



£4.50

Canoe Sprint & Marathon Racing Handbook

2009





The mini K4 is available from Marsport now!

The Rocket has been designed as a one class aimed specifically at eight to twelve year olds. It has been designed in collaboration between Canoe England and Marsport along with club coaches to take into account the principles of Long Term Paddler Development. It also helps to support the other BCU projects such as Paddle Power and Cross Stream Challenge.

The Rocket was conceived with the success of the Lightning and the junior K2 in mind to offer a progression and to introduce young people to paddling. Other sports have demonstrated that learning as a group helps retention of athletes within their sport and young people enjoy paddling as a group.

The Rocket gives a stable and directional platform to enable young people to learn the fundamentals of paddling. The flexibility of the **Rocket** allows a coach to sit in seat one or four to give reassurance. This is a kayak like no other!

for more details contact youth@bcu.org.uk
or call marsport on 0118 9665912

marsport
marsport.co.uk



CONTENTS

Racing Calendar	2-6
Addresses	7-12
Drugs and diseases	13
Paddlesafe – safeguarding and protecting children	14-15
The Mini Sprint Series	16-17
Sprint Racing Committee and Competition Rules	A1-A24
National Sprint Regattas	B1-19
Sprint Racing - Perpetual Trophies and Course Records	C1-C8
World Class Programme and Selection Policy	C9-C23
Racing Standards	D1- 3
Racing Coaching	D4- 6
Sprint and Marathon Club Abbreviations	D11
Sprint Rankings	D12-22
Sprint and Marathon Club Colours	D23-27
Marathon Rankings	E1-E16
Marathon Racing Committee and Competition Rules	F1-F21
Marathon Racing – National Championship Trophies	G1-G6
Marathon Racing – Hasler Trophies	G7-G10
Marathon Racing – International Medals	G11-G14
International Marathons and Selection Policy	G15-G19
Re-order form 2010	G20

Advertisers

Rocket K4	Cover	Royal Canoe Club	D10
West Thames Area	B20	Longridge Canoe Club	D28
Elmbridge Canoe Club	D7	Windermere 2009	F22
Banbury Canoe Club	D8	Vajda Kayaks	Cover
Wey Kayak Club	D9	Kirton Kayaks	Cover

Cover designed by Rosalind Bates (www.rosalindbates.com)

Handbook printed by Imagewise Reprographics Ltd (imagewise@btconnect.com)

Racing calendar 2009/10

Date	Race Name	Region	Code	Notes for publication
04/01/2009	Frank Luzmore K2	LSE	MA1504	01
18/01/2009	Winter Time Trial	SCA	FL1530	Linlithgow
15/02/2009	Waterside A	S	TR1270	03
22/02/2009	Thameside 1	S	RE1424	04
22/02/2009	Winter Time Trial	SCA	FL1530	Linlithgow
01/03/2009	Waterside B	S	TR1270	05
01/03/2009	Weaver descent	NW	MO1130	9
07/03/2009	Runcorn 10k K1	NW	MA1577	28
08/03/2009	Thameside 2	S	RE1424	06
15/03/2009	Waterside C	S	TR1270	08
15/03/2009	Winter Time Trial	SCA	FL1530	Linlithgow
22/03/2009	Royal K1/K2	LSE	JU1289	02
29/03/2009	Waterside D	S	TR1270	10
29/03/2009	Galley	M	PR1242	K1 H2009
29/03/2009	Macclesfield special event	NW	MO1130	28
29/03/2009	Forth & Clyde	SCA	HU1427	Canal Marathon (HQ) Auchinstarry
29/03/2009	Calder 1	YH	KE1334	K2 H2009
04/04/2009	National Sprint Regatta	National	MO1132	Sprint
05/04/2009	Spey Marathon	SCA Highland	SC1549	River Spey, Aberlour
10/04/2009	Devizes Westminster	International	DW1513	11
11/04/2009	Runcorn 10k K2	NW	MO1130	
19/04/2009	Maldstone Marathon	LSE	OR1365	K2 H2009
19/04/2009	Bedford	E	RO1581	K2 H2009
19/04/2009	Brigg	YH	PE1312	K1 H2009
19/04/2009	Ratho Marathon (HQ)	SCA	FL1530	Union Canal
19/04/2009	Chester 1	NW	SW1446	K2 H2009, K1 Assessment
25/04/2009	Glasgow to Edinburgh	SCA	CH1238	Canal Challenge
26/04/2009	Northwich Marathon	NW	MO1130	K2 H2009
26/04/2009	Anker Valley	M	FL1418	K1 H2009
26/04/2009	Cam	E	ST1404	K1 H2009
02/05/2009	Worcester	M	WE1583	K2 Assessment
03/05/2009	Worcester	M	WE1583	K2 H2009
09/05/2009	National Sprint Regatta	National	MO1132	Sprint
13/05/2009	Linlithgow Loch	SCA	MA1534	Summer Series 10k I
16/05/2009	Gent	International		Sprint
17/05/2009	Basingstoke Canal	S	SM1553	K1 H2009
17/05/2009	Mid Weaver	NW	MO1130	K1 H2009
17/05/2009	1066 at Tonbridge	LSE	FI1431	K1 H2009
17/05/2009	Royal Leamington Spa	M	HU1566	K1 H2009
17/05/2009	Norwich broadland marathon	E	SC1495	K2 H2009
17/05/2009	Grand - Dunk Marathon	SCA	MC1535	(HQ) R. Tay - Grandtully to Dunkeld

Racing calendar 2009/10

Date	Race Name	Region	Code	Notes for publication
17/05/2009	Tamar circuit	SW	RO1171	K2 H2009
19/05/2009	Strathclyde Park 10K	SCA	CH1238	
21/05/2009	Forth & Clyde 10K, Dullatur	SCA	HU1427	
22/05/2009	Poznan World Cup 2	International	Sprint	Poznan, Poland
23/05/2009	Reading Circuit	S	RE1424	K1 Assessment
23/05/2009	Loch Lubnaig Marathon	SCA	KI1104	(HQ), Strathyre
24/05/2009	Loch Lubnaig 10K,	SCA	CH1238	K1 Championship
24/05/2009	Reading Circuit	S	RE1424	K1 H2009
30/05/2009	Windsor Vets	S	DA1528	15
30/05/2009	Linlithgow KR Regatta	SCA Scottish	MA1534	Linlithgow Loch
30/05/2009	Nottingham	M	MA1505	K2 Assessment
31/05/2009	Fal	SW	MA1124	K1 H2009
31/05/2009	Leukaemia Marathon	SCA	CH1238	(HQ) Loch Tay to Grandtully
31/05/2009	Nottingham	M	MA1505	K2 H2009
05/06/2009	Szeged World Cup 3	International	Sprint	Szeged, Hungary
06/06/2009	National Sprint Regatta	National	MO1132	Sprint
07/06/2009	Bristol	SW	BW1308	K2 H2009
13/06/2009	Marathon World Cup 1	International	Marathon	Copenhagen, Denmark
14/06/2009	Burton	M	LA1110	K2 H2009
14/06/2009	Macclesfield	NW	MI1129	K2 H2009
14/06/2009	Lower Exe and Estuary	SW	SH1570	K1 H2009
14/06/2009	Royal	LSE	CH1569	K2 H2009
14/06/2009	Kirkcaldy CC Regatta	SCA Scottish	CH1238	Kinghorn Loch
14/06/2009	Leighton Buzzard	E	WH1538	K1 H2009
17/06/2009	Linlithgow Loch	SCA	MA1534	Summer Series 10k II
18/06/2009	Bochum International	International	Sprint	Bochum, Germany
21/06/2009	Oxford Midsummer Hasler	S	MC1563	K2 H2009
21/06/2009	Hereford	M	BU1024	K2 H2009
21/06/2009	Derwent – Mike Jones Memorial	YH	LO1579	K1 H2009
21/06/2009	Strathclyde Park Regatta	SCA Scottish	CH1238	
25/06/2009	Senior European Champs	International	Sprint	Brandenburg, Germany
27/06/2009	Conwy Ascent	Wales	WI1477	13
27/06/2009	Royal Padding Challenge	LSE	EV1068	27
28/06/2009	Wey Marathon- Guildford	LSE	MO1132	K1 H2009
28/06/2009	Shropshire Paddlesport	M	SE1556	K1 H2009
04/07/2009	Cheshire Ring	NW	CL1307	16
04/07/2009	National Sprint Regatta	National	MO1132	Sprint
11/07/2009	Royal Junior Sprint Regatta	LSE	KE1522	Sprint
12/07/2009	Exe Circuit	SW	SH1570	K2 H2009
12/07/2009	Runcom – Lightning special event 5	NW	MO1130	
12/07/2009	Pangbourne	S	AD1588	K2 H2009

Racing calendar 2009/10

Date	Race Name	Region	Code	Notes for publication
15/07/2009	Linlithgow Loch Summer Series 10k III	SCA	MA1534	
16/07/2009	Junior and U23 European Championships	International	Sprint	Poznan, Poland
19/07/2009	Thames Valley Circuit - Wokingham	S	WO1517	K1 H2009
19/07/2009	Runcom	NW	MA1577	K1 H2009
24/07/2009	European Champs Sen. & Jun.	International	Marathon	Ostroda/POL (Gdansk & Warsaw)
25/07/2009	Reading & Wokingham Sprint	S	RE1424	Sprint
26/07/2009	Reading K4	S	RE1424	26
30/07/2009	Junior World Championships Moscow	International	Sprint	Moscow, Russia
01/08/2009	Bath to Bradford	SW	BO1017	20
02/08/2009	Bradford Circuit	SW	BO1017	K2 H2009
02/08/2009	Medway	LSE	NE1336	*
02/08/2009	Inverness Marathon, Canal & River Ness	SCA Highland	MA1580	invernesscc.org.uk
08/08/2009	Southampton	S	MC1568	K2 assessment
08/08/2009	Sella Descent	International	Marathon	Asturias, Spain
09/08/2009	Ironbridge	M	TA1193	K2 H2009
09/08/2009	Southampton	S	MC1568	K2 H2009
12/08/2009	Linlithgow Loch Summer Series 10k IV	SCA	MA1534	
13/08/2009	Senior World Championships	International	Sprint	Dartmouth, Canada
15/08/2009	Pontevedra K4, Spain	International	Marathon	Galicia, Spain
15/08/2009	Elmbridge	LSE	LA1107	K1 Assessment
16/08/2009	Scottish Sprint Championship, Strathclyde	SCA	CH1238	
18/08/2009	Strathclyde Park 10K	SCA	CH1238	
20/08/2009	Forth CC 10K TT, Union Canal Edinburgh	SCA	GA1578	
23/08/2009	Tonbridge	LSE	NE1336	K1 H2009
23/08/2009	Kirkcaldy CC Regatta, Kinghorn Loch	SCA Scottish	CH1238	
23/08/2009	Adlington	NW	BR1564	K1 H2009
29/08/2009	Marathon Ntl. Champs Longridge	National	HA1514	On the River Thames at Longridge
05/09/2009	National Sprint Regatta	National	MO1132	Sprint
05/09/2009	Liffey Descent 50th year	International	Marathon	Ireland
09/09/2009	Linlithgow Loch Summer Series 10k V	SCA	MA1534	
12/09/2009	Tour de Gudena	International	Marathon	Silkenborg, Denmark
13/09/2009	Chester 2	NW	SC1176	K2 H2010
13/09/2009	Hemel Hempstead	E	CA1543	K1 H2010
13/09/2009	Broadwood Regatta, Cumbernauld	SCA Scottish	HU1427	Sprint
13/09/2009	Calder 2	YH	KE1334	K1 H2010
13/09/2009	Henley	S	NU1142	K2 H2010
13/09/2009	Poole Harbour Circuit	SW	AC1000	24
18/09/2009	World Championships	International	Marathon	Crestuma, Portugal
20/09/2009	Macclesfield Adelphi	NW	MO1130	K1 H2010
20/09/2009	Ratho East Marathon	SCA	GA1578	(HQ '10), Union Canal, Ratho
20/09/2009	Huntingdon Great Ouse	E	ST1404	K1 H2010

Racing calendar 2009/10

Date	Race Name	Region	Code	Notes for publication
20/09/2009	Soar Valley	M	VI1589	K1 H2010
26/09/2009	Olympic Hopes	International	Sprint	
27/09/2009	Hasler final	National	RE1424	Reading
03/10/2009	Reading K4	S	RE1424	26
04/10/2009	Fladbury	M	TR1268	K2 H2010
04/10/2009	Elmbridge	LSE	LA1107	K1 H2010
04/10/2009	River Isla Marathon	SCA	CH1415	H2010 (HQ '10) Bridge of Isla
11/10/2009	Mersey Descent	NW	CL1307	23
11/10/2009	Chelmer	E	MO1360	K2 H2010
11/10/2009	Lincoln	M	MY1136	K1 H2010
11/10/2009	Windsor	S	DA1528	K1 H2010
11/10/2009	Fowey River	SW	BA1468	K1 H2010
18/10/2009	Wolfeaton	YH	LO1579	K1 H2010
18/10/2009	D.N.V. Dee Marathon (HQ'10)	SCA Highland	BR1542	Maryculter – Aberdeen
18/10/2009	Richmond	LSE	MA1504	K2 H2010
25/10/2009	Banbury	S	WA1453	K1 H2010
25/10/2009	Trent K2	M	EN1067	12
01/11/2009	Cokethorpe	S	WH1584	25
08/11/2009	Longridge	S	HA1514	K2 H2010
08/11/2009	Avon Descent	M	WO1218	*
08/11/2009	Shipley	YH	TW1000	K2 H2010
14/11/2009	Trentham	NW	HO1576	K1 H2010
15/11/2009	K2 10km Championship & Prize Giving	SCA	CH1238	
29/11/2009	Ross Warland Memorial	S	WA1453	19
29/11/2009	Winter Time Trials, Linlithgow	SCA	FL1530	
29/11/2009	Cardiff Bay	Wales	RO1582	River Taff, Circuit course
06/12/2009	Stour Descent	SW	MA1560	18
20/12/2009	Winter Time Trials, Linlithgow	SCA	FL1530	
03/01/2010	Frank Luzmore K2	LSE	MA1504	01
17/01/2010	Winter Time Trials, Linlithgow	SCA	FL1530	
27/01/2010	Waterside A	S	TR1270	03
21/02/2010	Waterside B	S	TR1270	05
21/02/2010	Winter Time Trials, Linlithgow	SCA	FL1530	
07/03/2010	Waterside C	S	TR1270	08
14/03/2010	Royal K1/K2	LSE	JU1289	02
14/03/2010	Winter Time Trials, Linlithgow	SCA	FL1530	
21/03/2010	Waterside D	S	TR1270	10
02/04/2010	Devizes Westminster	International	DW1513	11

Racing calendar 2009/10

notes

Code	Notes
*	Indicates that this is not a standard divisional race. Usually classes are some combination of senior/junior, mens/ladies/mixed and singles/doubles.
!	This race date is provisional, please contact the race organiser before travelling
K1	Indicates there will be a K1 races in divisions 1 and 3 plus a K2 race in division 2,
K2	Indicates there will be a K1 race in division 2 and K2 races in divisions 1 and 3
H2009	Indicates a Hasler qualifying race for 2009/2010 for the region shown.
H2010	Indicates a Hasler qualifying race for 2010/2011 for the region shown.
01	13 Miles and 3 portages. Shepperton to Richmond K2s only. New for 2009 additional junior races. All paddlers must bring buoyancy aids.
02	Runnymede to Teddington. 19 miles, 6 portages. Open to K1, K2, C1, C2 (Juniors K2 only)
03	13.5 miles and 21 portages time trial. Great Bedwyn to Newbury. This race is pre-entry only. Absolutely NO late entries will be accepted. You CANNOT turn up and enter on the day. There is also an entry limit of 400 paddlers
04	14 miles and 14 portages time trial. Aldermaston to Reading.
05	18.5 miles and 23 portages time trial. Newbury circuit.
06	18 miles and 8 portages. Reading to Longridge
08	22.5 miles and 30 portages time trial. Pewsey to Newbury.
09	17 miles and 9 portages on canal/river. K1, C1, K2, C2 straight through/relay.
10	34.5 miles and 30 portages time trial. Devizes to Newbury.
11	125 miles. Fifty four miles on canal, fifty four miles on the Thames and 17 miles tideway with 76 portages. Non-stop for senior doubles. Junior doubles and singles race in 4 stages over 4 days.
12	18 miles + 3 portages downstream from Castle Donnington to Nottingham. For K2 and C2s only. Classes for seniors, juniors, U16s, men, women, mixed.
13	10 miles of tidal estuary on flood tide - can be rough. Divs 1-7 only plus tourist trial. Buoyancy aids compulsory. Saturday race.
14	10km and 5km K1 race. Open event with handicap based on Sprint / marathon rankings
15	Friendly, competitive 9 mile race. K1 and K2 Veteran class races in divisions by age
16	Britain's longest non-stop K1 race: 95 mile circular canal race through the night on urban and rural canals. Classes for singles or doubles, non-stop or relay.
18	15 mile river descent for all boats.
19	20 mile time trial from Banbury Canoe Club to Aynho Wharf and back. May be raced as a relay team as well.
20	13 miles upstream with 5 demanding portages, including 400m run. . See also www.boarc.co.uk
22	Replaces York Marathon - venue changed to outside York city centre
23	9.2 mile race, 13 weirs. One sloping weir may need to be portaged at high flow, 12 small rubble weirs shootable at any flow. No understem rudders for K1/K2. Classes K1, K2, WWR, Canadian, General Purpose Kayak. Helmets and buoyancy aids compulsory
24	Challenging circuit race on open and exposed waters of the largest natural harbour in Europe. Open to all classes: K1,K2,C1,C2, Sea Kayaks, WWR, GP kayaks.
25	Two races in one day: 2km race followed by 2km time trial; or 10km race (split into two starts: divs 1-6 and 7-9) followed by a 10km time trial one hour later. Paddlers can race K1, K2, or one race in each.
26	10Km K4 race
27	K1 and Lightnings
28	Open 10k handicap race by divisions
29	River Medway at Tonbridge, organised by Hastings & District Canoe Club

C = Coach (Squad) M = Marathon Committee O = Official (Regattas) R = Race Organiser S = Sprint Committee T = Team Leader

AC1000	Acreman	Malcolm	POO	282 Rempstone Rd, Merley, Wimborne, Dorset, BH21 1SZ acremam533@btinternet.com	01202 841432	RT
AD1588	Adventure Dolphin		PAN	Whitchurch Road, Pangbourne, Berks RG8 7DA ggoodchild@westberks.gov.uk	01189 843162	R
BA1468	Bardsley	Barbara	FOY	9 Graham Avenue, St Austell, Cornwall PL25 4LZ club_mum@yahoo.co.uk	01726 68726	RT
BA1485	Bates	Diane	ELM	11 Cranley Road, Walton-on-Thames, Surrey KT12 5BX diane.bates@dial.pipex.com	01932 244473	MO
BE1308	Bennett	Steve	BRI	50 Snowdon Road, Fishponds, Bristol BS16 2EY garethbevan@ntlworld.com	0117 9659608	R
BL1526	Blackman	Howard	BCU	howard.blackman@bcu.org.uk	07793 442585	S
BL1527	Blackman	Neil	SOA	15 Willow Grove, Mountsorrel, Loughborough LE12 7ST		T
BL1014	Bland	Peter	ICF	4 Gibbs Close, Lower Moore, Pershore, Worcs WR10 2NQ	01386 861317	O
BL1013	Bland	Teresa	ICF	4 Gibbs Close, Lower Moore, Pershore, Worcs WR10 2NQ	01386 861317	O
BO1017	BOA Rowing & Canoeing Club		BOA	Barton Bridge, Pound Lane, Bradford-on-Avon BA15 1LF bunty@girl666.wanadoo.co.uk		R
BR1542	Bragg	Mark	SCA	The Heathers, Cammachmore, Aberdeen AB39 3NR markbragg_eng@yahoo.co.uk	01569 730204	R
BR1564	Brennan	Sean	ADL	23 Chester Avenue, Chorley, Lancs PR7 4AG spbrennan@btopenworld.com	01257 265057	R
BR1020	British Canoe Union		BCU	John Dudderidge House, Adbolton Lane, West Bridgford, Notts NG2 5AS	0115 982 1100	
BR1021	Brooks	Martin	BCU	Loddon Lodge, 2 Hingley Park, Netherton, Bridgnorth, Salop WV16 6NJ martin@brooks1912.fsworld.co.uk	01746 861813	O
BR1547	Brown	David	ELM	31 Severn Drive, Walton-on-Thames, Surrey KT12 3BH	07802 412528	S
BU1024	Burgoyne	Alan	HER	128 Grandstand Road, Westfields, Hereford HR4 9NR alanburgoyne@yahoo.co.uk	01432 270341	ORT
CA1029	Capps	Des	WIN	9 Mill Ride, Ascot, Berks SL5 8LE	01344 882778	RT
CA1574	Carroll	Paul	BTH	Meadgate Cottage, Meadgate, Timsbury, Somerset BA2 0NQ Pauljohn@carroll2002.freemove.co.uk	01761 479347	T
CA1543	Carter	Chris	HEM	c.carter967@ntlworld.com	01442 397838	R
CA1544	Carter	S	NED	69 Stump Cross, Guisborough, Cleveland TS14 6NH	01287 639453	T
CH1415	Chalmers	Neil	SCA	3 Abden Avenue, Kinghorn, Fife, KY3 9TQ neil_chalmers@hotmail.com	01592 890367	R
CH1238	Chapman	Margaret	SCA	193 Binniehill Road, Balloch, Cumbernauld, Scotland G68 9JH mhckayaking@aol.com	01236 457081	R
CH1569	Churchill	Miranda	ROY	123 Granville Road, Southfields, London SW18 5SF miranda@thechurchills.co.uk	0208 874 7827	R
CL1307	Cleaver	Chris	MAD	39 Cavendish Road, Hazel Grove, Stockport, Cheshire SK7 6HX chcleaver@tiscali.co.uk	01625 878838	R
CL1586	Clive	Louise	GAI	lousy.clive@btinternet.com	01902 783967	S

C = Coach (Squad) M = Marathon Committee O = Official (Regattas) R = Race Organiser S = Sprint Committee T = Team Leader

CO1484	Cox	Di	NOT	18 Covert Crescent, Radcliffe on Trent, Nottingham NG12 2HP	0115 910 9446	O
CO 1511	Cox	Stan	NOT	18 Covert Crescent, Radcliffe on Trent, Nottingham NG12 2HP	0115 910 9446	O
CR1490	Crooks	Colin	LBZ	6 Kendal Gardens, Linslade, Leighton Buzzard LU7 2QZ	01525 850352	O
DA1528	Davies	Syd	WIN	10 Homers Road, Windsor, Berks SL4 5RG	01753 861150	R
				sydney.davies@btinternet.com		
DO1510	Dodson	Andy	ADS	26 Warren Road, New Haw, Surrey KT15 3UA	01932 347695	T
DU1540	Duncan	Ken	BSF	2 Oudle Lane, Much Hadham, SG10 6DQ		T
				bsf11@yahoo.com		
DW1513	DW Organisation Ltd			Wokingham Waterside Centre, Thames Valley Park Drive, Reading, Berks	02076 200298	R
				stuart_j_west@yahoo.co.uk		
ED1551	Ede	Phil	RDG	207 Henley Road, Caversham, Reading RG4 6LJ	0118 954 5308	T
				ede_phil@yahoo.co.uk		
EN1067	Enoch	David	NOT	102 Bingham Road, Radcliffe on Trent, Notts NG12 2GT	0115 933 2258	MR
				david.enoch@gbcnoeing.org.uk		
EV1068	Evans	Janet	ROY	janetanddoug.evans@btinternet.com	0208 397 4675	R
FA1508	Farrell	Eric	BCU	Bankside, Towpath, Shepperton, Middx TW17 9LJ	07802 825530	C
FE1507	Ferguson	Anne	BCU	Bisham Abbey National Sports Centre, Bisham SL7 1RT	01628 486619	
FI1431	Fisher	Diana	HAS	14 St Matthews Gardens, St Leonards on Sea TN38 0TS	01424 712879	RT
				diana.fisher@btconnect.com		
FL1418	Fleeson	Charles	ANK	44 Bronze Close, Nuneaton, Warks CV11 4YD	02476 345938	RT
				chas.f@btinternet.com		
FL1530	Fletcher	Alan	LGW	19 Lovells Glen, Linlithgow, EH49 7HZ	01506 671105	RT
				alan@spheating.org		
GA1304	Gallop	Alan	GRI	12 Broadcroft, Chew Magna, Bristol BS40 8QG	01275 333062	R
GA1074	Gandy	Brian	BAS	32 Florence Road, Fleet, Hants GU52 6LQ	01252 622630	M
				gandy@adslmail.newnet.co.uk		
GA1578	Gay	Chris	SCA	chrisg3012@blueyonder.co.uk	0131 476 9904	R
GR1078	Gray	Rosy	ICF	48 Willow Road, West Bridgford, Notts NG2 7AY	0115 923 4867	O
				colinrosy@talktalk.net		
HA1514	Harding	Ollie	LON	12 Maidenhead Court Park, Maidenhead, Berks SL6 8HN	01628 626795	MORT
				ollieharding@mac.com		
HA1328	Hardy	Mr & Mrs B		113 St Johns Ave, Kidderminster, Worcs DY11 6AX	01562 753597	O
HA1546	Harris	Steve	ELM	steve.harris@gbcnoeing.org.uk	07796 982277	CM
HA1575	Hawthorn	Sue	WOR	Hop Kiln Cottage, Grit Lane, Malvern, Worcs WR14 1UR	01886 833308	M
				suehawthorn@btinternet.com		
HE1089	Herbent	Tibor	RLS	4 Chiltern Leys, Coventry CV6 1BL	01203 592247	T
HO1230	Hoile	Ann	LBZ	24 Knaves Hill, Linslade, Leighton Buzzard, Beds LU7 7UD	01525 379921	OS
HO1587	Hoile	John	LBZ	24 Knaves Hill, Linslade, Leighton Buzzard, Beds LU7 7UD	01525 379921	S
HO1576	Holdway	Ruth	TRE	ruth@trentthamcanoecub.co.uk	07815 768360	R

C = Coach (Squad) M = Marathon Committee O = Official (Regattas) R = Race Organiser S = Sprint Committee T = Team Leader

HO1385	Hornby	Suzy	BCU	2 Victoria Close, West Molesey, Surrey KT8 1BQ suzyss@compuserve.com	0208 941 2714	
HU1094	Hughes	Phil	BCU	4 Lyndon Avenue, Long Eaton, Notts NG10 1AD pipkjhughes@rya-online.net	0115 849 2719	O
HU1566	Hunt	Julie	RLS	jhunt@pulsefitness.com		R
HU1427	Hutt	Jonathan	SCA	Wyndford House, Wyndford Lock, Castle Cary, Bonnybridge FK4 2HW jonathan.hutt@btinternet.com	01236 720760	RT
IN1567	Inverness Canoe Club			redhouse@beeb.net		R
JE1238	Jennison	Angela	KIN	26 Parcevall Drive, Kingswood, Hull, E Yorks, HU7 3EU angela@thejennisons.karoo.co.uk	01482 827836	RT
JO1487	Jones	Chris	LBZ	43 Rowley Furrows, Linslade, Leighton Buzzard, Beds LU7 2SH	01525 370970	T
JO1101	Jones	Rowland	ICF	5 Fabricius Avenue, Droitwich, Worcs WR9 8RR rowland.kayak@virgin.net	01905 774828	O
JO1103	Jones	Steve	LBZ	8 Calder Gardens, Linslade, Leighton Buzzard, Beds LU7 7XE sljones@talk21.com	01525 374359	O
JU1289	Justin	Alf	ROY	37 Highlands Road, Leatherhead, Surrey KT22 8NQ alfredjus@btinternet.com	01372 377613	R
KE1522	Kelly	David	ROY	drckelly@sky.com	01932 765242	R
KE1356	Kelly	Andrew	KEN	Millview, Grayrigg, Kenall, Cumbria LA8 9BU	01539 824634	T
KE1334	Kendrick	Viv	PAD	8 Yew Grove, Huddersfield, West Yorks HD4 5XG	01484 460154	RT
KI1541	Kilbourn	Robert	NOR	60 Silver Road, Norwich NR3 4TU killbs@hotmail.co.uk	01603 618174	T
KI1104	Kinninmonth	Margaret	KIR	19 Forth Park Gardens, Kirkaldy, Fife KY2 5TD mhckayaking@aol.com	01592 205655	RT
LA1107	Lawler	Di	ELM	93 Chertsey Lane, Staines, Middx TW18 3LQ diandroland@hotmail.com	01784 454772	RO
LA1109	Lawler	Roland	ELM	93 Chertsey Lane, Staines, Middx TW18 3LQ	0208 979 4993	MST
LA1110	Lawrenson	Bill	BUR	9 Malvern Street, Burton on Trent, Staffs DE15 9DY wilawro@aol.com	01283 542324	RT
LA1111	Laws	Alan	ICF	4 Red Lion Street, Boston, Lincs PE21 6NY	01205 311344	MS
LE1506	LeRoux	Claudine	BCU		07968 278845	C
LI1520	Lines	Rob	NOR	4 Barn Meadow, Trowse, Norwich NR14 8UB roblines@yahoo.com	01603 619846	T
LO1579	Lowthorpe	Dave		dave@silverbirches.karoo.co.uk	01482 877250	R
LY1116	Lyddiatt	David	MLO	The Hobbit, 6 Southside, Gerrards Cross, Bucks SL9 8NQ david@lyddiatt.plus.com	01753 887773	T
MA1580	Macpherson	Donald	SCA	d.macpherson@tesco.net		R
MC1563	McCarroll	Stuart	FOX	stuartmccarroll@hotmail.co.uk		RT
MC1571	McGown	Liz	ICF	PO Box 243, Whitstable, Kent CT5 1WH tolizm@yahoo.com	01227 265533	OS
MC1457	McKeever	Derek	BOA	14 Farleigh Wick, Bradford on Avon, Wilts BA15 2PU	01225 865392	T

C = Coach (Squad) M = Marathon Committee O = Official (Regattas) R = Race Organiser S = Sprint Committee T = Team Leader

MC1568	McLeod	Neil	SOU	10 Franklin Road, Twyford, Winchester, Hants SO21 1PB	07957 197840	R
MC1535	McMorrin	Brian	SCA	99 Pettycur Road, Kinghorn, Fife, KY3 9RP bmcmmorrin@aol.com	01592 891481	R
MA1560	Manson	Brian		Burley New, Kings Road, Blandford, Dorset DT11 7LB brian@burley-new.fsnet.co.uk	07764 167967	R
MA1120	Manzie	Drew	SCA	15 High Road, Castlehead, Paisley, PA2 6AP drewmanzie@fsmail.net	0141 8872401	R
MA1503	Marnell	Stephen	RUN	36 Chatteris Park, Sandymoor, Runcorn, Cheshire WA7 1XE stephen.marnell@virgin.net	01928 579182	T
MA1534	Marshall	Derek	SCA	22 Kettilstoun Crescent, Linlithgow, EH49 6PR derek.marshall22@btinternet.com	01506 842546	R
MA1504	Martin	Sean	RIC	Richmond Canoe Club, Petersham Rd, Richmond, Surrey wjmartin@mac.com	07836 201551	R
MA1505	Mason	Norman	NOT	Field House, Church Lane, Upper Broughton, Melton Mowbray, Leics LE14 3BD	01664 822536	R
MA1124	May	John	TRU	24 Trelawney Avenue, Treskerby, Redruth, Cornwall TR15 1RH g.j.may24@btinternet.com	01209 216943	RT
MA1577	Mayers	James	RUN	james.mayers@btinternet.com	07776 326669	R
ME1335	Medina	Julian	KKC	medina180@msn.com		R
MI1129	Millest	Andrew	MAD	1 Charnwood Close, Macclesfield, Cheshire SK10 3NR andrew_millest@hotmail.com	01625 619271	R
MO1130	Moore	Dave	MAD	41 West Avenue, Rudheath, Northwich, Cheshire CW9 7ER sgurfiona@aol.com	01606 48917	RT
MO1132	Morley	Peter	WEY	17 Springfield Road, Guildford, Surrey GU1 4DW peter.c.morley@btinternet.com	01483 571996	ORT
MO1360	Moule	Mo	CLM	30 Hill View Road, Springfield, Chelmsford CM1 7RX mo@mouleclm.plus.com	01245 261073	RST
MO1371	Moule	Peter	CLM	30 Hill View Road, Springfield, Chelmsford CM1 7RX	01245 261073	OS
MU1134	Murray	Mr & Mrs B		4 Hawk Close, Whitestone, Nuneaton, Warks CV11 6TG	02476 385846	O
MY1136	Mylett	Dave	LIN	61 Birchwood Avenue, Lincoln LN6 0JA lincoln.cc07@ntlworld.com	01522 685479	RT
NA1292	Nadal	Mick	NOT	8 Melton Grove, West Bridgford, Notts NG27NX nottinghamkayakclub@yahoo.co.uk	0115 9141824	T
NE1336	Neale	Clive	TON	9 Handel walk, Tonbridge, Kent TN10 4DG clive.neale@axa-ppp.co.uk	01732 361759	ORT
NE1138	Newman	Paul	MAI	20 The Rise, Hempstead, Gillingham, Kent ME7 3SS	01634 376420	T
NI1505	Nikonorov	Alex	BCU		0115 9822094	C
NU1142	Nutt	Kevin	EBC	123 South View Avenue, Caversham, Berks RG4 5BB	0118 948 1425	RT
OR1365	Orford	Geoff	MAI	43 Park Road, Redhill, Surrey RH1 2AH memsec@maidstonecanoeclub.net	01737 766435	R

C = Coach (Squad) M = Marathon Committee O = Official (Regattas) R = Race Organiser S = Sprint Committee T = Team Leader

PA1536	Parker	John	WOR	1 Riverlands, Astley Burf, Stourport, Worcester, DY13 0RZ john.parker@baggeridge.co.uk	01299 824344	T
PA1537	Patterson	Ian	SCA	44 Dalmahoy Crescent, Kirkcaldy, KY2 6SZ ianpat62@msn.com	01592 204673	R
PE1312	Pell	Shirley	GLS	309 Messingham Road, Scunthorpe, Lincs DN17 3QZ anthonyypell@aol.com	01724 867341	RT
PE1317	Pendle	Dyson	NOR	11 Newton Close, Trowse, Norwich NR14 8TX	01603 622036	M
PH1155	Phipps	Tamsin	RDG	Rivers Access Campaign, Bisham Abbey National Sports Centre, Bisham SL7 1RT tamsin.phipps@bcu.org.uk		M
PR1394	Prestwood	Bob	GAI	11 Girtton Road, Cannock, Staffs WS11 3EB	01543 579717	T
PR1242	Prestwood	Christine	GAI	11 Girtton Road, Cannock, Staffs WS11 3OB gaileycc@aol.com	01543 579717	R
RA1405	Rawson	Andy	RDG	9 Bramley Green Road, Bramley, Tadley, Hants RG26 5UE	01256 881162	M
RE1424	Reading CC		RDG	The Warren, Caversham, Reading, Berks RG4 7TH info@reading-canoe.org.uk	0118 947 7643	R
RO1581	Rogers	Cathy	VIK	tfq39@hotmail.com		R
RO1582	Rogers	Rich	CDF	rirogers@cardiff.gov.uk	07740 167235	R
RO1171	Rose	Paul	PLY	Plymouth College, Ford Park, Plymouth, Devon PL4 6RN	01752 203300	RT
RO1172	Rossiter	Jim	WEY	101 Whyteleafe Road, Caterham, Surrey CR3 5EJ jimrossiter@btinternet.com	01883 346631	R
SC1495	Schofield	Chris	NOR	8 Highland Crescent, Trowse, Norwich NR14 8GA chris-schofield@live.com	01603 627722	R
SC1176	Scholey	Bob	CHE	35 Moorside Avenue, Parkgate, Neston, South Wirral CH64 6QS r_ja_scholey@tesco.net	0151 336 6367	R
SC1549	Scott	Claire	SCA	claire@celtecoutdoor.com	01540 210604	R
SC1179	Scottish Canoe Association		SCA	Caledonia House, South Gyle, Edinburgh EH12 9DQ		
SE1556	Seager	Mike		27 Ludlow Road, Church Stretton, Salop SY6 6AA mike.seager@tiscali.co.uk	01694 724493	R
SH1570	Sharpe	Tom	EXE	8 Well Oak Park, Exeter, Devon EX2 5BB tom-sharpe@hotmail.com	01392 671194	R
SH1475	Sheldrake	Mark	WAV	1 Malthouse Farm Cottages, Swainsthorpe, Norwich NR14 8PD marksheldrake@btopenworld.com	01508 471169	T
SM1553	Smith	Howard	BAS	137 Ash Hill Road, Ash, Aldershot, Hants GU12 5DW howard@bridesmaid.org	01252 341654	R
SM1539	Smythe	James	LEA	1 Crescent Lodge, 177 Crescent Road, New Barnet, Herts EN4 9RP james7270@sky.com	0208 440 5962	M
ST1404	Stagg	Richard	CAM	165 Gilbert Road, Cambridge CB4 3PA competition@cambridgecanoeclub.org.uk	01223 503414	RT

C = Coach (Squad) M = Marathon Committee O = Official (Regattas) R = Race Organiser S = Sprint Committee T = Team Leader

SU1188	Sunderland	Keith	TRE	31 Java Crescent, Trentham, Stoke-on-Trent	01782 643355	O
SU1189	Sunderland	Neil	BCU	258 Park Road East, Calverton, Nottingham NG14 6GH	0115 9654963	O
SU1190	Sunderland	Neville	BCU	10 Heath Grove, Meir Heath, Stoke-on-Trent ST3 7JT	01782 399473	O
SW1548	Swallow	Melvin	CHE	25 Meadow Lane, Huntingdon, Chester CH3 6DQ	01244 314214	T
SW1446	Swallow	Sarah	CHE	25 Meadow Lane, Huntingdon, Chester CH3 6DQ sarah.swallow@talktalk.net	01244 314214	OR
TA1193	Tarback	Sharon	WOL	2 Mullett Road, Wednesfield, Wolverhampton WV11 1DD sdltarback@talktalk.net	01922 476646	RT
TH1550	Thomas	Hilary	BAN	20 Colesbourne Road, Bloxham, Banbury OX15 4TB	01295 722934	T
TI1397	Tilford	Geoff	VIK	82 Whitworth Way, Wilstead, Bedfordshire MK45 3DY geoff.tilford@ntlworld.com	01234 404136	T
TR1268	Train	Steve	FLA	Glen Villa, Paynes Lane, Fladbury, Pershore, Worcs WR10 2QH stevetrain@btinternet.com	01386 861034	CRT
TR1270	Treadgold	James	RDG	Anderby, Gore End, Newbury, Berks RG20 0PH jamestreadgold@watersides.fsnet.co.uk	07789 043725	R
TW1000	Twiggs	Mike	PEN	38 Badger Gate, Threshfield, Skipton BD23 5EN mike_twiggs@hotmail.com	01756 753812	R
VI1589	Vincent	Richard	SOA	richard649@btinternet.com	0116 267 1826	R
WA1453	Warland	Graham	BAN	9 Woodhall Drive, Banbury, Oxon, OX16 9TY graham.warland@virgin.net	07967 66159	R
WE1583	West	Stuart	WOR	stuart_j_west@yahoo.co.uk		R
WE1214	Wetherall	Trevor	RIC	10 Waverley Avenue, Whitton, Twickenham, Middx TW2 6DW	0208 288 9534	T
WH1584	White	Ian	CKP	ian@katakanu.com	07884 496256	R
WH1538	White	Lawrence	LBZ	58 Bideford Green, Linslade, Beds, LU7 2TH lswhite58@tiscali.co.uk	01525 370951	R
WI1215	Williams	Alan	BCU	8 Westmont Road, Hinchley Wood, Surrey KT10 9BT	0208 398 3818	CMS
WI1477	Wingfield	Penny	DCP	Coed-Lyn, Rowen, Conwy LL32 8YL penny@dmx.co.uk	01492 650989	RT
WO1517	Wokingham Canoe Club		WOK	Wokingham Waterside Centre, Thames Valley Park Drive, Reading, Berks jkebble1986@googlemail.com		R
WO1218	Wooltorton	Nigel	MCA	Unit 1, Coventry Canal Warehouse, Leicester Row, Coventry CV1 4LH avon.descant@merciancanoeclub.org.uk	07833 705806	RT
WY1483	Wycherley	Gordon	WEY	Strathyre, Thursley Rd, Elstead, Surrey GU8 6EA	01252 703185	OS
WY1222	Wynne	Mr & Mrs G	TON	40 Bramble Close, Hildenborough, Tonbridge, Kent TN11 9HQ	01732 833590	OS

DRUGS AND DISEASES

For an up-to-date version of the BCU's anti-doping policy please visit their website

<http://www.bcu.org.uk/our-sport/athlete-information-and-funding/anti-doping-drug-free-sport/>

LEPTOSPIROSIS AND THE CANOEIST

Leptospirosis

This is an animal infection, but after recovery the animal continues to excrete the organisms in the urine. These survive for days or even weeks in moist conditions, but for only a few hours in salt water. Humans catch the infection by direct contact with the urine or the urine polluted environment. Bacteria enter through skin abrasions or via the eyes, nose or mouth.

The Illness

The usual incubation is 7 to 12 days. Normally 'flu-like illness occurs which resolves in 2 -3 weeks. There may be fever, severe headache, pains in the back and calves and prostration. A few cases develop jaundice, when the condition is known as Weil's disease. Although death may occur in about 15% of the jaundiced patients, death without jaundice is virtually unknown. Antibiotics during the first few days may help to limit the infection. Many cases recover without specific treatment.

What to do

If you think you may have the infection, go to your doctor and tell him or her that there may be a risk of Leptospirosis. The diagnosis is by clinical suspicion. Blood tests can rarely confirm the illness in time to affect treatment, though they may subsequently confirm it. The microbiologist at your local hospital is the best source of advice.

Prevention

1. Cover all cuts and abrasions with waterproof plasters
2. Always wear footwear to avoid cutting the feet.
3. Avoid capsizing drill or rolling practice in inland waters.
4. Shower as soon as possible after canoeing.
5. If in doubt, consult your doctor early.

Remember that simple precautions can reduce your risk.

PADDLESafe – SAFEGUARDING AND PROTECTING CHILDREN

The BCU is committed to ensuring that all children and vulnerable adults enjoy paddlesport in a safe environment in which they are protected from any form of poor practice or abuse. We continue to work towards the standards set for sport and to implement the requirements set within government guidelines and legislation. As part of this commitment each home nation is working towards the Standards for Safeguarding and Protecting Children in Sport.

Everyone in Paddlesport has a responsibility to help to safeguard and protect children and vulnerable adults – whether it is an administrator, club official, coach, parent, friend or children themselves. This can be a daunting prospect – and to support everyone involved in our sport to apply these principals the BCU has developed a range of child protection policies and procedures. These child protection procedures stem from the following principles:

- the child's welfare is paramount
- anyone under the age of 18 is classed as a child
- All children, regardless of age, any disability they have, gender, racial origin, religious belief and sexual identity have a right to be protected from abuse.
- Coaches, clubs and centres need to be provided with advice to raise awareness of best practice and guidance and support should they become involved in an abuse situation.

All our policies and documents to support those working with young people can be easily found on our website – www.bcu.org.uk – there is a direct link from the home page. Alternatively, contact your Home Nation if you would like further information or are unable to access the internet. We know that if the procedures are to help to protect children, everyone involved in Paddlesport needs to see and discuss them. We are, therefore, asking club Secretaries/Welfare Officers to make sure that they are widely distributed and discussed at club executive and general meetings.

Child Protection Support Officer - While the welfare of young people is the BCU's first consideration, we recognize that coaches, volunteers and helpers may also require support if an allegation is made against them. In these cases individuals should contact the BCU Child Protection Support Officer whose role is to listen, support, help and provide advice. (Contact details below) They will not be involved in the case and will be completely independent of the investigation.

Event Management - In 2009 we will be introducing an update of our Safe Events guidance sheet. Event organisers should take note that there will be a requirement to provide a Welfare Officer at all events and further information will be circulated early in 2009.

Good Practice Guidelines

By following these guidelines you will help to protect both the children/vulnerable adults in our sport and our coaches/helpers from wrongful allegations.

- Avoid situations where you are alone with one child/vulnerable adult. The BCU acknowledges that occasionally there may be no alternative, for example, where a child/vulnerable adult falls ill and has to be taken home. We would stress, however, that one to one contact must not be allowed to occur on a regular basis.
- If any form of physical support is required ask the paddler's permission, explain what you are doing and why to both the child/vulnerable adult and their parents/carers.
- Where possible ask parents/carers to be responsible for children/vulnerable adults in changing rooms. Always ensure that whoever supervises young people work in pairs.

PADDLESafe – SAFEGUARDING AND PROTECTING CHILDREN

- Where there are mixed teams/groups away from home, they should always be accompanied by an adult male and female coach/helper.
- Don't allow physically rough or sexually provocative games, or inappropriate talking or touching.
- If it's necessary to do things of a personal nature for children/vulnerable adults, make sure you have another adult accompanying you. Get the consent of the parent/carer and if possible the child/vulnerable adult. Let them know what you are doing and why.
- Ensure that any claims of abuse by a child/vulnerable adult are taken seriously and that it is dealt with by people who know what to do.
- Ensure that the nature and intensity of training does not exceed the capacity of a child's/vulnerable adult's immature growing body and ability.
- Follow the BCU guidelines for photography and video use (see reference sheet 'Guidelines for use of Photographic and Filming Equipment')

Ensure your club adheres to the BCU best practice guidelines with particular reference to.

- The BCU Code of Ethics.
- The BCU Child Protection Policy and Vulnerable Adults Policy
- Safe recruitment practices and the requirements for coaches /helpers who work with children to have a valid CRB/disclosure
- Individuals who work with children undertake the relevant child protection training eg scUK Safeguarding and Protecting Children.
- Club Welfare Officers attend specific training to support their role eg Time to Listen workshop.
- Publicise your club Welfare/Child Protection Officer contact details to your club members and forward the details to the BCU/Home Nation.
- Publicise the national helplines listed below for the NSPCC and ChildLine.

IMPORTANT CONTACTS

24 Hour Child Protection Contact Number

Mobile 0777 570 7364, Email childprotection@bcu.org.uk

BCU Child Protection Lead Officer

Mike Devlin – 0845 370 9514

BCU Child Protection Support Officer

(For coaches, volunteers and staff who have received an allegation against them)
Nigel Timmins 017684 80084

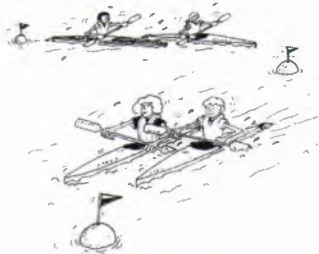
BCU Criminal Records Disclosure

Maria Winfield Tel 0845 370 9503

NSPCC CHILD PROTECTION HELPLINE Tel 0800 800 5000

CHILDLINE Tel 0800 1111

THE MINI SPRINT SERIES 2009



The Mini Sprint Series is run alongside the National Sprint Regattas held at Holme Pierrepont in Nottingham during May, June, July and September.

The Mini Sprint series has been specifically developed to suit the needs of young people who have chosen this discipline at this time. It is part of the Paddlesport foundation which helps them progress into whichever discipline they may eventually choose. The programme has taken into account that full sized K1s, K2s and K4s are too large for young people. Together, Canoe England's Paddlesport Participation Programme and the BCU Sprint Racing Committee have formed the Mini Sprint Series which has evolved from the Lightning series which was originally only a K1 event.

The aim of the series is:

- To introduce young paddlers to the venue.
- To develop experience of sprint competition at a national event.
- To develop teamwork.
- To have the opportunity to develop paddling skills/speed through organised activities.
- To become motivated to progress through the main classes.
- To meet and make friends with paddlers from other clubs.
- **To enjoy, have fun and become confident sprint paddlers.**

The series has been developed over the years as a weekend event involving coaching activities and racing. **Some changes have been made for 2009.** The paddlers will compete over 500metres in Lightning K1, Mini K2 and Rocket K4 with heats and finals being run and timed on the main regatta course. There will be no 1000m races.

Changes have been made to the categories.

Coaching will be differentiated so that all paddlers will be able to enjoy and benefit from the activities.

Coaching and racing in Open Canoes will be included in the weekend event.

MINI SPRINT CUP

Points will be awarded for each event culminating in the final event where double points will be awarded.

9th/10th May Regatta Nottingham

6th/7th June Regatta Nottingham

4th/5th July National Championship Regatta Nottingham

5th/6th September Mini Sprint Cup Finals – Inter Club Regatta Nottingham

THE MINI SPRINT SERIES 2009

MINI SPRINT CUP RULES -2009 Points are accumulated at each nominated event leading to a final at the Inter Club Championships in September. The Mini Sprint Cup includes overall prizes for both individuals in each category and overall club prize. Details are as follows:

Entry Conditions

To enter the Mini Sprint Series the young people must be aged 9 or over and under 12 on 1st January 2009 (Year of Birth 1999 - 1997), have reached at least Paddlepower Discover standard and must be able to paddle a K1 Lightning over 500m in less than 4m15s.

Categories

- A – For those who can complete 500m in under 3m45s
- B – For those who complete 500m between 3m45s and 4m15s

Entries

All entry fees are per day and will be taken with main regatta entries - see Team Leader's section.

Events

May, June and July, with the Finals at the Inter Clubs September Regatta 2009.

Points scoring:

1. All National winners (individual) are awarded on the same system, 2 best regatta scores added to their Inter Clubs score.
2. Points scored will count towards the team & individual event.
3. National Regattas (May, June, July): in K1, K2 and K4.
K1 Final-1, 1st place scores 10 points, 2nd place scores 9 points etc. down to 2 points for 9th place, everyone after that scores 1 point. The total number of points scored across K1, K2 and K4 will be added together to determine the results at each regatta. For the K2/K4 races without heats the points will be awarded on time with the fastest crew receiving 10 points each, 9 points to the second fastest crew etc.
4. Inter Clubs Regatta (September): in K1, K2 and K4,
As the National Regattas but double points will be awarded.
5. Club/Team event:
The points scoring system is based on each club's best 2 regatta result's scores added to their Inter Clubs points score.

Promotions:

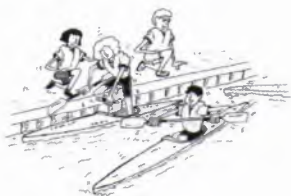
Promotion from Mini Sprint Category B to A will be based on K1 500m times being less than 3m45s. Promotion into Boys D and Girls D is based on normal regatta entry guidelines. See Standards Chart on page D1.

Prizes:

Tidly Winks will be awarded for 1st, 2nd & 3rd places in the K1 Final-1 of each category and for the three fastest K2/K4 crews in each category within the Mini Sprint series.

Trophies will be awarded to the overall series winners 1st, 2nd, & 3rd and The Mini Sprint Cup will be awarded to the overall series Club/Team.

All participants will be awarded a Certificate at prize giving



SPRINT RACING REGULATIONS AND ADMINISTRATION

Chairman's Foreword

The Summer Olympics in Beijing - what a fantastic result! 2008 being the first time I can remember not having watched the Olympics on BBC TV, it was a very strange feeling to be watching Tim win Gold and Bronze and yet not to be part of the patriotic wave sweeping the country back home. The experience in the umpire boat watching GBR history being made - wow!

This amazing result overshadowed something else amazing that happened last summer, when our youngest ever, junior, Olympian, Jess Walker, took to the water in Beijing. Although Jess may not have gained the result she wanted, we were all totally impressed and in awe of a junior actually reaching this level in the sport.

2008 turned out to be Great Britain Sprint Racing's year but it wasn't all Olympics. We have had very good results in numerous age groups at many events, both National and International, which goes to prove that we do have the talent. What we should also recognise is the considerable support given by family, friends, volunteers and coaches - all doing a tremendous amount of background work helping the athletes to achieve. A big thank you to everyone.

As we commence the 2009 season, let us capitalise on our 2008 season and push for even better results and more fun. I will be at the regattas officiating and just walking around, so please stop me and have a chat.

Regards

Peter Moule
Chairman

National Regattas' Saturday evenings Entertainment and a meal

This year, on the Saturday evening of a BCU Sprint Racing National Regatta you will not have to leave the NWSC to find somewhere to relax and refuel.

The NWSC in conjunction with the BCU SRC will be making available a themed evening of entertainment along with a special menu at a fixed price (£5.95) in the Regatta Bar

*A selection of hot food will be available from 18.30pm until 21.00 pm.
Entertainment will be provided courtesy of the SRC*

Please note that the Main Centre Servery will close at 18.30 pm on Saturdays.

We hope that you have a successful 2009 race season.

SPRINT RACING REGULATIONS AND ADMINISTRATION



SPRINT RACING COMMITTEE

Peter Moule	Chairman	MO1371
Alan Laws	Vice-Chairman, Flatwater Newsletter, Competition Representative English Council	LA1111
Cathy Wynne	Secretary bcu.srcsecretary@yahoo.co.uk	WY1222
Mo Moule	Treasurer	MO1360
David Brown	Publicity	BR1547
Ann Hoile	Publicity, Paddler's Post, Competition Representative Canoe England Coaching Council	HO1230
Roland Lawler	International Panel (Selection Committee)	LA1109
Alan Williams	National Performance Manager	WI1215
Gordon Wycherley	Regatta Committee Chairman	WY1483
Liz McGown		MC1571
Howard Blackman	Co-opted for 2009	BL1526
Louise Clive	Co-opted for 2009	CL1586
John Hoile	Co-opted for 2009	HO1587

REGATTA COMMITTEE

Gordon Wycherley	Chairman	WY1483
Peter Morley	Regatta Organiser peter.c.morley@btinternet.com	MO1132
Designated ICF Officials	Chief Official	
Martin Brooks	Treasurer	BR1021
Peter Morley	Registration & Club Colours	MO1132

SPRINT RACING REGULATIONS AND ADMINISTRATION

These regulations are bound to the Articles of Association of the British Canoe Union, ("BCU") and were approved by the Board of the BCU ("Board") in December 2004.

1. Title

- 1.1 The Committee shall be called the BCU Sprint Racing Committee.

2. Objectives

- 2.1 The Committee interests itself in all matters arising out of and in connection with canoe and kayak sprint racing in Great Britain. Sprint racing is held over distances up to and including 5000 metres on racing courses which are designed to be as flat and still as possible.
- 2.2 The Committee's objectives are to encourage club, regional, national and international sprint races.
- 2.3 Its primary responsibilities are: -
- (a) To organise and conduct National Championships and other competitions on behalf of the BCU.
 - (b) To set and publish competition rules and make recommendations for the conduct of national and regional regattas.
 - (c) To give advice, guidance, and encouragement to sponsors of sprint racing in Great Britain.
 - (d) To select, train and administer teams representing Great Britain in international events.
 - (e) To select, train and administer teams representing England in international events.
 - (f) To train competition officials.
 - (g) To develop good coaching within regions and clubs.
 - (h) To maintain disciplinary regulations.
 - (i) To act as final authority in disputes, protests and appeals with regard to sprint racing rules and competitions.

3. Committee

- 3.1 The Committee shall comprise up to 12 persons, being Full Individual Members of the BCU. This total shall include the Chairman, Secretary and Treasurer but does not include national delegates, co-opted members or the representative from the Regional Development Teams.
- 3.2 Members of the Committee shall serve for approximately two years and shall be eligible to stand for re-election at alternate Annual Consultative Meetings. One half of the elected members shall retire at each Annual Consultative Meeting.
- 3.3 The Chairman of the Committee shall be elected at the Annual Consultative Meeting and shall serve until the next Annual Consultative Meeting and be eligible to stand for re-election.
- 3.4 Persons who are employees of the BCU or National Associations may serve as members of the Committee with the consent of the Board.
- 3.5 The Committee shall appoint from within their membership (including co-opted members), a Secretary, a Treasurer and such other officers the Committee considers necessary for its administration and representation on other committees.
- 3.6 The Chairman has a seat on the World Class Management Group and the Committee shall appoint a representative to sit on the Sports Management Committee (SMC).
- 3.7 One representative of the sprint racing representatives on the English Regional Development Teams shall be entitled to attend meetings of the Committee as a non-voting member.

SPRINT RACING REGULATIONS AND ADMINISTRATION

4. Co-options

- 4.1 Committee may co-opt not more than three Full Individual Members to serve on the Committee until the next Annual Consultative Meeting. Co-opted members shall have the same voting rights as other Committee members.

5. Nominations

- 5.1 Nominations of candidates for election at the Annual Consultative Meeting shall be made to the Secretary of the Committee in writing supported by the signatures of two Full Individual Members of the BCU and must reach the Secretary by 1st August prior to the Annual Consultative Meeting.

6. Proceedings of the Committee

- 6.1 The Committee shall meet at least twice in each calendar year and shall report to the SMC, which in turn shall report to the Board.
- 6.2 At least seven days notice of meetings shall be given in writing (by post, email or fax) to all members of the Committee.
- 6.3 The Secretary shall keep minutes of the proceedings of the Committee and of the Annual Consultative Meeting. Copies of the minutes shall be sent to the SMC. Copies of the agenda and minutes shall be sent to the regional sprint racing representatives.
- 6.4 Six of the members entitled to attend and vote at a meeting shall form a quorum of the Committee. Voting shall be by show of hands only and each member shall have one vote.
- 6.5 The Treasurer shall keep such books of account as the Board and the Committee may from time to time direct. The accounts of the Committee shall be submitted annually to the SMC, made up to 31 October. Approved costs of members attending meetings shall be paid.

7. General Meetings

- 7.1 The Annual Consultative Meeting shall be held during the final National Regatta of the season which is usually in September.
- 7.2 At least 21 clear days' notice of the date, time and place of General Meetings shall be given to each affiliated club that has registered its interest in sprint racing with the Committee. Clubs register an interest by competing at any national or regional regatta in the period since the last Annual Consultative Meeting. The agenda for a General Meeting, details of the business to be discussed at the meeting and of the persons nominated for election shall accompany the notice of meeting.
- 7.3 The business of the Annual Consultative Meeting shall be:
- (a) to receive the report of the Chairman;
 - (b) to receive a summary statement of accounts;
 - (c) to elect persons nominated to serve on the Committee, including the Chairman.
 - (d) to consider any items included in the notice of meeting. Any conclusions reached on such items shall stand as recommendations for further consideration by the Committee.
- 7.4 Only business notified in the notice of meeting shall be transacted.
- 7.5 Any item for the agenda at the Annual Consultative Meeting shall be submitted to the Secretary of the Committee in writing supported by the signatures of two Full Individual Members of the BCU and must reach the Secretary by 1st August prior to the Annual Consultative Meeting. Other items may be discussed at the discretion of the Chairman.
- 7.6 No business shall be transacted at any General Meeting unless a quorum of members is present at the time the meeting proceeds to do business. A quorum shall be eight Voting Members.
- 7.7 The Chairman of the Committee shall preside at General Meetings. If the Chairman is known to be unable to attend or if he remains absent 30 minutes after the scheduled start time of the meeting, the voting members present may choose a voting member to take the

SPRINT RACING REGULATIONS AND ADMINISTRATION

chair.

- 7.8 "Voting Member" means any club or organisation affiliated to the BCU who participate in and have registered an interest in sprint racing. Each voting member represented at a General Meeting by a Full Individual Member shall be entitled to one vote.
- 7.9 The Chairman shall not be entitled to vote other than when a casting vote is required.
- 7.10 Voting shall be by a show of hands unless two or more voting members are present or the Chairman requests a poll.
- 7.11 A General Meeting may be called at any time at the discretion of the Committee or by notice in writing to the Secretary by not less than 10 voting members. Such notice must state in the form of a motion the business to be discussed and be signed on behalf of the voting members. The Committee shall convene a General Meeting within 60 days of receipt of such notice.
- 8. Sub-committees**
- 8.1 The Committee may, with the prior approval of the SMC, appoint a sub-committee, standing or otherwise, for a specific period and with a specific brief. The Committee shall appoint one of its number to chair the sub-committee and all members shall be Full Individual Members of the BCU. The Committee shall supervise and be responsible to SMC for the work of its sub-committees and shall fund its sub-committees from within its set approved budget.
- 9. Financial Budget**
- 9.1 The Committee shall set a specific annual budget each year for approval by the SMC.
- 10. Trophies**
- 10.1 The Committee shall approve the list of trophies which are the property of the committee and are awarded each year. The Committee shall also determine and publish the basis for competition for these trophies.
- 11. National Championships**
- 11.1 Each year the Committee shall organise or nominate a National Championship Regatta.
- a) This regatta shall include races for the majority of the National Championship classes and distances.
 - b) Any National Championship races not included in the National Championships Regatta shall be included in the other National Sprint Regattas held that season.
 - c) The winners of the classes shall be considered the National Sprint Racing Champions in their respective classes

SPRINT RACING

BCU SPRINT RACING COMPETITION RULES

Issue date: 1 January 2009

Introduction

The purpose of this document is to provide the Rules that govern:

- a) Sprint Racing (named Canoe Sprint by the International Canoe Federation)
- b) The conduct of that Racing

It follows as closely as possible the wording and sequence the International Canoe Federation Canoe Sprint Competition Rules taking effect from 1st January 2009. However, it also contains some additional regulations or changes to those rules as determined from time to time by the BCU Sprint Racing Committee.

The following words, acronyms and abbreviations are referred to in this document:

BCU British Canoe Union (the Governing Body for Canoeing in Great Britain)

BOA British Olympic Association (the National Olympic Committee for Great Britain)

ICF International Canoe Federation

IOC International Olympic Committee

NOC National Olympic Committee

SRS Sprint Racing Section of the BCU (responsible to the BCU for the control of Sprint Racing competitions in canoes and kayaks over distances up to and including 5000 metres)

SRC Sprint Racing Committee (elected by the Sprint Racing Section to carry out the objectives of the Section on a day-to-day basis).

RC Regatta Committee (a sub-committee of the SRC responsible for organising and conducting National Championships and other competitions on behalf of the BCU)

Aims and Definition of Sprint Racing

The aim of a canoe race competition is for people to race each other in kayaks and canoes over a clearly defined unobstructed course in the shortest possible time according to the rules. The course should be as flat and still as can be obtained. Although the course length may be any distance up to and including 5,000 metres and competition organised for any craft, the official events and distances recognised by the BCU and ICF are the following:

For men and women: K1, K2, K4, C1, C2, C4 200, 500 and 1000 metres

K1, K2, K4, C1, C2 5000 metres but only 2500 for some Junior events

Table of Contents

Part I - GENERAL REGULATIONS

1. International Competitions
2. National Status Competitions
3. Club Regattas
4. Competing outside of the United Kingdom
5. Membership of more than one club or change of club
6. Athlete Eligibility and Sponsorships
7. Classification of Paddlers
8. National Championship Entries

Part II - CLASSES AND BUILDING REGULATIONS

9. Limitations
10. Trademarks
11. Construction
12. Boat Control

Part III - ORGANISATION OF COMPETITIONS

13. Officials, Competition Committee and Competition Jury, Duties of Officials
14. Invitations
15. Entries and Racing Colours
16. Heats and Finals
17. Acceptance of Entries
18. Team Leaders' Meeting

SPRINT RACING

BCU SPRINT RACING COMPETITION RULES

19. Alterations to Entries and Withdrawals
20. Alterations in the sequence of events
21. Courses - Marking Signs - Layout
22. Canoe and personal numbers
23. Instructions for Competitors

Part IV - RACING REGULATIONS

24. Means of Propulsion
25. Start
26. Paddling on the Course
27. Pacing
28. Long Distance Competitions
29. Finish
30. Tasks of Competitors after the Race
31. Disqualifications
32. Protests
33. Appeals

Part V - SPECIAL RULES FOR NATIONAL CHAMPIONSHIP EVENTS

Part I - GENERAL REGULATIONS

There are three levels of competition: - International, National Status and Club.

1. International Competitions

- 1.1 The ICF has ruled that all International Competitions must take place in accordance with the ICF Canoe Sprint Competition Rules. All competitions organised by either the BCU or a BCU Club are considered international if competitors of a foreign country are invited to participate.
- 1.2 These competitions must be supervised or managed by at least one accredited official in possession of a valid ICF Flatwater Racing Official card.

1.3 Foreign Nationals

- 1.3.1 No member of a foreign Federation or club may compete or be invited to compete in an open or national competition within the United Kingdom without permission from the SRC.
- 1.3.2 Only the members of clubs or associations affiliated with an ICF Member Federation have the right to participate in an international competition.
- 1.3.3 A competitor is always allowed to take part individually in an international competition but must in each case obtain special permission from his/her national federation.
- 1.3.4 A competitor may take part on behalf of the BCU provided they are domiciled in the UK, if he/she obtains the authorisation of his/her Federation of origin. This authorisation has to be sent before 30th November prior to the year concerned to the ICF Headquarters with a copy to the Chairman of the ICF Canoe Sprint Committee.
- 1.3.5 If he/she has lived for 2 (two) years or more in the UK, the approval of his/her Federation of origin is no longer required.
- 1.3.6 A competitor may not compete for more than one Federation in any calendar year in the sport of canoeing. This rule does not apply in the case of a competitor who leaves his/her country of origin to marry and live in another country. He/she can, in this case compete for his/her new Federation without awaiting the delay of 2 years.

2. National Status Competitions

- 2.1 All competitions announced as National Status competitions shall be held in accordance with the Sprint Racing Competition Rules of the BCU.
- 2.2 National Status Competitions are those at which promotions within the National Divisions take place.
- 2.3 National Status Competitions are organised on behalf of the BCU.
- 2.4 All competitors at National Status Competitions must be registered with the RC and must be BCU members or, if racing in a Junior "D" class, a member of a club which has a registered youth section and is affiliated to the BCU.
- 2.5 Organisers of National Status Competitions shall declare that the competition is being held

SPRINT RACING

BCU SPRINT RACING COMPETITION RULES

under BCU rules.

- 2.6 National Status Competitions require a permit from the SRC. Application for a Regatta permit shall be directed to the Secretary of the SRC. Such a permit shall require:
 - a) Observance of the BCU Sprint Racing Competition Rules.
 - b) Inclusion the words "Under BCU Rules" on all printed matter issued in connection with the competition.
 - c) Compliance with Part III Rule 13.5 regarding Regatta Officials.
- 2.7 National Status Competitions will be included in the official BCU Calendar of events.
- 2.8 Within 14 days of the close of a competition a completed regatta programme with results and signed by the Competition Secretary shall be sent to the Secretary of the SRC.
3. **Club Regattas**
 - 3.1 BCU members are allowed to participate with non BCU members.
 - 3.2 No promotions will be made at Club Regattas. Performance will not affect National Ranking.
 - 3.3 The Rules and Classes may be altered to suit Club requirements.
 - 3.4 Organisers of Club Regattas may advertise their events in the Racing Hand Book on payment of the appropriate fee.
 - 3.5 Organisers are asked to encourage all who take part to become BCU members. Where fees are charged, BCU members should be charged a reduced fee.
 - 3.6 To ensure uniformity, organisers are asked to follow the BCU Sprint Racing Competition Rules as far as possible.
 - 3.7 Organisers are asked to make it clear in all literature what the events and rules will be.
 - 3.8 A booklet 'Organising a Club Regatta' will be available.
4. **Competing outside of the United Kingdom**

No Club or member of a Club or individual member of the BCU may compete outside the United Kingdom without permission from the SRC. See Rules 1.3.2 to 1.3.6, which are also the rules of the ICF and apply to all Member Federations.
5. **Membership of more than one club or change of club**

When a competitor is a member of two or more clubs he shall, by March 1st have declared the name of the club in whose colours he will race that year in individual events. A person joining a second club after March 1st must continue to race for his first club. A competitor who has changed his club is not permitted to race for his new club, unless prior consent of his old club has been obtained. The consent shall not be withheld in the case of a change of residence from one area to another.
6. **Athlete Eligibility and Sponsorships**

The rules of the International Canoe Federation or the National Olympic Committee shall apply to all matters relating to Amateur Status. At present there are no regulations specific to Amateur Status other than as broadly listed in 6.2.
- 6.1 **Foreign Teams**

Foreign Teams may receive compensation/assistance authorised by the BCU to cover financial expense to participate in an UK competition. Under no circumstances shall any payment exceed the sum of actual expenditure.
- 6.2 **A Canoeist/Competitor may not:**
 - a) In the practice of sport and in the opinion of the BCU manifestly contravene the spirit of fair play in the exercise of sport, particularly by the use of doping or violence.
 - b) Have allowed his person, name, picture or sport performance to be used for advertising, except when the BCU or its Committees enter into a contract for sponsorship or equipment. All payments must be made to the BCU and not to the individual. (See also 6.6.2)
 - c) Participate in any competition on condition of a financial consideration.
- 6.3 **A Canoeist/Competitor may:**

Accept, during a period of preparation and/or actual competition which shall be limited by the rules of the BCU and its Committees:

 - a) Assistance administered through the BOA or the BCU World Class Performance Programme: living expenses, insurance cover in respect of accidents, illness and disability; personal property, sports equipment and clothing; cost of medical treatment, physiotherapy and authorised coaches.

SPRINT RACING

BCU SPRINT RACING COMPETITION RULES

- b) Compensation authorised by his or her NOC or the BCU World Class Performance Programme, in the case of necessity, to cover financial loss resulting from his or her absence from work or basic occupation in the Olympic Games and sports competition or other canoeing activities. In no circumstances shall payment made under this provision exceed the sum which the competitor would have earned in the same period. The compensation may be paid with the approval of the BCU or the BOA at their discretion.
- c) Accept prizes won in competition or other canoeing activities, within the rules established by the BCU and its Committees and the ICF.
- 6.4 In all cases which are not covered by the above regulations (6.2 and 6.3), the corresponding rules of the ICF or the BOA shall apply.
- 6.5 **Procedures To Be Undertaken By Those Seeking, Obtaining, and Disbursing Sponsorships, Sports Scholarships and Awards.**
- 6.5.1 Details of all personal sponsorship arrangements, sports sponsorships and other awards, offered to or negotiated by individuals or organisations, must be submitted by beneficiaries to the BCU Committee responsible for administering the particular activity, for registration and approval. When doubt exists regarding the appropriate Committee to whom information should be furnished, BCU Headquarters will arrange for the necessary action to be undertaken.
- 6.5.2 A central registry of all personal sponsorship arrangements will be maintained by the BCU Headquarters, and will be available for inspection by authorised officers of the BCU.
- 6.5.3 The term "personal sponsorship arrangements negotiated by beneficiaries" shall include:
 - Payments made to athletes selected through the UK Sport Performance Matrix and administered by the BCU Performance Director. Sponsorship provided by individuals (not family), commercial, industrial, and public authorities, National and Regional Sports Aid Foundations, Local Authorities, Trust Funds, Educational Institutions and agencies, Clubs and other miscellaneous supportive groups.
- 6.6 **Advertising on Boats and Equipment**
- 6.6.1 Advertising of any tobacco, tobacco related products or strong spirit drinks on boats or equipment is not permitted by the BCU.
- 6.6.2 The IOC and the Olympic Charter regulate use of athlete images during the period of the Olympic Games. Except as permitted by the IOC Executive Board, no competitor who participates in the Olympic Games may allow his person, name, picture or sports performance to be used for advertising during the Olympic Games except where:
 - a) The NOC of the athlete has given its express prior written consent to each such use, and
 - b) That, in any event, such use is not in relation to the athlete's performance at such Games.
- 7. **Classification of Paddlers**
- 7.1 **Junior:** A Junior is a competitor under 18 years of age at the beginning of the current calendar year. A Junior will have junior racing status unless promoted to senior racing status. Each Junior status competitor will be nominated to compete in one of the Junior classes as laid down from time to time by the SRC. Juniors who have Senior status may race in the appropriate Junior class for National Championship events.
- 7.2 **Senior:** A Senior is a competitor who is over 18 years of age at the beginning of the calendar year, and will have Senior racing status. Each Senior status competitor will be nominated to compete in one of the Senior Classes as laid down from time to time by the SRC.
- 7.3 **Master (Veteran):** The first year a Master can compete is the year that his (her) thirty-fifth (35th) birthday falls in provided that he is not already nominated to compete in Mens A
- 7.4 **Promotions:** Entry to and promotion between classes will be at the discretion of the SRC and will be based on results gained in competition at regatta venues nominated by the SRC. A competitor may, at the discretion of the SRC, be permitted to revert to a lower class at the end of a regatta season.
- 7.5 **Mixed Events:** Mixed events where male and female competitors take part in the same boat are permitted.
- 7.6 **Status:** Status in Kayaks has no bearing on status in Canadian Canoes and the converse i.e. a premier Senior Class competitor in Canadian Canoes may be a lower Senior Class in Kayak.
- 7.7 **Special Rules for Kayak and Canadian Fours:** Senior status competitors may not compete in fours events of a lower senior class than that for which they are nominated as individuals. Senior Class competitors may be members of fours crews competing in higher senior classes than their own without losing their individual Senior Class status. a win in a fours event does not affect the status of the members of the crew.

SPRINT RACING

BCU SPRINT RACING COMPETITION RULES

8. National Championship Entries:

Entries for these events shall be restricted to British Nationals who are members of the BCU. Aliens resident in Great Britain for at least two years may be permitted to enter for a National Championship event. There is no time restriction in the case of men/women competitors who conform to the conditions contained in Rule 1.3.6.

Part II - CLASSES AND BUILDING REGULATIONS

9. Limitations

K1	K2	K4	C1	C2	C4	
520	650	1100	520	650	900	max.length
12	18	30	16	20	30	min.weight
Measurements in cm - Weights in kg						

10. Trademarks

Boats, accessories and clothing may carry trademarks, advertising symbols and written text. All advertising material should be placed in such a way that it does not interfere with competitors' identification and does not affect the outcome of the race.

The advertising of tobacco smoking and strong spirit drinks will not be accepted.

N.B. These rules do not apply to the Olympic Games where there are specific limitations. See 7.5 of the ICF Canoe Sprint Competition Rules.

Any boat, accessory, or article of clothing, which does not comply with the above conditions, will be ineligible for use during a competition. Teams and competitors are responsible for their own equipment.

11. Construction

The boat must be constructed so that it remains buoyant when filled with water.

11.1 The Hull

Section and longitudinal lines of the hull of the kayak and canoe shall not be concave (only horizontal and vertical).

11.2 The Deck

The deck construction may not be higher on any horizontal point than the highest point of the front edge of the first cockpit.

11.3 No foreign substance may be added to boats which give competitors an unfair advantage.

11.3.1 No part of the boat (including the seat and the footrest) may have moving parts which can be used to help propel the boat in a way which would give competitors an unfair advantage (existing moving seat systems already in use are accepted).

11.4 It is forbidden for the boat or the competitor to be equipped with any device which would give the competitor any advantage in any way during competition.

Kayaks

11.5 Boats may have one rudder. Over-stern rudders may not be thicker than 10mm for K1 and K2, or 12mm for a K4.

The boat to be designed as to be a sit-in (Kayak type) not a sit-on (Surf Ski type).

Canoes

11.6 The canoe must be built symmetrically upon the axis of its length.

Steering rudders or any guiding apparatus directing the course of the canoe is banned. A keel, if any, must be straight, shall extend over the whole length of the canoe and not project more than 30mm below the hull.

The C1 and C2 may be entirely open. The minimum length of the opening shall be 280cm and the edge of the side of the craft (gunwale) can extend maximum 5cm into the craft along the whole defined opening. The boat can have maximum three strengthening bars with a width of 7cm each.

SPRINT RACING

BCU SPRINT RACING COMPETITION RULES

The C4 canoe may be entirely open. The minimum length of the opening shall be 390cm and the edge of the side of the craft (gunwale) can extend maximum 6cm into the craft along the defined opening. The boat can have maximum four strengthening bars with a width of maximum 7cm each.

- 11.7 The competitors are responsible to ensure the boats conform to the technical requirements for the competitions.

Innovations

- 11.8 Significant innovations in equipment including, but not limited to, boats, related equipment and clothing, must meet the requirements and conditions contained in 8.7 of the ICF Canoe Sprint Racing Rules.

12. Boat Control

- 12.1 The length of a kayak or a canoe shall be measured between the extremes of the stem and the stern. Stem-bands or other projections of the stem or stern, if any, are to be included. Any rudder forming a continuation of the length of a kayak is not to be included in the measurement.
- 12.2 No alterations in canoes and kayaks are permitted after the measuring and weighing and before the competition has taken place.

Before Weighing the Boat:

- 12.3 All loose outfit shall be removed. Permanent knee rests attached in a definitive way to the floorboard and buoyancy attachments consisting of water absorbing material must be absolutely dry at the first weighing prior to the race. Three or more boats according to the decision of the Competition Committee and on a random system shall be recontrolled immediately after the race.

Part III - ORGANISATION OF COMPETITIONS

13. Officials

13.1 Duties of the Organising Committee

An Organising Committee is responsible for the preparation and running of the competition.

The Organising Committee shall, in particular:

1. Fix the date and the programme of the regatta in agreement with the SRC.
2. Draw up and distribute the advance programme including the date and time of the team leaders' meeting.
3. Make available a stretch of water and technical equipment conforming to the present Competition Racing Rules.

13.2 Competition Committee

The competition is to be managed by a Competition Committee consisting of:

- 1) Chief Official
- 2) Chief Judge
- 3) Deputy Chief Judge

For status competitions two members of the competition committee must be registered Regatta Officials of the BCU Sprint Racing Committee.

For an international regatta two members of the Competition Committee must be in possession of a valid International Canoe Sprint Official card.

13.3 The Competition Committee must:

- a) Organise and supervise the competition.
- b) In the event of inclement weather or other unforeseen circumstances which make it impossible to carry out the competition, postpone the competition and decide on another time when it may be held.
- c) Hear any protests that may be made and settle any disputes that may arise.
- d) Decide matters concerning disqualification in cases where the regulations are broken during a race.
- e) Should a competitor be injured during a heat, the Committee may allow him to participate in another heat.
- f) The decision of the Committee shall be based on the BCU Sprint Racing Competition Rules.
- g) Penalties in accordance with the BCU Rules or the SRC Disciplinary Regulations may also be imposed i.e. disqualification for a longer period than the duration of the competition in question.
- h) Before any decision is made regarding any infraction of the rules, hear the opinion of the Umpire who controlled the race in which the infraction was said to have occurred. The

SPRINT RACING

BCU SPRINT RACING COMPETITION RULES

Committee is to seek the opinion of other officials supervising the race, if it is felt to be of importance in clearing up the alleged offence.

- 13.4 If its nature and extent demand, each competition shall be held under the supervision of the following officials:

Chief Official	Aligner(s)
Chief Judge	Starter(s)
Deputy Chief Judge	Course Umpire(s)
Competition Manager	Turning Point Umpire(s)
Boat Controllers	Finish Line Judge(s)
Announcer	Media Officer

If circumstances permit, one person may function in two of the above positions.

- 13.5 The Chief Official, Chief Judge, Competition Manager, Starter, Umpires, should, if possible, be registered BCU Officials.
- 13.6 Unauthorised persons must not enter any official's area unless the Competition Committee or the Jury send for officials or team officials in order to solve problems.

13.7 **The Competition Jury:**

- a) Final authority for National Championship Competitions shall rest with a Jury composed of a Chairman and four members.
- b) The members of the Jury shall be appointed by a quorum of the SRC prior to the commencement of the competition. (In the event of a quorum not being present, the Chairman, Vice Chairman, or another official of the SRC and two Committee members may appoint the Jury).
- c) The Chairman of the Jury will be the Chairman or Vice-Chairman of the SRC or an elected SRC member.
- d) Subordinate to this Jury are the Chief Official and other officials shown in Rule 13.2.
- e) A protest made during the competition must be handed to the Competition Committee not later than 20 minutes after publication of the results.
- f) An appeal against a decision of the Competition Committee must be addressed to the Chairman of the Jury and handed in not later than 20 minutes after the Team Leader has been informed, in writing by the Chairman of the Competition Committee, of the decision against the competitor or crew and has signed the receipt.
- g) The decision of the Jury is final.

13.8 **Duties of Officials**

- 13.8.1 **The Chief Official**, who is also the Chairman of the Competition Committee, decides all matters arising during the actual contest, which is not dealt with in these rules. *With the confirmation of the Competition Committee, he may disqualify any competitor who behaves improperly or who, by his conduct or speech, shows contempt towards the competition officials, other competitors or onlookers (see Rule 31.7). All officials are responsible to the Chief Official.*

- 13.8.2 **The Chief Judge** cooperates with the Chief Official and he/she substitutes for the Chief Official in case of necessity.

- 13.8.3 **The Deputy Chief Judge** will closely cooperate with the Chief Official and the Competition Manager and will handle the administrative tasks of the competition. He will collect the notes from the Team Leaders of the participating teams/clubs on the changes before the beginning of the Team Leaders' meeting and put them in order according to the races. At the meeting, he/she will record all changes announced by the Chief Official in his own programme.

If necessary, he/she will check the personal identification documents of the competitors and their age.

He will collect the forms necessary for the administration and any other means necessary for the secretariat.

In case of computer data processing, he/she will keep in contact with the responsible IT person.

During the competition he/she will check the results race by race and will prepare the list of the boats qualified in the next round.

He will formulate the decisions of the Competition Committee passed on the subject-matter of any protest and will arrange to have it recorded in the minutes. He/she is responsible for the accuracy of the minutes. To perform the written tasks the Deputy Chief Judge can

SPRINT RACING

BCU SPRINT RACING COMPETITION RULES

employ a Competition Secretary, assistants and office staff as necessary.

- 13.8.4 **The Competition Manager** will keep in constant contact with the organisers to solve any problems that may arise during the competition. He/she supervises the races and is responsible for ensuring that the programme is followed without unnecessary delay. He/she shall inform the officials concerned punctually before a new race starts. He/she has to deal also with the good function of the competition administration of the races, (programme, drawings, results, technical documents, boat control, press, protests, etc.) He/she shall make certain that the announcer gives all the necessary information about the races such as the start order, the name of any competitor failing to start and the results.
- 13.8.5 **The Boat Controller/s** will only allow athletes to compete at the race, whose identification has been checked and whose boat, equipment, clothing, starting number and body number conform to the rules. They will also check for any performance enhancing foreign substance on the boat any forbidden devices mention in rule 11. The Official in charge must inform the Competition Committee in the case of missing boats. The competitors having passed the control are entered in a written report. Should any of the boats not fulfil the requirements concerning classification (rules 9 to 12), they shall be excluded from the competition. The organisers will provide for this purpose certified weighing and measuring devices. Standard checking procedures will be applied. At least three boats are to be selected at random from the participants in the races for boat control after the finish.
- 13.8.6 **The Starter** decides all questions concerning the start of the races, and is solely responsible for decisions as to false starts. His/her decision is final. He/she shall see that the starting equipment is in good working order. He/she shall communicate with the Competition Committee and after having received a signal from them that all is ready, he/she shall order the competitors to their places and carry out the start according to the Racing Rules. It is the responsibility of the Starter to be satisfied that the circumstances at the start are free from any hindrance.
- 13.8.7 **The Aligner** the duty of the aligner is to bring the boats to the starting line with the least possible delay.
If an automatic starting system is in use the aligners will be positioned in two separate boats behind the starting line. They will have an unobstructed view inside the system's boots (starting gates).
When all boats are aligned and completely inside the boots the aligner will raise a white flag signifying to the starter that they are in position to start. When the boats are not in the boots the aligner shall raise a red flag.
If there is no automatic starting system the aligners may be positioned on pontoons on the water or on shore beside the course and their duties will be to check the competitor's attire and the competition number on the back and the number of the boats. When all boats are aligned he shall notify the starter by raising a white flag.
- 13.8.8 **The Course Umpire** shall see to it that during a race the rules are complied with. If the rules are broken, the Umpire shall report immediately the infraction to the Competition Committee.
- a) The Competition Committee shall decide whether any of the competitors concerned shall be disqualified or not. If the Umpire has a report of an infraction of the rules he/she shall show a red flag after the race and shall make a report before the Umpire's next race takes place. In such a case, the Competition Committee shall make known its decision immediately and before the result of the race is announced.
 - b) If there is no infraction to report, the Umpire shall show a white flag.
 - c) In races of 1,000 metres, the Umpire shall follow the race in a motorboat.
In races of 200 metres, the Umpire(s) shall not follow the race. One or two Course Umpires positioned before the start line. One or two Course Umpires positioned behind the finish line.
For the 500 metre races, either system as used for the 1000m or the 200m may be adopted for the Course Umpires to do their task. The Chief Official will decide on the most appropriate system to be used, based on his/her opinion of the course features.
The Course Umpire can follow and judge the race also from the Finish Tower as instructed by the Chief Official.
 - d) He shall be completely unhampered during the race. No one except the Umpire and the driver shall be admitted to the boat reserved for him.
 - e) In long distance races with many competitors, more than one Umpire will be nominated. One of the Umpires shall, if possible, follow the leading group in the race, but without disturbing the other competitors.

SPRINT RACING

BCU SPRINT RACING COMPETITION RULES

- f) In case of hindrances the Course Umpire must stop the competition passing all boats in the race and waving the red flag or using a sound signal until all boats have stopped paddling. After this all boats shall return to the start. The Course Umpire shall report immediately the infraction to the Competition Committee.
- g) When a motorboat is not used, one or more Umpires shall be placed in such positions from which they can ensure that the rules are being complied with.
- 13.8.9 **The Turning Point Umpires**, when a race is run along a course with one or more turning points, one or more Umpires and one recorder must be stationed at every turning point, where they gain the best view of the turn.
- a) The Turning Point Umpire shall see that the competitors turn according to the rules. The recorder shall make a list of all who pass the turning point.
- b) Immediately after the race, the Turning Point Umpire shall report to the Competition Committee as to who has turned and if any infraction of the rules has taken place.
- 13.8.10 **The Finishing Line Judges** decide the order in which the competitors passed the finishing line. The order of the boats arriving at the finishing line will be decided by Photo Finish if a Photo Finish System is used.
- The position of the competitors in the boat will be recorded with video camera at the time of arriving at the finish line. The Chief Finish Judge will decide with the recording whether the competitor was in his/her boat upon arriving or not and report it to the Competition Committee.
- When there is no Photo Finish System, the Finishing Line Judges decide the order in which the competitors have passed the finishing line. The Judges shall be placed in a position where all lanes at the finish line can be clearly seen.
- If the Judges differ regarding the placing of two or more competitors, a simple majority shall decide the dispute, in the absence of Photo Finish. In the case of equal voting, the Chief Finish Judge has the casting vote.
- When there is no Photo Finish, the Finishing Line Judges are responsible for recording the times. This shall be done by means of stopwatches or suitable electronic equipment. It is the responsibility of the Chief Finish Line Judge to ensure that the timing equipment is working correctly. The Chief Finish Line Judge shall divide the work amongst the timekeepers.
- At the end of each race, he shall compare the official times with the other finish line judges and immediately inform the Chief Official of them.
- Each race shall be timed by at least two watches. When the watches have not recorded the same time, the longest (worst) time shall be taken as correct. The stopwatches are to be started when the electronic or optical signal from the start is received.
- When a Photo Finish is used the result determined by the Finish Line Judges shall be compared with it, with the photo finish being decisive. Video films are not a substitute for photo finish.
- 13.8.11 **The Announcer** shall, on the instructions of the Competition Manager, announce the start of each race, the order of the starting and the position of the competitors during the race. After the race is finished, he/she will announce the results.
- 13.8.12 **The Media Officer** must supply all the necessary information to the representatives of the press, radio and television about the race and its progress. He/she is authorised therefore to ask for information from the different officials who must procure for him/her as soon as possible the copies from the official results.
- 13.8.13 It is the Officials' obligation to perform their tasks in conformity with the Racing Rules. Every judge will have the obligation to check whether all means and equipment necessary to perform his/her tasks are guaranteed. In the event any shortcoming is found, it must be reported to the Chief Official or Competition Manager.
- Unauthorised persons must not enter any Officials' area unless the Competition Committee or the Jury send for officials or team officials in order to solve problems.
14. **Invitations**
- An invitation to an Open Regatta shall contain the following information:
- Time and place of the regatta.
 - Situation and plan of the course.
 - Classes and distance of the races.
 - Sequence and starting times of races.
 - Whether the races are to be held on still or running water, up or down stream.
 - Amount of entry fee.

SPRINT RACING

BCU SPRINT RACING COMPETITION RULES

- g) Address to which entries should be sent and the final date for receiving entries. This date shall not be earlier than 14 days prior to the first day of the competition.
- h) Conditions/terms of participation

15. Entries

Entries for Open Regattas can only be made in accordance with the regulations given in the invitation. An entry shall, however, always contain the following information:

- a) Name and address of competitor or crew.
- b) Name of club to which competitor or crew belongs.
- c) Classes and distances in which the competitor or crew propose to compete.
- d) Similar details of reserves if any.
- e) The Racing Registration number of each competitor, member of the crew or reserves.
- f) All entries should be in writing (Letter, Fax, Email, Telegram, Telex, etc). Where verbal communication is used, it must also be confirmed in writing by the given deadline (midnight on the due date). In the event of conflicting information, the information with letterhead and/or signature will take precedence.
- g) Late entries shall not normally be accepted. The acceptance of late entries shall be at the discretion of the Competition Committee who may charge up to double the entry fee.

15.1 Racing Colours

When making the entries, Clubs must give the colours of the clothing worn by the competitors and these colours must not be changed during the competition. **N.B.** Every racing club must register their racing colours with the RC (and any changes thereto). All competitors from a club must wear the correct colours at all times.

16. Heats and Finals

- 16.1 At least three kayaks or canoes must be entered before a race can be held. If the number of entries in race up to and including 1,000 metres is so great that heats are necessary, the number of kayaks or canoes in each heat and in the final must not exceed nine (9).

- 16.2 The division of competitors into heats shall be determined by drawing lots.

- 16.3 Where the width of the course permits, eight or nine kayaks or canoes shall participate in the final if more than this number has been entered in the entire race, as follows:

3 to 9 entries	Direct final.
10 to 18 entries	Two heats, three from each to final A, 4/7 (+ 8th best time if possible) to one semi-final and from the semi-final three first to final A
19 to 27 entries	3 heats, 1 from each to final A, 2nd to 7th to the semi-finals, rest out Two semi-finals three first to final A. 4th to 7th (+ 8th best time if possible) to final B
over 27 entries	Required number of heats and semi-finals. By three semi-finals first three from each of the semi-finals to final A and 4th to 6th to final B By four semi-finals first 2 (+ 3rd best time if possible) to final A and 3rd and 4th (- 3rd best time) + 2 best next time to final B

- 16.3.1 A "B" final will only be held when there are more than 18 boats in that particular event.

- 16.4 When making the draw, the difference between the number of competitors in the heats of the race shall not exceed one. If the number of competitors in the heats varies, the earlier heats shall have the largest numbers.

- 16.5 Any crew which has not taken part in a heat as instructed shall not be allowed to compete in the final.

- 16.6 The composition of a crew which has qualified for semi-finals or for the final must not be changed. Heats and the final shall be run on the same stretch of water.

- 16.7 For races of more than 1,000 metres, heats shall not be held, and all boats taking part shall start simultaneously.

- 16.8 Should the width of water not permit a simultaneous start, starts at regular intervals shall be permitted.

- 16.9 The procedure for selecting competitors to race in finals will be on the basis of one of two criteria: either times or positions obtained in heats. The criterion used for each event will be decided by the SRC and published in advance of the event.

SPRINT RACING

BCU SPRINT RACING COMPETITION RULES

17. Acceptance of Entries

- 17.1 Confirmation that the entry has been accepted, together with notification of the result of the draw and time of events, shall be sent to the entrant on written request by him and on production by the entrant to the Competition Organiser of a "stamped addressed" envelope.
- 17.2 The Organising Committee will accept the entries in conformity with the conditions/terms of participation. Therefore the Organising Committee can reject or delete the entry of the participants who fail to observe the conditions/terms of participation.

18. Team Leaders' Meeting

At least 2 hours before the first race of the competition (12 hours for an International Competition), the team leaders' meeting is to be held. At this meeting the names of team leaders should be advised. The organisers will describe the regatta course and all other arrangements, which should be adhered to for the duration of the competition. The Chief Official will describe the competition programme and ask for any changes to the entries.

19. Alterations to Entries and Withdrawals

- 19.1 Any competitor named in the final entry or at the Team Leaders Meeting may substitute for any other in the given type of racing (kayak men, kayak ladies, canoe men). Notification of alterations in the entries must be given in written form to the Chief Official at least one hour before the first race of the morning or afternoon session.
- 19.2 The withdrawal from a race is considered final and no renewed entry of the same crew is allowed.
- 19.3 Every competitor whose entry has been confirmed by his own club, at the time of the meeting of the team leaders, called for this purpose, is obliged to take part in the due event. The refunding of entry fees for entries withdrawn not less than 24 hours before the competition is at the discretion of the Competition Committee.

20. Alterations in the sequence of events

The sequence of races given in the programme and the intervals between races as given in the racing programme are binding on the organisers. Alterations cannot be made unless the respective Team Managers at the competition give their consent.

21. Courses

Marking Signs

- 21.1 For National Championships and where possible for other competitions the turning points shall be marked by at least six flags (or buoys) which shall be readily distinguishable and shall, if possible be diagonally divided with one half in red and the other half in yellow.
- 21.2 Both the start and the finishing lines shall be marked with red flags or buoys, at the points where these lines intersect the outer limits of the course.

Layout

- 21.3 Before the start of the races the racing course shall be measured and marked by means of clearly visible flags mounted on buoys.
- The course at the start shall permit a clear width where possible, of at least 5 metres for each boat.
 - For National Championships the starting and finishing lines shall be at right angles to the course.
 - The finishing line shall be at least 45 metres long and be marked by two flags. The Finishing Line Judges must be placed as near to the finishing line as possible.
 - For National Championship races up to 1,000 metres, the course must be straight and in one direction.
- 21.4 For races exceeding 1,000 metres turning points are permitted. For National Championship races exceeding 1,000 metres the following conditions should be fulfilled, if possible:
- The distance between the starting line and the first flag of the first turning point (1st leg) shall be straight and at least 1,859.25 metres.
 - The distance between the last flag of the first turning point and the first flag of the second turning point (2nd leg) shall be straight and maximum 1759.25 metres.
 - The distance between the last flag of the second turning point and the first flag of the third turning point (3rd leg) shall be a maximum of 500 metres.
 - The specifications of all other stretches shall be in accordance with point "c".

SPRINT RACING

BCU SPRINT RACING COMPETITION RULES

- e) The radius of each turn should, if possible be at least 40.5 metres.
 - f) Both the start and the end of the race shall be in front of the Finishing Tower.
 - g) The red flags of the finish line shall be placed as much to the outside possible in order to get the widest feasible finish line.
 - h) Any starting pontoons for the 500 metre races are to be removed.
- 21.5 For competitions, including the National Championships, these conditions should be complied with, unless a special dispensation for the course has been obtained from the SRC through the Secretary.
22. **Canoe Numbers**
All kayaks and canoes shall carry a vertical number plate made of non-transparent material marked with black numbers on white background (for Internationals) or yellow background indicating the lane. The numbers on the plate must measure 15 cm in height and 25 mm in thickness. The plates shall be placed on the centre line of the after deck or bar. The approximate size of the number plate shall be 18 x 20 cm.
The personal numbers provided by the organisers shall be placed on the back of the competitor only.
23. **Instructions for Competitors**
Written instructions shall be available for competitors 2 hours before the start of the competition, containing the following information:
- a) Detailed information on the courses and their markings
 - b) Starting time
 - c) Starting line
 - d) Finishing line
 - e) Competitors racing number
 - f) Type of boat control

Part IV - RACING REGULATIONS

24. **Means of Propulsion**
- 24.1 Kayaks shall be propelled solely by means of double-bladed paddles.
 - 24.2 Canadian Canoes shall be propelled solely by means of single-bladed paddles.
 - 24.3 The paddles may not be fixed on the boat in any way.
 - 24.4 If a paddle is broken a competitor may not be provided with a new one by a supporter.
25. **Start**
- 25.1 Lots shall be drawn to determinate in the heats the lanes of boats at the start. Number one shall be on the left, then number two and so on. *When there is television coverage of an event, the lane numbering may be in the opposite direction – from right to left, so that the list of competitors and their lanes shown on the television screen match the appearance of the races to be televised.*
 - 25.2 In competitions where heats are required, lots must be drawn separately for each heat.
 - 25.3 Competitors shall be on the water at the starting area, not less than five minutes prior to the specified time of their race. The starting area is defined as being the area of water within 100 metres before the starting line.
Two minutes before the defined starting time the competing boats have to take the lane determined in the programme.
 - 25.4 Competitors shall be at the starting area in time to allow satisfactory preparation for the start.
 - 25.5.1 The start shall be given without reference to absentees.
 - 25.5.2 If the competitor does not start, and has no valid reason approved by the Competition Committee, he shall be disqualified for the whole regatta. A competitor, who arrives too late at the start, shall be considered to have voluntarily withdrawn and shall be disqualified under this rule.
 - 25.6 When signalled by the Starter, the competitor will take the start position designated so that the bow of the boat is on the start line. In case of an automatic starting system the competitor will place himself/herself so that the bow of the boat is on the start line and thus in the start machine.
 - 25.7 Boats must be stationary.

SPRINT RACING

BCU SPRINT RACING COMPETITION RULES

- 25.8 If the Starter is not satisfied with the line-up he/she will call "STOP", and hand over to the Aligner for repositioning.
- 25.9 After the order "START WITHIN TEN SECONDS" the starting signal is a strong sound (or shot). Between the order "START WITHIN TEN SECONDS" and the starting signal competitors must not paddle. In this period paddling ahead before the starting signal is considered a false start. The boat placed on the starting line must not move before the start. Competitors must only react to the start signal and are not permitted to anticipate it. The competitors can paddle only upon hearing the starting signal.
- 25.10 In the event of a false start, the Starter must immediately give a powerful sound signal. On hearing this signal all competitors must stop paddling and follow the Starter's instructions for a new start. Before the new start, the Starter must identify the offending crew/s making the false start and give them a warning. In the event of a second false start by the same crew the boat will be disqualified from the race and must leave the starting area and the course immediately.
- 25.11 The Starter may also recall competitors for a new start in the event of any unforeseen circumstance – a malfunction of the starting equipment for example. In such a case the same powerful sound signal must be given. If a malfunction of the starting equipment was caused through a boat making a false start, as in 25.9 the crew must be given a warning, as in 25.10, even though that boat may not have crossed the start line. If the malfunction was not the cause of any competitor making a false start, no penalty shall be imposed.
- 25.12 The Starter will start the race when he/she is satisfied that everything meets with his/her approval. He/she will make a written report on any false start and forward it to the Chief Official.
- 25.13 In the long distance races the starter shall declare "START WITHIN ONE MINUTE" when he is satisfied he will give the starting signal by a shot or a short powerful sound. The Starter will start the race when he/she is satisfied that everything meets with his/her approval. He/she will make a written report on any false start and forward it to the Chief Official.
26. **Paddling on the Course**
- 26.1 In races up to 1000 metres, competitors must keep the whole of their boat within the four-metre wide central area of their lane from the start to the finish of the course. Upon any deviation, the boat must go back immediately to this central area of the lane. No boat must come nearer than five metres in any direction to the boat of another competitor – that is, gunwale to gunwale or bow to stern.
- 26.2 If a boat leaves the centre of the lane and does not return to it, the boat may be disqualified from the event.
- 26.3 A boat which leaves its allocated lane must be disqualified from the event.
- 26.4 If a race is declared null and void, no change of the composition of a crew is permitted at the new start.
- 26.5 If there is a capsized competitor or crew is eliminated from the race.
- 26.6 The Umpire has the right to interrupt a correctly started race if unforeseen hindrances arise. The course Umpires with a red flag and sound signal may effect such an interruption. Competitors must immediately stop paddling and await further instructions.
- 26.7 If a paddle is broken a competitor may not be provided with a new one by a supporter.
27. **Pacing**
- 27.1 Taking pace or receiving assistance from boats not in the race or by any other means is not permitted.
- 27.2 When a race is in progress crews not taking part in the race are strictly forbidden to proceed over whole or part of the course, even outside the marking buoys.
28. **Long Distance Competitions**
- 28.1 Races of more than 1,000 metres, competitors may deviate from their lane providing they do not impede other competitors.
- 28.2 When a race is run on a course with turning points these shall be passed to port (i.e. in an anti-clockwise direction).
- 28.3 A competitor will not be disqualified for touching a turning buoy, unless, in the opinion of the Turning Point Umpires, an advantage has been gained there from. In making a turn, the boat shall follow as closely as possible the course as marked by the buoys at the turning points.

SPRINT RACING

BCU SPRINT RACING COMPETITION RULES

- 28.4 If there is a capsized the competitor or crew is eliminated from the race if he/she or they are not able to get in the boat without outside help.
 - 28.5 Any competitor who is responsible for a collision or who damages the canoe or kayak or paddle of another can be disqualified and can be required to pay damages.
 - 28.6 When going around a turning point, the competitor on the outer course must leave room for the competitor on the inner course if that competitor has the bow of his boat at least level with the front edge of the cockpit of the boat on the outer course. With respect to K2 and K4, this refers to the fore-cockpit. With respect to C1, it refers to the level of the competitor's body, and for C2 it refers to the level of the body of the foremost member of the crew.
 - 28.7 When a canoe or kayak is overtaking another canoe or kayak in a race, it is the duty of the overtaking craft to keep clear at all times of the boat being overtaken.
 - 28.8 On the other hand, the craft being overtaken must not alter its course to make difficulties for the overtaking craft.
- 29. Finish**
- 29.1 The boat has finished the race when its bow crosses the finish line with all crew members in it. The Finish Line Judges will determine the result of the competition based on the order of the boats arriving according to the rules.
 - 29.2 If two or more boats reach the finishing line at the same time they are awarded the same classification in the final. In the case of a dead heat finish for any position, which determines the advance to the next level of the competition the following rules will apply:
 - a) Wherever there are sufficient number of lanes available in the next level of the competitions, drawing of lots will determine to which race each boat will advance. If possible it may use also lane number 10.
 - b) Wherever there are not enough lanes available there will be a re-race between the boats involved 30 minutes after the race (and for International Competitions after the last race of the day, or half day programme)
 - c) In the case of a dead heat in the re-race, drawing of lots will determine the outcome.
- 30. Tasks of Competitors after the Race**
- 30.1 The competitor must leave the course after the finish of the race and cannot disturb the next race.
 - 30.2 The crews selected by the Competition Committee for boat control must immediately contact the place allocated for the post race boat control.
 - 30.3 If selected for doping control, the competitor must comply with the obligations stipulated by the BCU Anti-Doping policy.
 - 30.4 Before the award ceremony the top three crews of the final must be present at the location and time indicated.
 - 30.5 At National Championships the competitors must wear club, team or squad Racing Colours or Tracksuit at the award ceremony, as may be stipulated by the Organising Committee or SRC.
- 31. Disqualifications**
- 31.1 Any competitor who attempts to win a race by any other than honourable means, who breaks the Racing Regulations, or who disregards the honourable nature of the Racing Regulations, shall be disqualified for the duration of the race concerned.
 - 31.2 Should a competitor have completed a race in a kayak or canoe which is shown upon inspection not to conform with the classifications (see Rules 9-12), he/she shall be disqualified from the race in question.
 - 31.3 It is prohibited to receive external assistance during a race.
 - 31.4 No crew may be accompanied along and adjacent to the racecourse by other boats while the race is in progress.
 - 31.5 No crew may receive assistance by using objects thrown into the course.
Any of the above infractions will result in the disqualification of the competitor(s) concerned.
 - 31.6 All disqualifications by the Competition Committee have to be confirmed in writing immediately with the reasons. The Team Leader has to acknowledge the receipt on a copy with the exact time, which is the start of the protest time.
Failure to deliver the copy confirmation of the disqualification to the team leader does not invalidate the disqualification.

SPRINT RACING

BCU SPRINT RACING COMPETITION RULES

- 31.7 The Competition Committee may discipline any competitor or Official whose behaviour is detrimental to the good order and conduct of the competition. The Competition Committee may after repeated action by the offender disqualify him/her for that competition.

32 Protests

- 32.1 A protest against a crew to compete in a race shall be advised to a member of the Competition Committee not later than one hour before the start of the race. A protest made later - within 30 days from the date when the race in question was held is only permitted if the officials of the club of the competitor making the protest can prove that the facts on which the protest is based came to their knowledge later than one hour before the start of the race.
- 32.2 A late protest shall be referred to the SRC accompanied by the prescribed fee (see below). A protest made during the competition must be handed to the Competition Committee not later than 20 minutes after publication of the results.
- 32.3 A protest made during a competition must be addressed to the Competition Committee not later than 20 minutes after the Team Leader has been informed on the decision against his/her competitor or team and has signed the receipt.
- 32.4 All protests must be made in writing and be accompanied by a fee of £5.00 (International Competitions £15.00 or 25 Euros). The fee will be refunded if the protest is upheld. *If the protest is not upheld the fee may not be refunded, at the discretion of the Competition Committee or SRC hearing the protest.*
- 32.5 When a protest or a report is made against an athlete or a team, the team leader of the athlete/team in question shall be presented with the protest or report to read.

33 Appeals

Competitors have the right to appeal to the SRC through their club or team management against a decision of the Competition Committee, within 30 days from the date when the race was held. In the case of National Championship Competitions the appeal must be made to the Competition Jury in accordance with Rule 13.7. A fee of £15.00 shall accompany the appeal. The fee will be refunded if the appeal is upheld. The BCU SRC (or Jury in the case of a National Championship) shall pronounce the final decision.

Part V - SPECIAL RULES FOR NATIONAL CHAMPIONSHIP EVENTS

34. Only members of the BCU who qualify under Rule 8 may participate in National Championship events. The only exceptions to this rule are those exempted under Rule 1.3.
35. All canoes and kayaks must comply with the classes and building rules as laid down in Part II of these rules.
36. Officials: Fully in accordance with Rules 13.1 to 13.4.
37. Competition Committee: Fully in accordance with Rule 13.2 and 13.3.
38. Competition Jury: Fully in accordance with Rules 13.7, 32 and 33.
39. Marking signs: In accordance with Rule 21.
40. Courses: In accordance with Rule 21.
41. Disqualifications: In accordance with Rule 31.
42. Heats and Finals:
In the event of there being fewer than three boats in a National Championship event then no medals will be awarded. If three boats are in an event then only a Gold Medal will be awarded. If four or more boats are in an event then Gold, Silver & Bronze medals will be awarded.

Notes to the BCU Sprint Racing Competition Rules

Races Exceeding 1,000 Metres at the National Water Sports Centre Nottingham, Rules 21.4 and 21.5

Because of limitations at the National Water Sports Centre - mainly the start pontoon being fixed for

SPRINT RACING

BCU SPRINT RACING COMPETITION RULES

the Start of two 5000 metre and one 2500 metre events - it is not possible to comply with the Rule and provide the three courses required. The 2nd leg under the Rule is 47.75 metres too long. The requirements given in the Rule are those of the ICF, which the BCU must shadow in its own Rules.

Long Distance Courses at the National Water Sports Centre, approved by the SRC

To provide flexibility there are four turning points with the start and finish of the turns as follows:

1. 10 metres beyond the finish line
2. 450 metres from the finish line
3. 1123 metres from the finish line
4. 1796 metres from the finish line.

International Rules Course - 1 long lap + 1 short lap

(Avoiding pontoons at 500 metres which would need to be parked as far back as possible)

a)	Between the start line and first flag of the first turning point =	1902.25 metres
b)	Between the last flag of first turn and first flag of second turn =	1806.00
c)	Between last flag of second turn and first flag of third turn =	460.00
d)	Between last flag of third turn and the finish =	450.00
e)	Three turns of 127.25 metres each =	<u>381.75</u>
		<u>5000.00</u>

Domestic Course - 2 medium laps

a)	Between the start line and first flag of the first turning point =	1229.25 metres
b)	Between the last flag of first turn and first flag of second turn =	1133.00
c)	Between last flag of second turn and first flag of third turn =	1133.00
d)	Between last flag of third turn and the finish =	1123.00
e)	Three turns of 127.25 metres each =	<u>381.75</u>
		<u>5000.00</u> metres

Short Course for Juniors - 1 lap of Domestic Course - 2500 metres

a)	Between the start line and first flag of the turning point =	1229.25 metres
b)	Between the last flag of the turn and the finish =	1123.00
c)	One turn of =	<u>127.25</u>
		<u>2479.50</u> metres

NB With a fixed start position and by using the same turning buoys for the 5000 metre course an exact 2500 metre course cannot be obtained. It is 20.5 metres short.

BRITISH CANOE UNION - SPRINT RACING SECTION

DISCIPLINARY REGULATIONS

These Disciplinary Regulations adopted by the Sprint Racing Committee on the 7th June 2008 are intended for all complaints other than "Field of Play" incidents, but including any event referred on by a Protest Committee dealing with a field of play incident.

These Regulations set out how matters referred to the Sprint Racing Committee by the Union's Investigations Officer or a Protest Committee are dealt with.

1. Interpretation

1.1 In these regulations the words and expressions used shall have the following meanings:

"the Board"	the board of the Union as constituted under the Memorandum and Articles of Association of the Union;
"the Investigations Officer"	the Investigations Officer of the Union appointed by the Chief Executive from time to time;
"the Protest Committee"	the persons appointed from time to time by the Sprint Racing Committee or an event organiser to deal with matters arising during competition;

SPRINT RACING

BCU SPRINT RACING COMPETITION RULES

"the Executive Committee"	the persons elected or appointed at an ACM to the Sprint Racing Committee from time to time;
"Member"	an individual member of the Union participating in the Discipline in respect of whom a complaint has been made under Regulation 2.1 of these procedures;
"the Union"	the British Canoe Union;

- 1.2 All references to periods of a number of days, relate to the period starting the day after the date of posting or the date of receipt where documents are delivered by hand or the date of the incident or meeting and ending the day of receipt, meeting etc.
- 1.3 Words denoting the singular number shall include plural number and vice versa and words denoting the masculine gender shall include the feminine gender.
2. **Disciplinary Procedure**
 - 2.1 The Executive Committee shall appoint a panel of three of its members ("the Panel") to hear and determine any complaint or matters referred to it by a Protest Committee or the Union's Investigations Officer under Regulation 6.2(a)(ii) of Part A of the Union's Dispute Resolution and Disciplinary Procedures for matters other than Doping and Child Protection Matters. The Executive Committee and the Panel shall deal with such matters in accordance with the procedure set out below.
 - 2.2 The Panel shall ensure that as soon as practicable and within 14 days of receiving the complaint from either the Investigations Officer or a Protest Committee, a copy of the complaint has been handed personally or by recorded delivery post to the Member. Notification of the date when the Panel will meet (via e-mail, personal or conference call communications, if deemed appropriate) to consider the complaint will be set as soon as practicable and within 30 days and an invitation to provide in writing, within 14 days (or such shorter time period as the Panel thinks fit) of the notice, any rebutting facts, mitigation, explanation or submission must be sent to the Member with the copy of the complaint. No member of the Panel may consider the matter in the event that he has a conflict of interest or could not be regarded as being impartial in the matter. In such circumstances, the Panel shall, in its sole discretion, replace that member with another member of the Executive Committee and if no such member can hear the matter then that member shall be replaced with another elected member of the Union for the only purpose of considering the complaint.
 - 2.3 At the same time the Member shall be asked whether he wishes to be present at the meeting when the complaint is being considered, in which case that Member shall be informed that they may attend to make representations and that he may be asked questions. The Member shall also be informed that if no reply is received within the period of 14 days (or such shorter time period as the Panel thinks fit) the Panel will consider the complaint in his absence on the basis of the facts and statements in their possession. The Panel may invite the person making the complaint to comment on any reply provided by the Member, and shall supply a copy of any such comments to the Member before the meeting. The Panel may in its sole discretion invite the person making the complaint to attend the meeting.
 - 2.4 At the meeting the Panel shall consider the complaint and any statement made in writing or orally by the Member. If that Member has asked to be present at the meeting he must have been given not less than seven days (or such shorter time period as the Panel thinks fit) notice of the meeting and he must have been invited to attend the meeting and offered the opportunity of being accompanied by an advisor. The Panel may question either party, if present, may call upon them to supply additional evidence or may adjourn the meeting to a later date. Once the Panel has completed its consideration of the complaint, it shall provide the Member with its written decision as soon as practicable and in any event within 14 days of the date of the original meeting or any adjourned meeting.
 - 2.5 On completing its considerations of the complaint, the Panel shall draw up its findings of fact and may decide:

SPRINT RACING

BCU SPRINT RACING COMPETITION RULES

- (a) to reject the complaint; or,
 - (b) to warn or reprimand the Member; or,
 - (c) to suspend the Member from participating in specified events or training facilities held under the Sprint Racing Committees jurisdiction either:
 - (i) for a specified period, not exceeding three months; or,
 - (ii) for a specified number of such events or facilities, not exceeding five in number, consecutively, where that number, would not have taken place within the three-month period specified above; or,
 - (d) to recommend to the Board that the Member should be suspended from participating in Sprint Racing events or training facilities for a longer period or that the Member should be suspended or expelled from the Union, or that some other specified penalty (such as suspension of funding) should be imposed by the Board.
- 2.6 Where the Panel has found against the member, it shall as soon as practicable and in any event within the 14 days of the date of its original meeting or any adjourned meeting notify that Member by recorded delivery post of its findings of fact and of its decision and the grounds for that decision or recommendation, and shall inform him of his right of appeal under Regulations 2.8 and 2.9 below, and shall send a copy of the notification to the Board.
- 2.7 Where the Panel has made recommendations to the Board under 2.5(d) above, the Board shall decide whether or not to adopt such recommendations a Board Meeting shall be convened (via e-mail, personal or conference call communications) as soon as practicable to decide on the sanction to be imposed.
- 2.8 If the Member or the person who made the original complaint disagrees with the decision of the Panel, he shall be entitled to make a new complaint pursuant to Rule 3.1 (b) of Part A of the Union's Dispute Resolution and Disciplinary Procedures for matters other than Doping and Child Protection Matters by way of a Notice. The Notice must set out in detail why the Member or the person who made the original complaint disagrees with the decision of the Panel. The Notice must be accompanied by a cheque for £100 made payable to the Union ('the Deposit'). This Deposit shall be held by the Union and re-paid to the Member or the person who made the original complaint in the event that his complaint against the Decision is upheld by an Arbitral Panel or Disciplinary Committee. Where the Member's or the person who made the original complaint is rejected by an Arbitral Panel or Disciplinary Committee or if the matter is resolved by mediation, the Deposit shall be retained by the Union.
- 2.9 The Investigations Officer shall consider the matter and decide if the Notice shows that there is on the face of it sufficient evidence for the case to be determined in accordance with Rule 6.1 of Part A of the Union's Dispute Resolution and Disciplinary Procedures for matters other than Doping and Child Protection Matters. If he does so decide, he shall refer the Dispute to be decided by the Disciplinary Committee or to resolve by arbitration or by mediation in accordance with Rule 6.2 of Part A of the Union's Dispute Resolution and Disciplinary Procedures for matters other than Doping and Child Protection Matters. A different person shall be appointed as the Investigation Officer to make this decision to the person who was appointed as the Investigations Officer to review the initial Complaint against the Member.

Clause 8.2 of the Terms of Reference of the Sprint Racing Committee

The Executive Committee shall have the power to appoint a panel of three persons to decide any matter referred to it pursuant to Rule 6.2(a)(ii) of the Union's Dispute Resolution and Disciplinary Procedures for matters other than Doping and Child Protection Matters in accordance with the Disciplinary Regulations approved by the Board and adopted by the Sprint Racing Committee from time to time.

In addition to the Section's Disciplinary Regulations the BCU Sprint Racing Committee adopted regulations on 1 January 2001 as follows:

3. Code of Ethics

Everyone within the BCU Sprint Racing Section is subject to the conditions and ethics as given in Section 5 of the BCU 'Coaching Code' published by the BCU UK Coaching Service, and are

SPRINT RACING

BCU SPRINT RACING COMPETITION RULES

required to operate under the same general Sport and Recreation Code of Ethics.

4. **Regatta Officials**

- 4.1 It is vital for the honourable nature of the Sport that Officials are not subjected to any act that may compromise their position.
- 4.2 Regatta Officials must not be threatened or subjected to harassment, intimidation or abuse. No attempt should be made to persuade Regatta Officials to take an action which is dishonest or contrary to the Official's code of ethics or honourable nature of the Sprint Racing Regulations. This applies at anytime, in or out of competition. It is incumbent on each Official to report all such acts.
- 4.3 The report should be in writing and sent without delay to the Sprint Racing Committee (through the Section Secretary) who will consider the matter in accordance with the Section's Disciplinary Regulations.
- 4.4 In the event of an action taken immediately prior to or during a BCU Regatta, the Official should hand their written report to the Chief Official. The Chief Official with the Regatta Committee must take action in accordance with the Section's Disciplinary Regulations.

National Regattas' Saturday evenings Entertainment and a meal

This year, on the Saturday evening of a BCU Sprint Racing National Regatta you will not have to leave the NWSC to find somewhere to relax and refuel.

The NWSC in conjunction with the BCU SRC will be making available a themed evening of entertainment along with a special menu at a fixed price (£5.95) in the Regatta Bar

*A selection of hot food will be available from 18.30pm until 21.00 pm.
Entertainment will be provided courtesy of the SRC*

Please note that the Main Centre Servery will close at 18.30 pm on Saturdays.

We hope that you have a successful 2009 race season.

NATIONAL SPRINT REGATTAS

National Regattas 2009

Held at the National Water Sports Centre, Holme Pierrepont, Adbolton Lane, Nottingham.

Date	Regatta	Closing date	Venue
4/5 April	National	18 March	Nottingham
9/10 May	National	22 April	Nottingham
6/7 June	National	20 May	Nottingham
4/5 July	National Championships	17 June	Nottingham
5/6 September	Inter-Club Competition	19 August	Nottingham

National Water Sports Centre, Nottingham

The National Water Sports Centre is situated just off the main A52 road from Nottingham to Grantham. It is signposted on all main roads leading into Nottingham.

Accommodation

Bed & Breakfast is available on site - Bunks, Standard and En Suite, although this gets booked up very quickly.

Lunches and snacks are available from the Centre Cafeteria and Snack Bars.

There are many **hotels** of different sizes and cost in Nottingham, several in the vicinity of the NWSC. The website at www.visitnottingham.com lists a large number of hotels, B&Bs, farmhouses etc. at all prices.

There is a **camp site** run by N.W.S.C. just across the road from the course. Facilities include a toilet, washing and shower block; water points; waste disposal; electric hook-up points and a shop.

The site is open to all competitors, officials and supporters. No booking is required.

There is no overnight **boat storage** available in the boathouses. All canoes should be removed on Saturday night. All canoes on the outside racks at the Centre are left entirely at the owner's risk.

Regatta programmes will be on sale at the Watersports Centre and the campsite on the Friday evening before the Regatta and on Saturday at the Centre.

National Regattas' Saturday evenings Entertainment and a meal

This year, on the Saturday evenings of a BCU Sprint Racing National Regatta you will not have to leave the NWSC to find somewhere to relax and refuel.

The NWSC in conjunction with the BCU SRC will be making available a themed evening of entertainment along with a special menu at a fixed price (£5.95) in the Regatta Bar

*A selection of hot food will be available from 18.30pm until 21.00 pm.
Entertainment will be provided courtesy of the SRC*

Please note that the Main Centre Servery will close at 18.30 pm on Saturdays.

We hope that you have a successful 2009 race season.

NATIONAL SPRINT REGATTAS

Putting in Entries

Entries must be submitted through your Club Team Leader –
See Team Leaders' Responsibilities pages B10 – B15.

Guidelines for entry into Sprint Racing To promote fair racing and as a guide for coaches, team leaders and paddlers, the following standards, based on the "Sprint (500m) Awards", are suggested as the entry levels into Sprint Regattas held at the National Watersports Centre. (See also Racing Standards on pages D1 & 2)

Men	Kayak Gold
Women and Veteran Men	Kayak Silver
Girls and Boys	Kayak Bronze
Canadian Paddlers	Canoe Gold

In each case the paddler must equal or beat the times below to achieve the standard.

Note: Time in minutes and seconds – in single canoe or kayak

Award	Kayak Men	Kayak Women	Canoe
Green	4.00	4.20	5.00
Blue	3.30	3.45	4.00
Bronze	3.05	3.20	3.20
Silver	2.45	3.00	3.05
Gold	2.30	2.45	2.45

All paddlers must be current members of the British Canoe Union and have registered as sprint racing competitors.

Fees for this season have been increased and the charge bands are as follows:-

Group	K1/C1	K2/C2	K4/C4
Senior Events:	£5.00 (late £6.00)	£10.00 (late £11.00)	£20.00 (no late fee)
Junior Events:	£4.00 (late £5.00)	£8.00 (late £9.00)	£16.00 (no late fee)
Mini Sprints:	Fixed fee of £20 for the weekend or £10 a single day		

Please note that K4 fees include the cost of boat hire.

Fees will be reviewed annually.

Club colours must be worn by all competitors in all events.

All kayaks and canoes must have **adequate buoyancy**, be fitted with a number slot and comply with current regulations as to weight. Boat Control will be carried out during regattas.

Paddlers must supply their own lane numbers (1-9).

NATIONAL SPRINT REGATTAS

The Racing Registration Scheme

The Scheme also enables the committee to establish how many active racing canoeists there are in the country at any one time, and provides a means of communicating with them.

The Registration Number is the unique numerical identification for each paddler, and is used in computer programmes when programming a regatta. Only Registered Paddlers will be allowed to compete in B.C.U. events at the National Watersports Centre. Entries submitted without a Registration Number will not be accepted.

Initial Registration

This may be done in one of two ways:-

1. At any N.W.S.C. Regatta, at the Secretary's desk.
2. By post with the Registration Officer (Send S.A.E. please).

In all cases the following are required:

1. Full Name and Address.
2. Date of Birth.
3. Club.
4. Your ranking (if known).
5. A Coaching Scheme Certificate of Standard for 500m which states the actual time taken for your trial.
6. Proof of current B.C.U. Membership (a photocopy of your card is acceptable).

Renewal of Registration

Competitors will remain on the active register until such time as they have not competed for two years, or their B.C.U. membership has lapsed. On production of a current B.C.U. card, anyone not listed on the active register may apply to be reinstated.

Current Lists of Registered Paddlers are intended as 'working' lists and only include paddlers who have raced during the last two years and those who are fairly certain to race in the current season. Anyone who does not appear on the lists will have been transferred to the storage file and can be brought back to the 'live' file at any time they return to racing.

Youth paddlers who initially registered as Cadet Members will remain on the register but should join the B.C.U. as full Youth members at the end of the first year. They should inform the Registration Officer of any change of number.

The Registration Officer, 17 Springfield Road, Guildford, Surrey GU1 4DW

When registering by post please send S.A.E. for the return of your B.C.U. card and the Registration Number.

NATIONAL SPRINT REGATTAS

REGATTA REGISTRATION APPLICATION

Full Name

Telephone No

Address

Post Code

Date of Birth

Club

500m Time

BCU Membership Number

Valid test and membership certificates or photocopies are required to accompany this form.

Please return this form with a stamped self addressed envelope to:
Registration Officer
P.Morley, 17 Springfield Road, Guildford, Surrey GU1 4DW

Registration Number Issued

Date

Regatta Racing Class



BCU National Canoe Sprint Racing Regatta

National Water Sports Centre - Nottingham

4th - 5th April 2009

Closing date

Wednesday 18th March 2009

Men's Kayak	200m			500m			1000m			5km
	K1	K2	K4	K1	K2	K4	K1	K2	K4	K1
Senior A	✓	✓	✓	✓	✓	✓	✓	✓	✓	Open
Senior B	✓	✓	A/B	✓	✓	A/B	✓	✓	A/B	
Senior C	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Senior D	✓	C/D	C/D	✓	C/D	C/D	✓	C/D	C/D	
Masters A	Combined Senior & Masters	Combined Senior & Masters	Combined Senior & Masters	✓	✓	✓	✓	✓	✓	
Masters B				✓	A/B	A/B/C/D	✓	A/B	A/B/C/D	
Masters C				✓	✓	✓	✓	✓	✓	
Masters D				✓	C/D	C/D	✓	C/D	C/D	

Women's Kayak	200m			500m			1000m			5km
	K1	K2	K4	K1	K2	K4	K1	K2	K4	K1
Senior A	✓	✓	✓	✓	✓	✓	✓	✓	✓	Open
Senior B	A/B	A/B	A/B	A/B	A/B	A/B/C/D	A/B	A/B	A/B/C/D	
Senior C	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Senior D	✓	C/D	C/D	✓	C/D	C/D	✓	C/D	C/D	

Sen/Jun (M&F) Canoe	200m			500m			1000m			5km
	C1	C2	C4	C1	C2	C4	C1	C2	C4	C1
Canoe A Sen/Jun	Canoe A & B racing with Senior Women Kayak A & B									
Canoe B Sen/Jun										
Canoe C Sen/Jun	✓	✓		✓	✓	✓	✓	✓	✓	✓
Canoe D Sen/Jun	✓	B/C		✓	B/C	B/C	✓	B/C	B/C	Open

Junior Kayak	500m			1000m		
	K1	K2	K4	K1	K2	K4
Boys A	✓	✓	✓	✓	✓	✓
Boys B	✓	✓	✓	✓	✓	✓
Boys C	✓	✓	B/C	✓	✓	B/C
Boys D	✓	✓	✓	✓	✓	✓
Girls A	✓	✓	A/B/C	✓	✓	A/B/C
Girls B	✓	✓		✓	✓	
Girls C	✓	✓		✓	✓	
Girls D	✓	✓		✓	✓	

Paddleability	200m			500m			1000m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
Senior/Junior	✓	✓		✓	✓		✓	✓	

Mini Sprint	No races at the April regatta for the Mini Sprint Series; classes now based on speed/times not age groups; Entry is for the full day's activities, £20 for the weekend or £10 per day, not per race.
Boys & Girls A	
Boys & Girls B	

	BCU National Canoe Sprint Racing Regatta									
	National Water Sports Centre - Nottingham									
	9th - 10th May 2009									
	Closing date Wednesday 22nd April 2009									

Men's Kayak	200m			500m			1000m			5km
	K1	K2	K4	K1	K2	K4	K1	K2	K4	K2
Senior A	✓	✓	✓	✓	✓	✓	✓	✓	✓	Open
Senior B	✓	✓	A/B	✓	✓	A/B	✓	✓	A/B	
Senior C	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Senior D	✓	C/D	C/D	✓	C/D	C/D	✓	C/D	C/D	
Masters A	Combined Senior & Masters	Combined Senior & Masters	Combined Senior & Masters	✓	✓	✓	✓	✓	✓	
Masters B				✓	A/B	A/B	✓	A/B	A/B	
Masters C				✓	✓	✓	✓	✓	✓	
Masters D				✓	C/D	C/D	✓	C/D	C/D	

Women's Kayak	200m			500m			1000m			5km
	K1	K2	K4	K1	K2	K4	K1	K2	K4	K2
Senior A	✓	✓	✓	✓	✓	✓	✓	✓	✓	Open
Senior B	A/B	A/B	A/B	A/B	A/B	A/B/C/D	A/B	A/B	A/B/C/D	
Senior C	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Senior D	✓	C/D	C/D	✓	C/D	✓	✓	C/D	✓	

Sen/Jun (M&F) Canoe	200m			500m			1000m			5km
	C1	C2	C4	C1	C2	C4	C1	C2	C4	C2
Canoe A Sen/Jun	Canoe A & B racing with Senior Women Kayak A & B									
Canoe B Sen/Jun										
Canoe C Sen/Jun	✓		✓	✓	✓	✓	✓	✓	✓	✓
Canoe D Sen/Jun	✓		B/C	✓	B/C	B/C	✓	B/C	B/C	Open

Junior Kayak	500m			1000m		
	K1	K2	K4	K1	K2	K4
Boys A	✓	✓	✓	✓	✓	✓
Boys B	✓	✓	✓	✓	✓	✓
Boys C	✓	✓	B/C	✓	✓	B/C
Boys D	✓	✓	✓	✓	✓	✓
Girls A	✓	✓	✓	✓	✓	✓
Girls B	✓	✓	A/B/C	✓	✓	A/B/C
Girls C	✓	✓	✓	✓	✓	✓
Girls D	✓	✓	✓	✓	✓	✓

Paddleability	200m			500m			1000m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
Senior/Junior	✓	✓		✓	✓		✓	✓	

Mini Sprint	500m	
	Sat	Sun
Boys & Girls A	✓	✓
Boys & Girls B	✓	✓

Please read note on the April page!



BCU National Canoe Sprint Racing Regatta

National Water Sports Centre - Nottingham

6th - 7th June 2009

Closing date

Wednesday 20th May 2009

Men's Kayak	200m			500m			1000m			5km
	K1	K2	K4	K1	K2	K4	K1	K2	K4	K4
Senior A	✓	✓	✓	✓	✓	✓	✓	✓	✓	Open
Senior B	✓	✓	A/B	✓	✓	A/B	✓	✓	A/B	
Senior C	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Senior D	✓	C/D	C/D	✓	C/D	C/D	✓	C/D	C/D	
Masters A	Combined Senior & Masters	Combined Senior & Masters	Combined Senior & Masters	✓	✓	✓	✓	✓	✓	
Masters B				✓	A/B	A/B	✓	A/B	A/B	
Masters C				✓	✓	✓	✓	✓	✓	
Masters D				✓	C/D	C/D	✓	C/D	C/D	

Women's Kayak	200m			500m			1000m			5km
	K1	K2	K4	K1	K2	K4	K1	K2	K4	K4
Senior A	✓	✓	✓	✓	✓	✓	✓	✓	✓	Open
Senior B	A/B	A/B	A/B	A/B	A/B	A/B/C/D	A/B	A/B	A/B/C/D	
Senior C	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Senior D	✓	C/D	C/D	✓	C/D	C/D	✓	C/D	C/D	

Sen/Jun (M&F) Canoe	200m			500m			1000m			5km
	C1	C2	C4	C1	C2	C4	C1	C2	C4	C4
Canoe A Sen/Jun	Canoe A & B racing with Senior Women Kayak A & B									
Canoe B Sen/Jun										
Canoe C Sen/Jun	✓	✓		✓	✓	✓	✓	✓	✓	✓
Canoe D Sen/Jun	✓	B/C		✓	B/C	B/C	✓	B/C	B/C	Open

Junior Kayak	500m			1000m		
	K1	K2	K4	K1	K2	K4
Boys A	✓	✓	✓	✓	✓	✓
Boys B	✓	✓	✓	✓	✓	✓
Boys C	✓	✓	B/C	✓	✓	B/C
Boys D	✓	✓	✓	✓	✓	✓
Girls A	✓	✓	✓	✓	✓	✓
Girls B	✓	✓	A/B/C	✓	✓	A/B/C
Girls C	✓	✓	✓	✓	✓	✓
Girls D	✓	✓	✓	✓	✓	✓

Paddleability	200m			500m			1000m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
Senior/Junior	✓	✓		✓	✓		✓	✓	

Mini Sprint	Please read note on the April page!	Sat	Sun
Boys A & Girls A		✓	✓
Boys B & Girls B		✓	✓

	BCU National Championships Sprint Racing Regatta
	National Water Sports Centre - Nottingham
	4th - 5th July 2009
	Closing date
	Wednesday 17th June 2009

Men's Kayak	200m			500m			1000m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
Senior A	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
Senior B	✓ S	✓ S	A/B/C/D	✓ S	✓ S	A/B	✓ S	✓ S	A/B
Senior C	✓ S	✓ S		✓ S	✓ S	✓ S	✓ S	✓ S	✓ S
Senior D	✓ S	C/D		✓ S	C/D	C/D	✓ S	C/D	C/D
Masters 1965 - 74	✓ N	✓ N		✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
Masters 1955 - 64	✓ S	A/B		✓ S	A/B	A/B	✓ S	A/B	A/B
Masters 1945 - 54	✓ S	✓ S		✓ S	✓ S	✓ S	✓ S	✓ S	✓ S
Masters 1944 earlier	✓ S	C/D		✓ S	C/D	C/D	✓ S	C/D	C/D

Women's Kayak	200m			500m			1000m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
Senior A	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
Senior B	✓ S	A/B	A/B/C/D	✓ S	A/B	A/B/C/D	✓ S	A/B	A/B/C/D
Senior C	✓ S	✓ S		✓ S	✓ S		✓ S	✓ S	
Senior D	✓ S	C/D		✓ S	C/D		✓ S	C/D	

Canoe M / F	200m			500m			1000m			
	C1	C2	C4	C1	C2	C4	C1	C2	C4	
Canoe A Sen	✓ N	✓ N		✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	
Canoe B Sen	✓ S	A/B		✓ S	A/B	A/B/C/D	✓ S	A/B	A/B/C/D	
Canoe C Sen	✓ S	✓ S		✓ S	✓ S		✓ S	✓ S		
Canoe D Sen	✓ S	C/D		✓ S	C/D		✓ S	C/D		
Junior U18				✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	
Junior U16				✓ N	✓ N	✓ N	✓ N	✓ N	✓ N	

Junior Kayak	500m			1000m		
	K1	K2	K4	K1	K2	K4
Boys U18	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
Boys U16	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
Boys U14	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
Girls U18	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
Girls U16	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N
Girls U14	✓ N	✓ N	✓ N	✓ N	✓ N	✓ N

Paddleability	200m			500m			1000m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
Senior/Junior	✓	✓		✓	✓		✓	✓	
Mini Sprint	Please read note on the April page!			Sat	Sun				
Boys & Girls A				✓	✓				
Boys & Girls B				✓	✓				

	BCU National Canoe Sprint Racing Regatta
	National Water Sports Centre - Nottingham
	5th - 6th September 2009 - MacGregor Paddle
Closing date	Wednesday 19th August 2009

Men's Kayak	200m			500m			1000m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
Senior A	✓	✓	✓	✓	✓	✓	✓	✓	✓
Senior B	✓	✓	A/B/C/D	✓	✓	A/B	✓	✓	A/B
Senior C	✓	✓		✓	✓	✓	✓	✓	✓
Senior D	✓	C/D		✓	C/D	C/D	✓	C/D	C/D
Masters A	Combined Senior & Masters	Combined Senior & Masters	Combined Senior & Masters	✓	✓	✓	✓	✓	✓
Masters B				✓	A/B	A/B	✓	A/B	A/B
Masters C				✓	✓	✓	✓	✓	✓
Masters D				✓	C/D	C/D	✓	C/D	C/D

Women's Kayak	200m			500m			1000m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
Senior A	✓	✓	✓	✓	✓	✓	✓	✓	✓
Senior B	✓	A/B	A/B/C/D	✓	A/B	A/B/C/D	✓	A/B	A/B/C/D
Senior C	✓	✓		✓	✓		✓	✓	
Senior D	✓	C/D		✓	C/D		✓	C/D	

Senior & Junior (M & F) Canoe	200m			500m			1000m		
	C1	C2	C4	C1	C2	C4	C1	C2	C4
Canoe A Sen/Jun	✓		✓	✓	✓	✓	✓	✓	✓
Canoe B Sen/Jun	✓		A/B	✓	A/B	A/B/C/D	✓	A/B	A/B/C/D
Canoe C Sen/Jun	✓		✓	✓	✓		✓	✓	
Canoe D Sen/Jun	✓		C/D	✓	C/D		✓	C/D	

Junior Kayak				500m			1000m		
				K1	K2	K4	K1	K2	K4
Boys A				✓	✓	✓	✓	✓	✓
Boys B				✓	✓	✓	✓	✓	✓
Boys C				✓	✓	B/C	✓	✓	B/C
Boys D				✓	✓	✓	✓	✓	✓
Girls A				✓	✓	✓	✓	✓	✓
Girls B				✓	✓	A/B/C	✓	✓	A/B/C
Girls C				✓	✓		✓	✓	
Girls D				✓	✓		✓	✓	

Paddleability	200m			500m			1000m		
	K1	K2	K4	K1	K2	K4	K1	K2	K4
Senior/Junior	✓	✓		✓	✓		✓	✓	
Mini Sprint	Please read note on the April page!			500m					
				Sat	Sun				
				✓	✓				
Boys & Girls A				✓	✓				
Boys & Girls B				✓	✓				

NATIONAL SPRINT REGATTAS TEAM LEADERS' RESPONSIBILITIES

Summary

At the Club

- a) Ensure that club members achieve the relevant standard to qualify for competing at National Regattas.
- b) Advise the Colours Registration Officer of their appointment, and include details of any changes in the Club Racing Colours.
- c) **Check that all boats have adequate buoyancy.**

Entries

- a) Advertise the Regatta to all club members, collate entries, and return Entry Form by closing date accompanied by the correct entry fees.
- b) Check Timetable for clashes & problems.
- c) Ensure that paddlers are conversant with the Sprint Racing Competition Rules & Conduct as shown in the Handbook, and hold current membership of the British Canoe Union. Ensure that all paddlers have been registered.
- d) Encourage paddlers to purchase their own Racing Handbooks.

Before the start of Racing

- a) Collect and check the detailed regatta programme ensuring that every entry made is shown correctly.
- b) Arrive on time for the Team Leaders' Meeting. All scratches, crew changes, and late entries should be made during the meeting.
- c) Advise paddlers of any changes and/or alterations to the programme.
- d) Ensure that paddlers and their boats are adequately dressed and equipped for the conditions.
- e) Ensure that all paddlers are fully aware of safety measures.

During Competition

- a) Ensure that paddlers arrive in time for their races, wearing club colours, and with the correct lane number.
- b) Ensure that K4s, if required, are booked in advance. Boat hire is included in the Race Entry Fee.
- c) Be available to receive notification of disqualifications, and deal with any problem involving paddlers from their club.
- d) Collect from, and promptly return to, the Secretary's Desk all Long Distance Numbers. A deposit of £10.00 is required.
- e) Hand in S.A.E. to the Regatta Secretary for a copy of the results.

After the Regatta

- a) Return Long Distance numbers promptly to the Secretary's Desk.
- b) Display results on club notice board.
- c) Note promotions of Club paddlers.

1. Appointment

Club Secretaries must inform the Colours Registration Officer who is the Team Leader for their club (and if you wish a nominated reserve), before January 1st each year. If a club is to be represented by another person at the N.W.S.C. the regatta organiser should be informed by the registered Team Leader, preferably when the entries are submitted.

2. Communication

At all regattas, the organisers will only communicate with the Club Team Leader or his/her nominated reserve, in respect of:-

- a) Making entries
- b) Making late entries.
- c) Communication from the organisers to his/her club paddlers - including disqualifications.
- d) Making protests.
- e) Receiving results.

3. Safety

The Team Leader is primarily responsible for the safety of his club members. Team Leaders should ensure that paddlers are:-

- a) suitably dressed for the weather, water and race conditions.
- b) able to perform basic capsizing drills and are briefed on what to do when approached by a umpire boat.
- c) able to swim at least 50 metres in wet clothing without a lifejacket.

NATIONAL SPRINT REGATTAS TEAM LEADERS' RESPONSIBILITIES

- d) that all canoes are fitted with buoyancy, sufficient to ensure that the canoe will remain afloat and support the crew in the event of a capsizing.
- e) that all competitors in Junior or Youth classes are in possession of a lifejacket or buoyancy aid which conforms to the standard of the I.C.F or S.B.B.N.F.

In the event of cold and/or windy conditions the organisers may at their discretion cancel or postpone a race, or insist on the wearing of buoyancy aids.

In the event of an electrical storm paddlers will be required to leave the course immediately. A tannoy announcement will be made and umpire boats will ring a bell. Racing will not recommence until deemed safe by the competition committee.

4. Entries

Please note all the information given on the completed example Official Entry Form on the following page.

All entries must be made on the Official Entry Form. Please do not break up the form. Send the complete form, even if you are making only one entry. Please ensure that you use the correct form.

Fees for this season have been increased and the charge bands are as follows:-

Group	K1/C1	K2/C2	K4/C4
Senior Events:	£5.00 (late £6.00)	£10.00 (late £11.00)	£20.00 (no late fee)
Junior Events:	£4.00 (late £5.00)	£8.00 (late £9.00)	£16.00 (no late fee)
Mini Sprints:	Fixed fee of £20 for the weekend or £10 a single day		

- a) All entries for an N.W.S.C. Regatta must be made on the Official Entry Form, or a photocopy. A blank form is included on the entry form for this purpose.
- b) **One page for each class** must be used.
- c) At the top of each page, enter the names of **all** the paddlers who are to be entered in that class. Indicate the paddler's Initial, Name, and Club as shown below. If, in a crew boat, you include a paddler who is registered in the name of another club, make sure that his name & club are shown.
- d) Use the first four figures of the box for the paddler's Registration Number.
A full list of these is shown in Section D.
- e) If a paddler has a 3 figure Registration Number, e.g. 027, prefix it with another zero e.g. 0027. **No entry will be accepted without a Registration Number**
- f) Enter A.N.Other and four zeros for unknown crew members.
- g) Do not use one page for more than 12 names. Photocopy or use the spare page at the back of the entry booklet.
- h) Telephone Entries are not accepted.
- i) The closing date for entries is normally the Wednesday 2½ weeks before the event. Any entries arriving after the closing date must be made by the Team Leader at the Team Leaders' Meeting.
- j) Entries made without the correct fee(s) will be charged as Late Entries.
- k) In the event of cancellation of part of or the whole of the competition owing to inclement weather or other unforeseen circumstances there will be no refund of race fees.

EXAMPLE

Registration No				I	Name												Club		
1	2	3	4	A	S	I	S	T	E	R							C	L	U
5	6	7	8	B	B	R	O	T	H	E	R						C	L	U
4	5	6	7	A	C	H	A	R	L	I	E						C	L	U

NATIONAL SPRINT REGATTAS TEAM LEADERS' RESPONSIBILITIES

ENTER PADDLERS REGISTRATION NUMBERS BELOW																2 0 0 M	5 0 0 M	1 0 0 M	L D I S T		
K1											1	2	3	4	X	X	X		£25.00		
											4	5	6	7		X	X				
K2									5	6	7	8	1	2	3	4	X	X	X	X	£80.00
									4	5	6	7	1	2	3	4	X	X	X	X	
K4	2	3	4	5	3	4	5	6	5	6	7	8	1	2	3	4		X	X		£40.00
Page Total																£ 145.00					

5. Notes on Classes

- Kayak competitors are divided into three age groups, Youth, Senior and Masters. These three kayak classes are then divided into Men and Women. These two subdivisions then being further divided into ability groups. Canoe paddlers are divided into four ability groups.
- Youth kayak competitors will paddle in the four youth divisions according to their individual ability. Promotions within these classes will be done on the basis of improvement in standard of performance. When applying for registration the time certificate submitted should show the time recorded on the 500m test in order that new paddlers can be classified correctly. Beginners do **not** automatically start in the "D" group.
- The chart '**National Standards for Racing**' on **page D1** demonstrates the way in which the subdivisions are made according to speed.
- The status of a paddler in a kayak class has no bearing on his status in a canoe.
- Mixed Events, in which male and female competitors race together in the Men classes, are permitted, provided the races are of parallel standard to that of their designated classes.
- Open Events - In order to facilitate programming we reserve the right to combine classes in any distance at any regatta, with the exception of National Championship events, which will all start as the programme provided there are sufficient entries.
- Paddlers must race **ONLY** in their designated class for singles events (K1 and C1) at N.W.S.C. Regattas. Competitors may race above their designated class in crew boats only. Exceptions may be made when national coaches wish to enter squad paddlers in higher classes.
- A Youth paddler may race in crew boats in a senior class equivalent or above the standard of his own youth standard. E.g. BAK= MBK (see chart).
- All paddlers will be graded into classes according to the standards set out in the National Standards for Racing. Coaches should use the Coaching Scheme 500m Racing Tests as preparation for paddler's entry into racing.
- National Championships:
 - Youth Paddlers will race in the following Age Groups
 - UNDER 18 (BORN 1991 or 1992)
 - UNDER 16 (BORN 1993 or 1994)
 - UNDER 14 (BORN 1995 or later)

A youth paddler, who has been promoted to Senior Status on ability, may for National Championship Events only race in his/her youth age group.
 - Masters Men will race in the following Age Groups
 - 35 years to 44 years (BORN 1974 to 1965)
 - 45 years to 54 years (BORN 1964 to 1955)
 - 55 years to 64 years (BORN 1954 to 1945)
 - 65 years and over (BORN 1944 and earlier)
- Promotions/Demotions
 - Will be made throughout the year on the basis of standards laid down, and using the race results.
 - Are not automatic, and need to be ratified by the SRC nominee before taking effect.
 - Will be notified on the regatta results and should take effect at the next regatta.

NATIONAL SPRINT REGATTAS TEAM LEADERS' RESPONSIBILITIES

1) Masters

Paddlers born before 1974 may compete in the Masters class unless ranked Men's A

6. **Check your Programme**

Prior to the Team Leaders' Meeting, it is essential for each Team Leader to make a careful check of all his entries. It is best to keep a copy of your entry for this purpose. If there are any omissions or if you wish to make substitutions, mark your programme: the Team Leaders' Meeting goes very quickly, and leaves no time for hesitation.

It is not uncommon for the regatta organisers to make a few mistakes with the entries, but it is your responsibility to check the programme. Once a race has been passed during a meeting it is not normal to go back.

The event organisers will do their best to arrange the programme so that all races in each class are well spaced out, giving a minimum rest period of 40 minutes between races. Any competitor racing outside his designated class in crew boats cannot depend on the programme accommodating this situation satisfactorily.

7. **Team Leaders' Meeting**

It is intended to hold only one meeting per regatta, at 0800 hrs on the Saturday morning (unless otherwise stated) at the regatta course. If the meeting cannot be completed in a reasonable time it will be adjourned and the time of the reconvened meeting announced. Each club must nominate one representative to deal with alterations and late entries at the meeting. This nominated representative will be responsible for all the money owed for the entries he submits. This money must be paid by 4.00 p.m. on Saturday. Failure to pay on time will incur a £20.00 surcharge that must be paid by the end of racing on Saturday. Failure to meet this deadline will result in all paddlers from that club being disqualified from Sunday's racing.

Procedure

- a) Team Leader signs in on arrival.
- b) Meeting commences promptly at 8.00 a.m.
- c) Technical announcements.
- d) If there are any objections to the programmed order of events they must be raised at this stage.
- e) Late entry provision:-
 - i. Events will be dealt with in order.
 - ii. The Competition Organiser will call out in order each set of heats (or finals, if there are no heats). Team Leaders should scratch any competitors who do not intend to race, or make suitable substitutions. They should call out the lane number first then the competitors name(s).
 - iii. If there are any vacant lanes the Competition Organiser will then ask Team Leaders to raise one hand for each late entry they wish to make. If there are more late entries required than there are vacant lanes available, a draw will take place.
 - iv. It is not permitted to return to an event that has been concluded.

8. **Entries after the Team Leaders' Meeting**

Entries after the meeting for lanced races will only be accepted in exceptional circumstances and at the discretion of the Competition Organiser. **Any such entries will be charged a double entry fee.**

Late entries will be accepted for long distance events (2.5 km, 5 km, 10 km.), up to one hour before the race, on payment of the appropriate late entry fee. Entries can be made on the form available from the regatta secretary's desk.

9. **Club Colours**

Club colours must be worn by all competitors in all events at the N.W.S.C. regattas.

- a) In K4 crews where more than one club is represented, paddlers must wear the colours for the club in whose name they are registered.
- b) Clubs racing for the first time at an N.W.S.C. regatta may request exemption from this rule by application to the Regatta Organiser; but the competitors should wear a plain white shirt with no markings. The club must then register its colours before taking part in subsequent events.

10. **Numbers**

- a) It is a requirement that clubs should provide their own lane numbers as prescribed in the Sprint Racing Rules for races up to 1000m in length.
- b) Sets of numbers 1-9, and suitable mounting brackets for kayaks and canoes, are available for sale from the regatta secretary's desk.
- c) For races over 1000m in length, the competition organisers will issue numbers. These will be of a

NATIONAL SPRINT REGATTAS TEAM LEADERS' RESPONSIBILITIES

type that fix into a slot on the deck of the boat, all competitors must ensure that their boats are fitted with these slots.

- d) Numbers for long distance racing must be obtained from the regatta secretary's desk and may be collected by Team Leaders ONLY. A deposit of £10.00 must be left by every club collecting numbers, regardless of how many numbers are required. This money can be reclaimed at the end of the day when all numbers are returned; alternatively it can be left at the desk to cover for numbers which will be required for Sunday's racing, and would then be returned Sunday evening when all numbers were collected in.
- e) Lost Numbers will be charged at £5.00 per number, and the amount deducted from the deposit before it is returned.
- f) A form will be available at the meeting on which the Team Leaders should order the numbers required for the day's long distance races in advance. This form should be handed in to the regatta secretary's desk. Your requirements will then make up for collection later in the morning, (after 11.00).

ALL CANOES AND KAYAKS MUST BE FITTED WITH NUMBER SLOTS ON THE CENTRE LINE OF THE AFT DECK

11 K2/K4 Crew Names

Notification of crew names must be made at the Regatta Office at least 30 minutes before the race. Any crew which has not notified the full set of names will be allowed to start the race but will not appear in the results, nor will they go forward to the next round of the competition. Paddlers who take the place of other paddlers without the proper substitution will be allocated 1 penalty point and disqualified from the event.

12 K4s

- a) They will be stored on racks outside the boathouse.
- b) Crews must not sit in the K4s *except when they are on the water*.
- c) Young paddlers must be supervised by a responsible adult when handling the K4s onto and off the water. The K4 Official reserves the right to refuse the boat to any youth crew that is not accompanied by an adult.
- d) Check your K4 before you use it. If it is not in order please report the fact to the Official. The crew that previously used the boat will be held responsible.
- e) K4s can be booked for any race during the course of the day as soon as the boathouse is open and the K4 Official is present.
- f) Crews must supply their own wing-nuts and toggles when they report to collect the boat they have booked.
- g) Crews must use the boat allocated.

13 Protests & Disqualifications

- a) Notification of disqualification will always be made to the Team Leader or his nominated reserve.
- b) In a National Championship event, a protest must be made by the paddler's Team Leader.
- c) Team Leaders should realise that it is impossible to adequately umpire all races in every regatta. Where infringements are observed by an umpire, these will be reported to The Chief Official who will, if necessary, inform the offending paddler's Team Leader.
- d) Often however, infringements will not be observed by the umpires, and Team Leaders should realise that they have a responsibility to explain the situation to young paddlers who may easily become frustrated by what might seem to be an arbitrary system of justice.

14 Results

If a copy of the results is required, please send an S.A.E. marked RESULTS with your entry, or leave an addressed envelope and the appropriate postage at the Regatta Office. A fee of £2.50 is payable for each copy. Alternatively, results can be downloaded from the Sprint Racing website <http://www.bcu.org.uk/our-sport/sprint-racing/2009-national-and-international-results/>

15 Car Parking

Team Leaders MUST take an active part to see that club members observe the car parking lines. Parked cars must not obstruct the launching access for K4s to the concrete pontoons in front of the boathouses. Particular attention should be paid to the access road in the vicinity of the Centre Buildings. Access for emergency vehicles must NOT be impeded. The pontoon on the seating side of the tower on the waterfront is a No Parking Area, and must not be used by competitors. This area is solely for the use of umpire boats.

NATIONAL SPRINT REGATTAS TEAM LEADERS' RESPONSIBILITIES

BCU Regatta "Liability" Statement

Canoeing and Kayaking are assumed-risk water-contact sports. Participation in these sports carries an inherent risk of injury to competitors and damage to property. Participants should be aware of the risks involved in these sports and are responsible for their own actions and their involvement in these sports.

In all cases competitors compete entirely at their own risk.

Each of the Regatta Organisation, the Sprint Racing Executive, the British Canoe Union exclude liability for any loss or damage that may occur to competitors or property during participation in canoeing and kayaking to the fullest extent permitted by law.

All competitors must be current comprehensive members of the British Canoe Union except for juniors ranked in 'Girls D' or 'Boys D' and 'Mini Sprint A' or 'Mini Sprint B' who are members of clubs with registered juniors sections.

Regatta Entries are accepted on the basis that each competitor and Parent/Guardian of a junior is aware of and has accepted the above conditions. Team Leaders are requested to ensure that all of their club competitors are aware of and accept the above statements.

Particular attention is drawn to safety requirements, especially the need for adequate buoyancy in all boats.

Sufficient fixed buoyancy must be securely fitted to all boats before they are allowed on the water. Severe penalty points (and disqualification) will be incurred by all those ignoring this requirement. This is intended to ensure the safety of all those on the water.

System for the membership for Juniors of a B.C.U. Affiliated Club.

A junior club member need not be a full member of the B.C.U. in order to race in the Mini Sprint Series or Junior D Classes. He or she must be a member of his or her club, and the number used for his or her identification will be the club's affiliation number followed by his or her own individual club number.

Should he or she be promoted, however, to 'C' or above, he or she must then become a full member of the B.C.U. in his or her own right.

It is the responsibility of the Team Leader to advise the Registration Officer of the full B.C.U. Number.

'Tiddly Winks' and Boards

Coloured counters (known affectionately as Tiddly Winks) are awarded for the first three places in all Finals 1 in junior classes. These can be collected by the paddler from the Secretary's desk.

Also available, at a cost of approximately £4.50, is a small engraved wooden board on which the self adhesive counters can be mounted for posterity!

NATIONAL SPRINT REGATTAS

The MacGregor Paddle Competition



John MacGregor M.A., Trinity College, Cambridge; (1825-1892) Barrister-at-Law, Captain of the Royal Canoe Club, through his extremely popular books and magazine articles from 1865 to 1892, practically invented the sport of canoeing (or kayaking).

The beginning of recreational canoeing can be traced directly to an Englishman, called John MacGregor, in the middle of the nineteenth century. He was a man with a penchant for boat design and exploration, who developed his craft based on the Eskimo Kayak, which he named *Rob Roy*. He took the boat on long journeys along the rivers and across the lakes of Europe, lecturing and writing about his travels as he went. His tales attracted quite a following and soon there were many kayaks in Great Britain based on his kayak design that is still referred to as a *Rob Roy*.

Canoes are the larger category under which kayaks fall: while all kayaks are canoes, not all canoes are kayaks. Paddlers in kayaks sit with their legs stretched out in front of them and canoeists generally paddle from a kneeling position. Most canoes are open hulled; while kayaks have covered decks. Canoe paddles are typically single bladed, while kayak paddles are double ended.

Some might say these differences occur because of the type of water available, but a look at the evolution of British canoeing culture during the past one hundred and twenty years would suggest that the major changes are due to those who have written and taught, coupled with the availability of canoes or kayaks.

The first period from 1865 evolved from the founder of British canoeing, John MacGregor. His book, *A Thousand Miles in the Rob Roy Canoe*, fired the imagination of the Victorians. The '*Rob Roy*' was a stable kayak, went in a straight line and had a large cockpit. Made of wood, it was easy to handle and a boat in which any beginner would have felt safe. In this period, wooden canoes were imported and were used for family outings and touring, the limitation to the growth was the cost of the wooden craft.

The second period from the 1930s to the 1950s is identified with the wooden frame and canvas kayaks and the start of the BCU Coaching Scheme. Percy Blandford wrote books and produced a host of designs for the Scout movement, which brought canoeing to a much wider number of people. The low cost, make-it-yourself PBK (Percy Blandford Kayak) designs, were, like the '*Rob Roy*', stable, went in a straight line, and had large cockpits. The BCU Coaching Scheme was started in the 1950s by John Dudderidge. The original proficiency tests were designed around the use of the open cockpit straight-line kayak.

The third period, which had a massive impact on both the expansion and the change in direction of British canoeing culture started around the early 1960s, when in 1962, the BCU appointed its first Director of Coaching, Oliver Cock, giving added drive to what was to become a very powerful teaching scheme. For various reasons, the Coaching Scheme became more and more interested in rough water canoeing. At the same time, glass reinforced plastic became available. Moulds were produced for the home builder and the designs reflected the interest in rough water. Thousands of kayaks were produced with rockered hulls and small cockpits. By 1980, the Coaching Scheme had 3,000 members almost all teaching in the close fitting cockpit kayak. So powerful had that culture become that, if the word 'canoeing' is mentioned to almost anyone in Britain, their immediate image would be that of a young man or woman strapped into a kayak, wearing a crash helmet and wetsuit, performing turns and rolls on rapidly moving rivers. This was a great image for the adventurous teenager but daunting for many others who might wish to paddle. Indeed, a far, far cry from the canoeing of MacGregor.

MacGregor spent part of his youth in Halifax, Nova Scotia, where his father was stationed in the 1830s in a fort. He may have picked up some canoeing experience there.

Reading his books one notices he carried in his canoe a number of religious tracts (in a movement called "Muscular Christianity") written in the local language and was always ready to hand them out. He did not travel on Sundays, but did lecture on his travels and gave much of the profits to charities, especially to boys in the inner cities.

He published accounts of several other canoe cruises, including one to Scandinavia and another to Jordan and Egypt. The appendix to that book gives some construction details for his canoe designs.

His wooden split paddles were presented to Royal Canoe Club in 1959. Subsequently these were used as the trophy at the BCU National Inter-Club Sprint Racing Regatta, being first presented in 1977 to the winning club Fladbury and still fought over annually in September. A full list of winners can be found on page C8.

NATIONAL SPRINT REGATTAS

Scoring for the MacGregor Paddle competition

Under the following system most clubs should have an equal opportunity to achieve a winning score:

1. Each Club will automatically score 1 point for every paddler competing in the Inter Club Regatta.
2. Each Club will score 1 point for each promotion accredited to their paddlers during the four previous Regattas i.e. April, May, June, & July of the same year.
3. The scoring at the Inter Club Regatta will be on the following basis:

Each Club will score its best	12	K1/C1 results in all finals
		6 K2/C2 results in all finals
		3 K4 results in all finals

Scores will be awarded, provided there are at least three crews participating, on the following basis:
 First 20 points, second 19 points, third 18 points and so on.

Penalty points accrued by paddlers during the season's five regattas will be deducted from their team's score.

4. Notes:
 - a) Composite crews, with members from more than one Club, do not score.
 - b) At least 50% of the crew must be registered in the class in which they are racing.
 i.e. 2 paddlers K4 and 1 paddler K2. Crews may be made up with paddlers from a lower ability group with the following exceptions:
 - i) Men may not paddle in Women's races.
 - ii) Boys may not paddle in Girls' races.
 - iii) Seniors may not paddle in Junior races.
 - c) No one may enter any singles class other than their designated class as shown on the Registration File.

NATIONAL SPRINT REGATTAS

Disciplinary Procedures

Offences Incurring Penalty Points

The Chief Official will be solely responsible for all disciplinary matters of a minor nature, under the operation of a penalty points system. At his/her discretion, he/she may issue one penalty point to each paddler involved in each of the following offences. These offences are considered to be detrimental to the efficient operation of regattas and/or potentially hazardous.

- Racing in incorrect colours
- Racing with incorrect or missing number
- Failure to observe water zoning procedures
- Unauthorised substitution for another paddler
- Failure to report, having qualified, for semi-finals or finals
- Conduct during racing likely to cause injury or damage to equipment
- Use of offensive language
- Underweight boat (see note 1)
- Failure to report for boat weighing immediately (see note 2)
- Insufficient buoyancy (see note 3)

Notes

1. Weights must be properly fixed to the boat or seat. Stones in bags or any other temporary system will not be accepted.
2. Boats required for weighing will be notified either shortly before the start of the race or shortly after the finish of the race.
3. Buoyancy will be checked by both systematic and random inspections at launching points. If a boat is found to have insufficient buoyancy, it will be turned back.

Accumulation of Penalty Points and Penalty Fines

1. When a paddler accumulates a total of 4 or more penalty points, he/she is liable for a fine of £10 per point in excess of 3 points.
2. Fines are to be paid at the Regatta Office.
3. A paddler liable for a fine cannot race until the fine has been paid.
4. Penalty points are accumulated over 4 consecutive regattas and are not restricted to a single year. Thus, for example, penalty points incurred in the last regatta of the year will remain active until the start of the 4th regatta of the following year.

Notification

Team leaders will be notified when a penalty point has been issued to a paddler from his/her team. This notification will also be recorded on the end of regatta results sheet.

Disciplinary Matters of a More Serious Nature.

In respect to all other disciplinary matters the Chief Official, Competition Committee and the Competition Jury must act as described in the Sprint Racing Rules which include penalties in accordance with B.C.U. Rules or the Sprint Racing Section Disciplinary Regulations.

N.B.A reported incidence of dissent/abuse towards a Regatta Official, another competitor or their equipment, or a spectator must be treated as conduct prejudicial to the interests of the sport and dealt with under the Section Disciplinary Regulations.

BCU Regatta Officials Training

The training of officials is a highly important area of our activities from both a National and Regional point of view. Anyone interested in assisting at BCU National regattas is encouraged to come and sit alongside more experienced officials to learn what is involved. Each year in November we meet for a weekend of discussion, debriefing, and training, plus our annual dinner. Through officiating at our own National and International Regattas any official can progress to a standard where they become eligible to take the International Canoe Federation examination, thus becoming qualified to officiate at World Championships.

Newcomers are welcome and, if there is sufficient interest, we are happy to run a basic course aimed at complete beginners – no previous knowledge or experience is assumed. All aspects of regatta organisation would be covered in a basic and practical way, including the organisation of low key, local events of all kinds. This course would be followed by practical experience at regattas, working alongside a more practised official to gain knowledge and experience. Additional training can be given in specialised fields for those aiming to take the ICF Examination.

There may also be discussion groups of more experienced officials who meet to iron out any problems which have arisen during the season and find methods of solving them.

Further details of the Officials Weekend in November will be available nearer the time. If you want to find out more contact the **BCU Regatta Organiser, Peter Morley, 17 Springfield Road, Guildford, Surrey GU1 4DW Tel: 01483 571996 email: peter.c.morley@btinternet.com**

ICF Officials



Peter	Bland	Rowland	Jones	Peter	Moule
Teresa	Bland	Steve	Jones	Cathy	Wynne
Stan	Cox	Liz	McGown		
Rosy	Gray	Peter	Morley		

BCU Officials



Diane	Bates	David	Etheridge	Mark	Millington
Sally	Beyer	John	Ferguson	Mick	Moran
Peter	Bland	Rosy	Gray	Peter	Morley
Teresa	Bland	Malcolm	Guy	Peter	Moule
Lee	Bradshaw	Derek	Hall	Elaine	Murray
Martin	Brooks	Carol	Hardy	Barry	Murray
Liz	Brooks	Brian	Hardy	Clive	Neale
Natalie	Brooks	Linda	Heath	Wendy	Pereira
Alan	Burgoyne	Ann	Hoile	Stafford	Poole
Tom	Cawthorn	John	Hoile	Alan	Reese
Hannah	Cawthorn	Andy	Holmes	Keith	Stone
Tom	Churnside	Philip	Hughes	Joyce	Sunderland
Jean	Coleman	David	Jones	Keith	Sunderland
Jane	Cox	Steve	Jones	Neville	Sunderland
Stan	Cox	Rowland	Jones	Neil	Sunderland
Ian	Creamer	Brian	Kelly	Phillipa	Sunderland
Charlotte	Creamer	Di	Lawler	Sarah	Swallow
Colin	Crooks	Phil	Linnell	Mike	Walsh
Kate	Crooks	Guy	Lowe	Lawrence	White
Jim	Davison	Kari	Martin	Gordon	Wycherley
David	Deacon	Liz	McGown	Cathy	Wynne
Derrick	Dobbie	Margaret	Millington		

RYA Boat Drivers



Lee	Bradshaw	Derrick	Dobbie	Margaret	Millington
Martin	Brooks	David	Etheridge	Mark	Millington
Alan	Burgoyne	Philip	Hughes	Peter	Moule
Tom	Cawthorn	Phil	Linnell	Barry	Murray
Stan	Cox	David	Jones	Keith	Sunderland
Jim	Davison	Steve	Jones	Neville	Sunderland
				Keith	Stone

West Thames Region

2009 Youth Events and Grand Prix

Grand Prix 200m, 500m time trial and race

Wey regatta *

Saturday 14 March 2009

Wey Kayak Club – time trials 2km/1km, sprints and relay
contact: m.childerstone@btinternet.com call 01483 302732

Richmond sprints *

Good Friday 10 April 2009 – Littleton Lake

contact: trevorwetherall@hotmail.com

Elmbridge half marathon

Easter Sunday April 12 – River Wey

contact: diandroland@hotmail.com

Elmbridge regatta *

16 May 2009 – Elmbridge Canoe Club

contact: diandroland@hotmail.co

Royal junior sprint regatta *

11 July 2009 – Royal Canoe Club

contact: drckelly@sky.com

Reading / Wokingham regatta *

25 July – Reading Canoe Club

contact: brian.greenham@ntlworld.com

Grand Prix events – 200m, 500m time trial and race

Events that count for Grand Prix points are marked with a *

Competitors score points in age groups

U12, U14, U16, U18 (boys and girls)

Classes for: K1 Lightnings, K2 Hody

and K4 Rockets



Canoe England
Something for Everyone

HOLME PIERREPONT COURSE RECORDS

OPEN

Distance	Crew	Country	Time	Date
Men				
K1 500m	Ian Wynne	GBR	1.39.73	09.05.04
K2 500m	Cox / McKeever	GBR	1.31.63	07.05.06
K4 500m	Felix/Bishop/Marg/Meuller	DDR	1.25.54	20.06.82
C1 500m	A.Volkov	URS	1.52.36	19.06.83
C2 500m	Sarus/Hajdu	HUN	1.43.01	19.06.83
C4 500m	Cestra/Moguzzi/Caldon/Chiarentin	ITA	1.45.54	07.07.91
K1 1000m	T.Brabants	GBR	3.32.82	13.05.00
K2 1000m	Wycherley/Farrell	GBR	3.16.63	14.04.07
K4 1000m	Cox/Daniels/Daniels/Boyton	GBR	2.59.68	08.06.08
C1 1000m	S.Antipov	URS	4.01.28	10.07.77
C2 1000m	Train/Train	GBR	3.37.24	01.01.81
C4 1000m	Hoffman/Tackas/Jakab/Salanki	HUN	3.38.95	08.08.89
Women				
K1 500m	T.Davey	GBR	1.55.11	16.05.99
K2 500m	Efremova/Kalashnikova	URS	1.45.67	19.06.83
K4 500m	Kalashnikova/Golubeva/?/?	URS	1.37.97	19.06.83

HOLME PIERREPONT COURSE RECORDS

Domestic

Distance	Crew	Club	Time	Date
Men				
K1 200m	J Schofield	SOR	36.19	14.04.07
K2 200m	Cox / McKeever	ORS	33.42	14.04.07
K4 200m	Clark/Vansomeran/Wynne/Roeser	ORS	32.20	16.05.98
K1 500m	I.Wynne	ROY	1.39.73	09.05.04
K2 500m	Cox / McKeever	ORS	1.31.63	07.05.06
K4 500m	Clark/Vansomeran/Wynne/Roeser	ORS	1.26.58	17.05.98
K1 1000m	T.Brabants	ELM	3.32.82	13.05.00
K2 1000m	Wycherley/Farrell	ORS	3.16.63	14.04.07
K4 1000m	Cox/Daniels/Daniels/Boyton	ORS	2.59.68	08.06.08
C1 200m	M.Lawrence	LBZ	43.34	14.04.07
C2 200m	Train/Crowther	ORS	40.96	06.06.98
C4 200m	Train/Crowther/Yurkwich/Lane	ORS	37.27	16.05.98
C1 500m	E.Jamieson	WEY	1.56.13	17.06.92
C2 500m	Train/Train	FLA	1.50.37	14.06.87
C4 500m	Lawrence/Train/Weckowski/Sikorski	LBZ/FLA	1.46.66	15.04.07
C1 1000m	E.Jamieson	WEY	4.01.54	16.07.92
C2 1000m	Train/Train	FLA	3.37.24	01.07.94
C4 1000m	Jamieson/Williams/Train/Train	GBR	3.44.80	08.07.89
Women				
K1 200m	A.Hemmings	ELM	41.31	12.05.01
K2 200m	Train/Train	ORS	38.27	13.05.00
K4 200m	Dallaway/Dresser/Thorogood/Train	ORS	36.62	02.07.95
K1 500m	T.Davey	RIC	1.55.11	16.05.99
K2 500m	Sawers / Coulson	ORS	1.48.36	04.06.06
K4 500m	Dresser/Dallaway/Troop/Thorogood	ORS	1.38.74	17.05.92
K1 1000m	T.Davey	RIC	4.02.52	15.05.99
K2 1000m	Sawers / Coulson	ORS	3.47.75	22.07.06

SPRINT RACING – PERPETUAL TROPHIES

The following Trophies are awarded annually by the Racing Committee:

Unwin Bowl					
To the winner of the Senior A Men's K1 10,000 m at the National Championship Event					
1981	Richard Lewis	GAI	1991	Ivan Lawler	ELM
1982	Alan Williams	ROY	1992	Ivan Lawler	ELM
1983	Alan Williams	ROY	1993	Grayson Bourne	ELM
1984	Alan Williams	ROY	1994	Grayson Bourne	ELM
1985	No event		1995	Grayson Bourne	ELM
1986	Jeremy West	ROY	1996	Ivan Lawler	ELM
1987	Grayson Bourne	ROY	1997	No event	
1988	Grayson Bourne	ROY	1998	James Block	NOT
1989	Grayson Bourne	ROY	1999	Greg Slater	LIC
1990	Graham Burns	ELM	2000	No event	

Unwin Bowl					
Reassigned – Winner Men's A K1 500m at National Championship Event					
2001	Timothy Brabants	ELM	2005	Ian Wynne	ROY
2002	Timothy Brabants	ELM	2006	Edward McKeever	BOA
2003	Richard Darby Dowman	ELM	2007	Edward McKeever	BOA
2004	Edward McKeever	BOA	2008	Tim Brabants	NOT

Farnham Cup					
To the winner of the Senior A Men's K1 1000m at the National Championship Event					
1981	Neil Robson	FLA	1994	Grayson Bourne	ELM
1982	Kevin Smith	WAR	1995	David Smith	ELM
1983	Kevin Smith	WAR	1996	Ivan Lawler	ELM
1984	Grayson Bourne	ROY	1997	Ross Sabberton	NOR
1985	Kevin Smith	WAR	1998	Timothy Brabants	ELM
1986	Grayson Bourne	ROY	1999	Matthew Foulger	NOT
1987	Grayson Bourne	ROY	2000	Richard Darby Dowman	ELM
1988	Ivan Lawler	ELM	2001	Timothy Brabants	ELM
1989	Grayson Bourne	ELM	2002	Timothy Brabants	ELM
1990	Grayson Bourne	ELM	2003	Richard Darby Dowman	ELM
1991	Grayson Bourne	ELM	2004	Timothy Brabants	NOT
1992	Patrick Holmes	RIC	2005	Peter Almasi	ELM
1993	Graham Burns	ELM	2006	Ben Farrell	ELM
			2007	No event	
			2008	Ben Farrell	ELM

SPRINT RACING – PERPETUAL TROPHIES

Sidney Rowe Cup					
To the winner of the Senior A C1 1000 m at the National Championship Event					
1979	W Reichenstein	IRV	1993	Andrew Train	FLA
1980	W Reichenstein	IRV	1994	Stephen Train	FLA
1981	Stephen Train	FLA	1995	Eric Jamieson	WEY
1982	Marcus Gohar	RIC	1996	Derek Hall	RDG
1983	Marcus Gohar	RIC	1997	Stephen Train	FLA
1984	Andrew Train	FLA	1998	Stephen Train	FLA
1985	Andrew Train	FLA	1999	Stephen Train	FLA
1986	Andrew Train	FLA	2000	Stephen Train	FLA
1987	No event		2001	Anthony Crowther	FLA
1988	No event		2002	No event	
1989	Andrew Train	FLA	2003	No event	
1990	No event		2004	No event	
1991	Andrew Train	FLA	2005	James Train	FLA
1992	Stephen Train	FLA	2006	Matthew Lawrence	LBZ
			2007/8	No event	

Doug Saxby Trophy					
To the winner of the Senior A C1 500 m at the National Championship Event					
1999	Stephen Train	FLA	2004	No event	
2000	Stephen Train	FLA	2005	Matthew Lawrence	LBZ
2001	Karl Yurkwich	RLS	2006	Matthew Lawrence	LBZ
2002	Matthew Lawrence	LBZ	2007	Matthew Lawrence	LBZ
2003	No event		2008	No event	

Adjutants Cup					
To the winner of the Under 18 C1 500m at the National Championship Event					
1981	Andrew Train	FLA	1992	Thomas Love	RLS
1982	Michael Train	FLA	1993	Jonathon Love	RLS
1983	Warren Ashman	FLA	1994	Karl Yurkwich	RLS
1984	Miles Broadbent	FLA	1995	Karl Yurkwich	RLS
1985	Jonathan Summers	EXE	1996	Jonathon Love	RLS
1986	Paul Parker	WYR	1997	Toby Shipway	LBZ
1987	Mark Parsloe	FLA	1998	Matthew Lawrence	LBZ
1988	Mark Parsloe	FLA	1999	Toby Shipway	LBZ
1989	Alex Martin	FLA	2000	Matthew Lawrence	LBZ
1990	Alex Martin	FLA	2001	Lee Watson	RLS
1991	Thomas Love	RLS			

Adjutants Cup					
Reassigned – Junior Paddler with best C1 performance at National Championship Event					
2002	James Train	FLA	2005	Gareth Hunt	FLA
2003	Simon Avery	FLA	2006	James Styan	FLA
2004	James Train	FLA	2007	Iain Weir	BAN
			2008	Iain Weir	BAN

SPRINT RACING – PERPETUAL TROPHIES

Femina Trophy

To the most meritorious performance by a lady Senior A at the National Championship Regatta

1981	Sue Hornby	WES	1992	Alison Thorogood	NEW
1982	Lesley Smither	LEA	1993	Andrea Dallaway	ELM
1983	Lesley Smither	LEA	1994	Hilary Dresser	RIC
1984	Debbie Watson	LBZ	1995	Becky Train	FLA
1985	Susie Perrett	RLP	1996	Alison Thorogood	NEW
1986	Susie Perrett	RLP	1997	Tricia Davey	RIC
1987	Angela Dawson	ADL	1998	Becky Train	FLA
1988	Susie Perrett	RLP	1999	Alison Thorogood	LEA
1989	Sandra Troop	NOT	2000	Abigail Cattle	RDG
1990	Hilary Dresser	ROY	2001	Rebecca Hunter	ROY
1991	Andrea Dallaway	ELM	2002-		
			2008	No event	

Bruce Lucas Trophy

To the winner of the Women's A K1 6000m at the National Championship Event

1984	Anne Plant	LIC	1992	Alison Thorogood	NEW
1985	Anne Plant	LIC	1993	Andrea Dallaway	ELM
1986	Susie Perrett	RLP	1994	Andrea Dallaway	ELM
1987	Susie Perrett	RLP	1995	Alison Thorogood	NEW
1988	Susie Perrett	RLP	1996	Anna Hemmings	ELM
1989	Susie Perrett	RLP	1997-		
1990	Hilary Dresser	ROY	2000	No event	
1991	Andrea Dallaway	ELM	2001	Anna Hemmings	ELM

Bruce Lucas Trophy

Reassigned – Winner of Women's A K1 500m at the National Championship Event

2002	Beth Campbell	NOT	2005	Abigail Coulson	RDG
2003	No event		2006	Abigail Coulson	RDG
2004	No event		2007	Abigail Coulson	RDG
			2008	Louisa Sawers	ELM

Lee & Joan Davies Memorial Trophy

For the best Women's B performance at the National Championship Regatta

1998	Kerry Watts	NOR	2003	Beth Campbell	NOT
1999	Laura Blair	LEA	2004	Joanne Bates	ELM
2000	Elizabeth Homes	CHE	2005	Anna Hemmings	ELM
2001	Jackie Eastwood	RIC	2006	Hayleigh Mason	NOT
2002	Beth Campbell	NOT	2007	Hayleigh Mason	NOT
			2008	Claire Spencer	HER

SPRINT RACING – PERPETUAL TROPHIES

The Dennis Smith Trophy					
To the winner of the Girls A K1 500m at the National Championship Event					
1990	Tricia Davey	RIC	1999	Abigail Cattle	RDG
1991	Helen Gilby	ELM	2000	Jenny Spencer	HER
1992	Sue Bennett	FLA	2001	Rosalind Bates	ELM
1993	Emily Ormerod	RIC	2002	Zara Dale	ELM
1994	Lucy Hardy	FLA	2003	Shuna Braithwaite	SDS
1995	Rachel Train	FLA	2004	Tara Nutt	ELM
1996	Sarah Griffith	FLA	2005	Louisa Sawers	ELM
1997	Jenny Lumb	LBZ	2006	Claire Spencer	HER
1998	Elaine Appleby	LBZ	2007	Jessica Walker	ROY
			2008	Maria Middlehurst	ADS

Rhodes Trophy					
To the winner of the Under 18 K1 500m at the National Championship Event					
1981	Nicholas Gregory	WAR	1995	Daniel Greaves	LEA
1982	Michael Smith	SHE	1996	Phillip Murphy	GAI
1983	Toby Mundy	TON	1997	Damian Chapman	NOT
1984	Steven Adams	ROY	1998	Craig Watt	ELM
1985	Mark Adams	ARM	1999	Owen Peake	BOA
1986	James Butler	NOT	2000	Andrew Kelly	ELM
1987	Ian Livesey	EXE	2001	Simon Fennemore	WEY
1988	Chris Dorrell	TON	2002	Liam Heath	WEY
1989	Simon Ricketts	ANK	2003	Edward Cox	WEY
1990	Paul Slater	LIC	2004	Ben Brown	ELM
1991	Paul Slater	LIC	2005	Matthew Guy	LBZ
1992	Paul Slater	LIC	2006	Robert Beer	ELM
1993	Stephen Tingay	LBZ	2007	Tom Hide	ADS
1994	Andrew Morgan	FLA	2008	Tom Simmons	BOA

Jones Cup					
To the Junior Racing Canoeist of the Year, as voted by the members of the Junior Olympic Racing Squad					
1981	Nicholas Gregory	WAR	1995	Paul Darby Dowman	ELM
1982	David Battershell	WEY	1996	Daniel Golder	BAN
1983	Gregory Slater	LIC	1997	Abigail Cattle	RDG
1984	Susie Perrett	RLP	1998	Richard Darby Dowman	ELM
1985	Gary Quittenton	LIN	1999	Richard Darby Dowman	ELM
1986	Andrea Dallaway	LIC	2000	Richard Darby Dowman	ELM
1987	Paul Enoch	NOT	2001	Jenny Spencer	HER
1988	Jason Wilson	ANK	2002	Liam Heath	WEY
1989	Simon Ricketts	ANK	2003	Edward Cox	WEY
1990	Tony Richardson	ROY	2004	Paul Wycherley	WEY
1991	Tricia Davey	RIC	2005	Allen Spencer	HER
1992	Anthony Crowther	FLA	2006	Rachel Cawthorn	WEY
1993	Stuart Crowther	FLA	2007	Tom Hide	ADS
1994	Timothy Brabants	ELM	2008	Jessica Walker	ROY

SPRINT RACING – PERPETUAL TROPHIES

Dexter Trophy

For the best Senior B performance at the National Championship Regatta

1981	Richard Lucas	GAI	1995	Matthew Enoch	NOT
1982	Russell Jones	FLA	1996	Gary Shaw	ELM
1983	Roland Lucas	RIC	1997	Paul Enoch	NOT
1984	Peter Evans	LIN	1998	Malcolm Starkey	FOX
1985	Paul Gadd	RIC	1999	David Coulson	RDG
1986	Trevor Melham	ROY	2000	David Duff	RAF
1987	Peter Maycock	EXE	2001	Stuart West	WOR
1988	Simon Horsley	NBY	2002	Stuart West	WOR
1989	Gavin Turrell	RIC	2003	Mark Hoile	ROY
1990	Brian Saunt	ADL	2004	Paul Prestwood	GAI
1991	Roger Masters	ROY	2005	Jonathon Schofield	SOR
1992	Chris Dorrell	TON	2006	Jonathan Simmons	WEY
1993	Ed Shaw	ROY	2007	Joe Surrage	BSF
1994	Paul Evans	HER	2008	Brett Irvine	RIC

The James Cup

To the winning crew of the Under 18 K4 6000m at the National Championship Event

1981	Evans/Brevitt	LIN/LIC	1987	Barnett/Unsted	ELM/GAI
	Slater/Morley	STA		Farnham/Taylor	
1983	Piercey/McLachlan	RLP/RLS	1988	Lodge/Hutton	EXE/ANK
	Rainsford/Bradley			Richardson/Wynne	ROY/TON
1984	Adams/Bibby	ROY/MER	1990	Slater/Bradbury	LIC
	Burns/Miller	ELM		Yates/Illson	ADL/WOR
1985	Crawford/Adams	GAI/ARM	1991	Richardson/Wynne	ROY/TON
	Rust/Topham	LBZ/WAR		Slater/Jenson	LIC/RIC
1986	Gibbins/Livsey	EXE/RLP	1992	Jenson/Slater	ORS
	Boxshall/Elliott			Sargeant/Smith	

The James Cup

Reassigned – Winning crew of the Veteran K4 at the National Championship Event

2001	Davies/Hawthorn	WOR	2005	Adams/Martin	BSF
	Parker/Grandy			Terry/Jordan	LBZ/MAI
2002	Davies/Hawthorn	WOR	2006	Illidge/Marnell	RUN/CHE
	Parker/Saunders			Brookes/Swallow	
2003	Grimwood/Oliver	LIN/RUN	2007	Littlewood/Mason	NOT
	Oliver/Brookes			Nadal/Bagshaw	
2004	Adams/Martin/	BSF	2008	Kent/Nicholson/	SOU
	England/Hall			Willis/Rance	

SPRINT RACING – PERPETUAL TROPHIES

The Boulogne Cup					
To the winning crew of the Women's A K4 500m at the National Championship Event					
1981	Perrett/Hornby	RLP/WES	1991	Dallaway/Davey	ORS
	Perrett/Crawley	NEW		Troop/Thorogood	
1982	Perrett/Smither	RLP/LEA	1992	Dallaway/Davey	ORS
	Craske/Crawley	FLA/NEW		Thorogood/Troop	
1983	Smither/Parker	LEA/NOT	1993	Dresser/Gilby	ORS
	Craske/Crawley	FLA/NEW		Dallaway/Bennett	
1984	Smither/Lawler	LEA/ELM	1994	Thorogood/Green	ORS
	Perrett/Watson	LIC		Hemmings/Gilby	
1985	Plant/Clough	RLP/LIN	1995	Hardy/Cheyne	ORS
	Perrett/Troop			Train/McGee	
1986	Lawler/Perrett	ELM/RLP	1996	Gilby/Hemmings	ELM/WY
	Crawley/Plant			Hynds/Burns	
1987	Thorogood/Lawler	NEW/ELM	1997	Cattle/Jones	ORS
	Dawson/Eastwood	ROY/ELM		Bale/Hannon	
1988	No event		1998	Davey/Train	RIC/FLA
1989	No event			Gilby/Thorogood	ELM/LEA
1990	Dresser/Dallaway	ELM	1999	Train/Campbell	ORS
	Lawler/Barry			Bapty/Thorogood	
			2007	Braithwaite/Hawkey	ORS
				Sawers/Cawthorn	
			2008	No event	

MacGregor Paddle			
For the winning club at the Inter-Club Championship Regatta			
1977	Fladbury Paddle Club	1994	Fladbury Paddle Club
1978	Fladbury Paddle Club	1995	Wey Kayak Club
1979	Fladbury Paddle Club	1996	Wey Kayak Club
1980	Fladbury Paddle Club	1997	Elmbridge Canoe Club
1981	Fladbury Paddle Club	1998	Elmbridge & Wey – Joint
1982	Fladbury Paddle Club		Winners
1983	Richmond Canoe Club	1999	Richmond Canoe Club
1984	Richmond Canoe Club	2000	Elmbridge Canoe Club
1985	Fladbury & Lincoln – Joint Winners	2001	Elmbridge Canoe Club
1986	Fladbury Paddle Club	2002	Elmbridge Canoe Club
1987	Richmond Canoe Club	2003	Elmbridge Canoe Club
1988	Lincoln Canoe Club	2004	Leighton Buzzard C.C.
1989	Richmond Canoe Club	2005	Elmbridge Canoe Club
1990	Richmond Canoe Club	2006	Wey Kayak Club
1991	Elmbridge Canoe Club	2007	Leighton Buzzard Canoe Club
1992	Fladbury Paddle Club	2008	Wey Kayak Club
1993	Richmond Canoe Club		



BRITISH CANOE UNION

WORLD CLASS

PROGRAMMES

www.worldclass-canoeing.org.ukwww.gbcanoeing.org.uk

Our Mission: 'To be the No.1 canoeing nation with strength & depth at all levels'

REVIEW

2008 was an exceptional year for GB canoeing. It gained its first ever Olympic Champion

– Dr. Tim Brabants. Our heartiest congratulations go to Tim for his gold medal in MK1 1000m and bronze medal in 500m, and to his coach, Eric Farrell, who has worked tirelessly with Tim for 15 years.

Lucy Wainwright, performing in her second Olympic Games, put down a better performance than Athens 2004 missing an Olympic medal by just 2 seconds.

Anna Hemmings & Jess Walker competed in the WK2 500m event. For Anna, Beijing was her second Olympic Games, while Jess Walker at 18, was the youngest female canoeist to be selected for the Games.

The results were as follows:

GB Results:

		Final	Semi final	Heats	Position
K1 1000	T Brabants	1 st 3.26.32	Direct	1 st 3.27.82	1 / 26
LK 500	T Brabants	3 rd 1.37.67	3 rd 1.42.53	1 st 1.37.67	3 / 29
LK1 500	L Wainwright	7 th 1.53.10	2 nd 1.52.58	3 rd 1.50.10	7 / 25
LK2 500	A Hemmings / J Walker			9 th 1.47.43	15 / 17

The target for GB canoeing at the Olympic Games was: 2 medals – 1 gold.

The actual achieved was: 3 medals, 1 gold.

Although GB did not qualify as many boats as we had hoped, there is a pool of talented young senior athletes who intend to rectify that situation for 2012.

Senior international Results

GB Senior World Championship results over the last Olympic cycle show progress:

2007 Worlds Duisburg	8 x finals (4 x Olympic)	1 x Gold and 1 x Silver
2006 Worlds Szeged	4 x finals (1 x Olympic)	1 x Silver
2005 Worlds Zagreb	3 x finals (2 x Olympic)	No medals

Our results from the 2008 season were:

2008 Senior Europeans - Milan	Olympic Performance	2 x Gold Medals, Tim & Lucy 13 athletes with top 12 or better
World Cup 2 - Duisburg	Olympic Performance	2 x Medals, (Tim Gold & Silver) every athlete top 12 or better
World Cup 3 - Poznan	Olympic Performance	3 x Medals (Tim, and Lucy) 2 crews sick all others top 10.

The outstanding senior performances of the year, include not only Tim regaining his European Champion title over the 1000m distance but also Lucy Wainwright who took the 200m crown – her first title in this event.

Jon Schofield and Ben Brown too showed their talent in making the final at the Europeans but felt the pain of missing qualification this year as they finished in 9th place. The Women's K4, (Jess Walker, Anna Hemmings, Rachel Cawthorn and Hayleigh Mason) containing 3 athletes under 21 showed what potential is just around the corner by making the European Championships final. James Train also produced the races of his life to make top 12 in the C1 events and again just miss out on Olympic qualification..

Our focus now is to enable this potential to deliver the goods in 2012.

U23s

This year the GB team competed in the U23 Championships in Szeged.

Our target for the event was 1 medal; 5 finals

The actual achieved was 7 finals.

Our medal hopes were the MK2 of Brown and Schofield and the WK4.

For the men, it was perhaps a race too far, after dealing with the disappointment of missing out on Olympic qualification. For the women a 4th place by 1 hundredth of a second was hard to bear. So no medals went home to GB.

Juniors

With the large majority of the 2007 junior team available for the junior age range events in 2008, there was a high level of expectancy on the athletes for the Junior European Championships

Our target for the event was 2 medals, 5 finals.

The actual achieved was 2 medals, 7 finals.

Jess Walker once again delivered the goods when it mattered to take a gold in the 1000m and silver in 500m. Abi Edmonds and Amo King made 2 finals in the WK2 events.

In the men's class, Ed Rutherford had an excellent regatta, making 3 finals. A personal 6th place in the MK1 1000m, he teamed up with Tom Hide to finish in 4th in the K2 500m and then jumped in the K4 1000m to bag a 7th. As these athletes move up to senior ranks next year, we reflect on the legacy of performance delivery they have left in the junior section.

Fast Track Programme

In conjunction with UK Sport, the BCU World Class Programme continued the Talent Transfer/ Fast Track programme in canoe and women's kayak.

In women's kayak, 2 athletes have now moved onto the World Class Development Programmes.

In canoe, after only 9 months in the sport, 5 fast track athletes have made the step across and have been joined by James Styant who moves up from the junior ranks.

2009 Targets

Our targets for 2009 are as follows:

Senior World Championships/Senior European Championships – 3 finals, 3 top 12 finishes

European U23 Championships – 4 finals*

Junior World Championships – 2 finals

Junior European Championships – 6 finals, 1 medal

Our strategy for 2009 - 2012

The canoe squad has centralised its operations at the National Water Sports Centre in Nottingham. The men's and women's kayak squads are centralising more of their activity at the Bisham Abbey High Performance Centre, using Dorney Lake for race practice – the venue for the 2012 Olympic Canoeing event.

The focus for the first 2 years of the Olympic cycle will be to raise the individual level of our athletes and then the focus will evolve towards developing crews. Our aim is to qualify as many boats as possible in first round Olympic qualification at the World Championships in 2011.

Athletes on Programmes

The following athletes are recommended for inclusion on the World Class Programmes for 2009 as at 1 January 2009:

Podium Programme	Development (Sen)	Development (Jun)	Fast Track
Tim Brabants	Shuna Braithwaite	Dean Terry	Richard Jefferies
Lucy Wainwright	Jon Boyton		Mario Santos Costa
Ben Brown	Abigail Edmonds		Matt Jump
Rachel Cawthorn	Stuart Hastings		Joe Hoyes
Ed Cox	Jenna Hawkey		Matt Sollars
Andrew Daniels	Ben Haynes		James Styan
Tom Daniels	Tom Hide		Victoria Towers
Ben Farrell	Matt Lawrence		Angela Hannah
Anna Hemmings	Hayleigh Mason		Lani Belcher
Jon Schofield	Ed McKeever		
James Train	Ben Parfitt		
	Kristian Reeves		
	Edward Rutherford		
	Louisa Sawers		
	Claire Spencer		
	Jessica Walker		
	Paul Wycherley		

TASS

The Talented Athlete Scholarship Programme is not operated by World Class. Over the last year, the rules have changed significantly and only a very limited number of scholarships are available to Flat Water Racing. The athletes successful in receiving a scholarship for 2008/9 are:

Phoebe Ayres
Tom Simmons
Matt Welch

Jess Collins
Matt Train

Oliver Gibson
Ian Weir

Maria Middlehurst
Chris Calvert

BRITISH CANOE UNION
WORLD CLASS
 programmes

STAFFING (as at 1 January 2009)

Performance Director

John Anderson is the BCU World Class Performance Director and has full responsibility for the BCU World Class Programmes. John can be contacted through The Elms at National Water Sports Centre (0115 9822094)

Position	Name	Based at	Tel No.
Coaching			
Head Coach – Podium Programme	Brendan Purcell	Bisham/ Nottingham	01628 486619 / 0115 9822094
Senior Men's Kayak Coaches	Steve Harris Peter Almasi	Bisham Teddington / Bisham	01628 486619
Senior Women's Kayak Coaches	Miklos Simon Trevor Hunter	Bisham Bisham	01628 486619
Senior Canoe Coach	Steve Train	Nottingham	0115 9822094
Fast Track Canoe Coach	Alex Nikonorov	Nottingham	0115 9822094
Fast Track Women's kayak coach	Mark Hoile	Nottingham	0115 9822094
National Junior Coach	Claudine Le Roux	W Thames	07968 278845
Management & Administration			
W Thames High Performance Centre Manager	Anne Ferguson	Bisham	01628 486619
National Performance Manager	Alan Williams	W Thames	0208 398 3818

BCU World Class Programmes – Athlete inclusion criteria: PODIUM PROGRAMME

Level	Standard	Qualification Criteria	Comments
A	Medalist Top 3	Canoe Slalom and Sprint Racing World Championships	(Olympic Events only) Continuity of support guarantee 2 years
B	Top 8 Placing	Canoe Slalom and Sprint Racing World Championships	(Olympic Events only)
C	Top 18 Placing	Canoe Slalom and Sprint Racing World Championships	(Olympic Events only)
	Top 10 Placing	Canoe Slalom & Sprint Racing Senior European Championships	(Olympic Events only)
	Medalist Top 3	Canoe Slalom and Sprint Racing Under 23 European Championships	(Olympic Events only)

Notes:

1. This 'Matrix' will be used to identify athletes that 'may be considered for inclusion' on the UK Sport Podium Programme.
2. To be considered for inclusion on the OPP athletes must as a minimum achieve the above performance criteria. However, although these criteria should be seen as a pre-requisite for inclusion in the OPP, it does not necessarily guarantee inclusion.
3. Special circumstances may be considered in terms of athletes who had been included the previous year, based on results, but were unable to compete (e.g. injury).
4. The reason for inclusion of any athlete in the OPP is that the athlete is deemed to have a strong and realistic chance of winning medals at Olympic and/or World Championships over the next four years.
5. Athletes considered for inclusion on the OPP, using these criteria, will then be profiled using the BCU Performance ranking system and a final decision will be taken on their inclusion, at the discretion of the Performance Director, up to a quota agreed by UK Sport.
6. An athlete achieving a top 3 medal position at the Senior European Championships in Slalom or Sprint may be considered for Band B APA support.
7. It is expected that Athletes included on the Podium Programme will have achieved the Performance criteria to move up from Band C to band B within a consecutive 4 year period.

**BCU World Class Programmes –
Athlete inclusion criteria: DEVELOPMENT PROGRAMME**

Work on this matrix is still continuing. It will be completed and published by 1 March 2009, on the BCU World Class Website www.gbcanoeing.org.uk or www.worldclass-canoeing.org.uk

Alternatively, you can contact any of the coaches or the office in Bisham / Nottingham if you wish to receive a personal copy.

Sprint Racing Selection Policy: (International Panel)
Dated 28.11.2008

1. General Notes on Selection

As an outdoor sport that can be affected by weather conditions and lane draws the selection policy recognises that a first past the post system will not always be fair or appropriate when selecting teams for international competitions. An ongoing assessment process will be agreed which details how and when the international teams will be assessed and selected and this process will be published in the Racing Handbook. At the end of each season the BCU Board will nominate an international Panel for the following year. Details of how the Panel is nominated and appointed are set out in 2. below.

2. International Panel (Selection Committee)

The SRC will be responsible for making recommendations to the BCU Board for the appointment of suitably qualified members to work on the international panel for Sprint Racing. The final authority for appointing international panels rests with the BCU Board. The Panel will consult with the Sprint Racing Committee on selection matters, and will be responsible for proposing the selection policy on an annual basis, and for selecting international teams.

Members of the international panel will be selected on the basis of experience and competency. They will have first hand experience of the sport at national and international level. There is no requirement for international teams to be ratified by the discipline committee but they will be informed of nominations for major internationals and given the opportunity to discuss any concerns prior to the team being published.

There will be 4 core members of the international Panel, for the 2009 season the nominations are:

- John Anderson: BCU Performance Director.
- Roland Lawler: SRC Committee Appointee
- Alan Williams: BCU Performance Manager (Chairman)
- Brendan Purcell: BCU National Head Coach

Additional Panel Members:

A maximum of 4 coaches may be nominated to assist with the selection of senior and junior teams. These coaches will have voting rights related to the class or age group they work with.

In addition there is an open invitation for the Chairman of SRC to join any panel meeting.

3. Eligibility for Selection

Any athlete wishing to be considered for selection must be a full member of the BCU. They must complete the BCU Sprint Racing availability form and sign the appropriate athletes' Agreement. These forms are available from the BCU Performance Office. Athletes hoping to be considered for Olympic Qualifying competitions and the Olympic Games must hold a GB passport.

4. Competition Programme

The National Performance Manager for Sprint Racing in conjunction with the National Coaches will prepare the training and competition programmes for Senior and Junior programmes. The SRC will also be consulted on the proposed programme and may add additional events which can be supported from their resources. After consultation with World Class Programmes and SRC the programme and selection policy will be submitted for approval to the BCU Board. The programme will then be published in the Sprint Racing handbook.

5. Teams for Major Internationals

Teams for all major international events, World Cups, World and European Championships must comply with the rules of the International Canoe Federation and the European Canoe Association. Entry to these events is restricted to National Governing bodies affiliated to the ICF and the ECA. Restrictions apply to the number of entries each country may place.

6. Teams for Minor Internationals

The International Panel may nominate a panel of up to four coaches to select teams for minor internationals or development events. Minor teams selected by nominated coaches will be ratified by the chairman of the international panel.

7. World Student Games / Championships

Student competitions come under the auspices of the British Universities & College's Sport. Athletes wishing to be considered for these teams must seek approval from the National Governing body. In the first instance they should notify the BCU International Programme manager (Andy Goodsell) that they would like to be considered. The SRC will nominate assessment competitions for Student Games but final entries will be at the discretion of BUCS Athletes may make representation to their own College or University for funding. Entries to any ICF international are subject to National Governing body approval. Permission must be sought before any entries can be placed.

(Note: the event planned for 2009 has been cancelled)

8. Improvement

The international Panel will take account of improvement through the season, but this does not mean that the winner of the last competition is automatically selected.

9. Special Rules for Olympic Games

Entry to the Olympic Games is subject to qualification rules as agreed between the International Canoe Federation and the IOC. The International Panel as defined at 2 will select a G.B. Olympic Canoe and Kayak Sprint Racing Team. This team will be submitted to the British Olympic Association for approval.

10. Selection and Deselection

The BCU reserves the right to deselect an athlete who has been selected and then loses form, or is suffering from illness or injury. In this instance, the International Panel will call on the BCU medical officer or another appointee to conduct a fitness trial or test to determine their fitness to participate. In the case of loss of form this would be a

water based test over race distance against other GBR athletes who are eligible for selection. The test will be appropriate to conditions and the Class. Following the fitness test the person appointed to conduct the test will supply the International Panel with the results of the test. If the athlete has passed the test they will remain in the GBR Team. If the athlete fails the test the Panel may nominate another athlete as a replacement.

The BCU has the right to deselect an athlete who has been found guilty of a disciplinary offence under the BCU Rules. This obviously would include offences concerning doping control regulations.

11. Funding

Team selections are subject to available finance which means that levels of funding can influence the number of athletes selected for international teams. Athletes who are not on World Class Programmes may be asked to contribute an amount determined by the National Performance Manager and agreed by the BCU Sprint Racing Committee. These contributions will only be used to support the cost of sending non programme athletes to the International competitions or training camps for which they are selected.

12. World Class Programmes

Nominations to these programmes must be approved by UK sport. Funding from these programmes can only be used to support athletes who have been nominated and accepted as part of the World Class Programmes. The criteria for recommending and approving athletes for World Class Programmes will be published in the Racing Handbook.

13. The aims of the Selection Policy are:

1. To select the best possible Teams for major competitions.
2. Notwithstanding the above, the panel will also give careful consideration to developing all athletes and may restrict the number of events that crews can compete in if this is considered to be in the best interest of the overall GB Team
3. To employ an open and fair selection process that allows athletes to challenge for selection.
4. To ensure that this process does not unduly affect the preparation of established athletes preparing for major competitions.

14. Crew Boats

The Head Coach (Senior Team) or Head Coach (Junior team), in conjunction with section coaches, is responsible for the formation of crew boats. They will work throughout the year to form the best possible crews. When forming crew boats the coaches will give consideration to the following: Compatibility, Availability, Commitment, and Individual Performance.

15. Appeals (Moved from Supplementary Info)

At present the only grounds for appeal are that the International panel did not adhere to the agreed format and time table for selecting teams. The BCU Appeals Policy was approved by the BCU Board in 2007. Copies of this policy can be obtained from the BCU Performance Office.

16. End of selection Policy**Supplementary Notes Published as a guide to assist Athletes and Coaches:****Ongoing assessment process:**

Teams will be selected on proven ability and an appropriate level to compete in the events they are selected for. Appropriate level means athletes should be able to race competitively.

The times below were achieved at the 2007 World Championships and give a realistic comparison for athletes seeking selection.

The guide adds 3 seconds for 200m events, 5 seconds for 500 metre events and 8 seconds for 1000 metre events.

Senior athletes achieving these times could expect to reach semi finals at major international competitions and would normally be considered for selection.

- The fastest 2007 world championships times are shown in brackets.
- The figures not in brackets are the times we will use, where times were unusually fast or slow they have been adjusted and this is indicated by the word fast or slow after the time in brackets.

plus 3 secs			plus 5 secs			plus 8 secs		
K1	200	38.50 (35.25)	K1	500	1.42 (1.36)	K1	1000	3.40 (3.40)slow
K2	200	35.50 (32.25)	K2	500	1.33 (1.27)	K2	1000	3.18 (3.24)slow
K4	200	33.50 (30.71)	K4	500	1.25 (1.20)	K4	1000	3.00 (3.04)slow
C1	200	43.50 (40.32)	C1	500	1.52 (1.47)	C1	1000	4.08 (4.08)slow
C2	200	41.00 (36.91)	C2	500	1.46 (1.40)fast	C2	1000	3.54 (3.46)slow
C4	200	37.00 (34.29)	C4	500	1.36 (1.31)	C4	1000	3.30 (3.23)slow
LK1	200	43.50 (40.83)	LK1	500	1.55 (1.48)fast	LK1	1000	4.08 (4.06)slow
LK2	200	41.00 (37.33)	LK2	500	1.47 (1.40)fast	LK2	1000	3.45 (3.45)slow
LK4	200	38.00 (35.45)	LK4	500	1.40 (1.37)slow	LK4	1000	3.25 (3.13)fast

The International Panel recognises that some of the younger U23 athletes may not be able to achieve these target times and their times could be between 1% and 3% slower than the published guide.

The priority for U23 athletes with results below the guide time will be nominated development events and the U23 European Championship.

A flow chart showing where and when athletes will be assessed and selected is attached at the end of the selection policy.

The International Panel may vary selection dates if unforeseen circumstances disrupt the selection timetable. If this becomes necessary every effort will be made to inform athletes as soon as possible. Athletes and coaches should be aware that the ICF and the Countries organising international competition may also make changes that could affect the competition programme.

Development Competitions:

The SRC may nominate some other internationals as junior development events. Teams for these events will be called BCU teams. For these internationals the International Panel would consider other factors such as age and geographical location etc before selecting these teams. Entries may be based on future potential rather than actual results.

Assessment Competitions for Internationals in 2009:

The Assessment competitions that will be used by the international Panel when they consider GBR teams for Major International Competitions are shown on the schedule at the end of this paper.

Pre Selections:

Any athlete or crew that has won a medal at the previous seasons Olympics, Worlds or European Championships may be considered for Automatic Selection if they also win the same event at the May UK assessment.

Athletes or crews selected for the 2009 Senior European championships who reach the A finals in an Olympic event will be automatically selected for the 2009 Senior World Championships.

Changes to selections:

Changes to selected teams are sometimes necessary. The Team Manager and Head Coach can make changes that are in the best interests of the team. Where teams are selected for two consecutive events and international results are below expectations the team manager and coaches may recommend changes between crews. The Head Coach will clearly identify potential crew changes during the International Panel meeting and say under what circumstance this may happen. The international Panel will make the final decision on changes that have been recommended by the Head Coach.

Performance confirmation for Major events:

In the event of two or more boats having similar results during the assessment for major competitions, the International Panel may nominate an event as a final race off. **The option to hold a race off will be at the sole discretion of the International Panel** and could be held at an international competition or a domestic competition or a closed trial.

In considering the assessment process the International Panel have taken account of the following:

1. The number and time of events that can be used in the assessment process.
2. The need for paddlers to train in order to have the best possible chance of qualifying.
3. Provision for paddlers to challenge for selection without compromising other athlete's preparations.
4. Pre selection issues and the need for crew boat training
5. The timing of events within the ICF, IOC rules.
6. The timetable agreed by the BCU and the BOA.

Note:

The ICF Sprint Racing calendar is a working document that could still be changed. If changes are made which render the chosen assessment competitions impractical the International Panel will confirm any changes to the assessment programme as soon as practical.

Sprint Racing Senior International Competitions 2009

Assessment - Competition and selection dates for Senior Internationals:

International Competitions	Events that will be used as assessments	Date of Selection Meeting and additional notes:
Poznan World Cup 2 22 nd – 24 th May Szeged World Cup 3 5 th – 7 th June	2008 International Olympic & European April Regatta (Secondary) May Regatta Primary)	Selection Meeting. 10 th May 2009
Under 23 competition Bochum International 20 th – 21 st June	April Regatta (Secondary) May Regatta Primary)	Selection meeting 10 th May 2009
Senior European Champs Brandenburg 25 th – 28 th June	World Cups 2 & 3 May Regatta April Regatta (Secondary)	Selection Meeting: Following W/C 3
U23 European Champs Poznan	2009 Internationals May & July Regattas	Selection Meeting 5 th July
Senior World Championships Dartmouth Canada 13 th – 16 th Aug Plus two week pre world Camp!	2009 International Results May Regatta	Selection Meeting 5 th July 2008 Note: A <u>finalist</u> from Sen Euros (Olympic Events only) are automatically selected. There is an option to race off other crews
University Summer Games ????? Belgrade 9 th -12 th July	April and May Regattas	2009 event has been cancelled

- Athletes should be aware that in the process of ongoing assessment the international panel will review results from the competitions listed in column two above. The panel will also assess athletes and crews on their improvement profile throughout the season.

Sprint Racing Junior International Competitions 2009

GBR U18 Teams

International Competition	Events that will be used as assessments	Date of selection meeting
Bochum International 20 th -22 nd June	May & June Regattas	Selection Meeting: 7 th June 2009
Junior European Championships Poznan 16 th – 19 th July	May and June Regattas Bochum International Regatta	Selection Meeting: 22nd June 2009 Following Bochum results
Junior World Championships Moscow 30 th July to 2 nd Aug	May and June Regattas International Results Bochum	Selection Meeting 7 th June 2009

BCU Junior Development Teams

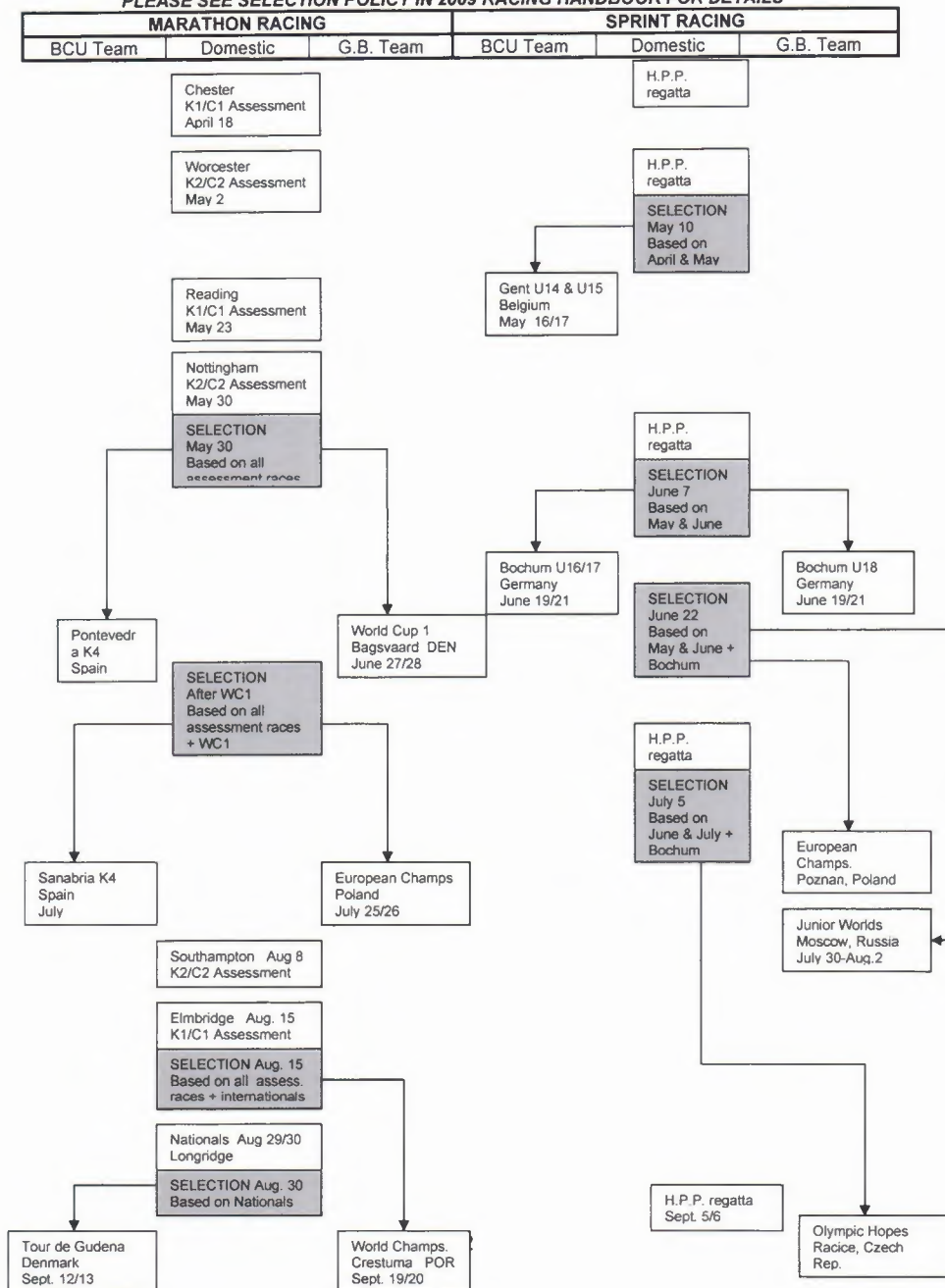
International Competition	Target Age Groups	Events that will be used as assessments	Date of selection meeting and notes*
Gent International 16 th -17 th May BCU SRC Team	U14, U15	April & May regattas	Selection Meeting: 10 th May 2009
Bochum 19 th -21 st June	U18 U17, U16	May & June Regattas	Selection Meeting: 7 th June 2009
Olympic Hopes 26 th -27 th Sept	U17, U16, U15	June and July Regattas Selected athletes will be expected to attend pre competition training camps	Selection Meeting: Nominal Team Jly Team confirmed at Sept regatta.
Late Season Development event to be confirmed	BCU Development T.B.C	All 2009 Results	Event and selection to be confirmed Selection Meeting: 6 th Sept 2009

Athletes should be aware that in the process of ongoing assessment the international panel will review results from the competitions listed above. In addition to results the panel will assess crews on their improvement profile through the season.

Athletes nominated for Olympic Hopes must attend nominated training camps shown on the availability form

JUNIOR INTERNATIONALS 2009 GUIDE TO SELECTION

PLEASE SEE SELECTION POLICY IN 2009 RACING HANDBOOK FOR DETAILS



SENIOR & U23 INTERNATIONALS 2009 GUIDE TO SELECTION

PLEASE SEE SELECTION POLICY IN 2009 RACING HANDBOOK FOR DETAILS

MARATHON RACING			SPRINT RACING		
BCU Team	Domestic	G.B. Team	BCU Team	Domestic	G.B. Team

Chester
K1/C1
Assessment

Worcester
K2/C2
Assessment

Reading
K1/C1
Assessment

Nottingham
K2/C2
Assessment

SELECTION
May 30
Based on all
assessment

Pontevedra
K4
Spain

World Cup 1
Bagsvaerd DEN
June 27/28

SELECTION
After WC1
Based on all
assess. races +

Sanabria K4
Spain
July

European
Champs
Poland

Southampton Aug.
8

Elmbridge Aug. 15
K1/C1 Assessment

SELECTION
Aug. 15
Based on all

Nationals Aug
29/30

SELECTION Aug.
30

Tour de Gudena
Denmark
Sept. 12/13

World
Champs.
Crestuma.

H.P.P.
regatta

H.P.P.
regatta

SELECTION
May 10
Based on
April & May

SELECTION
May 10
Based on
April & May
+ 2008
International

World Cup 2
Poznan,
Poland

World Cup 3
Szeged, Hungary
June 5/7.

H.P.P.
regatta

SELECTION
After WC3
Based on
April & May +
WC2 & WC3

Buchum U23
Germany
June 20/21

Sen. Euro.
Champs.
Brandenburg.

H.P.P.
regatta

SELECTION
July 5
Based on
May & July
+ 2009

**Automatic
Worlds
selection for
Sen. Euros
"A" finalists**

U23 Euro.
Champs.
Poznan, Poland

Sen. World
Champs
Dartmouth CAN

STANDARDS FOR RACING

MARATHON		HC	1000m	500m	SPRINT
Div 1	1.033		0	3.30	<World Champion K1 Mens A Kayak
			1	3.34	
			2	3.38	
			3	3.42	
Men	1.067	P	4	3.46	1.46
Div 2	1.083	D	5	3.50	World Champ. C1 & WK1 Mens B Kayak Boys A Kayak Women's A Kayak Canoe A: Masters Men's A Kayak
			6	3.54	1.50
	1.117		7	3.58	1.52
			8	4.02	1.54
Boys	1.150	P	9	4.06	1.56
Div 3	1.167	D	10	4.10	Men's C Kayak Boys B Kayak Women's B Kayak Girls A Kayak Canoe B: Senior/Junior Masters Men's B Kayak
			11	4.14	2.00
	1.200		12	4.18	2.02
			13	4.22	2.04
Women	1.233	P	14	4.26	2.06
Div 4	1.250	D	15	4.30	Men's D Kayak Boys C Kayak Women's C Kayak inc Masters Women's A Girls B Kayak Canoe C: Senior/Junior Masters Men's C Kayak
			16	4.34	2.10
	1.283		17	4.38	2.12
			18	4.42	2.14
Girls	1.317	P	19	4.46	2.16
Div 5	1.333	D	20	4.50	Boys D Kayak Girls C Kayak Women's D Kayak inc Masters Women's B Masters Men's D Kayak Canoe D: Senior/Junior
			21	4.54	2.20
	1.367		22	4.58	2.22
			23	5.02	2.24
Div 6	1.400	P	24	5.06	2.26
	1.417	D	25	5.10	Girls D Kayak
			26	5.14	2.30
	1.450		27	5.18	2.32
			28	5.22	2.34
Div 7	1.483	P	29	5.26	2.36
	1.500	D	30	5.30	
			31	5.34	2.40
	1.533		32	5.38	2.42
			33	5.42	2.44
Div 8	1.567	P	34	5.46	2.46
	1.583	D	35	5.50	
			36	5.54	2.50
	1.617		37	5.58	2.52
			38	6.02	2.54
	1.650	P	39	6.06	2.56
	1.667	D			
				Minimum 3.45	Mini Sprint A: K1 Lightning Boys/Girls
				Minimum 4.15	Mini Sprint B: K1 Lightning Boys/Girls

K1/C1 times on a fast course. P (Promotions) / D (Demotions) are possible on 1000m and/or 500m and marathon results. The H.C. is the number of seconds longer that it takes to paddle the distance a zero paddler covers in one minute.

STANDARDS FOR RACING

Placid Water Racing Tests show recommended starting standards.

1. Introduction

The Racing Standards were set up to develop marathon racing, sprint racing and fast touring.

2. The Progression

Outlined below are the current **skill, racing and coaching awards** designed to support a progressive coaching & paddling scheme for clubs based on placid water using open cockpit canoes and kayaks.

2.1 Skill Development Awards for paddlers

The Star tests provide progressive levels of award for canoe and kayak. They can be used either as a basis to encourage skill development for paddlers or as an indicator of the appropriate level of skill for aspirant coaches in the instructional coaching awards.

Details of the syllabus are contained in free leaflets available from BCU Office.

2.2 Racing Awards for paddlers

The Racing Tests are designed to encourage paddlers to improve performance and recognise their progress in racing kayak and canoe. The Sprint Awards also provide a useful guide to indicate the class or division to which paddlers should enter into sprint and marathon racing.

The awards can be examined by any BCU Coach (Level 1-5) or Club Official and can be taken in any canoe or kayak

There are three types of Racing Award:

- **The Sprint (500m) Awards**

In each case the paddler must equal or beat the times below to achieve the standard.

Award	Kayak Men	Kayak Women	Canoe
Green	4.00	4.20	5.00
Blue	3.30	3.45	4.00
Bronze	3.05	3.20	3.20
Silver	2.45	3.00	3.05
Gold	2.30	2.45	2.45

Note: Time in minutes and seconds – in single canoe or kayak

Guidelines for entry into Sprint & Marathon Racing

To promote fair racing and as a guide for coaches, team leaders and paddlers, the following standards, based on the "Sprint (500m) Awards", are suggested as the entry levels into Divisional Marathons and Sprint Regattas held at the National Watersports Centre, Holme Pierrepont:

Award	Marathon			Sprint
	Kayak men	Kayak Women	Canoe	
Green	Fun/Mini Sprint	Fun/Mini Sprint	Fun	Mini Sprint
Blue	Div 9	Div 9	Div 9	Mini Sprint
Bronze	Div 8	Div 9	Div 9	Junior M & F & Veterans
Silver	Div 7	Div 8	Div 8	Senior Women & Canoes
Gold	Div 6	Div 7	Div 7	Senior Men

STANDARDS FOR RACING

Note: To qualify for National Regattas, the standards must be achieved in a modern racing single canoe (in high kneeling position) or single kayak (with seat). See Team Leaders' Section for more details.

- **The Marathon, Half Marathon**

Details of the standard times are available in a free leaflet "The Placid Water Racing Awards" (CT/012/00/1).

- **The Time Trial Awards**

Details of the standard times are available in a free leaflet "The Placid Water Racing Awards" (CT/012/00/1).

For a copy of leaflet CT/012/00/1, contact BCU Head Office.

RACING COACHING

BCU Certificates in Coaching Paddlesport Qualifications

Paddlesports cover a very wide range of environments and a wide range of craft. These crafts and environments tend to be grouped into "Disciplines". The BCU Coaching Pathway is structured so that coaches can access training and become qualified in any of these disciplines. This range of awards helps us to ensure that coaching excellence is available to participants in whichever discipline they feel inspired to get involved in.

The BCU UKCC Coaching Pathway is currently made up of 4 levels. These levels reflect the experience and expertise of the coach.

The Coaching Awards are generic in nature for the first two levels with discipline specific modules available for the coach wishing to specialise. At level 3 the Awards have a generic core and a discipline specific element with 'Racing Coaching' being one of the options.

The awards are geared to support those coaches introducing instructing, leading and organising activities at Clubs or Centres. The syllabi do not require the coach to have personal paddling skills and there are opportunities for the paddling and non-paddling coach all the way through the scheme

The entry point into coaching for a new coach is as a Level 1 Coach (Assistant Coach) and / or Bell Boat Helm.

Level 1 Certificate in Coaching Paddlesport is the entry point for coaches coming into the BCU Coaching Scheme. The award is relevant to potential coaches from all Paddlesport disciplines including coaches who may work with competitive and non-competitive paddlers. The award starts to develop the foundation coaching skills that will underpin coaching practice in the future. The training aims to develop coaches' skills to work with paddlers in any type of paddlesport craft

The Level 1 Coach can run taster sessions; Assist higher level coaches; coach paddlers in a variety of craft, assess BCU Performance Awards.

The Level 1 Certificate is available as a Bank Based or Boat Based option.

***Teachers:** There is a 'Coaching for Teachers' Course available that enables qualified teachers to access a 2 day Level 1 course instead of the full 4 day course*

Level 2 Certificate in Coaching Paddlesport is relevant to potential coaches from all Paddlesport disciplines including coaches who might work with competitive and non-competitive paddlers. The award develops the foundation skills taught at level 1 that will underpin their future coaching behaviours and practice. The training will aim to ensure coaches develop skills that will benefit any paddler irrespective of what type of boat they are paddling.

The Level 2 Award is available as a bank or boat based option.

At levels 1 & 2 there are supporting modules to assist in the coach's development within the interest of their choice

The Level 1/2 'Racing Module' is now available to Coaches at any stage after completing their Level 1 training.

RACING COACHING

Details of how to access the Generic Level 1 and 2 Courses are obtainable from your PDO, RCO or LCO

An up to date list of PDO's can be found at

<http://www.canoe-england.org.uk/youth/contact-us/>

RCO's at:

<http://www.canoe-england.org.uk/youth/contact-us/>

LCO's at:

<http://www.canoe-england.org.uk/coaching/english-coaching-network/local-coaching-organisers/>

Level 3 Certificate in Coaching Paddlesport is a discipline specific award for the coach who is able to plan, implement and analyse long-term development programmes. This is an appropriate level of coach for a person to be in charge of Paddlesport activities in a club or centre or as a working professional. Level 3 coaches will be able to coach paddlers in the LTPD Foundation Paddlesport Phase and the Performance or Recreational Phase.

The Level 3 Award will commence in 2009

A **Level 4** coach is a very experienced discipline specialist coach with highly developed coaching skills and who can design, implement and evaluate the process and outcomes of long term or specialist coaching programmes in their chosen discipline and in all environments in which their discipline is practised. Level 4 coaches will be able to coach paddlers at all stages of the LTPD pathway. .

From Level 3 onwards, coaches will specialise in one or more of the following disciplines or environments:

- | | |
|---------------------|------------------------|
| • Racing | • Polo |
| • Slalom | • Freestyle |
| • Wild Water Racing | • Sea |
| • Open Canoeing | • White Water Kayaking |
| • Sheltered Water | • Surf |

Details of all the Coaching Awards can be found at:

<http://www.canoe-england.co.uk/coaching/coaching-qualifications-courses/coaching-award-summary/>

3. BCU Coach Update

The BCU has an update programme designed to help coaches develop their skills after they have gained a coaching award. This programme will assist existing coaches in transferring their current qualifications to the new scheme.

The update programme aims to provide:

- A system to enable long term training support for coaches
- A means to share good practice
- Improved BCU Coaching Service contact and communication with coaches

"**Coach Update**" involves all BCU coaches – competition and recreation and it requires coaches to put in a minimum of 6 hours of training in any 3-year period to stay up to date. There are various ways for coaches to become updated:

RACING COACHING

- Attend BCU Regional or Local Coach Update Forums
- Participate in a BCU Coaching Course
- Complete a "Continuous Coach Development Record" and send it in to BCU HQ

4. First Aid for Coaches

All coaches are now required to hold a current First Aid Certificate to maintain their BCU Coaching Award. Details of the level of First Aid Training for the various awards can be obtained by contacting BCU HQ

Most First Aid awards have a 3-year lifespan. It is the responsibility of each coach to make sure the BCU Coaching Service is sent a photocopy of his or her new certificate when the qualification is renewed.

5. More information

To set up a coaching course or to discuss club coaching issues there are a number of Development Officers covering a large section of the country who are available to assist voluntary officers in supporting coaching. They are:

SDO North:	Nigel Timmins Tel / fax 01768 480084 Email: nigelt@bcu.org.uk
SDO Central:	Stuart Briggs Tel 0771 898 2091 Email: stuart.briggs@bcu.org.uk
SDO South:	James Hinvies Tel 023 8031 9815 Email: james@bcu.org.uk

Further details of all aspects of Coaching Progression are available from:

National Development Coach for Racing, Marathon & WWR:

John Handyside
British Canoe Union
18, Market Place
Bingham
Nottinghamshire
NG13 8AP

Tel: 0845 370 9502
Fax: 0845 370 9501
Email: jh@bcu.org.uk



ELMBRIDGE CANOE CLUB

INVITE YOU TO TAKE PART IN THEIR 2009 PROGRAMME

Details on www.elmbridgecanoeclub.org.uk

**Easter
Sunday
April 12th**

JUNIOR HALF MARATHON TIME TRIAL - K1 only
Boys and Girls Classes - under 12,13,14,15 & 16
Held on the Wey Navigation Canal,
Guildford to Weybridge 13 miles

**Saturday
May 16th**

FUN REGATTA AND TIME TRIALS
200m and 500m K1 time trials and races
3000m K1 and K2 races
Good introduction to sprint racing for all standards

**Saturday
August 15th**

MRC ASSESSMENT RACE – K1
Assessment race for GB Team – Seniors and Juniors

**Sunday
October 4^h**

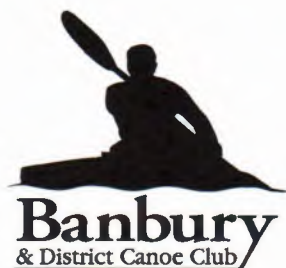
DIVISIONAL MARATHON
(LSE Hasler event for 2010)
Div. 1 & 3 – K1, Div. 2 – K2
All other Divisions K1 & K2

Details from:

Di Lawler, Secretary, Elmbridge Canoe Club,
TEL: 01784-454772
Email: diandroland@hotmail.com
Or Diane Bates diane.bates@dial.pipex.com

**Banbury and District
Canoe Club.
Cropredy, Nr Banbury,
Oxfordshire.**

www.banburycanoe.org.uk



Banbury Marathon.

Sunday October 25th 2009.

Details from Graham Warland. Phone 01295 256130.

9 Woodhall Drive, Banbury, Oxon. OX16 9TY.

E-mail: graham.warland@virgin.net

(Supporting the Myeloma Cancer Trust).

Ross Warland Memorial Canal Challenge.

Sunday 29th November 2009.

- Start: Canoe Club, Cropredy (5 miles north of Banbury).
- Turn Nell Bridge, Aynho Lock.
- Finish: Banbury Canoe Club, Cropredy (5 miles north of Banbury).
- Distance: 20 miles, 12 portages.

Classes

- K1 full distance (20 miles)
- K2 full distance (20 miles).
- K1 relay teams. No more than 4 paddlers per team.
- K2 relay teams. Two pairs per team.

Details from Graham Warland. Phone 01295 256130.

9 Woodhall Drive, Banbury, Oxon. OX16 9TY.

E-mail: graham.warland@virgin.net

(Supporting the CLIC Sargent Cancer Trust).

Club website will also hold the details www.banburycanoe.org.uk

Wey Kayak Club

Founded 1962 – Affiliated to the British Canoe Union No: 039/R
Sport England Clubmark – Canoe England Topclub
Clubhouse at the Guildford Waterside Centre, Riverside, Surrey GU1 1LW
Telephone ☎ 01483 536407
www.weykayak.co.uk

Wey Marathon - Sunday 28th June 09

Detail from **Peter Morley**, phone ☎ 01483 571996
17 Springfield Road, Guildford, Surrey GU1 4DW
email: peter.c.morley@btinternet.com



Wey Regatta - Saturday 14th March 09

K1/C1 Time Trials in 2km/1km, Sprints & Relay
Further information **Mike Childerstone**, phone ☎ 01483 202732
email: m.childerstone@btinternet.com

Hare & Hounds Series 2009 -2010

Sunday Nov 1st, Nov 22nd, Dec 19th, Jan 10th & Feb 7th



Further information from **Jim Rossiter**, phone ☎ 01883 346631



ROYAL CANOE CLUB

The Clubhouse, Trowlock Way, Teddington, Middlesex, TW11 9QZ

RACE PROGRAMME 2009

WE HOPE TO SEE YOU AT ONE OR MORE OF OUR EVENTS

Sunday

22nd March 2009

K1/K2 MARATHON

Runnymede to Teddington - approx 19 miles

Sunday

14th June 2009

DIVISIONAL MARATHON (LSE Hasler Event)

Note:

For Div. 1,2,3 the races will be

K1 race in Division 2

K2 races in Divisions 1 and 3

Saturday

27th June 2009

PADDLING CHALLENGE – 10K Race.

This is the 135th year for this event.

Separate Ladies Cup Race.

Masters Race as well as Junior and Lightnings.

K1s and Lightnings only.

Saturday

11th July 2009

JUNIOR SPRINT REGATTA

For further details visit our website - www.royalc canoeclub.com

or contact

Alf Justin

01372 377613

alfredjus@btinternet.com

CLUB ABBREVIATIONS

4AS	Four As CC	LGW	Linlithgow Canoe Club
ACU	Army Canoe Union	LIN	Lincoln Canoe Club
ADJ	ADJ Canoe Club	LON	Longridge Canoe Club
ADL	Addlington Canoe Club	LWC	Lord Wandsworth College
ADS	Addlestone Canoe Club	MAD	Macclesfield & District Canoe Club
ANK	Anker Valley Canoe Club	MAI	Maidstone Canoe Club
ART	Artist Rifles	MDN	Meridian
BAD	Barking and Dagenham Canoe Club	MLO	Marlow Canoe Club
BAN	Banbury & District Canoe Club	NBY	Newbury Canoe Club
BAS	Basingstoke Canal Canoe Club	NED	North East Disability Canoe Club
BED	Bedford School	NOR	Norwich Canoe Club
BEJ	Bourne End Junior Sports Club	NOT	Nottingham Kayak Club
BKW	Blackwater Valley Canoe Club	NWK	Newark Canoe Club
BOA	Bradford on Avon Canoe Club	PAN	Pangbourne Canoe Club
BRI	Bristol Canoe Club	PEN	Penine Canoe Club
BRY	Bryanston School Canoe Club	PLY	Plymouth College Canoe Club
BSF	Bishops Stortford Canoe Club	PNZ	Penzance Canoe Club
BTH	Bath Canoe Club	POO	Poole Harbour Canoe Club
BUR	Burton Canoe Club	RAF	Royal Air Force Canoe Association
C&K	Cumbernauld & Kilsyt	RDG	Reading Canoe Club
CAM	Cambridge Canoe Club	RIC	Richmond Canoe Club
CDF	Cardiff Bay Kayakers	RIP	Rabbit Independent Paddlers
CEL	Celbridge Canoe Club	RLS	Royal Leamington Spa Canoe Club
CGQ	Castlegate Quay Canoe Club	RM	Royal Marines Canoe Club
CHE	Chester Canoe & Sail Club	RNK	Royal Navy Kayak Association
CKP	Cokethorpe School	ROY	Royal Canoe Club
CLM	Chelmsford Canoe Club	RUN	Runcorn Canoe Club
DCP	Dyffryn Conway Canoe Club	SAV	South Avon Canoe Club
EAL	Ealing	SDS	Scottish Development Squad
EBC	Eyot Boat Club	SHO	Shoreham
ELM	Elmbridge Canoe Club	SHP	Shropshire Paddlesport
EXE	Exeter Canoe Club	SLP	Salmon Leap Canoe Club
FLA	Fladbury Paddle Club	SOA	Soar Valley Canoe Club
FOX	Falcoln (Oxford)	SOL	Solihull Canoe Club
FOY	Fowey River Canoe Club	SOU	Southampton Canoe Club
FRE	Freestyle Canoe Club	STR	Stirling Kayak Club
GAI	Gailey Canoe Club	TAU	Taunton Canoe Club
GLS	Glanford & Scunthorpe Canoe Club	TON	Tonbridge Canoe Club
GRI	Griffon Canoe Club	TRE	Trentham Canoe Club
HAS	Hastings Canoe Club	TRU	Truro & Hayle Canoe Club
HEM	Hemel Hempstead Canoe Club	TTN	Thomastown Paddlers
HER	Hereford Canoe Club	VIK	Viking Kayak Club
HUN	Huntingdon Canoe Club	WAV	Waveney Valley Canoe Club
ITV	Itchen Valley	WCR	Winchester Canoe Club
KEN	Kendal Canoe Club	WEY	Wey Kayak Club
KIM	Kimbolton School	WHI	Whitstable
KIN	Kingston Kayak Club (Hull)	WIN	Windsor Canoe Club
KIR	Kirkcaldy Canoe Club	WOK	Wokingham Canoe Club
LBZ	Leighton Buzzard Canoe Club	WOL	Wolverhampton Canoe Club
LEA	Leaside Canoe Club	WOR	Worcester Canoe Club

SPRINT RANKINGS

Reg.no	Surname	Name	Club	DoB	Reg.no	Surname	Name	Club	DoB
Men's A					0247	BUGGY	DAVID	CEL	1990
1835	ALMASI	PETER	ELM	1975	1305	BUGGY	GRAHAM	CEL	1985
1683	BAKER	STEPHEN	ELM	1971	3058	CLARK	IAN	NOT	1977
2770	BEER	ROBERT	ELM	1989	3310	COLE	MARK	CLM	1978
0440	BOYTON	JONATHAN	ROY	1988	2038	DE TOIT	DAAN	RIC	1974
2536	BRABANTS	TIMOTHY	NOT	1977	3856	DEAN	SIMON	RLS	1984
3645	BRIODY	JASON	SLP	1980	5329	DOMONKOS	ISTVAN	RIC	1978
3510	BROWN	BEN	ELM	1986	4293	EASTERLING	SIMON	WEY	1974
2932	BURGOYNE	PAUL	HER	1980	4990	EDE	PIP	RDG	1990
3526	COX	EDWARD	WEY	1985	3412	EGAN	PETER	SLP	1979
0310	DANIELS	ANDREW	RDG	1988	3297	ELKINGTON-COLE	RUPERT	RIC	1979
3712	DANIELS	THOMAS	RDG	1986	2486	ENOCH	MATTHEW	NOT	1976
3329	FARRELL	BEN	ELM	1983	3506	FLEMING	CIARAN	CEL	1987
3528	FENNEMORE	SIMON	WEY	1983	0727	FLEMING	DARRAGH	CEL	1990
3507	FLEMING	NEIL	CEL	1984	1452	FREEMAN	SAM	EXE	1990
3002	FOULGER	MATTHEW	NOT	1978	2905	GOLDER	RICHARD	NOT	1976
3617	GOODALL	MICHAEL	ACU	1985	4009	HEMMING	JAMES	ACU	1987
1021	HASTINGS	STUART	ROY	1988	0621	HERBENT	ATTILA	RLS	1977
0739	HAYNES	BEN	LBZ	1989	5006	HICKS	SHAUNE	NOT	1986
3530	HEATH	LIAM	WEY	1984	2965	HIDE	MATT	ADS	1988
3334	HIDE	THOMAS	ADS	1990	2421	HOLMES	BEN	WOR	1989
5093	IRVINE	BRETT	RIC	1979	2646	HUMPHRIES	TIMOTHY	ROY	1989
5488	KULCSAR	ZSOMBOR	SLP	1988	3905	ISBELL	OLLIE	RIC	1984
0441	LAWLER	IVAN	ELM	1966	3227	JOHNSON	NATHAN	ELM	1981
5254	MAJCHRZAKE	MATTHEW	SLP	1979	3237	JONES	NIGEL	NOT	1978
3411	MALONEY	BRENDON	SLP	1979	4869	JORDAN	AARON	MAI	1990
3646	MCKEEVER	EDWARD	BOA	1983	0670	LANG	OLLIE	RDG	1988
3221	MOULE	KEITH	CLM	1980	3857	LAWRENSON	TIM	BUR	1985
5332	NORTON-SMITH	JULIAN	ROY	1973	0015	LOFTUS	KENNETH	ROY	1978
4318	OWEN	MICHAEL	ADS	1986	5252	LOPEZ	PEDRO	SLP	1976
0605	PARFITT	BEN	ELM	1990	2115	LOVE	TOM	RLS	1974
0308	PENDLE	TIM	NOR	1989	4832	MARCHETTI	SEAN	CEL	1988
3680	QUANE	MICHAEL	ELM	1970	1909	MARTIN	PADDY	CEL	1989
2793	REEVES	KRISTIAN	ADS	1989	1069	MAYERS	JAMES	RUN	1974
0584	RUTHERFORD	EDWARD	ELM	1990	2877	MEYER	RICHARD	NOT	1975
3299	SABBERTON	ROSS	NOR	1978	2512	MORTON	DWAYNE	ELM	1985
3663	SAWERS	JOHN	ELM	1985	3220	MOULE	STEVE	CLM	1979
3864	SCHOFIELD	JONATHAN	SOA	1985	1950	OLIVER	DAVID	LIN	1977
2118	SEARS	CHRIS	ROY	1986	1997	O-SULLIVAN	LUKE	SLP	1989
1901	SHARPE	TOM	EXE	1990	1891	OWEN	ASHLEY	ADS	1989
3894	SIMMONS	JONATHAN	WEY	1986	1374	PARKER	JOHN	WOR	1977
1216	SIMMONS	TOM	BOA	1991	5051	PATTERSON	SCOTT	FOR	1990
3644	SPENCER	ALLEN	HER	1987	3697	PEAKE	OWEN	RDG	1981
4929	STEAD	BRENDON	RIC	1984	0364	PEARSE	PHILIP	SOU	1988
3065	STREVS	ADAM	SLP	1976	4971	PEDLAR	DAVID	WOR	1976
1193	TERRY	DEAN	WEY	1991	0855	PERIERA	CHRIS	ADS	1987
3778	WATKINS	BARRY Q	SLP	1989	1372	POOLE	ROBERT	ROY	1989
3893	WYCHERLEY	PAUL	WEY	1986	3516	PRINGLE	DAVID	SLP	1989
1911	WYNNE	IAN	ROY	1973	2495	ROWELL	GARY	LEA	1988
Men's B					2886	SEAFORD	DANNY	RDG	1979
3550	ANDERSON	GRANT	NOT	1983	5542	SEROWIK	MARCIN	LEI	1983
0902	ATWILL	JAMES	BOA	1990	5456	SIMMS	MICHAEL	NOT	1989
1398	BAKER	RALPH	NOT	1985	0334	SLIGHT	MARK	LBZ	1986
4425	BARBER	DANIEL	ELM	1990	2914	SORENY	RICHARD	RLS	1976
2505	BEAZLEY	DANIEL	BAD	1974	3240	SOWRY	TIMOTHY	ELM	1982
5403	BIDLE	DARREN	NOR	1976	5036	STADDON	JACK	ROY	1990
3936	BRADSHAW	BEN	CLM	1988	3479	SURRAGE	JOE	BSF	1981
5261	BRENNAN	MICHAEL	TTN	1986	4296	THOMPSON	ANDREW	LEA	1984
1378	BRIDGE	TOM	WEY	1989	4411	THOROGOOD	GLENN	ELM	1989

SPRINT RANKINGS

Reg.no	Surname	Name	Club	DoB	Reg.no	Surname	Name	Club	DoB
Men's B					4444	TAYLOR	ROBERT	CLM	1990
0679	THOROGOOD	PHILIP	ELM	1989	1726	WALSH	MICHAEL	WEY	1987
2097	TINGAY	STEPHEN	LBZ	1975	3228	WATT	CRAIG	ELM	1980
2995	VANLONKHUYZEN	SIMON	SLP	1976	4245	WDDERSHOVEN	BEN	TRU	1983
4329	VINCENT	ROBERT	SOA	1990	5785	WILSON	CHARLES	EAL	1989
0369	WICKENS	ANDREW	ELM	1976	0696	YATES	PAUL	WEY	1989
0891	WDDERSHOVEN	TIMOTHY	TRU	1981	Men's D				
1459	WILLIAMS	GARETH	CHE	1986	5949	ABSON	WILLIAM	RIC	1981
4513	WILLIAMS	NEIL	ROY	1989	0455	BAKER	IAIN	BOA	1989
3667	WINSTANLEY	RICHARD	RIC	1984	3280	BARTOLI	MICHAEL	LBZ	1990
2586	WRIGHT	MICHAEL	EXE	1985	5140	BENNETT	JASON	CHE	1989
5340	YOUNG	JOSH	BSF	1990	5543	BRANNIGAN	PATRICK	TTN	1983
Men's C					5073	BROOKS	EDWARD	CKP	1990
5171	ALLEN	LEWIS	NOR	1990	5911	BUTT	TOM	SOU	1989
3109	BENNETT	STUART	RDG	1988	5304	CANNON	DOMINIC	CKP	1990
5015	BOYLE	DAVID	SLP	1990	5453	CARY	ALEXANDEI	WEY	1990
4403	BRENNAN	DONNACHA	TTN	1984	3557	CHALMERS	NIEL	KIR	1980
0197	BURRELL	JAMES	BTH	1986	5908	CONNELLY	ANDREW	LEI	1988
5286	CORDERY	JAMES	WEY	1990	2255	COOKNELL	MATTHEW	BAN	1990
5014	CORRIGAN	JACK	SLP	1990	2769	COWBURN	JOSH	CHE	1990
5845	COX	JAMIE	LBZ	1976	4881	COX	SAM	WEY	1989
5378	DIAPER	TOM	SOU	1989	5746	DABNEY	OWEN	FOX	1985
4637	DOUGALL	JAMES	LBZ	1987	0892	DOCHERTY	K	SLP	1990
5007	DRUMMOND	JOHN	RDG	1974	5764	DUFF	CRAIG	NOT	1990
5950	EMANUELSSON	NIKLAS	RIC	1981	2745	EDE	LEANDER	RDG	1985
5493	EVANS	EDWARD	CDF	1978	3465	FERGUSON	GARETH	GAI	1979
4210	FLEESON	CHARLES	ANK	1976	5071	FORREST	TIM	CKP	1990
5603	FREEMANTLE	JAMES	BAS	1983	2158	GALEA	PIERRE	FOX	1976
1386	FRENCH	ANDREW	EAL	1985	0537	GARTON	LAURENCE	NOT	1984
0219	GOLDING	MARK	SLP	1987	5917	GOODE	ALAN	LEA	1975
5669	GRIMSHAW	PETER	ADS	1990	1525	GOODLAD	LAURIE	LBZ	1990
4349	GUY	ANDREW	LBZ	1989	5072	GREEN	BEN	CKP	1990
3750	HENDRON	HENRY	RIC	1980	4060	GREEN	IAN	BAD	1990
3611	HENDRON	RICHARD	RIC	1980	3054	GREEN	JASON	BAD	1987
2181	HERBERT	DOUGLAS	CLM	1975	3458	GREEN	MARK	BAD	1984
5926	HORVATH	ATTILA	RIC	1975	5405	HAGUE	IAN	RIC	1975
3869	HOWE	CHRIS	CLM	1987	3346	HEAD	TOM	CLM	1980
5780	JURY	SIMON	CDF	1975	3520	HENRY	PATRICK	NOT	1983
5707	KEEBLE	JAMES	WOK	1986	5420	HOWSON	LEE	BOA	1989
2301	KILBOURN	ROBERT	NOR	1975	0978	HUSSEY	DANIEL	LBZ	1990
5156	LEAHY	CARL	ADS	1984	5633	JONES	GARY	CDF	1989
5100	MCMORRIN	COLIN	KIR	1988	4722	KNIGHT	ROBERT	WOR	1986
5798	MILLS	MATTHEW	LEA	1990	5591	KRASOVITSKIY	GEORGE	WEY	1990
3051	MILLS	MATTHEW	BAN	1990	4693	LANG	JACOB	RDG	1990
0480	MUNGOVAN	JORDAN	RIC	1986	3096	LILLY	ANGUS	RAF	1980
0155	NEWSOME	ROBIN	TTN	1974	3418	LUCK	CHRISTOPH	WEY	1980
3641	O-CONNOR	DAVID	SLP	1982	1570	MARNELL	JAMES	RUN	1990
1442	OLIVER	MATTHEW	LIN	1974	5816	MARSH	KEVIN	RIC	1997
0385	RAINEY	SAM	LEA	1990	5675	MCCARROLL	STUART	FOX	1982
2774	REESE	BRENDON	ACU	1977	3699	MCKEEVER	THOMAS	BTH	1980
5771	REIS	JOSE	ELM	1989	5634	MEECHAM	JAMES	CDF	1990
5636	ROSEWELL	LLOYD	CDF	1985	4156	MITCHELL	DANIEL	PEN	1989
1775	SEALEY	CHRIS	RDG	1989	0506	MULLINS	GUY	WEY	1988
5437	SHELLEY	PIRAN	RIC	1980	5946	NORTH	OLIVER	RIC	1981
0862	SHEPHARD	OWEN	CLM	1987	5945	NORTH	ROBIN	RIC	1978
3086	SILLITOE	CALLUM	LBZ	1990	3741	PARKER	JAMES P	WOR	1982
0752	SLIGHT	DANIEL	LBZ	1989	2746	PERRIER	JAMES	BSF	1978
5784	SOREGI	BALAZS	RIC	1977	5706	PLANTIER	FRANCOIS	BAN	1980
5330	STROMSOE	PAUL	RIC	1975	5763	RABY	SEB	BAN	1987

SPRINT RANKINGS

Reg.no	Surname	Name	Club	DoB	Reg.no	Surname	Name	Club	DoB
Men's D					5805	BULLIVANT	STEVEN	LIN	1971
5676	REESE	PHILLIPS	FOX		5794	BURKE	MARTIN	SLP	1961
3129	ROWLEY	GARY	CLM	1981	2103	BYRNE	BERNARD	SLP	1960
0228	SHARP	ALLAN	LBZ	1986	5564	CHMIEL	MARYSH	NOT	1961
4191	SHAW	ALEX	FLA	1986	1894	COX	RICHARD	RUN	1953
2035	SHAW	GILES	FLA	1990	5267	FIELDEN	PAUL	TAU	1963
5076	SHIRES	JOSH	RDG	1990	5590	FIELDUS	ROY	WEY	1962
5204	THOMPkins	TERRY	MAI	1978	5108	GARNER	N	RIC	
5446	TOPHAM	WILLIAM	HER	1990	0524	GRIMWOOD	ANDREW	LIN	1967
5066	WALTERS	MICHAEL	BUR	1990	0856	HOLMES	ANDY	WOR	1959
0408	WARLAND	CARL	BAN	1979	0655	HUTCHINSON	PAUL	LIN	1963
0980	WEBSTER	RICHARD	LIN	1989	2088	ILLIDGE	GRAHAM	RUN	1959
0137	WEST	MITCHELL	ADS	1990	0919	JACOBS	MARTIN	ADS	1966
2003	WHITE	MICHAEL JOI	LBZ	1989	2152	KELLY	CHRIS	LEA	1970
4810	WHITE	STEPHEN JA	LBZ	1987	2014	KENT	RICHARD	SOU	1962
4874	WILSHAW	JACK	CLM	1978	0734	KING	STEVE	HER	1973
2912	WOODHEAD	DARRELL	ACU	1976	0672	LITTLEWOOD	REX	NOT	1968
4924	WYATT	SIMON T	BAN	1977	1700	LIVSEY	IAN	NOT	1969
5539	YUILL	ADAM	NOR	1989	3817	LOVELL	RICHARD	WOK	1963
1956	YULE	PHILLIP	PEN	1989	0700	LUCAS	ROLAND	RIC	1961
5660	ZANELLI	WILLIAM	BAN	1979	2089	MARNELL	STEPHEN	RUN	1967
Masters Men's A (previously in Men's B)					5487	MCCARTHY	LIAM	SLP	1958
5451	AYRES	ROBIN	WEY	1961	5553	MCINTYRE	DEANE	FOX	1967
1169	BANKS	MALCOLM	SLP	1962	0494	MIDDLEHURST	TIM	RIC	1958
0575	BATTERSHELL	DAVID	WEY	1964	0131	MISSEN	STAN	BOA	1959
2993	BITCOM	DOUG	RIC	1971	5796	MURPHY	KEVIN	SLP	
5343	CROUCHER	ADRIAN	WEY	1961	5297	NICHOLSON	ANDY	WEY	1962
0473	DIMMOCK	PAUL	WEY	1959	4852	NICHOLSON	LEON	SOU	1963
3701	ELDRIDGE	GLENN	TRU	1971	0252	PENDLE	DYSON	NOR	1957
1287	ENOCH	PAUL	NOT	1969	5134	PHILLIPS	TIM	WOR	1963
5319	FARRINGTON	ROY	RLS	1970	5667	QUITTENTON	GARY	LIN	1968
4916	FOLLAND	JONATHAN	SOA	1973	3115	SMITH	ROBERT	CAM	1966
1729	GALLIMORE	DAVID	BAN	1968	1532	SWADLING	GRAHAM	NOT	1960
4217	GUNNEY	PHIL	WEY	1971	0331	SWALLOW	MELVIN	CHE	1951
1966	HOBROUGH	PAUL	WEY	1972	0622	THROWER	SHAUN	HER	1961
1919	LANG	DAVID	EXE	1968	0344	VINCENT	RICHARD	SOA	1957
0868	LEWIS	RICHARD	BOA	1966	5969	WELLS	PAUL	RIC	
0485	LORENZI	MARC	ELM	1970	4334	WILLIS	STEVEN KE	SOU	1958
0945	MAYCOCK	ANDREW	EXE	1969	2761	WRIGHT	SIMON JUS	LIN	1972
0944	MAYCOCK	PETER	EXE	1967	Masters Men's C (previously Masters Men's B)				
1684	NEALE	CLIVE	TON	1969	5445	ALDAM	GARY	BSF	1963
3321	O-DRISCEOIL	DEAGLAN	SLP	1965	5264	BANNISTER	MICHAEL	MAI	1962
4582	PRINGLE	IAN	SLP	1953	2258	BARNES	PETER	RIC	1952
4045	RESSEL	MARK	EXE	1970	5423	BILLINGHAM	RON	RDG	1930
2728	ROESER	DUNCAN	WEY	1968	2563	BLATCHLY	MARK	NOT	1963
1313	WATKINS	HOWARD	SLP	1951	5165	BOWDITCH	IAN	EAL	1959
1404	WEST	STUART J	WOR	1970	5126	BRAGG	MARK	IND	1966
1923	WILLIAMS	ROBIN	WEY	1958	5339	BRETT	JIM	BSF	1960
Masters Men's B (previously Masters Men's A)					3093	BROWN	MATTHEW	WOR	1956
0612	ADAMS	MARK	BSF	1968	5050	BULL	JOHN	PEN	
4475	AVERY	ROBIN	MAC	1948	2724	BURGOYNE	ALAN	HER	1948
2375	BELBIN	DAVID	NOT	1965	5433	BURNES	PAUL	WOK	1958
2973	BIRD	JONATHAN	WOR	1969	5364	BUTTON	PETER	BAN	1957
5812	BLACKMAN	BRUCE	GAI	1967	5691	CAMPBELL	DEREK	LBZ	1964
3009	BLACKMAN	HOWARD	BUR	1965	3767	CARPENTER	MICHAEL	EXE	1950
0603	BLACKMAN	NEIL	SOA	1963	5359	CARTER	GARY	LIN	1960
1180	BRITNELL	NEAL	FOX	1964	0509	CAVE	JONATHAN	WOR	1961
0617	BROOKES	PAUL	RUN	1967	5283	CHAMP	LEE	HER	1968
0071	BROWN	DAVID	ELM	1955	0997	CHILDERSTONE	MICHAEL	WEY	1959

SPRINT RANKINGS

Reg.no	Surname	Name	Club	DoB	Reg.no	Surname	Name	Club	DoB
Masters Men's C (previously Masters Men's B)					2518	PARKER	JAMES	WOR	1948
3858	CIANCHI	DAVID	HER	1966	5415	PEARCE	RAYMOND	BAN	1963
5448	COLLINS	DAVID	WEY	1957	3542	PHILLIPS	ANDREW	BOA	1970
3813	COULSON	DAVID	RDG	1967	5760	POTTERTON	TONY	RDG	1960
0050	DAINES	RONALD	BAD	1952	1747	POULTER	PHILLIP	FLA	1955
1695	DANIELS	NICHOLAS	RDG	1954	4024	PUTNAM	TERRY	ROY	1947
5005	DARLING	SIMON	BOA	1962	0121	RALPH	PAUL	RDG	1951
0786	DAVIES	SIMON	WOR	1957	5143	RANCE	STEVE	SOU	1959
5115	DAVISON	CHRIS	MAC	1970	1181	REEVES	NICK	ADS	1960
0319	DAWSON	ANDREW	CHE	1964	1867	REMINGTON	RICHARD	FOX	1970
5466	DOMAN	PAUL	CLM	1955	3890	RICHARDSON	DAVID	MAI	1951
3314	DONNISON	MARK	ADS	1964	5279	RICKETTS	SIMON	ANK	1971
4440	ELSTON	PAUL	MAI	1958	5278	RILEY	GORDON	ANK	1971
1228	EPPS	ALAN	NOR	1959	0834	RODGERS	RICHARD	CLM	1973
5581	ESCOTT	JOHN	BOA	1966	5000	SCHANDELMAYER	JOHN	RIC	1948
5580	ESCOTT	MARK	BOA	1968	4406	SCHOFIELD	CHRISTOPH	NOR	1965
5119	EVANS	NEIL	MAC	1956	4834	SEWARD	D	WOK	
5568	EYQUEN	PAUL	RIC	1968	1072	SHAW	CHARLIE	FLA	1960
5057	FARMER	ANDREW	FOX	1956	5472	SIMPSON	KEITH	RDG	1953
5116	FISHER	ADRIAN	MAC	1961	0533	SMITH	JASON	RAF	1973
0731	GARVERY	KARL	RIC	1968	5601	SOMERSET	RICHARD	BAS	1951
4523	GAVIN	CHRIS	RIC	1970	2446	SPENCER	ANTHONY	HER	1951
0777	GOODALL	MALCOLM	PEN	1964	4760	STONEHOUSE	NEVILLE	RIC	1960
4928	GOODLAD	STEPHEN	LBZ	1958	2153	TERRY	PATRICK	WEY	1958
1384	GREEN	JOHN	BAD	1955	0924	THOMAS	NEIL	RIC	1962
2974	GUY	MALCOLM	LBZ	1951	5623	TONKIN	MIKE	SOU	1961
4833	HALL	JEREMY	WOK	1957	2753	TRICKETT	ADRIAN	FOX	1967
0594	HAMPTON	KEITH	LEI	1959	5469	WATSON	RANDALL	RIC	1972
4752	HARDING	OLIVER	LON	1956	2562	WILBREW	MICHAEL	MAI	1953
5439	HARNETT	RAIT	RIC	1968	5519	WILKIN	STEPHEN	CLM	1956
5961	HARPER	GARY	BAN	1963	3114	WILLIAMS	DEAN	CLM	1967
4321	HAWS	DAVID	WEY	1964	1477	WOOD	DAVID WILL	WOR	1963
2544	HAWTHORN	MICHAEL	WOR	1952	Masters Men's D (previously Masters Men's C & D)				
5567	HAYNES	CHRIS	RIC	1957	5444	BAKER	RICHARD	BSF	1951
3531	HAYWARD	IAN	NOR	1067	3383	BARRELL	STEPHEN	LBZ	1959
3345	HEAD	MIKE	CLM	1951	5139	BENNETT	PETER	CHE	1959
5447	HENSON	ADRIAN	WEY	1962	5860	BLACKMAN	IAN	ROY	1964
2032	HEWITT	EARL	WOK	1964	2140	BIGGS	ROY	WEY	1947
3600	HINVES	JAMES	SOU	1973	4708	BROWN	JAMES	GAI	1947
0333	HOWIE	DAVID	WEY	1945	4797	BULMER	GRAHAM	CHE	1947
3632	HULME	RICHARD	CAM	1955	2730	BURTON	ALLAN	WEY	1951
1458	HUTT	JONATHAN	C&K	1954	5943	CAMP	NEIL	RIC	1962
0543	JOINER	TIM	RIC	1957	5864	CATCHLOVE	ROBIN	MAI	1954
5498	JONES	PAUL	HER	1960	5125	CHAPMAN	BRIAN	KIR	1958
2564	JORDAN	DEAN	MAI	1959	5592	CLARK	ANTONY	ROY	1957
5117	KAVENAH	JOHN	MAC	1955	5661	COLLIER	ALISTAIR	WOR	1958
5745	LANNIGHAN	PAUL	FOX	1958	5068	DAVIDSON	RUSS	BUR	1970
1462	LEE	ROBERT	WOR	1960	2693	DAVIES	NEIL	HER	1957
5436	MARTIN	IAN	WOK	1967	1639	DODSON	ANDY	ADS	1963
2598	MARTIN	SEAN	RIC	1966	5939	FARLEIGH	STEVE	RIC	1966
0114	MASON	NORMAN	NOT	1952	5959	FLYNN	STEPHEN	BAN	1956
5992	MCINTOSH	ANDY	RUN	1972	5515	FOSTER	MIKE	RIC	1954
0307	MORAN	MICHAEL	WOR	1952	1413	FRANKLAND	NIGEL	RDG	1960
3219	MOULE	PETER	CLM	1954	5480	GARDNER	STEPHEN	LIN	1958
5248	MURPHY	DOM	BAN	1961	4177	GARSON	BILL	WEY	1938
0010	NADAL	MICK	NOT	1951	0374	GRADY	DEAN	NOR	1970
5751	NIXON	SIMON	RUN	1971	5617	HAYNES	BRIAN	LON	1951
3908	NORMAN	MICHAEL	CAM	1947	6000	HENDERSON	ALAN	KIR	1962
5964	PADDOCK	STEVE	CHE	1971	2720	HICKS	ANDREW	NOR	1961

SPRINT RANKINGS

Reg.no	Surname	Name	Club	DoB	Reg.no	Surname	Name	Club	DoB
Masters Men's D (previously Masters Men's C & D)					Canoe B				
2859	INCE	ARTHUR	TON	1958	2844	LANE	MALCOLM	RLS	1975
6004	JACKSON	GRAHAM	MAI		2042	MEIKLE	DUNCAN	FLA	1990
5333	JARRATT	PETER	LIN	1944	0194	MONOGHAN	NOEL	SLP	1930
2379	JEFFERIES	DAVID	PEN	1964	5775	SANTOS COSTA	MARIO	IND	1988
5659	JONES	ARWEN	CDF	1950	5407	SATERNUS	ARTUR	RLS	1979
1596	LAWRENSEN	BILL	BUR	1955	5243	SEAMAN	JOSEPH	WEY	1990
5762	LYNES	PAUL	BAN	1970	5457	SIKORSKI	RADOSLAW	POL	1984
5194	MAINPRIZE	PETER	RDG	1957	1814	STYAN	JAMES	FLA	1990
5666	MARSHALL	PHILIP	LIN	1964	5874	SZELTNER	GABOR	WEY	1976
5869	MARTIN	GEZ	WEY		5692	TINGAY	PHILIP	LBZ	1971
5418	MCLEAN	IAN	BAN	1962	0329	TRAIN	ANDREW	FLA	1963
5495	MIETUS	PETER	NOT	1955	0182	TRAIN	STEPHEN	FLA	1962
5803	MILES	ARCHIE	LIN	1949	5648	VORBERGER	JAN	RLS	1977
1976	MORLEY	PETER	WEY	1952	4470	WATSON	LEE	RLS	1985
5550	MURPHY	ANDREW	LBZ	1963	5458	WECKOWSKI	MIKOLAS	POL	1982
5571	NERCESSIAN	TONY	RIC	1970	1152	WEST	RAY	ADS	1949
0200	OLIVER	LAURENCE	LIN	1943	2751	YURKWICH	KARL	RIC	1977
0649	OLIVER	RICHARD	LIN	1947	Canoe C				
5522	ORME	SIMON	WOR	1965	2514	BADELEK	JOHN	WEY	1974
6013	OXToby	STEVE	LBZ	1954	5033	BOLTON-WAUGH	BRYNN	SOA	1989
0741	PARKINSON	ANDREW	CHE	1939	5245	BONHAM	ANDREW	WEY	1989
5952	PYKE	ANGUS	RIC	1947	5778	CARMELO	C	CHE	
5758	RICKETTS	DAVE	ANK	1967	2202	CROOKS	RICHARD	CLM	1986
5535	RIX	GAVIN	NOR	1964	3470	DROMARD	ROBIN	BSF	1943
5799	ROBERTS	PHILIP	TRE	1960	3562	ETHERIDGE	RICHARD	WEY	1986
2838	ROBERTSON	DON	LIN	1936	0358	GOHAR	MARCUS	RIC	1959
0038	ROSSITER	JIM	WEY	1944	5080	GONZALEZ	TONY	BAN	1969
4809	SCHOLEY	ROBERT	CHE	1945	1336	GREENHAM	BRIAN	RDG	1950
5967	SCOTT	TIM	NOR	1962	1326	HALL	KATHRYN	WOK	1989
2022	SILLITOE	NEIL	LBZ	1973	5772	HOYES	JOE	IND	1985
5808	SMITH	HOWARD	BAS	1961	5449	JAMIESON	ERIC	WEY	1960
0044	SOKOLOV	ANTHONY	WEY	1942	5773	JUMP	MATT	IND	1985
5942	STAINSBY	ROB	RIC	1965	3438	MARTIN	MICHAEL	LBZ	1965
5872	STANNARD	JOHN	RLS	1964	1552	POULTER	ED	FLA	1987
4970	STONEHOUSE	GRAHAM	RIC	1964	5094	RIPPINGTON	SAMANTHA	WOK	1984
3544	SURRAGE	PAUL	BSF	1955	1984	SHAW	EDWARD	FLA	1960
5360	TONNER	CHARLES	LIN	1956	5774	SOLLARS	MATT	IND	1998
5985	UNWIN	NIGEL	BOA	1964	3386	SUTTLE	LISA	CLM	1980
5999	VEALE	DEREK	KIR	1969	Canoe - Juniors				
5249	WARREN	IAN C	BAN	1968	Except for the National Championships, juniors race according to ability in classes Canoe A to D				
5807	WEBB	TIMOTHY AL	NOT	1968	5588	AVERY	LIAM	FLA	1993
5463	WEBSTER	PETER	LIN	1960	5130	CALVERT	CHRISTOP	FLA	1991
6008	WESTWOOD	MATTHEW	LBZ	1969	5702	CAWTHORN	TOM	WEY	1991
3022	WILLIAMS	ROGER	CHE	1960	5092	CAYFORD	ANTHONY	BSF	1991
2116	WRIGHT	ANT	BSF	1961	0790	CHAPMAN	CALLUM	BAN	1992
Canoe A					5587	CRITCHLEY	JOSH	FLA	1993
3295	LAWRENCE	MATTHEW	LBZ	1982	2576	DRESCH	ALEX	FLA	1991
5744	TODPOV	EMIL	EXE	1980	5916	GILES	LEWIS	FLA	
3287	TRAIN	JAMES	FLA	1986	5583	HEAD	LUKE	FLA	1994
Canoe B					5128	HORNE	ALISTAIR	FLA	1992
1185	CARPENTER	NEIL	EXE	1987	5067	HUNT	RYAN	RLS	1995
1549	CARTWRIGHT	COLIN	CHE	1978	5584	INGLES	HENRY	FLA	1995
3354	COX	ERIC	LIN	1937	5585	INGLES	SAM	FLA	1993
5062	DUCK	MATTHEW	RIC	1990	5791	OSBOURNE	LAURIE	FLA	1994
5752	HART	RODNEY	WOK	1969	5589	SHAW	SEB	FLA	1992
3917	HUNT	GARETH	FLA	1988	5129	SMITH	JAMES	FLA	1991
5777	JEFFRIES	RICHARD	IND	1987	5061	SMYTHE	JOSH	RIC	1990
5060	KILBY	EDDIE	RIC	1990					

SPRINT RANKINGS

Reg.no	Surname	Name	Club	DoB	Reg.no	Surname	Name	Club	DoB
Canoe - Juniors					4031	HUNTER	FIONA	NOR	1973
5131	SOUTHOM	CHRIS	FLA	1992	3270	HUNTER	REBECCA	ROY	1983
5582	STANNARD	ADAM	RLS	1992	3402	KELLY	NANETTE	RIC	1984
0128	TRAIN	MATTHEW	FLA	1992	0932	LAMPH	FAY	WEY	1988
6025	TRIN	JOJO	FLA	1993	1932	MARA	GILLIAN	NOT	1981
4750	WEIR	IAIN	BAN	1992	5841	MILLEST	SARAH	SOU	1988
4704	WEIR	ROGER	BAN	1991	3946	MORAN	CLAIRE	WOR	1987
5133	WOOD	PHILLIP	FLA	1992	4735	MORAN	LAURA	WOR	1987
5586	WORTHINGTON	ED	FLA	1994	0850	MYLETT	AMANDA	LIN	1953
5792	ZACH	BAILEY	FLA	1994	5103	LITTLEWOOD	JULIE	NOT	1968
Open Touring Canoe					2521	O-CALLAGHAN	MEGAN	ELM	1990
4327	COZENS	WILLIAM	CLM	1951	5184	PARKER	SOPHIE	CLM	1990
5157	DEACON	DAVE	ADS	1953	2136	PARSON	TINA	NOT	1963
5002	ROWLINSON	MICHAEL	BAN	1968	1126	PASCOE	RACHEL	TRU	1988
5045	STONE	KEITH	BAN	1956	5749	PATERSON	DEE	GAJ	1975
Womans A					3166	PURNEL	AMELIA	ROY	1989
5473	BRAND	MONIEK	ROY	1982	1599	SCHOFIELD	REBECCA	NOR	1981
0743	CAWTHORN	RACHEL	WEY	1988	3658	SILLITOE	AMANDA	LBZ	1965
3194	COULSON	ABIGAIL	RDG	1981	3676	SWALLOW	VICTORIA	CHE	1986
2326	HEMMINGS	ANNA	ELM	1976	3178	TAYLOR	NICKY	ELM	1982
3876	MASON	HAYLEIGH	NOT	1986	Womens D				
4899	SAWERS	LOUISA	ELM	1988	5081	ANDERSON	DEBBIE	BAN	
2555	WAINWRIGHT	LUCY	NOT	1978	5701	AULD	ALISON	WEY	1987
0801	WALKER	JESSICA	ROY	1990	5624	BARNES	CAROLINE	SOU	1964
Womens B					0883	BATTISON	GAIL	RDG	1966
3080	BAPTY	SONJA	ACU	1976	5141	BENNETT	NATALIE	CHE	1990
3233	BATES	JOANNE	ELM	1981	4718	BIDLE	GILLIAN	NOR	1975
1973	BEARDSSELL	LENA	ROY	1989	5368	BIRBECK	KATHERINE	NOT	1985
4101	BRAITHWAITE	SHUNA	NOT	1986	1647	BLAKEBOROUGH	ADELE	CHE	1972
2684	BROWN	HANNAH	BOA	1990	5166	BOWDITCH	AMY	EAL	1989
3937	BROWN	LEANNE	BAD	1988	5501	BREMNER	LAURA	CDP	1989
1882	CHURCHILL	OLIVIA	ROY	1989	2919	BROWN	SUE	LBZ	1971
5242	EDMONDS	ABIGAIL	WEY	1990	2919	BROWN	SUE	LBZ	1971
3777	EGAN	JENNY	SLP	1987	1719	BURBIDGE	ANTONIA	ROY	1987
2280	FOWLER	SUE	ACU	1930	0520	BURBIDGE	FRANCESC	ROY	1989
5652	HANNAH	ANGELA	IND	1986	5983	CATON	CATHERINE	BAN	1979
0484	HAWKIE	JENNA	EXE	1986	5095	CHAPMAN	MARGARET	KIR	1961
3771	HOLMES	ELIZABETH	CHE	1981	4542	CHILDERSTONE	AMANDA	WEY	1957
5650	HYSLOP	SANDRA	NOT	1990	5373	COLLIER	JENY	WOR	1990
2836	MCGEE	KELLY	BAD	1977	4058	COOPER	ANITA	RDG	1968
1844	SPENCER	CLAIRE	HER	1989	5019	COYNE	JANE	SLP	1990
3376	SPENCER	JENNY	HER	1983	5020	COYNE	SARAH	SLP	1990
5654	TOWERS	VICTORIA	IND	1987	0536	COX	CATHERINE	LIN	1962
0736	WISE	ANNA	ROY	1984	5086	CREAMER	CHARLOTT	LBZ	1992
Womans C					3565	DAVIES	BETHAN	WEY	1983
3328	BATES	ROS	ELM	1983	1618	DILAI	MAGGIE	RUN	1986
0058	BLACKWELL	HAYLEY	WOK	1987	5520	DOMAN	KIRSTY	CLM	1989
3766	CARPENTER	HOLLIE	EXE	1985	2569	DUFF	KERRY	NOR	1977
1531	COLLEY	SHARON	HER	1970	3809	DUNCAN	MELANIE	BSF	1987
3428	DAWSON	KIMBERLEY	CHE	1986	5703	ELLIS	KATIE	WEY	1988
2048	DOUGALL	EMMA	LBZ	1990	3534	ETHERIDGE	JOANNE	WEY	1985
0620	DRESCH	TRACY	FLA	1962	1209	EVERATT	SUE	FLA	1940
3877	FARISH	HARRIET	NOT	1986	5406	FOSTER	JO	RIC	1978
4825	GALLOWAY	ALISON	RDG	1988	1983	FRANKLIN	ELIZABETH	ANK	1958
3724	GILLBE	CELIA	WEY	1986	5941	GALUCKA	KLAUDIA	RIC	1979
3330	GILLBE	CLARE	WEY	1982	5455	GARSDIE	DEBBIE	LBZ	1963
3171	GUNNEY	CLAIRE	WEY	1982	2706	GOODLAD	BETHANY	LBZ	1988
5477	HAWKIE	HOLLY	TRU	1988	3307	GREENE	SARAH	BAD	1964
4478	HILDERLEY	ELEANOR	WEY	1989	3269	GRIFFIN	DONNA	NOT	1970

SPRINT RANKINGS

Reg.no	Surname	Name	Club	DoB	Reg.no	Surname	Name	Club	DoB
Womens D					4608	SCHEDITZKI	DORIS	FOX	1980
1694	GUY	CATHARINE	LBZ	1990	5465	SEALEY	ELIZABETH	RDG	1960
1032	HALL	MEGAN	BSF	1988	1046	SPENCER	BERYL	HER	1956
5188	HAMPTON	ANGLA	LEI	1963	5035	STADDON	CRESSIDA	ROY	1990
3140	HANNON	SARAH	WEY	1978	5018	SWEENEY	MARIANA	SLP	1990
5476	HARRIS	EMILY	TRU	1990	5001	TASKER	ROSIE	BAN	1990
2545	HAWTHORN	SUSAN	WOR	1963	3975	THOMAS	HILARY	BAN	1958
0566	HICKS	JULIE	NOR	1962	1212	THURLEY	PHILLIPPA	EXE	1989
4911	HIGGS	MICHELLE	NOT	1968	5479	TONNER	JANE	LIN	1961
5034	HOFFMAN	GEORGINA	ROY	1990	0717	TRAIN	KATIE	FLA	1989
5861	HOLDWAY	RUTH	TRE	1980	5193	TRICKETT-BORN	ANDREA	FOX	1970
0176	HOOTON	EMMA	ANK	1990	5924	VON-MALTZAHN	ROBYN	RIC	1981
5195	HOUNSELL	KIRSTY	WOK	1989	4867	WADSWORTH	REBECCA	ROY	1990
5274	HOWELL	CATHERINE	NOT	1974	3296	WETHERALL	KIMBERLEY	RIC	1984
1528	HUISMAN	MARTINE	SOU	1966	2777	WHEELER	ROSEMARY	FOX	1973
5467	HUNT	JULIE	RLS	1964	3939	WHITEHEAD	KATIE	MAI	1990
5690	HUSSEY	MANDY	LBZ	1971	5039	WOOD	JULIE DAW	BAN	1963
0237	ILLIDGE	JOANNE	RUN	1989	0077	WOOD	KATIE	BAN	1989
6005	JACKSON	CAROLINE	MAI		Boys A				
5665	JENNINGS	REBECCA	RDG	1954	5972	AMBROZIAK	DENIS	ANK	1991
5951	JOHNSTON	JEMIMA	RIC	1971	2605	CHILDERSTONE	MARK	WEY	1991
5201	JORDAN	TINA	MAI	1961	0322	CONNELLY	MICHAEL	SOA	1991
5233	JUDGE	ALEXANDRA	BSF	1984	2426	DIXON	STEPHEN	ROY	1992
5422	KING	KRIS	RDG	1963	5271	FOSTER	ALEX	ROY	1992
5454	LARSON	JOSE	LBZ	1957	5494	GAUL	KRYSTIAN	ANK	1992
5168	LINNELL	LOUISE	MAI	1988	2090	GIBSON	OLIVER	ROY	1991
4559	LO	HELEN	SOU	1973	4002	HAMPTON	MARK	LEI	1991
4805	MCDONALD	RUTH	RUN	1982	5354	LAMBERT	MICHAEL	WEY	1991
5873	MCLEAN	ANNA-MARIE	BAN	1964	5079	MAINPRIZE	THOMAS	RDG	1991
5464	MAINPRIZE	SARAH	RDG		4301	MITCHELL	F	CEL	
5818	MARFFY	ROXANE	RIC	1959	4717	SEALEY	JACK	RDG	1992
0781	MARTIN	KARI	LBZ	1974	5524	SIMON	MARTON	ELM	1994
1802	MATTHEWS	DEBBIE	LBZ	1969	5387	THOMAS	JACOB	ELM	1994
5756	MAUNDER	ANTONIA	WOR	1984	0921	TYE	JONNY	WOR	1993
5755	MAUNDER	JULIA	WOR	1982	5174	WEBSTER	JAMES	BOA	1993
3005	MEIKLE	ISOBEL	FLA	1958	2999	WELCH	MATTHEW	WEY	1991
5098	MOESSNER	SUSANNE	IND	1976	5029	WILKES	MARK	CLM	1992
4265	MONK	HANNAH	WEY	1984	2270	WILKES	PETER	CLM	1992
0878	MORAN	JAYNE	WOR	1959	4097	WILLIS	SAMUEL	SOU	1991
5554	MORRIS	RACHEAL	TRU	1990	Boys B				
5602	MURNAGHAN	LIZ	BAS	1986	5065	BOWLEY	MATTHEW	BUR	1994
1300	MURPHY	HEATHER	BAN	1986	5016	BRENNAN	TOM	SLP	1992
5046	MURPHY	MELANIE	BAN	1962	5091	BRETT	TONY	BSF	1991
5109	MURPHY	RACHEL	BAN	1990	5338	CARSON	ANDREW	ELM	1991
0359	NADAL	KATHY	NOT	1954	4113	CLIVE	MARK	GAI	1993
5155	NEWMAN	LISA	ADS	1989	5276	COLYER	BEN	RDG	1993
5367	NASCIMENTO	ELIETE	RIC	1966	5275	COLYER	DANIEL	RDG	1991
2827	NEALE	LOUISE	TON	1970	5257	CREAMER	ROBERT	LBZ	1992
5779	O-DONOGHUE-HA	KAREN	CDF	1968	5154	DEACON	TOM	ADS	1993
5474	O LEARY	NATASHA	CDF	1989	5450	DRISCOLL	SAMUEL	WEY	1991
5192	PAULINI	EVA	FOX	1974	4295	DUFFIELD	MAX	CLM	1991
1256	PEDLAR	KATE	WOR	1978	5025	FITZSIMONS	MICHAEL	CEL	1993
3672	PENDLE	ALI	NOR	1961	5596	FLETCHER	LEWIS	LGW	1993
0102	PHIPPS	TAMSIN	RDG	1962	5258	GODLEMAN	TOM	SOA	1991
5408	PIKE	SARAH	LIN	1972	1643	HICKS	ALBERT	NOR	1994
5569	POPLE	CLAIRE	RIC	1980	5251	JOY	ALEX	SOA	1991
5806	QUITTENTON	DEBORAH	LIN	1969	0487	LEITCH	JAMES	LBZ	1991
1103	REESE	HEYLEY	HER	1989	5555	LOVEDAY	ALEX	ELM	1994
5398	RIPPINGTON	ELIZABETH	WOK	1955	0858	LUNN	MATTHEW	SOA	1991

SPRINT RANKINGS

Reg.no	Surname	Name	Club	DoB	Reg.no	Surname	Name	Club	DoB
Boys B					Boys D				
5489	MCCARTHY	SEAN	SLP	1994	5957	BOWERS	MARC	TRE	1992
5273	MCLEAN	MATTHEW	BAN	1992	5427	BOYT	JAMIE	WOK	1995
5013	MURPHY	JOE	SLP	1992	5502	BREMNER	CHAD	CDF	1994
5070	REIF	FRED	CKP	1991	5441	BRERETON	ANGUS	RIC	1996
5534	RIX	OLIVER	NOR	1993	5440	BRERETON	CIARAN	RIC	1994
5506	ROBINSON	MATHEW	CDF	1993	5837	BURDETT	SAM	MAI	1996
5839	SNEDDON	THOMAS	LGW	1991	5977	BUTLER	MATT	RDG	
5350	STANDEVEN	GUY	ROY	1994	5011	BYRNE	PHILLIP	SLP	1992
2123	STONE	JULIAN	BAN	1991	5936	CADUX-HUDSON	LORENZO	WEY	1992
5795	SWEENEY	ADAM	SLP	1992	5720	CARTER	BEN	RIC	1994
4954	WALKINSHAW	RYAN	BSF	1992	5599	CAWSTON	HARRY	CLM	1996
4827	WELCH	CHARLIE	WEY	1994	5365	CHAPMAN	COLIN	KIR	1995
Boys C					5836	CHIDWICK	JOSH	MAI	1996
1612	BANKS	LIAM	SLP	1992	5825	CHIMIEL	TADEK	NOT	1996
5200	BANNISTER	PETER	MAI	1994	0325	CLARK	MATTHEW	ROY	1993
3464	BEYER	JAMES	WEY	1991	5632	CONNELL	MATT	ELM	1995
5832	BLACKMAN	FRASER	ROY	1994	5640	COOMBES-DAVIS	TALISIN	CDF	1993
5793	BURKE	MATTHEW	SLP	1993	5253	COYNE	HARRY	SLP	1993
5757	CATCHLOVE	MATHEW	MAI	1992	5715	DABORN	THOMAS	RIC	1994
5234	CAVE	ROBERT	WOR	1993	5986	DOBSON	EDWARD	BOA	1992
1355	CHILDERSTONE	JACK	WEY	1996	5721	DONOVAN	LUKE	RIC	1995
5809	DYER	JASON	BAS	1994	5185	DUFFIELD	LEWIS	CLM	1995
5801	EASSON	EUAN	LGW	1993	5853	ECCLES	JORDI	ANK	1996
5578	ESCOTT	JAMES	BOA	1993	5714	EHLEN	JOHANNES	RIC	1991
5268	FITZPATRICK	JOE	BSF	1993	6010	ELLIOTT	AIMEE	LBZ	1995
4430	GARSIDE	NATHAN	LBZ	1993	5802	ESCOTT	LUKE	BOA	1995
5576	HENMAN	JOSH	RIC	1994	5579	ESCOTT	TIMOTHY	BOA	1996
2324	JEFFERIES	ROBERT	PEN	1993	5512	EVANS	OWAIN	CDF	1992
5199	KINGSTON	TOM	MAI	1994	5637	EVANS	OWEN	CDF	1991
5759	KIRKWOOD	AUGUS	CLM	1992	5347	EWINGTON	JOE	LBZ	1996
5663	KIRSCHSTEIN	NICO	RDG	1993	5854	FAIRLEY	JAKE	RLS	1995
1931	LAMPH	MARK	WEY	1991	5024	FEELEY	LORCAN	SLP	1992
5401	LINNELL	WILLIAM	NOR	1992	5914	FIGLAK	MATEUSZ	HER	1995
5700	LIPSCOMBE	RICHARD	WEY	1991	5915	FIGLAK	MICHAEL	HER	1996
5856	LYNCH	TOM	WOR		5287	FINNIS	BEN	ROY	1994
5876	MAHMOUD	ADAM	RIC	1994	5288	FINNIS	JOE	ROY	1994
3266	MATTERSON	MATTHEW	LBZ	1991	5987	FLACK	MICHAEL	BOA	1994
0021	MITCHELL	D	CEL		5549	FOLEY	DANIEL	LBZ	1995
5302	MULLER	TIM	CKP	1991	5754	FOSTER	JOSEPH	WOK	1995
1855	MURPHY	ADAM	LBZ	1991	5996	FREEBOBY	SEBASTIAN	WEY	1991
5984	OLIVER	FREDDIE	BAS	1992	5997	FREEBOBY	CALVIN	WEY	1993
1082	OSBORNE	DANIEL	LBZ	1992	5922	FREEMAN	AARON	BAD	1993
5761	POTTERTON	ANDREW	RDG	1994	5934	GILL	OLIVER	WEY	1991
5324	PURCELL	FREDDIE	RIC	1993	5022	GLEESON	THOMAS	SLP	1992
5708	REDMOND	SEAN	LGW	1995	5620	GOULD	SAM	SOU	1994
4628	SOKOLOV	ALEXANDER	WEY	1993	5428	GRANGE	SAM	WOK	1992
5189	STANNARD	JAMIE	RLS	1995	3986	HALL	DAVID	WOK	1995
5664	WISE	EWAN	RDG	1991	2825	HAWS	EDMUND	WEY	1996
Boys D					5541	HAYES	MARVIN	CHE	1993
5239	ADAIR	DANIEL	WOR	1995	5978	HELLAWELL	HENNY	RDG	
2594	BAKER	ALEC	BOA	1993	5475	HILL	TRISTAN	CLM	1991
5867	BARNICOAT	GEORGE	CKP	1994	5927	HODGSON	OSCAR	WEY	1994
5371	BEARDSSELL	JONOTHAN	CKP	1996	5722	HOLT	SAM	RIC	1993
5933	BEEVERS	JOE	WEY	1993	5389	ILLINESI	PAUL	ELM	1995
1259	BENNETT	GARY	WOK	1993	5383	IRVING	EVIC	POO	1996
5719	BERCHTOLD	GREGOR	RIC	1996	6007	JACKSON	STEVEN	MAI	
5718	BERCHTOLD	ROBERT	RIC	1993	4407	JEFFERIES	MATTHEW	PEN	1995
5238	BIRD	WILLIAM	WOR	1993	5381	JENKINS	JACK	POO	1995

SPRINT RANKINGS

Reg.no	Surname	Name	Club	DoB	Reg.no	Surname	Name	Club	DoB
Boys D					6019	TYSOE	DAVID	WOR	1993
5335	JOHN	DOMINIC	CKP	1991	6001	VEALE	STEPHEN	KIR	1996
5948	JOHNSON	DANIEL	CLM	1994	5369	WALKINTON	JAMES	CLM	1994
5713	KAKOULLIS	ADONIS	RIC	1991	5175	WEBSTER	STEVEN	BOA	1995
5572	KEY	WILLIAM	RIC	1995	5694	WILLIAMS	BARRY	FOX	
5325	KILLIP	BEN	RIC	1995	5146	WILLIS	LOUIE	SOU	1995
5326	KILLIP	JACK	RIC	1994	5883	WOOLDRIDGE	DOMINIC	ELM	1994
5910	KIRSCHSTEIN	SAM	RDG	1996	Girls A				
5716	KYLE	DANIEL	RIC	1994	5270	AYRES	PHOEBE	WEY	1991
5723	LAWES	HENRY	RIC	1995	1235	CHURNSIDE	AMELIA	RDG	1991
5600	LEIGH	KIERAN	CLM	1996	4387	COLLINS	JESSICA	RDG	1991
5877	LIPSCOMBE	LUKE	WEY	1996	5342	CROUCHER	VICTORIA	WEY	1993
5724	MACGREGOR	MAX	RIC	1996	2834	KING	AMORET	RDG	1991
5277	MAINPRIZE	MATTHEW	RDG	1994	3119	MIDDLEHURST	MARIA	ADS	1991
5345	MATTERSON	HARRY	LBZ	1995	5088	TROTTER	KATHERINE	ELM	1993
5172	MCDONNELL	ANDREW	NOR	1998	2901	WILLIAMS	KATIE	ELM	1992
6003	MCVAY	MATTHEW	KIR	1996	Girls B				
5642	MEDLICOTT	SIMON	WEY	1994	1784	BEER	SARAH	ROY	1992
5375	METCALF	CORY	RUN	1995	5028	BYARD	REBECCA	LBZ	1991
5765	MILLAR	RICHARD	NOT	1994	4222	CHILDERSTONE	HAZEL	WEY	1993
5672	MISSEN	JAMES	BOA	1996	1428	CHURNSIDE	CHARLOTT	RDG	1993
5521	MITCHELL	DANIEL	CLM	1994	5386	DE FERRER	MARTHE	ELM	1994
5412	MURPHY	PADRAIG	BAN	1994	1276	FERGUSON	LAURA	BAN	1992
5928	NG	TOM	WEY	1996	5481	HANLON	MIRIAM	ELM	1993
5560	NOBBS	ASHBEY	NOR	1996	4080	HAWS	ALICE	WEY	1993
5346	OSBORNE	JACK	LBZ	1994	0264	HAWTHORN	EMMA	WOR	1993
5537	PALFREY	JONATHAN	BAN	1995	1436	HOLMES	STEPHANIE	WOR	1992
5309	PATTERSON	NEIL	FOR	1993	4128	HUSSEY	LAURA	LBZ	1992
5510	PHINNEMORE	KELAND	CDF	1997	1737	ILLIDGE	JENNY	RUN	1992
5531	PLUMMER	SAM	LBZ	1995	5266	KIDMOSE	AMALIE	DAN	
5570	PURNELL	JEREMY	RIC	1992	5160	LEWIS	EMILY	WOR	1993
5804	QUITTENTON	EDWARD	LIN	1994	1263	OXTOBY	LYDIA	LBZ	1992
4560	REEVES	ALEX	ADS	1993	1668	REES	ABIGAIL	ROY	1992
4937	RENWICK	WILLIAM	PEN	1999	3783	ROONEY	SOPHIE	BAN	1992
5695	RICHARDS	DANIEL	FOX	1994	1468	ROWLANDS	CAROLINE	CHE	1991
5838	RICHARDS	WILLIAM	MAI	1994	5396	SHIEL	ALANA	ELM	1993
5693	ROBERTS	GEORGE	LBZ	1996	5106	SIMMONS	HANNAH	BOA	1993
5358	ROBINSON	ALASTAIR	LBZ	1994	5523	SIMON	REBEKA	ELM	1996
5717	ROMAIN	NICHOLAS	RIC	1995	5471	SMITH	ISOBEL	BAS	1994
5635	ROSEWELL	LEWIS	CDF	1991	5470	SMITH	NAOMI	BAS	1994
5513	ROSEWELL	LEWIS	CDF	1991	5244	STEVENS	BETHAN	WEY	1991
5930	RUSSELL	JOHN	WEY	1993	0298	SWALLOW	JENNY	CHE	1991
5988	RUTTER	JACOB	BOA	1995	5285	THOMAS	CHARLOTT	WEY	1991
5514	SANDER	THOMAS	CDF	1992	5390	WARD	AMY	ELM	1995
5397	SHIEL	THOMAS	ELM	1995	0165	WISE	ISOBEL	RDG	1992
5813	SIMPSON	JONATHAN	PEN	1995	Girls C				
5670	SLADE	MATTHEW	CLM	1992	2808	STYAN	KATHRYN	FLA	1991
5410	STANWAY	THOMAS	CLM	1995	5162	ANDREWS	ELEANOR	WOR	1993
5968	STRONG	SAM	NOR	1994	5293	BEER	EMMA	ROY	1995
5684	SUNDERLAND	CARL	TRE	1993	4061	BODIMEADE	IMOGEN	ROY	1992
5810	TAYLOR	JAMES	BAS	1994	5766	BOLD	LEANNA	NOT	1994
5348	TAYLOR	LOUIS	CKP	1994	5337	CARSON	EMMA	ELM	1994
5619	TAYLOR	MAX	SOU	1994	2585	COLLINS	IMOGEN	RDG	1993
5388	THOMAS	ALEXANDER	ELM	1995	5546	ELLIS	CHARLOTT	LBZ	1994
5821	THOMPSON	EVAN	CHE	1996	5289	FARRINGTON	GRACE	ROY	1995
5844	THOMPSON	JOE	LBZ	1996	1567	FARRINGTON	ROSIE	ROY	1992
5979	TOD	MAX	RDG		0534	FLEMING	AINE	CEL	1991
5929	TOZER	TOM	WEY	1995	5645	GREEHY	LUCY	FOX	1994
5533	TRUESDALE	MICHAEL	BAS	1994	5362	HENDERSON	PAULA	KIR	1994

SPRINT RANKINGS

Reg.no	Surname	Name	Club	DoB	Reg.no	Surname	Name	Club	DoB
Girls C					5735	HOLT	EMILY	RIC	1996
2765	ILLINESI	EMILY	ELM	1993	5163	HOPPER	CONNIE	WOR	1993
1939	ILLINESI	JENNY	ELM	1992	5976	JAYNE-COUPÉ	FLORA	RDG	
2636	JACOBS	KATE	ADS	1993	5975	JAYNE-COUPÉ	KATE	RDG	
5662	LAKE	HANNAH	NOR	1994	5993	JONES	BRYONY	HER	1995
5052	MURPHY	ALICE	BAN	1992	5907	KABEER	SARA	WOK	1996
5786	PINNOCK	RACHAEL	BSF	1993	5824	KAY	OLIVIA	NOT	1996
4489	REES	SUSANNAH	ROY	1993	5491	KELLY	LUCY	CHE	1995
5517	RUFF	GEMMA	ROY	1994	6011	LAY	CHARLOTT	LBZ	1995
5048	SEIKA	REBECCA	BAN	1994	5170	LINNELL	EMILY	NOR	1991
5594	SMITH	RHONWEN	LGW	1995	5747	LIPSCOMBE	REBECCA	WEY	1994
5124	SYKES	JENNY	ANK	1992	5727	LONG	LUCY	RIC	1994
2994	THOMAS	GEORGIA	BSF	1991	2286	MARNELL	KATIE	RUN	1995
5272	WADSWORTH	BETHANY	ROY	1993	1205	MARNELL	LAUREN	RUN	1992
5042	WOOD	MEGAN	BAN	1992	5468	MCLEAN	NATASHA	BAN	1995
Girls D					5622	MEDLAND	CHLOE	SOU	1991
6012	ADAMS	MARTHA	LBZ	1993	5674	MEREDITH	RACHEL	BOA	1991
2655	ADDY	KERRIE	PEN	1994	5673	MISSEN	HANNAH	BOA	1992
5516	ADLER	JANA	ROY	1992	5532	NASH	EMMA	ADS	1994
5527	ASHLEY	KATE	CHE	1992	1830	NASH	SARAH	NOT	1991
5525	ASHLEY	LUCY	CHE	1994	5736	NAYLOR	PENNY	RIC	1994
5198	BAKER	ALICE	WOK	1992	1854	OLLERENSHAW	ABIGAIL	PEN	1993
5452	BONHAM	ANNABELLE	WEY	1992	5159	ORME	HANNAH	WOR	1992
5361	BRADBEER	KARA	KIR	1995	5323	ORME	STEPHANIE	WOR	1995
5503	BREMNER	LISA	CDP	1992	5974	OWEN	AMBER	RDG	
0680	BROOKES	CHELSEA	RUN	1996	4983	OWEN	BETHAN	ADS	1996
5677	BULTER	ROSIE	FOX	1992	5679	OWEN	SAMANTHA	TRE	1994
4549	BURBRIDGE	ELEANOR	ROY	1993	5370	PARKER	LOUISE	CLM	1993
5207	BURGESS	LUCY	CHE	1994	5725	PHELAN	OLIVIA	RIC	1991
5310	BURGESS	POOY	CHE		5197	PRICE	ANNALISE	WOK	1995
5425	BURNESS	SARAH	WOK	1992	5149	RANCE	MARY	SOU	1994
5511	BYLES	AMI	CDP	1991	5150	RANCE	MICHELLE	SOU	1995
5687	CAMPBELL	JESSICA	LBZ	1996	5281	RICKETTS	EMMA	ANK	1996
5598	CAWSTON	MILLIE	CLM	1994	5561	RIX	AMELIA	NOR	1995
5246	COBB	ALICE	NOT	1995	0419	ROBINSON	AMY	RUN	1992
5920	COLSTON	JESSICA	CHE	1996	5357	ROBINSON	BETH	LBZ	1997
5074	COXON	LIZZIE	NOT	1992	5726	ROMAIN	EMILY	RIC	1994
5843	CROCKER	HAYLEY	LBZ	1993	5644	ROSE	ELEANOR	FOX	1994
5548	CURTIS	JENNIFER	LBZ	1996	5478	ROWE	SARA	TRU	1991
5728	DABORN	GEORGINA	RIC	1992	5351	SEALEY	HANNAH	RDG	1994
5696	DAW	CATHERINE	FOX	1994	2031	SETH-KAPOOR	SHOBHANA	NOT	1991
5426	DUGGAN	FRANKIE	WOK	1993	0433	SILLITOE	CHLOE	LBZ	1993
5730	DUNCAN	JENNY	RIC	1994	5923	STATKUTE	JOVITA	BAD	1992
5732	DUNN	ELLIS	RIC	1993	5040	STONE	KATHRYN	BAN	1995
5565	DUNSTER	ROSE	RIC	1994	5280	SYKES	KATHERINE	ANK	1993
5380	DYTHAM	AMY	POO	1995	5731	TAYLOR	FLORENCE	RIC	1993
5526	EDWARDS	CHARLOTTE	CHE	1996	6020	TAYLOR	HELEN	RIC	1993
5729	EHLEN	KATYA	RIC	1994	5626	TAYLOR	POPPY	SOU	1996
5344	EWINGTON	EMMELINE	LBZ	1995	5849	TERRY	STACEY	NOR	1994
5689	FOLEY	KERRY	LBZ	1996	5424	THOMPSON	NATASHA	WOK	
5322	GREER	REBECCA	WOR	1993	5299	TONNER	EMMA	LIN	1995
5947	HARVEY	ALEX	CLM	1993	5647	VENNEMA OSBORN	JANNETTE	ROY	1996
5734	HATHAWAY-MARSH	GRACE	RIC	1996	5646	VENNEMA OSBORN	LOTTIE	ROY	1994
5540	HAYES	MARSHA	CHE	1995	5296	VORLEY	REBECCA	ROY	1994
1988	HEALY	ALISA	PEN	1993	3081	WALKER	BETHANY	NOT	1991
5349	HEDGES-GOWER	TARA	CKP	1993	5181	WALKINTON	HOLLY	CLM	1993
5059	HICKS	HARRIETTE	NOR	1996	5341	WALTERS	SARAH	BUR	1994
5850	HODGKINS	BETH	ANK	1996	5049	WARREN	REBECCA	BAN	1995
5419	HOLLAND	ELINOR	CHE	1995	5518	WIBREW	EMILY	MAI	1992

SPRINT RANKINGS

Reg.no Surname Girls D

5063 WIGNALL
5295 WILLIAMS
5671 WYATT

Paddleability

5699 BAGSHAW
2176 BAINES
3319 BROOME
0572 BROWN
1026 BULL
0587 CARTER
2712 CHIDO
5010 FENWICK
5102 GARDENER
5009 GARDNER
5913 HARLEY
4439 HASSELL
0018 HEWITT
5912 HOWARD
5631 JACKSON
0251 LAZAR
5954 LITTLER
4008 MITCHELL
2608 NEVILL
3831 OLDHAM
5782 OWEN
5955 ROBERTS
5301 SMITH
4313 STEPHEN
4278 TAYLOR
3774 TAYLOR
1799 TINKER
2215 VALLELY
3845 WEIR
5649 WILSON
5492 WRIGLEY
5552 WRINGLEY
1460 YOUNG
0996 YULE

Name	Club	DoB
AMY	RUN	1996
NICOLE	ROY	1995
ZOWIE HEAT	CLM	1991
HANNAH	NWK	1998
MATTHEW	NWK	1992
JONATHON	NWK	1976
TRACEY	PEN	1977
ALISON	PEN	1975
STUART	NED	1953
CHRISTOPHE	PEN	1990
DEAN	PEN	1987
EDWARD	NEC	1951
LUCY	PEN	1978
NEIL	SOU	1982
KARL	NWK	1996
MATTHEW	NWK	1979
PHILIP	SOU	1952
THOMAS	NWK	
ALAN	PEN	1975
JOSHUA	TRE	1992
IAN	PEN	1977
DAVID	PEN	1971
JAMES	NWK	1985
KIERAN	NWK	1996
ZACHERY	TRE	1991
KATIE	SGB	1981
JAMES	PEN	1968
MAGGIE	MAI	1961
RICHARD	PEN	1973
JOHN	PEN	1955
STUART	NED	1960
FRANCES	BAN	1987
STACY	PEN	1988
BEVERLEY	PEN	1966
B	PEN	
JASON	PEN	1974
LAUREN	PEN	1991

Reg.no Surname Special Olympic Men

5483 ALEXANDER
4649 BROWN
5316 MARSH
1328 MILLS
5318 MORRAN
5484 PAWLOWSKI
4438 RICHARDSON
5315 SMITH
5482 SWAINTON
5314 WILLIAMS
5485 WILSON
3384 WOOD
3686 YOST

Special Olympic Women

5317 JELLY
0490 OSMOND
5312 RUSS
5313 SMITH

Special Olympic Juniors

5840 BENTLEY
5658 SHAW

Name Club DoB

IAN	TRE	1987
WILLIAM	SGB	1974
DANIEL	TRE	1983
CHRISTOPH	SGB	1977
FRANCIS	SGB	1963
JO	TRE	1985
BRENDON	NWK	1981
JONATHON	SGB	1973
MARTIN	TRE	1986
ANDREW	SGB	1972
CARL	TRE	1987
RICHARD	SGB	1982
KEVIN	SGB	1968
STELLA	SGB	1994
HEATHER	SGB	1984
JADE	TRE	1984
KATHRYN	SGB	1981
CAMERON	TRE	1996
A	TRE	

4AS



**FOUR AS
CANOE**

ACU



ARMY

ADL



ADLINGTON

ADS



ADDLESTONE

ANK



**ANKER
VALLEY**

BAD



**BARKING &
DAGENHAM**

BAN



**BANBURY &
DISTRICT**

BAS



BASINGSTOKE

BED



**BEDFORD
SCHOOL**

BEJ



**BOURNE END
JUNIORS**

BKW



**BLACKWATER
VALLEY**

BLN



**BLUNDELL
SCHOOL**

BOA



**BRADFORD-
ON-AVON**

BRI



BRISTOL

BRY



**BRYANSTON
SCHOOL**

BSF



**BISHOP'S
STORTFORD**

BTH



BATH

BUR



BURTON

CAM



CAMBRIDGE

CDF



CARDIFF

CEL



CELBRIDGE

CHE



CHESTER

CKP



COKETHORPE

CLM



CHELMSFORD

CLM



**CHELMSFORD
(MARATHON)**

DCP



DYFFRYN CONWY

EAL



EALING

ELM



ELMBRIDGE

EXE



EXETER

FLA



FLADBURY

FOX



FALCON

FOY



FOWEY RIVER

GAI



GAILEY

GRI



GRIFFON

HAS



HASTINGS

HEM



**HEMEL
HEMPSTEAD**

HER



HEREFORD

HUN



HUNTINGDON

KEN



KENDAL

KIM



**KIMBOLTON
SCHOOL**

KIR



KIRKALDY

LBZ



**LEIGHTON
BUZZARD**

LEA



LEASIDE

LEI



LEICESTER

LGW



LINLITHGOW

LIN



LINCOLN

LON



LONGRIDGE

MAD



MACCLESFIELD

MAI



MAIDSTONE

MAN



MANCHESTER

MDN



MERIDIAN

MLO



MARLOW

NBY



NEWBURY

NOR



NORWICH

NOT



NOTTINGHAM

PAN



PANGBOURNE

PEN



PENNINE

PLY



PLYMOUTH

RAF



**ROYAL AIR
FORCE**

RDG



READING

RIC



RICHMOND

RLS



**ROYAL
LEAMINGTON
SPA**

RNK



ROYAL NAVY

ROY



ROYAL

RUN



RUNCORN

SDS



**SCOTTISH
DEVELOPMENT**

SHO



SHOREHAM

SLP



SALMON LEAP

SOA



SOAR VALLEY

SOL



SOLIHULL

SOU



**SOUTHAMPTON
CANOE**

STR



**STIRLING
KAYAK**

TON



TONBRIDGE

TRU



TRURO

VIK



VIKING

WCR



WINCHESTER

WEY



WEY

WIN



WINDSOR

WOK



WOKINGHAM

WOR



WORCESTER

The British National Open Marathon Racing

Individual and Team Championships

2009



Saturday 29 to Sunday 30 August

Longridge Canoe Club on the River Thames

Entry packs and further details available from www.longridgecanoeclub.org



MARATHON RANKINGS

RACE RECORDS REPORT 2008/9

The Marathon register currently lists 3165 paddlers. The accuracy of the list can only be maintained with good levels of communication. In that regard I would ask that you notify me, through your team leaders, of any errors that may have been overlooked in the recent housekeeping exercise.

The first year of maintaining the records has been relatively straight forward, with the accuracy of results being to a high standard in the majority of cases and therefore quick to process with the efficiency of the HRM programme.

Results that are sent through promptly can usually be processed and updated on-line (BCU list) by the Wednesday following the race. Race organisers should keep this in mind when timing the download of the BCU list prior to their event.

As mentioned in last year's Racing Handbook, K1 promotions are effective immediately; these do not need to be confirmed. Any K2 promotions or additional promotions that are notified to me by the Rankings Officer, Roland Lawler, are communicated to team leaders as soon as possible and the BCU list updated accordingly.

Rosemary Illinesi
Race Records Officer
January 2009

MARATHON RANKINGS

Div.	Surname	First name	Club	Age	BCU No.	Div.	Surname	First name	Club	Age	BCU No.
1	BAKER	STEVE	ELM	V	71179/F	2	ENOCH	PAUL	NOT	V	7917/F
1	BEAZLEY	DANIEL	LEA	V	39378/F	2	FIELDUS	ROY	WEY	V	111208/F
1	BEER	ROBERT	ELM	S	117855/Y	2	FOLLAND	JOHN	SOA	S	109553/F
1	BOYTON	JONATHON	ROY	S	120380/Y	2	FORBES	RICHARD	SOL	S	50323/F
1	BRABANTS	TIM	NOT	S	37973/F	2	FOULGER	MATTHEW	NOT	S	WCA 1125
1	BROWN	BEN	ELM	S	96913/F	2	FREEMAN	SAM	EXE	S	126311/Y
1	BULLOCK	RICHARD	EXE	S	30594/F	2	GALLIMORE	DAVID	NOR	V	73684/F
1	CALLEBAUT	JULIAN	RIC	S	DT	2	GOLDER	DANIEL	BAN	S	44466/F
1	COX	EDWARD	WEY	S	69175/Y	2	GOLDER	RICHARD	BUR	S	44374/F
1	DANIELS	ANDREW	RDG	S	96745/C	2	GOODALL	MICHAEL	ACU	S	ACU/005
1	DANIELS	TOM	RDG	S	96747/C	2	GREENHAM	BRIAN	RDG	V	50852/F
1	DUFF	DAVID	NOR	V	23542/F	2	HARRIS	STEVE	ELM	S	39331/F
1	ENOCH	MATTHEW	NOT	S	35512/F	2	HAYNES	BEN	LBZ	S	115345/Y
1	FARRELL	BEN	ELM	S	97180/C	2	HENDRON	HENRY	RIC	S	113134/S
1	FENNEMORE	SIMON	WEY	S	97743/F	2	HENDRON	RICHARD	RIC	S	73633/F
1	HASTINGS	STUART	???	S	111917/Y	2	HIDE	MATT	ADS	S	114364/Y
1	JOHNSON	NATHAN	ELM	S	55922/F	2	HIDE	TOM	ADS	S	117072/Y
1	LAWLER	IVAN	ELM	V	7701/F	2	IRVINE	BRETT	RIC	S	8046
1	MAYCOCK	ANDY	EXE	V	ICU 2914	2	JORDAN	AARON	MAI	S	109858/Y
1	MOULE	KEITH	CLM	S	80147/F	2	KENT	RICHARD	SOU	V	16495/F
1	NORENBERG	JACOB	IND	S	DT	2	KING	ROBERT	HER	S	71202/F
1	PEAKE	OWEN	RDG	S	97125/F	2	LAMBERT	MICHAEL	WEY	J	208203/Y
1	PENDLE	TIM	NOR	S	105284/C	2	LANNIGHAN	PAUL	FOX	V	22649
1	QUANE	MICHAEL	ELM	S	29488/F	2	LAWRENSON	TIM	BUR	S	95955/Y
1	RUTHERFORD	EDWARD	ELM	S	115494/Y	2	LORENZI	MARC	ELM	S	111218/F
1	SABBERTON	ROSS	ROY	S	58021/F	2	MAINPRIZE	TOM	RDG	J	129287/Y
1	SAWERS	JOHN	ELM	S	76015/Y	2	MARNELL	STEPHEN	RUN	V	8216/F
1	SCHOFIELD	JOHN	SOA	S	71199/F	2	MARTIN	MIKE	LBZ	V	84125/F
1	SIMMONS	JONATHAN	WEY	S	84393/Y	2	MAYCOCK	PETER	EXE	V	126544/F
1	STEAD	BRENDAN	RIC	S	224423	2	MAYERS	JAMES	RUN	S	32720/F
1	STREVS	ADAM	CAM	S	DT	2	MEYER	RICHARD	NOT	S	44429/F
1	TERRY	DEAN	WEY	J	112127/Y	2	MISSEN	STAN	BOA	V	7909/F
1	TORDOFF	IAN	CHE	V	SCA 6388	2	NEALE	CLIVE	TON	V	4903/F
1	WEST	STUART	WOR	V	106967/F	2	O'REGAN	GRAHAM	ROY	S	221174
1	WILLIAMS	ROBIN	WEY	V	6297/F	2	PARFITT	BEN	ELM	S	118606/Y
1	WYCHERLEY	PAUL	WEY	S	82383/Y	2	PARKER	JOHN	WOR	S	80544/F
						2	PEARSE	PHILIP	SOU	S	111052/Y
2	AYRES	ROBIN	WEY	V	212912/F	2	PEDLAR	DAVE	WOR	S	51947/F
2	BARBER	DANIEL	ELM	S	121086/Y	2	PENDLE	DYSON	NOR	V	36/F
2	BELCHER	LANI	ELM	F	???	2	POOLE	ROBERT	LBZ	S	113621/Y
2	BITCON	DOUG	RIC	S	114684/F	2	RESSEL	MARK	EXE	S	116424/F
2	BLYTH	DUNCAN	WOK	V	12123/F	2	SAWERS	LOUISA	ELM	F	112617/Y
2	BRADSHAW	BEN	CLM	S	116650/F	2	SEAFORD	DANIEL	RDG	S	47188/F
2	BREWSTER	ADAM	NOT	V	65481/F	2	SHARPE	TOM	EXE	S	127495/Y
2	BRIDGE	TOM	WEY	S	126209/Y	2	SHELLEY	PIRAN	RIC	S	59173/F
2	BURGOYNE	PAUL	HER	S	43048/F	2	SIMMONS	TOM	BOA	J	130371/Y
2	BUTLER	JAMES	NOT	V	96528/F	2	SIMS	RICHARD	TRU	V	9187/F
2	CANHAM	CHRIS	ROY	V	81880/F	2	SMYTHE	JAMES	LEA	V	23979/F
2	CHILDERSTONE	MARK	WEY	J	129513/C	2	SOWRY	TIM	ELM	S	57796/F
2	CLARK	IAN	NOT	S	50848/F	2	STADDON	JACK	ROY	J	205001/Y
2	COX	EWAN	WEY	V	34016/F	2	SURRAGE	JOE	BSF	S	96867/F
2	CROUCHER	ADRIAN	WEY	V	12402/F	2	THOROGOOD	GLENN	ELM	S	115452/Y
2	DAWSON	ANDY	CHE	V	17132/F	2	THOROGOOD	PHILIP	ELM	S	115453/Y
2	DOYLE	MICHAEL	ELM	V	115653/F	2	TORDOFF	ALAN	STR	V	SCA 3373
2	DRESSER	GUY	ROY	V	218826/F	2	TYE	JOHNATHAN	WOR	J	207902/Y
2	EAST	NICK	EXE	V	220264/F	2	WELCH	MATTHEW	WEY	J	130706/Y
2	EASTERLING	SIMON	WEY	S	40088/F	2	WILLIAMS	NEIL	ROY	S	118252/Y
2	EDE	PIP	RDG	S	112706/Y	2	WILLIS	SAM	SOU	J	123170/C
2	ELDRIDGE	GLEN	TRU	V	78145/F	2	WRIGHT	MICHAEL	EXE	S	220282

MARATHON RANKINGS

Div.	Surname	First name	Club	Age	BCU No.	Div.	Surname	First name	Club	Age	BCU No.
2	WYNNE	IAN	ROY	S	23605/F	3	KING	AMORET	RDG	JF	118198/C
2	YATES	JONATHAN	TON	S	109025/F	3	KING	JAMES	ACU	S	109251/F
2	YATES	PAUL	WEY	S	214250/Y	3	KING	STEVEN	HER	S	108648/F
3	ADAMS	MARK	BSF	V	44306/F	3	LAYNG	MARTIN	RUN	S	118058/Y
3	ATTWILL	JAMES	BOA	S	130684/Y	3	LEVAI	GABOR	TON	S	DT
3	BAGSHAW	STEVEN	NOT	V	204322/F	3	LEWIS	RICHARD	BOA	V	6811/F
3	BAKER	GARETH	RAF	S	62430/F	3	LIVSEY	IAN	NOT	V	228299
3	BAKER	RALPH	NOT	S	122882/F	3	LOVE	TOM	RLS	S	28525/F
3	BARNES-HOLT	RICHARD	RIC	S	113500/F	3	LOVEDAY	ALEX	ELM	J	210676/Y
3	BELBIN	DAVID	NOT	V	18674/F	3	MARTIN	SEAN	RIC	V	230249
3	BENNETT	STEVE	BRI	V	26460/F	3	MASON	HAYLEIGH	NOT	F	85033/C
3	BENNETT	STUART	WOK	S	109366/Y	3	MCILHARGY	STUART	BSF	S	233790
3	BLACKMAN	NEIL	SOA	V	39746/F	3	MCINTYRE	DEANE	FOX	V	DT
3	BLACKWELL	OLIVER	EXE	S	76752/F	3	MCKEAND	GRAHAM	LEA	V	37800/F
3	BLOCK	JAMES	NOT	V	8112/F	3	MCMORRIN	COLIN	KIR	V	SCA 6515
3	BOWLEY	MATTHEW	BUR	J	129728/Y	3	MIDDLEHURST	TIM	RIC	V	216712/F
3	BURGOYNE	MARK	HER	S	42864/F	3	MILLER	DAVID	EXE	V	118386/F
3	CARPENTER	NEIL	EXE	S	200218/C	3	MILLS	MATTHEW	LEA	S	109786/C
3	CLIVE	MARK	GAI	J	111617/Y	3	MORTON	ANDREW	KIR	V	SCA 007
3	COLLINS	DAVID	WEY	V	10699/F	3	MORTON	DWAYNE	ELM	S	108685/F
3	CONNELLY	MICHAEL	SOA	J	129996/Y	3	NELSON	BEN	IND	S	43565/F
3	CORDON	TOM	NOT	S	DT	3	NICHOLSON	LEON	SOU	V	26817/F
3	DARBY-DOWMAN	RICHARD	ROY	S	219594	3	OLIVER	DAVID	LIN	S	26689
3	DARK	SIMON	BOA	V	30369/F	3	OWEN	MICHAEL	ADS	J	110552/Y
3	DAVEY	ANDY	TON	S	129820/F	3	PANAYI	MARCUS	LEA	V	46604/F
3	DE VILLIERS	JOHN	RIC	S	DT	3	PEARSE	TIM	BRI	S	111051/Y
3	DU TOIT	DANIEL	RIC	S	77865/F	3	PEREIRA	CHRIS	ADS	S	114018/Y
3	EDWARDS	PAUL	WOK	V	105341/F	3	PHILLIPS	TIM	WOR	V	129533/F
3	EVANS	PAUL	HER	S	DT	3	PRESTON	CHRIS	ELM	S	121740/F
3	FARISH	HARRIET	NOT	F	74251/Y	3	PRESTWOOD	PAUL	GAI	S	43606/F
3	FLEESON	CHARLES	ANK	S	51870/F	3	RAINEY	SAM	LEA	S	121888/Y
3	FLYNN	DAVE	TAU	V	110396/F	3	REESE	BRENDAN	ACU	S	45655/F
3	FORD	PETER	TON	V	60479	3	ROWELL	GARY	LEA	S	226404
3	FOWLER	NICK	WOR	S	221220	3	SEALEY	JACK	RDG	J	128289/C
3	FREEMANTLE	JAMES	BAS	S	215587/F	3	SEARS	CHRISTOPHER	RDG	S	110801/Y
3	GAUL	KRISTIE	ANK	J	216705/Y	3	SLATER	PAUL	GAI	S	29883/F
3	GIBSON	OLIVER	ROY	J	128890/Y	3	SLIGHT	DANIEL	LBZ	S	120610/Y
3	GRIMWOOD	ANDY	LIN	V	4636/L	3	SMITH	JASON	RAF	S	77687/F
3	HALLAM	DAVE	LEA	V	10023/F	3	SMITH	STUART	IND	V	SCA 8973
3	HAMPTON	MARK	SOA	J	122220/C	3	SPENCER	ALLEN	HER	S	75335/Y
3	HARDING	OLIVER	LON	V	29824/F	3	STEELE	RODNEY	MAD	V	80371/F
3	HAWKEY	JENNA	EXE	F	205780/F	3	SURRAGE	VICKY	NOT	F	96866/F
3	HEMMINGS	ANNA	ELM	F	35265/F	3	SWALLOW	MELVIN	CHE	V	2665/F
3	HENSON	ADRIAN	WEY	V	16041/F	3	THOMAS	JAKE	ELM	J	129575/Y
3	HERBERT	ATTILA	RLS	S	118352/F	3	THROWER	SHAUN	HER	V	83895/F
3	HICKS	ALBERT	NOR	J	105887/Y	3	TREADGOLD	JAMES	RDG	V	18747/F
3	HICKS	SHAUNE	NOT	S	128227/F	3	TURNER	TRISTRAM	BRI	S	205135/F
3	HINVES	JAMES	SOU	V	54853/F	3	WATT	CRAIG	ELM	S	59979/F
3	HOBROUGH	PAUL	WEY	S	210659	3	WEBSTER	JAMES	BOA	J	214163/Y
3	HOGAN	MARK	LEA	V	73736/F	3	WELCH	CHARLIE	WEY	J	215672
3	HOWE	CHRIS	CLM	S	77116/Y	3	WHITE	MICHAEL	LBZ	S	119644/Y
3	HYNDS	SCOTT	ELM	S	39592/F	3	WILKES	PETER	CLM	J	202700/Y
3	JENKINS	PHILLIP	NOR	V	54505/F	3	WILLIAMSON	KEVIN	BRI	S	33007/F
3	JOY	ALEX	SOA	J	207940/Y	4	ALLEN	LEWIS	NOR	J	205147/Y
3	KEEBLE	JAMES	WOK	S	79448/F	4	ALLINSON	PATRICK	NOT	V	8715/F
3	KELLY	ANDREW	KEN	V	55243/F	4	APPLEBY	PAUL	WOK	V	105853/F
3	KELLY	CHRIS	LEA	V	116341/F	4	ASTBURY	JOHN	LIN	S	82890/F
3	KILBOURN	ROBERT	NOR	S	32926/F	4	AVERY	ROBIN	MAD	V	76606/F

MARATHON RANKINGS

Div.	Surname	First name	Club	Age	BCU No.	Div.	Surname	First name	Club	Age	BCU No.
4	BAILEY	MATTHEW	ACU	V	45543/F	4	GARTON	LAURENCE	NOT	S	105776/Y
4	BAKER	PAUL	RNK	S	79805/F	4	GODLEMAN	TOM	SOA	J	100355/Y
4	BARNES	PETER	RIC	V	27584/F	4	GUEST	ROBERT	LIN	V	10793/F
4	BAUGH	WILLIAM	ACU	V	116310/F	4	GUNNEY	PHIL	WEY	V	26585/F
4	BEARD	RICHARD	VIK	V	159/F	4	GUY	ANDREW	LBZ	S	117972/C
4	BEARDSSELL	LENA	ROY	F	123465/Y	4	HALL	KATHRYN	RIC	F	109443/C
4	BEAZLEY	KELLY	LEA	F	47954/F	4	HAWTHORN	MIKE	WOR	V	980/F
4	BELL	ROGER	RDG	V	8147/F	4	HAYWARD	IAN	NOR	V	9070/F
4	BIRD	JONATHAN	WOR	S	8920/F	4	HEMMING	JAMES	ACU	S	111419/Y
4	BLACKMAN	BRUCE	GAI	V	126208/F	4	HORVATH	ATTILLA	RIC	S	DT
4	BLACKMAN	HOWARD	BUR	V	19313/F	4	HUMPHRIES	TIM	ROY	S	130592/Y
4	BLAKE	GUY	ACU	S	29326/F	4	HYDE	JEFF	HER	V	16612/F
4	BRAGG	MARK	ITG	S	SCA 5665	4	ILLIDGE	GRAHAM	RUN	V	107236/F
4	BRETT	TONY	BSF	J	211275/Y	4	ILLIDGE	JENNY	RUN	JF	216127/Y
4	BRITNELL	NEIL	FOX	V	124075	4	ISBELL	OLIVER	RIC	S	82262/Y
4	BROOKS	EDWARD	CKP	J	128913/Y	4	JESSON	MICHAEL	RLS	S	29684/F
4	BROUGHTON	LIZZIE	RIC	F	122013/Y	4	JONES	NIGEL	NOT	S	44535/F
4	BROWN	DAVID	ELM	V	118679/F	4	JORDAN	DEAN	MAI	V	78897/F
4	BROWN	LEANNE	BSF	F	108181/Y	4	KEANE	STEPHEN	EXE	V	24340/F
4	BULLIVANT	STEVEN	LIN	V	226192	4	KING	HANK	IND	S	DT
4	BURRELL	JAMES	BTH	S	109842/F	4	KLEBOWSKI	TOMASZ	TON	S	233862
4	BUTLER	BILLY	FOX	S	DT	4	LAMPH	FAY	WEY	F	127374/Y
4	BYATT	ANDREW	TRU	S	DT	4	LAMPH	MARK	WEY	J	220643
4	BYRES	KELVIN	RIC	S	113923/B	4	LANG	OLIVER	RDG	S	127379/Y
4	CAPPS	DUNCAN	ACU	V	98591/F	4	LE ROUX	CLAUDINE	WIN	F	96256/C
4	CARTER	CHRIS	NOT	V	22326/F	4	LEITCH	JAMES	LBZ	J	125688/Y
4	CHAPMAN	SIMON	ACU	S	108743/F	4	LEWIS	ALLEN	RAF	V	116224/F
4	CHORLEY	CHRIS	BTH	S	22827/F	4	LEWIS	EMILY	WOR	JF	WOR/183
4	CHRISTIE	JAMIE	SOA	S	24086/F	4	LINES	ROBERT	NOR	V	22482/F
4	CHURCHILL	OLIVIA	ROY	F	107993/Y	4	LITTLEWOOD	REX	NOT	V	128212/C
4	COLYER	DANIEL	RDG	J	202839/Y	4	LODGE	THERON	BRI	V	30951/F
4	CORDERY	JAMES	WEY	S	214194	4	LOFTUS	KEN	ROY	S	114957/F
4	COULSON	ABIGAIL	RDG	F	59738/F	4	LONGLEY	JAY	ROY	S	DT
4	COULSON	DAVID	RDG	V	9231/F	4	LOVELL	RICHARD	WOK	V	18205/F
4	CROUCHER	VICTORIA	WEY	JF	207646/Y	4	LOWE	TOM	LBZ	S	114507/Y
4	DAVEY	TRISHA	RIC	F	40335/F	4	MARTIN	NICK	NOT	V	72295/F
4	DAVIES	MARK	MAN	S		4	MASON	NORMAN	NOT	V	35607/F
4	DAVINSON	RUSS	BUR	S	51835/F	4	MCLEAN	MATTHEW	BAN	J	211876/Y
4	DAWE	LINDA	TRU	F	207479/F	4	MCSWEENEY	CHRISTOPHER	WOR	S	21026/F
4	DEACON	TOM	ADS	J	204443/Y	4	MILLEST	SARAH	SOU	F	96190/C
4	DIXON	STEPHEN	ROY	J	129921/Y	4	MULLER	TIM	CKP	J	202018/Y
4	DRISCOLL	SAM	MAI	J	218847	4	NADAL	MICK	NOT	V	1664/F
4	DRUMMOND	JOHN	RDG	S	109008/F	4	NICHOLSON	ANDY	WEY	V	76849/F
4	DUNN	STUART	LEA	V	30222/F	4	NIEVEEN	RICHARD	WEY	V	62384/F
4	DUNROY	NORMAN	RIC	S	71246/F	4	O'CALLAGHAN	MEGAN	ELM	F	116372/Y
4	EDYVEAN	JOHN	FOY	S	105477/F	4	OLIVER	MATTHEW	LIN	V	229363/F
4	ELLIOTT	JOHN	ELM	V	8358/F	4	OUGHTON	JAMIE	SOA	S	84954/C
4	ETHERIDGE	RICHARD	WEY	S	69364	4	OUGHTON	JES	SOA	V	81703/F
4	EYQUEM	PAUL	RIC	V	DT	4	OWEN	KEITH	BOA	V	15820/F
4	FARRINGTON	ROY	RLS	S	109611/F	4	PARKER	JAMES(FESS)	WOR	V	32697/F
4	FAY	NICHOLAS	RIC	S	210993/F	4	PARSONS	TINA	NOT	VF	25523/F
4	FERGUSON	LAURA	BAN	JF	202111/Y	4	PATTERSON	SCOTT	FCC	J	SCA 8898/Y
4	FILDEN	PAUL	TAU	V	24497/F	4	PRICE	STEPHEN	SOA	S	72983/F
4	FITCHET	ANGUS	POO	V	8721/F	4	REIF	FRED	CKP	J	129897/Y
4	FITZPATRICK	JOE	BSF	J	219363/Y	4	RICKETTS	SIMON	ANK	V	204870/F
4	FLETCHER	LEWIS	LGW	J	SCA 1474	4	RILEY	GORDON	ANK	V	129155/F
4	FORD	DAVID	WIN	V	59235/F	4	RINGINGTON	HUAN	SOL	S	127516/Y
4	GANDY	MICHAEL	WOR	S	30889/F	4	RIMMER	CHIP	POO	V	83849/F
4	GARBETT	SIMON	TRU	V	73513/F	4	RINVOLUCRI	MARTIN	NOT	V	47208/F

MARATHON RANKINGS

Div.	Surname	First name	Club	Age	BCU No.	Div.	Surname	First name	Club	Age	BCU No.
4	RIX	OLIVER	NOR	J	NOR/012	5	AYRES	PHOEBE	WEY	JF	212913/C
4	ROGERS	PAUL	ELM	S	67067/F	5	BAINBRIDGE	GEOFF	KEN	V	62062/F
4	SANDERS	KEITH	GRI	V	44587/F	5	BAINBRIDGE	IAN	EXE	V	33965/F
4	SCHNEPP	PHILIP	WOK	V	122131/F	5	BAKER	IAN	GRI	J	120340/Y
4	SCHOFIELD	BECKY	NOR	F	83203/F	5	BAKER	PAUL	RM	S	108934/F
4	SCHOFIELD	CHRIS	NOR	V	18943/F	5	BANNISTER	PETER	MAI	J	128928/Y
4	SEALEY	CHRIS	RDG	S	128049/Y	5	BATCHELOR	PAUL	BAS	V	61013/F
4	SHAW	EDWARD	ROY	V	26913/F	5	BATES	JOANNE	ELM	F	55918/F
4	SHERIFF	ANDREW	IND	S	DT	5	BATES	ROSALIND	ELM	F	60932/F
4	SHERIFF	HEGE	IND	F	DT	5	BATTISON	ROHAN	RDG	F	107002/C
4	SILVERTSEN	OMMUND	WOK	S		5	BAXTER	LUCY	EXE	JF	DT
4	SIMON	MARTON	ELM	J	221083	5	BEER	SARAH	ROY	JF	201404/Y
4	SKELLERN	CHRISTOPHER	WOR	V	29198/F	5	BENNETT	JASON	CHE	S	221492
4	SLATER	GREG	LJC	V	DT	5	BENNETT	JOHN	HEM	V	8019/F
4	SMITH	DAVID	WOR	S	49165/F	5	BETTS	STEVE	MET	S	DT
4	SMITH	ROBERT	CAM	V	20159/F	5	BEYER	JAMES	WEY	J	119582/Y
4	SNEDDON	THOMAS	LGW	J	SCA	5	BIDLE	DARREN	NOR	S	DT
4	SOREGI	BALAZS	RIC	S	227195	5	BLACKWELL	STEPHEN	EXE	V	221242/F
4	SPENCER	CLAIRE	HER	S	123920/C	5	BLATCHLY	MARK	NOT	S	15468/F
4	SPITTAL	GEORGE	TSP	V	SCA 0086	5	BONHAM	ANDREW	WEY	S	210406/Y
4	STANFORD	MARK	TON	V	48032/F	5	BOVIS	PETE	TON	S	210727/F
4	STANLEY	ANDREW	NOR	V	8155/F	5	BRETT	STEVE	NOT	V	DT
4	STANLEY	BRYN	FOX	V	209230/F	5	BROADHEAD	JOHN	FRE	V	27840/F
4	STONE	JULIAN	BAN	J	208444/Y	5	BROOKES	PAUL	RUN	V	84867/F
4	STUART	PETER	LEA	V	21669/F	5	BROWN	HANNAH	BOA	JF	223668
4	SWADLING	GRAHAM	NOT	V	10064/F	5	BROWN	MATTHEW	WOR	V	29780/F
4	TAYLOR	JULES	BRI	V	DT	5	BRYCE	KENNETH	GRY	S	SCA 1173
4	TAYLOR	NICKY	ELM	F	57004/F	5	BUTT	TOM	SOU	S	229806
4	TAYLOR	ROBERT	CLM	J	126648/Y	5	CAMPBELL	DEREK	LBZ	V	216704/F
4	TILFORD	GEOFF	VIK	V	75978/F	5	CANNON	DOMINIC	CKP	J	203430/Y
4	TRAIN	ANDREW	FLA	VC	15089/F	5	CANZANO	MAURO	ROY	S	DT
4	TRAIN	JAMES	FLA	C	75179/C	5	CARPENTER	MIKE	EXE	V	70381/F
4	TRAIN	STEVE	FLA	VC	14327/F	5	CARRIER	MICHAEL	TRU	V	49850/F
4	TURNER	WILLIAM	ACU	S	73263/F	5	CARSON	ANDREW	ELM	J	128179/Y
4	UNWIN	NIGEL	BOA	V	43866/F	5	CARTER	GARY	LIN	V	207204/F
4	VAN DEVENTER	CHRIS	RIC	S	230990	5	CARTWRIGHT	ANTON	FOX	S	DT
4	VAN DEVENTER	GERT	RIC	S	220977	5	CATTO	JOHN	ACU	S	46221/F
4	VAN DEVENTER	MARNA	RIC	F	220979	5	CAVE	JONATHAN	WOR	V	47835/F
4	WAINWRIGHT	LUCY	NOT	F	40046/F	5	CAWTHORN	RACHEL	WEY	F	201228/Y
4	WALKER	JESSICA	ROY	JF	117215/Y	5	CAYFORD	ANTHONY	BSF	JC	120891/Y
4	WALKER	RICHARD	ACU	S	36143/F	5	CHANDLER	MICHAEL	RAF	S	7844/F
4	WALSH	MICHAEL	WEY	S	129056/F	5	CHAPMAN	MARGARET	KIR	VF	SCA 327
4	WATSON	RANDALL	RIC	S	214766/F	5	CHILDERSTONE	HAZEL	WEY	JF	218883/Y
4	WELLS	PAUL	RIC	V	213966/F	5	CHILDERSTONE	JACK	WEY	J	WEY/068
4	WHITAKER	JORDAN	LBZ	S	117769/Y	5	CHORLEY	STEVE	CHE	V	13305/F
4	WHITE	IAN	WOK	V	68786/F	5	CHURNSIDE	AMELIA	RDG	JF	205668/Y
4	WIDDERSHOVEN	TIM	TRU	S	116524/F	5	COLLEY	SHARON	HER	VF	104338/F
4	WILKES	MARK	CLM	J	209928/Y	5	COLLINS	IMOGEN	RDG	JF	RDG/015
4	WILLIAMS	CLIVE	ACU	V	14219/F	5	COLLINS	JESSICA	RDG	JF	126269/Y
4	WILLIS	STEVE	SOU	V	123169/F	5	COLYER	BEN	RDG	J	210041/Y
4	WILSON	CHARLES	EAL	S	EAL/021	5	COX	JAMIE	BAS	S	223957
4	WILSON	CHARLES	RIC	S	227718	5	CREAMER	ROBERT	LBZ	J	205229/Y
4	WITOLD	Zawierci	LGW	V	SCA 6585	5	CRONK	THOMAS	SOU	V	8761/F
4	WOODHEAD	DYLAN	???	S	203340	5	CROWLEY	RUSSELL	TON	V	105766/F
4	WORTH	ANDREW	EXE	V	82753/F	5	DANIELS	NICK	RDG	V	52444/F
4	WRIGHT	SIMON	LIN	V	28006/F	5	DANIELS	WIKI	RDG	F	96746/C
4	YOUNG	JOSH	BSF	S	213311/Y	5	DAVIES	SIMON	WOR	V	1188/F
5	ABBATIELLO	GRAZIANO	WOR	V	28117/F	5	DAWSON	KIMBERLEY	CHE	F	96111/C
5	ANDERSON	DENVER	SOU	S	DT	5	DEAN	SIMON	BUR	S	71761/Y

MARATHON RANKINGS

Div.	Surname	First name	Club	Age	BCU No.	Div.	Surname	First name	Club	Age	BCU No.
5	DIAPER	TOM	SOU	S	226822/Y	5	ILLINESI	EMILY	ELM	JF	122544/Y
5	DICKSON	DAVID	LGW	V	SCA 9000	5	ILLINESI	JENNY	ELM	JF	120501/Y
5	DILAI	MAGGIE	RUN	F	112820/F	5	INCE	JOHN	TON	V	43540/F
5	DODDS	TRACEY	RLS	F	129406/F	5	JONES	GRAHAM	RAF	S	82227/F
5	DOMAN	PAUL	CLM	V	126567/F	5	JONES	PAUL	HER	V	124473/F
5	DOMMISSE	ADRIAN	RIC	S	126262/F	5	JONES	SIMON	BRY	S	46389/F
5	DOUGALL	EMMA	LBZ	JF	106657/C	5	JURATOWICH	BEN	FOX	S	DT
5	DUFF	CRAIG	NOT	S	213882/Y	5	KELLY	NANETTE	RIC	F	67584/Y
5	DUFFIELD	MAX	CLM	J	223323	5	KING	ALBERT	IND	V	DT
5	DYER	JASON	BAS	J	220942	5	KINGSTON	THOMAS	MAI	J	129100/E
5	ELSTON	PAUL	MAI	V	85358/F	5	KIRKWOOD	ANGUS	CLM	J	CLM/1006
5	ENOCH	DAVID	NOT	V	12315/F	5	KIRSCHSTEIN	NICO	RDG	J	RDG/050
5	EPSS	ALAN	NOR	V	14930/F	5	KNIGHT	ROBERT	WOR	S	122978
5	ESCOTT	JOHN	BOA	V	7889/F	5	KNOTT	ROBERT	BRI	S	DT
5	ESCOTT	MARK	BOA	V	217688	5	LABBETT	JOHN	SOU	V	18598/F
5	EVANS	NEIL	MAD	V	75366/F	5	LANG	DAVID	IND	V	215495/F
5	FELINGEROVA	RADKA	ROY	F	116570/F	5	LAWRENSON	BILL	BUR	V	6035/F
5	FORD	YAEI	TON	F	52954/F	5	LEES	ROBIN	BAS	V	5895/F
5	FOSTER	ALEX	ROY	J	203672/D	5	LIPSCOMBE	RICHARD	WEY	J	209741/Y
5	FOWLER	SUE	ACU	F	35625/F	5	LITTLEHALES	KEVIN	BRI	V	WCA 5631
5	FRAYNE	IAN	WOK	V	112876/F	5	LLOYD	NICK	RIC	S	104077/F
5	FRER	ALAN	WOK	V	105657/F	5	LOWTHORPE	ANDREW	KIN	J	117393/Y
5	FUDGER	MICHAEL	WOR	S	55225/F	5	LUCAS	ROLAND	RIC	S	12533/F
5	GARLICK	JAMES	LBZ	S	DT	5	LUNN	MATTHEW	SOA	J	128238/Y
5	GARVEY	KARL	RIC	S	119370/F	5	LYNCH	TIM	FOX	S	215760/F
5	GAUNT	TIM	PLY	S	64861/F	5	MACKINTOSH	ALAN	KIR	V	SCA 258
5	GAVIN	CHRIS	RIC	V	85225/F	5	MAHMOUD	ADAM	RIC	J	235550
5	GODSAVE	LAUREN	WEY	F	127522/Y	5	MARA	GILLIAN	NOT	F	75152/F
5	GOHAR	ALEX	RIC	V	DT	5	MARAFKE	COL	RUN	V	DT
5	GOLDER	KATIE	BUR	F	35429/F	5	MARSHALL	DEREK	LGW	V	SCA 348
5	GOODEY	JOHN	TAU	V	5881/F	5	MASON	ANTONI	NOT	S	84658/C
5	GORDON	JASON	RM	S	52860/F	5	MATTERSON	MATTHEW	LBZ	J	204827/Y
5	GRATTON	CHRIS	EXE	J	130142/Y	5	MCCULLOUGH	ANDREW	ACU	V	33072/F
5	GRAY	SUE	RDG	VF	31828/F	5	MCKEEVER	THOMAS	BTH	S	79648/F
5	GREEN	MARK	BAD	S	230388	5	MCLEAN	IAN	BAN	V	203381/F
5	GRIFFIN	ANDREW	RIC	S	DT	5	MCLEOD	NEIL	SOU	S	215574/F
5	GRIFFITH	NEIL	FLA	S	DT	5	MERRIFIELD	CLIVE	TAU	S	4661/F
5	GUNNEY	CLAIRE	WEY	F	56048/F	5	MEYER	RUSSELL	SOU	S	40148/F
5	HANCOX	JOHN	PAN	V	118037/F	5	MORAN	CLAIRE	WOR	F	107492/Y
5	HANLON	MIRIAM	ELM	JF	222711	5	MORAN	LAURA	WOR	F	110676/Y
5	HANNON	SARAH	WEY	F	51022/F	5	MORLEY	JASON	RAF	S	187709/A
5	HARRISON	JACK	SHIP	J	114600/F	5	MOULE	STEVE	CLM	S	76425/F
5	HAWS	ALICE	WEY	JF	WEY/079	5	MULLINS	GUY	WEY	S	DT
5	HAWS	EDMUND	WEY	J	WEY/077	5	MUNGOVAN	JORDAN	RIC	S	103922/Y
5	HAYNES	CHRIS	RIC	V	121520/F	5	MURPHY	ADAM	LBZ	J	124522/Y
5	HEAD	TOM	CLM	S	80840/F	5	NERCESSIAN	TONY	RIC	S	200496/F
5	HOLDWAY	ROBERT	TRE	S	73620	5	NIXON	SIMON	RUN	V	55152/F
5	HOLMES	ANDREW	WOR	V	111542/F	5	NORMAN	MICHAEL	CAM	V	34443/F
5	HOLMES	ELIZABETH	CHE	F	81204/F	5	O'DONNOVAN	JOHN	IND	V	DT
5	HOLMES	GRAHAM	RIP	V	6977/F	5	OLIVER	FREDDY	BAS	J	BAS/051
5	HOLMES	STEPHANIE	WOR	JF	215266/Y	5	OLIVER	GEORGE	NOT	V	27863/F
5	HOSKINS	NIGEL	IND	S	DT	5	PADDOCK	STEVE	CHE	V	74891/F
5	HOWELL	CATHY	NOT	F	128119/F	5	PARKER	GEORGE	WOR	S	77343/Y
5	HOWIE	DAVE	WEY	V	31267/F	5	PARKER	JAMES(GINGER)	WOR	S	205562/F
5	HOWSON	LEE	BOA	S	120238/C	5	PARKER	SOPHIE	CLM	JF	212977/Y
5	HOWSON	PETER	ACU	V	120237/F	5	PATERSON	DEE	GAI	F	73056/F
5	HUNT	GARETH	FLA	JC	243045/Y	5	PEARCE	MARK	RIC	V	58064/F
5	HUNTER	FIONA	NOR	F	117090/F	5	PEARCE	RYAN	FOY	J	118087/E
5	HUSSEY	DANIEL	LBZ	J	118977/C	5	PEDERSEN	IVAN	CAM	S	128866

MARATHON RANKINGS

Div.	Surname	First name	Club	Age	BCU No.	Div.	Surname	First name	Club	Age	BCU No.
5	PENN	TERRY	FOX	V	208258	5	TROTTER	KATHERINE	ELM	JF	122412/Y
5	PERKINS	RICHARD	BRY	S	67706/F	5	TURNBULL	KEVIN	BUR	V	224448
5	PHILLIPS	ANDY	BOA	S	9370/F	5	UNDERHILL-ROSE	MICHAEL	WHI	V	17011/F
5	PHILLIPS	DAVE	NOT	V	1705/F	5	VAN NIEKERK	STEVE	BAN	S	DT
5	PIGOTT	MIKE	RIC	S	83249/F	5	VASEY	ROBIN	TRE	S	DT
5	POTTERTON	ANDREW	RDG	J	RDG/054	5	VINCENT	RICHARD	SOA	V	122748/F
5	POTTERTON	TONY	RDG	V	224469	5	VINCENT	ROBERT	SOA	J	122308/Y
5	POTTS	DAVE	GPS	S	50379/F	5	VORBERGER	YAN	RLS	VC	220871/F
5	PRINSLOO	LAWRENCE	RIC	S	DT	5	WAINWRIGHT	BARNEY	NOT	S	49295/F
5	RABY	SEB	BAN	S	223918	5	WALKINSHAW	RYAN	BSF	J	116469/D
5	RALPH	TIM	WOK	S	95967/F	5	WALTERS	MICHEAL	BUR	J	217197/Y
5	RANCE	STEVE	SOU	V	14236/F	5	WATSON	LEE	RLS	C	85863/F
5	RANDALL	ALASTAIR	FOY	S	32903/F	5	WEIR	ROGER	BAN	JC	206057/Y
5	REEVES	KRISTIAN	ADS	S	113462/E	5	WHITE	A	RAF	F	111167
5	REMMINGTON	RICHARD	FOX	V	117032/F	5	WHITE	STEPHEN	LBZ	J	111679/Y
5	RIDDLE	MICHAEL	TRU	V	84837/F	5	WIBREW	MICHAEL	MAI	V	7886/F
5	RIPPINGTON	SAMANTHA	WOK	F	107742/F	5	WIGGLESWORTH	MARK	PAN	S	114735/C
5	RIX	GAVIN	NOR	V	218879	5	WILKINS	STEVE	CLM	V	126649/F
5	ROBERTS	PHIL	TRE	V	15593/F	5	WILKINSON	PAUL	ELM	V	200418/F
5	ROBSON	ALAN	ADS	S	55914/F	5	WILLIAMS	KATIE	ELM	JF	120277/Y
5	ROGERS	IAN	RIP	S	39956	5	WISE	EWAN	RDG	J	226551
5	ROOKS	ROBERT	SBI	V	34724/F	5	WOODHEAD	DARREL	LEA	S	51073/F
5	ROONEY	SOPHIE	BAN	JF	212798/Y	5	WOODHEAD	GORDON	MAD	V	115532/F
5	ROWLANDS	CAROLINE	CHE	JF	129326/Y	5	WOODHEAD	GORDON	MAD	V	115532
5	RUDD	DAVID	TON	V	111776/F	5	WOOLDRIDGE	DOMINIC	ELM	J	227933
5	SACKMAN	DAVID	RDG	V	25521/F	6	ABRAHAM	NARDOS	RIC	S	216101/F
5	SARGEANT	DAVID	NOT	S	106771/F	6	ADAIR	JOHN	WOR	V	111401/F
5	SATERNUS	ARTHUR	RLS	C	211084/F	6	ARCHONDAKIS	ALAN	LON	V	104040/F
5	SCARR	PETER	ELM	S	114115/F	6	ASHLEY	JEAN	CHE	VF	205906/F
5	SCOTT	TIM	NOR	V	82381/F	6	AZIZI	HABIB	WRL	S	206340/F
5	SETH-KAPOOR	SHOBHANAA	NOT	JF	216113/Y	6	AZIZI	HAMID	WRL	S	DT
5	SHERIFF	LISA	IND	F	DT	6	BADELER	JOHN	WEY	S	37224/F
5	SHIEL	ALANA	ELM	JF	200916/Y	6	BAGNALL	ANDREA	RIC	F	82765/F
5	SILLITOE	CALLUM	LBZ	J	119410/C	6	BAKER	ALEXANDER	GRI	J	120339/Y
5	SIMMONS	HANNAH	BOA	JF	215523/Y	6	BANNISTER	MICHAEL	MAI	V	68271/F
5	SIMS	MICHAEL	NOT	J	117056/Y	6	BARBER	GEFF	SOL	V	128080/F
5	SIVERTSEN	OMMUND	WOK	V	201516/F	6	BARRELL	STEVE	LBZ	V	59915/F
5	SMITH	DAVID	WOR	J	26026	6	BARRY	MICHAEL	CLM	V	69039/F
5	SMITH	ISOBEL	BAS	JF	204440/Y	6	BEE	GILLIAN	NOR	F	106681/C
5	SMITH	NAOMI	BAS	JF	206178/Y	6	BELL	MICHAEL	FLA	V	77704/F
5	SOMERSET	RICHARD	BAS	V	61580/F	6	BELLAMY	SIMON	NOT	S	DT
5	SOUTHEY	MICHAEL	FOY	J	235737	6	BERRY	CYNTHIA	FCC	VF	SCA 1237
5	SPENCER	JENNY	HER	F	66095/F	6	BETTERIDGE	ZOE	BRI	F	83261/F
5	STAINSBY	ROB	RIC	S	215243/F	6	BILSON	JOSH	EAL	J	235506
5	STANDEVEN	GUY	ROY	J	232819	6	BLACKMAN	FRAZER	ROY	J	ROY/101
5	STENHOUSE	MATTHEW	TON	S	233691	6	BLACKMORE	RUSSELL	TAU	V	11867/F
5	STEVENSON	NIGEL	LIN	V	12432/F	6	BLAKEBOROUGH	ADELE	CHE	F	33333/F
5	STOBART	DAN	MET	S	DT	6	BOLTON-WAUGH	BRYNN	SOA	S	128339/Y
5	STONEHOUSE	NEVIL	RIC	V	104838/F	6	BOWLES	ADAM	SHP	S	126449/F
5	STRICKLAND	BOB	IND	S	63454/F	6	BRANCO	LUIS	ADL	S	DT
5	STUART-HILL	BRUCE	MAI	V	125933/F	6	BRANWIN	STUART	WIN	S	DT
5	STYAN	JAMES	FLA	J	205877/Y	6	BRIMFIELD	EDWARD	FOX	S	DT
5	STYAN	JAMES	FLA	JC	205877/Y	6	BRISTOW	GRAHAM	PNZ	S	25013/F
5	SWALLOW	JENNY	CHE	JF	126197/C	6	BRISTOW	NICOLA	PNZ	F	96204/C
5	SWALLOW	VICKY	CHE	F	95970/C	6	BROWN	SUE	LBZ	VF	117901/C
5	TAYLOR	DAVID	LIN	V	7848/F	6	BRYCE	KENNETH	GRF	S	SCA 1173
5	TOOMEY	PAUL	RDG	V	18086/F	6	BUNTING	GORDON	RIC	S	129994/F
5	TOPHAM	WILLIAM	HER	S	DT	6	BURBECK	KATHERINE	NOT	F	204276/F
5	TRICKETT	ADRIAN	WOR	V	124163/F						

MARATHON RANKINGS

Div.	Surname	First name	Club	Age	BCU No.	Div.	Surname	First name	Club	Age	BCU No.
6	BURFITT	MALCOLM	EBC	S	235227	6	FLETCHER	ALAN	LGW	V	SCA 1474
6	BURNES	PAUL	EBC	V	108796/F	6	FOSTER	JOE	WOK	J	223446
6	BUTLER	MATTHEW	RDG	J	RDG/053	6	FOSTER	MIKE	RIC	V	203670/F
6	BYARD	TOM	LBZ	J	124670/Y	6	FOSTER	RICHARD	FOX	S	126130/F
6	CALVERT	CHRISTOPHER	FLA	JC	217205/Y	6	FRANKLAND	NIGEL	RDG	V	28675/F
6	CARMELO	CARLOS	CHE	S	DT	6	FREEMAN	ADRIAN	EXE	V	126310/F
6	CARPENTER	HOLLIE	EXE	F	97641/C	6	FREEMAN	NEIL	WIN	V	122124/F
6	CARTER	CHRIS	HEM	V	27258F	6	GALLMORE	DAVE	IND	V	DT
6	CATCHLOVE	ROBIN	MAI	V	2682/F	6	GALLOWAY	ALISON	RDG	F	111825/Y
6	CAVE	ROBERT	WOR	J	WOR/069	6	GARSIDE	NATHAN	LBZ	J	126419/Y
6	CHALMERS	MICHAEL	KIR	S	SCA 6666	6	GAUNT	PATRICK	PLY	S	108833/C
6	CHALMERS	NEIL	KIR	S	SCA 6665	6	GAUNT	SAM	PLY	S	108832/C
6	CHAMP	LEE	HER	V	205918/F	6	GENT	KEVIN	EXE	S	DT
6	CHILDERSTONE	MICHAEL	WEY	V	9472/F	6	GILBERT-JOHNS	RICHARD	SOU	V	63155/F
6	CHISHOLM	ALASTAIR	LGW	V	DT	6	GILES	ANDY	LIN	V	DT
6	CHMIEL	MARYSH	NOT	V	216290/F	6	GILLBE	CLARE	SOL	F	64787/F
6	CHURNSIDE	CHARLOTTE	RDG	JF	229238	6	GILLESPIE	JOHN	PAN	J	115791/Y
6	CLARK	IAN	RIC	V	228555	6	GOHAR	MARCUS	RIC	V	10803/F
6	CLYNE	PETER	ELM	V	202993/F	6	GOODE	ALAN	LEA	S	226510
6	COBB	ALICE	NOT	JF	NOT/513	6	GOODING	PHIL	STA	S	12920
6	COHEN	LUCAS	ACU	S	80462/F	6	GRADY	DEAN	NOR	V	120353/F
6	COOKNELL	MATTHEW	BAN	S	216773/Y	6	GRANT	MARC	ITG	S	DT
6	COURTMAN-STOCK	PAUL	BSF	V	129034/F	6	GREENAWAY	BRIAN	FOY	V	2964/F
6	COX	SAM	LBZ	S	124677/Y	6	GRIMSHAW	PETER	ADS	J	ADS/R15
6	CRAWFORD	ROGER	RIC	V	DT	6	HAGUE	IAN	RIC	S	211939/F
6	CREAMER	CHARLOTTE	LBZ	F	200863/Y	6	HALL	ANDREW	BSF	V	208195/F
6	CROSSMAN	MIKE	RDG	V	58306/F	6	HALL	MEGAN	BSF	F	111666/Y
6	DABNEY	OWEN	FOX	S	207485/F	6	HAUGHTON	MARTIN	WRL	V	13329/F
6	DARK	ALISON	BOA	VF	112324/F	6	HAWTHORN	EMMA	WOR	JF	104102/C
6	DAVIES	PAUL	HER	S	48125/F	6	HAWTHORN	SUE	WOR	VF	96033/C
6	DAVISON	CHRIS	MAD	V	117689/F	6	HAYNES	BRIAN	IND	V	220193/F
6	DAWKINS	RUSSELL	RIC	S	80427/F	6	HAYNES	MATTHEW	HER	S	107779/F
6	DAWSON	LORNE	RIC	S	220706/F	6	HELMER	RAY	FOY	V	52197/L
6	DAY	JACQUI	ELM	F	78261/B	6	HENMAN	JOSHUA	RIC	J	RIC/041
6	DE FERRER	MARTHE	ELM	JF	203145/Y	6	HETHERINGTON	PHILLIP	SOU	V	59274/F
6	DE GRUCHY	AUBIN	TRU	V	129835/F	6	HEWETT	EARL	WOK	V	58885/F
6	DOBSON	EDWARD	BOA	S	231204	6	HICKS	ANDY	NOR	V	96647/C
6	DODD	PETE	CHI	V	111788	6	HILDERLEY	ELLIE	WEY	F	200633/Y
6	DODSON	ANDY	ADS	V	74419/F	6	HILL	NIGEL	TON	V	203796/F
6	DODSON	MICHAEL	VIK	S	68530/F	6	HISSETT	IAIN	PAN	S	81220/F
6	DRESCH	TRACEY	FLA	VF	113372/F	6	HOULGATE	ADAM	NOR	S	231073
6	DUFF	KERRY	NOR	F	38806/F	6	HOWE	BARRY	CLM	V	80558/F
6	EASSON	PETE	LGW	v	sca 0565	6	HOWE	GRAHAME	CLM	V	79201/F
6	EDE	LEANDER	RDG	S	108980/Y	6	HUNT	KATE	HER	F	218113/F
6	EMBREY	CHRISTOPHER	BUR	J	95993/C	6	HUNT	RYAN	RLS	J	126769/D
6	EMERY	MARK	BOA	V	61118/F	6	HUSSEY	LAURA	LBZ	JF	118978/C
6	ESCOTT	JAMES	BOA	J	220378	6	HUTCHINSON	PAUL	LIN	V	DT
6	EVANS	DAVE	RAF	V	218472	6	HUTCHISON	PETER	RIC	V	121601
6	EVANS	JIMMY	FOX	S	DT	6	HUTT	FIONA	IND	F	SCA 4411F
6	FARRANCE	ALAN	HEM	V	DT	6	HYDE	PHILLIP	CLM	V	DT
6	FARRINGTON	ROSIE	ROY	JF	200901/Y	6	JACOBSEN	METTE	ITG	F	SCA 7871
6	FERGUSON	ANDY	GAI	S	43686/F	6	JAMES	WILLIAM	CDP	S	DT
6	FERRIS	DAVID	BEJ	S	73680/F	6	JARRATT	PETER	LIN	V	201944/F
6	FEUILLADE	AARON	PAN	S	108101	6	JARRETT	OLIVER	WOK	J	203761
6	FIELD	ERIC	RDG	V	DT	6	JEFFERIES	ROBERT	PEN	J	215922/Y
6	FIGLAK	MATEUCZ	HER	J	HER/103	6	JENNISON	IAIN	KIN	J	114154/C
6	FILLINGHAM	MALCOLM	WOK	V	42835/F	6	JENNISON	NEIL	KIN	V	110533/F
6	FIRMAN	DAVE	EXE	V	69747/F	6	JOHNSTONE	IVOR	RUN	S	DT
6	FISHER	ADRIAN	FRE	V	80179/F	6	JOINER	TIM	RIC	V	109350/F

MARATHON RANKINGS

Div.	Surname	First name	Club	Age	BCU No.	Div.	Surname	First name	Club	Age	BCU No.
6	JOLLY	STUART	NOT	S	108825/F	6	OLIVER	LAURENCE	LIN	V	19877/F
6	JONES	RUSSELL	FLA	V	7318/F	6	OLIVER	RICHARD	LIN	V	9065/F
6	JORDAN-FREEMAN	ARRON	BAD	J	BAD/201	6	OSBORNE	DANIEL	LBZ	J	125862/Y
6	JUMP	MATT	IND	SC	228325	6	OUGHTON	JESSICA	SOA	F	112256/C
6	KAVANAGH	JOHN	MAD	V	52634/F	6	OXTOBY	ELLA	LBZ	JF	124553/C
6	KAY	TOM	NOT	V	231151	6	PALMER	GLEN	WOR	V	120007/F
6	KERR	PAUL	SOU	S	34935/F	6	PANRUCKER	MIKE	BSF	V	106812
6	KILLIP	BEN	RIC	J	RIC/042	6	PATTERSON	NEIL	FCC	J	SCA 8897/Y
6	KILLIP	JACK	RIC	J	RIC/013	6	PEASE	CHRISTOPHER	TRU	V	20149/F
6	KNIGHT	ANDY	WIN	S	DT	6	PETERSON	MARK	HEM	V	DT
6	KOPICE	CARL	BUR	S	228640	6	PIKE	CHRISTOPHER	WEY	V	71765/F
6	LABBATT	ALBERT	EXE	S	DT	6	POPLE	CLAIRE	RIC	F	231358
6	LANE	HUGH	POO	V	127891/F	6	PRATT	NAILL	CDJ	J	DT
6	LANG	JACOB	RDG	J	207569/Y	6	PRICE	NICHOLAS	MAD	V	97347/F
6	LAPHAM	DARRYN	RIC	F	DT	6	PRICE	STEPHEN	ELM	V	114399/F
6	LAWRENCE	RICHARD	ELM	V	127962/F	6	PURCELL	FREDDIE	RIC	J	217295
6	LEATHERBY	ROBERT	FOX	J	FOX/005	6	PURCHAS	MIKE	BOA	V	61438/F
6	LEE	ROBERT	WOR	V	108717/F	6	QUITENTON	EDWARD	LIN	J	LIN/022
6	LEWIS	HEWEL	ACU	S	ACU/002	6	RALPH	PAUL	WOK	V	2620/F
6	LEWIS	HOWARD	RLS	V	WCA 442	6	REES	SUKI	ROY	JF	ROY/016
6	LIMET	DOMINIC	RIC	V	214351/F	6	REESE	PHILIP	FOX	S	126239/F
6	LINNELL	LOUISE	MAI	F	128481/F	6	REYNOLDS	DANIEL	CAM	S	DT
6	LINNELL	WILLIAM	NOR	J	128482/Y	6	RICHARDSON	GILES	IND	S	DT
6	LORENTZEN	ULRIK	RIC	V	130562/F	6	RICKETTS	DAVE	ANK	V	208146/F
6	LOVELL	PAM	WOK	F	111772/F	6	RIDDLE	TOM	RDG	J	213036/Y
6	LUCAS	EDWARD	RM	S	209572/F	6	ROBERTSON	DUNCAN	EAL	S	80415/F
6	LUCK	CHRIS	WEY	S	55307/F	6	ROBINSON	RALPH	PLY	S	108024/F
6	LYNCH	TOM	WOR	J	WOR/244	6	ROSS	ANDREW	NOR	V	51765/F
6	MACKINTOSH	URSULA	KIR	VF	SCA 258	6	ROUTLEDGE	CYRIL	ANK	V	25392/F
6	MAINPRIZE	PETER	RDG	V	129743/F	6	SANTOS COSTA	MARIO	IND	SC	228363
6	MANZIE	DREW	IND	V	SCA 796	6	SAWYER	ROBIN	WAV	S	39052/F
6	MARSH	KEVIN	RIC	S	219927/F	6	SCHOLEY	ROBERT	CHE	V	1573/F
6	MARSHALL	PAUL	TRU	V	DT	6	SEAFORD	ANITA	RDG	VF	76974/F
6	MARTIN	IAN	WOK	V	210112/F	6	SEAMAN	JOE	WEY	J	205901/Y
6	MARTIN	SEAN	RIC	VC	19025/F	6	SEAMAN	JOE	WEY	JC	205901/Y
6	MAUK-FENTAN	SEANOR	IND	S	211934/F	6	SEIKA	REBECCA	BAN	JF	BAN/063
6	MCCARROLL	STUART	FOX	S	126687/F	6	SEMINAR	GIUSEPPE	EAL	S	DT
6	MCINTOSH	ANDY	RUN	V	218568	6	SEPP	DENISS	RIC	S	233718
6	MCKEEVER	THOMAS	BOA	S	79648/F	6	SEWARD	DAVID	WOK	V	17952/F
6	MEIKLE	ISOBEL	FLA	VF	113373/F	6	SEWELL	IAN	BSF	S	234645
6	MIDDLEHURST	MARIA	WEY	JF	206714/Y	6	SHELDRAKE	MARK	WAV	V	58759/F
6	MILES	DARREN	BAN	V	56233/F	6	SHIEL	THOMAS	ELM	J	200917/Y
6	MILLAR	RICHARD	NOT	J	NOT/609	6	SHIRES	JOSH	RDG	J	214188/Y
6	MILLEST	ANDREW	MAD	V	23241/F	6	SILLITOE	CHLOE	LBZ	JF	119411/C
6	MORAN	MICK	WOR	V	108663/F	6	SIMON	REBEKA	ELM	JF	221084
6	MORLEY	PETER	WEY	V	10711/F	6	SIMONS	TYSON	BAS	S	121403/Y
6	MORTON	NICK	RIC	S	203278/F	6	SIMPSON	KEITH	RDG	V	217053
6	MOUNT	JONATHAN	PNZ	J	224663/F	6	SIMPSON	SAM	RDG	V	DT
6	MOWBRAY	MEGAN	LGW	F	SCA 7325	6	SIMS-WILLIAMS	GILES	FOX	S	220741
6	MUNDAY	RICHARD	BUR	S	F	6	SLADE	MATTHEW	CLM	J	CLM/1002
6	MURPHY	DOM	BAN	V	110498/F	6	SMITH	TONY	IND	VC	219914
6	NEALE	LOUISE	TON	F	95988/C	6	SOKOLOV	ALEXANDER	WEY	J	2299880
6	NEVITT	ANDREW	WOR	V	76583/F	6	STAGG	RICHARD	CAM	V	11991/F
6	NEWBUTT	BRYAN	NOT	V	48664/F	6	STANNARD	ADAM	RLS	J	220026/Y
6	NICHOLLS	GERALD	WOR	V	107468/F	6	STANNARD	JAMIE	RLS	J	214885/Y
6	NOLAN	ANTHONY	WOR	V	22350/F	6	STANNARD	JON	RLS	V	214884/F
6	NOSWORTHY	SARAH	RIC	S	200564/F	6	STANWAY	PETER	RDG	V	25437/F
6	O'DONNOHUGH	KAREN	CDJ	F	DT	6	STEVENS	BETH	WEY	JF	WEY/128
6	OLDHAM	JAMES	PEN	S	78422/F	6	STONEHOUSE	GRAHAM	RIC	V	104808/F

MARATHON RANKINGS

Div.	Surname	First name	Club	Age	BCU No.	Div.	Surname	First name	Club	Age	BCU No.
6	SUTHERLAND	ROBERT	WOK	V	62267/F	7	ARUNDALE	DAVE	IND	V	DT
6	TALBOT	JOHN	WOR	V	80574/F	7	BANJAR	J	IND	S	DT
6	TAYLOR	DOUGLAS	ITG	S	SCA 8714	7	BARKWAY	RICHARD	NOR	V	33978/F
6	TAYLOR	JAMES	BAS	J	235157	7	BARNES	CAROLINE	SOU	VF	216422/C
6	TAYLOR	MARK	HEM	V	216119	7	BARNES	ELLIE	SHP	JF	SHP/057
6	THERON	PIETER	MAD	S	DT	7	BARNETT	ANNA	FOX	VF	DT
6	THOMAS	CHARLOTTE	WEY	JF	WEY/039	7	BARNETT	NICK	FOX	V	104216
6	THOMAS-EDMONDS	BARCH	IND	S	212500/F	7	BARNICOAT	GEORGE	CKP	J	226007
6	THOMES	MIKE	EXE	S	62114	7	BARTOLU	MICHAEL	LBZ	J	127979/Y
6	TIMMINS	LES	TRU	V	71309/F	7	BATTISON	GAIL	RDG	VF	72211/F
6	TINGAY	STEVE	LBZ	S	39445/F	7	BEAN	JAMES	BAS	S	221402
6	TOMPKINS	TERRY	MAI	S	201006/F	7	BEER	ANDREW	ROY	V	118716/F
6	TONKIN	MIKE	SOU	V	111777/F	7	BENNETT	ANITA	SHP	F	36541/F
6	TOWERS	VICKY	IND	F		7	BESWICK	MARK	EXE	S	DT
6	TRAIN	KATIE	FLA	JF	117123/Y	7	BIDLE	GRAHAM	NOR	V	50697/F
6	TRAIN	MATTHEW	FLA	JC	212687/Y	7	BIRD	ANDREW	LGW	S	SCA 8300
6	TRAIN	STEVE	FLA	V	14327/F	7	BLACKMAN	IAN	ROY	V	228055
6	TRUESDALE	MICHAEL	BAS	J	129988	7	BLACKWELL	BELINDA	WOK	F	218681
6	TUFFLEY	NIGEL	POO	V	26430/F	7	BLACKWELL	EMMA	BOA	F	216424
6	TURCAN	TOM	RIC	V	201083/F	7	BLAKEBOROUGH	MARGARET	CHE	VF	28215/F
6	TURZA	JOZSEF	RIC	S	107806/F	7	BLATCHLEY	ANTHONY	PAN	S	124986
6	VANNIEKERK	GERHARD	RIC	S	DT	7	BLATCHLEY	IAN	PAN	V	79062/F
6	VEALE	DEREK	KIR	V	SCA 4120	7	BLAZEY	NATHAN	NOR	J	NOR/011
6	VIAL	CORALIE	RIC	F	216217/F	7	BLOWERS	MALCOLM	MDN	V	71466/F
6	VON-MATZAHN	ROBYN	RIC	F	233159	7	BODIMEADE	IMOGEN	ROY	JF	201175/Y
6	WALKER	ANTHONY	WIN	S	DT	7	BOWDITCH	IAN	EAL	V	15284/S
6	WALKER	PETER	PAN	V	119872/F	7	BOXALL	ANDY	EAL	S	105603
6	WALKER	RICHARD	PLY	V	34794/F	7	BRETT	JOHN	IND	V	127915/F
6	WALTON	JOHN	RIC	V	219168	7	BROOKES	CHELSEA	RUN	JF	RUN/028
6	WARD	AMY	ELM	JF	200024/Y	7	BROWN	JULIAN	LBZ	V	6033/F
6	WARLAND	GRAHAM	BAN	V	51532/F	7	BUCHAN	PHILIP	RIC	S	117655/F
6	WATSON	JEAN	WOK	VF	230309	7	BURNESS	SARAH	EBE	JF	202027/C
6	WEBB	AARON	WLT	J	222915	7	BURTON	ALLAN	WEY	V	42952/F
6	WEBSTER	STEVEN	BOA	J	80A/R26	7	BUTLER	MICK	FOX	V	219206/F
6	WEIR	IAIN	BAN	JC	206058/Y	7	BUTT	ADRIAN	SOU	V	DT
6	WESLEY	JOHN	NOT	V	35774/F	7	CADAUX-HUDSON	LORENZO	WEY	J	WEY/130
6	WETHERALL	KIMBERLEY	RIC	F	95955/C	7	CAMP	NEIL	RIC	S	231926
6	WHEELER	ADRIAN	PAN	V	121457/F	7	CAMPBELL	BEN	FOX	J	227047
6	WHITTLE	MARCUS	SHP	J	SHP/024	7	CAMPBELL	ROBERT	BED	V	46050/F
6	WILLIAMS	DEAN	CLM	V	107756/F	7	CANDY	BEN	WOK	S	DT
6	WILLIAMS	KEVIN	EXE	S	DT	7	CANE	DEBBIE	RDG	F	213886/F
6	WILLIAMS	ROGER	CHE	V	110927/F	7	CARROLL	PAUL	RAF	V	1825/F
6	WILSON	ROBIN	BRI	S	25422	7	CARSON	EMMA	ELM	JF	201822/Y
6	WISE	ISOBEL	RDG	JF	128545/Y	7	CATCHLOVE	MATTHEW	MAI	J	204409
6	WITHALL	MARK	SOA	S	108703/F	7	CAWTHORN	WILLIAM	CAM	S	DT
6	WOOD	DAVE	WOR	V	117429/F	7	CHAMINGS	OLIVER	YRK	V	16074
6	WOOD	KATIE	BAN	F	213363/Y	7	CHAPMAN	BRIAN	KIR	V	SCA 0001
6	WOOLACOTT	ADRIAN	IND	VC	221752	7	CHERRY	CHRISTOPHER	TON	V	108999/F
6	WRIGHT	ANT	BSF	V	111414/F	7	CHILDSTONE	AMANDA	WEY	VF	96040/C
6	WYLIE	ROBERT	SOU	S	53361/F	7	CHMIEL	ALISON	NOT	VF	212691/C
6	YUILL	ADAM	NOR	S	???	7	CHMIEL	TADEK	NOT	J	212692/Y
6	YURKOWICH	KARL	RIC	S	204658	7	CHRISTIE	DONALD	MAD	V	24619/F
						7	CHUDLEY	COLIN	BRI	V	409/F
7	ABBY	ALAN	RDG	V	DT	7	CLIVE	JOHN	GAI	V	84484/F
7	ABSOLOM	PETE	BAS	V	25029/F	7	CLIVE	LOUISE	GAI	VF	107595/C
7	ALBON	JOSHUA	BLN	J	116749/Y	7	COLLETT	ALAN	TRU	V	212956/F
7	ANDERSON	KEITH	BAN	V	120370/F	7	COLLIER	JENNIFER	WOR	JF	WOR/225
7	ANDREWS	ELEANOR	WOR	JF	WOR/171	7	CONNELL	MATTHEW	ELM	J	218958/Y
7	ARMITAGE	ELLEN	FOX	F	218510/F	7	COOLEY	DARREN	BSF	S	68280/F

MARATHON RANKINGS

Div.	Surname	First name	Club	Age	BCU No.	Div.	Surname	First name	Club	Age	BCU No.
7	COOMBER	RUPERT	FOY	S	274495	7	HARNETT	RAIT	RIC	V	203985/F
7	COOPER	EDWARD	PAN	V	117604/F	7	HARPER	GARY	BAN	V	221883
7	CORK	BEN	FOX	S	DT	7	HARRALL	MARTIN	BOA	V	6792
7	COTTERILL	FERN	NOT	F	DT	7	HARRIS	ANDREW	RDG	V	213997/F
7	CRAIGIE	JANE	RDG	VF	98278/C	7	HART	ROD	WOK	S	115436/F
7	CROOKS	RICHARD	CLM	C	105428/F	7	HAYES	PAUL	RIC	S	DT
7	CROSSWOOD	DOMINIQUE	PLY	JF	125089/Y	7	HENDERSON	ALAN	KIR	V	SCA 9680
7	CROSSWOOD	TIM	PLY	V	128767/F	7	HENDERSON	PAULA	KIR	JF	SCA 9680/Y
7	CUMMINGS	MATTHEW	CLM	J	CLM/822	7	HILL	DAVID	ACU	S	127603/F
7	CURTIS	ALAN	CLM	V	122765/F	7	HILTON	MARC	PLY	S	228886/F
7	DAINS	RONALD	BAD	V	4403/F	7	HILTON	PAUL	PLY	S	113514/F
7	DAMANT	SIMON	TON	V	84120/F	7	HOLDEN	CRAIG	LGW	J	DT
7	DARLING	WAYNE	ACU	S	116125/F	7	HOSKIN	KEITH	SBI	V	17179/F
7	DAVIES	NEIL	HER	V	116245/F	7	HOYES	JOSEPH	IND	SC	228397
7	DRISKEL	DANIEL	EAL	S	235518	7	HUDD	ALISON	GRI	F	71225/F
7	DUCK	MATTHEW	RIC	JC	128873/Y	7	HULME	JAMIE	CAM	V	31708/F
7	DUFFIELD	LEWIS	CLM	J	CLM/704	7	HUMPHREYS	COLIN	LEA	V	42553/F
7	DYER	MARK	BAS	V	220941	7	HUNTER	JON	MAI	S	72619/F
7	EASSON	EUAN	LGW	J	sca 0565	7	HUTCHINSON	IAIN	ACU	S	30063/F
7	EDGAR	STUART	SOL	C	59964/F	7	HUTCHINSON	STEPHEN	WOR	V	49981/F
7	EDWARDS	MARK	ACU	V	71088/F	7	HUTT	FIONA	C&K	VF	SCA 4411
7	EMBREY	JOHN	BUR	V	5412/F	7	HUTT	JENNY	RIC	JF	SCA 4411
7	ESCOTT	TIM	BOA	J	217689	7	HUTT	JONATHAN	C&K	V	SCA 4411
7	ESSEX	ANDREW	BRI	V	DT	7	ILLINESI	PAUL	ELM	J	203012/Y
7	FALK	KEVIN	FOX	V	2335341	7	IRELAND	DAVID	RIC	S	DT
7	FARQUHARSON	STEWART	NOR	V	110904/F	7	JAMES	GRAHAM	CHE	V	DT
7	FARRINGTON	GRACE	ROY	JF	ROY/043	7	JEFFERIES	DAVID	PEN	V	117870/F
7	FERGUSON	GARETH	GAI	S	52007/F	7	JEFFRIES	RICHARD	IND	SC	228376
7	FEUILLADE	ALEC	PAN	J	108102/Y	7	JEFFS	ANDREW	BAS	J	111697/C
7	FINCH	MARK	MAD	V	79946/F	7	JEFFS	PAUL	BAS	V	111695/F
7	FINNIS	JOE	ROY	J	ROY/031	7	JOHNS	JONATHAN	BAS	V	223018
7	FITZGERALD	LEE	CLM	V	DT	7	JOHNSON	DANIEL	CLM	J	CLM/1048
7	FLACK	MICHAEL	BOA	J	BOA/R33	7	JUDGE	ALEXANDRA	BSF	F	121726/F
7	FLYNN	STEVE	BAN	V	235116	7	KELLY	ALAN	RM	S	DT
7	FOLEY	DANIEL	LBZ	J	227231	7	KELLY	ELIZABETH	KEN	JF	117116/Y
7	FOODY	CARL	CLM	V	55984/F	7	KERR-SHAW	BENJAMIN	RM	S	DT
7	FORESTER	GRAHAM	BOA	V	221791/F	7	KIRKWOOD	DAVID	CLM	V	DT
7	FRANKLIN	ZACHARY	WIN	J	104474/Y	7	KIRSCHSTEIN	TONY	RDG	J	RDG/052
7	GAFFARD	CATHERINE	WOK	F	203759/F	7	LAKE	HANNAH	NOR	JF	218343/Y
7	GALUCKA	KLAUDIA	RIC	F	226349	7	LAMBERT	CONNER	SHP	J	SHP/072
7	GARDNER	DONALD	LGW	S	SCA 921	7	LAMBERT	KATIE	BAS	F	218644/F
7	GARDNER	STEPHEN	LIN	V	201929/F	7	LARKIN	SIMON	NOT	V	DT
7	GARSON	WILLIAM	WEY	V	54958/F	7	LAXTON	ROWAN	RIC	S	???
7	GATES	BARRY	HER	V	3645/F	7	LEEKE	GARY	WOR	S	DT
7	GILES	LAURA	FOX	F	218978	7	LINNELL	EMILY	NOR	JF	128480/Y
7	GILLESPIE	STEPHEN	PAN	J	115792/Y	7	LO	JOSEPH	SOU	V	52388/F
7	GILLIAND	WAYNE	RIC	S	DT	7	LOFTHOUSE	CARL	PAN	J	224463
7	GINGELL	CHARLIE	PAN	S	98415	7	LUCAS	DOMINIC	WOK	V	203763/F
7	GLOSTER	MARTIN	WOR	V	47789/F	7	MAINPRIZE	SARAH	RDG	VF	207815/F
7	GOHAR	MARCUS	RIC	VC	10803/F	7	MARKS	ROY	TON	V	27423/F
7	GOLEBIEWSKI	ZBIGNIEW	BAS	S	DT	7	MARRIOTT	HELEN	CHE	VF	225957
7	GOODLAD	BETHANY	LBZ	F	123428/C	7	MARTIN	ALAN	RIC	S	DT
7	GOODLAD	STEVE	LBZ	V	106637/F	7	MARTIN	ALISON	RIC	JF	RIC/052
7	GORE	CHRISTOPHER	CLM	V	103346/F	7	MARTIN	DEAN	TON	V	116025/C
7	GREEHY	LUCY	FOX	JF	214545	7	MARTIN	GEZ	BAS	V	201086
7	GREEN	DAVID	IND	V	DT	7	MATHIESON	JOHN	TON	V	230304
7	GROUTEAU	JULIAN	RIC	S	124600	7	MATTHEWS	DAVID	PLY	S	107988/F
7	GROVER	LIAM	WOR	S	DT	7	MATTHEWS	NEIL	BAS	V	209466/F
7	GRUNDY	ROD	LEA	V	DT	7	MAUNDER	ANTONIA	WOR	F	222845/F

MARATHON RANKINGS

Div.	Surname	First name	Club	Age	BCU No.	Div.	Surname	First name	Club	Age	BCU No.
7	MAY	DEBORAH	SHF	F	129106/F	7	ROBINSON	TOLLY	PNZ	J	230991
7	MAYLAND	JOANNE	MAD	F	46782/C	7	ROSSITER	JAMES	WEY	V	1489/F
7	MCCAIG	LEE	KIR	S	SCA 8344	7	ROWBOTHAM	DAVID	NOT	J	NOT/510
7	MCKENZIE	ALISTAIR	TSP	V	SCA 3524	7	RUFF	GEMMA	ROY	JF	ROY/084
7	MCKENZIE	ANDREW	ADL	V	DT	7	RUSSELL	PHILLIP	SHF	V	18131/F
7	MEDSON		RIC	S	DT	7	RYAN	LUCY	BAN	VF	219809/F
7	MEIKLE	DUNCAN	FLA	JC	124716/C	7	SCHANDELMAYER	JOHN	RIC	V	126710/F
7	MELLY	MATTHEW	RM	S	209059/F	7	SEALEY	HANNAH	RDG	JF	RDG/001
7	METCALFE	ANDREW	PAN	S	DT	7	SELWOOD	PETER	BEJ	V	103665/F
7	METCALFE	VICKY	PAN	VF	58497/F	7	SHARP	JARED	FOX	S	DT
7	MIDDLETON	MEGAN	FOY	JF	223151	7	SHAW	ALEX	FLA	S	DT
7	MILES	ARCHIE	LIN	V	120719	7	SHEPHARD	EVAN	CLM	S	74560/F
7	MISSEN	HANNA	BOA	JF	BOA/R30	7	SMITH	MARTIN	SOU	V	104075/F
7	MISSEN	JAMES	BOA	J	BOA/R40	7	SMITH	SUE	RIC	F	118341/F
7	MOESSNER	SUSI	ITG	F	SCA 8709	7	SOLLARS	MATT	IND	SC	228377
7	MORAN	JAYNE	WOR	VF	108664/C	7	SPURR	ANDREW	FOX	S	121310
7	MUDD	JONATHON	BAS	V	118880/F	7	SQUIBBS	AUSTIN	FOY	J	213943
7	MUDD	RICHARD	RIC	S	217019/F	7	STAFFORD	WILLIAM	BEJ	V	103441/F
7	MURNAGHAN	LIZ	BAS	VF	26107/F	7	STAMP	RAY	CHE	V	119057/F
7	MURPHY	ALICE	BAN	JF	BAN/035	7	STANTON	DAVID	BAN	V	219808/F
7	MURR	ANTHONY	SHF	V	75227/F	7	STONE	KATHRYN	BAN	JF	BAN/048
7	MYATT	HUW	RDG	S	226107	7	STOPFORTH	IAN	PAN	V	111499/F
7	MYLETT	AMANDA	LIN	VF	95989/C	7	STOREY	DES	NOT	V	DT
7	NIXON	OLIVER	ACU	S	ACU/003	7	STRATHDEE	STUART	WRL	S	9143/F
7	NOBBS	DEAN	ART	S	216204/F	7	STRONGE	SAM	NOR	J	NOR/015
7	NORAIKA	DANIEL	EAL	V	43675/F	7	STYAN	KATHRYN	FLA	JF	217267/Y
7	O'BRYNE	DOM	RDG	V	125516/F	7	SUMNER	GARI	SHF	V	228004
7	OXY	MARTYN	ART	S	296280/F	7	SURRAGE	PAUL	BSF	V	55059/F
7	OXTOBY	LYDIA	LBZ	JF	124554/C	7	SWALLOW	SARAH	CHE	VF	95971/C
7	PARKER	DAVID	NOT	V	97420/C	7	SWETNAM	HUW	BUR	S	DT
7	PARKER	HEATHER	NOT	VF	66792/F	7	SYKES	JENNY	ANK	JF	ANK/008
7	PARKER	JAMES E	WOR	S	108723/F	7	TAYLOR	ALAN	BAS	V	226401
7	PARKINSON	ANDREW	CHE	V	25722/F	7	TAYLOR	IAN	SOU	V	36012/F
7	PARSED	MANEESH	RIC	V	220853/F	7	TAYLOR	LOUIS	CKP	J	211505
7	PEARCE	KEVIN	FOY	V	107054/F	7	TAYLOR	MAX	SOU	J	SOU/001
7	PEARCE	RAY	BAN	V	79460/F	7	TENG	WEIKEONG	GLU	S	
7	PEARTON	ROSS	IND	VC	199/F	7	THOMAS	ALEX	ELM	J	207387/Y
7	PECKOVER	GARY	NOT	V	37701/F	7	THOMAS	GEORGIA	BSF	JF	208617/Y
7	PELC	GARY	GLU	S		7	THOMAS	MARK	IND	V	SCA 9928
7	PENDLE	ALI	NOR	VF	96009/C	7	THOMASSON	EDWARD	PLY	V	7794/F
7	PEREIRA	WENDY	ADS	VF	68819/F	7	TILBURY	ROBIN	PAN	V	232071
7	PHILLIPS	JOSH	NOT	J	NOT/010	7	TONNER	EMMA	LIN	JF	LIN/019
7	PHILLIPS	OWEN	COF	V	WA 7355	7	TOURT	MICHAEL	BUR	S	DT
7	PIKE	SARAH	LIN	VF	205726/F	7	TRACE	TIMOTHY	RIC	S	214183/F
7	PINNOCK	RACHAEL	BSF	JF	BSF/029	7	TRIEGAARDT	KAREN	RIC	F	128003/F
7	PLUMMER	SAMUEL	LBZ	J	222744	7	TROY	ETHAN	SOL	J	SOL/040
7	POSTILL	HARRY	POO	J	127063	7	TUPLIN	CHRIS	NOR	V	9674435/F
7	PUCKRIN	PHILIP	YRK	V	DT	7	VANNIEKERK	STEPHNE	RIC	F	DT
7	PUNTER	MICHAEL	BAN	V	62075/F	7	VENTKATESAN-O	PURNA	RIC	S	119565
7	PYKE	ANGUS	RIC	V	219430	7	VOLLER	SHIRINE	HEM	F	211282
7	QUIBELL	PETER	RIC	V	219948/F	7	WADSWORTH	BETHANY	ROY	JF	209167/Y
7	RALPHS	DAVID	RIC	S	215796/F	7	WALKER	KEITH	EBC	V	1569/F
7	REEVES	ALEX	ADS	J	119257/Y	7	WALKER	MICHAEL	BUR	V	39456/F
7	REEVES	NICHOLAS	ADS	V	85746/F	7	WALKINTON	JAMES	CLM	J	CLM/852
7	REID	ROBERT	PLY	J	220669/Y	7	WALSH	KIM	BUR	F	DT
7	RICHARDS	LAURA	SHF	F	76200	7	WARD	RICHARD	EXE	V	15061/F
7	RIDDIFORD	GARETH	FOX	S	235753	7	WARLAND	CARL	BAN	S	112390/F
7	ROBINSON	ALASTAIR	LBZ	J	203557/Y	7	WARREN	IAN	BAN	V	128839/F
7	ROBINSON	LAWRENCE	PLY	J	130497/Y	7	WEBB	JOANNE	SOU	F	224375

MARATHON RANKINGS

Div.	Surname	First name	Club	Age	BCU No.	Div.	Surname	First name	Club	Age	BCU No.
7	WEBB	TIM	CAM	V	203068/F	8	BLACKBURN	KIERON	BOA	V	104035/F
7	WEBSTER	RICHARD	LIN	S		8	BLUNDELL	HELEN	NOR	JF	115825/Y
7	WEIR	ROGER	BAN	S	206057/Y	8	BOLD	LEANNA	NOT	JF	232398
7	WETHERALL	TREVOR	RIC	V	1561/F	8	BOLTON	JON	FOX	V	TBC
7	WHIPP	STEVEN	BSF	V	64036	8	BONHAM	ANDREW	WEY	JC	210406/Y
7	WHITTLE	JOSEPH	SHF	J	SHF/023	8	BONHAM	ANDREW	WEY	SC	DT
7	WHYSALL	NATALIE	NOT	F	205462/F	8	BOREHAM	NICHOLAS	BAS	J	BAS/141
7	WIGNALL	AMY	RUN	JF	RUN/032	8	BOWLES	PHILIP	MAI	V	27406/F
7	WILLIAMS	NICOLE	ROY	JF	ROY/044	8	BOYT	JAMIE	WOK	J	211866/Y
7	WILLIAMS	PHILIP	CHE	J	CHE/004	8	BRADLEY	ANDREW	WAV	S	203311/F
7	WILLIS	J	IND	S	74078/F	8	BRANCH	CHRISTOPHER	BAS	J	BAS/143
7	WILSON	LUKE	FOX	S	205396/F	8	BRETT	JIM	BSF	V	207571/F
7	WOOD	MEGAN	BAN	JF	217546/Y	8	BRETT	JUNE	BSF	VF	207570/F
7	WORTHINGTON	SEAN	EAL	V	213979/F	8	BRIGHT	DALE	ROY	S	DT
7	WRIGHT	STEWART	GRI	S	220480	8	BROWN	ALISON	TSP	F	SCA 3115
7	WYATT	JOSIE	RIC	F	DT	8	BROWN	DANIEL	SBI	S	50858/F
7	WYDAM-SMITH	JANE	EAL	VF	DT	8	BROWNLEE	KATHY	FOX	F	214354/F
7	WYLLIE	ROBERT	SOU	C	53361/F	8	BULMER	GRAHAM	CHE	V	39417/F
7	YATES	JAY	BRY	J	BRY/015	8	BURGOYNE	ALAN	HER	V	36860/F
7	YATES	KEITH	WOL	V	3953	8	BUSUIOC	ANREI	RIC	S	DT
7	ZAHN	NICOLE	CAM	F	230040	8	BUTLER	ROSIE	FOX	JF	FOX/004
8	ABSON	WILLIAM	RIC	S	231636	8	BUTTON	PETER	BAN	V	126576/F
8	ACREMAN	MALCOLM	POO	V	38932/F	8	CAMPBELL	JESSICA	LBZ	JF	LBZ/114
8	ACTON	ALAN	WOL	V	DT	8	CARPENTER	DEBBIE	BAS	VF	52078/F
8	ADLER	JANA	ROY	JF	ROY/082	8	CARY	XANDER	WEY	J	WEY/099
8	AITCHISON	HARRY	BRY	J	BRY/025	8	CAWSTON	MILLIE	CLM	JF	CLM/992
8	ARCHER	HARRY	ELM	J	227466	8	CAYFORD	ANTHONY	BSF	J	120891/Y
8	ARMESHAU	LOUISE	EXE	F	55448/F	8	CHALLIS	RYAN	LIN	J	LIN/027
8	ARMESHAU	ROBERT	GAI	V	56450/F	8	CHAPMAN	CALLUM	BAN	JC	BAN/042
8	ATHERTON	PAUL	PAN	V	218170/C	8	CHICKEN	EDWARD	PLY	J	DT
8	AULD	ALISON	WEY	F	220641/F	8	CHITTOCK	JOHN	BAN	V	19794
8	AUSTEN	JAMIE	PLY	J	220775	8	CHURCH	NICK	RIC	S	DT
8	AUSTEN	STEVEN	PLY	S	DT	8	CIANCHI	DAVE	HER	V	45843/F
8	AXE	DAVID	KIN	V	201930/F	8	CLARK	JAMES	PLY	J	126914/Y
8	BADELEK	JOHN	WEY	C	37224/F	8	CLARK	JEREMY	TON	V	206280/F
8	BAINES	MATTHEW	4AS	J	204165/Y	8	CLAYTON-JONES	CAROLINE	BAS	F	225926
8	BAKER	RICHARD	BSF	V	116134/F	8	CLEAVER	CHRIS	MAD	V	79946/F
8	BARBER	JENNY	SOL	JF	SOL/029	8	COATES	TOM	ACU	S	127606/F
8	BARNETT	NICK	FOX	J	FOX/???	8	COLLCOTT	RICHARD	BRY	J	BRY/021
8	BARNICOAT	TOBY	TRU	S	DT	8	COLLIER	ALISTAIR	WOR	V	DT
8	BARROW	JONATHAN	PAN	J	110873/C	8	COOK	ANDY	MLO	V	128062
8	BARTON	FREDDIE	PLY	J	DT	8	COOK	ANDY	ELM	V	18446
8	BATE	JOEL	SOL	J	SOL/027	8	COOK	JON	SOL	S	DT
8	BATES	DIANE	ELM	VF	81395/F	8	COPE	MEIKA	BUR	JF	BUR/611
8	BEER	EMMA	ROY	JF	ROY/038	8	COTTLE	GRAHAM	BOA	V	57653/F
8	BEEVERS	JOE	WEY	J	WEY/110	8	COTTON	JAMES	4AS	J	208014/Y
8	BELBIN	DAVID	NOT	VC	18674/F	8	COULTON	GARY	RIC	S	104723/B
8	BELCHER	SARAH	MLO	F	79506/Y	8	COXON	LIZZIE	NOT	JF	NOT/507
8	BELCHER	TERRY	MLO	V	83321/F	8	CRAIG	MATTHEW	LEA	S	12050/F
8	BELL	JASON	BAN	S	DT	8	CROSBY-JONES	STEVEN	ACU	S	205495/F
8	BELLAMY	HEATHER	NOT	F	DT	8	CULLINGTON	MARK	RIC	S	660653/F
8	BENNETT	PETER	CHE	V	130634/F	8	CURTIS	DAVID	KIM	S	224960
8	BENTLEY	ROSS	BUR	J	BUR/503	8	CURTIS	JENNIFER	LBZ	JF	LBZ/104
8	BERCHTOLD	OLIVER	RIC	S	DT	8	DALRYMPLE	DANIEL	ITV	V	2624/F
8	BERRY	JENNIFER	IND	F	SCA 4256	8	DARK	ADRIAN	BOA	V	23632/F
8	BEVERIDGE	FIONA	TSP	F	SCA 8575	8	DAVIDSON	CHARLES	POO	V	224629
8	BISHOP	DAVID	RAF	S	DT	8	DAVIS	RICHARD	ITV	V	1172/F
8	BISHOP	SIMON	EAL	J	EAL/001	8	DAVISON	PAUL	MAD	V	53985/F
						8	DAW	CATHERINE	FOX	JF	FOX/007

MARATHON RANKINGS

Div.	Surname	First name	Club	Age	BCU No.	Div.	Surname	First name	Club	Age	BCU No.
8	DE FERRER	MADDIE	ELM	JF	217690/Y	8	HADLAND	LIZ	ELM	F	218734/F
8	DEACON	DAVID	ADS	V	83854/F	8	HALL	GARY	EXE	S	227732
8	DIXON	KIM	LBZ	V	119777/F	8	HALL	JEREMY	WOK	V	57011/L
8	DIXON	PETER	KIN	V	121332/F	8	HAMPTON	KEITH	SOA	V	17130/F
8	DMITRIENKO	ALEXEI	EXE	V	DT	8	HANSELL	BEN	BAS	J	BAS/171
8	DOBBIE	DERRICK	LBZ	V	84212/F	8	HARDING	JOHN	LBZ	V	218633/F
8	DOBBS	MATT	RIC	S	DT	8	HARRIS	DENISE	DCP	VF	DT
8	DOMAN	LESLEY	CLM	VF	DT	8	HARRISON	MARTYN	EXE	V	215649/F
8	DOWER	KEVIN	ADJ	V	128576/F	8	HEAD	MIKE	CLM	V	59628/F
8	DOWMAN	SARAH	LEA	F	211949/F	8	HEARY	SARAH	WOK	VF	123854/F
8	DROMARD	ROBIN	BSF	V	17255/F	8	HEMPENSTALL	MIKE	ELM	S	204333/F
8	DUNCAN	MELANIE	BSF	F	98589/C	8	HICKS	CHARLES	BAS	V	20209/F
8	DUNIAM	GEOFF	RIC	S	DT	8	HICKS	JULIE	NOR	VF	49704/F
8	DUNSTAN	TINA	FOY	F	52196	8	HILEY	ROGER	BAN	V	70651/F
8	DUNSTER	ROSE	RIC	JF	RIC/088	8	HILL	SIMON	CLM	V	221622
8	DUQUE	JESUS	RIC	J	RIC/150	8	HILL	TRISTAN	CLM	J	CLM/177
8	DYKE	MARTIN	SOU	V	120598/F	8	HILLS	CHRISTOPHER	BAN	V	203494/F
8	EBBAGE	ALAN	BAS	V	213391	8	HILLS	IRENE	BAN	VF	123142/F
8	EDGAR	STUART	SOL	S	59964/F	8	HODGE	REBECCA	LGW	F	DT
8	EDWARDS	PATRICK	PAN	J	PAN/798	8	HOEY	STEVE	RM	S	DT
8	EDWARDS	ROGER	CLM	V	38140/F	8	HOLDWAY	RUTH	TRE	F	73613
8	ELLIOTT	MIKE	RM	S	DT	8	HOLLAND	ELINOR	CHE	JF	CHE/011
8	ELLIS	CHARLOTTE	LBZ	JF	LBZ/105	8	HOLMES	PHILLIP	SHP	S	200942
8	ELMHIRST	ORLANDO	SOL	V	205542/F	8	HOOTON	ANTHONY	ANK	V	108636/F
8	ENOCH	PAUL	NOT	VC	7917/F	8	HOSIE	JESSICA	SHP	JF	SHP/018
8	ESCOTT	LUKE	BOA	J	BOA/045	8	HOUSTON	JOHN	HEM	V	118370
8	EWINGTON	EMMY	LBZ	JF	221452	8	HOWARD	DARREN	WOR	V	55361/F
8	FAIRLEY	JAKE	RLS	J	227747	8	HUDSON	KEN	ELM	V	64777/F
8	FARLEIGH	STEVE	RIC	S	219669	8	HUGHES	CHARLIE	BRY	J	BRY/024
8	FAULKNER	KIERAN	LBZ	J	LBZ/046	8	HUGHES	DAVID	BEJ	V	37592/S
8	FEUILLADE	ALECIA	PAN	VF	108100/F	8	HUISMAN	MARTINE	SOU	VF	96855/C
8	FINNIS	BEN	ROY	J	ROY/030	8	HUNT	JULIE	RLS	VF	129853/F
8	FISHER	SARAH	FRE	JF	MAD/001	8	HUNTER	ANDREW	SOA	S	116872/F
8	FLETCHER	MATTHEW	RIC	V	204397/F	8	HUSSEY	MANDY	LBZ	VF	200625/C
8	FRANCIS	LYNN	PAN	VF	83130/F	8	HUTCHINSON	ADAM	ELM	S	DT
8	FRANCIS	SARAH	BAS	F	222746	8	HUYTON	MARGARET	MAD	VF	227489
8	FRANKLIN	ELIZABETH	ANK	VF	54664/F	8	INETT	ROBERT	???	S	DT
8	FREEBODY	CALVIN	WEY	J	WEY/179	8	JACKSON	NORMAN	IND	V	DT
8	FREEBODY	SEBASTIAN	WEY	J	WEY/180	8	JARY	KARL	RIC	S	DT
8	FREEMANTLE	JON	BAS	J	226355	8	JAYNE-COUPÉ	FLORA	RDG	JF	RDG/069
8	GAGE	ANDREW	???	V	217485	8	JAYNE-COUPÉ	KATE	RDG	JF	RDG/068
8	GANDY	BRIAN	BAS	V	20172/F	8	JOHLINIUS	JOHANNA	RIC	S	DT
8	GARNER	ADRIENNE	HEM	VF	42975/F	8	JOHNS	ALEX	PLY	J	118248/Y
8	GARSIDE	DEBBIE	LBZ	VF	127029/C	8	JONES	CATHERINE	SHP	F	207101/F
8	GASPAR	MIGUEL	CMU	S	219962	8	JONES	CHRIS	BAN	V	67520/F
8	GELDER	SIMON	IND	V	DT	8	JONES	PETER	HER	V	4084/F
8	GILDER	JODETTE	RDG	JF	RDG/037	8	KAY	HARVEY	NOT	J	NOT/802
8	GILL	OLLIE	WEY	J	WEY/137	8	KELLY	JONATHON	RDG	J	RDG/024
8	GLOVER	DAVID	CAM	V	231864	8	KILLIP	REBECCA	RIC	JF	RIC/051
8	GONZALEZ	TONY	BAN	VC	128735/F	8	KIND	THILO	EBZ	J	EBZ/019
8	GOULD	SAM	SOU	J	SOU/018	8	KIRSCHSTEIN	SAM	RDG	J	219803
8	GOWER	JENNY	FOX	F	208257	8	LAMBERT	RUBY	NOR	JF	NOR/002
8	GRANGE	SAM	WOK	J	WOK/012	8	LANCETER	TOBY	WOK	V	11889/L
8	GRANTHAM	WILLIAM	BOA	J	BOA/R38	8	LARSEN	JOSE	LBZ	VF	125711/F
8	GREEN	BEN	CKP	J	120213/Y	8	LAWS	ALAN	LIN	V	1877/F
8	GREEN	CHRISTOPHER	PAN	J	PAN/007	8	LE BLAIS	CHARLES	ROY	J	ROY/076
8	GREEN	DAVID	EXE	V	6137/F	8	LEE	JOHN	HER	V	2457/F
8	GRIFFIN	DONNA	NOT	F	61998/F	8	LEMIN	JAMES	PAN	V	44457/F
8	HADAVIZADEH	TOM	BOA	J	BOA/R39	8	LEONARD	JAMES	PAN	S	225262

MARATHON RANKINGS

Div.	Surname	First name	Club	Age	BCU No.	Div.	Surname	First name	Club	Age	BCU No.
8	LIPSCOMBE	REBECCA	WEY	JF	WEY/162	8	PATERSON	TOM	RDG	V	80580/F
8	LITTLEWOOD	JULIE	NOT	VF	128211/F	8	PEARCE	EMMA	FOY	F	111182/Y
8	LO	HELEN	SOU	VF	96742/C	8	PEDLAR	KATE	WOR	F	112424/F
8	LOCKE	DARREL	ADJ	S	DT	8	PETERS	JAMES	KIR	J	SCA 9358/Y
8	LOVE	DAVE	RM	S	DT	8	PHILLIPS	STEPHEN	ADJ	V	74579/F
8	LOWE	JULIE	4AS	F	77746/F	8	PHIPPS	TAMSI	RDG	VF	96010/F
8	LUSTY	TOM	SOL	J	SOL/046	8	PICKERING	BEN	SOU	J	215471
8	LYNES	PAUL	BAN	V	220534	8	PINNS	JOSEPH	IND	J	
8	MABBUTT	SCOTT	IND	V	31132	8	PIPE	HARRIET	ELM	JF	227826
8	MADELEY	DAVID	CHE	V	43117/F	8	PLANTIER	FRANCOIS	BAN	S	221833
8	MALCOLM	ANTHONY	NOT	V	110398/F	8	POSTILL	PAUL	TRU	V	221185/F
8	MALLET	JOHN	CAM	V	81949/F	8	POWELL	J	RIC	F	DT
8	MARKEN	ANDREW	ELM	J	232237	8	PRENTICE	MARK	BOA	V	58986/F
8	MARKUS	CHARLIE	BRY	J	BRY/006	8	PURCHASE	MAUREEN	PAN	VF	77496/F
8	MARTIN	LORAINNE	TON	VF	116024/F	8	PURSER	JULIAN	SOL	V	229945
8	MARTIN	SIMON	RIC	S	DT	8	PUYDEBOIS	SEBASTIAN	RIC	S	DT
8	MATTERSON	HARRY	LBZ	J	204828/C	8	QUITENTON	DEBORAH	LIN	VF	227713
8	MATTHEWS	DEBBIE	LBZ	VF	108913/F	8	RABIER	ISABELLE	RIC	F	231570
8	MAY	ANDREW	SHP	S	129107	8	RAWSON	ANDY	RDG	V	45226/F
8	MAY	JOHN	TRU	V	22447/F	8	REBOUL	MAX	MAD	J	MAD/008
8	MAYLAND	ANDREW	MAD	V	80406/F	8	REDMOND	SEAN	LGW	J	SCA 10429
8	MCCLUSKEY	STEVEN	PAN	V	65287/F	8	REES-CLARK	STEPHEN	BAS	J	200414
8	MCDONNELL	ANDREW	NOR	J	NOR/???	8	REES-CLARK	TRACY	BAS	VF	200413/C
8	MCKAY	GREG	RIC	S	DT	8	REESE	HAYLEY	HER	F	219057
8	MCLEAN	ANNE MARIE	BAN	VF	129130/F	8	RICHARDS	WILL	MAI	J	226412
8	MCLEAN	NATASHA	BAN	JF	BAN/062	8	RICHARDSON	BRENDON	4AS	S	201761/F
8	MCMANUS	KATE	NOT	VF	DT	8	RICKETTS	EMMA	ANK	JF	ANK/021
8	MCMORRIN	BRIAN	KIR	V	SCA 6515	8	RIMINGTON	DAVID	SOL	V	111668/F
8	MCMORRIN	LINDSAY	KIR	JF	SCA 6515	8	ROBERTS	MARTIN	RIC	S	DT
8	MEDINA	CLAIRE	KIN	JF	126297/C	8	ROBERTS	STACEY	SHP	F	228389
8	MEDLAND	CHLOE	SOU	JF	123521	8	ROBERTSON	DON	LIN	V	34430/F
8	MEREDITH	RACHAEL	BOA	JF	BOA/R31	8	ROBINS	GUY	BAN	V	124144/F
8	METCALFE	GEORGINA	PAN	JF	82829/Y	8	ROBINSON	HOLLY	SHP	JF	SHP/069
8	MILLER	DAVID	RIC	S	DT	8	ROBINSON	PHILIP	SHP	V	213719/F
8	MILWARD	MAX	BRY	J	BRY/007	8	ROBINSON	RICHARD	PLY	V	212670/F
8	MITCHELL	DANIEL	CLM	J	CLM/879	8	ROBSON	SARAH	SBI	F	116674/F
8	MONK	HANNAH	WEY	F	116032/F	8	ROMAIN	EMILY	RIC	JF	RIC/110
8	MORRIS	SAM	???	S	226336	8	ROSE	ELEANOR	FOX	JF	224438
8	MOWATT	DIANE	LEA	VF	18889	8	ROSE	PAUL	PLY	V	29374/F
8	MUIR	TIM	INV	V	SCA 10358	8	ROWLINSON	MIKE	BAN	V	126366/F
8	MURPHY	HEATHER	BAN	V	115582/C	8	RUFF	ANTHONY	ROY	S	235330
8	MURPHY	MELANIE	BAN	VF	110499/C	8	SAMS	KEVIN	MET	V	DT
8	MYLETT	DAVE	LIN	V	5147/F	8	SANDER	PAUL	CDF	V	WCA 7165
8	NADAL	KATH	NOT	VF	95958/C	8	SANDERS	BEN	GRI	J	124209/D
8	NASH	SARAH	NOT	JF	226281	8	SAPSFORD	KELLY	BAN	VF	208328
8	NATHAN	WILLIAM	EAL	J	EAL/005	8	SEAGER	MIKE	SHP	V	111814/F
8	NEWSON	ASHLEY	NOR	J	NOR/007	8	SELWOOD	CARLY	BEJ	F	106392/F
8	NOBBS	ASHLEY	NOR	J	NOR/008	8	SEN	KAMALA	DCP	VF	WCA 3571
8	NORTH	ROBIN	RIC	S	72243	8	SHARP	DIANE	LGW	F	SCA 1619
8	O'TOOLE	CIAREN	BRY	J	BRY/002	8	SHARPE	CHRISTOPHER	WAV	V	60747/F
8	OWEN	AMBER	RDG	JF	RDG/026	8	SHARPE	WILLIAM	EXE	V	226518
8	OWEN	ROBERT	CHE	V	WCA 4602	8	SHAW	GILES	FLA	J	FLA/029
8	OWEN	SAMANTHA	TRE	F	217419	8	SHAW	SEBASTIAN	FLA	JC	FLA/055
8	PALFREY	MIKE	BAN	V	129433	8	SHELMERDINE	RICHARD	PLY	S	DT
8	PALFREYMAN	SAM	EAL	J	EAL/004	8	SHIPWAY	DAVID	LBZ	V	49686/F
8	PALMER	IAN	PAN	V	118002/F	8	SILLITOE	CHRIS	PLY	V	74389/F
8	PARKER	LOUISE	CLM	JF	CLM/798	8	SILLITOE	NEIL	LBZ	V	42106/F
8	PARKER	PAUL	CLM	V	117619/F	8	SIMMONS	ANDREW	BOA	V	201792/F
8	PARKER	REBECCA	NOT	F	97421/C	8	SIMPSON	PAUL	RAF	S	DT

MARATHON RANKINGS

Div.	Surname	First name	Club	Age	BCU No.
8	SKUSE	KEVIN	DCP	V	DT
8	SLATER	JONATHAN	RDG	S	DT
8	SMELY	ANTONIA	RIC	JF	RIC/065
8	SMITH	DEREK	ELM	V	DT
8	SMITH	HOWARD	BAS	V	201873/F
8	SMITH	RHONWEN	LGW	JF	SCA 5682
8	SMYTHE	JOSHUA	RIC	JC	129215/Y
8	SOKOLOV	ANTHONY	WEY	V	125744/F
8	SPELMAN	DAVE	SHP	S	DT
8	SPITTAL	MEG	IND	F	SCA 0086
8	STADDON	CRESSIDA	ROY	JF	ROY/041
8	STALLWORTHY	RODNEY	CHE	V	823/F
8	STANNERS	ANDREW	MET	V	DT
8	STANWAY	THOMAS	CLM	J	CLM/933
8	STATKUTE	JOVITA	BAD	JF	BAD/144
8	STUART	PAUL	LEA	V	79096/F
8	SYCHA	ALEC	WOK	V	49729/F
8	SYMES	PAUL	IND	V	DT
8	TASKER	ROSIE	BAN	JF	BAN/052
8	TAYLOR	HELEN	RIC	JF	RIC/131
8	TAYLOR	SAM	IND	J	DT
8	TEMPLETON	SUE	ITV	VF	1656/F
8	TERRY	PHILIP	NOR	V	228342
8	TERRY	STACEY	NOR	JF	NOR/014
8	TEW	HAYLEY	FOX	F	DT
8	THOMAS	NEIL	RIC	V	112705/F
8	THOMAS	PETER	SOU	V	49685/F
8	TOMKINS	KENNETH	PAN	V	52006/F
8	TONNER	CHARLES	LIN	V	128462/F
8	TRAIN	JO-JO	FLA	JF	FLA/090
8	TRIEVNOR	LUCY	ELM	JF	ELM/084
8	TRUE	JESSICA	ELM	JF	ELM/069
8	TRUESDALE	TIM	BAS	V	129986/F
8	TWIGGS	MICHAEL	PEN	V	7431/F
8	TYSOE	DAVID	WOR	J	WOR/246
8	VALLANCE	GARY	BAS	S	DT
8	VENKATESAN-OGIN	PURNA	RIC	S	119565
8	VORLEY	REBECCA	ROY	JF	ROY/073
8	WALKER	BETH	NOT	JF	216090/Y
8	WALKER	CHRISTOPHER	PLY	J	108683/C
8	WALKER	HAZEL	PLY	VF	96332/C
8	WALKER	NIGEL	PLY	V	85004/F
8	WALKINTON	HOLLY	CLM	JF	CLM/851
8	WALLMAN	RICHARD	RIC	S	16147
8	WALSH	DAVE	WOR	V	203087
8	WALTERS	SARAH	BUR	JF	BUR/504
8	WATKINS	ALED	SOL	V	73977/S
8	WATSON	MARTIN	RDG	V	114659/F
8	WATT	CHARLOTTE	RDG	JF	RDG/036
8	WEBB	GEORGE	FOX	S	111111
8	WEBB	ROBIN	WLT	J	WLT/027
8	WELD	JOE	BRY	J	BRY/023
8	WELLS	TOM	WEY	S	85585
8	WESTWOOD	MATTHEW	LBZ	VC	DT
8	WESTWOOD	MATTHEW	LBZ	V	230097
8	WHAWELL	ANDREW	NOT	V	DT
8	WHITE	DEBBIE	BAN	VF	231616
8	WHITE	MARY	MAD	VF	227369
8	WHITE	PETER	WOL	S	231106

Div.	Surname	First name	Club	Age	BCU No.
8	WILSON	GED	LBZ	V	212822
8	WILSON	IAN	CLM	V	117356/F
8	WILSON	KEIRAN	EXE	J	EXE/???
8	WOOD	JONATHON	EAL	V	44136
8	WOOD	JULIE	BAN	VF	123563/F
8	WOODS	ALEX	IND	S	DT
8	WYATT	ZOWIE	CLM	JF	CLM/881
8	YATES	ROBERT	FOX	S	76391/F
8	ZHELEV	DRAGOMIR	RIC	S	DT

MARATHON RACING

Chairman's Foreword

The 2007/8 season for Marathon was, in many ways, one of mixed fortunes.

On the domestic front we had a superbly run National Championships in August courtesy of Worcester Canoe Club and in September the members of Burton Canoe Club were excellent hosts to a well attended 2008 Hasler Final. The Waterside Series attracted record numbers so much so that entries will be restricted for some of the races in the next series.

However, whilst the average attendance at Regional Hasler events remains over 100 paddlers, numbers were down slightly on last year. The pattern across the country varies widely from an average of over 200 at races in the South to some extremely low numbers in the northern regions. Increasing the popularity of racing in all regions remains a challenge to all of us in the sport and depends hugely on the enthusiasm within clubs.

Your Committee has recently announced its decision on K2 racing at regional Hasler events. We are fully aware of the challenge that remains for race organisers in regions of low numbers where divisions will continue to be amalgamated. However, it was felt right to give the opportunity where possible for crews of similar ranking to race each other at well attended races. We hope the change increases the popularity of crew boat racing in all regions. At future Hasler Finals all nine K1 and K2 divisions will be provided in the programme.

On the international front we miss the most able of our paddlers for much or all of the season as they concentrate their efforts on sprint. It is frustrating but it does give an opportunity to others and all those selected have responded with great efforts at the international meetings. Congratulations to Ed Rutherford who became Junior World Marathon Champion in both K1 and K2 and to his K2 partner, Tom Hide: two excellent results. There were also podium finishes at World Cup events for Mark Childerstone (a gold in K2 with Tom Sharpe and two bronzes); Amelia Churnside and Jessica Collins (silver); Daniel Barber in K2 with Mark; and Hazel Childerstone and Vicky Croucher (bronze in JWK2). Hazel Childerstone and Vicky Croucher performed well in the K2 race at WC2 to finish fourth just a minute behind the winners and in K1 Matt Welch and Dan Barber narrowly missed out on medals. We also sent a team to Gudena where seven of our nine boats won medals and the other two came fourth in tough and long races. Well done to all who competed and thanks to their coaches and to the staff that looked after them on the trips.

Your committee continues to fund winter training days with the aim of increasing the numbers of juniors capable of competing at international level and again plan to support development teams at some continental events.

The cost of sending international teams abroad is increasing and with the prospect of reduced grants in future we have decided, with great reluctance, to increase the paddler contribution at internationals to £100 from 1 January 2009.

None of this can happen without your support, so thanks to all competitors, coaches, race organisers, boat menders and bacon-butto makers: your efforts are much appreciated.

Brian Gandy
December 2008

MARATHON RACING

Marathon Racing Committee

Brian Gandy	Chairman: Selection Committee Chairman	GA1074
Diane Bates	Secretary	BA1485
David Enoch	Treasurer: National Champs. Coordinator: Trophies	EN1067
Ollie Harding	Calendar Compiler	HA1514
Steve Harris	Athlete development	HA1546
Sue Hawthorn		*
James Hinvies	Lightning Development	HI 1515
Roland Lawler	Rankings Officer	LA1109
Alan Laws	Newsletter Editor	LA1111
Dyson Pendle	Athlete Development	PE1317
Tamsin Phipps	Website	PH1155
Andy Rawson	Hasler Final Coordinator	RA1405
James Smythe	Athlete Development	SM 1539
Alan Williams		WI 1215 *

* Co-opted

Selection Committee

Brian Gandy - Chair
David Enoch
Roland Lawler
Alan Laws
Dyson Pendle
Alan Williams
plus the Team Manager for the event.

MARATHON RACING

Useful Addresses

CHAIRMAN	Mr B Gandy, 32 Florence Road, Church Crookham, Fleet, Hants, GU52 6LQ. e-mail gandy@adslmail.newnet.co.uk
SECRETARY	Mrs D Bates, Lesters, 11 Cranley Road, Burwood Park Walton-on-Thames, Surrey KT12 5BX e-mail diane.bates@dial.pipex.com
RACE RECORDS OFFICER	Mrs R Illinesi, Lacey Dere, Kettlewell Hill, Horsell, Woking, Surrey GU21 4JJ e-mail rosemary.illinesi@ntlworld.com
RANKINGS OFFICER	Roland Lawler, 93 Chertsey Lane, Staines, Middx TW18 3LQ e-mail diandroland@hotmail.com
CALENDAR COMPILER	Ollie Harding, 12 Maidenhead Court Park, Maidenhead SL6 8HN e-mail ollieharding@mac.com
WEBSITE	Miss T Phipps e-mail Tamsin.phipps@bcu.org.uk
<u>Regional Hasler Advisers</u>	
EASTERN	Ian Wyatt, The Coach House, Bradwell Road, Saint Lawrence, Essex, CM0 7 LW e-mail iwyatt22@yahoo.co.uk
LONDON & SE	Jim Rossiter, 101 Whyteleafe Road, Caterham, Surrey, CR3 5EJ. 01883 346631 e-mail jimrossiter@btopenworld.com
NORTH WEST	Dave Moore, 41 West Avenue, Rudheath, Northwich, Cheshire, CW9 7ER. e-mail sgurfiona@aol.com
SCOTLAND	Brian Chapman, 193 Binniehill Road, Balloch, Cumbernauld, Scotland, G68 9JH. 01236 457081 e-mail brian.chapman@kpmg.co.uk
SOUTHERN	Andy Rawson, 9 Bramley Green Road, Bramley, Hants, RG26 5UE e-mail andy.Rawson@integralis.com
SOUTH WEST	John May, 24 Trelawney Avenue, Treskerby, Redruth, Cornwall. TR15 1RH. 01209 216943 e-mail g.j.may24@btinternet.com
WEST & EAST MIDLANDS	Mick Nadal, 8, Melton Grove, West Bridgford, Nottingham, NG2 7NX 0115 914 1824 e-mail nottinghamkayakclub@yahoo.co.uk
YORKSHIRE	David Jefferies, 37 Talbot Avenue, Huddersfield, HD3 3BQ e-mail david@b14daj.fsnet.co.uk 01484 435862

MARATHON RACING

PART A – REGULATIONS AND ADMINISTRATION

These regulations are bound to the Articles of Association of the British Canoe Union. ("BCU") and were approved by the Board of the BCU ("Board") in December 2004.

1. Title

- 1.1 The Committee shall be called the BCU Marathon Racing Committee.

2. Objectives

- 2.1 The Committee interests itself in all matters arising out of and in connection with canoe and kayak marathon racing in Great Britain.
- 2.2 The Committee's objectives are to encourage club, regional, national and international marathon events.
- 2.3 Its primary responsibilities are:
- a) To organise and conduct National Championships and other competitions on behalf of the BCU.
 - b) To set and publish competition rules and make recommendations for the conduct of national and regional marathons.
 - c) To give advice, guidance, and encouragement to sponsors of marathon racing in Great Britain.
 - d) To select, train and administer teams representing Great Britain in international events.
 - e) To select, train and administer teams representing England in international events.
 - f) To maintain disciplinary regulations.
 - g) To act as final authority in disputes, protests and appeals with regard to marathon racing rules and competitions.

3. Committee

- 3.1 The Committee shall comprise up to 12 persons, being Full Individual Members of the BCU. This total shall include the Chairman, Secretary and Treasurer but does not include national delegates, co-opted members or the representative from the Regional Development Teams.
- 3.2 Members of the Committee shall serve for approximately two years and shall be eligible to stand for re-election at alternate Annual Consultative Meetings. One half of the elected members shall retire at each Annual Consultative Meeting.
- 3.3 The Chairman of the Committee shall be elected at the Annual Consultative Meeting and shall serve until the next Annual Consultative Meeting and be eligible to stand for re-election.
- 3.4 Persons who are employees of the BCU or National Associations may serve as members of the Committee with the consent of the Board.
- 3.5 The Committee shall appoint from within their membership (including co-opted members), a Secretary, a Treasurer and such other officers the Committee considers necessary for its administration and representation on other committees.
- 3.6 The Chairman has a seat on the World Class Management Group and the Committee shall appoint a representative to sit on the Sports Management Committee (SMC).
- 3.7 One representative of the marathon racing representatives on the English Regional Development Teams shall be entitled to attend meetings of the Committee as a non-voting member.

4. Co-Options

- 4.1 Committee may co-opt not more than three Full Individual Members to serve on the Committee until the next Annual Consultative Meeting. Co-opted members shall have the same voting rights as other Committee members.

5. Nominations

- 5.1 Nominations of candidates for election at the Annual Consultative Meeting shall be made to the Secretary of the Committee in writing supported by the signatures of two Full Individual Members of the BCU and must reach the Secretary not less than 42 days prior to the Annual Consultative Meeting.

MARATHON RACING

6. Proceedings of the Committee

- 6.1 The Committee shall meet at least twice in each calendar year and shall report to the SMC, which in turn shall report to the Board.
- 6.2 At least seven days notice of meetings shall be given in writing (by post, email or fax) to all members of the Committee.
- 6.3 The Secretary shall keep minutes of the proceedings of the Committee and of the Annual Consultative Meeting. Copies of the minutes shall be sent to the SMC. Copies of the agenda and minutes shall be sent to the regional marathon racing representatives.
- 6.4 Six of the members entitled to attend and vote at a meeting shall form a quorum of the Committee. Voting shall be by show of hands only and each member shall have one vote.
- 6.5 The Treasurer shall keep such books of account as the Board and the Committee may from time to time direct. The accounts of the Committee shall be submitted annually to the SMC, made up to 31 October. Approved costs of members attending meetings shall be paid.

7. General Meetings

- 7.1 An Annual Consultative Meeting shall be held in each calendar year at the National Marathon Championships.
- 7.2 At least 21 clear days' notice of the date, time and place of General Meetings shall be given to each affiliated club that has registered its interest in marathon racing with the Committee. The agenda for a General Meeting, details of the business to be discussed at the meeting and of the persons nominated for election shall accompany the notice of meeting.
- 7.3 The business of the Annual Consultative Meeting shall be:
 - (a) to receive the report of the Chairman;
 - (b) to receive a summary statement of accounts;
 - (c) to elect persons nominated to serve on the Committee, including the Chairman.
 - (d) to consider any items included in the notice of meeting. Any conclusions reached on such items shall stand as recommendations for further consideration by the Committee.
- 7.4 Only business notified in the notice of meeting shall be transacted.
- 7.5 Any item for the agenda at the Annual Consultative Meeting shall be submitted to the Secretary of the Committee in writing supported by the signatures of two Full Individual Members of the BCU and must reach the Secretary not less than 42 days prior to the Annual Consultative Meeting. Other items may be discussed at the discretion of the Chairman.
- 7.6 No business shall be transacted at any General Meeting unless a quorum of members is present at the time the meeting proceeds to do business. A quorum shall be eight Voting Members.
- 7.7 The Chairman of the Committee shall preside at General Meetings. If the Chairman is known to be unable to attend or if he remains absent 30 minutes after the scheduled start time of the meeting, the voting members present may choose a voting member to take the chair.
- 7.8 "Voting Member" means any club or organisation affiliated to the BCU who participate in and have registered an interest in marathon racing. Each voting member represented at a General Meeting by a Full Individual Member shall be entitled to one vote.
- 7.9 The Chairman shall not be entitled to vote otherwise than when a casting vote is required.
- 7.10 Voting shall be by show of hands unless two or more voting members who are present or the Chairman request a poll.
- 7.11 A General Meeting may be called at any time at the discretion of the Committee or by notice in writing to the Secretary by not less than 10 voting members. Such notice must state in the form of a motion the business to be discussed and be signed on behalf of the voting members. The Committee shall convene a General Meeting within 60 days of receipt of such notice.

MARATHON RACING

8. Sub-committees

- 8.1 The Committee may, with the prior approval of the SMC, appoint a sub-committee, standing or otherwise, for a specific period and with a specific brief. The Committee shall appoint one of its number to chair the sub-committee and all members shall be Full Individual Members of the BCU. The Committee shall supervise and be responsible to SMC for the work of its sub-committees and shall fund its sub-committees from within its set approved budget.

9. Financial Budget

- 9.1 The Committee shall set a specific annual budget each year for approval by the SMC.

10. Trophies

- 10.1 The Committee shall approve the list of trophies which are the property of the committee and are awarded each year. The Committee will also determine and publish the basis for competition for these trophies.

11. National Championships

- 11.1 Each year the Committee shall organise or nominate a National Championship Marathon event.
- The course must be typical of present courses.
 - The winners of the classes shall be considered the National Marathon Racing Champions in their respective classes.
 - Clubs wishing to stage the National Marathon Racing Championships should apply to the Committee (by the end of May two years preceding the Championships). The venue for the following year shall be announced at each National Championships.
 - The Committee shall appoint a Chief Official from outside the organising club to oversee the running of the National Championships. He/she will be the liaison between the Committee and the organising club, and will be empowered to approve such things as courses, entry fees, distance and the difficulty of courses, start times etc.
 - The organising club will provide a set of accounts of the event to the Committee by the end of December.
 - Sponsorship deals for the event shall be approved by the Committee.
 - The event shall be called the British National Open Marathon Racing Individual and Team Championship.

PART B - RULES FOR COMPETITION

General Rules Applying to All Races

1) DEFINITION

A marathon race can be raced over any distance: usually between 3km and 200km.

2) BEHAVIOUR

- Canoeing is a non contact sport and competitors shall race in a fair manner.
- When a canoe or kayak is overtaking another canoe or kayak it is the duty of the overtaking craft to keep clear of other competitors at all times.
- When a canoe or kayak is racing in a group of competitors it is the duty of all the competitors in the group to keep clear of other competitors at all times. This rule applies to any manoeuvring within the group.
- All paddlers will wear appropriate clothing when racing. This is a minimum of singlet and shorts. These should preferably be in club racing colours.

3) THE RACING STRUCTURE

- The marathon racing system has been designed to encourage all levels of competitor from the raw beginner to top class internationals. There are five categories of race: -
- GROUP A** - These races will appear in the Racing Handbook calendar. For these races the race levy must be paid and competitors must be BCU, Canoe England, WCA, SCA or CANI comprehensive members (see Rule 13).
 - Divisional races approved by the Marathon Committee. Promotions between divisions will take place based on the results of these races.
 - Races and time trials approved by the Marathon Committee but not in the divisional system such as stage marathons, descents, Royal K1, Richmond K2, Thameside etc.
 - The National Championships.

MARATHON RACING

c) GROUP B

- i) Those races in the regions and at clubs that do not appear in the calendar. These will include handicap and fun marathons and junior Lightning races [see Rules 51-59]. No promotions will take place at these races. Clubs are encouraged to hold handicap races throughout the year as an introduction to competing in the divisional system. These should be over a 3-10km course with handicaps based on age, experience and type of boat.

d) GROUP C

- i) Races approved by the Marathon Committee but organised by outside bodies such as the D.W. Committee.

4) CLUB MEMBERSHIP

The racing year shall be from 1st September of any year to 31st August of the following year. When a competitor is a member of more than one club, he shall declare before 1st September to the Race Records Officer of the Marathon Committee the name of the club for whom he will race the following racing year. When a competitor changes his club in mid season, he is permitted to compete for his new club, instead of his old, provided that prior consent of the old club is obtained. This consent shall not be withheld unreasonably, particularly in the case of a change of residence from one area to another. The agreed change must be advised to the Race Records Officer in writing before points can be allocated to the new club in club competitions.

5) SAFETY

a) Competitor responsibility

- i) Competitors must render their boats sufficiently buoyant to remain afloat and to support the crew in rough water in the event of capsizing.
- ii) Competitors must be able to swim adequately in the waters on which the race is being held.
- iii) On open water adequate spray covers must be worn.
- iv) All paddlers are required to render assistance to other competitors in distress.
- v) The wearing of life jackets or buoyancy aids is compulsory for all paddlers ranked in divisions 7, 8 and 9 irrespective of the race they are entered in. This applies to singles and doubles races.
- vi) Life jackets and buoyancy aids will conform to BCU/BCMA STANDARD BA83.

b) Team Leader responsibility

- i) Team Leaders should decide if paddlers under 16 years of age in the higher divisions should wear life jackets or buoyancy aids.

c) Race Organiser responsibility

- i) Race organisers may require life jackets or buoyancy aids and spray covers to be worn and will have the FINAL say as to who should wear them (except where this is covered by rule 5a(v)) depending on weather and water conditions. Such equipment must be provided by the competitors.
- ii) The penalty for infringing any safety rule is disqualification from the race.

6) DISCIPLINE

Marathon racing is subject to the BCU Marathon Racing Committee Disciplinary Regulations and to the BCU Disciplinary Code. [See <http://www.canoe-england.org.uk/our-sport/marathon-racing/bcu-marathon-racing-committee/> and "Dispute Resolution Policy" <http://www.bcu.org.uk/resources-and-policies/policies/> respectively]. These apply to all BCU Marathon races.

For the avoidance of doubt, any complaint that an individual member of the Union (competitor or non-competitor) has behaved in a manner described in clause 1.1 of the Disciplinary Regulations shall in the first instance, where possible, be lodged with the Race Protest Committee in the manner described in Marathon Racing Rule 18(g) (i) and (ii). The Protest Committee shall determine what action, if any, shall be taken. If the Protest Committee decides that the complaint should be referred to the Marathon Committee, the race organiser shall report the matter to the Secretary within three working days. The Marathon Committee will consider the matter in accordance with the Disciplinary Regulations.

Race Organisers should note the powers in clause 2.1 of the Procedures to apply immediate discipline where members or competitors have displayed violent or unreasonable behaviour.

7) DRUGS

Marathon racing is subject to the BCU Doping Control Rules [See <http://www.bcu.org.uk/our-sport/athlete-information-and-funding/anti-doping-drug-free-sport/>]

8) BROKEN PADDLES / BOAT

A competitor must not change boats during a race, but may change paddles in the case of breakage.

MARATHON RACING

9) WASH HANGING

Competitors must not hang on the washes of powered craft.

10) ASSISTANCE TO COMPETITORS

A competitor may receive food and drink during a race. Competitors with a disability may receive assistance at portages, but no other assistance unless permitted before the race by the organiser.

11) BOAT DESIGNS

Any type of canoe or kayak can be used.

Kayaks shall be propelled solely by means of double bladed paddles.

Canoes shall be propelled solely by means of single bladed paddles.

The paddles must not be attached to the boat in any way, being supported only by the hands.

For GROUP A races boats must comply with the ICF regulations as detailed below:-

single kayak	max length 520cm
double kayak	max length 650cm
single canoe	max length 520cm
double canoe	max length 650cm
double touring canoe	max length 550cm

Boats over 460cm in length must not have concave sections unless classified as Wild Water Racing boats and falling within the ICF regulations for such boats.

12) BCU MEMBERSHIP

a) All competitors in GROUP A and Lightning races must be COMPREHENSIVE BCU, Canoe England, WCA, SCA or CANI members. Membership numbers must be quoted on entries and results and a valid membership card or photocopy **must** be produced at race check in. Those unable to prove membership will be required to buy an Event Ticket - currently £2.50, which is payable to the BCU. The exceptions are juniors ranked in divisions 7, 8 & 9 and Lightning competitors who are members of clubs with registered junior sections, who should produce their registered junior section card instead.

b) At all Regional Hasler events, the Hasler Final and the National Championships:

- all competitors in divisions 1 to 6 must produce a valid membership card or photocopy at race check in. Any competitor unable to do so shall not be permitted to race.
- all competitors in divisions 7, 8 and 9 must produce a valid membership card or photocopy at race check in or, if junior, produce their registered junior section card. Any competitor unable to do so will be required to buy an Event Ticket
- race results may be checked for valid membership. Club points will be deducted and the race shall not be counted as a Hasler qualifying race where:
 - any competitor is found subsequently to have competed without a valid up-to-date membership, or
 - a competitor in divisions 7, 8 and 9 is found to have bought more than one Event Ticket per season.

c) Upon promotion to Division 6 there is a period of grace of 4 weeks during which a junior, racing with a registered junior section card, must become an individual comprehensive member of the BCU/Canoe England/WCA/SCA/CANI.

13) RACE LEVY SCHEME

At all GROUP A races, published in the Racing Handbook, there will be a race levy of £1.00 for each senior and veteran paddler by age, as recognized by their BCU, Canoe England, WCA, SCA or CANI membership, and 50p for each junior paddler by age, as recognized by their membership. The levy to be charged on all paddlers booked in irrespective of whether they start or finish the race. The race levy for all categories of races is to be remitted by the Race Organiser to the Treasurer **within 7 days of the race**. Cheques should be made payable to "BCU Marathon Racing Committee" and sent to David Enoch, 102 Bingham Road, Radcliffe-on-Trent, Nottingham NG12 2GT.

Those clubs wishing to pay the levy by electronic transfer should make payment to:

Allied Irish Bank (GB)

Sort Code 23-83-97

Account No. 02189089

Account name British Canoe Union Marathon Committee

When making electronic transfers please also e-mail David Enoch with the race name and amount of levy to david.enoch@gbcanoeing.org.uk

MARATHON RACING

14) RACE REGISTRATION

The organiser of a GROUP A race must apply to the Calendar Organiser for that race to be registered. This must be done by the autumn of the year preceding the event. The event must be organised and run under the Marathon Racing Rules. Registered races may advertise through the Union and may appeal through the Marathon Committee in cases of dispute or difficulty. [Refer to BCU Disciplinary Code at <http://www.bcu.org.uk/resources-and-policies/policies/>]

The registration fee will be the race levy described in rule 13 and the organiser must comply with the requirements of rule 18.

15) BOAT NUMBERING

At all GROUP A races competitors shall number their boat for a race in the following manner. Paddlers racing in singles divisions 1-8 and all K2 divisions must display vertical number plates. The number plate must be yellow or white and displayed vertically in a slot placed on the middle of the back deck about 15cm behind the cockpit in the case of kayaks and on the front deck in the case of canoes. The slot will be fitted with a locking pin. The dimensions of the plate will be 200mm long x 150mm high with the top corners rounded to a 10mm radius.

Paddlers ranked in Division 9, Lightning, club and fun race paddlers may alternatively use 225mm diameter white discs which should be displayed on fore and aft decks or as directed by the organiser. The characters on the vertical number plate will be the same standard as a car number plate and MUST be CLEARLY LEGIBLE from 25 metres. This applies to both sides of vertical number plates.

Any paddler not displaying a number plate at the start of any race, or whose number is not clearly legible will not score club points.

16) FINISHES

A competitor is deemed to have finished a race when the bow of the canoe or kayak has crossed the finishing line on the water with the competitor(s) in it.

17) ASSESSMENT RACES

Assessment races will be picked by the Marathon Committee as the most suitable races for determining the members of British teams and the race organisers will be advised by March 1st each year via the Racing Handbook. At these races, assessment classes may be separated from other race classes and may be run over the same or different courses.

18) ORGANISATION OF GROUP A RACES

- a) Race Organisers **must** be affiliated to the British Canoe Union.
- b) The race shall be open to canoeists who are members of an ICF affiliated federation.
- c) The race shall be properly advertised and the organisers shall issue adequate instructions on request, up to one month before the event, to prospective competitors or interested group leaders.
- d) In the event of circumstances which render it impossible or unsafe to run the race as planned, the Race Organiser shall take all reasonable steps to inform the competitors and supporters at the earliest possible moment.
- e) Race Organisers shall charge an entry fee for each competitor to include the levy cost. This fee may be reduced for juniors and augmented for late entries.
- f) Changes of class/division and late entries shall be permitted if the organiser so wishes. Information regarding late entries and class/division changes should be available to competitors at least 30 minutes before the start time of the class/division concerned.
- g) The Race Organiser shall provide a Protest Committee consisting of four officials or members of the organising body to hear and settle all protests by any competitor in that event. The following rules will be observed:-
 - i) The protests must be received within 30 minutes of completion of the relevant race and before the announcement of the final results. Failure to observe this will invalidate the protest.
 - ii) The protest must be in writing to the Race Organiser and must give full details of the alleged infringement of the rules.
 - iii) The Protest Committee must meet immediately to hear all the evidence and to consider the protest's validity in accordance with the BCU and Marathon Racing Rules.
- h) A protest against an organising body may only be dealt with by the Marathon Committee. Any such protest must be made within 3 working days in writing to the Secretary of the Marathon Committee and give full details of the alleged infringement of the rules. The person making the protest must also inform the secretary of the club or body concerned within 3 working days. Failure to comply with these conditions will invalidate the protest.

MARATHON RACING

- i) Appeals against the decision of the Protest Committee are permitted and these will be heard by the Marathon Committee.
- j) After the race the race organiser shall publish the provisional results on the MRC's website. The results must be sent to Tamsin Phipps at Tamsin.phipps@bcu.org.uk within two working days of the race.
- k) **Within 7 days of the race** the Race Organiser must:
 - i) Remit the race levy together with the race results in accordance with rule 13.
 - ii) Send by email where possible, the race results to the regional Hasler organiser, the Rankings Officer and the Race Records Officer. Details of all these officers are on the Useful Addresses page F3.

19) ORGANISATION OF GROUP B RACES

- a) For these races competitors do not have to be BCU, Canoe England, WCA, SCA or CANI members, there is no levy and no requirement to submit results to the race records officer. Race advertising, entry fees and classes are at the discretion of the organiser. The formal requirements to register club membership and for protest procedures are not necessary.
- b) Rules 1, 2, 5, 6, 7, 8, 9, 10, and 11 shall apply to all GROUP B races.

Rules Applying to Regional Divisional Races

20) Regional divisional races are GROUP A races and all of rules 1 -18 above shall apply.

21) THE DIVISIONAL SYSTEM

- a) At a divisional event there are separate singles and doubles races for each of divisions 1 – 9.
- b) It is recommended that entry into the divisional system should be based on the standards detailed in the Sprint Section "Standards for Racing".
- c) Each year a divisional list will be published in the Racing Handbook for singles divisions 1-8. These lists are checked and any paddler not having competed for two successive seasons is removed from the lists. Each autumn clubs are asked to submit a list of the paddlers who will not be active for the coming season and where appropriate, to amend a draft of the proposed divisional lists.

22) TYPES OF COURSE

Whilst there will be some variations due to local conditions and types of course available, the normal distances will be:-

Div.1, 2 & 3 Singles and Doubles

Full senior course of about 20km with any degree of severity.

Div.4, 5 & 6 Singles and Doubles

Course of about 13km which may include portages and/or weir shoots.

Div.7, 8 & 9 Singles and Doubles

Course of about 6.5km with the minimum practical hazards.

23) SPECIAL PRIZES

Race organisers are encouraged to give prizes for special groups of paddlers e.g. first under 16, first C1. In particular they are strongly recommended to give a prize for the first woman in each division and for the highest placed TC2. This kind of encouragement is particularly important in the divisional system.

24) SEPARATE STARTS

Each quorate race of six or more starters must be started separately. Two or more quorate races of less than six starters (i.e. with 3 or 4 or 5 starters) may be started together but for all other purposes are treated as separate races.

25) SYSTEM FOR AMALGAMATION DUE TO LOW ENTRIES

If there are less than three entries in a division then the organiser must transfer those entries to another division to make a quorate race of three or more paddlers. Where possible they should be transferred to a race of the same distance so that paddlers race their normal course. Where there is a choice, transfer to a lower division is preferable to transfer to a higher division.

There is no handicap or allowance on transfer to another division.

26) COMPETING IN A CREW BOAT

A paddler is normally ranked on singles performances. When competing in doubles events the competition ranking shall be an average of the individual paddlers' rankings (all halves rounded down). All paddlers competing in crew boats must show their singles ranking on the entry form and these rankings must be shown on the results.

e.g. paddler A = div 5 and paddler B = div 8. $5+8 = 13$; average = $6\frac{1}{2}$, so the competition ranking = 6 and the entry would be in div 6K2.

MARATHON RACING

27) PROMOTIONS

- a) Promotions between the divisions throughout the season will be based on the table "Standards for Racing" ("the Table") [See page D1 of 2009 Racing Handbook]. Column HC of the Table assumes a World Champion takes 60 seconds to paddle a given course and ranks paddlers in singles divisions from 1 to 9 based on the number of additional seconds it would take for competitors to cover that same course. P/D Factor expresses these same times as factors. For example, a top ranking paddler in division 7 would be expected to take 90 seconds giving a P/D Factor of 1.5.
- b) Promotions will be calculated on the following principles on the basis of singles results subject to the other provisions of this rule 27:
- | | |
|------------------------|--|
| <u>Divs. 1, 2</u> | There are no automatic promotions to divisions 1 and 2. Promotions will be made by the Rankings Officer in consultation with the Regional Hasler Adviser. |
| <u>Divs 3, 4 and 5</u> | Promotions to divisions 3, 4 and 5 will be calculated by taking the times at each race of the mid-placed paddler in divisions 4, 5 and 6 divided by the Mean Factor for each of these three divisions. The average of these calculations will be multiplied by the Promotion Factor for divisions 3, 4, and 5 to give the times for promotion to divisions 5 and above. |
| <u>Divs 6, 7 and 8</u> | Promotions to divisions 6, 7, and 8 will be calculated by taking the times of the mid-placed paddler in divisions 7 and 8 divided by the Mean Factor for each of these two divisions. The average of these calculations will be multiplied by the Promotion Factor for divisions 6, 7 and 8 to give the times for promotion to divisions 8 and above.
<i>[The above is an outline description of the promotion process. The detailed bases for calculations are available by post or email from the Secretary, Marathon Racing Committee]</i> |
- c) Promotions may take place on either singles or doubles performances. Performances in doubles divisions will be monitored by the Ranking Officer and promotions made under Rule 27(j) where considered appropriate.
- d) Status in canoe will not affect status in kayak and vice versa.
- e) No automatic promotions will be made under Rule 27 (b) where there are fewer than 5 starters in any race. However, the Ranking Officer in consultation with the Regional Hasler Adviser may amend or dispense with this limit if persistently low numbers in a division are clearly preventing the promotion system from operating as intended.
- f) Promotions are not limited to one division. For example, a division 9 paddler with a time faster than that required for promotion to division 7, would be promoted straight to division 7.
- g) Where the HRM computer results system is used at a race, promotions will be immediate from the day of the race. Where the HRM system is not used at a race, a promoted paddler is deemed to be promoted when his club receives written notification from the Race Records Officer. All promotions, including those at races where the HRM is not used, will be advised to Team Leaders by the Race Records Officer as soon as practicable.
- h) Once promoted, paddlers **must** race in their correct division, or higher division, except under the provisions of rules 25 or 26. Any competitor found racing in a lower division, singles or doubles, except under the provisions of rules 25 and 26, may be disqualified from the event and be banned from the next three Hasler races in the competitor's region. The exception is for promotions awarded at races held at the beginning of a new racing season and before the Hasler Final held in that year. These promotions will not apply at the Hasler Final of the current season but will apply to all other races. (E.g. A div. 6 paddler promoted to div. 5 in September 2009 at a race designated as H2010 can still race in div. 6 at the 2009 Hasler Final but must race in div. 5 at all other races.)
- i) All paddlers, both from within the region and from other regions are eligible for promotions. The only exceptions are paddlers transferred from another division under rule 25 (system for amalgamation due to low entries).
- j) The Marathon Committee has discretion to promote or to withhold promotion at any time it is found to be necessary. This discretion is delegated to the Ranking Officer

28) DEMOTIONS

- a) Divs. 1, 2 and 3 Demotions from Divisions 1, 2 and 3 will be made by the Rankings Officer in consultation with the Regional Hasler Adviser.
- b) Divs. 4 to 9 Application for demotion from Divisions 4 to 8 may be made to the Regional Marathon Adviser by the club coach. The Regional Marathon Adviser shall confirm his decision in writing to the club coach and to the Race Records Officer. In the

MARATHON RACING

event of dispute an appeal may be made to the Rankings Officer who shall determine whether or not demotion shall apply.

- c) Demotions will be limited to one division.
- d) Demotions may be based on singles or doubles performances. Performances in doubles divisions will be monitored by the Ranking Officer and demotions made under Rule 28(h) where considered appropriate.
- e) Status in canoe will not affect status in kayak and vice versa.
- f) Once demoted paddlers may nonetheless choose to race in any higher division, except under the provisions of rules 25 or 26. Paddlers competing in the Hasler Final shall race in the division according to their ranking status at the close of the prior season (normally 30 August). Thus demotions awarded in the new racing season immediately prior to the Hasler Final will not apply at that Hasler Final.
- g) All paddlers, both from within the region and from other regions are eligible for demotions. The only exceptions are paddlers transferred from another division under rule 25 (system for amalgamation due to low entries).
- h) The Marathon Committee has discretion to demote or to withhold demotion at any time it is found to be necessary. This discretion is delegated to the Ranking Officer.

Rules Applying to Regional Hasler Races

29) Regional Hasler races are GROUP A Divisional races and all of rules 1-18 and 20-28 above shall apply.

30) THE HASLER TROPHY

The Hasler Trophy is the National Team League Championships and is competed for throughout the season on a regional basis. The Hasler season is defined by the races designated 'H' in the Racing Calendar of this Handbook. Races relating to the following season are designated 'H2010'.

31) REGIONS

The regions are determined by the Marathon Racing Committee for England plus Scotland East, Scotland West, and Wales. Each region will run its own league championships throughout the year and will decide how many results are to be counted by clubs. It is hoped that eventually there will be enough races in each region for clubs to count their best 8 or 9 results from the total number of races.

32) DIVISIONS

- a) Race Organisers must offer the following races at all events except where varied as agreed with the Regional Hasler Adviser.
 - i) Either divisions 1 and 3 singles races and division 2 doubles race
OR
division 2 singles race and divisions 1 and 3 doubles races.
 - ii) Singles races AND doubles races for each of divisions 4 to 9.
- b) If a K1 competitor or a K2 crew ranked in division 1, 2 or 3 attends an event where there is no race scheduled for his or their division, the Race Organiser shall permit the competitor(s) to race in an alternative division. The entry shall be treated as a Hasler qualifying race, but will not score Hasler points nor be entitled to a prize.

33) COMPETITORS

- a) Each club will be allowed as many competitors as it wishes.
- b) A paddler can only compete in one race in a qualifying event.

34) POINTS

- a) In regional races only those clubs within the region will score points. Paddlers from other regions will not be taken into account when calculating points except that their time will be used for the 110% calculations if they are the fastest boats not promoted.
- b) To be included for points, clubs must be affiliated to the British Canoe Union.
- c) All competitors in both singles and doubles **must** show their singles ranking at race check-in. Competitors not doing so will not score points in the regional competition and may not count the race as eligibility to compete in the final.
- d) Only competitors racing in their club colours will score points.
- e) The points system will be as follows.
 - i) Divisions 1-9 singles and 1-9 doubles will count for points.
 - ii) Points will be awarded to each paddler in both singles and doubles - 20 for 1st, 19 for 2nd, 18 for 3rd and so on down to 2 points to all paddlers who finish within 110% of the time of the fastest boat not promoted in a singles race and within 110% of the winners' time in a doubles race. One point only

MARATHON RACING

will be awarded for paddlers who finish outside the 110% limit irrespective of their position. This to apply to all races except division 9 singles and doubles which will receive 20 for 1st, 19 for 2nd, 18 for 3rd and so on down to 2 points for all paddlers who finish.

- iii) Transferred paddlers racing in a different division under the provisions of rule 25 will count for Hasler points but their times will not be used for the 110% calculations.
- iv) Paddlers in a separate assessment race at a Regional Hasler event will not score Hasler points.
- v) Each club will count its twelve best scoring paddlers from any divisions in any combination of K1/C1/K2 or C2. Doubles boats can be counted even if some of these boats contain just one paddler who is eligible for Hasler points for a particular club.
- vi) At each event the club with the highest score will get 10 regional points in the regional competition, 9 for 2nd and so on.

35) RACE RESULTS

Race Organisers must report their results using the HRM computer programme. Race Organisers are encouraged to use the HRM programme at the race to complete entries and calculate results at the meeting. If this is not practicable, results must be recorded later onto the HRM for reporting to the MRC in compliance with rules 18 j) and k).

Rules Applying to the Hasler Final

- 36) The Hasler Final is a GROUP A Divisional race and all of rules 1-18 and 20-28 above shall apply except rule 26 (crew boats) that is replaced by rule 40.

37) CLUB ELIGIBILITY

- a) The top 4 scoring clubs from each region (8 clubs from the combined Midlands region) as determined by the regional Hasler competitions, plus a team from the Combined Services and from the Isle of Wight, may compete in the Hasler Final at the end of the season. Additionally a team from the host club (or from each host club if there are two organising clubs) may compete if they have not qualified from the regional competition.
- b) Each eligible club will be allowed as many competitors in the final as it wishes.

38) PADDLER ELIGIBILITY

- a) A paddler must compete in 3 qualifying events at his or her current ranking, during the season to be eligible for the final. There are exceptions for Div.1 senior men's kayak, Div.2 and above junior men's kayak, Div.3 and above women kayak, Div.4 and above junior women kayak and Div.3 and above canoe, who must compete in 2 qualifying events.
- b) Qualifying events are regional Hasler races and all assessment races for that season. This does not include races designated for the following Hasler season. Also a paddler may count competing in the National Championships on one or both days as one qualifying race. The previous Hasler Final does **not** count as a qualifying race.
- c) The qualification must be in the same type of boat (i.e. canoe or kayak).
- d) Paddlers are only eligible to paddle in a singles race at the Hasler Final if they have competed in 3 qualifying events in singles. The exceptions in rule 38(a) apply equally in this rule.
- e) A paddler can only compete in one race at the final.
- f) The Regional Hasler Adviser will check the eligibility of paddlers from his region for the final. The Race Records Officer will be able to produce listings on request to help clubs and Hasler Advisers carry out this task.

39) CLASSES

There will be races for each singles division 1 to 9 and each doubles division 1 to 9.

40) COMPETING IN CREW BOATS

At the Hasler Final where crew members in doubles races are ranked in separate divisions they must race in the classification of the higher ranked paddler.

41) POINTS

- a) All competitors in singles and doubles **must** show their singles ranking on the entry form. Competitors not doing so will not score points.
- b) Only competitors racing in their club colours will score points.
- c) Point scoring at the final will be as described in rule 34e (i), (ii), (iii).

MARATHON RACING

42) TROPHIES

- a) **The Hasler Trophy** will be awarded to the club scoring the most points at the final
- b) **The Regional Trophy** will be awarded to the region with the highest aggregate score at the final from their three highest scoring clubs.
- c) **The Adam Thomasson Trophy** will be awarded to the winner of the Div.2 race at the final.
- d) **The Ross Warland Memorial Trophy** will be awarded to the highest placed junior in the Division 4 race at the final.
- e) **The Committee Cup** will be awarded to the highest placed junior woman K1 in the highest division at the final.
- f) **The Ken Pereira Cup** will be awarded to the highest placed junior C1 in the highest division at the final.
- g) **The Rhodes White Trophy** will be awarded to the Senior Man K1 with the fastest time over the 12 mile course.
- h) **The David Shankland Trophy** will be awarded to the Senior Woman K1 with the fastest time over the 12 mile course.
- i) **The Barber Trophy** will be awarded to the Junior K1 with the fastest time over the 12 mile course.
- j) **The Bill Sparks Trophy** will be awarded to the highest placed Veteran K2 at the final.

Rules Applying to the National Championships

43) The National Championships is a GROUP A race and all of rules 1-18 above shall apply.

44) DEFINITION

- a) The National Championships shall be called **The British National Open Marathon Racing Individual and Team Championships** and will identify the various National Champions.
- b) There must be at least 3 entries for a National Championship or Divisional Championship race to take place.

45) PADDLER ELIGIBILITY

- a) Paddlers may compete in races specified for those of a higher ranking but will not be allowed to compete in races specified for those of a lower ranking. (E.g. an U18 may race as an U23 or Senior but not as an U16 or O34.)
- b) Senior and Veteran Women paddlers may compete in a doubles crew in Senior and Veteran Men's kayak races of the same or higher ranking.
- c) All ages are calculated at 1st January of the year of the Championships.

46) NATIONAL CHAMPIONSHIP CATEGORIES

- a) There will be separate races for men's kayak, women's kayak and men's canoe.
- b) **Senior paddlers** will race over a course of approximately 26km, in singles and doubles. The winners of these races shall be deemed the :-
 - i) Senior Men's National Kayak Marathon Champion of Great Britain
 - ii) Senior Women's National Kayak Marathon Champion of Great Britain.
 - iii) Senior Men's National Canoe Marathon Champion of Great Britain.
- c) **Paddlers aged under 23** will race over a course of approximately 26km, in singles and doubles. The winners of these races shall be deemed the :-
 - i) Under 23 Men's National Kayak Marathon Champion of Great Britain.
 - ii) Under 23 Women's National Kayak Marathon Champion of Great Britain.
 - iii) Under 23 Men's National Canoe Champion of Great Britain.
- d) **Paddlers aged under 18** will race over a course of approximately 20km, in singles and doubles. The winners of these races shall be deemed the :-
 - i) Under 18 Men's National Kayak Marathon Champion of Great Britain.
 - ii) Under 18 Women's National Kayak Marathon Champion of Great Britain
 - iii) Under 18 Men's National Canoe Champion of Great Britain.
- e) **Paddlers aged under 16** will race over a course of approximately 13km, in singles and doubles. The winners of these races shall be deemed the :-
 - i) Under 16 Men's National Kayak Marathon Champion of Great Britain.
 - ii) Under 16 Women's National Kayak Marathon Champion of Great Britain
 - iii) Under 16 Men's National Canoe Champion of Great Britain.
- f) **Paddlers aged under 14** will race over a course of approximately 6.5km, in singles and doubles. The winners of these races shall be deemed the :-
 - i) Under 14 Men's National Kayak Marathon Champion of Great Britain.
 - ii) Under 14 Women's National Kayak Marathon Champion of Great Britain
 - iii) Under 14 Men's National Canoe Champion of Great Britain.

MARATHON RACING

- g) **Paddlers aged under 12** will race over a course of approximately 3.5 km. The only competitors eligible for this event are paddlers in Lightning K1s ranked below Division 8. The winners of these races shall be deemed the:-
 - i) Under 12 Men's National Kayak Marathon Champion of Great Britain
 - ii) Under 12 Women's National Kayak Marathon Champion of Great Britain.
- h) **Paddlers aged under 10** will race over a course of approximately 3.5 km. The only competitors eligible for this event are paddlers in Lightning K1s ranked below Division 8. The winners of these races shall be deemed the:-
 - i) Under 10 Men's National Kayak Marathon Champion of Great Britain.
 - ii) Under 10 Women's National Kayak Marathon Champion of Great Britain.
- i) **Paddlers aged 34 or over:-** Kayak men and canoes will race over a course of approximately 20km and kayak women over a course of approximately 13 km in singles and doubles. The winners of these races shall be deemed the :-
 - i) Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Veteran Women's National Kayak Marathon Champion of Great Britain.
 - iii) Veteran Men's National Canoe Marathon Champion of Great Britain.
- j) **Paddlers aged 39 or over:-** Kayak men and canoes will race over a course of approximately 20km and kayak women over a course of approximately 13 km in singles. The winners of these races shall be deemed the :-
 - i) Over 39 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 39 Veteran Women's National Kayak Marathon Champion of Great Britain.
 - iii) Over 39 Veteran Men's National Canoe Marathon Champion of Great Britain.
- k) **Paddlers aged 44 or over** will race over a course of approximately 13km, in singles and doubles. The winners of these races shall be deemed the :-
 - i) Over 44 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 44 Veteran Women's National Kayak Marathon Champion of Great Britain.
 - iii) Over 44 Veteran Men's National Canoe Marathon Champion of Great Britain.
- l) **Paddlers aged 49 or over** will race over a course of approximately 13km, in singles. The winners of these races shall be deemed the :-
 - i) Over 49 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 49 Veteran Women's National Kayak Marathon Champion of Great Britain.
 - iii) Over 49 Veteran Men's National Canoe Marathon Champion of Great Britain.
- m) **Paddlers aged 54 or over** will race over a course of approximately 6.5km, in singles and doubles. The winners of these races shall be deemed the :-
 - i) Over 54 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 54 Veteran Women's National Kayak Marathon Champion of Great Britain.
 - iii) Over 54 Veteran Men's National Canoe Marathon Champion of Great Britain.
- n) **Paddlers aged 59 or over** will race over a course of approximately 6.5km, in singles. The winners of these races shall be deemed the :-
 - i) Over 59 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 59 Veteran Women's National Kayak Marathon Champion of Great Britain.
 - iii) Over 59 Veteran Men's National Canoe Marathon Champion of Great Britain.
- o) **Paddlers aged 64 or over** will race over a course of approximately 6.5km, in singles and doubles. The winners of these races shall be deemed the :-
 - i) Over 64 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 64 Veteran Women's National Kayak Marathon Champion of Great Britain.
 - iii) Over 64 Veteran Men's National Canoe Marathon Champion of Great Britain.
- p) Where crew members in doubles races are in different categories they must race in a category for which they are both eligible.

47) DIVISIONAL CATEGORIES

- a) There will be separate races in each of divisions 4-9 in both singles and doubles.
- b) Paddlers will race in their ranked division irrespective of age, sex or boat type.
- c) Paddlers in singles and doubles divisions 4, 5 & 6 shall race over a course of approximately 13km.
- d) Paddlers in singles and doubles divisions 7, 8 & 9 shall race over a course of approximately 6.5km.
- e) The winners of these races shall be deemed Divisional Champions.
- f) These divisional races are not available to juniors who should race in their appropriate National Championship category. See Rule 46 d), e) and f).
- g) Where crew members in a doubles race are ranked in different divisions the competition ranking shall be determined in accordance with rule 26.
- h) Where a race is iniquate [see rule 44b] the paddlers may transfer to another division as allowed by rule 25 but they will not be eligible for the Divisional Champion title or medals.

MARATHON RACING

48) TEAM COMPETITION

- a) Points will be awarded per paddler both in singles and doubles races for National Championship categories - 20 points for the winner then 19, 18, 17 etc. down to one point for each finisher.
- b) All competitors in singles and doubles **must** show their singles ranking to be eligible for team points.
- c) Only competitors racing in their club colours will score points.
- d) A trophy, **The Spanish House**, will be awarded to the club scoring the most points at the National Championships counting all categories in Rule 46.
- e) A trophy, **The Spanish Galleon**, will be awarded to the club scoring the most points in the under 12 and under 10 age categories (Rules 46 (g) and (h)).

49) PROMOTIONS & DEMOTIONS

Although no automatic promotions will take place at the championships, the Marathon Committee may exercise their right under rules 27 and 28 to promote or demote on the basis of the results.

50) HASLER QUALIFICATION

The event will not count as a Regional Hasler event nor be used to allocate points for Regional Hasler competitions. However it may be counted by a paddler as a qualifying race for the Hasler Final.

Rules applying to the Marathon Lightning Series

51) THE SERIES

- a) Race Organisers of Regional Hasler Trophy events are encouraged to include Lightning races that qualify for the Marathon Lightning Series in which teams compete for the Geoff Sanders Memorial Trophy.
- b) The series will run from 1 September each year for 12 months.
- c) Lightning races will not be used in determining the outcome of Hasler races.
- d) Lightning races will be included at the Hasler Final but will not be used to determine the outcome of the Hasler Trophy competition.

52) QUALIFICATION

- a) To qualify, paddlers must compete in a Pyranha Lightning Junior K1.
- b) Paddlers may compete in craft other than Lightnings but will not be eligible for race points. Race organisers should ensure they are entered in a 'Fun Race' included in the HRM, to avoid confusion.
- c) No individual or club qualification is required for Lightning paddlers competing in the Lightning races held at the Hasler Final.
- d) All ages are calculated as at 1st January preceding the date of each race.
- e) Paddlers with a marathon ranking of Division 8 or higher shall not be eligible to compete in Lightnings.

53) COURSE

The course shall be 2 - 4 Km. with no hazards.

54) CLASSES

- a) There will be four classes: boys under 10; girls under 10; boys under 12; girls under 12.
- b) Race organisers are encouraged to award medals to the first three places in each class.

55) POINTS

- a) Points shall be awarded in each class at each event with 10 points for the winner, 9 points for second place and so on down to 1 point for each paddler who finishes.
- b) Points shall be awarded in each class at the Hasler Final event with 20 points for the winner, 19 points for second place down to 2 points for each paddler who finishes.
- c) Points shall be awarded to all paddlers at a Lightning race irrespective of whether the paddler is paddling out of region.
- d) At the end of August in each year each paddler's best two scores will be included to form their club's total points score for that year. The points won in the Lightning classes held with the Hasler Final in September of that year will be added to that total.
- e) The winner of the Geoff Sanders Memorial Trophy will be the club with the highest number of points determined in d) above.

56) RESULTS

Results of all Lightning races should be forwarded to the Lightning Coordinator, to compile the Geoff Sanders Memorial Trophy results. Peter Jones, e mail: petercjones@blueyonder.co.uk.

MARATHON RACING

57) SAFETY

- a) The wearing of life jackets or buoyancy aids is compulsory for all paddlers
- b) The requirements of Rule 5 above must be observed in all respects.
- c) Race organisers must conduct a specific risk assessment for Lightning class races and, taking into account their age and experience, provide adequate safety cover over the whole course (e.g. rescue boats) where considered necessary.

58) PROMOTIONS

The Lightning programme aims to introduce young paddlers into marathon racing and it is important that paddlers do not remain too long in the class. Paddlers in the under 12 age group will therefore be monitored and, having scored more than 40 points in a season, be recommended by the Lightning Marathon Coordinator to transfer to Division 9 K1.

As part of their long term development young paddlers are encouraged to compete in Division 9 races without affecting their eligibility to race in Lightnings. For this reason the Marathon Committee declined to recommend separate junior Hody K2 races.

59) RACE LEVY/EVENT TICKET

- a) Lightning races are classed as Group B races and thus no race levy will be charged.
- b) Paddlers who are not BCU members or not members of a BCU affiliated club with a registered youth section shall purchase an Event Ticket to provide insurance cover. To promote racing at this introductory level, the MRC recommends a standard entry fee of £2.50, to include where necessary the Event Ticket charge.

PART C - THE STARTING OF ASSESSMENT RACES, NATIONAL CHAMPIONSHIPS RACES AND HASLER FINALS RACES

There is a necessity to maintain the standard of starting at assessment races and major championships. The following will apply to all assessment races, to all races at the National Championships and to all races at the Hasler Finals.

1. REQUIREMENTS

- a) The start line should be clearly defined on both banks.
- b) A clearly defined marshalling line must be established behind the start line.
- c) The race must be started by a person drawn from the approved starters list, who will have an experienced assistant.
- d) The marshalling line should be controlled by at least two experienced officials.
- e) The above should all be equipped with PA equipment or loud hailer that it is the responsibility of the race organiser to provide.

2. STARTING PROCEDURE

- a) An audible warning will be given 5 minutes before the first start. From that time on, no paddler is to pass in front of the marshalling line. All paddlers who are already in front of the marshalling line have 3 minutes to get behind it.
- b) A second audible warning will be given 2 minutes before the first start. Any paddler in front of the marshalling line will be penalised. No paddler is to go in front of the marshalling line until instructed by the marshal.
- c) Once released by the marshal, the paddlers will be under the starter's control. Any paddler going in front of the start line before the 'GO' will be penalised.
- d) For each contravention of the above rules, a 2 minute penalty will be imposed.
- e) Note that the Marathon Team selectors have been instructed by the Executive Committee that they should use the results INCLUDING any penalty, as the basis for selection.

3. APPROVED STARTERS LIST

Roland Lawler	Andy Rawson	David Green	Shaun Caven
Paul Ralph	Brian Chapman	Alan Laws	Margaret Chapman
George Oliver	Jim Rossiter	Tamsin Phipps	Melvin Swallow
Brian Greenaway	Dave Phillips	Alan Williams	Sarah Swallow
Andrew Dawson	Alan Feldus		

MARATHON RACING

PART D - RECOMMENDATIONS

These recommendations are intended to guide organisers and others in the provision of acceptable races.

1) ADVANCE INFORMATION

Do not attempt to run a race without visiting a few to find out how things work. Advance information sent out to competitors and clubs should at least set out the following details.

- a) Name, date and status of the race.
- b) Name of the organising body.
- c) Closing date for entries and whether or not late entries will be accepted.
- d) Address to which entries and enquiries should be sent, and if possible a corresponding telephone number and email address.
- e) Entry fees and to whom these should be payable.
- f) Locations of start and finish, and directions for getting to these places.
- g) Time of start and closure of checking in.
- h) Brief description of the course, sufficient to give a newcomer the general picture of the type of course and warning of any details of the course that they should inspect in advance.
- i) Any special regulations that competitors should be aware of before they arrive.
- j) Any major changes since last year.
- k) An entry form asking for full details of competitors.

2) SAFETY

Safety measures are largely at the discretion of the organiser, since adequate measures vary considerably with course and conditions. Unnecessary precautions are wasteful and irksome, but inadequate precautions can lead to disaster. It is a stipulation that all paddlers ranked in Divisions 7, 8 and 9 or competing in Lightning and fun races wear a buoyancy aid [Rules 5 (e) and 55 (a)]. On the open sea it is probably wise to insist on buoyancy aids for all. On open water, rescue boats are very important. It does not take long to paddle half a mile out to sea, but it takes a long time to swim back, especially in cold water. A weir may be trivial to a fresh paddler but a different story to one who has just raced 15 miles. It is sometimes a good idea to position frogmen below a weir to pull people and equipment out as they drift past, but make sure that all rescuers are competent. An incompetent rescuer can be more of a hindrance than a help.

An important precaution is to make sure that no-one is stranded or lost halfway round the course. On open water races it is important to account for everyone. On calm water it is usually sufficient to have a back marker paddle over the course at the tail of the race.

3) BRIEFING AND CONTROL

- a) There may be a wide range of ambitions present at the race - some people go for a pleasant paddle, some with Olympic hopes. Try not to let them stumble over each other. Both parties are aggravated when a fast crew is confronted by a slow crew blocking a critical portage. Let the fast classes start first. Local conditions and variations in the course for different classes should be taken into consideration when arranging the start order.
- b) Every boat should be inspected at check-in to ensure it is numbered clearly, correctly and durably. Although it is the competitor's responsibility to number their boat, it is human nature that some will fail in this responsibility. Have with you the wherewithal to number boats and use it when the occasion demands.
- c) It is customary to deliver a briefing shortly before the race. This is the time to explain the starting procedure and order, to describe any special features of the race course and to emphasise any special regulations.
- d) Ensure that the course is clearly marked at all points where there could be doubt. Marshals should be positioned at turning points, and should tick off numbers on a check list. It is desirable to position marshals at portages and shoots. The marshals should keep the passage clear for competitors, keep spectators and competitors off forbidden land and report any misdemeanours to race control. A marshal's directions should override any prior instructions. A marshal should be clearly identifiable.

4) STARTING ORDER

- a) The order in which the various classes or divisions are started can have a significant effect on the race results. The general principle is to start the fastest classes first and the slowest classes last. This minimises the chance of fast boats paddling through slower classes, picking up stragglers on the wash and dragging them back to the class leaders. In practice, a perfect start order is not possible because of the wide variety of speeds within any one class and sometimes the complicating factor of multi lap courses.
- b) The following is the recommended start order. Not all of these classes will necessarily run at any one race.

MARATHON RACING

Division 1 K2	Division 4 K2	Division 7 K2
Division 2 K2	Division 5 K2	Division 8 K2
Division 1 K1	Division 4 K1	Division 7 K1
Division 3 K2	Division 6 K2	Division 9 K2
Division 2 K1	Division 5 K1	Division 8 K1
Division 3 K1	Division 6 K1	Division 9 K1

- c) The following is the recommended start order for Assessment Races.

Senior Men K2	Senior Women K2	Junior Women K2
Junior Men K2	Senior Men C2	Junior Women K1
Senior Men K1	Senior Women K1	Junior Men C1
Junior Men K1	Senior Men C1	

5) STARTING

- a) A clean start is important and difficult to achieve. Most people can start the lower ranks of competitors in order but a strong personality is needed to keep those in higher divisions in good order. The starter must never lose control of the start, either through physical inability to make himself heard or through weakness of will. Preferably get an experienced racer to start your race and supply him with a megaphone. Do not be bullied by the competitors. They often try out the strength of the starter while waiting on the line. In the very last resort you can disqualify on the spot. On the other hand do not keep the competitors hanging around unnecessarily. They are often nervous before a race, may be getting cold or just plain bored. In fast water or wind it is often difficult for them to hold their positions. If you have got them into a fair line then start without delay. Say 'READY GO'.
- b) Massed starts are good value for bullfighting addicts but can be bad for competitors. Do not start classes together if it means overcrowding the start line. In Regional Divisional races each class of six or more boats must start separately (Rule 24).
- c) Record the start time of each class. Do not use a system which relies on a set start time. You cannot guarantee starting on the exact second.

6) TURNS

- a) All turns should be clearly marked. It is usual to use a buoy or buoys around which the competitors must turn, but these should be clearly distinguishable from other existing buoys which are nothing to do with the race. A clear description and location of the turn buoys must be given at the briefing.
- b) It is important that all turns are properly marshalled. Each turn marshal should be provided with a list of the race numbers which started and is responsible for checking that each boat properly completes the turn. A list of boats which did not complete the turn and a written report of the incidents at the turn must be provided promptly to the race control.

7) FINISHING & RESULTS

- a) Mark the finishing line clearly and signify a crossing of the line audibly by bell, whistle or some such device. It is not always obvious to the paddler exactly where the finishing line is, particularly as they may be exhausted.
- b) Have a reliable clock which is readable and have a back up in case of malfunction. Make a record of the finishing order of every boat as it passes the finishing line. Have one person make an independent list of boat numbers. Another should make a list of boat numbers and finishing times - this person should have a pad of paper with each sheet numbered in advance so that you will know later if any sheet has been mislaid. On each sheet mark say ten lines. When a boat finishes, record its number and finishing time alongside. Never mind computation at this stage, your hands will be full recording the finishing order correctly. When a page is full pass it to someone else to analyse.
- c) It is useful to have a portable cassette recorder running constantly at the finish line. You can record everything that happens at the finish and the tape can be used to check the finish order and timing if for any reason the finishing team becomes overwhelmed by mass finishes. Give the recorder to one of the finish team and tell them to 'talk' every boat over the line, giving number and time.
- d) You are strongly requested to use the Hasler Race Management computer programme (HRM) to produce your results. This will automatically calculate all promotions and demotions which will apply from the day of your race, together with your Hasler points. The results will be produced in the format required by the Race Records Officer. The HRM has been specially designed for Hasler races and is available to download from the Marathon Canoeing website. If you require any help with using the system please contact any member of the committee. If you would like to use the HRM at your race but are nervous about using it for the first time, the committee can arrange for an experienced operator to attend your race and guide you through the process.
- e) Whether using the HRM or a manual system, have someone out of the wind and rain and away from possible distraction from paddlers to analyse your finishing results. Arrange a system for displaying the results as soon as you know them. If there are any errors the paddlers will usually spot them and they

MARATHON RACING

can be queried before prize giving. Have a results display system that is not dependant on good weather. The thing that competitors want to see quickly is a list of finishing orders with overall times. Other details such as start and finish times are essentially irrelevant and only clutter the display. Have the prize giving as soon as possible and announce any divisional promotions at this stage.

8) AFTER THE EVENT

- a) After the event is over, buckle to and get the final result sheet sorted out. If you put it off your memory will dim, pieces of paper will get lost, your enthusiasm will wane and competitors will get very cross.
 - b) If you are using the HRM your results will automatically be produced in the correct format. If using a manual system the result sheets should be arranged by divisions in finishing order and should show position, name, division ranking, club, BCU number, points and promotions to higher divisions. Totals of points scored by clubs should also be shown although these will be verified by the Hasler Adviser. The race organiser should record at the top of the result sheet the number of paddlers who have entered the race.
 - c) Where possible, please send results by e-mail. For regional Hasler races send your results to the Regional Hasler Adviser and Rankings Officer as soon as possible after your race. If sending hard copies by post, please send three copies of the results to the Regional Hasler Adviser and one copy direct to the Rankings Officer. The race levy should be sent directly to the Marathon Racing Committee treasurer. For other races please send a copy of the results and the levy to the Race Records Officer. Results and levy in either case to be sent within the 7 days stipulated [Rule 13].
- Please remember that if you have e-mailed the results you still need to send the levy by post.**
- d) Send Event Ticket money to the BCU HQ, Nottingham together with a schedule of names, post code etc or BCU number of those who have paid for an event ticket, on the form provided by the BCU.

PART E - VENUE AND ORGANISATIONAL CRITERIA FOR THE NATIONAL CHAMPIONSHIPS AND THE HASLER FINALS

The Marathon Committee will look to the following ideal criteria when considering applications for the hosting of the National Championships and the Hasler Finals. Any club wishing to host the National Championships or the Hasler Finals will be expected to make a short presentation to the Annual Consultative Meeting or to the Marathon Committee outlining their proposals for the course and organisation to meet these criteria.

1) THE COURSE

- a) The course should be wide enough at the start to provide a fair start for all paddlers. It should also be wide enough throughout its length for competitors to overtake and pass each other in opposite directions.
- b) The course should be capable of being paddled in an understern rudder boat.
- c) Portages should allow a minimum of 12 metres at the 'get out' and 'get in' points. Portages should not be of excessive number or length.
- d) Access to portage areas for spectators should be good with adequate parking, or pool transport should be provided.
- e) The course should be reasonably accessible for spectator viewing.
- f) There should not be too many other conflicting water users.

2) ORGANISATION

- a) The organising club(s) should have a proven track record in organising normal Divisional marathons.
- b) The venue should have good access by road and not be too far for the majority of paddlers to travel.
- c) There should be adequate camping facilities nearby, particularly for the two day National Championships.
- d) There should be adequate parking at the start and finish.
- e) There should be adequate covered checking-in and refreshment areas at the start and finish and a results display area.
- f) There should be adequate toilet facilities at the start and finish areas.
- g) There should be an adequate PA system at the start, briefing and prize giving areas.
- h) There should be adequate First Aid cover in appropriate areas.
- i) The starting of all races is to be as the procedure set out in PART C.
- j) There should be a computerised results facility capable of showing class results and team scores immediately after the races.
- k) Prizes at the National Championships will be the official BCU National Marathon Championship medals and Divisional medals.
- l) Prizes at the Hasler Finals will be the official BCU Hasler Finals medals.

MARATHON RACING

BCU MEMBERSHIP AND EVENT TICKETS

All seniors and veterans must be full members of the BCU if they wish to race in a Marathon event that has been advertised in the Calendar. Juniors who are ranked in division 6 or above must also hold full youth membership.

A junior club member need not be a full member of the BCU in order to race in the lower divisions (7, 8 & 9) of the Marathon racing system or in the other 2 categories of marathon races. He / she must, however, be a member of a club with a registered junior section and the number used for his or her identification will be the club's affiliation number followed by the paddler's own individual club number. However, the club abbreviation followed by the paddler's club number is easier and preferred by the Records Officer, both for identification and ease of recording. i.e. LIN/005, CHE/017. Note that event tickets are also required for Lightning paddlers who are neither BCU members nor a member of a club with a registered junior section. Any junior promoted into a higher division (6 & upwards) must then become a full member of the BCU.

Race Organisers MUST still check that a competitor's membership is current either by photocopy of the membership card with the entry or by seeing the card on the day of the race.

If the card is unavailable or forgotten the paddler must purchase an "Event Ticket" as a "stop gap" but only once per season. The records officer carries out a check on event ticket issue for all race results and those paddlers abusing this system will be penalised.

The system is as follows:

1. The tickets are for use by non-members at the entry level only of National Competitions requiring membership e.g. Divisional Racing.
2. For use at a BCU event when the organiser believes a participant may be a member but the member cannot provide proof by way of a membership card.
3. Event organisers charge the current rate set by the BCU (currently £2.50) which will be sent to the BCU HQ, Nottingham within 7 working days of the event.
4. Event Ticket fees are not refundable.
5. The overall consideration is to encourage, in the best possible way, membership of the Country's Governing Body for Canoesport.

"it's a family thing"

The adventure starts here....

Team to canoe Lake Windermere,
over 7 days to raise funds for Breast Cancer Research

Aim: to cover the distance of the length of the UK

Starting on Saturday, August 15th 2009

www.windermere2009.co.uk
Supporting Breast Cancer Research

We Need Your Support

Or Please Donate
(see website for details)

Why the distance: As a husband of a person who is going through this treatment, it's made me realise how many other people in the UK are going through this on a day to day existence. So with this in mind, it's for all the people across this great country we do this event.

www.windermere2009.co.uk

We can make a difference to the lives of many people affected by the disease, and together we can and will beat cancer.

Alastair Campbell
AlastairCampbell@windermere.co.uk
Team Event Organiser – Scotland

Thank for your Help And Support

PINK DISCO on the 10th April 2009 at The Ritz , Stranraer at 8pm
Tickets On Sale February 2009

MARATHON RACING NATIONAL CHAMPIONSHIP TROPHIES

K2 Shield		Presented to the Senior K2 National Champions	
1957	J. Nicholls	E. Carmichael	West London C.C.
1958	J. Shelston	R. Lowery	Richmond C.C.
1959	J. Shelston	R. O'Keefe	Richmond C.C.
1960	R. Payne	Y. Allen	22nd SAS C.C.
1961	B. R. Smith	J. L. P. Dalton	C.T.C.
1962	A. Akeed	D. C. Arnold	Royal Marines C.C.
1963	L. Oliver	M. Parker	Lincoln C.C.
1964	S. Hollier	R. Wade	Hatfield Y.C.
1965	L. Oliver	M. Parker	Lincoln C.C.
1966	T. Kirkby	M. Boshier	Royal C.C.
1967	A. Miller	T. Sowman	Harlow C.C.
1968	A. Edwards	L. Oliver	Lincoln C.C.
1969	M. Mean	L. Bolam	
1970	C. Evans	A. Alun-Williams	R.M.C.C.
1971	M. Boshier	B. Greenaway	Richmond C.C.
1972	N. Mason	T. Speaight	Nottingham K.C.
1973	N. Jackson	D. Smith	Grap. / Worcester
1974	J. Fowler	A. Williams	Royal C.C.
1975	J. Fowler	A. Williams	Royal C.C.
1976	J. Fowler	A. Williams	Royal C.C.
1977	S. Brown	B. Haynes	Nottingham / Royal
1978	J. Fowler	A. Williams	Royal C.C.
1979	J. Fowler	A. Williams	Royal C.C.
1980	J. Fowler	A. Williams	Royal C.C.
1981	J. Fowler	A. Williams	Royal C.C.
1982	A. Williams	C. Canham	Royal C.C.
1983	A. Williams	S. Jackson	Royal / Army
1984	A. Williams	S. Jackson	Royal / Army
1985	P. Wells	A. Croucher	Richmond / Wey
1986	Ivan Lawler	A. Williams	Elmbridge / Royal
1987	Ivan Lawler	Graham Burns	Elmbridge C.C.
1988	P. Wells	M. Wells	Richmond C.C.
1989	C. Ballard	R. Kinch	Lichfield / Oxford
1990	P. Wells	G. Dresser	Richmond / Royal
1991	C. Ballard	G. Slater	Lichfield
1992	Ivan Lawler	Grayson Bourne	Elmbridge C.C.
1993	J. Butler	S. Bagshaw	Nottingham K.C.
1994	Ivan Lawler	Steve Harris	Elmbridge C.C.
1995	Stuart West	James Butler	RLS / Nottingham
1996	Ivan Lawler	Steve Harris	Elmbridge C.C.
1997	James Block	James Butler	Nottingham K.C.
1998	Stephen Baker	Steve Harris	Elmbridge C.C.
1999	Ivan Lawler	Conor Holmes	Elmbridge C.C.
2000	Simon Dark	David Coulson	BOA / Reading
2001	Conor Holmes	James Block	Elmbridge / Nottingham
2002	Paul Slater	Paul Prestwood	Gailey
2003	Paul Slater	Paul Prestwood	Gailey
2004	Paul Slater	Paul Prestwood	Gailey
2005	Ivan Lawler	Ben Brown	Elmbridge
2006	Ben Brown	John Sawers	Elmbridge
2007	Andrew Daniels	Edward Cox	Reading / Wey
2008	Ivan Lawler	Ben Farrell	Elmbridge

MARATHON RACING NATIONAL CHAMPIONSHIP TROPHIES

Wilkinson Sword

Presented to the Senior K1 National Champion

1979	Brian Greenham	Reading & LP	1994	Gary Mawer	Richmond
1980	K.Smith	Warren	1995	Simon Dark	Bradford/Avon
1981	K.Smith	Warren	1996	Ivan Lawler	Elmbridge
1982	Alan Williams	Royal	1997	James Butler	Nottingham
1983	Alan Williams	Royal	1998	Greg Slater	Lichfield
1984	Alan Williams	Royal	1999	Ivan Lawler	Elmbridge
1985	Alan Williams	Royal	2000	Conor Holmes	Elmbridge
1986	Ivan Lawler	Elmbridge	2001	Conor Holmes	Elmbridge
1987	Ivan Lawler	Elmbridge	2002	Ivan Lawler	Elmbridge
1988	Ivan Lawler	Elmbridge	2003	Paul Slater	Gailey
1989	Duncan Blythe	Royal	2004	Paul Slater	Gailey
1990	Duncan Blythe	Royal	2005	Ivan Lawler	Elmbridge
1991	I.Timbrell	Fowey River	2006	Ben Brown	Elmbridge
1992	Ivan Lawler	Elmbridge	2007	Andrew Daniels	Reading
1993	James Butler	Nottingham	2008	Ben Farrell	Elmbridge

The Long Distance Racing Challenge Trophy

Presented to the Winner of Division 1 K1 at the National Championships

1956	C.Cautier	Weston Bay	1983	Alan Williams	Royal C.C.
1957	A.Waterhouse	Royal C.C.	1984	Alan Williams	Royal C.C.
1958	R.O'Keefe	Richmond	1985	Alan Williams	Royal C.C.
1959	B.Smith	C.T.C.	1986	Ivan Lawler	Elmbridge
1960	D.Shankland	Llandaff	1987	Ivan Lawler	Elmbridge
1961	J.Richards	Worcester	1988	Ivan Lawler	Elmbridge
1962	Alan Edwards	Worcester	1989	Duncan Blythe	Royal C.C.
1963	S.Smith	Worcester	1990	Duncan Blythe	Royal C.C.
1964	S.Smith	Worcester	1991	I.Timbrell	Fowey
1965	P.Gardner	Riverside	1992	Ivan Lawler	Elmbridge
1966	C.Evans	Royal C.C.	1993	James Butler	Nottingham
1967	C.Evans	Royal C.C.	1994	Gary Mawer	Richmond
1968	P.Lawler	Royal C.C.	1995	Simon Dark	Bradford/Avon
1969	N.Jackson	Grappenhall	1996	Ivan Lawler	Elmbridge
1970	N.Jackson	Grappenhall	1997	James Butler	Nottingham
1971	N.Jackson	Grappenhall	1998	Greg Slater	Lichfield
1972	Norman Mason	Nottingham	1999	Ivan Lawler	Elmbridge
1973	D.Lawrence	Royal C.C.	2000	Conor Holmes	Elmbridge
1974	Norman Mason	Nottingham	2001	Conor Holmes	Elmbridge
1975	Norman Mason	Nottingham	2002	Ivan Lawler	Elmbridge
1976	Norman Mason	Nottingham	2003	Paul Slater	Gailey
1977	Brian Greenham	Reading & L.P.	2004	Paul Slater	Gailey
1978	Brian Greenham	Reading & L.P.	2005	Ivan Lawler	Elmbridge
1979	Brian Greenham	Reading & L.P.	2006	Ben Brown	Elmbridge
1980	K.Smith	Warren C.C.	2007	Andrew Daniels	Reading
1981	K.Smith	Warren C.C.	2008	Ben Farrell	Elmbridge
1982	Alan Williams	Royal C.C.			

MARATHON RACING NATIONAL CHAMPIONSHIP TROPHIES

Nottinghamshire County Council Cup

Presented to the Senior Lady K1 National Champion

1995	S.Bennett	Fladbury	2002	Yael Ford	Tonbridge
1996	Anna Hemmings	Elmbridge	2003	Joanne Bates	Elmbridge
1997	Tricia Davey	Richmond	2004	Joanne Bates	Elmbridge
1998	Lucy Hardy	Fladbury	2005	Tricia Davey	Richmond
1999	Tina Parsons	Nottingham	2006	Anna Hemmings	Elmbridge
2000	Andrea Dallaway	Elmbridge	2007	Anna Hemmings	Elmbridge
2001	Anna Hemmings	Elmbridge	2008	Louisa Sawers	Elmbridge

Ladies Plate

Presented to the Senior Ladies K2 National Champions

1995	Tamsin Phipps	W.Lester	Reading
1996	Helen Gilby	Alison Thorogood	Elmbridge / Newham
1997	Sonia Bapty	Tricia Davey	Reading / Richmond
1998	Andrea Dallaway	Helen Gilby	Elmbridge Canoe Club
1999	Sonia Bapty	Alison Thorogood	Reading / Leaside
2000	Andrea Dallaway	Helen Gilby	Elmbridge Canoe Club
2001	Andrea Dallaway	Abigail Cattle	Elmbridge / Reading
2002	Joanne Bates	Rosalind Bates	Elmbridge Canoe Club
2003	No Race		
2004	Joanne Bates	Claire Hynds	Elmbridge Canoe Club
2005	Joanne Bates	Nicola Taylor	Elmbridge Canoe Club
2006	Anna Hemmings	Nicola Taylor	Elmbridge Canoe Club
2007	Anna Hemmings	Louisa Sawers	Elmbridge Canoe Club
2008	Louisa Sawers	Hayleigh Mason	Elmbridge / Nottingham

Junior K2 Shield

Presented to the U18 Men's K2 National Champions

1995	A.Morgan	Nick Fowler	Banbury / Reading
1996	Daniel Golder	Damien Chapman	Banbury / Nottingham
1997	Damien Chapman	Peter Burbridge	Nottingham / Reading
1998	Paul Prestwood	Daniel Matthews	Gailey
1999	Adam Kennedy	Tim Sowry	Fladbury / Elmbridge
2000	Ed McKeever	Alistair Rosier	Bradford on Avon
2001	Andrew Kelly	Simon Fennimore	Royal / Wey
2002	Ben Brown	Paul Wycherley	Elmbridge / Wey
2003	John Sawers	Michael Goodall	Elmbridge Canoe Club
2004	James Dougall	Matthew Guy	Leighton Buzzard C.C.
2005	Andrew Daniels	Allen Spencer	Reading / Hereford
2006	Tom Hide	Ben Parfitt	Addlestone / Elmbridge
2007	Dean Terry	Mark Childerstone	Wey Kayak Club
2008	Tom Hide	Edward Rutherford	Addlestone / Elmbridge

MARATHON RACING NATIONAL CHAMPIONSHIP TROPHIES

The Sella Cup

Presented to the U18 Men's K1 National Champion

1990	A. Richardson	Royal	2000	Andrew Kelly	Elmbridge
1991	S. Jenson	Richmond	2001	Andrew Kelly	Royal
1992	Paul Slater	Lichfield	2002	Paul Wycherley	Wey
1993	M. Bull	Nottingham	2003	Paul Wycherley	Wey
1994	Richard Golder	Banbury	2004	Allen Spencer	Hereford
1995	Lee Pilgrim	Bark. & Dag.	2005	Andrew Daniels	Reading
1996	Damien Chapman	Nottingham	2006	Andrew Daniels	Reading
1997	Damien Chapman	Nottingham	2007	Edward Rutherford	Elmbridge
1998	Craig Watt	Elmbridge	2008	Edward Rutherford	Elmbridge
1999	Scott Kemper	Gailey			

The Pontevedra Cup

Presented to the U18 Women's K1 National Champion

2008 Victoria Croucher Wey

Silver Birdbath

Presented to the Under 14 Boy's K2 National Champions

1981	M. Adams	S. Rust	Royal / Leicester
1982	M. Adams	S. Rust	Royal / Leicester
1983	G. Lovell	G. Adams	Royal C.C.
1984	S. Day	A. Barkway	Sta. / N.S.S.
1985	J. Wilson	C. Murray	Anker Valley
1986	A.M. Richardson	J. Farnham	Royal / Elmbridge
1987	A.M. Richardson	J. Farnham	Royal / Elmbridge
1988	S. Jenson	P. Slater	Richmond / Gailey
1989	Brian Hemmings	David Smith	Elmbridge
1990	David Smith	Ian Sargeant	Elmbridge
1991	Nick Fowler	B. Reece	Fladbury
1992	Daniel Golder	J. Perrier	Banbury / Bishop Stortford
1993	Damien Chapman	Joel Wilson	Nottingham / Chester
1994	Joel Wilson	Adam Kennedy	Chester / Fladbury
1995	Dean O'Conner	Adam Kennedy	Barking / Fladbury
1996	Richard Darby Dowman	Ben Farrell	Elmbridge C.C.
1997	Greg Edwards	Tom Bainbridge	Worcester / Harlow
1998	A. Barry	James Garlick	Chelmsford / L. Buzzard.
1999	James Garlick	Ed Cox	L. Buzzard / Wey
2000	Tom Daniels	Richard Etheridge	Reading / Wey
2001	Gavin Hickman	Allen Spencer	Chelmsford / Hereford
2002	Christian Pegley	Andrew Daniels	Elmbridge / Wokingham
2003	Ben Holmes	Pip Ede	Worcester / Reading
2004	Edward Rutherford	Daniel Barber	Elmbridge Canoe Club
2005	Dean Terry	Mark Childerstone	Maidstone / Wey
2006	Peter Wilkes	Mark Wilkes	Chelmsford Canoe Club
2007	Jonathan Tye	Tom Deacon	Worcester / Addlestone
2008	Jake Thomas	Alex Loveday	Elmbridge Canoe Club

MARATHON RACING NATIONAL CHAMPIONSHIP TROPHIES

The Espada Cup

Presented to the Under 14 Girl's K2 National Champions

1977	D.Sellwood	C.Darling	B.O.A.C.C./ Chichester
1978	Perrett	D.Sellwood	
1979	Holness	Lewis	
1980	Holness	Lewis	
1981	Holness	Lewis	
1982	Nicola Burns	A.Dawson	Elmbridge / Preston Bridge
1983	H.Rainsford	C.Kemp	Leighton B./ Fladbury
1984	Andrea Dallaway	C.Kemp	Lichfield / Fladbury
1985	A.Jennings	C.Kemp	Leighton B./ Fladbury
1986	J.Fisher	R.Leverett	Lincoln C.C.
1987	Tricia Davey	J.Miller	Richmond / Shoreham
1988	R.Giles	B.Cambell	Fladbury C.C.
1989	K.Russell	Anna Hemmings	Elmbridge C.C.
1990	Anna Hemmings	Jenny Dyball	Elmbridge C.C.
1991	Rachel Train	Lucy Hardy	Fladbury C.C.
1992	S.Griffith	Carly Andrews	Fladbury / Solihull
1993	Carly Andrews	Elaine Appleby	Solihull / Leighton Buzzard
1994	Cathy Jones	Elaine Appleby	Leighton Buzzard C.C.
1995	Cathy Jones	Abigail Cattle	Leighton B / Reading
1996	Sharon Hayday	Nicola Taylor	Barking & Dagenham C.C.
1997	Jenny Spencer	Rebecca Hunter	Hereford Royal
1998	Zoe Burgess	Joanne Etheridge	Solihull / Wey
1999	Joanne Etheridge	L.Smith	Wey / Barking & Dagenham
2000	Hayleigh Mason	Harriet Farish	Nottingham K.C.
2001	Louisa Sawers	Rohan Battison	Elmbridge / Reading
2002	Alison Galloway	Rohan Battison	Reading
2003	Katie Whitehead	Jessica Walker	Chelmsford / Royal
2004	Emma Dougall	Jessica Walker	Leighton Buzzard / Royal
2005	Jenny Swallow	Caroline Rowlands	Chester
2006	Laura Ferguson	Stephanie Holmes	Banbury / Worcester
2007	Hazel Childerstone	Victoria Croucher	Wey K.C.
2008	Isobel Smith	Naomi Smith	Basingstoke Canal CC

The Spanish Galleon

Inter-Club K4 Racing

1991	Hereford K.C.
1992	Elmbridge C.C.
1993	Hereford C.C.
1994	Elmbridge C.C.
1995	Nottingham K.C.
1996	Nottingham K.C.
1997	Nottingham K.C.
1998 - 2003	No Race

The Spanish Galleon

(re-assigned)

National Championships

Lightning Team Trophy

2004	Banbury Canoe Club
2005	Banbury Canoe Club
2006	Southampton Canoe Club
2007	Leighton Buzzard C.C.
2008	Leighton Buzzard C.C.

MARATHON RACING NATIONAL CHAMPIONSHIP TROPHIES

Ken Periera Memorial Trophy

Presented to the Senior C1 National Champion

1989	Ken Young	Nottingham Kayak Club
1990	No Race	
1991	Andrew Martin	Fladbury Canoe Club
1992	Andrew Martin	Fladbury Canoe Club
1993	No Race	
1994	Derek Hall	Reading Canoe Club
1995	Malcolm Lane	Royal Leamington Spa C.C.
1996	James Lee	Basingstoke Canal Canoe Club
1997	James Lee	Basingstoke Canal Canoe Club
1998	Steve Train	Fladbury Canoe Club
1999-2003	No Race	
2004	Richard Crooks	Leighton Buzzard Canoe Club
2005-6	No Race	
2007	John Badelek	Wey Kayak Club
2008	Yan Vorberger	Royal Leamington Spa C.C.

Open Canoe Association Shield

Presented to the Open TC2 National Champions (from 1996 C2)

1990	Karl Yurkwich	Attila Herbent	Royal Leamington Spa
1991-3	Not awarded		
1994	J.Bromley	Tibor Herbent	Royal Leamington Spa
1995	Not awarded		
1996	John.Badelek	Derek Hall	Wey / Reading
1997	James Lee	M.Parsons	Basingstoke / Wey
1998-9	Not awarded		
2000	Matt. Lawrence	Toby Shipway	Leighton Buzzard
2001	Matt. Lawrence	James Train	LBZ / Fladbury
2002-2008	Not awarded		

The Spanish House

National Championships Team Trophy

1990	Nottingham Kayak Club	2000	Elmbridge Canoe Club
1991	Nottingham Kayak Club	2001	Elmbridge Canoe Club
1992	Army Canoe Union	2002	Leighton Buzzard Canoe Club
1993	Nottingham Kayak Club	2003	Leighton Buzzard Canoe Club
1994	Nottingham Kayak Club	2004	Leighton Buzzard Canoe Club
1995	Nottingham Kayak Club	2005	Leighton Buzzard Canoe Club
1996	Nottingham Kayak Club	2006	Reading Canoe Club
1997	Kimbolton School	2007	Leighton Buzzard Canoe Club
1998	Nottingham Kayak Club	2008	Wey Kayak Club
1999	Nottingham Kayak Club		

MARATHON RACING – THE HASLER TROPHY

The story behind the Hasler Trophy

One of the most daring raids of World War Two took place on the night of 11th December 1942 in the enemy-occupied port of Bordeaux in France. Operation Frankton involved 12 men in six canoes being taken by submarine to a position 10 miles south of the Gironde estuary on 7th December. One of the canoes was ripped passing through the hatch of the submarine, but the other five then had an 85 mile paddle ahead of them. Two boats were lost in the tidal race and the remaining three carried on for three days, paddling in darkness and lying up during the day. One more boat hit a submerged rock and sank and the final two boats went on to Bordeaux harbour, where they attached their limpet mines and, assisted by the ebb tide, paddled silently back down the river. The mines detonated and severely damaged four vessels and sunk one. The four remaining men beached before reaching the sea, scuttled their canoes and travelled overland to try to reach safety. Two were captured, but Major 'Blondie' Hasler and Marine Bill Sparks made their way to Spain – the only two of the original ten who survived. Hasler was awarded the DSO and Sparks the DSM.



After the war, Hasler went on to found the Single Handed Transatlantic Yacht race after a bet with his friend Francis Chichester. The Hasler Trophy was presented by Lloyds Underwriters to commemorate the raid of the so-called 'Cockleshell Heroes' and has been competed for since 1957. Major Hasler died in 1987 and Bill Sparks died on 30th November 2002, only ten days short of the sixtieth anniversary of the raid. In 2003 the Marathon Committee decided to inaugurate a new trophy named in honour of Bill Sparks, which goes to the highest placed veteran K2 in the highest division at the Hasler Final.

Hasler Trophy

For Marathon Racing between clubs in annual competition under the auspices of the British Canoe Union

1957	Canoe Touring	1975	Nottingham	1993	Wey
1958	Richmond	1976	Reading & LP	1994	Not awarded
1959	Royal Leam Spa	1977	Fladbury	1995	Kirkaldy
1960	Royal Leam Spa	1978	Nottingham	1996	Elmbridge
1961	Worcester	1979	Nottingham	1997	Elmbridge
1962	Worcester	1980	Reading & LP	1998	Elmbridge
1963	Royal	1981	Fladbury	1999	Kirkaldy
1964	Lincoln	1982	Wey	2000	Elmbridge
1965	Lincoln	1983	Richmond	2001	Elmbridge
1966	Lincoln	1984	Wey	2002	Elmbridge
1967	Lincoln	1985	Elmbridge	2003	Elmbridge
1968	Harlow	1986	Richmond	2004	Elmbridge
1969	Richmond	1987	Worcester	2005	Elmbridge
1970	Richmond	1988	Harlow OP	2006	Reading
1971	Richmond	1989	Richmond	2007	Elmbridge / Wey
1972	Wey	1990	Wey	2008	Elmbridge
1973	Nottingham	1991	Worcester		
1974	Nottingham	1992	Worcester		

The Regional Trophy

Awarded to the Region with the highest aggregate score from their three highest scoring clubs at the Hasler Final

1990	London & S. East	1997	London & S. East	2004	Southern Region
1991	London & S. East	1998	London & S. East	2005	Southern Region
1992	Southern Region	1999	Midlands Region	2006	London & S. East
1993	Midlands Region	2000	Eastern Region	2007	London & S. East
1994	Southern Region	2001	London & S. East	2008	Southern Region
1995	Scotland East	2002	Southern Region		
1996	Eastern Region	2003	Southern Region		

MARATHON RACING – THE HASLER TROPHY

Rhodes-White Trophy

Presented to the Senior Regional Champion with the most points in Division 1 at the Hasler Final

1962	S.Smith	Worcester CC	1985	Robin Belcher	Adlington CC
1963	R.Wade	C.T.C.	1986	Ivan Lawler	Elmbridge CC
1964	P.Hastings	C.U.CC	1987	Guy Dresser	Royal CC
1965	W.Machin	Gailey CC	1988	Greg Slater	Lichfield CC
1966	S.Kitson	Dewsbury	1989	Nigel Brevitt	Lichfield CC
1967	D.Clarke	C.U.CC	1990	IanTimbrell	Fowey River
1968	B.Greenaway	Richmond CC	1991	Greg Slater	Lichfield CC
1969	B.Gilliver	Soar Valley CC	1992	Greg Slater	Lichfield CC
1970	R.Davis	Itchin Valley CC	1993	Greg Slater	Lichfield CC
1971	D.Smith	Worcester CC	1994	Greg Slater	Lichfield CC
1972	T.Fieldus	Wey KC	1995	Peter Maycock	Exeter CC
1973	K.Topham	Viking KC	1996	Dyson Pendle	Norwich CC
1974	G.A.Trulove	Lichfield CC	1997	Conor Holmes	Elmbridge
1975	R.G.Haynes	Riverside CC	1998	Dan Golder	Falcon CC
1976	Keith Owen	B on a RC	1999	Greg Slater	Lichfield CC
1977	P.C.Watson	B on a RC	2000	Ian Tordoff	Chester
1978	Stan Missen	B on a RC	2001	Ian Tordoff	Chester
1979	J.Rosling	B on A RC	2002	Stephen Baker	Elmbridge
1980	Tim Cornish	Richmond CC	2003	Stephen Baker	Elmbridge
1981	Robin Belcher	Mercia CC	2004	Stephen Baker	Elmbridge
1982	Robin Belcher	Mercia C.C	2005	Stephen Baker	Elmbridge
1983	Paul Wells	Richmond CC	2006	Ben Brown	Elmbridge
1984	Paul Wells	Richmond CC	2007	Andy Daniels	Reading
			2008	Not awarded	

Adam Thomasson Trophy

Presented to the Winner of Division 2 K1 at the Hasler Final

1986	P.Evans	Lincoln	1998	Nigel Jones	Nottingham
1987	Simon Horsley	Deeside	1999	Nathan Johnson	Elmbridge
1988	Gary Quittenton	Lincoln	2000	Andrew Kelly	Elmbridge
1989	Norman Mason	Nottingham	2001	Simon Fennemore	Wey
1990	John Elliot	RDG & LP	2002	Tom Daniels	Reading
1991	Ian Tordoff	Chester	2003	Ben Brown	Elmbridge
1992	David Smith	Elmbridge	2004	Ben Brown	Elmbridge
1993	Steve Tingay	LBZ	2005	Andrew Daniels	Reading
1994	Tim Brabants	Elmbridge	2006	Robin Williams	Wey
1995	Andy Grimwood	Lincoln	2007	Edward Rutherford	Elmbridge
1996	Paul Darby Dowman	Elmbridge	2008	Mark Childerstone	Wey K.C.
1997	Damien Chapman	Nottingham			

MARATHON RACING – THE HASLER TROPHY

Barber Trophy

Presented to the Junior Regional Champion who gains the most points in Division 2 at the Hasler Final

1973	G Holmes	Hove	1992	Not awarded	
1974	K Whitehurst	LPCC	1993	David Smith	Elmbridge
1975	Stan Missen	BOA	1994	Richard Golder	Banbury
1976	S Swaffield	AYL	1995	Not awarded	
1977	K Salisbury	RLP	1996	Peter Burbidge	Reading
1978	K Salisbury	RLP	1997	Not awarded	
1979	K Salisbury	RLP	1998	Tim Ralph	Reading
1980	Nicholas Gregory	WAR	1999	Nathan Johnson	Elmbridge
1981	Nicholas Gregory	WAR	2000	Andrew Kelly	Elmbridge
1982	David Battershell	Wey K.C.	2001	John Sawers	Elmbridge
1983	Not awarded		2002	Tom Daniels	Reading
1984	Not awarded		2003	Tom Daniels	Reading
1985	Fergus Murray	Richmond	2004	Tom Daniels	Reading
1986	John Elliott	RLP	2005	Andrew Daniels	Reading
1987	Oliver Morgan	Royal	2006	Philip Thorogood	Elmbridge
1988	Stuart West	Royal	2007	Not awarded	
1989	Simon Ricketts	Anker Valley	2008	Mark Childerstone	Wey K.C.
1990	Tony Richardson	Royal			
1991	Tony Richardson	Royal			

David Shankland Trophy

Presented to the Lady Regional Champion who gains the most points in Division 3 at the Hasler Final

1966	M Tucker		1986	Janine Lawler	Elmbridge
1967	A Huskisson		1987	Susie Perrett	RLP
1968	P Squires		1988	Sandra Troop	Nottingham
1969	P Squires		1989	Anna Ballard	Lichfield
1970	E Staden		1990	Anna Ballard	Lichfield
1971	H Woodhouse		1991	Bernadette Pagon	Bristol
1972	S Burnett		1992	Bernadette Pagon	BOA
1973	S Wright		1993	Anna Ballard	Lichfield
1974	S Burnett		1994	Margaret Chapman	Kirkcaldy
1975	Kath Nadal		1995	Not awarded	
1976	Lucy Perrett		1996	Sonja Bapty	Reading
1977	Lucy Perrett		1997	Helen Gilby	Elmbridge
1978	Wendy Clapham		1998	Not awarded	
1979	Gaye Clough		1999	Abigail Cattle	Reading
1980	Lucy Perrett	RLP	2000	Andrea Dallaway	Elmbridge
1981	Lucy Perrett	RLP	2001	Abigail Cattle	Reading
1982	Anne Plant	Lichfield	2002	Not awarded	
1983	Lucy Perrett	RLP	2003	Not awarded	
1984	Heather Brough	Worcester	2004	Hayleigh Mason	Nottingham
1985	Anne Plant	Lichfield	2005	Anna Hemmings	Elmbridge
			2006	Louisa Sawers	Elmbridge
			2007/8	Not awarded	

MARATHON RACING – THE HASLER TROPHY

Ross Warland Memorial Trophy

Presented to the highest placed Junior in the Division 4 race at
The Hasler Final

2000	John Sawers	Elmbridge	2005	Tim Pendle	Norwich
2001	Ben Brown	Elmbridge	2006	Tom Sharpe	Exeter
2002	Andrew Daniels	Wokingham	2007	Jonathan Tye	Worcester
2003	Matthew Guy	Leighton B.	2008	Jake Thomas	Elmbridge
2004	Neil Williams	Royal			

The Committee Cup

Presented to the highest place junior woman K1 in the highest division at
The Hasler Final

2003	Louisa Sawers	Elmbridge	2006	Louisa Sawers	Elmbridge
2004	Hayleigh Mason	Nottingham	2007	Stephanie Holmes	Worcester
2005	Louisa Sawers	Elmbridge	2008	Victoria Croucher	Wey

Ken Periera Cup

Presented to the highest placed junior C1 in the highest division at
The Hasler Final

2003	Richard Crooks	Leighton B.	2006	Gareth Hunt	Fladbury
2004	James Train	Fladbury	2007	Anthony Cayford	Bishops St.
2005	Roger Weir	Banbury	2008	Matthew Duck	Richmond

Bill Sparks Trophy

Presented to the highest placed veteran K2 in the highest division at
The Hasler Final

2003	Leon Nicholson	James Hives	Woodmill C.C.
2004	Mike Hawthorn	Simon Davies	Worcester C.C.
2005	James Treadgold	Nick Daniels	Reading C.C.
2006	Phil Jenkins	Tim Scott	Norwich C C
2007	Adrian Croucher	Adrian Henson	Wey Kayak Club
2008	Roy Fieldus	Adrian Henson	Wey Kayak Club

Geoff Sanders Trophy

Presented to the club with the best Lightning results across the season, including
the Hasler Final

2005	Banbury Canoe Club	2007	Leighton Buzzard Canoe Club
2006	Southampton Canoe Club	2008	Leighton Buzzard Canoe Club

INTERNATIONAL MARATHON MEDALS

Prior to 1982 major international competition comprised the Grand Prix series of two or three races per year. In 1982 a World Cups was introduced every year as the premier international event in addition to one or two Grand Prix.

From 1988 World Championships were introduced in alternate (even) years with World Cups remaining in alternate (odd) years. One or two Grand Prix races continued every year.

From 1995 European Championships were introduced in alternate (odd) years.

From 1998 World Championships were held every year, the old World Cups (in alternate odd years) ceased and the Grand Prix races were renamed as World Cups.

In 2001 Junior World Championships were introduced every year.

Marathon World Cups and World Championships			
1982	1st World Cups Remich- Grevenmacher Luxembourg	Men's K1 1 st Robin Belcher 2 nd Paul Wells Women's K1 2 nd Kath Nadal 3 rd Heather Brough C1 3 rd Ken Periera	Men's K2 1 st Paul Dimmock / Robin Ayres 3 rd Rod Kinch / John Day Women's K2 1 st Jane Jacobs / Lynne Davies
1983	2nd World Cups Copenhagen Denmark	Men's K1 1 st Robin Belcher	Men's K2 2 nd Rod Linch / Paul Lanighan Women's K2 1 st Ann Plant / Wendy Clapham
1984	3rd World Cups Shannon Ireland	Men's K1 1 st Rod Kinch 2 nd Alan Williams Women's K1 1 st Ann Plant C1 2 nd Steve Smith	Men's K2 1 st Paul Wells / Duncan Blythe 2 nd Adrian Croucher / Chris Ballard Women's K2 2 nd Gaye Clough / Wendy Clapham 3 rd Tracey Phillips / Heather Brough C2 3 rd Steve Train / Andy Train
1985	4th World Cups Remich- Grevenmacher Luxembourg	Men's K1 3 rd Robin Belcher Women's K1 1 st Ann Plant C1 3 rd Steve Smith	Men's K2 3 rd Chris Ballard / Greg Slater Women's K2 2 nd Christine Belcher / Gaye Clough C2 3 rd Marcus Gohar / Robin Williams
1986	5th World Cups Hardenburg Netherlands	Men's K1 2 nd Paul Wells Women's K1 1 st Ann Plant C1 2 nd Marcus Gohar 3 rd Robin Williams	Men's K2 2 nd Robin Belcher / Guy Dresser Women's K2 1 st Suzy Perett / Janine Lawler
1987	6th World Cups Shannon Ireland	Women's K1 1 st Ann Plant 2 nd Jackie Eastwood C1 2 nd Marcus Gohar 3 rd Robin Williams	Men's K2 2 nd Ivan Lawler / Graham Burns

INTERNATIONAL MARATHON MEDALS

Marathon World Cups and World Championships			
1988	1st World Championships Nottingham England		Men's K2 2 nd Ivan Lawler / Graham Burns C2 1 st Steve Train / Andy Train
1989	7th World Cups Crestuma Portugal	Men's K1 2 nd Duncan Blythe Women's K1 2 nd Anne Ballard	Men's K2 1 st Ivan Lawler / Graham Burns Women's K2 2 nd Janine Lawler / Jackie Eastwood C2 1 st Steve Train / Andy Train
1990	2nd World Championships Copenhagen Denmark		Men's K2 2 nd Ivan Lawler / Graham Burns
1991	8th World Cups Berlin Germany	Junior Men's K1 1 st Tony Richardson 2 nd Scott Hynds	Men's K2 1 st Ivan Lawler / Graham Burns Women's K2 3 rd Sandra Troop/ Maria Blumenthal C2 1 st Steve Train / Andy Train
1992	3rd World Championships Brisbane Australia	Men's K1 1 st Ivan Lawler	Women's K2 2 nd Sandra Troop/Maria Blumenthal
1993	9th World Cups Maribo Denmark	Men's K1 1 st Ivan Lawler Women's K1 3 rd Andrea Dallaway Junior Women's K1 1 st Anna Hemmings Junior C1 3 rd Malcolm Lane	Junior Men's K2 1 st David Smith / Brian Hemmings
1994	4th World Championships & Junior World Cups Amsterdam Netherlands		Men's K2 1 st Ivan Lawler / Steve Harris C2 2 nd Steve Train / Andy Train Junior Men's K2 1 st David Smith / Tim Brabants
1995	10th World Cups Unquera Spain	Women's K1 2 nd Anna Hemmings 3 rd Sonja Bapty	Men's K2 1 st Ivan Lawler / Steve Harris C2 1 st Steve Train / Andy Train
1996	5th World Championships & Junior World Cups Vaxholm Sweden	Women's K1 2 nd Anna Hemmings	Men's K2 1 st Ivan Lawler / Steve Harris C2 1 st Steve Train / Andy Train
1997	World Cups Final Bagsvard Denmark	Men's K1 3 rd Tim Brabants Women's K1 1 st Anna Hemmings Junior Men's K1 3 rd Damien Chapman	Men's K2 2 nd Ivan Lawler / Steve Harris Women's K2 1 st Sonja Bapty / Tricia Davey C2 1 st Steve Train / Andy Train

INTERNATIONAL MARATHON MEDALS

Marathon World Cups and World Championships			
1998	6th World Championships & Junior World Cups Cape Town South Africa	Men's K1 1 st Ivan Lawler Women's K1 2 nd Anna Hemmings Junior Men's K1 3 rd Joel Wilson	Men's K2 2 nd Tim Brabants / Conor Holmes Women's K2 3 rd Andrea Dalloway / Helen Gilby C2 1 st Steve Train / Andy Train Junior Men's K2 1 st Paul Prestwood/Danny Matthews
1999	7th World Championships & Junior World Cups Gyor Hungary	Men's K1 1 st Ivan Lawler Women's K1 1 st Anna Hemmings Junior Women's K1 2 nd Abigail Cattle	
2000	8th World Championships & Junior World Cups Dartmouth Canada	Junior Men's K1 3 rd Tim Sowry Junior Women's K1 1 st Jenny Spencer	Junior Men's K2 1 st Andrew Kelly / Tim Sowry
2001	9th World Championships & 1st Junior World Championships Stockton-on-Tees England	Women's K1 1 st Anna Hemmings	Women's K2 1 st Anna Hemmings / Helen Gilby
2002	10th World Championships & 2nd Junior World Championships Zamora Spain		
2003	11th World Championships & 3rd Junior World Championships Valladolid Spain	Women's K1 3 rd Jenny Spencer Junior Men's K1 1 st Ben Brown Junior Women's K1 3 rd Hayleigh Mason	
2004	12th World Championships & 4th Junior World Championships Bergen Norway	Junior Men's K1 1 st Paul Wycherley	
2005	13th World Championships & 5th Junior World Championships Perth Australia	Women's K1 1 st Anna Hemmings	Junior Men's K2 2 nd Andrew Daniels / Allen Spencer

INTERNATIONAL MARATHON MEDALS

Marathon World Cups and World Championships			
2006	14th World Championships & 6th Junior World Championships Tremolat France	Women's K1 1 st Anna Hemmings Junior Women's K1 1 st Louisa Sawers	Junior Men's K2 2 nd Andrew Daniels / Stuart Hastings Junior Women's K2 1 st Louisa Sawers / Jessica Walker
2007	15th World Championships & 7th Junior World Championships Gyor Hungary	Women's K1 1 st Anna Hemmings Junior Women's K1 3 rd Jessica Walker	Junior Women's K2 3 rd Jessica Walker / Amoret King
2008	16th World Championships & 8th Junior World Championships Tyn Czech Republic	Junior Men's K1 1 st Edward Rutherford	Junior Men's K2 1 st Tom Hide / Edward Rutherford

Marathon European Championships			
1995	1st European Championships Murcia, Spain	GREAT BRITAIN DID NOT COMPETE	
1997	2nd European Championships Pavia, Italy	Men's K1 2 nd Tim Brabants Women's K1 1 st Anna Hemmings	Men's K2 3 rd Ivan Lawler / Steve Harris Women's K2 1 st Sonja Bapty / Tricia Davey
1999	3rd European Championships Gorzow, Poland	Men's K1 2 nd Conor Holmes Women's K1 1 st Anna Hemmings Junior Men's K1 3 rd Nathan Johnson Junior Women's K1 1 st Abigail Cattle	Junior Men's K2 2 nd Adam Kennedy / Tim Sowry Junior Women's K2 3 rd Jenny Spencer / Liz Holmes
2001	4th European Championships Gyor, Hungary	Junior Women's K1 1 st Jenny Spencer	
2003	5th European Championships Gdansk, Poland	Junior Women's K1 3 rd Hayleigh Mason	
2005	6th European Championships Tyn, Czech Republic	Women's K1 1 st Anna Hemmings	
2007	7th European Championships Trencin, Slovakia	Junior Men's K1 1 st Tim Pendle	Junior Men's K2 3 rd Dean Terry / Mark Childerstone

INTERNATIONAL MARATHONS

SELECTION POLICY FOR GREAT BRITAIN REPRESENTATIVE TEAMS

Objectives

- 1 To win medals at World, European Championships and World Cup events.
- 2 To maintain a position as a top nation in international competition.
- 3 To ensure the long-term athlete development required for international success.

This policy may be amended or supplemented by the BCU Marathon Racing Committee at its discretion in order to achieve the above objectives to cover exceptional circumstances. Every effort will be made to ensure as much notice as possible is given to all persons affected by any change.

Process of Selection

- 1 Each year, the ICF publish an International Calendar from which a programme of International Events to be attended is selected. Due regard is given to the Objectives and to budgets. Some events may be designated "Development". The programme is specified in the Racing Handbook.
- 2 The basic team composition for each event will be detailed in the Racing Handbook. Changes may be necessary to suit all the factors affecting team size and budgets.
- 3 The selection of teams for **all** internationals will be made on a **continuous assessment, open-to-all basis**. The composition of the team for each event will depend entirely on paddlers being and proving that they are of sufficiently high standard.

(The system of **continuous assessment** as opposed to one of 'first past the post' at a nominated selection event has been in operation for several years and has operated very well. It allows the selectors to consider an athlete who has under performed in any one race. This could be due to illness or equipment failure. It also means that consideration can be given to improving athletes who may not be winning but show potential for the future.)

Teams will be selected from the results of assessment races and current season internationals, as detailed in the Racing Handbook, on the basis of their ability to fulfil the Objectives above.

In exceptional circumstances, the Selection Committee may consider international results from previous seasons even where the athlete has no assessment race or international results from the current season.

- 4 All athletes seeking selection should race in the Assessment class corresponding to the category for which they are seeking international selection unless otherwise instructed by the Selection Committee. The Selection Committee reserve the right to disregard results gained by athletes racing in the wrong class.

INTERNATIONAL MARATHONS

- 5 Athletes wishing to be considered for International Events must comply with the following conditions.

- 6.1 They must be Comprehensive BCU members, throughout the year.
- 6.2 Having due regard to their availability for selection and their preferred programme, they should apply by completing the Availability Form and returning it by the dates specified in the Racing Handbook.
- 6.3 They should be prepared to meet all assembly costs and pay a contribution towards food, as detailed in the Racing Handbook.
- 6.4 They should be prepared to travel and be accommodated in the best interest of the team.
- 6.5 They must be prepared to accept the Team Coach's direction with regard to training and racing while abroad.
- 6.6 They must be prepared to dress and conduct themselves in a manner befitting a British Team representative, and promote the good name of British canoeing both at home and abroad.
- 6.7 They should be prepared to give support to Sport UK, Sport England and the Lottery in promotional aspects, in return for the Grant Aid received.
- 6.8 They should wear the GB tracksuit and team clothing provided, on all suitable occasions.
- 6.9 They should compete in the appropriate Assessment events.

- 6 The principles guiding the Selection Committee will be as follows.

The best team available to represent Great Britain will be selected having regard to the following.

- A Winning medals at World & European Championships, and World Cup events.
- B Gaining National Team points.
- C Experience enhancement and development potential commensurate with the level of the Competition.
- D Available budget for an event that supports the overall Marathon programme.

- 7 The BCU Marathon Racing Selection Committee shall consist of the following:
The Chairman of the BCU Marathon Racing Committee, who will Chair all selection meetings.
The Marathon Team Manager(s) for the event(s)
Up to 4 additional members nominated by the BCU MRC.
The BCU Performance Director.
The BCU Flat Water National Performance Manager.

INTERNATIONAL MARATHONS

Selectors are required to make every effort to attend all Domestic Assessment events, to ensure that a true and accurate assessment of current abilities can be made.

2009 INTERNATIONAL PROGRAMME

The Committee will provide as full a programme as possible in 2009, but this is subject to the funding we receive. At the time of going to press the funding we are to receive from the Lottery and the BCU exchequer fund is not known. The intended programme for the year is set out below, but it must be understood that the events supported and the sizes of the teams may change depending upon funding.

The main events for the year, for both Seniors and Juniors, are therefore: -

World Cup 1	Bagsvaard, Denmark	June 25/29
European Championships	Poland	July 23/27
World Championships	Crestuma, Portugal	Sept. 17/21

Each country can enter 3 crews, (2 at World Championships) in each class, with only the first finisher to count towards the World Cup Trophy. In the Junior World Cup there are classes for Men K2, K1, C1 and Women K1& K2.

In addition to the 3 main events, we plan to send small teams to the Sanabria K4 Series and the Pontevedra K4 Series together with development teams to the Tour de Gudena in Denmark; all depending on the assistance we receive from the Organisers. We will also support other events, where the Organisers provide total finance.

MARATHON COMMITTEE SUPPORT

The Marathon Committee will assist all potential team members in seeking personal sponsorship.

SELECTION INFORMATION FOR 2009

ASSESSMENT EVENTS

April 18	Chester	K1/C1
May 2	Worcester	K2/C2
May 23	Reading	K1/C1
May 30	Nottingham	K2/C2
June 27/28	World Cup 1, Bagsvaard	ALL
July 25/26	European Championships, Poland	ALL
August 8	Southampton	K2/C2
August 15	Elmbridge	K1/C1

INTERNATIONAL MARATHONS

AVAILABILITY FORMS

There are separate forms for Seniors and Juniors.

The **Senior Forms** should be returned, **fully completed** and signed, to David Enoch at the address on the form by: -

April 18 (Chester) for all events prior to the World Championships,
August 15 (Elmbridge) for the World Championships and late season development events.

The **Junior Forms** should be returned to the World Class Programmes Office by April 3, to the address on the Form.

2009 LEVY

A sum of £100 will be charged for the World Cups, the European and the World Championships. The Levy for other international events will be detailed in the event information.

PROPOSED INTERNATIONAL COMPETITIONS

(The final team size will depend on the finances available.)

MAJOR EVENTS

BAGSVAARD, DENMARK - WORLD CUP 1 – June 27/28

Thursday June 25 to Monday June 29.

A team of approximately 16 Seniors and Juniors plus officials

Selection - following Nottingham on May 30

POLAND – EUROPEAN CHAMPIONSHIPS – JULY 27/28

Thursday July 23 to Monday July 27

A team of approximately 18 Seniors and Juniors plus officials

Selection - in the week following World Cup 1.

CRESTUMA, PORTUGAL - WORLD CHAMPIONSHIPS – SEPTEMBER 19/20

Wednesday September 16 to Monday September 21.

A team of 22 Seniors and Juniors plus officials

Selection - following Elmbridge on August 15

INTERNATIONAL MARATHONS

SUPPORTING EVENTS

SPAIN – SANABRIA K4 SERIES – LATE JULY (DATES TO BE CONFIRMED)

A team of 8 Seniors and Juniors, by invitation

Selection – in the week following World Cup 1.

SPAIN - PONTEVEDRA K4 Series DATE TO BE CONFIRMED

Team and travel by invitation

Selection – either May 30 or following WC1, depending on event date.

TOUR de GUDENA – SEPTEMBER 12/13

A development team of about 12 paddlers plus staff. Further details will be published as soon as they are available.

Selection - following National Championships on August 30

ADDITIONAL EVENTS

The MRC receives, from time to time, invitations to additional international events. Teams will be selected for these events, provided the event organisers meet all funding. Selection for these events will be made after an Assessment event.

PRIVATE ENTRIES COMPETING ABROAD

Any competitor wishing to compete abroad outside the British team must apply to do so via the Governing Body, the BCU (ICF ruling). For practical purposes these applications must reach the MRC four weeks before the event. They should be sent to David Enoch except entries for the Sella Descent which should be sent to Alan Laws by 1 July latest. The applicant will be liable for any costs incurred, e.g. entry fees (even if he/she does not subsequently compete). It is regretted that the Marathon Committee can make no private travel or accommodation arrangements.

SOME OF THE OTHER INTERNATIONAL EVENTS ON THE 2009 CALENDAR

SPAIN – SELLA
DENMARK – TOUR DE GUDENAA
LOIRE MARATHON – FRANCE

AUGUST 1
SEPTEMBER 12/13
SEPTEMBER 27

Racing Handbook 2010

Publication February 2010

To reserve your copy of next year's Handbook, please send a cheque (made payable to BCU Racing Committee) for **£6.50** to include postage and packing.

Name _____

Address _____

Post Code _____

Return to:

Diane Bates
Lesters, 11 Cranley Road
Walton-on-Thames
Surrey KT12 5BX

~~~~~

Contributors to the 2009 Racing Handbook

|                |                   |               |
|----------------|-------------------|---------------|
| David Enoch    | Ollie Harding     | Peter Morley  |
| Anne Ferguson  | James Hinves      | Peter Moule   |
| Brian Gandy    | Ann Hoile         | James Smythe  |
| Andy Goodsell  | Rowland Jones     | Alan Williams |
| John Handyside | Rosemary Illinesi | Cathy Wynne   |

Many thanks to Kirton for their continuing support of the Racing Handbook as well as to advertisers Kirton Kayaks, Marsport's Rocket K4 and all the canoe clubs who advertise their events.

Diane Bates, Editor    January 2009  
diane.bates@dial.pipex.com

# VAJDAKAYAKS.CO.UK



## The best investment you can make

- ☒ High quality boats & accessories
- ☒ Professional service
- ☒ Expert advice
- ☒ Specialist racing craft
- ☒ Custom made
- ☒ Suitable for all levels

**Now is the time to upgrade your equipment.**

**Contact Ian Wynne directly to get expert guidance on the best options for you.**

email: [vajda.uk@mac.com](mailto:vajda.uk@mac.com) Phone: 07841470153 [www.vajdakayaks.co.uk](http://www.vajdakayaks.co.uk)

# KIRTON KAYAKS

Kirton Teknik in action at  
World Marathon Champs, Tyn 2008



01363 773295  
sales@kirton-kayaks.co.uk  
www.kirton-kayaks.co.uk