

£5.00



Canoe Sprint & Marathon Racing Handbook 2010



New gear

KayakPro



SpeedStroke kayak ergometer

www.KayakPro.com

The SpeedStroke kayak ergometer by KayakPro is the best I've ever used. Over many years of training I have tried many different paddling machines from the most basic to the most advanced – from 'one off' designs to mass-produced machines. Designed by world champion kayaker Grayson Bourne, the SpeedStroke has that world class feel about it. It is an exceptionally well constructed machine made from high quality materials with clearly a lot of thought in the design process.

Since the Olympics, I have mainly been focussing on progressing my medical career so have been working hard as a doctor in the accident and emergency department. As a result I do not always have the time to get out on the water. I have a SpeedStroke kayak ergometer in my garage and can fit in a quick training session easily at any time. Certainly in the winter, when weather conditions make it impossible to achieve a quality training session on the water, the SpeedStroke would be an ideal alternative. Clubs and gyms would benefit greatly from using this ergometer for teaching technique, warming up and training.



The SpeedStroke has a very positive, smooth feel with a nice catch at the front of the stroke and a realistic release at the back end. The intuitive computer gives a clear display of stroke rate, heart rate, distance, time and pace. Resistance is varied at the fan wheel end and can be changed to represent the feel of being in a single kayak through to being in a fast moving crew boat. It is easy to set up with a fully adjustable seat, footrest and sturdy pull bar.

The SpeedStroke computer can be interfaced with a laptop computer to allow for recording and analysis of the data. This can be used in physiological testing for example, power analysis or for monitoring progress in training. Another development is the ability to then link with other machines via the Internet enabling potential head to head racing with athletes anywhere in the world. The next generation of the ergometers computer will improve on this even further.

I would highly recommend the SpeedStroke kayak ergometer as a useful tool for kayakers of all levels and abilities. It will be an essential tool in my preparations for the London Olympic Games.

The SpeedStroke kayak ergometer by KayakPro has been the official supplier to both the Athens and Beijing Olympic Games. For more information and stockists call 07796 952277.

Email: sales@elitecanoeing.co.uk

Tim Brabants

Olympic Champion K1 1000m



SPEEDSTROKE GYM

Paddle to your heart's content



"Speedstroke the best way I know to get kayak-specific training when it's impossible to get on the water"

Adam Van Koesterden
2007 K1 1000m World Champion
2 x 1000m Team Member

"Speedstroke is the essential complement to top-level training"

Tim Brabants
2008 Olympic Gold Medalist K1 1000m

Tel: 07796 952277

Email: sales@elitecanoeing.co.uk

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Racing calendar 2010/11

Date	Race Name	Region	Code	Notes for publication
17 Jan 2010	Frank Luzmore K2	LSE	MA1504	01
17 Jan 2010	Winter time trial, Linlithgow	SCA	FL1530	Linlithgow
30 Jan 2010	St Laurent Blangy	International		Regatta
7 Feb 2010	Waterside A	S	WA1596	03
14 Feb 2010	Thameside 1	S	RE1424	04
21 Feb 2010	Waterside B	S	WA1596	05
21 Feb 2010	Winter time trial, Linlithgow	SCA	FL1530	Linlithgow
27 Feb 2010	Marathon development day			MRC
28 Feb 2010	Thameside 2	S	RE1424	06
6 Mar 2010	Runcorn 5k	NW	MA1503	5km
7 Mar 2010	Waterside C	S	WA1596	07
13 Mar 2010	Longridge 5k	S	HA1514	5km
14 Mar 2010	Royal K1 / K2	LSE	WI1597	02
14 Mar 2010	Weyside Race	LSE	MO1132	19
14 Mar 2010	Weaver Descent	NW	MO1130	08
14 Mar 2010	Winter time trial, Linlithgow	SCA	FL1530	Linlithgow
20 Mar 2010	Norwich 5K	E	SC1495	5km
20 Mar 2010	Wey Grand Pnx	LSE	MO1132	Grand Prix
21 Mar 2010	Mid Weaver Hasler	NW	MO1130	K2 H2010
21 Mar 2010	Waterside D	S	WA1596	09
28 Mar 2010	Cambridge Hasler	E	ST1404	K1 H2010
28 Mar 2010	Gailey Hasler	M	PR1242	K1 H2010
28 Mar 2010	Forth & Clyde Canal	SCA	HU1427	Forth & Clyde Canal Marathon
2 Apr 2010	Devizes Westminster	International	DW1513	10
2 Apr 2010	Richmond Grand Prix	LSE	WE1214	Grand Prix
9 Apr 2010	MRC meeting Bingham	National	NA	MRC
10 Apr 2010	National Regatta, Nottingham	National	MO1132	Sprint, Saturday and Sunday
11 Apr 2010	Spey Marathon	SCA	BR1542	River Spey, Aberlour
18 Apr 2010	Maidstone Hasler	LSE	OR1365	K2 H2010
18 Apr 2010	Runcorn 5k (Albert Dock)	NW	MA1503	5km
18 Apr 2010	Ratho Marathon	SCA	FL1530	Union Canal
18 Apr 2010	Brigg Hasler	YH	PE1312	K1 H2010
24 Apr 2010	Glasgow to Edinburgh	SCA	CH1238	Canal challenge
25 Apr 2010	Bedford Hasler	E	RO1581	K2 H2010
25 Apr 2010	Bedford K1 assessment	E	RO1581	Assessment
25 Apr 2010	Anker Valley Hasler	M	FL1418	K1 H2010
1 May 2010	Elmbridge Grand Prix	LSE	LA1107	Grand Prix
1 May 2010	Wokingham K2 assessment	S	WO1517	Assessment
2 May 2010	Worcester Hasler	M	WE1583	K1 H2010
8 May 2010	National Regatta, Nottingham	National	MO1132	Sprint, Saturday and Sunday
12 May 2010	Lowport Summer series	SCA	MA1534	Weds 7.30pm start
15 May 2010	Boulogne regatta	International		Sprint
15 May 2010	Longridge Grand Prix	S	HA1514	Grand Prix
15 May 2010	Conway Ascent	SW	WI1477	
16 May 2010	Hastings 1066	LSE	FI1431	K1 H2010
16 May 2010	Royal Leamington Spa Hasler	M	LE1566	K1 H2010
16 May 2010	Trentham, NW Lightning + 2012 event	NW	RO1591	2012 event

Racing calendar 2010/11

Date	Race Name	Region	Code	Notes for publication
16 May 2010	Basingstoke Hasler	S	SM1553	K1 H2010
16 May 2010	Grand Dunk Marathon	SCA	MC1535	Tay, Grandtully to Dunkeld
22 May 2010	Nottingham Hasler	M	MA1505	K2 H2010
23 May 2010	Norwich Hasler	E	SC1495	K1 H2010
23 May 2010	Norwich K1 assessment	E	SC1495	Assessment
23 May 2010	Chester 1 Hasler	NW	SW1446	K2 H2010
23 May 2010	Leukaemia Marathon	SCA	CH1238	Loch Tay to Grandtully
23 May 2010	Tamar Hasler	SW	RO1171	K1 H2010
29 May 2010	Sprint WC2, Szeged	International		Sprint
29 May 2010	Reading & Wokingham Grand Prix	S	WO1517	Grand Prix
29 May 2010	Reading K2 assessment	S	RE1424	Assessment
29 May 2010	Windsor Veterans	S	DA1528	* 12
29 May 2010	Linlithgow KR Regatta	SCA	MA1534	Linlithgow Loch, Scottish Sprint
30 May 2010	Reading Circuit Hasler	S	RE1424	K1 H2010
4 Jun 2010	MRC meeting Bingham	National	NA	MRC
5 Jun 2010	Sprint, WC3, Duisberg	International		Sprint
5 Jun 2010	National Regatta, Nottingham	National	MO1132	Sprint, Saturday and Sunday
6 Jun 2010	Fal Hasler	SW	MA1124	K1 H2010
9 Jun 2010	Lowport Summer Series II 10km	SCA	MA1534	10km
13 Jun 2010	Royal Hasler	LSE	CH1569	K2 H2010
13 Jun 2010	Burton Hasler	M	LA1110	K2 H2010
13 Jun 2010	Kirkcaldy CC Regatta	SCA	CH1238	Sprint
13 Jun 2010	Pangbourne Hasler	SCA	AD1588	K1 H2010
19 Jun 2010	Bochum regatta	International		Sprint
19 Jun 2010	Worcester 5K	M	WE1583	5km
19 Jun 2010	Worcester mini sprint	M	WE1583	Sprint
20 Jun 2010	Leighton Buzzard Hasler	E	TI1381	K2 H2010
20 Jun 2010	Shropshire Paddlesport Hasler	M	SE1556	K1 H2010
20 Jun 2010	Macclesfield Adelphi Hasler	NW	MI1129	K1 H2010
20 Jun 2010	Oxford Falcon	S	MC1563	K1 H2010
20 Jun 2010	Dart (Totnes)	SW	SH1570	*
20 Jun 2010	Derwent Hasler	YH	JE1238	K1 H2010
26 Jun 2010	Marathon, WC1, Tyn	International		Marathon
26 Jun 2010	Cheshire Ring Race	NW	GA1594	13
27 Jun 2010	Wey Hasler	LSE	MO1132	K1 H2010
27 Jun 2010	Hereford Hasler	M	BU1024	K1 H2010
27 Jun 2010	Southampton Hasler	S	MC1568	K2 H2010
27 Jun 2010	Strathclyde Park Regatta	SCA	CH1238	Sprint
3 Jul 2010	Sprint, Senior Euros, Madrid	International		Sprint
3 Jul 2010	National Regatta, Nottingham	National	MO1132	Sprint, Saturday and Sunday
4 Jul 2010	Lower Exe & Estuary	SW	SH1570	K2 H2010
10 Jul 2010	Royal Grand Prix	LSE	KE1522	Grand Prix
11 Jul 2010	Trentham, 5k	NW	RO1591	5km
11 Jul 2010	Trentham, 5k Lightning final	NW	RO1591	Lightning
11 Jul 2010	Trentham, NW Lightning final	NW	RO1591	Lightning
14 Jul 2010	Lowport Summer Series III 10km	SCA	MA1534	10km
17 Jul 2010	Reading 5k	S	RE1424	5km K1 and K4

Racing calendar 2010/11

Date	Race Name	Region	Code	Notes for publication
18 Jul 2010	Bishop Stortford 5k	E	DU1540	5km
18 Jul 2010	Runcom Hasler	NW	MA1503	K1 H2010
18 Jul 2010	2012 K4 @ Longridge	S	OH1514	2012 event
18 Jul 2010	Camel Hasler	SW	GR1593	K1 H2010
24 Jul 2010	Marathon, WC2, Brandenburg	International		Marathon
25 Jul 2010	Thames Valley Hasler	S	WO1517	K1 H2010
25 Jul 2010	Inverness Marathon	SCA	MA1533	Inverness Marathon
31 Jul 2010	Sprint, Junior & U23 Euros, Moscow	International		Sprint
31 Jul 2010	MRC annual consultative meeting	National	NA	MRC
31 Jul 2010	Marathon Nationals, Chester	NW	SW1446	National Championships
3 Aug 2010	Missouri 340	International		Marathon
4 Aug 2010	Lowport Summer Series V 10km	SCA	MA1534	10km
5 Aug 2010	Trasona training camp (proposed)			MRC
7 Aug 2010	Sella Descent	International		Marathon
8 Aug 2010	Medway Marathon	LSE	NE1336	18
8 Aug 2010	Ironbridge Hasler	M	TA1193	K2 H2010
8 Aug 2010	Glasgow Green Marathon	SCA	MC1598	Marathon
10 Aug 2010	Strathclyde Park 10K	SCA	RE1599	10km
12 Aug 2010	Forth & Clyde 10K, Dullatur	SCA	HU1427	10km
14 Aug 2010	Dasland Canoe Marathon Sweden	International		Marathon
14 Aug 2010	Loch Lubnaig Marathon	SCA	CH1238	Strathyre
15 Aug 2010	Loch Lubnaig 10K	SCA	CH1238	K1 Championship
21 Aug 2010	Sprint, Senior Worlds, Poznan	International		Sprint
22 Aug 2010	Tonbridge Hasler	LSE	NE1336	K2 H2010
22 Aug 2010	Kirkcaldy CC Regatta	SCA	CH1238	Sprint
28 Aug 2010	Worcester K1 & K2 assessment	M	WE1583	Assessment World Championships
29 Aug 2010	Longridge Hasler	S	HA1514	K1 H2010
29 Aug 2010	Scottish Sprint Champs	SCA	CH1238	Strathclyde Park sprint regatta
4 Sep 2010	National Regatta, Nottingham	National	MO1132	Sprint, Saturday and Sunday
8 Sep 2010	Lowport Summer Series V 10km	SCA	MA1534	10km
11 Sep 2010	Tour de Gudena	International		Marathon
12 Sep 2010	Hemel Hempstead	E	CA1543	Marathon
12 Sep 2010	Soar Hasler	M	VI1589	K1 H2011
12 Sep 2010	Macclesfield Lightning & Junior event	NW	EV1604	Lightning
12 Sep 2010	Henley Hasler	S	NU1142	K1 H2009
12 Sep 2010	Poole Harbour circuit	S	GO1603	17
12 Sep 2010	Broadwood Regatta	SCA	HU1427	Sprint
18 Sep 2010	Olympic Hopes regatta, Piastany	International		Sprint
18 Sep 2010	Reading K4	S	RE1424	K4 race over 5k, 10k
18 Sep 2010	Bristol kayak regatta	SW	HE1602	
19 Sep 2010	Chester 2 Hasler	NW	BL1601	K2 H2011
19 Sep 2010	Pangbourne Hasler	S	AD1588	K2 H2011
19 Sep 2010	Ratho East Marathon	SCA	CH1238	Marathon
25 Sep 2010	Marathon Worlds, Banyoles	International		Marathon
26 Sep 2010	Lincoln Hasler	M	MY1136	K1 H2011
26 Sep 2010	Windsor Marathon Hasler	S	DA1528	K1 H2011
2 Oct 2010	Royal paddling challenge	LSE	EV1068	

Racing calendar 2010/11

Date	Race Name	Region	Code	Notes for publication
3 Oct 2010	Elmbridge Hasler	LSE	LA1107	K2 H2011
3 Oct 2010	Mersey Descent	NW	CL1307	16
3 Oct 2010	River Isla Marathon	SCA	CH1415	Marathon
3 Oct 2010	Fowey River Hasler	SW	PE1590	K2 H2011
10 Oct 2010	Hasler Final, Worcester	M	WE1583	Marathon
17 Oct 2010	Cokethorpe	S	WH1584	*
17 Oct 2010	D.N.V. Dee Marathon	SCA	BR1542	Maryculter – Aberdeen
17 Oct 2010	Wolfreton Hasler	YH	ME1335	K2 H2011
23 Oct 2010	Tay Descent, Perth 800	SCA	SM1600	Dunkeld to Perth
24 Oct 2010	Chelmer Hasler	E	MO1360	K1 H2011
24 Oct 2010	Richmond Hasler	LSE	HA1595	K2 H2011
31 Oct 2010	Trent K2	M	EN1067	11
31 Oct 2010	Banbury Hasler	S	WA1453	K1 H2011
6 Nov 2010	MRC meeting at Elmbridge	National	GA1074	MRC
7 Nov 2010	Avon Descent	M	WO1218	*
14 Nov 2010	Trentham Hasler	NW	RO1591	K1 H2011
14 Nov 2010	K2 10km Championship	SCA	RE1599	Prize Giving
28 Nov 2010	Ross Warland canal challenge	S	WA1453	15
28 Nov 2010	Winter Time Trials, Linlithgow	SCA	FL1530	Linlithgow
5 Dec 2010	Stour Descent	SW	MA1560	14
12 Dec 2010	Basingstoke Canal Challenge	S	GA1074	20
19 Dec 2010	Winter Time Trials, Linlithgow	SCA	FL1530	Linlithgow
9 Jan 2011	Frank Luzmore K2	LSE	MA1504	01
16 Jan 2011	Winter Time Trials, Linlithgow	SCA	FL1530	Linlithgow
20 Feb 2011	Winter Time Trials, Linlithgow	SCA	FL1530	Linlithgow
27 Feb 2011	Waterside A	S	WA1596	03
13 Mar 2011	Waterside B	S	WA1596	05
13 Mar 2011	Winter Time Trials, Linlithgow	SCA	FL1530	Linlithgow
27 Mar 2011	Waterside C	S	WA1596	07
3 Apr 2011	Royal K1 / K2	LSE	WI1597	02
10 Apr 2011	Waterside D	S	WA1596	09
22 Apr 2011	Devizes Westminster	International	DW1513	10

Racing calendar 2010/11

notes

Legend	Notes																											
*	Indicates that this is not a standard divisional race. Usually classes are some combination of senior/junior, mens/ladies/mixed and singles/doubles.																											
K1 or K2 in div 3	Race organisers run K1 and K2 divisions 4 to 9 inclusive. Over the 12 mile course they offer to run divisions 1 and 2 K1 races and either a division 3K1 OR a division 3 K2 race. <table><tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr><tr><td>K1</td><td>K1</td><td>K1 or</td><td>K1</td><td>K1</td><td>K1</td><td>K1</td><td>K1</td><td>K1</td></tr><tr><td></td><td></td><td>or K2</td><td>K2</td><td>K2</td><td>K2</td><td>K2</td><td>K2</td><td>K2</td></tr></table>	1	2	3	4	5	6	7	8	9	K1	K1	K1 or	K1	K1	K1	K1	K1	K1			or K2	K2	K2	K2	K2	K2	K2
1	2	3	4	5	6	7	8	9																				
K1	K1	K1 or	K1	K1	K1	K1	K1	K1																				
		or K2	K2	K2	K2	K2	K2	K2																				
H2010	Indicates a Hasler qualifying race for 2010 / 2011 for the region shown.																											
H2011	Indicates a Hasler qualifying race for 2011 / 2012 for the region shown.																											
01	13 Miles and 3 portages. Shepperton to Richmond K2s only																											
02	Runnymede to Teddington. 19 miles, 6 portages. Open to K1, K2, C1, C2																											
03	13.5 miles and 21 portages time trial. Great Bedwyn to Newbury.																											
04	14 miles and 14 portages time trial. Aldermaston to Reading.																											
05	18.5 miles and 23 portages time trial. Newbury circuit.																											
06	18 miles and 8 portages. Reading to Longridge																											
07	22.5 miles and 30 portages time trial. Pewsey to Newbury.																											
08	17 miles and 9 portages on canal/river. K1, C1, K2, C2 straight through/relay.																											
09	34.5 miles and 30 portages time trial. Devizes to Newbury.																											
10	125 miles including 54 miles canal, 54 miles Thames and 17 miles tideway with 76 portages. Non-stop for senior doubles. Junior doubles and singles race in 4 stages over 4 days.																											
11	18 miles + 3 portages downstream from Castle Donnington to Nottingham. For K2 and C2s only. Classes for seniors, juniors, U16s, men, women, mixed.																											
12	9 mile race. K1 & K2 veteran class races in divisions by age																											
13	Britain's longest non-stop K1 race: 95 mile circular canal race through the night on urban and rural canals. Classes for singles or doubles, non-stop or relay.																											
14	15 mile river descent for all boats.																											
15	20 mile time trial from Banbury Canoe Club to Aynho Wharf and back. May be raced as a relay team as well.																											
16	9.2 mile down river race with one sloping weir that may have to be portaged at high flow and 12 small rubble weirs shootable at any flow. No understern rudders, they will get broken. Buoyancy aids and helmets compulsory.																											
17	Challenging circuit race on open and exposed waters of the largest natural harbour in Europe. Open to all classes.																											
18	18 miles 9 portages Maidstone to Tonbridge.																											
19	27miles, 18 portages) Endeavour Tour: Wey Kayak Club to Farncombe and back. (11miles including 6 portages)																											
20	16 miles Odiham to Mytchett																											

C = Coach (Squad) M = Marathon Committee O = Official (Regattas) R = Race Organiser S = Sprint Committee T = Team Leader

AC1000	Acreman	Malcolm	POO	282 Rempstone Rd, Merley, Wimborne, Dorset, BH21 1SZ acremans533@btinternet.com	01202 841432	T
AD1588	Adventure Dolphin		PAN	Whitchurch Road, Pangbourne, Berks RG8 7DA ggoodchild@westberks.gov.uk	01189 843162	R
BA1485	Bates	Diane	ELM	11 Cranley Road, Walton-on-Thames, Surrey KT12 5BX diane.bates@dial.pipex.com	01932 244473	MO
BL1526	Blackman	Howard	BCU	howard.blackman@bcu.org.uk	07793 442585	S
BL1527	Blackman	Neil	SOR	Neil.Blackman@centurycomputing.co.uk		T
BL1601	Blakeborough	Adele	CHE	smelladele@hotmail.com	0151 334 0978	R
BL1014	Bland	Peter	ICF	4 Gibbs Close, Lower Moore, Pershore, Worcs WR10 2NQ	01386 861317	O
BL1013	Bland	Teresa	ICF	4 Gibbs Close, Lower Moore, Pershore, Worcs WR10 2NQ	01386 861317	O
BO1017	BOA Rowing & Canoeing Club		BOA	Barton Bridge, Pound Lane, Bradford-on-Avon BA15 1LF		R
BR1542	Bragg	Mark	SCA	The Heathers, Cammachmore, Aberdeen AB39 3NR markbragg_eng@yahoo.co.uk	01569 730204	R
BR1020	British Canoe Union		BCU	18 Market Place, Bingham, Notts NG13 8AP	0845 370 9500	
BR1021	Brooks	Martin	BCU	Loddon Lodge, 2 Highley Park, Netherton, Bridgnorth, Salop WV16 6NJ martin@brooks1912.fsworld.co.uk	01746 861813	O
BR1547	Brown	David	ELM	31 Severn Drive, Walton-on-Thames, Surrey KT12 3BH	07802 412528	S
BU1024	Burgoyne	Alan	HER	128 Grandstand Road, Westfields, Hereford HR4 9NR alanburgoyne@yahoo.co.uk	01432 270341	ORT
CA1029	Capps	Des	WIN	9 Mill Ride, Ascot, Berks SL5 8LE	01344 882778	T
CA1574	Carroll	Paul	BTH	Meadgate Cottage, Meadgate, Timsbury, Somerset BA2 0NQ Pauljohn@carroll2002.freereserve.co.uk	01761 479347	T
CA1543	Carter	Chris	HEM	chris.carter@cqc.org.uk	01923 460508	R
CA1544	Carter	S	NED	69 Stump Cross, Guisborough, Cleveland TS14 6NH	01287 639453	T
CH1415	Chalmers	Neil	SCA	neil@kinghorn.org.uk	07767 380274	R
CH1238	Chapman	Margaret	SCA	193 Binniehill Road, Balloch, Cumbernauld, Scotland G68 9JH mhckayaking@aol.com	01236 457081	R
CH1569	Churchill	Miranda	ROY	123 Granville Road, Southfields, London SW18 5SF miranda@thechurchills.co.uk	0208 874 7827	R
CL1307	Cleaver	Chris	MAD	39 Cavendish Road, Hazel Grove, Stockport, Cheshire SK7 6 HX chcleaver@tiscali.co.uk	01625 878838	R
CL1586	Clive	Louise	GAI	lousy.clive@btinternet.com	01902 783967	S
CO1484	Cox	Di	NOT	18 Covert Crescent, Radcliffe on Trent, Nottingham NG12 2HP	0115 910 9446	O
CO 1511	Cox	Stan	NOT	18 Covert Crescent, Radcliffe on Trent, Nottingham NG12 2HP	0115 910 9446	O
DA1528	Davies	Syd	WIN	10 Homers Road, Windsor, Berks SL4 5RG sydney.davies@btinternet.com	01753 861150	R
DO1510	Dodson	Andy	ADS	26 Warren Road, New Haw, Surrey KT15 3UA	01932 347695	T

C = Coach (Squad) M = Marathon Committee O = Official (Regattas) R = Race Organiser S = Sprint Committee T = Team Leader

DU1540	Duncan	Ken	BSF	2 Oudle Lane, Much Hadham, SG10 6DQ bsf11@yahoo.com		T
DW1513	DW Organisation Ltd			Wokingham Waterside Centre, Thames Valley Park Drive, Reading, Berks stuart_J_west@yahoo.co.uk	02076 200298	R
ED1551	Ede	Phil	RDG	207 Henley Road, Caversham, Reading RG4 6LJ ede_phil@yahoo.co.uk	0118 954 5308	T
EN1067	Enoch	David	NOT	102 Bingham Road, Radcliffe on Trent, Notts NG12 2GT david.enoch@gbc canoeing.org.uk	0115 933 2258	MR
EV1068	Evans	Janet	ROY	janetanddougdevans@btinternet.com	0208 397 4675	R
EV1604	Evans	Neil	MAD	neil.e.vans@clara.co.uk	0161 436 1086	R
FA1508	Farrell	Eric	BCU	Bankside, Towpath, Shepperton, Middx TW17 9LJ	07802 825530	C
FI1431	Fisher	Diana	HAS	14 St Matthews Gardens, St Leonards on Sea TN38 0TS diana.fisher@btconnect.com	01424 712879	RT
FL1418	Fleeson	Charles	ANK	44 Bronze Close, Nuneaton, Warks CV11 4YD chas.f@btinternet.com	02476 345938	RT
FL1530	Fletcher	Alan	LGW	19 Lovells Glen, Llinithgow, EH49 7HZ alan@spheating.org	01506 671105	RT
GA1594	Gage	Andrew	MAD	andrew.gage@gmail.com	07976282580	R
GA1074	Gandy	Brian	BAS	32 Florence Road, Fleet, Hants GU52 6LQ gandy@adslmail.newnet.co.uk	01252 622630	MR
GO1603	Goulden	Geoff	POO	Geoff.goulden@tesco.net	01202 658173	R
GR1078	Gray	Rosy	ICF	48 Willow Road, West Bridgford, Notts NG2 7AY colinrosy@talktalk.net	0115 923 4867	O
GR1593	Greenaway	Brian	FOY	bgreencanoe@aol.com	01208 812012	R
HA1514	Harding	Ollie	LON	12 Maidenhead Court Park, Maidenhead, Berks SL6 8HN ollieharding@mac.com	01628 626795	MORT
HA1328	Hardy	Mr & Mrs B		113 St Johns Ave, Kidderminster, Worcs DY11 6AX	01562 753597	O
HA1546	Harris	Steve	BCU	steve.harris@gbc canoeing.org.uk	07796 982277	C
HA1575	Hawthorn	Sue	WOR	Hop Kiln Cottage, Grit Lane, Malvern, Worcs WR14 1UR suehawthorn@btinternet.com	01886 833308	M
HA1595	Haynes	Chris	RIC	christopher haynes@sky.com	07885 891967	R
HE1602	Heeley	Mark	BRI	enquiries@bkra.org.uk		R
HE1089	Herbert	Tibor	RLS	4 Chiltern Leys, Coventry CV6 1BL	01203 592247	T
HI1515	Hinves	James	SOU	james.hinves@canoe-england.org.uk	07834 583369	MT
HO1230	Hoile	Ann	LBZ	24 Knaves Hill, Linslade, Leighton Buzzard, Beds LU7 7UD	01525 379921	OS
HO1587	Hoile	John	LBZ	24 Knaves Hill, Linslade, Leighton Buzzard, Beds LU7 7UD	01525 379921	OS
HO1385	Hornby	Suzy	BCU	sue.hornby@canoe-england.org.uk	0208 941 2714	

C = Coach (Squad) M = Marathon Committee O = Official (Regattas) R = Race Organiser S = Sprint Committee T = Team Leader

HU1094	Hughes	Phil	BCU	4 Lyndon Avenue, Long Eaton, Notts NG10 1AD pipkjhughes@rya-online.net	0115 849 2719	O
HU1427	Hutt	Jonathan	SCA	Wyndford House, Wyndford Lock, Castlecary, Bonnybridge FK4 2HW jonathan.hutt@btinternet.com	01324 849629	RT
JE1238	Jennison	Angela	KIN	26 Parcevali Drive, Kingswood, Hull, E Yorks, HU7 3EU angela@thejennisons.karoo.co.uk	01482 827836	RT
JO1100	Jones	Peter	SOL	peterjones@blueyonder.co.uk	0121 745 3415	
JO1101	Jones	Rowland	ICF	5 Fabricius Avenue, Droitwich, Worcs WR9 8RR rowland.kayak@virgin.net	01905 774828	O
JO1103	Jones	Steve	LBZ	8 Calder Gardens, Linslade, Leighton Buzzard, Beds LU7 7XE sljones@talk21.com	01525 374359	O
JO1487	Jones	Chris	LBZ	43 Rowley Furrows, Linslade, Leighton Buzzard, Beds LU7 2SF	01525 370970	T
KE1356	Kelly	Andrew	KEN	Millview, Grayrigg, Kenall, Cumbria LA8 9BU	01539 824634	T
KE1522	Kelly	David	ROY	drckelly@sky.com	01932 765242	R
KE1334	Kendrick	Viv	PAD	8 Yew Grove, Huddersfield, West Yorks HD4 5XG	01484 460154	T
KI1541	Kilbourn	Robert	NOR	60 Silver Road, Norwich NR3 4TU killbs@hotmail.co.uk	01603 618174	T
KI1104	Kinninmonth	Margaret	KIR	19 Forth Park Gardens, Kirkaldy, Fife KY2 5TD mhckayaking@aol.com	01592 205655	T
LA1107	Lawler	Di	ELM	93 Chertsey Lane, Staines, Middx TW18 3LQ	01784 454772	RO
LA1109	Lawler	Roland	ELM	diandroland2009@hotmail.com	0208 979 4993	MST
LA1110	Lawrenson	Bill	BUR	9 Malvern Street, Burton on Trent, Staffs DE15 9DY wjlawro@aol.com	01283 542324	RT
LA1111	Laws	Alan	ICF	4 Red Lion Street, Boston, Lincs PE21 6NY	01205 311344	MS
LE1506	LeRoux	Claudine	BCU	claudine.leroux@gbcanoeing.org.uk	07968 278845	C
LE1566	Lewis	Julie	RLS	julie.lewis@pulsefitness.com		R
LI1520	Lines	Rob	NOR	4 Barn Meadow, Trowse, Norwich NR14 8UB robline@yahoo.com	01603 619846	T
LY1116	Lyddiatt	David	MLO	The Hobbit, 6 Southside, Gerrards Cross, Bucks SL9 8NQ david@lyddiatt.plus.com	01753 887773	T
MA1533	Mackinnon	Steve	SCA	macksteve@btinternet.com	01667 404725	R
MA1560	Manson	Brian		Burley New, Kings Road, Blandford, Dorset DT11 7LB brian@burley-new.fsnet.co.uk	07764 167967	R
MA1503	Marnell	Stephen	RUN	36 Chatteris Park, Sandymoor, Runcorn, Cheshire WA7 1XE stephen.marnell@virgin.net	01928 579182	T
MA1534	Marshall	Derek	LGW	22 Kettilstoun Crescent, Linlithgow, EH49 6PR derek.marshall22@btinternet.com	01506 842546	R
MA1504	Martin	Sean	RIC	wjmartin@mac.com	07836 201551	R

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MA1505	Mason	Norman	NOT	Field House, Church Lane, Upper Broughton, Melton Mowbray, Leics LE14 3BC	01664 822536	R
MA1124	May	John	TRU	24 Trelawney Avenue, Treskerby, Redruth, Cornwall TR15 1RH g.j.may24@btinternet.com	01209 216943	RT
MC1563	McCarroll	Stuart	FOX	stuartmccarroll@hotmail.co.uk		RT
MC1571	McGown	Liz	ICF	PO Box 243, Whitstable, Kent CT5 1WH tolizm@yahoo.com	01227 265533	OS
MC1457	McKeever	Derek	BOA	14 Farleigh Wick, Bradford on Avon, Wilts BA15 2PU	01225 865392	T
MC1568	McLeod	Neil	SOU	10 Franklin Road, Twyford, Winchester, Hants SO21 1PB	07957 197840	R
MC1535	McMorrin	Brian	SCA	99 Pettycur Road, Kinghorn, Fife, KY3 9RP bmcmorrin@aol.com	01592 891481	R
MC1598	McMorrin	Colin	SCA	colin.mcmorrin@hotmail.com		R
ME1335	Medina	Julian	KKC	medina180@msn.com		R
MI1129	Millest	Andrew	MAD	1 Charnwood Close, Macclesfield, Cheshire SK10 3NR andrew_millest@hotmail.com	01625 619271	MR
MO1130	Moore	Dave	MAD	41 West Avenue, Rudheath, Northwich, Cheshire CW9 7ER sgurfiona@aol.com	01606 48917	RT
MO1132	Morley	Peter	WEY	17 Springfield Road, Guildford, Surrey GU1 4DW peter.c.morley@btinternet.com	01483 571996	ORT
MO1360	Moule	Mo	CLM	30 Hill View Road, Springfield, Chelmsford CM1 7RX mo@mouleclm.plus.com	01245 261073	RST
MO1371	Moule	Peter	CLM	30 Hill View Road, Springfield, Chelmsford CM1 7RX	01245 261073	OS
MU1134	Murray	Mr & Mrs B		4 Hawk Close, Whitestone, Nuneaton, Works CV11 6TG	02476 385846	O
MY1136	Mylett	Dave	LIN	61 Birchwood Avenue, Lincoln LN6 0JA lincoln.cc07@ntlworld.com	01522 685479	RT
NA1292	Nadal	Mick	NOT	8 Melton Grove, West Bridgford, Notts NG27NX nottinghamkayakclub@yahoo.co.uk	0115 9141824	T
NE1336	Neale	Clive	TON	9 Handel walk, Tonbridge, Kent TN10 4DG clive.neale@axa-ppp.co.uk	01732 361759	ORT
NE1138	Newman	Paul	MAI	20 The Rise, Hempstead, Gillingham, Kent ME7 3SS	01634 376420	T
NI1505	Nikonorov	Alex	BCU		0115 9822094	C
NU1142	Nutt	Kevin	EBC	123 South View Avenue, Caversham, Berks RG4 5BB	0118 948 1425	RT
OL1146	Oliver	Laurence	LIN	Cotswold, 48 High St., Reepham, Lincoln LN3 4DP	01522 751798	T
OR1365	Orford	Geoff	MAI	marathon@maidstonecanoedclub.net	01737 766435	R
PA1536	Parker	John	WOR	1 Riverlands, Astley Burf, Stourport, Worcester, DY13 0RZ john.parker@baggeridge.co.uk	01299 824344	T
PE1590	Pearce	Emma	FOY	emapearce@msn.com	01726 74951	R
PE1312	Pell	Shirley	GLS	309 Messingham Road, Scunthorpe, Lincs DN17 3QZ anthonypell@aol.com	01724 867341	RT
PE1317	Pendle	Dyson	NOR	11 Newton Close, Trowse, Norwich NR14 8TX	01603 622036	M

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PR1394	Prestwood	Bob	GAI	11 Girtton Road, Cannock, Staffs WS11 3EB	01543 579717	T
PR1242	Prestwood	Christine	GAI	gaileycc@aol.com	01543 579717	R
PR1545	Price	Stephen	SOR	saprice@postmaster.co.uk	07843 567976	R
RA1405	Rawson	Andy	RDG	9 Bramley Green Road, Bramley, Tadley, Hants RG26 5UE	01256 881162	M
RE1424	Reading CC		RDG	info@reading-canoe.org.uk	0118 947 7643	R
RE1599	Redmond	Cecile	SCA	cecile.redmond@motorola.com	01506 844522	R
RO1591	Roberts	Phil	TRE	Phil@trenthamcanoecub.co.uk	07776226559	RT
RO1581	Rogers	Cathy	VIK	tfg39@hotmail.com		R
RO1171	Rose	Paul	PLY	Plymouth College, Ford Park, Plymouth, Devon PL4 6RN	01752 203300	RT
RO1172	Rossiter	Jim	WEY	101 Whyteleafe Road, Caterham, Surrey CR3 5EJ	01883 346631	R
				jimrossiter@btinternet.com		
SC1495	Schofield	Chris	NOR	8 Highland Crescent, Trowse, Norwich NR14 8GA	01603 627722	R
				chris-schofield@live.com		
SC1179	Scottish Canoe Association		SCA	Caledonia House, South Gyle, Edinburgh EH12 9DQ		
SE1556	Seager	Mike		27 Ludlow Road, Church Stretton, Salop SY6 6AA	01694 724493	R
				mike.seager@tiscali.co.uk		
SH1570	Sharpe	Tom	EXE	8 Well Oak Park, Exeter, Devon EX2 5BB	01392 671194	R
				tom-sharpe@hotmail.com		
SH1475	Sheldrake	Mark	WAV	1 Malthouse Farm Cottages, Swainsthorpe, Norwich NR14 8PD	01508 471169	T
				marksheldrake@btopenworld.com		
SM1553	Smith	Howard	BAS	137 Ash Hill Road, Ash, Aldershot, Hants GU12 5DW	01252 341654	R
				howard@bridesmaid.org		
SM1600	Smith	Stuart	SCA	stuart.smith@canoescotland.com	0131 3177314	R
SM1539	Smythe	James	LEA	1 Crescent Lodge, 177 Crescent Road, New Barnet, Herts EN4 9RP	0208 440 5962	M
				james7270@sky.com		
ST1404	Stagg	Richard	CAM	165 Gilbert Road, Cambridge CB4 3PA	01223 503414	RT
				competition@cambridgecanoecub.org.uk		
SU1188	Sunderland	Keith	TRE	31 Java Crescent, Trentham, Stoke-on-Trent	01782 643355	O
SU1189	Sunderland	Neil	BCU	258 Park Road East, Calverton, Nottingham NG14 6GH	0115 9654963	O
SU1190	Sunderland	Neville	BCU	10 Heath Grove, Meir Heath, Stoke-on-Trent ST3 7JT	01782 399473	O
SW1548	Swallow	Melvin	CHE	25 Meadow Lane, Huntingdon, Chester CH3 6DQ	01244 314214	T
SW1446	Swallow	Sarah	CHE	sarah.swallow@talktalk.net	01244 314214	OR
TA1193	Tarback	Sharon	WOL	2 Mullett Road, Wednesfield, Wolverhampton WV11 1DD	01922 476646	RT
				sdltarback@talktalk.net		
TH1550	Thomas	Hilary	BAN	20 Colesbourne Road, Bloxham, Banbury OX15 4TB	01295 722934	T
TH1592	Thornton Brown	Matt	WOR	M. Thorntonbrown@btinternet	07734391591	S
TI1397	Tilford	Geoff	VIK	82 Whitworth Way, Wilstead, Bedfordshire MK45 3DY	01234 404136	T
				geoff.tilford@ntlworld.com		



ELMBRIDGE CANOE CLUB

INVITE YOU TO TAKE PART IN THEIR 2010 PROGRAMME

Details on www.elmbridgecanoeclub.org.uk

**Easter
Sunday
April 4th**

JUNIOR HALF MARATHON TIME TRIAL - K1 only
Boys and Girls Classes - under 12,13,14,15 & 16
Held on the Wey Navigation Canal,
Guildford to Weybridge 13 miles
Check the website for details of age records!

**Saturday
May 1st**

FUN REGATTA AND TIME TRIALS
200m and 500m K1 time trials and races
3000m K1 and K2 races
NEW FOR THIS YEAR - ROCKET K4 3000m
Crews can be made up on the day
Good introduction to sprint racing for all standards

**Sunday
October 3rd**

DIVISIONAL MARATHON
(LSE Hasler event for 2011)
Div. 1 & 2 – K1, Div. 3 – K2
Divisions 4 – 9 K1 & K2
Lightnings & Mini K2
Beginner's Race

Details from:

Di Lawler, Secretary, Elmbridge Canoe Club,
TEL: 01784-454772
Email: diandroland2009@hotmail.com
Or Diane Bates diane.bates@dial.pipex.com



ROYAL CANOE CLUB

The Clubhouse, Trowlock Way, Teddington, Middlesex, TW11 9QZ

RACE PROGRAMME 2010

WE HOPE TO SEE YOU AT ONE OR MORE OF OUR EVENTS

Sunday

14th March 2010

K1/K2 MARATHON

Runnymede to Teddington - approx 19 miles

Senior Men and Senior Women - K1

Senior Men and Senior Women - K2 Open

Mixed K2 Open

Junior Men and Junior Women K2 Open

(Separate prizes for Vets in K1, K2 and Mixed Open)

Canoe entries welcome

Note: No Junior K1 race in this event

Sunday

13th June 2009

DIVISIONAL MARATHON (LSE Hasler Event)

Division 1 & 2 – K1

Division 3 – K2

Saturday

10th July 2010

JUNIOR SPRINT REGATTA

200M and 500M K1 Time Trials and Races

2000M Races in K1 - if time permits

Lightnings very welcome.

Saturday

2nd October 2010

PADDLING CHALLENGE – 10K Race.

This is the 136th year for this event.

Separate Ladies Cup Race.

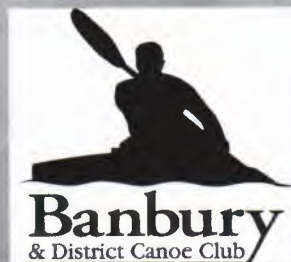
Masters Race as well as Junior and Lightnings.

K1s and Lightnings only.

For further details please visit our website - www.royalcanoeclub.com

Banbury and District Canoe Club Cropredy, Nr Banbury Oxfordshire

www.banburycanoe.org.uk



Banbury Marathon

Sunday October 31st 2010

Details from Graham Warland. Phone 01295 256130

9 Woodhall Drive, Banbury, Oxon. OX16 9TY

E-mail: graham.warland@virgin.net

(Supporting the Myeloma Cancer Trust).



Ross Warland Memorial Canal Challenge.

Sunday 28th November 2010

Start: Banbury Canoe Club, Cropredy (5 miles north of Banbury).

Turn Nell Bridge, Aynho Lock.

Finish: Banbury Canoe Club, Cropredy.

Distance: 20 miles, 12 portages.

Classes

K1 full distance (20 miles)

K2 full distance (20 miles).

K1 relay teams. No more than 4 paddlers per team.

K2 relay teams. Two pairs per team.

Details from Graham Warland. Phone 01295 256130

9 Woodhall Drive, Banbury, Oxon. OX16 9TY

E-mail: graham.warland@virgin.net

(Supporting the CLIC Sargent Cancer Trust)



**Club website will also hold the details
www.banburycanoe.org.uk**

DRUGS AND DISEASES

For an up-to-date version of the BCU's anti-doping policy please visit their website

<http://www.bcu.org.uk/our-sport/athlete-information-and-funding/anti-doping-drug-free-sport/>

LEPTOSPIROSIS AND THE CANOEIST

Leptospirosis

This is an animal infection, but after recovery the animal continues to excrete the organisms in the urine. These survive for days or even weeks in moist conditions, but for only a few hours in salt water. Humans catch the infection by direct contact with the urine or the urine polluted environment. Bacteria enter through skin abrasions or via the eyes, nose or mouth.

The illness

The usual incubation is 7 to 12 days. Normally 'flu-like illness occurs which resolves in 2 -3 weeks. There may be fever, severe headache, pains in the back and calves and prostration. A few cases develop jaundice, when the condition is known as Weil's disease. Although death may occur in about 15% of the jaundiced patients, death without jaundice is virtually unknown. Antibiotics during the first few days may help to limit the infection. Many cases recover without specific treatment.

What to do

If you think you may have the infection, go to your doctor and tell him or her that there may be a risk of Leptospirosis. The diagnosis is by clinical suspicion. Blood tests can rarely confirm the illness in time to affect treatment, though they may subsequently confirm it. The microbiologist at your local hospital is the best source of advice.

Prevention

1. Cover all cuts and abrasions with waterproof plasters
2. Always wear footwear to avoid cutting the feet.
3. Avoid capsizing drill or rolling practice in inland waters.
4. Shower as soon as possible after canoeing.
5. If in doubt, consult your doctor early.

Remember that simple precautions can reduce your risk.

PADDLESAFE

The BCU is committed to ensuring that all children and vulnerable adults enjoy paddlesport in a safe environment in which they are protected from any form of poor practice or abuse. We continue to work towards and maintain the standards set for sport and to implement the requirements set within government guidelines and legislation.

Everyone in Paddlesport has a responsibility to help to safeguard and protect children and vulnerable adults – whether it is an administrator, club official, coach, parent, friend or children themselves. This can be a daunting prospect – and to support everyone involved in our sport to apply these principals the BCU has developed a range of child protection policies and procedures. These child protection procedures stem from the following principles:

- the child's welfare is paramount
- anyone under the age of 18 is classed as a child
- All children, regardless of age, any disability they have, gender, racial origin, religious belief and sexual identity have a right to be protected from abuse.
- Coaches, clubs and centres need to be provided with advice to raise awareness of best practice and guidance and support should they become involved in an abuse situation.

All our policies and documents to support those working with young people can be easily found on each home nation website. Alternatively, contact your Home Nation if you would like further information or are unable to access the internet. We know that if the procedures are to help to protect children, everyone involved in Paddlesport needs to see and discuss them. We are, therefore, asking club Secretaries/Welfare Officer to make sure that they are widely distributed and discussed at club executive and general meetings.

Child Protection Support Officer - While the welfare of young people is the BCU's first consideration, we recognize that coaches, volunteers and helpers may also require support if an allegation is made against them. In these cases individuals should contact the BCU Child Protection Support Officer whose role is to listen, support, help and provide advice. (Contact details below) They will not be involved in the case and will be completely independent of the investigation.

Event Management - In 2009 we updated our Safe Events guidance sheet. Event organisers should take note that there is a requirement to provide a Welfare Officer at all events where children are participating.

Good Practice Guidelines

By following these guidelines you will help to protect both the children/vulnerable adult in our sport and our coaches/helpers from wrongful allegations.

- Avoid situations where you are alone with one child/vulnerable adult. The BCU acknowledges that occasionally there may be no alternative, for example, where a child/vulnerable adult falls ill and has to be taken home. We would stress, however, that one to one contact must not be allowed to occur on a regular basis.
- If any form of physical support is required ask the paddler's permission, explain what you are doing and why to both the child/vulnerable adult and their parents/carers.
- Where possible ask parents/carers to be responsible for children/vulnerable adults in changing rooms. Always ensure that whoever supervises young people work in pairs.

PADDLESAFE

- Where there are mixed teams/groups away from home, they should always be accompanied by an adult male and female coach/helper.
- Don't allow physically rough or sexually provocative games, or inappropriate talking or touching.
- If it's necessary to do things of a personal nature for children/vulnerable adult, make sure you have another adult accompanying you. Get the consent of the parent/carer and if possible the child/vulnerable adult. Let them know what you are doing and why.
- Ensure that any claims of abuse by a child/vulnerable adult are taken seriously and that it is dealt with by people who know what to do.
- Ensure that the nature and intensity of training does not exceed the capacity of a child's/vulnerable adult immature growing body and ability.
- Follow the BCU guidelines for photography and video use (see reference sheet 'Guidelines for use of Photographic and Filming Equipment')

Ensure your club adheres to the BCU best practice guidelines and requirements with particular reference to:

- The BCU Code of Ethics.
- The BCU Child Protection Policy and Vulnerable Adults Policy
- Safe recruitment practices and the requirements for coaches /helpers to have undergone enhanced disclosure relevant to their home nation.
- Individuals undertake training when working with children and vulnerable adults.
- Club Welfare Officers attend specific training to support their role (Time to Listen workshop)
- Publicise your club Welfare/Child Protection Officer contact details
- Publicise the NSPCC Child Protection Helpline

IMPORTANT CONTACTS

24 Hour Child Protection Contact Number

Mobile 0777 570 7364 Email childprotection@bcu.org.uk

BCU Child Protection Lead Officer

Mike Devlin – 0845 370 9514

BCU Child Protection Support Officer

(For coaches, volunteers and staff who have received an allegation against them)
Nigel Timmins 017684 80084

BCU Criminal Records Disclosure

Maria Winfield Tel 0845 370 9503

NSPCC CHILD PROTECTION HELPLINE Tel 0800 800 5000

CHILDLINE Tel 0800 1111

PADDLE-ABILITY

The BCU are keen to encourage and support anyone with a disability to participate in competitions. Below are some of the opportunities available in sprint racing.

Sprint Regattas – Paddle-Ability events are held at National Regattas in Nottingham from April to September. Racing is based on ability (in time bands) and boats, equipment and coaching can be provided.

The International Canoe Federation (ICF) have recently adopted the term Paracanoe for international canoeing competitions for Disabled paddlers. Paracanoe Sprint races are currently included in European and World Sprint Championships with races for kayak and va'a (outrigger canoes).

GB Paracanoe Team. Selection to represent GB at International Paracanoe events will be based on the ICF disability classifications* and classes. Athletes, who wish to be considered for selection must meet the GB Canoeing eligibility selection criteria, be willing to be assessed and able to use the boats which meet the ICF regulations.

Selection will be based on results from the 2010 national regatta series and will take into consideration any health issues.

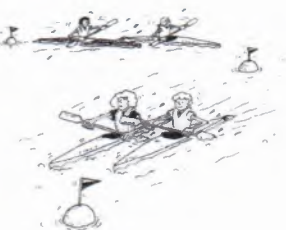
Further details of the selection procedures for 2010 will be available at the April regatta and from the BCU website.

*ICF classifications are Leg Trunk Arms (LTA), Trunk Arms (TA) and Arms (A).

THE MINI SPRINT SERIES 2010

The Mini Sprint Series is run alongside the National Sprint Regattas held at Holme Pierrepont in Nottingham during May, June, July and September.

The Mini Sprint series has been specifically developed to suit the needs of young people who have chosen this discipline at this time. It is part of the Paddlesport foundation which helps them progress into whichever discipline they may eventually choose. The programme has taken into account that full sized K1s, K2s and K4s are too large for young people. Together, the Canoe England's Paddlesport Participation Programme and the BCU Sprint Racing Committee have formed the Mini Sprint Series which has evolved from the Lightning series which was originally only a K1 event.



The aim of the series is:

- To introduce young paddlers to the venue.
- To develop experience of sprint competition at a national event.
- To develop teamwork.
- To have the opportunity to develop paddling skills/speed through organised activities.
- To become motivated to progress through the main classes.
- To meet and make friends with paddlers from other clubs.
- **To enjoy, have fun and become confident sprint paddlers.**

The series has been developed over the years as a weekend event involving coaching activities and racing.

Some changes have been made for 2010 and these are shown in bold.

The paddlers will compete over 500 metres in Lightning K1, Mini K2 and Rocket K4 with heats and finals, run and timed on the main regatta course.

All entries will be made by the club's Team Leader - there will be no separate mini sprint team leaders' meeting.

The cost is now per seat; late entry fee will apply, exactly as in other junior paddling categories.

Changes have been made to the times of A and B mini sprint categories.

Coaching will be offered, differentiated for A and B, so that all paddlers will be able to enjoy and benefit from the activities.

Coaching but **no racing in Canadian Canoes** will be included in the weekend.

Only Lightning Kayaks are to be paddled in the K1 events.

Clubs who own Hody K2s should bring them to ensure everyone can paddle in the correct category.

MINI SPRINT CUP

Regatta dates are as follows:

Points will be awarded for each event, with double points for the Inter Club event in July.

8 th / 9 th May	Regatta Nottingham
5 th / 6 th June	Regatta Nottingham
3 rd / 4 th July	Inter Club Regatta Nottingham
4 th / 5 th September	Mini Sprint Cup Finals - Open & National Championships Nottingham

THE MINI SPRINT SERIES 2010

MINI SPRINT CUP RULES 2010: Points are accumulated at each nominated event leading to a final at the September Regatta. The Mini Sprint Cup includes overall prizes for both male and females in each category and overall club prize. Details are as follows:

Entry Conditions

To enter the Mini Sprint Series the young people must be over 9 and under 12 on 1st January 2010, (Year of birth 2000 – 1998) have achieved at least Paddle Power Discover standard and must be able to paddle a K1 Lightning over 500m in less than 4 minutes.

Categories

A – For those who can complete 500m in under 3m 30secs

B – For those who complete 500m between 3m 30secs and 4m

Entries

All entry fees are per seat and will be taken with the main regatta entries-see Team Leader's section.

Events

May, June and July, with the Finals at the September Regatta 2010

Points scoring:

All National winners (individual) are awarded points on the same system - 2 best regatta scores added to their Mini Sprint Inter Clubs score.

Points scored will count towards the team & individual event.

National Regattas (May, June, September): in K1, K2 and K4.

1st place scores 10 points, 2nd place scores 9 points etc. down to 10th place where everyone after that scores 1 point. The total number of points scored across K1, K2 and K4 will be added together to determine the results at each regatta. For the K2/K4 races the same points scoring system will be used i.e. the winning crew will receive 10 points each.

Inter Clubs Regatta (July): in K1, K2 and K4

1st place scores 20 points, 2nd place scores 19 points etc. down to 20th place where everyone after that scores 1 point. The total number of points scored across K1, K2 and K4 will be added together to determine the results. For the K2/K4 races the same points scoring system will be used i.e. the winning crew will receive 20 points each.

Team event:

The points scoring system is based on each club's best 2 regatta results. The scores are added to their Mini Sprint Inter Clubs points score.

Promotions:

Promotion from Mini Sprint Category B to A will be based on K1 500m times.

Promotion into Boys D and Girls D is based on normal regatta entry guidelines. See Standards chart on page D1.

Prizes:

Tiddly Winks will be awarded for 1st, 2nd & 3rd places in the K1 final1 of each category and for the three fastest K2/K4 crews in each category within the Mini Sprint series.

Medals will be awarded to the overall series winners 1st, 2nd, 3rd and the Mini Sprint Cup will be awarded to the overall series winning Club/Team.

All participants will be awarded a Certificate at prize giving.

SPRINT RACING REGULATIONS AND ADMINISTRATION

Chairman's Foreword

It's here in case you've been living in a cave, 2010 has arrived! It seems like it was only a few weeks ago that I compiled the foreword for the 2009 handbook.

Post the games, we seemed to have entered a period of change; some of our top athletes moving on and new athletes moving in - continuing the cycle of progress. Coaches also have come and gone, but we are still here and I thank you for that.

The ICF has changed some of the international racing distances and classes, so where does this leave us? Well, it gives us a challenge folks, and we all need challenges to excel. Whether it is achieving a new time standard as an athlete, to progress onto the next rung of the paddling ladder or, in the role of a supporter, coaching, transporting or running the club, your contribution is invaluable. Please continue to keep up your good work.

Lots of talk is directed to 2012 but we need to be ready before that. In 2011 there will be a test event to check the racing infrastructure which is also our chance to test ourselves and check that we are on course. So, to repeat myself, please keep up your good work.

Are you our next Olympic athlete, or their supporter, I hope so!

Peter Moule
Chairman SRC

National Regattas' Saturday evenings Entertainment and a meal

This year, on the Saturday evenings of a BCU Sprint Racing National Regatta you will not have to leave the NWSC to find somewhere to relax and refuel.

The NWSC in conjunction with the BCU SRC will be making available a themed evening of entertainment along with a special menu at a fixed price (£6.25) in the Regatta Bar

*A selection of hot food will be available from 18.30pm until 21.00 pm.
Entertainment will be provided courtesy of the SRC*

Please note that the Main Centre Servery will close at 18.30 pm on Saturdays.

We hope that you have a successful 2010 race season.

SPRINT RACING REGULATIONS AND ADMINISTRATION SPRINT RACING COMMITTEE

Peter Moule	Chairman	MO1371
Alan Laws	Vice-Chairman, Flatwater Newsletter, Competition Representative English Council	LA1111
Cathy Wynne	Secretary bcu.srcsecretary@yahoo.co.uk	WY1222
Mo Moule	Treasurer Representative Canoe England Coaching Council	MO1360
David Brown	Publicity	BR1547
Louise Clive		CL1586
Ann Hoile	Paddler's Post Editor	HO1230
John Hoile		HO1587
Roland Lawler	International Panel (Selection Committee)	LA1109
Liz McGown		MC1571
Alan Williams	National Performance Manager	WI1215
Gordon Wycherley	Regatta Committee Chairman	WY1483
Howard Blackman	Co-opted for 2010	BL1526
Matt Thornton Brown	Media Publicity Co-opted for 2010	TH1592

REGATTA COMMITTEE

Gordon Wycherley	Chairman	WY1483
Martin Brooks	Treasurer	BR1021
Peter Morley	Regatta Organiser Registration & Club Colours peter.c.morley@btinternet.com	MO1132
Designated ICF Sprint Official	Chief Official	

SPRINT RACING REGULATIONS AND ADMINISTRATION

These regulations are bound to the Articles of Association of the British Canoe Union. ("BCU") and were approved by the Board of the BCU ("Board") in December 2004.

1. Title

- 1.1 The Committee shall be called the BCU Sprint Racing Committee.

2. Objectives

- 2.1 The Committee interests itself in all matters arising out of and in connection with canoe and kayak sprint racing in Great Britain. Sprint racing is held over distances up to and including 5000 metres on racing courses which are designed to be as flat and still as possible.
- 2.2 The Committee's objectives are to encourage club, regional, national and international sprint races.
- 2.3 Its primary responsibilities are: -
 - (a) To organise and conduct National Championships and other competitions on behalf of the BCU.
 - (b) To set and publish competition rules and make recommendations for the conduct of national and regional regattas.
 - (c) To give advice, guidance, and encouragement to sponsors of sprint racing in Great Britain.
 - (d) To select, train and administer teams representing Great Britain in international events.
 - (e) To select, train and administer teams representing England in international events.
 - (f) To train competition officials.
 - (g) To develop good coaching within regions and clubs.
 - (h) To maintain disciplinary regulations.
 - (i) To act as final authority in disputes, protests and appeals with regard to sprint racing rules and competitions.

3. Committee

- 3.1 The Committee shall comprise up to 12 persons, being Full Individual Members of the BCU. This total shall include the Chairman, Secretary and Treasurer but does not include national delegates, co-opted members or the representative from the Regional Development Teams.
- 3.2 Members of the Committee shall serve for approximately two years and shall be eligible to stand for re-election at alternate Annual Consultative Meetings. One half of the elected members shall retire at each Annual Consultative Meeting.
- 3.3 The Chairman of the Committee shall be elected at the Annual Consultative Meeting and shall serve until the next Annual Consultative Meeting and be eligible to stand for re-election.
- 3.4 Persons who are employees of the BCU or National Associations may serve as members of the Committee with the consent of the Board.
- 3.5 The Committee shall appoint from within their membership (including co-opted members), a Secretary, a Treasurer and such other officers the Committee considers necessary for its administration and representation on other committees.
- 3.6 The Chairman has a seat on the World Class Management Group and the Committee shall appoint a representative to sit on the Sports Management Committee (SMC).
- 3.7 One representative of the sprint racing representatives on the English Regional Development Teams shall be entitled to attend meetings of the Committee as a non-voting member.

4. Co-options

- 4.1 Committee may co-opt not more than three Full Individual Members to serve on the Committee until the next Annual Consultative Meeting. Co-opted members shall have the

SPRINT RACING REGULATIONS AND ADMINISTRATION

same voting rights as other Committee members.

5. Nominations

- 5.1 Nominations of candidates for election at the Annual Consultative Meeting shall be made to the Secretary of the Committee in writing supported by the signatures of two Full Individual Members of the BCU and must reach the Secretary by 1st August prior to the Annual Consultative Meeting.

6. Proceedings of the Committee

- 6.1 The Committee shall meet at least twice in each calendar year and shall report to the SMC, which in turn shall report to the Board.
- 6.2 At least seven days notice of meetings shall be given in writing (by post, email or fax) to all members of the Committee.
- 6.3 The Secretary shall keep minutes of the proceedings of the Committee and of the Annual Consultative Meeting. Copies of the minutes shall be sent to the SMC. Copies of the agenda and minutes shall be sent to the regional sprint racing representatives.
- 6.4 Six of the members entitled to attend and vote at a meeting shall form a quorum of the Committee. Voting shall be by show of hands only and each member shall have one vote.
- 6.5 The Treasurer shall keep such books of account as the Board and the Committee may from time to time direct. The accounts of the Committee shall be submitted annually to the SMC, made up to 31 October. Approved costs of members attending meetings shall be paid.

7. General Meetings

- 7.1 The Annual Consultative Meeting shall be held during the final National Regatta of the season which is usually in September.
- 7.2 At least 21 clear days' notice of the date, time and place of General Meetings shall be given to each affiliated club that has registered its interest in sprint racing with the Committee. Clubs register an interest by competing at any national or regional regatta in the period since the last Annual Consultative Meeting. The agenda for a General Meeting, details of the business to be discussed at the meeting and of the persons nominated for election shall accompany the notice of meeting.
- 7.3 The business of the Annual Consultative Meeting shall be:
- (a) to receive the report of the Chairman;
 - (b) to receive a summary statement of accounts;
 - (c) to elect persons nominated to serve on the Committee, including the Chairman.
 - (d) to consider any items included in the notice of meeting. Any conclusions reached on such items shall stand as recommendations for further consideration by the Committee.
- 7.4 Only business notified in the notice of meeting shall be transacted.
- 7.5 Any item for the agenda at the Annual Consultative Meeting shall be submitted to the Secretary of the Committee in writing supported by the signatures of two Full Individual Members of the BCU and must reach the Secretary by 1st August prior to the Annual Consultative Meeting. Other items may be discussed at the discretion of the Chairman.
- 7.6 No business shall be transacted at any General Meeting unless a quorum of members is present at the time the meeting proceeds to do business. A quorum shall be eight Voting Members.
- 7.7 The Chairman of the Committee shall preside at General Meetings. If the Chairman is known to be unable to attend or if he remains absent 30 minutes after the scheduled start time of the meeting, the voting members present may choose a voting member to take the chair.
- 7.8 "Voting Member" means any club or organisation affiliated to the BCU who participate in and have registered an interest in sprint racing. Each voting member represented at a General

SPRINT RACING REGULATIONS AND ADMINISTRATION

Meeting by a Full Individual Member shall be entitled to one vote.

- 7.9 The Chairman shall not be entitled to vote other than when a casting vote is required.
- 7.10 Voting shall be by a show of hands unless two or more voting members are present or the Chairman requests a poll.
- 7.11 A General Meeting may be called at any time at the discretion of the Committee or by notice in writing to the Secretary by not less than 10 voting members. Such notice must state in the form of a motion the business to be discussed and be signed on behalf of the voting members. The Committee shall convene a General Meeting within 60 days of receipt of such notice.
- 8. Sub-committees**
- 8.1 The Committee may, with the prior approval of the SMC, appoint a sub-committee, standing or otherwise, for a specific period and with a specific brief. The Committee shall appoint one of its number to chair the sub-committee and all members shall be Full Individual Members of the BCUC. The Committee shall supervise and be responsible to SMC for the work of its sub-committees and shall fund its sub-committees from within its set approved budget.
- 9. Financial Budget**
- 9.1 The Committee shall set a specific annual budget each year for approval by the SMC.
- 10. Trophies**
- 10.1 The Committee shall approve the list of trophies which are the property of the committee and are awarded each year. The Committee shall also determine and publish the basis for competition for these trophies.
- 11. National Championships**
- 11.1 Each year the Committee shall organise or nominate a National Championship Regatta.
 - a) This regatta shall include races for the majority of the National Championship classes and distances.
 - b) Any National Championship races not included in the National Championships Regatta shall be included in the other National Sprint Regattas held that season.
 - c) The winners of the classes shall be considered the National Sprint Racing Champions in their respective classes

SPRINT RACING

BCU SPRINT RACING COMPETITION RULES

Issue date: 1 January 2010

Introduction

The purpose of this document is to provide the Rules that govern:

- a) Sprint Racing (named Canoe Sprint by the International Canoe Federation)
- b) The conduct of that Racing

It follows as closely as possible the wording and sequence the International Canoe Federation Canoe Sprint Competition Rules taking effect from 1st January 2009. However, it also contains some additional regulations or changes to those rules as determined from time to time by the BCU Sprint Racing Committee.

The following words, acronyms and abbreviations are referred to in this document:

BCU British Canoe Union (the Governing Body for Canoeing in Great Britain)

BOA British Olympic Association (the National Olympic Committee for Great Britain)

ICF International Canoe Federation

IOC International Olympic Committee

NOC National Olympic Committee

SRS Sprint Racing Section of the BCU (responsible to the BCU for the control of Sprint Racing competitions in canoes and kayaks over distances up to and including 5000 metres)

SRC Sprint Racing Committee (elected by the Sprint Racing Section to carry out the objectives of the Section on a day-to-day basis).

RC Regatta Committee (a sub-committee of the SRC responsible for organising and conducting National Championships and other competitions on behalf of the BCU)

Aims and Definition of Sprint Racing

The aim of a canoe race competition is for people to race each other in kayaks and canoes over a clearly defined unobstructed course in the shortest possible time according to the rules. The course should be as flat and still as can be obtained. Although the course length may be any distance up to and including 5,000 metres and competition organised for any craft, the official events and distances recognised by the BCU and ICF are the following:

For men and women: K1, K2, K4, C1, C2, C4 200, 500 and 1000 metres

K1, K2, K4, C1, C2 5000 metres but only 2500 for some Junior events

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Part I - GENERAL REGULATIONS

There are three levels of competition: - International, National Status and Club.

1. International Competitions

- 1.1** The ICF has ruled that all International Competitions must take place in accordance with the ICF Canoe Sprint Competition Rules. All competitions organised by either the BCU or a BCU Club are considered international if competitors of a foreign country are invited to participate.
- 1.2** These competitions must be supervised or managed by at least one accredited official in possession of a valid ICF Canoe Sprint Official card.

1.3 Foreign Nationals

- 1.3.1** No member of a foreign Federation or club may compete or be invited to compete in an open or national competition within the United Kingdom without permission from the SRC.
- 1.3.2** Only the members of clubs or associations affiliated with an ICF Member Federation have the right to participate in an international competition.
- 1.3.3** A competitor is always allowed to take part individually in an international competition but must in each case obtain special permission from his/her national federation.
- 1.3.4** A competitor may take part on behalf of the BCU provided they are domiciled in the UK, if he/she obtains the authorisation of his/her Federation of origin. This authorisation has to be sent before 30th November prior to the year concerned to the ICF Headquarters with a copy to the Chairman of the ICF Canoe Sprint Committee.
- 1.3.5** If he/she has lived for 2 (two) years or more in the UK, the approval of his/her Federation of origin is no longer required.
- 1.3.6** A competitor may not compete for more than one Federation in any calendar year in the sport of canoeing. This rule does not apply in the case of a competitor who leaves his/her country of origin to marry and live in another country. He/she can, in this case compete for his/her new Federation without awaiting the delay of 2 years.

2. National Status Competitions

- 2.1** All competitions announced as National Status competitions shall be held in accordance with the Sprint Racing Competition Rules of the BCU.
- 2.2** National Status Competitions are those at which promotions within the National Divisions take place.
- 2.3** National Status Competitions are organised on behalf of the BCU.
- 2.4** All competitors at National Status Competitions must be registered with the RC and must be BCU members or, if racing in a Junior "D" class, a member of a club which has a registered youth section and is affiliated to the BCU.

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- 2.5 Organisers of National Status Competitions shall declare that the competition is being held under BCU rules.
- 2.6 National Status Competitions require a permit from the SRC. Application for a Regatta permit shall be directed to the Secretary of the SRC. Such a permit shall require:
 - a) Observance of the BCU Sprint Racing Competition Rules.
 - b) Inclusion the words "Under BCU Rules" on all printed matter issued in connection with the competition.
 - c) Compliance with Part III Rule 13.5 regarding Regatta Officials.
- 2.7 National Status Competitions will be included in the official BCU Calendar of events.
- 2.8 Within 14 days of the close of a competition a completed regatta programme with results and signed by the Competition Secretary shall be sent to the Secretary of the SRC.

3. Club Regattas

- 3.1 BCU members are allowed to participate with non BCU members.
- 3.2 No promotions will be made at Club Regattas. Performance will not affect National Ranking.
- 3.3 The Rules and Classes may be altered to suit Club requirements.
- 3.4 Organisers of Club Regattas may advertise their events in the Racing Hand Book on payment of the appropriate fee.
- 3.5 Organisers are asked to encourage all who take part to become BCU members. Where fees are charged, BCU members should be charged a reduced fee.
- 3.6 To ensure uniformity, organisers are asked to follow the BCU Sprint Racing Competition Rules as far as possible.
- 3.7 Organisers are asked to make it clear in all literature what the events and rules will be.
- 3.8 A booklet 'Organising a Club Regatta' will be available.

4. Competing outside of the United Kingdom

No Club or member of a Club or individual member of the BCU may compete outside the United Kingdom without permission from the SRC. See Rules 1.3.2 to 1.3.6, which are also the rules of the ICF and apply to all Member Federations.

5. Membership of more than one club or change of club

When a competitor is a member of two or more clubs he shall, by March 1st have declared the name of the club in whose colours he will race that year in individual events. A person joining a second club after March 1st must continue to race for his first club. A competitor who has changed his club is not permitted to race for his new club, unless prior consent of his old club has been obtained. The consent shall not be withheld in the case of a change of residence from one area to another.

6. Athlete Eligibility and Sponsorships

The rules of the International Canoe Federation or the National Olympic Committee shall apply to all matters relating to Amateur Status. At present there are no regulations specific to Amateur Status other than as broadly listed in 6.2.

6.1 Foreign Teams

Foreign Teams may receive compensation/assistance authorised by the BCU to cover financial expense to participate in an UK competition. Under no circumstances shall any payment exceed the sum of actual expenditure.

6.2 A Canoeist/Competitor may not:

- a) In the practice of sport and in the opinion of the BCU manifestly contravene the spirit of fair play in the exercise of sport, particularly by the use of doping or violence.
- b) Have allowed his person, name, picture or sport performance to be used for advertising, except when the BCU or its Committees enter into a contract for sponsorship or equipment. All payments must be made to the BCU and not to the individual. (See also 6.6.2)
- c) Participate in any competition on condition of a financial consideration.

6.3 A Canoeist/Competitor may:

Accept, during a period of preparation and/or actual competition which shall be limited by the rules of the BCU and its Committees:

- a) Assistance administered through the BOA or the BCU World Class Performance Programme:

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- living expenses, insurance cover in respect of accidents, illness and disability; personal property, sports equipment and clothing; cost of medical treatment, physiotherapy and authorised coaches.
- b) Compensation authorised by his or her NOC or the BCU World Class Performance Programme, in the case of necessity, to cover financial loss resulting from his or her absence from work or basic occupation in the Olympic Games and sports competition or other canoeing activities. In no circumstances shall payment made under this provision exceed the sum which the competitor would have earned in the same period. The compensation may be paid with the approval of the BCU or the BOA at their discretion.
 - c) Accept prizes won in competition or other canoeing activities, within the rules established by the BCU and its Committees and the ICF.
- 6.4 In all cases which are not covered by the above regulations (6.2 and 6.3), the corresponding rules of the ICF or the BOA shall apply.
- 6.5 Procedures To Be Undertaken By Those Seeking, Obtaining, and Disbursing Sponsorships, Sports Scholarships and Awards.**
- 6.5.1 Details of all personal sponsorship arrangements, sports sponsorships and other awards, offered to or negotiated by individuals or organisations, must be submitted by beneficiaries to the BCU Committee responsible for administering the particular activity, for registration and approval. When doubt exists regarding the appropriate Committee to whom information should be furnished, BCU Headquarters will arrange for the necessary action to be undertaken.
 - 6.5.2 A central registry of all personal sponsorship arrangements will be maintained by the BCU Headquarters, and will be available for inspection by authorised officers of the BCU.
 - 6.5.3 The term "personal sponsorship arrangements negotiated by beneficiaries" shall include: Payments made to athletes selected through the UK Sport Performance Matrix and administrated by the BCU Performance Director. Sponsorship provided by individuals (not family), commercial, industrial, and public authorities, National and Regional Sports Aid Foundations, Local Authorities, Trust Funds, Educational Institutions and agencies, Clubs and other miscellaneous supportive groups.
- 6.6 Advertising on Boats and Equipment**
- 6.6.1 Advertising of any tobacco, tobacco related products or strong spirit drinks on boats or equipment is not permitted by the BCU.
 - 6.6.2 The IOC and the Olympic Charter regulate use of athlete images during the period of the Olympic Games. Except as permitted by the IOC Executive Board, no competitor who participates in the Olympic Games may allow his person, name, picture or sports performance to be used for advertising during the Olympic Games except where:
 - a) The NOC of the athlete has given its express prior written consent to each such use, and
 - b) That, in any event, such use is not in relation to the athlete's performance at such Games.
- 7. Classification of Paddlers**
- 7.1 **Junior:** A Junior is a competitor under 18 years of age at the beginning of the current calendar year. A Junior will have junior racing status unless promoted to senior racing status. Each Junior status competitor will be nominated to compete in one of the Junior classes as laid down from time to time by the SRC. Juniors who have Senior status may race in the appropriate Junior class for National Championship events.
 - 7.2 **Senior:** A Senior is a competitor who is over 18 years of age at the beginning of the calendar year, and will have Senior racing status. Each Senior status competitor will be nominated to compete in one of the Senior Classes as laid down from time to time by the SRC.
 - 7.3 **Master (Veteran):** The first year a Master can compete is the year that his or her thirty-fifth (35th) birthday falls in, provided that he or she is not already nominated to compete in Men's A or Women's A.
 - 7.4 **Promotions:** Entry to and promotion between classes will be at the discretion of the SRC and will be based on results gained in competition at regatta venues nominated by the SRC. A competitor may, at the discretion of the SRC, be permitted to revert to a lower class at the end of a regatta season.
 - 7.5 **Mixed Events:** Mixed events where male and female competitors take part in the same boat are permitted.
 - 7.6 **Status:** Status in Kayaks has no bearing on status in Canadian Canoes and the converse i.e. a premier Senior Class competitor in Canadian Canoes may be a lower Senior Class in Kayak.

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- 7.7 **Special Rules for Kayak and Canadian Fours:** Senior status competitors may not compete in fours events of a lower senior class than that for which they are nominated as individuals. Senior Class competitors may be members of fours crews competing in higher senior classes than their own without losing their individual Senior Class status. a win in a fours event does not affect the status of the members of the crew.

8. **National Championship Entries:**
Entries for these events shall be restricted to British Nationals who are members of the BCU. Aliens resident in Great Britain for at least two years may be permitted to enter for a National Championship event. There is no time restriction in the case of men/women competitors who conform to the conditions contained in Rule 1.3.6.

Part II - CLASSES AND BUILDING REGULATIONS

9. **Limitations**

K1	K2	K4	C1	C2	C4	
520	650	1100	520	650	900	max.length
12	18	30	16	20	30	min.weight
Measurements in cm - Weights in kg						

10. **Trademarks**
Boats, accessories and clothing may carry trademarks, advertising symbols and written text. All advertising material should be placed in such a way that it does not interfere with competitors' identification and does not affect the outcome of the race. The advertising of tobacco smoking and strong spirit drinks will not be accepted.
N.B. These rules do not apply to the Olympic Games where there are specific limitations. See 7.5 of the ICF Canoe Sprint Competition Rules.
Any boat, accessory, or article of clothing, which does not comply with the above conditions, will be ineligible for use during a competition. Teams and competitors are responsible for their own equipment.

11. **Construction**
The boat must be constructed so that it remains buoyant when filled with water.
- 11.1 **The Hull**
Section and longitudinal lines of the hull of the kayak and canoe shall not be concave (only horizontal and vertical).
- 11.2 **The Deck**
The deck construction may not be higher on any horizontal point than the highest point of the front edge of the first cockpit.
- 11.3 No foreign substance may be added to boats which give competitors an unfair advantage.
- 11.3.1 No part if the boat (including the seat and the footrest) may have moving parts which can be used to help propel the boat in a way which would give competitors an unfair advantage (existing moving seat systems already in use are accepted).
- 11.4 It is forbidden for the boat or the competitor to be equipped with any device which would give the competitor any advantage in any way during competition.

Kayaks

- 11.5 Boats may have one rudder. Over-stern rudders may not be thicker than 10mm for K1 and K2, or 12mm for a K4.
The boat to be designed as to be a sit-in (Kayak type) not a sit-on (Surf Ski type).

Canoes

- 11.6 The canoe must be built symmetrically upon the axis of its length.
Steering rudders or any guiding apparatus directing the course of the canoe is banned. A keel, if any, must be straight, shall extend over the whole length of the canoe and not project more

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than 30mm below the hull.

The C1 and C2 may be entirely open. The minimum length of the opening shall be 280cm and the edge of the side of the craft (gunwale) can extend maximum 5cm into the craft along the whole defined opening. The boat can have maximum three strengthening bars with a width of 7cm each.

The C4 canoe may be entirely open. The minimum length of the opening shall be 390cm and the edge of the side of the craft (gunwale) can extend maximum 6cm into the craft along the defined opening. The boat can have maximum four strengthening bars with a width of maximum 7cm each.

- 11.7 The competitors are responsible to ensure the boats conform to the technical requirements for the competitions.

Innovations

- 11.8 Significant innovations in equipment including, but not limited to, boats, related equipment and clothing, must meet the requirements and conditions contained in 8.7 of the ICF Canoe Sprint Racing Rules.

12. Boat Control

- 12.1 The length of a kayak or a canoe shall be measured between the extremes of the stem and the stern. Stem-bands or other projections of the stem or stern, if any, are to be included. Any rudder forming a continuation of the length of a kayak is not to be included in the measurement.
- 12.2 No alterations in canoes and kayaks are permitted after the measuring and weighing and before the competition has taken place.

Before Weighing the Boat:

- 12.3 All loose outfit shall be removed. Permanent knee rests attached in a definitive way to the floorboard and buoyancy attachments consisting of water absorbing material must be absolutely dry at the first weighing prior to the race. Three or more boats according to the decision of the Competition Committee and on a random system shall be recontrolled immediately after the race.

Part III - ORGANISATION OF COMPETITIONS

13. Officials

13.1 Duties of the Organising Committee

An Organising Committee is responsible for the preparation and running of the competition.

The Organising Committee shall, in particular:

1. Fix the date and the programme of the regatta in agreement with the SRC.
2. Draw up and distribute the advance programme including the date and time of the team leaders' meeting.
3. Make available a stretch of water and technical equipment conforming to the present Competition Racing Rules.

13.2 Competition Committee

The competition is to be managed by a Competition Committee consisting of:

- 1) Chief Official
- 2) Chief Judge
- 3) Deputy Chief Judge

For status competitions two members of the competition committee must be registered Regatta Officials of the BCU Sprint Racing Committee.

For an international regatta two members of the Competition Committee must be in possession of a valid International Canoe Sprint Official card.

13.3 The Competition Committee must:

- a) Organise and supervise the competition.
- b) In the event of inclement weather or other unforeseen circumstances which make it impossible to carry out the competition, postpone the competition and decide on another time when it may be held.
- c) Hear any protests that may be made and settle any disputes that may arise.
- d) Decide matters concerning disqualification in cases where the regulations are broken during a race.
- e) Should a competitor be injured during a heat, the Committee may allow him to participate in another heat.

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- f) The decision of the Committee shall be based on the BCU Sprint Racing Competition Rules.
 - g) Penalties in accordance with the BCU Rules or the SRC Disciplinary Regulations may also be imposed i.e. disqualification for a longer period than the duration of the competition in question.
 - h) Before any decision is made regarding any infraction of the rules, hear the opinion of the Umpire who controlled the race in which the infraction was said to have occurred. The Committee is to seek the opinion of other officials supervising the race, if it is felt to be of importance in clearing up the alleged offence.
- 13.4 If its nature and extent demand, each competition shall be held under the supervision of the following officials:

Chief Official	Aligner(s)
Chief Judge	Starter(s)
Deputy Chief Judge	Course Umpire(s)
Competition Manager	Turning Point Umpire(s)
Boat Controllers	Finish Line Judge(s)
Announcer	Media Officer

If circumstances permit, one person may function in two of the above positions.

- 13.5 The Chief Official, Chief Judge, Competition Manager, Starter, Umpires, should, if possible, be registered BCU Officials.
- 13.6 Unauthorised persons must not enter any official's area unless the Competition Committee or the Jury send for officials or team officials in order to solve problems.
- 13.7 **The Competition Jury:**
- a) Final authority for National Championship Competitions shall rest with a Jury composed of a Chairman and four members.
 - b) The members of the Jury shall be appointed by a quorum of the SRC prior to the commencement of the competition. (In the event of a quorum not being present, the Chairman, Vice Chairman, or another official of the SRC and two Committee members may appoint the Jury).
 - c) The Chairman of the Jury will be the Chairman or Vice-Chairman of the SRC or an elected SRC member.
 - d) Subordinate to this Jury are the Chief Official and other officials shown in Rule 13.2.
 - e) A protest made during the competition must be handed to the Competition Committee not later than 20 minutes after publication of the results.
 - f) An appeal against a decision of the Competition Committee must be addressed to the Chairman of the Jury and handed in not later than 20 minutes after the Team Leader has been informed, in writing by the Chairman of the Competition Committee, of the decision against the competitor or crew and has signed the receipt.
 - g) The decision of the Jury is final.

13.8 Duties of Officials

- 13.8.1 **The Chief Official**, who is also the Chairman of the Competition Committee, decides all matters arising during the actual contest, which is not dealt with in these rules. *With the confirmation of the Competition Committee, he may disqualify any competitor who behaves improperly or who, by his conduct or speech, shows contempt towards the competition officials, other competitors or onlookers (see Rule 31.7). All officials are responsible to the Chief Official.*

- 13.8.2 **The Chief Judge** cooperates with the Chief Official and he/she substitutes for the Chief Official in case of necessity.

- 13.8.3 **The Deputy Chief Judge** will closely cooperate with the Chief Official and the Competition Manager and will handle the administrative tasks of the competition. He will collect the notes from the Team Leaders of the participating teams/clubs on the changes before the beginning of the Team Leaders' meeting and put them in order according to the races. At the meeting, he/she will record all changes announced by the Chief Official in his own programme. If necessary, he/she will check the personal identification documents of the competitors and their age. He will collect the forms necessary for the administration and any other means necessary for the secretariat. In case of computer data processing, he/she will keep in contact with the responsible IT

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person.

During the competition he/she will check the results race by race and will prepare the list of the boats qualified in the next round.

He will formulate the decisions of the Competition Committee passed on the subject-matter of any protest and will arrange to have it recorded in the minutes. He/she is responsible for the accuracy of the minutes. To perform the written tasks the Deputy Chief Judge can employ a Competition Secretary, assistants and office staff as necessary.

- 13.8.4 **The Competition Manager** will keep in constant contact with the organisers to solve any problems that may arise during the competition. He/she supervises the races and is responsible for ensuring that the programme is followed without unnecessary delay. He/she shall inform the officials concerned punctually before a new race starts. He/she has to deal also with the good function of the competition administration of the races, (programme, drawings, results, technical documents, boat control, press, protests, etc.) He/she shall make certain that the announcer gives all the necessary information about the races such as the start order, the name of any competitor failing to start and the results.
- 13.8.5 **The Boat Controller/s** will only allow athletes to compete at the race, whose identification has been checked and whose boat, equipment, clothing, starting number and body number conform to the rules. They will also check for any performance enhancing foreign substance on the boat any forbidden devices mention in rule 11. The Official in charge must inform the Competition Committee in the case of missing boats. The competitors having passed the control are entered in a written report. Should any of the boats not fulfil the requirements concerning classification (rules 9 to 12), they shall be excluded from the competition. The organisers will provide for this purpose certified weighing and measuring devices. Standard checking procedures will be applied. At least three boats are to be selected at random from the participants in the races for boat control after the finish.
- 13.8.6 **The Starter** decides all questions concerning the start of the races, and is solely responsible for decisions as to false starts. His/her decision is final. He/she shall see that the starting equipment is in good working order. He/she shall communicate with the Competition Committee and after having received a signal from them that all is ready, he/she shall order the competitors to their places and carry out the start according to the Racing Rules. It is the responsibility of the Starter to be satisfied that the circumstances at the start are free from any hindrance.
- 13.8.7 **The Aligner** the duty of the aligner is to bring the boats to the starting line with the least possible delay.
If an automatic starting system is in use the aligners will be positioned in two separate boats behind the starting line. They will have an unobstructed view inside the system's boots (starting gates).
When all boats are aligned and completely inside the boots the aligner will raise a white flag signifying to the starter that they are in position to start. When the boats are not in the boots the aligner shall raise a red flag.
If there is no automatic starting system the aligners may be positioned on pontoons on the water or on shore beside the course and their duties will be to check the competitor's attire and the competition number on the back and the number of the boats. When all boats are aligned he shall notify the starter by raising a white flag.
- 13.8.8 **The Course Umpire** shall see to it that during a race the rules are complied with. If the rules are broken, the Umpire shall report immediately the infraction to the Competition Committee.
- a) The Competition Committee shall decide whether any of the competitors concerned shall be disqualified or not. If the Umpire has a report of an infraction of the rules he/she shall show a red flag after the race and shall make a report before the Umpire's next race takes place. In such a case, the Competition Committee shall make known its decision immediately and before the result of the race is announced.
 - b) If there is no infraction to report, the Umpire shall show a white flag.
 - c) In races of 1,000 metres, the Umpire shall follow the race in a motorboat.
In races of 200 metres, the Umpire(s) shall not follow the race. One or two Course Umpires positioned before the start line. One or two Course Umpires positioned behind the finish line.
For the 500 metre races, either system as used for the 1000m or the 200m may be adopted for the Course Umpires to do their task. The Chief Official will decide on the most appropriate system to be used, based on his/her opinion of the course features.

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The Course Umpire can follow and judge the race also from the Finish Tower as instructed by the Chief Official.

- d) He shall be completely unhampered during the race. No one except the Umpire and the driver shall be admitted to the boat reserved for him.
 - e) In long distance races with many competitors, more than one Umpire will be nominated. One of the Umpires shall, if possible, follow the leading group in the race, but without disturbing the other competitors.
 - f) In case of hindrances the Course Umpire must stop the competition passing all boats in the race and waving the red flag or using a sound signal until all boats have stopped paddling. After this all boats shall return to the start. The Course Umpire shall report immediately the infraction to the Competition Committee.
 - g) When a motorboat is not used, one or more Umpires shall be placed in such positions from which they can ensure that the rules are being complied with.
- 13.8.9 The Turning Point Umpires** when a race is run along a course with one or more turning points, one or more Umpires and one recorder must be stationed at every turning point, where they gain the best view of the turn.
- a) The Turning Point Umpire shall see that the competitors turn according to the rules. The recorder shall make a list of all who pass the turning point.
 - b) Immediately after the race, the Turning Point Umpire shall report to the Competition Committee as to who has turned and if any infraction of the rules has taken place.
- 13.8.10 The Finishing Line Judges** decide the order in which the competitors passed the finishing line. The order of the boats arriving at the finishing line will be decided by Photo Finish if a Photo Finish System is used.
- The position of the competitors in the boat will be recorded with video camera at the time of arriving at the finish line. The Chief Finish Judge will decide with the recording whether the competitor was in his/her boat upon arriving or not and report it to the Competition Committee.
- When there is no Photo Finish System, the Finishing Line Judges decide the order in which the competitors have passed the finishing line. The Judges shall be placed in a position where all lanes at the finish line can be clearly seen.
- If the Judges differ regarding the placing of two or more competitors, a simple majority shall decide the dispute, in the absence of Photo Finish. In the case of equal voting, the Chief Finish Judge has the casting vote.
- When there is no Photo Finish, the Finishing Line Judges are responsible for recording the times. This shall be done by means of stopwatches or suitable electronic equipment.
- It is the responsibility of the Chief Finish Line Judge to ensure that the timing equipment is working correctly. The Chief Finish Line Judge shall divide the work amongst the timekeepers.
- At the end of each race, he shall compare the official times with the other finish line judges and immediately inform the Chief Official of them.
- Each race shall be timed by at least two watches. When the watches have not recorded the same time, the longest (worst) time shall be taken as correct. The stopwatches are to be started when the electronic or optical signal from the start is received.
- When a Photo Finish is used the result determined by the Finish Line Judges shall be compared with it, with the photo finish being decisive. Video films are not a substitute for photo finish.
- 13.8.11 The Announcer** shall, on the instructions of the Competition Manager, announce the start of each race, the order of the starting and the position of the competitors during the race. After the race is finished, he/she will announce the results.
- 13.8.12 The Media Officer** must supply all the necessary information to the representatives of the press, radio and television about the race and its progress. He/she is authorised therefore to ask for information from the different officials who must procure for him/her as soon as possible the copies from the official results.
- 13.8.13** It is the Officials' obligation to perform their tasks in conformity with the Racing Rules.
- Every judge will have the obligation to check whether all means and equipment necessary to perform his/her tasks are guaranteed. In the event any shortcoming is found, it must be reported to the Chief Official or Competition Manager.
- Unauthorised persons must not enter any Officials' area unless the Competition Committee or the Jury send for officials or team officials in order to solve problems.

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14. Invitations

An invitation to an Open Regatta shall contain the following information:

- a) Time and place of the regatta.
- b) Situation and plan of the course.
- c) Classes and distance of the races.
- d) Sequence and starting times of races.
- e) Whether the races are to be held on still or running water, up or down stream.
- f) Amount of entry fee.
- g) Address to which entries should be sent and the final date for receiving entries. This date shall not be earlier than 14 days prior to the first day of the competition.
- h) Conditions/terms of participation

15. Entries

Entries for Open Regattas can only be made in accordance with the regulations given in the invitation. An entry shall, however, always contain the following information:

- a) Name and address of competitor or crew.
- b) Name of club to which competitor or crew belongs.
- c) Classes and distances in which the competitor or crew propose to compete.
- d) Similar details of reserves if any.
- e) The Racing Registration number of each competitor, member of the crew or reserves.
- f) All entries should be in writing (Letter, Fax, Email, Telegram, Telex, etc). Where verbal communication is used, it must also be confirmed in writing by the given deadline (midnight on the due date). In the event of conflicting information, the information with letterhead and/or signature will take precedence.
- g) Late entries shall not normally be accepted. The acceptance of late entries shall be at the discretion of the Competition Committee who may charge up to double the entry fee.

15.1 Racing Colours

When making the entries, Clubs must give the colours of the clothing worn by the competitors and these colours must not be changed during the competition. **N.B.** Every racing club must register their racing colours with the RC (and any changes thereto). All competitors from a club must wear the correct colours at all times.

16. Heats and Finals

- 16.1 At least three kayaks or canoes must be entered before a race can be held. If the number of entries in race up to and including 1,000 metres is so great that heats are necessary, the number of kayaks or canoes in each heat and in the final must not exceed nine (9).

- 16.2 The division of competitors into heats shall be determined by drawing lots.

- 16.3 Where the width of the course permits, eight or nine kayaks or canoes shall participate in the final if more than this number has been entered in the entire race, as follows:

3 to 9 entries	Direct final.
10 to 18 entries	Two heats, three from each to final A, 4/7 (+ 8th best time if possible) to one semi-final and from the semi-final three first to final A
19 to 27 entries	3 heats, 1 from each to final A, 2nd to 7th to the semi-finals, rest out Two semi-finals three first to final A. 4th to 7th (+ 8th best time if possible) to final B
over 27 entries	Required number of heats and semi-finals. By three semi-finals first three from each of the semi-finals to final A and 4th to 6th to final B By four semi-finals first 2 (+ 3rd best time if possible) to final A and 3rd and 4th (- 3rd best time) + 2 best next time to final B

- 16.3.1 A B final will only be held when there are more than 18 boats in that particular event and a C final when more than 36 boats in that particular event.

- 16.4 When making the draw, the difference between the number of competitors in the heats of the race shall not exceed one. If the number of competitors in the heats varies, the earlier heats shall have the largest numbers.

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- 16.5 Any crew which has not taken part in a heat as instructed shall not be allowed to compete in the final.
- 16.6 The composition of a crew which has qualified for semi-finals or for the final must not be changed. Heats and the final shall be run on the same stretch of water.
- 16.7 For races of more than 1,000 metres, heats shall not be held, and all boats taking part shall start simultaneously.
- 16.8 Should the width of water not permit a simultaneous start, starts at regular intervals shall be permitted.
- 16.9 The procedure for selecting competitors to race in finals will be on the basis of one of two criteria: either times or positions obtained in heats. The criterion used for each event will be decided by the SRC and published in advance of the event.

17. **Acceptance of Entries**

- 17.1 Confirmation that the entry has been accepted, together with notification of the result of the draw and time of events, shall be sent to the entrant on written request by him and on production by the entrant to the Competition Organiser of a "stamped addressed" envelope.
- 17.2 The Organising Committee will accept the entries in conformity with the conditions/terms of participation. Therefore the Organising Committee can reject or delete the entry of the participants who fail to observe the conditions/terms of participation.

18. **Team Leaders' Meeting**

At least 2 hours before the first race of the competition (12 hours for an International Competition), the team leaders' meeting is to be held. At this meeting the names of team leaders should be advised. The organisers will describe the regatta course and all other arrangements, which should be adhered to for the duration of the competition. The Chief Official will describe the competition programme and ask for any changes to the entries.

19. **Alterations to Entries and Withdrawals**

- 19.1 Any competitor named in the final entry or at the Team Leaders Meeting may substitute for any other in the given type of racing (kayak men, kayak ladies, canoe men). Notification of alterations in the entries must be given in written form to the Chief Official at least one hour before the first race of the morning or afternoon session.
- 19.2 The withdrawal from a race is considered final and no renewed entry of the same crew is allowed.
- 19.3 Every competitor whose entry has been confirmed by his own club, at the time of the meeting of the team leaders, called for this purpose, is obliged to take part in the due event. The refunding of entry fees for entries withdrawn not less than 24 hours before the competition is at the discretion of the Competition Committee.

20. **Alterations in the sequence of events**

The sequence of races given in the programme and the intervals between races as given in the racing programme are binding on the organisers. Alterations cannot be made unless the respective Team Managers at the competition give their consent.

21. **Courses**

Marking Signs

- 21.1 For National Championships and where possible for other competitions the turning points shall be marked by at least six flags (or buoys) which shall be readily distinguishable and shall, if possible be diagonally divided with one half in red and the other half in yellow.
- 21.2 Both the start and the finishing lines shall be marked with red flags or buoys, at the points where these lines intersect the outer limits of the course.

Layout

- 21.3 Before the start of the races the racing course shall be measured and marked by means of clearly visible flags mounted on buoys.
 - a) The course at the start shall permit a clear width where possible, of at least 5 metres for each boat.
 - b) For National Championships the starting and finishing lines shall be at right angles to the course.

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- c) The finishing line shall be at least 45 metres long and be marked by two flags. The Finishing Line Judges must be placed as near to the finishing line as possible.
- d) For National Championship races up to 1,000 metres, the course must be straight and in one direction.
- 21.4 For races exceeding 1,000 metres turning points are permitted. For National Championship races exceeding 1,000 metres the following conditions should be fulfilled, if possible:
 - a) The distance between the starting line and the first flag of the first turning point (1st leg) shall be straight and at least 1,859.25 metres.
 - b) The distance between the last flag of the first turning point and the first flag of the second turning point (2nd leg) shall be straight and maximum 1759.25 metres.
 - c) The distance between the last flag of the second turning point and the first flag of the third turning point (3rd leg) shall be a maximum of 500 metres.
 - d) The specifications of all other stretches shall be in accordance with point "c".
 - e) The radius of each turn should, if possible be at least 40.5 metres.
 - f) Both the start and the end of the race shall be in front of the Finishing Tower.
 - g) The red flags of the finish line shall be placed as much to the outside possible in order to get the widest feasible finish line.
 - h) Any starting pontoons for the 500 metre races are to be removed.
- 21.5 For competitions, including the National Championships, these conditions should be complied with, unless a special dispensation for the course has been obtained from the SRC through the Secretary.
- 22. **Canoe Numbers**
All kayaks and canoes shall carry a vertical number plate made of non-transparent material marked with black numbers on white background (for Internationals) or yellow background indicating the lane. The numbers on the plate must measure 15 cm in height and 25 mm in thickness. The plates shall be placed on the centre line of the aft deck or bar. The approximate size of the number plate shall be 18 x 20 cm.
The personal numbers provided by the organisers shall be placed on the back of the competitor only.
- 23. **Instructions for Competitors**
Written instructions shall be available for competitors 2 hours before the start of the competition, containing the following information:
 - a) Detailed information on the courses and their markings
 - b) Starting time
 - c) Starting line
 - d) Finishing line
 - e) Competitors racing number
 - f) Type of boat control

Part IV - RACING REGULATIONS

- 24. **Means of Propulsion**
 - 24.1 Kayaks shall be propelled solely by means of double-bladed paddles.
 - 24.2 Canadian Canoes shall be propelled solely by means of single-bladed paddles.
 - 24.3 The paddles may not be fixed on the boat in any way.
 - 24.4 If a paddle is broken a competitor may not be provided with a new one by a supporter.
- 25. **Start**
 - 25.1 Lots shall be drawn to determinate in the heats the lanes of boats at the start. Number one shall be on the left, then number two and so on. *When there is television coverage of an event, the lane numbering may be in the opposite direction – from right to left, so that the list of competitors and their lanes shown on the television screen match the appearance of the races to be televised.*
 - 25.2 In competitions where heats are required, lots must be drawn separately for each heat.
 - 25.3 Competitors shall be on the water at the starting area, not less than five minutes prior to the specified time of their race. The starting area is defined as being the area of water within 100 metres before the starting line.

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Two minutes before the defined starting time the competing boats have to take the lane determined in the programme.

- 25.4 Competitors shall be at the starting area in time to allow satisfactory preparation for the start.
- 25.5.1 The start shall be given without reference to absentees.
- 25.5.2 If the competitor does not start, and has no valid reason approved by the Competition Committee, he shall be disqualified for the whole regatta. A competitor, who arrives too late at the start, shall be considered to have voluntarily withdrawn and shall be disqualified under this rule.
- 25.6 When signalled by the Starter, the competitor will take the start position designated so that the bow of the boat is on the start line. In case of an automatic starting system the competitor will place himself/herself so that the bow of the boat is on the start line and thus in the start machine.
- 25.7 Boats must be stationary.
- 25.8 If the Starter is not satisfied with the line-up he/she will call "STOP", and hand over to the Aligner for repositioning.
- 25.9 After the order "START WITHIN TEN SECONDS" the starting signal is a strong sound (or shot). Between the order "START WITHIN TEN SECONDS" and the starting signal competitors must not paddle. In this period paddling ahead before the starting signal is considered a false start. The boat placed on the starting line must not move before the start. Competitors must only react to the start signal and are not permitted to anticipate it. The competitors can paddle only upon hearing the starting signal.
- 25.10 In the event of a false start, the Starter must immediately give a powerful sound signal. On hearing this signal all competitors must stop paddling and follow the Starter's instructions for a new start. Before the new start, the Starter must identify the offending crew/s making the false start and give them a warning. In the event of a second false start by the same crew the boat will be disqualified from the race and must leave the starting area and the course immediately.
- 25.11 The Starter may also recall competitors for a new start in the event of any unforeseen circumstance – a malfunction of the starting equipment for example. In such a case the same powerful sound signal must be given. If a malfunction of the starting equipment was caused through a boat making a false start, as in 25.9 the crew must be given a warning, as in 25.10, even though that boat may not have crossed the start line. If the malfunction was not the cause of any competitor making a false start, no penalty shall be imposed.
- 25.12 The Starter will start the race when he/she is satisfied that everything meets with his/her approval. He/she will make a written report on any false start and forward it to the Chief Official.
- 25.13 In the long distance races the starter shall declare "START WITHIN ONE MINUTE" when he is satisfied he will give the starting signal by a shot or a short powerful sound. The Starter will start the race when he/she is satisfied that everything meets with his/her approval. He/she will make a written report on any false start and forward it to the Chief Official.
26. **Paddling on the Course**
- 26.1 In races up to 1000 metres, competitors must keep the whole of their boat within the four-metre wide central area of their lane from the start to the finish of the course. Upon any deviation, the boat must go back immediately to this central area of the lane. No boat must come nearer than five metres in any direction to the boat of another competitor – that is, gunwale to gunwale or bow to stern.
- 26.2 If a boat leaves the centre of the lane and does not return to it, the boat may be disqualified from the event.
- 26.3 A boat which leaves its allocated lane must be disqualified from the event.
- 26.4 If a race is declared null and void, no change of the composition of a crew is permitted at the new start.
- 26.5 If there is a capsized the competitor or crew is eliminated from the race.
- 26.6 The Umpire has the right to interrupt a correctly started race if unforeseen hindrances arise. The course Umpires with a red flag and sound signal may effect such an interruption. Competitors must immediately stop paddling and await further instructions.
- 26.7 If a paddle is broken a competitor may not be provided with a new one by a supporter.

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27. Pacing

- 27.1 Taking pace or receiving assistance from boats not in the race or by any other means is not permitted.
- 27.2 When a race is in progress crews not taking part in the race are strictly forbidden to proceed over whole or part of the course, even outside the marking buoys.

28. Long Distance Competitions

- 28.1 Races of more than 1,000 metres, competitors may deviate from their lane providing they do not impede other competitors.
- 28.2 When a race is run on a course with turning points these shall be passed to port (i.e. in an anti-clockwise direction).
- 28.3 A competitor will not be disqualified for touching a turning buoy, unless, in the opinion of the Turning Point Umpires, an advantage has been gained there from. In making a turn, the boat shall follow as closely as possible the course as marked by the buoys at the turning points.
- 28.4 If there is a capsized competitor or crew is eliminated from the race if he/she or they are not able to get in the boat without outside help.
- 28.5 Any competitor who is responsible for a collision or who damages the canoe or kayak or paddle of another can be disqualified and can be required to pay damages.
- 28.6 When going around a turning point, the competitor on the outer course must leave room for the competitor on the inner course if that competitor has the bow of his boat at least level with the front edge of the cockpit of the boat on the outer course. With respect to K2 and K4, this refers to the fore-cockpit. With respect to C1, it refers to the level of the competitor's body, and for C2 it refers to the level of the body of the foremost member of the crew.
- 28.7 When a canoe or kayak is overtaking another canoe or kayak in a race, it is the duty of the overtaking craft to keep clear at all times of the boat being overtaken.
- 28.8 On the other hand, the craft being overtaken must not alter its course to make difficulties for the overtaking craft.

29. Finish

- 29.1 The boat has finished the race when its bow crosses the finish line with all crew members in it. The Finish Line Judges will determine the result of the competition based on the order of the boats arriving according to the rules.
- 29.2 If two or more boats reach the finishing line at the same time they are awarded the same classification in the final. In the case of a dead heat finish for any position, which determines the advance to the next level of the competition the following rules will apply:
 - a) Wherever there are sufficient number of lanes available in the next level of the competitions, drawing of lots will determine to which race each boat will advance. If possible it may use also lane number 10.
 - b) Wherever there are not enough lanes available there will be a re-race between the boats involved 30 minutes after the race (and for International Competitions after the last race of the day, or half day programme)
 - c) In the case of a dead heat in the re-race, drawing of lots will determine the outcome.

30. Tasks of Competitors after the Race

- 30.1 The competitor must leave the course after the finish of the race and cannot disturb the next race.
- 30.2 The crews selected by the Competition Committee for boat control must immediately contact the place allocated for the post race boat control.
- 30.3 If selected for doping control, the competitor must comply with the obligations stipulated by the BCU Anti-Doping policy.
- 30.4 Before the award ceremony the top three crews of the final must be present at the location and time indicated.
- 30.5 At National Championships the competitors must wear club, team or squad Racing Colours or Tracksuit at the award ceremony, as may be stipulated by the Organising Committee or SRC.

31. Disqualifications

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- 31.1 Any competitor who attempts to win a race by any other than honourable means, who breaks the Racing Regulations, or who disregards the honourable nature of the Racing Regulations, shall be disqualified for the duration of the race concerned.
- 31.2 Should a competitor have completed a race in a kayak or canoe which is shown upon inspection not to conform with the classifications (see Rules 9-12), he/she shall be disqualified from the race in question.
- 31.3 It is prohibited to receive external assistance during a race.
- 31.4 No crew may be accompanied along and adjacent to the racecourse by other boats while the race is in progress.
- 31.5 No crew may receive assistance by using objects thrown into the course.
- Any of the above infractions will result in the disqualification of the competitor(s) concerned.
- 31.6 All disqualifications by the Competition Committee have to be confirmed in writing immediately with the reasons. The Team Leader has to acknowledge the receipt on a copy with the exact time, which is the start of the protest time.
Failure to deliver the copy confirmation of the disqualification to the team leader does not invalidate the disqualification.
- 31.7 The Competition Committee may discipline any competitor or Official whose behaviour is detrimental to the good order and conduct of the competition. The Competition Committee may after repeated action by the offender disqualify him/her for that competition.

32 **Protests**

- 32.1 A protest against a crew to compete in a race shall be advised to a member of the Competition Committee not later than one hour before the start of the race. A protest made later - within 30 days from the date when the race in question was held is only permitted if the officials of the club of the competitor making the protest can prove that the facts on which the protest is based came to their knowledge later than one hour before the start of the race.
- 32.2 A late protest shall be referred to the SRC accompanied by the prescribed fee (see below).
A protest made during the competition must be handed to the Competition Committee not later than 20 minutes after publication of the results.
- 32.3 A protest made during a competition must be addressed to the Competition Committee not later than 20 minutes after the Team Leader has been informed on the decision against his/her competitor or team and has signed the receipt.
- 32.4 All protests must be made in writing and be accompanied by a fee of £5.00 (International Competitions £15.00 or 25 Euros). The fee will be refunded if the protest is upheld. *If the protest is not upheld the fee may not be refunded, at the discretion of the Competition Committee or SRC hearing the protest.*
- 32.5 When a protest or a report is made against an athlete or a team, the team leader of the athlete/team in question shall be presented with the protest or report to read.

33 **Appeals**

Competitors have the right to appeal to the SRC through their club or team management against a decision of the Competition Committee, within 30 days from the date when the race was held. In the case of National Championship Competitions the appeal must be made to the Competition Jury in accordance with Rule 13.7. A fee of £15.00 shall accompany the appeal. The fee will be refunded if the appeal is upheld. The BCU SRC (or Jury in the case of a National Championship) shall pronounce the final decision.

Part V - SPECIAL RULES FOR NATIONAL CHAMPIONSHIP EVENTS

- 34. Only members of the BCU who qualify under Rule 8 may participate in National Championship events. The only exceptions to this rule are those exempted under Rule 1.3.
- 35. All canoes and kayaks must comply with the classes and building rules as laid down in Part II of these rules.
- 36. Officials: Fully in accordance with Rules 13.1 to 13.4.
- 37. Competition Committee: Fully in accordance with Rule 13.2 and 13.3.
- 38. Competition Jury: Fully in accordance with Rules 13.7, 32 and 33.

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39. Marking signs: In accordance with Rule 21.
40. Courses: In accordance with Rule 21.
41. Disqualifications: In accordance with Rule 31.
42. Heats and Finals:
In the event of there being fewer than three boats in a National Championship event then no medals will be awarded. If three boats are in an event then only a Gold Medal will be awarded. If four or more boats are in an event then Gold, Silver & Bronze medals will be awarded.

Notes to the BCU Sprint Racing Competition Rules

Races Exceeding 1,000 Metres at the National Water Sports Centre Nottingham, Rules 21.4 and 21.5

Because of limitations at the National Water Sports Centre - mainly the start pontoon being fixed for the Start of two 5000 metre and one 2500 metre events - it is not possible to comply with the Rule and provide the three courses required. The 2nd leg under the Rule is 47.75 metres too long. The requirements given in the Rule are those of the ICF, which the BCU must shadow in its own Rules.

Long Distance Courses at the National Water Sports Centre, approved by the SRC

To provide flexibility there are four turning points with the start and finish of the turns as follows:

1. 10 metres beyond the finish line
2. 450 metres from the finish line
3. 1123 metres from the finish line
4. 1796 metres from the finish line.

International Rules Course - 1 long lap + 1 short lap

(Avoiding pontoons at 500 metres which would need to be parked as far back as possible)

- | | |
|--|----------------|
| a) Between the start line and first flag of the first turning point = | 1902.25 metres |
| b) Between the last flag of first turn and first flag of second turn = | 1806.00 |
| c) Between last flag of second turn and first flag of third turn = | 460.00 |
| d) Between last flag of third turn and the finish = | 450.00 |
| e) Three turns of 127.25 metres each = | 381.75 |
| | 5000.00 |

Domestic Course - 2 medium laps

- | | |
|--|----------------|
| a) Between the start line and first flag of the first turning point = | 1229.25 metres |
| b) Between the last flag of first turn and first flag of second turn = | 1133.00 |
| c) Between last flag of second turn and first flag of third turn = | 1133.00 |
| d) Between last flag of third turn and the finish = | 1123.00 |
| e) Three turns of 127.25 metres each = | 381.75 |
| | 5000.00 metres |

Short Course for Juniors - 1 lap of Domestic Course - 2500 metres

- | | |
|---|----------------|
| a) Between the start line and first flag of the turning point = | 1229.25 metres |
| b) Between the last flag of the turn and the finish = | 1123.00 |
| c) One turn of = | 127.25 |
| | 2479.50 metres |

NB With a fixed start position and by using the same turning buoys for the 5000 metre course an exact 2500 metre course cannot be obtained. It is 20.5 metres short.

BCU SPRINT RACING SECTION DISCIPLINARY REGULATIONS

These Disciplinary Regulations adopted by the Sprint Racing Committee on the 7th June 2008 are intended for all complaints other than "Field of Play" incidents, but including any event referred on by a Protest Committee dealing with a field of play incident.

These Regulations set out how matters referred to the Sprint Racing Committee by the Union's Investigations Officer or a Protest Committee are dealt with.

1. Interpretation

1.1 In these regulations the words and expressions used shall have the following meanings:

"the Board"	the board of the Union as constituted under the Memorandum and Articles of Association of the Union;
"the Investigations Officer"	the Investigations Officer of the Union appointed by the Chief Executive from time to time;
"the Protest Committee"	the persons appointed from time to time by the Sprint Racing Committee or an event organiser to deal with matters arising during competition;
"the Executive Committee"	the persons elected or appointed at an ACM to the Sprint Racing Committee from time to time;
"Member"	an individual member of the Union participating in the Discipline in respect of whom a complaint has been made under Regulation 2.1 of these procedures;
"the Union"	the British Canoe Union;

1.2 All references to periods of a number of days, relate to the period starting the day after the date of posting or the date of receipt where documents are delivered by hand or the date of the incident or meeting and ending the day of receipt, meeting etc.

1.3 Words denoting the singular number shall include plural number and vice versa and words denoting the masculine gender shall include the feminine gender.

2. Disciplinary Procedure

2.1 The Executive Committee shall appoint a panel of three of its members ("the Panel") to hear and determine any complaint or matters referred to it by a Protest Committee or the Union's Investigations Officer under Regulation 6.2(a)(ii) of Part A of the Union's Dispute Resolution and Disciplinary Procedures for matters other than Doping and Child Protection Matters. The Executive Committee and the Panel shall deal with such matters in accordance with the procedure set out below.

2.2 The Panel shall ensure that as soon as practicable and within 14 days of receiving the complaint from either the Investigations Officer or a Protest Committee, a copy of the complaint has been handed personally or by recorded delivery post to the Member. Notification of the date when the Panel will meet (via e-mail, personal or conference call communications, if deemed appropriate) to consider the complaint will be set as soon as practicable and within 30 days and an invitation to provide in writing, within 14 days (or such shorter time period as the Panel thinks fit) of the notice, any rebutting facts, mitigation, explanation or submission must be sent to the Member with the copy of the complaint. No member of the Panel may consider the matter in the event that he has a conflict of interest or could not be regarded as being impartial in the matter. In such circumstances, the Panel shall, in its sole discretion, replace that member with another member of the Executive Committee and if no such member can hear the matter then that member shall be replaced with another elected member of the Union for the only purpose of considering the complaint.

2.3 At the same time the Member shall be asked whether he wishes to be present at the meeting when the complaint is being considered, in which case that Member shall be informed that

BCU SPRINT RACING SECTION DISCIPLINARY REGULATIONS

they may attend to make representations and that he may be asked questions. The Member shall also be informed that if no reply is received within the period of 14 days (or such shorter time period as the Panel thinks fit) the Panel will consider the complaint in his absence on the basis of the facts and statements in their possession. The Panel may invite the person making the complaint to comment on any reply provided by the Member, and shall supply a copy of any such comments to the Member before the meeting. The Panel may in its sole discretion invite the person making the complaint to attend the meeting.

- 2.4 At the meeting the Panel shall consider the complaint and any statement made in writing or orally by the Member. If that Member has asked to be present at the meeting he must have been given not less than seven days (or such shorter time period as the Panel thinks fit) notice of the meeting and he must have been invited to attend the meeting and offered the opportunity of being accompanied by an advisor. The Panel may question either party, if present, may call upon them to supply additional evidence or may adjourn the meeting to a later date. Once the Panel has completed its consideration of the complaint, it shall provide the Member with its written decision as soon as practicable and in any event within 14 days of the date of the original meeting or any adjourned meeting.
- 2.5 On completing its considerations of the complaint, the Panel shall draw up its findings of fact and may decide:
- (a) to reject the complaint; or,
 - (b) to warn or reprimand the Member; or,
 - (c) to suspend the Member from participating in specified events or training facilities held under the Sprint Racing Committees jurisdiction either:
 - (i) for a specified period, not exceeding three months; or,
 - (ii) for a specified number of such events or facilities, not exceeding five in number, consecutively, where that number, would not have taken place within the three-month period specified above; or,
 - (d) to recommend to the Board that the Member should be suspended from participating in Sprint Racing events or training facilities for a longer period or that the Member should be suspended or expelled from the Union, or that some other specified penalty (such as suspension of funding) should be imposed by the Board.
- 2.6 Where the Panel has found against the member, it shall as soon as practicable and in any event within the 14 days of the date of its original meeting or any adjourned meeting notify that Member by recorded delivery post of its findings of fact and of its decision and the grounds for that decision or recommendation, and shall inform him of his right of appeal under Regulations 2.8 and 2.9 below, and shall send a copy of the notification to the Board.
- 2.7 Where the Panel has made recommendations to the Board under 2.5(d) above, the Board shall decide whether or not to adopt such recommendations a Board Meeting shall be convened (via e-mail, personal or conference call communications) as soon as practicable to decide on the sanction to be imposed.
- 2.8 If the Member or the person who made the original complaint disagrees with the decision of the Panel, he shall be entitled to make a new complaint pursuant to Rule 3.1 (b) of Part A of the Union's Dispute Resolution and Disciplinary Procedures for matters other than Doping and Child Protection Matters by way of a Notice. The Notice must set out in detail why the Member or the person who made the original complaint disagrees with the decision of the Panel. The Notice must be accompanied by a cheque for £100 made payable to the Union ("the Deposit"). This Deposit shall be held by the Union and re-paid to the Member or the person who made the original complaint in the event that his complaint against the Decision is upheld by an Arbitral Panel or Disciplinary Committee. Where the Member's or the person who made the original complaint is rejected by an Arbitral Panel or Disciplinary Committee or if the matter is resolved by mediation, the Deposit shall be retained by the Union.
- 2.9 The Investigations Officer shall consider the matter and decide if the Notice shows that there is on the face of it sufficient evidence for the case to be determined in accordance with Rule 6.1 of Part A of the Union's Dispute Resolution and Disciplinary Procedures for matters other than Doping and Child Protection Matters. If he does so decide, he shall refer the Dispute to be decided by the Disciplinary Committee or to resolve by arbitration or by mediation in

BCU SPRINT RACING SECTION DISCIPLINARY REGULATIONS

accordance with Rule 6.2 of Part A of the Union's Dispute Resolution and Disciplinary Procedures for matters other than Doping and Child Protection Matters. A different person shall be appointed as the Investigation Officer to make this decision to the person who was appointed as the Investigations Officer to review the initial Complaint against the Member.

Clause 8.2 of the Terms of Reference of the Sprint Racing Committee

The Executive Committee shall have the power to appoint a panel of three persons to decide any matter referred to it pursuant to Rule 6.2(a)(ii) of the Union's Dispute Resolution and Disciplinary Procedures for matters other than Doping and Child Protection Matters in accordance with the Disciplinary Regulations approved by the Board and adopted by the Sprint Racing Committee from time to time.

In addition to the Section's Disciplinary Regulations the BCU Sprint Racing Committee adopted regulations on 1 January 2001 as follows:

3. Code of Ethics

Everyone within the BCU Sprint Racing Section is subject to the conditions and ethics as given in Section 5 of the BCU 'Coaching Code' published by the BCU UK Coaching Service, and are required to operate under the same general Sport and Recreation Code of Ethics.

4. Regatta Officials

- 4.1 It is vital for the honourable nature of the Sport that Officials are not subjected to any act that may compromise their position.
- 4.2 Regatta Officials must not be threatened or subjected to harassment, intimidation or abuse. No attempt should be made to persuade Regatta Officials to take an action which is dishonest or contrary to the Official's code of ethics or honourable nature of the Sprint Racing Regulations. This applies at anytime, in or out of competition. It is incumbent on each Official to report all such acts.
- 4.3 The report should be in writing and sent without delay to the Sprint Racing Committee (through the Section Secretary) who will consider the matter in accordance with the Section's Disciplinary Regulations.
- 4.4 In the event of an action taken immediately prior to or during a BCU Regatta, the Official should hand their written report to the Chief Official. The Chief Official with the Regatta Committee must take action in accordance with the Section's Disciplinary Regulations.

National Regattas' Saturday evenings Entertainment and a meal

This year, on the Saturday evenings of a BCU Sprint Racing National Regatta you will not have to leave the NWSC to find somewhere to relax and refuel.

The NWSC in conjunction with the BCU SRC will be making available a themed evening of entertainment along with a special menu at a fixed price (£6.25) in the Regatta Bar

*A selection of hot food will be available from 18.30pm until 21.00 pm.
Entertainment will be provided courtesy of the SRC*

Please note that the Main Centre Servery will close at 18.30 pm on Saturdays.

We hope that you have a successful 2010 race season.

NATIONAL SPRINT REGATTAS

National Regattas 2010

Held at the National Water Sports Centre, Holme Pierrepont, Adbolton Lane, Nottingham.

Date	Regatta	Closing date	Venue
10/11 th April	National & Selection Regatta	Wed 24 th March	Nottingham
8/9 th May	National & Selection Regatta	Wed 21 st April	Nottingham
5/6 th June	National & Selection Regatta	Wed 19 th May	Nottingham
3/4 th July	Inter-Club National Competition	Wed 16 th June	Nottingham
4/5 th September	Open and National Championships	Wed 18 th August	Nottingham

National Water Sports Centre, Nottingham

The National Water Sports Centre is situated just off the main A52 road from Nottingham to Grantham. It is signposted on all main roads leading into Nottingham.

Accommodation

Bed & Breakfast is available on site - Bunks, Standard and En Suite, although this gets booked up very quickly.

Lunches and snacks are available from the Centre Cafeteria and Snack Bars.

There are many **hotels** of different sizes and cost in Nottingham, several in the vicinity of the NWSC. The website at www.visitnottingham.com lists a large number of hotels, B&Bs, farmhouses etc. at all prices.

There is a **camp site** run by N.W.S.C. just across the road from the course. Facilities include a toilet, washing and shower block; water points; waste disposal; electric hook-up points and a shop.

The site is open to all competitors, officials and supporters. No booking is required.

There is no overnight **boat storage** available in the boathouses. All canoes should be removed on Saturday night. All canoes on the outside racks at the Centre are left entirely at the owner's risk.

Regatta programmes will be on sale at the Regatta Secretary's desk at the Centre.

NATIONAL SPRINT REGATTAS

Putting in Entries

Entries must be submitted through your Club Team Leader –
See Team Leaders' Responsibilities pages B10-15.

Guidelines for entry into Sprint Racing To promote fair racing and as a guide for coaches, team leaders and paddlers, the racing standards on page D1 show the suggested entry levels for national sprint regattas held at the National Watersports Centre.

All paddlers must be current members of the British Canoe Union and have registered as sprint racing competitors.

Fees for this season have been increased and the charge bands are as follows:-

Group	K1/C1	K2/C2	K4/C4
Senior Events:	£5.00 (late £6.50)	£10.00 (late £11.50)	£20.00 (no late fee)
Junior Events:	£5.00 (late £6.50)	£10.00 (late £11.50)	£20.00 (no late fee)
	Lightning K1	Hody K2	Rocket K4
Mini Sprints:	£5.00 (late £6.50)	£5.00 per seat (late £6.50)	£5.00 per seat (no late fee)

Please note that K4/C4 fees include the cost of boat hire.

Fees will be reviewed annually.

Club colours must be worn by all competitors in all events.

All kayaks and canoes must have **adequate buoyancy**, be fitted with a number slot and comply with current regulations as to weight. Boat Control will be carried out during national regattas.

Paddlers must supply their own lane numbers (1-9).

NATIONAL SPRINT REGATTAS

The Racing Registration Scheme

The Scheme also enables the committee to establish how many active racing canoeists there are in the country at any one time, and provides a means of communicating with them.

The Registration Number is the unique numerical identification for each paddler, and is used in computer programmes when programming a regatta. Only Registered Paddlers will be allowed to compete in B.C.U. events at the National Watersports Centre. Entries submitted without a Registration Number will not be accepted.

Initial Registration

This may be done in one of two ways:-

1. At any N.W.S.C. Regatta, at the Secretary's desk.
2. By post with the Registration Officer (Send S.A.E. please).

In all cases the following are required:

1. Full Name and Address.
2. Date of Birth.
3. Club.
4. Your ranking (if known).
5. A Coaching Scheme Certificate of Standard for 500m which states the actual time taken for your trial.
6. Proof of current B.C.U. Membership (a photocopy of your card is acceptable).

Renewal of Registration

Competitors will remain on the active register until such time as they have not competed for two years, or their B.C.U. membership has lapsed. On production of a current B.C.U. card, anyone not listed on the active register may apply to be reinstated.

Current Lists of Registered Paddlers are intended as 'working' lists and only include paddlers who have raced during the last two years and those who are fairly certain to race in the current season. Anyone who does not appear on the lists will have been transferred to the storage file and can be brought back to the 'live' file at any time they return to racing.

A junior club members need not be a full members of the B.C.U. in order to race in the Mini Sprint Series or Junior D Classes. He or she must be a member of his or her club, and the number used for his or her identification will be the club's affiliation number followed by own individual club number.

Should they be promoted, however, to 'C' or above, he or she must then become a full member of the B.C.U. in his or her own right. Club Team Leaders must inform the Registration Officer of this change of status and the new BCU number for the junior.

The Registration Officer, 17 Springfield Road, Guildford, Surrey GU1 4DW

When registering by post please send S.A.E. for the return of the B.C.U. card and the Registration Number.

NATIONAL SPRINT REGATTAS

REGATTA REGISTRATION APPLICATION

Full Name _____

Telephone No _____

Address _____

Post Code _____

Date of Birth _____

Club _____

500m Time _____

BCU Membership Number _____

Valid test and membership certificates or photocopies are required to accompany this form.

Please return this form with a stamped self addressed envelope to:

Registration Officer

P. Morley, 17 Springfield Road, Guildford, Surrey GU1 4DW

Registration Number Issued _____

Date _____

Regatta Racing Class _____

	BCU National Canoe Sprint Racing Regatta												
	National Water Sports Centre - Nottingham												
	10th - 11th April 2010												
	Closing date Wednesday 24th March 2010												
Men's Kayak	Saturday 200m			Sun 200m		500m			1000m			5km	
	K1	K2	K4	K1	K2	K1	K2	K4	K1	K2	K4	K1	
	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	
	Senior A					✓	✓		✓	✓	✓		✓
	Senior B	A/B	A/B	A/B	A/B	✓	✓	A/B	✓	✓	✓		A/B
	Senior C	✓	✓	✓		✓	✓	✓	✓	✓	✓		
	Senior D	✓	C/D	C/D		✓	C/D	C/D	✓	C/D	C/D		
	Masters A					✓	✓	✓	✓	✓	✓		
	Masters B					✓	A/B	A/B/C/D	✓	A/B	A/B/C/D		
	Masters C					✓	✓	✓	✓	✓	✓		
	Masters D					✓	C/D	✓	✓	C/D	✓		
Women's Kayak	Saturday 200m			Sun 200m		500m			1000m			5km	
	K1	K2	K4	K1	K2	K1	K2	K4	K1	K2	K4	K1	
	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	
	Senior A					✓	✓	✓	✓	✓	✓		✓
	Senior B	A/B	A/B	A/B	A/B	A/B	A/B	A/B	A/B	A/B			A/B
	Senior C	✓	✓	✓		✓	✓	✓	✓	✓	✓		
	Senior D	✓	C/D	C/D		✓	C/D	C/D	✓	C/D			
	Women Masters A					✓	✓	✓	✓	✓	✓		
	Women Masters B					✓	A/B	A/B	✓	A/B			
Senior & Junior Canoes	Saturday 200m			Sun 200m		500m			1000m			5km	
	C1	C2	C4	C1	C2	C1	C2	C4	C1	C2	C4	C1	
	✓	✓		✓		✓	✓		✓	✓		✓	
	Senior/Junior A					A/B	A/B	A/B	A/B	A/B			A/B
	Senior/Junior B	A/B	A/B			✓	✓	✓	✓	✓	✓		
Junior Kayak	Saturday 200m			Sun 200m		500m			1000m			5km	
	K1	K2	K4	K1	K2	K1	K2	K4	K1	K2	K4	K1	
	✓	✓		✓		✓	✓	✓	✓	✓	✓	✓	
	Boys A					✓	✓	✓	✓	✓	✓		
Paddle-Ability	200m			Sun 500m		500m							
	K1	K2		K1	K2	K1	K2						
	✓	✓		✓	✓	✓	✓						
	Senior/Junior												
Mini Kayak Sprint						K1	K2	K4					
Boys A & Girls A													
Boys B & Girls B													

No races at the April regatta for
Mini Kayaks Sprints

	ECU National Canoe Sprint Racing Regatta												
	National Water Sports Centre - Nottingham												
	8th & 9th May 2010												
	Closing date Wednesday 21st April 2010												
Men's Kayak	Saturday 200m			Sun 200m		500m			1000m			5km	
	K1	K2	K4	K1	K2	K1	K2	K4	K1	K2	K4	K1	
	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Senior A					✓	✓		✓	✓	✓		
	Senior B	A/B	A/B	A/B	A/B	✓	✓	A/B	✓	✓	✓		A/B
	Senior C	✓	✓	✓		✓	✓	✓	✓	✓	✓		
	Senior D	✓	C/D	C/D		✓	C/D	C/D	✓	C/D	C/D		
	Masters A					✓	✓	✓	✓	✓	✓		
	Masters B					✓	A/B	A/B/C/D	✓	A/B	A/B/C/D		
	Masters C					✓	✓	✓	✓	✓	✓		
	Masters D					✓	C/D	C/D	✓	C/D	C/D		
Women's Kayak	Saturday 200m			Sun 200m		500m			1000m			5km	
	K1	K2	K4	K1	K2	K1	K2	K4	K1	K2	K4	K1	
	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Senior A					✓	✓	✓	✓	✓	✓		
	Senior B	A/B	A/B	A/B	A/B	A/B	A/B	A/B	A/B	A/B			A/B
	Senior C	✓	✓	✓		✓	✓	✓	✓	✓	✓		
	Senior D	✓	C/D	C/D		✓	C/D	C/D	✓	C/D	C/D		
Women Masters A Women Masters B						✓	✓	✓	✓	✓	✓		
						✓	A/B	A/B	✓	A/B			
Senior & Junior Canoes	Saturday 200m			Sun 200m		500m			1000m			5km	
	C1	C2	C4	C1	C2	C1	C2	C4	C1	C2	C4	C1	
	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Senior/Junior A					✓	✓	✓	✓	✓	✓		
	Senior/Junior B	A/B	A/B		A/B	A/B	A/B		A/B	A/B			A/B
Senior/Junior C Senior/Junior D	✓	✓				✓	✓	✓	✓	✓	✓		
	✓	C/D				✓	C/D	C/D	✓	C/D	C/D		
Junior Kayak	Saturday 200m			Sun 200m		500m			1000m			5km	
	K1	K2	K4			K1	K2	K4	K1	K2	K4		
	✓	✓	✓			✓	✓	✓	✓	✓	✓		
	Boys A					✓	✓	✓	✓	✓	✓		
	Boys B					✓	✓	✓	✓	✓	✓		
	Boys C					✓	✓	B/C	✓	✓	B/C		
	Boys D					✓	✓	✓	✓	✓	✓		
	Girls A	✓	✓			✓	✓	✓	✓	✓	✓		
	Girls B					✓	✓	✓	✓	✓	✓		
	Girls C					✓	✓	B/C	✓	✓	B/C		
	Girls D					✓	✓	✓	✓	✓	✓		
Paddle-Ability	200m			Sun 500m		500m							
	K1	K2		K1	K2	K1	K2						
Senior/Junior	✓	✓		✓	✓	✓	✓						
Mini Kayak Sprint						K1	K2	K4					
						✓	✓	✓					
						✓	✓	✓					
Boys A & Girls A													
Boys B & Girls B													

	BCU National Canoe Sprint Racing Regatta											
	National Water Sports Centre - Nottingham											
	5th & 6th June 2010											
	Closing date Wednesday 19th May 2010											
Men's Kayak	Saturday 200m			Sun 200m		500m			1000m			5km
	K1	K2	K4	K1	K2	K1	K2	K4	K1	K2	K4	K1
	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Senior A	A/B	A/B	A/B	A/B	✓	✓	A/B	✓	✓	✓	A/B
	Senior B	✓	✓	✓		✓	✓	✓	✓	✓	✓	
	Senior C	✓	✓	✓		✓	✓	✓	✓	✓	✓	
	Senior D	✓	C/D	C/D		✓	C/D	C/D	✓	C/D	C/D	
	Masters A	✓	✓	✓		✓	✓	✓	✓	✓	✓	
	Masters B	✓	✓	✓	✓	A/B	A/B/C/D	✓	A/B	✓	A/B/C/D	✓
	Masters C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Masters D	✓	✓	✓	✓	✓	C/D	C/D	✓	C/D	C/D	✓	
Women's Kayak	Saturday 200m			Sun 200m		500m			1000m			5km
	K1	K2	K4	K1	K2	K1	K2	K4	K1	K2	K4	K1
	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Senior A	A/B	A/B	A/B	A/B	A/B	A/B	A/B	A/B	A/B	A/B	A/B
	Senior B	✓	✓	✓		✓	✓	✓	✓	✓	✓	
	Senior C	✓	✓	✓		✓	✓	✓	✓	✓	✓	
Senior D	✓	C/D	C/D	✓		C/D	C/D	✓	C/D	C/D		
Women Masters A	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Women Masters B	✓	✓	✓	✓	✓	A/B	A/B	✓	A/B	✓	✓	
Senior & Junior Canoes	Saturday 200m			Sun 200m		500m			1000m			5km
	C1	C2	C4	C1	C2	C1	C2	C4	C1	C2	C4	C1
	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Senior/Junior A	A/B	A/B	A/B	A/B	A/B	A/B	A/B	A/B	A/B	A/B	A/B
	Senior/Junior B	✓	✓	✓		✓	✓	✓	✓	✓	✓	
Senior/Junior C	✓	✓	✓	✓		✓	✓	✓	✓	✓		
Senior/Junior D	✓	✓	C/D	✓	✓	C/D	C/D	✓	C/D	C/D	✓	
Junior Kayak	Saturday 200m					500m			1000m			
	K1	K2	K4			K1	K2	K4	K1	K2	K4	
	✓	✓	✓			✓	✓	✓	✓	✓	✓	
	Boys A	✓	✓			✓	✓	✓	✓	✓		
	Boys B	✓	✓			✓	✓	✓	✓	✓		
	Boys C	✓	✓			B/C	✓	✓	B/C	✓		
	Boys D	✓	✓			✓	✓	✓	✓	✓		
Girls A	✓	✓	✓			✓	✓	✓	✓			
Girls B	✓	✓	✓			✓	✓	✓	✓			
Girls C	✓	✓	B/C	✓	✓	B/C	✓					
Girls D	✓	✓	✓	✓	✓	✓	✓					
Paddle-Ability	200m			Sun 500m		500m						
	K1	K2		K1	K2	K1	K2					
Senior/Junior	✓	✓		✓	✓	✓	✓					
Mini Kayak Sprint												
						K1	K2	K4				
						✓	✓	✓				
Boys A & Girls A						✓	✓	✓				
Boys B & Girls B						✓	✓	✓				

	BCU Inter-Club National Canoe Sprint Racing Regatta								
	National Water Sports Centre - Nottingham								
	3rd & 4th July 2010 <i>MacGregor Paddle</i>								
	Closing date: Wednesday 16th June 2010								
Men's Kayak	200m			500m			1000m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
	Senior A	✓	✓	✓	✓	✓	✓	✓	✓
	Senior B	A/B	A/B	A/B	✓	✓	A/B	✓	A/B
	Senior C	✓	✓	✓	✓	✓	✓	✓	✓
	Senior D	✓	C/D	C/D	✓	C/D	C/D	✓	C/D
	Masters A	✓	✓	✓	✓	✓	✓	✓	✓
	Masters B	✓	A/B	✓	✓	A/B	✓	A/B	✓
	Masters C	✓	✓	✓	✓	✓	✓	✓	✓
	Masters D	✓	C/D	✓	✓	C/D	✓	C/D	✓
Women's Kayak	200m			500m			1000m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
	Senior A	✓	✓	✓	✓	✓	✓	✓	✓
	Senior B	A/B	A/B	A/B	A/B	A/B	A/B	A/B	✓
	Senior C	✓	✓	✓	✓	✓	✓	✓	✓
	Senior D	✓	C/D	C/D	✓	C/D	C/D	✓	C/D
	Women Masters A	✓	✓	✓	✓	✓	✓	✓	✓
	Women Masters B	✓	✓	✓	✓	A/B	A/B	✓	A/B
	200m			500m			1000m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
Senior & Junior Canoes	200m			500m			1000m		
	C1	C2	C4	C1	C2	C4	C1	C2	C4
	Senior/Junior A	✓	✓	✓	✓	✓	✓	✓	✓
	Senior/Junior B	A/B	A/B	✓	A/B	A/B	✓	A/B	A/B
	Senior/Junior C	✓	✓	✓	✓	✓	✓	✓	✓
Junior Kayak	200m			500m			1000m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
	Boys A	✓	✓	✓	✓	✓	✓	✓	✓
	Boys B	✓	✓	✓	✓	✓	✓	✓	✓
	Boys C	✓	✓	✓	✓	B/C	✓	✓	B/C
Paddle-Ability	200m			500m			Sun 500m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
	Senior/Junior	✓	✓	✓	✓	✓	✓	✓	✓
	200m			500m			Sun 500m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
Mini Kayak Sprint	200m			500m			Sun 500m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
Boys A & Girls A	200m			500m			Sun 500m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
Boys B & Girls B	200m			500m			Sun 500m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4

	BCU Open & National Championships Canoe Sprint Racing Regatta								
	National Water Sports Centre - Nottingham								
	4th & 5th September 2010								
	Wednesday 18th August 2010								
Closing date	Wednesday 18th August 2010								
Men's Kayak	200m			500m			1000m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
	Senior A	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
	Senior B	✓ S	✓ S	A/B	✓ S	✓ S	A/B	✓ S	A/B
	Senior C	✓ S	✓ S	✓ S	✓ S	✓ S	✓ S	✓ S	✓ S
	Senior D	✓ S	C/D	C/D	✓ S	C/D	C/D	✓ S	C/D
	Masters Over 34	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
	Masters Over 44	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
	Masters Over 54	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
	Masters Over 64	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
Women's Kayak	200m			500m			1000m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
	Senior A	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
	Senior B	✓ S	A/B	✓ S	A/B	A/B	✓ S	A/B	✓ S
	Senior C	✓ S	✓ S	✓ S	✓ S	✓ S	✓ S	✓ S	✓ S
	Senior D	✓ S	C/D	✓ S	C/D	C/D	✓ S	C/D	✓ S
	Women Masters O34	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
	Women Masters O44	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
	200m			500m			1000m		
	C1	C2	C4	C1	C2	C4	C1	C2	C4
Senior Canoe	Senior A	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
	Senior B	✓ S	A/B	✓ S	A/B	A/B	✓ S	A/B	✓ S
	Senior C	✓ S	✓ S	✓ S	✓ S	✓ S	✓ S	✓ S	✓ S
	Senior D	✓ S	C/D	✓ S	C/D	C/D	✓ S	C/D	✓ S
	200m			500m			1000m		
Junior Canoe	C1	C2	C4	C1	C2	C4	C1	C2	C4
	Junior U18	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
	Junior U16	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
Junior Kayak	200m			500m			1000m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
	Boys U18	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
	Boys U16	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
	Boys U14	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
	Girls U18	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
	Girls U16	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
Paddle-Ability	200m			500m			Sun 500m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
	Senior/Junior	✓	✓	✓	✓	✓	✓	✓	✓
Mini Kayak Sprint				K1	K2	K4			
Boys A & Girls A				✓	✓	✓			
Boys B & Girls B				✓	✓	✓			

N = National Championship Event

S = Class Championship Event

"NB All races are 'Open'. Medals will be awarded to the first three boats, regardless of nationality. The National Champion will be the best placed British paddler".

NATIONAL SPRINT REGATTAS TEAM LEADERS' RESPONSIBILITIES

Summary

At the Club

- a) Ensure that club members achieve the relevant standard to qualify for competing at National Regattas.
- b) Advise the Colours Registration Officer of their appointment, and include details of any changes in the Club Racing Colours.
- c) **Check that all boats have adequate buoyancy.**

Entries

- a) Advertise the Regatta to all club members, collate entries, and return Entry Form by closing date accompanied by the correct entry fees.
- b) Check Timetable for clashes & problems.
- c) Ensure that paddlers are conversant with the Sprint Racing Competition Rules & Conduct as shown in the Handbook, and hold current membership of the British Canoe Union. Ensure that all paddlers have been registered.
- d) Encourage paddlers to purchase their own Racing Handbooks.

Before the start of Racing

- a) Collect and check the detailed regatta programme ensuring that every entry made is shown correctly.
- b) Arrive on time for the Team Leaders' Meeting. All scratches, crew changes, and late entries should be made during the meeting.
- c) Advise paddlers of any changes and/or alterations to the programme.
- d) Ensure that paddlers and their boats are adequately dressed and equipped for the conditions.
- e) Ensure that all paddlers are fully aware of safety measures.

During Competition

- a) Ensure that paddlers arrive in time for their races, wearing club colours, and with the correct lane number.
- b) Ensure that K4s, if required, are booked in advance. Boat hire is included in the Race Entry Fee.
- c) Be available to receive notification of disqualifications, and deal with any problem involving paddlers from their club.
- d) Collect from, and promptly return to, the Secretary's Desk all Long Distance Numbers. A deposit of £10.00 is required.
- e) Hand in S.A.E. to the Regatta Secretary for a copy of the results.

After the Regatta

- a) Return Long Distance numbers promptly to the Secretary's Desk.
- b) Display results on club notice board.
- c) Note promotions of Club paddlers.

1. Appointment

Club Secretaries must inform the Colours Registration Officer who is the Team Leader for their club (and if you wish a nominated reserve), before January 1st each year. If a club is to be represented by another person at the N.W.S.C. the regatta organiser should be informed by the registered Team Leader, preferably when the entries are submitted.

2. Communication

At all regattas, the organisers will only communicate with the Club Team Leader or his/her nominated reserve, in respect of:-

- a) Making entries
- b) Making late entries.
- c) Communication from the organisers to his/her club paddlers - including disqualifications.
- d) Making protests.
- e) Receiving results.

3. Safety

The Team Leader is primarily responsible for the safety of his club members. Team Leaders should ensure that paddlers are:-

- a) suitably dressed for the weather, water and race conditions.
- b) able to perform basic capsize drills and are briefed on what to do when approached by a umpire boat.
- c) able to swim at least 50 metres in wet clothing without a lifejacket.

NATIONAL SPRINT REGATTAS TEAM LEADERS' RESPONSIBILITIES

- d) that all canoes are fitted with buoyancy, sufficient to ensure that the canoe will remain afloat and support the crew in the event of a capsized.
- e) that all competitors in Junior classes are in possession of a lifejacket or buoyancy aid which conforms to the standard of the I.C.F or S.B.B.N.F.

In the event of cold and/or windy conditions the organisers may at their discretion cancel or postpone a race, or insist on the wearing of buoyancy aids.

In the event of an electrical storm paddlers will be required to leave the course immediately. A tannoy announcement will be made and umpire boats will ring a bell. Racing will not recommence until deemed safe by the competition committee.

4. Entries

Please note all the information given on the completed example Official Entry Form on the following page.

All entries must be made on the Official Entry Form. Please do not break up the form. Send the complete form, even if you are making only one entry. Please ensure that you use the correct form.

Fees for this season have been increased and the charge bands are as follows:-

Group	K1/C1	K2/C2	K4/C4
Senior Events:	£5.00 (late £6.50)	£10.00 (late £11.50)	£20.00 (no late fee)
Junior Events:	£5.00 (late £6.50)	£10.00 (late £11.50)	£16.00 (no late fee)
	Lightning K1	Hody K2	Rocket K4
Mini Sprints:	£5.00 (late £6.50)	£5.00 per seat (late £6.50)	£5.00 per seat (no late fee)

- a) All entries for an N.W.S.C. Regatta must be made on the Official Entry Form, or a photocopy. A blank form is included on the entry form for this purpose.
- b) **One page for each class** must be used.
- c) At the top of each page, enter the names of **all** the paddlers who are to be entered in that class. Indicate the paddler's Initial, Name, and Club as shown below. If, in a crew boat, you include a paddler who is registered in the name of another club, make sure that his name & club are shown.
- d) Use the first four figures of the box for the paddler's Registration Number.
A full list of these is shown in Section D.
- e) If a paddler has a 3 figure Registration Number, e.g. 027, prefix it with another zero e.g. 0027. **No entry will be accepted without a Registration Number**
- f) Enter A.N.Other and four zeros for unknown crew members.
- g) Do not use one page for more than 12 names. Photocopy or use the spare page at the back of the entry booklet.
- h) Telephone Entries are not accepted.
- i) The closing date for entries is normally the Wednesday 2½ weeks before the event. Any entries arriving after the closing date must be made by the Team Leader at the Team Leaders' Meeting.
- j) Entries made without the correct fee(s) will be charged as Late Entries.
- k) In the event of cancellation of part of or the whole of the competition owing to inclement weather or other unforeseen circumstances there will be no refund of race fees.

EXAMPLE

Registration No				I n	Name										Club		
1	2	3	4	A	S	I	S	T	E	R					C	L	U
5	6	7	8	B	B	R	O	T	H	E	R				C	L	U
4	5	6	7	A	C	H	A	R	L	I	E				C	L	U

NATIONAL SPRINT REGATTAS TEAM LEADERS' RESPONSIBILITIES

ENTER PADDLERS REGISTRATION NUMBERS BELOW																2 0 0 M	5 0 0 M	1 0 0 M	L D I S T		
K1											1	2	3	4	X	X	X		£25.00		
											4	5	6	7			X	X			
K2									5	6	7	8	1	2	3	4	X	X	X	X	£80.00
									4	5	6	7	1	2	3	4	X	X	X	X	
K4	2	3	4	5	3	4	5	6	5	6	7	8	1	2	3	4		X	X		£40.00
Page Total																£ 145.00					

5. Notes on Classes

- Kayak competitors are divided into three age groups, Junior, Senior and Masters. These three kayak classes are then divided into Men and Women. These two subdivisions then being further divided into ability groups. Canoe paddlers are divided into four ability groups.
- Junior kayak competitors will paddle in the four Junior divisions according to their individual ability. Promotions within these classes will be done on the basis of improvement in standard of performance. When applying for registration the time certificate submitted should show the time recorded on the 500m test in order that new paddlers can be classified correctly. Beginners do not automatically start in the "D" group.
- The chart 'Standards for Racing' on page D1 demonstrates the way in which the subdivisions are made according to speed.
- The status of a paddler in a kayak class has no bearing on his status in a canoe.
- Mixed Events, in which male and female competitors race together in the Men classes, are permitted, provided the races are of parallel standard to that of their designated classes.
- Combined Events - In order to facilitate programming we reserve the right to combine classes in any distance at any regatta, with the exception of National Championship events, which will all start as the programme provided there are sufficient entries.
- Paddlers must race ONLY in their designated class for singles events (K1 and C1) at N.W.S.C. Regattas. Competitors may race above their designated class in crew boats only. Exceptions may be made when national coaches wish to enter squad paddlers in higher classes.
- A Junior paddler may race in crew boats in a senior class equivalent or above the standard of his own junior standard. E.g. BAK= MBK (see chart).
- All paddlers will be graded into classes according to the standards set out in the National Standards for Racing. Coaches should use the Coaching Scheme 500m Racing Tests as preparation for paddler's entry into racing.
- National Championships:
 - Junior Paddlers will race in the following Age Groups
 UNDER 18 (BORN 1992 or 1993)
 UNDER 16 (BORN 1994 or 1995)
 UNDER 14 (BORN 1996 or later)
 A junior paddler, who has been promoted to Senior Status on ability, may for National Championship Events only race in his/her youth age group.
 - Masters Men will race in the following Age Groups
 35 years to 44 years (BORN 1975 to 1966)
 45 years to 54 years (BORN 1965 to 1956)
 55 years to 64 years (BORN 1955 to 1946)
 65 years and over (BORN 1945 and earlier)
 - Masters Women will race in the following Age Groups
 35 years to 44 years (BORN 1975 to 1966)
 45 years to and over (BORN 1965 and earlier)

k) Promotions/Demotions

NATIONAL SPRINT REGATTAS TEAM LEADERS' RESPONSIBILITIES

- Will be made throughout the year on the basis of standards laid down, and using the race results.
- Are not automatic, and need to be ratified by the SRC nominee before taking effect.
- Will be notified on the regatta results and should take effect at the next regatta.

l) Masters

Paddlers born before 1975 may compete in Masters classes unless ranked Men's A or Women's A

6. **Check your Programme**

Prior to the Team Leaders' Meeting, it is essential for each Team Leader to make a careful check of all his entries. It is best to keep a copy of your entry for this purpose. If there are any omissions or if you wish to make substitutions, mark your programme: the Team Leaders' Meeting goes very quickly, and leaves no time for hesitation.

It is not uncommon for the regatta organisers to make a few mistakes with the entries, but it is your responsibility to check the programme. Once a race has been passed during a meeting it is not normal to go back.

The event organisers will do their best to arrange the programme so that all races in each class are well spaced out, giving a minimum rest period of 40 minutes between races. Any competitor racing outside his designated class in crew boats cannot depend on the programme accommodating this situation satisfactorily.

7. **Team Leaders' Meeting**

It is intended to hold only one meeting per regatta, at 0800 hrs on the Saturday morning (unless otherwise stated) at the regatta course. If the meeting cannot be completed in a reasonable time it will be adjourned and the time of the reconvened meeting announced. Each club must nominate one representative to deal with alterations and late entries at the meeting. This nominated representative will be responsible for all the money owed for the entries he submits. This money must be paid by 4.00 p.m. on Saturday. Failure to pay on time will incur a £20.00 surcharge that must be paid by the end of racing on Saturday. Failure to meet this deadline will result in all paddlers from that club being disqualified from Sunday's racing.

Procedure

- a) Team Leader signs in on arrival.
- b) Meeting commences promptly at 8.00 a.m.
- c) Technical announcements.
- d) If there are any objections to the programmed order of events they must be raised at this stage.
- e) Late entry provision:-
 - i. Events will be dealt with in order.
 - ii. The Competition Organiser will call out in order each set of heats (or finals, if there are no heats). Team Leaders should scratch any competitors who do not intend to race, or make suitable substitutions. They should call out the lane number first then the competitors name(s).
 - iii. If there are any vacant lanes the Competition Organiser will then ask Team Leaders to raise one hand for each late entry they wish to make. If there are more late entries required than there are vacant lanes available, a draw will take place.
 - iv. It is not permitted to return to an event that has been concluded.

8. **Entries after the Team Leaders' Meeting**

Entries after the meeting for laned races will only be accepted in exceptional circumstances and at the discretion of the Competition Organiser. **Any such entries will be charged a double entry fee.**

Late entries will be accepted for long distance events (2.5 km, 5 km, 10 km.), up to one hour before the race, on payment of the appropriate late entry fee. Entries can be made on the form available from the regatta secretary's desk.

9. **Club Colours**

Club colours must be worn by all competitors in all events at the N.W.S.C. regattas.

- a) In K4 crews where more than one club is represented, paddlers must wear the colours for the club in whose name they are registered.
- b) Clubs racing for the first time at an N.W.S.C. regatta may request exemption from this rule by application to the Regatta Organiser; but the competitors should wear a plain white shirt with no markings. The club must then register its colours before taking part in subsequent events.

10. **Numbers**

- a) It is a requirement that clubs should provide their own lane numbers as prescribed in the Sprint

NATIONAL SPRINT REGATTAS TEAM LEADERS' RESPONSIBILITIES

Racing Rules for races up to 1000m in length.

- b) Sets of numbers 1-9, and suitable mounting brackets for kayaks and canoes, are available for sale from the regatta secretary's desk.
- c) For races over 1000m in length, the competition organisers will issue numbers. These will be of a type that fix into a slot on the deck of the boat, all competitors must ensure that their boats are fitted with these slots.
- d) Numbers for long distance racing must be obtained from the regatta secretary's desk and may be collected by Team Leaders ONLY. A deposit of £10.00 must be left by every club collecting numbers, regardless of how many numbers are required. This money can be reclaimed at the end of the day when all numbers are returned; alternatively it can be left at the desk to cover for numbers which will be required for Sunday's racing, and would then be returned Sunday evening when all numbers were collected in.
- e) Lost Numbers will be charged at £5.00 per number, and the amount deducted from the deposit before it is returned.
- f) A form will be available at the meeting on which the Team Leaders should order the numbers required for the day's long distance races in advance. This form should be handed in to the regatta secretary's desk. Your requirements will then make up for collection later in the morning, (after 11.00).

ALL CANOES AND KAYAKS MUST BE FITTED WITH NUMBER SLOTS ON THE CENTRE LINE OF THE AFT DECK

11 K2/K4 Crew Names

Notification of crew names must be made at the Regatta Office at least 30 minutes before the race. Any crew which has not notified the full set of names will be allowed to start the race but will not appear in the results, nor will they go forward to the next round of the competition. Paddlers who take the place of other paddlers without the proper substitution will be allocated 1 penalty point and disqualified from the event.

12 K4s

- a) They will be stored on racks outside the boathouse.
- b) Crews must not sit in the K4s *except when they are on the water*.
- c) Young paddlers must be supervised by a responsible adult when handling the K4s onto and off the water. The K4 Official reserves the right to refuse the boat to any youth crew that is not accompanied by an adult.
- d) Check your K4 before you use it. If it is not in order please report the fact to the Official. The crew that previously used the boat will be held responsible.
- e) K4s can be booked for any race during the course of the day as soon as the boathouse is open and the K4 Official is present.
- f) Crews must supply their own wing-nuts and toggles when they report to collect the boat they have booked.
- g) Crews must use the boat allocated.

13 Protests & Disqualifications

- a) Notification of disqualification will always be made to the Team Leader or his nominated reserve.
- b) In a National Championship event, a protest must be made by the paddler's Team Leader.
- c) Team Leaders should realise that it is impossible to adequately umpire all races in every regatta. Where infringements are observed by an umpire, these will be reported to The Chief Official who will, if necessary, inform the offending paddler's Team Leader.
- d) Often however, infringements will not be observed by the Umpires, and Team Leaders should realise that they have a responsibility to explain the situation to young paddlers who may easily become frustrated by what might seem to be an arbitrary system of justice.

14 Results

If a copy of the results is required, please send an S.A.E. marked RESULTS with your entry, or leave an addressed envelope and the appropriate postage at the Regatta Office. A fee of £3.50 is payable for each copy. Alternatively, results can be downloaded from the Sprint Racing website <http://www.bcu.org.uk/our-sport/sprint-racing/racing-news/>

15 Car Parking

Team Leaders MUST take an active part to see that club members observe the car parking lines. Parked cars must not obstruct the launching access for K4s to the concrete pontoons in front of the boathouses. Particular attention should be paid to the access road in the vicinity of the Centre Buildings. Access for emergency vehicles must NOT be impeded. The waterside of the access road and pontoon on the seating side of the tower is a No Parking Area.

NATIONAL SPRINT REGATTAS TEAM LEADERS' RESPONSIBILITIES

BCU Regatta "Liability" Statement

Canoeing and Kayaking are assumed-risk water-contact sports. Participation in these sports carries an inherent risk of injury to competitors and damage to property. Participants should be aware of the risks involved in these sports and are responsible for their own actions and their involvement in these sports.

In all cases competitors compete entirely at their own risk.

Each of the Regatta Organisation, the Sprint Racing Executive, the British Canoe Union exclude liability for any loss or damage that may occur to competitors or property during participation in canoeing and kayaking to the fullest extent permitted by law.

All competitors must be current comprehensive members of the British Canoe Union except for juniors ranked in 'Girls D' or 'Boys D' and 'Mini Sprint A' or 'Mini Sprint B' who are members of clubs with registered juniors sections.

Regatta Entries are accepted on the basis that each competitor and Parent/Guardian of a junior is aware of and has accepted the above conditions. Team Leaders are requested to ensure that all of their club competitors are aware of and accept the above statements.

Particular attention is drawn to safety requirements, especially the need for adequate buoyancy in all boats.

Sufficient fixed buoyancy must be securely fitted to all boats before they are allowed on the water. Severe penalty points (and disqualification) will be incurred by all those ignoring this requirement. This is intended to ensure the safety of all those on the water.

System for the membership for Juniors of a B.C.U. Affiliated Club.

A junior club member need not be a full member of the B.C.U. in order to race in the Mini Sprint Series or Junior D Classes. He or she must be a member of his or her club, and the number used for his or her identification will be the club's affiliation number followed by his or her own individual club number.

Should he or she be promoted, however, to 'C' or above, he or she must then become a full member of the B.C.U. in his or her own right.

It is the responsibility of the Team Leader to advise the Registration Officer of the full B.C.U. Number.

'Tiddly Winks' and Boards

Coloured counters (known affectionately as Tiddly Winks) are awarded for the first three places in all Finals 1 in junior classes. These can be collected by the paddler from the Secretary's desk.

Also available, at a cost of approximately £4.50, is a small wooden board on which the self adhesive counters can be mounted for posterity!

NATIONAL SPRINT REGATTAS

An Inter-Club National Competition

The MacGregor Paddle Competition



John MacGregor M.A., Trinity College, Cambridge; (1825-1892) Barrister-at-Law, Captain of the Royal Canoe Club, through his extremely popular books and magazine articles from 1865 to 1892, practically invented the sport of canoeing (or kayaking).

The beginning of recreational canoeing can be traced directly to an Englishman, called John MacGregor, in the middle of the nineteenth century. He was a man with a penchant for boat design and exploration, who developed his craft based on the Eskimo Kayak, which he named *Rob Roy*. He took the boat on long journeys along the rivers and across the lakes of Europe, lecturing and writing about his travels as he went. His tales attracted quite a following and soon there were many kayaks in Great Britain based on his kayak design that is still referred to as a *Rob Roy*.

Canoes are the larger category under which kayaks fall: while all kayaks are canoes, not all canoes are kayaks. Paddlers in kayaks sit with their legs stretched out in front of them and canoeists generally paddle from a kneeling position. Most canoes are open hulled; while kayaks have covered decks. Canoe paddles are typically single bladed, while kayak paddles are double ended.

Some might say these differences occur because of the type of water available, but a look at the evolution of British canoeing culture during the past one hundred and twenty years would suggest that the major changes are due to those who have written and taught, coupled with the availability of canoes or kayaks.

The first period from 1865 evolved from the founder of British canoeing, John MacGregor. His book, *A Thousand Miles in the Rob Roy Canoe*, fired the imagination of the Victorians. The '*Rob Roy*' was a stable kayak, went in a straight line and had a large cockpit. Made of wood, it was easy to handle and a boat in which any beginner would have felt safe. In this period, wooden canoes were imported and were used for family outings and touring, the limitation to the growth was the cost of the wooden craft.

The second period from the 1930s to the 1950s is identified with the wooden frame and canvas kayaks and the start of the BCU Coaching Scheme. Percy Blandford wrote books and produced a host of designs for the Scout movement, which brought canoeing to a much wider number of people. The low cost, make-it-yourself PBK (Percy Blandford Kayak) designs, were, like the '*Rob Roy*', stable, went in a straight line, and had large cockpits. The BCU Coaching Scheme was started in the 1950s by John Dudderidge. The original proficiency tests were designed around the use of the open cockpit straight-line kayak.

The third period, which had a massive impact on both the expansion and the change in direction of British canoeing culture started around the early 1960s, when in 1962, the BCU appointed its first Director of Coaching, Oliver Cock, giving added drive to what was to become a very powerful teaching scheme. For various reasons, the Coaching Scheme became more and more interested in rough water canoeing. At the same time, glass reinforced plastic became available. Moulds were produced for the home builder and the designs reflected the interest in rough water. Thousands of kayaks were produced with rockered hulls and small cockpits. By 1980, the Coaching Scheme had 3,000 members almost all teaching in the close fitting cockpit kayak. So powerful had that culture become that, if the word 'canoeing' is mentioned to almost anyone in Britain, their immediate image would be that of a young man or woman strapped into a kayak, wearing a crash helmet and wetsuit, performing turns and rolls on rapidly moving rivers. This was a great image for the adventurous teenager but daunting for many others who might wish to paddle. Indeed, a far, far cry from the canoeing of MacGregor.

MacGregor spent part of his youth in Halifax, Nova Scotia, where his father was stationed in the 1830s in a fort. He may have picked up some canoeing experience there.

Reading his books one notices he carried in his canoe a number of religious tracts (in a movement called "Muscular Christianity") written in the local language and was always ready to hand them out. He did not travel on Sundays, but did lecture on his travels and gave much of the profits to charities, especially to boys in the inner cities.

He published accounts of several other canoe cruises, including one to Scandinavia and another to Jordan and Egypt. The appendix to that book gives some construction details for his canoe designs.

His wooden split paddles were presented to Royal Canoe Club in 1959. Subsequently these were used as the trophy at the BCU National Inter-Club Sprint Racing Regatta, being first presented in 1977 to the winning club Fladbury and still fought over annually in September. A full list of winners can be found on page C8.

NATIONAL SPRINT REGATTAS

Scoring for the MacGregor Paddle competition

Under the following system most clubs should have an equal opportunity to achieve a winning score:

1. Each Club will automatically score 1 point for every paddler competing in the Inter Club Regatta.
2. Each Club will score 1 point for each promotion accredited to their paddlers during the four previous Regattas i.e. April, May, June, & July of the same year.
3. The scoring at the Inter Club Regatta will be on the following basis:
Each Club will score its best

12	K1/C1 results in all finals
6	K2/C2 results in all finals
3	K4 results in all finals

Scores will be awarded, provided there are at least three crews participating, on the following basis:
First 20 points, second 19 points, third 18 points and so on.

Penalty points accrued by paddlers during the season's five regattas will be deducted from their team's score.

4. Notes:
 - a) Composite crews, with members from more than one Club, do not score.
 - b) At least 50% of the crew must be registered in the class in which they are racing.
i.e. 2 paddlers K4 and 1 paddler K2. Crews may be made up with paddlers from a lower ability group with the following exceptions:
 - i) Men may not paddle in Women's races.
 - ii) Boys may not paddle in Girls' races.
 - iii) Seniors may not paddle in Junior races.
 - c) No one may enter any singles class other than their designated class as shown on the Registration File.

NATIONAL SPRINT REGATTAS

Disciplinary Procedures

Offences Incurring Penalty Points

The Chief Official will be solely responsible for all disciplinary matters of a minor nature, under the operation of a penalty points system. At his/her discretion, he/she may issue one penalty point to each paddler involved in each of the following offences. These offences are considered to be detrimental to the efficient operation of regattas and/or potentially hazardous.

Code	Infringement
• C	Racing in incorrect colours
• N	Racing with incorrect or missing number
• Z	Failure to observe water zoning procedures
• S	Unauthorised substitution for another paddler
• F	Failure to report, having qualified, for semi-finals or finals
• D	Conduct during racing likely to cause injury or damage to equipment
• L	Use of offensive language
• U	Underweight boat (see note 1)
• R	Failure to report for boat weighing immediately (see note 2)
• B	Insufficient buoyancy (see note 3)

Notes

1. Weights must be properly fixed to the boat or seat. Stones in bags or any other temporary system will not be accepted.
2. Boats required for weighing will be notified either shortly before the start of the race or shortly after the finish of the race.
3. Buoyancy will be checked by both systematic and random inspections at launching points. If a boat is found to have insufficient buoyancy, it will be turned back.

Accumulation of Penalty Points and Penalty Fines

1. When a paddler accumulates a total of 4 or more penalty points, he/she is liable for a fine of £10 per point in excess of 3 points.
2. Fines are to be paid at the Regatta Office.
3. A paddler liable for a fine cannot race until the fine has been paid.
4. Penalty points are accumulated over 4 consecutive regattas and are not restricted to a single year. Thus, for example, penalty points incurred in the last regatta of the year will remain active until the start of the 4th regatta of the following year.

Notification

Team leaders will be notified when a penalty point has been issued to a paddler from his/her team. This notification will also be recorded on the end of regatta results sheet.

Disciplinary Matters of a More Serious Nature.

In respect to all other disciplinary matters the Chief Official, Competition Committee and the Competition Jury must act as described in the Sprint Racing Rules which include penalties in accordance with B.C.U. Rules or the Sprint Racing Section Disciplinary Regulations.

- N.B.** A reported incidence of dissent/abuse towards a Regatta Official, another competitor or their equipment, or a spectator must be treated as conduct prejudicial to the interests of the sport and dealt with under the Section Disciplinary Regulations.

BCU Regatta Officials Training

The training of officials is a highly important area of our activities from both a National and Regional point of view. Anyone interested in assisting at BCU National regattas is encouraged to come and sit alongside more experienced officials to learn what is involved. Each year in November we meet for a weekend of discussion, debriefing, and training, plus our annual dinner. Through officiating at our own National and International Regattas any official can progress to a standard where they become eligible to take the International Canoe Federation examination, thus becoming qualified to officiate at World Championships.

Newcomers are welcome and, if there is sufficient interest, we are happy to run a basic course aimed at complete beginners – no previous knowledge or experience is assumed. All aspects of regatta organisation would be covered in a basic and practical way, including the organisation of low key, local events of all kinds. This course would be followed by practical experience at regattas, working alongside a more practised official to gain knowledge and experience. Additional training can be given in specialised fields for those aiming to take the ICF Examination.

There may also be discussion groups of more experienced officials who meet to iron out any problems which have arisen during the season and find methods of solving them.

Further details of the Officials Weekend in November will be available nearer the time. If you want to find out more contact the **BCU Regatta Organiser, Peter Morley, 17 Springfield Road, Guildford, Surrey GU1 4DW Tel: 01483 571996 email: peter.c.morley@btinternet.com**

ICF Officials



Peter	Bland	Rowland	Jones	Peter	Moule
Teresa	Bland	Steve	Jones	Cathy	Wynne
Stan	Cox	Liz	McGown		
Rosy	Gray	Peter	Morley		

BCU Officials



Diane	Bates	David	Etheridge	Mark	Millington
Sally	Beyer	John	Ferguson	Mick	Moran
Peter	Bland	Rosy	Gray	Peter	Morley
Teresa	Bland	Malcolm	Guy	Peter	Moule
Lee	Bradshaw	Derek	Hall	Elaine	Murray
Martin	Brooks	Carol	Hardy	Barry	Murray
Liz	Brooks	Brian	Hardy	Clive	Neale
Natalie	Brooks	Linda	Heath	Wendy	Pereira
Alan	Burgoyne	Ann	Hoile	Stafford	Poole
Tom	Cawthorn	John	Hoile	Alan	Reese
Hannah	Cawthorn	Andy	Holmes	Keith	Stone
Tom	Churnside	Philip	Hughes	Joyce	Sunderland
Jean	Coleman	David	Jones	Keith	Sunderland
Jane	Cox	Steve	Jones	Neville	Sunderland
Stan	Cox	Rowland	Jones	Neil	Sunderland
Ian	Creamer	Brian	Kelly	Phillipa	Sunderland
Charlotte	Creamer	Di	Lawler	Sarah	Swallow
Colin	Crooks	Phil	Linnell	Mike	Walsh
Kate	Crooks	Guy	Lowe	Lawrence	White
Jim	Davison	Kari	Martin	Gordon	Wycherley
David	Deacon	Liz	McGown	Cathy	Wynne
Derrick	Dobbie	Margaret	Millington		

RYA Boat Drivers



Lee	Bradshaw	Derrick	Dobbie	Margaret	Millington
Martin	Brooks	David	Etheridge	Mark	Millington
Alan	Burgoyne	Philip	Hughes	Peter	Moule
Tom	Cawthorn	Phil	Linnell	Barry	Murray
Stan	Cox	David	Jones	Keith	Sunderland
Jim	Davison	Steve	Jones	Neville	Sunderland
				Keith	Stone

HOLME PIERREPONT COURSE RECORDS

OPEN

Distance	Crew	Country	Time	Date
Men				
K1 500m	Ian Wynne	GBR	1.39.73	09.05.04
K2 500m	Cox / McKeever	GBR	1.31.63	07.05.06
K4 500m	Felix/Bishop/Marg/Mueller	DDR	1.25.54	20.06.82
C1 500m	A.Volkov	URS	1.52.36	19.06.83
C2 500m	Sarus/Hajdu	HUN	1.43.01	19.06.83
C4 500m	Cestra/Moguzzi/Caldon/Chiarentin	ITA	1.45.54	07.07.91
K1 1000m	T.Brabants	GBR	3.32.82	13.05.00
K2 1000m	Wycherley/Farrell	GBR	3.16.63	14.04.07
K4 1000m	Farrell/Hastings/Wycherley/Daniels	GBR	2.59.33	10/05/09
C1 1000m	S.Antipov	URS	4.01.28	10.07.77
C2 1000m	Train/Train	GBR	3.37.24	01.01.81
C4 1000m	Hoffman/Tackas/Jakab/Salanki	HUN	3.38.95	08.08.89
Women				
K1 500m	T.Davey	GBR	1.55.11	16.05.99
K2 500m	Efremova/Kalashnikova	URS	1.45.67	19.06.83
K4 500m	Kalashnikova/Golubeva/?/?	URS	1.37.97	19.06.83

HOLME PIERREPONT COURSE RECORDS

Domestic

Distance	Crew	Club	Time	Date
Men				
K1 200m	J Schofield	SOR	36.19	14.04.07
K2 200m	Cox / McKeever	ORS	33.42	14.04.07
K4 200m	Clark/Vansomeran/Wynne/Roeser	ORS	32.20	16.05.98
K1 500m	I.Wynne	ROY	1.39.73	09.05.04
K2 500m	Cox / McKeever	ORS	1.31.63	07.05.06
K4 500m	Clark/Vansomeran/Wynne/Roeser	ORS	1.26.58	17.05.98
K1 1000m	T.Brabants	ELM	3.32.82	13.05.00
K2 1000m	Wycherley/Farrell	ORS	3.16.63	14.04.07
K4 1000m	Farrell/Hastings/Wycherley/Daniels	ORS	2.59.33	10/05/09
C1 200m	M.Lawrence	LBZ	43.34	14.04.07
C2 200m	Train/Crowther	ORS	40.96	06.06.98
C4 200m	Train/Crowther/Yurkwich/Lane	ORS	37.27	16.05.98
C1 500m	E.Jamieson	WEY	1.56.13	17.06.92
C2 500m	Train/Train	FLA	1.50.37	14.06.87
C4 500m	Lawrence/Train/Weckowski/Sikorski	LBZ/FLA	1.46.66	15.04.07
C1 1000m	E.Jamieson	WEY	4.01.54	16.07.92
C2 1000m	Train/Train	FLA	3.37.24	01.07.94
C4 1000m	Jamieson/Williams/Train/Train	GBR	3.44.80	08.07.89
Women				
K1 200m	A.Hemmings	ELM	41.31	12.05.01
K2 200m	Train/Train	ORS	38.27	13.05.00
K4 200m	Dallaway/Dresser/Thorogood/Train	ORS	36.62	02.07.95
K1 500m	T.Davey	RIC	1.55.11	16.05.99
K2 500m	Sawers / Coulson	ORS	1.48.36	04.06.06
K4 500m	Dresser/Dallaway/Troop/Thorogood	ORS	1.38.74	17.05.92
K1 1000m	R.Cawthorn	RIC	4.00.69	10/05/09
K2 1000m	Sawers / Coulson	ORS	3.47.75	22.07.06

SPRINT RACING PERPETUAL TROPHIES

The following Trophies are awarded annually by the Racing Committee:

Unwin Bowl					
To the winner of the Senior A Men's K1 10,000 m at the National Championship Event					
1981	Richard Lewis	GAI	1991	Ivan Lawler	ELM
1982	Alan Williams	ROY	1992	Ivan Lawler	ELM
1983	Alan Williams	ROY	1993	Grayson Bourne	ELM
1984	Alan Williams	ROY	1994	Grayson Bourne	ELM
1985	No event		1995	Grayson Bourne	ELM
1986	Jeremy West	ROY	1996	Ivan Lawler	ELM
1987	Grayson Bourne	ROY	1997	No event	
1988	Grayson Bourne	ROY	1998	James Block	NOT
1989	Grayson Bourne	ROY	1999	Greg Slater	LIC
1990	Graham Burns	ELM	2000	No event	

Unwin Bowl					
Reassigned – Winner Men's A K1 500m at National Championship Event					
2001	Timothy Brabants	ELM	2006	Edward McKeever	BOA
2002	Timothy Brabants	ELM	2007	Edward McKeever	BOA
2003	Richard Darby Dowman	ELM	2008	Tim Brabants	NOT
2004	Edward McKeever	BOA	2009	Ben Brown	ELM
2005	Ian Wynne	ROY			

Farnham Cup					
To the winner of the Senior A Men's K1 1000m at the National Championship Event					
1981	Neil Robson	FLA	1996	Ivan Lawler	ELM
1982	Kevin Smith	WAR	1997	Ross Sabberton	NOR
1983	Kevin Smith	WAR	1998	Timothy Brabants	ELM
1984	Grayson Bourne	ROY	1999	Matthew Foulger	NOT
1985	Kevin Smith	WAR	2000	Richard Darby Dowman	ELM
1986	Grayson Bourne	ROY	2001	Timothy Brabants	ELM
1987	Grayson Bourne	ROY	2002	Timothy Brabants	ELM
1988	Ivan Lawler	ELM	2003	Richard Darby Dowman	ELM
1989	Grayson Bourne	ELM	2004	Timothy Brabants	NOT
1990	Grayson Bourne	ELM	2005	Peter Almasi	ELM
1991	Grayson Bourne	ELM	2006	Ben Farrell	ELM
1992	Patrick Holmes	RIC	2007	No event	
1993	Graham Burns	ELM	2008	Ben Farrell	ELM
1994	Grayson Bourne	ELM	2009	Jonathon Boyton	ROY
1995	David Smith	ELM			

SPRINT RACING PERPETUAL TROPHIES

Sidney Rowe Cup

To the winner of the Senior A C1 1000 m at the National Championship Event

1979	W Reichenstein	IRV	1993	Andrew Train	FLA
1980	W Reichenstein	IRV	1994	Stephen Train	FLA
1981	Stephen Train	FLA	1995	Eric Jamieson	WEY
1982	Marcus Gohar	RIC	1996	Derek Hall	RDG
1983	Marcus Gohar	RIC	1997	Stephen Train	FLA
1984	Andrew Train	FLA	1998	Stephen Train	FLA
1985	Andrew Train	FLA	1999	Stephen Train	FLA
1986	Andrew Train	FLA	2000	Stephen Train	FLA
1987	No event		2001	Anthony Crowther	FLA
1988	No event		2002	No event	
1989	Andrew Train	FLA	2003	No event	
1990	No event		2004	No event	
1991	Andrew Train	FLA	2005	James Train	FLA
1992	Stephen Train	FLA	2006	Matthew Lawrence	LBZ
			2007/9	No event	

Doug Saxby Trophy

To the winner of the Senior A C1 500 m at the National Championship Event

1999	Stephen Train	FLA	2004	No event	
2000	Stephen Train	FLA	2005	Matthew Lawrence	LBZ
2001	Karl Yurkwich	RLS	2006	Matthew Lawrence	LBZ
2002	Matthew Lawrence	LBZ	2007	Matthew Lawrence	LBZ
2003	No event		2008/9	No event	

Adjutants Cup

To the winner of the Under 18 C1 500m at the National Championship Event

1981	Andrew Train	FLA	1992	Thomas Love	RLS
1982	Michael Train	FLA	1993	Jonathon Love	RLS
1983	Warren Ashman	FLA	1994	Karl Yurkwich	RLS
1984	Miles Broadbent	FLA	1995	Karl Yurkwich	RLS
1985	Jonathan Summers	EXE	1996	Jonathon Love	RLS
1986	Paul Parker	WYR	1997	Toby Shipway	LBZ
1987	Mark Parsloe	FLA	1998	Matthew Lawrence	LBZ
1988	Mark Parsloe	FLA	1999	Toby Shipway	LBZ
1989	Alex Martin	FLA	2000	Matthew Lawrence	LBZ
1990	Alex Martin	FLA	2001	Lee Watson	RLS
1991	Thomas Love	RLS			

Adjutants Cup

Reassigned – Junior Paddler with best C1 performance at National Championship Event

2002	James Train	FLA	2006	James Styan	FLA
2003	Simon Avery	FLA	2007	Iain Weir	BAN
2004	James Train	FLA	2008	Iain Weir	BAN
2005	Gareth Hunt	FLA	2009	Iain Weir	BAN

SPRINT RACING PERPETUAL TROPHIES

Femina Trophy

To the most meritorious performance by a lady Senior A at the National Championship Regatta

1981	Sue Hornby	WES	1992	Alison Thorogood	NEW
1982	Lesley Smither	LEA	1993	Andrea Dallaway	ELM
1983	Lesley Smither	LEA	1994	Hilary Dresser	RIC
1984	Debbie Watson	LBZ	1995	Becky Train	FLA
1985	Susie Perrett	RLP	1996	Alison Thorogood	NEW
1986	Susie Perrett	RLP	1997	Tricia Davey	RIC
1987	Angela Dawson	ADL	1998	Becky Train	FLA
1988	Susie Perrett	RLP	1999	Alison Thorogood	LEA
1989	Sandra Troop	NOT	2000	Abigail Cattle	RDG
1990	Hilary Dresser	ROY	2001	Rebecca Hunter	ROY
1991	Andrea Dallaway	ELM	2002-2009	No event	

Bruce Lucas Trophy

To the winner of the Women's A K1 6000m at the National Championship Event

1984	Anne Plant	LIC	1992	Alison Thorogood	NEW
1985	Anne Plant	LIC	1993	Andrea Dallaway	ELM
1986	Susie Perrett	RLP	1994	Andrea Dallaway	ELM
1987	Susie Perrett	RLP	1995	Alison Thorogood	NEW
1988	Susie Perrett	RLP	1996	Anna Hemmings	ELM
1989	Susie Perrett	RLP	1997-2000	No event	
1990	Hilary Dresser	ROY	2001	Anna Hemmings	ELM
1991	Andrea Dallaway	ELM			

Bruce Lucas Trophy

Reassigned – Winner of Women's A K1 500m at the National Championship Event

2002	Beth Campbell	NOT	2006	Abigail Coulson	RDG
2003	No event		2007	Abigail Coulson	RDG
2004	No event		2008	Louisa Sawers	ELM
2005	Abigail Coulson	RDG	2009	No event	

Lee & Joan Davies Memorial Trophy

For the best Women's B performance at the National Championship Regatta

1998	Kerry Watts	NOR	2004	Joanne Bates	ELM
1999	Laura Blair	LEA	2005	Anna Hemmings	ELM
2000	Elizabeth Homes	CHE	2006	Hayleigh Mason	NOT
2001	Jackie Eastwood	RIC	2007	Hayleigh Mason	NOT
2002	Beth Campbell	NOT	2008	Claire Spencer	HER
2003	Beth Campbell	NOT	2009	No event	

SPRINT RACING PERPETUAL TROPHIES

The Dennis Smith Trophy

To the winner of the Girls A K1 500m at the National Championship Event

1990	Tricia Davey	RIC	2000	Jenny Spencer	HER
1991	Helen Gilby	ELM	2001	Rosalind Bates	ELM
1992	Sue Bennett	FLA	2002	Zara Dale	ELM
1993	Emily Ormerod	RIC	2003	Shuna Braithwaite	SDS
1994	Lucy Hardy	FLA	2004	Tara Nutt	ELM
1995	Rachel Train	FLA	2005	Louisa Sawers	ELM
1996	Sarah Griffith	FLA	2006	Claire Spencer	HER
1997	Jenny Lumb	LBZ	2007	Jessica Walker	ROY
1998	Elaine Appleby	LBZ	2008	Maria Middlehurst	ADS
1999	Abigail Cattle	RDG	2009	Jenny Swallow	CHE

Rhodes Trophy

To the winner of the Under 18 K1 500m at the National Championship Event

1981	Nicholas Gregory	WAR	1996	Phillip Murphy	GAI
1982	Michael Smith	SHE	1997	Damian Chapman	NOT
1983	Toby Mundy	TON	1998	Craig Watt	ELM
1984	Steven Adams	ROY	1999	Owen Peake	BOA
1985	Mark Adams	ARM	2000	Andrew Kelly	ELM
1986	James Butler	NOT	2001	Simon Fennemore	WEY
1987	Ian Livesey	EXE	2002	Liam Heath	WEY
1988	Chris Dorrell	TON	2003	Edward Cox	WEY
1989	Simon Ricketts	ANK	2004	Ben Brown	ELM
1990	Paul Slater	LIC	2005	Matthew Guy	LBZ
1991	Paul Slater	LIC	2006	Robert Beer	ELM
1992	Paul Slater	LIC	2007	Tom Hide	ADS
1993	Stephen Tingay	LBZ	2008	Tom Simmons	BOA
1994	Andrew Morgan	FLA	2009	Tom Simmons	BOA
1995	Daniel Greaves	LEA			

Jones Cup

To the Junior Racing Canoeist of the Year, as voted by the members of the Junior Olympic Racing Squad

1981	Nicholas Gregory	WAR	1996	Daniel Golder	BAN
1982	David Battershell	WEY	1997	Abigail Cattle	RDG
1983	Gregory Slater	LIC	1998	Richard Darby Dowman	ELM
1984	Susie Perrett	RLP	1999	Richard Darby Dowman	ELM
1985	Gary Quittenton	LIN	2000	Richard Darby Dowman	ELM
1986	Andrea Dallaway	LIC	2001	Jenny Spencer	HER
1987	Paul Enoch	NOT	2002	Liam Heath	WEY
1988	Jason Wilson	ANK	2003	Edward Cox	WEY
1989	Simon Ricketts	ANK	2004	Paul Wycherley	WEY
1990	Tony Richardson	ROY	2005	Allen Spencer	HER
1991	Tricia Davey	RIC	2006	Rachel Cawthorn	WEY
1992	Anthony Crowther	FLA	2007	Tom Hide	ADS
1993	Stuart Crowther	FLA	2008	Jessica Walker	ROY
1994	Timothy Brabants	ELM	2009	Dean Terry	WEY
1995	Paul Darby Dowman	ELM			

SPRINT RACING PERPETUAL TROPHIES

Dexter Trophy					
For the best Senior B performance at the National Championship Regatta					
1981	Richard Lucas	GAI	1996	Gary Shaw	ELM
1982	Russell Jones	FLA	1997	Paul Enoch	NOT
1983	Roland Lucas	RIC	1998	Malcolm Starkey	FOX
1984	Peter Evans	LIN	1999	David Coulson	RDG
1985	Paul Gadd	RIC	2000	David Duff	RAF
1986	Trevor Melham	ROY	2001	Stuart West	WOR
1987	Peter Maycock	EXE	2002	Stuart West	WOR
1988	Simon Horsley	NBY	2003	Mark Hoile	ROY
1989	Gavin Turrell	RIC	2004	Paul Prestwood	GAI
1990	Brian Saunt	ADL	2005	Jonathon Schofield	SOR
1991	Roger Masters	ROY	2006	Jonathan Simmons	WEY
1992	Chris Dorrell	TON	2007	Joe Surrage	BSF
1993	Ed Shaw	ROY	2008	Brett Irvine	RIC
1994	Paul Evans	HER	2009	Pip Ede	RDG
1995	Matthew Enoch	NOT			

The James Cup					
To the winning crew of the Under 18 K4 6000m at the National Championship Event					
1981	Evans/Brevitt	LIN/LIC	1987	Barnett/Unsted	ELM/GAI
	Slater/Morley	STA		Farnham/Taylor	
1983	Piercey/McLachlan	RLP/RLS	1988	Lodge/Hutton	EXE/ANK
	Rainsford/Bradley			Richardson/Wynne	ROY/TON
1984	Adams/Bibby	ROY/MER	1990	Slater/Bradbury	LIC
	Burns/Miller	ELM		Yates/Illson	ADL/WOR
1985	Crawford/Adams	GAI/ARM	1991	Richardson/Wynne	ROY/TON
	Rust/Topham	LBZ/WAR		Slater/Jenson	LIC/RIC
1986	Gibbins/Livsey	EXE/RLP	1992	Jenson/Slater	ORS
	Boxshall/Elliott			Sargeant/Smith	

The James Cup					
Reassigned – Winning crew of the Veteran K4 at the National Championship Event					
2001	Davies/Hawthorn	WOR	2005	Adams/Martin	BSF
	Parker/Grandy			Terry/Jordan	LBZ/MAI
2002	Davies/Hawthorn	WOR	2006	Illidge/Marnell	RUN/CHE
	Parker/Saunders			Brookes/Swallow	
2003	Grimwood/Oliver	LIN/RUN	2007	Littlewood/Mason	NOT
	Oliver/Brookes			Nadal/Bagshaw	
2004	Adams/Martin/	BSF	2008	Kent/Nicholson/	SOU
	England/Hall			Willis/Rance	
			2009	Phillips/Bird/	WOR
				West/Trickett	

SPRINT RACING PERPETUAL TROPHIES

The Boulogne Cup					
To the winning crew of the Women's A K4 500m at the National Championship Event					
1981	Perrett/Hornby	RLP/WES	1991	Dallaway/Davey	ORS
	Perrett/Crawley	NEW		Troop/Thorogood	
1982	Perrett/Smither	RLP/LEA	1992	Dallaway/Davey	ORS
	Craske/Crawley	FLA/NEW		Thorogood/Troop	
1983	Smither/Parker	LEA/NOT	1993	Dresser/Gilby	ORS
	Craske/Crawley	FLA/NEW		Dallaway/Bennett	
1984	Smither/Lawler	LEA/ELM	1994	Thorogood/Green	ORS
	Perrett/Watson	LIC		Hemmings/Gilby	
1985	Plant/Clough	RLP/LIN	1995	Hardy/Cheyne	ORS
	Perrett/Troop			Train/McGee	
1986	Lawler/Perrett	ELM/RLP	1996	Gilby/Hemmings	ELM/WEY
	Crawley/Plant			Hynds/Burns	
1987	Thorogood/Lawler	NEW/ELM	1997	Cattle/Jones	ORS
	Dawson/Eastwood	ROY/ELM		Bale/Hannon	
1988	No event		1998	Davey/Train	RIC/FLA
1989	No event			Gilby/Thorogood	ELM/LEA
1990	Dresser/Dallaway	ELM	1999	Train/Campbell	ORS
	Lawler/Barry			Bapty/Thorogood	
			2007	Braithwaite/Hawkey	ORS
				Sawers/Cawthorn	
			2008/9	No event	

MacGregor Paddle			
For the winning club at the Inter-Club Championship Regatta			
1977	Fladbury Paddle Club	1994	Fladbury Paddle Club
1978	Fladbury Paddle Club	1995	Wey Kayak Club
1979	Fladbury Paddle Club	1996	Wey Kayak Club
1980	Fladbury Paddle Club	1997	Elmbridge Canoe Club
1981	Fladbury Paddle Club	1998	Elmbridge & Wey – Joint
1982	Fladbury Paddle Club		Winners
1983	Richmond Canoe Club	1999	Richmond Canoe Club
1984	Richmond Canoe Club	2000	Elmbridge Canoe Club
1985	Fladbury & Lincoln – Joint Winners	2001	Elmbridge Canoe Club
1986	Fladbury Paddle Club	2002	Elmbridge Canoe Club
1987	Richmond Canoe Club	2003	Elmbridge Canoe Club
1988	Lincoln Canoe Club	2004	Leighton Buzzard C.C.
1989	Richmond Canoe Club	2005	Elmbridge Canoe Club
1990	Richmond Canoe Club	2006	Wey Kayak Club
1991	Elmbridge Canoe Club	2007	Leighton Buzzard Canoe Club
1992	Fladbury Paddle Club	2008	Wey Kayak Club
1993	Richmond Canoe Club	2009	Wey Kayak Club



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www.gbcanoeing.org.uk

Our Mission: 'To be the No.1 canoeing nation with strength & depth at all levels'

REVIEW

2009 was the first year of the new Olympic cycle that will take us to the Games in London in 2012.

While Dr Tim Brabants returned to hospital duties to restart his medical career, with an option to return to the sport potentially in 2010, the rest of the squads worked hard to keep the British flag flying in foreign racing venues. This they achieved and deposited the best bag of results from a wide group of British sprint athletes in many years, into the bank of British sprint canoeing success.

Women's Squad

The women's squad has flourished this season. With a 100% success rate in making finals in every event entered, the squad took 5 medals in the early season World Cup events and at the European Championships, added 2 more to the tally. Highlights included a bronze for Rachel Cawthorn in K1 500m and the same for the Women's K4 200m consisting of Jess Walker, Rachel, Louisa Sawers and Hayleigh Mason.

The racing then moved on to the World Championships in Canada. Two 4th places and one 5th place result showed exactly what progress has been made. The GB women's team are right on track for London and are now becoming genuine medal contenders.

Individually, Rachel Cawthorn has had an outstanding season with 4 medals (3 individual in K1 500m and 1 in K4 200m). She was rightly presented with the British Olympic Association's 'Athlete of the Year' award for the sport.

The squad and GB canoeing were sad to see the departure of Lucy Wainwright who has moved to Canada with her husband, Barney. Lucy, 2 times Olympian, is a trail-blazer for women's sprint kayaking, teaming up this year with Lani Belcher in K2 to boost GB's tally of medals this season. While Lucy ponders her future, we take this opportunity to applaud her for her massive contribution to the sport.

Men's Squad

The Men's squad too made progress this season. In particular Ed McKeever (K1 500) raced well, finishing 10th from 44 at the World Championship. The Men's K4 1000m crew of Ben Farrell, Paul Wycherley, Stuart Hastings and Andy Daniels rewrote some GB canoeing history of their own. Their 7th place at both the European and World Championships is the best result for over 25 years in this event. A good springboard from which to build for the future.



Senior international Results

Our results from the 2009 season were:

2009 World Championships Dartmouth*	6 x Finals (2x 4 th place)
Senior European Championships - Brandenburg	2 x bronze medals; 6 finals
World Cup 2 - Poznan	2 x gold, 2 x silver, 1 bronze; 6 finals
World Cup 3 - Szeged	4 finals

U23s

A small GB team competed in the U23 Championships in Poznan making 3 finals from 8 events entered. The women's squad of Abi Edmonds, Jenna Hawkey, Angela Hannah and Vicki Towers plus men's K1 1000m kayaker, Jon Boyton leading the successes

Juniors

2009 was a 'double championship' year for the juniors.

At the European Championship, GB fielded a junior C4 crew for the first time ever. The GB team made 4 finals out of 10 events entered. The best result came from Dean Terry who finished in 6th place in both K1 events. Tom Simmons and Matt Welch also raised their game to race well and make finals. This team of 3 men's kayak then went on to race at the Junior Worlds in Moscow, where they did well to each make a final.

Fast Track Programme

In conjunction with UK Sport the BCU World Class Programme continues the Talent Transfer/ Fast Track programme in canoe and women's kayak.

2010 Targets & Senior Strategy

The changes to the Olympic event programme (see below) are rippling out across the sport. The ICF is now amending its World Championship race schedule as are the ECA, to reflect these changes. Olympic programme now consists of:

Programme of the Olympic Games London 2012

	1000m	500m	200m
Men kayak	K1		K1
	K2		K2
	K4		
Women kayak		K1	K1
		K2	
		K4	
Men Canoe	C1		C1
	C2		



The Senior World Championships programme has changed to:

Programme of the Senior World Championships 2010

	1000m	500m	200m	Relay	Long dis	Para canoeing
Men kayak	K1	K1	K1	K1	K1	K1 200m(LTA. TA. A)
	K2	K2	K2			
	K4					
Women kayak	K1	K1	K1	K1	K1	K1 200m(LTA. TA. A)
	K2	K2	K2			
		K4				
Men Canoe	C1	C1	C1	C1	C1	V1 200m(LTA. TA. A)
	C2	C2	C2			
	C4					
Women Canoe			C1			V1 200m(LTA. TA. A)

The junior World Championships programme has changed to:

Programme of the Junior World Championships 2011

	1000m	500m	200m
Men kayak	K1	K1	K1
	K2	K2	K2
	K4		
Women kayak	K1	K1	K1
	K2	K2	K2
		K4	
Men Canoe	C1	C1	C1
	C2	C2	C2
	C4		
Women Canoe			C1



The Senior World Cups programme now includes the following events:

Programme of the Canoe Sprint World Cups 2010-2012

	1000m	500m	200m	Para canoeing 200m
Men kayak	K1	K1	K1	K1 (LTA. TA. A)
	K2	K2	K2	
	K4			
Women kayak	K1	K1	K1	K1 (LTA. TA. A)
	K2	K2	K2	
		K4		
Men Canoe	C1	C1	C1	V1 (LTA. TA. A)
	C2	C2	C2	
	C4			
Women Canoe		C2	C1	V1 (LTA. TA. A)

Optional	Relay
	Long distance

Our targets for 2010 are as follows:

World / European Championships – 4 A finals 1 medal
 European U23 Championships – 4 'A' finals
 Junior European Championships –2 'A' finals

Our strategy remains the same as in 2009 - to raise the individual level of the athletes and then to continue to evolve crews. With 200m racing firmly on the Olympic programme, the profile and preparation of athletes for this event is evolving with the coaching team.

Once again, a full winter/ spring camp programme, followed by individual racing at the early season regattas, will set the pattern.

Junior Programme Strategy

The focus of the junior programme is to raise the standard of the junior athletes at a younger age.

'Developing the whole athlete in a quality daily training environment' is the key message from National Junior Coach, Claudine Le Roux. More and better training in the club delivered through the club coaches is what she sees as fundamental to success.

To this end, GB canoeing is delighted to welcome greater integration with BCU Canoe England club coach programme which in turn will provide the daily delivery that is essential for young athletes.

The NJC operates a number of training days and camps during the winter and spring for those showing potential to achieve junior success.



Athletes on Programmes

The following athletes recommended for inclusion on the World Class Programmes as at 1 January 2010 are:

Podium Programme

Lani Belcher
Tim Brabants
Rachel Cawthorn
Andy Daniels
Ben Farrell
Stuart Hastings
Hayleigh Mason
Ed McKeever
Louisa Sawers
Jess Walker
Paul Wycherley

Development Programme

Jon Boyton
Ben Brown
Ed Cox
Abi Edmonds
Angela Hannah
Jenna Hawkey
Ben Haynes
Tom Hide
Matt Lawrence
Kristian Reeves
Ed Rutherford
Tom Simmons
Jon Schofield
Dean Terry
Vicki Towers
James Train
Matt Welch

Fast Track

Paddy Hogben
Joe Hoyes
Richard Jefferies
Ben Jefferies
Mario Santos Costa
Matt Sollars
James Styan

TASS

The Talented Athlete Scholarship Programme is operated by the BCU over the whole sport. The only sprint athlete successful in receiving a scholarship for the 2009/10 period is Iain Weir.



STAFFING (as at 1 January 2010)

Performance Director

John Anderson is the BCU World Class Performance Director and has full responsibility for the BCU World Class Programmes. John can be contacted through The Elms at National Water Sports Centre (0115 9822094)

Position	Name	Based at	Tel No.
COACHING			
National Performance Coach	Brendan Purcell	Bisham/ Nottingham	01628 486619 / 0115 9822094
Senior Men's Kayak Coach	Ian Wynne	Bisham Teddington/ Bisham	01628 486619
U23 Men's and emerging senior kayak coach	Steve Harris	Bisham Teddington/ Bisham	01628 486619
Senior Women's Kayak Coaches	Miklos Simon Trevor Hunter	Bisham Bisham	01628 486619
Senior Canoe Coach	Steve Train	Nottingham	0115 9822094
Fast Track Canoe Coach	Alex Nikonorov	Nottingham	0115 9822094
National Junior Coach	Claudine Le Roux	W Thames	07968 278845
National Talent Search Coach	Mark Hoile	W Thames	07855313636
Management & Administration			
W Thames High Performance Centre		Bisham	01628 486619
National Performance Planning & Logistics Manager	Alan Williams	W Thames	0208 398 3818

Canoe- England club coaches (working within sprint racing)

Kevin Bowerbank (Wessex region)
 Nick Fowler (Worcs)
 Marcus Gohar (Richmond)
 Russ Jones (Nottm)
 Bill Lawrenson (Burton)
 Brendon Stead (Reading)



BCU World Class Programmes – Athlete inclusion criteria: PODIUM PROGRAMME

Level	Standard	Qualification Criteria	Comments
A	Medallist Top 3	Canoe Slalom and Sprint Racing World Championships	(Olympic Events only) 2 years
B	Top 8 Placing	Canoe Slalom and Sprint Racing World Championships	(Olympic Events only)
C	Top 18 Placing	Canoe Slalom and Sprint Racing World Championships	(Olympic Events only)
	Top 10 Placing	Canoe Slalom & Sprint Racing Senior European Championships	(Olympic Events only)
	Medallist Top 3	Canoe Slalom and Sprint Racing Under 23 European Championships	(Olympic Events only)

1. This 'Matrix' will be used to identify athletes that 'may be considered for inclusion' on the UK Sport Podium Programme.
2. To be considered for inclusion on the OPP athletes must as a minimum achieve the above performance criteria. However, although these criteria should be seen as a pre-requisite for inclusion in the OPP, it does not necessarily guarantee inclusion. Places on the Podium programme are limited to 18 places across Slalom and Sprint Racing.
3. Special circumstances may be considered in terms of athletes who had been included the previous year, based on results, but were unable to compete (e.g. injury).
4. The reason for inclusion of any athlete in the OPP is that the athlete is deemed to have a strong and realistic chance of winning medals at Olympic and/or World Championships over the next four years.
5. Athletes considered for inclusion on the OPP, using these criteria, will then be profiled using the BCU Performance ranking system and a final decision will be taken on their inclusion, at the discretion of the Performance Director, up to a quota agreed by UK Sport.
6. An athlete achieving a top 3 medal position at the Senior European Championships in Slalom or Sprint may be considered for Band B APA support.
7. It is expected that Athletes included on the Podium Programme will have achieved the Performance criteria to move up from Band C to band B within a 4 year period

**BCU World Class Programmes –
Athlete inclusion criteria: DEVELOPMENT PROGRAMME**

Work on this matrix is still continuing. It will be completed and published by 1 March 2009, on the BCU World Class Website www.gbcanoeing.org.uk or www.worldclass-canoeing.org.uk

Alternatively, you can contact any of the coaches or the office in Bisham/ Nottingham if you wish to receive a personal copy.

SPRINT RACING SELECTION POLICY

Dated 10/12/09
International Panel

1. General Notes on Selection

As an outdoor sport that can be affected by weather conditions and lane draws the selection policy recognises that a first past the post system will not always be fair or appropriate when selecting teams for international competitions. An ongoing assessment process will be agreed which details how and when the international teams will be assessed and selected and this process will be published in the Racing handbook.

2. International Panel (Selection Committee)

At the end of each season the BCU Board will nominate an international Panel for the following year. Details of how the Panel is nominated and appointed are set out in 2. below

The SRC will be responsible for making recommendations to the BCU Board for the appointment of suitably qualified members to work on the international panel for Sprint Racing. Members of the international panel will be selected on the basis of experience and competency and will have first hand experience of the sport at national and international level.

The final authority for appointing international panels rests with the BCU Board. The Panel will consult with the Sprint Racing Committee on selection matters, and will be responsible for proposing the selection policy on an annual basis, and for selecting international teams.

There is no requirement for international teams to be ratified by the Sprint Racing Committee.

There will be 4 core members of the international Panel and for the 2010 season they are as follows:

- John Anderson: BCU Performance Director.
- Roland Lawler: SRC Committee Appointee
- Alan Williams: BCU Performance Manager (Chairman)
- Brendan Purcell: BCU National Head Coach

Additional Panel Members:

The panel will also call on National coaches to assist with the selection of senior and junior teams. These coaches will have voting rights related to the class or age group they work with and there is an open invitation for the Chairman of SRC to join any panel meeting.

3. Competition Programme

The National Performance Manager for Sprint Racing in conjunction with the National Coaches will prepare the training and competition programmes for Senior and Junior programmes. These programmes will be circulated to the Senior Management Team and SRC for comment and approval. The SRC may add additional events which will be supported from their resources. After consultation with the World Class Management Team and SRC the programme and selection policy will be submitted for approval to the BCU Board. The programme will then be published in the Sprint Racing handbook.

4. Eligibility for Selection:

Eligibility for selection to GBR teams is currently under review

The current rules are as follows:

- Any athlete wishing to be considered for selection must be a full member of the BCU.
- They must complete the availability form and sign the appropriate athletes' Agreement.
- They must comply with BCU and ICF rules on Nationality.
- Athletes must be GBR passport holders or they must have been released from their own National Governing body.
- An Athlete is not allowed to race for two Nations in the same year.

SPRINT RACING SELECTION POLICY

- Athletes hoping to be considered for Olympic Qualifying competitions and the Olympic Games must hold a GB passport.
- Athletes Nominated for Olympic Games must be endorsed by the British Olympic Association

Availability forms are available from the BCU Performance Office.

5. Teams for Major Internationals

Teams for all major international events, World Cups, World and European Championships must comply with the rules of the International Canoe Federation and the European Canoe Association. Entry to these events is restricted to National Governing bodies affiliated to the ICF and the ECA. Restrictions apply to the number of entries each country may place.

All Athletes (UK Passport holders) who reach the target times set for international competition are eligible to be considered for selection whether they be programme or non programme athletes. There are additional rules for selection of non UK Passport holders which can be obtained from the BCU head office.

All selections will be subject to available funding.

6. Teams for Minor Internationals

The International Panel may nominate a panel to select teams for minor internationals and development events. These teams will be selected by the nominated coaches and will be ratified by the Chairman of the International Panel.

7. World Student Games/Championships

Student competitions come under the auspices of the British Universities & College's Sport. Athletes wishing to be considered for these teams must seek approval from the National Governing body. In the first instance they should notify the BCU International Programme Manager (Andy Goodsell) that they would like to be considered. The SRC will nominate assessment competitions for Student Games but final entries will be at the discretion of British University & College Sports athletes may make representation to their own College or University for funding.

Entries to any I.C.F international are subject to National Governing body approval. Permission must be sought before any entries can be placed.

8. Para-Canoeing

Selection for the BCU Para-Canoeing Team to represent GB at International events will be based on the ICF disability classifications and classes. Athletes who wish to be considered for selection must, in addition to point 4 above, be willing to be assessed and able to use the boats which meet the ICF regulations. Selection will be based on results from the 2010 national regatta series and will take into consideration any health issues. The final selection policy will be published on the B.C.U website in April

9. Selection and de-selection:

- The BCU reserves the right to deselect an athlete due to illness/injury or loss of form. In these circumstances the International Panel may call on the BCU medical officer or another appointee to conduct a fitness trial or test to determine fitness to participate.
- In the case of loss of form this would be a water based test over race distance against other GBR athletes who are eligible for selection. The test will be appropriate to conditions and the Class.
- Following the fitness test the person appointed to conduct the test will supply the International Panel with the results of the test.
- The International Panel will then determine whether the athlete will remain in the GBR Team. If the athlete is not fit to compete the Panel may ask the coaches to nominate another athlete as a replacement.

SPRINT RACING SELECTION POLICY

- The BCU also has the right to deselect an athlete who has been found guilty of a disciplinary offence under the BCU Rules. This obviously would include offences concerning doping control regulations.
10. **Funding**
All GBR team selections are subject to available finance which means that available funding may influence the size and number of athletes selected for each international. All athletes may be asked to contribute an amount determined and agreed by the Senior Management Team or Sprint Racing Committee. These contributions will only be used to support the cost of sending athletes to the International competitions or training camps for which they are selected.
11. **The aims of the Selection Policy are:**
1. To select the best possible Teams for major competitions.
 2. Notwithstanding the above. The panel will also give careful consideration to developing GBR athletes and may restrict the number of events that crews can compete in if this is considered to be in the best interest of the overall GB Team
 3. To employ an open and fair selection process that allows athletes to challenge for selection.
 4. To ensure that the selection process does not unduly affect the preparation of established athletes preparing for major competitions.
 5. To select developing athletes to represent GB and gain exposure at nominated international events.
 6. When forming crew boats the coaches will give consideration to: Compatibility, Availability, Commitment and Individual Performance.
 7. The international Panel will take account of improvement through the season. But this does not mean that the winner of the last competition is automatically selected.
12. **Appeals:**
At present the only grounds for appeal are that the International panel did not adhere to the agreed format and time table for selecting teams. The B.C.U Appeals Policy was approved by the B.C.U Board in 2007. Copies of this policy can be obtained from the B.C.U Performance Office.

There is no appeal process for athletes deselected under rule 9.

End of selection Policy

Supplementary Information Published as a guide to assist Athletes and Coaches:

World Class Programmes: Moved from Selection Policy 11.

Nominations to the Podium programme must be approved by UK sport. Funding from these programmes can only be used to support athletes who have been nominated and accepted as part of the World Class Programmes. The criteria for recommending and approving athletes for World Class Programmes will be published in the Racing Handbook.

Ongoing assessment process:

Teams will be selected on results and proven ability to compete in the events they are selected for. Appropriate level means they should be able to race competitively and will have reached or exceeded the target times shown below.

The 2009 World Championships gives a realistic comparison for athletes seeking selection. Senior athletes achieving these times could expect to reach semi finals at major international competitions and would normally be considered for selection.

- The winning times from 2009 World Championships are shown in brackets.
- The figures on the left are our minimum target times for senior teams in 2010.
- Where the 2009 times were unusually fast or slow the targets have already been adjusted and these are indicated by the word fast or slow after the time in brackets.

SPRINT RACING SELECTION POLICY

The guide adds 3 seconds for 200m events, 5 seconds for 500 metre events and 8 seconds for 1000 metre events and generally represents the minimum standard for consideration for selection!
Events shown in **bold** are the 2012 Olympic Events.

200m plus 3 secs			500m plus 5 secs			1000m plus 8 secs		
K1	200	38.50 (35.13)	K1	500	1.42 (1.37.60)	K1	1000	3.38 (3.29.42)
K2	200	35.50 (32.22)	K2	500	1.33 (1.29.40)	K2	1000	3.22 (3.14.61)
K4	200	33.50 (30.41)	K4	500	1.25? (no race)	K4	1000	3.03 (2.57.43) slow
C1	200	43.50 (39.04)	C1	500	1.54 (1.49.72)	C1	1000	4.04 (3.55.94)
C2	200	40.00 (36.44)	C2	500	1.46 (1.41.31)	C2	1000	3.48 (3.37.38) fast
C4	200	37.00 (34.14)	C4	500	1.36? (no race)	C4	1000	3.30 (3.21.59)
WK1	200	43.50 (40.86)	WK1	500	1.56 (1.51.14)	WK1	1000	4.08 (3.59.84)
WK2	200	41.00 (37.50)	WK2	500	1.47 (1.41.14)	WK2	1000	3.48 (3.40.42)
WK4	200	38.00 (35.04)	WK4	500	1.39 (1.33.09)	WK4	1000	3.25? (no race)

The International Panel recognise that some of the younger U23 athletes may not be able to achieve these target times and will take into account future potential when considering U23 athletes.

The priority for U23 athletes with results below the guide time will be nominated development events and the U23 European Championship.

Assessment Competitions for Internationals in 2010:

The Assessment competitions that will be used by the International Panel when they consider GBR teams for Major International Competitions are shown on the schedule at the end of this paper.

The International Panel may vary selection dates if unforeseen circumstances disrupt the selection timetable. If this becomes necessary every effort will be made to inform athletes as soon as possible. Athletes and coaches should be aware that the ICF and the Countries organising international competition may also make changes that could affect the competition programme.

Development Competitions:

The SRC may nominate some internationals as junior development events. Teams for these events will be called BCU teams. For these the International Panel would consider other factors such as age and commitment to develop crew boats. Entries may be based on future potential rather than actual results.

2010 Selections for Seniors:

- For the 2010 season the April Regatta will be used by the National Performance Coach and Section Coaches to produce a ranking for singles.
- Following the April Regatta coaches will prepare crews to race at the May regatta.
- At the May regatta athletes can again race their single or their nominated crew boat.
- Following the May regatta a squad will be selected to race at World Cup 2 (Szeged) and World Cup 3 (Duisburg). These competitions are on consecutive weekends which will be taken into consideration during the International Panel meeting

SPRINT RACING SELECTION POLICY

- Coaches will continue to develop crew boats throughout the season but any changes must be approved by the International Panel.
- Following World Cup 3 the International panel will meet to ratify teams for Senior European and U23 European Championships.
- Following Senior Europeans the International Panel will meet to select the team for the World Championships.

In considering the assessment process the International Panel have taken account of the following:

1. The number of events that can be used in the assessment process.
2. The need for paddlers to train.
3. Provision for Athletes to challenge for selection without compromising other athlete's preparations.
4. Pre selection issues and the need for crew boat training
5. The timing of events within the ICF Calendar.

Performance confirmation for major events:

In the event of two or more boats having similar results during the assessment for major competitions the International Panel may nominate an event as a final race off.

The option to hold a race off will be at the sole discretion of the International Panel and could be held at an international competition or a domestic competition or a closed trial.

Note:

The ICF Sprint Racing calendar is a working document that could still be changed. If changes are made which render the chosen assessment competitions impractical, the International Panel will confirm any changes to the assessment programme as soon as practical.

SPRINT RACING SELECTION POLICY

Sprint Racing Senior International Competitions 2010

Assessment - Competition and selection dates for Senior Internationals:

International Competitions	Events that will be used as assessments	Date of Selection Meeting and additional notes:
Ranking Lists	2008/9 International results: Olympic, European and Worlds Ranking from April Regatta	Coaches produce ranking for singles!
Szeged World Cup 2 28th – 30th May Duisburg World Cup 3 5 th – 7 th June	2008/9 International results: Olympic, European and Worlds Ranking from April Regatta (Secondary) May Regatta (Primary)	Selection meeting 9 th May 2009 Nominate Team for World Cup 3 Duisburg Nominate Team for World Cup 2 Szeged
Senior European Championships. Madrid 1st – 4th July	Duisburg World Cup Szeged World Cup May Regatta April Regatta (Secondary)	Selection Meeting: Following W/C 3 Provisionally 9 th June
U23 European Champs Bronnitsy Russia 29 th – 1 st Aug	2010 International Results May & June Regatta April Regatta (Secondary)	Selection Meeting: Following June Regatta Provisionally 9 th June? <u>Allows 7 weeks for Visa applications</u>
Senior World Championships Poznan (Poland) 19th – 22nd Aug	2009 International Results May Regatta	Selection Meeting: Following Sen Europeans Provisionally 7 th July A. Finalists at Senior Europeans will gain automatic selection for Senior Worlds. (This is subject to point 9 in the selection policy)

- Athletes should be aware that in the process of ongoing assessment the international panel will review results from the competitions listed in column two above. The panel will also assess athletes and crews on their improvement profile throughout the season.

SPRINT RACING SELECTION POLICY

Sprint Racing Junior International Competitions 2010

Junior Internationals and Assessment events for Junior Teams:

International Competition	Age Groups	Events that will be used as assessments	Date of selection meeting and notes*
Boulogne International 15 th – 16 th May Development /training regatta	U16/17/18	2009 Results + March profiling and results from the April regatta. <i>(Note the team will not be selected solely on rankings at the April regatta)</i>	Development Squad - Coaches + Chair of IP
Bochum International 20 th -22 nd June	U16/17/18	May and June regattas	Selection Meeting 6 th June
Junior European Championships Bronitsy Russia 29 th – 1 st Aug	U18	May and June Regattas And 2010 internationals	Selection Meeting 22 June <u>Allows 5 weeks for Visa</u>
Olympic Hopes Piastany 18 th -19 th Sept	U15/16/17	June and July regatta	Selection Meeting 4 th July
Possible late Season Development event to be confirmed??	BCU	2010 Results	Provisional event !!!

Athletes should be aware that in the process of ongoing assessment the international panel will review results from the competitions listed above. In addition to results the panel will assess crews on their improvement profile through the season.

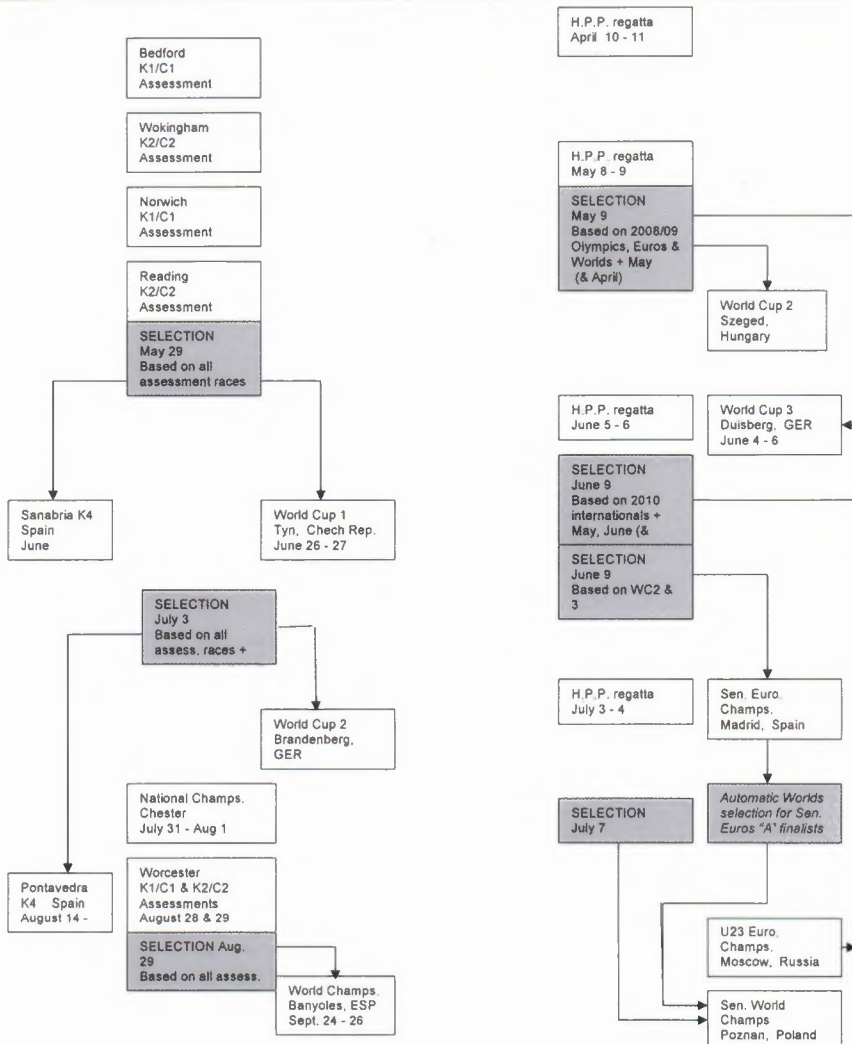
Athletes nominated for Olympic Hopes must attend the training camp shown on the availability form.

SENIOR & U23 INTERNATIONALS 2010 GUIDE TO SELECTION

PLEASE SEE SELECTION POLICY IN 2010 RACING HANDBOOK FOR DETAILS

19.11.09

MARATHON RACING			SPRINT RACING		
BCU Team	Domestic	G.B. Team	BCU Team	Domestic	G.B. Team

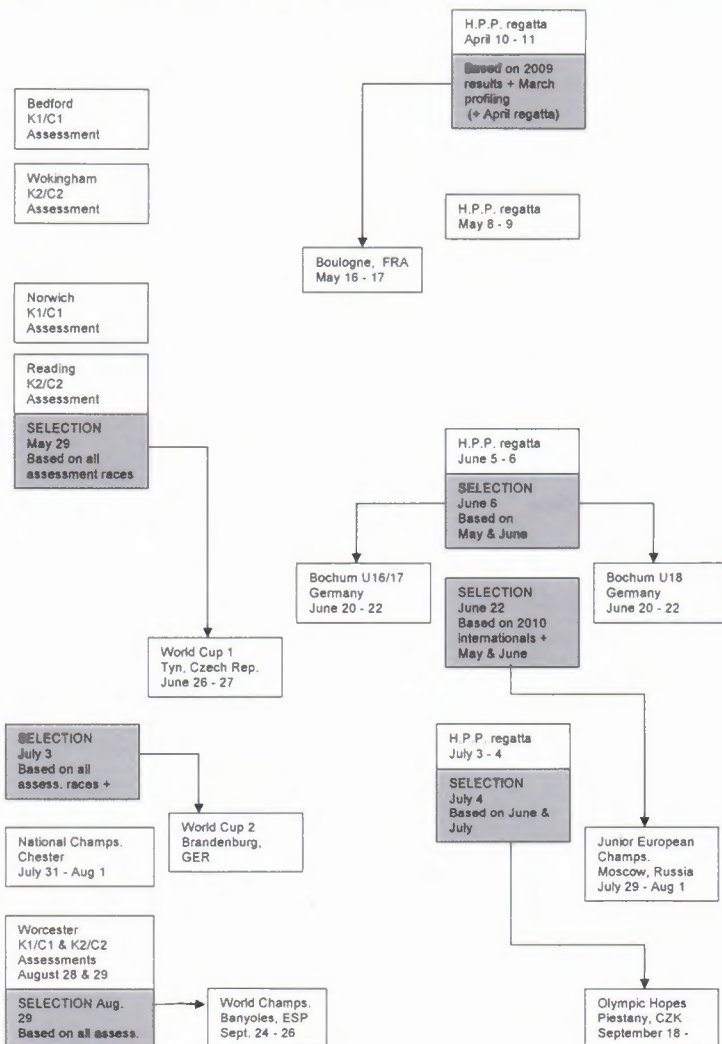


JUNIOR INTERNATIONALS 2010 GUIDE TO SELECTION

PLEASE SEE SELECTION POLICY IN 2010 RACING HANDBOOK FOR DETAILS

24.11.09

MARATHON RACING			SPRINT RACING		
BCU Team	Domestic	G.B. Team	BCU Team	Domestic	G.B. Team



STANDARDS FOR RACING

K1 / C1 times on a fast course

Marathon	HC	1000M	500M	200M	Sprint
Div 1		0 3.30	1.38	0.36	<World Champion K1
		1 3.34	1.40	0.37	
		2 3.38	1.42	0.38	
		3 3.42	1.44	0.39	Kayak:
	P 4	3.46	1.46	0.40	Men A
Div 2	D 5	3.50	1.48	0.41	World Champion C1 / WK1
		6 3.54	1.50	0.42	Kayak:
		7 3.58	1.52	0.43	Men B / Boys A
		8 4.02	1.54	0.44	Women A / Masters: Men A
	P 9	4.06	1.56	0.45	Canoe: A
Div 3	D 10	4.10	1.58	0.46	Kayak:
		11 4.14	2.00	0.47	Men C / Boys B
		12 4.18	2.02	0.48	Women B / Girls A
		13 4.22	2.04	0.49	Masters: Men B
	P 14	4.26	2.06	0.50	Canoe: B Snr / B Jnr / WA
Div 4	D 15	4.30	2.08		Kayak:
		16 4.34	2.10		Men D / Boys C
		17 4.38	2.12		Women C / Girls B
		18 4.42	2.14		Masters: Men C / Women A
	P 19	4.46	2.16		Canoe: C Snr / C Jnr / WB
Div 5	D 20	4.50	2.18		Kayak:
		21 4.54	2.20		Boys D / Girls C
		22 4.58	2.22		Women D
		23 5.02	2.24		Masters: Men D / Women B
	P 24	5.06	2.26		Canoe: D Snr / D Jnr / WC
Div 6	D 25	5.10	2.28		Kayak:
		26 5.14	2.30		Girls D
		27 5.18	2.32		Canoe: Women D
		28 5.22	2.34		
	P 29	5.26	2.36		
Div 7	D 30	5.30	2.38		Regional Regattas recommended
		31 5.34	2.40		
		32 5.38	2.42		
		33 5.42	2.44		
	P 34	5.46	2.46		
Div 8	D 35	5.50	2.48		Regional Regattas recommended
		36 5.54	2.50		
		37 5.58	2.52		
		38 6.02	2.54		
	P 39	6.06	2.56		
	D		3.00		Minimum K1
					National Regatta
			3.30		Minimum
					Mini Sprint A
			4.00		Minimum
					Mini Sprint B

Promotions (P) and demotions (D) are possible on 1000m, 500m, 200m and marathon results. The handicap (HC) is the number of seconds longer that it takes to paddle the distance a zero paddler covers in one minute.

STANDARDS FOR RACING

1. Introduction

The Racing Standards were set up to develop marathon racing, sprint racing and fast touring.

2. The Progression

Outlined below are the current **skill, racing and coaching awards** designed to support a progressive coaching & paddling scheme for clubs based on placid water using open cockpit canoes and kayaks.

2.1 Skill Development Awards for paddlers

The Star tests provide progressive levels of award for canoe and kayak. They can be used either as a basis to encourage skill development for paddlers or as an indicator of the appropriate level of skill for aspirant coaches in the instructional coaching awards.

Details of the syllabus are contained in free leaflets available from BCU Office.

2.2 Racing Awards for paddlers

The Racing Tests are designed to encourage paddlers to improve performance and recognise their progress in racing kayak and canoe. The Sprint Awards also provide a useful guide to indicate the class or division to which paddlers should enter into sprint and marathon racing.

The awards can be examined by any BCU Coach (Level 1-5) or Club Official and can be taken in any canoe or kayak

There are three types of Racing Award:

- **The Sprint (500m) Awards**

In each case the paddler must equal or beat the times below to achieve the standard.

Award	Kayak Men	Kayak Women	Canoe
Green	4.00	4.20	5.00
Blue	3.30	3.45	4.00
Bronze	3.05	3.20	3.20
Silver	2.45	3.00	3.05
Gold	2.30	2.45	2.45

Note: Time in minutes and seconds – in single canoe or kayak

Guidelines for entry into Sprint & Marathon Racing

To promote fair racing and as a guide for coaches, team leaders and paddlers, the following standards, based on the "Sprint (500m) Awards", are suggested as the entry levels into Divisional Marathons and regional, club or local Sprint Regattas.

Entry levels for National Sprint Racing Regattas held at the National Watersports Centre, Holme Pierrepont Nottingham, see the Racing Standards chart on Page D1.

Award	Marathon			Sprint
	Kayak men	Kayak Women	Canoe	
Green	Fun/Mini Sprint	Fun/Mini Sprint	Fun	Mini Sprint
Blue	Div 9	Div 9	Div 9	Mini Sprint
Bronze	Div 8	Div 9	Div 9	Junior M & F & Veterans
Silver	Div 7	Div 8	Div 8	Senior Women & Canoes
Gold	Div 6	Div 7	Div 7	Senior Men

STANDARDS FOR RACING

Note: To qualify for National Regattas, the standards must be achieved in a modern racing single canoe (in high kneeling position) or single kayak (with seat).
See Team Leaders' Section for more details.

- **The Marathon, Half Marathon**

Details of the standard times are available in a free leaflet "The Placid Water Racing Awards" (CT/012/00/1).

- **The Time Trial Awards**

Details of the standard times are available in a free leaflet "The Placid Water Racing Awards" (CT/012/00/1).

For a copy of leaflet CT/012/00/1, contact BCU Head Office

COACHING THE COMPETITION DISCIPLINES

Gaining qualifications and knowledge to Coach:

The Coaching Scheme has various pathways enabling both paddlers (boat based) and non-paddlers (bank based) to become Competition Coaches.

The entry level to the Coaching Scheme is at Level 1. This can be accessed by anyone with a minimum number of pre-requisites.

Level 1

A Level 1 Coach is classed as an 'Assistant Coach' whose role is to assist a higher level coach, or work a little more autonomously with some extra criteria in place. They are trained to deliver single sessions to individuals or groups in sheltered water conditions.

If you wish to enter the Coaching Scheme as a 'Boat Based Coach', then you will need the BCU 2 Star Paddlesport Award or the BCU Paddlepower Discover Award, together with completion of a BCU 'Boat-based' Foundation Safety and Rescue Training Course.

If you wish to enter as a 'Bank-Based Coach' then you only need is to complete a 'Bank-based' Foundation Safety and Rescue Training Course.

The Foundation Safety and Rescue Course may be included in a Level 1 training course by adding an extra day, or it could be attended prior to the Level 1 Training Course.

The Level 1 Course is a 4-day course. The time required is the equivalent of 4 days and may be spread over weekends, or evenings during the week over a longer period of time. This arrangement for the course suits the Clubs where volunteer time is at a premium and they do not wish to give up their weekends with their paddlers.

Assessment is on-going during the course, with a number of assessment tasks being performed and continual feedback given during the course by the course tutors. The course is generic in nature with opportunity to explore different methods coaching in and to a variety of craft; canoes and kayaks; singles and crew boats.

Following the Level 1 Course, a coach can then access the 'Racing Module'

Racing Module

This is a one day course or equivalent time duration, it focuses on the main basic aspects involved in coaching racing, particularly forward paddling technique in canoe and kayak. It is designed to give the level 1 or 2 coach a basic understanding of Sprint and Marathon from a coaching perspective.

Coaching for Teachers

It is possible for qualified teachers to access the level 1 course and complete their training and assessment in 2 days rather than 4. This course takes into account the training that is undertaken to become a teacher by applying Accredited Prior Learning (APL)

APL

The BCU recognises that in some instances aspirant coaches have prior experience that may enable them to enter the Coaching Awards programme at a higher level.

COACHING THE COMPETITION DISCIPLINES

If you feel you have experience that can be accredited as prior experience, then refer to the BCU Accredited Prior Learning (APL) Policy: <http://www.canoe-england.org.uk/coaching/apl/>

Supporting Modules

To help the coach with their own personal development and to start the process of moving on to qualify for level 2, there are a number of Foundation modules available as supporting units. Details of these can be found at <http://www.canoe-england.org.uk/tests-i-awards/coaching-support-modules/foundation-modules>

They include aspects of sports science, psychology and preparation and planning.

Level 2

The Level 2 Coach can work autonomously. They are trained to deliver a series of 6 linked sessions to individuals or groups on sheltered water.

This level is also designed for both boat based and bank based coaches, the pre-requisites are similar: A 3 Star Award is needed along with the Foundation Safety and Rescue Training. The training and assessment days are separate at Level 2. Training is held over a 4 day period or an equivalent number of hours. Assessment is conducted after a number of coaching hours are logged and supporting module sessions attended. Assessment will be coaching both canoe and kayak disciplines.

Together with the Racing Module, this is the ideal award for a coach working at club level under direction of a more senior Club Coach.

Level 3

Level 3 Coaches are discipline specific. Level 3 Coaches will be able to deliver an annual programme to paddlers under their direction. It is the ideal qualification for those coaches who have a lead coaching role within the club.

Again, the Level 3 Coach can be boat based or bank based and they would need appropriate qualifications or experience required to fulfil the conditions to become a boat based coach. The Level 3 Course consists of a 3 day (or equivalent) generic core; this is followed by 2 days of applied coaching within the discipline environment. Various assessment tasks have to be fulfilled over a 12 month period; this is finished up with 2 formal assessments, one in the training environment and one at a competition with the coach's own long term athletes.

Information on Coaching Course opportunities and supporting modules can be found on coaching pages of the Canoe England website <http://www.canoe-england.org.uk/coaching>

Other information can be had from:

John Handyside, National Competition Coach, Canoe England

John.handyside@canoe-england.org.uk; 0845 3709502; 0790 5002530

CLUB ABBREVIATIONS

4AS	Four As CC	LEI	Leicester Canoe Club
ACU	Army Canoe Union	LGW	Linlithgow Canoe Club
ADJ	ADJ Canoe Club	LIN	Lincoln Canoe Club
ADL	Adlington Canoe Club	LON	Longridge Canoe Club
ADS	Addlestone Canoe Club	MAD	Macclesfield & District Canoe Club
ANK	Anker Valley Canoe Club	MAI	Maidstone Canoe Club
ART	Artist Rifles	MDN	Meridian
BAD	Barking and Dagenham Canoe Club	MLO	Marlow Canoe Club
BAN	Banbury & District Canoe Club	NED	North East Disability Canoe Club
BAS	Basingstoke Canal Canoe Club	NOR	Norwich Canoe Club
BEJ	Bourne End Junior Sports Club	NOT	Nottingham Kayak Club
BOA	Bradford on Avon Canoe Club	NWK	Newark Canoe Club
BRI	Bristol Canoe Club	PAN	Pangbourne Canoe Club
BRY	Bryanston School Canoe Club	PEN	Pennine Canoe Club
BSF	Bishops Stortford Canoe Club	PLY	Plymouth College Canoe Club
BTH	Bath Canoe Club	PNZ	Penzance Canoe Club
BUR	Burton Canoe Club	POO	Poole Harbour Canoe Club
CAM	Cambridge Canoe Club	RAF	Royal Air Force Canoe Association
CDF	Cardiff Bay Kayakers	RDG	Reading Canoe Club
CEL	Celbridge Canoe Club	RIC	Richmond Canoe Club
CHE	Chester Sailing & Canoeing Club	RIP	Rabbit Independent Paddlers
CKP	Cokethorpe School	RLS	Royal Leamington Spa Canoe Club
CLM	Chelmsford Canoe Club	RM	Royal Marines Canoe Club
DCP	Dyffryn Conway Canoe Club	ROY	Royal Canoe Club
DEV	Devizes Canoe Club	RUN	Runcorn Canoe Club
EAL	Ealing	SAV	South Avon Canoe Club
EBC	Eyot Boat Club	SDS	Scottish Development Squad
ELM	Elmbridge Canoe Club	SHP	Shropshire Paddlesport
EXE	Exeter Canoe Club	SLP	Salmon Leap Canoe Club
FLA	Fladbury Paddle Club	SOL	Solihull Canoe Club
FOR	Forth Canoe Club	SOR	Soar Valley Canoe Club
FOX	Falcoln (Oxford)	SOU	Southampton Canoe Club
FOY	Fowey River Canoe Club	TAU	Taunton Canoe Club
FRE	Freestyle Canoe Club	TON	Tonbridge Canoe Club
GAI	Gailey Canoe Club	TRE	Trentham Canoe Club
GLS	Glanford & Scunthorpe Canoe Club	TRU	Truro & Hayle Canoe Club
GRI	Griffon Canoe Club	TTN	Thomastown Paddlers
HAS	Hastings Canoe Club	VIK	Viking Kayak Club
HEM	Hemel Hempstead Canoe Club	WAV	Waveney Valley Canoe Club
HER	Hereford Kayak Club	WCR	Winchester Canoe Club
HUN	Huntingdon Canoe Club	WEY	Wey Kayak Club
KIM	Kimbolton School	WIN	Windsor Canoe Club
KIN	Kingston Kayak Club (Hull)	WOK	Wokingham Canoe Club
KIR	Kirkcaldy Canoe Club	WOL	Wolverhampton Canoe Club
LBZ	Leighton Buzzard Canoe Club	WOR	Worcester Canoe Club
LEA	Leaside Canoe Club	WRL	White Rose Leeds

4AS



**FOUR AS
CANOE**

ACU



ARMY

ADL



ADLINGTON

ADS



ADDLESTONE

ANK



**ANKER
VALLEY**

BAD



**BARKING &
DAGENHAM**

BAN



**BANBURY &
DISTRICT**

BAS



BASINGSTOKE

BED



**BEDFORD
SCHOOL**

BEJ



**BOURNE END
JUNIORS**

BKW



**BLACKWATER
VALLEY**

BLN



**BLUNDELL
SCHOOL**

BOA



**BRADFORD-
ON-AVON**

BRI



BRISTOL

BRY



**BRYANSTON
SCHOOL**

BSF



**BISHOP'S
STORTFORD**

BTH



BATH

BUR



BURTON

CAM



CAMBRIDGE

CDF



CARDIFF

CEL



CELBRIDGE

CHE



CHESTER

CKP



COKETHORPE

CLM



CHELMSFORD

CLM



**CHELMSFORD
(MARATHON)**

DCP



DYFFRYN CONWY

EAL



EALING

ELM



ELMBRIDGE

EXE



EXETER

FLA



FLADBURY

FOX



FALCON

FOY



FOWEY RIVER

GAI



GAILEY

GRI



GRIFFON

HAS



HASTINGS

HEM



**HEMEL
HEMPSTEAD**

HER



HEREFORD

HUN



HUNTINGDON

KEN



KENDAL

KIM



**KIMBOLTON
SCHOOL**

KIR



KIRKALDY

LBZ



**LEIGHTON
BUZZARD**

LEA



LEASIDE

LEI



LEICESTER

LGW



LINLITHGOW

LIN



LINCOLN

LON



LONGRIDGE

MAD



MACCLESFIELD

MAI



MAIDSTONE

MAN



MANCHESTER

MDN



MERIDIAN

MLO



MARLOW

NBY



NEWBURY

NOR



NORWICH

NOT



NOTTINGHAM

PAN



PANGBOURNE

PEN



PENNINE

PLY



PLYMOUTH

RAF



**ROYAL AIR
FORCE**

RDG



READING

RIC



RICHMOND

RLS



**ROYAL
LEAMINGTON
SPA**

RNK



ROYAL NAVY

ROY



ROYAL

RUN



RUNCORN

SDS



**SCOTTISH
DEVELOPMENT**

SHO



SHOREHAM

SLP



SALMON LEAP

SOR



SOAR VALLEY

SOL



SOLIHULL

SOU



**SOUTHAMPTON
CANOE**

STR



**STIRLING
KAYAK**

TON



TONBRIDGE

TRU



TRURO

VIK



VIKING

WCR



WINCHESTER

WEY



WEY

WIN



WINDSOR

WOK



WOKINGHAM

WOR



WORCESTER

23rd October 2010
New event

TAY DESCENT 2010

3 courses – all finishing in Perth

5 miles – grade 1

12 miles – grade 1-3

23 miles – grade 1-3

Classes for different age groups and types of boats

Tour or Race: the choice is yours

Prize Giving

Ceilidh



23-24th October 2010 - Perth

Paddle 2010

Scotland's Canoe & Kayak Show

- Talks – on every aspect of paddling
- Practical Workshop sessions
- The largest collection of Manufacturer & Retailer stands at a UK canoe show – and it's indoors

canoescotland.com

SCA 
Scottish Canoe Association

Sprint Ranking				Sprint Ranking			
Reg: Surname	Name	Club	Year	Reg: Surname	Name	Club	Year
Men's A				Men's B cont'd			
2770 BEER	ROBERT	ELM	1989	2527 FOWLER	NICHOLAS	WOR	1977
0440 BOYTON	JONATHON	ROY	1988	1452 FREEMAN	SAM	EXE	1990
2536 BRABANTS	TIMOTHY	NOT	1977	2090 GIBSON	OLIVER	ROY	1991
3510 BROWN	BEN	ELM	1986	2905 GOLDER	RICHARD	BUR	1976
2932 BURGOYNE	PAUL	HER	1980	4002 HAMPTON	MARK	LEI	1991
2605 CHILDERSTONE	MARK	WEY	1991	4009 HEMMING	JAMES	ACU	1987
3526 COX	EDWARD	WEY	1985	0621 HERBENT	ATTILA	RLS	1977
0310 DANIELS	ANDREW	RDG	1988	2965 HIDE	MATT	ADS	1987
3712 DANIELS	THOMAS	RDG	1986	2646 HUMPHRIES	TIMOTHY	ROY	1989
3412 EGAN	PETER	SLP	1979	3905 ISBELL	OLLIE	RIC	1984
3329 FARRELL	BEN	ELM	1983	3227 JOHNSON	NATHAN	ELM	1981
3528 FENNEMORE	SIMON	WEY	1983	3237 JONES	NIGEL	NOT	1978
3507 FLEMING	NEIL	CEL	1984	4869 JORDAN	AARON	MAI	1990
2898 GOLDER	DANIEL	BAN	1978	5780 JURY	SIMON	CDF	1975
3617 GOODALL	MICHAEL	ACU	1985	4678 KEOGH	BRIAN	SLP	1989
1021 HASTINGS	STUART	ROY	1988	2301 KILBOURN	ROBERT	NOR	1975
0739 HAYNES	BEN	LBZ	1989	5499 KING	JAMES	ACU	1979
3530 HEATH	LIAM	WEY	1984	3870 KING	ROBERT	HER	1975
3334 HIDE	THOMAS	AOS	1990	LAMBERT	MICHAEL	WEY	1991
5093 IRVINE	BRETT	RIC	1979	0670 LANG	OLLIE	RDG	1988
3654 KELLY	ANDREW	ROY	1983	3857 LAWRENSON	TIM	BUR	1985
5488 KULCSAR	ZSOMBOR	SLP	1988	2969 LAYNG	MARTIN	RUN	1988
5254 MAJCHRZAKE	MATTHEW	SLP	1979	0015 LOFTUS	KENNETH	ROY	1978
3411 MALONEY	BRENDAN	SLP	1979	5079 MAINPRIZE	THOMAS	RDG	1991
4832 MARCHETTI	SEAN	CEL	1988	1909 MARTIN	PADDY	CEL	1989
3646 McKEEVER	EDWARD	BOA	1983	2522 MASON	MICHAEL	NOT	1975
3221 MOULE	KEITH	CLM	1980	5100 McMORRIN	COLIN	KIR	1988
0308 PENDLE	TIM	NOR	1989	2877 MEYER	RICHARD	NOT	1975
2793 REEVES	KRISTIAN	ADS	1989	2512 MORTON	DWAYNE	ELM	1984
0584 RUTHERFORD	EDWARD	ELM	1990	3220 MOULE	STEVE	CLM	1979
3663 SAVERS	JOHN	ELM	1985	1964 OAKLEY	BEN	NOT	1988
3864 SCHOFIELD	JONATHAN	SOR	1985	1950 OLIVER	DAVID	LIN	1977
2118 SEARS	CHRIS	ROY	1986	1997 O-SULLIVAN	LUKE	SLP	1989
3894 SIMMONS	JONATHAN	WEY	1986	1891 OWEN	ASHLEY	ADS	1989
1216 SIMMONS	TOM	BOA	1990	4318 OWEN	MICHAEL	ADS	1986
3644 SPENCER	ALLEN	HER	1987	0605 PARFITT	BEN	ELM	1989
4929 STEAD	BRENDON	RIC	1984	1374 PARKER	JOHN	WOR	1977
1193 TERRY	DEAN	WEY	1991	3697 PEAKE	OWEN	RDG	1981
3778 WATKINS	BARRY	SLP	1989	0364 PEARSE	PHILIP	SOU	1988
2999 WELCH	MATTHEW	WEY	1991	4971 PEDLAR	DAVID	WOR	1976
3893 WYCHERLEY	PAUL	WEY	1986	0855 PERIERA	CHRIS	ADS	1987
Men's B				1372 POOLE	ROBERT	ROY	1989
5972 AMBROZIAK	DENIS	ANK	1991	2495 ROWELL	GARY	LEA	1988
3550 ANDERSON	GRANT	NOT	1983	2886 SEAFORD	DANNY	RDG	1979
0902 ATWILL	JAMES	BOA	1990	5542 SEROWIK	MARCIN	LEI	1983
4425 BARBER	DANIEL	ELM	1989	1901 SHARPE	TOM	EXE	1990
5403 BIDLE	DARREN	NOR	1976	5456 SIMMS	MICHAEL	NOT	1989
3936 BRADSHAW	BEN	NOR	1988	5839 SNEDDON	THOMAS	LGW	1989
5261 BRENNAN	MICHAEL	TTN	1986	2914 SORENY	RICHARD	RLS	1976
1378 BRIDGE	TOM	WEY	1989	3240 SOWRY	TIMOTHY	ELM	1982
0247 BUGGY	DAVID	CEL	1990	5036 STADDON	JACK	ROY	1990
1305 BUGGY	GRAHAM	CEL	1985	3065 STREVENS	ADAM	SLP	1976
2705 BULLOCK	RICHARD	EXE	1975	3479 SURRAGE	JOE	BSF	1981
2725 BURGOYNE	MARK	HER	1976	4411 THOROGOOD	GLENN	ELM	1989
3058 CLARK	IAN	NOT	1977	0679 THOROGOOD	PHILIP	ELM	1989
4881 COX	SAM	WEY	1989	6054 TURAN	BARNABUS	WOR	1982
6076 DAVEY	ANDY	TON	1978	2995 VANLONKHUYZEN	SIMON	SLP	1976
3131 DAVIES	PAUL	HER	1979	6248 VAN-RIEMSDIJK	RICK	ROY	1986
3856 DEAN	SIMON	RLS	1984	4329 VINCENT	ROBERT	SOR	1990
5329 DOMONKOS	ISTVAN	RIC	1978	0369 WICKENS	ANDREW	ELM	1976
5450 DRISCOLL	SAMUEL	MAI	1991	4513 WILLIAMS	NEIL	ROY	1989
4990 EDE	PIP	RDG	1991	4097 WILLIS	SAMUEL	SOU	1991
3297 ELKINGTON-COLE	RUPERT	RIC	1978	3667 WINSTANLEY	RICHARD	RIC	1984
2486 ENOCH	MATTHEW	NOT	1976	2586 WRIGHT	MICHAEL	EXE	1985
3506 FLEMING	CIARAN	CEL	1987	0696 YATES	PAUL	WEY	1989
0727 FLEMING	DARRAGH	CEL	1990	5340 YOUNG	JOSH	NOT	1990

Sprint Ranking				Sprint Ranking			
Reg: Surname	Name	Club	Year	Reg: Surname	Name	Club	Year
Men's C				Men's D			
5171 ALLEN	LEWIS	NOR	1990	5949 ABSON	WILLIAM	RIC	1981
3331 BAYLISS	ALAN	ROY	1983	6053 ALAN	GRIFFITHS	CDF	1988
4403 BRENNAN	DONNACHA	TTN	1984	0455 BAKER	IAIN	BOA	1989
0197 BURRELL	JAMES	BTH	1986	3280 BARTOLI	MICHAEL	LBZ	1991
5911 BUTT	TOM	NOT	1989	5140 BENNETT	JASON	CHE	1990
5338 CARSON	ANDREW	ELM	1991	3464 BEYER	JAMES	WEY	1991
3557 CHALMERS	NEIL	KIR	1980	5543 BRANNIGAN	PATRICK	TTN	1983
3765 COLLINS	MICHAEL	EXE	1984	5091 BRETT	TONY	BSF	1991
5275 COLYER	DANIEL	RDG	1991	5073 BROOKS	EDWARD	CKP	1990
0322 CONNELLY	MICHAEL	SOR	1991	4036 BURBIDGE	JAMES	ROY	1986
5286 CORDERY	JAMES	WEY	1990	6191 BUTLER	ENDA	TTN	1989
6052 DAVIES	RHYS	CDF	1985	5304 CANNON	DOMINIC	CKP	1990
5378 DIAPER	TOM	SOU	1989	5702 CAWTHORN	TOM	WEY	1991
4295 DUFFIELD	MAX	CLM	1991	3607 CHAMBERS	CRAIG	BAD	1985
2745 EDE	LEANDER	RDG	1985	5908 CONNELLY	ANDREW	LEI	1988
5950 EMANUELSSON	IKLAS	RIC	1981	2255 COOKNELL	MATTHEW	BAN	1991
5603 FREEMANTLE	JAMES	BAS	1983	3477 COOLEY	DAREN	BSF	1979
0537 GARTON	LAURENCE	NOT	1984	5845 COX	AMIE	BAS	1976
5258 GODLEMAN	TOM	SOR	1991	5746 DABNEY	OWEN	FOX	1985
0219 GOLDING	MARK	SLP	1986	0892 DOCHERTY	KILLIAN	SLP	1991
5917 GOODE	ALAN	LEA	1975	4747 DODWELL	BEN	BAN	1975
4349 GUY	ANDREW	LBZ	1989	5764 DUFF	CRAIG	NOT	1991
3750 HENDRON	HENRY	RIC	1980	6192 DUNNE	JONATHON	TTN	1990
3611 HENDRON	RICHARD	RIC	1980	3465 FERGUSON	GARETH	GAI	1979
3773 HOLLAND	DEREK	RAF	1975	6207 FITZSIMONS	MARTIN	RIC	1983
3869 HOWE	CHRIS	CLM	1987	4210 FLEESON	CHARLES	ANK	1976
5420 HOWSON	LEE	BOA	1990	1816 FOLWER	SIMON	BAN	1981
2731 JONES	CHRISTOPHER	LBZ	1976	5071 FORREST	TIM	CKP	1990
4943 JONES	GRAHAM	RAF	1985	6193 FORRISTAL	PAUL	TTN	1990
5251 JOY	ALEX	SOR	1991	1433 FOWLER	EDDIE	BAN	1984
5742 KIMBLE	TYRON	RIC	1985	5996 FREEBODY	SEBASTIAN	WEY	1991
4722 KNIGHT	ROBERT	WOR	1986	4906 FREEMAN	JOE	EXE	1987
5156 LEAHY	CARL	ADS	1984	3933 FREESTONE	MATTHEW	LEA	1988
6077 LEVAI	GABOR	TON	1984	6209 GOODCHILD	JAERY	RIC	1976
5700 LIPSCOMBE	RICHARD	WEY	1991	1525 GOODLAD	LAURIE	LBZ	1991
6044 LOFTHOUSE	CARL	RDG	1991	5072 GREEN	BEN	CKP	1991
6050 LONGLEY	JAY	ROY	1985	4060 GREEN	IAN	BAD	1991
0858 LUNN	MATTHEW	SOR	1991	3054 GREEN	JASON	BAD	1987
3051 MILLS	MATTHEW	BAN	1990	3458 GREEN	MARK	BAD	1984
5798 MILLS	MATTHEW	ROY	1991	5669 GRIMSHAW	PETER	WEY	1991
0480 MUNGOVAN	JORDAN	RIC	1986	5428 GRANGE	SAM	WOK	1991
6146 NEWLAND	BEN	GAL	1983	6253 GROVER	LIAM	WOR	1980
5051 PATTERSON	SCOTT	FOR	1983	5405 HAGUE	IAN	RIC	1975
0385 RAINEY	SAM	LEA	1989	6293 HAIGH	GRAEME	TRE	1991
2774 REESE	BRENDON	ACU	1977	2421 HOLMES	BEN	WOR	1989
5070 REIF	FRED	CKP	1991	0978 HUSSEY	DANIEL	LBZ	1990
1775 SEALEY	CHRIS	RDG	1990	5335 JOHN	DOMINIC	CKP	1991
3572 SEWEL	IAN	BSF	1977	6319 KING	KRISTIAN	BAD	1975
5437 SHELLEY	PIRAN	RIC	1980	6092 KIRMAN	BEN	LIN	1980
0862 SHEPHARD	OWEN	CLM	1987	6143 KLEBOWSKI	TOMASZ	TON	1978
3086 SILLITOE	CALLUM	LBZ	1991	5591 KRASOVITSKIY	GEORGE	WEY	1990
0752 SLIGHT	DANIEL	LBZ	1990	1931 LAMPH	MARK	WEY	1991
5784 SOREGI	BALAZS	RIC	1977	4693 LANG	JACOB	RDG	1990
6144 STENHOUSE	MATTHEW	TON	1976	6061 LEATHERBY	ROBERT	FOX	1991
2123 STONE	JULIAN	BAN	1991	3096 LILLY	ANGUS	RAF	1980
5330 STROMSOE	PAUL	RIC	1975	6349 LOGAN	STUART	LON	1976
6141 STUART-HILL	BEN	MAI	1991	3418 LUCK	CHRISTOPHER	WEY	1980
4444 STAYTOR	ROBERT	CLM	1990	6136 MACE	GEORGE	NOR	1990
1712 THOMAS	MARK	BAN	1988	5597 MALCOLM	DANIEL	KIR	1990
2097 TINGAY	STEPHEN	LBZ	1975	5816 MARSH	KEVIN	RIC	1977
1726 WALSH	MICHAEL	WEY	1987	3266 MATTERSON	MATTHEW	LBZ	1991
3228 WATT	CRAIG	ELM	1980	5675 McCARROLL	STUART	FOX	1982
5664 WISE	EWAN	RDG	1991	3699 McKEEVER	THOMAS	BTH	1980
6156 WORKMAN	PAUL	FOX	1988	6350 MEE	DANIEL	LON	1976
6135 ZWEIERNIK	WITOLD	LGW	1979	5302 MULLER	TIM	CKP	1991
				1855 MURPHY	ADAM	LBZ	1991

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Reg: Surname	Name	Club	Year	Reg: Surname	Name	Club	Year
Men's D cont'd				Men's Masters A cont'd			
5946 NORTH	OLIVER	RIC	1981	0827 SMYTHE	JAMES	LEA	1970
5945 NORTH	ROBIN	RIC	1978	0622 THROWER	SHAUN	HER	1961
3741 PARKER	JAMES P	WOR	1982	1591 UNSTED	SPENCER	ELM	1973
6311 PASSMORE	JONATHAN	TON	1991	0344 VINCENT	RICHARD	SOR	1957
2746 PERRIER J	AMES	BSF	1978	1404 WEST	STUART	WOR	1970
5706 PLANTIER	FRANCOIS	BAN	1980	1923 WILLIAMS	ROBIN	WEY	1958
6345 POLLOCK	ANDREW	ADS	1977	Men's Masters B			
5763 RABY	SEB	BAN	1987	2258 BARNES	PETER	RIC	1952
6277 REES-CLARK	STEVE	BAS	1991	6059 BAUGH	WILLIAM	GAI	1967
5676 REESE	PHILIP	FOX	1978	2375 BELBIN	DAVID	NOT	1965
3129 ROWLEY	GARY	CLM	1981	2973 BIRD	JONATHAN	WOR	1969
0228 SHARP	ALLAN	LBZ	1986	5812 BLACKMAN	BRUCE	GAI	1967
6030 SIEMENOWSKI	THOMAS	RUN	1991	3041 BRADSHAW	LEE	BAD	1961
5712 SILCOCK	JAMES	RIC	1988	5339 BRETT	JIM	BSF	1960
1461 SIMONS	TYSON	BAS	1987	0617 BROOKES	PAUL	RUN	1967
0598 SPEIGHT	RICHARD	PEN	1984	4087 BROWN	JULIAN	LBZ	1958
6335 STAFF	CALLUM	CKP	1991	5805 BULLIVANT	STEVEN	LIN	1971
6203 STANISAUASKAS	JUSTAS	RIC	1991	5433 BURNES	PAUL	WOK	1958
6152 TOURT	MICHAEL	BUR	1987	3767 CARPENTER	MICHAEL	EXE	1950
6205 TYLER	BEN	RLS	1987	5359 CARTER	GARY	LIN	1960
5944 VENKATESAN-OGIN	PURNA	RIC	1991	0509 CAVE	JONATHAN	WOR	1961
5066 WALTERS	MICHAEL	BUR	1991	5283 CHAMP	LEE	HER	1968
0408 WARLAND	CARL	BAN	1979	3858 CIANCHI	DAVID	HER	1966
4704 WEIR	ROGER	BAN	1991	4610 CLIVE	JOHN	GAI	1965
2299 WILSON	ALEX	FOX	1981	3474 COOLEY	EDDIE	BSF	1945
6072 WILSON	GED	LBZ	1978	0050 DAINES	RONALD	BAD	1952
2912 WOODHEAD	DARRELL	ACU	1976	1695 DANIELS	NICHOLAS	RDG	1954
4924 WYATT	SIMON T	BAN	1977	0319 DAWSON	ANDREW	CHE	1964
5539 YUILL	ADAM	NOR	1989	1228 EPPS	ALAN	NOR	1959
1956 YULE	PHILLIP	PEN	1989	5580 ESCOTT	MARK	BOA	1968
5660 ZANELLI	WILLIAM	BAN	1979	5119 EVANS	NEIL	MAC	1956
Men's Masters A				2265 FAIRHURST	PAUL	RUN	1973
5451 AYRES	ROBIN	WEY	1961	5057 FARMER	ANDREW	FOX	1956
1169 BANKS	MALCOLM	SLP	1962	5116 FISHER	ADRIAN	MAC	1961
2993 BITCOM	DOUG	RIC	1971	0731 GARVERY	KARL	RIC	1968
3009 BLACKMAN	HOWARD	BUR	1965	4523 GAVIN	CHRIS	RIC	1970
0603 BLACKMAN	NEIL	SOR	1963	4928 GOODLAD	STEPHEN	LBZ	1958
1180 BRITNELL	NEAL	FOX	1964	1384 GREEN	JOHN	BAD	1955
5343 CROUCHER	ADRIAN	WEY	1961	4833 HALL	JEREMY	WOK	1957
1432 DARK	SIMON	BOA	1968	0594 HAMPTON	KEITH	LEI	1959
0473 DIMMOCK	PAUL	WEY	1959	4752 HARDING	OLIVER	LON	1956
3301 DUFF	DAVID	RAF	1970	5439 HARNETT	RAIT	RIC	1968
1287 ENOCH	PAUL	NOT	1969	5567 HAYNES	CHRIS	RIC	1957
5319 FARRINGTON	ROY	RLS	1970	3531 HAYWARD	IAN	NOR	1967
4916 FOLLAND	JONATHAN	SOR	1973	2032 HEWITT	EARL	WOK	1964
1729 GALLIMORE	DAVID	BAN	1968	5414 HILEY	ROGER	BAN	1969
4217 GUNNEY	PHIL	WEY	1971	5417 HILLS	CHRIS	BAN	1962
1919 LANG	DAVID	EXE	1988	3600 HINVES	JAMES	SOU	1973
2397 LEWIS	ALLEN	RAF	1969	1143 HOLE	CHRIS	FOX	1970
0868 LEWIS	RICHARD	BOA	1965	0856 HOLMES	ANDY	WOR	1958
0672 LITTLEWOOD	REX	NOT	1968	0323 HOOTON	ANTHONY	ANK	1951
1700 LIVSEY	IAN	NOT	1969	0333 HOWIE	DAVID	WEY	1945
0485 LORENZI	MARC	ELM	1970	3632 HULME	RICHARD	CAM	1955
2115 LOVE	TOM	RLS	1974	0543 JOINER	TIM	RIC	1957
0700 LUCAS	ROLAND	RIC	1961	5498 JONES	PAUL	HER	1960
3438 MARTIN	MICHAEL	LBZ	1965	5117 KAVENAH	JOHN	MAC	1955
0944 MAYCOCK	PETER	EXE	1967	3343 KELLY	ANDREW	RUN	1958
1069 MAYERS	JAMES	RUN	1974	0522 KING	MARK	RDG	1961
5998 McILHARGEY	STUART	BSF	1973	2600 KIRK	MARK	BAN	1963
5553 McINTYRE	DEANE	FOX	1967	5745 LANNIGHAN	PAUL	FOX	1958
1684 NEALE	CLIVE	TON	1969	1495 LENNOX	STUART	RAF	1967
5134 PHILLIPS	TIM	WOR	1963	6027 MARAFKO	COLIN	RUN	1968
5667 QUITTENTON	GARY	LIN	1968	2089 MARNELL	STEPHEN	RUN	1967
4045 RESSEL	MARK	EXE	1970	5436 MARTIN	IAN	WOK	1967
2728 ROESER	DUNCAN	WEY	1968	6035 McILHARGEY	IAN	BSF	1971
3115 SMITH	ROBERT	CAM	1966	5992 McIntOSH	ANDY	RUN	1972

Sprint Ranking							
Reg: Surname	Name	Club	Year	Reg: Surname	Name	Club	Year
Men's Masters B cont'd				Men's Masters C cont'd			
0494 MIDDLEHURST	TIM	RIC	1951	5194 MAINPRIZE	PETER	RDG	1957
0131 MISSEN	STAN	BOA	1959	5869 MARTIN	GEZ	BAS	1953
5297 NICHOLSON	ANDY	WEY	1962	2598 MARTIN	SEAN	RIC	1966
3908 NORMAN	MICHAEL	CAM	1947	0114 MASON	NORMAN	NOT	1952
1442 OLIVER	MATTHEW	LIN	1974	5418 McLEAN	IAN	BAN	1962
5355 OUGHTON	JEZ	SOR	1959	0307 MORAN	MICHAEL	WOR	1958
6094 OWEN	KEITH	BOA	1957	0010 NADAL	MICK	NOT	1951
5964 PADDOCK	STEVE	CHE	1971	5571 NERCESSIAN	TONY	RIC	1970
0252 PENDLE	DYSON	NOR	1957	5751 NIXON	SIMON	RUN	1970
3542 PHILLIPS	ANDREW	BOA	1979	2518 PARKER	JAMES	WOR	1948
4024 PUTNAM	TERRY	ROY	1947	5415 PEARCE	RAYMOND	BAN	1963
0121 RALPH	PAUL	RDG	1951	4647 PEMBLE	DOUG	RIC	1964
5143 RANCE	STEVE	SOU	1959	5760 POTTERTON	TONY	RDG	1960
1867 REMINGTON	RICHARD	FOX	1970	5952 PYKE	ANGUS	RIC	1947
3890 RICHARDSON	DAVID	MAI	1951	6208 QUIBELL	PETER	RIC	1958
5279 RICKETTS	SIMON	ANK	1971	1181 REEVES	NICK	ADS	1960
5278 RILEY	GORDON	ANK	1971	5758 RICKETTS	DAVE	ANK	1967
0834 RODGERS	RICHARD	CDF	1973	5799 ROBERTS	PHILIP	TRE	1960
4406 SCHOFIELD	CHRISTOPHER	NOR	1965	5416 ROBINS	GUY	BAN	1964
0533 SMITH	JASON	RAF	1973	6096 RUFF	ANTONY	ROY	1962
4300 SOLWAY	ANDREW	FOX	1956	5980 SACKMAN	DAVE	RDG	1962
5601 SOMERSET	RICHARD	BAS	1951	5881 SAWYER	ROBIN	NOR	1974
2446 SPENCER	ANTHONY	HER	1951	5967 SCOTT	TIM	NOR	1962
4789 STAGG	RICHARD	CAM	1960	2022 SILLITOE	NEIL	LBZ	1973
4760 STONEHOUSE	NEVILLE	RIC	1960	5472 SIMPSON	KEITH	RDG	1953
6140 STUART-HILL	BRUCE	MAI	1961	6196 SMITH	MARK	LBZ	1961
0331 SWALLOW	MELVIN	RUN	1951	5942 STAINSBY	ROB	RIC	1965
0924 THOMAS	NEIL	RIC	1962	4970 STONEHOUSE	GRAHAM	RIC	1964
5623 TONKIN	MIKE	SOU	1961	2153 TERRY	PATRICK	WEY	1958
1157 TORRANCE	PAUL	FOX	1965	5985 UNWIN	NIGEL	BOA	1964
6200 TRICKETT	ADRIAN	WOR	1967	5999 VEALE	DEREK	KIR	1969
3485 WALKER	TIM	EXE	1965	5053 WARLAND	GRAHAM	BAN	1948
5469 WATSON	RANDALL	RIC	1972	5807 WEBB	TIMOTHY	NOT	1968
3627 WHIPP	STEVEN	BSF	1963	2562 WIBREW	MICHAEL	MAI	1953
Men's Masters C				6198 WILLIAMS	ADAM	NOR	1973
5444 BAKER	RICHARD	BSF	1951	1477 WOOD	DAVID	WOR	1963
5264 BANNISTER	MICHAEL	MAI	1962	Men's Masters D			
3093 BROWN	MATTHEW	WOR	1956	6255 ANDREWS	CLIVE	WOR	1966
5364 BUTTON	PETER	BAN	1957	6024 ARCHONDAKIS	ALAN	LON	1962
5691 CAMPBELL	DEREK	LBZ	1964	2638 ASHPOLE	MARTIN	NOR	1960
5864 CATCHLOVE	ROBIN	MAI	1953	3383 BARRELL	STEPHEN	LBZ	1959
0997 CHILDERSTONE	MICHAEL	WEY	1959	5139 BENNETT	PETER	CHE	1959
5448 COLLINS	DAVID	WEY	1957	5860 BLACKMAN	IAN	ROY	1964
5005 DARLING	SIMON	BOA	1962	2140 BRIGGS	ROY	WEY	1947
5068 DAVIDSON	RUSS	BUR	1970	6139 BROCK	PHILIP	IND	1950
0786 DAVIES	SIMON	WOR	1957	4708 BROWN J	AMES	GAI	1947
5115 Davison	Chris	MAC	1970	4797 BULMER	GRAHAM	CHE	1946
1639 DODSON	ANDY	ADS	1963	2730 BURTON	ALLAN	WEY	1951
3314 DONNISON	MARK	ADS	1964	5943 CAMP	NEIL	RIC	1962
4293 EASTERLING	SIMON	WEY	1974	5125 CHAPMAN	BRIAN	KIR	1958
4440 ELSTON	PAUL	MAI	1958	5592 CLARK	ANTONY	ROY	1956
5581 ESCOTT	JOHN	BOA	1966	5830 CLARK	IAN	RIC	1966
5959 FLYNN	STEPHEN	BAN	1956	5661 COLLIER	ALISTAIR	WOR	1958
1413 FRANKLAND	NIGEL	RDG	1960	5814 COULTON	GARY	RIC	1956
0060 GORMAN	PETER	WEY	1955	0089 CROSSFIELD	MARK	NOR	1974
5961 HARPER	GARY	BAN	1963	6352 CURRY	JASON	LON	1968
4321 HAWS	DAVID	WEY	1964	2693 DAVIES	NEIL	HER	1957
2544 HAWTHORN	MICHAEL	WOR	1952	5007 DRUMMOND	JOHN	RDG	1974
5617 HAYNES	BRIAN	LON	1951	3754 EDWARDS	MARK	WOR	1963
5447 HENSON	ADRIAN	WEY	1962	6009 ELLIOTT	CHRIS	LBZ	1966
2720 HICKS	ANDREW	NOR	1961	5939 FARLEIGH	STEVE	RIC	1966
2859 INCE	ARTHUR	TON	1958	4533 FARQUHARSON	STEWART	NOR	1940
5994 JONES	PETER	HER	1968	5413 FERGUSON	JOHN	BAN	1962
1596 LAWRENSEN	BILL	BUR	1955	5515 FOSTER	MIKE	RIC	1954
1462 LEE	ROBERT	WOR	1960	5480 GARDNER	STEPHEN	LIN	1958
5817 LORENTZEN	ULRIK	RIC	1965	4177 GARSON	BILL	WEY	1938

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Reg: Surname	Name	Club	Year	Reg: Surname	Name	Club	Year
Men's Masters D cont'd				Women's A			
6256 GILBERT	JULIAN	WOR		5113 BELCHER	LANI	ELM	1989
0777 GOODALL	MALCOLM	PEN	1964	5473 BRAND	MONIEK	ROY	1982
0374 GRADY	DEAN	NOR	1953	0743 CAWTHORN	RACHEL	WEY	1988
6017 HAUGHTON	MARTIN	PEN	1960	3194 COULSON	ABIGAIL	RDG	1981
6000 HENDERSON	ALAN	KIR	1962	0484 HAWKEY	JENNA	EXE	1986
5333 JARRATT	PETER	LIN	1944	3876 MASON	HAYLEIGH	NOT	1986
2379 JEFFERIES	DAVID	PEN	1963	4899 SAVERS	LOUISA	ELM	1988
6216 JOHNSON	CLIVE	WEY	1959	0801 WALKER	JESSICA	ROY	1990
5659 JONES	ARWEN	CDF	1950	Women's B			
2564 JORDAN	DEAN	MAI	1959	5270 AYRES	PHOEBE	WEY	1991
6234 KELLY	ROBERT	LON	1968	3080 BAPTY	SONJA	ACU	1976
2729 KILBOURN	CLIVE	NOR	1947	3233 BATES	JOANNE	ELM	1981
5509 LITTLEHALES	KEVIN	CDF	1962	1973 BEARDSSELL	LENA	ROY	1989
6232 LLEWELLYN	HUW	ELM	1971	4101 BRAITHWAITE	SHUNA	SDS	1986
6215 LUCK	MIKE	WEY	1952	2684 BROWN	HANNAH	BOA	1990
5762 LYNES	PAUL	BAN	1970	3937 BROWN	LEANNE	ROY	1988
5666 MARSHALL	PHILIP	LIN	1964	1882 CHURCHILL	OLIVIA	ROY	1989
6347 MELLELIEU	JOHN	LON	1960	4387 COLLINS	JESSICA	RDG	1991
5495 MIETUS	PETER	NOT	1955	3428 DAWSON	KIMBERLEY	ROY	1986
5803 MILES	ARCHIE	LIN	1949	5242 EDMONDS	ABIGAIL	WEY	1991
6060 MILLEST	ANDREW	MAC	1957	3777 EGAN	JENNY	SLP	1987
1976 MORLEY	PETER	WEY	1952	3171 GUNNEY	CLAIRE	WEY	1982
5550 MURPHY	ANDREW	LBZ	1963	5652 HANNAH	ANGELA	NOT	1986
6210 MURPHY	DOM	BAN	1961	3771 HOLMES	ELIZABETH	CHE	1981
3888 NEVITT	ANDY	WOR	1955	5650 HYSLOP	SANDRA	NOT	1990
0557 NOLAN	ANTHONY	WOR	1947	2834 KING	AMORET	RDG	1991
6259 NORMAN	MATT	WOR	1967	6055 MAUNDER	ANTONIA	ELM	1984
5815 OGIN	STEPHEN	RIC	1955	3119 MIDDLEHURST	MARIA	ADS	1991
0200 OLIVER	LAURENCE	LIN	1943	2552 OUGHTON	JESSICA	SOR	1988
0649 OLIVER	RICHARD	LIN	1947	6095 ROWE	REBECCA	ROY	1981
6308 OLSEN	RICHARD	MAI	1963	1844 SPENCER	CLAIRE	HER	1989
6013 OXTOBY	STEVE	LBZ	1954	3376 SPENCER	JENNY	HER	1983
6103 PANRUCKER	MIKE	BSF		3340 SURRAGE	VICKY	BSF	1981
0741 PARKINSON	ANDREW	CHE	1939	0298 SWALLOW	JENNY	CHE	1991
6238 PARKER	PETER	VIK	1957	3178 TAYLOR	NICKY	ELM	1982
6235 PENN	TERRY	FOX	1953	5654 TOWERS	VICTORIA	NOT	1987
6271 PLAYLE	WILLIAM	BAD	1966	0736 WISE	ANNA	ROY	1984
5535 RIX	GAVIN	NOR	1964	Women's C			
2838 ROBERTSON	DON	LIN	1936	3328 BATES	ROS	ELM	1982
0038 ROSSITER	JIM	WEY	1944	0058 BLACKWELL	HAYLEY	WOK	1987
5002 ROWLINSON	MICHAEL	BAN	1968	6133 BLEWITT	KERRY	IND	1986
6355 SAMPSON	PAUL	LON	1966	6132 BURKILL	CORAL	IND	1987
4809 SCHOLEY	ROBERT	CHE	1945	3766 CARPENTER	HOLLIE	EXE	1985
6122 SCUTCHER	STEPHEN	IND	1969	2389 CHEYNE	LOUISE	NOT	1977
6214 SHAW	CALUM	WEY	1970	1235 CHURNSIDE	AMELIA	RDG	1991
2257 SKELLERN	CHRISTOPHER	WOR	1949	1618 DILAI	MAGGIE	RUN	1986
5808 SMITH	HOWARD	BAS	1961	3877 FARISH	HARRIET	NOT	1986
0044 SOKOLOV	ANTHONY	WEY	1942	2908 FELINGEROVA	RADKA	ROY	1977
5872 STANNARD	JON	RLS	1964	4825 GALLOWAY	ALISON	RDG	1988
6322 STANTON	DAVID	BAN	1952	1032 HALL	MEGAN	BSF	1988
5045 STONE	KEITH	BAN	1956	3402 KELLY	NANETTE	RIC	1984
3544 SURRAGE	PAUL	BSF	1955	0932 LAMPH	FAY	WEY	1988
4248 TALBOT	JON	WOR	1938	5168 LINNELL	LOUISE	MAI	1988
5360 TONNER	CHARLES	LIN	1956	1932 MARA	GILLIAN	NOT	1981
6014 TRUESDALE	TIM	BAS	1962	5841 MILLEST	SARAH	SOU	1988
2371 TUPLIN	CHRISTOPHER	NOR	1977	3946 MORAN	CLAIRE	WOR	1987
6267 WALSH	DAVE	WOR	1956	4735 MORAN	LAURA	WOR	1987
5249 WARREN	IAN C	BAN	1968	5184 PARKER	SOPHIE	CLM	1991
6008 WESTWOOD	MATTHEW	LBZ	1969	5749 PATERSON	DEE	GAI	1975
3022 WILLIAMS	ROGER	CHE	1960	6037 POKA	AGNES	RIC	1977
6123 WILLS	KARL	IND	1960	3166 PURNEL	AMELIA	ROY	1989
2116 WRIGHT	ANT	BSF	1961	1468 ROWLANDS	CAROLINE	CHE	1991
				1599 SCHOFIELD	REBECCA	NOR	1981
				5244 STEVENS	BETHAN	WEY	1991
				2808 SYAN	KATHRYN	FLA	1991
				3676 SWALLOW	VICTORIA	CHE	1986

Sprint Ranking				Sprint Ranking			
Reg: Surname	Name	Club	Year	Reg: Surname	Name	Club	Year
Women's C cont'd				2919 BROWN	SUE	LBZ	1971
5285 THOMAS	CHARLOTTE	WEY	1991	6250 CAVE	THERESA	WOR	1962
3296 WETHERALL	KIMBERLEY	RIC	1983	5095 CHAPMAN	MARGARET	KIR	1961
6134 WOOLFORD	KIRSTY	IND	1986	6226 CHIMIEL	ALISON	NOT	1963
Women's D				4058 COOPER	ANITA	RDG	1968
3140 AKERMAN	SARAH	WEY	1978	6315 CRUMP	DEBBIE	BUR	1960
4718 BIDDLE	GILLIAN	NOR	1975	5085 DARK	ALISON	BOA	1966
5368 BIRBECK	KATHERINE	NOT	1985	6220 FREEBODY	SONJA	WEY	1962
6131 BIRCH	LYDIA	IND	1986	1983 FRANKLIN	ELIZABETH	ANK	1958
0520 BURBIDGE	FRANCESCA	ROY	1989	6236 GOWER	JENNY	FOX	1968
4330 BLUNDELL	HELLEN	NOR	1988	3307 GREENE	SARAH	BAD	1964
5983 CATON	CATHERINE	BAN	1979	3269 GRIFFIN	DONNA	NOT	1970
6233 CAYFORD	JACQUELINE	BSF		5188 HAMPTON	ANGLA	LEI	1963
5373 COLLIER	JENNY	WOR	1990	2545 HAWTHORN	SUSAN	WOR	1963
5086 CREAMER	CHARLOTTE	LBZ	1989	0566 HICKS	JULIE	NOR	1962
6164 DAVIES	KATIE	CDF	1991	6351 HALLIDAY	SIMONE	LON	1969
0133 DONE	REBECCA	NOR	1981	5274 HOWELL	CATHERINE	NOT	1974
2569 DUFF	KERRY	NOR	1977	1528 HUISMAN	MARTINE	SOU	1966
3809 DUNCAN	MELANIE	BSF	1987	5467 HUNT	JULIE	RLS	1964
3534 ETHERIDGE	JOANNE	WEY	1985	5690 HUSSEY	MANDY	LBZ	1971
2132 FARRINGTON	POLLY	ROY	1989	5665 JENNINGS	REBECCA	RDG	1954
0534 FLEMING	AINE	CEL	1991	5951 JOHNSTON	JEMIMA	RIC	1971
5406 FOSTER	JO	RIC	1978	4559 LO	HELEN	SOU	1973
5941 GALUCKA	KLAUDIA	RIC	1979	5818 MARFFY	ROXANE	RIC	1959
2706 GOODLAD	BETHANY	LBZ	1988	1802 MATTHEWS	DEBBIE	LBZ	1969
6252 GROVER	HANNAH	WOR	1978	5464 MAINPRIZE	SARAH	RDG	1961
1694 GUY	CATHARINE	LBZ	1991	5873 McLEAN	ANNA-MARIE	BAN	1964
5195 HOUNSELL	KIRSTY	WOK	1989	6348 MELLELIEU	TRACEY	LON	1964
5497 HUNT	KATE	HER	1978	0878 MORAN	JAYNE	WOR	1959
6362 JOHNSON	BOBBIE	BIR	1985	5046 MURPHY	MELANIE	BAN	1962
5233 JUDGE	ALEXANDRA	HYM	1984	0850 MYLETT	AMANDA	LIN	1953
1751 LAFFERTY	ZOE	BAN	1988	0359 NADAL	KATHY	NOT	1954
5811 LAMBERT	KATHERINE	BAS	1988	5367 NASCIMENTO	ELIETE	RIC	1966
6126 MARQUARDT	SONIA	RIC	1981	6078 OUGHTON	LYNDA	NOT	1959
2197 MAYERS	RACHEAL	RUN	1975	0211 PARKER	HEATHER	NOT	1957
5098 MOESSNER	SUSANNE	IND	1976	3672 PENDLE	ALI	NOR	1961
4265 MONK	HANNAH	WEY	1984	5829 PICKERING	CATHERINE	RIC	1970
5602 MURNAGHAN	LIZ	BAS	1986	5408 PIKE	SARAH	LIN	1972
1300 MURPHY	HEATHER	BAN	1986	5806 QUITTENTON	DEBORAH	LIN	1969
1256 PEDLAR	KATE	WOR	1977	6278 REES-CLARK	TRACY	BAS	1965
5569 POPLÉ	CLAIRE	RIC	1980	5398 RIPPINGTON	ELIZABETH	WOK	1955
1103 REESE	HAYLEY	HER	1989	6289 ROBINSON	STEPH	CDF	1957
2031 SETH-KAPOOR	SHOBHANAA	NOT	1991	6222 SAPSFORD	KELLY	BAN	1961
5018 SWEENEY	MARIANA	SLP	1990	5465 SEALEY	ELIZABETH	RDG	1960
2994 THOMAS	GEORGIA	BSF	1991	6251 SINCLAIR	CATHY	WOR	1965
1212 THURLEY	PHILLIPPA	EXE	1989	5455 SWANN	DEBBIE	LBZ	1963
5831 VIAL	CORALIE	RIC	1979	5479 TONNER	JANE	LIN	1960
5924 VON-MALTZAHN	ROBYN	RIC	1981	6217 WESTON	HELEN	WEY	1970
4867 WADSWORTH	REBECCA	ROY	1989	6225 WHITE	DEBBIE	BAN	1964
3285 WETHERALL	SAMANTHA	RIC	1982	5039 WOOD	JULIE	BAN	1963
0378 WHELAN	ANJA	CKP	1989	Canoe A (Junior & Senior)			
3939 WHITEHEAD	KATIE	MAI	1990	3295 LAWRENCE	MATTHEW	LBZ	1982
6260 WILLIAMS	ANGELA	WOR		5783 TODOROV	EMIL	EXE	1980
5828 WILSON	CLAIRE	RIC	1980	3287 TRAIN	JAMES	FLA	1986
0077 WOOD	KATIE	BAN	1989	Canoe B (Junior & Senior)			
5870 ZAHN	NICOLE	CAM	1977	1185 CARPENTER	NEIL	EXE	1987
Women's Masters A				1549 CARTWRIGHT	COLIN	CHE	1978
1531 COLLEY	SHARON	HER	1970	1286 CHAMBERS	STEVEN	BAD	1959
4031 GRADY	FIONA	NOR	1973	6081 CSOKASI	MARKO	RIC	1995
5103 LITTLEWOOD	JULIE	NOT	1968	6080 FAIK	LUKAS	RIC	1995
2136 PARSONS	TINA	NOT	1963	5752 HART	RODNEY	WOK	1969
Women's Masters B				5772 HOYES	JOE	NOT	1985
6268 BALLARD	JULIA	WOR	1962	3917 HUNT	GARETH	FLA	1988
5624 BARNES	CAROLINE	SOU	1964	5777 JEFFRIES	RICHARD	NOT	1987
0883 BATTISON	GAIL	RDG	1966	5773 JUMP	MATT	RUN	1985
6261 BIRD	EMILY	WOR	1970	5060 KILBY	EDDIE	RIC	1991
1647 BLAKEBOROUGH	ADELE	CHE	1972	2844 LANE	MALCOLM	RLS	1975

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Reg: Surname	Name	Club	Year	Reg: Surname	Name	Club	Year
Canoe B (Junior & Senior) cont'd				Boys A			
5775 SANTOS	COSTA MARIO	NOT	1988	5200 BANNISTER	PETER	MAI	1994
5774 SOLLARS	MATT	NOT	1988	5065 BOWLEY	MATTHEW	BUR	1994
1814 STYAN	JAMES	FLA	1990	4113 CLIVE	MARK	GAJ	1993
5874 SZELTNER	GABOR	WEY	1976	5276 COLYER	BEN	RDG	1993
5692 TINGAY	PHILIP	LBZ	1971	2426 DIXON	STEPHEN	ROY	1992
0329 TRAIN	ANDREW	FLA	1963	5024 FEELY	LORCAN	SLP	1992
0128 TRAIN	MATTHEW	FLA	1992	5025 FITZSIMONS	MICHAEL	CEL	1993
0182 TRAIN	STEPHEN	FLA	1962	5271 FOSTER	ALEX	ROY	1992
5648 VORBERGER	JAN	RLS	1977	5494 GAUL	KRYSTIAN	ANK	1992
2751 YURKWICH	KARL	RIC	1977	1643 HICKS	ALBERT	NOR	1993
4750 WEIR	IAIN	BAN	1992	5199 KINGSTON	TOM	MAI	1994
Canoe C (Junior & Senior)				5759 KIRKWOOD	AUGUS	CLM	1992
2514 BADELEK	JOHN	WEY	1974	5663 KIRSCHSTEIN	NICO	RDG	1993
5033 BOLTON-WAUGH	BRYNN	SOR	1989	5013 MURPHY	JOE	SLP	1992
5245 BONHAM	ANDREW	WEY	1989	4717 SEALEY	JACK	RDG	1992
5778 CARMELO	CARLOS	CHE	1980	5524 SIMON	MARTON	ELM	1994
5092 CAYFORD	ANTHONY	BSF	1991	5350 STANDEVEN	GUY	ROY	1994
2202 CROOKS	RICHARD	CLM	1986	5795 SWEENEY	ADAM	SLP	1992
5062 DUCK	MATTHEW	RIC	1990	5387 THOMAS	JACOB	ELM	1994
3562 ETHERIDGE	RICHARD	WEY	1986	0921 TYE	JONNY	WOR	1993
0358 GOHAR	MARCUS	RIC	1959	5174 WEBSTER	JAMES	BOA	1993
5080 GONZALEZ	TONY	BAN	1969	5029 WILKES	MARK	CLM	1992
5953 HERNANDEZ	YADIL	RIC	1981	2270 WILKES	PETER	CLM	1992
6074 HOGBEN	PATRICK	IND	1984	Boys B			
5449 JAMIESON	ERIC	WEY	1960	2594 BAKER	ALEX	BOA	1993
6075 JEFFRIES	BEN	IND	1987	1612 BANKS	LIAM	SLP	1992
5243 SEAMAN	JOSEPH	WEY	1990	5867 BARNICOAT	GEORGE	CKP	1994
6121 SKOPECEK	JAN	WOK	1976	5016 BRENNAN	TOM	SLP	1992
5589 SHAW	SEB	FLA	1992	1355 CHILDERSTONE	JACK	WEY	1996
5582 STANNARD	ADAM	RLS	1992	5257 CREAMER	ROBERT	LBZ	1992
Canoe D (Junior & Senior)				5154 DEACON	TOM	ADS	1993
5588 AVERY	LIAM	FLA	1993	5809 DYER	JASON	BAS	1994
5792 BAILEY	ZACH	FLA	1994	5268 FITZPATRICK	JOE	BSF	1993
6161 BUCKLEY	RICHARD	RIC	1995	5596 FLETCHER	LEWIS	LGW	1993
6082 BUZZARD	NEIL	BAN	1993	5549 FOLEY	DANIEL	LBZ	1995
5130 CALVERT	CHRISTOPHER	FLA	1991	4430 GARSIDE	NATHAN	LBZ	1993
5587 CRITCHLEY	JOSH	FLA	1993	5576 HENMAN	JOSH	RIC	1994
3470 DROMARD	ROBIN	BSF	1943	5325 KILLIP	BEN	RIC	1995
5916 GILES	LEWIS	FLA	1994	6042 KIRSCHSTEIN	TONY	RDG	1994
5752 HART	RODNEY	WOK	1969	5555 LOVEDAY	ALEX	ELM	1994
5583 HEAD	LUKE	FLA	1994	5876 MAHMOUD	ADAM	RIC	1994
5067 HUNT	RYAN	RLS	1995	5273 McLEAN	MATTHEW	BAN	1992
5584 INGLES	HENRY	FLA	1995	5761 POTTERTON	ANDREW	RDG	1994
5585 INGLES	SAM	FLA	1993	5804 QUITTENTON	EDWARD	LIN	1993
5791 OSBOURNE	LAURIE	FLA	1994	5708 REDMOND	SEAN	LGW	1995
6162 PLAUT	JAMES	RIC	1998	5534 RIX	OLIVER	NOR	1993
6163 PLAUT	NICHOLAS	RIC	1998	5506 ROBINSON	MATHEW	CDF	1993
1984 SHAW	EDWARD	FLA	1960	4628 SOKOLOV	ALEXANDER	WEY	1993
5061 SMYTHE	JOSH	RIC	1990	6086 STAINES	DAN	WOR	1992
5586 WORTHINGTON	ED	FLA	1994	5410 STANWAY	THOMAS	CLM	1995
Canoe Women D (Junior & Senior)				5810 TAYLOR	JAMES	BAS	1994
1326 HALL	KATHRYN	WOK	1989	6019 TYSOE	DAVID	WOR	1993
5094 RIPPINGTON	SAMANTHA	WOK	1984	4954 WALKINSHAW	RYAN	BSF	1992
3386 SUTTLE	LISA	CLM	1980	6039 WEBB	AARON	BOA	1993
				4827 WELCH	CHARLIE	WEY	1994
				Boys C			
				6056 ARCHER	HARRY	ELM	1995
				5933 BEEVERS	JOE	WEY	1993
				5238 BIRD	WILLIAM	WOR	1996
				5832 BLACKMAN	FRASER	ROY	1994
				6165 BOREHAM	NICK	BAS	1994
				5793 BURKE	MATTHEW	SLP	1993
				5977 BUTLER	MATT	RDG	1992
				5757 CATCHLOVE	MATHEW	MAI	1993
				5632 CONNELL	MATT	ELM	1995

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Reg: Surname	Name	Club	Year	Reg: Surname	Name	Club	Year
Boys C cont'd				6312 CLARK	PHILIP	TON	1992
6150 DALY	TOM	CEL	1995	5640 COOMBS-DAVIS	TALISIN	CDF	1993
5986 DOBSON	EDWARD	DEV	1992	6109 CROCKER	DALE	LBZ	1995
5801 EASSON	EUAN	LGW	1993	5715 DABORN	THOMAS	RIC	1994
5578 ESCOTT	JAMES	BOA	1993	5851 DEMPSEY	AARON	ANK	1997
5579 ESCOTT	TIMOTHY	BOA	1996	5721 DONOVAN	LUKE	RIC	1995
5287 FINNIS	BEN	ROY	1994	5185 DUFFIELD	LEWIS	CLM	1995
5754 FOSTER	JOSEPH	RDG	1995	6202 DUQUE	JESUS	RIC	1995
5997 FREEBODY	CALVIN	WEY	1993	5853 ECCLES	JORDI	ANK	1996
2825 HAWS	EDMUND	WEY	1996	6317 EDWARDES	MICHAEL	LIN	1994
5927 HODGSON	OSCAR	WEY	1994	6231 EDWARDS	ALEX	ELM	1996
5389 ILLINESI	PAUL	ELM	1995	6328 ELLACOT	JAMES	CKP	1994
2324 JEFFERIES	ROBERT	PEN	1993	5846 ELLIS-JENKINSON	FRAZER	LBZ	1998
5948 JOHNSON	DANIEL	CLM	1994	6307 ELSMORE	ALEX	RUN	1995
5326 KILLIP	JACK	RIC	1994	5802 ESCOTT	LUKE	BOA	1995
5910 KIRSCHSTEIN	SAM	RDG	1996	5512 EVANS	OWAIN	CDF	1992
5401 LINNELL	WILLIAM	NOR	1992	5347 EWINGTON	JOE	LBZ	1996
6057 MARKEN	ANDREW	ELM	1995	5854 FAIRLEY	JAKE	RLS	1995
6028 McCUTCHEON	KARTIK	RUN	1993	5958 FAIRLEY	ELLIOT	RLS	1997
5642 MEDLICOTT	SIMON	WEY	1994	5914 FIGLAK	MATEUSZ	HER	1995
5521 MITCHELL	DANIEL	CLM	1994	5915 FIGLAK	MICHAEL	HER	1996
6088 MITCHELL	GEORGE	WOR	1993	5288 FINNIS	JOE	ROY	1994
5560 NOBBS	ASHBEY	NOR	1996	5987 FLACK	MICHAEL	BOA	1994
5984 OLIVER	FREDDIE	BAS	1992	6194 FORRISTAL	ANTHONY	TTN	1993
1082 OSBORNE	DANIEL	LBZ	1992	5922 FREEMAN	AARON	BAD	1993
5309 PATTERSON	NEIL	FOR	1993	6338 GILBERT	THOMAS	CKP	1993
5531 PLUMMER	SAM	LBZ	1994	6354 GOODWIN	SAMUEL	LON	1995
5324 PURCELL	FREDDIE	RIC	1993	5620 GOULD	SAM	SOU	1994
6149 REES-CLARK	MIKE	BAS	1993	6297 GREEN	BLAIZE	CLM	1996
4560 REEVES	ALEX	ADS	1993	6098 GRIFFITHS	PAUL	RUN	1994
5838 RICHARDS	WILLIAM	MAI	1994	6063 GRIMES	DANIEL	SLP	1993
6029 ROOTS	GEORGE	RUN	1994	6294 HAIGH	ANDREW	TRE	1997
5397 SHIEL	THOMAS	ELM	1995	3986 HALL	DAVID	WOK	1995
6087 SNEDDON	RYAN	WOR	1992	6106 HAMILL	EUAN	FOR	1995
5189 STANNARD	JAMIE	RLS	1995	5918 HARDING	LUKE	LON	1998
5968 STRONG	SAM	NOR	1994	6093 HARLEY-BECKETT	CONNER	LIN	1997
5684 SUNDERLAND	CARL	RE	1993	6068 HARLEY-BECKETT	JACOB	LIN	1993
5369 WALKINTON	JAMES	CLM	1994	6151 HARTNETT	MARK 1	CEL	1995
5883 WOOLDRIDGE	DOMINIC	ELM	1994	6286 HATCHETT	MICHAEL	HYM	1994
Boys D				6188 HAYMAN-JOYCE	JOSEPH	WEY	1996
6329 ALLEN	JAMES	CKP	1994	5104 HAYWARD	MATHEW	NOR	1997
2176 BAINES	MATTHEW	NWK	1992	6360 HEATHER	RHYS	RIC	1998
5371 BEARDSSELL	JONOTHAN	CKP	1996	6002 HENDERSON	BLAIR	KIR	1997
5719 BERCHTOLD	GREGOR	RIC	1996	5722 HOLT	SAM	RIC	1993
5718 BERCHTOLD	ROBERT	RIC	1993	5434 HOWSON	CONAN	WOK	1994
6284 BISHOP	MATTHEW	HYM	1996	6166 HUNT	DANIEL	NOR	1997
5834 BLACKMAN	ISAAC	ROY	1993	4407 JEFFERIES	MATTHEW	PEN	1995
5376 BOWLEY	JAMES	BUR	1997	6295 JOHNSON	MATTHEW	CLM	1996
6280 BOWYER	MICHAEL	HYM	1992	6272 JONES	BEN	RDG	1994
6316 BOYNE	SAMUEL	DEV	1993	5823 KAY	HARVEY	NOT	1997
5427 BOYT	JAMIE	WOK	1995	5572 KEY	WILLIAM	RIC	1995
6339 BRAIN	NICHOLAS	CKP	1996	6340 KNIGHT	TIM	CKP	1993
6275 BRANCH	CHRIS	BAS	1994	6344 KRATT	ELLIOT	CKP	1994
6105 BRICKELL	JACK	FOR	1994	6204 LAVARACK	MICHAEL	RIC	1992
6337 BRUCE	DUNCAN	CKP	1993	5723 LAWES	HENRY	RIC	1995
5837 BURDETT	SAM	MAI	1996	5877 LIPSCOMBE	LUKE	WEY	1996
6104 CARRUTHERS	OLIVER	FOR	1995	6243 LOCK	JACK	ADS	1996
5720 CARTER	BEN	RIC	1994	5196 LORD	DANIEL	WOK	1993
6249 CAVE	PETER	WOR	1996	6034 MAC-GIOLLAHADRAIG	IOMHAR	SLP	1993
5234 CAVE	ROBERT	WOR	1993	6167 MACGIOLLA-RUA	Ronan	CEL	1994
5599 CAWSTON	HARRY	CLM	1996	5724 MacGREGOR	MAX	RIC	1996
6273 CHALK	GREG	RDG	1995	5277 MAINPRIZE	MATTHEW	RDG	1994
5836 CHIDWICK	JOSH	MAI	1996	6343 MARMON	PHILLIP	CKP	1994
5825 CHIMIEL	TADEK	NOT	1996	5345 MATTERSON	HARRY	LBZ	1995
5826 CHIMIEL	ZYGGY	NOT	1997	6100 McCUTCHEON	SURYAN	RUN	1996
0325 CLARK	MATTHEW	ROY	1993	5172 MCDONNELL	ANDREW	NOR	1998
Boys D cont'd				6003 McVAY	MATTHEW	KIR	1996

Sprint Ranking				Sprint Ranking			
Reg: Surname	Name	Club	Year	Reg: Surname	Name	Club	Year
Boys D cont'd				Girls A			
6097 McVEY	LEWIS	RUN	1995	1737 ILLIDGE	JENNY	RUN	1992
6285 MEIKLE	DAVID	HYM	1993	5160 LEWIS	EMILY	WOR	1993
6015 MELLING	HARRY	BAN	1997	3783 ROONEY	SOPHIE	BAN	1992
5765 MILLAR	RICHARD	NOT	1994	5106 SIMMONS	HANNAH	BOA	1993
6170 MILLER	FRASER	ROY	1995	5523 SIMON	REBEKA	ELM	1996
5672 MISSEN	JAMES	BOA	1996	5088 TROTTER	KATHERINE	ELM	1993
6031 MULHALL	ERIC	SLP	1992	5390 WARD	AMY	ELM	1995
5529 MURPHY	OLIVER	LBZ	1998	2901 WILLIAMS	KATIE	ELM	1992
5412 MURPHY	PADRAIG	BAN	1994	Girls B			
5928 NG	TOM	WEY	1996	1784 BEER	SARAH	ROY	1992
6033 O-REILLY	DANIEL	SLP	1993	4222 CHILDSTONE	HAZEL	WEY	1993
6138 O-SULLIVAN	JAKE	BSF	1997	1428 CHURNSIDE	CHARLOTTE	RDG	1993
5537 PALFREY	JONATHAN	BAN	1995	2585 COLLINS	IMOGEN	RDG	1993
6332 PARKER	OLIVER	CKP	1996	5342 CROUCHER	VICTORIA	WEY	1993
6036 PARKES	MATTHEW	BSF	1996	5386 DE FERRER	MARTHE	WEY	1994
6115 PEARSON	EDWARD	WOK	1997	5546 ELLIS	CHARLOTTE	LBZ	1994
6358 PHILLIPS	BEN	RIC	1998	1276 FERGUSON	LAURA	BAN	1992
6212 QUITMANN	JAMES	WEY	1994	5481 HANLON	MIRIAM	ELM	1993
4937 RENWICK	WILLIAM	PEN	1998	4080 HAWS	ALICE	WEY	1993
6282 RIDDICK	JAMES	HYM	1992	0264 HAWTHORN	EMMA	WOR	1993
6230 RIDES	MICHAEL	ELM	1996	5362 HENDERSON	PAULA	KIR	1994
5563 RIX	JOSEPH	NOR	1997	1436 HOLMES	STEPHANIE	WOR	1992
5693 ROBERTS	GEORGE	LBZ	1996	2765 ILLINES	EMILY	ELM	1993
5358 ROBINSON	ALASTAIR	LBZ	1994	4983 OWEN	BETHAN	ADS	1996
6206 ROBINSON	HAMISH	RLS	1996	5786 PINNOCK	RACHAEL	BSF	1993
6281 ROBINSON	LUKE	HYM	1994	1668 REES	ABIGAIL	ROY	1992
6320 ROBINSON	LUKE	BAD	1995	5517 RUFF	GEMMA	ROY	1994
5717 ROMAIN	NICHOLAS	RIC	1995	5396 SHIEL	ALANA	ELM	1993
5930 RUSSELL	JOHN	WEY	1993	5471 SMITH	ISOBEL	BAS	1994
5988 RUTTER	JACOB	BOA	1995	5470 SMITH	NAOMI	BAS	1994
6043 SCARRATT	ADAM	RDG	1994	5296 VORLEY	REBECCA	ROY	1994
6331 SHUTTLEWORTH	ALEX	CKP	1995	Girls C			
5813 SIMPSON	JONATHAN	PEN	1995	5162 ANDREWS	ELEANOR	WOR	1993
6287 SKINNER	ANDREW	HYM	1994	6018 BARNES	ELEANOR	SHR	1995
5670 SLADE	MATTHEW	CLM	1992	5293 BEER	EMMA	ROY	1995
6229 SOLWAY	ELIOT	ELM	1997	4061 BODIMEADE	IMOGEN	ROY	1992
6336 STAFF	ISSAC	CKP	1994	6148 BOUTLER	FENELLA	ROY	1995
6306 STONE	OLIVER	RUN	1996	5677 BUTLER	ROSIE	FOX	1992
5307 SUNDERLAND	PAUL	TRE	1997	5687 CAMPBELL	JESSICA	LBZ	1996
6113 SUTHERLAND	THOR	RDG	1997	5337 CARSON	EMMA	ELM	1994
5083 SYKES	THOMAS	PEN	1994	5598 CAWSTON	MILLIE	CLM	1994
6302 SWINBURNE	JAMES	IND	1997	6045 COLLINS	SOPHIE	RDG	1994
5348 TAYLOR	LOUIS	CKP	1994	5538 DE FERRER	MADELEINE	WEY	1997
5619 TAYLOR	MAX	SOU	1994	6046 DILLON	AMY	RDG	1994
5388 THOMAS	ALEXANDER	ELM	1995	6051 DRIVER	EMMA	ROY	1994
5821 THOMPSON	EVAN	CHE	1995	5289 FARRINGTON	GRACE	ROY	1995
5844 THOMPSON	JOE	LBZ	1996	1567 FARRINGTON	ROSIE	ROY	1992
5979 TOD	MAX	RDG	1996	5645 GREEHY	LUCY	FOX	1994
6240 TOWERS	SAMUAL	LIN	1997	5059 HICKS	HARRIET	NOR	1996
5929 TOZER	TOM	WEY	1995	5419 HOLLAND	ELINOR	CHE	1995
5533 TRUESDALE	MICHAEL	BAS	1994	4128 HUSSEY	LAURA	LBZ	1992
5604 TRUESDALE	RYAN	BAS	1997	1939 ILLINESI	JENNY	ELM	1992
6330 UNWIN	JAMES	CKP	1995	2636 JACOBS	KATE	ADS	1993
6001 VEALE	STEPHEN	KIR	1996	5976 JAYNE-COUBE	FLORA	RDG	1994
5292 VORLEY	DANIEL	ROY	1997	5975 JAYNE-COUBE	KATE	RDG	1994
6218 WATSON	CAMERSON	WEY	1997	5327 KILLIP	REBECCA	RIC	1997
6129 WEBSTER	GRAHAM	RUN	1994	5328 MARTIN	ALISON	RIC	1997
5175 WEBSTER	STEVEN	BOA	1995	5052 MURPHY	ALICE	BAN	1992
5461 WESTWOOD	JOSHUA	LBZ	1998	5974 OWEN	AMBER	RDG	1996
6223 WHITE	MICKY	BAN	1995	1263 OXTOBY	LYDIA	LBZ	1992
6147 WHITTLE	MATTHEW	SHR	1995	4489 REES	SUSANNAH	ROY	1993
6089 WILLIAMS	SIMON	WOR	1996	5281 RICKETTS	EMMA	ANK	1996
5146 WILLIS	LOUIE	SOU	1995	5726 ROMAIN	EMILY	RIC	1994
6296 WILSON	ALASTAIR	CLM	1996	5644 ROSE	ELEANOR	FOX	1994
				5351 SEALEY	HANNAH	RDG	1994
				5048 SEIKA	REBECCA	BAN	1994

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Reg: Surname	Name	Club	Year	Reg: Surname	Name	Club	Year
Girls C cont'd				Girls D cont'd			
0433 SILLITOE	CHLOE	LBZ	1993	5824 KAY	OLIVIA	NOT	1996
5594 SMITH	RHONWEN	LGW	1995	6303 KERR	DEBORAH	IND	1997
5040 STONE	KATHRYN	BAN	1995	6269 KETTLE	GABBRIELLE	WOR	1993
5849 TERRY	STACEY	NOR	1994	5662 LAKE	HANNAH	NOR	1994
5299 TONNER	EMMA	LIN	1995	5558 LEE-SMITH	LUCY	NOR	1997
5272 WADSWORTH	BETHANY	ROY	1993	6262 LEWIS	CHARLOTTE	WOR	1997
5341 WALTERS	SARAH	BUR	1994	5738 LEWIS	KERRY	RIC	1997
5063 WIGNALL	AMY	RUN	1996	5852 LEY	ELLIS	ANK	1997
5295 WILLIAMS	NICOLE	ROY	1995	5747 LIPSCOMBE	REBECCA	WEY	1994
0165 WISE	ISOBEL	RDG	1992	5727 LONG	LUCY	RIC	1994
5042 WOOD	MEGAN	BAN	1992	6168 MACGIOLLA-RUA	CLODAGH	CEL	1995
Girls D				6323 MARTIN	DOROTHY	BUR	1996
2655 ADDY	KERRIE	PEN	1994	6119 MATESOVA	JULIE	LIN	1997
5527 ASHLEY	KATE	CHE	1992	6326 McKENNY	LAURA	CKP	1994
5525 ASHLEY	LUCY	CHE	1994	5468 McLEAN	NATASHA	BAN	1995
5198 BAKER	ALICE	WOK	1992	5970 MERRY	FRANCES	RIC	1997
6314 BARKER	LAUREN	BUR	1995	5673 MISSEN	HANNAH	BOA	1992
6341 BATTY	CHRISTIE	CKP	1995	5532 NASH	EMMA	ADS	1994
6258 BELCHER	ESME	WOR	1994	6213 NICHOLSON	EMMA	WEY	1993
6199 BIRD	ALICE	WOR	1997	6021 O-CONNOR	MARIANNE	LON	1995
6187 BISHOP	ROSIE	MAI	1994	1854 OLLERENSHAW	ABIGAIL	PEN	1993
5879 BLACKMAN	GRACE	GAI	1997	5159 ORME	HANNAH	WOR	1992
5833 BLACKMAN	MARGOT	ROY	1998	5679 OWEN	SAMANTHA	TRE	1994
6364 BLACKSELL	HOLLY	ROY	1997	1123 O-BRIEN	FINTY	PEN	1994
5361 BRADBEEER	KARA	KIR	1995	6247 PALMER	JOSIE	ROY	1997
0680 BROOKES	CHELSEA	RUN	1996	5370 PARKER	LOUISE	CLM	1993
4549 BURBRIDGE	ELEANOR	ROY	1993	6334 PERASON	MARIANNE	CKP	1993
5425 BURNES	SARAH	WOK	1992	6357 PHILLIPS	GEORGIA	RIC	1996
6246 CALDAS	JULIETTA	ROY	1997	5819 PIERCY	ELISE	ELM	1997
6304 CALDWELL	RHIANNON	IND	1997	6058 PIPE	HARRIET	ELM	1995
6114 CHALK	EMILY	RDG	1993	6124 PIPE	KATHERINE	ELM	1997
5246 COBB	ALICE	NOT	1995	5197 PRICE	ANNALISE	WOK	1995
5920 COLSTON	JESSICA	CHE	1996	2904 POTTER	ELIZABETH	PEN	1994
5843 CROCKER	HAYLEY	LBZ	1993	5149 RANCE	MARY	SOU	1994
5548 CURTIS	JENNIFER	LBZ	1996	5150 RANCE	MICHELLE	SOU	1995
5728 DABORN	GEORGINA	RIC	1992	5291 REDLER	KAJA	ROY	1997
5696 DAW	CATHERINE	FOX	1994	6107 REDMOND	AMY	LGW	1997
6108 DEVERSON	LIZZY	LBZ	1997	6276 REES-CLARK	SAM	BAS	1995
5921 DICKINSON	MOLLY	ROY	1996	5561 RIX	AMELIA	NOR	1995
6325 DIXON-YOUNG	NATALIE	CKP	1995	6313 ROBERTS	STEPHANIE	BUR	1993
6342 DUFFIELD	ALICE	CKP	1995	5357 ROBINSON	BETH	LBZ	1997
5426 DUGGAN	FRANKIE	WOK	1993	5593 RUFF	LAURA	WOR	1995
5730 DUNCAN	JENNY	RIC	1994	5789 SOLLARS	AISHA	BSF	1997
5732 DUNN	ELLIS	RIC	1993	5923 STATKUTE	JOVITA	BAD	1992
5565 DUNSTER	ROSE	RIC	1994	6128 STOJANOBIC	ANA	WOR	1995
5526 EDWARDS	CHARLOTTE	CHE	1996	6142 STUART-HILL	AMY	MAI	1994
6324 ELIZABETH	SHENTON	BUR	1995	5124 SYKES	JENNY	ANK	1992
6010 ELLIOTT	AIMEE	LBZ	1995	5280 SYKES	KATHERINE	ANK	1993
5344 EWINGTON	EMMELINE	LBZ	1995	6169 SYME	RACHEL	KIR	1993
6327 FINLAYSON	KATIE	CKP	1994	5731 TAYLOR	FLORENCE	RIC	1993
5689 FOLEY	KERRY	LBZ	1996	6020 TAYLOR	HELEN	RIC	1993
6112 GILES	HOLLIE	FLA	1995	5626 TAYLOR	POPPY	SOU	1996
6298 GREEN	ROSIE	CLM	1992	6091 TRIEVNOR	LUCY	ELM	1995
5322 GREER	REBECCA	WOR	1993	6025 TRAIN	JOANNA	FLA	1993
5787 GURNEY	EMILY	BSF	1997	5647 VENNEMA OSBORNE	JANNEKE	ROY	1996
5734 HATHAWAY-MARSD	GRACE	RIC	1996	5646 VENNEMA OSBORNE	LOTTIE	ROY	1994
1988 HEALY	ALISA	PEN	1993	6120 WALKER	HANNAH	WOR	1994
5349 HEDGES-GOWER	TARA	CKP	1993	5181 WALKINTON	HOLLY	CLM	1993
5850 HODGKINS	BETH	ANK	1996	5049 WARREN	REBECCA	BAN	1995
5735 HOLT	EMILY	RIC	1996	6049 WATT	CHARLOTTE	RDG	1995
6211 HOMESHAU	CHARLOTTE	WEY	1997	6038 WEBB	ROBYN	PEN	1992
6023 JACKSON	GEORGIE	LON	1995	6224 WHITE	BILLIE	BAN	1997
6274 JAYNE-COUP	REBECCA	RDG	1996	5518 WIBREW	EMILY	MAI	1992
6299 JOHNSON	MELISSA	CLM	1997	6090 WILLIAMS	EMMA	ELM	1995
5993 JONES	BRYONY	HER	1995	6361 WILLIAMS	JESSICA	RIC	1996
5907 KABEER	SARA	WOK	1996	6359 WILLIAMS	MICOL	RIC	1996

Sprint Ranking				Sprint Ranking			
Reg: Surname	Name	Club	Year	Reg: Surname	Name	Club	Year
Girls D cont'd				Mini Sprint A			
6333 WOOD	LAURA	CKP	1995	5855 BULLIVANT	SAM	LIN	1998
6111 WORTHINGTON	LUCY	FLA	1994	5366 CHAPMAN	IAIN	KIR	1998
Paddle-Ability				5863 CHIDWICK	GABRIELLE	MAI	1998
5699 BAGSHAW	HANNAH	NWK	1998	6079 DURRANT	ABBIE	NOT	1998
6064 BEYNON	STEPHEN	NWK	1988	5574 DYSON	JAMES	RIC	1998
5840 BENTLEY	CAMERON	TRE	1996	5562 ELLIS	RYAN	NOR	1998
3319 BROOME	JONATHON	NWK	1975	5685 FITZPATRICK	DANIEL	LBZ	1999
4649 BROWN	WILLIAM	SGB	1994	6353 GODFREY	JOSIE	LON	1999
0572 BROWN	TRACEY	PEN	1977	5962 GRAY	CHRIS	LIN	1998
1026 BULL	ALISON	PEN	1975	6116 GREGORY	MAGNUS	WOK	1998
0587 CARTER	STUART	NED	1953	5820 HATTON	DAVID	CHE	1998
6155 CHETTLE	TARA	NWK	1999	6197 HAYWARD	KIEREN	NOR	1999
2712 CHIDO	CHRISTOPHER	PEN	1990	5573 HOUSTON	DENNIS	RIC	1998
5010 FENWICK	DEAN	PEN	1987	5982 KILLIP	JO	RIC	2000
5102 GARDENER	EDWARD	NED	1951	5822 LITTLEWOOD	MAX	NOT	1998
5009 GARDNER	LUCY	PEN	1978	6301 LOW	NATHAN	IND	1998
5913 HARLEY	NEIL	SOU	1982	6300 McCAFFERT	JORDON	IND	1999
4439 HASSELL	KARL	NWK	1996	6099 McCUTCHEON	SHIVAN	RUN	1998
0018 HEWITT	MATTHEW	NWK	1979	6083 MYBURGH	RENEE	RIC	1999
5912 HOWARD	PHILIP	SOU	1952	6022 O-CONNOR	MAISIE	LON	1998
5631 JACKSON	THOMAS	NWK		6125 OLDFIELD	JAKE	CHE	1998
5317 JELLY	STELLA	SGB	1994	5835 QUITTENTON	PETER	LIN	1998
0251 LAZAR	ALAN	PEN	1975	6137 SANDERS	DANIEL	NOR	1998
5954 LITTLER	JOSHUA	TRE	1992	6158 SCOTT	ANGUS	FOR	1998
5316 MARSH	DANIEL	TRE	1983	5686 SMITH	CHARLIE	LBZ	1999
4008 MITCHELL	IAN	PEN	1977	5544 STYAN	ALAN	FLA	1998
1328 MILLS	CHRISTOPHER	SGB	1977	5882 TERRY	DEAN	NOR	1998
5318 MORRAN	FRANCIS	SGB	1963	6279 YOUNG	NICHOLAS	HYM	1998
6292 NELSON	RICHARD	TRE	1972	Mini Sprint B			
2608 NEVILL	DAVID	PEN	1971	6288 ACQUISTO	DANNY	HYM	1999
3831 OLDHAM	JAMES	NWK	1985	5965 ANDREWS	CAITLIN	WOR	1999
5782 OWEN	KIERAN	NWK	1996	5966 ANDREWS	ROBYN	WOR	1999
0490 OSMOND	HEATHER	SGB	1984	5868 BARNICOAT	MADI	LON	1999
6071 PHIBBEN	ROBERT	SGB	1995	5924 BIRD	SIAN	WOR	1999
6067 PHIBBINS	ROBERT	NWK	1995	5878 BLACKMAN	ROSE	GAI	1998
4438 RICHARDSON	BRENDON	NWK	1981	5688 CAMPBELL	MEGAN	LBZ	1999
5955 ROBERTS	ZACHERY	TRE	1991	6291 CARRUTHERS	BENJAMIN	FOR	1998
6283 ROBINSON	CATHERINE	HYM	1993	5827 CHIMIEL	OZZIE	NOT	1999
5312 RUSS	JADE	TRE	1984	6118 DE FERRER	GABY	WEY	2000
6102 SMART	PETER	VIK	1965	6117 FLETCHER	ALISON	LGW	1998
5301 SMITH	KATIE	SGB	1981	5627 GILBERT-JOHNS	SOPHIE	SOU	1999
6070 SREPHEN	BEYNON	SGB	1988	5788 GURNEY	ISABELLE	BSF	1999
4313 STEPHEN	JAMES	PEN	1968	6101 HAWS	DANIEL	WEY	1998
5315 SMITH	JONATHON	SGB	1973	5906 KABEER	HAFSA	WOK	1999
5313 SMITH	KATHRYN	SGB	1981	6263 LEWIS	KATY	WOR	1999
3774 TAYLOR	RICHARD	PEN	1973	5880 LITTLEWOOD	MEGAN	NOT	1999
1799 TINKER	JOHN	PEN	1955	6244 LOCK	HARRY	ADS	1999
2215 VALLELY	STUART	NED	1960	6016 MELLING	EMILY	BAN	1999
3845 WEIR	FRANCES	BAN	1987	6145 NG	SIMON	WEY	1998
5314 WILLIAMS	ANDREW	SGB	1972	6265 NORMAN	EMILY	WOR	1998
5485 WILSON	CARL	TRE	1987	6266 NORMAN	TOM	WOR	1998
5649 WILSON	STACY	PEN	1988	5547 OSBORNE	SCOTT	LBZ	1998
3384 WOOD	RICHARD	SGB	1982	5862 OWEN	MICHAEL	TRE	2000
5492 WRIGLEY	BEVERLEY	PEN	1966	5991 PHILLIPS	JAMES	BOA	
6066 WRIGHT	JONATHAN	NWK	1969	6227 PIPE	FRED	ELM	1998
1460 YOUNG	JASON	PEN	1973	1519 POTTER	LUKE	PEN	1998
0996 YULE	LAUREN	PEN	1991	1868 POTTER	STEPHEN	PEN	1998
3686 YOST	KEVIN	SGB	1968	5956 ROBERTS	NATALIE	TRE	1999
				5790 SOLLARS	MICHAEL	BSF	1999
				5973 SY	HADIM	ADS	1999
				6228 THOMAS	OLIVER	ELM	1998
				5990 UNWIN	NESTA	BOA	1999
				6219 WATSON	HAMISH	WEY	1999
				5925 WELLS	HARRY	RIC	2000
				6127 WILLIAMS	RYAN	WOR	1998

MARATHON RANKINGS

RACE RECORDS REPORT 2009/10

The Marathon register currently lists approximately 3500 paddlers. The accuracy of the list can only be maintained with good levels of communication. In that regard I would ask that you notify me, through your team leaders, of any errors that may have been overlooked in the recent housekeeping exercise.

The standard of accuracy in results continues to improve. Some results are still a little slow in arriving which means subsequent race organisers do not have the latest information available. It would be good to see this improve over the next season. I would urge team leaders to encourage their club affiliated juniors to register for races with the correct details as this saves a lot of time when processing the results.

K1 promotions continue to be effective immediately; these do not need to be confirmed. Any K2 promotions or additional promotions that are notified to me by the Rankings Officer, Roland Lawler, are communicated to team leaders as soon as possible and the BCU list updated accordingly.

If there are any issues regarding your HRM entry through the season please communicate them to me through your team leader or your regional Hasler adviser.

Rosemary Illinesi
Race Records Officer
January 2010

MARATHON RANKINGS

Surname	First name	Club	Cl.	BCU No.	Surname	First name	Club	Cl.	BCU No.
<u>Division 1</u>					CROUCHER	ADRIAN	WEY	V	12402/F
BAKER	STEVE	ELM	V	71179/F	DARK	SIMON	BOA	V	238787
BEAZLEY	DANIEL	LEA	V	39378/F	DAWSON	ANDY	CHE	V	17132/F
BEER	ROBERT	ELM	S	117855/Y	DOYLE	MICHAEL	ELM	V	115653/F
BOYTON	JONATHON	ROY	S	120380/Y	DRESSER	GUY	ROY	V	218826/F
BRABANTS	TIM	NOT	S	37973/F	DUFF	DAVID	RAF	V	23542/F
BROWN	BEN	ELM	S	96913/F	EAST	NICK	EXE	V	220264/F
BULLOCK	RICHARD	EXE	S	30594/F	EDE	PIP	RDG	S	112706/Y
CALLEBAUT	JULIAN	RIC	S	ET	ELDRIDGE	GLEN	TRU	V	78145/F
CHILDERSTONE	MARK	WEY	S	129513/C	ENOCH	PAUL	NOT	V	7917/F
COX	EDWARD	WEY	S	69175/Y	FIELDS	ROY	WEY	V	111208/F
DANIELS	ANDREW	RDG	S	96745/C	FOLLAND	JOHN	SOR	S	109553/F
DANIELS	TOM	RDG	S	96747/C	FORBES	RICHARD	SOL	S	50323/F
ENOCH	MATTHEW	NOT	S	35512/F	FOULGER	MATTHEW	NOT	S	WCA1125
FARRELL	BEN	ELM	S	97180/C	FREEMAN	SAM	EXE	S	126311/Y
FENNEMORE	SIMON	WEY	S	97743/F	FREEMANTLE	JAMES	BAS	S	215587/F
HASTINGS	STUART	ROY	S	111917/Y	GAND	LOIC	SEA	S	123970
HAYNES	BEN	LBZ	S	115345/Y	GIBSON	OLIVER	ROY	S	128890/Y
HIDE	TOM	ADS	S	117072/Y	GOLDER	DANIEL	BAN	S	44466/F
JOHNSON	NATHAN	ELM	S	55922/F	GOLDER	RICHARD	BUR	S	44374/F
LAWLER	IVAN	ELM	V	7701/F	GOODALL	MICHAEL	ACU	S	ACU/005
MOULE	KEITH	CLM	S	80147/F	GREENHAM	BRIAN	RDG	V	50852/F
NORENBERG	JACOB	IND	S	ET	HARRIS	STEVE	ELM	S	39331/F
PEAKE	OWEN	RDG	S	97125/F	HENDRON	HENRY	RIC	S	113134/S
PENDLE	TIM	NOR	S	105284/C	HENDRON	RICHARD	RIC	S	73633/F
QUANE	MICHAEL	ELM	S	29488/F	HICKS	ALBERT	NOR	J	105887/Y
RUTHERFORD	EDWARD	ELM	S	115494/Y	HIDE	MATT	ADS	S	114364/Y
SABBERTON	ROSS	ROY	S	58021/F	IRVINE	BRETT	RIC	S	226284
SAWERS	JOHN	ELM	S	76015/Y	JORDAN	AARON	MAI	S	109858/Y
SCHOFIELD	JOHN	SOR	S	71199/F	KENT	RICHARD	SOU	V	16495/F
SEAFORD	DANIEL	RDG	S	47188/F	KING	JAMES	SOU	S	124350
SHARPE	TOM	EXE	S	127495/Y	KING	ROBERT	HER	S	71202/F
SIMMONS	JONATHAN	WEY	S	84393/Y	LAMBERT	MICHAEL	WEY	S	208203/Y
SIMMONS	TOM	BOA	S	130371/Y	LAMBLE	TRENTON	RIC	S	244234
STEAD	BRENDAN	RIC	S	224423	LANNIGHAN	PAUL	FOX	V	226549
STREVENS	ADAM	CAM	S	ET	LAWRENSEN	TIM	BUR	S	95995/Y
TERRY	DEAN	WEY	S	112127/Y	LEWIS	RICHARD	BOA	V	6811/F
THOROGOOD	PHILIP	ELM	S	115453/Y	LORENZI	MARC	ELM	S	111218/F
TORDOFF	IAN	CHE	V	SCA 6388	LOVEDAY	ALEX	ELM	J	210676/Y
WELCH	MATTHEW	WEY	S	130706/Y	MAINPRIZE	TOM	RDG	S	129287/Y
WEST	STUART	WOR	V	106967/F	MARITZ	DAVID	RIC	S	244026
WILLIAMS	ROBIN	WEY	V	6297/F	MARNELL	STEPHEN	RUN	V	8216/F
WYCHERLEY	PAUL	WEY	S	82383/Y	MARTIN	MIKE	LBZ	V	84125/F
<u>Division 2</u>					MAYERS	JAMES	RUN	S	32720/F
AYRES	ROBIN	WEY	V	212912/F	MCILHARGY	STUART	BSF	V	233790
BELCHER	LANI	ELM	F	236110	MEYER	RICHARD	NOT	S	44429/F
BITCON	DOUG	RIC	S	243389	MISSEN	STAN	BOA	V	7909/F
BLACKMAN	NEIL	SOR	V	39746/F	NEALE	CLIVE	TON	V	4903/F
BLYTH	DUNCAN	WOK	V	12123/F	O'REGAN	GRAHAM	ROY	S	221174
BOWLEY	MATTHEW	BUR	J	129728/Y	PARFITT	BEN	ELM	S	118606/Y
BRADSHAW	BEN	NOR	S	116650/F	PEARSE	PHILIP	SOU	S	111052/Y
BREWSTER	ADAM	NOT	V	65481/F	PEDLAR	DAVE	WOR	S	51947/F
BURGOYNE	PAUL	HER	S	43048/F	PENDLE	DYSON	NOR	V	36/F
BUTLER	JAMES	NOT	V	96528/F	POOLE	ROBERT	LBZ	S	113621/Y
CANHAM	CHRIS	ROY	V	81880/F	REEVES	KRISTIAN	ADS	S	113462/E
CLARK	IAN	NOT	S	50848/F	RESSEL	MARK	EXE	S	116424/F
CLIVE	MARK	GAI	J	111617/Y	SAWERS	LOUISA	ELM	F	112617/Y
COX	EWAN	WEY	V	34016/F	SHELLEY	PIRAN	RIC	S	59173/F

MARATHON RANKINGS

Surname	First name	Club	Cl.	BCU No.	Surname	First name	Club	Cl.	BCU No.
Division 2 (cont)					FARISH	HARRIET	NOT	F	74251/Y
SIMS	RICHARD	TRU	V	9187/F	FARRINGTON	ROY	RLS	S	109611/F
SMYTHE	JAMES	LEA	V	23979/F	FITZPATRICK	JOE	BSF	J	219363/Y
SOWRY	TIM	ELM	S	57796/F	FLEESON	CHARLES	ANK	S	51870/F
STADDON	JACK	ROY	S	205001/Y	FLYNN	DAVE	TAU	V	110396/F
STANDEVEN	GUY	ROY	J	232819	FORD	PETER	TON	V	60479
SURRAGE	JOE	BSF	S	96867/F	FOSTER	ALEX	ROY	J	203672/D
THOMAS	JAKE	ELM	J	129575/Y	FOWLER	NICK	WOR	S	221220
THOROGOOD	GLENN	ELM	S	115452/Y	GAUL	KRISTIE	ANK	J	216705/Y
TORDOFF	ALAN	STR	V	SCA3373	GOODE	ALAN	LEA	S	226510
TYE	JOHNATHAN	WOR	J	207902/Y	GRIMWOOD	ANDY	LIN	V	4636/L
WEBSTER	JAMES	BOA	J	214163/Y	GUNNEY	CLAIRE	WEY	F	56048/F
WILKES	MARK	CLM	J	209928/Y	GUNNEY	PHIL	WEY	V	26585/F
WILKES	PETER	CLM	J	202700/Y	HALLAM	DAVE	LEA	V	10023/F
WILLIAMS	NEIL	ROY	S	118252/Y	HARDING	OLIVER	LON	V	29824/F
WILLIS	SAM	SOU	S	123170/C	HAWKEY	JENNA	EXE	F	205780/F
WRIGHT	MICHAEL	EXE	S	220282	HENMAN	JOSHUA	RIC	J	RIC/041
WYNNE	IAN	ROY	S	23605/F	HENSON	ADRIAN	WEY	V	16041/Y
YATES	JONATHAN	TON	S	109025/F	HERBENT	ATTILA	RLS	S	233777
YATES	PAUL	WEY	S	214250/Y	HERBERT	DOUGLAS	ACU	S	26387/F
Division 3					HINVES	JAMES	SOU	V	54853/F
ADAMS	MARK	BSF	V	44306/F	HOBROUGH	PAUL	WEY	S	210659
ANDREWS	JOE	BOA	S	242112	HOGAN	MARK	LEA	V	73736/F
ATTWILL	JAMES	BOA	S	130684/Y	HOWE	CHRIS	CLM	S	77116/Y
BAGSHAW	STEVEN	NOT	V	204322/F	HYNDS	SCOTT	ELM	S	39592/F
BAKER	GARETH	RAF	S	62430/F	ILLIDGE	GRAHAM	RUN	V	107236/F
BAKER	RALPH	NOT	S	122882/F	ILLIDGE	JENNY	RUN	JF	216127/Y
BANNISTER	PETER	MAI	J	128928/Y	JENKINS	PHILLIP	NOR	V	54505/F
BARNES-HOLT	RICHARD	RIC	S	113500/F	JOY	ALEX	SOR	S	207940/Y
BAUGH	WILLIAM	GAI	V	116310/F	KEEBLE	JAMES	RDG	S	79448/F
BELBIN	DAVID	NOT	V	18674/F	KELLY	ANDREW	RUN	V	55243/F
BENNETT	STEVE	BRI	V	26460/F	KELLY	CHRIS	LEA	V	116341/F
BENNETT	STUART	WOK	S	109366/Y	KILBOURN	ROBERT	NOR	S	32926/F
BLACKMAN	BRUCE	GAI	V	126208/F	KILLIP	BEN	RIC	J	242342
BLACKWELL	OLIVER	EXE	S	76752/F	KING	AMORET	RDG	F	118198/C
BLACKWELL	STEPHEN	EXE	V	221242/F	KING	STEVEN	HER	S	108648/F
BLOCK	JAMES	NOT	V	8112/F	KIRKWOOD	ANGUS	CLM	J	229010
BRIDGE	TOM	WEY	S	126209/Y	KIRSCHSTEIN	NICO	RDG	J	218842
BURGOYNE	MARK	HER	S	237209	LAYNG	MARTIN	RUN	S	118058/Y
BUTLER	BILLY	FOX	S	237592	LEVAI	GABOR	TON	S	233343
BUTLER	MATTHEW	RDG	J	RDG/053	LITTLEWOOD	REX	NOT	V	128212/C
CARPENTER	NEIL	EXE	S	200218/C	LIVSEY	IAN	NOT	V	228299
CHILDERSTONE	JACK	WEY	J	231574	LOVE	TOM	RLS	S	28525/F
CHRISTIE	JAMIE	SOR	S	24086/F	LYNCH	TOM	WOR	J	239341
COLLINS	DAVID	WEY	V	10699/F	MAHMOUD	ADAM	RIC	J	235550
COLYER	BEN	RDG	J	210041/Y	MARTIN	SEAN	RIC	V	230249
CONNELLY	MICHAEL	SOR	S	129996/Y	MASON	HAYLEIGH	NOT	F	85033/C
CORDEN	TOM	NOT	S	242419	MCINTYRE	DEANE	FOX	V	ET
CREAMER	ROBERT	LBZ	J	205229/Y	MCKEAND	GRAHAM	LEA	V	37800/F
DARBY-DOWMAI	RICHARD	ROY	S	219594	MCLEAN	MATTHEW	BAN	J	211876/Y
DAVEY	ANDY	TON	S	129820/F	MCMORRIN	COLIN	KIR	S	SCA10927
DE VILLIERS	JOHN	RIC	S	ET	MIDDLEHURST	TIM	RIC	V	206712
DEACON	TOM	ADS	J	204443/Y	MILLAR	DAVID	EXE	V	118386
DRISCOLL	SAM	MAI	S	218847	MILLS	MATTHEW	LEA	S	109786/C
DU TOIT	DANIEL	RIC	S	77865/F	MORTON	ANDREW	KIR	V	SCA 007
EASTERLING	SIMON	WEY	V	40088/F	MORTON	DWAYNE	ELM	S	108685/F
EDWARDS	PAUL	WOK	V	105341/F	NELSON	BEN	IND	S	43565/F
EVANS	PAUL	HER	S	ET	NICHOLSON	LEON	SOU	V	26817/F

MARATHON RANKINGS

Surname	First name	Club	Cl.	BCU No.	Surname	First name	Club	Cl.	BCU No.
<u>Division 3 (cont)</u>					BLAKE	GUY	ACU	S	29326/F
OLIVER	DAVID	LIN	S	26689	BRAGG	MARK	ITG	S	SCA 5665
OLIVER	MATTHEW	LIN	V	229363/F	BRETT	TONY	BSF	S	211275/Y
OWEN	MICHAEL	ADS	S	110552/Y	BRITNELL	NEIL	FOX	V	244399
PANAYI	MARCUS	LEA	V	46604/F	BROOKS	EDWARD	CKP	S	128913/Y
PARKER	JOHN	WOR	S	80544/F	BROUGHTON	LIZZIE	RIC	F	122013/Y
PEARSE	TIM	BRI	S	111051/Y	BROWN	DAVID	ELM	V	118679/F
PEREIRA	CHRIS	ADS	S	114018/Y	BROWN	LEANNE	BSF	F	108181/Y
PHILLIPS	TIM	WOR	V	129533/F	BULLIVANT	STEVEN	LIN	V	226192
PRESTON	CHRIS	ELM	S	121740/F	BURRELL	JAMES	BTH	S	109842/F
PRESTWOOD	PAUL	GAI	S	43606/F	BUTT	TOM	NOT	S	229806
RAINEY	SAM	LEA	S	121888/Y	BYATT	ANDREW	TRU	S	ET
REESE	BRENDAN	ACU	S	45655/F	BYRES	KELVIN	RIC	S	113923/B
RIX	OLIVER	NOR	J	218880	CAPPS	DUNCAN	ACU	V	98591/F
ROWELL	GARY	LEA	S	226404	CARTER	CHRIS	NOT	V	22326/F
SCHOFIELD	CHRIS	NOR	V	18943/F	CHALMERS	NEIL	KIR	S	SCA 6665
SEALEY	JACK	RDG	J	128289/C	CHANDLER	MICHAEL	RAF	S	7844/F
SEARS	CHRISTOPHE	RDG	S	110801/Y	CHAPMAN	SIMON	ACU	S	108743/F
SLATER	PAUL	GAI	S	29883/F	CHILDERSTONE	HAZEL	WEY	JF	218883/Y
SLIGHT	DANIEL	LBZ	S	120610/Y	CHORLEY	CHRIS	BTH	S	22827/F
SMITH	JASON	RAF	S	77687/F	CHURCHILL	OLIVIA	ROY	F	107993/Y
SMITH	STUART	IND	V	SCA 8973	CHURNSIDE	AMELIA	RDG	F	205668/Y
SPENCER	ALLEN	HER	S	75335/Y	CLARK	PHIL	TON	J	240003
STEELE	RODNEY	MAD	V	80371/F	COLLINS	IMOGEN	RDG	JF	207952
SWALLOW	MELVIN	CHE	V	2665/F	COLLINS	JESSICA	RDG	F	126269/Y
THROWER	SHAUN	HER	V	83895/F	CONNELL	MATTHEW	ELM	J	218958/Y
TREADGOLD	JAMES	RDG	V	18747/F	CORDERY	JAMES	WEY	S	214194
TURAN	BARNABAS	WOR	S	238762	COULSON	ABIGAIL	RDG	F	59738/F
TURNER	TRISTRAM	BRI	S	205135/F	COULSON	DAVID	RDG	V	9231/F
TYSOE	DAVID	WOR	J	242664	CROUCHER	VICTORIA	WEY	JF	207646/Y
WALSH	SHAUNE	NOT	S	128227/F	DANIELS	NICK	RDG	V	52444/F
WATT	CRAIG	ELM	S	59979/F	DAVEY	TRISHA	RIC	F	40335/F
WELCH	CHARLIE	WEY	J	215672	DAVIES	MARK	MAN	S	ET
WHITE	MICHAEL	LBZ	S	119644/Y	DAVIES	SIMON	WOR	V	1188/F
WILLIAMSON	KEVIN	BRI	S	33007/F	DAVISON	RUSS	BUR	S	51835/F
WILLIS	STEVE	SOU	V	123169/F	DAWE	LINDA	TRU	F	207479/F
YOUNG	JOSH	NOT	S	213311/Y	DIAPER	TOM	SOU	S	241710
<u>Division 4</u>					DILAI	MAGGIE	RUN	F	112820/F
ALLEN	LEWIS	NOR	J	205147/Y	DIXON	STEPHEN	ROY	J	129921/Y
ALLINSON	PATRICK	NOT	V	8715/F	DOBSON	EDWARD	DEV	J	231204
ANDERSON	DENVER	SOU	S	241576	DOMAN	PAUL	CLM	V	205955
APPLEBY	PAUL	WOK	V	105853/F	DOMONKOS	ISTVAN	RIC	S	240222
ARCHER	HARRY	ELM	J	227466	DRUMMOND	JOHN	RDG	S	109008/F
ASTBURY	JOHN	LIN	S	82890/F	DUFF	CRAIG	NOT	S	213882/Y
AVERY	ROBIN	MAD	V	76606/F	DUNN	STUART	LEA	V	30222/F
BAILEY	MATTHEW	ACU	V	45543/F	DUNROY	NORMAN	RIC	S	71246/F
BAKER	PAUL	RNK	S	79805/F	DYER	JASON	BAS	J	220942
BANNISTER	MICHAEL	MAI	V	68271/F	EDE	LEANDER	RDG	S	108980/Y
BARNES	PETER	RIC	V	27584/F	EDYVEAN	JOHN	FOY	S	105477/F
BARTON	NICK	TON	V	ET	ELLIOTT	JOHN	ELM	V	8358/F
BEARD	RICHARD	VIK	V	159/F	ENGLAND	RICHARD	CLM	V	236323
BEARDSSELL	LENA	ROY	F	123465/Y	EPPS	ALAN	NOR	V	14930/F
BEAZLEY	KELLY	LEA	F	47954/F	ETHERIDGE	RICHARD	WEY	S	69364
BEER	SARAH	ROY	JF	201404/Y	EYQUEM	PAUL	RIC	V	ET
BELL	ROGER	RDG	V	8147/F	FAY	NICHOLAS	RIC	S	210993/F
BILLSON	JOSH	EAL	J	235506	FERGUSON	LAURA	BAN	JF	202111/Y
BIRD	JONATHAN	WOR	S	8920/F	FIELDEN	PAUL	TAU	V	24497/F
BLACKMAN	HOWARD	BUR	V	19313/F	FINNIS	BEN	ROY	J	242667

MARATHON RANKINGS

Surname	First name	Club	Cl.	BCU No.	Surname	First name	Club	Cl.	BCU No.
<u>Division 4 (cont)</u>					LIPSCOMBE	RICHARD	WEY	S	209741/Y
FITCHET	ANGUS	POO	V	8721/F	LITTLEHALES	KEVIN	BRI	V	WCA5631
FLETCHER	LEWIS	LGW	J	SCA1474	LODGE	THERON	BRI	V	30951/F
FOLEY	DANIEL	LBZ	J	227231	LOFTUS	KEN	ROY	S	114957/F
FORD	DAVID	WIN	V	59235/F	LOWE	TOM	LBZ	S	114507/Y
GALLIMORE	DAVID	IND	V	248248	MARTIN	NICK	NOT	V	72295/F
GANDY	MICHAEL	WOR	S	30889/F	MASON	NORMAN	NOT	V	35607/F
GARBETT	SIMON	TRU	V	73513/F	MCLEOD	NEIL	SOU	S	215574/F
GARTON	LAURENCE	NOT	S	105776/Y	MCSWEENEY	CHRISTOPHE	WOR	S	21026/F
GAUNT	SAM	PLY	S	108832	MIDDLEHURST	MARIA	WEY	F	206714/Y
GODLEMAN	TOM	SOR	J	100355/Y	MORAN	CLAIRE	WOR	F	107492/Y
GREENAWAY	BRIAN	FOY	V	236902	MORAN	MICK	WOR	V	108663/F
GUEST	ROBERT	LIN	V	10793/F	MULLER	TIM	CKP	J	202018/Y
GUY	ANDREW	LBZ	S	117972/C	NADAL	MICK	NOT	V	1664/F
HALL	KATHRYN	RIC	F	109443/C	NICHOLSON	ANDY	WEY	V	76849/F
HANLON	MIRIAM	ELM	JF	222711	NIEVEEN	RICHARD	WEY	V	62384/F
HANNON	SARAH	WEY	F	51022/F	NORFOLK	ADAM	EAL	S	73916
HAWS	ALICE	WEY	JF	225595	OUGHTON	JAMIE	SOR	S	84954/C
HAWS	EDMUND	WEY	J	237190	OUGHTON	JES	SOR	V	81703/F
HAWTHORN	MIKE	WOR	V	980/F	OWEN	KEITH	BOA	V	15820/F
HAYES	PAUL	RIC	S	235949	PARKER	JAMES(FESS	WOR	V	32697/F
HAYWARD	IAN	NOR	V	9070/F	PARSONS	TINA	NOT	VF	25523/F
HEMMING	JAMES	ACU	S	211315	PATTERSON	SCOTT	FOR	S	SCA8898/Y
HOLDWAY	ROBERT	TRE	S	73620	PEARCE	RYAN	FOY	S	118087/E
HOLMES	ANDREW	WOR	V	241177	PHILLIPS	ANDY	BOA	S	9370/F
HOLMES	GRAHAM	RIP	V	697/F	PLOIX	KEVIN	LIN	S	249064
HORVATH	ATTILLA	RIC	S	ET	POSTILL	HARRY	POO	J	127063
HOULGATE	ADAM	NOR	S	231073	POTTERTON	ANDREW	RDG	J	234556
HOWSON	LEE	BOA	V	120238/C	PRINSLOO	LAWRENCE	RIC	S	233206
HOWSON	PETER	ACU	V	120237/F	QUITTENTON	EDWARD	LIN	J	239003
HUMPHRIES	TIM	ROY	S	130592/Y	REIF	FRED	CKP	S	129897/Y
HUNTER	FIONA	NOR	F	117090/F	RICKETTS	SIMON	ANK	V	204870/F
HYDE	JEFF	HER	V	16612/F	RILEY	GORDON	ANK	V	129155/F
HYMAN	SAM	RIC	S	242189	RIMINGTON	HUAN	SOL	S	127516/Y
ILLINESI	EMILY	ELM	JF	122544/Y	RIMMER	CHIP	POO	V	83849/F
ISBELL	OLIVER	RIC	S	82262/Y	RINVOLUCRI	MARTIN	NOT	V	47208/F
JESSON	MICHAEL	RLS	S	29684/F	RIX	GAVIN	NOR	V	218879
JONES	CHRISTOPHE	LBZ	S	41300	ROBINSON	MATT	CDF	J	Y7545
JONES	CLIVE	SOL	V		ROGERS	PAUL	ELM	S	67067/F
JONES	GRAHAM	RAF	S	82227/F	SACKMAN	DAVID	RDG	V	25521/F
JONES	NIGEL	NOT	S	44535/F	SANDERS	KEITH	GRI	V	44587/F
KAY	TOM	NOT	V	231151	SCHNEPP	PHILIP	WOK	V	122131/F
KEANE	STEPHEN	EXE	V	24340/F	SCHOFIELD	BECKY	NOR	F	83203/F
KILLIP	JACK	RIC	J	242343	SCOTT	TIM	NOR	V	82381/F
KING	HANK	IND	S	ET	SEALEY	CHRIS	RDG	S	128049/Y
KINGMAN	PAUL	BOA	S	42561	SEWARD	DAVID	WOK	V	17952/F
KINGSTON	THOMAS	MAI	J	129100/E	SHAW	EDWARD	ROY	V	26913/F
KIRSCHSTEIN	TONY	RDG	J	RDG/052	SHERIFF	ANDREW	IND	S	ET
KLEBOWSKI	TOMASZ	TON	S	233862	SHERIFF	HEGE	IND	F	ET
LAMPH	FAY	WEY	F	127374/Y	SIMMONS	HANNAH	BOA	JF	215523/Y
LAMPH	MARK	WEY	S	220643	SIMON	MARTON	ELM	J	221083
LANG	OLIVER	RDG	S	127379/Y	SIMON	REBEKA	ELM	JF	221084
LANGLEY	JAY	ROY	S	238835	SIMS	MICHAEL	NOT	J	117056/Y
LE ROUX	CLAUDINE	WIN	F	96256/C	SKELLERN	CHRISTOPHE	WOR	V	29198/F
LEITCH	JAMES	LBZ	S	125688/Y	SLATER	GREG	LIC	V	ET
LEWIS	ALLEN	RAF	V	112624/F	SMITH	DAVID	WOR	S	206149
LEWIS	EMILY	WOR	JF	WOR/183	SMITH	ISOBEL	BAS	JF	204440/Y
LINES	ROBERT	NOR	V	22482/F	SMITH	ROBERT	CAM	V	20159/F

MARATHON RANKINGS

Surname	First name	Club	Cl.	BCU No.	Surname	First name	Club	Cl.	BCU No.
<u>Division 4 (cont)</u>					WRIGHT	SIMON	LIN	V	28006/F
SNEDDON	RYAN	WOR	J	247243	ZIELSKI	RADEK	RDG	S	16358
SNEDDON	THOMAS	LGW	S	SCA 9401	ZWIERNIK	WITOLD	LGW	S	SCA6585
SOKOLOV	ALEXANDER	WEY	J	2299880	<u>Division 5</u>				
SOREGI	BALAZS	RIC	S	227195	ABBATIello	GRAZIANO	WOR	V	28117/F
SOUTHEY	MICHAEL	FOY	J	235737	AGER	RICHARD	LEA	S	249402
SPENCER	CLAIRE	HER	S	123920/C	ANDREWS	ELEANOR	WOR	JF	236491
SPITTAL	GEORGE	TSP	V	SCA 0086	ARCHONDAKIS	ALAN	LON	V	104040/F
STAINSBY	ROB	RIC	S	215243/F	AYRES	PHOEBE	WEY	F	212913/C
STANFORD	MARK	TON	V	48032/F	BAINBRIDGE	GEOFF	KEN	V	62062/F
STANLEY	ANDREW	NOR	V	8155/F	BAINBRIDGE	IAN	EXE	V	33965/F
STANLEY	BRYN	FOX	V	209230/F	BAKER	ALEXANDER	BOA	J	120339/Y
STANNARD	JAMIE	RLS	J	214885/Y	BAKER	IAN	BOA	J	120340/Y
STENHOUSE	MATTHEW	TON	S	233691	BAKER	PAUL	RM	S	108934/F
STEVENSON	NIGEL	LIN	V	12432/F	BARNICOAT	GEORGE	CKP	J	226007
STONE	JULIAN	BAN	S	208444/Y	BARRELL	STEVE	LBZ	V	241931
STONEHOUSE	GRAHAM	RIC	V	104808/F	BATES	JOANNE	ELM	F	55918/F
STUART	PETER	LEA	V	21669/F	BATES	ROSALIND	ELM	F	60932/F
SWADLING	GRAHAM	NOT	V	10064/F	BATTISON	ROHAN	RDG	F	107002/C
SWALLOW	JENNY	CHE	F	126197/C	BAXTER	LUCY	EXE	JF	241450
TAYLOR	DAVID	LIN	V	7848/F	BELL	JASON	BAN	S	239251
TAYLOR	JAMES	BAS	J	235157	BENNETT	JASON	CHE	S	221492
TAYLOR	JULES	BRI	V	ET	BENNETT	JOHN	WEY	V	8019/F
TAYLOR	NICKY	ELM	F	57004/F	BETTS	STEVE	MET	S	ET
TAYLOR	ROBERT	CLM	J	126648/Y	BEYER	JAMES	WEY	S	119582/Y
THORNTON BRC	MATTHEW	WOR	V	29780/F	BIDLE	DARREN	NOR	S	ET
TILFORD	GEOFF	VIK	V	75978/F	BIRD	WILLIAM	WOR	J	238255
TINGAY	STEVE	LBZ	S	39445/F	BLACKMAN	FRAZER	ROY	J	ROY1101
TRAIN	ANDREW	FLA	VC	15089/F	BLATCHLY	MARK	NOT	S	15468/F
TRAIN	JAMES	FLA	C	75179/C	BOREHAM	NICHOLAS	BAS	J	220156
TRAIN	STEVE	FLA	VC	14327/F	BOVIS	PETE	TON	S	210727/F
TROTTER	KATHERINE	ELM	JF	122412/Y	BRETT	STEVE	NOT	V	
TURNER	WILLIAM	ACU	S	73263/F	BROADHEAD	JOHN	FRE	V	27840/F
UNWIN	NIGEL	BOA	V	43866/F	BROOKES	PAUL	RUN	V	209084
VAN DEVENTER	CHRIS	RIC	S	230990	BROWN	HANNAH	BOA	F	223668
VAN DEVENTER	GERT	RIC	S	220977	BURFITT	MALCOLM	EBB	S	235227
VAN DEVENTER	MARNA	RIC	F	220979	BUTT	ADRIAN	SOU	V	ET
VINCENT	ROBERT	SOR	S	243264	BYRNE	LUKE	RIC	S	ET
WALKER	JESSICA	ROY	F	117215/Y	CALVERT	CHRISTOPHE	FLA	C	217205/Y
WALKER	RICHARD	ACU	S	36143/F	CAMPBELL	DEREK	LBZ	V	216704/F
WALSH	MICHAEL	WEY	S	238404	CAMPBELL	JESSICA	LBZ	JF	236403
WARD	AMY	ELM	JF	200024/Y	CANNON	DOMINIC	CKP	J	203430/Y
WATSON	RANDALL	RIC	S	214766/F	CANZANO	MAURO	ROY	S	ET
WEBB	AARON	WLT	J	222915	CARPENTER	MIKE	EXE	V	70381/F
WELLS	PAUL	RIC	V	213966/F	CARRIER	MICHAEL	TRU	V	49850/F
WHITAKER	JORDAN	LBZ	S	117769/Y	CARSON	ANDREW	ELM	S	128179/Y
WHITE	IAN	WOK	V	68786/F	CARTER	GARY	LIN	V	207204/F
WIBREW	MICHAEL	MAI	V	7886/F	CARTWRIGHT	ANTON	FOX	S	ET
WIDDERSHOVEN	TIM	TRU	S	116524/F	CARUS	WILL	TON	J	240267
WILKIN	STEVE	CLM	V	126649/F	CATTO	JOHN	ACU	S	46221/F
WILKINSON	PAUL	ELM	V	200418/F	CAVE	JONATHAN	WOR	V	47835/F
WILLIAMS	CLIVE	ACU	V	14219/F	CAVE	ROBERT	WOR	J	239201
WILLIAMS	KATIE	ELM	JF	120277/Y	CAWTHORN	RACHEL	WEY	F	201228/Y
WILSON	CHARLES	RIC	S	227718	CAYFORD	ANTHONY	BSF	C	120891/Y
WILSON	CHARLES	EAL	S		CHAPMAN	MARGARET	KIR	VF	SCA 327
WISE	EWAN	RDG	S	226551	CHILDERSTONE	MICHAEL	WEY	V	9472/F
WOODHEAD	DYLAN	???	S	203340	CHORLEY	STEVE	CHE	V	13305/F
WORTH	ANDREW	EXE	V	82753/F	CHUDLEY	COLIN	BRI	V	409/F

MARATHON RANKINGS

Surname	First name	Club	CI.	BCU No.	Surname	First name	Club	CI.	BCU No.
<u>Division 5 (cont)</u>					HARLEY-BECKE	JACOB	LIN	J	244093
CLARK	IAN	RIC	V	228555	HARRISON	JACK	SHP	J	114600/F
COLLEY	SHARON	HER	VF	104338/F	HAWTHORN	EMMA	WOR	JF	104102/C
COLYER	DANIEL	RDG	S	202839/Y	HAWTHORN	SUE	WOR	VF	96033/C
COOPER	ED	PAN	V	117604/F	HAYNES	CHRIS	RIC	V	121520/F
COX	JAMIE	BAS	S	223957	HEAD	TOM	CLM	S	80840/F
CRAWFORD	ROGER	RIC	V	219952	HODGSON	OSCAR	WEY	J	243975
CREAMER	CHARLOTTE	LBZ	F	200863/Y	HOLMES	ELIZABETH	CHE	F	81204/F
CRONK	THOMAS	SOU	V	8761/F	HOLMES	STEPHANIE	WOR	JF	215266/Y
CROWLEY	RUSSELL	TON	V		HOSKINS	NIGEL	IND	S	ET
DABORN	THOMAS	RIC	S	248887	HOWELL	CATHY	NOT	F	128119/F
DAVISON	CHRIS	MAD	V	117689/F	HOWIE	DAVE	WEY	V	31267/F
DAWSON	KIMBERLEY	CHE	F	96111/C	HUGHES	MARK	RIC	S	
DE FERRER	MARTHE	WEY	JF	203145/Y	HUNT	GARETH	FLA	C	243045/Y
DEAN	SIMON	BUR	S	71761/Y	HUNT	RYAN	RLS	J	126769/D
DICKSON	DAVID	FOR	V	SCA9000	HUSSEY	DANIEL	LBZ	J	118977/C
DODDS	TRACEY	RLS	F	129406/F	ILLINESI	JENNY	ELM	JF	120501/Y
DOMMISSE	ADRIAN	RIC	S	126262/F	ILLINESI	PAUL	ELM	J	203012/Y
DOUGALL	EMMA	LBZ	F	106657/C	INCE	JOHN	TON	V	43540/F
DRISKEL	DANIEL	EAL	S	235518	JARRETT	OLIVER	WOK	J	203761
DUFF	KERRY	NOR	F	38806/F	JAYNE-COUPÉ	FLORA	RDG	JF	248509
DUFFIELD	MAX	CLM	J	223323	JAYNE-COUPÉ	KATE	RDG	JF	248510
ELLIS	CHARLOTTE	LBZ	JF	233749	JOHNSON	DANIEL	CLM	J	CLM/1048
ELSTON	PAUL	MAI	V	85358/F	JOHNSON	NICHOLAS	TON	S	80205/F
ENOCH	DAVID	NOT	V	12315/F	JONES	PAUL	HER	V	124473/F
ESCOTT	JAMES	BOA	J	220378	JONES	SAM	TAU	S	23857/F
ESCOTT	JOHN	BOA	V	7889/F	JONES	SIMON	BRY	V	46389/F
ESCOTT	MARK	BOA	V	217688	JORDAN	DEAN	MAI	V	78897/F
EVANS	NEIL	MAD	V	75366/F	JURATOWICH	BEN	FOX	S	ET
FELINGEROVA	RADKA	ROY	F	116570/F	KEANE	DARREL	NOR	S	74115/F
FERRIS	DAVID	BEJ	S	73680/F	KELLY	NANETTE	RIC	F	67584/Y
FISHER	ADRIAN	FRE	V	80179/F	KILLIP	REBECCA	RIC	JF	249030
FLACK	MICHAEL	BOA	J	243981	KING	ALBERT	IND	V	ET
FORD	Yael	TON	F	52954/F	KIRSCHSTEIN	SAM	RDG	J	219803
FOSTER	RICHARD	FOX	S	126130/F	KNIGHT	ROBERT	WOR	S	122978
FOWLER	SUE	ACU	F	35625/F	KNOTT	ROBERT	BRI	S	ET
FREEMAN	JOE	IND	S	ET	LABBETT	JOHN	SOU	V	18598/F
FREER	ALAN	WOK	V	105657/F	LABLANCHE	SCOTT	BAD	S	244375
FUDGER	MICHAEL	WOR	S	55225/F	LANG	DAVID	EXE	V	122245
GARBOTT	LUCY	IND	JF	ET	LAVARACK	IAN	RIC	V	242226
GARDNER	DONALD	LGW	S	SCA 921	LAVARACK	MICHAEL	RIC	J	241916
GARLUCK	JAMES	LBZ	S	ET	LAWRENCE	MATTHEW	LBZ	SC	50953
GARSIDE	NATHAN	LBZ	J	126419/Y	LAWRENSON	BILL	BUR	V	6035/F
GARVEY	KARL	RIC	S	119370/F	LE ROUX	CHRISTIAAN	ACU	S	232929
GAVIN	CHRIS	RIC	V	85225/F	LEATHERBY	ROBERT	FOX	S	238884
GOHAR	ALEX	RIC	V	ET	LEES	ROBIN	BAS	V	5895/F
GOLDER	KATIE	BUR	F	35429/F	LINNELL	LOUISE	MAI	F	128481/F
GOODEY	JOHN	TAU	V	5881/F	LLOYD	NICK	RIC	S	104077/F
GORDON	JASON	RM	S	52860/F	LOFTHOUSE	CARL	RDG	J	224463
GRATTON	CHRIS	EXE	J	130142/Y	LOWTHORPE	ANDREW	KIN	J	117393/Y
GRAY	SUE	RDG	VF	31828/F	LUCAS	ROLAND	RIC	S	12533/F
GREEHY	LUCY	FOX	JF	214545	LUNN	MATTHEW	SOR	J	128238/Y
GREEN	MARK	BAD	S	230388	LUSTY	TOM	SOL	J	250542
GRIFFIN	ANDREW	RIC	S	ET	LYNCH	TIM	FOX	S	215760/F
GRIFFITH	NEIL	FLA	S	ET	MACKINTOSH	ALAN	KIR	V	SCA 258
GRIMSHAW	PETER	WEY	S	236904	MAINPRIZE	PETER	RDG	V	129743/F
HAIGH	GRAHAM	TRE	J	208297	MARA	GILLIAN	NOT	F	75152/F
HANCOX	JOHN	PAN	V	118037/F	MARAFKO	COLIN	RUN	V	237834

MARATHON RANKINGS

Surname	First name	Club	Cl.	BCU No.	Surname	First name	Club	Cl.	BCU No.
<u>Division 5 (cont)</u>					RANCE	STEVE	SOU	V	14236/F
MARKEN	ANDREW	ELM	J	232327	RANDALL	ALASTAIR	FOY	S	32903/F
MARSH	KEVIN	RIC	S	219927/F	REES-CLARK	MICHAEL	BAS	J	200416
MARSHALL	DEREK	LGW	V	SCA 348	REEVES	ALEX	ADS	J	119257/Y
MARTIN	ALISON	RIC	JF	230248	REMMINGTON	RICHARD	FOX	V	117032/F
MASON	ANTONI	NOT	S	84658/C	RICKETTS	DAVE	ANK	V	208146/F
MATTERSON	MATTHEW	LBZ	S	204827/Y	RIDDLE	MICHAEL	TRU	V	84837/F
MCCULLOUGH	ANDREW	ACU	V	33072/F	ROBERTS	PHIL	TRE	V	15593/F
MCKEEVER	THOMAS	BTH	S	79648/F	ROBINSON	RALPH	PLY	S	108024/F
MCLEAN	IAN	BAN	V	203381/F	ROBSON	ALAN	ADS	S	55914/F
MERRIFIELD	CLIVE	TAU	V	238360/F	ROGERS	IAN	RIP	S	39956
MERRIFIELD	LEONIE	TAU	VF	238360	ROMAIN	EMILY	RIC	JF	244833
MEYER	RUSSELL	SOU	S	40148/F	ROOKS	ROBERT	SBI	V	34724/F
MIDDLETON	MEGAN	FOY	JF	223151	ROONEY	SOPHIE	BAN	JF	212798/Y
MILES	DARREN	BAN	V	56233/F	ROSS	ANDREW	NOR	V	51765/F
MILLAR	RICHARD	NOT	J	238371	ROWE	REBECCA	ROY	F	240518
MISSEN	JAMES	BOA	J	BOA/R40	ROWLANDS	CAROLINE	CHE	F	129326/Y
MORAN	JAYNE	WOR	VF	108664/C	ROWLEY	GARY	LEA	S	232277
MORAN	LAURA	WOR	F	110676/Y	RUDD	DAVID	TON	V	111776/F
MORLEY	JASON	BAN	V	187709/A	RUFF	ANTHONY	ROY	V	235330
MOULE	STEVE	CLM	S	76425/F	RYMELL	MARK	WEY	V	015101/F
MULLINS	GUY	WEY	S	ET	SARGEANT	DAVID	NOT	S	106771/F
MUNGOVAN	JORDAN	RIC	S	103922/Y	SCARR	PETER	ELM	S	114115/F
MURPHY	ADAM	LBZ	J	124522/Y	SETH-KAPOOR	SHOBHANAA	NOT	F	216113/Y
MURPHY	ALICE	BAN	JF	233554	SEWELL	IAN	BSF	S	234645
MURPHY	DOM	BAN	V	110498/F	SHEPHARD	OWEN	CLM	S	77712
NAGY	GABOR	RUN	S		SHERIFF	LISA	IND	F	ET
NERCESSIAN	TONY	RIC	S	200496/F	SHIEL	ALANA	ELM	JF	200916/Y
NEVITT	ANDREW	WOR	V	73583/F	SHIEL	THOMAS	ELM	J	200917/Y
NIXON	SIMON	RUN	V	55152/F	SILLITOE	CALLUM	LBZ	J	119410/C
NOBBS	ASHLEY	NOR	J	NOR/008	SIMPSON	SAM	RDG	V	217053
NORMAN	MATTHEW	WOR	S	ET	SLADE	MATTHEW	CLM	J	CLM/1002
O'DONNOVAN	JOHN	IND	V	ET	SMITH	NAOMI	BAS	JF	206178/Y
OLIVER	FREDDY	BAS	J	BAS/051	SOMERSET	RICHARD	BAS	V	61580/F
OLIVER	GEORGE	NOT	V	27863/F	SPENCER	JENNY	HER	F	66095/F
OLIVER	RICHARD	LIN	V	9065/F	SPIERINGS	GIEL	FOY	J	248590
OUGHTON	DUNCAN	NOT	V	238954	STAINES	DANIEL	WOR	J	247246
OUGHTON	JESSICA	SOR	F	112256/C	STANNARD	ADAM	RLS	JC	220026/Y
OUGHTON	LINDA	NOT	VF	238972	STANWAY	THOMAS	CLM	J	CLM/933
PADDOCK	STEVE	CHE	V	74891/F	STINCHCOMBE	RONALD	BRI	V	2699
PARKER	DAVE	IND	V	ET	STOBART	DAN	MET	S	ET
PARKER	DAVID	NOT	V	97420/C	STONEHOUSE	NEVIL	RIC	V	104838/F
PARKER	JAMES(GING)	WOR	S	205562/F	STRICKLAND	BOB	IND	S	63454/F
PARKER	SOPHIE	CLM	F	212977/Y	STRONGE	SAM	NOR	J	NOR/015
PATERSON	DEE	GAI	F	73056/F	STUART-HILL	BRUCE	MAI	V	239583
PEARCE	MARK	RIC	V	58064/F	STYAN	JAMES	FLA	S	205877/Y
PEDERSEN	IVAN	CAM	S	128866	STYAN	JAMES	FLA	SC	205877/Y
PENN	TERRY	FOX	V	208258	SWALLOW	VICKY	CHE	F	95970/C
PERKINS	RICHARD	BRY	S	67706/F	TERRY	STACEY	NOR	JF	226228
PHILLIPS	DAVE	NOT	V	1705/F	TILBURY	ROBIN	PAN	V	232071
PINNOCK	RACHAEL	BSF	JF	230602	TONNER	EMMA	LIN	JF	23754
PLUMMER	SAMUEL	LBZ	J	222744	TOOMEY	PAUL	RDG	V	18086/F
POTTERTON	TONY	RDG	V	224469	TOPHAM	WILLIAM	HER	S	ET
POTTS	DAVE	GPS	S	50379/F	TOZER	TOM	WEY	J	249011
PRICE	NICHOLAS	MAD	V	97347/F	TRAIN	MATTHEW	FLA	JC	212687/Y
PURCELL	FREDDIE	RIC	J	217295	TRICKETT	ADRIAN	WOR	V	124163/F
RABY	SEB	BAN	S	223918	TRUESDALE	MICHAEL	BAS	J	129988
RALPH	PAUL	WOK	V	2620/F	TURNBULL	KEVIN	BUR	V	224448

MARATHON RANKINGS

Surname	First name	Club	Cl.	BCU No.	Surname	First name	Club	Cl.	BCU No.
Division 5 (cont)					BLACKMORE	RUSSELL	TAU	V	11867/F
UNDERHILL-ROSE	MICHAEL	WHI	V	17011/F	BLAKEBOROUGH	ADELE	CHE	F	33333/F
VAN NIEKERK	STEVE	BAN	S	ET	BLATCHLEY	ANTHONY	PAN	S	124986
VASEY	ROBIN	TRE	S	ET	BLATCHLEY	IAN	PAN	V	79062/F
VEALE	DEREK	KIR	V	SCA4120	BOLTON-WAUGH	BRYNN	SOR	S	128339/Y
VIAL	CORALIE	RIC	F	216217/F	BOWLES	ADAM	SHP	S	126449/F
VINCENT	RICHARD	SOR	V	122748/F	BOWYER	TIM	ELM	S	242361
VORBERGER	YAN	RLS	VC	220871/F	BOYNE	SAM	IND	J	236925
WALKER	PETER	PAN	V	119872/F	BRANCH	CHRISTOPHE	BAS	J	242050
WALKINSHAW	RYAN	BSF	J	116469/D	BRANCO	LUIS	ADL	S	ET
WALKINTON	JAMES	CLM	J	248415	BRANWIN	STUART	WIN	S	ET
WALTERS	MICHAEL	BUR	S	217197/Y	BRAY	JONATHAN	CAM	S	248141
WEIR	IAIN	BAN	JC	206058/Y	BRIMFIELD	EDWARD	FOX	S	ET
WEIR	ROGER	BAN	C	206057/Y	BRISTOW	GRAHAM	PNZ	S	25013/F
WEIR	ROGER	BAN	S	206057/Y	BRISTOW	NICOLA	PNZ	F	96204/C
WETHERALL	KIMBERLEY	RIC	F	95955/C	BROWN	SUE	LBZ	VF	117901/C
WHEELER	ADRIAN	PAN	V	121457/F	BRYCE	KENNETH	GRF	V	SCA1173
WHITE	STEPHEN	LBZ	S	111679/Y	BULMER	GRAHAM	CHE	V	39417/F
WIGGLESWORTH	MARK	PAN	S	114735/C	BUNTING	GORDON	RIC	S	129994/F
WILLIAMS	DEAN	CLM	V	107756/F	BURBECK	KATHERINE	NOT	F	204276/F
WISE	ANNA	RAF	F	111167	BURNES	PAUL	EBC	V	108796/F
WISE	ISOBEL	RDG	JF	128545/Y	BUSCHOR	JAMES	CLM	J	CLM
WOOD	MEGAN	BAN	JF	217546/Y	BUTLER	ROSIE	FOX	JF	FOX/004
WOODHEAD	DARREL	LEA	S	51073/F	BYARD	TOM	LBZ	J	124670/Y
WOODHEAD	GORDON	MAD	V	115532/F	CARMELO	CARLOS	CHE	S	227913
WOOLDRIDGE	DOMINIC	ELM	J	227933	CARPENTER	HOLLIE	EXE	F	97641/C
Division 6					CARSON	EMMA	ELM	JF	201822/Y
ABBY	ALAN	RDG	V	232125	CARTER	CHRIS	HEM	V	27258F
ABRAHAM	NARDOS	RIC	S	216101/F	CATCHLOVE	ROBIN	MAI	V	2682/F
ABSOLOM	PETE	BAS	V	25029/F	CAWSTON	HARRY	CLM	J	CLM/1015
ABSON	WILLIAM	RIC	S	231636	CHALK	EMILY	RDG	JF	247712
ADAIR	JOHN	WOR	V	111401/F	CHALMERS	MICHAEL	KIR	S	SCA6666
ARUNDALE	DAVE	RUN	V	ET	CHAMP	LEE	HER	V	205918/F
ASHLEY	JEAN	CHE	VF	205906/F	CHILDERSTONE	AMANDA	WEY	VF	96040/C
AZIZI	HABIB	WRL	S	206340/F	CHISHOLM	ALASTAIR	LGW	V	ET
AZIZI	HAMID	WRL	S	ET	CHMIEL	MARYSH	NOT	V	212690/F
BACKSHALL	STEPHEN	MLO	S	66842	CHMIEL	TADEK	NOT	J	212692/Y
BAGNALL	ANDREA	RIC	F	82765/F	CHURNSIDE	CHARLOTTE	RDG	JF	229238
BAILACHE-LEBB	HENRY	FOX	S	ET	CLIVE	JOHN	GAI	V	84484/F
BAILEY	JAMES	RIC	S	107223	COBB	ALICE	NOT	JF	236929
BARBER	GEFF	SOL	V	128080/F	COHEN	LUCAS	ACU	S	80462/F
BARNES	ANDREA	RIC	F	249040	COLLINS	SOPHIE	RDG	JF	RDG/077
BARNES	CAROLINE	SOU	VF	216422/C	COURTMAN-STC	PAUL	BSF	V	129034/F
BARNETT	NICK	FOX	V	104216	COX	SAM	LBZ	S	124677/Y
BARRY	MICHAEL	CLM	V	69039/F	CRISP	PAUL	SHP	V	8205
BARTOLI	MICHAEL	LBZ	J	127979/Y	CROCKER	DALE	LBZ	J	LBZ/142
BATCHELOR	PAUL	BAS	V	61013/F	CROSSMAN	MIKE	RDG	V	58306/F
BATTISON	GAIL	RDG	VF	72211/F	CROSSWOOD	TIM	PLY	V	128767/F
BEE	GILLIAN	NOR	F	106681/C	CURRY	JASON	LON	S	244062
BEER	EMMA	ROY	JF	236244	CURTIS	ALAN	CLM	V	122765/F
BELL	MICHAEL	FLA	V	77704/F	CURTIS	DAVID	KIM	S	224960
BENNETT	ANITA	SHP	F	36541/F	CURTIS	JENNIFER	LBZ	JF	LBZ/104
BENNETT	DAVE	EAL	V	241695	DABNEY	OWEN	FOX	S	207485/F
BERCHTOLD	MARGARETH	RIC	F	248381	DANIELS	WIKI	RDG	F	96746/C
BERCHTOLD	OLIVER	RIC	VF	236906	DARK	ALISON	BOA	VF	112324/C
BERRY	CYNTHIA	FOR	VF	SCA1237	DASH	RUPERT	ACU	S	227182
BETTERIDGE	ZOE	BRI	F	83261/F	DAVIES	PAUL	HER	S	48125/F
BLACKMAN	IAN	ROY	V	228055	DAWKINS	RUSSELL	RIC	S	80427/F

MARATHON RANKINGS

Surname	First name	Club	Cl.	BCU No.	Surname	First name	Club	Cl.	BCU No.
<u>Division 6 (cont)</u>					GOODING	PHIL	STA	S	12920
DAWSON	LORNE	RIC	S	220706/F	GOODLAD	BETHANY	LBZ	F	123428/C
DAY	JACQUI	ELM	F	78261/B	GOODLAD	STEVE	LBZ	V	106637/F
DE GRUCHY	AUBIN	TRU	V	129835/F	GOULD	SAM	SOU	J	SOU/018
DILLON	AMY	RDG	JF	RDG/078	GOWER	JENNY	FOX	VF	208257
DODD	PETE	CHI	V	111788	GRANT	MARC	ITG	S	ET
DODSON	ANDY	ADS	V	74419/F	GRIFFIN	DONNA	NOT	F	61998/F
DODSON	MICHAEL	VIK	S	68530/F	GRIMSEY	DAMON	SOU	V	130729
DRESCH	TRACEY	FLA	VF	113372/F	GRIMSHAW	PETER	ADS	J	ADS/R15
DUFFIELD	LEWIS	CLM	J	CLM/704	GRINTER	LEE	SBI	V	84723
DUNCAN	MELANIE	BSF	F	98589/C	GROVER	LIAM	WOR	S	237085
EASSON	EUAN	LGW	J	SCA565	GUIAVARCY	A	IND	JF	ET
EASSON	PETE	LGW	V	SCA565	HAGUE	IAN	RIC	S	211939/F
ECCLES	JORDI	ANK	J	249436	HALL	ANDREW	BSF	V	208195/F
ELLIOTT	CHRIS	LBZ	V	233003	HALL	MEGAN	BSF	F	231863
EMBREY	CHRISTOPHE	BUR	J	95993/C	HAMERSLEY	RICHARD	MLO	S	237352
EMERY	MARK	BOA	V	61118/F	HAMMOND	BRIAN	RDG	S	245066
ESCOTT	LUKE	BOA	J	BOA/045	HANCY	MARTIN	NOR	S	241988
ESCOTT	TIM	BOA	J	217689	HANNA	GRAHAM	CHE	V	113457
EVANS	DAVE	RAF	V	218472	HARPER	GARY	BAN	V	221883
EVANS	JIMMY	FOX	S	ET	HARRALL	MARTIN	BOA	V	6792
EVANS	JORDAN	SOU	JF	SOU/045	HARRISON	MARTYN	EXE	V	215649/F
EVANS	MARK	BAS	V	235202	HASSALL	STUART	RIC	S	ET
FALK	KEVIN	FOX	V	235341	HAUGHTON	MARTIN	WRL	V	13329/F
FARLEIGH	STEVE	RIC	V	219669	HAYDEN	JOHN	IND	V	ET
FARQUHARSON	STEWART	NOR	V	110904/F	HAYNES	BRIAN	IND	V	220193/F
FARRANCE	ALAN	HEM	V	ET	HAYNES	MATTHEW	HER	S	107779/F
FARRINGTON	GRACE	ROY	JF	230162	HEELEY	MARK	BRI	V	3503
FARRINGTON	ROSIE	ROY	JF	200901/Y	HELLAWELL	HENRY	RDG	J	RDG/059
FERGUSON	ANDY	GAI	S	43686/F	HELMER	RAY	FOY	V	52197/L
FERGUSON	GARETH	GAI	S	52007/F	HENDERSON	PAULA	KIR	JF	SCA11036
FEUILLADE	AARON	PAN	S	108101	HETHERINGTON	PHILLIP	SOU	V	59274/F
FIELD	ERIC	RDG	V	244355	HEWETT	EARL	WOK	V	58885/F
FIGLAK	MATEUCZ	HER	J	HER/103	HICKS	ANDY	NOR	V	96647/C
FILLINGHAM	MALCOLM	WOK	V	42835/F	HICKS	HARRIET	NOR	JF	121752/Y
FINNIS	JOE	ROY	J	ROY/031	HICKS	JULIE	NOR	VF	49704/F
FIRMAN	DAVE	EXE	V	69747/F	HILL	NIGEL	TON	V	203796/F
FITZSIMONS	MARTIN	RIC	S	203316	HILTON	MARC	PLY	S	228886/F
FLETCHER	ALAN	LGW	V	SCA1474	HISSETT	IAIN	PAN	S	81220/F
FOSTER	MIKE	RIC	V	203670/F	HOGBEN	PATRICK	IND	SC	239244
FRANKLAND	NIGEL	RDG	V	28675/F	HOOK	MARTIN	EAL	S	245193
FRANKLIN	ELIZABETH	ANK	VF	54664/F	HOWE	BARRY	CLM	V	80558/F
FREEBODY	CALVIN	WEY	J	249480	HOWE	GRAHAME	CLM	V	79201/F
FREEBODY	SEBASTIAN	WEY	S	249479	HUGHES	ANDREW	BEJ	S	ET
FREEMAN	ADRIAN	EXE	V	126310/F	HUISMAN	MARTINE	SOU	VF	96855/C
FREEMAN	NEIL	WIN	V	122124/F	HUNT	KATE	HER	F	218113/F
FREEMANTLE	JON	BAS	S	244907	HUSSEY	LAURA	LBZ	JF	118978/C
GALLMORE	DAVE	IND	V	ET	HUTCHINSON	PAUL	LIN	V	ET
GALLOWAY	ALISON	RDG	F	111825/Y	HUTCHISON	PETER	RIC	V	121601
GAUNT	PATRICK	PLY	S	108833/C	HUTT	FIONA	IND	F	SCA4411F
GAUNT	TIM	PLY	S	64861/F	HUTT	JONATHAN	C&K	V	SCA4411
GILBERT	JULIAN	WOR	V	243557	HYDE	PHILLIP	CLM	V	ET
GILBERT-JOHNS	RICHARD	SOU	V	63155/F	JACOBSEN	METTE	ITG	F	SCA7871
GILES	ANDY	LIN	V	ET	JAMES	WILLIAM	CDF	S	ET
GILLBE	CLARE	SOL	F	64787/F	JARRATT	PETER	LIN	V	201944/F
GILLESPIE	JOHN	PAN	J	115791/Y	JAYNE-COUPÉ	REBECCA	RDG	JF	RDG/072
GILLESPIE	STEPHEN	PAN	J	115792/Y	JEFFERIES	BEN	IND	SC	239696
GOHAR	MARCUS	RIC	V	10803/F	JEFFERIES	ROBERT	PEN	J	215922/Y

MARATHON RANKINGS

Surname	First name	Club	Cl.	BCU No.	Surname	First name	Club	Cl.	BCU No.
<u>Division 6 (cont)</u>					MITCHELL	DANIEL	CLM	J	CLM/879
JENNISON	IAIN	KIN	J	114154/C	MORLEY	PETER	WEY	V	10711/F
JENNISON	NEIL	KIN	V	110533/F	MORTON	NICK	RIC	S	203278/F
JOHNSTONE	IVOR	RUN	S	ET	MOUNT	JONATHON	PNZ	J	224663/F
JOINER	TIM	RIC	V	109350/F	MOWBRAY	MEGAN	LGW	F	SCA7325
JOLLY	STUART	NOT	S	108825/F	MURPHY	MELANIE	BAN	VF	110499/C
JONES	BEN	RDG	J	RDG/082	MURPHY	PHILIP	GAI	S	ET
JONES	RUSSELL	FLA	V	7318/F	NEWBUTT	BRYAN	NOT	V	48664/F
JORDAN-FREEM	ARRON	BAD	J	BAD/201	NICHOLLS	GERALD	WOR	V	107468/F
JUMP	MATT	IND	SC	228325	NOLAN	ANTHONY	WOR	V	22350/F
KAVANAGH	JOHN	MAD	V	52634/F	NOLAN	JOHN	RIC	S	248989
KAY	NICK	FOX	S	246222	NOSWORTHY	SARAH	RIC	S	200564/F
KELLY	ROBERT	LON	S	244039	O'BRYNE	DOM	RDG	V	125516/F
KERR	PAUL	SOU	S	34935/F	O'DONNOHUGH	KAREN	CDF	F	ET
KNIGHT	ANDY	WIN	S	ET	OGDEN	JOHN	NOR	V	240423
LABBATT	ALBERT	EXE	S	ET	OLDHAM	JAMES	PEN	S	78422/F
LAMBERT	CONNER	SHP	J	SHP/072	OLIVER	LAURENCE	LIN	V	1987/F
LAMBERT	KATIE	BAS	F	218644/F	OSBORNE	DANIEL	LBZ	J	125862/Y
LANE	HUGH	POO	V	127891/F	OWEN	AMBER	RDG	JF	247689
LANG	JACOB	RDG	J	207569/Y	OWEN	BETHAN	ADS	JF	249340
LAPHAM	DARRYN	RIC	F	ET	OXTOBY	ELLA	LBZ	JF	124553/C
LAWRENCE	RICHARD	ELM	V	127962/F	OXTOBY	LYDIA	LBZ	JF	124554/C
LE ROUX	PEET	RIC	S	244036	PALFREY	JONATHON	BAN	J	BAN/070
LEACH	JOE	BAU	S	ET	PALMER	IAN	PAN	V	118002/F
LEE	ROBERT	WOR	V	108717/F	PANRUCKER	MIKE	BSF	V	106812
LEEKE	GARY	WOR	S	237110	PASSMORE	JON	TON	J	237558
LEMIN	JAMES	PAN	V	44457/F	PATTERSON	NEIL	FOR	J	SCA8897/Y
LEONARD	JAMES	PAN	S	225262	PEASE	CHRISTOPHE	TRU	V	20149/F
LEWIS	HEWEL	ACU	S	ACU/002	PENDLE	ALI	NOR	VF	96009/C
LEWIS	HOWARD	RLS	V	WCA 442	PERRY	KENT	RIC	S	
LIMET	DOMINIC	RIC	V	214351/F	PETERSON	MARK	HEM	V	ET
LINNELL	WILLIAM	NOR	J	128482/Y	PIGOTT	MIKE	RIC	S	83249/F
LIPSCOMBE	REBECCA	WEY	JF	224408	PIKE	CHRISTOPHE	WEY	V	71765/F
LO	HELEN	SOU	VF	96742/C	POPLE	CLAIRE	RIC	F	231358
LO	JOSEPH	SOU	V	52388/F	PRATT	NAILL	CDF	J	ET
LORENTZEN	ULRIK	RIC	V	130562/F	PURCHAS	MIKE	BOA	V	61438/F
LUCAS	EDWARD	RM	S	209572/F	PURCHASE	MAUREEN	PAN	VF	77496/F
LUCK	CHRIS	WEY	S	55307/F	RAWSON	ANDY	RDG	V	45226/F
LYNES	PAUL	BAN	V	220534	REDMOND	SEAN	LGW	J	SCA10429
MABBUTT	SCOTT	IND	V	31132	REES	SUKI	ROY	JF	ROY/016
MACE	GEORGE	NOR	S	232569	REES-CLARK	SAMANTHA	BAS	JF	200417
MACKINTOSH	URSULA	KIR	VF	SCA 258	REESE	PHILIP	FOX	S	126239/F
MARKUS	CHARLIE	BRY	J	BRY/006	REEVES	NICHOLAS	ADS	V	85746/F
MARSHALL	PAUL	TRU	V	ET	REYNOLDS	DANIEL	CAM	S	ET
MARTIN	DEAN	TON	V	116025/C	RICHARDS	WILL	MAI	J	226412
MARTIN	SEAN	RIC	VC	230249	RICHARDSON	GILES	IND	S	ET
MATTERSON	HARRY	LBZ	J	204828/C	RICKETTS	EMMA	ANK	JF	248936
MATTHEWS	NEIL	BAS	V	209466/F	RIDDLE	TOM	RDG	J	213036/Y
MAUK-FENTAN	SEAN	IND	S	211934/F	RIDGWAY	KEVIN	ANK	S	240776
MCCARROLL	STUART	FOX	S	126687/F	RIX	AMELIA	NOR	JF	241758
MCILHARGY	IAN	BSF	V	239445	ROBERTSON	DUNCAN	EAL	S	80415/F
MCINTOSH	ANDY	RUN	V	218568	ROBINSON	ALASTAIR	LBZ	J	203557/Y
MCKEEVER	THOMAS	BOA	S	79648/F	ROMAIN	NICHOLAS	RIC	J	248297
MCLEAN	NATASHA	BAN	JF	BAN/062	ROSE	ELEANOR	FOX	JF	224438
MCLEOD	JOANNE	SOU	F	224375	ROSE	PAUL	PLY	V	29374/F
MEDLICOTT	SIMON	WEY	J	249331	ROUTLEDGE	CYRIL	ANK	V	25392/F
MEIKLE	ISOBEL	FLA	VF	113373/F	RUFF	GEMMA	ROY	JF	234815
MILLEST	ANDREW	MAD	V	23241/F	RUTTER	JACOB	BOA	J	BOA/R36

MARATHON RANKINGS

Surname	First name	Club	Cl.	BCU No.	Surname	First name	Club	Cl.	BCU No.
<u>Division 6 (cont)</u>					VON-MATZAHN	ROBYN	RIC	F	233159
RYAN	LUCY	BAN	VF	219809/F	VORLEY	REBECCA	ROY	JF	240414
SANTOS COSTA	MARIO	IND	SC	228363	WALDEN	HUGH	IND	S	ET
SAWYER	ROBIN	WAV	S	39052/F	WALKER	ANTHONY	WIN	S	ET
SCHOLEY	ROBERT	CHE	V	1573/F	WALKER	RICHARD	PLY	V	34794/F
SEAFORD	ANITA	RDG	VF	76974/F	WALTERS	SARAH	BUR	JF	BUR/504
SEAMAN	JOE	WEY	SC	241182	WALTON	JOHN	RIC	V	219168
SEIKA	REBECCA	BAN	JF	236966	WARD	RICHARD	EXE	V	15061/F
SEMINAR	GIUSEPPE	EAL	S	ET	WARLAND	GRAHAM	BAN	V	51523/F
SEPION	IAN	RIC	V	249014	WATSON	HAZEL	RDG	F	
SEPP	DENISS	RIC	S	233718	WATSON	JEAN	WOK	VF	230309
SHAW	SEBASTIAN	FLA	JC	213317	WATSON	PETER	IND	V	ET
SHELDRAKE	MARK	WAV	V	58759/F	WEBSTER	STEVEN	BOA	J	BOA/R26
SHIRES	JOSH	RDG	J	214188/Y	WESLEY	JOHN	NOT	V	35774/F
SILLITOE	CHLOE	LBZ	JF	119411/C	WESTERBY	ALLEN	POO	V	167/F
SIMS-WILLIAMS	GILES	FOX	S	220741	WESTWOOD	JOSEPH	LBZ	J	230099
SMITH	DEREK	ELM	V	235445	WESTWOOD	MATTHEW	LBZ	V	230097
SMITH	MARK	LBZ	V	231176	WHAWELL	ANDREW	NOT	V	240771
SMITH	MARK	LBZ	VC	231176	WHITE	MICKY	BAN	J	245035
SMITH	TONY	IND	VC	219914	WHITTLE	JOSEPH	SHP	J	SHP/023
STAFF	CALLUM	CKP	S	238283	WHITTLE	MARCUS	SHP	J	240215
STAGG	RICHARD	CAM	V	11991/F	WIGNALL	AMY	RUN	JF	RUN/032
STANISIAUSKAS	JUSTAS	RIC	J	242289	WILLIAMS	ADAM	NOR	S	62988
STANNARD	ADAM	RLS	J	220026/Y	WILLIAMS	BRIAN	MAI	V	239526
STANNARD	JON	RLS	V	214884/F	WILLIAMS	EMMA	ELM	JF	230684
STANTON	DAVID	BAN	V	219808/F	WILLIAMS	JAHGO	EXE	S	115379
STANWAY	PETER	RDG	V	25437/F	WILLIAMS	NICOLE	ROY	JF	242877
STEVENS	BETH	WEY	F		WILLIAMS	ROGER	CHE	V	110927/F
STONE	KATHRYN	BAN	JF	241347	WILSON	ROBIN	BRI	S	25422
STOFFORTH	IAN	PAN	V	111499/F	WITHALL	MARK	SOR	S	108703/F
STORMONT	DENNIS	FOX	V	ET	WOOD	DAVE	WOR	V	117429/F
STOTTER	NELO	RIC	F	243701	WOOD	KATIE	BAN	F	213363/Y
STYAN	KATHRYN	FLA	JF	217267/Y	WOOLACOTT	ADRIAN	IND	VC	221752
SUMNER	GARI	SHP	V	228004	WORKMAN	PAUL	FOX	S	ET
SYKES	JENNY	ANK	JF	235158	WORTH	MIKE	RIN	J	217357
TALBOT	JOHN	WOR	V	80574/F	WRIGHT	ANT	BSF	V	111414/F
TAYLER	BEN	RLS	J	ET	WYLIE	ROBERT	SOU	S	53361/F
TAYLOR	DOUGLAS	ITG	S	SCA8714	YUILL	ADAM	NOR	S	ET
TAYLOR	IAN	SOU	V	36015/F	YURKWICH	KARL	RIC	SC	204658
TAYLOR	MARK	HEM	V	216119	ZAHN	NICOLE	CAM	F	230040
TAYLOR	SAM	IND	J	236946	<u>Division 7</u>				
THOMAS	ALEX	ELM	J	207387/Y	ABSOLOM	CHRIS	BAS	S	105011
THOMAS	CHARLOTTE	WEY	F		ADNITT	NICK	IND	V	237186
THOMAS-EDMOND	BARCH	IND	S	212500/F	ALBON	JOSHUA	BLN	J	116749/Y
THOMES	MIKE	EXE	S	62114	ALDRIDGE	GREG	TON	J	ET
TIMMINS	LES	TRU	V	71309/F	ALDRIDGE	NICK	TON	J	ET
TODD	MAX	RDG	J	ET	AMEY	DAVID	SOU	J	SOU/067
TOMPKINS	TERRY	MAI	S	201006/F	ANDERSON	KEITH	BAN	V	120370/F
TONKIN	MIKE	SOU	V	111777/F	ARMITAGE	ELLEN	FOX	F	218510/F
TOWERS	VICKY	IND	F		ARMITAGE	HARRY	BRY	J	BRY/045
TRAIN	KATIE	FLA	JF	117123/Y	ARMSHAW	LOUISE	EXE	F	55448/F
TRAIN	STEVE	FLA	V	14327/F	ASHWELL	JASON	BAS	V	228066
TRIEVNOR	LUCY	ELM	JF	231043	ATHERTON	NICHOLAS	PAN	J	218171
TUFFLEY	NIGEL	POO	V	26430/F	ATHERTON	PAUL	PAN	V	218170/C
TURCAN	TOM	RIC	V	201083/F	BALLS	DANIEL	NOR	J	NOR/012
TURZA	JOZSEF	RIC	S	107806/F	BANJAR	J	IND	S	ET
VANNIEKERK	GERHARD	RIC	S	ET	BARNES	ELLIE	SHP	JF	242966
VAUGHN-FOWLENICK	NICK	WOK	S	82622	BARNETT	ANNA	FOX	VF	117849

MARATHON RANKINGS

Surname	First name	Club	Cl.	BCU No.	Surname	First name	Club	Cl.	BCU No.
<u>Division 7 (cont)</u>									
BEER	ANDREW	ROY	V	118716/F	COTHEY	TRUAN	GAI	S	239947
BEEVERS	JOE	WEY	J	WEY/110	COTTERILL	FERN	WOR	F	ET
BESWICK	MARK	EXE	S	ET	CRAIGIE	JANE	RDG	VF	98278/C
BIDLE	GRAHAM	NOR	V	50697/F	CREW	PAUL	RIC	V	235283
BLACKBURN	KIERON	CLM	V	104035/F	CROOKS	RICHARD	CLM	C	105428/F
BLACKMAN	FRAZER	ROY	S	240573	CROSSWOOD	DOMINIQUE	PLY	JF	125089/Y
BLACKWELL	EMMA	BOA	F	216424	CRUMP	DEBORAH	BUR	VF	212076
BLAKEBOROUGH	MARGARET	CHE	VF	28215/F	CSOKASI	MARKO	RIC	J	RIC/147
BLAZEY	NATHAN	NOR	J	NOR/011	CUMMINGS	MATTHEW	CLM	J	CLM/822
BLOWERS	MALCOLM	MDN	V	71466/F	DAINS	RONALD	BAD	V	4403/F
BODIMEADE	IMOGEN	ROY	JF	201175/Y	DAMANT	SIMON	TON	V	84120/F
BOULTER	FENELLA	ROY	JF	ROY/115	DARLING	WAYNE	ACU	S	116125/F
BOWDITCH	IAN	EAL	V	15284/S	DAVIS	STEVE	HER	S	ET
BOXALL	ANDY	EAL	S	105603	DEACON	DAVID	ADS	V	83854/F
BOYT	JAMIE	WOK	J	211866/Y	DELANEY	RALPH	PAN	S	126744
BRETT	JOHN	IND	V	127915/F	DODSON	WENDY	ADS	VF	68819
BRICKELL	JACK	FOR	J	SCA10770	DOUGALL	JAMES	LBZ	S	ET
BROOKES	CHELSEA	RUN	JF	RUN/028	DOUGHTY	ANDREW	NOT	V	248669
BROWN	JULIAN	LBZ	V	6033/F	DOUGLAS JONE	KEVIN	WOK	S	
BUCHAN	PHILIP	RIC	S	117655/F	DOWDALL	JAMIE	RUN	S	
BULLIVANT	SAM	LIN	J	LIN/024	DRIVER	EMMA	ROY	JF	ROY/114
BUNYON	CHRIS	CLM	V	41779	DROMARD	ROBIN	BSF	V	17255/F
BURDETT	SAMUEL	MAI	J	224949	DUCK	MATTHEW	RIC	JC	128873/Y
BURGOYNE	ALAN	HER	V	36860/F	DUNSTER	ROSE	RIC	JF	RIC/088
BURKE	RUSSELL	RIC	S	243427	DUQUE	JESUS	RIC	J	RIC/150
BURTON	ALLAN	WEY	V	42952/F	DURRANT	JOHN	ELM	V	212566
BUTLER	MICK	FOX	V	219206/F	DYER	MARK	BAS	V	220941
CAMP	NEIL	RIC	S	231926	EASTON	DEAN	BUR	V	201605
CAMPBELL	BEN	FOX	J	227047	EDGAR	STUART	SOL	C	59964/F
CAMPBELL	ROBERT	BED	V	46050/F	EDGAR	STUART	SOL	S	59964/F
CANE	DEBBIE	RDG	F	213886/F	EDWARDS	MARK	ACU	V	71088/F
CARROLL	PAUL	RAF	V	1825/F	ELMHIRST	ORLANDO	SOL	V	205542/F
CARRUTHERS	OLLIE	FOR	J	SCA10769	EMBREY	JOHN	BUR	V	5412/F
CATCHLOVE	MATTHEW	MAI	J	204409	ESSEX	ANDREW	BRI	V	ET
CATON	CATHERINE	BAN	F	219242	EVANS	MAX	SOU	J	SOU/042
CAWSTON	MILLIE	CLM	JF	CLM/992	EWINGTON	EMMY	LBZ	JF	221452
CHAMINGS	OLIVER	YRK	V	16074	FAIK	LUCAS	RIC	JC	RIC/144
CHAPMAN	BRIAN	KIR	V	SCA0001	FAIRLEY	ELLIOTT	RLS	J	243415
CHAPMAN	COLIN	KIR	J	SCA0001/Y	FAIRLEY	JAKE	RLS	J	227747
CHERRY	CHRISTOPHE	TON	V	108999/F	FERRIS	ANDY	RIC	S	ET
CHMIEL	ALISON	NOT	VF	212691/C	FEUILLADE	ALEC	PAN	J	108102/Y
CHMIEL	ZYGGY	NOT	J	212693/Y	FINCH	LUCIE	IND	JF	222860
CHRISTIE	DONALD	MAD	V	24619/F	FINCH	MARK	MAD	V	79946/F
CIANCHI	DAVE	HER	V	45843/F	FINCH	SCOTT	IND	J	227138
CLARK	JEREMY	TON	V	206280/F	FITZGERALD	LEE	CLM	V	ET
CLARK	RORY	TON	J	206310	FLYNN	STEVE	BAN	V	201771
COLE	NIGEL	BAS	V	124254	FOLEY	KERRY	LBZ	JF	227232
COLLETT	ALAN	TRU	V	212956/F	FOLEY	SHAUN	LBZ	V	238286
COLLIER	JENNIFER	WOR	JF	WOR/225	FOODY	CARL	CLM	V	55984/F
COOK	ANDY	SOL	V	18446	FORESTER	GRAHAM	BOA	V	221791/F
COOK	ANDY	LON	V	128062	FRANKLIN	ZACHARY	WIN	J	104474/Y
COOK	ANDY	MLO	V	128062	FROUD	NATHAN	PAN	J	PAN/025
COOLEY	DARREN	BSF	S	68280/F	GAFFARD	CATHERINE	WOK	F	203759/F
COOMBER	RUPERT	FOY	S	224495	GALUCKA	KLAUDIA	RIC	F	226349
COPE	MEIKA	BUR	JF	BUR/611	GARDNER	STEPHEN	LIN	V	201929/F
CORK	BEN	FOX	S	ET	GARSON	WILLIAM	WEY	V	54958/F
CORTIER	JULIEN	FOX	S	ET	GATES	BARRY	HER	V	3645/F
					GILES	LAURA	FOX	F	218978

MARATHON RANKINGS

Surname	First name	Club	Cl.	BCU No.	Surname	First name	Club	Cl.	BCU No.
<u>Division 7 (cont)</u>					KABEER	SARA	WOK	JF	240434
GILLESPIE	JANET	PAN	VF	127799/F	KAY	HARVEY	NOT	J	NOT/802
GILLIAND	WAYNE	RIC	S	ET	KELLY	ALAN	RM	S	ET
GINGELL	CHARLIE	PAN	S	98415	KELLY	CAMERON	BAS	J	220342
GLOSTER	MARTIN	WOR	V	47789/F	KELLY	ELIZABETH	KEN	JF	117116/Y
GLOVER	DAVID	CAM	V	231864	KEMPER	SCOTT	GAJ	S	ET
GOHAR	MARCUS	RIC	VC	10803/F	KERR-SHAW	BENJAMIN	RM	S	ET
GOODCHILD	JAEY	RIC	S	246535	KILBOURN	CLIVE	NOR	V	45052/F
GORE	CHRISTOPHE	CLM	V	103346/F	KIRBY	ROB	WOL	V	50655
GORMAN	PETER	WEY	V	13922	KIRKWOOD	DAVID	CLM	V	ET
GRADY	DEAN	NOR	V	120353/F	KIRMAN	BEN	LIN	S	228900
GREEN	DAVID	IND	V	ET	KRASOVITSKY	GEORGE	WEY	S	236014
GRIEVE	MIKE	PAN	V	244885	LAKE	HANNAH	NOR	JF	218343/Y
GROUTEAU	JULIAN	RIC	S	124600	LAKE	IAN	NOR	V	240302
GRUNDY	ROD	LEA	V	ET	LARKIN	SIMON	NOT	V	ET
HALL	ROB	RIC	S	ET	LAWLEY	MARK	GAJ	V	240399
HAMILTON	ANDY	NOT	C	43086	LAXTON	ROWAN	RIC	S	ET
HAMPSON	IAN	SOU	V	235423	LEE	JOHN	HER	V	2457/F
HANGER	SIMON	BAN	V	241712	LEE-SMITH	LUCY	NOR	JF	NOR/001
HANSELL	BEN	BAS	J	BAS/171	LEONARD	JAMES	PAN	S	ET
HARDING	CHRISTIAN	LBZ	J	LBZ/093	LINNELL	EMILY	NOR	F	128480/Y
HARDING	JOHN	LBZ	V	218633/F	LITTLEWOOD	JULIE	NOT	VF	128211/F
HARNETT	RAIT	RIC	V	203985/F	LOGAN	STUART	LON	S	239133
HARRIS	ANDREW	RDG	V	213997/F	LOGAN	STUART	MLO	S	239133
HARRIS	TOM	BRY	J	BRY/046	LUCAS	DOMINIC	WOK	V	203763/F
HART	ROD	WOK	S	115436/F	LUFKIN	ANTONIA	ELM	JF	ELM/099
HENDERSON	ALAN	KIR	V	SCA9680	LYONS	HARVEY	BRI	V	78680
HILL	DAVID	ACU	S	127603/F	MACHIN	TONY	MAD	V	206732
HILTON	PAUL	PLY	S	113514/F	MACHIN	WILL	MAD	J	MAD/???
HOLDEN	CRAIG	LGW	J	SCA6258	MAINPRIZE	SARAH	RDG	VF	207815/F
HOLLAND	ELINOR	CHE	JF	CHE/011	MARKS	ROY	TON	V	27423/F
HOSKIN	KEITH	SBI	V	17179/F	MARQUARDT	SONIA	RIC	F	204387/F
HOUSTON	JOHN	HEM	V	118370	MARRIOTT	HELEN	CHE	VF	225957
HOYES	JOSEPH	IND	SC	228397	MARTIN	ALAN	RIC	S	ET
HUDD	ALISON	GRI	F	71225/F	MARTIN	GEZ	BAS	V	201086
HUGHES	DAVID	BEJ	V	37592/S	MARTIN	LORAINNE	TON	VF	116024/F
HULME	JAMIE	CAM	V	31708/F	MATHIESON	JOHN	TON	V	230304
HUMPHREYS	COLIN	LEA	V	42553/F	MATTHEWS	DAVID	PLY	S	249301
HUMPHREYS	RICHARD	TRE	V	237031	MAUNDER	ANTONIA	ELM	F	238766
HUNTER	JON	MAI	S	72619/F	MAYLAND	JOANNE	MAD	F	46782/C
HUTCHINSON	IAIN	ACU	S	30063/F	MCCAIG	LEE	KIR	S	SCA 8344
HUTCHINSON	STEPHEN	WOR	V	49981/F	MCCUTCHEON	KARTIK	RUN	J	RUN/060
HUTT	JENNY	RIC	JF	SCA4411	MCKENZIE	ALISTAIR	TSP	V	SCA3524
IRELAND		RIC	S	ET	MCKENZIE	ANDREW	ADL	V	ET
JACKSON	STACEY	IND	JF	235694	MCVAY	MATTHEW	KIR	J	SCA9022
JACOBS	KATIE	ADS	JF	ADS/011	MEDLAND	CHLOE	SOU	F	123521
JAMES	GRAHAM	CHE	V	ET	MEDSON		RIC	S	ET
JEFFERIES	DAVID	PEN	V	117870/F	MEIKLE	DUNCAN	FLA	C	124716/C
JEFFREY	JACK	FOX	S	ET	MELLELIEU	JOHN	LON	S	248292
JEFFRIES	RICHARD	IND	SC	228376	MELLY	MATTHEW	RM	S	209059/F
JEFFS	ANDREW	BAS	J	111697/C	MEREDITH	RACHAEL	BOA	F	BOA/R31
JEFFS	PAUL	BAS	V	111695/F	MERRY	FRANCES	RIC	JF	RIC/130
JOHNS	JONATHAN	BAS	V	223018	METCALFE	ANDREW	PAN	S	ET
JOHNSTONE	JEMIMA	RIC	F	206685	METCALFE	VICKY	PAN	VF	58497/F
JONES	ARWYN	CD	V	ET	MIDDLEHURST	SUSAN	ADS	V	247884
JONES	PETER	HER	V	4084/F	MILES	ARCHIE	LIN	V	120719
JUDGE	ALEXANDRA	BSF	F	121726/F	MILLEST	SARAH	SOU	F	96190/C
					MISSEN	HANNA	BOA	JF	BOA/R30

MARATHON RANKINGS

Surname	First name	Club	Cl.	BCU No.	Surname	First name	Club	Cl.	BCU No.
Division 7 (cont)					RICHARDS	LAURA	SHP	F	76200
MITCHELL	GEORGE	WOR	J	WOR/263	RIDDIFORD	GARETH	FOX	S	235753
MOESSNER	SUSI	ITG	F	SCA8709	RIDES	MICHAEL	ELM	J	221358
MOODY	CHRIS	CHE	S	243207	RIPPINGTON	SAMANTHA	WOK	F	107742/F
MOODY	CHRIS	RIC	S	ET	RIX	JOSEPH	NOR	J	NOR/010
MOORE	OLIVIA	RDG	JF	RDG/079	ROBINSON	LAWRENCE	PLY	J	130497/Y
MOORE-BARTON	HANNAH	RIC	F	237508	ROBINSON	STEPH	CDF	VF	8382
MORAN	TOM	PLY	J	ET	ROBINSON	TOLLY	PNZ	J	230991
MORRIS	SAM	???	S	226336	ROOTS	GEORGE	RUN	J	RUN/061
MUDD	JONATHON	BAS	V	118880/F	ROSSITER	JAMES	WEY	V	1489/F
MUDD	RICHARD	RIC	S	217019/F	ROWE	JOSHUA	SOU	J	SOU/072
MURNAGHAN	LIZ	BAS	VF	26107/F	RUSSELL	JOHN	WEY	J	WEY/172
MYATT	HUW	RDG	S	226107	RUSSELL	PHILLIP	SHP	V	18131/F
MYBURGH	DANIELLE	RIC	F	249435	RUST	STEVE	LBZ	S	ET
MYLETT	DAVE	LIN	V	5147/F	SANDERS	MARIE-DO	RIC	F	207716
NEALE	LOUISE	TON	F	95988/C	SAPSFORD	KELLY	BAN	VF	208328
NIXON	OLIVER	ACU	S	ACU/003	SCARRATT	ADAM	RDG	J	RDG/080
NOBBS	DEAN	ART	S	216204/F	SCHANDELMAYER	JOHN	RIC	V	126710/F
NORAIKA	DANIEL	EAL	V	43675/F	SEALEY	HANNAH	RDG	JF	242625
NORMAN	MICHAEL	CAM	V	34443/F	SELWOOD	PETER	BEJ	V	103665/F
O'ROURKE	CHRISTO	BRY	J	BRY/037	SHARP	JARED	FOX	S	ET
OXBY	MARTYN	ART	S	296280/F	SHAW	ALEX	FLA	S	ET
PARKER	HEATHER	NOT	VF	66792/F	SHEPHARD	EVAN	CLM	S	74560/F
PARKER	JAMES E	WOR	S	108723/F	SIEMENOWSKI	THOMAS	RUN	J	RUN/062
PARKER	LOUISE	CLM	JF	CLM/798	SIMPSON	KEITH	RDG	V	228370
PARKER	REBECCA	NOT	F	234744	SLADE	RACHEL	IND	JF	86064
PARKINSON	ANDREW	CHE	V	25722/F	SMITH	CHARLIE	LBZ	J	LBZ/116
PARSED	MANEESH	RIC	V	220853/F	SMITH	MARTIN	SOU	V	104075/F
PEARCE	EMMA	FOY	F	111182/Y	SMITH	RHONWEN	LGW	JF	SCA5682
PEARCE	KEVIN	FOY	V	107054/F	SMITH	SUE	RIC	F	118341/F
PEARCE	RAY	BAN	V	79460/F	SOLLARS	MATT	IND	SC	228377
PEARSON	BEN	CAM	S	ET	SOLWAY	ABIGAIL	ELM	JF	ELM/096
PEARTON	ROSS	IND	VC	199/F	SOLWAY	ELIOT	ELM	J	ELM/097
PECKOVER	GARY	NOT	V	37701/F	SPENCER	KAY	HER	VF	111732
PELC	GARY	GLU	S		SPURR	ANDREW	FOX	S	121310
PEREIRA	WENDY	ADS	VF	68819/F	SQUIBBS	AUSTIN	FOY	J	213943
PETERS	MARK	FOY	V	73515	STAFFORD	WILLIAM	BEJ	V	103441/F
PHILLIPS	OWEN	CDF	V	WA 7355	STAMP	RAY	CHE	V	119057/F
PHIPPS	TAM SIN	RDG	VF	96010/F	STOREY	DES	NOT	V	ET
PICKERING	BEN	SOU	J	215471	STRATHDEE	STUART	WRL	S	9143/F
PIERCY	ELISE	ELM	JF	229507	SUNDERLAND	CARL	TRE	J	226666
PIKE	SARAH	LIN	VF	205726/F	SUNDERLAND	KEITH	TRE	V	15589
PIPE	HARRIET	ELM	JF	227826	SUNDERLAND	PAUL	TRE	J	217781
POTTER	ROBIN	TON	J	ET	SUNDERLAND	TERRY	RIC	S	249334
POWELL	JOHNNY	RIC	S	233547	SURRAGE	PAUL	BSF	V	55059/F
POWER	PHIL	EAL	S	ET	SUTHERLAND	ROBERT	WOK	V	62267/F
PUCKRIN	PHILIP	YRK	V	ET	SWALLOW	SARAH	CHE	VF	95971/C
PUNTER	MICHAEL	BAN	V	62075/F	SWETNAM	HUW	BUR	S	ET
PYKE	ANGUS	RIC	V	219430	SYME	KIRSTEN	KIR	JF	SCA9186
QUIBELL	PETER	RIC	V	219948/F	TAIT	DAVE	WOL	V	234684
QUIBELL	TAMLYN	RIC	F	219949	TAYLOR	ALAN	BAS	V	226401
QUITMANN	JAMES	WEY	J	WEY/191	TAYLOR	HELEN	RIC	JF	RIC/131
QUITTENTON	DEBORAH	LIN	VF	227713	TAYLOR	LOUIS	CKP	J	211505
QUITTENTON	PETER	LIN	J	LIN/023	TAYLOR	MAX	SOU	J	SOU/001
RALPHS	DAVID	RIC	S	215796/F	TENG	WEIKEONG	GLU	S	
REES-CLARK	STEPHEN	BAS	J	200414	THOMAS	GEORGIA	BSF	F	208617/Y
REES-CLARK	TRACY	BAS	VF	200413	THOMAS	MARK	IND	V	SCA9928
REID	ROBERT	PLY	J	220669/Y	THOMASSON	EDWARD	PLY	V	7794/F

MARATHON RANKINGS

Surname	First name	Club	Cl.	BCU No.	Surname	First name	Club	Cl.	BCU No.
Division 7 (cont)					ADLER	JANA	ROY	JF	ROY/082
TOURT	MICHAEL	BUR	S	241992	AITCHISON	HARRY	BRY	J	BRY/025
TRACE	TIMOTHY	RIC	S	214183/F	ALLEN	JAMES	CKP	J	CKP/002
TRACEY	ROSS	RIC	V	239258	ANDREWS	CLIVE	WOR	V	242405
TRAIN	JO-JO	FLA	JF	FLA/090	ARMSHAW	ROBERT	GAI	V	56450/F
TRIEGAARDT	KAREN	RIC	F	128003/F	ASHPOLE	MARTIN	NOR	V	240082
TROY	ETHAN	SOL	S	242349	AUSTEN	JAMIE	PLY	J	ET
TRUESDALE	RYAN	BAS	J	129989/Y	AUSTEN	STEVEN	PLY	S	ET
TRUESDALE	TIM	BAS	V	129986/F	AXE	DAVID	KIN	V	201930/F
TUPLIN	CHRIS	NOR	V	9674435/F	BADELEK	JOHN	WEY	C	37224/F
TYAS	LEE	LBZ	J	LBZ/117	BAINES	MATTHEW	4AS	J	204165/Y
VANNIEKERK	STEPHNE	RIC	F	ET	BAKER	RICHARD	BSF	V	116134/F
VEALE	STEPHEN	KIR	J	SCA1845	BARBER	JENNY	SOL	JF	SOL/029
VENTKATESAN	PURNA	RIC	S	119565	BARKER	LAUREN	BUR	JF	BUR/914
VOLLER	SHIRINE	HEM	F	211282	BARNES	DAVE	SHV	V	224119
WADSWORTH	BETHANY	ROY	JF	209167/Y	BARNETT	NICK	FOX	J	FOX/???
WALKER	CATHERINE	RDG	F	232367	BARNICOAT	TOBY	TRU	S	ET
WALKER	HAZEL	PLY	VF	96332/C	BARROW	JONATHON	PAN	J	110873/C
WALKER	KEITH	EBV	V	1569/F	BARTON	FREDDIE	PLY	J	ET
WALKER	MICHAEL	BUR	V	39456/F	BATE	JOEL	SOL	J	SOL/027
WALSH	DAVE	WOR	V	203087	BATES	DIANE	ELM	VF	81395/F
WALSH	KIM	BUR	F	ET	BELBIN	DAVID	NOT	VC	18674/F
WARLAND	CARL	BAN	S	112390/F	BENNETT	PETER	CHE	V	130634/F
WARREN	IAN	BAN	V	128839/F	BERRY	JENNIFER	IND	F	SCA4256
WARREN	JAMES	WEY	V	239939	BEVERIDGE	FIONA	TSP	F	SCA8575
WATSON	MARTIN	RDG	V	114659/F	BISHOP	DAVID	RAF	S	ET
WEBB	JOANNE	SOU	F	224375	BISHOP	SIMON	EAL	J	EAL/001
WEBB	TIM	CAM	V	203068/F	BLACKMAN	GRACE	GAI	JF	GAI/014
WEBSTER	RICHARD	LIN	S		BLUNDELL	HELEN	NOR	JF	115825/Y
WELFORD	ROBERT	WOR	S	63047	BOLD	LEANNA	NOT	JF	232398
WETHERALL	TREVOR	RIC	V	1561/F	BOLTON	JON	FOX	V	
WHIPP	STEVEN	BSF	V	64036	BONHAM	ANDREW	WEY	SC	210406
WHITE	DEBBIE	BAN	VF	231616	BOREHAM	RICHARD	BAS	V	220155
WHITE	PETER	WOL	S	231106	BOWLES	PHILIP	MAI	V	27406/F
WHITTLE	MATTHEW	SHV	J	SHV/025	BOWLEY	JAMES	BUR	J	BUR/505
WIBREW	EMILY	MAI	JF	207988/Y	BRADLEY	ANDREW	WAV	S	203311/F
WIGGIN	IAN	WOR	S	237218	BRETT	JIM	BSF	V	207571/F
WILKINSON	KAYNE	ELM	J	221561	BRETT	JUNE	BSF	VF	207570/F
WILLIAMS	LUCAS	MAI	J	239528	BRIGGS	DAVID	GAI	V	47713
WILLIAMS	PHILIP	CHE	J	CHE/004	BRIGHT	DALE	ROY	S	ET
WILLIS	J	IND	S	74078/F	BROWN	ALISON	TSP	F	SCA3115
WILLIS	SIMON		S	230485	BROWN	DANIEL	SBI	S	50858/F
WILSON	GED	LBZ	V	212822	BROWN	JOE	GAI	V	42513/F
WILSON	LUKE	FOX	S	205396/F	BROWNLIE	KATHY	FOX	F	214354/F
WOOD	JULIE	BAN	VF	123563/F	BRYAN	HOLLY	DEV	JF	100600/R
WOODHOUSE	G	WOL	V	236899	BURNES	SARAH	EBC	JF	202027/C
WORTHINGTON	SEAN	EAL	V	213979/F	BUSUIOC	ANREI	RIC	S	249003
WRIGHT	STEWART	FOY	S	220480	BUTTON	PETER	BAN	V	126576/F
WYATT	JOSIE	RIC	F	237516	CARPENTER	DEBBIE	BAS	VF	52078/F
WYDAM-SMITH	JANE	EAL	VF	ET	CAVE	PETER	WOR	J	WOR
WYLIE	ROBERT	SOU	C	53361/F	CAYFORD	ANTHONY	BSF	J	120891/Y
YATES	JAY	BRY	J	BRY/015	CHALLIS	JAMES	LIN	J	LIN/028
YATES	KEITH	WOL	V	3953	CHALLIS	RYAN	LIN	J	LIN/027
YEOMANS	MICHAEL	KIR	V	SCA12271	CHICKEN	EDWARD	PLY	J	ET
Division 8					CHIDWICK	JOSHUA	MAI	J	220832
ACREMAN	MALCOLM	POO	V	38932/F	CHITTOCK	JOHN	BAN	V	19794
ACTON	ALAN	WOL	V	232770	CHURCH	NICK	RIC	S	ET
ADAMS	TAMSIN	FOX	F	ET	CLARK	JAMES	PLY	J	126914/Y

MARATHON RANKINGS

Surname	First name	Club	Cl.	BCU No.	Surname	First name	Club	Cl.	BCU No.
Division 8 (cont)					FLETCHER	MATTHEW	RIC	V	204397/F
CLEAVER	CHRIS	MAD	V	79946/F	FOSTER	JACK	WOK	J	223445
CLIVE	LOUISE	GAI	VF	107595/C	FRANCIS	SARAH	BAS	F	222746
COATES	TOM	ACU	S	127606/F	GAGE	ANDREW	???	V	217485
COLLCOTT	RICHARD	BRY	V	104300	GANDY	BRIAN	BAS	V	20172/F
COLLIER	ALISTAIR	WOR	V	ET	GARNER	ADRIENNE	HEM	VF	42975/F
COOK	JON	ELM	S	ET	GARSDIE	DEBBIE	LBZ	VF	127029/C
COOPER	PAUL	TON	V	230030	GASH	CHRIS	DCP	V	A8358
COOPER	PAUL	FOX	V	ET	GASPAR	MIGUEL	CMU	S	219962
COOPER	SEAN	BAN	V	ET	GELDER	SIMON	IND	V	ET
COTTLE	GRAHAM	BOA	V	57653/F	GILDER	JODETTE	RDG	JF	RDG/037
COTTON	JAMES	4AS	J	208014/Y	GILL	OLLIE	WEY	S	WEY/137
COULTON	GARY	RIC	S	104723/B	GILLESPIE	MARTIN	PAN	V	127800/C
CRAIG	MATTHEW	LEA	S	12050/F	GONZALEZ	TONY	BAN	V	128735/F
CROCKER	HAYLEY	LBZ	JF	LBZ/130	GONZALEZ	TONY	BAN	VC	128735/F
CROSBY-JONES	STEVEN	ACU	S	205495/F	GOODWIN	JAMES	PLY	J	200252/Y
CULLINGTON	MARK	RIC	S	660653/F	GOULD	KEVIN	SOU	V	237403
DABORN	GEORGINA	RIC	JF	RIC/182	GOWOREK	DAMIAN	NOT	J	NOT/902
DALRYMPLE	DANIEL	ITV	V	2624/F	GRANTHAM	WILLIAM	BOA	J	BOA/R38
DARK	ADRIAN	BOA	V	23632/F	GRAY	CHRISTOPHE	LIN	J	LIN/025
DAVIES	KATIE	CDF	F	A8323	GREEN	BEN	CKP	J	120213/Y
DAVIES	NEIL	HER	V	116245/F	GREEN	BLAIZE	CLM	J	CLM/1045
DAVIS	RICHARD	ITV	V	1172/F	GREEN	CHRISTOPHE	PAN	J	PAN/007
DAVISON	CHARLES	POO	V	224629	GREEN	DAVID	EXE	V	6137/F
DAVISON	DUNCAN	RDG	S	ET	GREEN	JO	SOL	JF	SOL/047
DAVISON	PAUL	MAD	V	53985/F	GREEN	JOHN	BAD	V	110967/F
DAW	CATHERINE	FOX	JF	FOX/007	GREEN	JOHN	BAD	VC	110967/F
DAWSON	TOM	FOX	S	ET	GREER	REBECCA	WOR	JF	WOR/188
DICKENSON	MOLLY	ROY	JF	ROY/073	HADAVIZADEH	TOM	BOA	J	BOA/R39
DIXEY	PHILLIP	GAI	J	GAI/009	HALL	GARY	EXE	S	227732
DIXEY	SARAH	GAI	JF	GAI/011	HALL	JEREMY	WOK	V	57011/L
DIXON	KIM	LBZ	V	119777/F	HALLIDAY	JANE	MAD	F	245003
DIXON	PETER	KIN	V	121332/F	HANGER	MATTHEW	BAN	J	BAN/002
DMITRIENKO	ALEXEI	EXE	V	ET	HANSELL	BILL	BAS	V	245214
DOBBIE	DERRICK	LBZ	V	84212/F	HARPHAM	RICHARD	VIK	V	227202
DOBBS	MATT	RIC	S	ET	HARRIS	DENISE	DCP	VF	ET
DOMAN	LESLEY	CLM	VF	ET	HARVEY	WARREN	RIC	S	ET
DOWER	KEVIN	ADJ	V	128576/F	HEAD	MIKE	CLM	V	59628/F
DOWMAN	SARAH	LEA	F	211949/F	HEARY	SARAH	WOK	VF	ET
DUNIAM	GEOFF	RIC	S	ET	HEMPENSTALL	MIKE	ELM	S	204333/F
DUNSTAN	TINA	FOY	F	52196	HEWITT	MATT	SOU	S	SOU/087
DYKE	MARTIN	SOU	V	120598/F	HICKS	CHARLES	BAS	V	20209/F
EBBAGE	ALAN	BAS	V	213391	HILEY	ROGER	BAN	V	70651/F
EBBAGE	CAROLINE	BAS	VF	225926	HILL	SIMON	CLM	V	221622
EDGAR	DUNCAN	SOL	S	61484/F	HILL	TRISTAN	CLM	J	CLM/177
EDMOND	KAREN	RIC	F	202264	HILLS	CHRISTOPHE	BAN	V	203494/F
EDWARDS	PATRICK	PAN	J	PAN/798	HILLS	IRENE	BAN	VF	123142/F
EDWARDS	ROGER	CLM	V	38140/F	HILLS	VICKY	BAN	F	237396
ELLIOTT	AIMIE	LBZ	JF	233004	HODGE	REBECCA	LGW	F	ET
ELLIOTT	MIKE	RM	S	ET	HOEY	STEVE	RM	S	ET
ENOCH	PAUL	NOT	VC	7917/F	HOGARTH-JONE	BRUCE	CLM	S	238627
EWINGTON	JOE	LBZ	J	221453	HOLMES	PHILLIP	SHP	S	200942
FAULKNER	KIERAN	LBZ	J	LBZ/046	HOOTON	ANTHONY	ANK	V	108636/F
FEUILLADE	ALECIA	PAN	VF	108100/F	HOOTON	EMMA	ANK	F	108637/Y
FIGLAK	MICHAEL	HER	J	HER/104	HOPCRAFT	RORY	TON	S	ET
FISHER	SARAH	FRE	JF	MAD/001	HOSIE	JESSICA	SHP	JF	SHP/018
FITZSIMMONS	MARTIN	RIC	S	203316	HOWARD	DARREN	WOR	V	55361/F
FLACK	ANDY	BAN	V	85449	HUDSON	KEN	ELM	V	64777/F

MARATHON RANKINGS

Surname	First name	Club	Cl.	BCU No.	Surname	First name	Club	Cl.	BCU No.
<u>Division 8(cont)</u>					MCMORRIN	BRIAN	KIR	V	SCA6515
HUGHES	CHARLIE	BRY	J	BRY/024	MCMORRIN	LINDSAY	KIR	JF	SCA6515
HUMPHREYS	BROOKE	TRE	JF	237033	MEDINA	CLAIRE	KIN	JF	126297/C
HUNT	JULIE	RLS	VF	129853/F	MEECH	ERIN	WLT	JF	
HUSSEY	MANDY	LBZ	VF	200625/C	MELIK	RICHARD	RIC	S	248941
HUYTON	MARGARET	MAD	VF	227489	METCALFE	GEORGINA	PAN	JF	240952
INETT	ROBERT	???	S	ET	MIKLOS	RENATA	WOK	F	242020
JACKSON	NORMAN	IND	V	ET	MILLER	DAVID	RIC	S	ET
JARRETT	FRASER	WOK	J	WOK/015	MILLER	FRAZER	ROY	J	ROY/095
JARY	KARL	RIC	S	ET	MILWARD	MAX	BRY	J	BRY/007
JINKS	KATE	SHP	VF	200577	MORRISON	MIRIAM	PAN	JF	pan/???
JOHLINIUS	JOHANNA	RIC	S	ET	MOWATT	DIANE	LEA	VF	18889
JOHNS	ALEX	PLY	J	118248/Y	MUIR	TIM	INV	V	SCA10358
JOHNSON	MATTHEW	CLM	J	CLM/1100	MURPHY	ANDREW	LBZ	V	126435/F
JONES	BRUCE	HER	J	HER/009	MURPHY	HEATHER	LBZ	F	236341
JONES	CAROLINE	NOT	F	240510	MURPHY	HEATHER	BAN	F	115582/C
JONES	CATHERINE	SHP	F	207101/F	MURPHY	OLIVER	LBZ	J	236342
JONES	CHRIS	BAN	V	67520/F	MURR	ANTHONY	SHP	V	228716
KANTOLINNA	BLAIR	SOU	V	236387	MYLETT	AMANDA	LIN	VF	95989/C
KAY	OLIVIA	NOT	JF	NOT/803	NADAL	KATH	NOT	VF	95958/C
KEENAN	LIAM	RIC	S	ET	NAFTANAILA	STELIAN	BAD	J	BAD/222
KELLY	JONATHON	RDG	J	RDG/024	NATHAN	WILLIAM	EAL	J	EAL/005
KELLY	KEVEN	EAL	V	37100	NEWBERY	MICHAEL	VIK	V	110548/F
KIND	THILO	EBC	J	EBC/019	NI CHUINN	AISLING	VIK	F	237947
KING	KRISTIAN	BAD	V	244271	NICHOLSON	EMMA	WEY	JF	127994
KING	KRISTIAN	BAD	VC	244271	NORTH	ROBIN	RIC	S	72243
KIRCHHEIMER	SARAH	FOX	F	244573	O'BRIEN	JO	EAL	F	ET
KITCHEN	PHIL	ANK	S	ET	OGIN	STEPHEN	RIC	V	205830
LANCESTER	TOBY	WOK	V	11889/L	O'TOOLE	CIAREN	BRY	J	BRY/002
LARSEN	JOSE	LBZ	VF	125711/F	OWEN	ROBERT	CHE	V	WCA4602
LAWRENCE	HELEN	ELM	JF	220519	OWEN	SAMANTHA	TRE	F	217419
LAWRENCE	MIRANDA	ELM	JF	220518	PALFREY	MIKE	BAN	V	129433
LAWS	ALAN	LIN	V	1877/F	PALFREYMAN	SAM	EAL	J	EAL/004
LE BLAIS	CHARLES	ROY	J	ROY/076	PALMER	JOSHUA	PAN	J	118003/Y
LEE-SMITH	CLIFFORD	NOR	V	ET	PALMER	SUZANNE	PAN	JF	PAN/573
LEWIS	KERRY	RIC	JF	RIC/127	PARKER	PAUL	CLM	V	117619/F
LLEWELLYN	GARETH	MAD	V	35580	PARKES	MATT	BSF	J	BSF/118
LOCKE	DARREL	ADJ	S	ET	PATERSON	TOM	RDG	V	80580/F
LOVE	DAVE	RM	S	ET	PEDLAR	KATE	WOR	F	112424/F
LOWE	JULIE	4AS	F	77746/F	PETERS	CONNOR	FOY	J	FOY/020
LUCK	HANNAH	WEY	F	116032/F	PETERS	JAMES	KIR	J	SCA9358/Y
MADELEY	DAVID	WEY	V	43117/F	PHILLIPS	STEPHEN	ADJ	V	74579/F
MALCOLM	ANTHONY	NOT	V	110398/F	PINNS	JOSEPH	IND	J	ET
MALCOLM	DANIEL	KIR	J	SCA9261	PIPE	FREDDIE	ELM	J	ELM/079
MALLET	JOHN	CAM	V	81949/F	PIPE	KATHERINE	ELM	JF	ELM/066
MARTIN	ALISON	RIC	JFC	230248	PITTENDREIGH	CAROLINE	LIN	VF	115757
MARTIN	SIMON	RIC	S	ET	PLANTIER	FRANCOIS	BAN	S	221833
MATTHEWS	DEBBIE	LBZ	VF	108913/F	PLAYLE	BILL	BAD	V	229965
MAY	ANDREW	SHP	S	129107	PLAYLE	BILL	BAD	VC	229965
MAY	DEBORAH	SHP	F	129106/F	POLLOCK	ANDREW	ADS	S	249401
MAY	JOHN	TRU	V	22447/F	POSTILL	PAUL	TRU	V	221185/F
MAYLAND	ANDREW	MAD	V	80406/F	PRENTICE	MARK	BOA	V	58986/F
MCCLUSKEY	STEVEN	PAN	V	65287/F	PURSER	JULIAN	SOL	V	229945
MCCUTCHEON	SURYAN	RUN	J	RUN/071	PUYDEBOIS	SEBASTIAN	RIC	S	237527
MCKAY	GREG	RIC	S	ET	RABIER	ISABELLE	RIC	F	231570
MCKEOWN	JAMES	KIR	J	SCA DAY	REBOUL	MAX	MAD	J	MAD/008
MCLEAN	ANNE MARIE	BAN	VF	129130/F	REESE	HAYLEY	HER	F	219057
MCMANUS	KATE	NOT	VF	ET	RICHARDSON	BRENDON	4AS	S	201761/F

MARATHON RANKINGS

Surname	First name	Club	Cl.	BCU No.	Surname	First name	Club	Cl.	BCU No.
Division 8 (cont)					SWANN	DEBBIE	LBZ	F	127029
RIMINGTON	DAVID	SOL	V	111668/F	SYCHA	ALEC	WOK	V	49729/F
RIPPINGTON	SAMANTHA	WOK	FC	107742/F	SYMES	PAUL	IND	V	ET
ROBERTS	GEORGE	LBZ	J	235588	TARBUCK	DAVID	WOL	V	27492
ROBERTS	MARTIN	RIC	S	ET	TARBUCK	LAURA	WOL	F	227822
ROBERTS	STACEY	SHP	F	228389	TASKER	ROSIE	BAN	JF	BAN/052
ROBERTS	STEPHANIE	BUR	JF	BUR/913	TAYLOR	MAX	KIM	J	236948
ROBERTSON	DON	LIN	V	34430/F	TAYLOR	POPPY	SOU	JF	SOU/009
ROBINS	GUY	BAN	V	124144/F	TEBUTT	ALAN	ANK	V	206335/F
ROBINSON	HAMISH	RLS	J	242693	TEMPLETON	SUE	ITV	VF	1656/F
ROBINSON	HOLLY	SHP	JF	SHP/069	TERRY	PHILIP	NOR	V	228342
ROBINSON	KATE	FOX	F	ET	TEW	HAYLEY	FOX	F	ET
ROBINSON	PHILIP	SHP	V	213719/F	THOMAS	NEIL	RIC	V	112705/F
ROBSON	SARAH	SBI	F	116674/F	THOMAS	OLIVER	ELM	J	244096
ROWLINSON	MIKE	BAN	V	126366/F	THOMAS	PETER	SOU	V	49685/F
RUDD	SAMANTHA	SHP	VF	59535	THOMPSON	EMILY	WLT	JF	
RUFF	LAURA	ROY	JF	ROY/085	TOMKINS	KENNETH	PAN	V	52006/F
SAMS	KEVIN	MET	V	ET	TONNER	CHARLES	LIN	V	128462/F
SANDER	PAUL	CDF	V	WCA7165	TWIGGS	MICHAEL	PEN	V	7431/F
SANDERS	BEN	GRI	J	124209/D	VITOR-TROTT	THEO	HER	J	HER/012
SARFRAZ	HUSSAIN	FOX	F	ET	WALKER	CHRISTOPHE	PLY	J	108683/C
SCRAGG	GARETH	WOK	S	ET	WALKER	ELEANOR	PAN	JF	241657
SEAGER	MIKE	SHP	V	111814/F	WALKER	NIGEL	PLY	V	85004/F
SELWOOD	CARLY	BEJ	F	106392/F	WALKINTON	HOLLY	CLM	JF	CLM/851
SEN	KAMALA	DCP	VF	WCA3571	WALLMAN	RICHARD	RIC	S	16147
SHARP	DIANE	LGW	F	SCA1619	WALTERS	DAVID	BUR	V	129910
SHARPE	CHRISTOPHE	WAV	V	60747/F	WARREN	REBECCA	BAN	JF	BAN/057
SHARPE	WILLIAM	EXE	V	226518	WATERFIELD	DAVID	WEY	V	230070
SHAW	GILES	FLA	J	FLA/029	WATKINS	ALED	SOL	V	73977/S
SHAW	LAWRENCE	FLA	S	213316	WATT	CHARLOTTE	RDG	JF	RDG/036
SHELMERDINE	RICHARD	PLY	S	ET	WEBB	GEORGE	FOX	S	111111
SHIPWAY	DAVID	LBZ	V	49686/F	WEBB	ROBYN	WLT	JF	WLT/027
SILLITOE	CHRIS	PLY	V	74389/F	WEBSTER	GRAHAM	RUN	J	RUN/063
SILLITOE	NEIL	LBZ	V	42106/F	WELD	JOE	BRY	J	BRY/023
SIMMONS	ANDREW	BOA	V	201792/F	WESTGATE	NIKKI	WOR	F	ET
SIMPSON	PAUL	RAF	S	ET	WESTWOOD	MATTHEW	LBZ	VC	ET
SINCLAIR	ELLIE	WOR	JF	127015	WHITE	BILLIE	BAN	JF	BAN/092
SKINNER	DAVID	WEY	V	ET	WHITE	BRANDON	WEY	J	WEY/195
SKUSE	KEVIN	DCP	V	ET	WHITE	MARY	MAD	VF	227369
SLATER	JONATHAN	RDG	S	ET	WILLIAMS	ALAN	WOR	V	2365
SMELY	ANTONIA	RIC	JF	RIC/065	WILLIAMS	SIMON	WOR	J	WOR/247
SMITH	HOWARD	BAS	V	201873/F	WILLIS	SEAN	LIN	S	238950
SMITH	LIANE	DEV	JF	100600/R	WILSON	ALASTAIR	CLM	J	CLM/964
SMITH	RUTH	BAS	VF	213381/C	WILSON	IAN	CLM	V	117356/F
SMITH	RYAN	ELM	J	235446	WILSON	MALCOLM	RDG	V	230554
SMYTHE	JOSHUA	RIC	JC	129215/Y	WINCHESTER	LOUISE	PAN	JF	117604/F
SOKOLOV	ANTHONY	WEY	V	125744/F	WOOD	JONATHON	EAL	V	44136
SPELMAN	DAVE	SHP	S	ET	WOODCOCK	DAVID	BAN	V	230933
SPITTALL	MEG	TSP	F	SCA0086	WOODS	ALEX	IND	S	ET
STADDON	CRESSIDA	ROY	JF	ROY/041	WOODS	ED	CLM	V	112344
STALLWORTHY	RODNEY	CHE	V	823/F	WYATT	IAN	CLM	V	222289
STAMP	RAY	CHE	VC	119057/F	WYATT	STEPHEN	EBB	S	ET
STANNERS	ANDREW	MET	V	ET	WYATT	ZOWIE	CLM	JF	CLM/881
STATKUTE	JOVITA	BAD	JF	BAD/144	WYSE	MARINA	SOU	F	243536
STUART	PAUL	LEA	V	79096/F	YATES	ROBERT	FOX	S	76391/F
STUART-HILL	AMY	MAI	JF	239585	ZHELEV	DRAGOMIR	RIC	S	ET
STUART-HILL	BEN	MAI	J	239584					
SUTTLE	LISA	CLM	FC	82736					

MARATHON RACING

Chairman's Foreword

The GB Marathon team had one of its best ever results at the 2009 World Championships with silver medals for Louisa Sawers and Ben Brown and bronze medals for Lani Belcher, Tom Daniels and Dean Terry. We also fared well earlier in the summer at the European Championships with several strong performances and a well deserved bronze medal in the junior men's K2 for Jonnie Tye and James Webster.

Domestically we have had good racing and good support in most regions at the regional Hasler races and in the longer distance winter races.

So we look forward with enthusiasm to racing in 2010 and hope we can match or better the racing in 2009.

For 2010 we have dropped K2 races in divisions 1 and 2 at regional Hasler races. Presently there are simply not enough paddlers to support these races but we hope that paddlers at this level will take the opportunity to race K2 at the assessment races, the National Championships and, subject to qualification, at the Hasler Final.

5K races are being introduced this coming year. These will purposely be in a different format to encourage mass starts and close racing over the shorter distance. The races we hold in 2010 will give us experience to build and develop this class of racing for the future.

We will also be introducing junior K2 races from September 2010 to run alongside Lightning races in an enlarged competition for the Geoff Sanders trophy. Details will be announced later in the year.

We acknowledge that success at international, regional and club level relies on you – the paddlers, coaches and helpers who perform so many different roles. Thank you all: the efforts you put towards the sport are truly much appreciated.

Brian Gandy
Chairman
December 2009

MARATHON RACING

Marathon Racing Committee

Brian Gandy	Chairman: Selection Committee Chairman	GA1074
Diane Bates	Secretary	BA1485
David Enoch	Treasurer	EN1067
Ollie Harding	Calendar Compiler	HA1514
Sue Hawthorn	National Championships Coordinator / 5K racing	HA1575
James Hinves	Lightning Development	HI 1515
Roland Lawler	Rankings Officer	LA1109
Alan Laws	Newsletter Editor	LA1111
Dyson Pendle	Athlete Development / 5K racing	PE1317
Andy Rawson	Hasler Final Coordinator	RA1405
James Smythe	Website / Athlete Development	SM 1539
*Andrew Millest		MI1129
*Graham Warland		WA1453
*Stuart West		WE1583
* Co-opted		

Selection Committee

Brian Gandy - Chair
David Enoch
Roland Lawler
Dyson Pendle
James Smythe

MARATHON RACING

Useful Addresses

CHAIRMAN	Mr B Gandy, 32 Florence Road, Church Crookham, Fleet, Hants, GU52 6LQ. e-mail gandy@adslmail.newnet.co.uk
SECRETARY	Mrs D Bates, Lesters, 11 Cranley Road, Burwood Park Walton-on-Thames, Surrey KT12 5BX e-mail diane.bates@dial.pipex.com
RACE RECORDS OFFICER	Mrs R Illinesi, Lacey Dere, Kettlewell Hill, Horsell, Woking, Surrey GU21 4JJ e-mail rosemary.illinesi@ntlworld.com
RANKINGS OFFICER	Roland Lawler, 93 Chertsey Lane, Staines, Middx TW18 3LQ e-mail diandroland2009@hotmail.com
CALENDAR COMPILER	Ollie Harding, 12 Maidenhead Court Park, Maidenhead SL6 8HN e-mail ollieharding@mac.com
WEBSITE	James Smythe e-mail james7270@sky.com
<u>Regional Marathon Advisers</u>	
EASTERN	Ian Wyatt, The Coach House, Bradwell Road, Saint Lawrence, Essex, CM0 7 LW e-mail iwyatt22@yahoo.co.uk
LONDON & SE	Jim Rossiter, 101 Whyteleafe Road, Caterham, Surrey, CR3 5EJ. 01883 346631 e-mail jimrossiter@btopenworld.com
NORTH WEST	Dave Moore, 41 West Avenue, Rudheath, Northwich, Cheshire, CW9 7ER. e-mail sgurfiona@aol.com
SCOTLAND	Brian Chapman, 193 Binniehill Road, Balloch, Cumbernauld, Scotland, G68 9JH. 01236 457081 e-mail brian.chapman@kpmg.co.uk
SOUTHERN	Andy Rawson, 9 Bramley Green Road, Bramley, Hants, RG26 5UE e-mail andy.Rawson@integralis.com
SOUTH WEST	John May, 24 Trelawney Avenue, Treskerby, Redruth, Cornwall. TR15 1RH. 01209 216943 e-mail g.j.may24@btinternet.com
WEST & EAST MIDLANDS	Mick Nadal, 8, Melton Grove, West Bridgford, Nottingham, NG2 7NX 0115 914 1824 e-mail nottinghamkayakclub@yahoo.co.uk
YORKSHIRE	David Jefferies, 37 Talbot Avenue, Huddersfield, HD3 3BQ e-mail david@b14dai.fsnet.co.uk 01484 435862

MARATHON RACING

PART A – REGULATIONS AND ADMINISTRATION

These regulations are bound to the Articles of Association of the British Canoe Union. ("BCU") and were approved by the Board of the BCU ("Board") in December 2004.

1. Title

- 1.1 The Committee shall be called the BCU Marathon Racing Committee.

2. Objectives

- 2.1 The Committee interests itself in all matters arising out of and in connection with canoe and kayak marathon racing in Great Britain.
- 2.2 The Committee's objectives are to encourage club, regional, national and international marathon events.
- 2.3 Its primary responsibilities are:
- a) To organise and conduct National Championships and other competitions on behalf of the BCU.
 - b) To set and publish competition rules and make recommendations for the conduct of national and regional marathons.
 - c) To give advice, guidance, and encouragement to sponsors of marathon racing in Great Britain.
 - d) To select, train and administer teams representing Great Britain in international events.
 - e) To select, train and administer teams representing England in international events.
 - f) To maintain disciplinary regulations.
 - g) To act as final authority in disputes, protests and appeals with regard to marathon racing rules and competitions.

3. Committee

- 3.1 The Committee shall comprise up to 12 persons, being Full Individual Members of the BCU. This total shall include the Chairman, Secretary and Treasurer but does not include national delegates, co-opted members or the representative from the Regional Development Teams.
- 3.2 Members of the Committee shall serve for approximately two years and shall be eligible to stand for re-election at alternate Annual Consultative Meetings. One half of the elected members shall retire at each Annual Consultative Meeting.
- 3.3 The Chairman of the Committee shall be elected at the Annual Consultative Meeting and shall serve until the next Annual Consultative Meeting and be eligible to stand for re-election.
- 3.4 Persons who are employees of the BCU or National Associations may serve as members of the Committee with the consent of the Board.
- 3.5 The Committee shall appoint from within their membership (including co-opted members), a Secretary, a Treasurer and such other officers the Committee considers necessary for its administration and representation on other committees.
- 3.6 The Chairman has a seat on the World Class Management Group and the Committee shall appoint a representative to sit on the Sports Management Committee (SMC).
- 3.7 One representative of the marathon racing representatives on the English Regional Development Teams shall be entitled to attend meetings of the Committee as a non-voting member.

4. Co-Options

- 4.1 Committee may co-opt not more than three Full Individual Members to serve on the Committee until the next Annual Consultative Meeting. Co-opted members shall have the same voting rights as other Committee members.

5. Nominations

- 5.1 Nominations of candidates for election at the Annual Consultative Meeting shall be made to the Secretary of the Committee in writing supported by the signatures of two Full Individual Members of the BCU and must reach the Secretary not less than 42 days prior to the Annual Consultative Meeting.

MARATHON RACING

6. Proceedings of the Committee

- 6.1 The Committee shall meet at least twice in each calendar year and shall report to the SMC, which in turn shall report to the Board.
- 6.2 At least seven days notice of meetings shall be given in writing (by post, email or fax) to all members of the Committee.
- 6.3 The Secretary shall keep minutes of the proceedings of the Committee and of the Annual Consultative Meeting. Copies of the minutes shall be sent to the SMC. Copies of the agenda and minutes shall be sent to the regional marathon racing representatives.
- 6.4 Six of the members entitled to attend and vote at a meeting shall form a quorum of the Committee. Voting shall be by show of hands only and each member shall have one vote.
- 6.5 The Treasurer shall keep such books of account as the Board and the Committee may from time to time direct. The accounts of the Committee shall be submitted annually to the SMC, made up to 31 October. Approved costs of members attending meetings shall be paid.

7. General Meetings

- 7.1 An Annual Consultative Meeting shall be held in each calendar year at the National Marathon Championships.
- 7.2 At least 21 clear days' notice of the date, time and place of General Meetings shall be given to each affiliated club that has registered its interest in marathon racing with the Committee. The agenda for a General Meeting, details of the business to be discussed at the meeting and of the persons nominated for election shall accompany the notice of meeting.
- 7.3 The business of the Annual Consultative Meeting shall be:
 - (a) to receive the report of the Chairman;
 - (b) to receive a summary statement of accounts;
 - (c) to elect persons nominated to serve on the Committee, including the Chairman.
 - (d) to consider any items included in the notice of meeting. Any conclusions reached on such items shall stand as recommendations for further consideration by the Committee.
- 7.4 Only business notified in the notice of meeting shall be transacted.
- 7.5 Any item for the agenda at the Annual Consultative Meeting shall be submitted to the Secretary of the Committee in writing supported by the signatures of two Full Individual Members of the BCU and must reach the Secretary not less than 42 days prior to the Annual Consultative Meeting. Other items may be discussed at the discretion of the Chairman.
- 7.6 No business shall be transacted at any General Meeting unless a quorum of members is present at the time the meeting proceeds to do business. A quorum shall be eight Voting Members.
- 7.7 The Chairman of the Committee shall preside at General Meetings. If the Chairman is known to be unable to attend or if he remains absent 30 minutes after the scheduled start time of the meeting, the voting members present may choose a voting member to take the chair.
- 7.8 "Voting Member" means any club or organisation affiliated to the BCU who participate in and have registered an interest in marathon racing. Each voting member represented at a General Meeting by a Full Individual Member shall be entitled to one vote.
- 7.9 The Chairman shall not be entitled to vote otherwise than when a casting vote is required.
- 7.10 Voting shall be by show of hands unless two or more voting members who are present or the Chairman request a poll.
- 7.11 A General Meeting may be called at any time at the discretion of the Committee or by notice in writing to the Secretary by not less than 10 voting members. Such notice must state in the form of a motion the business to be discussed and be signed on behalf of the voting members. The Committee shall convene a General Meeting within 60 days of receipt of such notice.

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8. Sub-committees

- 8.1 The Committee may, with the prior approval of the SMC, appoint a sub-committee, standing or otherwise, for a specific period and with a specific brief. The Committee shall appoint one of its number to chair the sub-committee and all members shall be Full Individual Members of the BCU. The Committee shall supervise and be responsible to SMC for the work of its sub-committees and shall fund its sub-committees from within its set approved budget.

9. Financial Budget

- 9.1 The Committee shall set a specific annual budget each year for approval by the SMC.

10. Trophies

- 10.1 The Committee shall approve the list of trophies which are the property of the committee and are awarded each year. The Committee will also determine and publish the basis for competition for these trophies.

11. National Championships

- 11.1 Each year the Committee shall organise or nominate a National Championship Marathon event.
- The course must be typical of present courses.
 - The winners of the classes shall be considered the National Marathon Racing Champions in their respective classes.
 - Clubs wishing to stage the National Marathon Racing Championships should apply to the Committee (by the end of May two years preceding the Championships). The venue for the following year shall be announced at each National Championships.
 - The Committee shall appoint a Chief Official from outside the organising club to oversee the running of the National Championships. He/she will be the liaison between the Committee and the organising club, and will be empowered to approve such things as courses, entry fees, distance and the difficulty of courses, start times etc.
 - The organising club will provide a set of accounts of the event to the Committee by the end of December.
 - Sponsorship deals for the event shall be approved by the Committee.
 - The event shall be called the British National Open Marathon Racing Individual and Team Championship.

PART B - RULES FOR COMPETITION

General Rules Applying to All Races

1) DEFINITION

A marathon race can be raced over any distance: usually between 3km and 200km.

2) BEHAVIOUR

- Canoeing is a non contact sport and competitors shall race in a fair manner.
- When a canoe or kayak is overtaking another canoe or kayak it is the duty of the overtaking craft to keep clear of other competitors at all times.
- When a canoe or kayak is racing in a group of competitors it is the duty of all the competitors in the group to keep clear of other competitors at all times. This rule applies to any manoeuvring within the group.
- All paddlers will wear appropriate clothing when racing. This is a minimum of singlet and shorts. These should preferably be in club racing colours.

3) THE RACING STRUCTURE

The marathon racing system has been designed to encourage all levels of competitor from the raw beginner to top class internationals. There are five categories of race: -

- GROUP A** - These races will appear in the Racing Handbook calendar. For these races the race levy must be paid and competitors must be BCU, Canoe England, WCA, SCA or CANI comprehensive members (see Rule 13).
 - Divisional races approved by the Marathon Committee. Promotions between divisions will take place based on the results of these races.
 - Races and time trials approved by the Marathon Committee but not in the divisional system such as stage marathons, descents, Royal K1, Richmond K2, Thameside etc.
 - The National Championships.

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b) GROUP B

- i) Those races in the regions and at clubs that do not appear in the calendar. These will include handicap and fun marathons. No promotions will take place at these races. Clubs are encouraged to hold handicap races throughout the year as an introduction to competing in the divisional system. These should be over a 3-10km course with handicaps based on age, experience and type of boat.

c) GROUP C

- i) All Lightning and junior K2 races forming part of the Geoff Sanders Memorial Trophy or held at Regional Hasler events, the National Championships and Hasler Final approved by the Marathon Racing Committee - see Rules 51-59. For these races:
 - (1) all competitors must have BCU or other membership as per rule 12 (a);
 - (2) no race levy will be payable.

4) CLUB MEMBERSHIP

The racing year shall be from 1st September of any year to 31st August of the following year. When a competitor is a member of more than one club, he shall declare before 1st September to the Race Records Officer of the Marathon Committee the name of the club for whom he will race the following racing year. When a competitor changes his club in mid season, he is permitted to compete for his new club, instead of his old, provided that prior consent of the old club is obtained. This consent shall not be withheld unreasonably, particularly in the case of a change of residence from one area to another. The agreed change must be advised to the Race Records Officer in writing before points can be allocated to the new club in club competitions.

5) SAFETY

a) Competitor responsibility

- i) Competitors must render their boats sufficiently buoyant to remain afloat and to support the crew in rough water in the event of capsizing.
- ii) Competitors must be able to swim adequately in the waters on which the race is being held.
- iii) On open water adequate spray covers must be worn.
- iv) All paddlers are required to render assistance to other competitors in distress.
- v) The wearing of life jackets or buoyancy aids is compulsory for all paddlers ranked in divisions 7, 8 and 9 irrespective of the race they are entered in. This applies to singles and doubles races.
- vi) Life jackets and buoyancy aids will conform to BCU/BCMA STANDARD BA83.

b) Team Leader responsibility

- i) Team Leaders should decide if paddlers under 16 years of age in the higher divisions should wear life jackets or buoyancy aids.

c) Race Organiser responsibility

- i) Race organisers may require life jackets or buoyancy aids and spray covers to be worn and will have the FINAL say as to who should wear them (except where this is covered by rule 5a(v)) depending on weather and water conditions. Such equipment must be provided by the competitors.
- ii) The penalty for infringing any safety rule is disqualification from the race.

6) DISCIPLINE

Marathon racing is subject to the BCU Marathon Racing Committee Disciplinary Regulations and to the BCU Disciplinary Code. [See <http://www.canoe-england.org.uk/our-sport/marathon-racing/bcu-marathon-racing-committee/> and "Dispute Resolution Policy" <http://www.bcu.org.uk/resources-and-policies/policies/respectively/>]. These apply to all BCU Marathon races.

For the avoidance of doubt, any complaint that an individual member of the Union (competitor or non-competitor) has behaved in a manner described in clause 1.1 of the Disciplinary Regulations shall in the first instance, where possible, be lodged with the Race Protest Committee in the manner described in Marathon Racing Rule 18(g) (i) and (ii). The Protest Committee shall determine what action, if any, shall be taken. If the Protest Committee decides that the complaint should be referred to the Marathon Committee, the race organiser shall report the matter to the Secretary within three working days. The Marathon Committee will consider the matter in accordance with the Disciplinary Regulations.

Race Organisers should note the powers in clause 2.1 of the Procedures to apply immediate discipline where members or competitors have displayed violent or unreasonable behaviour.

7) ANTI-DOPING

Marathon racing is subject to the ICF and UK Anti-Doping Rules [See <http://www.bcu.org.uk/our-sport/athlete-information-and-funding/anti-doping-drug-free-sport/>]

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8) BROKEN PADDLES / BOAT

A competitor must not change boats during a race, but may change paddles in the case of breakage.

9) WASH HANGING

Competitors must not hang on the washes of powered craft.

10) ASSISTANCE TO COMPETITORS

A competitor may receive food and drink during a race. Competitors with a disability may receive assistance at portages, but no other assistance unless permitted before the race by the organiser.

11) BOAT DESIGNS

Any type of canoe or kayak can be used.

Kayaks shall be propelled solely by means of double bladed paddles.

Canoes shall be propelled solely by means of single bladed paddles.

The paddles must not be attached to the boat in any way, being supported only by the hands.

For GROUP A races boats must comply with the ICF regulations as detailed below:-

single kayak	max length 520cm
double kayak	max length 650cm
single canoe	max length 520cm
double canoe	max length 650cm
double touring canoe	max length 550cm

Boats over 460cm in length must not have concave sections unless classified as Wild Water Racing boats and falling within the ICF regulations for such boats.

12) BCU MEMBERSHIP

a) All competitors in GROUP A and Group C races must be COMPREHENSIVE BCU, Canoe England, WCA, SCA or CANI members. Membership numbers must be quoted on entries and results and a valid membership card or photocopy **must** be produced at race check in. Those unable to prove membership will be required to buy an Event Ticket, which is payable to the BCU. The exceptions are juniors ranked in divisions 7, 8 & 9 and Lightning competitors who are members of clubs with registered junior sections, who should produce their registered junior section card instead.

b) At all Regional Hasler events, the Hasler Final and the National Championships:

- all competitors in divisions 1 to 6 must produce a valid membership card or photocopy at race check in. Any competitor unable to do so shall not be permitted to race.
- all competitors in divisions 7, 8 and 9 must produce a valid membership card or photocopy at race check in or, if junior, produce their registered junior section card. Any competitor unable to do so will be required to buy an Event Ticket.
- race results may be checked for valid membership. Club points will be deducted and the race shall not be counted as a Hasler qualifying race where:
 - any competitor is found subsequently to have competed without a valid up-to-date membership, or
 - a competitor in divisions 7, 8 and 9 is found to have bought more than one Event Ticket per season.

c) Upon promotion to Division 6 there is a period of grace of 4 weeks during which a junior, racing with a registered junior section card, must become an individual comprehensive member of the BCU/Canoe England/WCA/SCA/CANI.

13) RACE LEVY SCHEME

At all GROUP A races, published in the Racing Handbook, there will be a race levy of £2.00 for each senior and veteran paddler by age, as recognized by their BCU, Canoe England, WCA, SCA or CANI membership, and £1.00 for each junior paddler by age, as recognized by their membership. The levy to be charged on all paddlers booked in irrespective of whether they start or finish the race. The race levy for all categories of races is to be remitted by the Race Organiser to the Treasurer **within 7 days of the race**. Cheques should be made payable to "BCU Marathon Racing Committee" and sent to David Enoch, 102 Bingham Road, Radcliffe-on-Trent, Nottingham NG12 2GT.

Those clubs wishing to pay the levy by electronic transfer should make payment to:

Allied Irish Bank (GB)

Sort Code 23-83-97

Account No. 02189089

Account name British Canoe Union Marathon Committee

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When making electronic transfers please also e-mail David Enoch with the race name and amount of levy to david.enoch@gbcanoeing.org.uk

14) RACE REGISTRATION

The organiser of a GROUP A race must apply to the Calendar Organiser for that race to be registered. This must be done by the autumn of the year preceding the event. The event must be organised and run under the Marathon Racing Rules. Registered races may advertise through the Union and may appeal through the Marathon Committee in cases of dispute or difficulty. [Refer to BCU Disciplinary Code at <http://www.bcu.org.uk/resources-and-policies/policies/>]

The registration fee will be the race levy described in rule 13 and the organiser must comply with the requirements of rule 18.

15) BOAT NUMBERING

At all GROUP A races competitors shall number their boat for a race in the following manner. Paddlers racing in singles divisions 1-8 and all K2 divisions must display vertical number plates. The number plate must be yellow or white and displayed vertically in a slot placed on the middle of the back deck about 15cm behind the cockpit in the case of kayaks and on the front deck in the case of canoes. The slot will be fitted with a locking pin. The dimensions of the plate will be 200mm long x 150mm high with the top corners rounded to a 10mm radius.

Paddlers ranked in Division 9, Lightning, club and fun race paddlers may alternatively use 225mm diameter white discs which should be displayed on fore and aft decks or as directed by the organiser. The characters on the vertical number plate will be the same standard as a car number plate and **MUST** be **CLEARLY LEGIBLE** from 25 metres. This applies to both sides of vertical number plates.

Any paddler not displaying a number plate at the start of any race, or whose number is not clearly legible will not score club points.

16) FINISHES

A competitor is deemed to have finished a race when the bow of the canoe or kayak has crossed the finishing line on the water with the competitor(s) in it.

17) ASSESSMENT RACES

Assessment races will be picked by the Marathon Committee as the most suitable races for determining the members of British teams and the race organisers will be advised by March 1st each year via the Racing Handbook. At these races, assessment classes may be separated from other race classes and may be run over the same or different courses.

18) ORGANISATION OF GROUP A RACES

- a) Race Organisers **must** be affiliated to the British Canoe Union.
- b) The race shall be open to canoeists who are members of an ICF affiliated federation.
- c) The race shall be properly advertised and the organisers shall issue adequate instructions on request, up to one month before the event, to prospective competitors or interested group leaders.
- d) In the event of circumstances which render it impossible or unsafe to run the race as planned, the Race Organiser shall take all reasonable steps to inform the competitors and supporters at the earliest possible moment.
- e) Race Organisers shall charge an entry fee for each competitor to include the levy cost. This fee may be reduced for juniors and augmented for late entries.
- f) Changes of class/division and late entries shall be permitted if the organiser so wishes. Information regarding late entries and class/division changes should be available to competitors at least 30 minutes before the start time of the class/division concerned.
- g) The Race Organiser shall provide a Protest Committee consisting of four officials or members of the organising body to hear and settle all protests by any competitor in that event. The following rules will be observed:-
 - i) The protests must be received within 30 minutes of completion of the relevant race and before the announcement of the final results. Failure to observe this will invalidate the protest.
 - ii) The protest must be in writing to the Race Organiser and must give full details of the alleged infringement of the rules.
 - iii) The Protest Committee must meet immediately to hear all the evidence and to consider the protest's validity in accordance with the BCU and Marathon Racing Rules.
- h) A protest against an organising body may only be dealt with by the Marathon Committee. Any such protest must be made within 3 working days in writing to the Secretary of the Marathon Committee and give full details of the alleged infringement of the rules. The person making the protest must also inform

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the secretary of the club or body concerned within 3 working days. Failure to comply with these conditions will invalidate the protest.

- i) Appeals against the decision of the Protest Committee are permitted and these will be heard by the Marathon Committee.
- j) After the race the race organiser shall publish the provisional results on the MRC's website. The results must be sent to Wiki Daniels email: wiki.daniels@googlemail.com within two working days of the race.
- k) **Within 7 days of the race** the Race Organiser must:
 - i) Remit the race levy together with the race results in accordance with rule 13.
 - ii) Send by email where possible, the race results to the Regional Marathon Adviser, the Rankings Officer and the Race Records Officer. Details of all these officers are on the Useful Addresses page F3.

19) ORGANISATION OF GROUP B RACES

- a) For these races competitors do not have to be BCU, Canoe England, WCA, SCA or CANI members, there is no levy and no requirement to submit results to the race records officer. Race advertising, entry fees and classes are at the discretion of the organiser. The formal requirements to register club membership and for protest procedures are not necessary.
- b) Rules 1, 2, 5, 6, 7, 8, 9, 10, and 11 shall apply to all GROUP B races.

Rules Applying to Regional Divisional Races

20) Regional divisional races are GROUP A races and all of rules 1 -18 above shall apply.

21) THE DIVISIONAL SYSTEM

- a) The divisional system is arranged into nine separate singles divisions and nine separate doubles divisions numbered divisions 1-9.
- b) Entry into the divisional system should be based on the standards detailed in the "Standards for Racing" (page D1).
- c) Club coaches are responsible for ensuring the ranking status of their paddlers and where necessary to ensure they are re-ranked appropriately.
- d) Each year a divisional list will be published in the Racing Handbook for singles divisions 1-8. These lists are checked and any paddler not having competed for two successive seasons is removed from the lists. Each autumn clubs are asked to submit a list of the paddlers who will not be active for the coming season and where appropriate, to amend a draft of the proposed divisional lists.

22) TYPES OF COURSE

Whilst there will be some variations due to local conditions and types of course available, the normal distances will be:-

Div. 1, 2 & 3 Singles and Doubles

Full senior course of about 20km with any degree of severity.

Div. 4, 5 & 6 Singles and Doubles

Course of about 13km which may include portages and/or weir shoots.

Div. 7, 8 & 9 Singles and Doubles

Course of about 6.5km with the minimum practical hazards.

23) SPECIAL PRIZES

Race organisers are encouraged to give prizes for special groups of paddlers e.g. first under 16, first C1. In particular they are strongly recommended to give a prize for the first woman in each division and for the highest placed TC2. This kind of encouragement is particularly important in the divisional system.

24) SEPARATE STARTS

Each quorate race of six or more starters must be started separately. Two or more quorate races of less than six starters (i.e. with 3 or 4 or 5 starters) may be started together but for all other purposes are treated as separate races.

25) SYSTEM FOR AMALGAMATION DUE TO LOW ENTRIES

If there are less than three entries in a division then the organiser must transfer those entries to another division to make a quorate race of three or more paddlers. Where possible they should be transferred to a race of the same distance so that paddlers race their normal course. Where there is a choice, transfer to a lower division is preferable to transfer to a higher division.

There is no handicap or allowance on transfer to another division.

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26) COMPETING IN A CREW BOAT

A paddler is normally ranked on singles performances. When competing in doubles events the competition ranking shall be an average of the individual paddlers' rankings (all halves rounded down). All paddlers competing in crew boats must show their singles ranking on the entry form and these rankings must be shown on the results.

e.g. paddler A = div 5 and paddler B = div 8. $5+8 = 13$; average = $6\frac{1}{2}$, so the competition ranking = 6 and the entry would be in div 6K2.

27) PROMOTIONS

- a) Promotions between the divisions throughout the season will be based on the table "Standards for Racing" ("the Table") [See page D1 of 2010 Racing Handbook]. Column HC of the Table assumes a World Champion takes 60 seconds to paddle a given course and ranks paddlers in singles divisions from 1 to 9 based on the number of additional seconds it would take for competitors to cover that same course. P/D Factor expresses these same times as factors. For example, a top ranking paddler in division 7 would be expected to take 90 seconds giving a P/D Factor of 1.5.

- b) Promotions will be calculated on the following principles on the basis of singles results subject to the other provisions of this rule 27;

Divs 1, 2

There are no automatic promotions to divisions 1 and 2. Promotions will be made by the Rankings Officer in consultation with the Regional Marathon Adviser.

Divs 3, 4 and 5

Promotions to divisions 3, 4 and 5 will be calculated by taking the times at each race of the mid-placed paddler in divisions 4, 5 and 6 divided by the Mean Factor for each of these three divisions. The average of these calculations will be multiplied by the Promotion Factor for divisions 3, 4, and 5 to give the times for promotion to divisions 5 and above.

Divs 6, 7 and 8

Promotions to divisions 6, 7, and 8 will be calculated by taking the times of the mid-placed paddler in divisions 7 and 8 divided by the Mean Factor for each of these two divisions. The average of these calculations will be multiplied by the Promotion Factor for divisions 6, 7 and 8 to give the times for promotion to divisions 8 and above.

[The above is an outline description of the promotion process. The detailed bases for calculations are available by post or email from the Secretary, Marathon Racing Committee]

- c) Promotions may take place on either singles or doubles performances. Performances in doubles divisions will be monitored by the Ranking Officer and promotions made under Rule 27(j) where considered appropriate.
- d) Status in canoe will not affect status in kayak and vice versa.
- e) No automatic promotions will be made under Rule 27 (b) where there are fewer than 5 starters in any race. However, the Ranking Officer in consultation with the Regional Marathon Adviser may amend or dispense with this limit if persistently low numbers in a division are clearly preventing the promotion system from operating as intended.
- f) Promotions are not limited to one division. For example, a division 9 paddler with a time faster than that required for promotion to division 7, would be promoted straight to division 7.
- g) Where the HRM computer results system is used at a race, promotions will be immediate from the day of the race. Where the HRM system is not used at a race, a promoted paddler is deemed to be promoted when his club receives written notification from the Race Records Officer. All promotions, including those at races where the HRM is not used, will be advised to Team Leaders by the Race Records Officer as soon as practicable.
- h) Once promoted, paddlers must race in their correct division, or higher division, except under the provisions of rules 25 or 26. Any competitor found racing in a lower division, singles or doubles, except under the provisions of rules 25 and 26, may be disqualified from the event and be banned from the next three Hasler races in the competitor's region. The exception is for promotions awarded at races held at the beginning of a new racing season and before the Hasler Final held in that year. These promotions will not apply at the Hasler Final of the current season but will apply to all other races. (E.g. A div. 6 paddler promoted to div. 5 in September 2010 at a race designated as H2011 can still race in div. 6 at the 2010 Hasler Final but must race in div. 5 at all other races.)
- i) All paddlers, both from within the region and from other regions are eligible for promotions. The only exceptions are paddlers transferred from another division under rule 25 (system for amalgamation due to low entries).
- j) The Marathon Committee has discretion to promote or to withhold promotion at any time it is found to be necessary. This discretion is delegated to the Ranking Officer.

MARATHON RACING

28) DEMOTIONS

- a) Divs. 1, 2 and 3 Demotions from Divisions 1, 2 and 3 will be made by the Rankings Officer in consultation with the Regional Marathon Adviser.
- b) Divs. 4 to 9 Application for demotion from Divisions 4 to 8 may be made to the Regional Marathon Adviser by the club coach. The Regional Marathon Adviser shall confirm his decision in writing to the club coach and to the Race Records Officer. In the event of dispute an appeal may be made to the Rankings Officer who shall determine whether or not demotion shall apply.
- c) Demotions will be limited to one division.
- d) Demotions may be based on singles or doubles performances. Performances in doubles divisions will be monitored by the Ranking Officer and demotions made under Rule 28(h) where considered appropriate.
- e) Status in canoe will not affect status in kayak and vice versa.
- f) Once demoted paddlers may nonetheless choose to race in any higher division, except under the provisions of rules 25 or 26. Paddlers competing in the Hasler Final shall race in the division according to their ranking status at the close of the prior season (normally 31 August). Thus demotions awarded in the new racing season immediately prior to the Hasler Final will not apply at that Hasler Final.
- g) All paddlers, both from within the region and from other regions are eligible for demotions. The only exceptions are paddlers transferred from another division under rule 25 (system for amalgamation due to low entries).
- h) The Marathon Committee has discretion to demote or to withhold demotion at any time it is found to be necessary. This discretion is delegated to the Ranking Officer.

Rules Applying to Regional Hasler Races

- 29) Regional Hasler races are GROUP A Divisional races and all of rules 1-18 and 20-28 above shall apply.

30) THE HASLER TROPHY

The Hasler Trophy is the National Team League Championships and is competed for throughout the season on a regional basis. The Hasler season is defined by the races designated 'H' in the Racing Calendar of this Handbook. Races relating to the following season are designated 'H2011'.

31) REGIONS

The regions are determined by the Marathon Racing Committee for England plus Scotland East, Scotland West, and Wales. Each region will run its own league championships throughout the year and will decide how many results are to be counted by clubs. It is hoped that eventually there will be enough races in each region for clubs to count their best 8 or 9 results from the total number of races.

32) DIVISIONS

- a) Race Organisers must offer the following races at all events except where varied as agreed with the Regional Marathon Adviser.
 - i) Singles races for divisions 1 and 2
 - ii) Either a division 3 singles race
OR
a division 3 doubles race
 - iii) Singles races AND doubles races for each of divisions 4 to 9.
- b) If a K1 competitor or a K2 crew ranked in division 1, 2 or 3 attends an event where there is no race scheduled for his or their division, the Race Organiser shall permit the competitor(s) to race in an alternative division

33) COMPETITORS

- a) Each club will be allowed as many competitors as it wishes.
- b) A paddler can only compete in one race in a qualifying event.

34) POINTS

- a) In regional races only those clubs within the region will score points. Paddlers from other regions will not be taken into account when calculating points except that their time will be used for the 110% calculations if they are the fastest boats not promoted.
- b) To be included for points, clubs must be affiliated to the British Canoe Union.

MARATHON RACING

- c) All competitors in both singles and doubles **must** show their singles ranking at race check-in. Competitors not doing so will not score points in the regional competition and may not count the race as eligibility to compete in the final.
- d) Only competitors racing in their club colours will score points.
- e) The points system will be as follows.
 - i) Divisions 1-9 singles and 1-9 doubles will count for points.
 - ii) Points will be awarded to each paddler in both singles and doubles - 20 for 1st, 19 for 2nd, 18 for 3rd and so on down to 2 points to all paddlers who finish within 110% of the time of the fastest boat not promoted in a singles race and within 110% of the winners' time in a doubles race. One point only will be awarded for paddlers who finish outside the 110% limit irrespective of their position. This to apply to all races except division 9 singles and doubles which will receive 20 for 1st, 19 for 2nd, 18 for 3rd and so on down to 2 points for all paddlers who finish.
 - iii) Transferred paddlers racing in a different division under the provisions of rule 25 will count for Hasler points but their times will not be used for the 110% calculations.
 - iv) Paddlers in a separate assessment race at a Regional Hasler event will not score Hasler points.
 - v) Each club will count its twelve best scoring paddlers from any divisions in any combination of K1/C1/K2 or C2. Doubles boats can be counted even if some of these boats contain just one paddler who is eligible for Hasler points for a particular club.
 - vi) At each event the club with the highest score will get 10 regional points in the regional competition, 9 for 2nd and so on.

35) RACE RESULTS

Race Organisers must report their results using the HRM computer programme. Race Organisers are encouraged to use the HRM programme at the race to complete entries and calculate results at the meeting. If this is not practicable, results must be recorded later onto the HRM for reporting to the MRC in compliance with rules 18 j) and k).

Rules Applying to the Hasler Final

- 36) The Hasler Final is a GROUP A Divisional race and all of rules 1-18 and 20-28 above shall apply except rule 26 (crew boats) that is replaced by rule 40.

37) CLUB ELIGIBILITY

- a) The top 4 scoring clubs from each region (8 clubs from the combined Midlands region) as determined by the regional Hasler competitions, plus a team from the Combined Services and from the Isle of Wight, may compete in the Hasler Final at the end of the season. Additionally a team from the host club (or from each host club if there are two organising clubs) may compete if they have not qualified from the regional competition.
- b) Each eligible club will be allowed as many competitors in the final as it wishes.

38) PADDLER ELIGIBILITY

- a) A paddler must compete in 3 qualifying events at his or her current ranking, during the season to be eligible for the final. There are exceptions for Div.1 senior men's kayak, Div.2 and above junior men's kayak, Div.3 and above women kayak, Div.4 and above junior women kayak and Div.3 and above canoe, who must compete in 2 qualifying events.
- b) Qualifying events are regional Hasler races and all assessment races for that season. This does not include races designated for the following Hasler season. Also a paddler may count competing in the National Championships on one or both days as one qualifying race. The previous Hasler Final does not count as a qualifying race.
- c) The qualification must be in the same type of boat (i.e. canoe or kayak).
- d) Paddlers are only eligible to paddle in a singles race at the Hasler Final if they have competed in 3 qualifying events in singles. The exceptions in rule 38(a) apply equally in this rule.
- e) A paddler can only compete in one race at the final.
- f) The Regional Marathon Adviser will check the eligibility of paddlers from his region for the final. The Race Records Officer will be able to produce listings on request to help clubs and Marathon Advisers carry out this task.

39) CLASSES

There will be races for each singles division 1 to 9 and each doubles division 1 to 9.

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40) COMPETING IN CREW BOATS

At the Hasler Final where crew members in doubles races are ranked in separate divisions they must race in the classification of the higher ranked paddler.

41) POINTS

- a) All competitors in singles and doubles **must** show their singles ranking on the entry form. Competitors not doing so will not score points.
- b) Only competitors racing in their club colours will score points.
- c) Point scoring at the final will be as described in rule 34e (i), (ii), (iii).
- d) Each club will count its six best scoring singles boats and its three best scoring doubles boats, provided that both of the crew are members of the same club.

42) TROPHIES

- a) **The Hasler Trophy** will be awarded to the club scoring the most points at the final
- b) **The Regional Trophy** will be awarded to the region with the highest aggregate score at the final from their three highest scoring clubs.
- c) **The Adam Thomasson Trophy** will be awarded to the winner of the Division 2 race at the final.
- d) **The Ross Warland Memorial Trophy** will be awarded to the highest placed junior in the Division 4 race at the final.
- e) **The Committee Cup** will be awarded to the highest placed junior woman K1 in the highest division at the final.
- f) **The Ken Pereira Cup** will be awarded to the highest placed junior C1 in the highest division at the final.
- g) **The Rhodes White Trophy** will be awarded to the Senior Man K1 with the fastest time over the 12 mile course.
- h) **The David Shankland Trophy** will be awarded to the Senior Woman K1 with the fastest time over the 12 mile course.
- i) **The Barber Trophy** will be awarded to the Junior K1 with the fastest time over the 12 mile course.
- j) **The Bill Sparks Trophy** will be awarded to the highest placed Veteran K2 at the final.

Rules Applying to the National Championships

- 43) The National Championships is a GROUP A race and all of rules 1-18 above shall apply.

44) DEFINITION

- a) The National Championships shall be called **The British National Open Marathon Racing Individual and Team Championships** and will identify the various National Champions.
- b) There must be at least 3 entries for a National Championship or Divisional race to take place.

45) PADDLER ELIGIBILITY

- a) Paddlers may compete in races specified for those of a higher ranking but will not be allowed to compete in races specified for those of a lower ranking. (E.g. an U18 may race as an U23 or Senior but not as an U16 or O34.)
- b) Senior and Veteran Women paddlers may compete in a doubles crew in Senior and Veteran Men's kayak races of the same or higher ranking.
- c) All ages are calculated at 1st January of the year of the Championships.

46) NATIONAL CHAMPIONSHIP CATEGORIES

- a) There will be separate races for men's kayak, women's kayak and men's canoe.
- b) **Senior paddlers** will race over a course of approximately 26km, in singles and doubles. The winners of these races shall be deemed the :-
 - i) Senior Men's National Kayak Marathon Champion of Great Britain
 - ii) Senior Women's National Kayak Marathon Champion of Great Britain.
 - iii) Senior Men's National Canoe Marathon Champion of Great Britain.
- c) **Paddlers aged under 23** will race over a course of approximately 26km, in singles and doubles. The winners of these races shall be deemed the :-
 - i) Under 23 Men's National Kayak Marathon Champion of Great Britain.
 - ii) Under 23 Women's National Kayak Marathon Champion of Great Britain.
 - iii) Under 23 Men's National Canoe Champion of Great Britain.
- d) **Paddlers aged under 18** will race over a course of approximately 20km, in singles and doubles. The winners of these races shall be deemed the :-
 - i) Under 18 Men's National Kayak Marathon Champion of Great Britain.

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- ii) Under 18 Women's National Kayak Marathon Champion of Great Britain
- iii) Under 18 Men's National Canoe Marathon Champion of Great Britain.
- e) **Paddlers aged under 16** will race over a course of approximately 13km, in singles and doubles. The winners of these races shall be deemed the :-
 - i) Under 16 Men's National Kayak Marathon Champion of Great Britain.
 - ii) Under 16 Women's National Kayak Marathon Champion of Great Britain
 - iii) Under 16 Men's National Canoe Champion of Great Britain.
- f) **Paddlers aged under 14** will race over a course of approximately 6.5km, in singles and doubles. The winners of these races shall be deemed the
 - i) Under 14 Men's National Kayak Marathon Champion of Great Britain.
 - ii) Under 14 Women's National Kayak Marathon Champion of Great Britain
 - iii) Under 14 Men's National Canoe Champion of Great Britain.
- g) **Paddlers aged under 12** will race over a course of approximately 3.5 km. The only competitors eligible for this event are paddlers in Lightning K1s ranked below Division 8. The winners of these races shall be deemed the:-
 - i) Under 12 Men's National Kayak Marathon Champion of Great Britain
 - ii) Under 12 Women's National Kayak Marathon Champion of Great Britain.
- h) **Paddlers aged under 10** will race over a course of approximately 3.5 km. The only competitors eligible for this event are paddlers in Lightning K1s ranked below Division 8. The winners of these races shall be deemed the:-
 - i) Under 10 Men's National Kayak Marathon Champion of Great Britain.
 - ii) Under 10 Women's National Kayak Marathon Champion of Great Britain.
- i) **Paddlers aged 34 or over:-** Kayak men and canoes will race over a course of approximately 20km and kayak women over a course of approximately 13 km in singles and doubles. The winners of these races shall be deemed the :-
 - i) Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Veteran Women's National Kayak Marathon Champion of Great Britain.
 - iii) Veteran Men's National Canoe Marathon Champion of Great Britain.
- j) **Paddlers aged 39 or over:-** Kayak men and canoes will race over a course of approximately 20km and kayak women over a course of approximately 13 km in singles. The winners of these races shall be deemed the :-
 - i) Over 39 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 39 Veteran Women's National Kayak Marathon Champion of Great Britain.
 - iii) Over 39 Veteran Men's National Canoe Marathon Champion of Great Britain.
- k) **Paddlers aged 44 or over** will race over a course of approximately 13km, in singles and doubles. The winners of these races shall be deemed the :-
 - i) Over 44 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 44 Veteran Women's National Kayak Marathon Champion of Great Britain.
 - iii) Over 44 Veteran Men's National Canoe Marathon Champion of Great Britain.
- l) **Paddlers aged 49 or over** will race over a course of approximately 13km, in singles. The winners of these races shall be deemed the :-
 - i) Over 49 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 49 Veteran Women's National Kayak Marathon Champion of Great Britain.
 - iii) Over 49 Veteran Men's National Canoe Marathon Champion of Great Britain.
- m) **Paddlers aged 54 or over** will race over a course of approximately 6.5km, in singles and doubles. The winners of these races shall be deemed the :-
 - i) Over 54 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 54 Veteran Women's National Kayak Marathon Champion of Great Britain.
 - iii) Over 54 Veteran Men's National Canoe Marathon Champion of Great Britain.
- n) **Paddlers aged 59 or over** will race over a course of approximately 6.5km, in singles. The winners of these races shall be deemed the :-
 - i) Over 59 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 59 Veteran Women's National Kayak Marathon Champion of Great Britain.
 - iii) Over 59 Veteran Men's National Canoe Marathon Champion of Great Britain.
- o) **Paddlers aged 64 or over** will race over a course of approximately 6.5km, in singles and doubles. The winners of these races shall be deemed the :-
 - i) Over 64 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 64 Veteran Women's National Kayak Marathon Champion of Great Britain.
 - iii) Over 64 Veteran Men's National Canoe Marathon Champion of Great Britain.
- p) Where crew members in doubles races are in different categories they must race in a category for which they are both eligible.

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47) DIVISIONAL AND OPEN CATEGORIES

- a) There will be separate races in each of divisions 7, 8 and 9 in both singles and doubles.
- b) Paddlers will race in their ranked division irrespective of age, sex or boat type.
- c) Paddlers in singles and doubles divisions 7, 8 & 9 shall race over a course of approximately 6.5km.
- d) The winners of these races shall be deemed Divisional Champions.
- e) There will be an Open Mixed K2 race for paddlers ranked in divisions 1 – 9 over a course of approximately 13km.
- f) The divisional and open K2 races are not available to juniors who should race in their appropriate National Championship category. See Rule 46 d), e), f), g) and h).
- g) Where crew members in a doubles race are ranked in different divisions the competition ranking shall be determined in accordance with rule 26.
- h) Where a race is inquorate [see rule 44b] the paddlers may transfer to another division as allowed by rule 25 but they will not be eligible for the Divisional Champion title or medals.

48) TEAM COMPETITION

- a) Points will be awarded per paddler both in singles and doubles races for National Championship categories - 20 points for the winner then 19, 18, 17 etc. down to one point for each finisher.
- b) All competitors in singles and doubles **must** show their singles ranking to be eligible for team points.
- c) Only competitors racing in their club colours will score points.
- d) A trophy, **The Spanish House**, will be awarded to the club scoring the most points at the National Championships counting all categories in Rule 46.
- e) A trophy, **The Spanish Galleon**, will be awarded to the club scoring the most points in the under 12 and under 10 age categories (Rules 46 (g) and (h)).

49) PROMOTIONS & DEMOTIONS

Although no automatic promotions will take place at the championships, the Marathon Committee may exercise their right under rules 27 and 28 to promote or demote on the basis of the results.

50) HASLER QUALIFICATION

The event will not count as a Regional Hasler event nor be used to allocate points for Regional Hasler competitions. However it may be counted by a paddler as a qualifying race for the Hasler Final.

Rules applying to the Marathon Lightning Series

51) THE SERIES

- a) Race Organisers of Regional Hasler Trophy events are encouraged to include Lightning races that qualify for the Marathon Lightning Series in which teams compete for the Geoff Sanders Memorial Trophy.
- b) The series will run from 1 September each year for 12 months.
- c) Lightning races will not be used in determining the outcome of Hasler races.
- d) Lightning races will be included at the Hasler Final but will not be used to determine the outcome of the Hasler Trophy competition.

52) QUALIFICATION

- a) To qualify, paddlers must compete in a Pyranha Lightning Junior K1.
- b) Paddlers may compete in craft other than Lightnings but will not be eligible for race points. Race organisers should ensure they are entered in a 'Fun Race', to avoid confusion.
- c) No individual or club qualification is required for Lightning paddlers competing in the Lightning races held at the Hasler Final.
- d) All ages are calculated as at 1st January preceding the date of each race.
- e) Paddlers with a marathon ranking of Division 8 or higher shall not be eligible to compete in Lightnings.

53) COURSE

The course shall be 2 - 4 Km. with no hazards.

54) CLASSES

- a) There will be four classes: boys under 10; girls under 10; boys under 12; girls under 12.
- b) Race organisers are encouraged to award medals to the first three places in each class.

55) POINTS

- a) Points shall be awarded in each class at each event with 10 points for the winner, 9 points for second place and so on down to 1 point for each paddler who finishes.

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- b) Points shall be awarded in each class at the Hasler Final event with 20 points for the winner, 19 points for second place down to 2 points for each paddler who finishes.
- c) Points shall be awarded to all paddlers at a Lightning race irrespective of whether the paddler is paddling out of region.
- d) At the end of August in each year each paddler's best two scores will be included to form their club's total points score for that year. The points won in the Lightning classes held with the Hasler Final in September of that year will be added to that total.
- e) The winner of the Geoff Sanders Memorial Trophy will be the club with the highest number of points determined in d) above.

56) RESULTS

Results of all Lightning races should be forwarded to the Lightning Coordinator, to compile the Geoff Sanders Memorial Trophy results. Peter Jones, e mail: petercjones@blueyonder.co.uk.

57) SAFETY

- a) The wearing of life jackets or buoyancy aids is compulsory for all paddlers.
- b) The requirements of Rule 5 above must be observed in all respects.
- c) Race organisers must conduct a specific risk assessment for Lightning class races and, taking into account their age and experience, provide adequate safety cover over the whole course (e.g. rescue boats) where considered necessary.

58) PROMOTIONS

The Lightning programme aims to introduce young paddlers into marathon racing and it is important that paddlers do not remain too long in the class. Paddlers in the under 12 age group will therefore be monitored and, having scored more than 40 points in a season, be recommended by the Lightning Marathon Coordinator to transfer to Division 9 K1.

As part of their long term development young paddlers are encouraged to compete in Division 9 races without affecting their eligibility to race in Lightnings.

59) RACE LEVY/EVENT TICKET

- a) Lightning races are classed as Group C races: no race levy will be charged.
- b) Paddlers who are not BCU members or not members of a BCU affiliated club with a registered youth section shall be issued with an Event Ticket to provide insurance cover. The BCU has agreed not to make a charge for the Event Ticket for Lightning paddlers.
- c) To promote racing at this introductory level, the MRC recommends a standard entry fee of £2.50.

Rules applying to the 5K Series

60) THE SERIES

It is understood that this is the start of a formal arrangement which will operate around the country from the beginning of 2010. The main objectives are

- a) Mass starts to teach paddlers to get off the line quickly and get into an appropriate group as soon as possible, in a bumpy water environment.
- b) Larger groups to teach paddlers to race effectively in groups.
- c) Minimum administration.
- d) Minimum number of classes.
- e) Minimal cost.

61) RACES

In 2010, these races will be held on a pilot basis with at least two races in each region. These will be logged with the Secretary of the BCU Marathon Committee and will appear on the Marathon website.

62) RULES

- a) 5K racing will be governed by the rules of the BCU Marathon Committee as set out in the Flatwater Racing Handbook 2010 and any subsequent issues.
- b) These races fall under rule 3)b)ii) 'Races and time trials approved by the Marathon Committee but not in the divisional system'.

63) RACE LEVY/BCU MEMBERSHIP

- a) The race levy must be paid. The levy will apply to the event, not the number of races a paddler competes in on that day.

MARATHON RACING

- b) Entrants must be comprehensive members of the BCU or junior members of a club with a registered youth section.
- c) Membership must be confirmed with entry or at time of booking in.

64) THE COURSE

- a) The course will be as close as possible to 5 kilometres. A GPS should be used to measure the length of the course, to enable time comparisons to be made throughout the country.
- b) There will be a minimum of one and a maximum of two turning points that will be in an anti-clockwise direction. There should be three buoys marking the turn in an even arc. It is acceptable for one of the turning points to be used twice.
- c) The course can be on any kind of water, but bear in mind the basic objective of teaching paddlers to race in large groups. Therefore, wherever possible, there should be as large an expanse of water as possible.
- d) The recommended race day is Saturday, although this is not compulsory.

65) CATEGORIES

- a) There will be the following categories: senior men, senior women, junior men, junior women, veteran men and veteran women.
- b) All categories will be able to compete in the following craft: K1, K2, C1 and C2.
- c) There will be two sets of starts, for singles and doubles, to allow all paddlers to enter both races should they so wish.
- d) To achieve mass starts four starts are recommended:
 - In the first starts -
 1. Junior, senior and veteran men K1;
 2. Junior, senior and veteran women K1 plus C1;
 - In the second starts -
 3. Junior, senior and veteran men K2;
 4. Junior, senior and veteran women K2 plus C2.

The Race Organiser has discretion either to split starts into smaller groups or to combine starts where it is considered the numbers of competitors or the nature of the course make this appropriate.

66) RANKINGS

- a) Results including times will be sent to Sue Hawthorn (email suehawthorn@btinternet.com) to enable her to compile a rankings list on a time-elapsed basis, initially for K1.
- b) The ranking list will be updated and published on the marathon website as soon as possible after an event.
- c) The top ranking paddler in each category will receive a trophy provided by the MRC at the end of each season. The season will be the same as the Hasler season.

67) ENTRY FEES

Entry fees are to be fixed at £5 for seniors and £3 for juniors per competition, not per race.

PART C - THE STARTING OF ASSESSMENT RACES, NATIONAL CHAMPIONSHIPS RACES AND HASLER FINALS RACES

There is a necessity to maintain the standard of starting at assessment races and major championships. The following will apply to all assessment races, to all races at the National Championships and to all races at the Hasler Finals.

1. REQUIREMENTS

- a) The start line should be clearly defined on both banks.
- b) A clearly defined marshalling line must be established behind the start line.
- c) The race must be started by a person drawn from the approved starters list, who will have an experienced assistant.
- d) The marshalling line should be controlled by at least two experienced officials.
- e) The above should all be equipped with PA equipment or loud hailers that it is the responsibility of the race organiser to provide.

MARATHON RACING

2 STARTING PROCEDURE

- An audible warning will be given 5 minutes before the first start. From that time on, no paddler is to pass in front of the marshalling line. All paddlers who are already in front of the marshalling line have 3 minutes to get behind it.
- A second audible warning will be given 2 minutes before the first start. Any paddler in front of the marshalling line will be penalised. No paddler is to go in front of the marshalling line until instructed by the marshal.
- Once released by the marshal, the paddlers will be under the starter's control. Any paddler going in front of the start line before the 'GO' will be penalised.
- For each contravention of the above rules, a 2 minute penalty will be imposed.
- Note that the Marathon Team selectors have been instructed by the Executive Committee that they should use the results INCLUDING any penalty, as the basis for selection.

3. APPROVED STARTERS LIST

Roland Lawler	Andy Rawson	David Green	Shaun Caven
Paul Ralph	Brian Chapman	Alan Laws	Margaret Chapman
George Oliver	Jim Rossiter	Tamsin Phipps	Melvin Swallow
Brian Greenaway	Dave Phillips	Alan Williams	Sarah Swallow
Andrew Dawson	Alan Feldus		

PART D - RECOMMENDATIONS

These recommendations are to help clubs run well-organised races. You should not attempt to run a race without having attended others first.

1) ADVANCE INFORMATION

Advance information should at least contain the following details.

- Name, date and status of the race.
- Name of the organising body.
- Closing date for entries and whether or not late entries will be accepted.
- Person to whom entries and enquiries should be sent, with address, phone number and email.
- Entry fees and to whom these should be payable.
- An entry form asking for full details of competitors, though entries using the HRM system should be encouraged.
- Locations of start and finish, and directions for getting to these places.
- Check-in, briefing and start times.
- Brief description of the course.
- Any special regulations that competitors should be aware of before they arrive.
- Any major changes since last year.

2) SAFETY

Safety measures are largely at the discretion of the organiser, since courses and conditions vary considerably. All paddlers ranked in Divisions 7, 8 and 9 or competing in Lightning and fun races must wear a buoyancy aid [Rules 5 (a)(v) and 57 (a)]. Make sure you have adequate safety cover for all Lightning races. On the open sea it is wise to insist on buoyancy aids for all. On open water, rescue boats are very important. Ensure that no-one is stranded or lost halfway round the course; it is important to account for all competitors. On calm water it is usually sufficient to have a back marker paddling the course.

3) BRIEFING AND CONTROL

- Deliver a briefing shortly before the race. Explain the starting procedure; starting order; describe any special features and hazards of the race course and emphasise any special regulations.
- Check that all boats are numbered clearly. It is the competitor's responsibility to number his boat, but it does make the finishers' job easier if number plates are legible. Provide large permanent marker pens at check-in.
- Use the starting order listed in Section 4.
- Make sure the course is clearly marked at all points where there could be doubt. Position marshals at turning points to check against a start list. Have clearly identifiable marshals at portages and shoots. The marshals should keep the passage clear for competitors, keep spectators and competitors off forbidden land and report any misdemeanours to race control. A marshal's directions should override any prior instructions.

MARATHON RACING

4) STARTING ORDER

- a) The start order of the various classes or divisions can have a significant effect on the race results. The general principle is to start the fastest classes first and the slowest classes last. This minimises the chance of fast boats paddling through slower classes, picking up stragglers on the wash and dragging them back to the class leaders.
- b) The following is the recommended start order. Not all these classes will necessarily run at any one race.

Division 1 K2	Division 4 K2	Division 7 K2
Division 2 K2	Division 5 K2	Division 8 K2
Division 1 K1	Division 4 K1	Division 7 K1
Division 3 K2	Division 6 K2	Division 9 K2
Division 2 K1	Division 5 K1	Division 8 K1
Division 3 K1	Division 6 K1	Division 9 K1

- c) For 2010, Assessment Races will have two starts – (a) Senior and Junior Men; (b) Senior and Junior Women and Canoes. If the fields are very large a member of the Selection Committee will advise the starting order.

5) STARTING

- a) A clean start is important but difficult to achieve. The starter must be clearly heard (use a megaphone if necessary) and must be firm but fair. Use a pre-start line to ensure that all paddlers in a given class are together. The class can then be called slowly onto the start, make them stop paddling before the line is reached. When you have them in a fair line start without delay, say "READY GO".
- b) In Regional Divisional races each class of six or more boats must start separately (Rule 24). Do not attempt to overcrowd the start line. If necessary have two starts for a large division or class.
- c) Record the start time of each class. Allow at least 2 minutes between starts. Do not use a system which relies on a set start time – it is more important for the start to be fair.
- d) Note that there is a panel of approved starters [Section C (3)] who can be approached for help.

6) TURNS

- a) Clearly mark all turns. Use a buoy or buoys at each turn. Make sure these are clearly distinguishable. A clear description and location of the turn buoys must be given at the briefing.
- b) All turns should be properly marshalled. Each turn marshal should have a list of the race numbers which started and is responsible for checking that each boat properly completes the turn. A list of boats which did not complete the turn and a written report of the incidents at the turn must be provided promptly to the race control.

7) FINISHING & RESULTS

- a) Have a clearly marked finishing line. Signify a crossing of the line audibly by bell, whistle or hooter.
- b) Have a reliable, readable clock and a back-up in case of malfunction.
- c) Have a shelter in case it rains.
- d) **Recording the finishing times and positions is the most important job you will do.**
- e) **Prepare in advance with numbered sheets. Have spare pens/pencils.**
- f) Record the number and order of every boat as it passes the finishing line. Two tried and tested methods are:
 - (i) Have lined sheets, marked into two columns with one person writing the boat numbers and another the finish time. If possible have a third person calling out the finishing times. Number all finish pages to avoid confusion, OR
 - (ii) Have a team of three. Two work together, one calling boat numbers whilst the other records the number and time. The third person works independently recording the numbers in finishing order.

We do not recommend having the times written on one set of sheets and the numbers separately written on another set and then trying to match these together.
- g) A further fail-safe is to have a tape recorder at the finish line. Give the recorder to one of the finish team and tell them to 'talk' every boat over the line, giving number and time.
- h) At all Hasler events you must use the Hasler Race Management computer programme (HRM) to produce your results. If possible use the HRM at the race. This will automatically calculate the elapsed time and finishing order of all boats, all singles promotions and the Hasler points. The results will be produced in the format required by the Race Records Officer. The HRM is designed for Hasler races and can be downloaded from the Marathon Canoeing website. If you want any help with the HRM please contact your Regional Adviser.
- i) Whether using the HRM or a manual system, have someone indoors to produce the results. Arrange a system for displaying the results as soon as you know them. Errors can be queried before prize giving. Hold the prize giving as soon as possible.

MARATHON RACING

8) AFTER THE EVENT

- a) After the event is over the final result sheet needs to be produced. Keep all manual start and finish sheets as back-up.
- b) If you have run a Hasler event you must return your results using the HRM. This automatically produces the results in the correct format.
- c) Where possible, please send results by e-mail. For regional Hasler races send your results to your Regional Adviser, Race Records Officer and Rankings Officer within 7 days. Send provisional results to wiki.daniels@googlemail.com within 2 working days so that they get displayed on the marathon website. For all addresses, see page F3. If sending hard copies by post, please send three copies of the results to your Regional Adviser and one copy direct to the Rankings Officer. For other races send a copy of the results to the Race Records Officer.
- d) The race levy should be sent to the Marathon Racing Committee treasurer. See rule 13. Levy to be remitted within 7 days.
- e) Send Event Ticket money to the BCU HQ, Bingham together with the name, post code etc. of those who have paid for an event ticket, on the form provided by the BCU.

PART E - VENUE AND ORGANISATIONAL CRITERIA FOR THE NATIONAL CHAMPIONSHIPS AND THE HASLER FINALS

The Marathon Committee will look to the following ideal criteria when considering applications for the hosting of the National Championships and the Hasler Finals. Any club wishing to host the National Championships or the Hasler Finals will be expected to make a short presentation to the Annual Consultative Meeting or to the Marathon Committee outlining their proposals for the course and organisation to meet these criteria.

1) THE COURSE

- a) The course should be wide enough at the start to provide a fair start for all paddlers. It should also be wide enough throughout its length for competitors to overtake and pass each other in opposite directions.
- b) The course should be capable of being paddled in an understern rudder boat.
- c) Portages should allow a minimum of 12 metres at the 'get out' and 'get in' points. Portages should not be of excessive number or length.
- d) Access to portage areas for spectators should be good with adequate parking, or pool transport should be provided.
- e) The course should be reasonably accessible for spectator viewing.
- f) There should not be too many other conflicting water users.

2) ORGANISATION

- a) The organising club(s) should have a proven track record in organising normal Divisional marathons.
- b) The venue should have good access by road and not be too far for the majority of paddlers to travel.
- c) There should be adequate camping facilities nearby, particularly for the two day National Championships.
- d) There should be adequate parking at the start and finish.
- e) There should be adequate covered checking-in and refreshment areas at the start and finish and a results display area.
- f) There should be adequate toilet facilities at the start and finish areas.
- g) There should be an adequate PA system at the start, briefing and prize giving areas.
- h) There should be adequate First Aid cover in appropriate areas.
- i) The starting of all races is to be as the procedure set out in PART C.
- j) There should be a computerised results facility capable of showing class results and team scores immediately after the races.
- k) Prizes at the National Championships will be the official BCU National Marathon Championship medals and Divisional medals.
- l) Prizes at the Hasler Finals will be the official BCU Hasler Finals medals.

BCU MEMBERSHIP AND EVENT TICKETS

All seniors and veterans must be full members of the BCU if they wish to race in a Marathon event that has been advertised in the Calendar. Juniors who are ranked in division 6 or above must also hold individual comprehensive BCU youth membership.

MARATHON RACING

A junior club member need not be a full member of the BCU in order to race in the lower divisions (7, 8 & 9) of the Marathon racing system or in the other 2 categories of marathon races. He / she must, however, be a member of a club with a registered junior section and the number used for his or her identification will be the club's affiliation number followed by the paddler's own individual club number. However, the club abbreviation followed by the paddler's club number is easier and preferred by the Records Officer, both for identification and ease of recording. i.e. LIN/005, CHE/017. Note that event tickets are also required for Lightning paddlers who are neither BCU members nor a member of a club with a registered junior section but the Event Ticket is issued to Lightning paddlers without charge.

Any junior promoted into a higher division (6 & upwards) must then become a full member of the BCU.

Race Organisers MUST still check that a competitor's membership is current either by photocopy of the membership card with the entry or by seeing the card on the day of the race.

If the card is unavailable or forgotten the paddler must purchase an "Event Ticket" as a "stop gap" but only once per season. The records officer carries out a check on event ticket issue for all race results and those paddlers abusing this system will be penalised.

The system is as follows:

1. The tickets are for use by non-members at the entry level only of National Competitions requiring membership e.g. Divisional Racing.
2. For use at a BCU event when the organiser believes a participant may be a member but the member cannot provide proof by way of a membership card.
3. Event organisers charge the current rate set by the BCU, which will be sent to the BCU HQ, Nottingham within 7 working days of the event.
4. Event Ticket fees are not refundable.
5. The overall consideration is to encourage, in the best possible way, membership of the Country's Governing Body for Canoesport.

MARATHON RACING NATIONAL CHAMPIONSHIP TROPHIES

K2 Shield		Presented to the Senior K2 National Champions	
1957	J. Nicholls	E. Carmichael	West London C.C.
1958	J. Shelston	R. Lowery	Richmond C.C.
1959	J. Shelston	R. O'Keefe	Richmond C.C.
1960	R. Payne	Y. Allen	22nd SAS C.C.
1961	B.R. Smith	J.L.P. Dalton	C.T.C.
1962	A. Akeed	D.C. Arnold	Royal Marines C.C.
1963	L. Oliver	M. Parker	Lincoln C.C.
1964	S. Hollier	R. Wade	Hatfield Y.C.
1965	L. Oliver	M. Parker	Lincoln C.C.
1966	T. Kirkby	M. Bosher	Royal C.C.
1967	A. Miller	T. Sowman	Harlow C.C.
1968	A. Edwards	L. Oliver	Lincoln C.C.
1969	M. Mean	L. Bolam	
1970	C. Evans	A. Alun-Williams	R.M.C.C.
1971	M. Bosher	B. Greenaway	Richmond C.C.
1972	N. Mason	T. Speaight	Nottingham K.C.
1973	N. Jackson	D. Smith	Grap. / Worcester
1974	J. Fowler	A. Williams	Royal C.C.
1975	J. Fowler	A. Williams	Royal C.C.
1976	J. Fowler	A. Williams	Royal C.C.
1977	S. Brown	B. Haynes	Nottingham / Royal
1978	J. Fowler	A. Williams	Royal C.C.
1979	J. Fowler	A. Williams	Royal C.C.
1980	J. Fowler	A. Williams	Royal C.C.
1981	J. Fowler	A. Williams	Royal C.C.
1982	A. Williams	C. Canham	Royal C.C.
1983	A. Williams	S. Jackson	Royal / Army
1984	A. Williams	S. Jackson	Royal / Army
1985	P. Wells	A. Croucher	Richmond / Wey
1986	Ivan Lawler	A. Williams	Elmbridge / Royal
1987	Ivan Lawler	Graham Burns	Elmbridge C.C.
1988	P. Wells	M. Wells	Richmond C.C.
1989	C. Ballard	R. Kinch	Lichfield / Oxford
1990	P. Wells	G. Dresser	Richmond / Royal
1991	C. Ballard	G. Slater	Lichfield
1992	Ivan Lawler	Grayson Bourne	Elmbridge C.C.
1993	J. Butler	S. Bagshaw	Nottingham K.C.
1994	Ivan Lawler	Steve Harris	Elmbridge C.C.
1995	Stuart West	James Butler	RLS / Nottingham
1996	Ivan Lawler	Steve Harris	Elmbridge C.C.
1997	James Block	James Butler	Nottingham K.C.
1998	Stephen Baker	Steve Harris	Elmbridge C.C.
1999	Ivan Lawler	Conor Holmes	Elmbridge C.C.
2000	Simon Dark	David Coulson	BOA / Reading
2001	Conor Holmes	James Block	Elmbridge / Nottingham
2002	Paul Slater	Paul Prestwood	Gailey
2003	Paul Slater	Paul Prestwood	Gailey
2004	Paul Slater	Paul Prestwood	Gailey
2005	Ivan Lawler	Ben Brown	Elmbridge
2006	Ben Brown	John Sawers	Elmbridge
2007	Andrew Daniels	Edward Cox	Reading / Wey
2008	Ivan Lawler	Ben Farrell	Elmbridge
2009	Ben Brown	Jonathan Boyton	Elmbridge/Royal

MARATHON RACING NATIONAL CHAMPIONSHIP TROPHIES

Wilkinson Sword

Presented to the Senior K1 National Champion

1979	Brian Greenham	Reading & LP	1994	Gary Mawer	Richmond
1980	K.Smith	Warren	1995	Simon Dark	Bradford/Avon
1981	K.Smith	Warren	1996	Ivan Lawler	Elmbridge
1982	Alan Williams	Royal	1997	James Butler	Nottingham
1983	Alan Williams	Royal	1998	Greg Slater	Lichfield
1984	Alan Williams	Royal	1999	Ivan Lawler	Elmbridge
1985	Alan Williams	Royal	2000	Conor Holmes	Elmbridge
1986	Ivan Lawler	Elmbridge	2001	Conor Holmes	Elmbridge
1987	Ivan Lawler	Elmbridge	2002	Ivan Lawler	Elmbridge
1988	Ivan Lawler	Elmbridge	2003	Paul Slater	Gailey
1989	Duncan Blythe	Royal	2004	Paul Slater	Gailey
1990	Duncan Blythe	Royal	2005	Ivan Lawler	Elmbridge
1991	I.Timbrell	Fowey River	2006	Ben Brown	Elmbridge
1992	Ivan Lawler	Elmbridge	2007	Andrew Daniels	Reading
1993	James Butler	Nottingham	2008	Ben Farrell	Elmbridge
			2009	Ben Brown	Elmbridge

The Long Distance Racing Challenge Trophy

Presented to the Winner of Division 1 K1 at the National Championships

1956	C.Cautier	Weston Bay	1983	Alan Williams	Royal C.C.
1957	A.Waterhouse	Royal C.C.	1984	Alan Williams	Royal C.C.
1958	R.O'Keefe	Richmond	1985	Alan Williams	Royal C.C.
1959	B.Smith	C.T.C.	1986	Ivan Lawler	Elmbridge
1960	D.Shankland	Llandaff	1987	Ivan Lawler	Elmbridge
1961	J.Richards	Worcester	1988	Ivan Lawler	Elmbridge
1962	Alan Edwards	Worcester	1989	Duncan Blythe	Royal C.C.
1963	S.Smith	Worcester	1990	Duncan Blythe	Royal C.C.
1964	S.Smith	Worcester	1991	I.Timbrell	Fowey
1965	P.Gardner	Riverside	1992	Ivan Lawler	Elmbridge
1966	C.Evans	Royal C.C.	1993	James Butler	Nottingham
1967	C.Evans	Royal C.C.	1994	Gary Mawer	Richmond
1968	P.Lawler	Royal C.C.	1995	Simon Dark	Bradford/Avon
1969	N.Jackson	Grappenhall	1996	Ivan Lawler	Elmbridge
1970	N.Jackson	Grappenhall	1997	James Butler	Nottingham
1971	N.Jackson	Grappenhall	1998	Greg Slater	Lichfield
1972	Norman Mason	Nottingham	1999	Ivan Lawler	Elmbridge
1973	D.Lawrence	Royal C.C.	2000	Conor Holmes	Elmbridge
1974	Norman Mason	Nottingham	2001	Conor Holmes	Elmbridge
1975	Norman Mason	Nottingham	2002	Ivan Lawler	Elmbridge
1976	Norman Mason	Nottingham	2003	Paul Slater	Gailey
1977	Brian Greenham	Reading & L.P.	2004	Paul Slater	Gailey
1978	Brian Greenham	Reading & L.P.	2005	Ivan Lawler	Elmbridge
1979	Brian Greenham	Reading & L.P.	2006	Ben Brown	Elmbridge
1980	K.Smith	Warren C.C.	2007	Andrew Daniels	Reading
1981	K.Smith	Warren C.C.	2008	Ben Farrell	Elmbridge
1982	Alan Williams	Royal C.C.	2009	Ben Brown	Elmbridge

MARATHON RACING NATIONAL CHAMPIONSHIP TROPHIES

Nottinghamshire County Council Cup

Presented to the Senior Lady K1 National Champion

1995	S.Bennett	Fladbury	2002	Yael Ford	Tonbridge
1996	Anna Hemmings	Elmbridge	2003	Joanne Bates	Elmbridge
1997	Tricia Davey	Richmond	2004	Joanne Bates	Elmbridge
1998	Lucy Hardy	Fladbury	2005	Tricia Davey	Richmond
1999	Tina Parsons	Nottingham	2006	Anna Hemmings	Elmbridge
2000	Andrea Dallaway	Elmbridge	2007	Anna Hemmings	Elmbridge
2001	Anna Hemmings	Elmbridge	2008	Louisa Sawers	Elmbridge
			2009	Claire Gunney	Wey

Ladies Plate

Presented to the Senior Ladies K2 National Champions

1995	Tamsin Phipps	W.Lester	Reading
1996	Helen Gilby	Alison Thorogood	Elmbridge / Newham
1997	Sonia Bapty	Tricia Davey	Reading / Richmond
1998	Andrea Dallaway	Helen Gilby	Elmbridge Canoe Club
1999	Sonia Bapty	Alison Thorogood	Reading / Leaside
2000	Andrea Dallaway	Helen Gilby	Elmbridge Canoe Club
2001	Andrea Dallaway	Abigail Cattle	Elmbridge / Reading
2002	Joanne Bates	Rosalind Bates	Elmbridge Canoe Club
2003	No Race		
2004	Joanne Bates	Claire Hynds	Elmbridge Canoe Club
2005	Joanne Bates	Nicola Taylor	Elmbridge Canoe Club
2006	Anna Hemmings	Nicola Taylor	Elmbridge Canoe Club
2007	Anna Hemmings	Louisa Sawers	Elmbridge Canoe Club
2008	Louisa Sawers	Hayleigh Mason	Elmbridge / Nottingham
2009	Louisa Sawers	Lani Belcher	Elmbridge

Junior K2 Shield

Presented to the U18 Men's K2 National Champions

1995	A.Morgan	Nick Fowler	Banbury / Reading
1996	Daniel Golder	Damien Chapman	Banbury / Nottingham
1997	Damien Chapman	Peter Burbridge	Nottingham / Reading
1998	Paul Prestwood	Daniel Matthews	Gailey
1999	Adam Kennedy	Tim Sowry	Fladbury / Elmbridge
2000	Ed McKeever	Alistair Rosier	Bradford on Avon
2001	Andrew Kelly	Simon Fennemore	Royal / Wey
2002	Ben Brown	Paul Wycherley	Elmbridge / Wey
2003	John Sawers	Michael Goodall	Elmbridge Canoe Club
2004	James Dougall	Matthew Guy	Leighton Buzzard C.C.
2005	Andrew Daniels	Allen Spencer	Reading / Hereford
2006	Tom Hide	Ben Parfitt	Addlestone / Elmbridge
2007	Dean Terry	Mark Childerstone	Wey Kayak Club
2008	Tom Hide	Edward Rutherford	Addlestone / Elmbridge
2009	Matthew Welch	Tom Simmons	Wey/Bradford on Avon

MARATHON RACING NATIONAL CHAMPIONSHIP TROPHIES

The Sella Cup

Presented to the U18 Men's K1 National Champion

1990	A. Richardson	Royal	2000	Andrew Kelly	Elmbridge
1991	S. Jenson	Richmond	2001	Andrew Kelly	Royal
1992	Paul Slater	Lichfield	2002	Paul Wycherley	Wey
1993	M. Bull	Nottingham	2003	Paul Wycherley	Wey
1994	Richard Golder	Banbury	2004	Allen Spencer	Hereford
1995	Lee Pilgrim	Bark. & Dag.	2005	Andrew Daniels	Reading
1996	Damien Chapman	Nottingham	2006	Andrew Daniels	Reading
1997	Damien Chapman	Nottingham	2007	Edward Rutherford	Elmbridge
1998	Craig Watt	Elmbridge	2008	Edward Rutherford	Elmbridge
1999	Scott Kemper	Gailey	2009	Mark Childerstone	Wey

The Pontevedra Cup

Presented to the U18 Women's K1 National Champion

2008	Victoria Croucher	Wey
2009	Jenny Illidge	Runcorn

Silver Birdbath

Presented to the Under 14 Boy's K2 National Champions

1981	M. Adams	S. Rust	Royal / Leicester
1982	M. Adams	S. Rust	Royal / Leicester
1983	G. Lovell	G. Adams	Royal C.C.
1984	S. Day	A. Barkway	Sta. / N.S.S.
1985	J. Wilson	C. Murray	Anker Valley
1986	A.M. Richardson	J. Farnham	Royal / Elmbridge
1987	A.M. Richardson	J. Farnham	Royal / Elmbridge
1988	S. Jenson	P. Slater	Richmond / Gailey
1989	Brian Hemmings	David Smith	Elmbridge
1990	David Smith	Ian Sargeant	Elmbridge
1991	Nick Fowler	B. Reece	Fladbury
1992	Daniel Golder	J. Perrier	Banbury / Bishop Stortford
1993	Damien Chapman	Joel Wilson	Nottingham / Chester
1994	Joel Wilson	Adam Kennedy	Chester / Fladbury
1995	Dean O'Conner	Adam Kennedy	Barking / Fladbury
1996	Richard Darby Dowman	Ben Farrell	Elmbridge C.C.
1997	Greg Edwards	Tom Bainbridge	Worcester / Harlow
1998	A. Barry	James Garlick	Chelmsford / L. Buzzard.
1999	James Garlick	Ed Cox	L. Buzzard / Wey
2000	Tom Daniels	Richard Etheridge	Reading / Wey
2001	Gavin Hickman	Allen Spencer	Chelmsford / Hereford
2002	Christian Pegley	Andrew Daniels	Elmbridge / Wokingham
2003	Ben Holmes	Pip Ede	Worcester / Reading
2004	Edward Rutherford	Daniel Barber	Elmbridge Canoe Club
2005	Dean Terry	Mark Childerstone	Maidstone / Wey
2006	Peter Wilkes	Mark Wilkes	Chelmsford Canoe Club
2007	Jonathan Tye	Tom Deacon	Worcester / Addlestone
2008	Jake Thomas	Alex Loveday	Elmbridge Canoe Club
2009	Jack Childerstone	Edmund Haws	Wey Kayak Club

MARATHON RACING NATIONAL CHAMPIONSHIP TROPHIES

The Espada Cup

Presented to the Under 14 Girl's K2 National Champions

1977	D.Sellwood	C.Darling	B.O.A.C.C./ Chichester
1978	Perrett	D.Sellwood	
1979	Holness	Lewis	
1980	Holness	Lewis	
1981	Holness	Lewis	
1982	Nicola Burns	A.Dawson	Elmbridge / Preston Bridge
1983	H.Rainsford	C.Kemp	Leighton B./ Fladbury
1984	Andrea Dallaway	C.Kemp	Lichfield / Fladbury
1985	A.Jennings	C.Kemp	Leighton B./ Fladbury
1986	J.Fisher	R.Leverett	Lincoln C.C.
1987	Tricia Davey	J.Miller	Richmond / Shoreham
1988	R.Giles	B.Cambell	Fladbury C.C.
1989	K.Russell	Anna Hemmings	Elmbridge C.C.
1990	Anna Hemmings	Jenny Dyball	Elmbridge C.C.
1991	Rachel Train	Lucy Hardy	Fladbury C.C.
1992	S.Griffith	Carly Andrews	Fladbury / Solihull
1993	Carly Andrews	Elaine Appleby	Solihull / Leighton Buzzard
1994	Cathy Jones	Elaine Appleby	Leighton Buzzard C.C.
1995	Cathy Jones	Abigail Cattle	Leighton B / Reading
1996	Sharon Hayday	Nicola Taylor	Barking & Dagenham C.C.
1997	Jenny Spencer	Rebecca Hunter	Hereford Royal
1998	Zoe Burgess	Joanne Etheridge	Solihull / Wey
1999	Joanne Etheridge	L.Smith	Wey / Barking & Dagenham
2000	Hayleigh Mason	Harriet Farish	Nottingham K.C.
2001	Louisa Sawers	Rohan Battison	Elmbridge / Reading
2002	Alison Galloway	Rohan Battison	Reading
2003	Katie Whitehead	Jessica Walker	Chelmsford / Royal
2004	Emma Dougall	Jessica Walker	Leighton Buzzard / Royal
2005	Jenny Swallow	Caroline Rowlands	Chester
2006	Laura Ferguson	Stephanie Holmes	Banbury / Worcester
2007	Hazel Childerstone	Victoria Croucher	Wey K.C.
2008	Isobel Smith	Naomi Smith	Basingstoke Canal CC
2009	Rebecca Killip	Alison Martin	Richmond

The Spanish Galleon

Inter-Club K4 Racing

1991	Hereford K.C.
1992	Elmbridge C.C.
1993	Hereford C.C.
1994	Elmbridge C.C.
1995	Nottingham K.C.
1996	Nottingham K.C.
1997	Nottingham K.C.
1998 - 2003	No Race

The Spanish Galleon

(re-assigned)

National Championships

Lightning Team Trophy

2004	Banbury Canoe Club
2005	Banbury Canoe Club
2006	Southampton Canoe Club
2007	Leighton Buzzard C.C.
2008	Leighton Buzzard C.C.
2009	Lincoln Canoe Club

MARATHON RACING NATIONAL CHAMPIONSHIP TROPHIES

Ken Periera Memorial Trophy

Presented to the Senior C1 National Champion

1989	Ken Young	Nottingham Kayak Club
1990	No Race	
1991	Andrew Martin	Fladbury Canoe Club
1992	Andrew Martin	Fladbury Canoe Club
1993	No Race	
1994	Derek Hall	Reading Canoe Club
1995	Malcolm Lane	Royal Leamington Spa C.C.
1996	James Lee	Basingstoke Canal Canoe Club
1997	James Lee	Basingstoke Canal Canoe Club
1998	Steve Train	Fladbury Canoe Club
1999-2003	No Race	
2004	Richard Crooks	Leighton Buzzard Canoe Club
2005-6	No Race	
2007	John Badelek	Wey Kayak Club
2008	Yan Vorberger	Royal Leamington Spa C.C.
2009	No Race	

Open Canoe Association Shield

Presented to the Open TC2 National Champions (from 1996 C2)

1990	Karl Yurkwich	Attila Herbert	Royal Leamington Spa
1991-3	Not awarded		
1994	J. Bromley	Tibor Herbert	Royal Leamington Spa
1995	Not awarded		
1996	John. Badelek	Derek Hall	Wey / Reading
1997	James Lee	M. Parsons	Basingstoke / Wey
1998-9	Not awarded		
2000	Matt. Lawrence	Toby Shipway	Leighton Buzzard
2001	Matt. Lawrence	James Train	LBZ / Fladbury
2002-2009	No Race		

The Spanish House

National Championships Team Trophy

1990	Nottingham Kayak Club	2000	Elmbridge Canoe Club
1991	Nottingham Kayak Club	2001	Elmbridge Canoe Club
1992	Army Canoe Union	2002	Leighton Buzzard Canoe Club
1993	Nottingham Kayak Club	2003	Leighton Buzzard Canoe Club
1994	Nottingham Kayak Club	2004	Leighton Buzzard Canoe Club
1995	Nottingham Kayak Club	2005	Leighton Buzzard Canoe Club
1996	Nottingham Kayak Club	2006	Reading Canoe Club
1997	Kimbolton School	2007	Leighton Buzzard Canoe Club
1998	Nottingham Kayak Club	2008	Wey Kayak Club
1999	Nottingham Kayak Club	2009	Wey Kayak Club

MARATHON RACING – THE HASLER TROPHY

The story behind the Hasler Trophy

One of the most daring raids of World War Two took place on the night of 11th December 1942 in the enemy-occupied port of Bordeaux in France. Operation Frankton involved 12 men in six canoes being taken by submarine to a position 10 miles south of the Gironde estuary on 7th December. One of the canoes was ripped passing through the hatch of the submarine, but the other five then had an 85 mile paddle ahead of them. Two boats were lost in the tidal race and the remaining three carried on for three days, paddling in darkness and lying up during the day. One more boat hit a submerged rock and sank and the final two boats went on to Bordeaux harbour, where they attached their limpet mines and, assisted by the ebb tide, paddled silently back down the river. The mines detonated and severely damaged four vessels and sunk one. The four remaining men beached before reaching the sea, scuttled their canoes and travelled overland to try to reach safety. Two were captured, but Major 'Blondie' Hasler and Marine Bill Sparks made their way to Spain – the only two of the original ten who survived. Hasler was awarded the DSO and Sparks the DSM.



After the war, Hasler went on to found the Single Handed Transatlantic Yacht race after a bet with his friend Francis Chichester. The Hasler Trophy was presented by Lloyds Underwriters to commemorate the raid of the so-called 'Cockleshell Heroes' and has been competed for since 1957. Major Hasler died in 1987 and Bill Sparks died on 30th November 2002, only ten days short of the sixtieth anniversary of the raid. In 2003 the Marathon Committee decided to inaugurate a new trophy named in honour of Bill Sparks, which goes to the highest placed veteran K2 in the highest division at the Hasler Final.

Hasler Trophy

For Marathon Racing between clubs in annual competition under the auspices of the British Canoe Union

1957	Canoe Touring	1975	Nottingham	1993	Wey
1958	Richmond	1976	Reading & LP	1994	Not awarded
1959	Royal Leam Spa	1977	Fladbury	1995	Kirkaldy
1960	Royal Leam Spa	1978	Nottingham	1996	Elmbridge
1961	Worcester	1979	Nottingham	1997	Elmbridge
1962	Worcester	1980	Reading & LP	1998	Elmbridge
1963	Royal	1981	Fladbury	1999	Kirkaldy
1964	Lincoln	1982	Wey	2000	Elmbridge
1965	Lincoln	1983	Richmond	2001	Elmbridge
1966	Lincoln	1984	Wey	2002	Elmbridge
1967	Lincoln	1985	Elmbridge	2003	Elmbridge
1968	Harlow	1986	Richmond	2004	Elmbridge
1969	Richmond	1987	Worcester	2005	Elmbridge
1970	Richmond	1988	Harlow OP	2006	Reading
1971	Richmond	1989	Richmond	2007	Elmbridge / Wey
1972	Wey	1990	Wey	2008	Elmbridge
1973	Nottingham	1991	Worcester	2009	Norwich
1974	Nottingham	1992	Worcester		

The Regional Trophy

Awarded to the Region with the highest aggregate score from their three highest scoring clubs at the Hasler Final

1990	London & S. East	1997	London & S. East	2004	Southern Region
1991	London & S. East	1998	London & S. East	2005	Southern Region
1992	Southern Region	1999	Midlands Region	2006	London & S. East
1993	Midlands Region	2000	Eastern Region	2007	London & S. East
1994	Southern Region	2001	London & S. East	2008	Southern Region
1995	Scotland East	2002	Southern Region	2009	London & S. East
1996	Eastern Region	2003	Southern Region		

MARATHON RACING – THE HASLER TROPHY

Rhodes-White Trophy

Presented to the Senior Regional Champion with the most points in Division 1 at the Hasler Final. From 2009 to the fastest SMK1 over the 12 mile course

1962	S.Smith	Worcester CC	1986	Ivan Lawler	Elmbridge CC
1963	R.Wade	C.T.C.	1987	Guy Dresser	Royal CC
1964	P.Hastings	C.U.CC	1988	Greg Slater	Lichfield CC
1965	W.Machin	Gailey CC	1989	Nigel Brevitt	Lichfield CC
1966	S.Kitson	Dewsbury	1990	IanTimbrell	Fowey River
1967	D.Clarke	C.U.CC	1991	Greg Slater	Lichfield CC
1968	B.Greenaway	Richmond CC	1992	Greg Slater	Lichfield CC
1969	B.Gilliver	Soar Valley CC	1993	Greg Slater	Lichfield CC
1970	R.Davis	Itchin Valley CC	1994	Greg Slater	Lichfield CC
1971	D.Smith	Worcester CC	1995	Peter Maycock	Exeter CC
1972	T.Fieldus	Wey KC	1996	Dyson Pendle	Norwich CC
1973	K.Topham	Viking KC	1997	Conor Holmes	Elmbridge
1974	G.A.Truelove	Lichfield CC	1998	Dan Golder	Falcon CC
1975	R.G.Haynes	Riverside CC	1999	Greg Slater	Lichfield CC
1976	Keith Owen	B on a RC	2000	Ian Tordoff	Chester
1977	P.C.Watson	B on a RC	2001	Ian Tordoff	Chester
1978	Stan Missen	B on a RC	2002	Stephen Baker	Elmbridge
1979	J.Rosling	B on A RC	2003	Stephen Baker	Elmbridge
1980	Tim Cornish	Richmond CC	2004	Stephen Baker	Elmbridge
1981	Robin Belcher	Mercia CC	2005	Stephen Baker	Elmbridge
1982	Robin Belcher	Mercia C.C	2006	Ben Brown	Elmbridge
1983	Paul Wells	Richmond CC	2007	Andy Daniels	Reading
1984	Paul Wells	Richmond CC	2008	Not awarded	
1985	Robin Belcher	Adlington CC	2009	Robert Beer	Elmbridge

Adam Thomasson Trophy

Presented to the Winner of Division 2 K1 at the Hasler Final

1986	P.Evans	Lincoln	1998	Nigel Jones	Nottingham
1987	Simon Horsley	Deeside	1999	Nathan Johnson	Elmbridge
1988	Gary Quittenton	Lincoln	2000	Andrew Kelly	Elmbridge
1989	Norman Mason	Nottingham	2001	Simon Fennemore	Wey
1990	John Elliot	RDG & LP	2002	Tom Daniels	Reading
1991	Ian Tordoff	Chester	2003	Ben Brown	Elmbridge
1992	David Smith	Elmbridge	2004	Ben Brown	Elmbridge
1993	Steve Tingay	LBZ	2005	Andrew Daniels	Reading
1994	Tim Brabants	Elmbridge	2006	Robin Williams	Wey
1995	Andy Grimwood	Lincoln	2007	Edward Rutherford	Elmbridge
1996	Paul Darby Dowman	Elmbridge	2008	Mark Childerstone	Wey K.C.
1997	Damien Chapman	Nottingham	2009	Aaron Jordan	Maidstone

MARATHON RACING – THE HASLER TROPHY

Barber Trophy

Presented to the Junior Regional Champion who gains the most points in Division 2 at the Hasler Final. From 2009 to the fastest Junior K1 over the 12 mile course.

1973	G Holmes	Hove	1992	Not awarded	
1974	K Whitehurst	LPCC	1993	David Smith	Elmbridge
1975	Stan Missen	BOA	1994	Richard Golder	Banbury
1976	S Swaffield	AYL	1995	Not awarded	
1977	K Salisbury	RLP	1996	Peter Burbidge	Reading
1978	K Salisbury	RLP	1997	Not awarded	
1979	K Salisbury	RLP	1998	Tim Ralph	Reading
1980	Nicholas Gregory	WAR	1999	Nathan Johnson	Elmbridge
1981	Nicholas Gregory	WAR	2000	Andrew Kelly	Elmbridge
1982	David Battershell	Wey K.C.	2001	John Sawers	Elmbridge
1983	Not awarded		2002	Tom Daniels	Reading
1984	Not awarded		2003	Tom Daniels	Reading
1985	Fergus Murray	Richmond	2004	Tom Daniels	Reading
1986	John Elliott	RLP	2005	Andrew Daniels	Reading
1987	Oliver Morgan	Royal	2006	Philip Thorogood	Elmbridge
1988	Stuart West	Royal	2007	Not awarded	
1989	Simon Ricketts	Anker Valley	2008	Mark Childerstone	Wey K.C.
1990	Tony Richardson	Royal	2009	Not awarded	
1991	Tony Richardson	Royal			

David Shankland Trophy

Presented to the Lady Regional Champion who gains the most points in Division 3 at the Hasler Final. From 2009 to the fastest WK1 over the 12 mile course.

1966	M Tucker		1988	Sandra Troop	Nottingham
1967	A Huskisson		1989	Anna Ballard	Lichfield
1968	P Squires		1990	Anna Ballard	Lichfield
1969	P Squires		1991	Bernadette Pagon	Bristol
1970	E Staden		1992	Bernadette Pagon	BOA
1971	H Woodhouse		1993	Anna Ballard	Lichfield
1972	S Burnett		1994	Margaret Chapman	Kirkcaldy
1973	S Wright		1995	Not awarded	
1974	S Burnett		1996	Sonja Bapty	Reading
1975	Kath Nadai		1997	Helen Gilby	Elmbridge
1976	Lucy Perrett		1998	Not awarded	
1977	Lucy Perrett		1999	Abigail Cattle	Reading
1978	Wendy Clapham		2000	Andrea Dallaway	Elmbridge
1979	Gaye Clough		2001	Abigail Cattle	Reading
1980	Lucy Perrett	RLP	2002	Not awarded	
1981	Lucy Perrett	RLP	2003	Not awarded	
1982	Anne Plant	Lichfield	2004	Hayleigh Mason	Nottingham
1983	Lucy Perrett	RLP	2005	Anna Hemmings	Elmbridge
1984	Heather Brough	Worcester	2006	Louisa Sawers	Elmbridge
1985	Anne Plant	Lichfield	2007/8	Not awarded	
1986	Janine Lawler	Elmbridge	2009	Jenny Illidge	Runcorn
1987	Susie Perrett	RLP			

MARATHON RACING – THE HASLER TROPHY

Ross Warland Memorial Trophy

Presented to the highest placed Junior in the Division 4 race at The Hasler Final

2000	John Sawers	Elmbridge	2005	Tim Pendle	Norwich
2001	Ben Brown	Elmbridge	2006	Tom Sharpe	Exeter
2002	Andrew Daniels	Wokingham	2007	Jonathan Tye	Worcester
2003	Matthew Guy	Leighton B.	2008	Jake Thomas	Elmbridge
2004	Neil Williams	Royal	2009	Nico Kirchstein	Reading

The Committee Cup

Presented to the highest place junior woman K1 in the highest division at The Hasler Final

2003	Louisa Sawers	Elmbridge	2006	Louisa Sawers	Elmbridge
2004	Hayleigh Mason	Nottingham	2007	Stephanie Holmes	Worcester
2005	Louisa Sawers	Elmbridge	2008	Victoria Croucher	Wey
			2009	Jenny Illidge	Runcorn

Ken Periera Cup

Presented to the highest placed junior C1 in the highest division at The Hasler Final

2003	Richard Crooks	Leighton B.	2006	Gareth Hunt	Fladbury
2004	James Train	Fladbury	2007	Anthony Cayford	Bishops St.
2005	Roger Weir	Banbury	2008	Matthew Duck	Richmond
			2009	Iain Weir	Banbury

Bill Sparks Trophy

Presented to the highest placed veteran K2 in the highest division at The Hasler Final

2003	Leon Nicholson	James Hives	Woodmill C.C.
2004	Mike Hawthorn	Simon Davies	Worcester C.C.
2005	James Treadgold	Nick Daniels	Reading C.C.
2006	Phil Jenkins	Tim Scott	Norwich C C
2007	Adrian Croucher	Adrian Henson	Wey Kayak Club
2008	Roy Fieldus	Adrian Henson	Wey Kayak Club
2009	Jamie Mayers	Steve Marnell	Runcorn

Geoff Sanders Trophy

Presented to the club with the best Lightning results across the season, including the Hasler Final

2005	Banbury Canoe Club	2007	Leighton Buzzard Canoe Club
2006	Southampton Canoe Club	2008	Leighton Buzzard Canoe Club
		2009	Ealing Canoe Club

INTERNATIONAL MARATHON MEDALS

Prior to 1982 major international competition comprised the Grand Prix series of two or three races per year. In 1982 World Cups were introduced every year as the premier international event in addition to one or two Grand Prix.

From 1988 World Championships were introduced in alternate (even) years with World Cups remaining in alternate (odd) years. One or two Grand Prix races continued every year.

From 1995 European Championships were introduced in alternate (odd) years.

From 1998 World Championships were held every year, the old World Cups (in alternate odd years) ceased and the Grand Prix races were renamed as World Cups.

In 2001 Junior World Championships were introduced every year.

Marathon World Cups and World Championships			
1982	1st World Cups Remich- Grevenmacher Luxembourg	Men's K1 1 st Robin Belcher 2 nd Paul Wells Women's K1 2 nd Kath Nadal 3 rd Heather Brough C1 3 rd Ken Periera	Men's K2 1 st Paul Dimmock / Robin Ayres 3 rd Rod Kinch / John Day Women's K2 1 st Jane Jacobs / Lynne Davies
1983	2nd World Cups Copenhagen Denmark	Men's K1 1 st Robin Belcher	Men's K2 2 nd Rod Linch / Paul Lanighan Women's K2 1 st Ann Plant / Wendy Clapham
1984	3rd World Cups Shannon Ireland	Men's K1 1 st Rod Kinch 2 nd Alan Williams Women's K1 1 st Ann Plant C1 2 nd Steve Smith	Men's K2 1 st Paul Wells / Duncan Blythe 2 nd Adrian Croucher / Chris Ballard Women's K2 2 nd Gaye Clough / Wendy Clapham 3 rd Tracey Phillips / Heather Brough C2 3 rd Steve Train / Andy Train
1985	4th World Cups Remich- Grevenmacher Luxembourg	Men's K1 3 rd Robin Belcher Women's K1 1 st Ann Plant C1 3 rd Steve Smith	Men's K2 3 rd Chris Ballard / Greg Slater Women's K2 2 nd Christine Belcher / Gaye Clough C2 3 rd Marcus Gohar / Robin Williams
1986	5th World Cups Hardenburg Netherlands	Men's K1 2 nd Paul Wells Women's K1 1 st Ann Plant C1 2 nd Marcus Gohar 3 rd Robin Williams	Men's K2 2 nd Robin Belcher / Guy Dresser Women's K2 1 st Suzy Perett / Janine Lawler
1987	6th World Cups Shannon Ireland	Women's K1 1 st Ann Plant 2 nd Jackie Eastwood C1 2 nd Marcus Gohar 3 rd Robin Williams	Men's K2 2 nd Ivan Lawler / Graham Burns

INTERNATIONAL MARATHON MEDALS

Marathon World Cups and World Championships			
1988	1st World Championships Nottingham England		Men's K2 2 nd Ivan Lawler / Graham Burns C2 1 st Steve Train / Andy Train
1989	7th World Cups Crestuma Portugal	Men's K1 2 nd Duncan Blythe Women's K1 2 nd Anne Ballard	Men's K2 1 st Ivan Lawler / Graham Burns Women's K2 2 nd Janine Lawler / Jackie Eastwood C2 1 st Steve Train / Andy Train
1990	2nd World Championships Copenhagen Denmark		Men's K2 2 nd Ivan Lawler / Graham Burns
1991	8th World Cups Berlin Germany	Junior Men's K1 1 st Tony Richardson 2 nd Scott Hynds	Men's K2 1 st Ivan Lawler / Graham Burns Women's K2 3 rd Sandra Troop/ Maria Blumenthal C2 1 st Steve Train / Andy Train
1992	3rd World Championships Brisbane Australia	Men's K1 1 st Ivan Lawler	Women's K2 2 nd Sandra Troop/Maria Blumenthal
1993	9th World Cups Maribo Denmark	Men's K1 1 st Ivan Lawler Women's K1 3 rd Andrea Dallaway Junior Women's K1 1 st Anna Hemmings Junior C1 3 rd Malcolm Lane	Junior Men's K2 1 st David Smith / Brian Hemmings
1994	4th World Championships & Junior World Cups Amsterdam Netherlands		Men's K2 1 st Ivan Lawler / Steve Harris C2 2 nd Steve Train / Andy Train Junior Men's K2 1 st David Smith / Tim Brabants
1995	10th World Cups Unquera Spain	Women's K1 2 nd Anna Hemmings 3 rd Sonja Bapty	Men's K2 1 st Ivan Lawler / Steve Harris C2 1 st Steve Train / Andy Train
1996	5th World Championships & Junior World Cups Vaxholm Sweden	Women's K1 2 nd Anna Hemmings	Men's K2 1 st Ivan Lawler / Steve Harris C2 1 st Steve Train / Andy Train
1997	World Cups Final Bagsvard Denmark	Men's K1 3 rd Tim Brabants Women's K1 1 st Anna Hemmings Junior Men's K1 3 rd Damien Chapman	Men's K2 2 nd Ivan Lawler / Steve Harris Women's K2 1 st Sonja Bapty / Tricia Davey C2 1 st Steve Train / Andy Train

INTERNATIONAL MARATHON MEDALS

Marathon World Cups and World Championships			
1998	6th World Championships & Junior World Cups Cape Town South Africa	Men's K1 1 st Ivan Lawler Women's K1 2 nd Anna Hemmings Junior Men's K1 3 rd Joel Wilson	Men's K2 2 nd Tim Brabants / Conor Holmes Women's K2 3 rd Andrea Dalloway / Helen Gilby C2 1 st Steve Train / Andy Train Junior Men's K2 1 st Paul Prestwood/Danny Matthews
1999	7th World Championships & Junior World Cups Gyor Hungary	Men's K1 1 st Ivan Lawler Women's K1 1 st Anna Hemmings Junior Women's K1 2 nd Abigail Cattle	
2000	8th World Championships & Junior World Cups Dartmouth Canada	Junior Men's K1 3 rd Tim Sowry Junior Women's K1 1 st Jenny Spencer	Junior Men's K2 1 st Andrew Kelly / Tim Sowry
2001	9th World Championships & 1st Junior World Championships Stockton-on-Tees England	Women's K1 1 st Anna Hemmings	Women's K2 1 st Anna Hemmings / Helen Gilby
2002	10th World Championships & 2nd Junior World Championships Zamora Spain		
2003	11th World Championships & 3rd Junior World Championships Valladolid Spain	Women's K1 3 rd Jenny Spencer Junior Men's K1 1 st Ben Brown Junior Women's K1 3 rd Hayleigh Mason	
2004	12th World Championships & 4th Junior World Championships Bergen Norway	Junior Men's K1 1 st Paul Wycherley	
2005	13th World Championships & 5th Junior World Championships Perth Australia	Women's K1 1 st Anna Hemmings	Junior Men's K2 2 nd Andrew Daniels / Allen Spencer

INTERNATIONAL MARATHON MEDALS

Marathon World Cups and World Championships			
2006	14th World Championships & 6th Junior World Championships Tremolat France	Women's K1 1 st Anna Hemmings Junior Women's K1 1 st Louisa Sawers	Junior Men's K2 2 nd Andrew Daniels / Stuart Hastings Junior Women's K2 1 st Louisa Sawers / Jessica Walker
2007	15th World Championships & 7th Junior World Championships Gyor Hungary	Women's K1 1 st Anna Hemmings Junior Women's K1 3 rd Jessica Walker	Junior Women's K2 3 rd Jessica Walker / Amoret King
2008	16th World Championships & 8th Junior World Championships Tyn Czech Republic	Junior Men's K1 1 st Edward Rutherford	Junior Men's K2 1 st Tom Hide / Edward Rutherford
2009	17th World Championships & 9th Junior World Championships Crestuma Portugal	Men's K1 2 nd Ben Brown Women's K1 3 rd Lani Belcher U23 Men's K1 3 rd Tom Daniels U23 Women's K1 2 nd Louisa Sawers Junior Men's K1 3 rd Dean Terry	

INTERNATIONAL MARATHON MEDALS

Marathon European Championships			
1995	1st European Championships Murcia, Spain	<i>GREAT BRITAIN DID NOT COMPETE</i>	
1997	2nd European Championships Pavia, Italy	Men's K1 2 nd Tim Brabants Women's K1 1 st Anna Hemmings	Men's K2 3 rd Ivan Lawler / Steve Harris Women's K2 1 st Sonja Bapty / Tricia Davey
1999	3rd European Championships Gorzow, Poland	Men's K1 2 nd Conor Holmes Women's K1 1 st Anna Hemmings Junior Men's K1 3 rd Nathan Johnson Junior Women's K1 1 st Abigail Cattle	Junior Men's K2 2 nd Adam Kennedy / Tim Sowry Junior Women's K2 3 rd Jenny Spencer / Liz Holmes
2001	4th European Championships Gyor, Hungary	Junior Women's K1 1 st Jenny Spencer	
2003	5th European Championships Gdansk, Poland	Junior Women's K1 3 rd Hayleigh Mason	
2005	6th European Championships Tyn, Czech Republic	Women's K1 1 st Anna Hemmings	
2007	7th European Championships Trencin, Slovakia	Junior Men's K1 1 st Tim Pendie	Junior Men's K2 3 rd Dean Terry / Mark Childerstone
2009	8th European Championships Ostroda, Poland		Junior Men's K2 3 rd Jonathan Tye / James Webster

INTERNATIONAL MARATHONS

SELECTION POLICY FOR GREAT BRITAIN REPRESENTATIVE TEAMS

Objectives

- 1 To win medals at World, European Championships and World Cup events.
- 2 To maintain a position as a top nation in international competition.
- 3 To ensure the long-term athlete development required for international success.

This policy may be amended or supplemented by the BCU Marathon Racing Committee at its discretion in order to achieve the above objectives to cover exceptional circumstances. Every effort will be made to ensure as much notice as possible is given to all persons affected by any change.

Process of Selection

- 1) Each year, the ICF publish an International Calendar from which a programme of International Events to be attended is selected. Due regard is given to the Objectives and to budgets. Some events may be designated "Development". The programme is specified in the Racing Handbook.
- 2) The basic team composition for each event will be detailed in the Racing Handbook. Changes may be necessary to suit all the factors affecting team size and budgets.
- 3) The selection of teams for **all** internationals will be made on a **continuous assessment, open-to-all basis**. The composition of the team for each event will depend entirely on paddlers being and proving that they are of sufficiently high standard.

(The system of **continuous assessment** as opposed to one of 'first past the post' at a nominated selection event has been in operation for several years and has operated very well. It allows the selectors to consider an athlete who has under performed in any one race. This could be due to illness or equipment failure. It also means that consideration can be given to improving athletes who may not be winning but show potential for the future.)

Teams will be selected from the results of assessment races and current season internationals, as detailed in the Racing Handbook, on the basis of their ability to fulfil the Objectives above.

In exceptional circumstances, the Selection Committee may consider international results from previous seasons even where the athlete has no assessment race or international results from the current season.

- 4) All athletes seeking selection should race in the Assessment class corresponding to the category for which they are seeking international selection unless otherwise instructed by the Selection Committee. The Selection Committee reserve the right to disregard results gained by athletes racing in the wrong class.
- 5) Athletes wishing to be considered for International Events must comply with the following conditions.

INTERNATIONAL MARATHONS

- a) They must be Comprehensive BCU members, throughout the year.
 - b) Having due regard to their availability for selection and their preferred programme, they should apply by completing the Availability Form and returning it by the dates specified in the Racing Handbook.
 - c) They should be prepared to meet all assembly costs and pay a contribution towards food, as detailed in the Racing Handbook.
 - d) They should be prepared to travel and be accommodated in the best interest of the team.
 - e) They must be prepared to accept the Team Coach's direction with regard to training and racing while abroad.
 - f) They must be prepared to dress and conduct themselves in a manner befitting a British Team representative, and promote the good name of British canoeing both at home and abroad.
 - g) They should be prepared to give support to Sport UK, Sport England and the Lottery in promotional aspects, in return for the Grant Aid received.
 - h) They should wear the GB tracksuit and team clothing provided, on all suitable occasions.
 - i) They should compete in the appropriate Assessment events.
- 6) The principles guiding the Selection Committee will be as follows. The best team available to represent Great Britain will be selected having regard to the following.
- a) Winning medals at World & European Championships and World Cup events.
 - b) Gaining National Team points.
 - c) Experience enhancement and development potential consummate with the level of the Competition.
 - d) Available budget for an event that supports the overall Marathon programme.
- 7) The BCU Marathon Racing Selection Committee shall consist of the following:
- a) The Chairman of the BCU Marathon Racing Committee, who will Chair all selection meetings.
 - b) The Marathon Team Manager(s) for the event(s)
 - c) Up to 4 additional members nominated by the BCU MRC.

Selectors are required to make every effort to attend all Domestic Assessment events, to ensure that a true and accurate assessment of current abilities can be made.

2010 INTERNATIONAL PROGRAMME

The Committee will provide as full a programme as possible in 2010, but this is subject to the funding we receive. At the time of going to press the funding we are to receive from the Lottery and the BCU exchequer fund is not known. The intended programme for the year is set out below, but it must be understood that the events supported and the sizes of the teams may change depending upon funding.

The main events for the year, for both Seniors and Juniors, are therefore: -

World Cup 1	Tyn, Czech Republic	June 24/28
World Cup 2	Brandenburg, Germany	July 22/26
World Championships	Banyoles, Spain	Sept. 22/27

Each country can enter 3 crews (2 at World Championships) in each class, with only the first finisher to count towards the World Cup Trophy.

INTERNATIONAL MARATHONS

In the Junior World Cup there are classes for Men K2, K1, C1 and Women K1& K2. In addition to the 3 main events, we plan to send small teams to the Sanabria K4 Series and the Pontevedra K4 Series, all depending on the assistance we receive from the Organisers.

We will also support other events, where the Organisers provide total finance.

Marathon Committee Support

The Marathon Committee will assist all potential team members in seeking personal sponsorship.

SELECTION INFORMATION FOR 2010

Assessment Events

April 25	Bedford	K1 / C1
May 1	Wokingham	K2 / C2
May 23	Norwich	K1 / C1
May 29	Reading	K2 / C2
June 26/27	World Cup 1, Tyn	All
July 24/25	World Cup 2, Brandenburg	All
August 28	Worcester	K1 / C1
August 29	Worcester	K2 / C2

Availability Forms

There are separate forms for Seniors and Juniors.

The **Senior Forms** should be returned, **fully completed** and signed, to David Enoch at the address on the form by: -

April 25 (Bedford) for all events prior to the World Championships,

August 28 (Worcester) for the World Championships.

The **Junior Forms** should be returned to the World Class Programmes Office by April 9, to the address on the Form.

2010 Athlete Contribution

A sum of £100 will be charged for the World Cups and the World Championships. The contribution for other international events will be detailed in the event information.

Proposed International Competitions

(The final team size will depend on the finances available.)

INTERNATIONAL MARATHONS

MAJOR EVENTS

TYN, CZECH REPUBLIC - WORLD CUP 1 – June 26/27

Thursday June 24 to Monday June 28.

A team of approximately 10 Seniors and Juniors plus officials

Selection - following Reading on May 29.

BRANDENBURG, GERMANY – WORLD CUP 2 – JULY 24/25

Thursday July 22 to Monday July 26

A team of approximately 10 Seniors and Juniors plus officials

Selection - in the week following World Cup 1.

BANYOLES, SPAIN - WORLD CHAMPIONSHIPS – SEPTEMBER 24/26

Wednesday September 22 to Monday September 27.

A team of 16 Seniors and Juniors plus officials

Selection - following Worcester on 29 August

SUPPORTING EVENTS

SPAIN – SANABRIA K4 SERIES – LATE JUNE (DATES TO BE CONFIRMED)

A team of 8 Seniors and Juniors, by invitation

Selection – May 29

SPAIN - PONTEVEDRA K4 Series MID AUGUST (DATE TO BE CONFIRMED)

Team by invitation

Selection – Following WC1, depending on event date.

ADDITIONAL EVENTS

The MRC receives, from time to time, invitations to additional international events. Teams will be selected for these events, provided the event organisers meet all funding. Selection for these events will be made after an Assessment event.

Private Entries Competing Abroad

Any competitor wishing to compete abroad outside the British team must apply to do so via the Governing Body, the BCU (ICF ruling). For practical purposes these applications must reach the MRC four weeks before the event. They should be sent to David Enoch except entries for the Sella Descent which should be sent to Andy Goodsell at the BCU Offices in Bingham, Notts by 1 July latest. The applicant will be liable for any costs incurred, e.g. entry fees (even if he/she does not subsequently compete). It is regretted that the Marathon Committee can make no private travel or accommodation arrangements.

RE-ORDER FORM 2011

Racing Handbook 2011

Publication February 2011

To reserve your copy of next year's Handbook, please send a cheque (made payable to BCU Racing Committee) for **£6.50** to include postage and packing.

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Diane Bates
Lesters, 11 Cranley Road
Walton-on-Thames
Surrey KT12 5BX

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Contributors to the 2010 Racing Handbook

|                |                   |               |
|----------------|-------------------|---------------|
| David Enoch    | Ollie Harding     | Peter Morley  |
| Anne Ferguson  | Ann Hoile         | Peter Moule   |
| Brian Gandy    | Suzy Hornby       | Alan Williams |
| Andy Goodsell  | Rosemary Illinesi | Cathy Wynne   |
| John Handyside |                   |               |

Many thanks to Kirton for their continuing support of the Racing Handbook as well as to advertisers Kayakpro and all the canoe clubs who advertise their events.

Diane Bates, Editor  
[diane.bates@dial.pipex.com](mailto:diane.bates@dial.pipex.com)  
January 2010

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