	WOR	1987	1802	Matthews	Debbie	LBZ	1969
5086	Creamer	Charlotte	LBZ	1989	5873	McLean	Anna-Marie	BAN	1964
5728	Daborn	Georgina	RIC	1992	6242	Middlehurst	Sue	ADS	1962
6164	Davies	Katie	CDF	1990	0878	Moran	Jayne	WOR	1959
6510	Doman	Sara	LEA	1987	5046	Murphy	Melanie	BAN	1962
3809	Duncan	Melanie	BSF	1987	0850	Mylett	Amanda	LIN	1953
2706	Goodlad	Bethany	LBZ	1988	0359	Nadal	Kathy	NOT	1954
6298	Green	Rosie Ellen	CLM	1992	6078	Oughton	Lynda	NOT	1959
6484	Grieves	Kathryn	RUN	1983	3672	Pendle	Ali	NOR	1961
6252	Grover	Hannah	WOR	1978	1550	Pereira	Wendy	ADS	1952
0176	Hooton	Emma	ANK	1990	0102	Phipps	Tamsin	RDG	1962
4128	Hussey	Laura	LBZ	1992	5806	Quintenton	Deborah	LIN	1969
0237	Illidge	Joanne	RUN	1989	6278	Rees-Clark	Tracy	BAS	1965
1939	Illinesi	Jenny	ELM	1992	6289	Robinson	Steph	CDF	1957
5233	Judge	Alexandra	HYM	1984	6222	Sapsford	Kelly	BAN	1961
6556	Lake	Amy	NOR	1992	4058	Seaford	Anita	RDG	1968
6466	Lea	Jennifer	WEY	1991	6251	Sinclair	Cathy	WOR	1965
5170	Linnell	Emily	NOR	1991	5455	Swann	Debbie	LBZ	1963
6522	Macnamara	Aoife	LEA	1968	6567	Terry	Karen	NOR	1970
6439	Miklos	Renata	WOK	1979	6217	Weston	Helen	WEY	1970
5673	Missen	Hannah	BOA	1992	6225	White	Debbie	BAN	1964
5109	Murphy	Rachel	BAN	1990	5039	Wood	Julie Dawn	BAN	1963
5052	Murphy	Alice	BAN	1992	Canoe A (Junior & Senior)				
6460	Murray	Tracey	RIC	1978	5777	Jeffries	Richard	NOT	1987
1263	Oxtoby	Lydia	LBZ	1992	3295	Lawrence	Matthew	LBZ	1982
3875	Parker	Rebecca	NOT	1988	1814	Stvan	James	FLA	1990
6586	Pearce	Emma	FOY	1988	5783	Todorov	Emil	EXE	1980
2031	Seth-Kapoor	Shobhanaa	NOT	1991	3287	Train	James	FLA	1986
6481	Smallman	Faye	WOR	1977	4750	Weir	Iain	BAN	1992
5923	Statkute	Jovita	BAD	1992	Canoe B (Junior & Senior)				
6405	Stroud	Frances	WOR	1992	5130	Calvert	Christopher	FLA	1991
5124	Sykes	Jenny	ANK	1992	6081	Csokasi	Marko	RIC	1995
5924	Von Maltzahn	Robyn	RIC	1981	3551	Edgar	Duncan	SOL	1971
6497	Walker	Catherine	RDG	1980	1897	Edgar	Stuart	SOL	1971
6446	Wallis	Beth	PEN	1991	6080	Faik	Lukas	RIC	1995
6038	Webb	Robyn	PEN	1992	6074	Hooben	Patrick	IND	1984
5518	Wibrew	Emily	MAI	1992	5772	Hoves	Joe	NOT	1985
6260	Williams	Angela	WOR	2004	5773	Jump	Matt	RUN	1985
5828	Wilson	Claire	RIC	1980	5060	Kilby	Eddie	RIC	1990
0165	Wise	Isobel	RDG	1992	5775	Santos Costa	Mario	NOT	1988
0077	Wood	Katie	BAN	1989	5243	Seaman	Joseph	WEY	1990
5042	Wood	Megan	BAN	1992	5774	Sollars	Matt	NOT	1988
Women's Masters A					5582	Stannard	Adam	RLS	1992
4031	Grady	Fiona	NOR	1973	0329	Train	Andrew	FLA	1963
5749	Paterson	D	GAI		5648	Vorberger	Jan	RLS	1977
Women's Masters B					2751	Yurkwich	Karl	RIC	1977
6268	Ballard	Julia	WOR	1962	Canoe C (Junior & Senior)				
5624	Barnes	Caroline	IND	1964	2514	Badelek	John	WEY	1974
6625	Barnett	Anna	FOX	1963	5245	Bonham	Andrew	WEY	1989
0883	Battison	Gail	RDG	1966	5778	Carmelo	Carlos	CHE	1980
6261	Bird	Emily	WOR	1970	5092	Cayford	Anthony	BSF	1991
6250	Cave	Theresa	WOR	1962	2202	Crooks	Richard	CLM	1986

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Reg:	Surname	Name	Club	Year	Reg:	Surname	Name	Club	Year
Canoe C (Junior & Senior) Cont'd					Boys' A Cont'd				
5062	Duck	Matthew	RIC	1990	5663	Kirschstein	Nico	RDG	1993
3562	Etheridge	Richard	WEY	1986	6631	Lorincz	Balazs	SVK	1994
0358	Gohar	Marcus	RIC	1959	6088	Mitchell	George	WOR	1993
5080	Gonzalez	Tony	BAN	1969	4301	Mitchell	F	CEL	2007
5953	Hernandez	Yadil	RIC	1981	5761	Potterton	Andrew	RDG	1994
5449	Jamieson	Eric	WEY	1960	5804	Quittenton	Edward	LIN	1994
6075	Jeffries	Ben	IND	1987	5708	Redmond	Sean	LGW	1995
3438	Martin	Michael	LBZ	1965	5506	Robinson	Mathew	CDF	1993
2795	Pearnton	Ross	PLA	1957	5350	Standeven	Guy	ROY	1994
6121	Skopeczek	Jan	WOK	1976	5387	Thomas	Jacob	ELM	1994
0128	Train	Matthew	FLA	1992	0921	Tye	Jonny	WOR	1993
Canoe D (Junior & Senior)					6019	Tysoe	David	WOR	1993
5588	Avery	Liam	FLA	1993	4827	Welch	Charlie	WEY	1994
5792	Bailey	Zach	FLA	1994	Boys' B				
5840	Bentley	Cameron	TRE	1996	6329	Allen	James	CKP	1994
5091	Brett	Tony	BSF	1991	6056	Archer	Harry	ELM	1995
6161	Buckley	Richard	RIC	1995	5933	Beavers	Joe	WEY	1993
6082	Buzzard	Neil	BAN	1993	6485	Billson	Josh	EAL	1994
6503	Cook	Andy	SOL	1965	5238	Bird	William	WOR	1996
5587	Critchley	Josh	FLA	1993	6165	Boreham	Nick	BAS	1994
6608	Davis	Elliott	WEY	1996	6105	Brickell	Jack	FOR	1994
6457	Freegard	Kate	RIC	1994	5837	Burdett	Sam	MAI	1996
6188	Hayman-Joyce	Joseph	WEY	1996	6104	Carruthers	Oliver	FOR	1995
5583	Head	Luke	FLA	1994	5599	Cawston	Harry	CLM	1996
5067	Hunt	Ryan	RLS	1995	5632	Connell	Matt	ELM	1995
5585	Ingles	Sam	FLA	1993	6109	Crocker	Dale	LBZ	1995
6468	Jamieson	Max	WEY	1997	5154	Deacon	Tom	ADS	1993
6482	Kalmar	Zoltan	WOR	1988	5809	Dyer	Jason	BAS	1994
6483	Kalmar	Zsolti	WOR	1988	5579	Escott	Timothy	BOA	1996
5877	Lipscombe	Luke	WEY	1996	5854	Fairley	Jake	RLS	1995
6162	Plaut	James	RIC	1998	6535	Finch	Scott	BOA	1996
6163	Plaut	Nicholas	RIC	1998	5268	Fitzpatrick	Joe	BSF	1993
6459	Pourmard	Lydia	RIC	1994	5987	Flack	Michael	BOA	1994
6454	Putz	Alex	RIC	1996	6194	Forristal	Anthony	TTN	1993
5589	Shaw	Seb	FLA	1992	5754	Foster	Joseph	RDG	1995
1984	Shaw	Edward	FLA	1960	5997	Freebody	Calvin	WEY	1993
5129	Smith	James	FLA	1991	4430	Garside	Nathan	LBZ	1993
5061	Smythe	Josh	RIC	1990	6068	Harley-Beckett	Jacob	LIN	1993
6574	Szkagyi	Attila	RIC	1980	2825	Haws	Edmund	WEY	1996
5692	Tingay	Philip	LBZ	1971	5927	Hodgson	Oscar	WEY	1994
5586	Worthington	Ed	FLA	1994	2324	Jefferies	Robert	PEN	1993
Canoe Women C (Junior & Senior)					6272	Jones	Ben	RDG	1994
5094	Rippington	Samantha	WOK	1984	5910	Kirschstein	Sam	RDG	1996
Canoe Women D (Junior & Senior)					5555	Loveday	Alex	ELM	1994
3878	Chrimes	Jenny	NOT	1987	5856	Lynch	Tom	WOR	2009
3386	Suttle	Lisa	CLM	1980	6034	MacGiollaphadraig	Iomhar	SLP	1993
Boys' A					5876	Mahmoud	Adam	RIC	1994
2594	Baker	Alex	BOA	1993	6057	Marken	Andrew	ELM	1995
5200	Bannister	Peter	WEY	1994	5489	McCarthy	Sean	SLP	1994
5867	Barnicoat	George	CKP	1994	5672	Missen	James	BOA	1996
5793	Burke	Matthew	SLP	1993	5521	Mitchell	Daniel	CLM	1994
1355	Childerstone	Jack	WEY	1996	0021	Mitchell	D	CEL	2007
4113	Clive	Mark	GAI	1993	5560	Nobbs	Ashley	NOR	1996
5276	Colyer	Ben	RDG	1993	5537	Palfrey	Jonathan	BAN	1995
5185	Duffield	Lewis	CLM	1995	5531	Plummer	Sam	LBZ	1995
5578	Escott	James	BOA	1993	6149	Rees-clark	Mike	BAS	1993
5287	Finnis	Ben	ROY	1994	5534	Rix	Oliver	NOR	1993
5025	Fitzsimons	Michael	CEL	1993	5397	Shiel	Thomas	ELM	1995
5596	Fletcher	Lewis	LGW	1993	4628	Sokolov	Alexander	WEY	1993
5494	Gaul	Krystian	ANK	1992	5189	Stannard	Jamie	RLS	1995
5576	Henman	Josh	RIC	1994	5410	Stanway	Thomas	CLM	1995
1643	Hicks	Albert	NOR	1994	5810	Taylor	James	BAS	1994
5948	Johnson	Daniel	CLM	1994	5348	Taylor	Louis	CKP	1994
5325	Killip	Ben	RIC	1995	6039	Webb	Aaron	BOA	1993
5199	Kinston	Tom	MAI	1994					
6042	Kirschstein	Tony	RDG	1994					

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Reg:	Surname	Name	Club	Year	Reg:	Surname	Name	Club	Year
Boys' C					Boys' D Cont'd				
5832	Blackman	Fraser	ROY	1994	5825	Chimiel	Tadek	NOT	1996
5757	Catchlove	Mathew	MAI	1993	5640	Coombes-Davis	Talisin	CDF	1993
5234	Cave	Robert	WOR	1993	6388	Croc	Caoimhin	SLP	1993
5365	Chapman	Colin	KIR	1995	6630	Crosland	Louis	FOR	1998
6150	Daly	Tom	CEL	1995	5715	Daborn	Thomas	RIC	1994
5802	Escott	Luke	BOA	1995	5851	Dempsey	Aaron	ANK	1997
5549	Foley	Daniel	LBZ	1995	6387	Devenney	Fiachra	SLP	1996
6297	Green	Blaize	CLM	1996	6386	Devenney	Donal	SLP	1994
6063	Grimes	Daniel	SLP	1993	6553	Dunford	Rowan	NOR	1998
6633	Hansell	Joe	BAS	1999	5853	Eccles	Jordi	ANK	1996
5918	Harding	Luke	LON	1998	6412	Edgar	Joel	SOL	1994
6151	Hartnett	Mark	CEL	1995	6317	Edwardes	Michael	LIN	1994
5978	Hellawell	Henry	RDG	1995	6231	Edwards	Alex	ELM	1996
6426	Ilett	Robbie	NOT	1993	5562	Ellis	Ryan	NOR	1998
5389	Illinesi	Paul	ELM	1995	5846	Ellis-Jenkinson	Frazer	LBZ	1998
6372	Jones	Bruce	HER	1995	6307	Elsmore	Alex	RUN	1995
5326	Kilip	Jack	RIC	1994	6443	English	Simeon	HYM	1996
6413	Lusty	Tom	SOL	1994	5347	Ewington	Joe	LBZ	1996
6028	McCutcheon	Kartik	RUN	1993	5958	Fairley	Elliott	RLS	1997
6406	McKeown	James	KIR	1996	5288	Finnis	Joe	ROY	1994
6003	McVay	Matthew	KIR	1996	5753	Foster	Jack	RDG	1997
5642	Medlicott	Simon	WEY	1994	6568	Gillick	Adam	NOR	1993
5765	Millar	Richard	NOT	1994	6392	Goworek	Damian	NOT	1993
6389	O'Cassaide	Bearach	SLP	1993	5962	Gray	Chris	LIN	1998
6383	O'Hagan	Jack	SLP	1996	6116	Gregory	Magnus	WOK	1998
6033	O'Reilly	Daniel	SLP	1993	6098	Griffiths	Paul	RUN	1994
5309	Patterson	Neil	FOR	1993	6294	Haigh	Andrew	TRE	1997
5324	Purcell	Freddie	RIC	1993	6106	Hamill	Euan	FOR	1995
5835	Quintenton	Peter	LIN	1998	6472	Hanger	Matthew	BAN	1994
4560	Reeves	Alex	ADS	1993	6634	Hansell	Benji	BAS	1997
5838	Richards	William	MAI	1994	6093	Harley-Beckett	Conner	LIN	1997
5563	Rix	Joseph	NOR	1997	5820	Halton	David	CHE	1998
5358	Robinson	Alastair	LBZ	1994	6101	Haws	Daniel	WEY	1998
5717	Romain	Nicholas	RIC	1995	5104	Hayward	Mathew	NOR	1997
6029	Roots	George	RUN	1994	6002	Henderson	Blair	KIR	1997
5968	Strong	Sam	NOR	1994	6505	Hewitt	Mathew	SOU	1994
5684	Sunderland	Carl	TRE	1993	5573	Houston	Dennis	RIC	1998
5388	Thomas	Alexander	ELM	1995	6166	Hunt	Daniel	NOR	1997
5929	Tozer	Tom	WEY	1995	5067	Hunt	Ryan	RLS	1995
6373	Victor-Trott	Theo	HER	1995	4407	Jefferies	Matthew	PEN	1995
5369	Walkinton	James	CLM	1994	6295	Johnson	Matthew	CLM	1996
6129	Webster	Graham	RUN	1994	5823	Kay	Harvey	NOT	1997
6089	Williams	Simon	WOR	1996	6527	Keetley	J	LIN	2004
5883	Woodbridge	Dominic	ELM	1994	6371	Kneen	James	WOR	1993
Boys' D					5822	Littlewood	Max	NOT	1998
6506	Arthur	Daniel	SOU	1995	6402	Lloyd	Rosanna	ROY	1997
6473	Austin	W	BAN	2004	6243	Lock	Jack	ADS	1996
6558	Balls	Daniel	NOR	1993	6555	Lodge	Mathew	NOR	1995
6539	Barker	Oliver	BUR	2004	6301	Low	Nathan	IND	1998
5718	Berchtold	Robert	RIC	1993	6167	Macgiolla-rua	Ronan	CEL	1994
6284	Bishop	Matthew	HYM	1996	6540	Marlow	Joe	BUR	2004
5834	Blackman	Isaac	ROY	1996	6343	Marmon	Phillip	CKP	1994
5376	Bowley	James	BUR	1997	5345	Matterson	Harry	LBZ	1995
5427	Boyt	Jamie	WOK	1995	6100	McCutcheon	Suryan	RUN	1996
6499	Brady	Ryan	SLP	1994	6623	Mcmullen	Ross	ELM	1996
6275	Branch	Chris	BAS	1994	6097	Mcvey	Lewis	RUN	1995
6290	Brickell	Callum	FOR	1997	6170	Miller	Fraser	ROY	1995
6554	Brown	Stuart	NOR	2004	6512	Mulholland	James	LEA	1997
5855	Bullivant	Sam	LIN	1998	5529	Murphy	Oliver	LBZ	1998
6032	Burke	Cian	SLP	1995	5928	Nq	Tom	WEY	1996
6291	Carruthers	Benjamin	FOR	1998	6145	Nq	Simon	WEY	1998
6249	Cave	Peter	WOR	1996	6266	Norman	Tom	WOR	1998
6273	Chalk	Greg	RDG	1995	6125	Oldfield	Jake	CHE	1998
5366	Chapman	Iain	KIR	1998	6401	Orme	Ross	BUR	1998
5836	Chidwick	Josh	MAI	1996	6138	O-sullivan	Jake	BSF	1997
5826	Chimiel	Zyqgy	NOT	1997	6599	Palmer	Daniel	FOY	1997

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Reg:	Surname	Name	Club	Year	Reg:	Surname	Name	Club	Year
Boys' D Cont'd					Girls' B Cont'd				
6036	Parkes	Matthew	BSF	1996	5289	Farrington	Grace	ROY	1995
6115	Pearson	Edward	WOK	1997	0264	Hawthorn	Emma	WOR	1993
6588	Peters	Connor	FOY	1996	5362	Henderson	Paula	KIR	1994
6358	Phillips	Ben	RIC	1998	5975	Jayne-Coupe	Kate	RDG	1994
6227	Pipe	Fred	ELM	1998	5327	Killip	Rebecca	RIC	1997
6502	Pittaway	Joe	SOL	1997	5328	Martin	Alison	RIC	1997
6436	Potter	T	LIN	2004	6593	Middleton	Megan	FOY	1994
6637	Potter	Robin	TON	1995	5974	Owen	Amber	RDG	1996
6447	Potter	Thomas	LIN	1997	4983	Owen	Bethan	ADS	1996
6212	Quitmann	James	WEY	1994	5786	Pinnock	Rachael	BSF	1993
6230	Rides	Michael	ELM	1996	5281	Ricketts	Emma	ANK	1996
5693	Roberts	George	LBZ	1996	6313	Roberts	Stephanie	BUR	1993
6206	Robinson	Hamish	RLS	1996	5726	Romain	Emily	RIC	1994
6281	Robinson	Luke	HYM	1994	5517	Ruff	Gemma	ROY	1994
6606	Russell	James	CLM	1997	5048	Seika	Rebecca	BAN	1994
6137	Sanders	Daniel	NOR	1998	5396	Shiel	Alana	ELM	1993
6043	Scarratt	Adam	RDG	1994	5594	Smith	Rhownen	LGW	1995
6158	Scott	Angus	FOR	1998	5470	Smith	Naomi	BAS	1994
6549	Shearer	Harry	NOR	1998	5471	Smith	Isobel	BAS	1994
6287	Skinner	Andrew	HYM	1994	5849	Terry	Stacey	NOR	1994
6611	Smith	David	WOR	1995	5299	Tonner	Emma	LIN	1995
6614	Smith	W	WOR	2004	5296	Vorley	Rebecca	ROY	1994
6396	Smithson	Williams	RLS	1998	5341	Walters	Sarah	BUR	1994
6229	Solway	Eliot	ELM	1997	5390	Ward	Amy	ELM	1995
6336	Staff	Issac	CKP	1994	Girls' C				
6306	Stone	Oliver	RUN	1996	6018	Barnes	Eleanor	SHP	1995
5307	Sunderland	Paul	TRE	1997	6148	Boulter	Fenella	ROY	1995
6113	Sutherland	Thor	RDG	1997	0680	Brookes	Chelsea	RUN	1996
6513	Swain	Jack	LEA	1995	5337	Carson	Emma	ELM	1994
6302	Swinburne	James	IND	1997	5598	Cawston	Millie	CLM	1994
5882	Terry	Dean	NOR	1998	6114	Chalk	Emily	RDG	1993
6228	Thomas	Oliver	ELM	1998	1428	Churnside	Charlotte	RDG	1993
5979	Tod	Max	RDG	1996	5548	Curtis	Jennifer	LBZ	1996
6240	Towers	Samual	LIN	1997	5538	De Ferrer	Madeleine	WEY	1997
5533	Truesdale	Michael	BAS	1994	6046	Dillon	Amy	RDG	1994
5604	Truesdale	Ryan	BAS	1997	6051	Driver	Emma	ROY	1994
6001	Veale	Stephen	KIR	1996	5546	Ellis	Charlotte	LBZ	1994
6380	Verdon	Mark	CEL	1995	5645	Greehy	Lucy	FOX	1994
5292	Vorley	Daniel	ROY	1997	5059	Hicks	Harriet	NOR	1996
5461	Westwood	Joshua	LBZ	1998	5419	Holland	Elinor	CHE	1995
6470	White	Brandon	WEY	1994	2636	Jacobs	Kate	ADS	1993
6223	White	Micky	BAN	1995	5976	Jayne-coupe	Flora	RDG	1994
6147	Whittle	Matthew	SHP	1995	6375	Jones	Rachel	LIN	1993
6474	Wilkinson	K	ELM	2004	5747	Lipscombe	Rebecca	WEY	1994
6127	Williams	Ryan	WOR	1998	5468	McLean	Natasha	BAN	1995
6296	Wilson	Alastair	CLM	1996	5970	Merry	Frances	RIC	1997
6279	Young	Nicholas	HYM	1998	6107	Redmond	Amy	LGW	1997
Girls' A					6276	Rees-clark	Sam	BAS	1995
2585	Collins	Imogen	RDG	1993	5644	Rose	Eleanor	FOX	1994
5342	Croucher	Victoria	WEY	1993	5351	Sealey	Hannah	RDG	1994
5481	Hanlon	Miriam	ELM	1993	0433	Sillitoe	Chloe	LBZ	1993
4080	Haws	Alice	WEY	1993	6376	Stevenson	Matilda	CAM	1996
2765	Illinesi	Emily	ELM	1993	5040	Stone	Kathryn	BAN	1995
5160	Lewis	Emily	WOR	1993	6169	Syme	Rachel	KIR	1997
6545	Sande	Tiril	NCF	1994	6091	Trievnor	Lucy	ELM	1995
5106	Simmons	Hannah	BOA	1993	6120	Walker	Hannah	WOR	1994
5523	Simon	Rebeka	ELM	1996	5063	Wignall	Amy	RUN	1996
6548	Vedoe	Christina	NCF	1994	6090	Williams	Emma	ELM	1995
Girls' B					5295	Williams	Nicole	ROY	1995
5162	Andrews	Eleanor	WOR	1993					
6314	Barker	Lauren	BUR	1995					
5293	Beer	Emma	ROY	1995					
5687	Campbell	Jessica	LBZ	1996					
4222	Childerstone	Hazel	WEY	1993					
6045	Collins	Sophie	RDG	1994					
5386	De Ferrer	Marthe	WEY	1994					

SPRINT RANKINGS

Reg:	Surname	Name	Club	Year	Reg:	Surname	Name	Club	Year
Girls' D					Girls' D Cont'd				
6258	Belcher	Esme	WOR	1994	6620	Meech	Erin	BOA	1996
6199	Bird	Alice	WOR	1997	6434	Morton	Chloe	RIC	1998
6187	Bishop	Rosie	MAI	1994	6564	Nelson	Emily	NOR	1996
5879	Blackman	Grace	GAI	1997	6213	Nicholson	Emma	WEY	1993
5833	Blackman	Margot	ROY	1998	6265	Norman	Emily	WOR	1998
5878	Blackman	Rose	GAI	1998	6635	Orme	Simone	BUR	1994
6364	Blacksell	Holly	ROY	1997	5679	Owen	Samantha	TRE	1994
6537	Brown	Clare	BOA	1997	6247	Palmer	Josie	ROY	1997
6615	Butler	May	WOR	1995	5370	Parker	Louise	CLM	1993
6246	Caldas	Julietta	ROY	1997	6518	Philips	Aoife	LEA	1995
6304	Caldwell	Rhiannon	IND	1997	5819	Piercy	Elise	ELM	1997
6573	Clarke	Emma	HYM	1994	6058	Pipe	Harriet	ELM	1995
5246	Cobb	Alice	NOT	1995	6124	Pipe	Katherine	ELM	1997
6644	Cocks	Lilly	ROY	1994	5561	Rix	Amelia	NOR	1995
5920	Colston	Jessica	CHE	1996	6626	Rose	Annie	FOX	1998
6514	Compton	Alicia	LEA	1993	6550	Rowe	Livvy	NOR	1998
6524	Croal	Poppy	FOR	1996	5593	Ruff	Laura	ROY	1997
5843	Crocker	Hayley	LBZ	1993	6528	Scarrow	L	LIN	2004
6530	Dale	Ava	FOX	1998	6157	Scott	Sophie	FOR	1997
6645	Davis	Hannah	ROY	1995	6084	Sinclair	Eleanor	WOR	1995
6108	Deverson	Lizzy	LBZ	1997	6536	Slade	Rachel	BOA	1996
5921	Dickinson	Molly	ROY	1996	5789	Sollars	Aisha	BSF	1997
6542	Draper	Grace	BUR	2004	6367	Solway	Abigail	ELM	1995
5565	Dunster	Rose	RIC	1994	6475	Solway	R	ELM	2004
6079	Durrant	Abbie	NOT	1998	6515	Stack	Leah	LEA	1993
6417	Ellerton	Chloe	TRE	1997	6128	Stoianobic	Ana	WOR	1995
6010	Elliott	Aimee	LBZ	1995	6142	Stuart-hill	Amy	MAI	1994
6310	Ellis	Sarah	FLA	1998	6020	Taylor	Helen	RIC	1993
6504	Evans	Jordan	SOU	1994	5626	Taylor	Poppy	SOU	1996
5344	Ewington	Emmeline	LBZ	1995	6621	Thomson	Amy	boa	1996
6488	Falltrick	Leah	CLM	1996	6025	Train	Joanna	FLA	1993
6534	Finch	Lucie	BOA	1993	6552	Vidal	Maria	NOR	1995
6117	Fletcher	Alison	LGW	1998	5181	Walkinton	Holly	CLM	1993
5689	Foley	Kerry	LBZ	1996	6640	Warrior	Jessica	ROY	1995
6112	Giles	Hollie	FLA	1995	6049	Watt	Charlotte	RDG	1995
6516	Grant	Meadhbh	LEA	1995	6224	White	Billie	BAN	1997
6639	Grant	Alice	ROY	1994	6566	Wiley	Harriet	NOR	1997
6521	Grant	Muireann	LEA	1998	6517	Wilson	Isobel	LEA	1994
6400	Green	Saffron	BOA	1996	6111	Worthington	Lucy	FLA	1994
5322	Greer	Rebecca	WOR	1993	6409	Zaccaria	A	LIN	2004
5787	Gurney	Emily	BSF	1997	6428	Zaccaria	Antonietta	LIN	1995
6642	Harper	Alice	ROY	1994					
6384	Hennigan	Molly	SLP	1994					
6507	Hewitt	Emily	SOU	1996					
6529	Hield	Emma	FOX	1998					
6211	Homeshaw	Charlotte	WEY	1997					
6641	Hudson	Rosie	ROY	1995					
6643	Hughes	Sophie	ROY	1994					
6444	Jackson	Stacey	IND	1994					
6274	Jayne-coupe	Rebecca	RDG	1996					
6299	Johnson	Melissa	CLM	1997					
5993	Jones	Bryony	HER	1995					
5907	Kabeer	Sara	WOK	1996					
6478	Kemp	Flore	ROY	1996					
6303	Kerr	Deborah	IND	1997					
6269	Kettle	Gabbrielle	WOR	1993					
5662	Lake	Hannah	NOR	1994					
5558	Lee-smith	Lucy	NOR	1997					
5738	Lewis	Kerry	RIC	1997					
6262	Lewis	Charlotte	WOR	1997					
6168	Macqiolla-rua	Clodagh	CEL	1995					
6541	Marlow	Libby	BUR	2004					
6119	Matesova	Julie	LIN	1997					
6099	McCutcheon	Shivan	RUN	1998					
6638	McDowell	Grace	ROY	1995					
6519	McLaughlin	Caoimhe	LEA	1995					

SPRINT RANKINGS

Reg:	Surname	Name	Club	Year	Reg:	Surname	Name	Club	Year
Paddle-Ability					Mini Sprint A				
5699	Baqshaw	Hannah	NWK	1998	6288	Acquisto	Danny	HYM	1999
6070	Beynon	Stephen	SGB	1988	5685	Fitzpatrick	Daniel	LBZ	1999
3319	Broome	Jonathon	NWK	1976	6427	Gray	Elizabeth	LIN	1999
4649	Brown	William	SGB	1974	6197	Hayward	Kieren	NOR	1999
1026	Bull	Alison	PEN	1975	5906	Kabeer	Hafsa	WOK	1999
6155	Chettle	Tara	NWK	1999	5982	Killip	Jo	RIC	2000
6379	Downing	Douglas	NWK	1992	6300	McCaffert	Jordon	IND	1999
5010	Fenwick	Dean	PEN	1987	6083	Myburgh	Renee	RIC	1999
6391	Footo	Joel	NWK	1996	6241	Quittenton	Ben	LIN	2001
5102	Gardener	Edward	PEN	1951	5686	Smith	Charlie	LBZ	1999
5009	Gardener	Lucy	PEN	1978	5790	Sollars	Michael	BSF	1999
4439	Hassell	Karl	NWK	1996	6429	Towers	Charlotte	LIN	1999
0018	Hewitt	Matthew	NWK	1979	Mini Sprint B				
6394	Hopwood	Dan	TRE	1977	5965	Andrews	Caitlin	WOR	1999
5631	Jackson	Thomas	NWK	2007	5966	Andrews	Robyn	WOR	1999
5317	Jelly	Stella	SGB	1994	6629	Barnicoat	Alfie	LON	2001
6533	Knowles	Jo	FOX	1980	5868	Barnicoat	Madi	LON	1999
5954	Littler	Joshua	TRE	1992	6622	Brown	Lucy	BOA	1999
6423	Mahoney	Patrick	PEN	1966	6415	Bunyon	Alex	CLM	1999
5316	Marsh	Daniel	TRE	1983	6452	Caldas	Eddie	ROY	2000
1328	Mills	Christopher	SGB	1977	5688	Campbell	Megan	LBZ	1999
4008	Mitchell	Ian	PEN	1977	5827	Chimiel	Ozzie	NOT	1999
6292	Nelson	Richard	TRE	1972	6501	Cook	Oliver	SOL	1999
6538	Nickson	Mark	HYM	1995	6118	De Ferrer	Gaby	WEY	2000
3831	Oldham	James	NWK	1985	6408	Flavell	Josh	LIN	2004
0490	Osmond	Heather	RLS	1984	5627	Gilbert-Johns	Sophie	SOU	1999
5782	Owen	Kieran	NWK	1996	6410	Gray	Lizzy	LIN	2004
6071	Phibben	Robert	SGB	1985	5788	Gurney	Isabelle	BSF	1999
4438	Richardson	Brendon	NWK	1981	6419	Hail	Eloise	LBZ	1999
5955	Roberts	Zachery	TRE	1991	6578	Hield	Lucy	FOX	2000
6283	Robinson	Catherine	HYM	1993	6551	Hobdon	Daniel	NOR	1999
6453	Rose	Edward	RLS	1992	6596	Holden	Bronte	FOY	2000
5312	Russ	Jade	TRE	1984	6646	Kemp	Aidan	ROY	1999
6382	Savoury	James	SGB	1993	6263	Lewis	Katy	WOR	1999
6102	Smart	Peter	VIK	1965	6244	Lock	Harry	ADS	1999
5301	Smith	Katie	RLS	1981	6442	Neale	Jonathan	TON	1999
5315	Smith	Jonathon	SGB	1973	6526	Nolson	Kieran	WOK	2004
5313	Smith	Kathryn	SGB	1981	5862	Owen	Michael	TRE	2000
4313	Stephen	James	PEN	1968	6525	Page	Rhys	WOK	2000
6617	Stewart	Graeme	IND	1966	5991	Phillips	James	BOA	2004
4278	Taylor	Maqqie	MAI	1961	6450	Plummer	Sarah	LBZ	1999
6395	Udukumbura	Russ	TRE	2004	6418	Roberts	Erin	LBZ	2000
3845	Weir	Frances	BAN	1987	5956	Roberts	Natalie	TRE	1999
5314	Williams	Andrew	SGB	1972	6398	Robinson	Alistair	RLS	2000
5485	Wilson	Carl	TRE	1987	6607	Russell	Emma	CLM	2000
3384	Wood	Richard	RLS	1982	6531	Schuller	Joe	FOX	2000
1460	Young	Jason	PEN	1974	6407	Towers	C	LIN	2004
					6422	Tozer	Lucy	WEY	2000
					6628	Troyano	Jacob	FOX	2000

MARATHON RANKINGS

The following pages show the marathon rankings record as at the end of 2010. The task of keeping the database up to date is undertaken by Rosemary Illinesi, whose job it is to upload results from all races on to the HRM system and manually input the extra promotions advised by Regional Marathon Advisers and the National Rankings Officer.

This job would be made easier by Team Leaders checking the BCU list that is regularly published on the Marathon Website and informing her of any mistakes or changes to paddler details.

Team Leaders should by now be aware that the National Rankings Officer is keen that clubs be responsible for putting their paddlers in the correct division for racing. This means in particular that someone racing for the first time does not necessarily start in Division 9. There were several instances in 2010 when adult paddlers in their first race were entered in Division 9 and were then promoted straight to Division 5. This is extremely unfair on the young junior paddlers in division 9 who were deprived of a competitive race, and was certainly of no benefit to the adult involved.

Contact details for those who have volunteered to help in the smooth running of Marathon Racing can be found on Page F3 of the Racing Handbook.

Up to date details of races, rankings and other information are to be found on the Marathon Website.

www.marathon-canoeing.org.uk

MARATHON RANKINGS

Surname	First name	Club	Cat	BCU no.	Surname	First name	Club	Cat	BCU no.
Division 1					Division 2 cont.				
BAKER	STEVE	ELM	V	243789	CLARK	IAN	NOT	S	50848/F
BEAZLEY	DANIEL	LEA	V	39378/F	CLIVE	MARK	GAI	J	111617/Y
BEER	ROBERT	ELM	S	117855/Y	COX	EWAN	WEY	V	257065
BOYTON	JONATHON	ROY	S	120380/Y	CREAMER	ROBERT	LBZ	S	205229/Y
BRABANTS	TIM	NOT	S	37973/F	CROUCHER	ADRIAN	WEY	V	12402/F
BRADSHAW	BEN	NOR	S	116650/F	DARK	SIMON	BOA	V	
BROWN	BEN	ELM	S	96913/F	DAWSON	ANDY	CHE	V	17132/F
BULLOCK	RICHARD	EXE	S	30594/F	DEACON	TOM	ADS	J	204443/Y
CHILDERSTONE	MARK	WEY	S	129513/C	DOYLE	MICHAEL	ELM	V	115653/F
COEFFEC	VIVIEM	RIC	S	250356	DRESSER	GUY	ROY	V	218826/F
COX	EDWARD	WEY	S	69175/Y	DUFF	DAVID	RAF	V	23542/F
DANIELS	ANDREW	RDG	S	96745/C	EAST	NICK	EXE	V	247510
DANIELS	TOM	LON	S	96747/C	EDE	PIP	RDG	S	112706/Y
FARRELL	BEN	ELM	S	97180/C	ENOCH	PAUL	NOT	V	7917/F
FENNEMORE	SIMON	WEY	S	97743/F	FIELDUS	ROY	WEY	V	111208/F
GOLDER	DANIEL	BAN	S	44466/F	FORBES	RICHARD	SOL	S	50323/F
HASTINGS	STUART	ROY	S	111917/Y	FREEMAN	SAM	EXE	S	126311/Y
HAYNES	BEN	LBZ	S	115345/Y	FREEMANTLE	JAMES	BAS	S	215587/F
HIDE	TOM	ADS	S	117072/Y	GIBSON	OLIVER	ROY	S	128890/Y
JOHNSON	NATHAN	ELM	S	55922/F	GOLDER	RICHARD	BUR	S	
JORDAN	AARON	MAI	S	109858/Y	GOODALL	MICHAEL	ACU	S	ACU/005
KING	JAMES	SOU	S	109251	GUNNEY	PHIL	WEY	V	26585/F
LAWLER	IVAN	ELM	V	7701/F	HARDING	OLIVER	LON	V	29824/F
MOULE	KEITH	CLM	S	80147/F	HENDRON	HENRY	RIC	S	113134/S
O'REGAN	GRAHAM	ROY	S	DT	HENDRON	RICHARD	RIC	S	73633/F
PEAKE	OWEN	RDG	S	97125/F	HICKS	ALBERT	NOR	J	105887/Y
PENDLE	TIM	NOR	S	105284/C	HIDE	MATT	ADS	S	114364/Y
RUTHERFORD	EDWARD	ELM	S	115494/Y	HINVES	JAMES	SOU	V	54853/F
SAWERS	JOHN	ELM	S	76015/Y	HYMAN	SAM	RIC	S	DT
SCHOFIELD	JOHN	SOR	S	71199/F	IRVINE	BRETT	RIC	S	226284
SEAFORD	DANIEL	RDG	S	47188/F	KEEBLE	JAMES	RDG	S	79448/F
SHARPE	TOM	EXE	S	127495/Y	KENT	RICHARD	SOU	V	16495/F
SIMMONS	JONATHAN	WEY	S	84393/Y	KING	ROBERT	HER	S	71202/F
SIMMONS	TOM	BOA	S	130371/Y	KIRSCHSTEIN	NICO	RDG	J	218842
STADDON	JACK	ROY	S	205001/Y	LAMBEL	TRENT	RIC	S	244234
STEAD	BRENDAN	RIC	S	224423	LAMBERT	MICHAEL	WEY	S	208203/Y
STREVS	ADAM	CAM	S	ICU	LANNIGHAN	PAUL	FOX	V	226549
TERRY	DEAN	WEY	S	112127/Y	LAWRENSON	TIM	BUR	S	95995/Y
THOROGOOD	PHILIP	ELM	S	115453/Y	LEWIS	RICHARD	BOA	V	6811/F
TYE	JOHNATHAN	WOR	J	207902/Y	LIVSEY	IAN	NOT	V	228299
WEBSTER	JAMES	BOA	J	214163/Y	LORENZI	MARC	ELM	S	111218/F
WELCH	MATTHEW	WEY	S	130706/Y	LOVE	TOM	RLS	S	28525/F
WEST	STUART	WOR	V	106967/F	MAINPRIZE	TOM	RDG	S	129287/Y
WILKES	MARK	CLM	S	209928/Y	MARITZ	DAVID	RIC	S	244026
WILLIAMS	ROBIN	WEY	V	6297/F	MARNELL	STEPHEN	RUN	V	8216/F
WYCHERLEY	PAUL	WEY	S	82383/Y	MARTIN	MIKE	LBZ	V	84125/F
Division 2					MAYCOCK	PETER	EXE	V	126544/F
AYRES	ROBIN	WEY	V	212912/F	MAYERS	JAMES	RUN	S	32720/F
BELCHER	LANI	ELM	F	236110	MCILHARGY	STUART	BSF	V	233790
BITCON	DOUG	RIC	S	243389	MEYER	RICHARD	NOT	S	44429/F
BLACKMAN	NEIL	SOR	V	39746/F	MILLAR	DAVID	EXE	V	118386/F
BLYTH	DUNCAN	WOK	V	11213/F	MISSEN	STAN	BOA	V	7909/F
BOWLEY	MATTHEW	BUR	J	129728/Y	MORTON	DWAYNE	ELM	S	108685/F
BREWSTER	ADAM	NOT	V	65481/F	NEALE	CLIVE	TON	V	4903/F
BURGOYNE	PAUL	HER	S	43048/F	OLIVER	DAVID	LIN	S	26689
BUTLER	JAMES	NOT	V	96528/F	PEARSE	PHILIP	SOU	S	111052/Y
CANHAM	CHRIS	ROY	V	81880/F	PEDLAR	DAVE	WOR	S	51947/F
CHAPMAN	SIMON	ACU	S	108743/F	PENDLE	DYSON	NOR	V	36/F

MARATHON RANKINGS

Surname	First name	Club	Cat	BCU no.	Surname	First name	Club	Cat	BCU no.
Division 2 cont.					Division 3 cont.				
POOLE	ROBERT	LBZ	S	113621/Y	ESCOTT	JAMES	BOA	J	220378
REEVES	KRISTIAN	ADS	S	113462/E	EVANS	PAUL	HER	S	248496
RESSEL	MARK	EXE	S	116424/F	FARISH	HARRIET	NOT	F	74251/Y
RIX	OLIVER	NOR	J	218880	FARRINGTON	ROY	RLS	S	109611/F
SAWERS	LOUISA	ELM	F	112617/Y	FITZPATRICK	JOE	BSF	J	219363/Y
SHELLEY	PIRAN	RIC	S	59173/F	FLEESON	CHARLES	ANK	S	51870/F
SMYTHE	JAMES	LEA	V	23979/F	FLYNN	DAVE	TAU	V	110396/F
STANDEVEN	GUY	ROY	J	232819	FOSTER	ALEX	ROY	S	203672/D
SURRAGE	JOE	BSF	S	96867/F	FOSTER	JOE	RDG	J	223446
THOROGOOD	GLENN	ELM	S	115452/Y	FOWLER	NICK	WOR	S	221220
TURAN	BARNABAS	WOR	S	238762	GAUL	KRISTIE	ANK	S	216705/Y
WILKES	PETER	CLM	S	202700/Y	GEORGE	BARBUCI	CKP	S	226007
WILLIAMS	NEIL	ROY	S	118252/Y	GOODE	ALAN	LEA	S	226510
WILLIS	SAM	NOR	S	123170/C	GREENHAM	BRIAN	RDG	V	50852/F
WRIGHT	MICHAEL	EXE	S	254887	GRIMWOOD	ANDY	LIN	V	4636/L
WRIGHT	MICHAEL	FOX	S	254887	GUNNEY	CLAIRE	WEY	F	56048/F
WYNNE	IAN	ROY	S	23605/F	HALLAM	DAVE	LEA	V	10023/F
YATES	JONATHAN	TON	S	109025/F	HAWKEY	JENNA	EXE	F	205780/F
YATES	PAUL	WEY	S	214250/Y	HAWS	EDMUND	WEY	J	237190
ZIELSKI	RADEK	RDG	S	16358	HENMAN	JOSHUA	RIC	J	RIC/041
Division 3					HENSON	ADRIAN	WEY	V	16041/F
ADAMS	MARK	BSF	V	44306/F	HERBENT	ATTILA	RLS	S	233777
ANDREWS	JOE	BOA	S	242112	HERBERT	DOUGLAS	ACU	S	26387/F
ARCHER	HARRY	ELM	J	227466	HOGAN	MARK	LEA	V	73736/F
ATTWILL	JAMES	BOA	S	130684/Y	HOLDWAY	ROBERT	TRE	S	73620
BAKER	ALEXANDER	BOA	J	120339/Y	HOWE	CHRIS	CLM	S	77116/Y
BANNISTER	PETER	WEY	J	128928/Y	ILLIDGE	GRAHAM	RUN	V	107236/F
BARNICOAT	GEORGE	CKP	J	226007	ILLIDGE	JENNY	RUN	F	216127/Y
BELBIN	DAVID	NOT	V	18674/F	JENKINS	PHILLIP	NOR	V	54505/F
BENNETT	STEVE	BRI	V	26460/F	JOHNSON	DANIEL	CLM	J	
BILLSON	JOSH	EAL	J	235506	JOY	ALEX	SOR	S	207940/Y
BIRD	WILLIAM	WOR	J	238255	KELLY	ANDREW	RUN	V	55243/F
BLACKMAN	BRUCE	GAI	V	126208/F	KILBOURN	ROBERT	NOR	S	32926/F
BLACKWELL	OLIVER	EXE	S	76752/F	KILLIP	BEN	RIC	J	242342
BLACKWELL	STEPHEN	EXE	V	221242/F	KING	AMORET	CAM	F	118198/C
BLOCK	JAMES	NOT	V	8112/F	KINGSTON	THOMAS	MAI	J	129100/E
BROUGHTON	LIZZIE	RIC	F	122013/Y	KIRKWOOD	ANGUS	CLM	S	22910
BURGOYNE	MARK	HER	S	237209	KIRSCHSTEIN	SAM	RDG	J	219803
BUTLER	BILLY	FOX	S	237592	KIRSCHSTEIN	TONY	RDG	J	210070
BUTLER	MATTHEW	RDG	S		LEVAI	GABOR	TON	S	233343
BUTT	TOM	NOT	S	229806	LIPSCOMBE	RICHARD	WEY	S	209741/Y
CARPENTER	NEIL	EXE	S	249512	LITTLEWOOD	REX	NOT	V	128212/C
CARTER	CHRIS	NOT	V	22326/F	LUSTY	TOM	SOL	J	250542
CHILDERSTONE	JACK	WEY	J	231574	LYNCH	TOM	WOR	J	239341
CHRISTIE	JAMIE	SOR	S	24086/F	MAHMOUD	ADAM	RIC	J	DT
COLLINS	DAVID	WEY	V	10699/F	MARTIN	SEAN	RIC	V	230249
COLYER	BEN	RDG	J	210041/Y	MASON	HAYLEIGH	NOT	F	85033/C
CONNELLY	MICHAEL	SOR	S	129996/Y	MCINTYRE	DEANE	FOX	V	217576
CORDEN	TOM	NOT	S	242419	MCKEAND	GRAHAM	LEA	V	37800/F
CORDERY	JAMES	WEY	S	214194	MCMORRIN	COLIN	KIR	S	SCA10927
DAVEY	ANDY	TON	S	257499	MIDDLEHURST	TIM	RIC	V	206712
DRISCOLL	SAM	MAI	S	218847	MILLS	MATTHEW	LEA	S	109786/C
DRISKEL	DANIEL	EAL	S	235518	MORTON	ANDREW	KIR	V	SCA 007
DU TOIT	DANIEL	RIC	S	77865/F	NORFOLK	ADAM	EAL	S	73916
DUFF	CRAIG	NOT	S	213882/Y	OCKENDON	RICHARD	ELM	S	253967
DUFFIELD	LEWIS	CLM	J	252670	OLIVER	MATTHEW	LIN	V	229363/F
DYER	JASON	BAS	J	220942	OWEN	MICHAEL	ADS	S	110552/Y
EASEY	GRAHAM	WEY	S	20389/F	PANAYI	MARCUS	LEA	V	46604/F

MARATHON RANKINGS

Surname	First name	Club	Cat	BCU no.	Surname	First name	Club	Cat	BCU no.
Division 3 cont.					Division 4 cont				
PARKER	JOHN	WOR	S	80544/F	BRAITHWAITE	SHUNA	NOT	F	SCA6955
PEARSE	TIM	BRI	S	111051/Y	BRETT	TONY	BSF	J	211275/Y
PHILLIPS	TIM	WOR	V	129533/F	BRICKNELL	NEIL	FOX	V	DT
POTTERTON	ANDREW	RDG	J	234556	BRITNELL	NEIL	FOX	V	244399
PRESTON	CHRIS	ELM	S	121740/F	BROOKS	EDWARD	CKP	J	128913/Y
PRESTWOOD	PAUL	GAI	S	43606/F	BROWN	DAVID	ELM	V	118679/F
QUITTENTON	EDWARD	LIN	J	239003	BROWN	LEANNE	BSF	F	108181/Y
RAINEY	SAM	LEA	S	121888/Y	BULLIVANT	STEVEN	LIN	V	226192
REDMOND	SEAN	LGW	J	SCA10429	BURBECK	KATHERINE	NOT	F	204276/F
ROWELL	GARY	LEA	S	226404	BURDETT	SAMUEL	MAI	J	224949
SCHOFIELD	CHRIS	NOR	V	18943/F	BURFITT	MALCOLM	EBC	V	235227
SEALEY	JACK	RDG	S	128289/C	BUTT	ADRIAN	SOU	V	255431
SEARS	CHRISTOPHER	RDG	S	110801/Y	CAVE	ROBERT	WOR	J	239201
SHAW	EDWARD	ROY	V	26913/F	CHALMERS	NEIL	KIR	S	SCA 6665
SHIEL	THOMAS	ELM	J	200917/Y	CHANDLER	MICHAEL	RAF	S	7844/F
SLATER	PAUL	GAI	S	29883/F	CHAPMAN	COLIN	KIR	J	SCA0001/
SLIGHT	DANIEL	LBZ	S	120610/Y	CHILDERSTONE	HAZEL	WEY	JF	218883/Y
SMITH	JASON	RAF	S	77687/F	CHILDERSTONE	MICHAEL	WEY	V	9472/F
SNEDDON	RYAN	WOR	S	247243	CHORLEY	CHRIS	BTH	S	22827/F
STANWAY	THOMAS	CLM	J	247835	CHRETIEN	LAWRENCE	EAL	V	257680
STEELE	RODNEY	MAD	V	80371/F	CHURCHILL	OLIVIA	ROY	F	107993/Y
STEVENSON	NIGEL	LIN	V	12432/F	CHURNSIDE	AMELIA	RDG	F	205668/Y
SWADLING	GRAHAM	NOT	V	10064/F	COLLINS	IMOGEN	RDG	JF	207952
SWALLOW	JENNY	CHE	F	126197/C	COLLINS	JESSICA	RDG	F	126269/Y
SWALLOW	MELVIN	RUN	V	2665/F	CONNELL	MATTHEW	ELM	J	255042
TAYLOR	DAVID	LIN	V	7848/F	CORNISH	TIM	ind	V	7215
THROWER	SHAUN	HER	V	83895/F	COULSON	ABIGAIL	RDG	F	59738/F
TODD	DYLAN	RIC	S	256864	COULSON	DAVID	RDG	V	9231/F
TREADGOLD	JAMES	RDG	V	18747/F	CROCKER	DALE	LBZ	J	249329
TURNBULL	KEVIN	BUR	V	224448	CROUCHER	VICTORIA	WEY	JF	207646/Y
TURNER	TRISTRAM	BRI	S	205135/F	DABBS	MATT	CLM	S	DT
TYSOE	DAVID	WOR	J	242664	DANIELS	NICK	LON	V	25444/F
VAN TYL	ALEX	RIC	S	238543	DAVIES	SIMON	WOR	V	1188/F
WALSH	SHAUNE	NOT	S	255873	DAVISON	RUSS	BUR	S	51835/F
WELCH	CHARLIE	WEY	J	215672	DIAPER	TOM	SOU	S	241710
WILLIS	STEVE	SOU	V	123169/F	DILAI	MAGGIE	RUN	F	112820/F
YOUNG	JOSH	BSF	S	213311/Y	DIXON	STEPHEN	ROY	S	129921/Y
Division 4					DOBSON	EDWARD	DEV	S	231204
ALLEN	JAMES	CKP	J	254713	DOMAN	PAUL	CLM	V	205955
ALLEN	LEWIS	NOR	S	205147/Y	DOMONKOS	ISTVAN	RIC	S	240222
ANDERSON	DENVER	SOU	S	241576	DRUMMOND	JOHN	RDG	V	109008/F
APPLEBY	PAUL	WOK	V	105853/F	DUNN	STUART	LEA	V	30222
AVERY	ROBIN	MAD	V	76606/F	DUNROY	NORMAN	RIC	S	71246/F
AYRES	PHOEBE	WEY	F	212913/C	EDYVEAN	JOHN	FOY	S	105477/F
BAILEY	MATTHEW	ACU	V	45543/F	ELKS	STU	RN	S	233550
BAKER	PAUL	RNK	S	79805/F	ELLIOTT	JOHN	ELM	V	8358/F
BANNISTER	MICHAEL	MAI	V	68271/F	ENGLAND	RICHARD	CLM	V	236323
BARTON	NICK	TON	V	DT	EPPS	ALAN	NOR	V	14930/F
BATES	JOANNE	ELM	F	55918/F	ESCOTT	TIM	BOA	J	217689
BEARDSSELL	LENA	ROY	F	123465/Y	FAY	NICHOLAS	RIC	S	210993/F
BEER	SARAH	ROY	F	201404/Y	FERGUSON	LAURA	BAN	F	202111/Y
BEYER	JAMES	WEY	S	250731	FINNIS	BEN	ROY	J	242667
BIRD	JONATHAN	WOR	S	8920/F	FLACK	MICHAEL	BOA	J	243981
BLACKMAN	HOWARD	BUR	V	19313/F	FLANAGAN	WILLIAM	RIC	S	78216
BLACKWELL	HAYLEY	RDG	F	248483	FLETCHER	LEWIS	LGW	J	SCA 1084
BOREHAM	NICHOLAS	BAS	J	220156	FOLEY	DANIEL	LBZ	J	227231
BOUGH	WILLIAM	GAI	V	116310/F	FORD	DAVID	WIN	V	59235/F
BRAGG	MARK	ITG	S	SCA 5665	FORD	PETER	TON	V	60479

MARATHON RANKINGS

Surname	First name	Club	Cat	BCU no.	Surname	First name	Club	Cat	BCU no.
Division 4 cont					Division 4 cont				
FORD	Yael	TON	F	52954/F	LITTLEHALES	KEVIN	BRI	V	WCA 5631
FRASER	KENNY	IND	V		LOFTUS	KEN	ROY	S	114957/F
FREEBODY	CALVIN	WEY	J	249480	LOGAN	STUART	MLO	S	239133
GALLIMORE	DAVID	IND	V	248248	MACE	GEORGE	NOR	S	232569
GANDY	MIKE	WOR	S	30889	MARKEN	ANDREW	ELM	J	232327
GARNER	NICK	RIC	S	258863	MASON	NORMAN	NOT	V	35607/F
GAUNT	SAM	PLY	S	108832	MCLEAN	IAN	BAN	V	203381/F
GAVIN	CHRIS	RIC	V	85225/F	MCLEAN	MATTHEW	BAN	S	211876/Y
GILBERT-JOHNS	RICHARD	SOU	V	63155/F	MCLEOD	NEIL	SOU	S	215574/F
GORMAN	PETER	WEY	V	13922	MCSWEENEY	CHRISTOPHEF	WOR	S	21026/F
GRADY	FIONA	NOR	F	117090/F	MEYER	RUSSELL	SOU	S	40148/F
GREENAWAY	BRIAN	FOY	V	236902	MIDDLEHURST	MARIA	WEY	F	206714/Y
HANCY	MARTIN	NOR	V	241988	MIDDLETON	MEGAN	FOY	JF	223151
HANNON	SARAH	WEY	F	51022/F	MISSEN	JAMES	BOA	J	247445
HANSELL	BEN	BAS	J	256927	MITCHELL	DANIEL	CLM	J	
HARDING	LUKE	LON	J	250529	MITCHELL	GEORGE	WOR	J	WOR/263
HARLEY-BECKETT	JACOB	LIN	J	244093	MORAN	CLAIRE	WOR	F	107492
HAWS	ALICE	WEY	JF	225595	MORAN	MICK	WOR	V	108663/F
HAWTHORN	EMMA	WOR	JF	104102/C	MURPHY	DOM	BAN	V	110498/F
HAWTHORN	MIKE	WOR	V	980/F	MYATT	HUW	RDG	S	226107
HAYES	PAUL	RIC	S	235949	NADAL	MICK	NOT	V	1664/F
HAYWARD	IAN	NOR	V	9070/F	NICHOLSON	ANDY	WEY	V	76849/F
HEMMING	JAMES	ACU	S	211315	NICHOLSON	LEON	SOU	V	26817/F
HODGSON	OSCAR	WEY	J	243975	NIEVEEN	RICHARD	WEY	V	62384/F
HOLMES	ANDREW	WOR	V	72188	NOBBS	ASHLEY	WOR	J	227386
HOLMES	GRAHAM	RIP	V	697/F	OLIVER	FREDDY	BAS	S	261411
HOOK	JOSH	BOA	J	237704	OSIPOV	ANDREZ	INT	S	259752
HORVATH	ATTILLA	RIC	S	DT	OUGHTON	JES	SOR	V	81703/F
HOULGATE	ADAM	NOR	S	231073	OWEN	KEITH	BOA	V	15820/F
HOWIE	DAVE	WEY	V	31267/F	PARKER	JAMES(FESS)	WOR	V	32697/F
HOWSON	LEE	BOA	V	120238/C	PARKER	SOPHIE	CLM	F	212977/Y
HOWSON	PETER	ACU	V	120237/F	PARSONS	TINA	NOT	VF	25523/F
HUMPHRIES	TIM	ROY	S	130592/Y	PATTERSON	SCOTT	FOR	S	SCA8898/I
HYDE	JEFF	HER	V	16612/F	PEARCE	RYAN	FOY	S	118087/E
ILLINESI	EMILY	ELM	JF	122544/Y	PENN	TERRY	FOX	V	208258
ILLINESI	PAUL	ELM	J	203012/Y	PHILLIPS	ANDY	BOA	S	9370/F
INCE	JOHN	TON	V	43540/F	PLOIX	KEVIN	LIN	S	249064
ISBELL	OLIVER	RIC	S	82262/Y	PLUMMER	SAMUEL	LBZ	J	222744
JARRETT	OLIVER	RDG	J	203761	POSTILL	HARRY	POO	J	127063
JONES	CHRISTOPHEF	LBZ	S	41300	POTTERTON	TONY	RDG	V	224469
JONES	CLIVE	SOL	V		POWER	DAVID	LBZ	V	256834
JONES	GRAHAM	RAF	S	82227/F	PRINSLOO	LAWRENCE	RIC	S	233206
JONES	PAUL	HER	V	124473/F	PURCELL	FREDDIE	RIC	J	217295
KAY	NICK	FOX	V	246222	QUITTENTON	PETER	LIN	J	253788
KAY	TOM	NOT	V	231151	RABY	SEB	BAN	S	223918
KINGMAN	PAUL	BOA	S	42561	RANCE	STEVE	SOU	V	14236/F
KLEBOWSKI	TOMASZ	TON	S	233862	REES-CLARK	MICHAEL	BAS	J	200416
KNIGHT	ROBERT	WOR	S	122978	RICKETTS	SIMON	ANK	V	204870/F
LAMPH	FAY	WEY	F	127374/Y	RILEY	GORDON	ANK	V	129155/F
LAMPH	MARK	WEY	S	220643	RIMINGTON	HUAN	SOL	S	127516/Y
LANG	OLIVER	RDG	S	DT	RIX	GAVIN	NOR	V	218879
LANGLEY	JAY	ROY	S	238835	ROBINSON	MATT	CDJ	J	Y7545
LARGE	JAMES	NOR	S	248049	ROGERS	PAUL	ELM	S	67067/F
LAVARACK	MICHAEL	RIC	S	241916	ROMAIN	NICHOLAS	RIC	J	248297
LEATHERBY	ROBERT	FOX	S	238884	ROONEY	SOPHIE	BAN	F	212798/Y
LEWIS	EMILY	WOR	JF	WOR/183	ROWLEY	GARY	LEA	S	232277
LINNELL	LOUISE	NOR	F	128481/F	RUFF	ANTHONY	ROY	V	235330
LIPSCOMBE	REBECCA	WEY	JF	251090	SACKMAN	DAVID	RDG	V	25521/F

MARATHON RANKINGS

Surname	First name	Club	Cat	BCU no.	Surname	First name	Club	Cat	BCU no.
Division 4 cont					Division 4 cont				
SANDERS	KEITH	GRI	V	44587/F	WEIR	IAN	BAN	C	206058/Y
SAVAGE	GARY	WEY	V	237796	WELLS	PAUL	RIC	V	213966/F
SCHOFIELD	BECKY	NOR	F	83203/F	WESTWOOD	MATTHEW	LBZ	V	230097
SCOTT	TIM	NOR	V	82381/F	WHITE	IAN	WOK	V	68786/F
SEWARD	DAVID	WOK	V	17952/F	WIBREW	MICHAEL	MAI	V	7886/F
SHEPHARD	OWEN	CLM	S	77712	WILKIN	STEVE	CLM	V	126649/F
SILLITOE	CALLUM	LBZ	S	119410/C	WILKINSON	PAUL	ELM	V	200418/F
SILVERTSEN	OMMUND	WOK	S		WILLIAMS	BRIAN	MAI	V	239526
SIMMONS	HANNAH	BOA	JF	215523/Y	WILLIAMS	CLIVE	ACU	V	14219/F
SIMON	MARTON	ELM	J	221083	WILLIAMS	KATIE	ELM	F	120277/Y
SIMON	REBEKA	ELM	JF	221084	WILLIAMS	LUCAS	MAI	J	239528
SKELLERN	CHRISTOPHE	WOR	V	29198/F	WILSON	CHARLES	RIC	S	227718
SMITH	DAVID	WOR	S	206149	WISE	ANNA	RAF	F	
SMITH	ISOBEL	BAS	JF	204440/Y	WISE	EWAN	RDG	S	226551
SMITH	NAOMI	BAS	JF	206178/Y	WORTH	ANDREW	EXE	V	82753/F
SNEDDON	THOMAS	LGW	S	SCA 9401	Division 5				
SOKOLOV	ALEXANDER	WEY	J	229980	ABBY	ALAN	RDG	V	232125
SOMERSET	RICHARD	BAS	V	61580/F	ABSON	WILLIAM	RIC	S	231636
SOREGI	BALAZS	RIC	S	227195	ADDISON	DAVID	WEY	V	3772
SOUTHEY	MICHAEL	FOY	J	235737	ADDISON	MARK	WEY	S	258499
SPENCER	CLAIRE	HER	S	123920/C	AGER	RICHARD	LEA	S	249402
SPIERINGS	GIEL	FOY	J	248590	ANDREWS	ELEANOR	WOR	JF	236491
SPITTAL	GEORGE	TSP	V	SCA 0086	ANTHONY	THOMAS	ELM	J	243265
SPURR	ANDREW	FOX	S	121310	ARCHONDAKIS	ALAN	LON	V	104040/F
STAFF	CALLUM	CKP	S	238283	ARUNDALE	DAVE	RUN	V	256850
STAINES	DANIEL	WOR	S	247246	ATKINS	LEE	RDG	VF	244587
STAINSBY	ROB	RIC	S	215243/F	AUSTIN	WILL	BAN	J	250971
STANNARD	JAMIE	RLS	J	214885/Y	BAINBRIDGE	IAN	EXE	V	33965/F
STENHOUSE	MATTHEW	TON	S	233691	BAKER	IAN	BOA	J	120340/Y
STONEHOUSE	GRAHAM	RIC	V	104808/F	BAKER	PAUL	RM	S	108934/F
STUART	PETER	LEA	V	21669/F	BARKER	LAUREN	BUR	JF	255054
STUART	PETER	LEA	VC	21669/F	BARNES	CAROLINE	BAS	VF	216422/C
STUART-HILL	BEN	MAI	J	239584	BARNES	PETER	RIC	V	27584/F
TAYLOR	JAMES	BAS	J	235157	BARNETT	NICK	FOX	V	104216
TAYLOR	JULES	BRI	V	DT	BARRELL	STEVE	LBZ	V	241931
TAYLOR	LOUIS	CKP	J	211505	BAXTER	LUCY	EXE	JF	DT
TAYLOR	NICKY	ELM	F	57004/F	BEER	EMMA	ROY	JF	236244
TAYLOR	ROBERT	CLM	S	126648/Y	BELL	JASON	BAN	S	239251
THOMAS	ALEX	ELM	J	207387/Y	BENNETT	JASON	CHE	S	221492
THORNTON BROW	MATTHEW	WOR	V	29780/F	BENNETT	JOHN	HEM	V	8019/F
TILFORD	GEOFF	VIK	V	75978/F	BLACKMAN	FRAZER	ROY	S	240573
TINGAY	STEVE	LBZ	S	39445/F	BLACKMAN	IAN	ROY	V	228055
TONNER	EMMA	LIN	JF	243754	BLATCHLEY	ANTHONY	PAN	S	124986
TRAIN	JAMES	FLA	C	75179/C	BLATCHLEY	IAN	PAN	V	79062/F
TROTTER	KATHERINE	ELM	JF	122412/Y	BLATCHLY	MARK	NOT	S	15468/F
UNWIN	NIGEL	BOA	V	43866/F	BOBCEK	LEONARD	NOT	S	256261
VAN DEVENTER	CHRIS	RIC	S	230990	BOULTER	FENELLA	ROY	JF	DT
VAN DEVENTER	GERT	RIC	S	220977	BOVIS	PETE	TON	S	210727/F
VAN DEVENTER	MARNA	RIC	F	220979	BOWYER	TIM	ELM	S	255818
VINCENT	ROBERT	SOR	S	243264	BRICKELL	JACK	FOR	J	SCA1077C
WALKINTON	JAMES	CLM	J	248415	BROOKES	PAUL	RUN	V	209084
WALSH	MICHAEL	WEY	S	238404	BROOKS	ROB	SBI	V	034724/F
WALTERS	MICHAEL	BUR	S	217197/Y	BROWN	DANIEL	SBI	S	50858/F
WARD	AMY	ELM	JF	200024/Y	BROWN	HANNAH	BOA	F	223668
WATSON	RANDALL	RIC	S	214766/F	BYRNE	LUKE	RIC	S	DT
WEBB	AARON	WLT	J	222915	CAESAR	STEPHEN	SOU	S	246705
WEBB	MICHAEL	RIC	S	253444	CALVERT	CHRISTOPHE	FLA	C	217205/Y
WEIR	IAN	BAN	S	206058/Y	CAMP	NEIL	RIC	V	231926

MARATHON RANKINGS

Surname	First name	Club	Cat	BCU no.	Surname	First name	Club	Cat	BCU no.
Division 5 cont					Division 5 cont				
CAMPBELL	DEREK	LBZ	V	216704/F	FELINGEROVA	RADKA	ROY	F	116570/F
CAMPBELL	JESSICA	LBZ	JF	236403	FERRIS	ANDY	RIC	S	249780
CANNON	DOMINIC	CKP	J	203430/Y	FERRIS	DAVID	BEJ	S	73680/F
CANZANO	MAURO	ROY	S	DT	FINNIS	JOE	ROY	J	ROY/031
CARDY	ALAN	IND	S	258311	FISHER	ADRIAN	MAD	V	80179/F
CARPENTER	MIKE	EXE	V	70381/F	FITZSIMONS	MARTIN	RIC	S	203316
CARRUTHERS	OLLIE	FOR	J	SCA 10769	FITZSIMONS	MICHAEL	CEL	V	26518
CARSON	EMMA	ELM	JF	201822/Y	FLANAGAN	POPPY	RIC	F	121184
CARTER	GARY	LIN	V	207204/F	FOSTER	RICHARD	FOX	S	126130/F
CARTWRIGHT	ANTON	FOX	S	DT	FRANKLAND	NIGEL	RDG	V	28675/F
CARUS	WILL	TON	J	240267	FRANKLIN	ELIZABETH	ANK	VF	54664/F
CAVE	JONATHAN	WOR	V	47835/F	FREEMAN	JOE	IND	S	DT
CAWSTON	HARRY	CLM	J	250500	FREEMANTLE	JON	BAS	S	244907
CAYFORD	ANTHONY	BSF	C	120891/Y	FREER	ALAN	WOK	V	105657/F
CHAPMAN	MARGARET	KIR	VF	SCA 327	FUDGER	MICHAEL	WOR	S	55225/F
CHMIEL	MARYSH	NOT	V	212690/F	GARDNER	DONALD	LGW	S	SCA 0921
CHMIEL	ZYGGY	NOT	J	212693/Y	GARLICK	JAMES	LBZ	S	256289
CHORLEY	STEVE	CHE	V	13305/F	GARSDIE	NATHAN	LBZ	J	126419/Y
CHUDLEY	COLIN	BRI	V	409/F	GARTON	LAURENCE	NOT	S	105776/Y
CLARK	IAN	RIC	V	228555	GARVEY	KARL	RIC	S	119370/F
CLARK	PHIL	TON	J	240003	GILBERT	JULIAN	WOR	V	243557
CLARKE	JACK	DEV	J	256778	GOLDER	KATIE	BUR	F	35429/F
CLIVE	JOHN	GAI	V	84484/F	GOODLAD	BETHANY	LBZ	F	123428/C
COLLEY	SHARON	HER	VF	258028	GOWER	JENNY	FOX	VF	208257
COLLINS	SOPHIE	RDG	JF	250160	GOWOREK	DAMIAN	NOT	J	258798
COLYER	DANIEL	RDG	S	202839/Y	GRAY	SUE	RDG	VF	31828/F
COOPER	ED	PAN	V	117604/F	GREEHY	LUCY	FOX	JF	214545
COX	JAMIE	BAS	S	223957	GREEN	MARK	BAD	S	230388
CRAWFORD	ROGER	RIC	V	219952	GRIFFIN	ANDREW	RIC	S	DR
CREAMER	CHARLOTTE	LBZ	F	200863/Y	GRIFFITH	NEIL	FLA	S	DT
CRONK	THOMAS	SOU	V	8761/F	GRIMSEY	DAMON	SOU	V	130729
CROSSFIELD	MARK	NOR	V	249725	GRIMSHAW	PETER	WEY	S	257489
CROSSMAN	MIKE	RDG	V	58306/F	GRINTER	LEE	SBI	V	84723
CROWLEY	RUSSELL	TON	V		GROVER	LIAM	WOR	S	237085
DABORN	THOMAS	RIC	S	248887	HAIGH	GRAHAM	TRE	S	208297
DANIELS	WIKI	LON	F	96746/C	HAMMOND	BRIAN	RDG	V	245066
DASRIL	BENDRI	SOR	S	259384	HANCOX	JOHN	PAN	V	118037/F
DAVEY	RICHARD	RDG	S	251280	HARPER	GARY	BAN	V	221883
DAVISON	CHRIS	MAD	V	117689/F	HARRISON	JACK	SHP	J	114600/F
DAVISON	MAX	BAN	S	255084	HAWTHORN	SUE	WOR	VF	96033/C
DAWSON	KIMBERLEY	ROY	F	96111/C	HAYNES	CHRIS	RIC	V	121520/F
DE FERRER	MARTHE	WEY	JF	203145/Y	HEAD	TOM	CLM	S	80840/F
DILLON	AMY	RDG	JF	253778	HELLAWELL	HENRY	RDG	J	
DODDS	TRACEY	RLS	F		HENDERSON	PAULA	KIR	JF	SCA1103E
DUFF	KERRY	NOR	F	38806/F	HEWITT	MATT	SOU	J	
DUFFIELD	MAX	CLM	S	223323	HOGBEN	PATRICK	IND	C	
ECCLES	JORDI	ANK	J	249436	HOLMES	ELIZABETH	CHE	F	81204/F
EDE	LEANDER	RDG	S	108980/Y	HOLMES	STEPHANIE	WOR	F	215266/Y
EDWARDS	MARK	WOR	V	DT	HOWELL	CATHY	NOT	F	128119/F
EDWARDS	MIKE	WOR	S		HUGHES	MARK	RIC	S	226155
ELLIOTT	CHRIS	LBZ	V	233003	HUNT	GARETH	FLA	C	243045/Y
ELLIS	CHARLOTTE	LBZ	JF	233749	ILETT	PETER	NOT	V	251561
ELSTON	PAUL	MAI	V	85358/F	ILETT	ROBBIE	NOT	J	257029
ESCOTT	JOHN	BOA	V	7889/F	ILLINESI	JENNY	ELM	F	120501/Y
ESCOTT	LUKE	BOA	J	256336	JAYNE-COUPÉ	FLORA	RDG	JF	248509
ESCOTT	MARK	BOA	V	217688	JAYNE-COUPÉ	KATE	RDG	JF	248510
EVANS	NEIL	MAD	V	75366/F	JEFFS	ANDREW	BAS	J	111697/C
FAIRLEY	JAKE	RLS	J		JOHNSON	MATTHEW	CLM	J	

MARATHON RANKINGS

Surname	First name	Club	Cat	BCU no.	Surname	First name	Club	Cat	BCU no.
Division 5 cont					Division 5 cont				
JOHNSON	NICHOLAS	TON	S	80205/F	OLIVER	RICHARD	LIN	V	9065/F
JONES	BEN	RDG	J		OLSEN	RICHARD	MAI	V	231558
JONES	BRUCE	HER	J	254628	OUGHTON	DUNCAN	NOT	V	238954
JONES	SAM	FOX	S		OUGHTON	JESSICA	SOR	F	112256/C
JONES	SIMON	BRY	V	46389/F	OUGHTON	LINDA	NOT	VF	238972
JORDAN	DEAN	MAI	V	78897/F	OWEN	AMBER	RDG	JF	247689
KANTOLINNA	BLAIR	SOU	V	236387	OWEN	BETHAN	ADS	JF	249340
KAVANAGH	JOHN	MAD	V	52634/F	OZDOBA	STEVE	RDG	S	251645
KEANE	DARREL	NOR	S	74115/F	PALFREY	JONATHON	BAN	J	250112
KELLY	CAMERON	BAS	J	220342	PARKER	CAMERON	TON	S	DT
KELLY	NANETTE	RIC	F	263134	PARKER	DAVE	IND	V	DT
KILLIP	JACK	RIC	J	242343	PARKER	DAVID	NOT	V	97420/C
KILLIP	REBECCA	RIC	JF	249030	PARKER	JAMES(GINGE	WOR	S	DT
LABLANCHE	SCOTT	BAD	S	244375	PARKER	JEFFERY	TRE	V	13560
LAMBERT	KATIE	BAS	F	218644/F	PARKER	REBECCA	NOT	F	234744
LANG	DAVID	EXE	V	122245	PASSMORE	JON	TON	J	237558
LAVARACK	IAN	RIC	V	242226	PATERSON	DEE	GAI	F	73056/F
LAWRENCE	RICHARD	ELM	V	127962/F	PEARCE	MARK	RIC	V	58064/F
LAWRENSON	BILL	BUR	V	6035/F	PEDERSEN	IVAN	CAM	S	128866
LE ROUX	CHRISTIAAN	ACU	S	232929	PETERS	CONNOR	FOY	J	253197
LEEKE	GARY	WOR	S	237110	PHILLIPS	DAVE	NOT	V	1705/F
LEES	ROBIN	BAS	V	5895/F	PHILLIPS	DAVE	NOT	VC	1705/F
LITTLEWOOD	JULIE	NOT	VF	128211/F	PIGOTT	MIKE	RIC	S	83249/F
LO	JOSEPH	SOU	V	52388/F	PINNOCK	RACHAEL	BSF	JF	230602
LOFTHOUSE	CARL	RDG	J	224463	PIPE	HARRIET	ELM	JF	227826
LOVELL	RICHARD	WOK	V	18205/F	POTTER	ROBIN	TON	J	251653
LUCAS	ROLAND	RIC	S	12533/F	PRESTON	ANDREW	KCC	S	DT
LUFKIN	ANTONIA	ELM	JF	255983	PRICE	NICHOLAS	MAD	V	97347/F
LUNN	MATTHEW	SOR	J	128238/Y	RALPH	PAUL	WOK	V	2620/F
LYNCH	TIM	FOX	S	215760/F	RANDALL	ALASTAIR	FOY	S	32903/F
MACKINTOSH	ALAN	KIR	V	SCA 258	REES-CLARK	SAMANTHA	BAS	JF	200417
MAINPRIZE	PETER	RDG	V	129743/F	REES-CLARK	TRACY	BAS	VF	200413
MARA	GILLIAN	NOT	F	75152/F	REEVES	ALEX	ADS	J	119257/Y
MARAFKO	COLIN	RUN	V	237834	REGINALD	ELLIOTT	LBZ	S	233003
MARSH	KEVIN	RIC	S	219927/F	REMMINGTON	RICHARD	FOX	V	117032/F
MARSHALL	DEREK	LGW	V	SCA 348	RICKETTS	DAVE	ANK	V	208146/F
MARTIN	ALISON	RIC	JF	230248	RICKETTS	EMMA	ANK	JF	248936
MATTERSON	MATTHEW	LBZ	S	204827/Y	RIDGWAY	KEVIN	ANK	S	240776
MCKEOWN	JAMES	KIR	J	SCA12078	RILEY	STEVEN	FOY	S	124595
MCLEAN	NATASHA	BAN	JF	245663	RIX	JOSEPH	NOR	J	241763
MCVAY	MATTHEW	KIR	J	SCA 9022	ROBERTS	PHIL	TRE	V	15593/F
MEAD	CHRIS	DEV	V	250051	ROBERTS	STEPHANIE	BUR	JF	253956
MELIK	RICHARD	RIC	V	248941	ROBINSON	RALPH	PLY	S	108024/F
MILES	DARREN	BAN	V	56233/F	ROGERS	RICHARD	RIP	S	39956
MILLAR	RICHARD	NOT	J	238371	ROMAIN	EMILY	RIC	JF	244833
MILLEST	SARAH	SOU	F	96190/C	ROOKS	ROBERT	SBI	V	34724/F
MORAN	LAURA	WOR	F	110676/Y	ROSS	ANDREW	NOR	V	51765/F
MORLEY	JASON	RAF	V	187709/A	ROWE	REBECCA	ROY	F	240518
MOULE	STEVE	CLM	S	76425/F	ROWLANDS	CAROLINE	CHE	F	129326/Y
MUNGOVAN	JORDAN	RIC	S	103922/Y	RUDD	DAVID	TON	V	111776/F
MURPHY	ADAM	LBZ	S	124522/Y	RUFF	GEMMA	ROY	JF	234815
MURPHY	ALICE	BAN	F	233554	RYAN	LUCY	BAN	VF	219809/F
NAGY	GABOR	RUN	S	DT	RYMELL	MARK	WEY	V	015101/F
NEAVE	IKE	NOR	J	256648	SCARR	PETER	ELM	S	114115/F
NERCESSIAN	TONY	RIC	S	200496/F	SEAMAN	JOE	WEY	C	241182
NEVITT	ANDREW	WOR	V	73583/F	SEIKA	REBECCA	BAN	JF	236966
NIXON	SIMON	RUN	V	55152/F	SETH-KAPOOR	SHOBHANAA	NOT	F	216113/Y
NORMAN	MATTHEW	WOR	S	DT	SEWELL	IAN	BSF	S	234645

MARATHON RANKINGS

Surname	First name	Club	Cat	BCU no.	Surname	First name	Club	Cat	BCU no.
Division 5 cont					Division 6				
SHIEL	ALANA	ELM	JF	200916/Y	ABSOLOM	PETE	BAS	V	25029/F
SIMPSON	SAM	RDG	V	217053	ADAIR	JOHN	WOR	V	111401/F
SLADE	MATTHEW	CLM	S		ARMITAGE	HARRY	BRY	J	BRY/045
SMITH	DEREK	ELM	V	235445	ARTHUR	DAN	SOU	S	38955/R
SPENCER	JENNY	HER	F	66095/F	ASHLEY	JEAN	CHE	VF	205906/F
STAFF	ISAAC	CKP	J	245180	AST	VOLKER	CAM	S	DT
STANNARD	ADAM	RLS	C	220026/Y	ATHERTON	NICHOLAS	PAN	J	218171
STEVENSON	MATILDA	NOR	JF	252370	AVERY	JOHN	CLM	V	248450
STEVENSON	PHILIP	NOR	V	236034	BAILACHE-LEBB	HENRY	FOX	S	DT
STONE	JULIAN	BAN	S	208444/Y	BAILEY	HENRY	ACU	S	252096
STORMONT	DENNIS	FOX	V	DT	BAILEY	JAMES	RIC	S	107223
STRONGE	SAM	NOR	J	223106	BALL	STEPHEN	ANK	J	ANK/062
STUART-HILL	BRUCE	MAI	V	239583	BALLS	DANIEL	NOR	J	248279
STYAN	JAMES	FLA	S	205877/Y	BARBER	GEFF	SOL	V	128080/F
STYAN	JAMES	FLA	C	205877/Y	BARNES	ANDREA	RIC	F	249040
SWALLOW	VICKY	CHE	F	95970/C	BARRY	MICHAEL	CLM	V	69039/F
TAYLOR	SAM	CAM	S	236946	BARTOLI	MICHAEL	LBZ	J	127979/Y
TERRY	STACEY	NOR	JF	228226	BATCHELOR	PAUL	BAS	V	61013/F
THOMAS	CARL	WIN	S	261273	BATES	DUNCAN	RIC	S	DT
TILBURY	ROBIN	PAN	V	232071	BATTISON	GAIL	RDG	VF	72211/F
TOOMEY	PAUL	RDG	V	18086/F	BENNETT	ANITA	SHP	F	36541/F
TOPHAM	WILLIAM	RAF	S		BENNETT	DAVE	EAL	V	241695
TOZER	TOM	WEY	J	249011	BENNETT	PETER	CHE	V	130634/F
TRAIN	MATTHEW	FLA	C	212687/Y	BENTLEY	CAMRON	TRE	J	TRE/015
TRICKETT	ADRIAN	WOR	V	124163/F	BERCHTOLD	MARGARETHE	RIC	F	248381
TRIEVNOR	LUCY	ELM	JF	231043	BERCHTOLD	OLIVER	RIC	VF	236906
TRUESDALE	MICHAEL	BAS	J	129988	BERRY	CYNTHIA	FOR	VF	SCA1237
TRUESDALE	RYAN	BAS	J	129989/Y	BETTERIDGE	ZOE	BRI	F	83261/F
UNDERHILL-ROSE	MICHAEL	WHI	V	17011/F	BIDLE	GILLIAN	NOR	F	106681/C
VEALE	DEREK	KIR	V	SCA4120	BLACKBURN	KIERON	CLM	V	104035/F
VIAL	CORALIE	RIC	F	216217/F	BLACKMAN	ISAAC	ROY	J	ROY/104
VORBERGER	YAN	RLS	VC	220871/F	BLACKWELL	MATTHEW	IND	S	108322
WALKER	MATTHEW	RDG	V	244587	BLAKEBOROUGH	ADELE	CHE	F	33333/F
WALKER	PETER	PAN	V	119872/F	BOTHA	CLINT	EBC	V	261588
WALKINSHAW	RYAN	BSF	S	116469/D	BOUCH	MARK	DEV	V	248087
WALTERS	SARAH	BUR	JF	246606	BOWLEY	JAMES	BUR	J	BUR/505
WATSON	JEAN	WOK	VF	252206	BOYNE	SAM	DEV	J	236925
WEIR	ROGER	BAN	C	206057/Y	BRANCH	CHRISTOPHEF	BAS	J	242050
WEIR	ROGER	BAN	S	206057/Y	BRANCO	LUIS	ADL	S	DT
WETHERALL	KIMBERLEY	RIC	F	95955/C	BRANWIN	STUART	WIN	S	DT
WHAWELL	ANDREW	NOT	V	240771	BRAY	JONATHAN	CAM	S	248141
WHEELER	ADRIAN	PAN	V	261439	BRIMFIELD	EDWARD	FOX	S	
WHITE	MICKY	BAN	J	245035	BROOKES	CHELSEA	RUN	JF	248665
WHITTLE	MATTHEW	SHP	J	241832	BRYCE	KENNETH	GRF	V	SCA1173
WILKINSON	KAYNE	ELM	J	221561	BULMER	GRAHAM	CHE	V	39417/F
WILLIAMS	CARL	CLM	V	DT	BUNYON	CHRIS	CLM	V	41779
WILLIAMS	DEAN	CLM	V	107756/F	BURGESS	GRAEME	RIP	V	31811
WILLIAMS	JAHGO	EXE	S	115379	BURNESS	PAUL	EBC	V	108796/F
WILLIAMS	NICOLE	ROY	JF	242877	BURNESS	SARAH	EBC	F	202027/C
WILLIAMS	SIMON	WOR	J	254817	BUSCHOR	JAMES	CLM	S	119857/F
WISE	ISOBEL	RDG	F	128545/Y	BUTLER	MICK	FOX	V	219206/F
WOOD	MEGAN	BAN	F	217546/Y	BUTLER	ROSIE	FOX	F	
WOODHEAD	DARREL	LEA	S	51073/F	BUTTON	PETER	BAN	V	126576/F
WOODHEAD	GORDON	MAD	V	115532/F	CAMPBELL	BEN	FOX	J	227047
WOOLDRIDGE	DOMINIC	ELM	J	227933	CANE	DEBBIE	RDG	F	213886/F
WOOLTORTON	NIGEL	MER	V	11944	CANNON	QUENTIN	TAU	S	251007
WORKMAN	PAUL	FOX	S	DT	CARMELO	CARLOS	CHE	S	227913
					CARPENTER	HOLLIE	EXE	F	97641/C

MARATHON RANKINGS

Surname	First name	Club	Cat	BCU no.	Surname	First name	Club	Cat	BCU no.
Division 6 cont.					Division 6 cont.				
CARTER	CHRIS	HEM	V	27258F	FALCK	KEVIN	FAL	V	235341
CARTER	STEPHEN	RIP	V	15644	FARLEIGH	STEVE	RIC	V	219669
CATCHLOVE	ROBIN	MAI	V	2682/F	FARRANCE	ALAN	HEM	V	227046
CHALK	EMILY	RDG	JF	247712	FARRINGTON	GRACE	ROY	JF	230162
CHALMERS	MICHAEL	KIR	S	SCA 6666	FERGUSON	ANDY	GAI	S	43686/F
CHAMP	LEE	HER	V	205918/F	FERGUSON	GARETH	GAI	S	52007/F
CHILDERSTONE	AMANDA	WEY	VF	96040/C	FIELD	ERIC	RDG	V	244355
CHMIEL	ALISON	NOT	VF	212691/C	FIGLAK	MATEUCZ	HER	J	
CHMIEL	TADEK	NOT	J	212692/Y	FIRMAN	DAVE	EXE	V	69747/F
CHRIMES	JENNY	NOT	F	DT	FLACK	ANDY	BAN	V	85449
CHURNSIDE	CHARLOTTE	RDG	JF	229238	FLACK	ANNELIES	BAN	JF	225696
CLARK	JEREMY	TON	V	206280/F	FLETCHER	ALAN	LGW	V	SCA 1474
CLARK	LENNY	TON	S	206284	FLYNN	STEVE	BAN	V	201771
CLARK	RORY	TON	J	206310	FOSTER	JACK	RDG	J	223445
CLARK	STEWART	CLM	V	251291	FOSTER	MIKE	RIC	V	203670/F
COBB	ALICE	NOT	JF	236929	FRANCIS	RYAN	BAN	J	
COLLIER	JENNIFER	WOR	JF	WOR/225	FRANCIS	SARAH	BAS	F	222746
COOPER	PAUL	TON	V	230033	FREEBODY	SEBASTIAN	WEY	S	249479
COX	SAM	WEY	S	124677/Y	FREEMAN	ADRIAN	EXE	V	126310/F
CRISP	PAUL	SHF	V	8205	FREEMAN	NEIL	WIN	V	122124/F
CROSSWOOD	TIM	PLY	V	128767/F	FROUD	NATHAN	PAN	J	PAN/025
CSOKASI	MARKO	RIC	J	252923	GALLOWAY	ALISON	RDG	F	111825/Y
CURRY	JASON	LON	S	244062	GAUNT	PATRICK	PLY	S	108833/C
CURTIS	ALAN	CLM	V	122765/F	GAUNT	TIM	PLY	S	64861/F
CURTIS	DAVID	KIM	S	224960	GILLESPIE	JANET	PAN	VF	232071
CURTIS	JENNIFER	LBZ	JF	244251	GILLESPIE	STEPHEN	PAN	J	115792/Y
DABNEY	OWEN	FOX	S	207485/F	GOHAR	MARCUS	RIC	V	10803/F
DANIELS	RUSSELL	IND	S	SCA10194	GOODLAD	STEVE	LBZ	V	106637/F
DARK	ALISON	BOA	VF	112324/F	GOULD	SAM	SOU	J	247678
DASH	RUPERT	ACU	V	227182	GRADY	DEAN	NOR	V	120353/F
DAVIES	PAUL	HER	S	48125/F	GRANT	MARC	ITG	S	DT
DAVISON	SAM	BAN	J	263672	GREEN	BLAIZE	CLM	J	
DAWSON	TOM	FOX	S	257382	GREEN	SAFFRON	BOA	JF	
DAY	JACQUI	ELM	F	78261/B	GREENFIELD	TONY	WEY	V	DT
DAY	MARK	PAN	V	246451	GREGORY	MAGNUS	WOK	J	
DE FERRER	MADDIE	WEY	JF	217690/Y	GRIEVE	MIKE	PAN	V	244885
DE GRUCHY	AUBIN	TRU	V	129835/F	GRIFFIN	DONNA	NOT	F	61998/F
DODSON	ANDY	ADS	V	74419/F	GRIMSHAW	PETER	ADS	J	
DODSON	MICHAEL	VIK	S	68530/F	HAGUE	IAN	RIC	S	211939/F
DOMAN	KIRSTY	CLM	F	214527	HALL	MEGAN	BSF	F	231863
DOMAN	SARAH	CLM	F	211949	HALL	SIMEON	LBZ	V	230395
DOWDALL	JAMIE	RUN	S	262528	HAMERSLEY	RICHARD	MLO	S	237352
DRUMMOND	ERROL	RDG	J		HAMPSON	IAN	SOU	V	235423
DUNCAN	MELANIE	BSF	F	98589/C	HANGER	MATTHEW	BAN	J	
EASSON	EUAN	LGW	J	SCA0565	HANGER	SIMON	BAN	V	241712
EASSON	PETE	LGW	V	SCA0565	HANNA	GRAHAM	CHE	V	113457
EDGAR	DUNCAN	SOL	S	61484/F	HANSELL	JOE	BAS	J	
EDGAR	STUART	SOL	S	59964/F	HARDIMAN	WILLIAM	TON	J	261416
EDGE	CHRIS	LON	S	220444	HARFIELD	PHIL	ROY	S	DT
EDWARDS	MICHAEL	LIN	J		HARRALL	MARTIN	BOA	V	6792
ELLIOTT	AIMEE	LBZ	JF	233004	HARRIS	TOM	BRY	J	
EMERY	MARK	BOA	V	61118/F	HARRISON	MARTYN	EXE	V	215649/F
EVANS	DAVE	RAF	V	218472	HASSALL	STUART	RIC	S	DT
EVANS	JIMMY	FOX	S		HAUGHTON	MARTIN	PEN	V	13329/F
EVANS	JORDAN	SOU	JF	247263	HAYDEN	JOHN	IND	V	DT
EVANS	MARK	BAS	V	235202	HAYNES	BRIAN	IND	V	220193/F
EWINGTON	EMMY	LBZ	JF	221452	HAYNES	MATTHEW	HER	S	107779/F
EWINGTON	JOE	LBZ	J	221453	HEELEY	MARK	BRI	V	3503

MARATHON RANKINGS

Surname	First name	Club	Cat	BCU no.	Surname	First name	Club	Cat	BCU no.
Division 6 cont.					Division 6 cont.				
HENNING	ANDREW	SHA	S		LORENTZEN	ULRIK	RIC	V	130562/F
HERNANDEZ	MIGUEL	CAM	J	DT	LUCAS	EDWARD	RM	S	209572/F
HERWANGER	JORG	RIC	S	DT	LUCK	CHRIS	WEY	S	55307/F
HETHERINGTON	PHILLIP	SOU	V	59274/F	LYNES	PAUL	BAN	V	220534
HEWETT	EARL	WOK	V	58885/F	MABBUTT	SCOTT	IND	V	31132
HEWLETT	PHIL	FOX	V	DT	MACINTOSH	URSULA	KIR	VF	SCA10826
HICKS	ANDY	NOR	V	96647/C	MAIN	OLIVER	SOU	V	237221
HICKS	HARRIET	NOR	JF	121752/Y	MARKUS	CHARLIE	BRY	J	
HICKS	JULIE	NOR	VF	49704/F	MARMON	PHILL	CKP	J	
HILL	NIGEL	TON	V	203796/F	MARSHALL	PAUL	TRU	V	DT
HILL	SIAN	ITG	F	SCA12062	MARTIN	DEAN	TON	V	116025/C
HILLS	CHRISTOPHER	BAN	V	203494/F	MARTIN	SEAN	RIC	VC	230249
HILLS	VICKY	BAN	F	237396	MARTIN	SIMON	FOX	S	257692
HISSETT	IAIN	EXE	S	81220/F	MATTERSON	HARRY	LBZ	J	204828/C
HODGSON	JED	WEY	S	258135	MATTHEWS	NEIL	BAS	V	209466/F
HOLDCROFT	JACK	PAN	S	DT	MAXWELL	TOD	RDG	J	257317
HOOK	MARTIN	EAL	V	245193	MCCARROLL	STUART	FOX	S	126687/F
HOWE	BARRY	CLM	V	80558/F	MCILHARGY	IAN	BSF	V	239445
HOWE	GRAHAME	CLM	V	79201/F	MCINTOSH	ANDY	RUN	V	218568
HUGHES	ANDREW	BEJ	S	DT	MCKEEVER	THOMAS	BOA	S	79648/F
HUMPHREYS	RICHARD	TRE	V	237031	MCLEOD	JOANNE	SOU	F	224375
HUNT	DANIEL	NOR	J	254016	MCMULLEN	ROSS	ELM	J	257775
HUNT	KATE	HER	F	218113/F	MEDLICOTT	SIMON	WEY	J	249331
HUSSEY	LAURA	LBZ	F	118978/C	MEECH	ERIN	WLT	JF	253796
HUTCHINSON	DOMINIC	RDG	J		MIKLOS	RENATA	WOK	F	242020
HUTCHISON	PETER	RIC	V	121601	MILLEST	ANDREW	MAD	V	23241/F
HUTT	FIONA	IND	F	SCA10844	MISSEN	HANNA	BOA	F	261589
HUTT	JONATHAN	C&K	V	SCA 4411	MORAN	JAYNE	WOR	VF	108664/C
HYDE	PHILLIP	CLM	V	DT	MORTON	NICK	RIC	V	245813
JALLAEI	ZIA	SOU	V	257909	MURPHY	MELANIE	BAN	VF	110499/C
JARRATT	PETER	LIN	V	201944/F	MURPHY	PHILIP	GAJ	S	DT
JEFFERIES	BEN	IND	C	239696	NELSON	PHILIP	NOR	V	242784
JEFFERIES	ROBERT	PEN	J	215922/Y	NOLAN	ANTHONY	WOR	V	22350/F
JEFFS	PAUL	BAS	V	111695/F	NOLAN	JOHN	RIC	S	248989
JOE	LYONS	WOR	V	19234	NOSWORTHY	SARAH	RIC	S	200564/F
JOHNSTONE	JEMIMA	RIC	F	206685	OAKLEY	ROBIN	HEM	S	217483
JONES	RACHEL	LIN	JF		O'BRYNE	DOM	RDG	V	125516/F
JORDAN-FREEMAN	ARRON	BAD	J		O'CONAIRE	EOIN	ELM	S	257270
KABEER	SARA	WOK	JF	240434	OGDEN	JOHN	NOR	V	240423
KAY	OLIVIA	NOT	JF		OLDHAM	JAMES	4AS	S	78422/F
KEAY	SOPHIE	RDG	F	257101	OLIVER	LAURENCE	LIN	V	1987/F
KELLY	ROBERT	LON	S	244039	ORME	NEIL	BUR	V	253252
KERR	PAUL	SOU	S	34935/F	OSBORNE	DANIEL	LBZ	S	125862/Y
KHLAJ	ALEX	RIC	J		O'SULLIVAN	JAKE	BSF	J	
KNEEN	JAMES	WOR	J	254985	OXTOBY	LYDIA	LBZ	F	124554/C
LAKE	IAN	NOR	V	240302	PALMER	IAN	PAN	V	118002/F
LAMBERT	CONNER	SHP	J		PANRUCKER	MIKE	BSF	V	106812
LAPHAM	DARRYN	RIC	F	DT	PARRITT	ANDY	IND	S	248696
LE ROUX	PEET	RIC	S	244036	PATTERSON	NEIL	FOR	J	SCA8897/
LEE	ROBERT	WOR	V	108717/F	PEARCE	KEVIN	FOY	V	107054/F
LEE-SMITH	CLIFFORD	NOR	V	248391	PEASE	CHRISTOPHER	TRU	V	20149/F
LEE-SMITH	LUCY	NOR	JF	253016	PENDLE	ALI	NOR	VF	96009/C
LEMIN	JAMES	RDG	V	44457/F	PERRY	KENT	RIC	S	DT
LEONARD	JAMES	PAN	S	225262	PETERS	MARK	FOY	V	73515
LEWIS	HOWARD	RLS	V	WCA 442	PETERSON	MARK	HEM	V	
LINNELL	WILLIAM	NOR	S	128482/Y	PHILLP	MICHAEL	ROY	VC	129591
LLEWELLYN	HEW	ITG	V	DT	PICKERING	BEN	SOU	J	215471
LO	HELEN	SOU	VF	96742/C	PIERCY	ELISE	ELM	JF	229507

MARATHON RANKINGS

Surname	First name	Club	Cat	BCU no.	Surname	First name	Club	Cat	BCU no.
Division 6 cont.					Division 6 cont.				
PIPE	FREDDIE	ELM	J		SYKES	JENNY	ANK	JF	235158
POPLE	CLAIRE	RIC	F	231358	SYME	RACHEL	KIR	JF	SCA 9246
POULET	BEATRICE	SOU	VF	167143	TALBOT	JOHN	WOR	V	80574/F
PURCHAS	MIKE	BOA	V	61438/F	TAYLER	BEN	RLS	J	DT
PURCHASE	MAUREEN	PAN	VF	77496/F	TAYLOR	DOUGLAS	ITG	S	SCA 8714
QUITTENTON	DEBORAH	LIN	VF	227713	TAYLOR	IAN	SOU	V	36015/F
RAWSON	ANDY	RDG	V	45226/F	TAYLOR	MARK	HEM	V	216119
REDMOND	AMY	LGW	JF	SCA11118	TERRY	PHILLIP	NOR	V	228342
REESE	PHILIP	FOX	S	126239/F	THOMAS	CHARLOTTE	WEY	F	
REEVES	NICHOLAS	ADS	V	85746/F	THOMES	MIKE	EXE	S	62114
REYNOLDS	DANIEL	CAM	S	DT	TIMMINS	LES	TRU	V	71309/F
RICHARDS	WILL	MAI	J	226412	TODD	MAX	RDG	J	257317
RIDES	MICHAEL	ELM	J	221358	TOMKINS	TERRY	MAI	S	21006/F
RIX	AMELIA	NOR	JF	241758	TRUESDALE	TIM	BAS	V	129986/F
ROBERTS	GEORGE	LBZ	J	235588	TURCAN	TOM	RIC	V	21083/F
ROBERTSON	DUNCAN	EAL	S	80415/F	TURNER	AMY	FOX	JF	256247
ROBINSON	ALASTAIR	LBZ	J	203557/Y	VANNIEKERK	GERHARD	RIC	S	DT
ROSATI	TONY	FOX	V	259073	VAUGHN-FOWLER	NICK	WOK	S	82622
ROSE	ELEANOR	FOX	JF	224438	VENESS	CARL	BAS	V	207605
ROUTLEDGE	CYRIL	ANK	V	25392/F	VITOR-TROTT	THEO	HER	J	
ROWE	JOSHUA	SOU	J	258059	VON-MATZAHN	ROBYN	RIC	F	233159
RUTTER	JACOB	BOA	J		VORLEY	REBECCA	ROY	JF	240414
SANGOUARD	ELISABETH	RIC	F	256612	WALKER	ANTHONY	WIN	S	DT
SCHOLEY	ROBERT	CHE	V	1573/F	WALKER	CATHERINE	RDG	F	232367
SEAFORD	ANITA	RDG	VF	76974/F	WALKER	HANNAH	WOR	JF	
SEALEY	HANNAH	RDG	JF	242625	WALKER	KEITH	EBC	V	1569/F
SEMIMARA	GIUSEPPI	EAL	S	DT	WALKER	RICHARD	PLY	V	34794/F
SEPION	IAN	RIC	V	249014	WALSH	MIKE	NOR	V	252263
SEPP	DENISS	RIC	S	233718	WALTERS	DAVID	BUR	V	129910
SHARPE	WILLIAM	EXE	V	226518	WALTON	JOHN	RIC	V	219168
SHAW	SEBASTIAN	FLA	C	213317	WARD	RICHARD	EXE	V	15061/F
SHAD	MALCOLM	TRE	S	264190	WARLAND	GRAHAM	BAN	V	51523/F
SILLITOE	CHLOE	LBZ	JF	119411/C	WARREN	IAN	BAN	V	128839/F
SILVESTER	JAKE	VIK	S	234165	WATSON	HAZEL	RDG	F	
SIMPSON	RICHARD	ACU	S	252254	WATSON	PETER	IND	V	DT
SIMS-WILLIAMS	GILES	FOX	S	220741	WEBSTER	STEVEN	BOA	J	
SINCLAIR	ELLIE	WOR	JF	127015	WESLEY	JOHN	NOT	V	35774/F
SLADE	RACHEL	VLT	JF	251850	WESTON	DAVID	FOX	S	204865
SMITH	CHARLIE	LBZ	J	223629	WESTWOOD	JOSHUA	LBZ	J	230099
SMITH	MARK	LBZ	V	231176	WHITTLE	JOSEPH	SHP	J	
SMITH	RHONWEN	LGW	JF	SCA 5682	WHITTLE	MARCUS	SHP	J	240215
SMITH	TONY	IND	VC	219914	WIGNALL	AMY	RUN	JF	240966
SOLWAY	ABIGAIL	ELM	JF	263396	WILLIAMS	ADAM	NOR	S	62988
SOLWAY	ELIOT	ELM	J	263395	WILLIAMS	EMMA	ELM	JF	230684
STAGG	RICHARD	CAM	V	11991/F	WILLIAMS	ROGER	CHE	V	110927
STANISAUŠKAS	JUSTAS	RIC	J	242289	WILSON	ALASTAIR	CLM	J	
STANNARD	ADAM	RLS	S	220026/Y	WILSON	ROBIN	BRI	S	25422
STANNARD	JON	RLS	V	214884/F	WITHERS	JENNY	ELM	JF	247703
STANTON	DAVID	BAN	V	219808/F	WOOD	DAVE	WOR	V	117429/F
STEVENS	BETH	WEY	F		WOOD	KATIE	BAN	F	213363/Y
STONE	KATHRYN	BAN	JF	241347	WOODCOCK	DAVID	BAN	V	230933
STOPFORTH	IAN	PAN	V	111499/F	WOODHOUSE	GARY	WOL	V	236899
STOTTER	NELO	RIC	F	243701	WOOLACOTT	ADRIAN	IND	VC	221752
STYAN	KATHRYN	FLA	JF	217267/Y	WRIGHT	ANT	BSF	V	111414/F
SUNDERLAND	CARL	TRE	J	226666	WYLLIE	ROBERT	SOU	S	53361/F
SUNDERLAND	PAUL	TRE	J	217781	YEOMANS	MICHAEL	KIR	V	SCA12271
SUTHERLAND	ROBERT	WOK	V	62267/F	YURKWITH	KARL	RIC	C	204658
SWABEY	ALEX	FOX	S	259340	ZAHN	NICOLE	CAM	F	230040

MARATHON RANKINGS

Surname	First name	Club	Cat	BCU no.	Surname	First name	Club	Cat	BCU no.
Division 6 cont.					Division 7 cont.				
ZARNECKI	MATEUSZ	EAL	J		CHAPMAN	BRIAN	KIR	V	SCA0001
Division 7					CHIDWICK	JOSHUA	MAI	J	220832
ABRAHAM	ALEX	BRY	J	BRY/054	CIANCHI	DAVE	HER	V	45843/F
ABSOLOM	CHRIS	BAS	S	105011	CLARKE	HELEN	BAN	F	254008
ADIE	ED	FOX	S	DT	COLE	NIGEL	BAS	V	124254
ADNITT	NICK	IND	V	237186	COLLCOTT	RICHARD	BRY	V	104300
ALDRIDGE	GREG	TON	J	251539	COOK	ANDY	MLO	V	128062
ALDRIDGE	NICK	TON	J	251540	COOK	ANDY	SOL	V	18446
AMEY	DAVID	SOU	J	SOU/067	COOKE	GRAHAM	MAD	V	220197
ANDERSON	KEITH	BAN	V	120370/F	COOMBER	RUPERT	FOY	S	224495
ARMITAGE	ELLEN	FOX	VF	218510/F	COPE	MEIKA	BUR	JF	BUR/611
ARMSHAW	LOUISE	EXE	F	55448/F	CORTIER	JULIEN	FOX	S	DT
ARTHUR	DANIEL	SOU	J	SOU/012	COTHEY	TRUAN	GAJ	S	239947
ASHPOLE	MARTIN	NOR	V	240082	COTTERILL	FERN	WOR	F	DT
ASHWELL	JASON	BAS	V	228066	CREW	PAUL	RIC	V	235283
ATHERTON	PAUL	PAN	V	218170/C	CROCKER	HAYLEY	LBZ	JF	LBZ/130
ATKINS	DEBBIE	RDG	VF	256035	CROOKS	RICHARD	CLM	C	105428/F
ATKINSON	JASON	CAM	V	DT	CRUMP	DEBORAH	BUR	VF	212076
ATKINSON	RUSSELL	CAM	V	DT	CUMMINGS	MATTHEW	CLM	J	237708
BALASCHENKO	VALENTIN	RIC	F	255265	DABORN	NICHOLAS	RIC	J	RIC/753
BARKER	OLIVER	BUR	J	BUR1005	DAVIES	SAM	EXE	S	DT
BARNES	DAVE	SHV	V	224119	DAVIS	RICHARD	ITV	V	1172/F
BARNES	ELLIE	SHV	JF	242966	DAVIS	STEVE	HER	S	251428
BARNETT	ANNA	FOX	VF	117849	DEACON	DAVID	ADS	V	83854/F
BASOMBRIO	PABLO	RIC	S		DELANEY	RALPH	PAN	S	126744
BEER	ANDREW	ROY	V	118716/F	DODSON	WENDY	ADS	VF	68819
BEEVERS	JOE	WEY	J	250733	DOUGALL	JAMES	LBZ	S	DT
BESWICK	MARK	EXE	S		DOUGHTY	ANDREW	NOT	V	248669
BEVAN	JOHN	TRE	V	20227	DOUGLAS JONES	KEVIN	WOK	S	
BLACKBURN	ALISTAIR	BOA	J	255570	DOUGLAS JONES	TRACEY	WOK	F	97333
BLACKMAN	GRACE	GAJ	JF	GAJ/014	DRIVER	EMMA	ROY	JF	ROY/114
BLACKWELL	BELINDA	WOK	F	218681	DROMARD	ROBIN	BSF	V	17255/F
BLACKWELL	EMMA	BOA	F	216424	DUCK	MATTHEW	RIC	JC	128873/Y
BLAKEBOROUGH	MARGARET	CHE	VF	28215/F	DUNFORD	ROY	NOR	V	256930
BLOWERS	MALCOLM	MDN	V	71466/F	DUNIAM	GEOFF	RIC	S	251244
BOUCH	CHARLIE	DEV	J	254189	DUNSTER	ROSE	RIC	JF	RIC/088
BOWDITCH	IAN	EAL	V	15284/S	DUQUE	JESUS	RIC	J	RIC/150
BOWYER	LUKE	ELM	J	237896	DURRANT	JOHN	ELM	V	212566
BOXALL	ANDY	EAL	S	105603	DYER	MARK	BAS	V	220941
BOYT	JAMIE	WOK	J	211866/Y	EASTON	DEAN	BUR	V	201605
BREED	JOHN	IND	V	DT	EBBAGE	ALAN	BAS	V	213391
BRETT	JIM	BSF	V	207571/F	EBBAGE	CAROLINE	BAS	VF	225926
BUCHAN	PHILIP	RIC	S	117655/F	EDGAR	JOEL	SOL	J	SOL/028
BUCKINGHAM	AARON	VIK	J		EDGAR	STUART	SOL	C	59964/F
BULLIVANT	SAM	LIN	J	LIN/024	EDWARDS	SUE	CLM	F	96381/F
BURGESS	XAVIER	EAL	J	EAL/063	ELLIS	SARAH	FLA	JF	FLA/120
BURGOYNE	ALAN	HER	V	36860/F	ELMHIRST	ORLANDO	SOL	V	205542/F
BURKE	RUSSELL	RIC	S	243427	ELMHIRST	TORIN	SOL	J	SOL/035
BURTON	ALLAN	WEY	V	42952/F	EMBREY	JOHN	BUR	V	5412/F
BURTON	MARK	NOT	S	249783	ESSEX	ANDREW	BRI	V	DT
CAMPBELL	ROBERT	BED	V	46050/F	EVANS	MARK	BAN	V	248048
CARTER	STEVE	VIK	S	SCA9913	EVANS	MAX	SOU	J	SOU/042
CATCHLOVE	MATTHEW	MAI	J	204409	FAAS	HAN	INT	V	
CATON	CATHERINE	BAN	F	219242	FAIK	LUCAS	RIC	JC	RIC/144
CAWSTON	MILLIE	CLM	JF	250499	FAIRLEY	ELLIOTT	RLS	J	243415
CHALK	GREGORY	RDG	J	RDG/084	FALK	KEVIN	FOX	V	2335341
CHALLIS	JAMES	LIN	J	LIN/028	FARQUHARSON	STEWART	NOR	V	110904/F
CHALLIS	RYAN	LIN	J	LIN/027	FELLOWS	HARRY	CKP	J	CKP/006

MARATHON RANKINGS

Surname	First name	Club	Cat	BCU no.	Surname	First name	Club	Cat	BCU no.
Division 7 cont.					Division 7 cont.				
FINCH	LUCIE	IND	JF	222860	HOLBROOK	ADAM	CLM	S	248390
FINCH	MARK	MAD	V	79946/F	HOLDEN	CRAIG	LGW	J	SCA 6258
FISHER	LUKE	TON	J	262708	HOLLAND	ELINOR	CHE	JF	CHE/011
FLINT	RUTH	FOX	F		HOLLMAN	ADRIAN	MDN	V	234311
FOLEY	KERRY	LBZ	JF	227232	HOLLOWAY	STEVE	DEV	S	248120
FOLEY	SHAUN	LBZ	V	238286	HOOTON	ANTHONY	ANK	V	108636/F
FOODY	CARL	CLM	V	55984/F	HOOTON	EMMA	ANK	F	108637/Y
FORESTER	GRAHAM	BOA	V	221791/F	HOUSTON	DENNIS	RIC	J	RIC/085
FORSTER	KELVIN	WEY	V	239295	HOUSTON	JOHN	HEM	V	118370
FREEMAN	POPPY	RIC	F	121184	HUDD	ALISON	GRI	F	71225/F
FRENCH	EMMA	ELM	JF	ELM/101	HUGHES	DAVID	BEJ	V	37592/S
GAFFARD	CATHERINE	WOK	F	203759/F	HUISMAN	MARTINE	SOU	VF	96855/C
GALE	NICK	FOX	S	247262	HUMPHREYS	COLIN	LEA	V	42553/F
GALUCKA	KLAUDIA	RIC	F	226349	HUNT	RYAN	RLS	J	126769/D
GARDNER	STEPHEN	LIN	V	201929/F	HUTCHINSON	STEPHEN	WOR	V	49981/F
GARSON	WILLIAM	WEY	V	54958/F	IBE	NAOKO	RIC	F	249550
GATES	BARRY	HER	V	3645/F	JACKSON	STACEY	IND	JF	235694
GILES	LAURA	FOX	F	218978	JACOBS	KATIE	ADS	JF	ADS/011
GILLESPIE	JOHN	PAN	S	115791/Y	JAMES	GRAHAM	CHE	V	DT
GINGELL	CHARLIE	PAN	S	98415	JAMIESON	PAM	WEY	VF	252005
GLOVER	DAVID	CAM	V	231864	JAYNE-COUPÉ	REBECCA	RDG	JF	RDG/072
GLYNN	JANE	BEJ	VF	209596/F	JEFFERIES	DAVID	PEN	V	117870/F
GOHAR	MARCUS	RIC	VC	10803/F	JEFFREY	JACK	FOX	S	DT
GONZALEZ	TONY	BAN	V	128735/F	JINKS	KATE	SHP	VF	200577
GOODCHILD	JAIE	RIC	S	246535	JOHNS	JONATHAN	BAS	V	223018
GORE	CHRISTOPHE	CLM	V	103346/F	JOHNSON	COLLETTE	BAN	F	256096
GOSS	OLIVER	DEV	J	DEV/013	JONES	ARWYN	CDF	V	
GOULD	KEVIN	SOU	V	237403	JONES	CAROLINE	NOT	F	240510
GRAY	CHRISTOPHE	LIN	J	LIN/025	JONES	CHRIS	BAN	V	67520/F
GREEN	DAVID	IND	V	DT	JONES	PETER	HER	V	4084/F
GREGORY	EDDIE	BAD	S	248718	JUDGE	ALEXANDRA	BSF	F	121726/F
GROUPEAU	JULIAN	RIC	S	124600	KAY	HARVEY	NOT	J	NOT/802
GRUNDY	ROD	LEA	V	DT	KEENAN	LIAM	RIC	S	248497
HALL	ROB	RIC	V	250948	KEMP	JACK	RDG	J	RDG/097
HALLIWELL	DAVE	WEY	V	232914	KEMP	JAMES	RDG	J	RDG/096
HALLIWELL	JAMES	WEY	J	236738	KEMPER	SCOTT	GAI	S	DT
HAMILTON	ANDY	NOT	C	43086	KHLAF	ALEX	RIC	J	RIC/375
HAMPSON	ERIN	SOU	JF	SOU/020	KILBOURN	CLIVE	NOR	V	45052/F
HANSELL	BILL	BAS	V	245214	KIRBY	ROB	WOL	V	50655
HANSFORD	ROB	BAS	S	259417	KIRKWOOD	DAVID	CLM	V	DT
HARDING	CHRISTIAN	LBZ	J	LBZ/093	KIRMAN	BEN	LIN	S	228900
HARDING	JOHN	LBZ	V	218633/F	KRASOVITSKY	GEORGE	WEY	S	236014
HARGREAVES	NEIL	TRE	V	220393	KRATT	ELLIOTT	CKP	J	CKP/020
HARNETT	RAIT	RIC	V	203985/F	LAKE	HANNAH	NOR	JF	218343/Y
HARPHAM	RICHARD	VIK	V	227202	LAMBERT	CAMERON	SHP	J	SHP/073
HARRATT	ROBERT	TRE	J	227203	LARKIN	SIMON	NOT	V	DT
HARRIS	ANDREW	RDG	V	213997/F	LAWLEY	MARK	GAI	V	
HAYWARD	JOHN	CLM	V	244944	LAWRENCE	HELEN	ELM	JF	220519
HEARY	SARAH	WOK	VF		LEE	JOHN	HER	V	2457/F
HENDERSON	ALAN	KIR	V	SCA 9680	LEWIS	KERRY	RIC	JF	250270
HENLEY	CONOR	DEV	J	DEV/009	LINNELL	EMILY	NOR	F	128480/Y
HEWITT	EMILY	SOU	JF	SOU/006	LIPSCOMBE	LUKE	WEY	J	WEY/163
HICKS	CHARLES	BAS	V	20209/F	LITTLE	ALASTAIR	DEV	J	DEV/078
HILLS	IRENE	BAN	VF	123142/F	LITTLEWOOD	MAX	NOT	J	NOT/601
HILTON	MARC	PLY	S	228886/F	LUCAS	DOMINIC	WOK	V	203763/F
HILTON	PAUL	PLY	S	113514/F	LUCAS	REMI	WOK	J	203762/Y
HIPKINS	KEVIN	LON	V	261476	LUFKIN	ROBERTA	ELM	JF	ELM/104
HODGSON	ANDY	RIC	S	DT	LYONS	HARVEY	BRI	V	78680

MARATHON RANKINGS

Surname	First name	Club	Cat	BCU no.	Surname	First name	Club	Cat	BCU no.
Division 7 cont.					Division 7 cont.				
MACHIN	TONY	MAD	V	206732	PARKER	LOUISE	CLM	JF	CLM/798
MACHIN	WILL	MAD	J	MAD/011	PARKES	MATT	BSF	J	BSF/118
MAINPRIZE	SARAH	RDG	VF	207815/F	PARKINSON	ANDREW	CHE	V	25722/F
MARKS	ROY	TON	V	27423/F	PEARCE	EMMA	FOY	F	111182/Y
MARQUARDT	SONIA	RIC	F	204387/F	PEARCE	RAY	BAN	V	79460/F
MARRIOTT	HELEN	CHE	VF	225957	PEARSON	BEN	CAM	S	DT
MARTIN	ALAN	RIC	S	DT	PEARTON	ROSS	IND	VC	199/F
MARTIN	ALLY	IND	F	248697	PECKOVER	GARY	NOT	V	37701/F
MARTIN	GEZ	BAS	V	21086	PELC	GARY	GLU	S	
MARTIN	LORAINNE	TON	VF	116024/F	PENDLEBURY	SHAUN	EAL	J	EAL/048
MATHIESON	JOHN	TON	V	230304	PEREIRA	WENDY	ADS	VF	68819/F
MATTHEWS	DAVID	PLY	S	249301	PHILLIPS	OWEN	CDF	V	WA 7355
MAY	DEBORAH	SHP	F	129106/F	PHIPPS	TAMSIN	RDG	VF	9610/F
MAYLAND	JOANNE	MAD	F	46782/C	PICKERING	JOSEPH	MAD	J	
MCCUTCHEON	KARTIK	RUN	J	RUN/060	PIKE	SARAH	LIN	VF	205726/F
MCKENZIE	ALISTAIR	TSP	V	SCA 3524	PITTAWAY	JOE	SOL	J	SOL/042
MCKENZIE	ANDREW	ADL	V	DT	PORTER	DANIEL	ELM	J	ELM/111
MCLEAN	ANNE MARIE	BAN	VF	129130/F	POWELL	JOHNNY	RIC	S	233547
MEACHIN	REBEKAH	EAL	F	250163	POWER	PHIL	EAL	S	DT
MEDLAND	CHLOE	SOU	F	123521	PRASAD	MANESH	RIC	V	220853
MEE	DANIEL	LON	S	243498	PUNTER	MICHAEL	BAN	V	62075/F
MELLELIEU	JOHN	LON	S	DT	PYKE	ANGUS	RIC	V	219430
MELLY	MATTHEW	RM	S	209059/F	QUIBELL	PETER	RIC	V	219948/F
MEREDITH	RACHAEL	BOA	F	BOA/R31	QUIBELL	TAMLYN	RIC	F	219949
MERRY	FRANCES	RIC	JF	RIC/130	QUITMANN	JAMES	WEY	J	WEY/191
METCALFE	ANDREW	PAN	S	DT	REES-CLARK	STEPHEN	BAS	J	200414
METCALFE	GEORGINA	PAN	F	240952	RICHARDS	LAURA	SHP	F	76200
METCALFE	VICKY	PAN	VF	58497/F	RIDDIFORD	GARETH	FOX	S	235753
MICHALSKI	BARTEK	EAL	J	EAL/045	RIPPINGTON	SAMANTHA	WOK	F	107742/F
MIDDLEHURST	SUSAN	ADS	V	247884	ROBERTSON	DON	LIN	V	34430/F
MILES	ARCHIE	LIN	V	120719	ROBINSON	HAMISH	RLS	J	242693
MILLER	FRAZER	ROY	J	ROY/095	ROBINSON	LAWRENCE	PLY	S	130497/Y
MOESSNER	SUSI	ITG	F	SCA 8709	ROOTS	GEORGE	RUN	J	RUN/061
MOODY	CHRIS	CHE	S	243207	ROSE	PAUL	PLY	V	29374/F
MOODY	CHRIS	RIC	S	DT	RUSSELL	JOHN	WEY	J	WEY/172
MOORE	OLIVIA	RDG	JF	RDG/079	RUSSELL	PHILLIP	SHP	V	18131/F
MOORE-BARTON	HANNAH	RIC	F	237508	RUST	STEVE	LBZ	S	DT
MORAN	TOM	PLY	J		SALMERON	ANGELA	RIC	F	251962
MORRIS	TOTTI	FOX	F	255202	SAMPSON	PAUL	LON	V	241184
MORRISON	MIRIAM	PAN	JF	PAN/020	SANDERS	MARIE-DO	RIC	F	207716
MUDD	JONATHAN	BAS	V	118880/F	SAPSFORD	KELLY	BAN	VF	208328
MURNAGHAN	LIZ	BAS	VF	26107/F	SCARRATT	ADAM	RDG	J	RDG/080
MURPHY	OLIVER	LBZ	J	236342	SCHANDELMAYER	JOHN	RIC	V	126710/F
MURPHY	PADRAIG	BAN	J	BAN/055	SELWOOD	PETER	BEJ	V	103665/F
MYBURGH	DANIELLE	RIC	F	249435	SIEMENOWSKI	THOMAS	RUN	J	RUN/062
MYLETT	AMANDA	LIN	VF	95989/C	SIMPSON	KEITH	RDG	V	228370
MYLETT	DAVE	LIN	V	5147/F	SIMPSON	LUKE	VIK	J	231071
NIXSON	LIAM	EAL	J	EAL/028	SMITH	MARTIN	SOU	V	104075/F
NORTH	OLIVER	RIC	S	DT	SMITH	SUE	RIC	F	118341/F
ODAM	KATY	LIN	F	253941	SPENCER	KAY	HER	VF	111732
OGIN	PURNA	RIC	F	119565	STAMP	RAY	CHE	V	119057/F
ORENSTEIN	SIMON	CLM	V	248255	STAMP	RAY	CHE	VC	119057/F
ORME	ROSS	BUR	J	BUR/911	STEVENSON	GABY	RIC	F	251413
O'ROURKE	CHRISTO	BRY	J	BRY/037	STINCHCOMBE	RONALD	BRI	V	2699
PALMER	DANIEL	FOY	J	FOY/021	STOKER	KANE	SOU	V	DT
PALMER	SUZANNE	PAN	JF	PAN/573	STOREY	DES	NOT	V	DT
PARKER	JAMES E	WOR	S	108723/F	STROUD	FRANCES	WOR	JF	WOR/278
PARKER	JANET	WOR	VF	241092	SUNDERLAND	KEITH	TRE	V	15589

MARATHON RANKINGS

Surname	First name	Club	Cat	BCU no.	Surname	First name	Club	Cat	BCU no.
Division 7 cont.					Division 7 cont.				
SUNDERLAND	TERRY	RIC	S	249334	WILSON	GED	LBZ	V	212822
SURRAGE	PAUL	BSF	V	55059/F	WILSON	LUKE	FOX	S	205396/F
SWETNAM	HUW	BUR	S	DT	WOOD	JULIE	BAN	VF	123563/F
SYME	KIRSTEN	KIR	JF	SCA 9186	WRIGHT	STEWART	FOY	S	220480
TAIT	DAVE	WOL	V	234684	WYATT	JOSIE	RIC	VF	237516
TARBUCK	DAVID	WOL	V	27492	WYSE	MARINA	SOU	F	243536
TAWNEY	JACK	DEV	S		YATES	JAY	BRY	J	BRY/015
TAYLOR	ALAN	BAS	V	226401	YATES	KEITH	WOL	V	3953
TAYLOR	HELEN	RIC	JF	RIC/131	Division 8				
TAYLOR	MAX	KIM	J	236948	ACTON	ALAN	WOL	V	232770
TAYLOR	MAX	SOU	J	SOU/009	ADAMS	TAMSIN	FOX	F	DT
TAYLOR	POPPY	SOU	JF	SOU/008	AITCHISON	HARRY	BRY	J	BRY/025
TENG	WEIKEONG	GLU	S		ALLEN	EMILY	LON	F	262164
TENNYSON	KEVIN	NOT	V	256987	AMEY	ROB	SOU	J	SOU/004
THOMAS	ADRIAN	BEJ	V	248844	ANDREWS	CLIVE	WOR	V	242405
THOMAS	GEORGIA	BSF	F	208617/Y	ARMshaw	ROBERT	GAJ	V	56450/F
THOMASSON	EDWARD	PLY	V	7794/F	AUSTEN	JAMIE	PLY	J	
THORP	PETER	BRY	J	BRY/053	AUSTEN	STEVEN	PLY	S	DT
TONNER	CHARLES	LIN	V	242063	AUSTIN	ROB	BAN	S	256993
TOURT	MICHAEL	BUR	S	241992	AVERY	CHARLOTTE	CLM	JF	CLM/1162
TRACEY	ROSS	RIC	V	239258	BADELEK	JOHN	WEY	C	37224/F
TRAIN	JO-JO	FLA	JF	FLA/090	BAINES	MATTHEW	4AS	S	204165/Y
TRAINOC	ADAM	DEV	J	DEV/111	BAKER	RICHARD	BSF	V	116134/F
TROY	ETHAN	SOL	S	242349	BALASHENKO	VALENTIN	RIC	S	256265
TUDOR	DANIEL	SOL	J	SOL/054	BARBER	JENNY	SOL	JF	SOL/029
TUPLIN	CHRIS	NOR	V	9674435/F	BARROW	JONATHAN	PAN	S	110873/C
TURNELL-RITSON	LEO	BRY	J	BRY/049	BATES	ROBERT	VIK	V	204871/F
TYAS	LEE	LBZ	J	LBZ/117	BELBIN	DAVID	NOT	VC	18674/F
UNDERWOOD	GRANT	SHA	J	229992	BERCHTOLD	ROBERT	RIC	JC	249218
VANNIEKERK	STEPHNE	RIC	F	DT	BEVAN	WILL	SHP	J	SHP/077
VATER	AMBER	WOR	F	250315	BILLSON	VICTOR	EAL	S	255422
VATER-LAMBERT	ADELE	WOR	F	250316	BLACKWELL	HOLLY	ROY	JF	ROY/106
VEALE	STEPHEN	KIR	J	SCA1845	BLOCKE	VINCE	CAM	V	118253
VENTKATESAN-OC	PURNA	RIC	S	119565	BOLD	LEANNA	NOT	JF	232398
VOLLER	SHIRINE	HEM	F	211282	BOLTON	JON	FOX	V	DT
WALKER	HAZEL	PLY	VF	96332/C	BONHAM	ANDREW	WEY	C	DT
WALKER	MICHAEL	BUR	V	39456/F	BOREHAM	RICHARD	BAS	V	220155
WALSH	DAVE	WOR	V	203087	BOWLES	PHILIP	MAI	V	27406/F
WALSH	KIM	BUR	F	DT	BRANCH	EMILY	BAS	JF	BAS/144
WANZAR	TAGLE	KIM	J	250371	BREEN	OSCAR	BRY	J	
WARD	ELENA	BAN	F	260412/F	BRETT	JUNE	BSF	VF	207570/F
WARREN	JAMES	WEY	V	239939	BREWER	WENDY	EBC	VF	256026
WATSON	MARTIN	RDG	V	114659/F	BIGGS	DAVID	GAJ	V	47713
WEBB	JOANNE	SOU	F	224375	BROWN	JOE	GAJ	V	42513/F
WEBB	TIM	CAM	V	203068/F	BROWNLIE	KATHY	FOX	F	214354/F
WEIGEL	BEATRIX	RIC	S	258482	BRYAN	HOLLY	RDG	JF	
WELFORD	ROBERT	WOR	S	63047	BURNS	TOM	WOK	J	DT
WESTON	HELEN	WEY	F	246909	BUSUIOC	ANDREI	RIC	S	249003
WHIPP	STEVEN	BSF	V	64036	BUTLER	BRIAN	ADJ	V	65142
WHITE	BILLIE	BAN	JF	BAN/092	CALDAS	JULIETTA	ROY	JF	ROY/123
WHITE	DEBBIE	BAN	VF	231616	CALDWELL	RHIANNON	IND	JF	SCA1143E
WHITE	PETER	WOL	V	231106	CARPENTER	DEBBIE	BAS	VF	52078/F
WIBREW	EMILY	MAI	F	207988/Y	CARRIER	MICHAEL	TRU	V	49850/F
WIGGIN	IAN	WOR	S	237218	CAVE	PETER	WOR	J	
WILEY	ROB	NOR	S	249611	CAYFORD	ANTHONY	BSF	J	120891/Y
WILLIAMS	ALAN	WOR	V	2365	CHALLIS	MALCOLM	LIN	V	DT
WILLIAMS	MARK	CHE	V		CHRISTIE	ARLENE	LON	F	256520
WILLIS	SEAN	LIN	S	238950	CHURCH	NICK	RIC	S	DT

MARATHON RANKINGS

Surname	First name	Club	Cat	BCU no.	Surname	First name	Club	Cat	BCU no.
Division 8 cont.					Division 8 cont.				
CLARK	PETER	TON	V	240002	GRAY	ELIZABETH	LIN	JF	LIN/038
CLEAVER	CHRIS	MAD	V	79946/F	GREEN	DAVID	EXE	V	6137/F
CLIVE	LOUISE	GAI	VF	107595/C	GREEN	JO	SOL	JF	SOL/047
CLOUGH	JEN	FOX	VF	204863	GREEN	JOHN	BAD	V	110967/F
COLE	ANDY	WOR	V	DT	GREEN	JOHN	BAD	VC	110967/F
COLLIER	ALISTAIR	WOR	V	DT	GREEN	ROSIE	CLM	F	245223
COOK	JON	ELM	S	DT	GREER	REBECCA	WOR	JF	WOR/188
COOPER	SEAN	BAN	V		GURNEY	EMILY	BSF	JF	BSF/100
COTTLE	GRAHAM	BOA	V	57653/F	GWILLIAM	CHLOE	BEJ	JF	207368/Y
COULTON	GARY	RIC	S	104723/B	HALL	GARY	EXE	S	227732
COX	ALANA	DEV	JF	237168	HALLIDAY	JANE	MAD	F	245003
COX	ROGER	RIC	S	DT	HARGREAVES	ANDREW	TRE	S	258649
CULLINGTON	MARK	RIC	S	660653/F	HARLEY-BECKETT	CONNER	LIN	J	LIN/030
CUNNINGHAM	MATTHEW	TRE	S	257271	HARNSON	BETH	NOR	JF	NOR/07
DABORN	GEORGINA	RIC	F	RIC/182	HARPER	HELEN	BAN	F	257562
DARK	ADRIAN	BOA	V	23632/F	HARRIS	DENISE	DCP	VF	DT
DAVIES	KATIE	CDF	F	A8323	HARRISON	ROBERT	WEY	J	WEY/205
DAVIES	NEIL	HER	V	116245/F	HARVEY	WARREN	RIC	S	DT
DAVISON	DUNCAN	RDG	S	DT	HATFIELD	ROGER	LON	V	260102
DAVISON	PAUL	MAD	V	53985/F	HATTON	DAVID	CHE	J	CHE/023
DAW	CATHERINE	FOX	JF	FOX/007	HEAD	MIKE	CLM	V	59628/F
DAY	GREGORY	PAN	S	246452	HEARY	SARAH	WOK	VF	DT
DEMPSEY	AARON	ANK	J	ANK/034	HEATON	ADARSH	ELM	J	ELM/112
DI GREGORIO	STEFANO	ELM	J	ELM/102	HEMPENSTALL	MIKE	ELM	S	204333/F
DICKINSON	MOLLY	ROY	JF	ROY/091	HODGE	REBECCA	LGW	F	DT
DIXEY	PHILLIP	GAI	J	GAI/009	HOGARTH-JONES	BRUCE	CLM	S	238627
DIXEY	SARAH	GAI	JF	GAI/011	HOLLEY	STEVEN	BEJ	V	258152
DIXON	ABI	DEV	JF	251451	HOLMES	PHILLIP	SHP	S	200942
DIXON	KIM	LBZ	V	119777/F	HOOK	REEF	EAL	J	EAL/025
DMITRIENKO	ALEXEI	EXE	V	DT	HOPCRAFT	RORY	TON	S	DT
DOBBIE	DERRICK	LBZ	V	84212/F	HORDMAN	WILLIAM	TON	J	TON/099
DOCHERTY	GILES	BRY	J	BRY/048	HUDSON	KEN	ELM	V	64777/F
DOMAN	LESLEY	CLM	VF	DT	HUGHES	CHARLIE	BRY	J	BRY/024
DOWER	KEVIN	ADJ	V	128576/F	HUMPHREYS	BROOKE	TRE	JF	237033
DRANE	HANNAH	NOR	JF	NOR/02	HUSBAND	KIERAN	FOX	J	259351
DRAPER	GRACE	BUR	JF	BUR/1009	HUSSEY	MANDY	LBZ	VF	200625/C
EDMOND	KAREN	RIC	F	202264	HUYTON	MARGARET	MAD	VF	227489
EDWARDS	ROGER	CLM	V	38140/F	JACKSON	NORMAN	IND	V	DT
FALLTRICK	LEAH	CLM	JF	CLM/1116	JAMIESON	ERIC	WEY	VC	252006
FAULKNER	KIERAN	LBZ	J	LBZ/046	JAMIESON	MAX	WEY	JC	252007
FIGLAK	MICHAEL	HER	J	HER/104	JARRETT	FRASER	WOK	J	WOK/015
FISHBURN	STRUAN	CHE	J	CHE/036	JOHLINIUS	JOHANNA	RIC	S	DT
FITZSIMMONS	MARTIN	RIC	S	203316	JOHNSON	CHRIS	BAN	S	256095
FLACK	TAMSEN	BAN	F	99056	JONES	BRYONY	HER	JF	HER/005
FOX	WENDY	BAS	JF	228130	JONES	SAM	BAN	J	BAN 004
FRANCIS	KATE	BAN	F	255291	JONES	TIM	WOR	S	DT
FRANKLIN	BILLY	FOX	J		KAY	DAVID	TRE	V	8346
FREEBODY	SONJA	WEY	F	247596	KELLY	KEVIN	EAL	V	37100
GANDY	BRIAN	BAS	V	20172/F	KENNEY	SAM	WEY	JF	235532
GARSIDE	DEBBIE	LBZ	VF	127029/C	KERR	DEBORAH	IND	JF	SCA11534
GASH	CHRIS	DCP	V	A8358	KERSEY-BANKS	PHIL	CLM	V	221969
GASPAR	MIGUEL	CMU	S	219962	KHAN	HUMMZA	ANK	J	ANK/061
GELDER	SIMON	IND	V	DT	KING	KRISTIAN	BAD	V	244271
GILDER	JODETTE	RDG	JF	RDG/037	KING	KRISTIAN	BAD	VC	244271
GILLESPIE	MARTIN	PAN	V	127800/C	KIRCHHEIMER	SARAH	FOX	F	244573
GONZALEZ	TONY	BAN	VC	128735/F	KITCHEN	PHIL	ANK	S	DT
GOODWIN	JAMES	PLY	S	200252/Y	LANCASTER	TOBY	WOK	V	11889/L
GRAHAM	ROB	TON	S	DT	LANGEMDAHL	PELLE	RIC	S	DT

MARATHON RANKINGS

Surname	First name	Club	Cat	BCU no.	Surname	First name	Club	Cat	BCU no.
Division 8 cont.					Division 8 cont.				
LARSEN	JOSE	LBZ	VF	125711/F	OWEN	SAMANTHA	TRE	F	217419
LAWS	ALAN	LIN	V	1877/F	PALFREY	MIKE	BAN	V	129433
LEWIS	JULIE	RLS	VF	129853/F	PALMER	JOSHUA	PAN	J	118003/Y
LINDOP	HOLLY	DEV	F	243753	PALMER	KEITH	NOT	V	81718
LINDSAY	JEFF	RIC	S	254245	PARKER	HEATHER	NOT	VF	66792/F
LLEWELLYN	GARETH	MAD	V	35580	PARKER	PAUL	CLM	V	117619/F
LOCKE	DARREL	ADJ	S	DT	PEARSON	EDWARD	WOK	J	219284/Y
LODGE	MATTHEW	NOR	J	NOR/019	PEDLAR	KATE	WOR	F	112424/F
LOVEGROVE	ANDREW	BAN	S	248249	PEHLIVANOV	IVAN	RIC	C	
LOWE	JULIE	4AS	F	77746/F	PERRETT	ALISON	RIC	F	DT
LOWE	ROB	CLM	V	253004	PHILLIPS	STEPHEN	ADJ	V	74679
LUFKIN	MARK	ELM	V	DT	PICKERING	RICHARD	MAD	V	114779
LYWOOD	JOANNE	RIC	F	DT	PITTENDREIGH	CAROLINE	LIN	VF	115757
MADELEY	DAVID	CHE	V	43117/F	PLANTIER	FRANCOIS	BAN	S	221833
MAKINO	SEIKO	FOX	F	257413	PLAYLE	BILL	BAD	V	229965
MALCOLM	ANTHONY	NOT	V	110398/F	PLAYLE	BILL	BAD	VC	229965
MALCOLM	DANIEL	KIR	J	SCA 9261	PLUMMER	PAUL	LBZ	V	253752
MARLOW	JOE	BUR	J	BUR1006	POLLOCK	ANDREW	ADS	S	249401
MARLOW	LIBBY	BUR	JF	BUR1008	POSTILL	PAUL	TRU	V	221185/F
MARMON	BOB	FOX	V		POTTER	TOM	LIN	J	LIN/041
MARSHALL	STEVE	NOT	S	DT	PRENTICE	MARK	BOA	V	58986/F
MARTIN	ALISON	RIC	JFC	230248	PURSER	JULIAN	SOL	V	229945
MARTIN	KARI	LBZ	VF	98895/C	PUTZ	ALEX	RIC	JC	RIC/212
MARTIN	SIMON	RIC	S	DT	PUYDEBOIS	SEBASTIAN	RIC	S	237527
MARTINEZ	FERNANDO	FOX	S	259655	RABIER	ISABELLE	RIC	F	231570
MATINEZ ESTRAD	FERNANDO	FOX	S	DT	RAUENBUSCH	DINAH	TRE	VF	DT
MATTHEWS	DEBBIE	LBZ	VF	108913/F	REBOUL	MAX	MAD	J	MAD/008
MAY	ANDREW	SHP	S	129107	REESE	HAYLEY	HER	F	219057
MAY	JOHN	TRU	V	22447/F	REGAN	HARRY	CKP	J	
MAYLAND	ANDREW	MAD	V	80406/F	RELPH	JOSH	CKP	J	
MCCLUSKEY	STEVEN	PAN	V	65287/F	RICHARDSON	BRENDON	4AS	S	201761/F
MCCUTCHEON	SURYAN	RUN	J	RUN/071	RIPPINGTON	SAMANTHA	WOK	FC	107742/F
MCKAY	GREG	RIC	S	DT	ROBERTS	MARTIN	RIC	S	DT
MCMORRIN	BRIAN	KIR	V	SCA 6515	ROBERTS	STACEY	SHP	F	228389
MCMORRIN	LINDSAY	KIR	JF	SCA 6515	ROBINS	GUY	BAN	V	124144/F
MEDINA	CLAIRE	KIN	JF	126297/C	ROBINSON	KATE	FOX	F	DT
MILLER	MATT	SOU	S	DT	ROBINSON	PHILIP	SHP	V	213719/F
MONEY	SEBASTIAN	WEY	J	WEY/184	ROBINSON	STEPH	CDP	VF	8382
MOWATT	DIANE	LEA	VF	18889	RUDD	SAMANTHA	SHP	VF	59535
MURPHY	ANDREW	LBZ	V	126435/F	RUFF	LAURA	ROY	JF	ROY/085
MURPHY	HEATHER	BAN	F	115582/C	RUSSELL	JAMES	CLM	J	CLM/1038
MURPHY	HEATHER	LBZ	F	236341	SARFRAZ	HUSSAIN	FOX	F	DT
MURR	ANTHONY	SHP	V	228716	SCARROW	LILY	LIN	JF	LIN/048
MURRAY	TRACY	RIC	F	256978	SCHIRMACHER	OLLIE	FOX	J	
NAFTANAILA	STELIAN	BAD	J	BAD/222	SCRAGG	GARETH	WOK	S	DT
NEALE	LOUISE	TON	F	95988/C	SEAGER	MIKE	SHP	V	111814/F
NELSON	EMILY	NOR	JF	NOR/018	SELWOOD	CARLY	BEJ	F	106392/F
NEWBERY	CHRIS	PAN	V	DT	SEN	KAMALA	DCP	VF	WCA 3571
NEWBERY	MICHAEL	VIK	V	110548/F	SHARP	DIANE	LGW	F	SCA 1619
NI CHUINN	AILSLING	VIK	F	237947	SHARPE	CHRISTOPHE	WAV	V	60747/F
NICHOLSON	EMMA	WEY	JF	127994	SHAW	LAWRENCE	FLA	S	213316
O'BRIEN	JO	EAL	F	DT	SHEEHY	THEO	WEY	J	WEY/204
O'CONNOR	FINTAN	FOX	J		SHEPHERD	CALLUM	WIN	J	
OLDFIELD-CONNO	JAKE	CHE	J	CHE/021	SHIPWAY	DAVID	LBZ	V	49686/F
ORME	SIMONE	BUR	JF	BUR1001	SILLITOE	CHRIS	PLY	V	74389/F
O'TOOLE	CIAREN	BRY	J	BRY/002	SILLITOE	NEIL	LBZ	V	42106/F
OWEN	HARRY	EAL	J	EAL/031	SIMMONS	ANDREW	BOA	V	201792/F
OWEN	ROBERT	CHE	V	WCA 4602	SIMPSON	ALASKA	VIK	JF	VIK/0992

MARATHON RANKINGS

Surname	First name	Club	Cat	BCU no.	Surname	First name	Club	Cat	BCU no.
Division 8 cont.					Division 8 cont.				
SKINNER	DAVID	WEY	V	DT	WISE	MARINA	SOU	F	DT
SMITH	CHAS	VIK	V		WOOD	JONATHON	EAL	V	44136
SMITH	LIANE	DEV	JF		WOOD	SIMON	RIC	S	DT
SMITH	RUTH	BAS	VF	213381/C	WOODS	ED	CLM	V	112344
SMITHSON	WILLIAM	RLS	J	251375	WYATT	IAN	CLM	V	222289
SOKOLOV	ALISON	WEY	F	235958	WYATT	STEPHEN	EBC	S	DT
SPELMAN	DAVE	SHP	S	DT	YARDLEY	JAMES	TON	J	252504
SPITTALL	MEG	TSP	F	SCA 0086	YOUNG	NICK	HYM	J	241219
SRILAGH	ATTILIA	RIC	S		ZHELEV	DRAGOMIR	RIC	S	DT
STAFFORD	WILLIAM	BEJ	V	103441/F	ZIMMERMAN	SERGIO	RIC	S	DT
STALLWORTHY	RODNEY	CHE	V	823/F					
STATKUTE	JOVITA	BAD	F	BAD/144					
STUART	PAUL	LEA	V	79096/F					
STUART-HILL	AMY	MAI	JF	239585					
SUTTLE	LISA	CLM	FC	82736					
SUTTON	JEFF	NOT	V	DT					
SWINBURNE	JAMES	IND	J	SCA 11397					
TANNER	LAURA	BAN	F	DT					
TARBUCK	LAURA	WOL	F	227822					
TEBBUTT	ALAN	ANK	V	206335/F					
THOMAS	AMBER	FOX	F						
THOMAS	OLIVER	ELM	J	244096					
THOMAS	PETER	SOU	V	49685/F					
THOMPSON	EMILY	WLT	JF						
TILBURY-CLARKE	ELLIE	PAN	JF	232073					
TOWERS	SAM	LIN	J	LIN/039					
TOZER	NATHAN	WEY	S	249189					
TRUSCOTT	CAROLINE	BAN	F	262408					
UNWIN	JAMIE	CKP	J	CKP/008					
VENESS	LUKE	BAS	J	207606					
VORLEY	DANIEL	ROY	J	ROY/072					
WALKER	AMANDA	PAN	JF	PAN/015					
WALKER	CAROLINE	PAN	VF	241656					
WALKER	ELEANOR	PAN	JF	241657					
WALKINTON	HOLLY	CLM	JF	245222					
WALKINTON	MARY	CLM	VF	128177/F					
WALLMAN	RICHARD	RIC	S	16147					
WARD	OSCAR	BRY	J	BRY/052					
WARREN	REBECCA	BAN	JF	BAN/057					
WATERFIELD	DAVID	WEY	V	230070					
WATKINS	ALED	SOL	V	73977/S					
WATT	CHARLOTTE	RDG	JF	RDG/036					
WEBB	GEORGE	FOX	S	111111					
WEBB	ROBYN	WLT	F	WLT/027					
WEBSTER	GRAHAM	RUN	J	RUN/063					
WELD	JOE	BRY	J	BRY/023					
WELLS	TOM	WEY	S	85585					
WESTGATE	NIKKI	WOR	F	DT					
WESTWOOD	MATTHEW	LBZ	VC	230097					
WHISTON	DAVE	TRE	V	230730					
WHITE	BRANDON	WEY	J	WEY/195					
WHITE	MARY	MAD	VF	227369					
WHITTLE	FLORENCE	SHP	JF	251749					
WILLIAMS	SAM	SOL	J	SOL/043					
WILLIAMSON	FINLAY	KIR	J	DT					
WILSON	IAN	CLM	V	117356/F					
WILSON	MALCOLM	RDG	V	230554					
WINCHESTER	LOUISE	PAN	JF	117604/F					

MARATHON RACING

Chairman's Foreword

It is pleasing to report another successful year at Internationals for marathon racing. World Cup 1 at Tyn in the Czech Republic set the scene where the GB team achieved three gold medals – Ben Brown SMK1; Jenny Illidge JWK1; Vicky Croucher and Alice Haws JWK2 – and a bronze for Jon Tye in JMK1. This was followed at World Cup 2, held at Brandenburg, Germany where Ben Brown again won the senior men's K1 race, Vicky and Alice won silver and Ben and Jon Simmons won the bronze in the senior men's K2.

The whole GB team performed well at the World Championships at Banyoles, Spain with several paddlers only just missing out on a medal. But without doubt the icing on the cake was Ben Brown becoming World Champion - a magnificent achievement. He had given us several hints for in addition to his World Cup successes he won the silver medal last year and in 2006 had a superb race to finish fourth just 7 seconds behind the World Champion. Well done, Ben: you should be rightly proud of your achievements and we all wish you more successes in future. Whilst Ben's was our only medal at the Worlds when the combined points for the men's kayak team at the Championships and the World Cups over the season were totalled, GB had come out on top for the first time in over a decade.

The Hasler Series continued with good support in several regions but lacks numbers, but not enthusiasm, in the South West, North West and Yorkshire.

Chester and Worcester Canoe Clubs respectively hosted the National Championships and Hasler Final. Both events were run excellently and for their efforts both clubs were rewarded with good levels of entries from paddlers. In the past few years the Nationals programme has offered 21 canoe races. Yet year after year we struggle to get just one or two quorate canoe races, so for 2011 we have cut the number of races in the programme to just three. I hope we have sufficient entries to run all three races. We do encourage canoe racing and if demand for more canoe classes returns we will not hesitate to put more races on the programme.

5K races were introduced in 2010. The attendances were modest but it is early days and we look forward to more races in 2011 and we trust that paddlers will be encouraged to attend the first 5K final the venue for which, at time of writing, has not been confirmed.

I have ended my last eight Forewords with thanks to everyone who supports marathon racing as a volunteer. There are so many of you working within clubs, the regions and nationally that I guess that covers just about everyone who reads these few words. I know the time and energy put in by all volunteers and I have no hesitation in repeating my words this year. Success at international, regional and club level relies on you – the paddlers, coaches and helpers who perform so many different roles. Thank you all: the efforts you put towards the sport really are much appreciated.

Brian Gandy
Chairman
December 2010

MARATHON RACING

Marathon Racing Committee

Brian Gandy	Chairman	GA1074
Diane Bates	Secretary	BA1485
David Enoch	Treasurer	EN1067
Ollie Harding	Calendar Compiler	HA1514
Sue Hawthorn	National Championships Coordinator / 5K racing	HA1575
James Hinves	Lightning Development	HI 1515
Roland Lawler	Rankings Officer	LA1109
Alan Laws	Vice Chairman / Newsletter Editor	LA1111
Mick Nadal		NA1292
Dyson Pendle	Athlete Development / 5K racing	PE1317
Andy Rawson	Hasler Final Coordinator	RA1405
*Graham Warland		WA1453
*Stuart West	Athlete Development / Website	WE1583

* Co-opted

Selection Committee

Alan Laws - Chair
David Enoch
Roland Lawler
Dyson Pendle
Melvin Swallow

MARATHON RACING

Useful Addresses

CHAIRMAN	Mr B Gandy, 32 Florence Road, Church Crookham, Fleet, Hants, GU52 6LQ. e-mail gandy@adslmail.newnet.co.uk	
SECRETARY	Mrs D Bates, Lesters, 11 Cranley Road, Burwood Park Walton-on-Thames, Surrey KT12 5BX e-mail diane.bates@dial.pipex.com	
RACE RECORDS OFFICER	Mrs R Illinesi, Lacey Dere, Kettlewell Hill, Horsell, Woking, Surrey GU21 4JJ e-mail rosemary.illinesi@ntlworld.com	
RANKINGS OFFICER	Roland Lawler, 93 Chertsey Lane, Staines, Middx TW18 3LQ e-mail diandroland2009@hotmail.com	
CALENDAR COMPILER	Ollie Harding, 12 Maidenhead Court Park, Maidenhead SL6 8HN e-mail ollieharding@mac.com	
WEBSITE	Stuart West e-mail info@marathon-canoeing.org.uk	
<u>Regional Marathon Advisers</u>		
EASTERN	Ian Wyatt, The Coach House, Bradwell Road, Saint Lawrence, Essex, CM0 7 LW e-mail iwyatt22@yahoo.co.uk	
LONDON & SE	Jim Rossiter, 101 Whyteleafe Road, Caterham, Surrey, CR3 5EJ. e-mail jimrossiter@btopenworld.com	01883 346631
NORTH WEST	Dave Moore, 41 West Avenue, Rudheath, Northwich, Cheshire, CW9 7ER. e-mail sgurfiona@aol.com	
SCOTLAND	Brian Chapman, 193 Binniehill Road, Balloch, Cumbernauld, Scotland, G68 9JH. e-mail brian.chapman@kpmg.co.uk	01236 457081
SOUTHERN	Andy Rawson, 9 Bramley Green Road, Bramley, Hants, RG26 5UE e-mail susanandandy@btinternet.com	
SOUTH WEST	John May, 24 Trelawney Avenue, Treskerby, Redruth, Cornwall. TR15 1RH. e-mail g.j.may24@btinternet.com	01209 216943
WEST & EAST MIDLANDS	Mick Nadal, 8, Melton Grove, West Bridgford, Nottingham, NG2 7NX e-mail nottinghamkayakclub@yahoo.co.uk	0115 914 1824
YORKSHIRE	David Jefferies, 37 Talbot Avenue, Huddersfield, HD3 3BQ e-mail david@b14daj.fsnet.co.uk	01484 435862

MARATHON RACING

PART A – REGULATIONS AND ADMINISTRATION

These regulations are bound to the Articles of Association of the British Canoe Union. ("BCU") and were approved by the Board of the BCU ("Board") in December 2004.

1. Title

- 1.1 The Committee shall be called the BCU Marathon Racing Committee.

2. Objectives

- 2.1 The Committee interests itself in all matters arising out of and in connection with canoe and kayak marathon racing in Great Britain.
- 2.2 The Committee's objectives are to encourage club, regional, national and international marathon events.
- 2.3 Its primary responsibilities are:
- a) To organise and conduct National Championships and other competitions on behalf of the BCU.
 - b) To set and publish competition rules and make recommendations for the conduct of national and regional marathons.
 - c) To give advice, guidance and encouragement to sponsors of marathon racing in Great Britain.
 - d) To select, train and administer teams representing Great Britain in international events.
 - e) To select, train and administer teams representing England in international events.
 - f) To maintain disciplinary regulations.
 - g) To act as final authority in disputes, protests and appeals with regard to marathon racing rules and competitions.

3. Committee

- 3.1 The Committee shall comprise up to 12 persons, being Full Individual Members of the BCU. This total shall include the Chairman, Secretary and Treasurer but does not include national delegates, co-opted members or the representative from the Regional Development Teams.
- 3.2 Members of the Committee shall serve for approximately two years and shall be eligible to stand for re-election at alternate Annual Consultative Meetings. One half of the elected members shall retire at each Annual Consultative Meeting.
- 3.3 The Chairman of the Committee shall be elected at the Annual Consultative Meeting and shall serve until the next Annual Consultative Meeting and be eligible to stand for re-election.
- 3.4 Persons who are employees of the BCU or National Associations may serve as members of the Committee with the consent of the Board.
- 3.5 The Committee shall appoint from within their membership (including co-opted members), a Secretary, a Treasurer and such other officers the Committee considers necessary for its administration and representation on other committees.
- 3.6 One representative of the marathon racing representatives on the English Regional Development Teams shall be entitled to attend meetings of the Committee as a non-voting member.

4. Co-Options

- 4.1 Committee may co-opt not more than three Full Individual Members to serve on the Committee until the next Annual Consultative Meeting. Co-opted members shall have the same voting rights as other Committee members.

5. Nominations

- 5.1 Nominations of candidates for election at the Annual Consultative Meeting shall be made to the Secretary of the Committee in writing supported by the signatures of two Full Individual Members of the BCU and must reach the Secretary not less than 42 days prior to the Annual Consultative Meeting.

MARATHON RACING

6. Proceedings of the Committee

- 6.1 The Committee shall meet at least twice in each calendar year and shall report to the SMC, which in turn shall report to the Board.
- 6.2 At least seven days notice of meetings shall be given in writing (by post, email or fax) to all members of the Committee.
- 6.3 The Secretary shall keep minutes of the proceedings of the Committee and of the Annual Consultative Meeting. Copies of the minutes shall be sent to the SMC. Copies of the agenda and minutes shall be sent to the regional marathon racing representatives.
- 6.4 Six of the members entitled to attend and vote at a meeting shall form a quorum of the Committee. Voting shall be by show of hands only and each member shall have one vote.
- 6.5 The Treasurer shall keep such books of account as the Board and the Committee may from time to time direct. The accounts of the Committee shall be submitted annually to the BCU, made up to 31 October. Approved costs of members attending meetings shall be paid.

7. General Meetings

- 7.1 An Annual Consultative Meeting shall be held in each calendar year at the National Marathon Championships.
- 7.2 At least 21 clear days' notice of the date, time and place of General Meetings shall be given to each affiliated club that has registered its interest in marathon racing with the Committee. The agenda for a General Meeting, details of the business to be discussed at the meeting and of the persons nominated for election shall accompany the notice of meeting.
- 7.3 The business of the Annual Consultative Meeting shall be:
 - (a) to receive the report of the Chairman.
 - (b) to receive a summary statement of accounts.
 - (c) to elect persons nominated to serve on the Committee, including the Chairman.
 - (d) to consider any items included in the notice of meeting. Any conclusions reached on such items shall stand as recommendations for further consideration by the Committee.
- 7.4 Only business notified in the notice of meeting shall be transacted.
- 7.5 Any item for the agenda at the Annual Consultative Meeting shall be submitted to the Secretary of the Committee in writing supported by the signatures of two Full Individual Members of the BCU and must reach the Secretary not less than 42 days prior to the Annual Consultative Meeting. Other items may be discussed at the discretion of the Chairman.
- 7.6 No business shall be transacted at any General Meeting unless a quorum of members is present at the time the meeting proceeds to do business. A quorum shall be eight Voting Members.
- 7.7 The Chairman of the Committee shall preside at General Meetings. If the Chairman is known to be unable to attend or if he remains absent 30 minutes after the scheduled start time of the meeting, the voting members present may choose a voting member to take the chair.
- 7.8 "Voting Member" means any club or organisation affiliated to the BCU who participate in and have registered an interest in marathon racing. Each voting member represented at a General Meeting by a Full Individual Member shall be entitled to one vote.
- 7.9 The Chairman shall not be entitled to vote otherwise than when a casting vote is required.
- 7.10 Voting shall be by show of hands unless two or more voting members who are present or the Chairman request a poll.
- 7.11 A General Meeting may be called at any time at the discretion of the Committee or by notice in writing to the Secretary by not less than 10 voting members. Such notice must state in the form of a motion the business to be discussed and be signed on behalf of the voting members. The Committee shall convene a General Meeting within 60 days of receipt of such notice.

MARATHON RACING

8. Sub-committees

- 8.1 The Committee may appoint a sub-committee, standing or otherwise, for a specific period and with a specific brief. The Committee shall appoint one of its number to chair the sub-committee and all members shall be Full Individual Members of the BCU. The Committee shall supervise and be responsible for the work of its sub-committees and shall fund its sub-committees from within its set approved budget.

9. Financial Budget

- 9.1 The Committee shall set a specific annual budget each year.

10. Trophies

- 10.1 The Committee shall approve the list of trophies which are the property of the committee and are awarded each year. The Committee will also determine and publish the basis for competition for these trophies.

11. National Championships

- 11.1 Each year the Committee shall organise or nominate a National Championship Marathon event.
- The course must be typical of present courses.
 - The winners of the classes shall be considered the National Marathon Racing Champions in their respective classes.
 - Clubs wishing to stage the National Marathon Racing Championships should apply to the Committee (by the end of May two years preceding the Championships). The venue for the following year shall be announced at each National Championships.
 - The Committee shall appoint a Chief Official from outside the organising club to oversee the running of the National Championships. He / she will be the liaison between the Committee and the organising club, and will be empowered to approve such things as courses, entry fees, distance and the difficulty of courses, start times etc.
 - The organising club will provide a set of accounts of the event to the Committee by the end of December.
 - Sponsorship deals for the event shall be approved by the Committee.
 - The event shall be called the British National Open Marathon Racing Individual and Team Championship.

PART B - RULES FOR COMPETITION

General Rules Applying to All Races

1) DEFINITION

A marathon race can be raced over any distance: usually between 3km and 200km.

2) BEHAVIOUR

- Canoeing is a non contact sport and competitors shall race in a fair manner.
- When a canoe or kayak is overtaking another canoe or kayak it is the duty of the overtaking craft to keep clear of other competitors at all times.
- When a canoe or kayak is racing in a group of competitors it is the duty of all the competitors in the group to keep clear of other competitors at all times. This rule applies to any manoeuvring within the group.
- All paddlers will wear appropriate clothing when racing. This is a minimum of singlet and shorts. These should preferably be in club racing colours.

3) THE RACING STRUCTURE

- The marathon racing system has been designed to encourage all levels of competitor from the raw beginner to top class internationals. There are five categories of race: -
- GROUP A** - These races will appear in the Racing Handbook calendar and / or the calendar published on the MRC website. For these races the race levy must be paid and competitors must be BCU, Canoe England, WCA, SCA or CANI comprehensive members (see Rule 13).
 - Divisional races approved by the Marathon Committee. Promotions between divisions will take place based on the results of these races.
 - Races and time trials approved by the Marathon Committee but not in the divisional system such as stage marathons, descents, Royal K1, Richmond K2, Thameside etc.
 - The National Championships.

MARATHON RACING

c) GROUP B

- i) Those races in the regions and at clubs that do not appear in the calendar. These will include handicap and fun marathons. No promotions will take place at these races. Clubs are encouraged to hold handicap races throughout the year as an introduction to competing in the divisional system. These should be over a 3-10km course with handicaps based on age, experience and type of boat.

d) GROUP C

- i) All Lightning and Junior K2 races forming part of the Geoff Sanders Trophy or held at Regional Hasler events, the National Marathon Championships or the Hasler Final approved by the Marathon Racing Committee – see rules 49-58. For these races:
 - (1) All competitors must be BCU, Canoe England, WCA, SCA or CANI comprehensive members.
 - (2) No race levy will be payable.

4) CLUB MEMBERSHIP

The racing year shall be from 1st September of any year to 31st August of the following year. When a competitor is a member of more than one club, he shall declare before 1st September to the Race Records Officer of the Marathon Committee the name of the club for whom he will race the following racing year. When a competitor changes his club in mid season, he is permitted to compete for his new club, instead of his old, provided that prior consent of the old club is obtained. This consent shall not be withheld unreasonably, particularly in the case of a change of residence from one area to another. The agreed change must be advised to the Race Records Officer in writing before points can be allocated to the new club in club competitions.

5) SAFETY

a) Competitor responsibility

- i) Competitors must render their boats sufficiently buoyant to remain afloat and to support the crew in rough water in the event of a capsize.
- ii) Competitors must be able to swim adequately in the waters on which the race is being held.
- iii) On open water adequate spray covers must be worn.
- iv) All paddlers are required to render assistance to other competitors in distress.
- v) The wearing of life jackets or buoyancy aids is compulsory for all paddlers ranked in divisions 7, 8 and 9 irrespective of the race they are entered in. This applies to singles and doubles races.
- vi) Life jackets must comply with either the European Standard 'EN393 or 395 or the International Standard 'ISO 12402'.

b) Team Leader responsibility

- i) Team Leaders should decide if paddlers under 16 years of age in the higher divisions should wear life jackets or buoyancy aids.

c) Race Organiser responsibility

- i) Race organisers may require life jackets or buoyancy aids and spray covers to be worn and will have the FINAL say as to who should wear them (except where this is covered by rule 5a(v)) depending on weather and water conditions. Such equipment must be provided by the competitors.
- ii) The penalty for infringing any safety rule is disqualification from the race.

Canoeing and Kayaking in all its forms is an 'Assumed Risk – Water Contact' sport.

6) DISCIPLINE

Marathon racing is subject to the BCU Marathon Racing Committee Disciplinary Regulations and to the BCU Disciplinary Code. [See <http://www.canoe-england.org.uk/our-sport/marathon-racing/bcu-marathon-racing-committee/> and "Dispute Resolution Policy" <http://www.bcu.org.uk/resources-and-policies/policies/respectively>]. These apply to all BCU Marathon races.

For the avoidance of doubt, any complaint that an individual member of the Union (competitor or non-competitor) has behaved in a manner described in clause 1.1 of the Disciplinary Regulations shall in the first instance, where possible, be lodged with the Race Protest Committee in the manner described in Marathon Racing Rule 18(g) (i) and (ii). The Protest Committee shall determine what action, if any, shall be taken. If the Protest Committee decides that the complaint should be referred to the Marathon Committee, the race organiser shall report the matter to the Secretary within three working days. The Marathon Committee will consider the matter in accordance with the Disciplinary Regulations.

Race Organisers should note the powers in clause 2.1 of the Procedures to apply immediate discipline where members or competitors have displayed violent or unreasonable behaviour.

7) ANTI-DOPING

Marathon racing is subject to the ICF and UK Anti-Doping Rules [See <http://www.bcu.org.uk/our-sport/athlete-information-and-funding/anti-doping-drug-free-sport/>]

MARATHON RACING

8) BROKEN PADDLES / BOAT

A competitor must not change boats during a race, but may change paddles in the case of breakage.

9) WASH HANGING

Competitors must not hang on the washes of powered craft.

10) ASSISTANCE TO COMPETITORS

A competitor may receive food and drink during a race. Competitors with a disability may receive assistance at portages, but no other assistance unless permitted before the race by the organiser.

11) BOAT DESIGNS

Any type of canoe or kayak can be used.

Kayaks shall be propelled solely by means of double bladed paddles.

Canoes shall be propelled solely by means of single bladed paddles.

The paddles must not be attached to the boat in any way, being supported only by the hands.

For GROUP A races boats must comply with the ICF regulations as detailed below:-

single kayak	max length 520cm
double kayak	max length 650cm
single canoe	max length 520cm
double canoe	max length 650cm
double touring canoe	max length 550cm

Boats over 460cm in length must not have concave sections unless classified as Wild Water Racing boats and falling within the ICF regulations for such boats.

12) BCU MEMBERSHIP

- a) All competitors in GROUP A and Group C races must be COMPREHENSIVE BCU, Canoe England, WCA, SCA or CANI members. Membership numbers must be quoted on entries and results and a valid membership card or photocopy **must** be produced at race check in. Those unable to prove membership will be required to buy an Event Ticket which is payable to the BCU. The exceptions are juniors ranked in divisions 7, 8 & 9 and Lightning competitors who are members of clubs with registered junior sections, who should produce their registered junior section card instead.
- b) At all Regional Hasler events, the Hasler Final and the National Championships:
 - i) all competitors in divisions 1 to 6 must produce a valid membership card or photocopy at race check in. Any competitor unable to do so shall not be permitted to race.
 - ii) all competitors in divisions 7, 8 and 9 must produce a valid membership card or photocopy at race check in or, if junior, produce their registered junior section card. Any competitor unable to do so will be required to buy an Event Ticket
 - iii) race results may be checked for valid membership. Club points will be deducted and the race shall not be counted as a Hasler qualifying race where:
 - a) any competitor is found subsequently to have competed without a valid up-to-date membership, or
 - b) a competitor in divisions 7, 8 and 9 is found to have bought more than one Event Ticket per season.
- c) Upon promotion to Division 6 there is a period of grace of 4 weeks during which a junior, racing with a registered junior section card, must become an individual comprehensive member of the BCU / Canoe England / WCA / SCA / CANI.

13) RACE LEVY SCHEME

At all GROUP A races, published in the Racing Handbook and / or the calendar published on the MRC website, there will be a race levy of £2.00 for each senior and veteran paddler by age, as recognized by their BCU, Canoe England, WCA, SCA or CANI membership, and £1.00 for each junior paddler by age, as recognized by their membership. The levy to be charged on all paddlers booked in irrespective of whether they start or finish the race. The race levy for all categories of races is to be remitted by the Race Organiser to the Treasurer **within 7 days of the race**. Cheques should be made payable to "BCU Marathon Racing Committee" and sent to David Enoch, 102 Bingham Road, Radcliffe-on-Trent, Nottingham NG12 2GT.

Those clubs wishing to pay the levy by electronic transfer should consult the web site or contact the Treasurer on david.enoch2@btopenworld.com to ascertain the bank details.

The BCU are in the process of changing their bank accounts so do not use the bank details published in previous Handbooks.

MARATHON RACING

When making electronic transfers please also e-mail David Enoch with the race name and amount of levy to david.enoch2@btopenworld.com

14) RACE REGISTRATION

The organiser of a GROUP A race must apply to the Calendar Organiser for that race to be registered. This must be done by the autumn of the year preceding the event. The event must be organised and run under the Marathon Racing Rules. Registered races may advertise through the Union and may appeal through the Marathon Committee in cases of dispute or difficulty. [Refer to BCU Disciplinary Code at <http://www.bcu.org.uk/resources-and-policies/policies/>]

The registration fee will be the race levy described in rule 13 and the organiser must comply with the requirements of rule 18.

15) BOAT NUMBERING

At all GROUP A races competitors shall number their boat for a race in the following manner. Paddlers racing in divisions 1-8 must display vertical number plates. The number plate must be yellow or white and displayed vertically in a slot placed on the middle of the back deck about 15cm behind the cockpit in the case of kayaks and on the front deck in the case of canoes. The slot will be fitted with a locking pin. The dimensions of the plate will be 200mm long x 150mm high with the top corners rounded to a 10mm radius. The characters on the vertical number plate will be the same standard as a car number plate and **MUST** be **CLEARLY LEGIBLE** from 25 metres. This applies to both sides of vertical number plates.

Paddlers ranked in Division 9, Lightning, club and fun race paddlers may alternatively use 225mm diameter white discs which should be displayed on fore and aft decks or as directed by the organiser.

Any paddler not displaying a number plate at the start of any race, or whose number is not clearly legible will not score club points.

16) FINISHES

A competitor is deemed to have finished a race when the bow of the canoe or kayak has crossed the finishing line on the water with the competitor(s) in it.

17) ASSESSMENT RACES

The Marathon Committee will co-ordinate with race organisers to determine assessment race venues and the dates will be shown in the Racing Handbook. At these races, assessment classes may be separated from other race classes and may be run over the same or different courses.

18) ORGANISATION OF GROUP A RACES

- a) Clubs hosting races **must** be affiliated to the British Canoe Union.
- b) The race shall be open to canoeists who are members of an ICF affiliated federation.
- c) The race shall be properly advertised and the organisers shall issue adequate instructions on request, up to one month before the event, to prospective competitors or interested group leaders.
- d) In the event of circumstances which render it impossible or unsafe to run the race as planned, the Race Organiser shall take all reasonable steps to inform the competitors and supporters at the earliest possible moment.
- e) Race Organisers shall charge an entry fee for each competitor to include the levy cost. This fee may be reduced for juniors and augmented for late entries.
- f) Changes of class / division and late entries shall be permitted if the organiser so wishes. Information regarding late entries and class / division changes should be available to competitors at least 30 minutes before the start time of the class / division concerned.
- g) The Race Organiser shall provide a Protest Committee consisting of three officials or members of the organising body to hear and settle all protests by any competitor in that event. The following rules will be observed:-
 - i) The protests must be received within 30 minutes of completion of the relevant race and before the announcement of the final results. Failure to observe this will invalidate the protest.
 - ii) The protest must be in writing to the Race Organiser and must give full details of the alleged infringement of the rules.
 - iii) The Protest Committee must meet immediately to hear all the evidence and to consider the protest's validity in accordance with the BCU and Marathon Racing Rules.
- h) A protest against an organising body may only be dealt with by the Marathon Committee. Any such protest must be made within 3 working days in writing to the Secretary of the Marathon Committee and give full details of the alleged infringement of the rules. The person making the protest must also inform the secretary of the club or body concerned within 3 working days. Failure to comply with these conditions will invalidate the protest.

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- i) Appeals against the decision of the Protest Committee are permitted and these will be heard by the Marathon Committee.
- j) Within 2 working days of the race the results are to be emailed to the Rankings Officer, the Race Records Officer, the Regional Marathon Advisor and to results@marathon-canoeing.org.uk, so that promotions can be ratified and the results uploaded onto the marathon website. See Useful Addresses page F3.
- k) **Within 7 days of the race** the Race Organiser must remit the race levy together with the race results in accordance with rule 13.

19) ORGANISATION OF GROUP B RACES

- a) For these races competitors do not have to be BCU, Canoe England, WCA, SCA or CANI members, there is no levy and no requirement to submit results to the race records officer. Race advertising, entry fees and classes are at the discretion of the organiser. The formal requirements to register club membership and for protest procedures are not necessary.
- b) Rules 1, 2, 5, 6, 7, 8, 9, 10, and 11 shall apply to all GROUP B races.

Rules Applying to Regional Divisional Hasler Races

20) Regional divisional Hasler races are GROUP A races and all of rules 1 -18 above shall apply.

21) REGIONS

The regions are determined by the Marathon Racing Committee for England plus Scotland East, Scotland West, and Wales. Each region will run its own league championships throughout the year and will decide how many results are to be counted by clubs. It is hoped that eventually there will be enough races in each region for clubs to count their best 8 or 9 results from the total number of races.

22) THE DIVISIONAL SYSTEM

- a) Entry into the divisional system should be based on the standards detailed in the "Standards for Racing" (page D1).
- b) Club coaches are responsible for ensuring the ranking status of their paddlers and where necessary to ensure they are re-ranked appropriately.
- c) The divisional system is arranged into nine separate singles divisions and nine separate doubles divisions numbered divisions 1 -9. Race Organisers must offer the following races at all events except where varied as agreed with the Regional Hasler Adviser.
 - i) Singles races for divisions 1 and 2
 - ii) Either a division 3 singles race OR a division 3 doubles race.
 - iii) Singles races AND doubles races for each of divisions 4 to 9.
- d) If a K1 competitor or a K2 crew ranked in division 1, 2 or 3 attends an event where there is no race scheduled for his or their division, the Race Organiser shall permit the competitor(s) to race in an alternative division
- e) Each year a divisional list will be published in the Racing Handbook for singles divisions 1-8. These lists are checked and any paddler not having competed for two successive seasons is removed from the lists. Each autumn clubs are asked to submit a list of the paddlers who will not be active for the coming season and where appropriate, to amend a draft of the proposed divisional lists.

23) THE HASLER TROPHY

The Hasler Trophy is the National Team League Championships and is competed for throughout the season on a regional basis. The Hasler season is defined by the races designated 'H' in the Racing Calendar of this Handbook. Races relating to the following season are designated 'H2012'.

24) TYPES OF COURSE

Whilst there will be some variations due to local conditions and types of course available, the normal distances will be:-

Div.1, 2 & 3 Singles and Doubles

Full senior course of about 20km with any degree of severity.

Div.4, 5 & 6 Singles and Doubles

Course of about 13km which may include portages and/or weir shoots.

Div.7, 8 & 9 Singles and Doubles

Course of about 6.5km with the minimum practical hazards.

25) COMPETITORS

- a) Each club will be allowed as many competitors as it wishes.
- b) A paddler can only compete in one race in a qualifying event.

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26) SEPARATE STARTS

Each quorate race of six or more starters must be started separately. Two or more quorate races of less than six starters (i.e. with 3 or 4 or 5 starters) may be started together but for all other purposes are treated as separate races.

27) SYSTEM FOR AMALGAMATION DUE TO LOW ENTRIES

If there are less than three entries in a division then the organiser must transfer those entries to another division to make a quorate race of three or more paddlers. Where possible they should be transferred to a race of the same distance so that paddlers race their normal course. Where there is a choice, transfer to a lower division is preferable to transfer to a higher division. There is no handicap or allowance on transfer to another division.

28) COMPETING IN A CREW BOAT

A paddler is normally ranked on singles performances. When competing in doubles events the competition ranking shall normally be an average of the individual paddlers' rankings (all halves rounded down).

However, regardless of the ranking of the other crew member, paddlers ranked in division 1, 2 or 3 must enter the division 3K2 race, and paddlers ranked in division 4, 5 or 6 must enter a 13.5km K2 race.

e.g. (a) div 2 paddler + div 6 paddler: average ranking = 4, but entry must be in div 3K2

(b) div 4 paddler + div 7 paddler: average ranking = 5½; entry would be div 5K2

(c) div 5 paddler + div 9 paddler: average ranking = 7, but entry must be in div 6K2

All paddlers competing in crew boats must show their singles ranking on the entry form and these rankings must be shown on the results.

29) SPECIAL PRIZES

Race organisers are encouraged to give prizes for special groups of paddlers e.g. first under 16, first C1. In particular they are strongly recommended to give a prize for the first woman in each division and for the highest placed TC2. This kind of encouragement is particularly important in the divisional system.

30) POINTS

a) In regional races only those clubs within the region will score points. Paddlers from other regions will not be taken into account when calculating points except that their time will be used for the 110% calculations if they are the fastest boats not promoted.

b) To be included for points, clubs must be affiliated to the British Canoe Union.

c) All competitors in both singles and doubles **must** show their singles ranking at race check-in.

Competitors not doing so will not score points in the regional competition and may not count the race as eligibility to compete in the final.

d) Only competitors racing in their club colours will score points.

e) The points system will be as follows.

i) Divisions 1-9 singles and 1-9 doubles will count for points.

ii) Points will be awarded to each paddler in both singles and doubles - 20 for 1st, 19 for 2nd, 18 for 3rd and so on down to 2 points to all paddlers who finish within 110% of the time of the fastest boat not promoted in a singles race and within 110% of the winners' time in a doubles race. One point only will be awarded for paddlers who finish outside the 110% limit irrespective of their position. This to apply to all races except division 9 singles and doubles which will receive 20 for 1st, 19 for 2nd, 18 for 3rd and so on down to 2 points for all paddlers who finish.

iii) Transferred paddlers racing in a different division under the provisions of rule 27 will count for Hasler points but their times will not be used for the 110% calculations.

iv) Paddlers in a separate assessment race at a Regional Hasler event will not score Hasler points.

v) Each club will count its twelve best scoring paddlers from any divisions in any combination of K1/C1/K2 or C2. Doubles boats can be counted even if some of these boats contain just one paddler who is eligible for Hasler points for a particular club.

vi) At each event the club with the highest score will get 10 regional points in the regional competition, 9 for 2nd and so on.

31) RACE RESULTS

Race Organisers must report their results using the HRM computer programme. Race Organisers are encouraged to use the HRM programme at the race to complete entries and calculate results at the meeting. If this is not practicable, results must be recorded later onto the HRM for reporting to the MRC in compliance with rules 18 j) and k).

MARATHON RACING

32) PROMOTIONS

- a) Promotions between the divisions throughout the season will be based on the table "Standards for Racing" ("the Table") [See page D1 of Racing Handbook]. Column HC of the Table assumes a World Champion takes 60 seconds to paddle a given course and ranks paddlers in singles divisions from 1 to 9 based on the number of additional seconds it would take for competitors to cover that same course. P/D Factor expresses these same times as factors. For example, a top ranking paddler in division 7 would be expected to take 90 seconds giving a P/D Factor of 1.5.

- b) Promotions will be calculated on the following principles on the basis of singles results subject to the other provisions of this rule 32;

Divs. 1, 2

There are no automatic promotions to divisions 1 and 2. Promotions will be made by the Rankings Officer in consultation with the Regional Marathon Adviser.

Divs 3, 4 and 5

Promotions to divisions 3, 4 and 5 will be calculated by taking the times at each race of the mid-placed paddler in divisions 4, 5 and 6 divided by the Mean Factor for each of these three divisions. The average of these calculations will be multiplied by the Promotion Factor for divisions 3, 4, and 5 to give the times for promotion to divisions 5 and above.

Divs 6, 7 and 8

Promotions to divisions 6, 7, and 8 will be calculated by taking the times of the mid-placed paddler in divisions 7 and 8 divided by the Mean Factor for each of these two divisions. The average of these calculations will be multiplied by the Promotion Factor for divisions 6, 7 and 8 to give the times for promotion to divisions 8 and above.

[The above is an outline description of the promotion process. The detailed bases for calculations are available by post or email from the Secretary, Marathon Racing Committee]

- c) Promotions may take place on either singles or doubles performances. Performances in doubles divisions will be monitored by the Ranking Officer and promotions made under Rule 32(j) where considered appropriate.
- d) Status in canoe will not affect status in kayak and vice versa.
- e) No automatic promotions will be made under Rule 32 (b) where there are fewer than 5 starters in any race. However, the Ranking Officer, in consultation with the Regional Hasler Adviser, may amend or dispense with this limit if persistently low numbers in a division are clearly preventing the promotion system from operating as intended.
- f) Promotions are not limited to one division. For example a division 9 paddler with a time faster than that required for promotion to division 7 would be promoted straight to division 7.
- g) Where the HRM computer results system is used at a race, automatic promotions will be shown on the race results and take immediate effect. All promotions (automatic and others) will be confirmed on the race results posted on the marathon website. It is the responsibility of paddlers and coaches to check these and ensure they are implemented with immediate effect.
- h) Once promoted paddlers **must** race in their correct division, or higher division, except under the provisions of rules 27 and 28. Any competitor found racing in a lower division, singles or doubles, except under the provisions of rules 27 and 28, may be disqualified from the event and be banned from the next three Hasler races in the competitor's region. The exception is for promotions awarded at races held at the beginning of a new racing season and before the Hasler Final held in that year. These promotions will not apply at the Hasler Final of the current season but will apply to all other races. (E.g. A div. 6 paddler promoted to div. 5 in September 2011 at a race designated as H2012 can still race in div. 6 at the 2011 Hasler Final but must race in div. 5 at all other races.)
- i) All paddlers, both from within the region and from other regions, are eligible for promotions. The only exceptions are paddlers transferred from another division under rule 27 (system for amalgamation due to low entries).
- j) The Marathon Committee has discretion to promote or to withhold promotion at any time it is found to be necessary. This discretion is delegated to the Ranking Officer.

33) DEMOTIONS

- a) Divs. 1, 2 and 3 Demotions from Divisions 1, 2 and 3 will be made by the Rankings Officer in consultation with the Regional Hasler Adviser.
- b) Divs. 4 to 9 Application for demotion from Divisions 4 to 8 may be made to the Regional Marathon Adviser by the club coach. The Regional Marathon Adviser shall confirm his decision in writing to the club coach and to the Race Records Officer after agreeing this with the Rankings Officer.
- c) Demotions will be limited to one division.

MARATHON RACING

- d) Demotions may be based on singles or doubles performances. Performances in doubles divisions will be monitored by the Ranking Officer and demotions made under Rule (33h) where considered appropriate.
- e) Status in canoe will not affect status in kayak and vice versa.
- f) Once demoted paddlers may nonetheless choose to race in any higher division, except under the provisions of rules 27 or 28. Paddlers competing in the Hasler Final shall race in the division according to their ranking status at the close of the prior season (normally 31 August). Thus demotions awarded in the new racing season immediately prior to the Hasler Final will not apply at that Hasler Final.
- g) All paddlers, both from within the region and from other regions are eligible for demotions. The only exceptions are paddlers transferred from another division under rule 27 (system for amalgamation due to low entries).
- h) The Marathon Committee has discretion to demote or to withhold demotion at any time it is found to be necessary. This discretion is delegated to the Ranking Officer.

Rules Applying to the Hasler Final

- 34) The Hasler Final is a GROUP A Divisional race and all of rules 1-16 and rules 18, 24, 26, 27, 31, 32 and 33 above shall apply.

35) CLUB ELIGIBILITY

- a) The top 4 scoring clubs from each region (8 clubs from the combined Midlands region) as determined by the regional Hasler competitions, plus a team from the Combined Services, may compete in the Hasler Final at the end of the season. Additionally a team from the host club (or from each host club if there are two organising clubs) may compete if they have not qualified from the regional competition.
- b) Each eligible club will be allowed as many competitors in the final as it wishes.

36) PADDLER ELIGIBILITY

- a) A paddler must compete in 3 qualifying events at his or her current ranking, during the season to be eligible for the final. There are exceptions for Div.1 senior men's kayak, Div.2 and above junior men's kayak, Div.3 and above women kayak, Div.4 and above junior women kayak and Div.3 and above canoe, who must compete in 2 qualifying events.
- b) Qualifying events are regional Hasler races and all assessment races for that season. This does not include races designated for the following Hasler season. Also a paddler may count competing in the National Championships on one or both days as one qualifying race. The previous Hasler Final does not count as a qualifying race.
- c) The qualification must be in the same type of boat (i.e. canoe or kayak).
- d) Paddlers are only eligible to paddle in a singles race at the Hasler Final if they have competed in 3 qualifying events in singles. The exceptions in rule 36(a) apply equally in this rule.
- e) A paddler can only compete in one race at the final.
- f) The Regional Marathon Adviser will check the eligibility of paddlers from his region for the final. The Race Records Officer will be able to produce listings on request to help clubs and Marathon Advisers carry out this task.

37) CLASSES

There will be races for each singles division 1 to 9 and each doubles division 1 to 9.

38) COMPETING IN CREW BOATS

At the Hasler Final where crew members in doubles races are ranked in separate divisions they must race in the classification of the higher ranked paddler.

39) POINTS

- a) All competitors in singles and doubles **must** show their singles ranking on the entry form. Competitors not doing so will not score points.
- b) Only competitors racing in their club colours will score points.
- c) Point scoring at the final will be as described in rule 30(e) (i), (ii), (iii).
- d) Each club will count its six best scoring singles boats and its three best scoring doubles boats, provided that both of the crew are members of the same club.

40) TROPHIES

- a) The **Hasler Trophy** will be awarded to the club scoring the most points at the final
- b) The **Regional Trophy** will be awarded to the region with the highest aggregate score at the final from their three highest scoring clubs.
- c) The **Adam Thomasson Trophy** will be awarded to the winner of the Division 2 race at the final.

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- d) **The Ross Warland Memorial Trophy** will be awarded to the highest placed junior in the Division 4 race at the final.
- e) **The Committee Cup** will be awarded to the highest placed junior woman K1 in the highest division at the final.
- f) **The Ken Pereira Cup** will be awarded to the highest placed junior C1 in the highest division at the final.
- g) **The Rhodes White Trophy** will be awarded to the Senior Man K1 with the fastest time over the 12 mile course.
- h) **The David Shankland Trophy** will be awarded to the Senior Woman K1 with the fastest time over the 12 mile course.
- i) **The Barber Trophy** will be awarded to the Junior K1 with the fastest time over the 12 mile course.
- j) **The Bill Sparks Trophy** will be awarded to the highest placed Veteran K2 in the highest division at the final.

Rules Applying to the National Championships

41) The National Championships is a GROUP A race and all of rules 1-18 above shall apply.

42) DEFINITION

- a) The National Championships shall be called **The British National Open Marathon Racing Individual and Team Championships** and will identify the various National Championships.
- b) There must be at least 3 entries for a National Championship or Divisional race to take place.
- c) Where a race is inquorate the paddler may transfer to another class for which they are eligible [see rule 43(a)].

43) PADDLER ELIGIBILITY

- a) Paddlers may compete in races specified for those of a higher ranking but will not be allowed to compete in races specified for those of a lower ranking. (E.g. an U18 may race as an U23 or Senior but not as an U16 or O34.)
- b) Senior and Veteran Women paddlers may compete in a doubles crew in Senior and Veteran Men's kayak races of the same or higher ranking.
- c) All ages are calculated at 1st January of the year of the Championships.

44) NATIONAL CHAMPIONSHIP CATEGORIES

- a) There will be separate races for men's kayak, women's kayak and men's canoe.
- b) **Senior paddlers** in kayaks will race over a course of approximately 26km, in singles and doubles. The winners of these races shall be deemed the:
 - i) Senior Men's National Kayak Marathon Champion of Great Britain.
 - ii) Senior Women's National Kayak Marathon Champion of Great Britain.**Senior paddlers** in canoes will race over a course of approximately 13km, in singles and doubles. The winners shall be deemed the:
 - iii) Senior National Canoe Marathon Champion of Great Britain.
- c) **Paddlers aged under 23** in kayaks will race over a course of approximately 26km, in singles and doubles. The winners of these races shall be deemed the:
 - i) Under 23 Men's National Kayak Marathon Champion of Great Britain.
 - ii) Under 23 Women's National Kayak Marathon Champion of Great Britain.
- d) **Paddlers aged under 18** in kayaks will race over a course of approximately 20km, in singles and doubles. The winners of these races shall be deemed the:
 - i) Under 18 Men's National Kayak Marathon Champion of Great Britain.
 - ii) Under 18 Women's National Kayak Marathon Champion of Great Britain.**Paddlers aged under 18** in canoes will race over a course of approximately 6.5km in singles. The winner shall be deemed:
 - iii) Under 18 National Canoe Marathon Champion of Great Britain.
- e) **Paddlers aged under 16** in kayaks will race over a course of approximately 13km, in singles and doubles. The winners of these races shall be deemed the:
 - i) Under 16 Men's National Kayak Marathon Champion of Great Britain.
 - ii) Under 16 Women's National Kayak Marathon Champion of Great Britain.
- f) **Paddlers aged under 14** in kayaks will race over a course of approximately 6.5km, in singles and doubles. The winners of these races shall be deemed the:
 - i) Under 14 Men's National Kayak Marathon Champion of Great Britain.
 - ii) Under 14 Women's National Kayak Marathon Champion of Great Britain.
- g) **Paddlers aged under 12** in kayaks will race over a course of approximately 6.5 km, in singles and doubles. The winners of these races shall be deemed the:
 - i) Under 12 Men's National Kayak Marathon Champion of Great Britain.

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- ii) Under 12 Women's National Kayak Marathon Champion of Great Britain.
- h) **Paddlers aged 34 or over:-** Kayak men will race over a course of approximately 20km and kayak women over a course of approximately 13 km in singles and doubles. The winners of these races shall be deemed the :-
 - i) Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Veteran Women's National Kayak Marathon Champion of Great Britain.
- i) **Paddlers aged 39 or over:-** Kayak men will race over a course of approximately 20km and kayak women over a course of approximately 13 km in singles. The winners of these races shall be deemed the :-
 - i) Over 39 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 39 Veteran Women's National Kayak Marathon Champion of Great Britain.
- j) **Paddlers aged 44 or over** in kayaks will race over a course of approximately 13km, in singles and doubles. The winners of these races shall be deemed the :-
 - i) Over 44 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 44 Veteran Women's National Kayak Marathon Champion of Great Britain.
- k) **Paddlers aged 49 or over** in kayaks will race over a course of approximately 13km, in singles. The winners of these races shall be deemed the :-
 - i) Over 49 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 49 Veteran Women's National Kayak Marathon Champion of Great Britain.
- l) **Paddlers aged 54 or over** in kayaks will race over a course of approximately 6.5km, in singles and doubles. The winners of these races shall be deemed the :-
 - i) Over 54 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 54 Veteran Women's National Kayak Marathon Champion of Great Britain.
- m) **Paddlers aged 59 or over** in kayaks will race over a course of approximately 6.5km, in singles. The winners of these races shall be deemed the :-
 - i) Over 59 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 59 Veteran Women's National Kayak Marathon Champion of Great Britain.
- n) **Paddlers aged 64 or over** in kayaks will race over a course of approximately 6.5km, in singles and doubles. The winners of these races shall be deemed the :-
 - i) Over 64 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 64 Veteran Women's National Kayak Marathon Champion of Great Britain.
- o) Where crew members in doubles races are in different categories they must race in a category for which they are both eligible.

45) DIVISIONAL, LIGHTNING AND OPEN CATEGORIES

- a) There will be separate races in each of divisions 7, 8 and 9 over a course of approximately 6.5km in both singles and doubles.
 - i) Paddlers will race in their ranked division irrespective of age, sex or boat type.
 - ii) The winners of these races shall be deemed Divisional Champions.
 - iii) Where crew members in a doubles race are ranked in different divisions the competition ranking shall be determined in accordance with rule 28.
- b) There will be an Open Mixed K2 race for paddlers ranked in divisions 1 – 9 over a course of approximately 13km.
- c) The divisional and open K2 races are not available to juniors who should race in their appropriate National Championship category. See Rule 44d), e), f), and g).
- d) Where a race is inquorate [see rule 42b] the paddlers may transfer to another division as allowed by rule 27 but they will not be eligible for the Divisional Champion title or medals.
- e) **Lightning Paddlers aged under 12** will race over a course of approximately 3.5 km. The only competitors eligible for this event are paddlers in Lightning K1s ranked below Division 8. The winners of these races shall be deemed the:-
 - i) Under 12 Men's Lightning Marathon Champion of Great Britain.
 - ii) Under 12 Women's Lightning Marathon Champion of Great Britain.
- f) **Lightning Paddlers aged under 10** will race over a course of approximately 3.5 km. The only competitors eligible for this event are paddlers in Lightning K1s ranked below Division 8. The winners of these races shall be deemed the:-
 - i) Under 10 Men's Lightning Marathon Champion of Great Britain.
 - ii) Under 10 Women's Lightning Marathon Champion of Great Britain.

MARATHON RACING

46) TEAM COMPETITION

- a) Points will be awarded per paddler both in singles and doubles races for National Championship categories - 20 points for the winner then 19, 18, 17 etc. down to one point for each finisher.
- b) All competitors in singles and doubles **must** show their singles ranking to be eligible for team points.
- c) Only competitors racing in their club colours will score points.
- d) A trophy, **The Spanish House**, will be awarded to the club scoring the most points at the National Championships counting all categories in Rule 44.
- e) A trophy, **The Spanish Galleon**, will be awarded to the club scoring the most points in the under 12 and under 10 age Lightning categories (Rules 45(e) and (f)).

47) PROMOTIONS & DEMOTIONS

Although no automatic promotions will take place at the championships, the Marathon Committee may exercise their right under rules 32 and 33 to promote or demote on the basis of the results.

48) HASLER QUALIFICATION

The event will not count as a Regional Hasler event nor be used to allocate points for Regional Hasler competitions. However it may be counted by a paddler as a qualifying race for the Hasler Final.

Rules applying to the Geoff Sanders Memorial Trophy (effective from 1 January 2011)

49) THE SERIES

- a) Race organisers of regional Hasler races are encouraged to include Lightning and Mini K2 races in their programme. These races will qualify for the Geoff Sanders Series in which teams compete for the Geoff Sanders Memorial Trophy. Races can also be run at other times as part of an inter-club event.
- b) The Series will run from 1st September to 31st August the following year.
- c) Races in the Series will not be awarded Hasler points.
- d) Lightning races only will be included in the programme of the Hasler Final, but will not be used in scoring for the Hasler Trophy.

50) QUALIFICATION

- a) To qualify paddlers must compete in a Pyranha Lightning K1 or, in specified races, in a Mini K2 (maximum length 5.6m, minimum width 50cm).
- b) Those who compete in K1 races in other craft will not be eligible for points. Race organisers will need to show these as a separate 'Fun Race' if they wish to include these craft.
- c) Paddlers with a marathon ranking of Division 8 or above shall not be eligible to compete in the Series. (See rule 57)
- d) Lightning races at the Hasler Final are open to all Lightning paddlers, whether their club has qualified or not.

51) COURSE

- a) The course shall be 2-4 kilometres in length with no hazards.

52) CLASSES

- a) There will be four K1 classes in the Series: Boys under 10, Girls under 10, Boys under 12 and Girls under 12 and two K2 classes: under 12 and under 10.
- b) All ages as at January 1st preceding each race.
- c) Teams must inform the Series Coordinator (See rule 55) of the date of birth of each paddler.

53) POINTS

- a) Points shall be awarded in each class at each event with 20 points for the winner, 19 points for second and so on, down to 1 point for each paddler who completes the course.
- b) Points shall be awarded in each class at the Hasler Final event, with 40 points to the winner, 38 points for second and so on down to 2 points for each paddler who completes the course.
- c) Points are awarded in crew boats on a per seat basis.
- d) Points shall be awarded to all paddlers in the Series irrespective of whether the paddler is out of region.
- e) At August 31st each paddler's three best scores from the season will be counted towards their team's total. This will be added to the points won in the Lightning and Mini K2 classes held at the Hasler Final.
- f) The winner of the Geoff Sanders Memorial Trophy will be the team with the highest score as determined in e) above.

MARATHON RACING

54) PRIZES

- a) Race organisers are encouraged to award prizes for the first three places in each class when holding a race. Marathon Committee certificates are available from Regional Marathon Advisors to give to all entrants, to encourage participation.
- b) The Marathon Racing Committee will provide medals for the first three places in each class at the Hasler Final event.

55) RESULTS

- a) Results of all races in the Series should be forwarded to Peter Jones, the Geoff Sanders Coordinator. Email: petercjones@blueyonder.co.uk.

56) SAFETY

- a) The wearing of life jackets or buoyancy aids is compulsory for all paddlers.
- b) The requirements of Rule 5 must be observed in all respects.
- c) Race organisers must conduct a specific risk assessment for Lightning and Mini K2 races and, taking into account their age and experience, provide adequate safety cover (e.g. rescue boats and signage) over the whole course where considered necessary.

57) RACING IN THE HASLER COMPETITION

- a) The Geoff Sanders Series aims to introduce young paddlers into marathon racing but it is important that they do not remain too long in the class. Coaches and parents are best placed to decide when a junior is ready to race in the Hasler Series and the decision is for them to take.
- b) As part of their long term development paddlers under 12 are encouraged to compete in Division 9 K1 or K2. However, should the paddler be promoted to division 8 or higher from either a K1 or a K2 race in the Hasler Series or at the National Championships, he / she will no longer be eligible to compete in the Geoff Sanders Series.

58) RACE LEVY / EVENT TICKET

- a) Lightning races are classed as Group C races: no race levy will be charged.
- b) Paddlers who are not BCU members or not members of a BCU affiliated club with a registered youth section shall be issued with an Event Ticket to provide insurance cover. The BCU has agreed not to make a charge for the Event Ticket for Lightning paddlers.
- c) To promote racing at this introductory level, the MRC recommends a standard entry fee of £2.50.

Rules applying to the 5K Series

59) THE SERIES

The Series was introduced in 2010 and the main objectives are:

- a) Mass starts to teach paddlers to get off the line quickly and get into an appropriate group as soon as possible, in a bumpy water environment.
- b) Larger groups to teach paddlers to race effectively in groups.
- c) Minimum administration.
- d) Minimum number of classes.

60) RACES

The Committee aims to have at least two races in each region and to hold a national Final in the summer. Details of races will be publicised in the marathon calendar and on the website.

61) RULES

- a) 5K racing will be governed by the rules of the BCU Marathon Committee as set out in the Flatwater Racing Handbook.
- b) These races fall under rule 3)b)iii 'Races and time trials approved by the Marathon Committee but not in the divisional system'.

62) RACE LEVY/BCU MEMBERSHIP

- a) The race levy must be paid. The levy will apply to the event, not the number of races a paddler competes in on that day.
- b) Entrants must be comprehensive members of the BCU or junior members of a club with a registered youth section.
- c) Membership must be confirmed with entry or at time of booking in.

MARATHON RACING

63) THE COURSE

- a) The course will be as close as possible to 5 kilometres. A GPS should be used to measure the length of the course, to enable time comparisons to be made throughout the country.
- b) There will be a minimum of one and a maximum of two turning points that will be in an anti-clockwise direction. There should be three buoys marking the turn in an even arc. It is acceptable for one of the turning points to be used twice.
- c) The course can be on any kind of water, but bear in mind the basic objective of teaching paddlers to race in large groups. Therefore, wherever possible, there should be as large an expanse of water as possible.
- d) The recommended race day is Saturday, although this is not compulsory.

64) CATEGORIES

- a) There will be the following categories: senior men, senior women, junior men, junior women, veteran men and veteran women.
- b) All categories will be able to compete in the following craft: K1, K2, C1 and C2.
- c) There will be two sets of starts for singles and doubles, to allow all paddlers to enter both races should they so wish.
- d) To achieve mass starts four starts are recommended:
In the first set of starts -
 1. Junior, senior and veteran men K1;
 2. Junior, senior and veteran women K1 plus C1;
In the second set of starts -
 3. Junior, senior and veteran men K2;
 4. Junior, senior and veteran women K2 plus C2.

The Race Organiser has discretion either to split starts into smaller groups or to combine starts where it is considered the numbers of competitors or the nature of the course make this appropriate.

65) RANKINGS

- a) Results including times will be sent to Sue Hawthorn to enable her to compile a rankings list on a time-elapsed basis, initially for K1.
- b) The ranking list will be updated and published on the marathon website as soon as possible after an event.
- c) The top ranking paddler in each category will receive a trophy provided by the MRC at the end of each season. The season will be the same as the Hasler season.

PART C - THE STARTING OF ASSESSMENT RACES, NATIONAL CHAMPIONSHIPS RACES AND HASLER FINALS RACES

There is a necessity to maintain the standard of starting at assessment races and major championships. The following will apply to all assessment races, to all races at the National Championships and to all races at the Hasler Finals.

1. REQUIREMENTS

- a) The start line should be clearly defined on both banks.
- b) A clearly defined marshalling line must be established behind the start line.
- c) The race must be started by a person drawn from the approved starters list, who will have an experienced assistant.
- d) The marshalling line should be controlled by at least two experienced officials.
- e) The above should all be equipped with PA equipment or loud hailer that it is the responsibility of the race organiser to provide.

2. STARTING PROCEDURE

- a) An audible warning will be given 5 minutes before the first start. From that time on, no paddler is to pass in front of the marshalling line. All paddlers who are already in front of the marshalling line have 3 minutes to get behind it.
- b) A second audible warning will be given 2 minutes before the first start. Any paddler in front of the marshalling line will be penalised. No paddler is to go in front of the marshalling line until instructed by the marshal.

MARATHON RACING

- c. Once released by the marshal, the paddlers will be under the starter's control. Any paddler going in front of the start line before the 'GO' will be penalised.
- d. For each contravention of the above rules, a 2 minute penalty will be imposed.
- e. Note that the Marathon Team selectors have been instructed by the Executive Committee that they should use the results INCLUDING any penalty, as the basis for selection.

3. APPROVED STARTERS LIST

Brian Chapman	Roland Lawler	Andy Rawson	Sarah Swallow
Margaret Chapman	Alan Laws	Jim Rossiter	Stuart West
David Enoch	Dyson Pendle	Melvin Swallow	Alan Williams
Ollie Harding	Paul Ralph		

PART D - RECOMMENDATIONS

These recommendations are to help clubs run well-organised races. You should not attempt to run a race without having attended other races first.

1) ADVANCE INFORMATION

Advance information should at least contain the following details.

- a) Name, date and status of the race.
- b) Name of the organising body.
- c) Closing date for entries and whether or not late entries will be accepted.
- d) Person to whom entries and enquiries should be sent, with address, phone number and email.
- e) Entry fees and to whom these should be payable.
- f) An entry form asking for full details of competitors, though entries using the HRM system should be encouraged.
- g) Locations of start and finish, and directions for getting to these places.
- h) Check-in, briefing and start times.
- i) Brief description of the course.
- j) Any special regulations that competitors should be aware of before they arrive.
- k) Any major changes since last year.

2) SAFETY

Safety measures are largely at the discretion of the organiser, since courses and conditions vary considerably. All paddlers ranked in Divisions 7, 8 and 9 or competing in Lightning and fun races must wear a buoyancy aid [Rules 5 (a)(v) and 56 (a)]. Make sure you have adequate safety cover for all Lightning races. On the open sea it is wise to insist on buoyancy aids for all. On open water, rescue boats are very important. Ensure that no-one is stranded or lost halfway round the course; it is important to account for all competitors. On calm water it is usually sufficient to have a back marker paddling the course. **All Race organisers should prepare a Risk Assessment well ahead of their event and put in hand appropriate safety measures.**

3) BRIEFING AND CONTROL

- a) Deliver a briefing shortly before the race. Explain the starting procedure; starting order; describe any special features and hazards of the race course and emphasise any special regulations.
- b) Check that all boats are numbered clearly. It is the competitor's responsibility to number his boat, but it does make the finishers' job easier if number plates are legible. Provide large permanent marker pens at check-in.
- c) Use the starting order listed in Section 4.
- d) Make sure the course is clearly marked at all points where there could be doubt. Position marshals at turning points to check against a start list. Have clearly identifiable marshals at portages and shoots. The marshals should keep the passage clear for competitors, keep spectators and competitors off forbidden land and report any misdemeanours to race control. A marshal's directions should override any prior instructions.

4) STARTING ORDER

- a) The start order of the various classes or divisions can have a significant effect on the race results. The general principle is to start the fastest classes first and the slowest classes last. This minimises the chance of fast boats paddling through slower classes, picking up stragglers on the wash and dragging them back to the class leaders.

MARATHON RACING

- b) The following is the recommended start order. Not all these classes will necessarily run at any one race.

Division 1 K2	Division 3 K1	Division 6 K1
Division 2 K2	Division 5 K2	Division 8 K2
Division 1 K1	Division 4 K1	Division 7 K1
Division 3 K2	Division 6 K2	Division 9 K2
Division 2 K1	Division 5 K1	Division 8 K1
Division 4 K2	Division 7 K2	Division 9 K1

5) STARTING

- A clean start is important but difficult to achieve. The starter must be clearly heard (use a megaphone if necessary) and must be firm but fair. Use a pre-start line to ensure that all paddlers in a given class are together. The class can then be called slowly onto the start, make them stop paddling before the line is reached. When you have them in a fair line start without delay, say "READY GO".
- In Regional Divisional Hasler races each class of six or more boats must start separately (Rule 26). Do not attempt to overcrowd the start line. If necessary have two starts for a large division or class.
- Record the start time of each class. Allow at least 2 minutes between starts. Do not use a system which relies on a set start time – it is more important for the start to be fair.
- Note that there is a panel of approved starters [Section C (3)] who can be approached for help.

6) TURNS

- Clearly mark all turns. Use a buoy or buoys at each turn. Make sure these are clearly distinguishable. A clear description and location of the turn buoys must be given at the briefing
- All turns should be properly marshalled. Each turn marshal should have a list of the race numbers which started and is responsible for checking that each boat properly completes the turn. A list of boats which did not complete the turn and a written report of the incidents at the turn must be provided promptly to the race control.

7) FINISHING & RESULTS

- Have a clearly marked finishing line. Signify a crossing of the line audibly by bell, whistle or hooter.
- Have a reliable, readable clock and a back-up in case of malfunction.
- Have a shelter in case it rains.
- Recording the finishing times and positions is the most important job you will do.**
- Prepare in advance with numbered sheets. Have spare pens/pencils.**
- Record the number and order of every boat as it passes the finishing line. Two tried and tested methods are:
 - Have lined sheets, marked into two columns with one person writing the boat numbers and another the finish time. If possible have a third person calling out the finishing times. Number all finish pages to avoid confusion, OR
 - Have a team of three. Two work together, one calling boat numbers whilst the other records the number and time. The third person works independently recording the numbers in finishing order.**We do not recommend having the times written on one set of sheets and the numbers separately written on another set and then trying to match these together.**
- A further fail-safe is to have a tape recorder at the finish line. Give the recorder to one of the finish team and tell them to 'talk' every boat over the line, giving number and time.
- At all Hasler events you must use the Hasler Race Management computer programme (HRM) to produce your results. If possible use the HRM at the race. This will automatically calculate the elapsed time and finishing order of all boats, all singles promotions and the Hasler points. The results will be produced in the format required by the Race Records Officer. The HRM is designed for Hasler races and can be downloaded from the Marathon Canoeing website. If you want any help with the HRM please contact your Regional Adviser.
- Whether using the HRM or a manual system, have someone indoors to produce the results. Arrange a system for displaying the results as soon as you know them. Errors can be queried before prize giving. Hold the prize giving as soon as possible.

8) AFTER THE EVENT

- After the event is over the final result sheet needs to be produced. Keep all manual start and finish sheets as back-up.
- If you have run a Hasler event you must return your results using the HRM. This automatically produces the results in the correct format.

MARATHON RACING

- c) Send results by email to the Rankings Officer, the Regional Marathon Advisor, the Race Records Officer and to results@marathon-canoeing.org.uk within 2 working days so that promotions can be ratified and the results can be uploaded onto the marathon website. For all addresses, see page F3.
- d) The race levy should be sent to the Marathon Racing Committee treasurer. See rule 13. Levy to be remitted within 7 days.
- e) Send Event Ticket money to the BCU HQ, Bingham together with the name, post code etc. of those who have paid for an event ticket, on the form provided by the BCU.

PART E - VENUE AND ORGANISATIONAL CRITERIA FOR THE NATIONAL CHAMPIONSHIPS AND THE HASLER FINALS

The Marathon Committee will look to the following ideal criteria when considering applications for the hosting of the National Championships and the Hasler Finals. Any club wishing to host the National Championships or the Hasler Finals will be expected to make a short presentation to the Annual Consultative Meeting or to the Marathon Committee outlining their proposals for the course and organisation to meet these criteria.

1) THE COURSE

- a) The course should be wide enough at the start to provide a fair start for all paddlers. It should also be wide enough throughout its length for competitors to overtake and pass each other in opposite directions.
- b) The course should be capable of being paddled in an understern rudder boat.
- c) Portages should allow a minimum of 12 metres at the 'get out' and 'get in' points. Portages should not be of excessive number or length.
- d) Access to portage areas for spectators should be good with adequate parking, or pool transport should be provided.
- e) The course should be reasonably accessible for spectator viewing.
- f) There should not be too many other conflicting water users.

2) ORGANISATION

- a) The organising club(s) should have a proven track record in organising normal Divisional marathons.
- b) The venue should have good access by road and not be too far for the majority of paddlers to travel.
- c) There should be adequate camping facilities nearby, particularly for the two day National Championships.
- d) There should be adequate parking at the start and finish.
- e) There should be adequate covered checking-in and refreshment areas at the start and finish and a results display area.
- f) There should be adequate toilet facilities at the start and finish areas.
- g) There should be an adequate PA system at the start, briefing and prize giving areas.
- h) There should be adequate First Aid cover in appropriate areas.
- i) The starting of all races is to be as the procedure set out in PART C.
- j) There should be a computerised results facility capable of showing class results and team scores immediately after the races.
- k) Prizes at the National Championships will be the official BCU National Marathon Championship medals and Divisional medals.
- l) Prizes at the Hasler Finals will be the official BCU Hasler Finals medals.

BCU MEMBERSHIP AND EVENT TICKETS

All seniors and veterans must be full members of the BCU if they wish to race in a Marathon event that has been advertised in the Calendar. Juniors who are ranked in division 6 or above must also hold individual comprehensive BCU youth membership.

A junior club member need not be a full member of the BCU in order to race in the lower divisions (7,8 & 9) of the Marathon racing system or in the other 2 categories of marathon races. He / she must, however, be a member of a club with a registered junior section and the number used for his or her identification will be the club's affiliation number followed by the paddler's own individual club number. However, the club abbreviation followed by the paddler's club number is easier and preferred by the Records Officer, both for identification and ease of recording. i.e. LIN/005, CHE/017. Note that event tickets are also required for Lightning paddlers who are neither BCU members nor a member of a club with a registered junior section but the Event Ticket is issued to Lightning paddlers without charge.

Any junior promoted into a higher division (6 & upwards) must then become a full member of the BCU.

MARATHON RACING

Race Organisers MUST still check that a competitor's membership is current either by photocopy of the membership card with the entry or by seeing the card on the day of the race.

If the card is unavailable or forgotten the paddler must purchase an "Event Ticket" as a "stop gap" but only once per season. The records officer carries out a check on event ticket issue for all race results and those paddlers abusing this system will be penalised.

The system is as follows:

1. The tickets are for use by non-members at the entry level only of National Competitions requiring membership e.g. Divisional Racing.
2. For use at a BCU event when the organiser believes a participant may be a member but the member cannot provide proof by way of a membership card.
3. Event organisers charge the current rate set by the BCU, which will be sent to the BCU HQ, Nottingham within 7 working days of the event.
4. Event Ticket fees are not refundable.
5. The overall consideration is to encourage, in the best possible way, membership of the Country's Governing Body for Canoesport.

MARATHON RACING

NATIONAL CHAMPIONSHIP TROPHIES

K2 Shield		Presented to the Senior K2 National Champions	
1957	J. Nicholls	E. Carmichael	West London C.C.
1958	J. Shelston	R. Lowery	Richmond C.C.
1959	J. Shelston	R. O'Keefe	Richmond C.C.
1960	R. Payne	Y. Allen	22nd SAS C.C.
1961	B.R. Smith	J.L.P. Dalton	C.T.C.
1962	A. Aked	D.C. Arnold	Royal Marines C.C.
1963	L. Oliver	M. Parker	Lincoln C.C.
1964	S. Hollier	R. Wade	Hatfield Y.C.
1965	L. Oliver	M. Parker	Lincoln C.C.
1966	T. Kirkby	M. Boshier	Royal C.C.
1967	A. Miller	T. Sowman	Harlow C.C.
1968	A. Edwards	L. Oliver	Lincoln C.C.
1969	M. Mean	L. Bolam	
1970	C. Evans	A. Alun-Williams	R.M.C.C.
1971	M. Boshier	B. Greenaway	Richmond C.C.
1972	N. Mason	T. Speaight	Nottingham K.C.
1973	N. Jackson	D. Smith	Grap. / Worcester
1974	J. Fowler	A. Williams	Royal C.C.
1975	J. Fowler	A. Williams	Royal C.C.
1976	J. Fowler	A. Williams	Royal C.C.
1977	S. Brown	B. Haynes	Nottingham / Royal
1978	J. Fowler	A. Williams	Royal C.C.
1979	J. Fowler	A. Williams	Royal C.C.
1980	J. Fowler	A. Williams	Royal C.C.
1981	J. Fowler	A. Williams	Royal C.C.
1982	A. Williams	C. Canham	Royal C.C.
1983	A. Williams	S. Jackson	Royal / Army
1984	A. Williams	S. Jackson	Royal / Army
1985	P. Wells	A. Croucher	Richmond / Wey
1986	Ivan Lawler	A. Williams	Elmbridge / Royal
1987	Ivan Lawler	Graham Burns	Elmbridge C.C.
1988	P. Wells	M. Wells	Richmond C.C.
1989	C. Ballard	R. Kinch	Lichfield / Oxford
1990	P. Wells	G. Dresser	Richmond / Royal
1991	C. Ballard	G. Slater	Lichfield
1992	Ivan Lawler	Grayson Bourne	Elmbridge C.C.
1993	J. Butler	S. Bagshaw	Nottingham K.C.
1994	Ivan Lawler	Steve Harris	Elmbridge C.C.
1995	Stuart West	James Butler	RLS / Nottingham
1996	Ivan Lawler	Steve Harris	Elmbridge C.C.
1997	James Block	James Butler	Nottingham K.C.
1998	Stephen Baker	Steve Harris	Elmbridge C.C.
1999	Ivan Lawler	Conor Holmes	Elmbridge C.C.
2000	Simon Dark	David Coulson	BOA / Reading
2001	Conor Holmes	James Block	Elmbridge / Nottingham
2002	Paul Slater	Paul Prestwood	Gailey
2003	Paul Slater	Paul Prestwood	Gailey
2004	Paul Slater	Paul Prestwood	Gailey
2005	Ivan Lawler	Ben Brown	Elmbridge
2006	Ben Brown	John Sawers	Elmbridge
2007	Andrew Daniels	Edward Cox	Reading / Wey
2008	Ivan Lawler	Ben Farrell	Elmbridge
2009	Ben Brown	Jonathan Boyton	Elmbridge/Royal
2010	Ivan Lawler	Jonathan Simmons	Elmbridge/Wey

MARATHON RACING NATIONAL CHAMPIONSHIP TROPHIES

Wilkinson Sword

Presented to the Senior K1 National Champion

1979	Brian Greenham	Reading & LP	1995	Simon Dark	Bradford/Avon
1980	K.Smith	Warren	1996	Ivan Lawler	Elmbridge
1981	K.Smith	Warren	1997	James Butler	Nottingham
1982	Alan Williams	Royal	1998	Greg Slater	Lichfield
1983	Alan Williams	Royal	1999	Ivan Lawler	Elmbridge
1984	Alan Williams	Royal	2000	Conor Holmes	Elmbridge
1985	Alan Williams	Royal	2001	Conor Holmes	Elmbridge
1986	Ivan Lawler	Elmbridge	2002	Ivan Lawler	Elmbridge
1987	Ivan Lawler	Elmbridge	2003	Paul Slater	Gailey
1988	Ivan Lawler	Elmbridge	2004	Paul Slater	Gailey
1989	Duncan Blythe	Royal	2005	Ivan Lawler	Elmbridge
1990	Duncan Blythe	Royal	2006	Ben Brown	Elmbridge
1991	I.Timbrell	Fowey River	2007	Andrew Daniels	Reading
1992	Ivan Lawler	Elmbridge	2008	Ben Farrell	Elmbridge
1993	James Butler	Nottingham	2009	Ben Brown	Elmbridge
1994	Gary Mawer	Richmond	2010	Ben Brown	Elmbridge

The Long Distance Racing Challenge Trophy

Presented to the Winner of Division 1 K1 at the National Championships

1956	C.Cautier	Weston Bay	1983	Alan Williams	Royal C.C.
1957	A.Waterhouse	Royal C.C.	1984	Alan Williams	Royal C.C.
1958	R.O'Keefe	Richmond	1985	Alan Williams	Royal C.C.
1959	B.Smith	C.T.C.	1986	Ivan Lawler	Elmbridge
1960	D.Shankland	Llandaff	1987	Ivan Lawler	Elmbridge
1961	J.Richards	Worcester	1988	Ivan Lawler	Elmbridge
1962	Alan Edwards	Worcester	1989	Duncan Blythe	Royal C.C.
1963	S.Smith	Worcester	1990	Duncan Blythe	Royal C.C.
1964	S.Smith	Worcester	1991	I.Timbrell	Fowey
1965	P.Gardner	Riverside	1992	Ivan Lawler	Elmbridge
1966	C.Evans	Royal C.C.	1993	James Butler	Nottingham
1967	C.Evans	Royal C.C.	1994	Gary Mawer	Richmond
1968	P.Lawler	Royal C.C.	1995	Simon Dark	Bradford/Avon
1969	N.Jackson	Grappenhall	1996	Ivan Lawler	Elmbridge
1970	N.Jackson	Grappenhall	1997	James Butler	Nottingham
1971	N.Jackson	Grappenhall	1998	Greg Slater	Lichfield
1972	Norman Mason	Nottingham	1999	Ivan Lawler	Elmbridge
1973	D.Lawrence	Royal C.C.	2000	Conor Holmes	Elmbridge
1974	Norman Mason	Nottingham	2001	Conor Holmes	Elmbridge
1975	Norman Mason	Nottingham	2002	Ivan Lawler	Elmbridge
1976	Norman Mason	Nottingham	2003	Paul Slater	Gailey
1977	Brian Greenham	Reading & L.P.	2004	Paul Slater	Gailey
1978	Brian Greenham	Reading & L.P.	2005	Ivan Lawler	Elmbridge
1979	Brian Greenham	Reading & L.P.	2006	Ben Brown	Elmbridge
1980	K.Smith	Warren C.C.	2007	Andrew Daniels	Reading
1981	K.Smith	Warren C.C.	2008	Ben Farrell	Elmbridge
1982	Alan Williams	Royal C.C.	2009	Ben Brown	Elmbridge
			2010	Ben Brown	Elmbridge

MARATHON RACING

NATIONAL CHAMPIONSHIP TROPHIES

Nottinghamshire County Council Cup

Presented to the Senior Lady K1 National Champion

1995	S.Bennett	Fladbury	2003	Joanne Bates	Elmbridge
1996	Anna Hemmings	Elmbridge	2004	Joanne Bates	Elmbridge
1997	Tricia Davey	Richmond	2005	Tricia Davey	Richmond
1998	Lucy Hardy	Fladbury	2006	Anna Hemmings	Elmbridge
1999	Tina Parsons	Nottingham	2007	Anna Hemmings	Elmbridge
2000	Andrea Dallaway	Elmbridge	2008	Louisa Sawers	Elmbridge
2001	Anna Hemmings	Elmbridge	2009	Claire Gunney	Wey
2002	Yael Ford	Tonbridge	2010	Claire Gunney	Wey

Ladies Plate

Presented to the Senior Ladies K2 National Champions

1995	Tamsin Phipps	W.Lester	Reading
1996	Helen Gilby	Alison Thorogood	Elmbridge / Newham
1997	Sonia Bapty	Tricia Davey	Reading / Richmond
1998	Andrea Dallaway	Helen Gilby	Elmbridge Canoe Club
1999	Sonia Bapty	Alison Thorogood	Reading / Leaside
2000	Andrea Dallaway	Helen Gilby	Elmbridge Canoe Club
2001	Andrea Dallaway	Abigail Cattle	Elmbridge / Reading
2002	Joanne Bates	Rosalind Bates	Elmbridge Canoe Club
2003	No Race		
2004	Joanne Bates	Claire Hynds	Elmbridge Canoe Club
2005	Joanne Bates	Nicola Taylor	Elmbridge Canoe Club
2006	Anna Hemmings	Nicola Taylor	Elmbridge Canoe Club
2007	Anna Hemmings	Louisa Sawers	Elmbridge Canoe Club
2008	Louisa Sawers	Hayleigh Mason	Elmbridge / Nottingham
2009	Louisa Sawers	Lani Belcher	Elmbridge
2010	Jenny Swallow	Lizzie Broughton	Chester/Richmond

Junior K2 Shield

Presented to the U18 Men's K2 National Champions

1995	A.Morgan	Nick Fowler	Banbury / Reading
1996	Daniel Golder	Damien Chapman	Banbury / Nottingham
1997	Damien Chapman	Peter Burbridge	Nottingham / Reading
1998	Paul Prestwood	Daniel Matthews	Gailey
1999	Adam Kennedy	Tim Sowry	Fladbury / Elmbridge
2000	Ed McKeever	Alistair Rosier	Bradford on Avon
2001	Andrew Kelly	Simon Fennemore	Royal / Wey
2002	Ben Brown	Paul Wycherley	Elmbridge / Wey
2003	John Sawers	Michael Goodall	Elmbridge Canoe Club
2004	James Dougall	Matthew Guy	Leighton Buzzard C.C.
2005	Andrew Daniels	Allen Spencer	Reading / Hereford
2006	Tom Hide	Ben Parfitt	Addlestone / Elmbridge
2007	Dean Terry	Mark Childerstone	Wey Kayak Club
2008	Tom Hide	Edward Rutherford	Addlestone / Elmbridge
2009	Matthew Welch	Tom Simmons	Wey/Bradford on Avon
2010	Mark Clive	Nico Kirschstein	Gailey/Reading

MARATHON RACING NATIONAL CHAMPIONSHIP TROPHIES

The Sella Cup

Presented to the U18 Men's K1 National Champion

1990	A. Richardson	Royal	2000	Andrew Kelly	Elmbridge
1991	S. Jenson	Richmond	2001	Andrew Kelly	Royal
1992	Paul Slater	Lichfield	2002	Paul Wycherley	Wey
1993	M. Bull	Nottingham	2003	Paul Wycherley	Wey
1994	Richard Golder	Banbury	2004	Allen Spencer	Hereford
1995	Lee Pilgrim	Bark. & Dag.	2005	Andrew Daniels	Reading
1996	Damien Chapman	Nottingham	2006	Andrew Daniels	Reading
1997	Damien Chapman	Nottingham	2007	Edward Rutherford	Elmbridge
1998	Craig Watt	Elmbridge	2008	Edward Rutherford	Elmbridge
1999	Scott Kemper	Gailey	2009	Mark Childerstone	Wey
			2010	Jonathan Tye	Worcester

The Pontevedra Cup

Presented to the U18 Women's K1 National Champion

2008	Victoria Croucher	Wey	2010	Jenny Illidge	Runcorn
2009	Jenny Illidge	Runcorn			

Silver Birdbath

Presented to the Under 14 Boy's K2 National Champions

1981	M. Adams	S. Rust	Royal / Leicester
1982	M. Adams	S. Rust	Royal / Leicester
1983	G. Lovell	G. Adams	Royal C.C.
1984	S. Day	A. Barkway	Sta. / N.S.S.
1985	J. Wilson	C. Murray	Anker Valley
1986	A.M. Richardson	J. Farnham	Royal / Elmbridge
1987	A.M. Richardson	J. Farnham	Royal / Elmbridge
1988	S. Jenson	P. Slater	Richmond / Gailey
1989	Brian Hemmings	David Smith	Elmbridge
1990	David Smith	Ian Sargeant	Elmbridge
1991	Nick Fowler	B. Reece	Fladbury
1992	Daniel Golder	J. Perrier	Banbury / Bishop Stortford
1993	Damien Chapman	Joel Wilson	Nottingham / Chester
1994	Joel Wilson	Adam Kennedy	Chester / Fladbury
1995	Dean O'Conner	Adam Kennedy	Barking / Fladbury
1996	Richard Darby Dowman	Ben Farrell	Elmbridge C.C.
1997	Greg Edwards	Tom Bainbridge	Worcester / Harlow
1998	A. Barry	James Garlick	Chelmsford / L. Buzzard.
1999	James Garlick	Ed Cox	L. Buzzard / Wey
2000	Tom Daniels	Richard Etheridge	Reading / Wey
2001	Gavin Hickman	Allen Spencer	Chelmsford / Hereford
2002	Christian Pegley	Andrew Daniels	Elmbridge / Wokingham
2003	Ben Holmes	Pip Ede	Worcester / Reading
2004	Edward Rutherford	Daniel Barber	Elmbridge Canoe Club
2005	Dean Terry	Mark Childerstone	Maidstone / Wey
2006	Peter Wilkes	Mark Wilkes	Chelmsford Canoe Club
2007	Jonathan Tye	Tom Deacon	Worcester / Addlestone
2008	Jake Thomas	Alex Loveday	Elmbridge Canoe Club
2009	Jack Childerstone	Edmund Haws	Wey Kayak Club
2010	Jack Childerstone	Sam Kirschstein	Wey/Reading

MARATHON RACING NATIONAL CHAMPIONSHIP TROPHIES

The Espada Cup

Presented to the Under 14 Girl's K2 National Champions

1977	D.Sellwood	C.Darling	B.O.A.C.C./ Chichester
1978	Perrett	D.Sellwood	
1979	Holness	Lewis	
1980	Holness	Lewis	
1981	Holness	Lewis	
1982	Nicola Burns	A.Dawson	Elmbridge / Preston Bridge
1983	H.Rainsford	C.Kemp	Leighton B./ Fladbury
1984	Andrea Dallaway	C.Kemp	Lichfield / Fladbury
1985	A.Jennings	C.Kemp	Leighton B./ Fladbury
1986	J.Fisher	R.Leverett	Lincoln C.C.
1987	Tricia Davey	J.Miller	Richmond / Shoreham
1988	R.Giles	B.Cambell	Fladbury C.C.
1989	K.Russell	Anna Hemmings	Elmbridge C.C.
1990	Anna Hemmings	Jenny Dyball	Elmbridge C.C.
1991	Rachel Train	Lucy Hardy	Fladbury C.C.
1992	S.Griffith	Carly Andrews	Fladbury / Solihull
1993	Carly Andrews	Elaine Appleby	Solihull / Leighton Buzzard
1994	Cathy Jones	Elaine Appleby	Leighton Buzzard C.C.
1995	Cathy Jones	Abigail Cattle	Leighton B / Reading
1996	Sharon Hayday	Nicola Taylor	Barking & Dagenham C.C.
1997	Jenny Spencer	Rebecca Hunter	Hereford Royal
1998	Zoe Burgess	Joanne Etheridge	Solihull / Wey
1999	Joanne Etheridge	L.Smith	Wey / Barking & Dagenham
2000	Hayleigh Mason	Harriet Farish	Nottingham K.C.
2001	Louisa Sawers	Rohan Battison	Elmbridge / Reading
2002	Alison Galloway	Rohan Battison	Reading
2003	Katie Whitehead	Jessica Walker	Chelmsford / Royal
2004	Emma Dougall	Jessica Walker	Leighton Buzzard / Royal
2005	Jenny Swallow	Caroline Rowlands	Chester
2006	Laura Ferguson	Stephanie Holmes	Banbury / Worcester
2007	Hazel Childerstone	Victoria Croucher	Wey K.C.
2008	Isobel Smith	Naomi Smith	Basingstoke Canal CC
2009	Rebecca Killip	Alison Martin	Richmond
2010	Rebecca Killip	Alison Martin	Richmond

The Spanish Galleon

Inter-Club K4 Racing

1991	Hereford K.C.
1992	Elmbridge C.C.
1993	Hereford C.C.
1994	Elmbridge C.C.
1995	Nottingham K.C.
1996	Nottingham K.C.
1997	Nottingham K.C.
1998 - 2003	No Race

The Spanish Galleon

(re-assigned)

National Championships
Lightning Team Trophy

2004	Banbury Canoe Club
2005	Banbury Canoe Club
2006	Southampton Canoe Club
2007	Leighton Buzzard C.C.
2008	Leighton Buzzard C.C.
2009	Lincoln Canoe Club
2010	Ealing Canoe Club

MARATHON RACING NATIONAL CHAMPIONSHIP TROPHIES

Ken Periera Memorial Trophy

Presented to the Senior C1 National Champion

1989	Ken Young	Nottingham Kayak Club
1990	No Race	
1991	Andrew Martin	Fladbury Canoe Club
1992	Andrew Martin	Fladbury Canoe Club
1993	No Race	
1994	Derek Hall	Reading Canoe Club
1995	Malcolm Lane	Royal Leamington Spa C.C.
1996	James Lee	Basingstoke Canal Canoe Club
1997	James Lee	Basingstoke Canal Canoe Club
1998	Steve Train	Fladbury Canoe Club
1999-2003	No Race	
2004	Richard Crooks	Leighton Buzzard Canoe Club
2005-6	No Race	
2007	John Badelek	Wey Kayak Club
2008	Yan Vorberger	Royal Leamington Spa C.C.
2009-10	No Race	

Open Canoe Association Shield

Presented to the Open TC2 National Champions (from 1996 C2)

1990	Karl Yurkwich	Attila Herbent	Royal Leamington Spa
1991-3	Not awarded		
1994	J.Bromley	Tibor Herbent	Royal Leamington Spa
1995	Not awarded		
1996	John.Badelek	Derek Hall	Wey / Reading
1997	James Lee	M.Parsons	Basingstoke / Wey
1998-9	Not awarded		
2000	Matt. Lawrence	Toby Shipway	Leighton Buzzard
2001	Matt. Lawrence	James Train	LBZ / Fladbury
2002-2010	No Race		

The Spanish House

National Championships Team Trophy

1990	Nottingham Kayak Club	2000	Elmbridge Canoe Club
1991	Nottingham Kayak Club	2001	Elmbridge Canoe Club
1992	Army Canoe Union	2002	Leighton Buzzard Canoe Club
1993	Nottingham Kayak Club	2003	Leighton Buzzard Canoe Club
1994	Nottingham Kayak Club	2004	Leighton Buzzard Canoe Club
1995	Nottingham Kayak Club	2005	Leighton Buzzard Canoe Club
1996	Nottingham Kayak Club	2006	Reading Canoe Club
1997	Kimbolton School	2007	Leighton Buzzard Canoe Club
1998	Nottingham Kayak Club	2008	Wey Kayak Club
1999	Nottingham Kayak Club	2009	Wey Kayak Club
		2010	Nottingham Kayak Club

MARATHON RACING – THE HASLER TROPHY

The story behind the Hasler Trophy

One of the most daring raids of World War Two took place on the night of 11th December 1942 in the enemy-occupied port of Bordeaux in France. Operation Frankton involved 12 men in six canoes being taken by submarine to a position 10 miles south of the Gironde estuary on 7th December. One of the canoes was ripped passing through the hatch of the submarine, but the other five then had an 85 mile paddle ahead of them. Two boats were lost in the tidal race and the remaining three carried on for three days, paddling in darkness and lying up during the day. One more boat hit a submerged rock and sank and the final two boats went on to Bordeaux harbour, where they attached their limpet mines and, assisted by the ebb tide, paddled silently back down the river. The mines detonated and severely damaged four vessels and sunk one. The four remaining men beached before reaching the sea, scuttled their canoes and travelled overland to try to reach safety. Two were captured, but Major 'Blondie' Hasler and Marine Bill Sparks made their way to Spain – the only two of the original ten who survived. Hasler was awarded the DSO and Sparks the DSM.



After the war, Hasler went on to found the Single Handed Transatlantic Yacht race after a bet with his friend Francis Chichester. The Hasler Trophy was presented by Lloyds Underwriters to commemorate the raid of the so-called 'Cockleshell Heroes' and has been competed for since 1957. Major Hasler died in 1987 and Bill Sparks died on 30th November 2002, only ten days short of the sixtieth anniversary of the raid. In 2003 the Marathon Committee decided to inaugurate a new trophy named in honour of Bill Sparks, which goes to the highest placed veteran K2 in the highest division at the Hasler Final.

Hasler Trophy

For Marathon Racing between clubs in annual competition under the auspices of the British Canoe Union

1957	Canoe Touring	1975	Nottingham	1993	Wey
1958	Richmond	1976	Reading & LP	1994	Not awarded
1959	Royal Leam Spa	1977	Fladbury	1995	Kirkaldy
1960	Royal Leam Spa	1978	Nottingham	1996	Elmbridge
1961	Worcester	1979	Nottingham	1997	Elmbridge
1962	Worcester	1980	Reading & LP	1998	Elmbridge
1963	Royal	1981	Fladbury	1999	Kirkaldy
1964	Lincoln	1982	Wey	2000	Elmbridge
1965	Lincoln	1983	Richmond	2001	Elmbridge
1966	Lincoln	1984	Wey	2002	Elmbridge
1967	Lincoln	1985	Elmbridge	2003	Elmbridge
1968	Harlow	1986	Richmond	2004	Elmbridge
1969	Richmond	1987	Worcester	2005	Elmbridge
1970	Richmond	1988	Harlow OP	2006	Reading
1971	Richmond	1989	Richmond	2007	Elmbridge / Wey
1972	Wey	1990	Wey	2008	Elmbridge
1973	Nottingham	1991	Worcester	2009	Norwich
1974	Nottingham	1992	Worcester	2010	Norwich

The Regional Trophy

Awarded to the Region with the highest aggregate score from their three highest scoring clubs at the Hasler Final

1990	London & S. East	1997	London & S. East	2004	Southern Region
1991	London & S. East	1998	London & S. East	2005	Southern Region
1992	Southern Region	1999	Midlands Region	2006	London & S. East
1993	Midlands Region	2000	Eastern Region	2007	London & S. East
1994	Southern Region	2001	London & S. East	2008	Southern Region
1995	Scotland East	2002	Southern Region	2009	London & S. East
1996	Eastern Region	2003	Southern Region	2010	London & S. East

MARATHON RACING – THE HASLER TROPHY

Rhodes-White Trophy

Presented to the Senior Regional Champion with the most points in Division 1 at the Hasler Final. From 2009 to the fastest SMK1 over the 12 mile course

1962	S.Smith	Worcester CC	1986	Ivan Lawler	Elmbridge
1963	R.Wade	C.T.C.	1987	Guy Dresser	Royal CC
1964	P.Hastings	C.U.CC	1988	Greg Slater	Lichfield CC
1965	W.Machin	Gailey CC	1989	Nigel Brevitt	Lichfield CC
1966	S.Kitson	Dewsbury	1990	IanTimbrell	Fowey River
1967	D.Clarke	C.U.CC	1991	Greg Slater	Lichfield CC
1968	B.Greenaway	Richmond CC	1992	Greg Slater	Lichfield CC
1969	B.Gilliver	Soar Valley CC	1993	Greg Slater	Lichfield CC
1970	R.Davis	Itchin Valley CC	1994	Greg Slater	Lichfield CC
1971	D.Smith	Worcester CC	1995	Peter Maycock	Exeter CC
1972	T.Fieldus	Wey KC	1996	Dyson Pendle	Norwich CC
1973	K.Topham	Viking KC	1997	Conor Holmes	Elmbridge
1974	G.A.Trulove	Lichfield CC	1998	Dan Golder	Falcon CC
1975	R.G.Haynes	Riverside CC	1999	Greg Slater	Lichfield CC
1976	Keith Owen	B on a RC	2000	Ian Tordoff	Chester
1977	P.C.Watson	B on a RC	2001	Ian Tordoff	Chester
1978	Stan Missen	B on a RC	2002	Stephen Baker	Elmbridge
1979	J.Rosling	B on A RC	2003	Stephen Baker	Elmbridge
1980	Tim Cornish	Richmond CC	2004	Stephen Baker	Elmbridge
1981	Robin Belcher	Mercia CC	2005	Stephen Baker	Elmbridge
1982	Robin Belcher	Mercia C.C	2006	Ben Brown	Elmbridge
1983	Paul Wells	Richmond CC	2007	Andy Daniels	Reading
1984	Paul Wells	Richmond CC	2008	Not awarded	
1985	Robin Belcher	Adlington CC	2009	Robert Beer	Elmbridge
			2010	Ivan Lawler	Elmbridge

Adam Thomasson Trophy

Presented to the Winner of Division 2 K1 at the Hasler Final

1986	P.Evans	Lincoln	1998	Nigel Jones	Nottingham
1987	Simon Horsley	Deeside	1999	Nathan Johnson	Elmbridge
1988	Gary Quittenton	Lincoln	2000	Andrew Kelly	Elmbridge
1989	Norman Mason	Nottingham	2001	Simon Fennemore	Wey
1990	John Elliot	RDG & LP	2002	Tom Daniels	Reading
1991	Ian Tordoff	Chester	2003	Ben Brown	Elmbridge
1992	David Smith	Elmbridge	2004	Ben Brown	Elmbridge
1993	Steve Tingay	LBZ	2005	Andrew Daniels	Reading
1994	Tim Brabants	Elmbridge	2006	Robin Williams	Wey
1995	Andy Grimwood	Lincoln	2007	Edward Rutherford	Elmbridge
1996	Paul Darby Dowman	Elmbridge	2008	Mark Childerstone	Wey K.C.
1997	Damien Chapman	Nottingham	2009	Aaron Jordan	Maidstone
			2010	Paul Yates	Wey K.C.

MARATHON RACING – THE HASLER TROPHY

Barber Trophy

Presented to the Junior Regional Champion who gains the most points in Division 2 at the Hasler Final. From 2009 to the fastest Junior K1 over the 12 mile course.

1973	G Holmes	Hove	1992	Not awarded	
1974	K Whitehurst	LPCC	1993	David Smith	Elmbridge
1975	Stan Missen	BOA	1994	Richard Golder	Banbury
1976	S Swaffield	AYL	1995	Not awarded	
1977	K Salisbury	RLP	1996	Peter Burbidge	Reading
1978	K Salisbury	RLP	1997	Not awarded	
1979	K Salisbury	RLP	1998	Tim Ralph	Reading
1980	Nicholas Gregory	WAR	1999	Nathan Johnson	Elmbridge
1981	Nicholas Gregory	WAR	2000	Andrew Kelly	Elmbridge
1982	David Battershell	Wey K.C.	2001	John Sawers	Elmbridge
1983	Not awarded		2002	Tom Daniels	Reading
1984	Not awarded		2003	Tom Daniels	Reading
1985	Fergus Murray	Richmond	2004	Tom Daniels	Reading
1986	John Elliott	RLP	2005	Andrew Daniels	Reading
1987	Oliver Morgan	Royal	2006	Philip Thorogood	Elmbridge
1988	Stuart West	Royal	2007	Not awarded	
1989	Simon Ricketts	Anker Valley	2008	Mark Childerstone	Wey K.C.
1990	Tony Richardson	Royal	2009	Not awarded	
1991	Tony Richardson	Royal	2010	Albert Hicks	Norwich

David Shankland Trophy

Presented to the Lady Regional Champion who gains the most points in Division 3 at the Hasler Final. From 2009 to the fastest WK1 over the 12 mile course.

1966	M Tucker		1988	Sandra Troop	Nottingham
1967	A Huskisson		1989	Anna Ballard	Lichfield
1968	P Squires		1990	Anna Ballard	Lichfield
1969	P Squires		1991	Bernadette Pagon	Bristol
1970	E Staden		1992	Bernadette Pagon	BOA
1971	H Woodhouse		1993	Anna Ballard	Lichfield
1972	S Burnett		1994	Margaret Chapman	Kirkcaldy
1973	S Wright		1995	Not awarded	
1974	S Burnett		1996	Sonja Bapty	Reading
1975	Kath Nadal		1997	Helen Gilby	Elmbridge
1976	Lucy Perrett		1998	Not awarded	
1977	Lucy Perrett		1999	Abigail Cattle	Reading
1978	Wendy Clapham		2000	Andrea Dallaway	Elmbridge
1979	Gaye Clough		2001	Abigail Cattle	Reading
1980	Lucy Perrett	RLP	2002	Not awarded	
1981	Lucy Perrett	RLP	2003	Not awarded	
1982	Anne Plant	Lichfield	2004	Hayleigh Mason	Nottingham
1983	Lucy Perrett	RLP	2005	Anna Hemmings	Elmbridge
1984	Heather Brough	Worcester	2006	Louisa Sawers	Elmbridge
1985	Anne Plant	Lichfield	2007/8	Not awarded	
1986	Janine Lawler	Elmbridge	2009	Jenny Illidge	Runcorn
1987	Susie Perrett	RLP	2010	Jenny Illidge	Runcorn

MARATHON RACING – THE HASLER TROPHY

Ross Warland Memorial Trophy

Presented to the highest placed Junior in the Division 4 race at The Hasler Final

2000	John Sawers	Elmbridge	2005	Tim Pendle	Norwich
2001	Ben Brown	Elmbridge	2006	Tom Sharpe	Exeter
2002	Andrew Daniels	Wokingham	2007	Jonathan Tye	Worcester
2003	Matthew Guy	Leighton B.	2008	Jake Thomas	Elmbridge
2004	Neil Williams	Royal	2009	Nico Kirchstein	Reading
			2010	Edmund Haws	Wey

The Committee Cup

Presented to the highest place junior woman K1 in the highest division at The Hasler Final

2003	Louisa Sawers	Elmbridge	007	Stephanie Holmes	Worcester
2004	Hayleigh Mason	Nottingham	2008	Victoria Croucher	Wey
2005	Louisa Sawers	Elmbridge	2009	Jenny Illidge	Runcorn
2006	Louisa Sawers	Elmbridge	2010	Jenny Illidge	Runcorn

Ken Periera Cup

Presented to the highest placed junior C1 in the highest division at The Hasler Final

2003	Richard Crooks	Leighton B.	2007	Anthony Cayford	Bishops St.
2004	James Train	Fladbury	2008	Matthew Duck	Richmond
2005	Roger Weir	Banbury	2009	Iain Weir	Banbury
2006	Gareth Hunt	Fladbury	2010	Marko Csokasi	Richmond

Bill Sparks Trophy

Presented to the highest placed veteran K2 in the highest division at The Hasler Final

2003	Leon Nicholson	James Hives	Woodmill C.C.
2004	Mike Hawthorn	Simon Davies	Worcester C.C.
2005	James Treadgold	Nick Daniels	Reading C.C.
2006	Phil Jenkins	Tim Scott	Norwich C C
2007	Adrian Croucher	Adrian Henson	Wey Kayak Club
2008	Roy Fieldus	Adrian Henson	Wey Kayak Club
2009	Jamie Mayers	Steve Marnell	Runcorn
2010	James Hives	Richard Kent	Southampton

Geoff Sanders Trophy

Presented to the club with the best Lightning results across the season, including the Hasler Final

2005	Banbury Canoe Club	2008	Leighton Buzzard Canoe Club
2006	Southampton Canoe Club	2009	Ealing Canoe Club
2007	Leighton Buzzard Canoe Club	2010	Ealing Canoe Club

INTERNATIONAL MARATHON MEDALS

Prior to 1982 major international competition comprised the Grand Prix series of two or three races per year. In 1982 World Cups were introduced every year as the premier international event in addition to one or two Grand Prix.

From 1988 World Championships were introduced in alternate (even) years with World Cups remaining in alternate (odd) years. One or two Grand Prix races continued every year.

From 1995 European Championships were introduced in alternate (odd) years.

From 1998 World Championships were held every year, the old World Cups (in alternate odd years) ceased and the Grand Prix races were renamed as World Cups.

In 2001 Junior World Championships were introduced every year.

Marathon World Cups and World Championships			
1982	1st World Cups Remich- Grevenmacher Luxembourg	Men's K1 1 st Robin Belcher 2 nd Paul Wells Women's K1 2 nd Kath Nadal 3 rd Heather Brough C1 3 rd Ken Periera	Men's K2 1 st Paul Dimmock / Robin Ayres 3 rd Rod Kinch / John Day Women's K2 1 st Jane Jacobs / Lynne Davies
1983	2nd World Cups Copenhagen Denmark	Men's K1 1 st Robin Belcher	Men's K2 2 nd Rod Linch / Paul Lanighan Women's K2 1 st Ann Plant / Wendy Clapham
1984	3rd World Cups Shannon Ireland	Men's K1 1 st Rod Kinch 2 nd Alan Williams Women's K1 1 st Ann Plant C1 2 nd Steve Smith	Men's K2 1 st Paul Wells / Duncan Blythe 2 nd Adrian Croucher / Chris Ballard Women's K2 2 nd Gaye Clough / Wendy Clapham 3 rd Tracey Phillips / Heather Brough C2 3 rd Steve Train / Andy Train
1985	4th World Cups Remich- Grevenmacher Luxembourg	Men's K1 3 rd Robin Belcher Women's K1 1 st Ann Plant C1 3 rd Steve Smith	Men's K2 3 rd Chris Ballard / Greg Slater Women's K2 2 nd Christine Belcher / Gaye Clough C2 3 rd Marcus Gohar / Robin Williams
1986	5th World Cups Hardenburg Netherlands	Men's K1 2 nd Paul Wells Women's K1 1 st Ann Plant C1 2 nd Marcus Gohar 3 rd Robin Williams	Men's K2 2 nd Robin Belcher / Guy Dresser Women's K2 1 st Suzy Perett / Janine Lawler
1987	6th World Cups Shannon Ireland	Women's K1 1 st Ann Plant 2 nd Jackie Eastwood C1 2 nd Marcus Gohar 3 rd Robin Williams	Men's K2 2 nd Ivan Lawler / Graham Burns

INTERNATIONAL MARATHON MEDALS

Marathon World Cups and World Championships			
1988	1st World Championships Nottingham England		Men's K2 2 nd Ivan Lawler / Graham Burns C2 1 st Steve Train / Andy Train
1989	7th World Cups Crestuma Portugal	Men's K1 2 nd Duncan Blythe Women's K1 2 nd Anne Ballard	Men's K2 1 st Ivan Lawler / Graham Burns Women's K2 2 nd Janine Lawler / Jackie Eastwood C2 1 st Steve Train / Andy Train
1990	2nd World Championships Copenhagen Denmark		Men's K2 2 nd Ivan Lawler / Graham Burns
1991	8th World Cups Berlin Germany	Junior Men's K1 1 st Tony Richardson 2 nd Scott Hynds	Men's K2 1 st Ivan Lawler / Graham Burns Women's K2 3 rd Sandra Troop/ Maria Blumenthal C2 1 st Steve Train / Andy Train
1992	3rd World Championships Brisbane Australia	Men's K1 1 st Ivan Lawler	Women's K2 2 nd Sandra Troop/Maria Blumenthal
1993	9th World Cups Maribo Denmark	Men's K1 1 st Ivan Lawler Women's K1 3 rd Andrea Dallaway Junior Women's K1 1 st Anna Hemmings Junior C1 3 rd Malcolm Lane	Junior Men's K2 1 st David Smith / Brian Hemmings
1994	4th World Championships & Junior World Cups Amsterdam Netherlands		Men's K2 1 st Ivan Lawler / Steve Harris C2 2 nd Steve Train / Andy Train Junior Men's K2 1 st David Smith / Tim Brabants
1995	10th World Cups Unquera Spain	Women's K1 2 nd Anna Hemmings 3 rd Sonja Bapty	Men's K2 1 st Ivan Lawler / Steve Harris C2 1 st Steve Train / Andy Train
1996	5th World Championships & Junior World Cups Vaxholm Sweden	Women's K1 2 nd Anna Hemmings	Men's K2 1 st Ivan Lawler / Steve Harris C2 1 st Steve Train / Andy Train
1997	World Cups Final Bagsvard Denmark	Men's K1 3 rd Tim Brabants Women's K1 1 st Anna Hemmings Junior Men's K1 3 rd Damien Chapman	Men's K2 2 nd Ivan Lawler / Steve Harris Women's K2 1 st Sonja Bapty / Tricia Davey C2 1 st Steve Train / Andy Train

INTERNATIONAL MARATHON MEDALS

Marathon World Cups and World Championships			
1998	6th World Championships & Junior World Cups Cape Town South Africa	Men's K1 1 st Ivan Lawler Women's K1 2 nd Anna Hemmings Junior Men's K1 3 rd Joel Wilson	Men's K2 2 nd Tim Brabants / Conor Holmes Women's K2 3 rd Andrea Dalloway / Helen Gilby C2 1 st Steve Train / Andy Train Junior Men's K2 1 st Paul Prestwood/Danny Matthews
1999	7th World Championships & Junior World Cups Gyor Hungary	Men's K1 1 st Ivan Lawler Women's K1 1 st Anna Hemmings Junior Women's K1 2 nd Abigail Cattle	
2000	8th World Championships & Junior World Cups Dartmouth Canada	Junior Men's K1 3 rd Tim Sowry Junior Women's K1 1 st Jenny Spencer	Junior Men's K2 1 st Andrew Kelly / Tim Sowry
2001	9th World Championships & 1st Junior World Championships Stockton-on-Tees England	Women's K1 1 st Anna Hemmings	Women's K2 1 st Anna Hemmings / Helen Gilby
2002	10th World Championships & 2nd Junior World Championships Zamora Spain		
2003	11th World Championships & 3rd Junior World Championships Valladolid Spain	Women's K1 3 rd Jenny Spencer Junior Men's K1 1 st Ben Brown Junior Women's K1 3 rd Hayleigh Mason	
2004	12th World Championships & 4th Junior World Championships Bergen Norway	Junior Men's K1 1 st Paul Wycherley	
2005	13th World Championships & 5th Junior World Championships Perth Australia	Women's K1 1 st Anna Hemmings	Junior Men's K2 2 nd Andrew Daniels / Allen Spencer

INTERNATIONAL MARATHON MEDALS

Marathon World Cups and World Championships			
2006	14th World Championships & 6th Junior World Championships Tremolat France	Women's K1 1 st Anna Hemmings Junior Women's K1 1 st Louisa Sawers	Junior Men's K2 2 nd Andrew Daniels / Stuart Hastings Junior Women's K2 1 st Louisa Sawers / Jessica Walker
2007	15th World Championships & 7th Junior World Championships Gyor Hungary	Women's K1 1 st Anna Hemmings Junior Women's K1 3 rd Jessica Walker	Junior Women's K2 3 rd Jessica Walker / Amoret King
2008	16th World Championships & 8th Junior World Championships Tyn Czech Republic	Junior Men's K1 1 st Edward Rutherford	Junior Men's K2 1 st Tom Hide / Edward Rutherford
2009	17th World Championships & 9th Junior World Championships Crestuma Portugal	Men's K1 2 nd Ben Brown Women's K1 3 rd Lani Belcher U23 Men's K1 3 rd Tom Daniels U23 Women's K1 2 nd Louisa Sawers Junior Men's K1 3 rd Dean Terry	
2010	18th World Championships & 10th Junior World Championships Banyoles Spain	Men's K1 1 st Ben Brown	

INTERNATIONAL MARATHON MEDALS

Marathon European Championships			
1995	1st European Championships Murcia, Spain	<i>GREAT BRITAIN DID NOT COMPETE</i>	
1997	2nd European Championships Pavia, Italy	Men's K1 2 nd Tim Brabants Women's K1 1 st Anna Hemmings	Men's K2 3 rd Ivan Lawler / Steve Harris Women's K2 1 st Sonja Bapty / Tricia Davey
1999	3rd European Championships Gorzow, Poland	Men's K1 2 nd Conor Holmes Women's K1 1 st Anna Hemmings Junior Men's K1 3 rd Nathan Johnson Junior Women's K1 1 st Abigail Cattle	Junior Men's K2 2 nd Adam Kennedy / Tim Sowry Junior Women's K2 3 rd Jenny Spencer / Liz Holmes
2001	4th European Championships Gyor, Hungary	Junior Women's K1 1 st Jenny Spencer	
2003	5th European Championships Gdansk, Poland	Junior Women's K1 3 rd Hayleigh Mason	
2005	6th European Championships Tyn, Czech Republic	Women's K1 1 st Anna Hemmings	
2007	7th European Championships Trencin, Slovakia	Junior Men's K1 1 st Tim Pendle	Junior Men's K2 3 rd Dean Terry / Mark Childerstone
2009	8th European Championships Ostroda, Poland		Junior Men's K2 3 rd Jonathan Tye/James Webster

INTERNATIONAL MARATHONS

SELECTION POLICY FOR GREAT BRITAIN REPRESENTATIVE TEAMS

Objectives

- 1 To win medals at World, European Championships and World Cup events.
- 2 To maintain a position as a top nation in international competition.
- 3 To ensure the long-term athlete development required for international success.

This policy may be amended or supplemented by the BCU Marathon Racing Committee at its discretion in order to achieve the above objectives to cover exceptional circumstances. Every effort will be made to ensure as much notice as possible is given to all persons affected by any change.

Process of Selection

- 1) Each year, the ICF publish an International Calendar from which a programme of International Events to be attended is selected. Due regard is given to the Objectives and to budgets. Some events may be designated "Development". The programme is specified in the Racing Handbook.
- 2) The basic team composition for each event will be detailed in the Racing Handbook. Changes may be necessary to suit all the factors affecting team size and budgets.
- 3) The selection of teams for **all** internationals will be made on a **continuous assessment, open-to-all basis**. The composition of the team for each event will depend entirely on paddlers being and proving that they are of sufficiently high standard.

(The system of **continuous assessment** as opposed to one of 'first past the post' at a nominated selection event has been in operation for several years and has operated very well. It allows the selectors to consider an athlete who has under performed in any one race. This could be due to illness or equipment failure. It also means that consideration can be given to improving athletes who may not be winning but show potential for the future.)

Teams will be selected from the results of assessment races and current season internationals, as detailed in the Racing Handbook, on the basis of their ability to fulfil the Objectives above.

In exceptional circumstances, the Selection Committee may consider international results from previous seasons even where the athlete has no assessment race or international results from the current season.

- 4) All athletes seeking selection should race in the Assessment class corresponding to the category for which they are seeking international selection unless otherwise instructed by the Selection Committee. The Selection Committee reserve the right to disregard results gained by athletes racing in the wrong class.
- 5) Athletes wishing to be considered for International Events must comply with the following conditions.

INTERNATIONAL MARATHONS

- a) They must be Comprehensive BCU members throughout the year.
 - b) Having due regard to their availability for selection and their preferred programme, they should apply by completing the Availability Form and returning it by the dates specified in the Racing Handbook.
 - c) They should be prepared to meet all assembly costs and pay a contribution towards food, as detailed in the Racing Handbook.
 - d) They should be prepared to travel and be accommodated in the best interest of the team.
 - e) They must be prepared to accept the Team Coach's direction with regard to training and racing while abroad.
 - f) They must be prepared to dress and conduct themselves in a manner befitting a British Team representative, and promote the good name of British canoeing both at home and abroad.
 - g) They should be prepared to give support to Sport UK, Sport England and the Lottery in promotional aspects, in return for the Grant Aid received.
 - h) They should wear the GB tracksuit and team clothing provided, on all suitable occasions.
 - i) They should compete in the appropriate Assessment events.
- 6) The principles guiding the Selection Committee will be as follows. The best team available to represent Great Britain will be selected having regard to the following.
- a) Winning medals at World & European Championships and World Cup events.
 - b) Gaining National Team points.
 - c) Experience enhancement and development potential consummate with the level of the Competition.
 - d) Available budget for an event that supports the overall Marathon programme.
- 7) The BCU Marathon Racing Selection Committee shall consist of the following:
- a) The Chairman of Selectors, appointed by the BCU Marathon Racing Committee, who will Chair all selection meetings.
 - b) Up to 4 members nominated by the BCU MRC.
 - c) The Marathon Team Manager(s) for the event(s) are invited to attend the selection meetings.

Selectors are required to make every effort to attend all Domestic Assessment events, to ensure that a true and accurate assessment of current abilities can be made.

2011 INTERNATIONAL PROGRAMME

The Committee will provide as full a programme as possible in 2011, but this is subject to the funding we receive. At the time of going to press the funding we are to receive from the Lottery and the BCU exchequer fund is not known. The intended programme for the year is set out below, but it must be understood that the events supported and the sizes of the teams may change depending upon funding.

The main events for the year, for both Seniors and Juniors, are therefore: -

World Cup	Rome, Italy	June 25 / 26
European Championships	St. Jean de Losne, France	July 22 / 24
World Championships	Singapore	Oct. 21 / 23

Each country can enter 3 crews (2 at World and European Championships) in each

INTERNATIONAL MARATHONS

class, with only the first finisher to count towards the World Cup Trophy.

In addition to the 3 main events, we plan to send a small team to the Sanabria K4 Series depending on the assistance we receive from the Organisers, and a Junior Development team to the Gent Marathon and Loire Marathon.

We will also support other events, where the Organisers provide total finance.

Marathon Committee Support

The Marathon Committee will assist all potential team members in seeking personal sponsorship.

SELECTION INFORMATION FOR 2011

Assessment Events

May 1	Bedford	K1 / C1
May 22	Norwich	K1 / C1
May 28	Wokingham	K2 / C2
June 25/26	World Cup , Rome	All
July 22/24	European Champs, France	All
August 27	Worcester	K1 / C1
August 28	Worcester	K2 / C2

Availability Forms

There are separate forms for Seniors and Juniors.

The **Senior Forms** should be returned, **fully completed** and signed, to David Enoch at the address on the form by: -

May 1 (Bedford) for all events prior to the World Championships,

August 27 (Worcester) for the World Championships.

The **Junior Forms** should be returned to the GB Canoeing Office by April 11, to the address on the Form.

2011 Athlete Contribution

A sum of £100 will be charged for the World Cup and the European Championships and £250 for the World Championships. The contribution for other international events will be detailed in the event information.

Proposed International Competitions

(The final team size will depend on the finances available.)

INTERNATIONAL MARATHONS

MAJOR EVENTS

ROME, ITALY - WORLD CUP - June 25/26

Thursday June 23 to Monday June 27.

A team of approximately 12 Seniors and Juniors plus officials

Selection – June 4 (after Bedford, Norwich & Wokingham assessments).

St. JEAN DE LOSNE, FRANCE - EUROPEAN CHAMPS - JULY 22/24

Wednesday July 20 to Monday July 25

A team of approximately 12 Seniors and Juniors plus officials

Selection - July 2 (after World Cup).

SINGAPORE - WORLD CHAMPIONSHIPS - OCTOBER 21/23

Monday October 10 to Monday October 24.

A team of approximately 12 Seniors, U23s and Juniors plus officials

Selection – August 28 (following racing at National Championships).

SUPPORTING EVENTS

GENT MARATHON, BELGIUM – MARCH 26

Friday 25 March – Saturday 26 March

A team of approximately 15 Juniors plus officials.

Selection – By invitation following winter training.

SPAIN – SANABRIA K4 SERIES – LATE JUNE (DATES TO BE CONFIRMED)

A team of 4 or 8 depending on invitation

Selection – June 4

LOIRE MARATHON, ANGERS, FRANCE – SEPTEMBER 25

Thursday 22 September - to Sunday 25 September

A team of approximately 15 Juniors plus officials

Selection – August 28 (following racing at National Championships).

INTERNATIONAL MARATHONS

ADDITIONAL EVENTS

The MRC receives, from time to time, invitations to additional international events. Teams will be selected for these events, provided the event organisers meet all funding. Selection for these events will be made after an Assessment event.

Private Entries Competing Abroad

Any competitor wishing to compete abroad outside the British team must apply to do so via the Governing Body, the BCU (ICF ruling). For practical purposes these applications must reach the MRC four weeks before the event. They should be sent to David Enoch except entries for the Sella Descent which should be sent to Andy Goodsell at the BCU Offices in Bingham, Notts by 1 July latest. The applicant will be liable for any costs incurred, e.g. entry fees (even if he / she does not subsequently compete).

It is regretted that the Marathon Committee can make no private travel or accommodation arrangements.

Racing Handbook 2012 – Re-order Form

Publication February 2012

To reserve your copy of next year's Handbook, please send a cheque (made payable to BCU Racing Committee) for **£6.50** to include postage and packing.

Name _____

Address _____

Post Code _____

Return to:

Diane Bates

11 Cranley Road, Walton-on-Thames, Surrey KT12 5BX

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### Contributors to the 2011 Racing Handbook

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Many thanks to Kirton for their continuing support of the Racing Handbook as well as to all the canoe clubs who advertise their events.

Diane Bates, Editor  
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January 2011



# ELMBRIDGE CANOE CLUB

2011 Programme

Details on [www.elmbridgecanoeclub.org.uk](http://www.elmbridgecanoeclub.org.uk)

**Easter Sunday**  
**April 24<sup>th</sup>**

## **JUNIOR HALF MARATHON K1 TIME TRIAL**

Boys and Girls Classes - under 12,13,14,15 & 16  
Check the website for details of age records!

**Saturday**  
**May 14<sup>th</sup>**

## **FUN REGATTA AND TIME TRIALS**

200m and 500m K1 time trials and races  
Junior K2 and Rocket K4 3000m

**Saturday**  
**May 14<sup>th</sup> (pm)**

## **5K RACE**

Part of the national 5K series

**Sunday**  
**October 9<sup>th</sup>**

## **DIVISIONAL MARATHON**

(LSE Hasler event for 2012)

Div. 1, 2, 3 K1, Divs. 4 – 9 K1 & K2  
Lightning, Mini K2 and Beginner's Race

**Details from:**

Di Lawler, Secretary, Elmbridge Canoe Club,  
TEL: 01784-454772

Email: [diandroland2009@hotmail.com](mailto:diandroland2009@hotmail.com)





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