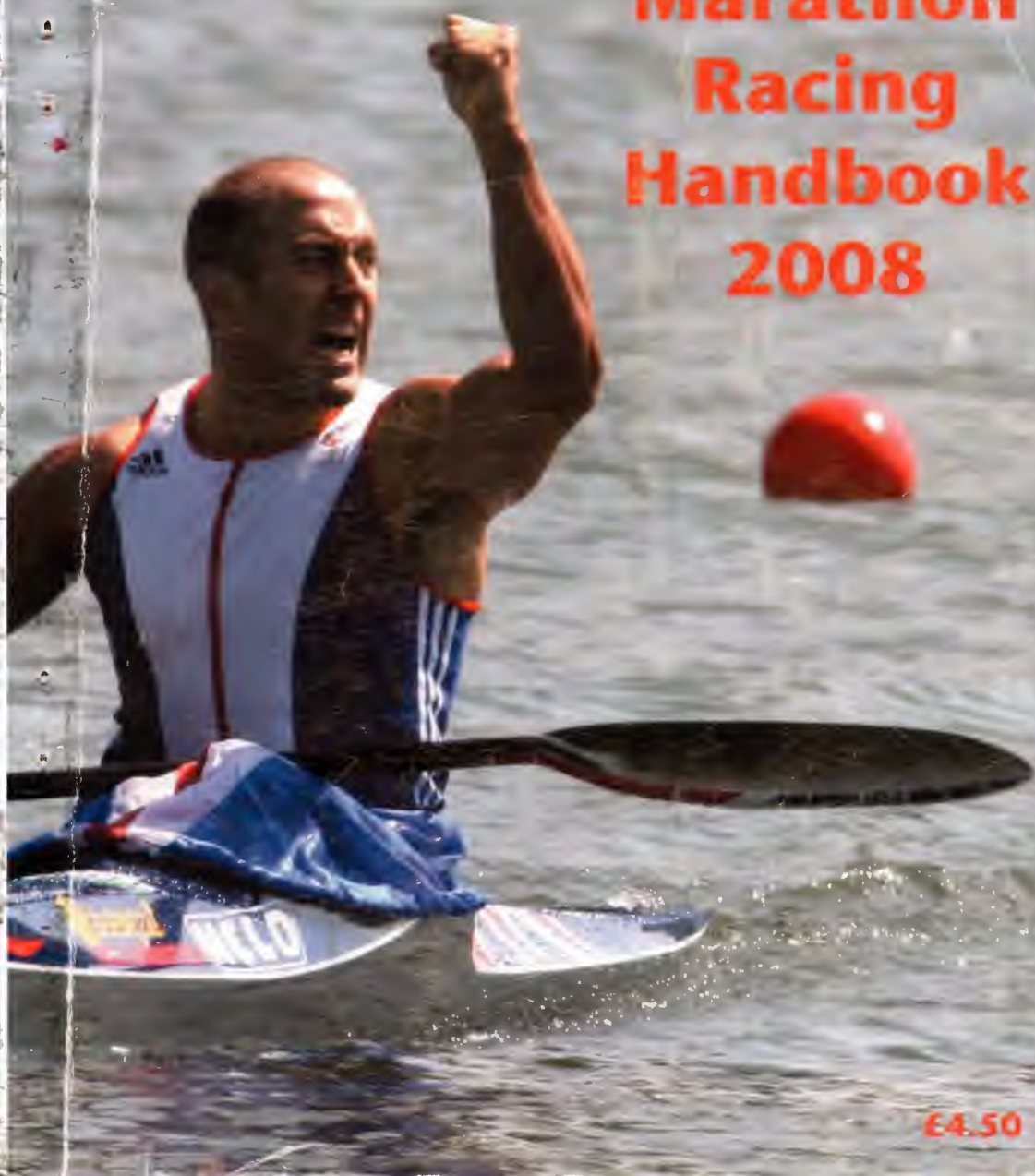


Sprint & Marathon Racing Handbook 2008



£4.50



The mini K4 is available from Marsport now!

The Rocket has been designed as a one class aimed specifically at eight to twelve year olds. It has been designed in collaboration between Canoe England and Marsport along with club coaches to take into account the principles of Long Term Paddler Development. It also helps to support the other BCU projects such as Paddle Power and Cross Stream Challenge.

The Rocket was conceived with the success of the Lightning and the junior K2 in mind to offer a progression and to introduce young people to paddling. Other sports have demonstrated that learning as a group helps retention of athletes within their sport and young people enjoy paddling as a group.

The Rocket gives a stable and directional platform to enable young people to learn the fundamentals of paddling. The flexibility of the **Rocket** allows a coach to sit in seat one or four to give reassurance. This is a kayak like no other!

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RACING CALENDAR 2008/9

Date	Race Name	Region	Organiser's Code	Notes (see page 5)
6 Jan 2008	Frank Luzmore K2	LSE	MA1504	1*
27 Jan 2008	Waterside A	S	TR1270	3*
3 Feb 2008	Thameside 1	S	RE1424	4*
10 Feb 2008	Waterside B	S	TR1270	5*
17 Feb 2008	Thameside 2	S	RE1424	6*
24 Feb 2008	Waterside C	S	TR1270	8*
2 Mar 2008	Weaver Descent	NW	MO1130	9*
2 Mar 2008	Royal K1/K2	LSE	JU1289	2*
9 Mar 2008	Waterside D	S	TR1270	10*
9 Mar 2008	Northwich Lightning Race 1	NW	MO1130	
16 Mar 2008	Cam	E	ST1404	K2 H2008
21-24 Mar 2008	Devizes to Westminster	National	DW1513	11*
21 Mar 2008	Richmond Grand Prix Sprints	LSE	MA1504	Sprint
22 Mar 2008	Gent Marathon	International	EN1067	
30 Mar 2008	Lincoln	M	MY1136	K1 H2008
30 Mar 2008	Tonbridge	LSE	NE1336	K2 H2008
30 Mar 2008	Forth & Clyde	SCA	HU1427	H2008. Auchinstarry Basin
5-6 Apr 2008	National Sprint Regatta	National	MO1132	Sprint
6 Apr 2008	Brigg	YH	PE1312	K2 H2008
6 Apr 2008	Spey Marathon	SCA	SC1549	River Spey, Aberfour. Highland Series
13 Apr 2008	Gailey	M	PR1242	K1 H2008
13 Apr 2008	Fal	SW	MA1124	K2 H2008
13 Apr 2008	Norwich	E	SC1495	Assessment Race K1. K1 H2008
20 Apr 2008	Ratho	SCA	FL1530	H2008
20 Apr 2008	Anker Valley	M	FL1418	K2 H2008
20 Apr 2008	Calder 1	YH	KE1334	! K1 H2008
20 Apr 2008	Maidstone	LSE	OR1365	K1 H2008
26-27 Apr 2008	Glasgow-Edinburgh Challenge	SCA	CH1238	
27 Apr 2008	Northwich	NW	MO1130	K1 H2008
27 Apr 2008	Bedford	E	TI1397	Assessment Race K2. K2 H2008
27 Apr 2008	Worcester	M	WO1552	K2 H2008
27 Apr 2008	Tamar circuit	SW	RO1171	K1 H2008
3-4 May 2008	National Sprint Regatta	National	MO1132	Sprint
10 May 2008	Elmbridge Grand Prix Sprints	LSE	LA1107	Sprint
10 May 2008	Linlithgow Regatta	SCA	MA1534	Sprint, Scottish Sprint League (Saturday)
11 May 2008	RLS	M	HU1566	K1 H2008
11 May 2008	Basingstoke Canal	S	SM1553	K1 H2008
11 May 2008	Waveney	E	SH1475	K2 H2008
11 May 2008	Lower Exe & Estuary	SW	SH1570	K2 H2008
11 May 2008	Chester 1	NW	SW1446	Assessment Race K1. K2 H2008
14 May 2008	Lowport Summer Series 10km	SCA	MA1534	Weds 7.30pm start
15-18 May 2008	European Championships Milan	International	WI1215	Sprint
17-18 May 2008	Gent regatta	International	WI1215	Sprint
18 May 2008	Mid Weaver	NW	MO1130	K2 H2008
18 May 2008	1066 at Tonbridge	LSE	FI1431	K1 H2008
18 May 2008	Nottingham	M	MA1505	K2 H2008
18 May 2008	Grand-Dunk	SCA	MC1535	H2008. Grandtully to Dunkeld
18 May 2008	Southampton	S	MC1568	Assessment Race K2. K2 H2008
20 May 2008	Loch Lomond Balmaha	SCA	MA1120	H2008. Tuesday 7.30pm start

RACING CALENDAR 2008/9

Date	Race Name	Region	Organiser's Code	Notes (see page 5)
22 May 2008	Forth/Clyde 10km Dullatur	SCA	HU1427	Thursday 7.30pm start
23-25 May 2008	Piestany regatta	International	WI1215	Sprint
24 May 2008	Loch Lubnaig	SCA	KI1104	H2008. Saturday 3pm start
25 May 2008	Reading Circuit	S	RE1424	K1 H2008
25 May 2008	Loch Lubnaig 10km K1 Championship	SCA	CH1238	Sunday 10am start
31 May 2008	Windsor Vets	S	CA1029	15*
1 Jun 2008	Macclesfield 2	NW	MI1129	K1 H2008
1 Jun 2008	Leukaemia Marathon	SCA	CH1238	H2008. Loch Tay to Grandtully
6-8 Jun 2008	Szeged World Cup 1	International	WI1215	Sprint
7-8 Jun 2008	National Sprint Regatta	National	MO1132	Sprint
13-15 Jun 2008	Duisburg World Cup 2	International	WI1215	Sprint
14-15 Jun 2008	Marathon World Cup 1	International	EN1067	Brandenburg, Germany
14 Jun 2008	Wokingham/Reading Grand Prix Sprints	S	HA1573	Sprint
15 Jun 2008	Scottish Sprint Championship	SCA	CH1238	Strathclyde Park
15 Jun 2008	Bristol	SW	BE1308	K2 H2008
15 Jun 2008	LBZ	E	WH1538	K1 H2008
15 Jun 2008	Burton	M	LA1110	K2 H2008
15 Jun 2008	Oxford Falcon Midsummer Marathon	S	MC1563	K1 H2008
15 Jun 2008	Royal	LSE	CH1569	K2 H2008
15 Jun 2008	Northwich Lightning Race 2	NW	MO1130	
18 Jun 2008	Lowport Summer Series 10km	SCA	MA1534	Weds 7.30pm start
20-22 Jun 2008	Bochum Regatta	International	WI1215	Sprint
21 Jun 2008	Conwy Ascent	Wales	WI1477	13*
22 Jun 2008	Kirkcaldy Regatta	SCA	CH1238	Sprint, Scottish Sprint League
22 Jun 2008	Exe Circuit	SW	SH1570	K1 H2008
22 Jun 2008	Derwent	YH	JE1238	22. K1 H2008
22 Jun 2008	Hereford	M	BU1024	K1 H2008
27-29 Jun 2008	Poznan World Cup 3	International	WI1215	Sprint
28-29 Jun 2008	Cheshire Ring	NW	CL1307	16*
28 Jun 2008	Royal Paddling Challenge	LSE	JU1289	*
29 Jun 2008	Wey	LSE	MO1132	K1 H2008
29 Jun 2008	Shropshire	M	SE1556	K1 H2008
5-6 Jul 2008	National Sprint Regatta	National	MO1132	Sprint
12-13 Jul 2008	Marathon World Cup 2	International	EN1067	Crestuma, Portugal
12 Jul 2008	Royal Grand Prix Sprints	LSE	JU1289	Sprint
13 Jul 2008	Northwich Lightning Race 3	NW	MO1130	
13 Jul 2008	Soar Valley	M	PR1545	K2 H2008
13 Jul 2008	Pangbourne	S	YA1561	! K1 H2009
13 Jul 2008	Leaside	E	SM1539	K2 H2008
16 Jul 2008	Lowport Summer Series 10km	SCA	MA1534	Weds 7.30pm start
17-20 Jul 2008	U23 & Junior Europeans Szeged	International	WI1215	Sprint
20 Jul 2008	Thames Valley	S	HA1573	K2 H2008
2 Aug 2008	Bath to Bradford	SW	BO1017	20*
3 Aug 2008	Medway	LSE	NE1336	*
3 Aug 2008	Inverness	SCA	IN1567	Canal & River Ness, Highland Series
3 Aug 2008	Bradford Circuit	SW	BO1017	K1 H2008
10 Aug 2008	Reading K4 A	S	RE1424	26*
10 Aug 2008	Ironbridge	M	TA1193	K1 H2008
13 Aug 2008	Lowport Summer Series 10km	SCA	MA1534	Weds 7.30pm start
16 Aug 2008	Cardiff Bay	Wales	LO1572	River Taff, Circuit course

RACING CALENDAR 2008/9

Date	Race Name	Region	Organiser's Code	Notes (see page 5)
17 Aug 2008	Broadwood Regatta	SCA	HU1427	Cumbernauld. Scottish Sprint League
18-23 Aug 2008	Olympic Games Beijing	International	WI1215	Sprint
23-24 Aug 2008	Marathon National Championship	National	WO1552	Worcester. Incl. Assessment Races.
31 Aug 2008	Kirkcaldy Regatta	SCA	CH1238	Sprint, Kinghorn Loch, Scottish Sprint League
31 Aug 2008	Calder 2	YH	KE1334	! K2 H2009
31 Aug 2008	Adlington	NW	BR1564	K2 H2008
6-7 Sep 2008	Inter Club National Regatta	National	MO1132	Sprint
13 Sep 2008	Liffey Descent	International	MA1504	Ireland
14 Sep 2008	Macclesfield 1	NW	MI1129	K2 H2009
14 Sep 2008	Huntingdon Great Ouse	E	ST1404	K2 H2009
14 Sep 2008	Henley	S	NU1142	K1 H2009
14 Sep 2008	Poole Harbour Circuit	SW	AC1000	24*
17 Sep 2008	Lowport Summer Series 10km	SCA	MA1534	Weds 7.30pm start
20-21 Sep 2008	Marathon World Championships	International	EN1067	Tyn, Czech Republic
20-21 Sep 2008	Olympic Hopes Regatta	International	WI1215	Sprint
21 Sep 2008	Ratho East Marathon	SCA	PA1537	H2009
21 Sep 2008	Longridge	S	HA1565	K1 H2009
21 Sep 2008	Fladbury	M	TR1268	K2 H2009
21 Sep 2008	Chester 2	NW	SC1176	K1 H2009
21 Sep 2008	Hemel Hempstead	E	CA1543	K1 H2009
28 Sep 2008	Hasler Final	National	LA1110	Burton-on-Trent
4 Oct 2008	Reading K4 B	S	RE1424	26*
5 Oct 2008	Elmbridge	LSE	LA1107	K2 H2009
5 Oct 2008	River Isla	SCA	CH1415	H2009. Bridge of Isla.
12 Oct 2008	Lincoln	M	MY1136	K1 H2009
12 Oct 2008	Chelmer	E	MO1360	K1 H2009
12 Oct 2008	Windsor	S	DA1528	K2 H2009
12 Oct 2008	Griffon	SW	GA1304	K1 H2009
12 Oct 2008	Mersey Descent	NW	CL1307	23*
19 Oct 2008	Wolfeaton	YH	ME1335	! K2 H2009
26 Oct 2008	Richmond	LSE	MA1504	K1 H2009
26 Oct 2008	Banbury	S	WA1453	K2 H2009
26 Oct 2008	Trent K2	M	EN1067	12*
2 Nov 2008	Cokethorpe	S	HA1514	25*
2 Nov 2008	DNV Dee Marathon	SCA	BR1542	Maryculter to Aberdeen. Highland Series
9 Nov 2008	Shipley	YH	TW1000	! K1 H2009
9 Nov 2008	Avon Descent	M	WO1218	*
9 Nov 2008	Fowey River	SW	BA1468	K2 H2009
16 Nov 2008	Scottish K2 10km Championship	SCA	FL1530	
30 Nov 2008	Ross Warland Canal Challenge	S	WA1453	19*
30 Nov 2008	Stour Descent	SW	MA1560	! 18*
4 Jan 2009	Frank Luzmore K2	LSE	MA1504	1*
15 Feb 2009	Waterside A	S	TR1270	3*
22 Feb 2009	Thameside 1	S	RE1424	4*
1 Mar 2009	Waterside B	S	TR1270	5*
8 Mar 2009	Thameside 2	S	RE1424	6*
15 Mar 2009	Waterside C	S	TR1270	8*
22 Mar 2009	Royal K1/K2	LSE	JU1289	2*
29 Mar 2009	Waterside D	S	TR1270	10*
10-13 Apr 2009	Devizes to Westminster	National	DW1513	11*

NOTES FOR RACING CALENDAR

Code	Notes
*	Indicates that this is not a standard divisional race. Usually classes are some combination of senior/junior, mens/ladies/mixed and singles/doubles.
1	This race date is provisional, please contact the race organiser before travelling
K1	Indicates there will be a Div 1, 2 and 3 K1 class, but no Div 1/2/3 K2 class.
K2	Indicates there will be a Div 1/2/3 K2 class, but no Div 1, 2 or 3 K1 class.
H2008	Indicates a Hasler qualifying race for 2007/2008 for the region shown.
H2009	Indicates a Hasler qualifying race for 2008/2009 for the region shown.
1	13 Miles and 3 portages. Shepperton to Richmond K2s only.
2	Runnymede to Teddington. 19 miles, 6 portages. Open to K1, K2, C1 and C2. Juniors in K2 only.
3	13.5 miles and 21 portages time trial. Great Bedwyn to Newbury.
4	14 miles and 14 portages time trial. Aldermaston to Reading.
5	18.5 miles and 23 portages time trial. Newbury circuit.
6	18 miles and 8 portages. Reading to Marlow Rugby Club.
8	22.5 miles and 30 portages time trial. Pewsey to Newbury.
9	17 miles and 9 portages on canal/river. K1, C1, K2, C2 straight through/relay.
10	34.5 miles and 30 portages time trial. Devizes to Newbury.
11	54 miles canal, 54 miles Thames and 17 miles Tideway with 76 portages. Non-stop for senior doubles. Junior doubles and singles race in 4 stages over 4 days.
12	18 miles + 3 portages downstream from Castle Donnington to Nottingham. For K2 and C2s only. Classes for seniors, juniors, U16s, men, women, mixed.
13	10 miles of tidal estuary on flood tide - can be rough. Divs 1-7 only plus tourist trial. Buoyancy aids compulsory. Saturday race.
15	Now Sunday only. K1 and K2 Veteran class races.
16	Britain's longest non-stop K1 race: 95 mile circular canal race through the night on urban and rural canals. Classes for singles or doubles, non-stop or relay.
18	15 mile river descent for all boats.
19	20 mile time trial from Banbury Canoe Club to Aynho Wharf and back. May be raced as a relay team as well.
20	12 miles and 5 portages for divs 1-3, 8 miles and 3 portages for divs 4-9. See also www.boarc.co.uk
22	Replaces York Marathon - venue changed to outside York city centre
23	9.2 mile race, 13 weirs. One sloping weir may need to be portaged at high flow, 12 small rubble weirs shootable at any flow. No understern rudders for K1/K2. Classes K1, K2, WWR, Canadian, General Purpose Kayak. Helmets and buoyancy aids compulsory
24	Challenging circuit race on open and exposed waters of the largest natural harbour in Europe. Open to all classes: K1, K2, C1, C2, Sea Kayaks, WWR, GP kayaks.
25	Two races in one day: 2km race followed by 2km time trial; or 10km race (split into two starts: divs 1-6 and 7-9) followed by a 10km time trial one hour later. Paddlers can race K1, K2, or one race in each.
26	10Km K4 race

C = Coach (Squad) M = Marathon Committee O = Official (Regattas) R = Race Organiser S = Sprint Committee T = Team Leader

AC1000	Acreman	Malcolm	POO	282 Rempstone Rd, Merley, Wimborne, Dorset, BH21 1SZ acremans33@btinternet.com	01202 841432	RT
BA1468	Bardsley	Barbara	FOY	9 Graham Avenue, St Austell, Cornwall PL25 4LZ club_mum@yahoo.co.uk	01726 68726	RT
BA1485	Bates	Diane	ELM	11 Cranley Road, Walton-on-Thames, Surrey KT12 5BX diane.bates@dial.pipex.com	01932 244473	MO
BE1308	Bennett	Steve	BRI	50 Snowdon Road, Fishponds, Bristol BS16 2EY garethbevan@ntlworld.com	0117 9659608	R
BL1014	Bland	Peter	ICF	4 Gibbs Close, Lower Moore, Pershore, Worcs WR10 2NQ	01386 861317	O
BL1013	Bland	Teresa	ICF	4 Gibbs Close, Lower Moore, Pershore, Worcs WR10 2NQ	01386 861317	O
BO1017	BOA Rowing & Canoeing Club		BOA	Barton Bridge, Pound Lane, Bradford-on-Avon BA15 1LF race@boarc.co.uk		R
BR1542	Bragg	Mark		The Heathers, Cammachmore, Aberdeen AB39 3NR markbragg_eng@yahoo.co.uk	01569 730204	R
BR1564	Brennan	Sean		23 Chester Avenue, Chorley, Lancs PR7 4AG spbrennan@btopenworld.com	01257 265057	R
BR1020	British Canoe Union		BCU	John Dudderidge House, Adbolton Lane, West Bridgford, Notts NG2 5AS	0115 982 1100	
BR1021	Brooks	Martin	BCU	Loddon Lodge, 2 Highley Park, Netherton, Bridgnorth, Salop WV16 6NJ martin@brooks1912.fsworld.co.uk	01746 861813	O
BR1547	Brown	David	ELM	31 Severn Drive, Walton-on-Thames, Surrey KT12 3BH	07802 412528	S
BU1024	Burgoyne	Alan	HER	128 Grandstand Road, Westfields, Hereford HR4 9NR alanburgoyne@yahoo.co.uk	01432 270341	ORT
CA1029	Capps	Des	WIN	9 Mill Ride, Ascot, Berks SL5 8LE	01344 882778	RT
CA1543	Carter	Chris	HEM	c.carter967@ntlworld.com	01442 397838	R
CA1544	Carter	S	NED	69 Stump Cross, Guisborough, Cleveland TS14 6NH	01287 639453	T
CA1259	Caven	Shaun	BCU	Bisham Abbey National Sports Centre, BCU Office Old Abbey, Marlow SL7 1RT shaun.caven@gbcanoeing.org.uk	07786 861699	C
CH1415	Chalmers	Neil	SCA	3 Abden Avenue, Kinghorn, Fife, KY3 9TQ neil_chalmers@hotmail.com	01592 890367	R
CH1238	Chapman	Margaret	SCA	193 Binniehill Road, Balloch, Cumbernauld, Scotland G68 9JH mhckayaking@aol.com	01236 457081	R
CH1569	Churchill	Miranda	ROY	123 Granville Road, Southfields, London SW18 5SF miranda@thechurchills.co.uk	0208 874 7827	R
CL1307	Cleaver	Chris		39 Cavendish Road, Hazel Grove, Stockport, Cheshire SK7 6HX chcleaver@tiscali.co.uk	01625 878838	R
CO1480	Coulson	David	RDG	3 Woodlands Road, Sonning Common, Reading RG4 9TD david.coulson@gbcanoeing.org.uk	07813 125007	C
CO1484	Cox	Di	NOT	18 Covert Crescent, Radcliffe on Trent, Nottingham NG12 2HP	0115 910 9446	O
CO 1511	Cox	Stan	NOT	18 Covert Crescent, Radcliffe on Trent, Nottingham NG12 2HP	0115 910 9446	OS
CR1490	Crooks	Colin	LBZ	6 Kendal Gardens, Linslade, Leighton Buzzard LU7 2QZ	01525 850352	O

C = Coach (Squad) M = Marathon Committee O = Official (Regattas) R = Race Organiser S = Sprint Committee T = Team Leader

DA1528	Davies	Syd	WIN	10 Homers Road, Windsor, Berks SL4 5RG sydney.davies@btinternet.com	01753 861150	R
DO1510	Dodson	Andy	ADS	26 Warren Road, New Haw, Surrey KT15 3UA	01932 347695	T
DU1540	Duncan	Ken	BSF	2 Oudle Lane, Much Hadham, SG10 6DQ bsft11@yahoo.com		T
DW1513	DW Organisation Ltd			Wokingham Waterside Centre, Thames Valley Park Drive, Reading, Berks info@dwrace.org.uk	02076 200298	R
ED1551	Ede	Phil	RDG	207 Henley Road, Caversham, Reading RG4 6LJ ede_phil@yahoo.co.uk	0118 954 5308	T
EN1067	Enoch	David	NOT	102 Bingham Road, Radcliffe on Trent, Notts NG12 2GT david.enoch@gbcanoeing.org.uk	0115 933 2258	MRT
FA1508	Farrell	Eric	BCU	Bankside, Towpath, Shepperton, Middx TW17 9LJ	07802 825530	C
FE1507	Ferguson	Anne	BCU	WC Performance, BCU, Adbolton Lane, West Bridgford, Nottingham NG2 5AS	0115 982 2094	
FI1431	Fisher	Diana	HAS	14 St Matthews Gardens, St Leonards on Sea TN38 0TS diana.fisher@btconnect.com	01424 712879	RT
FL1418	Fleeson	Charles	ANK	44 Bronze Close, Nuneaton, Warks CV11 4YD chas.f@tesco.net	02476 345938	RT
FL1530	Fletcher	Alan	LGW	19 Lovells Glen, Linlithgow, EH49 7HZ alan@spheating.org	01506 671105	RT
GA1304	Gallop	Alan	GRI	12 Broadcroft, Chew Magna, Bristol BS40 8QG	01275 333062	R
GA1074	Gandy	Brian	BAS	32 Florence Road, Fleet, Hants GU52 6LQ gandy@adslmail.newnet.co.uk	01252 622630	M
GR1078	Gray	Rosy	ICF	48 Willow Road, West Bridgford, Notts NG2 7AY colin@colinrosy.wanadoo.co.uk	0115 923 4867	O
HA1573	Hall	Julie	WOK	Wokingham Waterside Centre, Thames Valley Park Drive, Reading, Berks RG6 1PQ derek.hallc1@virgin.net		R
HA1287	Hampton	Keith	LEI	50 Curzon Avenue, Birstall, Leicester LE4 4AB	0116 2125277	T
HA1514	Harding	Ollie	CKP	12 Maidenhead Court Park, Maidenhead, Berks SL6 8HN ollieharding@mac.com	01628 626795	MORT
HA1328	Hardy	Mr & Mrs B		113 St Johns Ave, Kidderminster, Worcs DY11 6AX	01562 753597	O
HA1565	Hardy	Deborah	MLO	60 Thrasher Road, Aylesbury, Bucks HP21 8DX deb.hardy@marlowcc.org.uk	07812 749555	R
HA1546	Harris	Steve	ELM	26 Spurfield, West Molesey, Surrey KT8 1RS steve.harris@gbcanoeing.org.uk	07796 982277	M
HE1502	Head	Mike	CLM	33 Lawling Avenue, Heybridge, Malden, Essex CM9 4YT mike@headzone.freemove.co.uk	01621 859379	M
HE1089	Herbent	Tibor	RLS	4 Chiltern Leys, Coventry CV6 1BL	01203 592247	T
HI1515	Hinves	James	SOU	244 Ringwood Road, Totton, Southampton SO40 8EB james.hinves@bcu.org.uk	02380 863612	MRT
HO1230	Hoile	Ann	LBZ	24 Knaveshill, Linslade, Leighton Buzzard, Beds LU7 7UC	01525 379921	OS

C = Coach (Squad) M = Marathon Committee O = Official (Regattas) R = Race Organiser S = Sprint Committee T = Team Leader

HO1385	Hornby	Suzy	BCU	2 Victoria Close, West Molesey, Surrey KT8 1BQ suzyss@compuserve.com	0208 941 2714	
HU1094	Hughes	Phil	BCU	4 Lyndon Avenue, Long Eaton, Notts NG10 1AD pipkjhughes@rya-online.net	0115 849 2719	O
HU1566	Hunt	Julie		jhunt@pulsefitness.com		R
HU1359	Hunter	Trevor	ROY	71 Waldegrave Road, Teddington, Middx TW11 8LA	0208 408 3834	C
HU1427	Hutt	Jonathan	C&K	18 Myvot Road, Condorrat, Cumbernauld G67 4NA jonathan.hutt@btinternet.com	01236 720760	RT
IN1567	Inverness Canoe Club			redhouse@beeb.net		R
JE1238	Jennison	Angela	KIN	26 Parcevall Drive, Kingswood, Hull, E Yorks, HU7 3EU angela@thejennisons.karoo.co.uk	01482 827836	RT
JO1487	Jones	Chris	LBZ	43 Rowley Furrows, Linslade, Leighton Buzzard, Beds LU7 2SH	01525 370970	ST
JO1100	Jones	Peter	SOL	173 Longmore Road, Shirley, Solihull B90 3EL	0121 745 3415	M
JO1101	Jones	Rowland	ICF	5 Fabricius Avenue, Droitwich, Worcs WR9 8RR rowland.kayak@virgin.net	01905 774828	O
JO1103	Jones	Steve	LBZ	8 Calder Gardens, Linslade, Leighton Buzzard, Beds LU7 7XE sljones@talk21.com	01525 374359	O
JU1289	Justin	Alf	ROY	37 Highlands Road, Leatherhead, Surrey KT22 8NQ alfredjus@btinternet.com	01372 377613	R
KE1356	Kelly	Andrew	KEN	Millview, Grayrigg, Kenall, Cumbria LA8 9BU	01539 824634	T
KE1334	Kendrick	Viv	PAD	8 Yew Grove, Huddersfield, West Yorks HD4 5XG viv.kendrick@wunrush.co.uk	01484 460154	RT
KI1541	Kilbourn	Robert	NOR	60 Silver Road, Norwich NR3 4TU killbs@hotmail.co.uk	01603 618174	T
KI1104	Kinninmonth	Margaret	KIR	19 Forth Park Gardens, Kirkaldy, Fife KY2 5TD mhckayaking@aol.com	01592 205655	RT
LA1107	Lawler	Di	ELM	93 Chertsey Lane, Staines, Middx TW18 3LQ diandroland@hotmail.com	01784 454772	RO
LA1109	Lawler	Roland	ELM	93 Chertsey Lane, Staines, Middx TW18 3LQ	0208 979 4993	MST
LA1110	Lawrenson	Bill	BUR	9 Malvern Street, Burton on Trent, Staffs DE15 9DY wjlawro@aol.com	01283 542324	RT
LA1111	Laws	Alan	ICF	4 Red Lion Street, Boston, Lincs PE21 6NY	01205 311344	MS
LE1506	LeRoux	Claudine	BCU	WC Performance, BCU, Adbolton Lane, West Bridgford NG2 5AS	0115 982 2094	C
LI1520	Lines	Rob	NOR	4 Barn Meadow, Trowse, Norwich NR14 8UB roblines@yahoo.com	01603 619846	T
LO1572	Loughurst	Ben		Blonghurst@cardiff.gov.uk		R
LY1116	Lyddiatt	David	MLO	The Hobbit, 6 Southside, Gerrards Cross, Bucks SL9 8NQ david@lyddiatt.plus.com	01753 887773	T
MA1560	Manson	Brian		Burley New, Kings Road, Blandford, Dorset DT11 7LB brian@burley-new.fsnet.co.uk	07764 167967	R

C = Coach (Squad) M = Marathon Committee O = Official (Regattas) R = Race Organiser S = Sprint Committee T = Team Leader

MA1120	Manzie	Drew	SCA	15 High Road, Castlehead, Paisley, PA2 6AP drewmanzie@fsmail.net	0141 8872401	R
MA1503	Marnell	Stephen	RUN	36 Chatteris Park, Sandymoor, Runcorn, Cheshire WA7 1XE stephen.marnell@virgin.net	01928 579182	T
MA1534	Marshall	Derek	SCA	22 Kettilstoun Crescent, Linlithgow, EH49 6PR derek.marshall22@btinternet.com	01506 842546	R
MA1504	Martin	Sean	RIC	Richmond Canoe Club, Petersham Rd, Richmond, Surrey wjmartin@mac.com	07936 201551	R
MA1505	Mason	Norman	NOT	Field House, Church Lane, Upper Broughton, Melton Mowbray, Leics LE14 3BD	01664 822536	R
MA1124	May	John	TRU	24 Trelawney Avenue, Treskerby, Redruth, Cornwall TR15 1RH g.j.may24@btinternet.com	01209 216943	RT
MC1563	McCarroll	Stuart	FOX	stuartmccarroll@hotmail.co.uk		T
MC1571	McGown	Liz	ICF	PO Box 243, Whitstable, Kent CT5 1WH tolizm@yahoo.com	01227 265533	O
MC1457	McKeever	Derek	BOA	14 Farleigh Wick, Bradford on Avon, Wilts BA15 2PU	01225 865392	T
MC1568	McLeod	Neil		10 Franklin Road, Twyford, Winchester, Hants SO21 1PB	07957 197840	R
MC1535	McMorrin	Brian	SCA	99 Pettycur Road, Kinghorn, Fife, KY3 9RP bmcmorrin@aol.com	01592 891481	R
ME1335	Medina	Julian	KKC	medina180@msn.com		R
MI1129	Millest	Andrew	MAD	1 Charnwood Close, Macclesfield, Cheshire SK10 3NR andrew_millest@hotmail.com	01625 619271	R
MO1130	Moore	Dave	FRE	41 West Avenue, Rudheath, Northwich, Cheshire CW9 7ER sgurfiona@aol.com	01606 48917	RT
MO1132	Morley	Peter	WEY	17 Springfield Road, Guildford, Surrey GU1 4DW peter.c.morley@btinternet.com	01483 571996	ORT
MO1360	Moule	Mo	CLM	30 Hill View Road, Springfield, Chelmsford CM1 7RX mo@mouleclm.plus.com	01245 261073	RST
MO1371	Moule	Peter	CLM	30 Hill View Road, Springfield, Chelmsford CM1 7RX	01245 261073	OS
MU1134	Murray	Mr & Mrs B		4 Hawk Close, Whitestone, Nuneaton, Warks CV11 6TG	02476 385846	O
MY1136	Mylett	Dave	LIN	61 Birchwood Avenue, Lincoln LN6 0JA info.lincolnc@ntlworld.com	01522 685479	RT
NE1336	Neale	Clive	TON	9 Handel walk, Tonbridge, Kent TN10 4DG clive.neale@axa-ppp.co.uk	01732 361759	ORT
NE1138	Newman	Paul	MAI	20 The Rise, Hempstead, Gillingham, Kent ME7 3SS	01634 376420	T
NI1505	Nikonorov	Alex	BCU	WC Performance, BCU, Adbolton Lane, West Bridgford NG2 5AS	0115 982 2094	C
NU1142	Nutt	Kevin	EBC	123 South View Avenue, Caversham, Berks RG4 5BB	0118 948 1425	RT
OL1146	Oliver	Laurence	LIN	Cotswold, 48 High St, Reepham, Lincoln LN3 4DP	01522 751798	S
OR1365	Orford	Geoff	MAI	43 Park Road, Redhill, Surrey RH1 2AH memsec@maidstonecanoeclub.net	01737 766435	R
PA1536	Parker	John	WOR	1 Riverlands, Astley Burf, Stourport, Worcester, DY13 0RZ john.parker@baggeridge.co.uk	01299 824344	T

C = Coach (Squad) M = Marathon Committee O = Official (Regattas) R = Race Organiser S = Sprint Committee T = Team Leader

PA1537	Patterson	Ian	SCA	44 Dalmahoy Crescent, Kirkcaldy, KY2 6SZ ianpat62@msn.com	01592 204673	R
PE1312	Pell	Shirley	GLS	309 Messingham Road, Scunthorpe, Lincs DN17 3QZ anthonyPELL@aol.com	01724 867341	RT
PE1317	Pendle	Dyson	NOR	Jasmine Cottage, Chapel Rd, Dilham, Nr Walsham, Norfolk NR28 9PZ	01692 535625	M
PH1155	Phipps	Tamsin	RDG	Rivers Access Campaign, Bisham Abbey National Sports Centre, Bisham SL7 1RT tamsin.phipps@bcu.org.uk		M
PR1394	Prestwood	Bob	GAI	11 Girtton Road, Cannock, Staffs WS11 3EB	01543 579717	T
PR1242	Prestwood	Christine	GAI	11 Girtton Road, Cannock, Staffs WS11 3OB gaileyc@btinternet.com	01543 579717	R
PR1545	Price	Stephen	SOA	stephenprice@hotmail.com		RT
RA1405	Rawson	Andy	RDG	9 Bramley Green Road, Bramley, Tadley, Hants RG26 5UE	01256 881162	M
RE1424	Reading CC		RDG	The Warren, Caversham, Reading, Berks RG4 7TH info@reading-canoe.org.uk	0118 947 7643	R
RO1171	Rose	Paul	PLY	Plymouth College, Ford Park, Plymouth, Devon PL4 6RN	01752 203300	RT
RO1172	Rossiter	Jim	WEY	101 Whyteleafe Road, Caterham, Surrey CR3 5EJ jimrossiter@btinternet.com	01883 346631	
SC1495	Schofield	Chris	NOR	8 Highland Crescent, Trowse, Norwich NR14 8GA chris-schofield@tiscali.co.uk	01603 627722	R
SC1176	Scholey	Bob	CHE	35 Moorside Avenue, Parkgate, Neston, South Wirral CH64 6QS r_ja_scholey@tesco.net	0151 336 6367	R
SC1549	Scott	Claire	SCA	claire@celtecoutdoor.com	01540 210604	R
SC1179	Scottish Canoe Association		SCA	Caledonia House, South Gyle, Edinburgh EH12 9DQ		
SE1556	Seager	Mike		27 Ludlow Road, Church Stretton, Salop SY6 6AA mike.seager@tiscali.co.uk	01694 724493	R
SH1570	Sharpe	Tom		8 Well Oak Park, Exeter, Devon EX2 5BB tom-sharpe@hotmail.com	01392 671194	R
SH1475	Sheldrake	Mark	WAV	1 Malthouse Farm Cottages, Swainsthorpe, Norwich NR14 8PD marksheldrake@btopenworld.com	01508 471169	RT
SM1553	Smith	Howard	BAS	137 Ash Hill Road, Ash, Aldershot, Hants GU12 5DW howard@bridesmaid.org	01252 341654	R
SM1539	Smythe	James	LEA	1 Crescent Lodge, 177 Crescent Road, New Barnet, Herts EN4 9RP james7270@sky.com	0208 440 5962	MR
ST1404	Stagg	Richard	CAM	165 Gilbert Road, Cambridge CB4 3PA competition@cambridgecanoeclub.org.uk	01223 503414	RT
SU1190	Sunderland	Neville	BCU	7 Raylawn Street, Mansfield, Notts NG18 3LY	01623 405812	O
SW1548	Swallow	Melvin	CHE	25 Meadow Lane, Huntingdon, Chester CH3 6DQ	01244 314214	T
SW1446	Swallow	Sarah	CHE	25 Meadow Lane, Huntingdon, Chester CH3 6DQ sarah.swallow@talktalk.net	01244 314214	OR

BRITISH CANOE UNION ANTI-DOPING POLICY

The aims and purpose of the British Canoe Union (BCU) Anti-Doping policy are to:

- Uphold and preserve the ethics of Sport
- Safeguard the physical health and mental integrity of the athletes
- To ensure that all Athletes have an opportunity to compete equally

Therefore, the policy of the BCU is to promote Canoeing as a drug-free sport and that the BCU is committed to educate and inform all athletes, coaches and support personnel about the dangers of drugs and to test athletes to confirm and maintain their drug-free status.

Full details of the current BCU and ICF Anti-Doping rules together with additional information and advice relating to the BCU Anti-Doping policy can be found on the BCU website – www.bcu.org.uk – within the “About Us” Directory.

Andy Goodsell
Competiton Manager
British Canoe Union

Telephone: 0845 370 9528
E-mail: andy.goodsell@bcu.org.uk

ATHLETE RESPONSIBILITIES

Your role as an Athlete carries with it many responsibilities, and your responsibility to compete cleanly and fairly is fundamental. Be responsible: Under the rules of the World Anti-Doping Code and the ICF/BCU Anti-Doping rules you are ultimately responsible for any prohibited substance found in your system. This is referred to as **Strict Liability**.

Who do you trust?

You are responsible for whom you trust to take advice from about substances, medication and supplements and you are accountable for those you entrust with access to your food and drink.

This means that if you take medication from your doctor (GP or sports doctor) and do not check whether it is permitted you are at fault. Likewise, if you take a supplement that is contaminated, even after getting a guarantee from the manufacturer, you are still responsible for choosing to use that product.

Here are 3 key responsibilities you must fulfil:

- Stay up to date with the latest Prohibited List of Substances and Methods
- Check the status of any substance before you use it – **It is still considered an Anti-Doping offence if a Prohibited Substance is found in your system – despite how it came to be there**
- Inform all medical personnel responsible for your health and well being that you compete under specific Anti-Doping rules and ensure that medical treatment received does not violate Anti-Doping rules

BCU ATHLETE TESTING POOLS

Any athlete who competes in any of the categories listed below will be required to submit a Therapeutic Use Exemption (TUE) for any Prohibited Substance and/or Method you are prescribed for a legitimate medical condition, prior to competing.

BRITISH CANOE UNION ANTI-DOPING POLICY

Please contact the BCU Competition Manager for advice on whether this application should be submitted to the ICF or UK Sport.

International, National and Domestic Testing Pool Athletes Only

INTERNATIONAL TESTING POOL – Athletes selected for the International Testing pool will be notified in writing and controlled by the ICF and subject to:

- In Competition testing
- Out of Competition testing at Squad training
- Out of Competition testing of Individuals

NATIONAL TESTING POOL – Athletes selected for the National Testing pool will be notified in writing and controlled by UK Sport and subject to:

- In Competition testing
- Out of Competition testing at Squad training
- Out of Competition testing of Individuals

The National Testing pool will include the following athletes:

- All athletes included within the International Testing pool
- All World Class Podium Programme Athletes
- Other Athletes identified by UK Sport and/or the BCU

DOMESTIC TESTING POOL – Athletes selected for the Domestic Testing pool will be controlled by the BCU and subject to:

- In Competition testing
- Out of Competition testing at Squad training

The Domestic Testing pool will include the following athletes (except those selected for the International and National Testing pools):

- All World Class Development Athletes, including:
 - Talented Athlete Programme (Scotland)
 - Elite Cymru (Wales)
- All National Squad Members for:
 - Marathon Racing
 - Sprint Racing
- Any Athlete in receipt of the following Grants:
 - Talented Athlete Scholarship Scheme
 - SportsAid

Additionally, any Athletes entering the following Discipline Specific Events are advised to comply with the guidance detailed above:

- Marathon Racing – Any athlete ranked in the following Divisions or higher:
 - Men = Division 1, Junior Men = Division 2 and all Women = Division 3
- Spring Racing – Any athlete ranked in Men's, Women's, Boy's or Girl's A
- Any athlete competing in any designated Selection or Assessment event in any Competition Discipline

Any athlete entering any BCU competition or event, irrespective of whether they meet the Testing pool criteria outlined above, may be subject to a No Notice Drug Test.

Should you require further information on the BCU Testing Pools or any other Anti-Doping matter, please contact the BCU Competition Manager (andy.goodsell@bcu.org.uk).

LEPTOSPIROSIS

LEPTOSPIROSIS AND THE CANOEIST

Leptospirosis

This is an animal infection, but after recovery the animal continues to excrete the organisms in the urine. These survive for days or even weeks in moist conditions, but for only a few hours in salt water. Humans catch the infection by direct contact with the urine or the urine polluted environment. Bacteria enter through skin abrasions or via the eyes, nose or mouth.

The Illness

The usual incubation is 7 to 12 days. Normally 'flu-like illness occurs which resolves in 2 -3 weeks. There may be fever, severe headache, pains in the back and calves and prostration. A few cases develop jaundice, when the condition is known as Weil's disease. Although death may occur in about 15% of the jaundiced patients, death without jaundice is virtually unknown. Antibiotics during the first few days may help to limit the infection. Many cases recover without specific treatment.

What to do

If you think you may have the infection, go to your doctor and tell him or her that there may be a risk of Leptospirosis. The diagnosis is by clinical suspicion. Blood tests can rarely confirm the illness in time to affect treatment, though they may subsequently confirm it. The microbiologist at your local hospital is the best source of advice.

Prevention

1. Cover all cuts and abrasions with waterproof plasters
2. Always wear footwear to avoid cutting the feet.
3. Avoid capsize drill or rolling practice in inland waters.
4. Shower as soon as possible after canoeing.
5. If in doubt, consult your doctor early.

Remember that simple precautions can reduce your risk.



ELMBRIDGE CANOE CLUB

INVITE YOU TO TAKE PART IN THEIR 2008 PROGRAMME

Details on www.elmbridgecanoeclub.org.uk

**Easter
Sunday
March 23rd
2008**

HALF MARATHON TIME TRIAL - K1 only

For paddlers aged under 16

Boys and Girls Classes - under 12,13,14,15,& 16

(Age at January 1st 2008)

Held on the Wey Navigation Canal,
Guildford to Weybridge 13 miles

**Saturday
May 10th
2008**

FUN REGATTA AND TIME TRIALS

200m and 500m K1 time trials and races

3000m K1 and K2 races for all groups

Good introduction to sprint racing for all standards

Coaching Scheme Certificates of Standard awarded

**Sunday
October 5^h
2008**

DIVISIONAL MARATHON

(LSE Hasler event for 2009)

Division 1/2/3 – K2

Details from:

Di Lawler, Secretary, Elmbridge Canoe Club,

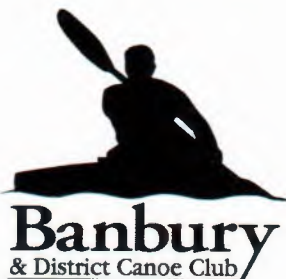
TEL: 01784-454772

Email: diandroland@hotmail.com

Or Diane Bates diane.bates@dial.pipex.com

**Banbury and District
Canoe Club.
Cropredy, Nr Banbury,
Oxfordshire.**

www.banburycanoe.org.uk



Banbury Marathon.

Sunday October 26th 2008.

Details from Graham Warland. Phone 01295 256130.

9 Woodhall Drive, Banbury, Oxon. OX16 9TY.

E-mail: graham.warland@virgin.net

Ross Warland Memorial Canal Challenge.

Sunday 30th November 2008.

- Start: Canoe Club, Cropredy (5 miles north of Banbury).
- Turn Nell Bridge, Aynho Lock.
- Finish: Banbury Canoe Club, Cropredy (5 miles north of Banbury).
- Distance: 20 miles, 12 portages.

Classes

- K1 full distance (20 miles)
- K2 full distance (20 miles).
- K1 relay teams. No more than 4 paddlers per team.
- K2 relay teams. Two pairs per team.

Details from Graham Warland. Phone 01295 256130.

9 Woodhall Drive, Banbury, Oxon. OX16 9TY.

E-mail: graham.warland@virgin.net

Club website will also hold the details www.banburycanoe.org.uk



ROYAL CANOE CLUB

The Clubhouse, Trowlock Way, Teddington, Middlesex, TW11 9QZ

RACE PROGRAMME 2008

WE HOPE TO SEE YOU AT ONE OR MORE OF OUR EVENTS

Sunday

2nd March 2008

K1/K2 MARATHON

Runnymede to Teddington - approx 19 miles

Sunday

15th June 2008

DIVISIONAL MARATHON (LSE Hasler Event)

Note: Div 1 K2 (No Division 1 K1 race)

Saturday

28th June 2008

PADDLING CHALLENGE – 10K Race.

This is the 134th year for this event.

Separate Ladies Cup Race.

Masters Race as well as Junior and Lightnings.

K1s and Lightnings only.

Saturday

12th July 2008

JUNIOR SPRINT REGATTA

For further details visit our website - www.royalcanoeclub.com

or contact

Alf Justin

01372 377613

alfredjus@btinternet.com

Wey Kayak Club

Founded 1962 – Affiliated to the British Canoe Union No: 039/R
Sport England Clubmark – Canoe England Topclub
Clubhouse at the Guildford Waterside Centre, Riverside, Surrey GU1 1LW

Telephone ☎ 01483 536407

www.veykayak.co.uk

Wey Marathon - Sunday 29th June 08

Detail from **Peter Morley**, phone ☎ 01483 571996

17 Springfield Road, Guildford, Surrey GU1 4DW

email: peter.c.morley@btinternet.com



Wey Regatta - Sunday 16th March 08

K1 Time Trials in 2km & 1km

Further information **Mike Childerstone**, phone ☎ 01483 202732

email: m.childerstone@btinternet.com

Hare & Hounds Series 2008-2009

Sunday Nov 2nd, Nov 23rd, Dec 14th, Jan 11th & Feb 8th



Further information from **Jim Rossiter**, phone ☎ 01883 346631

MARATHON AND SPRINT PROMOTIONAL PACK

An invaluable tool to promote the sport

- find sponsorship
- advertise your club
- educate your friends and family

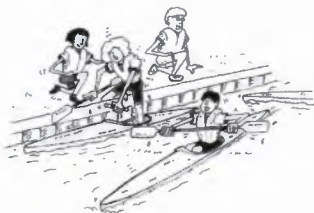
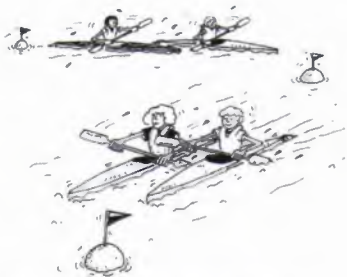


Available FREE from David Brown
e-mail: dbrown51@googlemail.com
mobile: 07802 412528

THE MINI SPRINT SERIES 2008

The Mini Sprint Series is a series of four regattas timed to run alongside the National Sprint Regattas held at Holme Pierrepont in Nottingham.

The events take place during of the May, June, July and September regattas with racing now fully integrated into the regatta programme. Paddlers compete over 500 metres and 1K in Lightning K1, Mini K2 and the Rocket K4.



The Mini Sprint series has been specifically developed to suit the needs of young people, aged under 12. Setting the foundation to help them progress into whichever discipline of Paddlesport they like! The programme has taken into account that full sized K1s, K2s and K4s are too big for young people, so together with the Canoe England Paddlesport Participation Programme and the BCU Sprint Racing Committee, we developed the Mini Sprint Series which has evolved from the Lightning series.

MINI SPRINT CUP

Points will be awarded for each event culminating in the final event where double points will be awarded

2/3 May	Spring Regatta, Nottingham
7/8 June	Summer Regatta, Nottingham
5/6 July	National Championships Regatta, Nottingham
6/7 Sept	Mini Sprint Cup Finals - Inter Club Regatta, Nottingham

MINI SPRINT CUP RULES -2008 Points are accumulated at each nominated event leading to a final at the Inter Club Championships in September. The Mini Sprint Cup includes overall prizes for both individuals in each category and overall club prize. Details are as follows:

Age Categories

- Boys U10, Girls U10 , Boys U12 ,Girls U12 Age on 1st January 2008

Entries

All entries will be taken with main regatta entries, see Racing Handbook for details.

As a general guide we suggest the following minimum performance standards may help in determining entries from young people, **U12** 1000m 9 Mins, 500m 4mins 30 secs

U10 1000m 9 Mins 40 secs, 500m 4mins 50 secs

Events

May, June, July and Finals Inter Clubs September Regatta 2008

Points scoring:

- All National winners (individual) are awarded on the same system 2 best regatta scores added to their Inter Clubs score.
- Points scored will count towards the team & individual event
- National Regattas (May, June, July): 500m & 1K in K1, K2 and K4
- 1st place scores 25 points, 2nd place scores 24 points etc. down to 25th place where everyone after that scores 1 point, the total number of points scored across 500m & 1K in Both K1, K2 and K4 will be added together to determine the results at each regatta. For the K2/K4 races the same points scoring system will be used i.e. the winning crew will receive 25 points each.
- Inter Clubs Regatta (September): 500m & 1K in K1, K2 and K4
1st place scores 50 points, 2nd place scores 49 points etc. down to 50th place where everyone after that scores 1 point, the total number of points scored across 500m & 1K in K1, K2 and K4 will be added together to determine the results. For the K2/K4 races the same points scoring system will be used i.e. the winning crew will receive 50 points each.

Team event:

- The points scoring system is based on each clubs best 2 regatta results scores added to their Inter Club s points score.
- Points are based on each clubs best 4 scoring boats from any of the Age/Gender/Boat class groups over 500m or 1K.

Promotions:

- Promotion into Boys D and Girls D is based on normal regatta entry guidelines. See Racing Handbook for details.

Prizes:

- Medals will be awarded for 1st, 2nd & 3rd in each category within the Mini Sprint series
- Certificates will be awarded for 1st, 2nd, 3rd places in each final/race
- All participants will be awarded a Certificate at prize giving

BCU SPRINT RACING COMMITTEE

Chairman's Foreword

The long road to Beijing 2008 Olympics continues: having just paid a massive flight bill I'm feeling well on the way. Our superstar Tim has qualified 2 slots and the rest of the team will also have a long winter's training ahead to gain the additional places we all hunger for. Please give them all the support you can and do try to come along next August to the big event!

Looking further ahead to 2012 our development groups are growing in number and ability, showing promise for ladies and canoe teams. By the World Championships our ladies team were 4th overall and are definitely moving in the right direction. Canoe development is more difficult and the groups now racing at Nottingham have a long haul ahead of them, but 2007 saw a massive increase in C4 racing at NWSC and with two ladies amongst them.

Sprint in the UK is reaching a critical level with a massive need for volunteers and funding. Our National Regattas cause us a loss of over £12000 a year and obviously cannot continue without backing. It was important and great fun to run one of the National Regattas at Eton (2012 Olympic venue) last year, with thanks to volunteer support we managed to substantially cut our anticipated losses there. Our sport relies so heavily on the good will from so many of you and for this we are truly grateful. Please do keep up the good work, continue setting the example and bring in new volunteers and helpers.

Much talk has been given to providing sponsors for our Regattas - please talk about this wherever you go; please make good use of the Flat Water Promotion Pack - there could be a way forward which would ease pressure.

Peter Moule
December 2007

BCU SPRINT RACING COMMITTEE



Peter Moule	Chairman & ICF Officials' Representative	MO1371
Alan Laws	Vice Chairman & Flatwater Newsletter	LA1111
Cathy Wynne	Secretary secretarysrc@yahoo.co.uk	WY1222
Mo Moule	Treasurer	MO1360
David Brown	Flatwater Information Pack	BR1547
Stan Cox		CO1511
Ann Hoile	Publicity – Paddlers Post Editor	HO1230
Chris Jones		JO1487
Roland Lawler	International Panel (Selection Committee)	LA1109
Laurence Oliver		OL1146
Alan Williams	National Performance Manager	WI1215
Gordon Wycherley	Regatta Committee Chairman & Regatta Liaison	WY1483
Liz McGown (co-opted)		MC1571

Regatta Committee

Chairman / SRC Liaison
Regatta Organiser
Chief Official:
Treasurer

Gordon Wycherley
 Peter Morley
 Designated ICF Official
 Martin Brooks

Registration

Peter Morley

SPRINT RACING REGULATIONS AND ADMINISTRATION

These regulations are bound to the Articles of Association of the British Canoe Union. ("BCU") and were approved by the Board of the BCU ("Board") in December 2004.

1. Title

- 1.1 The Committee shall be called the BCU Sprint Racing Committee.

2. Objectives

- 2.1 The Committee interests itself in all matters arising out of and in connection with canoe and kayak sprint racing in Great Britain. Sprint racing is held over distances up to and including 5000 metres on racing courses which are designed to be as flat and still as possible.
- 2.2 The Committee's objectives are to encourage club, regional, national and international sprint races.
- 2.3 Its primary responsibilities are: -
- (a) To organise and conduct National Championships and other competitions on behalf of the BCU.
 - (b) To set and publish competition rules and make recommendations for the conduct of national and regional regattas.
 - (c) To give advice, guidance, and encouragement to sponsors of sprint racing in Great Britain.
 - (d) To select, train and administer teams representing Great Britain in international events.
 - (e) To select, train and administer teams representing England in international events.
 - (f) To train competition officials.
 - (g) To develop good coaching within regions and clubs.
 - (h) To maintain disciplinary regulations.
 - (i) To act as final authority in disputes, protests and appeals with regard to sprint racing rules and competitions.

3. Committee

- 3.1 The Committee shall comprise up to 12 persons, being Full Individual Members of the BCU. This total shall include the Chairman, Secretary and Treasurer but does not include national delegates, co-opted members or the representative from the Regional Development Teams.
- 3.2 Members of the Committee shall serve for approximately two years and shall be eligible to stand for re-election at alternate Annual Consultative Meetings. One half of the elected members shall retire at each Annual Consultative Meeting.
- 3.3 The Chairman of the Committee shall be elected at the Annual Consultative Meeting and shall serve until the next Annual Consultative Meeting and be eligible to stand for re-election.
- 3.4 Persons who are employees of the BCU or National Associations may serve as members of the Committee with the consent of the Board.
- 3.5 The Committee shall appoint from within their membership (including co-opted members), a Secretary, a Treasurer and such other officers the Committee considers necessary for its administration and representation on other committees.
- 3.6 The Chairman has a seat on the World Class Management Group and the Committee shall appoint a representative to sit on the Sports Management Committee (SMC).
- 3.7 One representative of the sprint racing representatives on the English Regional Development Teams shall be entitled to attend meetings of the Committee as a non-voting member.
- ## **4. Co-options**
- 4.1 Committee may co-opt not more than three Full Individual Members to serve on the Committee until the next Annual Consultative Meeting. Co-opted members shall have the same voting rights as other Committee members.

SPRINT RACING REGULATIONS AND ADMINISTRATION

5. Nominations

- 5.1 Nominations of candidates for election at the Annual Consultative Meeting shall be made to the Secretary of the Committee in writing supported by the signatures of two Full Individual Members of the BCU and must reach the Secretary by 1st August prior to the Annual Consultative Meeting.

6. Proceedings of the Committee

- 6.1 The Committee shall meet at least twice in each calendar year and shall report to the SMC, which in turn shall report to the Board.
- 6.2 At least seven days notice of meetings shall be given in writing (by post, email or fax) to all members of the Committee.
- 6.3 The Secretary shall keep minutes of the proceedings of the Committee and of the Annual Consultative Meeting. Copies of the minutes shall be sent to the SMC. Copies of the agenda and minutes shall be sent to the regional sprint racing representatives.
- 6.4 Six of the members entitled to attend and vote at a meeting shall form a quorum of the Committee. Voting shall be by show of hands only and each member shall have one vote.
- 6.5 The Treasurer shall keep such books of account as the Board and the Committee may from time to time direct. The accounts of the Committee shall be submitted annually to the SMC, made up to 31 October. Approved costs of members attending meetings shall be paid.

7. General Meetings

- 7.1 The Annual Consultative Meeting shall be held during the final National Regatta of the season which is usually in September.
- 7.2 At least 21 clear days' notice of the date, time and place of General Meetings shall be given to each affiliated club that has registered its interest in sprint racing with the Committee. Clubs register an interest by competing at any national or regional regatta in the period since the last Annual Consultative Meeting. The agenda for a General Meeting, details of the business to be discussed at the meeting and of the persons nominated for election shall accompany the notice of meeting.
- 7.3 The business of the Annual Consultative Meeting shall be:
- (a) to receive the report of the Chairman;
 - (b) to receive a summary statement of accounts;
 - (c) to elect persons nominated to serve on the Committee, including the Chairman.
 - (d) to consider any items included in the notice of meeting. Any conclusions reached on such items shall stand as recommendations for further consideration by the Committee.
- 7.4 Only business notified in the notice of meeting shall be transacted.
- 7.5 Any item for the agenda at the Annual Consultative Meeting shall be submitted to the Secretary of the Committee in writing supported by the signatures of two Full Individual Members of the BCU and must reach the Secretary by 1st August prior to the Annual Consultative Meeting. Other items may be discussed at the discretion of the Chairman.
- 7.6 No business shall be transacted at any General Meeting unless a quorum of members is present at the time the meeting proceeds to do business. A quorum shall be eight Voting Members.
- 7.7 The Chairman of the Committee shall preside at General Meetings. If the Chairman is known to be unable to attend or if he remains absent 30 minutes after the scheduled start time of the meeting, the voting members present may choose a voting member to take the chair.
- 7.8 "Voting Member" means any club or organisation affiliated to the BCU who participate in and have registered an interest in sprint racing. Each voting member represented at a General Meeting by a Full Individual Member shall be entitled to one vote.

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- 7.9 The Chairman shall not be entitled to vote other than when a casting vote is required.
- 7.10 Voting shall be by a show of hands unless two or more voting members are present or the Chairman requests a poll.
- 7.11 A General Meeting may be called at any time at the discretion of the Committee or by notice in writing to the Secretary by not less than 10 voting members. Such notice must state in the form of a motion the business to be discussed and be signed on behalf of the voting members. The Committee shall convene a General Meeting within 60 days of receipt of such notice.
- 8. Sub-committees**
- 8.1 The Committee may, with the prior approval of the SMC, appoint a sub-committee, standing or otherwise, for a specific period and with a specific brief. The Committee shall appoint one of its number to chair the sub-committee and all members shall be Full Individual Members of the BCU. The Committee shall supervise and be responsible to SMC for the work of its sub-committees and shall fund its sub-committees from within its set approved budget.
- 9. Financial Budget**
- 9.1 The Committee shall set a specific annual budget each year for approval by the SMC.
- 10. Trophies**
- 10.1 The Committee shall approve the list of trophies which are the property of the committee and are awarded each year. The Committee shall also determine and publish the basis for competition for these trophies.
- 11. National Championships**
- 11.1 Each year the Committee shall organise or nominate a National Championship Regatta.
- a) This regatta shall include races for the majority of the National Championship classes and distances.
 - b) Any National Championship races not included in the National Championships Regatta shall be included in the other National Sprint Regattas held that season.
 - c) The winners of the classes shall be considered the National Sprint Racing Champions in their respective classes

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BCU SPRINT RACING COMPETITION RULES

Issue date: 1 January 2008

Introduction

The purpose of this document is to provide the Rules that govern:

- a) Sprint Racing (named Flatwater Racing by the International Canoe Federation)
- b) The conduct of that Racing

It follows as closely as possible the wording and sequence of the International Canoe Federation Flatwater Racing Competition Rules issued on 14 January 2007. However, it also contains some additional regulations or changes to those rules as determined from time to time by the BCU Sprint Racing Committee.

The following words, acronyms and abbreviations are referred to in this document:

BCU British Canoe Union (the Governing Body for Canoeing in Great Britain)

BOA British Olympic Association (the National Olympic Committee for Great Britain)

ICF International Canoe Federation

IOC International Olympic Committee

NOC National Olympic Committee

SRS Sprint Racing Section of the BCU (responsible to the BCU for the control of Sprint Racing competitions in canoes and kayaks over distances up to and including 5000 metres)

SRC Sprint Racing Committee (elected by the Sprint Racing Section to carry out the objectives of the Section on a day-to-day basis).

RC Regatta Committee (a sub-committee of the SRC responsible for organising and conducting National Championships and other competitions on behalf of the BCU)

Aims and Definition of Sprint Racing

The aim of a canoe race competition is for people to race each other in kayaks and canoes over a clearly defined unobstructed course in the shortest possible time according to the rules. The course should be as flat and still as can be obtained. Although the course length may be any distance up to and including 5,000 metres and competition organised for any craft, the official events and distances recognised by the BCU and ICF are the following:

For men and women: K1, K2, K4, C1, C2, C4 200, 500 and 1000 metres

K1, K2, K4, C1, C2 5000 metres but only 2500 for some Junior events

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Part I - GENERAL REGULATIONS

There are three levels of competition: - International, National Status and Club.

1. International Competitions

- 1.1 The ICF has ruled that all International Competitions must take place in accordance with the ICF Flatwater Racing Competition Rules. All competitions organised by either the BCU or a BCU Club are considered international if competitors of a foreign country are invited to participate.
- 1.2 These competitions must be supervised or managed by at least one accredited official in possession of a valid ICF Flatwater Racing Official card.
- 1.3 **Foreign Nationals**
 - 1.3.1 No member of a foreign Federation or club may compete or be invited to compete in an open or national competition within the United Kingdom without permission from the SRC.
 - 1.3.2 Only the members of clubs or associations affiliated with an ICF Member Federation have the right to participate in an international competition.
 - 1.3.3 A competitor is always allowed to take part individually in an international competition but must in each case obtain special permission from his/her national federation.
 - 1.3.4 A competitor may take part on behalf of the BCU provided they are domiciled in the UK, if he/she obtains the authorisation of his/her Federation of origin. This authorisation has to be sent before 30th November prior to the year concerned to the ICF Headquarters with a copy to the Chairman of the ICF Flatwater Racing Committee.
 - 1.3.5 If he/she has lived for 2 (two) years or more in the UK, the approval of his/her Federation of origin is no longer required.
 - 1.3.6 A competitor may not compete for more than one Federation in any calendar year in the sport of canoeing. This rule does not apply in the case of a competitor who leaves his/her country of origin to marry and live in another country. He/she can, in this case compete for his/her new Federation without awaiting the delay of 2 years.

2. National Status Competitions

- 2.1 All competitions announced as National Status competitions shall be held in accordance with the Sprint Racing Competition Rules of the BCU.
- 2.2 National Status Competitions are those at which promotions within the National Divisions take place.
- 2.3 National Status Competitions are organised on behalf of the BCU.
- 2.4 All competitors at National Status Competitions must be registered with the RC and must be BCU members or, if racing in a Junior "D" class, a member of a club which has a registered youth section and is affiliated to the BCU.

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- 2.5 Organisers of National Status Competitions shall declare that the competition is being held under BCU rules.
- 2.6 National Status Competitions require a permit from the SRC. Application for a Regatta permit shall be directed to the Secretary of the SRC. Such a permit shall require:
 - a) Observance of the BCU Sprint Racing Competition Rules.
 - b) Inclusion the words "Under BCU Rules" on all printed matter issued in connection with the competition.
 - c) Compliance with Part III Rule 13.5 regarding Regatta Officials.
- 2.7 National Status Competitions will be included in the official BCU Calendar of events.
- 2.8 Within 14 days of the close of a competition a completed regatta programme with results and signed by the Competition Secretary shall be sent to the Secretary Officer of the SRC.
3. **Club Regattas**
 - 3.1 BCU members are allowed to participate with non BCU members.
 - 3.2 No promotions will be made at Club Regattas. Performance will not affect National Ranking.
 - 3.3 The Rules and Classes may be altered to suit Club requirements.
 - 3.4 Organisers of Club Regattas may advertise their events in the Year Book on payment of the appropriate fee.
 - 3.5 Organisers are asked to encourage all who take part to become BCU members. Where fees are charged, BCU members should be charged a reduced fee.
 - 3.6 To ensure uniformity, organisers are asked to follow the BCU Sprint Racing Competition Rules as far as possible.
 - 3.7 Organisers are asked to make it clear in all literature what the events and rules will be.
 - 3.8 A booklet 'Organising a Club Regatta' will be available.
4. **Competing outside of the United Kingdom**

No Club or member of a Club or individual member of the BCU may compete outside the United Kingdom without permission from the SRC. See Rules 1.3.2 to 1.3.6, which are also the rules of the ICF and apply to all Member Federations.
5. **Membership of more than one club or change of club**

When a competitor is a member of two or more clubs he shall, by March 1st have declared the name of the club in whose colours he will race that year in individual events. A person joining a second club after March 1st must continue to race for his first club. A competitor who has changed his club is not permitted to race for his new club, unless prior consent of his old club has been obtained. The consent shall not be withheld in the case of a change of residence from one area to another.
6. **Athlete Eligibility and Sponsorships**

The rules of the International Canoe Federation or the National Olympic Committee shall apply to all matters relating to Amateur Status. At present there are no regulations specific to Amateur Status other than as broadly listed in 6.2.
- 6.1 **Foreign Teams**

Foreign Teams may receive compensation/assistance authorised by the BCU to cover financial expense to participate in an UK competition. Under no circumstances shall any payment exceed the sum of actual expenditure.
- 6.2 **A Canoeist/Competitor may not:**
 - a) In the practice of sport and in the opinion of the BCU manifestly contravene the spirit of fair play in the exercise of sport, particularly by the use of doping or violence.
 - b) Have allowed his person, name, picture or sport performance to be used for advertising, except when the BCU or its Committees enter into a contract for sponsorship or equipment. All payments must be made to the BCU and not to the individual. (See also 6.6.2)
 - c) Participate in any competition on condition of a financial consideration.
- 6.3 **A Canoeist/Competitor may:**

Accept, during a period of preparation and/or actual competition which shall be limited by the rules of the BCU and its Committees:

 - a) Assistance administered through the BOA or the BCU World Class Performance Programme: living expenses, insurance cover in respect of accidents, illness and disability; personal

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property, sports equipment and clothing; cost of medical treatment, physiotherapy and authorised coaches.

- b) Compensation authorised by his or her NOC or the BCU World Class Performance Programme, in the case of necessity, to cover financial loss resulting from his or her absence from work or basic occupation in the Olympic Games and sports competition or other canoeing activities. In no circumstances shall payment made under this provision exceed the sum which the competitor would have earned in the same period. The compensation may be paid with the approval of the BCU or the BOA at their discretion.
- c) Accept prizes won in competition or other canoeing activities, within the rules established by the BCU and its Committees and the ICF.

6.4 In all cases which are not covered by the above regulations (6.2 and 6.3), the corresponding rules of the ICF or the BOA shall apply.

6.5 Procedures To Be Undertaken By Those Seeking, Obtaining, and Disbursing Sponsorships, Sports Scholarships and Awards.

6.5.1 Details of all personal sponsorship arrangements, sports sponsorships and other awards, offered to or negotiated by individuals or organisations, must be submitted by beneficiaries to the BCU Committee responsible for administering the particular activity, for registration and approval. When doubt exists regarding the appropriate Committee to whom information should be furnished, BCU Headquarters will arrange for the necessary action to be undertaken.

6.5.2 A central registry of all personal sponsorship arrangements will be maintained by the BCU Headquarters, and will be available for inspection by authorised officers of the BCU.

6.5.3 The term "personal sponsorship arrangements negotiated by beneficiaries" shall include: Payments made to athletes selected through the UK Sport Performance Matrix and administered by the BCU Performance Director. Sponsorship provided by individuals (not family), commercial, industrial, and public authorities, National and Regional Sports Aid Foundations, Local Authorities, Trust Funds, Educational Institutions and agencies, Clubs and other miscellaneous supportive groups.

6.6 Advertising on Boats and Equipment

6.6.1 Advertising of any tobacco, tobacco related products or strong spirit drinks on boats or equipment is not permitted by the BCU.

6.6.2 The IOC and the Olympic Charter regulate use of athlete images during the period of the Olympic Games. Except as permitted by the IOC Executive Board, no competitor who participates in the Olympic Games may allow his person, name, picture or sports performance to be used for advertising during the Olympic Games except where:

- a) The NOC of the athlete has given its express prior written consent to each such use, and
- b) That, in any event, such use is not in relation to the athlete's performance at such Games.

7. Classification of Paddlers

7.1 **Junior:** A Junior is a competitor under 18 years of age at the beginning of the current calendar year. A Junior will have junior racing status unless promoted to senior racing status. Each Junior status competitor will be nominated to compete in one of the Junior classes as laid down from time to time by the SRC. Juniors who have Senior status may race in the appropriate Junior class for National Championship events.

7.2 **Senior:** A Senior is a competitor who is over 18 years of age at the beginning of the calendar year, and will have Senior racing status. Each Senior status competitor will be nominated to compete in one of the Senior Classes as laid down from time to time by the SRC.

7.3 **Master (Veteran):** The first year a Master can compete is the year that his (her) thirty-fifth (35th) birthday falls in provided that he is not already nominated to compete in Mens A or B.

7.4 **Promotions:** Entry to and promotion between classes will be at the discretion of the SRC and will be based on results gained in competition at regatta venues nominated by the SRC. A competitor may, at the discretion of the SRC, be permitted to revert to a lower class at the end of a regatta season.

7.5 **Mixed Events:** Mixed events where male and female competitors take part in the same boat are permitted.

7.6 **Status:** Status in Kayaks has no bearing on status in Canadian Canoes and the converse i.e. a premier Senior Class competitor in Canadian Canoes may be a lower Senior Class in Kayak.

7.7 **Special Rules for Kayak and Canadian Fours:** Senior status competitors may not compete in fours events of a lower senior class than that for which they are nominated as

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individuals. Senior Class competitors may be members of fours crews competing in higher senior classes than their own without losing their individual Senior Class status. a win in a fours event does not affect the status of the members of the crew.

8. National Championship Entries:

Entries for these events shall be restricted to British Nationals who are members of the BCU. Aliens resident in Great Britain for at least two years may be permitted to enter for a National Championship event. There is no time restriction in the case of men/women competitors who conform to the conditions contained in Rule 1.3.6.

Part II - CLASSES AND BUILDING REGULATIONS

9. Limitations

K1	K2	K4	C1	C2	C4	
520	650	1100	520	650	900	max.length
12	18	30	16	20	30	min.weight
Measurements in cm - Weights in kg						

10. Trademarks

Boats, accessories and clothing may carry trademarks, advertising symbols and written text.

All advertising material should be placed in such a way that it does not interfere with competitors' identification and does not affect the outcome of the race.

The advertising of tobacco smoking and strong spirit drinks will not be accepted.

N.B. These rules do not apply to the Olympic Games where there are specific limitations. See 7.5 of the ICF Flatwater Racing Competition Rules.

Any boat, accessory, or article of clothing, which does not comply with the above conditions, will be ineligible for use during a competition. Teams and competitors are responsible for their own equipment.

11. Construction

11.1 The Hull

Section and longitudinal lines of the hull of the kayak and canoe shall not be concave (only horizontal and vertical).

11.2 The Deck

The deck construction may not be higher on any horizontal point than the highest point of the front edge of the first cockpit.

11.3 No foreign substance may be added to boats which give competitors an unfair advantage.

11.3.1 No part of the boat (including the seat and the footrest) may have moving parts which can be used to help propel the boat in a way which would give competitors an unfair advantage (existing moving seat systems already in use are accepted).

11.4 All electric, electronic devices are forbidden in a boat when racing, this to include:

- pumps
- speed measuring devices
- strain gauges
- heart monitors

Kayaks

11.5 Boats may have one rudder. Over-stern rudders may not be thicker than 10mm for K1 and K2, or 12mm for a K4.

The boat to be designed as to be a sit-in (Kayak type) not a sit-on (Surf Ski type).

Canoes

11.6 The canoe must be built symmetrically upon the axis of its length.

Steering rudders or any guiding apparatus directing the course of the canoe is banned. A keel, if any, must be straight, shall extend over the whole length of the canoe and not project more

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than 30mm below the hull.

The C1 and C2 may be entirely open. The minimum length of the opening shall be 280cm and the edge of the side of the craft (gunwale) can extend maximum 5cm into the craft along the whole defined opening. The boat can have maximum three strengthening bars with a width of 7cm each.

The C4 canoe may be entirely open. The minimum length of the opening shall be 390cm and the edge of the side of the craft (gunwale) can extend maximum 6cm into the craft along the defined opening. The boat can have maximum four strengthening bars with a width of maximum 7cm each.

Innovations

- 11.7 Significant innovations in equipment including, but not limited to, boats, related equipment and clothing, must meet the requirements and conditions contained in 8.7 of the ICF Flatwater Racing Rules.

12. Boat Control

- 12.1 The length of a kayak or a canoe shall be measured between the extremes of the stem and the stern. Stem-bands or other projections of the stem or stern, if any, are to be included. Any rudder forming a continuation of the length of a kayak is not to be included in the measurement.
- 12.2 No alterations in canoes and kayaks are permitted after the measuring and weighing and before the competition has taken place.

Before Weighing the Boat:

- 12.3 All loose outfit shall be removed. Permanent knee rests attached in a definitive way to the floorboard and buoyancy attachments consisting of water absorbing material must be absolutely dry at the first weighing prior to the race. Three or more boats according to the decision of the Competition Committee and on a random system shall be recontrolled immediately after the race.

Part III - ORGANISATION OF COMPETITIONS

13. Officials

13.1 Duties of the Organising Committee

An Organising Committee is responsible for the preparation and running of the competition.

The Organising Committee shall, in particular:

1. Fix the date and the programme of the regatta in agreement with the SRC.
2. Draw up and distribute the advance programme including the date and time of the team leaders' meeting.
3. Make available a stretch of water and technical equipment conforming to the present Competition Racing Rules.

13.2 Competition Committee

The competition is to be managed by a Competition Committee consisting of:

- 1) Chief Official
- 2) Chief Judge
- 3) Deputy Chief Judge

For status competitions two members of the competition committee must be registered Regatta Officials of the BCU Sprint Racing Committee.

For an international regatta two members of the Competition Committee must be in possession of a valid International Flatwater Racing Official card.

13.3 The Competition Committee must:

- a) Organise and supervise the competition.
- b) In the event of inclement weather or other unforeseen circumstances which make it impossible to carry out the competition, postpone the competition and decide on another time when it may be held.
- c) Hear any protests that may be made and settle any disputes that may arise.
- d) Decide matters concerning disqualification in cases where the regulations are broken during a race.
- e) Should a competitor be injured during a heat, the Committee may allow him to participate in another heat.
- f) The decision of the Committee shall be based on the BCU Sprint Racing Competition Rules.

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- g) Penalties in accordance with the BCU Rules or the SRC Disciplinary Regulations may also be imposed i.e. disqualification for a longer period than the duration of the competition in question.
- h) Before any decision is made regarding any infraction of the rules, hear the opinion of the Umpire who controlled the race in which the infraction was said to have occurred. The Committee is to seek the opinion of other officials supervising the race, if it is felt to be of importance in clearing up the alleged offence.
- 13.4 If its nature and extent demand, each competition shall be held under the supervision of the following officials:

Chief Official	Aligner(s)
Chief Judge	Starter(s)
Deputy Chief Judge	Course Umpire(s)
Competition Manager	Turning Point Umpire(s)
Boat Controllers	Finish Line Judge(s)
Announcer	Media Officer

If circumstances permit, one person may function in two of the above positions.

- 13.5 The Chief Official, Chief Judge, Competition Manager, Starter, Umpires, should, if possible, be registered BCU Officials.
- 13.6 Unauthorised persons must not enter any official's area unless the Competition Committee or the Jury send for officials or team officials in order to solve problems.
- 13.7 **The Competition Jury:**
- Final authority for National Championship Competitions shall rest with a Jury composed of a Chairman and four members.
 - The members of the Jury shall be appointed by a quorum of the SRC prior to the commencement of the competition. (In the event of a quorum not being present, the Chairman, Vice Chairman, or another official of the SRC and two Committee members may appoint the Jury).
 - The Chairman of the Jury will be the Chairman or Vice-Chairman of the SRC or an elected SRC member.
 - Subordinate to this Jury are the Chief Official and other officials shown in Rule 13.2.
 - A protest made during the competition must be handed to the Competition Committee not later than 20 minutes after publication of the results.
 - An appeal against a decision of the Competition Committee must be addressed to the Chairman of the Jury and handed in not later than 20 minutes after the Team Leader has been informed, in writing by the Chairman of the Competition Committee, of the decision against the competitor or crew and has signed the receipt.
 - The decision of the Jury is final.

13.8 Duties of Officials

- 13.8.1 **The Chief Official**, who is also the Chairman of the Competition Committee, decides all matters arising during the actual contest, which is not dealt with in these rules. *With the confirmation of the Competition Committee, he may disqualify any competitor who behaves improperly or who, by his conduct or speech, shows contempt towards the competition officials, other competitors or onlookers (see Rule 31.7). All officials are responsible to the Chief Official.*

- 13.8.2 **The Chief Judge** cooperates with the Chief Official and he/she substitutes for the Chief Official in case of necessity.

- 13.8.3 **The Deputy Chief Judge** will closely cooperate with the Chief Official and the Competition Manager and will handle the administrative tasks of the competition. He will collect the notes from the Team Leaders of the participating teams/clubs on the changes before the beginning of the Team Leaders' meeting and put them in order according to the races. At the meeting, he/she will record all changes announced by the Chief Official in his own programme. If necessary, he/she will check the personal identification documents of the competitors and their age. He will collect the forms necessary for the administration and any other means necessary for the secretariat. In case of computer data processing, he/she will keep in contact with the responsible IT person. During the competition he/she will check the results race by race and will prepare the list of the boats qualified in the next round.

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He will formulate the decisions of the Competition Committee passed on the subject-matter of any protest and will arrange to have it recorded in the minutes. He/she is responsible for the accuracy of the minutes. To perform the written tasks the Deputy Chief Judge can employ a Competition Secretary, assistants and office staff as necessary.

- 13.8.4 **The Competition Manager** will keep in constant contact with the organisers to solve any problems that may arise during the competition. He/she supervises the races and is responsible for ensuring that the programme is followed without unnecessary delay. He/she shall inform the officials concerned punctually before a new race starts. He/she has to deal also with the good function of the competition administration of the races, (programme, drawings, results, technical documents, boat control, press, protests, etc.) He/she shall make certain that the announcer gives all the necessary information about the races such as the start order, the name of any competitor failing to start and the results.
- 13.8.5 **The Boat Controller/s** will only allow athletes to compete at the race, whose identification has been checked and whose boat, equipment, clothing, starting number and body number conform to the rules. They will also check for any performance enhancing foreign substance on the boat any forbidden devices mention in rule 11. The Official in charge must inform the Competition Committee in the case of missing boats. The competitors having passed the control are entered in a written report. Should any of the boats not fulfil the requirements concerning classification (rules 9 to 12), they shall be excluded from the competition. The organisers will provide for this purpose certified weighing and measuring devices. Standard checking procedures will be applied. At least three boats are to be selected at random from the participants in the races for boat control after the finish.
- 13.8.6 **The Starter** decides all questions concerning the start of the races, and is solely responsible for decisions as to false starts. His/her decision is final. He/she shall see that the starting equipment is in good working order. He/she shall communicate with the Competition Committee and after having received a signal from them that all is ready, he/she shall order the competitors to their places and carry out the start according to the Racing Rules. It is the responsibility of the Starter to be satisfied that the circumstances at the start are free from any hindrance.
- 13.8.7 **The Aligner** the duty of the aligner is to bring the boats to the starting line with the least possible delay.
If an automatic starting system is in use the aligners will be positioned in two separate boats behind the starting line. They will have an unobstructed view inside the system's boots (starting gates).
When all boats are aligned and completely inside the boots the aligner will raise a white flag signifying to the starter that they are in position to start. When the boats are not in the boots the aligner shall raise a red flag.
If there is no automatic starting system the aligners may be positioned on pontoons on the water or on shore beside the course and their duties will be to check the competitor's attire and the competition number on the back and the number of the boats. When all boats are aligned he shall notify the starter by raising a white flag.
- 13.8.8 **The Course Umpire** shall see to it that during a race the rules are complied with. If the rules are broken, the Umpire shall report immediately the infraction to the Competition Committee.
- a) The Competition Committee shall decide whether any of the competitors concerned shall be disqualified or not. If the Umpire has a report of an infraction of the rules he/she shall show a red flag after the race and shall make a report before the Umpire's next race takes place. In such a case, the Competition Committee shall make known its decision immediately and before the result of the race is announced.
 - b) If there is no infraction to report, the Umpire shall show a white flag.
 - c) In races of 1,000 metres, the Umpire shall follow the race in a motorboat.
In races of 200 metres, the Umpire(s) shall not follow the race. One or two Course Umpires positioned before the start line. One or two Course Umpires positioned behind the finish line.
For the 500 metre races, either system as used for the 1000m or the 200m may be adopted for the Course Umpires to do their task. The Chief Official will decide on the most appropriate system to be used, based on his/her opinion of the course features.
The Course Umpire can follow and judge the race also from the Finish Tower as instructed by the Chief Official.
 - d) He shall be completely unhampered during the race. No one except the Umpire and the driver shall be admitted to the boat reserved for him.

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- e) In long distance races with many competitors, more than one Umpire will be nominated. One of the Umpires shall, if possible, follow the leading group in the race, but without disturbing the other competitors.
 - f) In case of hindrances the Course Umpire must stop the competition passing all boats in the race and waving the red flag or using a sound signal until all boats have stopped paddling. After this all boats shall return to the start. The Course Umpire shall report immediately the infraction to the Competition Committee.
 - g) When a motorboat is not used, one or more Umpires shall be placed in such positions from which they can ensure that the rules are being complied with.
- 13.8.9 **The Turning Point Umpires**, when a race is run along a course with one or more turning points, one or more Umpires and one recorder must be stationed at every turning point, where they gain the best view of the turn.
- a) The Turning Point Umpire shall see that the competitors turn according to the rules. The recorder shall make a list of all who pass the turning point.
 - b) Immediately after the race, the Turning Point Umpire shall report to the Competition Committee as to who has turned and if any infraction of the rules has taken place.
- 13.8.10 **The Finishing Line Judges** decide the order in which the competitors passed the finishing line. The order of the boats arriving at the finishing line will be decided by Photo Finish if a Photo Finish System is used.
- The position of the competitors in the boat will be recorded with video camera at the time of arriving at the finish line. The Chief Finish Judge will decide with the recording whether the competitor was in his/her boat upon arriving or not and report it to the Competition Committee.
- When there is no Photo Finish System, the Finishing Line Judges decide the order in which the competitors have passed the finishing line. The Judges shall be placed in a position where all lanes at the finish line can be clearly seen.
- If the Judges differ regarding the placing of two or more competitors, a simple majority shall decide the dispute, in the absence of Photo Finish. In the case of equal voting, the Chief Finish Judge has the casting vote.
- When there is no Photo Finish, the Finishing Line Judges are responsible for recording the times. This shall be done by means of stopwatches or suitable electronic equipment.
- It is the responsibility of the Chief Finish Line Judge to ensure that the timing equipment is working correctly. The Chief Finish Line Judge shall divide the work amongst the timekeepers.
- At the end of each race, he shall compare the official times with the other finish line judges and immediately inform the Chief Official of them.
- Each race shall be timed by at least two watches. When the watches have not recorded the same time, the longest (worst) time shall be taken as correct. The stopwatches are to be started when the electronic or optical signal from the start is received.
- When a Photo Finish is used the result determined by the Finish Line Judges shall be compared with it, with the photo finish being decisive. Video films are not a substitute for photo finish.
- 13.8.11 **The Announcer** shall, on the instructions of the Competition Manager, announce the start of each race, the order of the starting and the position of the competitors during the race. After the race is finished, he/she will announce the results.
- 13.8.12 **The Media Officer** must supply all the necessary information to the representatives of the press, radio and television about the race and its progress. He/she is authorised therefore to ask for information from the different officials who must procure for him/her as soon as possible the copies from the official results.
- 13.8.13 It is the Officials' obligation to perform their tasks in conformity with the Racing Rules.
- Every judge will have the obligation to check whether all means and equipment necessary to perform his/her tasks are guaranteed. In the event any shortcoming is found, it must be reported to the Chief Official or Competition Manager.
- Unauthorised persons must not enter any Officials' area unless the Competition Committee or the Jury send for officials or team officials in order to solve problems.
14. **Invitations**
- An invitation to an Open Regatta shall contain the following information:
- a) Time and place of the regatta.
 - b) Situation and plan of the course.
 - c) Classes and distance of the races.

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- d) Whether the races are to be held on still or running water, up or down stream.
- e) Amount of entry fee.
- f) Address to which entries should be sent and the final date for receiving entries. This date shall not be earlier than 14 days prior to the first day of the competition.

15. Entries

Entries for Open Regattas can only be made in accordance with the regulations given in the invitation. An entry shall, however, always contain the following information:

- a) Name and address of competitor or crew.
- b) Name of club to which competitor or crew belongs.
- c) Classes and distances in which the competitor or crew propose to compete.
- d) Similar details of reserves if any.
- e) The Racing Registration number of each competitor, member of the crew or reserves.
- f) All entries should be in writing (Letter, Fax, Email, Telegram, Telex, etc). Where verbal communication is used, it must also be confirmed in writing by the given deadline (midnight on the due date). In the event of conflicting information, the information with letterhead and/or signature will take precedence.
- g) Late entries shall not normally be accepted. The acceptance of late entries shall be at the discretion of the Competition Committee who may charge up to double the entry fee.

15.1 Racing Colours

When making the entries, Clubs must give the colours of the clothing worn by the competitors and these colours must not be changed during the competition. **N.B.** Every racing club must register their racing colours with the RC (and any changes thereto). All competitors from a club must wear the correct colours at all times.

16. Heats and Finals

- 16.1 At least three kayaks or canoes must be entered before a race can be held. If the number of entries in race up to and including 1,000 metres is so great that heats are necessary, the number of kayaks or canoes in each heat and in the final must not exceed nine (9).

- 16.2 The division of competitors into heats shall be determined by drawing lots.

- 16.3 Where the width of the course permits, eight or nine kayaks or canoes shall participate in the final if more than this number has been entered in the entire race, as follows:

3 to 9 entries	Direct final.
10 to 18 entries	Two heats, three from each to final A, 4/7 (+ 8th best time if possible) to one semi-final and from the semi-final three first to final A
19 to 27 entries	3 heats, 1 from each to final A, 2nd to 7th to the semi-finals, rest out Two semi-finals three first to final A. 4th to 7th (+ 8th best time if possible) to final B
over 27 entries	Required number of heats and semi-finals. By three semi-finals first three from each of the semi-finals to final A and 4th to 6th to final B By four semi-finals first 2 (+ 3rd best time if possible) to final A and 3rd and 4th (- 3rd best time) + 2 best next time to final B

- 16.3.1 A "B" final will only be held when there are more than 18 boats in that particular event.
- 16.4 When making the draw, the difference between the number of competitors in the heats of the race shall not exceed one. If the number of competitors in the heats varies, the earlier heats shall have the largest numbers.
- 16.5 Any crew which has not taken part in a heat as instructed shall not be allowed to compete in the final.
- 16.6 The composition of a crew which has qualified for semi-finals or for the final must not be changed. Heats and the final shall be run on the same stretch of water.
- 16.7 For races of more than 1,000 metres, heats shall not be held, and all boats taking part shall start simultaneously.
- 16.8 Should the width of water not permit a simultaneous start, starts at regular intervals shall be permitted.

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- 16.9 The procedure for selecting competitors to race in finals will be on the basis of one of two criteria: either times or positions obtained in heats. The criterion used for each event will be decided by the SRC and published in advance of the event.
17. **Acceptance of Entries**
Confirmation that the entry has been accepted, together with notification of the result of the draw and time of events, shall be sent to the entrant on written request by him and on production by the entrant to the Competition Organiser of a "stamped addressed" envelope.
18. **Team Leaders' Meeting**
At least 2 hours before the first race of the competition (12 hours for an International Competition), the team leaders' meeting is to be held. At this meeting the names of team leaders should be advised. The organisers will describe the regatta course and all other arrangements, which should be adhered to for the duration of the competition. The Chief Official will describe the competition programme and ask for any changes to the entries.
19. **Alterations to Entries and Withdrawals**
- 19.1 Any competitor named in the final entry or at the Team Leaders Meeting may substitute for any other in the given type of racing (kayak men, kayak ladies, canoe men). Notification of alterations in the entries must be given in written form to the Chief Official at least one hour before the first race of the morning or afternoon session.
- 19.2 The withdrawal from a race is considered final and no renewed entry of the same crew is allowed.
- 19.3 Every competitor whose entry has been confirmed by his own club, at the time of the meeting of the team leaders, called for this purpose, is obliged to take part in the due event. The refunding of entry fees for entries withdrawn not less than 24 hours before the competition is at the discretion of the Competition Committee.
20. **Alterations in the sequence of events**
The sequence of races given in the programme and the intervals between races as given in the racing programme are binding on the organisers. Alterations cannot be made unless the respective Team Managers at the competition give their consent.
21. **Courses**
- Marking Signs**
- 21.1 For National Championships and where possible for other competitions the turning points shall be marked by at least six flags (or buoys) which shall be readily distinguishable and shall, if possible be diagonally divided with one half in red and the other half in yellow.
- 21.2 Both the start and the finishing lines shall be marked with red flags or buoys, at the points where these lines intersect the outer limits of the course.
- Layout**
- 21.3 Before the start of the races the racing course shall be measured and marked by means of clearly visible flags mounted on buoys.
- a) The course at the start shall permit a clear width where possible, of at least 5 metres for each boat.
- b) For National Championships the starting and finishing lines shall be at right angles to the course.
- c) The finishing line shall be at least 45 metres long and be marked by two flags. The Finishing Line Judges must be placed as near to the finishing line as possible.
- d) For National Championship races up to 1,000 metres, the course must be straight and in one direction.
- 21.4 For races exceeding 1,000 metres turning points are permitted. For National Championship races exceeding 1,000 metres the following conditions should be fulfilled, if possible:
- a) The distance between the starting line and the first flag of the first turning point (1st leg) shall be straight and at least 1,859.25 metres.
- b) The distance between the last flag of the first turning point and the first flag of the second turning point (2nd leg) shall be straight and maximum 1759.25 metres.
- c) The distance between the last flag of the second turning point and the first flag of the third turning point (3rd leg) shall be a maximum of 500 metres.

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- d) The specifications of all other stretches shall be in accordance with point "c".
 - e) The radius of each turn should, if possible be at least 40.5 metres.
 - f) Both the start and the end of the race shall be in front of the Finishing Tower.
 - g) The red flags of the finish line shall be placed as much to the outside as possible in order to get the widest feasible finish line.
 - h) The starting pontoons for the 500 metre races are to be removed.
- 21.5 For competitions, including the National Championships, these conditions should be complied with, unless a special dispensation for the course has been obtained from the SRC through the Secretary.
22. **Canoe Numbers**
All kayaks and canoes shall carry a vertical number plate made of non-transparent material marked with black numbers on white background (for Internationals) or yellow background indicating the lane. The numbers on the plate must measure 15 cm in height and 25 mm in thickness. The plates shall be placed on the centre line of the after deck (Canadian Canoe foredeck). The approximate size of the number plate shall be 18 x 20 cm.
The personal numbers provided by the organisers shall be placed on the back of the competitor only.
23. **Instructions for Competitors**
Written instructions shall be available for competitors 2 hours before the start of the competition, containing the following information:
- a) Detailed information on the courses and their markings
 - b) Starting time
 - c) Starting line
 - d) Finishing line
 - e) Competitors racing number
 - f) Type of boat control

Part IV - RACING REGULATIONS

24. **Means of Propulsion**
- 24.1 Kayaks shall be propelled solely by means of double-bladed paddles.
 - 24.2 Canadian Canoes shall be propelled solely by means of single-bladed paddles.
 - 24.3 The paddles may not be fixed on the boat in any way.
 - 24.4 If a paddle is broken a competitor may not be provided with a new one by a supporter.
25. **Start**
- 25.1 Lots shall be drawn to determinate in the heats the lanes of boats at the start. Number one shall be on the left, then number two and so on. *When there is television coverage of an event, the lane numbering may be in the opposite direction – from right to left, so that the list of competitors and their lanes shown on the television screen match the appearance of the races to be televised.*
 - 25.2 In competitions where heats are required, lots must be drawn separately for each heat.
 - 25.3 Competitors shall be on the water at the starting area, not less than two minutes prior to the specified time of their race. The starting area is defined as being the area of water within 100 metres before the starting line.
 - 25.4 Competitors shall be at the starting area in time to allow satisfactory preparation for the start.
 - 25.5.1 The start shall be given without reference to absentees.
 - 25.5.2 If the competitor does not start, and has no valid reason approved by the Competition Committee, he shall be disqualified for the whole regatta. A competitor, who arrives too late at the start, shall be considered to have voluntarily withdrawn and shall be disqualified under this rule.
 - 25.6 When signalled by the Starter, the competitor will take the start position designated so that the bow of the boat is on the start line. In case of an automatic starting system the competitor will place himself/herself so that the bow of the boat is on the start line and thus in the start machine.
 - 25.7 Boats must be stationary.
 - 25.8 If the Starter is not satisfied with the line-up he/she will call "STOP", and hand over to the

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Aligner for repositioning.

- 25.9 After the order "START WITHIN TEN SECONDS" the starting signal is a strong sound (or shot). Between the order "START WITHIN TEN SECONDS" and the starting signal competitors must not paddle. In this period paddling ahead before the starting signal is considered a false start. The boat placed on the starting line must not move before the start. Competitors must only react to the start signal and are not permitted to anticipate it. The competitors can paddle only upon hearing the starting signal.
 - 25.10 In the event of a false start, the Starter must immediately give a powerful sound signal. On hearing this signal all competitors must stop paddling and follow the Starter's instructions for a new start. Before the new start, the Starter must identify the offending crew/s making the false start and give them a warning. In the event of a second false start by the same crew the boat will be disqualified from the race and must leave the starting area and the course immediately.
 - 25.11 The Starter may also recall competitors for a new start in the event of any unforeseen circumstance – a malfunction of the starting equipment for example. In such a case the same powerful sound signal must be given. If a malfunction of the starting equipment was caused through a boat making a false start, as in 25.9 the crew must be given a warning, as in 25.10, even though that boat may not have crossed the start line. If the malfunction was not the cause of any competitor making a false start, no penalty shall be imposed.
 - 25.12 The Starter will start the race when he/she is satisfied that everything meets with his/her approval. He/she will make a written report on any false start and forward it to the Chief Official.
 - 25.13 In the long distance races the starter shall declare "START WITHIN ONE MINUTE" when he is satisfied he will give the starting signal by a shot or a short powerful sound. The Starter will start the race when he/she is satisfied that everything meets with his/her approval. He/she will make a written report on any false start and forward it to the Chief Official.
- 26. Paddling on the Course**
- 26.1 In races up to 1000 metres, competitors must keep the whole of their boat within the four-metre wide central area of their lane from the start to the finish of the course. Upon any deviation, the boat must go back immediately to this central area of the lane. No boat must come nearer than five metres in any direction to the boat of another competitor – that is, gunwale to gunwale or bow to stern.
 - 26.2 If a boat leaves the centre of the lane and does not return to it, the boat may be disqualified from the event.
 - 26.3 A boat which leaves its allocated lane must be disqualified from the event.
 - 26.4 If a race is declared null and void, no change of the composition of a crew is permitted at the new start.
 - 26.5 If there is a capsize the competitor or crew is eliminated from the race.
 - 26.6 The Umpire has the right to interrupt a correctly started race if unforeseen hindrances arise. The course Umpires with a red flag and sound signal may effect such an interruption. Competitors must immediately stop paddling and await further instructions.
 - 26.7 If a paddle is broken a competitor may not be provided with a new one by a supporter.
- 27. Pacing**
- 27.1 Taking pace or receiving assistance from boats not in the race or by any other means is not permitted.
 - 27.2 When a race is in progress crews not taking part in the race are strictly forbidden to proceed over whole or part of the course, even outside the marking buoys.
- 28. Long Distance Competitions**
- 28.1 Races of more than 1,000 metres, competitors may deviate from their lane providing they do not impede other competitors.
 - 28.2 When a race is run on a course with turning points these shall be passed to port (i.e. in an anti-clockwise direction).
 - 28.3 A competitor will not be disqualified for touching a turning buoy, unless, in the opinion of the Turning Point Umpires, an advantage has been gained there from. In making a turn, the boat shall follow as closely as possible the course as marked by the buoys at the turning points.
 - 28.4 If there is a capsize the competitor or crew is eliminated from the race if he/she or they are not able to get in the boat without outside help.

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- 28.5 Any competitor who is responsible for a collision or who damages the canoe or kayak or paddle of another can be disqualified and can be required to pay damages.
- 28.6 When going around a turning point, the competitor on the outer course must leave room for the competitor on the inner course if that competitor has the bow of his boat at least level with the front edge of the cockpit of the boat on the outer course. With respect to K2 and K4, this refers to the fore-cockpit. With respect to C1, it refers to the level of the competitor's body, and for C2 it refers to the level of the body of the foremost member of the crew.
- 28.7 When a canoe or kayak is overtaking another canoe or kayak in a race, it is the duty of the overtaking craft to keep clear at all times of the boat being overtaken.
- 28.8 On the other hand, the craft being overtaken must not alter its course to make difficulties for the overtaking craft.

29. Finish

- 29.1 The boat has finished the race when its bow crosses the finish line with all crew members in it. The Finish Line Judges will determine the result of the competition based on the order of the boats arriving according to the rules.
- 29.2 If two or more boats reach the finishing line at the same time they are awarded the same classification in the final. In the case of a dead heat finish for any position, which determines the advance to the next level of the competition the following rules will apply:
 - a) Wherever there are sufficient number of lanes available in the next level of the competitions, drawing of lots will determine to which race each boat will advance. If possible it may use also lane number 10.
 - b) Wherever there are not enough lanes available there will be a re-race between the boats involved 30 minutes after the race (and for International Competitions after the last race of the day, or half day programme)
 - c) In the case of a dead heat in the re-race, drawing of lots will determine the outcome.

30. Tasks of Competitors after the Race

- 30.1 The competitor must leave the course after the finish of the race and cannot disturb the next race.
- 30.2 The crews selected by the Competition Committee for boat control must immediately contact the place allocated for the post race boat control.
- 30.3 If selected for doping control, the competitor must comply with the obligations stipulated by the BCU Anti-Doping policy.
- 30.4 Before the award ceremony the top three crews of the final must be present at the location and time indicated.
- 30.5 At National Championships the competitors must wear club, team or squad Racing Colours or Tracksuit at the award ceremony, as may be stipulated by the Organising Committee or SRC.

31. Disqualifications

- 31.1 Any competitor who attempts to win a race by any other than honourable means, who breaks the Racing Regulations, or who disregards the honourable nature of the Racing Regulations, shall be disqualified for the duration of the race concerned.
- 31.2 Should a competitor have completed a race in a kayak or canoe which is shown upon inspection not to conform with the classifications (see Rules 9-12), he/she shall be disqualified from the race in question.
- 31.3 It is prohibited to receive external assistance during a race.
- 31.4 No crew may be accompanied along and adjacent to the racecourse by other boats while the race is in progress.
- 31.5 No crew may receive assistance by using objects thrown into the course.
Any of the above infractions will result in the disqualification of the competitor(s) concerned.
- 31.6 All disqualifications by the Competition Committee have to be confirmed in writing immediately with the reasons. The Team Leader has to acknowledge the receipt on a copy with the exact time, which is the start of the protest time.
Failure to deliver the copy confirmation of the disqualification to the team leader does not invalidate the disqualification.
- 31.7 The Competition Committee may discipline any competitor or Official whose behaviour is detrimental to the good order and conduct of the competition. The Competition Committee may after repeated action by the offender disqualify him/her for that competition.

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32 Protests

- 32.1 A protest against a crew to compete in a race shall be advised to a member of the Competition Committee not later than one hour before the start of the race. A protest made later - within 30 days from the date when the race in question was held is only permitted if the officials of the club of the competitor making the protest can prove that the facts on which the protest is based came to their knowledge later than one hour before the start of the race.
- 32.2 A late protest shall be referred to the SRC accompanied by the prescribed fee (see below). A protest made during the competition must be handed to the Competition Committee not later than 20 minutes after publication of the results.
- 32.3 A protest made during a competition must be addressed to the Competition Committee not later than 20 minutes after the Team Leader has been informed of the decision against his/her competitor or team and has signed the receipt.
- 32.4 All protests must be made in writing and be accompanied by a fee of £5.00 (International Competitions £15.00 or 25 Euros). The fee will be refunded if the protest is upheld. *If the protest is not upheld the fee may not be refunded, at the discretion of the Competition Committee or SRC hearing the protest.*
- 32.5 When a protest or a report is made against an athlete or a team, the team leader of the athlete/team in question shall be presented with the protest or report to read.

33 Appeals

Competitors have the right to appeal to the SRC through their club or team management against a decision of the Competition Committee, within 30 days from the date when the race was held. In the case of National Championship Competitions the appeal must be made to the Competition Jury in accordance with Rule 13.7. A fee of £15.00 shall accompany the appeal. The fee will be refunded if the appeal is upheld. The BCU SRC (or Jury in the case of a National Championship) shall pronounce the final decision.

Part V - SPECIAL RULES FOR NATIONAL CHAMPIONSHIP EVENTS

34. Only members of the BCU who qualify under Rule 8 may participate in National Championship events. The only exceptions to this rule are those exempted under Rule 1.3.
35. All canoes and kayaks must comply with the classes and building rules as laid down in Part II of these rules.
36. Officials: Fully in accordance with Rules 13.1 to 13.4.
37. Competition Committee: Fully in accordance with Rule 13.2 and 13.3.
38. Competition Jury: Fully in accordance with Rules 13.7, 32 and 33.
39. Marking signs: In accordance with Rule 21.
40. Courses: In accordance with Rule 21.
41. Disqualifications: In accordance with Rule 31.
42. Heats and Finals:
In the event of there being fewer than three boats in a National Championship event then no medals will be awarded. If three boats are in an event then only a Gold Medal will be awarded. If four or more boats are in an event then Gold, Silver & Bronze medals will be awarded.

Notes to the BCU Sprint Racing Competition Rules

Races Exceeding 1,000 Metres at the National Water Sports Centre Nottingham, Rules 21.4 and 21.5

Because of limitations at the National Water Sports Centre - mainly the start pontoon being fixed for the Start of two 5000 metre and one 2500 metre events - it is not possible to comply with the Rule and provide the three courses required. The 2nd leg under the Rule is 47.75 metres too long. The requirements given in the Rule are those of the ICF, which the BCU must shadow in its own Rules.

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Long Distance Courses at the National Water Sports Centre, approved by the SRC

To provide flexibility there are four turning points with the start and finish of the turns as follows:

1. 10 metres beyond the finish line
2. 450 metres from the finish line
3. 1123 metres from the finish line
4. 1796 metres from the finish line.

International Rules Course - 1 long lap + 1 short lap

(Avoiding pontoons at 500 metres which would need to be parked as far back as possible)

- | | |
|--|----------------|
| a) Between the start line and first flag of the first turning point = | 1902.25 metres |
| b) Between the last flag of first turn and first flag of second turn = | 1806.00 |
| c) Between last flag of second turn and first flag of third turn = | 460.00 |
| d) Between last flag of third turn and the finish = | 450.00 |
| e) Three turns of 127.25 metres each = | <u>381.75</u> |
| | <u>5000.00</u> |

Domestic Course - 2 medium laps

- | | |
|--|-----------------------|
| a) Between the start line and first flag of the first turning point = | 1229.25 metres |
| b) Between the last flag of first turn and first flag of second turn = | 1133.00 |
| c) Between last flag of second turn and first flag of third turn = | 1133.00 |
| d) Between last flag of third turn and the finish = | 1123.00 |
| e) Three turns of 127.25 metres each = | <u>381.75</u> |
| | <u>5000.00</u> metres |

Short Course for Juniors - 1 lap of Domestic Course - 2500 metres

- | | |
|---|-----------------------|
| a) Between the start line and first flag of the turning point = | 1229.25 metres |
| b) Between the last flag of the turn and the finish = | 1123.00 |
| c) One turn of = | <u>127.25</u> |
| | <u>2479.50</u> metres |

NB With a fixed start position and by using the same turning buoys for the 5000 metre course an exact 2500 metre course cannot be obtained. It is 20.5 metres short.

BCU Sprint Racing Section - DISCIPLINARY REGULATIONS

By a directive of the BCU Council, these regulations may be applied without alteration to any Specialist Section of the BCU by means of a resolution passed by a general meeting of the Section Specialist Committee. The Sprint Racing Section adopted this code of practice at a Special General Meeting in April 1989.

General procedure

- 1.1 A complaint that an individual member of the Union has behaved in a manner that is, or is likely to be, prejudicial to the conduct of a Section event or of a Section training facility, or to the interests of the Section, or to the general interests of canoeing, may be lodged by means of a statement of complaint signed as provided below and setting out the facts on which this complaint is grounded.
- 1.2 A complaint by an affiliated club or by a committee organising an event or training facility shall be signed by two members of the club or organising committee who are BCU members, one of whom must be the chairman or secretary of the club or committee.
- 1.3 A complaint by any other person shall be signed by the person concerned and state that person's address.
2. The complaint shall be sent to the chairman or secretary of the Specialist Executive Committee, who shall take immediate steps to convene the Executive Committee within 30 days to consider the complaint and any rebutting or mitigating statement furnished by the alleged offender.
3. The Section Executive Committee shall ensure that a copy of the complaint is or has been handed personally to the individual member to whom it relates, or has been sent by recorded delivery post to that member, together with an invitation to furnish in writing within 21 days any rebutting facts or mitigating explanation or submission and a notification of the date when the

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Section Executive will meet to consider them. At the same time the member shall be asked whether he wishes to be present, in which case he may be asked questions, when the complaint is being considered, and informed that if no reply is received within a period of 21 days the section Executive will consider the complaint in his absence on the basis of the facts and statements in their possession. The Section Executive may invite the complainant to comment on the member's reply, and shall supply a copy of any such comments to the member before the meeting.

4. At the meeting the Section Executive Committee shall consider the complaint and any statement made in writing or orally by the member concerned. If the member has asked to be present at the meeting he must have been invited to attend. The Section Executive Committee may question either party, if present, or call on them to supply additional evidence. If the section Executive Committee has not completed its consideration of the complaint within 30 days from the date of the meeting referred to in Regulation 2. above it shall be taken to have rejected it, but the complainant may in that event address a complaint to the BCU Council for consideration under Article 8 of the Articles of Association of the British Canoe Union.
5. On completing consideration the Section Executive Committee shall draw up its findings of fact, and may decide:
 - 5.1 To reject the complaint.
 - 5.2 To warn or reprimand the individual member concerned.
 - 5.3 To suspend the individual member from participating in specified section events or training facilities either -
 - 5.3.1 For a period not exceeding 3 months, starting at least 10 days after notification of the decision to the member, or
 - 5.3.2 For a specified number of such events or facilities, not exceeding five in number, consecutively where all that number would not have taken place within the period specified in 5.3.1 above.
 - 5.4 To recommend to the BCU Council that a suspension should be for a longer period, or that the member should be suspended from all BCU membership rights, or expelled from the Union, or that some other specified penalty should be imposed by the Council. Where the complaint was originally lodged by the Section Executive Committee itself, it shall not impose a penalty under 5.3 above, but may recommend that the penalty be imposed by Council.
6. The Section Executive Committee shall notify the member by recorded delivery post of its findings of fact and of its decision or recommendation and shall inform him of his right of appeal under regulation 8 below, where applicable, and shall send a copy of the notification to the BCU Council.
7. In the case of a decision falling under regulation 5.3.1 or 5.3.2 or involving a recommendation under regulation 5.4, the individual member concerned may appeal to the BCU Council within 10 days of the date of notification, setting out the grounds for appeal in writing: where an appeal is made the penalty shall be treated as in abeyance pending consideration of the appeal by Council.
8. The BCU Council shall consider, within 30 days of being notified of the complaint, the Section Executive Committee's findings and decision and give the member an opportunity within a specified time to make orally any further explanation or defence that he desires to submit.
9. The BCU Council's functions under regulation 8. may be performed by a standing Committee appointed for the purpose under Article 42 of the Articles of Association of the BCU.
10. **Immediate Discipline**

Organisers of events or training facilities in the Section's programme may, without prejudice to the making of complaints under Regulations 1. to 9. above, summarily exclude or disqualify members or competitors for violent or very unreasonable behaviour from the event or session concerned or from subsequent events or facilities held at the same site within 2 months of the offence.

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The BCU Sprint Racing Committee adopted additional regulations on 1 January 2001 as follows:

11. Code of Ethics

Everyone within the BCU Sprint Racing Section is subject to the conditions and ethics as given in Section 5 of the BCU 'Coaching Code' published by the BCU UK Coaching Service, and are required to operate under the same general Sport and Recreation Code of Ethics.

12. Regatta Officials

- 12.1 It is vital for the honourable nature of the Sport that Officials are not subjected to any act that may compromise their position.
- 12.2 Regatta Officials must not be threatened or subjected to harassment, intimidation or abuse. No attempt should be made to persuade Regatta Officials to take an action which is dishonest or contrary to the Official's code of ethics or honourable nature of the Sprint Racing Regulations. This applies at any time, in or out of competition. It is incumbent on each Official to report all such acts.
- 12.3 The report should be in writing and sent without delay to the Sprint Racing Committee (through the Section Secretary) who will consider the matter in accordance with the Section's Disciplinary Regulations.
- 12.4 In the event of an action taken immediately prior to or during a BCU Regatta, the Official should hand their written report to the Chief Official. The Chief Official with the Regatta Committee must take action in accordance with the Section's Disciplinary Regulations.

NATIONAL SPRINT REGATTAS

National Regattas 2008

Held at the National Water Sports Centre, Holme Pierrepont, Adbolton Lane, Nottingham.

Date	Regatta	Closing date	Venue
5/6 April	National	19 March	Nottingham
3/4 May	National & Inter Services	16 April	Nottingham
7/8 June	National	21 May	Nottingham
5/6 July	National Championships	18 June	Nottingham
6/7 September	Inter-Club Competition	20 August	Nottingham

National Water Sports Centre, Nottingham

The National Water Sports Centre is situated just off the main A52 road from Nottingham to Grantham. It is signposted on all main roads leading into Nottingham.

Accommodation

Bed & Breakfast is available on site - Bunks, Standard and En Suite, although this gets booked up very quickly.

Lunches and snacks are available from the Centre Cafeteria and Snack Bars.

There are many **hotels** of different sizes and cost in Nottingham, several in the vicinity of the NWSC. The website at www.visitnottingham.com lists a large number of hotels, B&Bs, farmhouses etc. at all prices.

There is a **camp site** run by N.W.S.C. just across the road from the course. Facilities include a toilet, washing and shower block; water points; waste disposal; electric hook-up points and a shop.

The site is open to all competitors, officials and supporters. No booking is required.

There is no overnight **boat storage** available in the boathouses. All canoes should be removed on Saturday night. All canoes on the outside racks at the Centre are left entirely at the owner's risk.

Regatta programmes will be on sale at the Watersports Centre and the campsite on the Friday evening before the Regatta and on Saturday at the Centre.

NATIONAL SPRINT REGATTAS

Putting in Entries

Entries must be submitted through your Club Team Leader –
See Team Leaders' Responsibilities pages B10 – B16.

Guidelines for entry into Sprint Racing To promote fair racing and as a guide for coaches, team leaders and paddlers, the following standards, based on the "Sprint (500m) Awards", are suggested as the entry levels into Sprint Regattas held at the National Watersports Centre. (See also Racing Standards on pages D1 & 2)

Men	Kayak Gold
Women and Veteran Men	Kayak Silver
Girls and Boys	Kayak Bronze
Canadian Paddlers	Canoe Gold

In each case the paddler must equal or beat the times below to achieve the standard.

Note: Time in minutes and seconds – in single canoe or kayak

Award	Kayak Men	Kayak Women	Canoe
Green	4.00	4.20	5.00
Blue	3.30	3.45	4.00
Bronze	3.05	3.20	3.20
Silver	2.45	3.00	3.05
Gold	2.30	2.45	2.45

All paddlers must be current members of the British Canoe Union and have registered as sprint racing competitors.

Fees for this season have been increased and the charge bands are as follows:-

Group	K1/C1	K2/C2	K4/C4
Senior Events	£4.50 (late £5.50)	£9.00 (late £10)	£15.00(no late fee)
Junior Events	£3.50 (late £4.50)	£7.00 (late £8.00)	£12.00(no late fee)

Lightning: Fixed fee of £10 per day

Please note that K4 fees include the cost of boat hire.

Fees will be reviewed annually.

Club colours must be worn by all competitors in all events.

All kayaks and canoes must have **adequate buoyancy**, be fitted with a number slot and comply with current regulations as to weight. Boat Control will be carried out during regattas.

Paddlers must supply their own lane numbers (1-9).

NATIONAL SPRINT REGATTAS

The Racing Registration Scheme

The Scheme also enables the committee to establish how many active racing canoeists there are in the country at any one time, and provides a means of communicating with them.

The Registration Number is the unique numerical identification for each paddler, and is used in computer programmes when programming a regatta. Only Registered Paddlers will be allowed to compete in B.C.U. events at the National Watersports Centre. Entries submitted without a Registration Number will not be accepted.

Initial Registration

This may be done in one of two ways:-

1. At any N.W.S.C. Regatta, at the Secretary's desk.
2. By post with the Registration Officer (Send S.A.E. please).

In all cases the following are required:

1. Full Name and Address.
2. Date of Birth.
3. Club.
4. Your ranking (if known).
5. A Coaching Scheme Certificate of Standard for 500m which states the actual time taken for your trial.
6. Proof of current B.C.U. Membership (a photocopy of your card is acceptable).

Renewal of Registration

Competitors will remain on the active register until such time as they have not competed for two years, or their B.C.U. membership has lapsed. On production of a current B.C.U. card, anyone not listed on the active register may apply to be reinstated.

Current Lists of Registered Paddlers are intended as 'working' lists and only include paddlers who have raced during the last two years and those who are fairly certain to race in the current season. Anyone who does not appear on the lists will have been transferred to the storage file and can be brought back to the 'live' file at any time they return to racing.

Youth paddlers who initially registered as Cadet Members will remain on the register but should join the B.C.U. as full Youth members at the end of the first year. They should inform the Registration Officer of any change of number.

The Registration Officer, 17 Springfield Road, Guildford, Surrey GU1 4DW

When registering by post please send S.A.E. for the return of your B.C.U. card and the Registration Number.

NATIONAL SPRINT REGATTAS

REGATTA REGISTRATION APPLICATION

Full Name

Telephone No

Address

Post Code

Date of Birth

Club

500m Time

BCU Membership Number

Valid test and membership certificates or photocopies are required to accompany this form.

Please return this form with a stamped self addressed envelope to:

Registration Officer

P.Morley, 17 Springfield Road, Guildford, Surrey GU1 4DW

Registration Number Issued

Date

Regatta Racing Class



BCU National Canoe/Kayak Flatwater Sprint Racing Regatta

National Water Sports Centre - Nottingham

5th – 6th April 2008

Closing Date

Wednesday 19th March 2008

Men's Kayak	200m			500m			1000m			
	K1	K2	K4	K1	K2	K4	K1	K2	K4	
Senior A	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Senior B	✓	A/B	A/B	✓	✓	A/B	✓	✓	A/B	
Senior C	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Senior D	✓	C/D	C/D	✓	C/D	C/D	✓	C/D	C/D	
Masters A	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Masters B	✓	A/B	A/B/C/D	✓	A/B	A/B/C/D	✓	A/B	A/B/C/D	
Masters C	✓	✓		✓	✓		✓	✓		
Masters D	✓	C/D		✓	C/D		✓	C/D		
Men's Canoe	200m			500m			1000m			
	C1	C2	C4	C1	C2	C4	C1	C2	C4	
A Senior	✓	✓	✓	✓	✓	✓	✓	✓	✓	
B Senior	✓	A/B	A/B	✓	✓	A/B	✓	✓	A/B	
C Junior				✓	✓	✓	✓	✓	✓	
Women's Kayak	200m			500m			1000m			
	K1	K2	K4	K1	K2	K4	K1	K2	K4	
Senior A	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Senior B	✓	A/B	A/B/C/D	✓	A/B	A/B/C/D	✓	A/B	A/B/C/D	
Senior C	✓	✓		✓	✓		✓	✓		
Senior D	✓	C/D		✓	C/D		✓	C/D		
Junior Kayak				500m			1000m			
				K1	K2	K4	K1	K2	K4	
Boys A				✓	✓	✓	✓	✓	✓	
Boys B				✓	✓	✓	✓	✓	✓	
Boys C				✓	✓	B/C	✓	✓	B/C	
Boys D				✓	✓	✓	✓	✓	✓	
Girls A				✓	✓	✓	✓	✓	✓	
Girls B				✓	✓	A/B/C	✓	✓	A/B/C	
Girls C				✓	✓		✓	✓		
Girls D				✓	✓	✓	✓	✓	✓	
Youth Lightning	200m			500m			1000m			1km
	K1	K2	K4	K1	K2	K4	K1	K2	K4	K1
Boys U12				nil	nil	nil		nil	nil	nil
Girls U12				nil	nil			nil		nil
Boys U10				nil	nil	nil		nil	nil	nil
Girls U10				nil	nil			nil		nil
Padability	✓	✓		✓	✓		✓	✓		



BCU National & Inter Services Flatwater Sprint Racing Regatta

National Water Sports Centre - Nottingham

3rd - 4th May 2008

Closing Date

Wednesday 16th April 2008

Men's Kayak	200m			500m			1000m			
	K1	K2	K4	K1	K2	K4	K1	K2	K4	
Senior A	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Senior B	✓	A/B	A/B	✓	✓	A/B	✓	✓	A/B	
Senior C	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Senior D	✓	C/D	C/D	✓	C/D	C/D	✓	C/D	C/D	
Masters A	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Masters B	✓	A/B	A/B/C/D	✓	A/B	A/B/C/D	✓	A/B	A/B/C/D	
Masters C	✓	✓		✓	✓		✓	✓		
Masters D	✓	C/D		✓	C/D		✓	C/D		
Men's Canoe	200m			500m			1000m			
	C1	C2	C4	C1	C2	C4	C1	C2	C4	
A Senior	✓	✓	✓	✓	✓	✓	✓	✓	✓	
B Senior	✓	A/B	A/B	✓	✓	A/B	✓	✓	A/B	
C Junior				✓	✓	✓	✓	✓	✓	
Women's Kayak	200m			500m			1000m			
	K1	K2	K4	K1	K2	K4	K1	K2	K4	
Senior A	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Senior B	✓	A/B	A/B/C/D	✓	A/B	A/B/C/D	✓	A/B	A/B/C/D	
Senior C	✓	✓		✓	✓		✓	✓		
Senior D	✓	C/D		✓	C/D		✓	C/D		
Junior Kayak				500m			1000m			
				K1	K2	K4	K1	K2	K4	
Boys A				✓	✓	✓	✓	✓	✓	
Boys B				✓	✓	✓	✓	✓	✓	
Boys C				✓	✓	B/C	✓	✓	B/C	
Boys D				✓	✓	✓	✓	✓	✓	
Girls A				✓	✓	✓	✓	✓	✓	
Girls B				✓	✓	A/B/C	✓	✓	A/B/C	
Girls C				✓	✓		✓	✓		
Girls D				✓	✓	✓	✓	✓	✓	
Youth Lightning	200m			500m			1000m			1km
	K1	K2	K4	K1	K2	K4	K1	K2	K4	K1
Boys U12				✓	✓	✓				✓
Girls U12				✓	✓					✓
Boys U10				✓	✓	✓				✓
Girls U10				✓	✓					✓
Padability	✓	✓		✓	✓		✓	✓		



BCU National Canoe/Kayak Flatwater Sprint Racing Regatta

National Water Sports Centre - Nottingham

7th – 8th June 2008

Closing Date

Wednesday 21st May 2008

Men's Kayak	200m			500m			1000m			
	K1	K2	K4	K1	K2	K4	K1	K2	K4	
Senior A	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Senior B	✓	A/B	A/B	✓	✓	A/B	✓	✓	A/B	
Senior C	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Senior D	✓	C/D	C/D	✓	C/D	C/D	✓	C/D	C/D	
Masters A	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Masters B	✓	A/B	A/B/C/D	✓	A/B	A/B/C/D	✓	A/B	A/B/C/D	
Masters C	✓	✓		✓	✓		✓	✓		
Masters D	✓	C/D		✓	C/D		✓	C/D		
Men's Canoe	200m			500m			1000m			
	C1	C2	C4	C1	C2	C4	C1	C2	C4	
A Senior	✓	✓	✓	✓	✓	✓	✓	✓	✓	
B Senior	✓	A/B	A/B	✓	✓	A/B	✓	✓	A/B	
C Junior				✓	✓	✓	✓	✓	✓	
Women's Kayak	200m			500m			1000m			
	K1	K2	K4	K1	K2	K4	K1	K2	K4	
Senior A	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Senior B	✓	A/B	A/B/C/D	✓	A/B	A/B/C/D	✓	A/B	A/B/C/D	
Senior C	✓	✓		✓	✓		✓	✓		
Senior D	✓	C/D		✓	C/D		✓	C/D		
Junior Kayak				500m			1000m			
				K1	K2	K4	K1	K2	K4	
Boys A				✓	✓	✓	✓	✓	✓	
Boys B				✓	✓	✓	✓	✓	✓	
Boys C				✓	✓	B/C	✓	✓	B/C	
Boys D				✓	✓	✓	✓	✓	✓	
Girls A				✓	✓	✓	✓	✓	✓	
Girls B				✓	✓	A/B/C	✓	✓	A/B/C	
Girls C				✓	✓		✓	✓		
Girls D				✓	✓	✓	✓	✓	✓	
Youth Lightning	200m			500m			1000m			1km
	K1	K2	K4	K1	K2	K4	K1	K2	K4	K1
Boys U12				✓	✓	✓				✓
Girls U12				✓	✓					✓
Boys U10				✓	✓	✓				✓
Girls U10				✓	✓					✓
Padability	✓	✓		✓	✓		✓	✓		



BCU National Canoe/Kayak Flatwater Sprint Racing Championships

National Water Sports Centre - Nottingham

5th – 6th July 2008

Closing Date

Wednesday 18th June 2008

Men's Kayak	200m			500m			1000m			
	K1	K2	K4	K1	K2	K4	K1	K2	K4	
Senior A	✓N	✓N	✓N	✓N	✓N	✓N	✓N	✓N	✓N	
Senior B	✓S	A/B	A/B	✓S	✓S	A/B	✓S	✓S	A/B	
Senior C	✓S	✓S	✓S	✓S	✓S	✓S	✓S	✓S	✓S	
Senior D	✓S	C/D	C/D	✓S	C/D	C/D	✓S	C/D	C/D	
Masters A	✓N	✓N	✓N	✓N	✓N	✓N	✓N	✓N	✓N	
Masters B	✓S	A/B	A/B/C/D	✓S	A/B	A/B/C/D	✓S	A/B	A/B/C/D	
Masters C	✓S	✓S		✓S	✓S		✓S	✓S		
Masters D	✓S	C/D		✓S	C/D		✓S	C/D		
Men's Canoe	200m			500m			1000m			
	C1	C2	C4	C1	C2	C4	C1	C2	C4	
A Senior	✓N	✓N	✓N	✓N	✓N	✓N	✓N	✓N	✓N	
B Senior	✓S	A/B	A/B	✓S	✓S	A/B	✓S	✓S	A/B	
C Junior				✓N	✓N	✓N	✓N	✓N	✓N	
Women's Kayak	200m			500m			1000m			
	K1	K2	K4	K1	K2	K4	K1	K2	K4	
Senior A	✓N	✓N	✓N	✓N	✓N	✓N	✓N	✓N	✓N	
Senior B	✓S	A/B	A/B/C/D	✓S	A/B	A/B/C/D	✓S	A/B	A/B/C/D	
Senior C	✓S	✓S		✓S	✓S		✓S	✓S		
Senior D	✓S	C/D		✓S	C/D		✓S	C/D		
Junior Kayak				500m			1000m			
				K1	K2	K4	K1	K2	K4	
Boys U18				✓N	✓N	✓N	✓N	✓N	✓N	
Boys U16				✓N	✓N	✓N	✓N	✓N	✓N	
Boys U14				✓N	✓N	✓N	✓N	✓N	✓N	
Girls U18				✓N	✓N	✓N	✓N	✓N	✓N	
Girls U16				✓N	✓N	✓N	✓N	✓N	✓N	
Girls U14				✓N	✓N	✓N	✓N	✓N	✓N	
Youth Lightning	200m			500m			1000m			1km
	K1	K2	K4	K1	K2	K4	K1	K2	K4	K1
Boys U12				✓	✓					✓
Girls U12				✓	✓					✓
Boys U10				✓	✓					✓
Girls U10				✓	✓					✓
Padability	✓	✓		✓	✓		✓	✓		

N = National Championship Event

S = Class Championship Event



BCU Inter Club Flatwater Sprint Racing Regatta

National Water Sports Centre - Nottingham

6th – 7th September 2008- MacGregor Paddle

Closing Date

Wednesday 20th August 2008

Men's Kayak	200m			500m			1000m			
	K1	K2	K4	K1	K2	K4	K1	K2	K4	
Senior A	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Senior B	✓	A/B	A/B	✓	✓	A/B	✓	✓	A/B	
Senior C	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Senior D	✓	C/D	C/D	✓	C/D	C/D	✓	C/D	C/D	
Masters A	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Masters B	✓	A/B	A/B/C/D	✓	A/B	A/B/C/D	✓	A/B	A/B/C/D	
Masters C	✓	✓		✓	✓		✓			
Masters D	✓	C/D		✓	C/D		✓			
Men's Canoe	200m			500m			1000m			
	C1	C2	C4	C1	C2	C4	C1	C2	C4	
A Senior	✓	✓	✓	✓	✓	✓	✓	✓	✓	
B Senior	✓	A/B	A/B	✓	✓	A/B	✓	✓	A/B	
C Junior				✓	✓	✓	✓	✓	✓	
Women's Kayak	200m			500m			1000m			
	K1	K2	K4	K1	K2	K4	K1	K2	K4	
Senior A	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Senior B	✓	A/B	A/B/C/D	✓	A/B	A/B/C/D	✓	A/B	A/B/C/D	
Senior C	✓	✓		✓	✓		✓			
Senior D	✓	C/D		✓	C/D		✓			
Junior Kayak				500m			1000m			
				K1	K2	K4	K1	K2	K4	
Boys A				✓	✓	✓	✓	✓	✓	
Boys B				✓	✓	✓	✓	✓		
Boys C				✓	✓	B/C	✓	✓	B/C	
Boys D				✓	✓	✓	✓	✓	✓	
Girls A				✓	✓	✓	✓	✓	✓	
Girls B				✓	✓	A/B/C	✓	✓	A/B/C	
Girls C				✓	✓	✓	✓	✓	✓	
Girls D				✓	✓	✓	✓	✓	✓	
Youth	200m			500m			1000m			1km
Lightning	K1	K2	K4	K1	K2	K4	K1	K2	K4	K1
Boys U12				✓	✓	✓				✓
Girls U12				✓	✓					✓
Boys U10				✓	✓					✓
Girls U10				✓	✓					✓
Padability	✓	✓		✓	✓		✓	✓		

NATIONAL SPRINT REGATTAS

TEAM LEADERS' RESPONSIBILITIES

Summary

At the Club

- a) Ensure that club members achieve the relevant standard to qualify for competing at National Regattas.
- b) Advise the Colours Registration Officer of their appointment, and include details of any changes in the Club Racing Colours.
- c) **Check that all boats have adequate buoyancy.**

Entries

- a) Advertise the Regatta to all club members, collate entries, and return Entry Form by closing date accompanied by the correct entry fees.
- b) Check Timetable for clashes & problems.
- c) Ensure that paddlers are conversant with the Rules of Racing for Competition & Conduct as shown in the Handbook, and hold current membership of the British Canoe Union. Ensure that all paddlers have been registered.
- d) Encourage paddlers to purchase their own Racing Handbooks.

Before the start of Racing

- a) Collect and check the detailed regatta programme ensuring that every entry made is shown correctly.
- b) Arrive on time for the Team Leaders' Meeting. All scratches, crew changes, and late entries should be made during the meeting.
- c) Advise paddlers of any changes and/or alterations to the programme.
- d) Ensure that paddlers and their boats are adequately dressed and equipped for the conditions.
- e) Ensure that all paddlers are fully aware of safety measures.

During Competition

- a) Ensure that paddlers arrive in time for their races, wearing club colours, and with the correct lane number.
- b) Ensure that K4s, if required, are booked in advance. Boat hire is included in the Race Entry Fee.
- c) Be available to receive notification of disqualifications, and deal with any problem involving paddlers from their club.
- d) Collect from, and promptly return to, the Secretary's Desk all Long Distance Numbers. A deposit of £10.00 is required.
- e) Hand in S.A.E. to the Regatta Secretary for a copy of the results.

After the Regatta

- a) Return Long Distance numbers promptly to the Secretary's Desk.
- b) Display results on club notice board.
- c) Note promotions of Club paddlers.

1. Appointment

Club Secretaries must inform the Colours Registration Officer who is the Team Leader for their club (and if you wish a nominated reserve), before January 1st each year. If a club is to be represented by another person at the N.W.S.C. the regatta organiser should be informed by the registered Team Leader, preferably when the entries are submitted.

2. Communication

At all regattas, the organisers will only communicate with the Club Team Leader or his/her nominated reserve, in respect of:-

- a) Making entries

NATIONAL SPRINT REGATTAS

TEAM LEADERS' RESPONSIBILITIES

- b) Making late entries.
- c) Communication from the organisers to his/her club paddlers - including disqualifications.
- d) Making protests.
- e) Receiving results.

3. Safety

The Team Leader is primarily responsible for the safety of his club members. Team Leaders should ensure that paddlers are:-

- a) suitably dressed for the weather, water and race conditions.
- b) able to perform basic capsize drills and are briefed on what to do when approached by a umpire boat.
- c) able to swim at least 50 metres in wet clothing without a lifejacket.
- d) that all canoes are fitted with buoyancy, sufficient to ensure that the canoe will remain afloat and support the crew in the event of a capsize.
- e) that all competitors in Junior or Youth classes are in possession of a lifejacket or buoyancy aid which conforms to the standard of the I.C.F or S.B.B.N.F.

In the event of cold and/or windy conditions the organisers may at their discretion cancel or postpone a race, or insist on the wearing of buoyancy aids.

In the event of an electrical storm paddlers will be required to leave the course immediately. A tannoy announcement will be made and umpire boats will ring a bell. Racing will not recommence until deemed safe by the competition committee.

4. Entries

Please note all the information given on the completion of the Official Entry Form which appears on the following page.

All entries must be made on the Official Form. Please do not break up the form. Send the complete form, even if you are making only one entry. Please ensure that you use the correct form.

Fees for this season have been increased and the charge bands are as follows:-

Group	K1/C1	K2/C2	K4/C4
Senior Events	£4.50 (late £5.50)	£9.00 (late £10)	£15.00(no late fee)
Junior Events	£3.50 (late £4.50)	£7.00 (late £8.00)	£12.00(no late fee)

Lightning: fixed fee of £10 per day

- a) All entries for an N.W.S.C. Regatta must be made on the Official Entry Form, or a photocopy. A blank form is included on the entry form for this purpose.
- b) **One page for each class** must be used.
- c) At the top of each page, enter the names of **all** the paddlers who are to be entered in that class. Indicate the paddler's Initial, Name, and Club as shown below. If, in a crew boat, you include a paddler who is registered in the name of another club, make sure that his name & club are shown.
- d) Use the first four figures of the box for the paddler's Registration Number. A full list of these is shown in Section D.
- e) If a paddler has a 3 figure Registration Number, e.g. 027, prefix it with another zero e.g. 0027. **No entry will be accepted without a Registration Number**
- f) Enter A.N.Other and four zeros for unknown crew members.
- g) Do not use one page for more than 12 names. Photocopy or use the spare page at the back of the entry booklet.
- h) Telephone Entries are not accepted.
- i) The closing date for entries is normally the Wednesday 2½ weeks before the event.

NATIONAL SPRINT REGATTAS TEAM LEADERS' RESPONSIBILITIES

Any entries arriving after the closing date must be made by the Team Leader at the Team Leaders' Meeting.

- j) Entries made without the correct fee(s) will be charged as Late Entries.
- k) In the event of cancellation of part of or the whole of the competition owing to inclement weather or other unforeseen circumstances there will be no refund of race fees.

EXAMPLE

Registration No				I n	Name										Club		
1	2	3	4												C	L	U
1	2	3	4	A	S	I	S	T	E	R					C	L	U
5	6	7	8	B	B	R	O	T	H	E	R				C	L	U
4	5	6	7	A	C	H	A	R	L	I	E				C	L	U

ENTER PADDLERS REGISTRATION NUMBERS BELOW														2 0 0 M	5 0 0 M	1 0 0 M	L D I S T			
K1									1	2	3	4		X	X	X	£22.50			
									4	5	6	7		X	X					
K2					5	6	7	8	1	2	3	4	X	X	X	X	£72.00			
					4	5	6	7	1	2	3	4	X	X	X	X				
K4	2	3	4	5	3	4	5	6	5	6	7	8	1	2	3	4		X	X	£30.00
Page Total																			£ 124.50	

5. Notes on Classes

- a) Kayak competitors are divided into three age groups, Youth, Senior and Masters. These three kayak classes are then divided into Men and Women. These two subdivisions then being further divided into ability groups. Canadian paddlers are divided into three ability groups.
- b) Youth Paddlers will paddle in the four youth divisions according to their individual ability. Promotions within these classes will be done on the basis of improvement in standard of performance. When applying for registration the time certificate submitted should show the time recorded on the 500m test in order that new paddlers can be classified correctly. Beginners do **not** automatically start in the "D" group.
- c) The chart 'Standards for Racing' on page D1 demonstrates the way in which the subdivisions are made according to speed.
- d) The status of a paddler in a kayak class has no bearing on his status in a canoe.

NATIONAL SPRINT REGATTAS TEAM LEADERS' RESPONSIBILITIES

- e) Mixed Events, in which male and female competitors race together in the Men classes, are permitted, provided the races are of parallel standard to that of their designated classes.
- f) Open Events - In order to facilitate programming we reserve the right to combine classes in any distance at any regatta, with the exception of National Championship events, which will all start as the programme provided there are sufficient entries.
- g) Paddlers must race ONLY in their designated class for singles events (K1 and C1) at N.W.S.C. Regattas. Competitors may race above their designated class in crew boats only. Exceptions may be made when national coaches wish to enter squad paddlers in higher classes.
- h) A Youth paddler may race in crew boats in a senior class equivalent or above the standard of his own youth standard. E.g. BAK= MBK (see chart).
- i) All paddlers will be graded into classes according to the standards set out in the Standards for Racing. Coaches should use the Coaching Scheme 500m Racing Tests as preparation for paddler's entry into racing.
- j) Youth National Championships
Youth Paddlers will race in the following Age Groups
 UNDER 18 (BORN 1990 or 1991)
 UNDER 16 (BORN 1992 or 1993)
 UNDER 14 (BORN 1994 or later)
A youth paddler, who has been promoted to Senior Status on ability, may for National Championship Events only race in his/her youth age group.
- k) Promotions/Demotions
 - Will be made throughout the year on the basis of standards laid down, and using the race results.
 - Are not automatic, and need to be ratified by the S.R.C nominee before taking effect.
 - Will be notified on the regatta results and should take effect at the next regatta.
- l) Masters
Paddlers born before 1973 may compete in the Masters class unless Men's A or B

6. Check your Programme

Prior to the Team Leaders' Meeting, it is essential for each Team Leader to make a careful check of all his entries. It is best to keep a copy of your entry for this purpose. If there are any omissions or if you wish to make substitutions, mark your programme: the Team Leaders' Meeting goes very quickly, and leaves no time for hesitation.

It is not uncommon for the regatta organisers to make a few mistakes with the entries, but it is your responsibility to check the programme. Once a race has been passed during a meeting it is not normal to go back.

The event organisers will do their best to arrange the programme so that all races in each class are well spaced out, giving a minimum rest period of 40 minutes between races. Any competitor racing outside his designated class in crew boats cannot depend on the programme accommodating this situation satisfactorily.

7. Team Leaders' Meeting

It is intended to hold only one meeting per regatta, at 0800 hrs on the Saturday morning (unless otherwise stated) at the regatta course. If the meeting cannot be completed in a reasonable time it will be adjourned and the time of the reconvened meeting announced. Each club must nominate one representative to deal with alterations and late entries at the meeting. This nominated representative will be responsible for all the money owed for the entries he submits. This money must be paid by 4.00 p.m. on Saturday. Failure to pay on time will incur a £20.00 surcharge that must be paid by the end of racing on Saturday. Failure to meet this deadline will result in all paddlers from that club being disqualified from Sunday's racing.

NATIONAL SPRINT REGATTAS

TEAM LEADERS' RESPONSIBILITIES

Procedure

- a) Team Leader signs in on arrival.
- b) Meeting commences promptly at 8.00 a.m.
- c) Technical announcements.
- d) If there are any objections to the programmed order of events they must be raised at this stage.
- e) Late entry provision:-
 - i. Events will be dealt with in order.
 - ii. The Competition Organiser will call out in order each set of heats (or finals, if there are no heats). Team Leaders should scratch any competitors who do not intend to race, or make suitable substitutions. They should call out the lane number first then the competitors name(s).
 - iii. If there are any vacant lanes the Competition Organiser will then ask Team Leaders to raise one hand for each late entry they wish to make. If there are more late entries required than there are vacant lanes available, a draw will take place.
 - iv. It is not permitted to return to an event that has been concluded.

8. Entries after the Team Leaders' Meeting

Entries after the meeting for laned races will only be accepted in exceptional circumstances and at the discretion of the Competition Organiser. **Any such entries will be charged a double entry fee.**

Late entries will be accepted for long distance events (2.5 km, 5 km, 10 km.), up to one hour before the race, on payment of the appropriate late entry fee. Entries can be made on the form available from the regatta secretary's desk.

9. Club Colours

Club colours must be worn by all competitors in all events at the N.W.S.C. regattas.

- a) In K4 crews where more than one club is represented, paddlers must wear the colours for the club in whose name they are registered.
- b) Clubs racing for the first time at an N.W.S.C. regatta may request exemption from this rule by application to the Regatta Organiser; but the competitors should wear a plain white shirt with no markings. The club must then register its colours before taking part in subsequent events.

10. Numbers

- a) It is a requirement that clubs should provide their own lane numbers as prescribed in the Racing Rules for races up to 1000m in length.
- b) Sets of numbers 1-9, and suitable mounting brackets for kayaks and canoes, are available for sale from the regatta secretary's desk.
- c) For races over 1000m in length, the competition organisers will issue numbers. These will be of a type that fix into a slot on the deck of the boat, all competitors must ensure that their boats are fitted with these slots.
- d) Numbers for long distance racing must be obtained from the regatta secretary's desk and may be collected by Team Leaders ONLY. A deposit of £10.00 must be left by every club collecting numbers, regardless of how many numbers are required. This money can be reclaimed at the end of the day when all numbers are returned; alternatively it can be left at the desk to cover for numbers which will be required for Sunday's racing, and would then be returned Sunday evening when all numbers were collected in.
- e) Lost Numbers will be charged at £5.00 per number, and the amount deducted from the deposit before it is returned.
- f) A form will be available at the meeting on which the Team Leaders should order the numbers required for the day's long distance races in advance. This form should be handed in to the regatta secretary's desk. He will then make up your requirements for collection later in the morning, (after 11.00).

NATIONAL SPRINT REGATTAS

TEAM LEADERS' RESPONSIBILITIES

ALL CANOES AND KAYAKS MUST BE FITTED WITH NUMBER SLOTS

11 K2/K4 Crew Names

Notification of crew names must be made at the Regatta Office at least 30 minutes before the race. Any crew which has not notified the full set of names will be allowed to start the race but will not appear in the results, nor will they go forward to the next round of the competition. Paddlers who take the place of other paddlers without the proper substitution will be allocated 1 penalty point and disqualified from the event.

12 K4s

- a) They will be stored on racks outside the boathouse.
- b) Crews must not sit in the K4s *except when they are on the water*.
- c) Young paddlers must be supervised by a responsible adult when handling the K4s onto and off the water. The K4 Official reserves the right to refuse the boat to any youth crew that is not accompanied by an adult.
- d) Check your K4 before you use it. If it is not in order please report the fact to the Official. The crew that previously used the boat will be held responsible.
- e) K4s can be booked for any race during the course of the day as soon as the boathouse is open and the K4 Official is present.
- f) Crews must supply their own wing-nuts and toggles when they report to collect the boat they have booked.
- g) Crews must use the boat allocated.

13 Protests & Disqualifications

- a) Notification of disqualification will always be made to the Team Leader or his nominated reserve.
- b) In a National Championship event, a protest must be made by the paddler's Team Leader.
- c) Team Leaders should realise that it is impossible to adequately umpire all races in every regatta. Where infringements are observed by an umpire, these will be reported to The Chief Official who will, if necessary, inform the offending paddler's Team Leader.
- d) Often however, infringements will not be observed by the umpires, and Team Leaders should realise that they have a responsibility to explain the situation to young paddlers who may easily become frustrated by what might seem to be an arbitrary system of justice.

14 Results

If a copy of the results is required, please send an S.A.E. marked RESULTS with your entry, or leave an addressed envelope and the appropriate postage at the Regatta Office. A fee of £2.50 is payable for each copy.

15 Car Parking

Team Leaders MUST take an active part to see that club members observe the car parking lines. Parked cars must not obstruct the launching access for K4s to the concrete pontoons in front of the boathouses. Particular attention should be paid to the access road in the vicinity of the Centre Buildings. Access for emergency vehicles must NOT be impeded.

The pontoon on the seating side of the tower on the waterfront is a No Parking Area, and must not be used by competitors. This area is solely for the use of umpire boats.

NATIONAL SPRINT REGATTAS TEAM LEADERS' RESPONSIBILITIES

BCU Regatta "Liability" Statement

Canoeing and Kayaking are assumed-risk water-contact sports. Participation in these sports carries an inherent risk of injury to competitors and damage to property. Participants should be aware of the risks involved in these sports and are responsible for their own actions and their involvement in these sports.

In all cases competitors compete entirely at their own risk.

Each of the Regatta Organisation, the Sprint Racing Executive, the British Canoe Union exclude liability for any loss or damage that may occur to competitors or property during participation in canoeing and kayaking to the fullest extent permitted by law.

All competitors must be current comprehensive members of the British Canoe Union except for juniors ranked in 'Girls D' or 'Boys D' who are members of clubs with registered juniors sections.

Regatta Entries are accepted on the basis that each competitor and Parent/Guardian of a junior is aware of and has accepted the above conditions. Team Leaders are requested to ensure that all of their club competitors are aware of and accept the above statements.

Particular attention is drawn to safety requirements, especially the need for adequate buoyancy in all boats.

Sufficient fixed buoyancy must be securely fitted to all boats before they are allowed on the water. Severe penalty points (and disqualification) will be incurred by all those ignoring this requirement. This is intended to ensure the safety of all those on the water.

System for the membership for Juniors of a B.C.U. Affiliated Club.

A junior club member need not be a full member of the B.C.U. in order to race in Junior D Classes. He or she must be a member of his or her club, and the number used for his or her identification will be the club's affiliation number followed by his or her own individual club number.

Should he or she be promoted, however, to 'C' or above, he or she must then become a full member of the B.C.U. in his or her own right.

It is the responsibility of the Team Leader to advise the Registration Officer of the full B.C.U. Number.

'Tiddly Winks' and Boards

Coloured counters (known affectionately as Tiddly Winks) are awarded for the first three places in all Finals 1 in junior classes. These can be collected by the paddler from the Secretary's desk.

Also available, at a cost of approximately £4.50, is a small engraved wooden board on which the self adhesive counters can be mounted for posterity!

NATIONAL SPRINT REGATTAS

The MacGregor Paddle Competition



John MacGregor M.A., Trinity College, Cambridge; (1825-1892) Barrister-at-Law, Captain of the Royal Canoe Club, through his extremely popular books and magazine articles from 1865 to 1892, practically invented the sport of canoeing (or kayaking).

The beginning of recreational canoeing can be traced directly to an Englishman, called John MacGregor, in the middle of the nineteenth century. He was a man with a penchant for boat design and exploration, who developed his craft based on the Eskimo Kayak, which he named *Rob Roy*. He took the boat on long journeys along the rivers and across the lakes of Europe, lecturing and writing about his travels as he went. His tales attracted quite a following and soon there were many kayaks in Great Britain based on his kayak design that is still referred to as a *Rob Roy*.

Canoes are the larger category under which kayaks fall: while all kayaks are canoes, not all canoes are kayaks. Paddlers in kayaks sit with their legs stretched out in front of them and canoeists generally paddle from a kneeling position. Most canoes are open hulled; while kayaks have covered decks. Canoe paddles are typically single bladed, while kayak paddles are double ended.

Some might say these differences occur because of the type of water available, but a look at the evolution of British canoeing culture during the past one hundred and twenty years would suggest that the major changes are due to those who have written and taught, coupled with the availability of canoes or kayaks.

The first period from 1865 evolved from the founder of British canoeing, John MacGregor. His book, *A Thousand Miles in the Rob Roy Canoe*, fired the imagination of the Victorians. The '*Rob Roy*' was a stable kayak, went in a straight line and had a large cockpit. Made of wood, it was easy to handle and a boat in which any beginner would have felt safe. In this period, wooden canoes were imported and were used for family outings and touring, the limitation to the growth was the cost of the wooden craft.

The second period from the 1930s to the 1950s is identified with the wooden frame and canvas kayaks and the start of the BCU Coaching Scheme. Percy Blandford wrote books and produced a host of designs for the Scout movement, which brought canoeing to a much wider number of people. The low cost, make-it-yourself PBK (Percy Blandford Kayak) designs, were, like the '*Rob Roy*', stable, went in a straight line, and had large cockpits. The BCU Coaching Scheme was started in the 1950s by John Dudderidge. The original proficiency tests were designed around the use of the open cockpit straight-line kayak.

The third period, which had a massive impact on both the expansion and the change in direction of British canoeing culture started around the early 1960s, when in 1962, the BCU appointed its first Director of Coaching, Oliver Cock, giving added drive to what was to become a very powerful teaching scheme. For various reasons, the Coaching Scheme became more and more interested in rough water canoeing. At the same time, glass reinforced plastic became available. Moulds were produced for the home builder and the designs reflected the interest in rough water. Thousands of kayaks were produced with rockered hulls and small cockpits. By 1980, the Coaching Scheme had 3,000 members almost all teaching in the close fitting cockpit kayak. So powerful had that culture become that, if the word 'canoeing' is mentioned to almost anyone in Britain, their immediate image would be that of a young man or woman strapped into a kayak, wearing a crash helmet and wetsuit, performing turns and rolls on rapidly moving rivers. This was a great image for the adventurous teenager but daunting for many others who might wish to paddle. Indeed, a far, far cry from the canoeing of MacGregor.

NATIONAL SPRINT REGATTAS

MacGregor spent part of his youth in Halifax, Nova Scotia, where his father was stationed in the 1830s in a fort. He may have picked up some canoeing experience there.

Reading his books one notices he carried in his canoe a number of religious tracts (in a movement called "Muscular Christianity") written in the local language and was always ready to hand them out. He did not travel on Sundays, but did lecture on his travels and gave much of the profits to charities, especially to boys in the inner cities.

He published accounts of several other canoe cruises, including one to Scandinavia and another to Jordan and Egypt. The appendix to that book gives some construction details for his canoe designs.

His wooden split paddles were presented to Royal Canoe Club in 1959. Subsequently these were used as the trophy at the BCU National Inter-Club Flatwater Sprint Regatta, being first presented in 1977 to the winning club Fladbury and still fought over annually in September. A full list of winners can be found on page C8.

Scoring for the MacGregor Paddle competition

Under the following system most clubs should have an equal opportunity to achieve a winning score:

1. Each Club will automatically score 1 point for every paddler competing in the Inter Club Regatta.
2. Each Club will score 1 point for each promotion accredited to their paddlers during the four previous Regattas i.e. April, May, June, & July of the same year.
3. The scoring at the Inter Club Regatta will be on the following basis:
Each Club will score its best

12	K1/C1 results in all finals
6	K2/C2 results in all finals
3	K4 results in all finals

Scores will be awarded, provided there are at least three crews participating, on the following basis:

First 20 points, second 19 points, third 18 points and so on.

Penalty points accrued by paddlers during the season's five regattas will be deducted from their team's score.

4. Notes:
 - a) Composite crews, with members from more than one Club, do not score.
 - b) At least 50% of the crew must be registered in the class in which they are racing.
i.e. 2 paddlers K4 and 1 paddler K2. Crews may be made up with paddlers from a lower ability group with the following exceptions:
 - i) Men may not paddle in Women's races.
 - ii) Boys may not paddle in Girls' races.
 - iii) Seniors may not paddle in Junior races.
 - c) No one may enter any singles class other than their designated class as shown on the Registration File.

NATIONAL SPRINT REGATTAS

Disciplinary Procedures

Offences Incurring Penalty Points

The Chief Official will be solely responsible for all disciplinary matters of a minor nature, under the operation of a penalty points system. At his/her discretion, he/she may issue one penalty point to each paddler involved in each of the following offences. These offences are considered to be detrimental to the efficient operation of regattas and/or potentially hazardous.

- Racing in incorrect colours
- Racing with incorrect or missing number
- Failure to observe water zoning procedures
- Unauthorised substitution for another paddler
- Failure to report, having qualified, for semi-finals or finals
- Conduct during racing likely to cause injury or damage to equipment
- Use of offensive language
- Underweight boat (see note 1)
- Failure to report for boat weighing immediately (see note 2)
- Insufficient buoyancy (see note 3)

Notes

1. Weights must be properly fixed to the boat or seat. Stones in bags or any other temporary system will not be accepted.
2. Boats required for weighing will be notified either shortly before the start of the race or shortly after the finish of the race.
3. Buoyancy will be checked by both systematic and random inspections at launching points. If a boat is found to have insufficient buoyancy, it will be turned back.

Accumulation of Penalty Points and Penalty Fines

1. When a paddler accumulates a total of 4 or more penalty points, he/she is liable for a fine of £10 per point in excess of 3 points.
2. Fines are to be paid at the Regatta Office.
3. A paddler liable for a fine cannot race until the fine has been paid.
4. Penalty points are accumulated over 4 consecutive regattas and are not restricted to a single year. Thus, for example, penalty points incurred in the last regatta of the year will remain active until the start of the 4th regatta of the following year.

Notification

Team leaders will be notified when a penalty point has been issued to a paddler from his/her team. This notification will also be recorded on the end of regatta results sheet.

Disciplinary Matters of a More Serious Nature.

In respect to all other disciplinary matters the Chief Official, Competition Committee and the Competition Jury must act as described in the Racing Rules which include penalties in accordance with B.C.U. Rules or the Sprint Racing Section Disciplinary Regulations.

N.B. A reported incidence of dissent/abuse towards a Regatta Official, another competitor or their equipment, or a spectator must be treated as conduct prejudicial to the interests of the sport and dealt with under the Section Disciplinary Regulations.

BCU Regatta Officials Training

The training of officials is a highly important area of our activities from both a National and Regional point of view. Anyone interested in assisting at BCU National regattas is encouraged to come and sit alongside more experienced officials to learn what is involved. Each year in November we meet for a weekend of discussion, debriefing, and training, plus our annual dinner. Through officiating at our own National and International Regattas any official can progress to a standard where they become eligible to take the International Canoe Federation examination, thus becoming qualified to officiate at World Championships.

Newcomers are welcome and, if there is sufficient interest, we are happy to run a basic course aimed at complete beginners – no previous knowledge or experience is assumed. All aspects of regatta organisation would be covered in a basic and practical way, including the organisation of low key, local events of all kinds. This course would be followed by practical experience at regattas, working alongside a more practised official to gain knowledge and experience. Additional training can be given in specialised fields for those aiming to take the ICF Examination.

There may also be discussion groups of more experienced officials who meet to iron out any problems which have arisen during the season and find methods of solving them.

Further details of the Officials Weekend in November will be available nearer the time. If you want to find out more contact the **BCU Regatta Organiser, Peter Morley, 17 Springfield Road, Guildford, Surrey GU1 4DW 01483 571996 email: peter.c.morley@btinternet.com**

ICF Officials



Peter	Bland	Rowland	Jones	Peter	Moule
Teresa	Bland	Steve	Jones	Cathy	Wynne
Stan	Cox	Liz	McGown		
Rosy	Gray	Peter	Morley		

BCU Officials



Robin	Avery	Derrick	Dobbie	Mick	Moran
Diane	Bates	David	Etheridge	Peter	Morley
Paul	Bates	John	Ferguson	Peter	Moule
Peter	Bland	Rosy	Gray	Elaine	Murray
Teresa	Bland	Derek	Hall	Barry	Murray
Lee	Bradshaw	Carol	Hardy	Clive	Neale
Martin	Brooks	Brian	Hardy	Wendy	Pereira
Liz	Brooks	Linda	Heath	Stafford	Poole
Natalie	Brooks	Ann	Hoile	Alan	Reese
Alan	Burgoyne	John	Hoile	Keith	Stone
Tom	Cawthorn	Andy	Holmes	Joyce	Sunderland
Hannah	Cawthorn	Philip	Hughes	Neville	Sunderland
Tom	Churnside	David	Jones	Phillipa	Sunderland
Jean	Coleman	Steve	Jones	Sarah	Swallow
Di	Cox	Rowland	Jones	Mike	Walsh
Stan	Cox	Brian	Kelly	Lawrence	White
Ian	Creamer	Di	Lawler	Gordon	Wycherley
Colin	Crooks	Guy	Lowe	Cathy	Wynne
Kate	Crooks	Liz	McGown	George	Wynne
Jim	Davison	Margaret	Millington		
David	Deacon	Mark	Millington		

RYA Boat Drivers



Lee	Bradshaw	Derrick	Dobbie	Margaret	Millington
Martin	Brooks	David	Etheridge	Mark	Millington
Alan	Burgoyne	Philip	Hughes	Peter	Moule
Stan	Cox	David	Jones	Barry	Murray
Jim	Davison	Steve	Jones	Neville	Sunderland

HOLME PIERREPONT COURSE RECORDS

OPEN

Distance	Crew	Country	Time	Date
Men				
K1 500m	Ian Wynne	GBR	1.39.73	09.05.04
K2 500m	Cox / McKeever	GBR	1.31.63	07.05.06
K4 500m	Felix/Bishof/Marg/Meuller	DDR	1.25.54	20.06.82
C1 500m	A.Volkov	URS	1.52.36	19.06.83
C2 500m	Sarus/Hajdu	HUN	1.43.01	19.06.83
C4 500m	Cestra/Moguzzi/Caldon/Chiarentin	ITA	1.45.54	07.07.91
K1 1000m	T.Brabants	GBR	3.32.82	13.05.00
K2 1000m	Wycherley/Farrell	GBR	3.16.63	14.04.07
K4 1000m	Brabants/R.Darby Dowman/ Eldridge/Fowler	GBR	3.01.05	08.06.02
C1 1000m	S.Antipov	URS	4.01.28	10.07.77
C2 1000m	Train/Train	GBR	3.37.24	01.01.81
C4 1000m	Hoffman/Tackas/Jakab/Salanki	HUN	3.38.95	08.08.89
Women				
K1 500m	T.Davey	GBR	1.55.11	16.05.99
K2 500m	Efremova/Kalashnikova	URS	1.45.67	19.06.83
K4 500m	Kalashnokova/Golubeva/?/?	URS	1.37.97	19.06.83

HOLME PIERREPONT COURSE RECORDS

Domestic

Distance	Crew	Club	Time	Date
Men				
K1 200m	J Schofield	SOR	36.19	14.04.07
K2 200m	Cox / McKeever	ORS	33.42	14.04.07
K4 200m	Clark/Vansomeran/Wynne/Roeser	ORS	32.20	16.05.98
K1 500m	I.Wynne	ROY	1.39.73	09.05.04
K2 500m	Cox / McKeever	ORS	1.31.63	07.05.06
K4 500m	Clark/Vansomeran/Wynne/Roeser	ORS	1.26.58	17.05.98
K1 1000m	T.Brabants	ELM	3.32.82	13.05.00
K2 1000m	Wycherley/Farrell	ORS	3.16.63	14.04.07
K4 1000m	Brabants/R.Darby Dowman/ Eldridge/Fowler	ORS	3.01.15	08.06.02
C1 200m	M.Lawrence	LBZ	43.34	14.04.07
C2 200m	Train/Crowther	ORS	40.96	06.06.98
C4 200m	Train/Crowther/Yurkwich/Lane	ORS	37.27	16.05.98
C1 500m	E.Jamieson	WEY	1.56.13	17.06.92
C2 500m	Train/Train	FLA	1.50.37	14.06.87
C4 500m	Lawrence/Train/Weckowski/Sikorski	LBZ/FLA	1.46.66	15.04.07
C1 1000m	E.Jamieson	WEY	4.01.54	16.07.92
C2 1000m	Train/Train	FLA	3.37.24	01.07.94
C4 1000m	Jamieson/Williams/Train/Train	GBR	3.44.80	08.07.89
Women				
K1 200m	A.Hemmings	ELM	41.31	12.05.01
K2 200m	Train/Train	ORS	38.27	13.05.00
K4 200m	Dallaway/Dresser/Thorogood/Train	ORS	36.62	02.07.95
K1 500m	T.Davey	RIC	1.55.11	16.05.99
K2 500m	Sawers / Coulson	ORS	1.48.36	04.06.06
K4 500m	Dresser/Dallaway/Troop/Thorogood	ORS	1.38.74	17.05.92
K1 1000m	T.Davey	RIC	4.02.52	15.05.99
K2 1000m	Sawers / Coulson	ORS	3.47.75	22.07.06

SPRINT RACING - PERPETUAL TROPHIES

The following Trophies are awarded annually by the Racing Committee:

Unwin Bowl

To the winner of the Senior A Men's K1 10,000 m at the National Championship Event

1981	Richard Lewis	GAI	1991	Ivan Lawler	ELM
1982	Alan Williams	ROY	1992	Ivan Lawler	ELM
1983	Alan Williams	ROY	1993	Grayson Bourne	ELM
1984	Alan Williams	ROY	1994	Grayson Bourne	ELM
1985	No event		1995	Grayson Bourne	ELM
1986	Jeremy West	ROY	1996	Ivan Lawler	ELM
1987	Grayson Bourne	ROY	1997	No event	
1988	Grayson Bourne	ROY	1998	James Block	NOT
1989	Grayson Bourne	ROY	1999	Greg Slater	LIC
1990	Graham Burns	ELM	2000	No event	

Unwin Bowl

Reassigned – Winner Men's A K1 500m at National Championship Event

2001	Timothy Brabants	ELM	2004	Edward McKeever	BOA
2002	Timothy Brabants	ELM	2005	Ian Wynne	ROY
2003	Richard Darby Dowman	ELM	2006	Edward McKeever	BOA
			2007	Edward McKeever	BOA

Farnham Cup

To the winner of the Senior A Men's K1 1000m at the National Championship Event

1981	Neil Robson	FLA	1994	Grayson Bourne	ELM
1982	Kevin Smith	WAR	1995	David Smith	ELM
1983	Kevin Smith	WAR	1996	Ivan Lawler	ELM
1984	Grayson Bourne	ROY	1997	Ross Sabberton	NOR
1985	Kevin Smith	WAR	1998	Timothy Brabants	ELM
1986	Grayson Bourne	ROY	1999	Matthew Foulger	NOT
1987	Grayson Bourne	ROY	2000	Richard Darby Dowman	ELM
1988	Ivan Lawler	ELM	2001	Timothy Brabants	ELM
1989	Grayson Bourne	ELM	2002	Timothy Brabants	ELM
1990	Grayson Bourne	ELM	2003	Richard Darby Dowman	ELM
1991	Grayson Bourne	ELM	2004	Timothy Brabants	NOT
1992	Patrick Holmes	RIC	2005	Peter Almasi	ELM
1993	Graham Burns	ELM	2006	Ben Farrell	ELM
			2007	No event	

SPRINT RACING - PERPETUAL TROPHIES

Sidney Rowe Cup

To the winner of the Senior A C1 1000 m at the National Championship Event

1979	W Reichenstein	IRV	1993	Andrew Train	FLA
1980	W Reichenstein	IRV	1994	Stephen Train	FLA
1981	Stephen Train	FLA	1995	Eric Jamieson	WEY
1982	Marcus Gohar	RIC	1996	Derek Hall	RDG
1983	Marcus Gohar	RIC	1997	Stephen Train	FLA
1984	Andrew Train	FLA	1998	Stephen Train	FLA
1985	Andrew Train	FLA	1999	Stephen Train	FLA
1986	Andrew Train	FLA	2000	Stephen Train	FLA
1987	No event		2001	Anthony Crowther	FLA
1988	No event		2002	No event	
1989	Andrew Train	FLA	2003	No event	
1990	No event		2004	No event	
1991	Andrew Train	FLA	2005	James Train	FLA
1992	Stephen Train	FLA	2006	Matthew Lawrence	LBZ
			2007	No event	

Doug Saxby Trophy

To the winner of the Senior A C1 500 m at the National Championship Event

1999	Stephen Train	FLA	2003	No event	
2000	Stephen Train	FLA	2004	No event	
2001	Karl Yurkwich	RLS	2005	Matthew Lawrence	LBZ
2002	Matthew Lawrence	LBZ	2006	Matthew Lawrence	LBZ
			2007	Matthew Lawrence	LBZ

Adjutants Cup

To the winner of the Under 18 C1 500m at the National Championship Event

1981	Andrew Train	FLA	1992	Thomas Love	RLS
1982	Michael Train	FLA	1993	Jonathon Love	RLS
1983	Warren Ashman	FLA	1994	Karl Yurkwich	RLS
1984	Miles Broadbent	FLA	1995	Karl Yurkwich	RLS
1985	Jonathan Summers	EXE	1996	Jonathon Love	RLS
1986	Paul Parker	WYR	1997	Toby Shipway	LBZ
1987	Mark Parsloe	FLA	1998	Matthew Lawrence	LBZ
1988	Mark Parsloe	FLA	1999	Toby Shipway	LBZ
1989	Alex Martin	FLA	2000	Matthew Lawrence	LBZ
1990	Alex Martin	FLA	2001	Lee Watson	RLS
1991	Thomas Love	RLS			

Adjutants Cup

Reassigned – Junior Paddler with best C1 performance at National Championship Event

2002	James Train	FLA	2005	Gareth Hunt	FLA
2003	Simon Avery	FLA	2006	James Styan	FLA
2004	James Train	FLA	2007	Iain Weir	BAN

SPRINT RACING - PERPETUAL TROPHIES

Femina Trophy

To the most meritorious performance by a lady Senior A at the National Championship Regatta

1981	Sue Hornby	WES	1992	Alison Thorogood	NEW
1982	Lesley Smither	LEA	1993	Andrea Dallaway	ELM
1983	Lesley Smither	LEA	1994	Hilary Dresser	RIC
1984	Debbie Watson	LBZ	1995	Becky Train	FLA
1985	Susie Perrett	RPL	1996	Alison Thorogood	NEW
1986	Susie Perrett	RPL	1997	Tricia Davey	RIC
1987	Angela Dawson	ADL	1998	Becky Train	FLA
1988	Susie Perrett	RPL	1999	Alison Thorogood	LEA
1989	Sandra Troop	NOT	2000	Abigail Cattle	RDG
1990	Hilary Dresser	ROY	2001	Rebecca Hunter	ROY
1991	Andrea Dallaway	ELM	2002-		
			2007	No event	

Bruce Lucas Trophy

To the winner of the Women's A K1 6000m at the National Championship Event

1984	Anne Plant	LIC	1992	Alison Thorogood	NEW
1985	Anne Plant	LIC	1993	Andrea Dallaway	ELM
1986	Susie Perrett	RPL	1994	Andrea Dallaway	ELM
1987	Susie Perrett	RPL	1995	Alison Thorogood	NEW
1988	Susie Perrett	RPL	1996	Anna Hemmings	ELM
1989	Susie Perrett	RPL	1997-		
1990	Hilary Dresser	ROY	2000	No event	
1991	Andrea Dallaway	ELM	2001	Anna Hemmings	ELM

Bruce Lucas Trophy

Reassigned – Winner of Women's A K1 500m at the National Championship Event

2002	Beth Campbell	NOT	2005	Abigail Coulson	RDG
2003	No event		2006	Abigail Coulson	RDG
2004	No event		2007	Abigail Coulson	RDG

Lee & Joan Davies Memorial Trophy

For the best Women's B performance at the National Championship Regatta

1998	Kerry Watts	NOR	2003	Beth Campbell	NOT
1999	Laura Blair	LEA	2004	Joanne Bates	ELM
2000	Elizabeth Homes	CHE	2005	Anna Hemmings	ELM
2001	Jackie Eastwood	RIC	2006	Hayleigh Mason	NOT
2002	Beth Campbell	NOT	2007	Hayleigh Mason	NOT

SPRINT RACING - PERPETUAL TROPHIES

The Dennis Smith Trophy

To the winner of the Girls A K1 500m at the National Championship Event

1990	Tricia Davey	RIC	1999	Abigail Cattle	RDG
1991	Helen Gilby	ELM	2000	Jenny Spencer	HER
1992	Sue Bennett	FLA	2001	Rosalind Bates	ELM
1993	Emily Ormerod	RIC	2002	Zara Dale	ELM
1994	Lucy Hardy	FLA	2003	Shuna Braithwaite	SDS
1995	Rachel Train	FLA	2004	Tara Nutt	ELM
1996	Sarah Griffith	FLA	2005	Louisa Sawers	ELM
1997	Jenny Lumb	LBZ	2006	Claire Spencer	HER
1998	Elaine Appleby	LBZ	2007	Jessica Walker	ROY

Rhodes Trophy

To the winner of the Under 18 K1 500m at the National Championship Event

1981	Nicholas Gregory	WAR	1994	Andrew Morgan	FLA
1982	Michael Smith	SHE	1995	Daniel Greaves	LEA
1983	Toby Mundy	TON	1996	Phillip Murphy	GAI
1984	Steven Adams	ROY	1997	Damian Chapman	NOT
1985	Mark Adams	ARM	1998	Craig Watt	ELM
1986	James Butler	NOT	1999	Owen Peake	BOA
1987	Ian Livesey	EXE	2000	Andrew Kelly	ELM
1988	Chris Dorrell	TON	2001	Simon Fennemore	WEY
1989	Simon Ricketts	ANK	2002	Liam Heath	WEY
1990	Paul Slater	LIC	2003	Edward Cox	WEY
1991	Paul Slater	LIC	2004	Ben Brown	ELM
1992	Paul Slater	LIC	2005	Matthew Guy	LBZ
1993	Stephen Tingay	LBZ	2006	Robert Beer	ELM
			2007	Tom Hide	ADS

Jones Cup

To the Junior Racing Canoeist of the Year, as voted by the members of the Junior Olympic Racing Squad

1981	Nicholas Gregory	WAR	1994	Timothy Brabants	ELM
1982	David Battershell	WEY	1995	Paul Darby Dowman	ELM
1983	Gregory Slater	LIC	1996	Daniel Golder	BAN
1984	Susie Perrett	RLP	1997	Abigail Cattle	RDG
1985	Gary Quittenton	LIN	1998	Richard Darby Dowman	ELM
1986	Andrea Dallaway	LIC	1999	Richard Darby Dowman	ELM
1987	Paul Enoch	NOT	2000	Richard Darby Dowman	ELM
1988	Jason Wilson	ANK	2001	Jenny Spencer	HER
1989	Simon Ricketts	ANK	2002	Liam Heath	WEY
1990	Tony Richardson	ROY	2003	Edward Cox	WEY
1991	Tricia Davey	RIC	2004	Paul Wycherley	WEY
1992	Anthony Crowther	FLA	2005	Allen Spencer	HER
1993	Stuart Crowther	FLA	2006	Rachel Cawthorn	WEY
			2007	Tom Hide	ADS

SPRINT RACING - PERPETUAL TROPHIES

Dexter Trophy

For the best Senior B performance at the National Championship Regatta

1981	Richard Lucas	GAI	1994	Paul Evans	HER
1982	Russell Jones	FLA	1995	Matthew Enoch	NOT
1983	Roland Lucas	RIC	1996	Gary Shaw	ELM
1984	Peter Evans	LIN	1997	Paul Enoch	NOT
1985	Paul Gadd	RIC	1998	Malcolm Starkey	FOX
1986	Trevor Melham	ROY	1999	David Coulson	RDG
1987	Peter Maycock	EXE	2000	David Duff	RAF
1988	Simon Horsley	NBY	2001	Stuart West	WOR
1989	Gavin Turrell	RIC	2002	Stuart West	WOR
1990	Brian Saunt	ADL	2003	Mark Hoile	ROY
1991	Roger Masters	ROY	2004	Paul Prestwood	GAI
1992	Chris Dorrell	TON	2005	Jonathon Schofield	SOR
1993	Ed Shaw	ROY	2006	Jonathan Simmons	WEY
			2007	Joe Surrage	BSF

The James Cup

To the winning crew of the Under 18 K4 6000m at the National Championship Event

1981	Evans/Brevitt	LIN/LIC	1987	Barnett/Unsted	ELM/GAI
	Slater/Morley	STA		Farnham/Taylor	
1983	Piercey/McLachlan	RLP/RLS	1988	Lodge/Hutton	EXE/ANK
	Rainsford/Bradley			Richardson/Wynne	ROY/TON
1984	Adams/Bibby	ROY/MER	1990	Slater/Bradbury	LIC
	Burns/Miller	ELM		Yates/Ilson	ADL/WOR
1985	Crawford/Adams	GAI/ARM	1991	Richardson/Wynne	ROY/TON
	Rust/Topham	LBZ/WAR		Slater/Jenson	LIC/RIC
1986	Gibbins/Livsey	EXE/RLP	1992	Jenson/Slater	ORS
	Boxshall/Elliott			Sargeant/Smith	

The James Cup

Reassigned – Winning crew of the Veteran K4 at the National Championship Event

2001	Davies/Hawthorn	WOR	2004	Adams/Martin/	BSF
	Parker/Grandy			England/Hall	
2002	Davies/Hawthorn	WOR	2005	Adams/Martin	BSF
	Parker/Saunders			Terry/Jordan	LBZ/MAI
2003	Grimwood/Oliver	LIN/RUN	2006	Illidge/Marnell	RUN/CHE
	Oliver/Brookes			Brookes/Swallow	
			2007	Littlewood/Mason	NOT
				Nadal/Bagshaw	

SPRINT RACING - PERPETUAL TROPHIES

The Boulogne Cup

To the winning crew of the Women's A K4 500m at the National Championship Event

1981	Perrett/Hornby	RLP/WES	1991	Dallaway/Davey	ORS
	Perrett/Crawley	NEW		Troop/Thorogood	
1982	Perrett/Smither	RLP/LEA	1992	Dallaway/Davey	ORS
	Craske/Crawley	FLA/NEW		Thorogood/Troop	
1983	Smither/Parker	LEA/NOT	1993	Dresser/Gilby	ORS
	Craske/Crawley	FLA/NEW		Dallaway/Bennett	
1984	Smither/Lawler	LEA/ELM	1994	Thorogood/Green	ORS
	Perrett/Watson	LIC		Hemmings/Gilby	
1985	Plant/Clough	RLP/LIN	1995	Hardy/Cheyne	ORS
	Perrett/Troop			Train/McGee	
1986	Lawler/Perrett	ELM/RLP	1996	Gilby/Hemmings	ELM/WEY
	Crawley/Plant			Hynds/Burns	
1987	Thorogood/Lawler	NEW/ELM	1997	Cattle/Jones	ORS
	Dawson/Eastwood	ROY/ELM		Bale/Hannon	
1988	No event		1998	Davey/Train	RIC/FLA
1989	No event			Gilby/Thorogood	ELM/LEA
1990	Dresser/Dallaway	ELM	1999	Train/Campbell	ORS
	Lawler/Barry			Bapty/Thorogood	
			2007	Braithwaite/Hawkey	ORS
				Sawers/Cawthorn	

MacGregor Paddle

For the winning club at the Inter-Club Championship Regatta

1977	Fladbury Paddle Club	1994	Fladbury Paddle Club
1978	Fladbury Paddle Club	1995	Wey Kayak Club
1979	Fladbury Paddle Club	1996	Wey Kayak Club
1980	Fladbury Paddle Club	1997	Elmbridge Canoe Club
1981	Fladbury Paddle Club	1998	Elmbridge & Wey – Joint
1982	Fladbury Paddle Club		Winners
1983	Richmond Canoe Club	1999	Richmond Canoe Club
1984	Richmond Canoe Club	2000	Elmbridge Canoe Club
1985	Fladbury & Lincoln – Joint Winners	2001	Elmbridge Canoe Club
1986	Fladbury Paddle Club	2002	Elmbridge Canoe Club
1987	Richmond Canoe Club	2003	Elmbridge Canoe Club
1988	Lincoln Canoe Club	2004	Leighton Buzzard C.C.
1989	Richmond Canoe Club	2005	Elmbridge Canoe Club
1990	Richmond Canoe Club	2006	Wey Kayak Club
1991	Elmbridge Canoe Club	2007	Leighton Buzzard Canoe Club
1992	Fladbury Paddle Club		
1993	Richmond Canoe Club		

WORLD CLASS DIRECTORATE

‘To be the No.1 Canoeing nation with strength and depth at all levels’

Review 2007

Targets

The targets and achievements for the year are as follows:

	Target	Achieved
Senior World Championships	1 medal 1 x top 8 place	2 medals 8 finals (3 Olympic distance)
Senior European Championships	1 medal 1 x top 8 place	2 medals 7 finals (4 Olympic distance)
U23 European Championships	1 x Medal 4 finals	1 medal 5 finals
Junior World Championships	2 x finals	4 x finals
Junior European Championships	2 finals	3 medals 6 finals

Senior Team

The outstanding athlete of the year was, without doubt, Tim Brabants. Tim raced both K1 distances (500m & 1000m) throughout the season, medalling in each World Cup event. In May he became European Champion over the 500m distance and took silver in his trademark 1000m event. The World Championships at Duisburg were probably his finest hour. He became World Champion over the 1000m after an enthralling race with Adam Van Koeverden (Can) and was just pipped to silver by the same athlete over the 500m distance. Fantastic racing, fantastic season.

Other performances of note over the Olympic distances at the World Championships include Ben Brown and Jon Schofield, who in their first year in a K2 partnership, made the final in the K2 500m at the SWC. It was the most successful year for British Canoeing at the World Championships in winning 2 medals and making 8 ‘A’ finals.

At the Senior European Championships, Abi Coulson and Lucy Wainwright were 8th in WK2 500m and Anna Hemmings 9th in K1 500m. Anna went on to retain her Marathon World Champion title for the 6th time, later in the season.

U23s

Great Britain contended the U23 European Championships in Belgrade. Ben Brown and Jon Schofield continued their excellent season to take bronze in the K2 500m; while the K2 of Louisa Sawers and Rachel Cawthorn finished in 4th place in the K2 1000m as did the women's K4 over the 500m distance.

In January 2007, an 18-19 year old team represented Great Britain in the Australian Youth Olympics in Sydney. The team of 6 athletes won 5 medals including gold for Andy Daniels and Stuart Hastings in K2 1000m and 3 silver medals for Rachel Cawthorn.

Juniors

The junior team had 2 major events this year – World Championships and European Championships. Combined, these events brought the best GB team results in over 20 years.

Junior athlete of the season was Jess Walker who was 4th at the JWC in Racice and became Junior European Champion in WK1 500m in Belgrade, in September. She then went on to win silver in the K2 1000m with Amoret King. Congratulations too, to Kristian Reeves who took Bronze in the MK1 500m.

Great potential for the future of GB canoeing

Fast track programme

In conjunction with UK Sport the BCU World Class programmes ran 2012 Talent Identification and Transfer programmes for the classes of canoe and women's kayak.

As an outcome of this 4 women were identified who are now training with the women's group in Nottingham.

6 male athletes were identified with potential to develop in the canoe class. These athletes have relocated to Nottingham and are training with the canoe squad. It is anticipated that within 2 competition seasons they will have made World Class Programme matrix standards.

2008 Targets

Olympic Games	1 gold medal
European Championships:	1 medal; 2 finals;
U23 European Championships:	2 medals; 4 finals
Junior European Championships:	2 medals; 5 finals

Our Strategy for 2008

Our focus for the 2008 season at senior level is undoubtedly the Olympic Games. As at 1 January 2008, GB Canoeing has qualified 1 athlete for Beijing. It is our target to qualify 6 more athlete places at the second round qualification opportunity at the Senior European Championships in Milan, Italy 15-18 May 2008.

Our aim for the World Class Development programmes is to win medals at the U23/ Junior European Championships and to identify and prepare athletes for the Podium Programme.

Training and Competition

For the incoming season, we will continue to commit to supporting a 2 centre system, with coaches based at Nottingham and West Thames. The canoe athletes will continue to use Nottingham as their principle training venue and develop the 'Canoe Academy' along with part of the senior women's squad.

The West Thames area.

The BCU World Class Directorate now has offices at Bisham Abbey near Marlow and Dianne Ward is the office administrator. Any member of racing staffing can be contacted through Dianne.

Bisham Abbey is a High Performance Centre, with full EIS support on site. The number of programme athletes using the facility is growing and it is anticipated that all World Class senior kayak racing athletes will be expected to be within a 10 – 15 minute commute from the area, from September 2008 onwards.

ATHLETES ON PROGRAMMES**Olympic Podium Programme -**

The Sprint athletes recommended to UK Sport for programme as at 1 January 2008 are:

MEN

Tim Brabants
Ben Brown
Ed Cox
Ed McKeever
Jon Schofield

WOMEN

Anna Hemmings
Abi Coulson
Lucy Wainwright

Olympic Senior Development Programme

The Sprint athletes on the Olympic Senior Development Programme as at 1 January 2008 are:

Men

Rob Beer
Jon Boyton
Tom Daniels
Andy Daniels
Ben Farrell
Ben Haynes
Matt Lawrence
Kristian Reeves
James Train
Paul Wycherley

Women

Shuna Braithwaite
Rachel Cawthorn
Jenna Hawkey
Hayleigh Mason
Tara Nutt
Louisa Sawers
Claire Spencer

Olympic Junior Development Programme

The Sprint athletes on the Olympic Junior Development Programme as at 1 January 2008 are

Men

Nathan Ede
Tom Hide
Ben Parfitt
Edward Rutherford
Dean Terry

Women

Abigail Edmonds
Amoret King
Jessica Walker

Staffing

Management

John Anderson is the Performance Director and has full responsibility for the BCU World Class programmes.

Alan Williams is the National Performance Manager. Alan leads the development of the racing selection policy and is Chairman of the International Panel (Selection Committee). He has full responsibility for the senior squad logistics and management of the senior team when abroad at international events.

Anne Ferguson has responsibility for the World Class Development Programmes. This includes developing the West Thames Academy at Bisham, the Fast Track Projects and leading the U23/ Junior teams at international events.

Coaching

Key coaching personnel are as follows:

SENIOR MENS KAYAK

Shaun Caven – based at Bisham, is head coach for the senior men's kayak class.

Steve Harris – based at Bisham is a senior men's kayak coach and, in conjunction with Shaun, works with senior men's kayak athletes. Steve is also included within the UK Sport Elite Coach programme.

SENIOR WOMENS KAYAK

Brendan Purcell – based at NWSC is Head coach of the senior women's squad

Trevor Hunter – based in the W Thames area, is senior women's coach and will be working with Brendan to support the programme athletes.

Mark Hoile- based in Nottingham. Coach to the Senior Women's Fast Track programme

Miklos Simon – based in the West Thames area, providing coaching to senior/ junior women's kayaks

CANOE

Steve Train –based in Nottingham, is Head Coach of the Canoe class

Alex Nikonorov – based in Nottingham. Coach to the Canoe Fast Track Academy Programme

JUNIOR SECTION

David Coulson – National Junior Coach, has the responsibility for delivering the junior racing programme on a year by year basis.

Peter Almasi – Junior Men's Kayak Coach is currently supporting junior programme athletes in the Teddington/ Kingston area

Claudine Le Roux – Development Programmes Coach, will be focusing on delivering support to the junior racing programme

Useful contacts:

World Class Office	The Elms, NWSC, Adbolton Lane,	Tel: 0115 9822094
Nottingham	Nottingham NG12 2 LU	
World Class Office	Bisham Abbey, nr Marlow, Bucks	
Bisham (W Thames)		

Anne Ferguson	Academy Manager	Tel: 01628 486619
Dianne Ward	Academy Admin Manager	
Alan Williams	National Performance Manager	Tel: 0208 398 3818
Shaun Caven	Head Coach – Senior Men's kayak (Bisham)	Tel: 01628 486619
Steve Harris	Senior Men's Kayak Coach	Tel: 01628 486619
Brendan Purcell	Nottingham Performance Centre Coach/	Tel: 0115 9822094
	Senior Women's Squad Coach	
Trevor Hunter	London Performance Centre Coach	Tel: 07903 419633
Steve Train	Senior Canoe Coach	Tel: 0115 9822094
Alex Nikonorov	Canoe Academy Coach	Tel: 0115 9822094
Mark Hoile	Senior Women's Fast Track Coach	Tel: 0115 9822094
David Coulson	National Junior Coach	Tel 07813 125007
David Enoch	Junior / U23 Logistics Manager	Tel: 0115 9821573

**British Canoe Union World Class Olympic Podium Programme
Athlete Personal Award Recommendations & Eligibility Criteria 2008/9**

Subsistence Level	Standard	Qualification Criteria	Comments
A	Medallist Top 3	Canoe Slalom and Sprint Racing Olympic Games	(Olympic Events only) Continuity of support guarantee 2 years
B	Top 8 Placing	Canoe Slalom and Sprint Racing Olympic Games	(Olympic Events only)
	Medallist Top 3	Canoe Slalom and Sprint Racing Senior European Championships	Olympic Year Only (Olympic events only)
C	Compete for Team GB in Beijing Olympic Games	Canoe Slalom and Sprint Racing Olympic Games	All Team GB canoeing athletes that are selected for & compete at the 2008 Olympic Games in Beijing will automatically be considered for the Podium Programme for 2009
	Top 12 Placing	Canoe Slalom & Sprint Racing Senior European Championships	(Olympic Events only)
	Medallist Top 3	Canoe Slalom and Sprint Racing Under 23 European Championships	(Olympic Events only)

Notes:

1. This 'Matrix' will be used to identify athletes that **'may be considered for inclusion'** on the UK Sport Performance Programme.
2. To be considered for inclusion on the OPP athletes must as a minimum achieve the above performance criteria. However, although these criteria should be seen as a pre-requisite for inclusion in the WCPP, it does not necessarily guarantee inclusion.
3. Special circumstances may be considered in terms of athletes who had been included the previous year, based on results, but were unable to compete (e.g. injury).
4. The reason for inclusion of any athlete in the WCPP is that the athlete is deemed to have a strong and realistic chance of winning medals at Olympic and/or World Championships over the next four years.
5. Athletes considered for inclusion on the WCPP, using these criteria, will then be profiled using the BCU Performance ranking system and a final decision will be taken on their inclusion, at the discretion of the Performance Director, up to a quota agreed by UK Sport.

Principles and Criteria for inclusion onto the Olympic Development Programmes 2007/8

The Olympic Development Programmes consist of athletes who are typically 17-23 and at a level to represent GBR at World/European Championship level. Athletes included are expected to have a profile for the 2012 Olympic Games and beyond.

The number of athletes included within the programme at any one time is dependent upon the finance and resources allocated by UK Sport. A maximum of 52 athletes can be included at any one time, subject to achieving the performance standards required.

Sprint Racing results remain the priority selection criteria.

Criteria for Inclusion

The main ways of inclusion onto the Development squad are:

1. Selection for and performance at the Senior European Championships 2008
2. Selection for and performance at the European U23 Championships in 2008
3. Selection for and performance at the Junior European Championships in 2008
4. Performance at the Olympic Hopes regatta in 2008

An athlete matching the profile as above, will automatically be considered for a place on the programme typically based on the following race positions

Achievement (Olympic Events Only)	Band
Senior winning medal in European U23 Championships/ World Cup event	D
Senior (U25) making Top 12 in Senior European Championships	
Junior winning individual or crew boat medal in European Championships	E
Senior (U25) making Top 15 in Senior European Championships	
Senior making top 10 in Euro U23 Championships	F
Junior Making top 10 in Junior European Championships	
Junior or senior not achieving matrix award but identified with a 2012 /2016 profile	G

Please note: Achieving one of the above results will not necessarily guarantee the programme banding shown. Strength of class will be taken into consideration. Other factors considered will be age and rate of progress.

As well as achieving the above placing, senior development athletes would be expected to be

< 8 secs behind winner (1000m) and <5 secs behind winner (500m) subject to strength of field and size of entry.

For juniors, as well as achieving the above placing, they would be expected to be < 10 secs behind the winner (1000m) and <5 secs behind winner (500m).

For all other athletes not achieving a matrix result, they will be considered in an end of year review. This will take into account:

- a) All sprint international results and positions in finals
- b) Age
- c) Strength of class
- d) Rate of Development

All athletes will be ranked according to results when deciding the athletes to be invited onto programme.

NOTE: Attitude and Commitment

Any athlete to be included MUST demonstrate the appropriate attitude towards training and the programme and be fully committed to training to the level required. Athletes are reminded that inclusion on the programme or GB team is subject to:

- Athletes being a CURRENT BCU member
- Acceptance of the Athlete Agreement and conditions
- Funding Resources

Further information for developing juniors

Athletes are generally expected to have achieved the following minimum levels to be considered for the junior squads.

JUNIOR MEN				
Event / Age	15	16	17	18
World / European Championships			Top 18	Top 12
Domestic	Boys A	Boys A top 10	Boys A top 6	Mens A
500m	1.58	1.54	1.48	1.46
1000m	4.08	3.58	3.52	3.48
Marathon	Division 2/3	Mid Division 2	Top 25% Division 2	Top 5 Division 2
Junior Development Squad			Junior Elite Squad	

JUNIOR WOMEN / CANOE				
Event / Age	15	16	17	18
World / European Championships			Top 15	Top 10
Domestic	Girls B top 6	Girls A top 8	Girls A top 4	Womens A
500m	2.15	2.08	2.04	2.00
1000m	4.40	4.30	4.20	4.15
Marathon	Mid Division 5	Top Division 5	Division 4	Top 25% Division 4
Junior Development Squad			Junior Elite Squad	

Selection Policy: (International Panel) Dated 20.11.2007**1. General Notes on Selection**

As an outdoor sport that can be affected by weather conditions and lane draws, it will be necessary to operate a policy of continuous assessment within an agreed and published framework. Athletes achieving satisfactory results at National events can be considered for selection to GBR teams (See Note on page C21, Additional points and table)

2. Eligibility for Selection

Any athlete wishing to be considered for selection must be a member of the BCU. They must complete the BCU Sprint Racing availability form and sign the appropriate athletes' Agreement. Athletes hoping to be considered for Olympic Qualifying competitions and the Olympic Games must hold a GB passport. These forms are available from the BCU Performance Office.

3. International Panel (Selection Committee)

The SRC will be responsible for making recommendations to the BCU Board for the appointment of suitably qualified members to work on the international panel for Sprint Racing. The final authority for appointing international panels rests with the BCU Board. However for the purpose of management control the panel will report to the Sprint Racing Committee. The international panel will be responsible for proposing and agreeing the selection policy on an annual basis, and for selecting international teams.

Members of the international panel will be selected on the basis of experience and competency. They will have first hand experience of the sport at national and international level. There is no requirement for international teams to be ratified by the discipline committee but they will be informed of nominations for major internationals and given the opportunity to discuss any concerns prior to the team being published.

There will be 4 core members of the international Panel, for the 2008 season the nominations are:

- John Anderson: BCU Performance Director.
- Roland Lawler: SRC Committee Appointee
- Alan Williams: BCU Performance Manager (Chairman)
- Shaun Caven: BCU National Coach
- Peter Moule: SRC Chairman (Observer role for 2008)

Additional Panel Members:

National coaches: A maximum of 4 coaches may be nominated to assist with the selection of senior and junior teams. These members will have voting rights related to the class or age group they work with.

4. Competition Programme

The National Performance Manager for Sprint Racing in conjunction with the National Coaches will prepare a draft training and competition programme for Senior and Junior teams. These programmes will be submitted for approval by the BCU Performance Director and the Sprint Racing Committee. This Programme will be published in the Sprint Racing yearbook.

5. Teams for Major Internationals

Teams for all major international events, World Cups, World and European Championships must comply with the rules of the International Canoe Federation and the European Canoe Association. Entry to these events is restricted to National Governing bodies affiliated to the ICF and the ECA. Restrictions apply to the number of entries each country may place.

6. Improvement

The international Panel will take account of improvement through the season. But this does not mean that the winner of the last competition is automatically selected.

7. Teams for Minor Internationals

The International Panel may nominate a panel of up to four coaches to select teams for minor internationals or development events. Minor teams selected by nominated coaches will be ratified by the chairman of the international panel.

8. Special Rules for Olympic Games

Entry to the Olympic Games is subject to qualification rules as agreed between the International Canoe Federation and the IOC. The International Panel as defined at 10.2 will select a G.B. Olympic Canoe and Kayak Sprint Racing Team. This team will be submitted to the British Olympic Association for approval. (See Additional Notes on Olympic Qualification)

9. Selection and De selection

The BCU reserves the right to deselect an athlete who has lost form, or is suffering from illness or injury. In this instance the International Panel will call on the BCU medical officer or another appointee to conduct a fitness trial or test to determine their fitness to participate. In the case of loss of form this would be a water based test over race distance against other GBR athletes who are eligible for selection. The test will be appropriate to conditions and the Class.

Following the fitness test the person appointed to conduct the test will supply the International Panel with the results of the test. If the athlete has passed the test they will remain in the GBR Team. If the athlete fails the test the Panel may nominate another athlete as a replacement.

The BCU has the right to deselect an athlete who has been found guilty of a disciplinary offence under the BCU Rules. This obviously would include offences concerning doping control regulations.

10. Funding

Team selections are subject to available finance which means that funding can influence the size and number of athletes selected for international teams. Athletes who are not on World Class Programmes may be asked to contribute an amount determined by the National Performance Manager and approved by the BCU Sprint Racing Committee. These contributions will only be used to support the International Competition Programme. The BCU Sprint Racing Committee may, subject to available funding, support athletes who are not yet funded through World Class Programmes.

11. World Class Programmes

These Programmes can only support athletes who have been nominated and accepted as part of the World Class Programmes. The criteria for recommending and approving athletes for World Class Programmes will be published in the Racing Handbook.

12. The Aims of the Selection Policy

- a. To select the best possible teams for major competitions.
- b. Notwithstanding the above, the panel will also give careful consideration to develop all athletes within the B.C.U World Class Programme. The panel may restrict the number of events that crews can compete in if this is considered to be in the best interest of the overall GB Team
- c. To employ an open and fair selection process that allows athletes to challenge for selection.
- d. To ensure that this process does not unduly affect the preparation of established athletes preparing for major competitions.

13. Crew Boats

The national coaches are responsible for the formation of crew boats. They will work throughout the year to form the best possible crews. When forming crew boats the coaches will give consideration to the following:
Compatibility, Availability, Commitment, and Individual Performance.

End of selection Policy**Additional Notes published as a guide to assist Athletes and Coaches:****Continuous assessment process: (Note from point 1. 'Satisfactory results')**

Senior Teams will be selected on proven ability. We will send teams of an appropriate level to international events. Appropriate level means athletes should be able to racing competitively.

The times below were achieved at the 2007 World Championships. The guide adds 3 seconds for 200m events, 5 seconds for 500 metre events and 8 seconds for 1000 metre events. Senior athletes achieving these times could expect to reach semi finals at major international competitions and would normally be considered for selection.

- The fastest 2007 world championship times are shown in brackets.
- Some times were unusually fast or slow. This is indicated by the word fast or slow after the time in brackets. These times have been adjusted.

plus 3 secs			plus 5 secs			plus 8 secs		
K1	200	38.50 (35.25)	K1	500	1.42 (1.36)	K1	1000	3.40 (3.40)slow
K2	200	35.50 (32.25)	K2	500	1.33 (1.27)	K2	1000	3.18 (3.24)slow
K4	200	33.50 (30.71)	K4	500	1.25 (1.20)	K4	1000	3.00 (3.04)slow
C1	200	43.50 (40.32)	C1	500	1.52 (1.47)	C1	1000	4.08 (4.08)slow
C2	200	41.00 (36.91)	C2	500	1.46 (1.40)fast	C2	1000	3.54 (3.46)slow
C4	200	37.00 (34.29)	C4	500	1.36 (1.31)	C4	1000	3.30 (3.23)slow
LK1	200	43.50 (40.83)	LK1	500	1.55 (1.48)fast	LK1	1000	4.08 (4.06)slow
LK2	200	41.00 (37.33)	LK2	500	1.47 (1.40)fast	LK2	1000	3.45 (3.45)slow
LK4	200	38.00 (35.45)	LK4	500	1.40 (1.37)slow	LK4	1000	3.25 (3.13)fast

The international panel recognises that some of the younger U23 athletes may not be able to achieve these target times. It is recognised that U23 athletes could be between 1% and 3% slower than the published guide time. The priority for U23 athletes with results below the guide time will be the U23 European Championship.

The international panel may vary selection dates if unforeseen circumstances disrupt the selection timetable. If this becomes necessary every effort will be made to inform athletes as soon as possible. Athletes and coaches should be aware that the ICF and the countries organising international competition may also make changes that could affect the competition programme.

Additional information concerning crew boats will be available from the senior national coaches. The following coaches are responsible for the formation of crews.

Shaun Caven	Senior Men	Brendan Purcell	Senior Women
Steve Train	Canoes	David Coulson	Juniors Teams

Development Competitions:

The B.C.U Performance Programme will nominate some events as development competitions. For these internationals the Panel would consider other factors such as age and geographical location etc before selecting these teams. Entries may be based on future potential rather than actual results.

Any Athlete wishing to be considered for selection to an international team should read the selection policy in detail. This policy will be published in the Flat Water Racing Handbook and be accompanied with a timetable of assessment events and supplementary information concerning the development of crew boats.

Appeals:

At present the only grounds for appeal are that the International panel did not adhere to the agreed format and time table for selecting teams. The B.C.U Appeals Policy was approved by the B.C.U Board in 2005. Copies of this policy can be obtained from the B.C.U Performance Office.

Supplementary information: Olympic Qualification.

Olympic Selection:

In addition to the points made in 8., there are additional rules concerning the Qualification of places at the Olympic Games. These are covered under three main headings:

1 Olympic Qualification:

This is a process proposed by the International Governing body (I.C.F) and agreed by the IOC. Qualification of an athlete place does not mean that an athlete is selected for the Olympic Games. This is subject to the results of nominated competitions (shown on the following page) and the agreement of the International panel. The Olympic qualification system is complex! Interested parties are advised to check the I.C.F Web site for more information.

2 Eligibility:

To be eligible for selection the athlete must hold a full GB passport at the time of the Olympic Qualifying competitions in 2007 & 2008. They can then be nominated by

their National Governing body and if accepted by the National Olympic Committee (B.O.A) a Delegate Registration Form (D.R.M) will be sent to the Olympic Games Organising Committee. Only athletes who have been approved by the BOA can be nominated as athletes for Beijing. They must have no current or past doping offences (As recognised by the World Anti Doping Agency) that bar them from entry to the Olympic Games.

3 Selection and De selection:

The selection process for the Olympic Games in Beijing will be based on international results in 2007 and 2008. The timetable and specific events will be published in the Racing Handbook.

The BCU reserves the right to deselect an athlete who has lost form, or is suffering from illness or injury. In this instance the Performance Director will call on the BCU medical officer or another appointee to conduct a fitness trial or test to determine fitness to participate. In the case of loss of form this would be a water based test over race distance against other GBR athletes who are eligible for selection. The test will be appropriate to conditions and the class.

Following the fitness test the person appointed to conduct the test will supply the International Panel with the results of the test. If the athlete has passed the test they will remain in the GBR Olympic Team. If the athlete fails the test the Panel may nominate another athlete from the Olympic long list as a replacement.

The BCU has the right to deselect an athlete who has been found guilty of a disciplinary offence under the BCU Rules. This obviously would include offences concerning doping control regulations.

Sprint Racing's Timetable for Assessment Competitions for the Beijing Olympic Games 2008:

The opening ceremony for the Olympic Games in Beijing starts on the 8th August 2008. The canoe racing competition take place over a six day period with the first day of competition on the 18th August and the last day of competition on the 23rd August.

The ICF qualification system is divided into two rounds. The first round (which is a global competition) was at the Senior World Championships in 2007. The second round (which is a continental round) takes place in 2008. The continental round is split into five continental groups; Great Britain is in the European pool. The European Championships will take place over the period 15th to 18th May 2008 in Milan (Italy).

Assessment Competitions for the 2008 Major Internationals:

The Assessment competitions that will be used by the international Panel when they consider GBR teams for the 2008 Major International Competitions are shown on the schedule at the end of this paper.

Assessment Competitions for 2008 European Championships are:

International results from 2007 and the results from our national regattas scheduled for April & May 2008 will be used as assessments for our 2008 European Championships team.

Any athlete qualifying a place at the World Championships in 2007 who then goes on

to win the same events at the April or May assessments will be preselected for Beijing.

Assessment Competitions for 2008 Olympic Games:

Following the second round continental qualifying competition (Milan European Championships) the international Panel will consider the best GBR team for the Olympic Games. The results that will be considered are the 2007 World & European Championships, the April and May National Regattas 2008 and the 2008 European Championships.

In considering the assessment process the International Panel have taken account of the following:

- The number and time of events that can be used in the assessment process.
- The need for paddlers to train in order to have the best possible chance of qualifying.
- Provision for paddlers to challenge for selection without compromising other athlete's preparations.
- Pre selection issues and the need for crew boat training
- The timing of events within the ICF, IOC rules.
- The timetable agreed by the BCU and the BOA.

The B.C.U will compile a long list of possible Olympic athletes for B.O.A by 1st April 2008.

On the 2nd June 2008 The I.C.F will confirm the number of athlete and boat quota places allocated to National Olympic Committees.

Following the I.C.F allocation a provisional GBR Olympic team along with nominated reserves will be selected by the International Panel for the Olympic Games in Beijing. The date for this meeting will be set between the 5th & 18th June 2008. The team will be passed to the Sprint Racing Committee for comment and to the BCU Board for approval.

The National Olympic committees must confirm the number of athletes they will enter by the 18th June 2006.

The BCU will nominate its team on the 10th June 2008. These nominations will include athletes who meet the Olympic Qualifying standards who are waiting for the International Canoe Federation to confirm their place. The final deadline for entries will be the 14th July. At which point the B.O.A must lodge GBR entries with BOCOG.

Note:

The ICF Sprint Racing calendar is a working document that could still be changed. If changes are made which render the chosen assessment competitions impractical the International Panel will confirm any changes to the assessment programme as soon as practical.

Sprint Racing Senior International Competitions 2008

Assessment - Competition and selection dates for Senior Internationals:

International Competitions	Events that will be used as assessments	Date of Selection Meeting and additional notes:
15 th – 18 th May European Championships Milan Olympic Qualification Event	2007 International Results & Results from April & May Regattas	Selection Meeting. 4 th May 2008
23 rd -25 th May Piestany Regatta (Development) 21 st -22 nd June Bochum Regatta (Development)	5 th -6 th April Nottingham Regatta 3 rd -4 th May Nottingham Regatta	Selection Meeting. 4 th May 2008
6 th – 8 th June Szeged World Cup One (Note - clashes with June Regatta)	Milan Senior Europeans Olympic Qualifying boats	Olympic Qualifying boats 18 th May 2008
18 th – 23 rd Aug Beijing Olympic Games	Senior Worlds & Europeans 2007 Results from April, May Regattas Senior European Championships 2008	Selection Meeting: 8 th June 2008
World Cup Two Duisburg 13 th – 15 th June	2008 International Results & April, May & June Regattas	Selection Meeting 8 th June 2008
World Cup Three Poznan 27 th -29 th June	2008 International Results & April, May & June Regattas	Selection Meeting 8 th June 2008
U23 European Championships Szeged 17 th – 20 th July	2008 International Results & April, May & June Regattas	Selection Meeting 8 th June 2008 We will select long list to Race World Cup 2 & 3 The U23 Team will be confirmed after World Cup 3

Athletes should be aware that in the process of continuous assessment the international panel will review results from the competitions listed in column two above. The panel will also assess athletes and crews on their improvement profile throughout the season.

Sprint Racing Junior International Competitions 2008**GBR u18 Teams**

International Competition	Events that will be used as assessments	Date of selection meeting
Bochum 20 th -22 nd June	2007 international results May Nottingham Regatta June Nottingham Regatta	Selection Meeting: 8 th June 2008
Junior European Championships Szeged 17 th -20 th July	May Nottingham Regatta June Nottingham Regatta Bochum International Regatta	Selection Meeting: 24 th June 2008

BCU Junior Development Teams

International Competition	Target Age Groups	Events that will be used as assessments	Date of selection meeting and notes*
Gent 17 th -18 th May	U15	2007 results April Nottingham Regatta May Nottingham Regatta	Selection Meeting: 4 th May 2008
Piestany 23 rd -25 th May	U17, U16	2007 results April Nottingham Regatta May Nottingham Regatta	Selection Meeting: 4 th May 2008
Bochum 20 th -22 nd June	U17, U16	2008 International results April Nottingham Regatta May Nottingham Regatta	Selection Meeting: 8 th June 2008 *squad selection following Piestany
Trasona Race Camp 2 nd -9 th Aug	U16, U15	2008 Nottingham Regattas	Selection Meeting: 8 th June 2008 * Athletes would also be expected to have competed in some marathon assessment events
Olympic Hopes 20 th -21 st Sep	U17, U16, U15	2008 international results June and July Nottingham Regattas	Selection Meeting: 6 th July 2008 * Subject to confirmation following Marathon World Champs selection

Athletes should be aware that in the process of continuous assessment the international panel will review results from the competitions listed above. In addition to results the panel will assess crews on their improvement profile through the season.

Policy on Non Programme Athletes training in WCP groups

This document sets out the principles regarding athlete inclusion in training groups, which is followed by all WCP coaches as WCP policy.

The aim of the policy is to provide a quality training and coaching environment for Programme athletes whilst supporting the development of all athletes, understanding that in some circumstances inclusion of non-programme athletes (NPAs) can improve the training environment for all.

NPAs should be members of a club and complete the majority of their training within their club environment. They may also be allowed to complete some sessions with WCP groups.

The default WCP training group of any NPA is the equivalent squad group, thus an NPA 20 year old male would typically be allowed to join WCP development men's squad sessions. Junior and senior, men's and women's squads train separately unless specifically arranged by relevant section coaches.

The inclusion of an NPA into any WCP group on a regular basis can only be made after consultation with the Section Head Coach of the group and the Section Head Coach of the NPA's default squad. NPAs would only be allowed to join WCP sessions if they are judged to fulfill one or both of the following criteria:

- 1) the NPA will add quality to the training environment
- 2) the NPA is close to a standard which would warrant inclusion on World Class Programmes in the near future and is working to that aim

NPAs training in WCP groups should be aware:

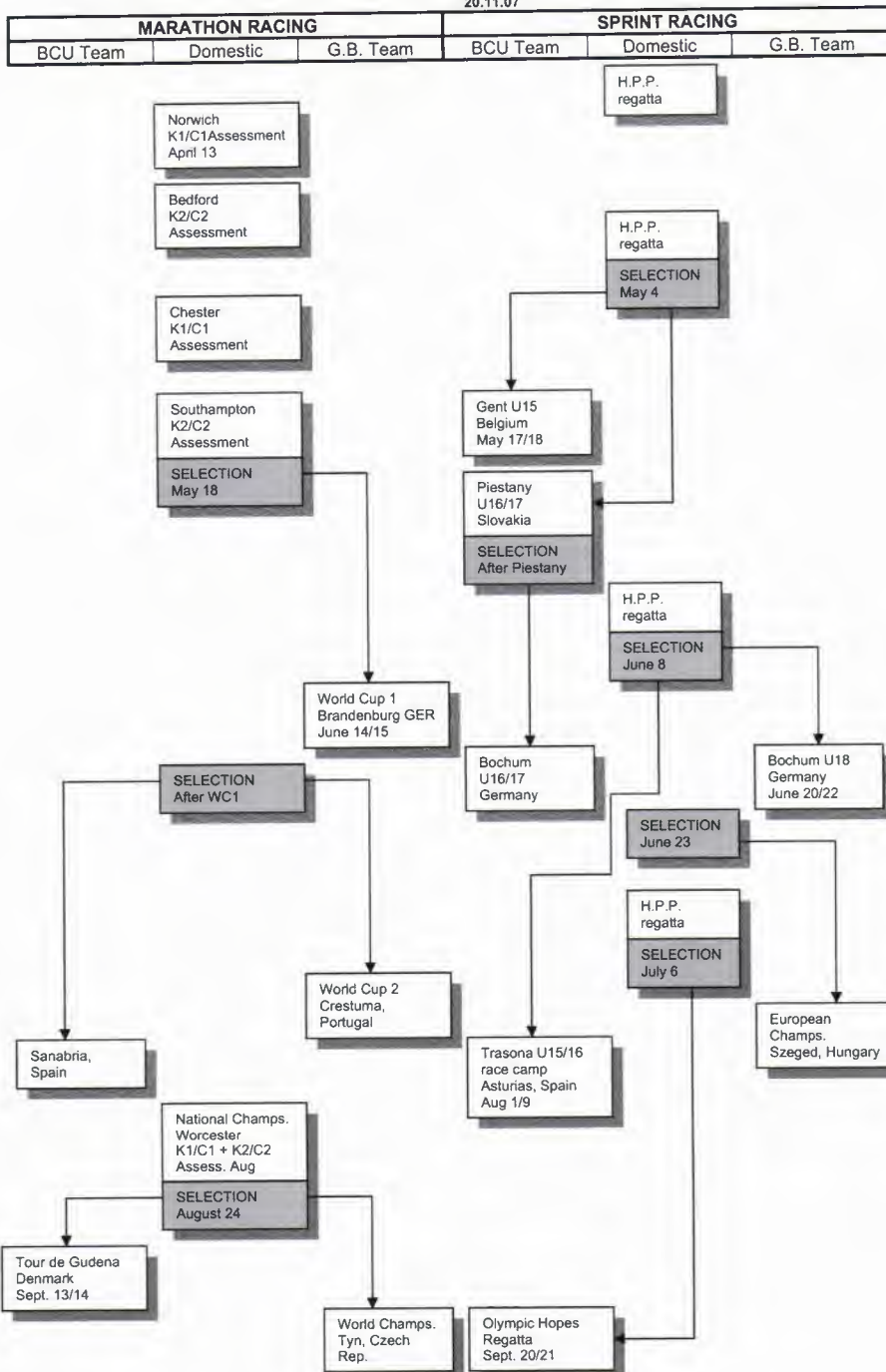
- WCP coaches will focus their attention on Programme athletes during sessions and at competition. There is no commitment to provide feedback to NPAs although this may be possible.
- WCP coaches take no responsibility for the progress or results achieved by NPAs.
- NPAs training in WCP sessions are required to adhere to the same athlete code of conduct as WCP athletes.
- NPAs can be required to leave a session or a training group at any time without WCP coaches being required to justify this request.
- NPAs will be expected to pay for all venue costs as applicable.
- NPAs have no access to any support services unless specifically arranged by the section coach. Also, some special arrangements may be made, e.g. 'EiS exit plan' or by Programme Manager.
- There is no fixed relationship between inclusion in WCP training groups and inclusion in squad crewboats.

NPAs are not included in squad foreign/domestic camps unless specifically invited by Section Head coach.

08.10.07

JUNIOR INTERNATIONALS 2008 SELECTION TIMETABLE

20.11.07



RACING STANDARDS AND COACHING

STANDARDS FOR RACING

K1/C1 times on a fast course

MARATHON			HC	1000m	500m	SPRINT
Div 1	1.033		0	3.34	1.40	<World Champion K1 Mens A Kayak
			1	3.38	1.42	
			2	3.42	1.44	
			3	3.46	1.46	
Men	1.067	P	4	3.50	1.48	
Div 2	1.083	D	5	3.54	1.50	World Champ. C1 & WK1 Mens B Kayak Boys A Kayak Womens A Canadian A
			6	3.58	1.52	
			7	4.02	1.54	
			8	4.06	1.56	
Boys	1.150	P	9	4.10	1.58	
Div 3	1.167	D	10	4.14	2.00	Mens C Kayak Boys B Kayak Canadian B Womens B & Girls A Masters A
			11	4.18	2.02	
			12	4.22	2.04	
			13	4.26	2.06	
Women	1.200		14	4.30	2.08	
		P				
Div 4	1.250	D	15	4.34	2.10	Mens D Kayak Boys C Kayak Canadian C Womens C & Girls B Masters B
			16	4.38	2.12	
			17	4.42	2.14	
			18	4.46	2.16	
Girls	1.283	P	19	4.50	2.18	
Div 5	1.333	D	20	4.54	2.20	Boys D Kayak Girls C Kayak Womens D Masters C
			21	4.58	2.22	
			22	5.02	2.24	
			23	5.06	2.26	
	1.367		24	5.10	2.28	
		P				
Div 6	1.400	D	25	5.14	2.30	Girls D Kayak
			26	5.18	2.32	
			27	5.22	2.34	
			28	5.26	2.36	
	1.417		29	5.30	2.38	
		P				
Div 7	1.450	D	30	5.34	2.40	
			31	5.38	2.42	
			32	5.42	2.44	
			33	5.46	2.46	
	1.533	P	34	5.50	2.48	
Div 8	1.567	D	35	5.54	2.50	
			36	5.58	2.52	
			37	6.02	2.54	
			38	6.06	2.56	
	1.583		39	6.10	2.58	
		P				

RACING STANDARDS AND COACHING

1. Introduction

The Racing Standards were set up to develop marathon racing, sprint racing and fast touring.

2. The Progression

Outlined below are the current **skill, racing and coaching awards** designed to support a progressive coaching & paddling scheme for clubs based on placid water using open cockpit canoes and kayaks.

2.1 Skill Development Awards for paddlers

The Star tests provide progressive levels of award for canoe and kayak. They can be used either as a basis to encourage skill development for paddlers or as an indicator of the appropriate level of skill for aspirant coaches in the instructional coaching awards.

Details of the syllabus are contained in free leaflets available from BCU Office.

2.2 Racing Awards for paddlers

The Racing Tests are designed to encourage paddlers to improve performance and recognise their progress in racing kayak and canoe. The Sprint Awards also provide a useful guide to indicate the class or division to which paddlers should enter into sprint and marathon racing.

The awards can be examined by any BCU Coach (Level 1-5) or Club Official and can be taken in any canoe or kayak

There are three types of Racing Award:

- **The Sprint (500m) Awards**

In each case the paddler must equal or beat the times below to achieve the standard.

Award	Kayak Men	Kayak Women	Canoe
Green	4.00	4.20	5.00
Blue	3.30	3.45	4.00
Bronze	3.05	3.20	3.20
Silver	2.45	3.00	3.05
Gold	2.30	2.45	2.45

Note: Time in minutes and seconds – in single canoe or kayak

Guidelines for entry into Sprint & Marathon Racing

To promote fair racing and as a guide for coaches, team leaders and paddlers, the following standards, based on the "Sprint (500m) Awards", are suggested as the entry levels into Divisional Marathons and Sprint Regattas held at the National Watersports Centre, Holme Pierrepont:

Award	Marathon			Sprint
	Kayak men	Kayak Women	Canoe	
Green	Fun/Lightning	Fun/Lightning	Fun	Lightning
Blue	Div 9	Div 9	Div 9	Lightning
Bronze	Div 8	Div 9	Div 9	Junior M & F & Veterans
Silver	Div 7	Div 8	Div 8	Senior Women & Canoes
Gold	Div 6	Div 7	Div 7	Senior Men

RACING STANDARDS AND COACHING

Note: To qualify for National Regattas, the standards must be achieved in a modern racing single canoe (in high kneeling position) or single kayak (with seat). See Team Leaders' Section for more details.

- **The Marathon, Half Marathon**

Details of the standard times are available in a free leaflet "The Placid Water Racing Awards" (CT/012/00/1).

- **The Time Trial Awards**

Details of the standard times are available in a free leaflet "The Placid Water Racing Awards" (CT/012/00/1).

For a copy of leaflet CT/012/00/1, contact BCU Head Office.

2.3 Coaching Awards

Starting in 2007 the BCU is introduced a new coaching scheme and structure. This is being phased in over a period of time, levels 1 & 2 in commenced in September 2007 and Level 3 is due to be introduced in September 2008

BCU Certificates in Coaching Paddlesport Qualifications

(With UKCC endorsement)

Paddlesports cover a very wide range of environments and a wide range of crafts. These crafts and environments tend to be grouped into "Disciplines". The BCU Coaching Pathway is structured so that coaches can access training and become qualified in any of these disciplines. This range of awards helps us to ensure that coaching excellence is available to participants in whichever discipline they feel inspired to get involved in.

The BCU UKCC Coaching Pathway is currently made up of 4 levels. These levels reflect the experience and expertise of the coach.

The Coaching Awards are generic in nature for the first two levels with discipline specific modules available for the coach wishing to specialise. At level 3 the Awards have a generic core and a discipline specific element with 'Racing Coaching' being one of the options.

The awards are geared to support those coaches introducing instructing, leading and organising activities at Clubs or Centres. The syllabi do not require the coach to have personal paddling skills and there are opportunities for the paddling and non-paddling coach all they way through the scheme

The entry point into coaching for new coaches is as a Level 1 Coach (Assistant Coach) and / or Bell Boat Helm.

Level 1 Certificate in Coaching Paddlesport is the entry point for coaches coming into the BCU Coaching Scheme. The award is relevant to potential coaches from all Paddlesport disciplines including coaches who may work with competitive and non-competitive paddlers. The award starts to develop the foundation coaching skills that will underpin coaching practice in the future. The training aims to develop coaches' skills to work with paddlers in any type of paddlesport craft

RACING STANDARDS AND COACHING

The Level 1 Coach can run taster sessions; Assist higher level coaches; coach paddlers in a variety of craft, assess BCU Performance Awards.
The Level 1 Certificate is available as a bank or boat based option.

Level 2 Certificate in Coaching Paddlesport is relevant to potential coaches from all Paddlesport disciplines including coaches who might work with competitive and non-competitive paddlers. The award develops the foundation skills taught at level 1 that will underpin their future coaching behaviours and practice. The training will aim to ensure coaches develop skills that will benefit any paddler irrespective of what type of boat they are paddling.
The Level 2 Award is available as a bank or boat based option.

At levels 1 & 2 there are supporting modules to assist in the coach's development within the interest of their choice.

Level 3 Certificate in Coaching Paddlesport is a discipline specific award for the coach who is able to plan, implement and analyse long-term development programmes. This is an appropriate level of coach for a person to be in charge of Paddlesport activities in a club or centre or as a working professional. Level 3 coaches will be able to coach paddlers in the LTPD Foundation Paddlesport Phase and the Performance or Recreational Phase.

A **Level 4** coach is a very experienced discipline specialist coach with highly developed coaching skills and who can design, implement and evaluate the process and outcomes of long term or specialist coaching programmes in their chosen discipline and in all environments in which their discipline is practised. Level 4 coaches will be able to coach paddlers at all stages of the LTPD pathway.

From Level 3 onwards, coaches will specialise in one or more of the following disciplines or environments:

- | | |
|---------------------|------------------------|
| • Racing | • Polo |
| • Slalom | • Freestyle |
| • Wild Water Racing | • Sea |
| • Open Canoeing | • White Water Kayaking |
| • Sheltered Water | • Surf |

3. BCU Coach Update

The BCU has an update programme designed to help coaches develop their skills after they have gained a coaching award. This programme will assist existing coaches in transferring their current qualifications to the new scheme.

The update programme aims to provide:

- A system to enable long term training support for coaches
- A means to share good practice
- Improved BCU Coaching Service contact and communication with coaches

"Coach Update" involves all BCU coaches – competition and recreation and it requires coaches to put in a minimum of 6 hours of training in any 3-year period to stay up to date. There are various ways for coaches to become updated:

- Attend BCU Regional or Local Coach Update Forums

RACING STANDARDS AND COACHING

- Participate in a BCU Coaching Course
- Complete a "Continuous Coach Development Record" and send it in to BCU HQ

4. First Aid for Coaches

All coaches are now required to hold a current First Aid Certificate to maintain their BCU Coaching Award. Details of the level of First Aid Training for the various awards can be obtained by contacting BCU HQ

For BCU Coaches to maintain the BCU insurance cover they must hold an up to date and certificated First Aid qualification (appropriate level of their award). Most First Aid awards have a 3-year lifespan. It is the responsibility of each coach to make sure the BCU Coaching Service is sent a photocopy of his or her new certificate when the qualification is renewed.

5. More information

To set up a coaching course or to discuss club coaching issues there are a number of Development Officers covering a large section of the country who are available to assist voluntary officers in supporting coaching. They are:

SDO North:	Nigel Timmins Tel / fax 01768 480084 Email: nigelt@bcu.org.uk
SDO Midlands:	Stuart Briggs Fax 0845 370 9501 Email: howard@bcu.org.uk
SDO South:	James Hinves Tel 023 8031 9815 Email: james@bcu.org.uk

Further details of all aspects of Coaching Progression are available from:

National Development Coach for Racing, Marathon & WWR :

John Handyside
British Canoe Union
18, Market Place
Bingham
Nottinghamshire
NG13 8AP

Tel: 0845 370 9502
Fax: 0845 370 9501
Email: jh@bcu.org.uk

SPRINT RANKINGS

Mens A	Surname	Name	DoB	Surname	Name	DoB
1835	ELM ALMASI	PETER	1975	2705	EXE BULLOCK	RICHARD 1975
1683	ELM BAKER	STEPHEN	1971	2725	HER BURGOYNE	MARK 1976
0440	ROY boyton	jonathon	1988	3058	NOT CLARK	IAN 1977
2536	NOT BRABANTS	TIMOTHY	1977	3310	CLM COLE	MARK 1978
3645	SLP BRIODY	JASON	1980	5343	WEY CROUCHER	ADRIAN 1961
3510	ELM BROWN	BEN	1986	1432	BOA DARK	SIMON 1968
2932	HER BURGOYNE	PAUL	1980	3131	HER DAVIES	PAUL 1979
3526	WEY COX	EDWARD	1985	3855	BUR DEAN	EDWARD 1983
3712	RDG DANIELS	THOMAS	1986	0473	WEY DIMMOCK	PAUL 1959
0310	RDG DANIELS	ANDREW	1988	5329	RIC DOMONKOS	ISTVAN 1978
3329	ELM FARRELL	BEN	1983	3301	RAF DUFF	DAVID 1970
3528	WEY FENNEMORE	SIMON	1983	4293	WEY EASTERLING	SIMON 1974
3507	CEL FLEMING	NEIL	1984	3412	SLP EGAN	PETER 1979
3506	CEL FLEMING	CIARAN	1987	3701	TRU ELDRIDGE	GLENN 1971
3157	RLS FORBES	RICHARD	1975	3297	RIC ELKINGTON-COLE	RUPERT 1979
3002	NOT FOULGER	MATTHEW	1978	1287	NOT ENOCH	PAUL 1969
2527	ROY FOWLER	NICHOLAS	1977	2486	NOT ENOCH	MATTHEW 1976
2898	BAN GOLDER	DANIEL	1978	5319	RLS FARRINGTON	ROY 1970
3617	ELM GOODALL	MICHAEL	1985	4916	SOA FOLLAND	JONATHAN 1973
0739	LBZ HAYNES	BEN	1989	1729	BAN GALLIMORE	DAVID 1968
3530	WEY HEATH	LIAM	1984	1423	SLP GAMBLE	COLIN 1981
3334	ADS HIDE	THOMAS	1990	3429	ELM GIDDINGS	DUNCAN 1978
5093	RIC IRVINE	BRETT	1979	2905	NOT GOLDER	RICHARD 1976
5488	SLP kulcsar	zsombor	1988	4217	WEY GUNNEY	PHIL 1971
0441	ELM LAWLER	IVAN	1966	4104	LBZ GUY	MATTHEW 1987
5254	SLP majchrzake	matthew	1979	4349	LBZ GUY	ANDREW 1989
2669	SLP MALONEY	CONNOR	1972	4752	WOK HARDING	OLIVER 1956
3411	SLP MALONEY	BRENDON	1979	1021	EXE HASTINGS	STUART 1988
3646	BOA McKEEVER	EDWARD	1983	5255	SLP HEALY	TIM 1970
5490	FOX McNTYRE	DEANE	1967	4009	ACU HEMMING	JAMES 1987
3221	CLM MOULE	KEITH	1980	0621	RLS HERBENT	ATTILA 1977
3853	BUR MUMFORD	TIM	1982	5006	NOT HICKS	SHAUNE 1986
5332	ROY norton-smith	julian	1973	2965	ADS HIDE	MATT 1988
4318	ADS OWEN	MICHAEL	1986	3600	SOU HINVES	JAMES 1973
0605	ELM PARFITT	BEN	1990	1966	WEY HOBROUGH	PAUL 1972
3367	GAI PRESTWOOD	PAUL	1980	2421	WOR HOLMES	BEN 1989
3680	ELM QUANE	MICHAEL	1970	2646	ROY humphries	timothy 1989
2793	ADS reeves	kristian	1989	3905	RIC ISBELL	OLLIE 1984
0584	ELM RUTHERFORD	EDWARD	1990	3227	ELM JOHNSON	NATHAN 1981
3299	NOR SABBERTON	ROSS	1978	3237	NOT JONES	NIGEL 1978
3663	ELM SAWERS	JOHN	1985	3343	KEN KELLY	ANDREW 1958
3864	SOA SCHOFIELD	JONATHAN	1985	4678	SLP KEOGH	BRIAN 1989
2118	ROY SEARS	CHRIS	1986	2301	NOR KILBOURN	ROBERT 1975
3894	WEY SIMMONS	JONATHAN	1986	5499	ACU KING	JAMES 1979
2199	GAI SLATER	PAUL	1987	1919	EXE LANG	DAVID 1968
3644	HER SPENCER	ALLEN	1984	0670	RDG LANG	OLLIE 1988
4929	RIC stead	brendon	1984	2969	RUN LAYNG	MARTIN 1988
3065	SLP STREVENS	ADAM	1976	0868	BOA LEWIS	RICHARD 1966
3893	WEY WYCHERLEY	PAUL	1986	5252	SLP LOPEZ	PETER 1976
1911	ROY WYNNE	IAN	1973	0485	ELM LORENZI	MARC 1970
				4832	CEL MARCHETTI	SEAN 1988
				1909	CEL MARTIN	PADDY 1989
				4286	BOA MAURISSEN	BERNARD 1988
				0944	EXE MAYCOCK	PETER 1967
				0945	EXE MAYCOCK	ANDREW 1969
				1069	RUN MAYERS	JAMES 1974
				2877	NOT MEYER	RICHARD 1975
				2512	ELM MORTON	DWAYNE 1985
				3220	CLM MOULE	STEVE 1979
				1684	TON NEALE	CLIVE 1969
				1997	SLP O-SULLIVAN	LUKE 1989
				1891	ADS OWEN	ASHLEY 1989
				1374	WOR PARKER	JOHN 1977
				3697	RDG peake	owen 1981
Mens B						
3550	SOA ANDERSON	GRANT	1983			
5451	WEY AYRES	ROBIN	1961			
1398	NOT BAKER	RALPH	1985			
0575	WEY BATTERSHELL	DAVID	1964			
2505	BAD BEAZLEY	DANNY	1974			
2770	ELM BEER	ROBERT	1989			
3109	RDG BENNETT	STUART	1988			
2993	RIC BITCOM	DOUG	1971			
0603	SOA BLACKMAN	NEIL	1963			
3936	CLM BRADSHAW	BEN	1988			
5261	TTN brennan	michael	1986			
1378	WEY BRIDGE	TOM	1989			

SPRINT RANKINGS

Mens B							
	Surname	Name	DoB		Surname	Name	DoB
4971	WOR PEDLAR	DAVID	1976	5100	SDS McMORRIN	COLIN	1988
0308	NOR PENDLE	TIM	1989	0480	RIC MUNGOVAN	JORDAN	1986
0855	ADS PERIERA	CHRIS	1987	0155	TTN newsome	robin	1974
3542	BOA PHILLIPS	ANDREW	1970	3641	SLP O-CONNOR	DAVID	1982
1372	LBZ POOLE	ROBERT	1989	1142	RDG PEARSE	TIMOTHY	1988
3516	SLP PRINGLE	DAVID	1980	0364	RDG PEARSE	PHILIP	1988
4045	EXE RESSEL	MARK	1970	5191	FOX PEDERSON	IVAN	1979
2728	WEY ROESER	DUNCAN	1968	4736	ELM PLEECE	MATTHEW	1988
3696	BOA ROSIER	ALISTAIR	1982	2774	ACU REESE	BRENDON	1977
2495	LEA ROWELL	GARY	1988	5668	SOU REVILLA	FERRAN	1977
2886	RDG SEAFORD	DANNY	1979	0735	ANK RILEY	STEVE	1989
5542	LEI serowik	marcin	1983	5636	CDF ROSEWELL	LLOYD	1985
0752	LBZ SLIGHT	DANIEL	1989	4406	NOR SCHOFIELD	CHRISTOPHER	1965
3240	ELM SOWRY	TIMOTHY	1982	1775	RDG SEALEY	CHRIS	1989
3647	SLP STREVEN	ROGER	1978	5437	RIC SHELLEY	PIRAN	1980
3479	BSF SURRAGE	JOE	1981	0862	CLM SHEPHARD	OWEN	1987
4296	LEA THOMPSON	ANDREW	1984	5456	NOT SIMMS	MICHAEL	1989
4411	ELM THOROGOOD	GLENN	1989	0334	LBZ SLIGHT	MARK	1986
0679	ELM THOROGOOD	PHILIP	1989	0533	RAF SMITH	JASON	1973
2097	LBZ TINGAY	STEPHEN	1975	5330	RIC STROMSOE	PAUL	1975
1591	ELM UNSTED	SPENCER	1973	1712	BAN THOMAS	MARK	1988
2995	SLP VANLONKHUYZEN	SIMON	1976	3228	ELM WATT	CRAIG	1980
1726	WEY WALSH	MICHAEL	1987	4810	LBZ WHITE	STEPHEN	1987
1313	SLP WATKINS	HOWARD	1951	2003	LBZ WHITE	MICHAEL	1989
1404	WOR WEST	STUART	1970	3931	CLM WHITEHEAD	DANIEL	1988
1361	LBZ WHITAKER	JORDAN	1989	0369	ELM wickens	andrew	1976
0891	TRU WIDDERSHOVEN	TIMOTHY	1981	4245	TRU WIDDERSHOVEN	BEN	1983
1459	CHE WILLIAMS	GARETH	1986	5308	NOT WOODHEAD	DYLAN	1985
4513	ROY williams	neil	1989	0696	WEY YATES	PAUL	1989
1923	WEY WILLIAMS	ROB	1958	5539	NOR YUILL	ADAM	1989
3667	RIC WINSTANLEY	RICHARD	1984				
2658	WOR WOOD	ANDREW	1989				
2586	EXE wright	michael	1985				
1889	TON YATES	JONATHAN	1976				
Mens C				Mens D			
1975	KEN BAINBRIDGE	SIMON	1988	3914	FLA AVERY	SIMON	1986
3331	ROY BAYLISS	ALAN	1983	0455	GRI BAKER	IAIN	1989
4518	BAD BONE	ANDREW	1986	5462	NOT bellamy	simon	1988
5245	WEY BONHAM	ANDY	1989	5140	CHE BENNETT	JASON	1989
4403	TTN brennan	donnacha	1984	5033	LEI BOLTON-WAUGH	BRYNN	1989
1305	CEL BUGGY	GRAHAM	1985	5543	TTN brannigan	patrick	1983
0197	BTH BURRELL	JAMES	1986	4036	ROY burbridge	james	1986
4382	RIC BYRES	KELVIN	1976	4643	ANK CARTWRIGHT	ROBERT	1984
2894	NOT CHAPMAN	DAMIEN	1979	3607	BAD CHAMBERS	CRAIG	1985
3765	EXE COLLINS	MICHAEL	1984	4117	CLM COLE	PAUL	1976
3856	BUR DEAN	SIMON	1984	4881	LBZ COX	SAM	1989
4637	LBZ DOUGALL	JAMES	1987	0283	FOX CURRIE	SAM	1981
5007	RDG Drummond	John	1974	5378	SOU DIAPER	TOM	1989
3562	WEY ETHERIDGE	RICHARD	1986	4139	LBZ DIXON	ADAM	989
5493	CDF EVANS	EDWARD	1978	4747	BAN DODWELL	BEN	1975
4210	ANK FLEESON	CHARLES	1976	4621	RIC DUCEK	MILOS	1974
5603	BAS FREEMANTLE	JAMES	1983	5167	EAL EARL	GARY	1988
1386	EAL FRENCH	ANDREW	1985	2745	RDG EDE	LEANDER	1985
0537	NOT GARTON	LAURENCE	1984	3465	GAI FERGUSON	GARETH	1979
0219	SLP GOLDING	MARK	1987	1054	TRU FERRIS	ANDREW	1978
5566	RIC hayden	daniel	1975	2743	LBZ fox	adam	1989
3346	CLM HEAD	TOM	1980	3933	LEA FREESTONE	MATTHEW	1988
5498	HER JONES	PAUL	1960	2158	FOX GALEA	PIERRE	1976
3857	BUR LAWRENSEN	TIM	1985	5031	HER GOODCHILD	SAMUEL	1982
5156	ADS LEAHY	CARL	1984	5030	BSF GRAVES	BRADLEY	1989
2115	RLS LOVE	TOM	1974	3054	BAD green	jason	1987
4201	LBZ LOWE	TOM	1989	5405	RIC HAGUE	IAN	1975
3540	NOT MASON	ANTONI	1984	4626	TRU HARRIS	JOSH	1988
				0951	RIC HAUPT	CRAIG	1977
				1387	LBZ HOARE	LEIGH	1975
				5420	BOA HOWSON	LEE	1989
				5356	SOA HUNTER	ANDY	1976

SPRINT RANKINGS

Mens D	Surname	Name	DoB		Surname	Name	DoB
5633	CDF JONES	GARY	1989	0919	ADS JACOBS	MARTIN	1966
4830	TTN kelly	declan	1981	2152	LEA KELLY	CHRIS	1970
5707	WOK kimbale	j		2014	SOU KENT	RICHARD	1962
4722	WOR KNIGHT	ROBERT	1986	2397	RAF LEWIS	ALLEN	1969
5026	LBZ leitch	mark	1988	0672	NOT LITTLEWOOD	REX	1968
3418	WEY LUCK	CHRISTOPHEI	1980	3817	WOK LOVELL	RICHARD	1963
5101	KIR McCAIG	LEE	1988	2089	RUN MARNELL	STEPHEN	1967
5675	FOX McCARROLL	STUART	1982	5282	HER MARTIN	STEPHEN	1969
3699	BTH McKEEVER	THOMAS	1980	3438	LBZ MARTIN	MICHAEL	1965
5043	LBZ McLEAN	MATTHEW	1988	2598	RIC martin	sean	1966
0045	LBZ McLean-hall	oliver	1989	5487	SLP McCarthy	liam	1958
5506	WEY mullins	guy	1988	5553	FOX McIntYRE	DEANE	1967
5550	LBZ murphy	a		0494	RIC MIDDLEHURST	TIM	1958
4380	LBZ patman	daniel	1989	4852	SOU NICHOLSON	LEON	1963
2746	BSF PERRIER	JAMES	1978	5297	WEY NICHOLSON	ANDY	1962
5706	BAN PLANTIER	FRANCOIS	1980	0252	NOR pendle	dyson	1957
1551	SOA PRICE	ANDREW	1982	5134	WOR PHILIPS	TIM	1950
5676	FOX REESE	PHILILIPS		5667	LIN QUITTENTON	GARY	1968
5535	NOR RIX	GAVIN	1964	3115	CAM SMITH	ROBERT	1966
0228	LBZ SHARP	ALLAN	1986	0827	LEA SMYTHE	JAMES	1970
4191	FLA shaw	alex	1986	0331	CHE SWALLOW	MELVIN	1951
0067	CLM SHEPHARD	EVAN	1985	2753	FOX TRICKETT	ADRIAN	1967
2022	LBZ SILLITOE	NEIL	1973	5469	RIC WATSON	RANDALL	1972
1461	BAS SIMONS	TYSON	1987	4334	SOU WILLIS	STEVEN	1958
1731	BAD THOMAS	ALEX	1989				
5204	MAI thompkins	terry	1978	Masters B			
4172	RIC TODD	DYLAN	1977	5445	BSF ALDAM	GARY	1963
2223	RIC TURZA	JOZSEF	1976	2638	NOR ASHPOLE	MARTIN	1960
0408	BAN WARLAND	CARL	1979	5444	BSF BAKER	RICHARD	1951
0980	LIN WEBSTER	RICHARD	1989	5264	MAI BANNISTER	MICHAEL	1962
0222	FOX WERNDLE	LAURENCE	1974	2454	NOR BARKWAY	RICHARD	1968
5087	LBZ williams	tom	1989	2258	RIC BARNES	PETER	1952
2912	ACU WOODHEAD	DARRELL	1976	5114	AUS Belcher	Robin	
4924	BAN WYATT	SIMON	1977	3807	FLA BELL	MICHAEL	1959
5660	BAN ZANELLI	WILLIAM	1979	5139	CHE bennett	peter	1959
				2930	NOR BIDLE	GRAHAM	1950
				5403	NOR BIDLE	DARREN	1976
				5423	RDG BILLINGHAM	RON	1930
				5165	EAL BOWDITCH	IAN	1959
				3041	BAD BRADSHAW	LEE	1961
				5126	INT BRAGG	MARK	1966
				5339	BSF BRETT	JIM	1960
				5118	MAD BROADHEAD	JOHN	1970
				3093	WOR BROWN	MATT	1956
				0963	RIC BUCHAM	PHILIP	1969
				5050	PEN BULL	JOHN	
				2724	HER BURGOWNE	ALAN	1948
				5433	WOK BURNES	PAUL	1958
				5364	BAN BUTTON	PETER	1957
				3767	EXE CARPENTER	MICHAEL	1950
				0509	WOR CAVE	JONATHAN	1961
				5283	HER CHAMP	LEE	1968
				5125	KIR CHAPMAN	BRIAN	1958
				0997	WEY CHILDERSTONE	MICHAEL	1959
				5564	NOT CHMIEL	MARISH	1961
				3858	HER CIANCI	DAVID	1966
				4239	BRI CROWSON	DOMINIC	1968
				0050	BAD DAINES	RONALD	1952
				1695	RDG DANIELS	NICHOLAS	1954
				5005	BOA DARLING	SIMON	1962
				5068	BUR DAVIDSON	RUSS	1970
				0786	WOR DAVIES	SIMON	1957
				5115	MAD Davison	Chris	1970
				2069	LBZ DOBBIE	DERRICK	1954
Master A							
0612	BSF ADAMS	MARK	1968	5423	RDG BILLINGHAM		
4475	MAD AVERY	ROBIN	1948	5165	EAL BOWDITCH	IAN	1959
2375	NOT BELBIN	DAVID	1965	3041	BAD BRADSHAW	LEE	1961
2973	WOR BIRD	JONATHAN	1969	5126	INT BRAGG	MARK	1966
3009	BUR BLACKMAN	HOWARD	1965	5339	BSF BRETT	JIM	1960
1180	FOX BRITNELL	NEAL	1964	5118	MAD BROADHEAD	JOHN	1970
0617	RUN BROOKES	PAUL	1967	3093	WOR BROWN	MATT	1956
0071	ELM BROWN	DAVID	1955	0963	RIC BUCHAM	PHILIP	1969
2103	SLP BYRNE	BERNARD	1960	5050	PEN BULL	JOHN	
2978	NOT CAVEN	SHAUN	1967	2724	HER BURGOWNE	ALAN	1948
5448	WEY COLLINS	DAVID	1957	5433	WOK BURNES	PAUL	1958
3813	RDG COULSON	DAVID	1967	5364	BAN BUTTON	PETER	1957
1894	RUN cox	richard	1953	3767	EXE CARPENTER	MICHAEL	1950
0319	CHE DAWSON	ANDREW	1964	0509	WOR CAVE	JONATHAN	1961
2710	BSF ENGLAND	RICHARD	1955	5283	HER CHAMP	LEE	1968
5267	TRU FIELDEN	PAUL	1963	5125	KIR CHAPMAN	BRIAN	1958
5590	WEY FIELDUS	ROY	1962	0997	WEY CHILDERSTONE	MICHAEL	1959
5108	RIC garner	n		5564	NOT CHMIEL	MARISH	1961
4523	RIC GAVIN	CHRIS	1970	3858	HER CIANCI	DAVID	1966
1336	RDG GREENHAM	BRIAN	1950	4239	BRI CROWSON	DOMINIC	1968
0524	LIN GRIMWOOD	ANDREW	1967	0050	BAD DAINES	RONALD	1952
2544	WOR hawthorn	michael	1953	1695	RDG DANIELS	NICHOLAS	1954
3531	NOR HAYWARD	IAN	1967	5005	BOA DARLING	SIMON	1962
5447	WEY HENSON	ADRIAN	1962	5068	BUR DAVIDSON	RUSS	1970
4931	RIC HOLT	RICHARD	1966	0786	WOR DAVIES	SIMON	1957
0655	LIN hutchinson	paul	1963	5115	MAD Davison	Chris	1970
2088	RUN ILLIDGE	GRAHAM	1959	2069	LBZ DOBBIE	DERRICK	1954

SPRINT RANKINGS

Masters B							
	Surname	Name	DoB		Surname	Name	DoB
1639	ADS DODSON	ANDY	1963	5143	SOU RANCE	STEVE	1959
5466	CLM DOMAN	PAUL	1955	1867	FOX REMINGTON	RICHARD	1970
3314	ADS DONNISON	MARK	1964	5121	ANK RILEY	JOHN	1967
4440	MAI ELSTON	PAUL	1958	5278	ANK RILEY	GORDON	1971
5580	BOA ESCOTT	MARK	1968	5416	BAN ROBINS	GUY	1964
5119	MAD EVANS	NEIL	1956	2657	SOA ROBINSON	NIGEL	1968
4896	FLA EVERATT	PAUL	1964	3261	BAD ROWLEY	IAN	1952
5568	RIC eyquen	paul	1968	4998	NOT SARGENT	DAVID	1968
5057	FOX FARMER	ANDREW	1956	5000	RIC SCHANDELMAYER	JOHN	1948
5116	MAD Fisher	Adrian	1961	4834	WOK seward	d	
3616	ELM GOODALL	CHRIS	1958	1072	FLA SHAW	CHARLIE	1960
0777	PEN GOODALL	MALCOLM	1964	5472	RDG SIMPSON	KEITH	1953
4928	LBZ GOODLAD	STEPHEN	1958	5430	WOK sivertson	ommund	1964
374	NOR GRADY	DEAN	1970	2257	WOR SKELLERN	CHRISTOPHER	1950
2306	RIC GREASBY	COLIN	1938	4300	FOX SOLWAY	ANDREW	1956
1384	BAD GREEN	JOHN	1955	5601	BAS SOMERSET	RICHARD	1951
2974	LBZ GUY	MALCOLM	1951	5090	FOX SOUTER	ROY	1967
4833	WOK HALL	JEREMY	1957	4760	RIC STONEHOUSE	NEVILLE	1960
0594	LEI HAMPTON	KEITH	1959	3544	BSF SURRAGE	PAUL	1955
5439	RIC HARNETT	RAIT	1968	1532	NOT swaddling	graham	1960
4321	WEY HAWS	DAVID	1964	4248	WOR TALBOT	JON	1938
5567	RIC HAYNES	CHRIS	1957	2153	WEY TERRY	PATRICK	1958
3345	CLM HEAD	MIKE	1951	0924	RIC THOMAS	NEIL	1962
2032	WOK HEWITT	EARL	1964	5623	SOU TONKIN	MIKE	1961
5414	BAN HILEY	ROGER	1969	1157	FOX TORRANCE	PAUL	1965
5417	BAN HILLS	CHRIS	1962	0344	SOA VINCENT	RICHARD	1957
1143	FOX HOLE	CHRIS	1970	3485	EXE WALKER	TIM	1965
0856	WOR HOLMES	ANDY	1959	0793	EXE WARD	RICHARD	1963
0292	FLA HORNSBY	ALISTAIR	1965	5053	BAN WARLAND	GRAHAM	1948
0333	WEY HOWIE	DAVID	1945	0001	RIC WETHERALL	TREVOR	1948
5435	WOK howson	peter	1966	3627	BSF WHIPP	STEVEN	1963
2226	HER HUGHES	STEVEN	1968	2562	MAI WIBREW	MICHAEL	1953
3632	CAM HULME	RICHARD	1955	5519	CLM WILKIN	STEVE	1956
1458	C&K HUTT	JONATHAN	1954	3114	CLM WILLIAMS	DEAN	1967
2379	PEN JEFFERIES	DAVID	1964	1477	WOR WOOD	DAVID	1963
0543	RIC JOINER	TIM	1957	2116	BSF WRIGHT	ANT	1961
4526	DCP JONES	STEPHEN	1958				
2564	MAI JORDAN	DEAN	1959				
5117	MAD KAVENAH	JOHN	1955	Masters C			
2729	NOR KILBOURN	CLIVE	1947	3487	KEN BAINBRIDGE	GEOFF	1956
0522	RDG KING	MARK	1961	3383	LBZ BARRELL	STEPHEN	1959
1596	BUR LAWRENSEN	BILL	1955	2140	WEY BRIGGS	ROY	1947
4281	FOX LEAPER	CRAIG	1971	4708	GAI BROWN	JAMES	1947
1462	WOR LEE	ROBERT	1949	2730	WEY BURTON	ALLAN	1951
5436	WOK MARTIN	IAN	1967	5691	LBZ campbell	derek	1964
0114	NOT MASON	NORMAN	1952	5359	LIN CARTER	GARY	1960
5418	BAN McLEAN	IAN	1962	2979	CLM CLARK	DAVID	1947
0307	WOR MORAN	MICHAEL	1958	5592	ROY CLARK	ANTONY	1957
3219	CLM MOULE	PETER	1954	5705	WOR collier	alistair	1958
5248	BAN MURPHY	DOM	1961	2693	HER DAVIES	NEIL	1957
0010	NOT NADAL	MICK	1951	5581	BOA ESCOTT	JOHN	1966
5571	RIC NERCESSIAN	TONY	1970	5504	COF EVANS	ED	1978
0557	WOR NOLAN	ANTHONY	1940	5515	ROY foster	mike	1954
3908	CAM NORMAN	MICHAEL	1947	5480	LIN gardner	stephen	1958
5355	SOA OUGHTON	JEZ	1959	4177	WEY GARSON	BILL	1938
1043	CLM PARKER	PAUL	1956	5508	COF HARRIS	KAREN	1968
2518	WOR PARKER	JAMES	1948	5432	WOK HEWETT	EARL	1964
5415	BAN PEARCE	RAYMOND	1963	2720	NOR HICKS	ANDREW	1961
3352	RIC PEARCE	MARK	1962	2859	TON INCE	ARTHUR	1958
4647	RIC PEMBLE	DOUG	1964	5333	LIN JARRATT	PETER	1944
1170	NOT PHILLIPS	DAVID	1957	5659	COF JONES	ARWEN	1950
1747	FLA POULTER	PHILLIP	1955	5509	COF LITTLEHALES	KEVIN	1962
4024	ROY PUTNAM	TERRY	1947	5194	RDG MAINPRIZE	PETER	1957
0121	RDG RALPH	PAUL	1951	5666	LIN MARSHALL	PHILIP	1964
				5495	NOT MIETUS	PETER	1955

SPRINT RANKINGS

Masters C		Surname	Name	DoB	Canadian Junior		Name	DoB
1976	WEY	MORLEY	PETER	1952	5008	LGW	hollis	dean
0200	LIN	OLIVER	LAURENCE	1943	5128	FLA	HORNE	ALISTAIR
0649	LIN	OLIVER	RICHARD	1947	5585	FLA	INGLES	SAM
5522	WOR	ORME	SIMON	1965	5584	FLA	INGLES	HENRY
5507	CDF	PHILIPS	OWEN	1966	5060	RIC	KILBY	EDDIE
1181	ADS	REEVES	NICK	1960	2042	FLA	meikle	duncan
0038	WEY	ROSSITER	JIM	1944	5243	WEY	SEAMAN	JOSEPH
0044	WEY	SOKOLOV	ANTHONY	1942	5589	FLA	SHAW	SEB
4970	RIC	STONEHOUSE	GRAHAM	1964	5129	FLA	SMITH	JAMES
5360	LIN	TONNER	CHARLES	1956	5061	RIC	SMYTHE	JOSH
2371	NOR	TUPLIN	CHRISTOPHE	1977	5131	FLA	SOUTHOM	CHRIS
1518	BUR	WALKER	MICHAEL	1951	1814	FLA	styan	james
5249	BAN	WARREN	IAN	1968	0128	FLA	train	matthew
5463	LIN	WEBSTER	PETER	1960	4704	BAN	weir	roger
Canadian Men A					5133	FLA	WOOD	PHILLIP
5629	LEV	gajownik	michal		5586	FLA	WORTHINGTON	ED
5630	LEV	jezierski	andrzej		Open Touring Canoe			
3295	LBZ	LAWRENCE	MATTHEW	1982	4327	CLM	COZENS	WILLIAM
0182	FLA	TRAIN	STEPHEN	1962	5157	ADS	deacon	dave
3287	FLA	TRAIN	JAMES	1986	5413	BAN	ferguson	john
Canadian Men B					5054	CLM	JEFFERIES	DAVE
3913	FLA	AVERY	DANIEL	1986	0335	BAD	neville	daniel
2514	WEY	BADELEK	JOHN	1974	5279	ANK	RICKETTS	SIMON
5459	POL	BOKKOWIAK	JERZY	1981	5002	BAN	ROWLINSON	MICHAEL
5245	WEY	BONHAM	ANDY	1989	4436	CLM	SHIPP	TERRY
3806	WOR	BROWN	MATTHEW	1956	5045	BAN	STONE	KEITH
1185	EXE	CARPENTER	NEIL	1987	Womens A			
1549	CHE	CARTWRIGHT	COLIN	1978	4101	SDS	BRAITHWAITE	SHUNA
1286	BAD	CHAMBERS	STEVEN	1959	5473	ROY	brand	moniek
3354	LIN	COX	ERIC	1937	0743	WEY	CAWTHORN	RACHEL
2202	CLM	CROOKS	RICHARD	1986	3194	RDG	COULSON	ABIGAIL
3470	BSF	DROMARD	ROBIN	1943	1863	RIC	DAVEY	TRICIA
0358	RIC	GOHAR	MARCUS	1959	0484	EXE	HAWKIE	JENNA
5080	BAN	GONZALEZ	TONY	1969	2326	ELM	HEMMINGS	ANNA
3917	FLA	HUNT	GARETH	1988	4899	ELM	SAWERS	LOUISA
5449	WEY	JAMIESON	ERIC	1960	2555	NOT	Wainwright	LUCY
2466	PAN	MARSHALL	MICHAEL	1956	0801	ROY	WALKER	JESSICA
0194	SLP	MONOGHAN	NOEL	1930	Womens B			
5556	LEV	monohan	noel		3080	ACU	BAPTY	SONJA
5557	LEV	o-donovan	ross		3233	ELM	BATES	JOANNE
0234	SLP	O-DONOVAN	ROSS	1930	3722	ELM	BRIXEY	RACHEL
1552	FLA	poulter	ed	1987	0457	RIC	broughton	lizzie
5460	POL	RZEPINSKI	ADAM	1981	3937	BAD	BROWN	LEANNE
5407	RLS	SATERNUS	ARTUR	1979	1882	ROY	CHURCHILL	OLIVIA
5457	POL	SIKORSKI	RADOSLAW	1984	3428	CHE	DAWSON	KIMBERLEY
5648	RLS	VORBERGER	JAN	1977	3777	SLP	EGAN	JENNY
4470	RLS	WATSON	LEE	1985	3771	CHE	HOLMES	ELIZABETH
5458	POL	WECKOWSKI	MIKOLAS	1982	2120	ELM	HYNDS	CLAIRE
1152	ADS	west	ray	1949	3876	NOT	mason	hayleigh
0087	DCP	WINGFIELD	JAMES	1959	2836	BAD	McGEE	KELLY
5144	SOU	WYLIE	ROB		3815	ELM	NEGUS	FRANKIE
2751	RLS	YURKWICH	KARL	1977	3653	ELM	NUTT	TARA
Canadian Junior					1599	NOR	SCHOFIELD	REBECCA
5588	FLA	AVERY	LIAM	1993	3376	HER	SPENCER	JENNY
5130	FLA	CALVERT	CHRIS	1991	1844	HER	SPENCER	CLAIRE
5702	WEY	CAWTHORN	TOM	1991	3178	ELM	TAYLOR	NICKY
5587	FLA	CRITCHLEY	JOSH	1993	0736	ROY	WISE	ANNA
2576	FLA	dresch	alex	1991	Womens C			
5062	RIC	DUCK	MATT	1990	3328	ELM	BATES	ROS
5132	FLA	GLADWIN	JAMES	1991	1873	RDG	BATTISON	ROHAN
5583	FLA	HEAD	LUKE	1994				

SPRINT RANKINGS

Womens C

Sumame	Name	DoB
WOK BLACKWELL	HAYLEY	1987
EXE CARPENTER	HOLLIE	1985
NOT CHEYNE	LOUISE	1977
HER COLLEY	SHARON	1970
PEN DILAI	MAGGIE	1986
FLA DRESCH	TRACY	1962
NOT FARISH	HARRIET	1986
ADS FORD	DAISY	1973
RDG GALLOWAY	ALISON	1988
WEY GILLBE	CLARE	1982
WEY GILLBE	CELIA	1986
WEY GODSAVE	LAUREN	1989
BSF HALL	MEGAN	1988
RIC HALL	KATHRYN	1989
WEY HANNON	CLAIRE	1982
TRU hawkie	holly	1988
WEY HILDERLEY	ELEANOR	1989
LBZ HOILE	ANN	1949
NOR HUNTER	FIONA	1973
ROY HUNTER	REBECCA	1983
RIC KELLY	NANETTE	1984
WEY LAMPH	FAY	1988
NOT LITTLEWOOD	JULIE	1968
NOT MARA	GILLIAN	1961
WOR MORAN	CLAIRE	1987
WOR MORAN	LAURA	1987
NOT PARSONS	TINA	1963
TRU PASCOE	RACHEL	1988
ROY purnel	amelia	1989
WOK RIPPINGTON	SAMANTHA	1984
ELM RUTHERFORD	CAROLINE	1986
FOX SANDERSON	FRANCES	1967
LBZ SILLITOE	AMANDA	1965
CHE SWALLOW	VICTORIA	1986
FOX WEARN	ELIZABETH	1974
RIC WETHERALL	KIMBERLEY	1984
BAN wood	katie	1989

Womens D

BAN anderson	debbie	
WEY AULD	ALISON	1987
FOX BALLEM	KATE	1979
SOU BARNES	CAROLINE	1964
RDG BATTISON	GAIL	1966
NOR BEE	GILLIAN	1975
NOT BIRBECK	KATHERINE	1985
CHE BLAKEBOROUGH	ADELE	1972
NOR BLUNDELL	HELLEN	1988
EAL BOWDITCH	AMY	1989
CDF BREMNER	LAURA	1989
LBZ BROWN	SUE	1971
ROY burbridge	antonia	1987
ROY BURBIDGE	FRANCESCA	1989
KIR CHAPMAN	MARGARET	1961
WEY CHILDSTONE	AMANDA	1957
ADS CHURCHILL	MIRANDA	1960
RDG COOPER	ANITA	1968
LBZ creamer	charlotte	1989
BOA DARK	ALISON	1966
HER DAVIES	HELEN	1987
WEY DAVIES	BETHAN	1983
BOA deal	katie	1987
RLS DODDS	TRACY	1973
CLM DOMAN	KIRSTY	1989

Womens D

Sumame	Name	DoB
NOR DONE	REBECCA	1981
NOR DUFF	KERRY	1977
BSF DUNCAN	MELANIE	1987
WEY ELLIS	KATIE	1988
WEY ETHERIDGE	JOANNE	1985
FLA EVERATT	SUE	1999
ROY farrington	polly	1989
RIC FOSTER	JO	1978
ANK FRANKLIN	ELIZABETH	1958
NOT GALLAGHER	HANNAH	1987
NOT GALLAGHER	MARY	1987
LBZ GARSIDE	DEBBIE	1963
LBZ goodlad	bethany	1988
RIC GREASBY	ELIZABETH	1971
BAD GREENE	SARAH	1964
NOT GRIFFIN	DONNA	1970
LEI HAMPTON	ANGLA	1963
WEY HANNON	SARAH	1978
WOR HAWTHORN	SUSAN	1963
NOR HICKS	JULIE	1962
NOT higgs	michelle	1968
FLA HORNSBY	JANE	1961
WOK HOUNSELL	KIRSTY	1989
NOT HOWELL	CATHERINE	1974
HER HUNT	KATE	1978
RLS HUNT	JULIE	1964
LBZ HUSSEY	MANDY	1971
RUN illidge	joanne	1989
RDG JENNINGS	REBECCA	1954
LEI JONES	JENNIE	1981
MAI jordan	tina	1961
BSF judge	alexandra	1984
TTN kelly	tina	1978
RDG KING	KRIS	1963
BAN LAFFERTY	ZOE	1988
FOX lane	grace	1971
TTN lang	sarah	1975
LBZ larsen	j	
LBZ LARSON	JOSE	1957
LBZ leach	kathy	1989
NOR linnell	louise	1988
RDG MAINPRIZE	SARAH	
LBZ MARTIN	KARI	1974
LBZ MATTHEWS	DEBBIE	1969
RUN MAYERS	RACHEAL	1975
RUN McDONALD	RUTH	1982
LIN MEAD	CATHERINE	1962
FLA MEIKLE	ISOBEL	1958
INT MOESSNER	SUSANNE	1976
WEY MONK	HANNAH	1984
WOR MORAN	JAYNE	1959
BAS MURNAGHAN	LIZ	1996
BAN MURPHY	MELANIE	1962
BAN MURPHY	HEATHER	1986
NOT NADAL	KATHY	1954
RIC NASCIMENTO	ELIETE	1966
ADS newman	lisa	1989
HER NORGATE	REBECCA	1983
CDF OLEARY	NATASHA	1989
SOA OUGHTON	JESSICA	1988
FOX PAULINI	EVA	1974
WOR PEDLAR	KATE	1978
RIC PEMBLE	CAROLINE	1975
NOR PENDLE	ALI	1961

SPRINT RANKINGS

Womens D				Boys B			
Surname	Name	DoB		Surname	Name	DoB	
5408 LIN PIKE	SARAH	1972		5025 CEL FITZSIMONS	MICHAEL	1993	
5569 RIC POPL	CLAIRE	1980		5271 ROY FOSTER	ALEX	1992	
5320 FOX POWELL	BRENDA	1970		5494 LEI GAUL	KRYSTIAN	1992	
1103 HER REESE	HEYLEY	1989		5258 LEI GODELMAN	TOM	1991	
5431 WOK RIPPINGTON	LIZ	1955		4869 MAI JORDAN	AARON	1990	
5398 WOK RIPPINGTON	ELIZABETH	1955		5251 LEI JOY	ALEX	1991	
5429 WOK RIPPINGTON	SAM	1984		0487 LBZ leitch	james	1991	
4608 FOX SCHEDITZKI	DORIS	1980		0385 LEA RAINEY	SAM	1990	
5465 RDG SEALEY	ELIZABETH	1960		5070 CKP REIF	FRED	1991	
4360 DCP SEN	KAMALA	1966		4717 RDG SEALEY	JACK	1992	
4122 FOX SMITH	MICHELLE	1974		5243 WEY SEAMAN	JOSEPH	1990	
1046 HER SPENCER	BERYL	1956		3086 LBZ SILLITO	CALLUM	1990	
4675 WEY STEWART	GRACE	1986		5036 ROY staddon	jack	1990	
3386 CLM SUTTLE	LISA	1980		2123 BAN STONE	JULIAN	1991	
3975 BAN THOMAS	HILARY	1958		4444 CLM TAYLOR	ROBERT	1990	
1212 EXE THURLEY	PHILLIPPA	1989		5387 ELM THOMAS	JACOB	1994	
5479 LIN TONNER	JANE	1961		0921 WOR TYE	JONNY	1993	
0717 FLA train	katie	1989		4954 BSF WALKINSHAW	RYAN	1992	
5193 FOX TRICKETT-BORN	ANDREA	1970		2270 CLM WILKES	PETER	1992	
5182 CLM turner	catherine	1988		5029 CLM WILKES	MARK	1992	
1510 BAD WEST	CHRISTINE	1951		4097 SOU WILLIS	SAM	1991	
5232 RIC WETHERALL	FRANCES	1952		5340 BSF YOUNG	JOSH	1990	
2777 FOX WHEELER	ROSEY	1973					
1220 NOT whysall	natalie	1988					
3387 CLM WILCOX	TRACEY	1983					
3732 CLM WILCOX	LINDSEY	1988					
2593 DCP WINGFIELD	PENELOPE	1966					
5039 BAN WOOD	JULIE	1963					
Boys A				Boys C			
Surname	Name	DoB		Surname	Name	DoB	
0902 BOA ATWILL	JAMES	1990		5065 BUR bowley	matthew	1994	
4425 ELM BARBER	DANIEL	1990		5016 SLP BRENNAN	TOM	1992	
0247 CEL BUGGY	DAVID	1990		5073 CKP BROOKS	EDWARD	1990	
2605 WEY CHILDERSTONE	MARK	1991		5304 CKP CANNON	DOMINIC	1990	
5275 RDG COLYER	DANIEL	1991		5276 RDG COLYER	BEN	1993	
0322 LEI connelly	michael	1991		2769 CHE COWBURN	JOSH	1990	
2426 ROY dixon	stephen	1992		5257 LBZ creamer	robert	1991	
4990 RDG EDE	PIP	1990		5154 ADS deacon	tom	1993	
0727 CEL FLEMING	DARRAGH	1990		0892 SLP docherty	k	1990	
1452 EXE FREEMAN	SAM	1990		5268 BSF fitzpatrick	joe	1993	
2090 ROY gibson	oliver	1991		4430 LBZ garside	nathan	1993	
4002 LEI HAMPTON	MARK	1991		1643 NOR HICKS	ALBERT	1994	
5354 WEY LAMBERT	MICHAEL	1991		0978 LBZ HUSSEY	DANIEL	1990	
5079 RDG MAINPRIZE	THOMAS	1991		2324 PEN jefferies	robert	1993	
4301 CEL mitchell	f			5199 MAI kingston	tom	1994	
5051 SDS PATTERSON	SCOTT	1990		1931 WEY LAMPH	MARK	1991	
1901 EXE SHARPE	TOM	1990		4693 RDG LANG	JACOB	1990	
1216 BOA SIMMONS	TOM	1991		5401 NOR LINNELL	WILLIAM	1992	
1193 WEY TERRY	DEAN	1991		0858 LEI lunn	matthew	1991	
4329 SOA VINCENT	ROBERT	1990		3266 LBZ MATTERSON	MATTHEW	1991	
2999 WEY WELCH	MATTHEW	1991		5273 BAN mclean	matthew	1992	
Boys B				Boys D			
Surname	Name	DoB		Surname	Name	DoB	
5171 NOR allen	lewis	1990		5239 WOR ADAIR	DANIEL	1995	
3280 LBZ bartoli	michael	1990		2594 GRI BAKER	ALEC	1993	
3464 ADS BEYER	JAMES	1991		5200 MAI bannister	peter	1994	
5015 SLP BOYLE	DAVID	1990		5379 SOU BARNES	JOSH	1995	
5091 BSF BRETT	TONY	1991					
5338 ELM CARSON	ANDREW	1991					
4113 GAI clive	mark	1993					
5286 WEY CORDERY	JAMES	1990					
5014 SLP CORRIGAN	JACK	1990					
5450 WEY DRISCOLL	SAMUEL	1991					
4295 CLM duffield	max	1991					

SPRINT RANKINGS

Boys D	Surname	Name	DoB
5409	CLM bennett	chris	1991
1259	WOK bennett	gary	1993
5298	BUR BENTLEY	ROSS	1992
5238	WOR bird	william	1993
0076	WOK BLACKWELL	MATTHEW	1990
5427	WOK BOYT	JAMIE	1995
5097	KIR BRADBEER	GRANT	1992
5164	WOR bradley	kelvin	1992
5502	CDF BREMNER	CHAD	1994
5440	RIC brereton	ciaran	1994
5023	SLP BURBRIDGE	PATRICK	1990
6004	LBZ BYARD	THOMAS	1992
5021	SLP Byrne	Ken	1990
5011	SLP BYRNE	PHILLIP	1992
5453	WEY CARY	ALEXANDER	1990
5234	WOR cave	robert	1993
5092	BSF CAYFORD	ANTHONY	1991
5148	SOU chandler	glen	1994
0790	BAN chapman	callum	1992
5365	KIR CHAPMAN	COLIN	1995
1355	WEY CHILDERSTONE	JACK	1996
5082	PEN CHIODO	NICHOLAS	1993
0325	ROY CLARK	MATTHEW	1993
5595	SDS CLARK	JAMIE	1995
5643	ELM CONNELL	DANIEL	1993
5632	ELM CONNELL	MATT	1995
2255	BAN cooknell	matthew	1990
5640	CDF COOMBES-DAVIS	TALISIN	1993
5253	SLP coyne	h	1993
5012	SLP DEEGAN	LUKE	1990
5185	CLM DUFFIELD	LEWIS	1995
5073	TTN dunne	jonathon	1990
5578	BOA ESCOTT	JAMES	1993
5637	CDF EVANS	OWEN	1991
5512	CDF EVANS	OWAIN	1992
5377	SOU FADLI	ADAM	1992
5024	SLP FEELEY	LORCAN	1992
5287	ROY FINNIS	BEN	1994
5288	ROY FINNIS	JOE	1994
5596	SDS FLETCHER	LEWIS	1993
5071	CKP FORREST	TIM	1990
5256	LBZ franks	matthew	1992
5022	SLP GLEESON	THOMAS	1992
1525	LBZ goodlad	laurie	1990
5620	SOU GOULD	SAM	1994
5428	WOK GRANGE	SAM	1992
4060	BAD GREEN	IAN	1990
5072	CKP GREEN	BEN	1990
5711	WEY GYARMATI	ANDREW	1991
5475	CLM hall	tristan	1991
3986	WOK hall	david	1995
2825	WEY HAWS	EDMUND	1996
5541	CHE HAYES	MARVIN	1993
5625	SOU HEADLAND	GREGORY	1993
5576	RIC HENMAN	JOSH	1994
0311	BSF HICKMAN	SHEA	1992
5528	DDN HITCHINGS	ANDREW	1995
5545	SDS holden	craig	1993
5434	WOK howson	conan	1994
5067	RLS HUNT	RYAN	1995
5389	ELM ILLINESI	PAUL	1995
5400	NOR ISAAC	JAMES	1991
5399	NOR ISAAC	THOMAS	1993
4407	PEN jefferies	matthew	1995

Boys D	Surname	Name	DoB
5381	POO jenkins	jack	1995
5335	CKP JOHN	DOMINIC	1991
5064	WOR JONES	JACK	1993
5078	RDG KELLY	JONATHAN	1990
2801	BAD kerr	andrew	1994
5572	RIC KEY	WILLIAM	1995
5326	RIC killip	jack	1994
5325	RIC killip	ben	1995
5663	RDG KIRSCHSTEIN	NICO	1993
5591	WEY KRASOVITSKIY	GEORGE	1990
5138	RDG LANG	HARRY	1994
5700	WEY LIPSCOMBE	RICHARD	1991
5196	WOK LORD	DANIEL	1993
5555	ELM LOVEDAY	ALEX	1994
5277	RDG MAINPRIZE	MATTHEW	1994
5597	KIR malcolm	daniel	1990
2394	LBZ mapely	michael	1991
1570	RUN marnell	james	1990
1780	LBZ MATTERSON	JOSH	1990
5345	LBZ matterson	harry	1995
5489	SLP McCarthy	sean	1994
5172	NOR mcdonnell	andrew	1998
5709	SDS Mclellan	ewan	1995
5642	WEY MEDLICOTT	SIMON	1994
5634	CDF MEECHAM	JAMES	1990
5375	RUN metcalf	cory	1995
3051	BAN mills	matthew	1990
5521	CLM MITCHELL	DANIEL	1994
5412	BAN murphy	padraig	1994
5402	NOR NEWSON	ASHLEY	1993
5346	LBZ Osborne	jack	1994
5537	BAN PALFREY	JONATHAN	1995
5309	SDS PATTERSON	NEIL	1993
5683	TRE pemberton	WILLIAM	1994
5510	CDF PHINNEMORE	KELAND	1997
5531	LBZ plummer	sam	1995
5496	CDF PRATT	NIALL	1990
5570	RIC PURNELL	JEREMY	1992
5708	SDS redmond	sean	1995
4560	ADS REEVES	ALEX	1993
4937	PEN renwick	william	1999
5695	FOX richards	daniel	1994
5077	RDG RIDDLE	TOM	1990
5506	CDF ROBINSON	MATHEW	1993
5358	LBZ robinson	alastair	1994
5513	CDF ROSEWELL	LEWIS	1991
5514	CDF SANDER	THOMAS	1992
2035	FLA shaw	giles	1990
5397	ELM SHIEL	THOMAS	1995
5618	SOU SISI	ADAM	1994
5670	CLM SLADE	MATTHEW	1992
4628	WEY SOKOLOV	ALEXANDER	1993
5350	ROY standeven	guy	1994
5582	RLS STANNARD	ADAM	1992
5189	RLS stannard	jamie	1995
5410	CLM stanway	thomas	1995
5684	TRE SUNDERLAND	CARL	1993
5083	PEN SYKES	THOMAS	1994
5348	CKP taylor	louis	1994
5619	SOU TAYLOR	MAX	1994
5421	WOR TERRY	WILLIAM	1994
5388	ELM THOMAS	ALEXANDER	1995
1250	PEN thorpe	liam	1990
5446	HER TOPHAM	WILLIAM	1990

SPRINT RANKINGS

Boys D				Girls C			
Surname	Name	DoB		Surname	Name	DoB	
5710 SDS toruntay	cem	1993		0433 LBZ SILLITOE	CHLOE	1993	
5533 BAS truesdale	michael	1994		5106 BOA SIMMONS	HANNAH	1993	
5369 CLM WALKINTON	JAMES	1994		5523 ELM SIMON	REBEKA	1996	
5066 BUR WALTERS	MICHAEL	1990		5035 ROY staddon	cressida	1990	
5175 BOA WEBSTER	STEVEN	1995		5018 SLP SWEENEY	MARIANA	1990	
5461 LBZ westwood	joshua	1998		2994 BSF THOMAS	GEORGIA	1991	
5236 WOR wickens	josh	1993		5272 ROY WADSWORTH	BETHANY	1993	
5694 FOX williams	barry			3939 MAI WHITEHEAD	KATIE	1990	
5394 LBZ WILLIAMS	JAMES	1994		0165 RDG wise	isobel	1992	
5235 WOR WILLIAMS	ANTHONY	1993		5042 BAN WOOD	MEGAN	1992	
5664 RDG wise	ewan	1991					
Girls A				Girls D			
Surname	Name	DoB		Surname	Name	DoB	
2834 RDG KING	AMORET	1991		2655 PEN addy	kerrie	1994	
5088 ELM TROTTER	KATHERINE	1993		5516 ROY adler	jana	1992	
Girls B				5162 WOR ANDREWS	ELEANOR	1993	
Surname	Name	DoB		5527 CHE ASHLEY	KATE	1992	
5270 WEY AYRES	PHOEBE	1991		5525 CHE ASHLEY	LUCY	1994	
1784 ROY BEER	SARAH	1992		5621 SOU BAGLEY	ANNA	1993	
2684 BOA BROWN	HANNAH	1990		5198 WOK BAKER	ALICE	1992	
5028 LBZ BYARD	REBECCA	1991		2404 SLP BANKS	CATHERINE	1990	
4222 WEY CHILDSTONE	HAZEL	1993		5123 ANK BARAS	ANDREA	1990	
1235 RDG CHURNSIDE	AMELIA	1991		4738 LBZ beagant	rose	1990	
4387 RDG COLLINS	JESSICA	1991		5293 ROY BEER	EMMA	1995	
2585 RDG collins	imogen	1993		5141 CHE BENNETT	NATALIE	1990	
5342 WEY CROUCHER	VICTORIA	1993		2307 WOK BLACKWELL	LAUREN	1994	
2048 LBZ DOUGALL	EMMA	1990		5452 WEY BONHAM	ANNABELLE	1992	
5242 WEY EDMONDS	ABIGAIL	1990		5361 KIR BRADBEEER	KARA	1995	
1276 BAN FERGUSON	LAURA	1992		5638 CDF BREMNER	LAURA	1990	
5481 ELM HANLON	MIRIAM	1993		5503 CDF BREMNER	LISA	1992	
4080 WEY HAWS	ALICE	1993		5677 FOX BULTER	ROSIE	1992	
1436 WOR HOLMES	STEPHANIE	1992		4549 ROY BURBRIDGE	ELEANOR	1993	
4128 LBZ hussey	laura	1992		5207 CHE BURGESS	LUCY	1994	
5650 NOT HYSLOP	SANDRA	1990		5310 CHE burgess	pooy		
1737 RUN illidge	jenny	1992		5425 WOK BURNES	SARAH	1992	
1939 ELM ILLINESI	JENNY	1992		5511 CDF BYLES	AMI	1991	
3119 WEY middlehurst	maria	1991		5598 CLM CAWSTON	MILLIE	1994	
2521 ELM O-CALLAGHAN	MEGAN	1990		5145 SOU CHANDLER	AMY	1991	
5184 CLM parker	sophie	1990		1428 RDG churnside	charlotte	1993	
1668 ROY rees	abigail	1992		5246 NOT COBB	ALICE	1995	
3783 BAN ROONEY	SOPHIE	1992		5373 WOR COLLIER	JENY	1990	
1468 CHE ROWLANDS	CAROLINE	1991		5551 BUR cope	mieka	1995	
5471 BAS SMITH	ISOBEL	1994		5074 NOT COXON	LIZZIE	1992	
5470 BAS SMITH	NAOMI	1994		5019 SLP COYNE	JANE	1990	
5244 WEY STEVENS	BEV	1991		5696 FOX daw	catherine	1994	
0298 CHE SWALLOW	JENNY	1991		4251 TTN doyle	clodagh	1990	
5285 WEY THOMAS	CHARLOTTE	1991		5426 WOK DUGGAN	FRANKIE	1993	
2901 ELM WILLIAMS	KATIE	1992		5565 RIC DUNSTER	ROSE	1994	
Girls C				5380 POO dytham	amy	1995	
Surname	Name	DoB		5546 LBZ ellis	charlotte		
4061 ROY BODIMEADE	IMOGEN	1992		5344 LBZ ewington	emmeline	1995	
5337 ELM CARSON	EMMA	1994		5289 ROY FARRINGTON	GRACE	1995	
5020 SLP COYNE	SARAH	1990		5645 FOX GREEHY	LUCY	1994	
1567 ROY farrington	rosie	1992		5322 WOR GREER	REBECCA	1993	
0534 CEL FLEMING	AINE	1991		1694 LBZ GUY	CATHARINE	1990	
2168 LBZ HARFIELD	EMMA	1990		5540 CHE HAYES	MARSHA	1995	
1778 NOT HAROLD	DANIELLE	1990		1988 PEN healy	alisa	1993	
5476 TRU harris	emily	1990		5349 CKP HEDGES-GOWER	TARA	1993	
0264 WOR HAWTHORN	EMMA	1993		5362 SDS HENDERSON	PAULA	1994	
2765 ELM ILLINESI	EMILY	1993		5034 ROY hoffman	georgina	1990	
4599 KEN KELLY	ELIZABETH	1990		5419 CHE holland	elinor	1995	
5027 LBZ OXTOBY	ELLA	1990		5163 WOR HOPPER	CONNIE	1993	
1263 LBZ oxtoby	lydia	1992		1824 ADS hyde	emily	1991	
4489 ROY REES	SUSANNAH	1993		2636 ADS JACOBS	KATE	1993	
				5491 CHE KELLY	LUCY	1995	

SPRINT RANKINGS

Girls D	Surname	Name	DoB	Lightning U12 Boys	DoB
5662	NOR LAKE	HANNAH	1994	5575 RIC BRERETON	ANGUS 1996
5169	NOR lambert	ruby	1992	5599 CLM CAWSTON	HARRY 1996
5160	WOR LEWIS	EMILY	1993	5548 LBZ curtis	j 1996
5170	NOR linnell	emily	1991	5579 BOA ESCOTT	TIMOTHY 1996
1205	RUN marnell	lauren	1992	5347 LBZ ewington	joe 1996
2286	RUN marnell	katie	1995	5549 LBZ foley	d 1996
5468	BAN mclean	natasha	1995	5383 POO irving	evic 1996
5622	SOU MEDLAND	CHLOE	1991	5411 CLM leigh	kieren 1996
5674	BOA MEREDITH	RACHEL	1991	5600 CLM LEIGH	KIERAN 1996
5673	BOA MISSEN	HANNAH	1992	5672 BOA MISSEN	JAMES 1996
5554	TRU morris	racheal	1990	5560 NOR NOBBS	ASHBEY 1996
5109	BAN murphy	rachel	1990	5291 ROY REDLER	KAJA 1997
5052	BAN MURPHY	ALICE	1992	5563 NOR RIX	JOSEPH 1997
5532	ADS NASH	EMMA	1994	5693 LBZ roberts	george 1996
1830	NOT NASH	SARAH	1991		
1123	PEN o-brien	finty	1994		
5682	TRE O-LEARY	SARA	1994	Lightning U12 Girls	
1854	PEN ollerenshaw	abigail	1993	5687 LBZ campbell	jessica 1996
5159	WOR orme	hannah	1992	5526 CHE EDWARDS	CHARLOTTE 1996
5323	WOR ORME	STEPHANIE	1995	5689 LBZ foley	kerry 1996
4983	ADS OWEN	BETHAN	1996	5059 NOR hicks	harriette 1996
5679	TRE OWEN	SAMANTHA	1994	5384 POO irving	charlotte 1997
5370	CLM PARKER	LOUISE	1993	5558 NOR LEE-SMITH	LUCY 1997
2904	PEN potter	elizabeth	1994	5626 SOU TAYLOR	POPPY 1996
5197	WOK PRICE	ANNALISE	1995	5063 RUN WIGNALL	AMY 1996
5149	SOU RANCE	MARY	1994		
5150	SOU RANCE	MICHELLE	1995	Lightning U10 Boys	
5122	ANK RILEY	KATIE	1990	5240 WOR adair	michael 1998
5561	NOR rix	amelia	1995	5371 CKP beardsell	jonathan 1996
0419	RUN robinson	amy	1992	5376 BUR BOWLEY	JAMES 1997
5644	FOX ROSE	ELEANOR	1994	5441 RIC brereton	angus 1996
5478	TRU rowe	sara	1991	5366 KIR CHAPMAN	IAIN 1998
5517	ROY ruff	gemma	1994	5574 RIC DYSON	JAMES 1998
5176	BAN saika	rebecca	1994	5382 POO dytham	alex 1998
5351	RDG SEALEY	HANNAH	1994	5562 NOR ELLIS	RYON 1997
5048	BAN SEIKA	REBECCA	1994	5685 LBZ fitapatrik	daniel 1999
2031	NOT SETH-KAPOOR	SHOBHANAA	1991	5678 TRE hamison	ryan 1997
5396	ELM SHIEL	ALANA	1993	5104 NOR hayward	mathew 1997
5577	RIC SMITH	HOLLY	1995	5573 RIC HOUSTON	DENNIS 1998
5594	SDS SMITH	RHONWEN	1993	5559 NOR HURRY	OLIVER 2000
5040	BAN STONE	KATHRYN	1995	5628 SOU JARVIS	HAYON 1997
2808	FLA styan	kathryn	1991	5530 LBZ lay	henry 1997
5017	SLP SWEENEY	SABRINA	1991	3344 RUN marnell	matthew 1997
5124	ANK SYKES	JENNY	1992	5529 LBZ murphy	oliver 1998
5280	ANK SYKES	KATHERINE	1993	5547 LBZ osborne	s 1999
5001	BAN TASKER	ROSIE	1990	1519 PEN potter	luke 1999
4653	BAD thomas	jessica	1994	1868 PEN potter	stephen 1999
5424	WOK thompson	natasha	1995	5281 ANK RICKETTS	EMMA 1996
5299	LIN tonner	emma	1995	5686 LBZ smith	charlie 1999
5296	ROY VORLEY	REBECCA	1994	5544 FLA styan	alan 1997
4867	ROY WADSWORTH	REBECCA	1990	5307 TRE SUNDERLAND	PAUL 1997
3081	NOT WALKER	BETHANY	1991	5604 BAS TRUESDALE	RYAN 1997
5181	CLM WALKINTON	HOLLY	1993	5292 ROY VORLEY	DANIEL 1997
5341	BUR WALTERS	SARAH	1994	5374 LBZ williams	j 1997
5390	ELM WARD	AMY	1995		
5049	BAN WARREN	REBECCA	1995	Lightning U10 Girls	
3008	TTN whelan	niamh	1990	5681 TRE BROMFIELD	MOLLIE 1997
5518	MAI WIBREW	EMILY	1992	0680 RUN BROOKES	CHELSEA 1999
5295	ROY WILLIAMS	NICOLE	1995	5688 LBZ campbell	megan 1999
5146	SOU WILLIS	LOUIE	1995	5627 SOU GIBERT-JOHN	SOPHIE 1999
5671	CLM WYATT	ZOWIE	1991	5680 TRE GOLLINS	MEGAN 1997
				5385 SOU kent	elenor 1995
				5327 RIC killip	rebecca 1997
				5328 RIC MARTIN	ALISON 1998
				5357 LBZ robinson	elizabeth 1997

SPRINT RANKINGS

Lightning U10 Girls		Name	DoB
5593	ROY ruff	laura	1997
5697	PEN yates	r	

Special Olympics Men

5483	TRE alexander	ian	1987
4649	SGB brown	william	1974
5316	TRE marsh	daniel	1983
1328	SGB mills	christopher	1977
5318	SGB MORRAN	FRANCIS	1963
5484	TRE pawlowski	jo	1985
4438	SGB richardson	brendon	1981
5315	SGB SMITH	JONATHON	1973
5482	TRE swainton	martin	1986
5314	SGB WILLIAMS	ANDREW	1972
5485	TRE wilson	carl	1987
3384	SGB WOOD	RICHARD	1982
3686	SGB YOST	KEVIN	1968

Special Olympics Women

5317	SGB jelly	stella	1994
0490	SGB osmond	heather	1984
5312	TRE RUSS	JADE	1984
5313	SGB SMITH	KATHRYN	1981

Paddlability

5699	NWK bagshaw	hannah	1998
2176	NWK BAINES	MATTHEW	1992
3319	NWK BROOME	JONATHON	1976
0572	PEN BROWN	TRACEY	1977
1026	PEN BULL	ALISON	1975
0587	NED CARTER	STUART	1953
5247	NWK COTTON	JAMES	1992
5241	NWK COTTON	CHLOE	1994
5010	PEN Fenwick	Dean	1987
5102	NEC GARDENER	EDWARD	1951
5009	PEN Gardner	Lucy	1978
3834	NWK GARTON	GAVIN	1985
5486	NWK Harris	A	
4439	NWK hassell	karl	1996
0018	NWK hewitt	matthew	1979
5631	NWK jackson	t	
0462	NWK MADDISON	STEVEN	1981
4008	PEN mitchell	ian	1977
2608	PEN NEVILL	DAVID	1971
4332	NWK newman	craig	1989
3831	NWK OLDHAM	JAMES	1985
3832	NWK SAVAGE	ADAM	1984
2074	NWK sheppard	a	1987
5301	NWK smith	katie	1981
5698	NWK spikings	k	
4313	PEN stephen	james	1968
4278	MAI TAYLOR	MAGGIE	1961
3774	PEN TAYLOR	RICHARD	1973
0192	NWK THORNTON	JAMIE	1993
2215	NED VALLELY	STUART	1960
3845	BAN WEIR	FRANCES	1987
5649	PEN wilson	stacy	1988
5492	PEN wrigley	beverley	1966
5552	PEN wringley	b	
1460	PEN YOUNG	JASON	1974

CLUB ABBREVIATIONS

4AS	Four As CC	LEA	Leaside Canoe Club
ACU	Army Canoe Union	LEI	Leicester Canoe Club
ADJ	ADJ Canoe Club	LGW	Linlithgow Canoe Club
ADL	Addington Canoe Club	LIN	Lincoln Canoe Club
ADS	Addlestone Canoe Club	LOP	Leicester Outdoor Pursuits
ANK	Anker Valley Canoe Club	LWC	Lord Wandsworth College
ART	Artist Rifles	MAD	Macclesfield & District Canoe Club
BAD	Barking and Dagenham Canoe Club	MAI	Maidstone Canoe Club
BAN	Banbury & District Canoe Club	MCA	Mercia Canoe Club
BAS	Basingstoke Canal Canoe Club	MDN	Meridian
BED	Bedford School	MLO	Marlow Canoe Club
BEJ	Bourne End Junior Sports Club	NBY	Newbury Canoe Club
BKW	Blackwater Valley Canoe Club	NED	North East Disability Canoe Club
BOA	Bradford on Avon Canoe Club	NOR	Norwich Canoe Club
BRI	Bristol Canoe Club	NOT	Nottingham Kayak Club
BRY	Bryanston School Canoe Club	NTH	Northampton Canoe Club
BSF	Bishops Stortford Canoe Club	NWK	Newark Canoe Club
BTH	Bath Canoe Club	PAN	Pangbourne Canoe Club
BUD	Bude Canoe Club	PEN	Penine Canoe Club
BUR	Burton Canoe Club	PLY	Plymouth College Canoe Club
C&K	Cumbernauld & Kilsyth	PNZ	Penzance Canoe Club
CAM	Cambridge Canoe Club	POO	Poole Harbour Canoe Club
CDF	Cardiff Bay Kayakers	RAF	Royal Air Force Canoe Association
CEL	Celbridge Canoe Club	RDG	Reading Canoe Club
CGL	Castlegate Quay Canoe Club	RIC	Richmond Canoe Club
CHE	Chester Canoe & Sail Club	RIP	Rabbit Independent Paddlers
CHM	Cheltenham	RLS	Royal Leamington Spa Canoe Club
CKP	Cokethorpe School	RM	Royal Marines Canoe Club
CLM	Chelmsford Canoe Club	RNK	Royal Navy Kayak Association
CNL	Canalside Canoe Club	ROY	Royal Canoe Club
DCP	Dyffryn Conway Canoe Club	RUN	Runcorn Canoe Club
EAL	Ealing	SAV	South Avon Canoe Club
EBC	Eyot Boat Club	SDS	Scottish Development Squad
ELM	Elmbridge Canoe Club	SHO	Shoreham
EXE	Exeter Canoe Club	SHP	Shropshire Paddlesport
FLA	Fladbury Paddle Club	SLP	Salmon Leap Canoe Club
FOX	Falcoln (Oxford)	SOA	Soar Valley Canoe Club
FOY	Fowey River Canoe Club	SOL	Solihull Canoe Club
FRE	Freestyle Canoe Club	SOU	Southampton Canoe Club
FTH	Forth Canoe Club	STR	Stirling Kayak Club
GAI	Gailey Canoe Club	TAU	Taunton Canoe Club
GLS	Glanford & Scunthorpe Canoe Club	TON	Tonbridge Canoe Club
GRI	Griffon Canoe Club	TRU	Truro & Hayle Canoe Club
HAS	Hastings Canoe Club	TTN	Thomastown Paddlers
HEM	Hemel Hempstead Canoe Club	VIK	Viking Kayak Club
HER	Hereford Canoe Club	WAV	Waveney Valley Canoe Club
HHC	Hazel Hatch Canoe (Eire)	WCR	Winchester Canoe Club
HOP	Harlow Outdoor Pursuits	WEY	Wey Kayak Club
HUL	Hull & District Canoe Club	WHI	Whitstable
HUN	Huntingdon Canoe Club	WIN	Windsor Canoe Club
ITV	Itchen Valley	WMP	Wimps Canoe Club
KEN	Kendal Canoe Club	WOK	Wokingham Canoe Club
KES	Kesteven	WOL	Wolverhampton Canoe Club
KIM	Kimbolton School	WOR	Worcester Canoe Club
KIN	Kingston Kayak Club (Hull)	WRL	White Rose Canoe Club (Leeds)
KIR	Kirkcaldy Canoe Club	WRN	Warren Canoe Club
LBZ	Leighton Buzzard Canoe Club		

4AS



**FOUR AS
CANOE**

ACU



ARMY

ADL



ADLINGTON

ADS



ADDLESTONE

ANK



**ANKER
VALLEY**

BAD



**BARKING &
DAGENHAM**

BAN



**BANBURY &
DISTRICT**

BAS



BASINGSTOKE

BED



**BEDFORD
SCHOOL**

BEJ



**BOURNE END
JUNIORS**

BKW



**BLACKWATER
VALLEY**

BLN



**BLUNDELL
SCHOOL**

BOA



**BRADFORD-
ON-AVON**

BRI



BRISTOL

BRY



**BRYANSTON
SCHOOL**

BSF



**BISHOP'S
STORTFORD**

BTH



BATH

BUR



BURTON

CAM



CAMBRIDGE

CDF



CARDIFF

CEL



CELBRIDGE

CHE



CHESTER

CKP



COKETHORPE

CLM



CHELMSFORD

CLM



**CHELMSFORD
(MARATHON)**

DCP



DYFFRYN CONWY

EAL



EALING

ELM



ELMBRIDGE

EXE



EXETER

FLA



FLADBURY

FOX



FALCON

FOY



FOWEY RIVER

GAI



GAILEY

GRI



GRIFFON

HAS



HASTINGS

HEM



**HEMEL
HEMPSTEAD**

HER



HEREFORD

HOP



HARLOW

HUL



HULL

HUN



HUNTINGDON

OUTDOOR PURSUITS

KEN



KENDAL

KIM



**KIMBOLTON
SCHOOL**

KIR



KIRKALDY

LBZ



**LEIGHTON
BUZZARD**

LEA



LEASIDE

LEI



LEICESTER

LIC



LICHFIELD

LIN



LINCOLN

LON



LONGRIDGE

MAD



MACCLESFIELD

MAI



MAIDSTONE

MCA



MERCIA

MDN



MERIDIAN

MLO



MARLOW

NBY



NEWBURY

NOR



NORWICH

NOT



NOTTINGHAM

PAN



PANGBOURNE

PEN



PENNINE

PLY



PLYMOUTH

RAF



**ROYAL AIR
FORCE**

RDG



READING

RIC



RICHMOND

RLS



**ROYAL
LEAMINGTON
SPA**

RNK



ROYAL NAVY

ROY



ROYAL

RUN



RUNCORN

SDS



**SCOTTISH
DEVELOPMENT**

SHO



SHOREHAM

SLP



SALMON LEAP

SOA



SOAR VALLEY

SOL



SOLIHULL

SOU



**SOUTHAMPTON
CANOE**

STR



**STIRLING
KAYAK**

TON



TONBRIDGE

TRU



TRURO

VIK



VIKING

WCR



WINCHESTER

WEY



WEY

WIN



WINDSOR



**Colours Registration Officer
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MARATHON RANKINGS

RACE RECORDS REPORT 2007/8

The register of Marathon paddlers stand at the moment at approximately 3200 after 61 out of the 95 club listings were returned and some pruning of those paddlers who have not raced since the 2005 season. The lower classes continue to increase in numbers which will hopefully be reflected higher up the divisions in 2008.

Club team leaders are to be reminded that the promotions and demotions for K1 classes are immediate as published after a race and paddlers must race in their new divisions at their next race, not wait for confirmation in writing from the Records Officer.

Confirmations will be sent after the results have been scrutinised by the Promotions Officer and then any errors will be corrected and the K2 promotions advised. These are now sent by email and we would appreciate any team leader that does not as yet receive confirmation this way letting us have an email address. These addresses will also be used for sending the Flat Water Newsletter. You will appreciate that this does save time and does keep the costs of postage down.

Now that race results are sent electronically race levies are sometimes forgotten and it has been decided that levies should now to be sent directly to Dave Enoch, the Treasurer. Should organisers wish to do so, this can be done by bank transfer directly into the Marathon Committee's Bank account. These details will be included in the race organisers' pack in 2008 and are on page F8, under marathon Rule 13.

Please note that a new Records Officer takes over from January 2008, details are on the Useful Addresses page F3.

Christine Laws
December 2007

MARATHON RANKINGS

Div	Surname	Name	Club	Age	BCU
1	BAKER	STEVE	ELM	V	71179/F
1	BEAZLEY	DANIEL	LEA	S	39378/F
1	BOYTON	JONATHON	ROY	S	120380/Y
1	BRABANTS	TIM	NOT	S	37973/F
1	BROWN	BEN	ELM	S	96913/F
1	BULLOCK	RICHARD	EXE	S	30594/F
1	COX	EDWARD	WEY	S	69175/Y
1	DANIELS	ANDREW	RDG	S	96745/C
1	DANIELS	TOM	RDG	S	96747/C
1	DUFF	DAVID	NOR	V	23542/F
1	ENOCH	MATTHEW	NOT	S	35512/F
1	FARRELL	BEN	ELM	S	97180/C
1	FENNEMORE	SIMON	WEY	S	97743/F
1	JOHNSON	NATHAN	ELM	S	55922/F
1	LAWLER	IVAN	ELM	V	7701/F
1	MAYCOCK	ANDY	EXE	V	ICU 2914
1	MCKEEVER	EDWARD	BOA	S	69271/F
1	MOULE	KEITH	CLM	S	80147/F
1	NORENBERG	JACOB	IND	S	ETX1 FOY
1	QUANE	MICHAEL	ELM	S	29488/F
1	STREVS	ADAM	CAM	S	ETX1 CAM
1	TORDOFF	IAN	CHE	V	SCA 6388
1	WEST	STUART	WOR	V	106967/F
1	WILLIAMS	ROBIN	WEY	V	6297/F
1	WYCHERLEY	PAUL	WEY	S	82383/Y
2	AYRES	ROBIN	WEY	V	212912/F
2	BARBER	DANIEL	ELM	J	121086/Y
2	BEER	ROBERT	ELM	S	117855/Y
2	BELBIN	DAVID	NOT	V	18674/F
2	BITCOM	DOUG	RIC	S	114684/F
2	BLACKMAN	NEIL	SOA	V	39746/F
2	BLYTH	DUNCAN	WOK	V	12123/F
2	BRADSHAW	BEN	CLM	S	116650/F
2	BREWSTER	ADAM	NOT	V	65481/F
2	BRIDGE	TOM	WEY	S	126209/Y
2	BURGOYNE	PAUL	HER	S	43048/F
2	BUTLER	JAMES	NOT	V	96528/F
2	CANHAM	CHRIS	ROY	V	81880/F
2	CHILDERSTONE	MARK	WEY	J	129513/C
2	CLARK	IAN	NOT	S	50848/F
2	COX	EWAN	WEY	V	34016/F
2	CROUCHER	ADRIAN	WEY	V	12402/F
2	DARK	SIMON	BOA	V	30369/F
2	DAWSON	ANDY	CHE	V	17132/F
2	DRESSER	GUY	ROY	V	218826/F
2	EAST	NICK	EXE	V	220264/F
2	EASTERLING	SIMON	WEY	S	40088/F
2	EDE	PIP	RDG	J	112706/Y
2	ELDRIDGE	GLEN	TRU	V	78145/F
2	ENOCH	PAUL	NOT	V	7917/F
2	FIELDUS	ROY	WEY	V	111208/F
2	FOLLAND	JOHN	SOA	S	109553/F
2	FOULGER	MATTHEW	NOT	S	WCA 1125
2	FREEMAN	SAM	EXE	J	126311/Y
2	GALLIMORE	DAVID	NOR	V	73684/F
2	GOLDER	DANIEL	BAN	S	44466/F
2	GOLDER	RICHARD	NOT	S	44374/F
2	GREENHAM	BRIAN	RDG	V	50852/F

Div	Surname	Name	Club	Age	BCU
2	HARDING	OLIVER	WOK	V	29824/F
2	HARRIS	STEVE	ELM	S	39331/F
2	HASTINGS	STUART	RDG	S	111917/Y
2	HAYNES	BEN	LBZ	S	115345/Y
2	HENDRON	HENRY	RIC	S	113134/S
2	HENDRON	RICHARD	RIC	S	73633/F
2	HENSON	ADRIAN	WEY	V	16041/F
2	HICKS	SHAUNE	NOT	S	128227/F
2	HIDE	MATT	ADS	S	114364/Y
2	HIDE	TOM	ADS	J	117072/Y
2	HINVES	JAMES	SOU	S	54853/F
2	HOBROUGH	PAUL	WEY	S	210659
2	HYNDS	SCOTT	ELM	S	39592/F
2	KELLY	ANDREW	KEN	V	55243/F
2	KING	ROBERT	HER	S	71202/F
2	KING	STEVEN	HER	S	108648/F
2	LAMBERT	MICHAEL	WEY	J	208203/Y
2	LANNIGHAN	PAUL	FOA	V	31320/F
2	LEWIS	RICHARD	BOA	V	6811/F
2	LORENZI	MARC	ELM	S	111218/F
2	MAINPRIZE	TOM	RDG	J	129287/Y
2	MARNELL	STEPHEN	RUN	V	8216/F
2	MAYCOCK	PETER	EXE	V	126544/F
2	MAYERS	JAMES	RUN	S	32720/F
2	MEYER	RICHARD	NOT	S	44429/F
2	MISSEN	STAN	BOA	V	7909/F
2	NEALE	CLIVE	TON	V	4903/F
2	O'REGAN	GRAHAM	ROY	S	221174
2	PARFITT	BEN	ELM	J	118606/Y
2	PEAKE	OWEN	RDG	S	97125/F
2	PEDLAR	DAVE	WOR	S	51947/F
2	PENDLE	DYSON	NOR	V	36/F
2	PENDLE	TIM	NOR	S	105284/C
2	PEREIRA	CHRIS	ADS	S	114018/Y
2	PHILLIPS	TIM	WOR	V	129533/F
2	RESSEL	MARK	EXE	S	116424/F
2	RUTHERFORD	EDWARD	ELM	J	115494/Y
2	SABBERTON	ROSS	ROY	S	58021/F
2	SAWERS	JOHN	ELM	S	76015/Y
2	SEARS	CHRISTOPHER	RDG	S	110801/Y
2	SHARPE	TOM	EXE	J	127495/Y
2	SHELLEY	PIRAN	RIC	S	59173/F
2	SIMMONS	JONATHAN	WEY	S	84393/Y
2	SIMMONS	TOM	BOA	J	130371/Y
2	SIMS	RICHARD	TRU	V	9187/F
2	SMYTHE	JAMES	LEA	V	23979/F
2	SOWRY	TIM	ELM	S	57796/F
2	SPENCER	ALLEN	HER	S	75335/Y
2	SURRAGE	JOE	BSF	S	96867/F
2	TERRY	DEAN	WEY	J	112127/Y
2	THOROGOOD	GLENN	ELM	S	115452/Y
2	THOROGOOD	PHILIP	ELM	S	115453/Y
2	TORDOFF	ALAN	STR	V	SCA 3373
2	WELCH	MATTHEW	WEY	J	130706/Y
2	WILLIAMS	NEIL	ROY	S	118252/Y
2	WRIGHT	MICHAEL	EXE	S	110207/Y
2	WYNNE	IAN	ROY	S	23605/F
2	YATES	JONATHAN	TON	S	109025/F

MARATHON RANKINGS

Div	Surname	Name	Club	Age	BCU	Div	Surname	Name	Club	Age	BCU
3	ADAMS	MARK	BSF	V	44306/F	3	OWEN	MICHAEL	ADS	S	110552/Y
3	ATTWILL	JAMES	BOA	J	130684/Y	3	PANAYI	MARCUS	LEA	V	46604/F
3	BAGSHAW	STEVEN	NOT	V	204322/F	3	PARKER	JOHN	WOR	S	80544/F
3	BAKER	GARETH	RAF	S	62430/F	3	PATTERSON	SCOTT	KIR	J	SCA 8898/Y
3	BAKER	RALPH	NOT	S	122882/F	3	PEARSE	PHILIP	RDG	S	111052/Y
3	BARNES-HOLT	RICHARD	RIC	S	113500/F	3	PEARSE	TIM	RDG	S	111051/Y
3	BENNETT	STEVE	BRI	V	26460/F	3	POOLE	ROBERT	LBZ	S	113621/Y
3	BENNETT	STUART	WOK	S	109366/Y	3	PRESTWOOD	PAUL	GAI	S	43606/F
3	BIRD	JONATHAN	WOR	S	8920/F	3	RAINEY	SAM	LEA	J	121888/Y
3	BLACKWELL	OLIVER	EXE	S	76752/F	3	REESE	BRENDAN	ACU	S	45655/F
3	BLOCK	JAMES	NOT	V	8112/F	3	ROSIER	ALISTAIR	BOA	V	67370/F
3	BRAGG	MARK	ITG	S	SCA 5665	3	ROWELL	GARY	LEA	S	117212/Y
3	BROWN	DAVID	ELM	V	118679/F	3	SAWERS	LOUISA	ELM	F	112617/Y
3	BURGOYNE	MARK	HER	S	42864/F	3	SCHOFIELD	JOHN	SOA	S	71199/F
3	CARPENTER	NEIL	EXE	S	200218/C	3	SEAFORD	DANIEL	RDG	S	47188/F
3	CARTER	CHRIS	NOT	V	22326/F	3	SLATER	PAUL	GAI	S	29883/F
3	COLLINS	DAVID	WEY	V	10699/F	3	SLIGHT	DANIEL	LBZ	S	120610/Y
3	CONNELLY	MICHAEL	LEI	J	129996/Y	3	SMITH	JASON	RAF	S	77687/F
3	COULSON	DAVID	RDG	V	9231/F	3	SMITH	STUART	IND	V	SCA 8973
3	DAVIES	PAUL	HER	S	48125/F	3	SPENCER	JENNY	HER	F	66095/F
3	DE VILLIERS	JOHN	RIC	S	ETX1 ROY	3	STEAD	BRENDAN	RIC	S	224423
3	DOYLE	MICHAEL	ELM	V	115653/F	3	SURRAGE	VICKY	NOT	F	96866/F
3	DU TOIT	DANIEL	RIC	S	77865/F	3	SWALLOW	MELVIN	CHE	V	2665/F
3	EDWARDS	PAUL	WOK	V	105341/F	3	THROWER	SHAUN	HER	V	83895/F
3	EVANS	PAUL	HER	S	ETX2 HER	3	TREADGOLD	JAMES	RDG	V	18747/F
3	FARISH	HARRIET	NOT	F	74251/Y	3	TURNER	TRISTRAM	BRI	S	205135/F
3	FLEESON	CHARLES	ANK	S	51870/F	3	VAN DEVENTER	CHRIS	RIC	S	
3	FLYNN	DAVE	TAU	V	110396/F	3	WATT	CRAIG	ELM	S	59979/F
3	FORBES	RICHARD	SOL	S	50323/F	3	WHITE	MICHAEL	LBZ	S	119644/Y
3	FUDGER	MICHAEL	WOR	S	55225/F	3	WILLIAMSON	KEVIN	BRI	S	33007/F
3	GIBSON	OLIVER	ROY	J	128890/Y	3	YATES	PAUL	WEY	S	214250/Y
3	GRIMWOOD	ANDY	LIN	V	4636/L						
3	GUY	MATTHEW	SOU	S	109874/F	4	ABBATIELLO	GRAZIANO	WOR	V	28117/F
3	HALLAM	DAVE	LEA	V	10023/F	4	ALEXANDER	MARK	POO	S	48718/F
3	HAMPTON	MARK	LEI	J	122220/C	4	ALLEN	LEWIS	NOR	J	205147/Y
3	HAWTHORN	MIKE	WOR	V	980/F	4	ALLINSON	PATRICK	NOT	V	8715/F
3	HEMMINGS	ANNA	ELM	F	35265/F	4	ANDERSON	GRANT	SOA	S	80139/F
3	HERBENT	ATTILA	RLS	S	118352/F	4	APPLEBY	PAUL	WOK	V	105853/F
3	HERBERT	DOUGLAS	ACU	S	26387/F	4	ASTBURY	JOHN	LIN	S	82890/F
3	HOGAN	MARK	LEA	V	73736/F	4	AVERY	ROBIN	MAD	V	76606/F
3	HOWE	CHRIS	CLM	S	77116/Y	4	BAILEY	MATTHEW	ACU	V	45543/F
3	JENKINS	PHILLIP	NOR	V	54505/F	4	BAKER	PAUL	RNK	S	79805/F
3	KELLY	CHRIS	LEA	V	116341/F	4	BAN	PETER	FLA	J	116452/Y
3	KENT	RICHARD	SOU	V	16495/F	4	BARNES	PETER	RIC	V	27584/F
3	KILBOURN	ROBERT	NOR	S	32926/F	4	BATES	JOANNE	ELM	F	55918/F
3	KING	JAMES	ACU	S	109251/F	4	BAUGH	WILLIAM	ACU	V	116310/F
3	LAYNG	MARTIN	RUN	S	118058/Y	4	BEARD	RICHARD	VIK	V	159/F
3	LOVE	TOM	RLS	S	28525/F	4	BEAZLEY	KELLY	LEA	F	47954/F
3	MARTIN	MIKE	LBZ	V	84125/F	4	BELL	ROGER	RDG	V	8147/F
3	MASON	HAYLEIGH	NOT	F	85033/C	4	BLACKMAN	BRUCE	GAI	V	126208/F
3	MCKEAND	GRAHAM	LEA	V	37800/F	4	BLACKMAN	HOWARD	BUR	V	19313/F
3	MILLER	DAVID	EXE	V	118386/F	4	BLAKE	GUY	ACU	S	29326/F
3	MILLS	MATTHEW	LEA	J	109786/C	4	BLATCHLY	MARK	NOT	S	15468/F
3	MORTON	ANDREW	KIR	V	SCA 007	4	BRADBURN	DAVID	CHE	V	33391/F
3	NELSON	BEN	IND	S	43565/F	4	BRETT	TONY	BSF	J	211275/Y
3	NICHOLSON	LEON	SOU	V	26817/F	4	BRITNELL	NEIL	FOX	V	124075
3	OLIVER	DAVID	LIN	S	ETX1 LIN	4	BROUGH	HEATHER	WIN	VF	19168/F
3	OWEN	ASHLEY	ADS	S	112731/Y	4	BROUGHTON	LIZZIE	RIC	F	122013/Y
3	OWEN	KEITH	BOA	V	15820/F	4	BROWN	LEANNE	BAD	F	108181/Y

MARATHON RANKINGS

Div	Surname	Name	Club	Age	BCU	Div	Surname	Name	Club	Age	BCU
4	BURBRIDGE	PETER	LEA	S	57718/F	4	HALL	KATHRYN	RIC	F	109443/C
4	BURGESS	GRAEME	RIP	V	31811/F	4	HANNON	CLAIRE	WEY	F	56048/F
4	BURRELL	JAMES	BTH	S	109842/F	4	HARDY	LUCY	NOT	F	40046/F
4	BYATT	ANDREW	TRU	S	ETX1 FAL	4	HARMSEN	MARIUS	RIC	S	125701/F
4	BYRES	KEVIN	RIC	S	113923/B	4	HAWKEY	JENNA	EXE	F	205780/F
4	CAPPS	DUNCAN	ACU	V	98591/F	4	HAYWARD	IAN	NOR	V	9070/F
4	CARTWRIGHT	COLIN	CHE	C	59403/F	4	HEMMING	JAMES	ACU	S	111419/Y
4	CAUNT	PHIL	NOT	S	WCA 808	4	HIGHLAND	MARK	RNK	S	116618/F
4	CHAPMAN	SIMON	ACU	S	108743/F	4	HOLE	CHRIS	FOX	S	70666/F
4	CHORLEY	CHRIS	BTH	S	22827/F	4	HOLLAND	DEREK	RAF	S	75679/F
4	CHRISTIE	JAMIE	SOA	S	24086/F	4	HOLMES	BENJAMIN	WOR	S	110549/Y
4	CHURCHILL	OLIVIA	ROY	F	107993/Y	4	HOPE	PETER	ROY	V	103284/F
4	CLARK	JAMES	ROY	S	33940/F	4	HOWIE	DAVE	WEY	V	31267/F
4	COLLEY	SHARON	HER	VF	104338/F	4	HUGHES	STEVEN	HER	V	82822/F
4	COLLINGS	DAVID	WEY	V	106699/F	4	HUMPHRIES	TIM	ROY	S	130592/Y
4	COLLYER	DANIEL	RDG	J	202839/Y	4	HUNT	KIERAN	FLA	S	77670/Y
4	CORDON	JAMES	IND	S	ETX1 TNTK2	4	HYDE	JEFF	HER	V	16612/F
4	CORDON	TOM	NOT	S	ETX3 SOA	4	ILLIDGE	GRAHAM	RUN	V	107236/F
4	COULSON	ABIGAIL	RDG	F	59238/F	4	ISAAC	JASON	LEA	V	74287/F
4	CROSSFIELD	MARK	NOR	S	84414/F	4	ISBELL	OLIVER	RIC	S	82262/Y
4	CROWTHER	ANTHONY	SHP	C	31260/F	4	JACOBS	MARTIN	ADS	V	115285/F
4	DALTON	ASHLEY	ROY	S	72969/F	4	JESSON	MICHAEL	RLS	S	29684/F
4	DAVEY	ANDY	TON	S	129820/F	4	JONES	LUKE	CHE	S	WCA 3379
4	DAVEY	TRISHA	RIC	F	40335/F	4	JONES	NIGEL	NOT	S	44535/F
4	DAVIES	MARK	MAN	S		4	JONES	PAUL	HER	V	124473/F
4	DAVISON	RUSS	BUR	S	51835/F	4	JONES	STEVEN	DCP	V	WCA 3280
4	DAWE	LINDA	TRU	F	207479/F	4	JORDAN	AARON	MAI	J	109858/Y
4	DEACON	TOM	ADS	J	204443/Y	4	JOY	ALEX	LEI	J	207940/Y
4	DIMMOCK	PAUL	WEY	V	54869/F	4	KEANE	STEPHEN	EXE	V	24340/F
4	DIXON	STEPHEN	ROY	J	129921/Y	4	KING	AMORET	RDG	JF	118198/C
4	DRUMMOND	JOHN	RDG	S	109008/F	4	KING	HANK	IND	S	ETX3 TK2
4	DUNN	STUART	LEA	S	30222/F	4	KINGMAN	PAUL	BOA	S	42561/F
4	DUNROY	NORMAN	RIC	S	71246/F	4	LAMPH	FAY	WEY	F	127374/Y
4	DUSEK	MILOS	RIC	S	109526/F	4	LANG	OLIVER	RDG	S	127379/Y
4	EASEY	GRAHAM	WEY	S	20389/F	4	LAWRENCE	SIMON	TRU	V	ETX1 FAL
4	EDELMAN	JAMES	FOX	S	ETX1 FOX	4	LAWRENSON	TIM	BUR	S	95995/Y
4	EDYVEAN	JOHN	FOY	S	105477/F	4	LE ROUX	CLAUDINE	WIN	F	96256/C
4	ELLIOTT	JOHN	ELM	V	8358/F	4	LEAHY	CARL	ADS	S	72803/F
4	EMBREY	JOHN	BUR	V	5412/F	4	LEWIS	ALLEN	RAF	V	112624/F
4	ETHERIDGE	RICHARD	WEY	S	69364	4	LEWIS	JAMES	RM	S	85442/F
4	EYQUEM	PAUL	RIC	V	ETX2 NCH	4	LILLY	ANGUS	RAF	S	61147/F
4	FAIRHURST	PAUL	RUN	S	84219/F	4	LINES	ROBERT	NOR	V	22482/F
4	FARNELL	NEIL	CAM	S	65512/F	4	LITTLEWOOD	REX	NOT	V	128212/C
4	FARRINGTON	ROY	RLS	S	109611/F	4	LODGE	THERON	BRI	V	30951/F
4	FAY	NICHOLAS	RIC	S	210993/F	4	LOFTUS	KEN	ROY	S	114957/F
4	FIELDEN	PAUL	TAU	V	24497/F	4	LONGMOOR	STEVE	RAF	V	31902/F
4	FITCHET	ANGUS	POO	V	8721/F	4	LOVELL	RICHARD	WOK	V	18205/F
4	FITZPATRICK	PAUL	RNK	V	72060/F	4	LOWE	TOM	LBZ	S	114507/Y
4	FORD	DAVID	WIN	V	59235/F	4	MARTIN	NICK	NOT	V	72295/F
4	FORREST	SIMON	IND	S	44365/L	4	MATTERSON	MATTHEW	LBZ	J	204827/Y
4	FREEMANTLE	JAMES	BAS	S	215587/F	4	MAURISSEN	BERNARD	BOA	S	118618/Y
4	GANDY	MICHAEL	WOR	S	30889/F	4	MAYHEW	STEVEN	WIN	V	44155/Y
4	GARBETT	SIMON	TRU	V	73513/F	4	MCINTYRE	DEANE	FOX	V	ETX3 WIN
4	GARNER	NICK	RIC	S	34124/F	4	MCMORRIN	COLIN	KIR	V	SCA 6515
4	GARTON	LAURENCE	NOT	S	105776/Y	4	MCSWEENEY	CHRISTOPHER	WOR	S	21026/F
4	GAUL	KRISTIE	LEI	J	216705/Y	4	MEYER	RUSSELL	SOU	S	40148/F
4	GUEST	ROBERT	LIN	V	10793/F	4	MIDDLEHURST	TIM	RIC	V	216712/F
4	GUNNEY	PHIL	WEY	S	26585/F	4	MORAN	CLAIRE	WOR	F	107492/Y
4	GUY	ANDREW	LBZ	S	117972/C	4	MORAN	LAURA	WOR	F	110676/Y

MARATHON RANKINGS

Div	Surname	Name	Club	Age	BCU	Div	Surname	Name	Club	Age	BCU
4	MOULE	STEVE	CLM	S	76425/F	4	TRAIN	JAMES	FLA	C	75179/C
4	MULLER	TIM	CKP	J	202018/Y	4	TRAIN	STEVE	FLA	VC	14327/F
4	MUMFORD	TIM	BUR	S	74065/F	4	TURNER	WILLIAM	ACU	S	73263/F
4	MUSSON	TONY	SOU	V	2472/F	4	TYE	JOHNATHAN	WOR	J	207902/Y
4	NEEDHAM	JUSTIN	WRL	S	129900/F	4	UNSTEAD	SPENCER	ELM	S	106182/F
4	NEGUS	FRANCESCA	ELM	F	85482/Y	4	VAN DEVENTE	GERT	RIC	S	220977
4	NIEVEEN	WEY	WEY	V	62384/F	4	VAN DEVENTE	MARNA	RIC	F	220979
4	NUTT	TARA	ELM	F	76059/Y	4	WALKER	JESSICA	ROY	JF	117215/Y
4	OAKLEY	BEN	BTH	S	114510/F	4	WALKER	RICHARD	ACU	S	36143/F
4	O'CALLAGHAN	MEGAN	ELM	JF	116372/Y	4	WALSH	MICHAEL	WEY	S	129056/F
4	OLIVER	MATTHEW	LIN	S	ETX1 LIN	4	WATSON	RANDALL	RIC	S	214766/F
4	OUGHTON	JAMIE	SOA	S	84954/C	4	WEBSTER	JAMES	BOA	J	214163/Y
4	OUGHTON	JES	SOA	V	81703/F	4	WELLS	PAUL	RIC	V	213966/F
4	PARKER	JAMES(FESS)	WOR	V	32697/F	4	WEST	JONATHAN	WEY	V	96327/C
4	PARSONS	TINA	NOT	VF	25523/F	4	WHITAKER	JORDAN	LBZ	S	117769/Y
4	PEARSON	STEPHEN	CHE	S	76186/F	4	WICKENS	ANDREW	ELM	S	120100/F
4	PHILLIPS	MARK	RNK	V	106445/F	4	WIDDERSHOVE	TIM	TRU	S	116524/F
4	PLEECE	MATTHEW	ELM	S	122127/Y	4	WILKES	MARK	RIC	J	209928/Y
4	PRICE	STEPHEN	SOA	S	72983/F	4	WILKES	PETER	CLM	J	202700/Y
4	PURCHASE	JAMES	SOU	S	98272/C	4	WILLIAMS	ALAN	ROY	V	4482/F
4	QUILL	PHILLIP	SOU	V	3059/F	4	WILLIAMS	CLIVE	ACU	V	14219/F
4	REIF	FRED	CKP	J	129897/Y	4	WILLIAMS	KATIE	ELM	JF	120277/Y
4	RICKETTS	SIMON	ANK	V	204870/F	4	WILLIS	SAM	SOU	S	123170/C
4	RILEY	STEVE	ANK	S	124595/C	4	WILLIS	STEVE	SOU	V	123169/F
4	RIMINGTON	HUAN	SOL	S	127516/Y	4	WILSON	ALEX	FOX	S	103695/F
4	RIMMER	CHIP	POO	V	83849/F	4	WINDMILL	STEVE	POO	V	25556/F
4	RINVOLUCRI	MARTIN	NOT	V	47208/F	4	WINDSOR	ROBERT	LEA	V	82696/F
4	ROGERS	PAUL	WIN	S	67067/F	4	WINGFIELD	JAMES	DCP	V	WCA 1124
4	ROYLE	JONATHAN	ADL	S	8830/F	4	WISE	ANNA	ROY	F	111167/F
4	SANDERS	KEITH	GRI	V	44587/F	4	WOODHEAD	DARREL	LEA	S	51073/F
4	SAUNDERS	JEREMY	WOR	S	108760/F	4	WOODHEAD	DYLAN	NOT	S	203340
4	SCHNEPP	PHILIP	WOK	V	122131/F	4	WORTH	ANDREW	EXE	V	82753/F
4	SCHOFIELD	BECKY	NOR	F	83203/F	4	WRIGHT	SIMON	LIN	V	28006/F
4	SCHOFIELD	CHRIS	NOR	V	18943/F	4	YOUNG	JOSH	BSF	J	213311/Y
4	SEALEY	CHRIS	RDG	S	128049/Y	4	ZWERNIK	WITOLD	LGW	S	SCA 6585
4	SEALEY	JACK	RDG	J	128289/C						
4	SHAW	EDWARD	ROY	V	26913/F	5	AGER	RICHARD	LEA	V	ETX1 LEA
4	SHEPHARD	OWEN	CLM	S	77712/Y	5	ALLEN	JOHN	SOL	S	61938/F
4	SHERIFF	ANDREW	IND	S	ETX1 FOY	5	AYRES	PHOEBE	WEY	JF	212913/C
4	SHERIFF	HEGE	IND	F	ETX1 FOY	5	BAINBRIDGE	GEOFF	KEN	V	62062/F
4	SLATER	GREG	LIC	V	ETX1 TK2	5	BAINBRIDGE	IAN	EXE	V	33965/F
4	SMITH	ROBERT	CAM	V	20159/F	5	BAKER	IAN	GRI	J	120340/Y
4	SPENCER	CLAIRE	HER	S	123920/C	5	BAKER	PAUL	RM	S	108934/F
4	STADDON	JACK	ROY	J	205001/Y	5	BATCHELOR	NICK	RM	S	112566/F
4	STANFORD	MARK	TON	V	48032/F	5	BATCHELOR	PAUL	BAS	V	61013/F
4	STANLEY	ANDREW	NOR	V	8155/F	5	BATES	ROSALIND	ELM	F	60932/F
4	STANLEY	BRYN	FOX	V	209230/F	5	BATTISON	ROHAN	RDG	F	107002/C
4	STEELE	RODNEY	MAD	V	80371/F	5	BEER	SARAH	ROY	JF	201404/Y
4	STUART	PETER	LEA	V	21669/F	5	BENNETT	JOHN	HEM	V	8019/F
4	SWADLING	GRAHAM	NOT	V	10064/F	5	BERRIMAN	DUNCAN	KIN	V	125798/F
4	TAYLOR	JULES	BRI	V	ETX1 GRI	5	BEST	STEPHEN	BOA	V	70983/F
4	TAYLOR	ROBERT	CLM	J	126648/Y	5	BETTS	STEVE	MET	S	ETX1 F/LUZ
4	THOMAS	JAKE	ELM	J	129575/Y	5	BEYER	JAMES	ADS	J	119582/Y
4	THOMAS	MARK	BAN	J	111602/Y	5	BIDLE	DARREN	NOR	S	ETX3 LBZ
4	THOMPSON	ANDREW	LEA	S	84702/F	5	BLACKWELL	HAYLEY	WOK	F	108320/C
4	TILFORD	GEOFF	VIK	V	75978/F	5	BLACKWELL	STEPHEN	EXE	V	221242/F
4	TODD	DYLAN	RIC	S	125488/F	5	BLAKEBOROUGH	ADELE	CHE	F	33333/F
4	TORRENCE	PAUL	FOX	S	112669/F	5	BONHAM	ANDREW	WEY	S	210406/Y
4	TRAIN	ANDREW	FLA	VC	15089/F	5	BOVIS	PETE	TON	S	210727/F

MARATHON RANKINGS

Div	Surname	Name	Club	Age	BCU	Div	Surname	Name	Club	Age	BCU
5	BOWERBANK	KEVIN	BTH	V	103615/F	5	EMBREY	IAIN	BUR	J	95992/C
5	BRADBURN	JILL	CHE	F	96313/C	5	ENOCH	DAVID	NOT	V	12315/F
5	BRETT	STEVE	NOT	V	UNKNOWN	5	EPPS	ALAN	NOR	V	14930/F
5	BRIMFIELD	EDWARD	BRY	J	BRY/21J	5	ESCOTT	JOHN	WLT	V	7889/F
5	BROADHEAD	JOHN	FRE	V	27840/F	5	FELINGEROVA	RADKA	ROY	F	116570/F
5	BROOKES	PAUL	RUN	V	84867/F	5	FERGUSON	LAURA	BAN	JF	202111/Y
5	BROOKS	EDWARD	CKP	J	128913/Y	5	FISHER-DODD	NICK	BRY	S	115223/Y
5	BROWN	MATTHEW	WOR	V	29780/F	5	FITZPATRICK	JOE	BSF	J	219363/Y
5	BRYCE	KENNETH	GRY	S	SCA 1173	5	FITZSIMONS	MICHAEL	MCA	V	26518/F
5	BUCKINGHAM	MAX	ROY	S	104361/F	5	FLETCHER	ALAN	LGW	V	SCA 1474
5	BURBECK	KATHERINE	NOT	F	204276/F	5	FORD	PETER	TON	V	203941/F
5	BURNESS	PAUL	WOK	V	108796/F	5	FORD	Yael	TON	F	52954/F
5	CARNEGIE	CHRISTOPHE	RIC	S	118661/F	5	FOSTER	ALEX	ROY	J	203672/D
5	CARPENTER	MIKE	EXE	V	70381/F	5	FOWLER	SUE	ACU	F	35625/F
5	CARRIER	MICHAEL	TRU	V	49850/F	5	FRAYNE	IAN	WOK	V	112876/F
5	CARSON	ANDREW	ELM	J	128179/Y	5	FREEMAN	JOE	EXE	S	118472/Y
5	CARTER	STEPHEN	RIP	V	15644/F	5	FREESTONE	MATTHEW	LEA	S	118589/Y
5	CARTWRIGHT	ANTON	FOX	S	ETX3 FOX	5	GARLICK	JAMES	LBZ	S	ETX1 LBZ
5	CATTO	JOHN	ACU	S	46221/F	5	GARVEY	KARL	RIC	S	119370/F
5	CAWTHORN	RACHEL	WEY	F	201228/Y	5	GAUNT	TIM	PLY	S	64861/F
5	CHALMERS	NEIL	KIR	S	SCA 6665	5	GILLBE	CELIA	WEY	F	98072/Y
5	CHANDLER	MICHAEL	RAF	S	7844/F	5	GILLBE	CLARE	WEY	F	64787/F
5	CHILDERSTONE	HAZEL	WEY	JF	218883/Y	5	GODLEMAN	TOM	LEI	J	100355/Y
5	CHILDERSTONE	MICHAEL	WEY	V	9472/F	5	GODSAVE	LAUREN	WEY	F	127522/Y
5	CLIVE	MARK	GAI	J	111617/Y	5	GOHAR	ALEX	RIC	V	
5	CLYNE	PETER	ELM	S	202993/F	5	GOODEY	JOHN	TAU	V	5881/F
5	COLLINS	JESSICA	RDG	JF	126269/Y	5	GORDON	JASON	RM	S	52860/F
5	CORDERY	JAMES	WEY	J	214194	5	GORDON	KEN	ACU	V	79933/F
5	CRAIGIE	BRIAN	RDG	V	77530/F	5	GOUGH	EDWARD	BTH	S	114504/F
5	CREAMER	ROBERT	LBZ	J	205229/Y	5	GRADWELL	CHARMAIN	RIC	VF	59637/F
5	CRONK	THOMAS	SOU	V	8761/F	5	GRATTON	CHRIS	EXE	J	130142/Y
5	CROUCHER	VICTORIA	WEY	JF	207646/Y	5	GRAY	SUE	RDG	VF	31828/F
5	CROWLEY	RUSSELL	TON	V	105766/F	5	GREENAWAY	BRIAN	FOY	V	2964/F
5	CRUSE	ANDY	RDG	V	81484/F	5	GRIFFITH	NEIL	FLA	S	ETX1 FLA
5	DANIELS	NICK	RDG	V	52444/F	5	HADDON	MARK	FOX	V	55412/F
5	DANIELS	WIKI	RDG	F	96746/C	5	HALL	ANDREW	BSF	V	208195/F
5	DAVIES	DAMAN	SHP	S	115696/Y	5	HALL	ANDREW	WEY	V	14617/F
5	DAVIES	RHYS	BRI	S	ETX1 BRI	5	HANCOX	JOHN	PAN	V	118037/F
5	DAVIES	SIMON	WOR	V	1188/F	5	HANNON	SARAH	WEY	F	51022/F
5	DAVISON	CHRIS	MAD	V	117689/F	5	HARDY	KATIE	NOT	F	35429/F
5	DAWSON	KIMBERLEY	CHE	F	96111/C	5	HARRISON	JACK	SHP	J	114600/F
5	DAWSON	PAUL	HAS	S	105137/F	5	HAYNES	CHRIS	RIC	V	121520/F
5	DE GRUCHY	AUBIN	TRU	V	129835/F	5	HEAD	TOM	CLM	S	80840/F
5	DEAN	EDDY	BUR	S	71760/F	5	HICKS	ALBERT	NOR	J	105887/Y
5	DEAN	SIMON	BUR	S	71761/Y	5	HISSETT	IAIN	PAN	S	81220/F
5	DICKSON	DAVID	LGW	V	SCA 9000	5	HOLMES	ANDREW	WOR	V	111542/F
5	DODDS	TRACEY	RLS	F	129406/F	5	HOLMES	ELIZABETH	CHE	F	81204/F
5	DOMMISSE	ADRIAN	RIC	S	126262/F	5	HOLMES	GRAHAM	RIP	V	697/F
5	DONE	REBECCA	NOR	F	79361/F	5	HOLMES	STEPHANIE	WOR	JF	215266/Y
5	DONNISON	MARK	ADS	V	63236/F	5	HOSKINS	NIGEL	IND	S	ETX2 EXE C
5	DOUGALL	EMMA	LBZ	JF	106657/C	5	HOWELL	ROBIN	TRU	S	ETX1 FAL
5	DOWLING	TERRY	WIN	V	123020/F	5	HOWSON	PETER	ACU	V	120237/F
5	DOWMAN	PAUL	CLM	V	126567/F	5	HUGHES	JIM	HER	S	ETX1 HER
5	DRISCOLL	SAM	WEY	J	218847	5	HUNT	GARETH	FLA	JC	243045/Y
5	DUFFIELD	MAX	CLM	J	223323	5	HUNTER	FIONA	NOR	F	117090/F
5	DYER	IAN	RDG	S	75493/F	5	HUSSEY	DANIEL	LBZ	J	118977/C
5	EDE	LEANDER	RDG	S	108980/Y	5	ILLIDGE	JENNY	RUN	JF	216127/Y
5	EIGNER	SEAN	SOU	S	ETX1 NAT CH	5	INCE	JOHN	TON	V	43540/F
5	ELSTON	PAUL	MAI	V	85358/F	5	JONES	GRAHAM	RDG	S	82227/F

MARATHON RANKINGS

Div	Surname	Name	Club	Age	BCU	Div	Surname	Name	Club	Age	BCU
5	JONES	SIMON	BRY	S	46389/F	5	POTTS	DAVE	GPS	S	50379/F
5	JORDAN	DEAN	MAI	V	78897/F	5	PRESTON	CHRIS	ELM	S	121740/F
5	JURATOWICH	BEN	FOX	S	ETX2 HEN	5	PRESTWOOD	ROBERT	GAI	V	34494/F
5	KELLY	NANETTE	RIC	F	67584/Y	5	PRICE	NICHOLAS	MAD	V	97347/F
5	KING	ALBERT	IND	V	ETX1 TV	5	PROUT	STEPHEN	WOR	V	58584/F
5	KNOTT	ROBERT	BRI	S	ETX3 NAT OH	5	RALPH	TIM	WOK	S	95967/F
5	LABBETT	JOHN	SOU	V	18598/F	5	RANCE	STEVE	SOU	V	14236/F
5	LAMPH	MARK	WEY	J	220643	5	RANDALL	ALASTAIR	FOY	S	32903/F
5	LANE	JOE	EXE	V	ETX1 EXE C	5	REEVES	KRISTIAN	ADS	S	113462/E
5	LANG	DAVID	SBI	V	215495/F	5	REMMINGTON	RICHARD	FOX	V	117032/F
5	LEITCH	JAMES	LBZ	J	125688/Y	5	REVILLA	FERRAN	SOU	S	202994/F
5	LENNOX	STUART	RAF	V	82925/F	5	RIDDLE	MICHAEL	TRU	V	84837/F
5	LEWIS	HEWEL	ACU	S	ETX1 WOR	5	RIPPINGTON	SAMANTHA	WOK	F	107742/F
5	LITTLEHALES	KEVIN	BRI	V	WCA 5631	5	RIX	OLIVER	NOR	J	NOR/012
5	LLOYD	NICK	RIC	S	104077/F	5	ROBSON	ALAN	ADS	S	55914/F
5	LOVEDAY	ALEX	ELM	J	210676/Y	5	ROOKS	ROBERT	SBI	V	34724/F
5	LOWTHORPE	ANDREW	KIN	J	117393/Y	5	ROSS	ANDREW	NOR	S	51765/F
5	LUCAS	ROLAND	RIC	S	12533/F	5	ROWLANDS	CAROLINE	CHE	JF	129326/Y
5	LUCK	CHRIS	WEY	S	55307/F	5	RUDD	DAVID	TON	V	111776/F
5	LUNN	MATTHEW	LEI	J	128238/F	5	RUSSELL	PHILLIP	SHP	V	18131/F
5	MACKINTOSH	ALAN	KIR	V	SCA 258	5	RUTHERFORD	CAROLINE	ELM	F	115492/Y
5	MARA	GILLIAN	NOT	F	75152/F	5	RYDIN	PHILLIP	EXE	S	115939/F
5	MARSHALL	DEREK	LGW	V	SCA 348	5	SACKMAN	DAVID	RDG	V	25521/F
5	MARTIN	SEAN	RIC	V	19025/F	5	SARGEANT	DAVID	NOT	S	106771/F
5	MASON	ANTONI	NOT	S	84658/C	5	SATERNUS	ARTHUR	RLS	C	211084/F
5	MASON	NORMAN	NOT	V	35607/F	5	SCARR	PETER	ELM	S	114115/F
5	MCCULLOUGH	ANDREW	ACU	V	33072/F	5	SCOTT	JAMES	RIC	S	115926/F
5	MCLEAN	MATTHEW	BAN	J	211876/Y	5	SCOTT	TIM	NOR	V	82381/F
5	MCNULTY	BRIAN	CHE	V	80637/F	5	SEDGWICK	MARTYN	WIN	V	ETX2 WIN
5	MERRIFIELD	CLIVE	TAU	S	4661/F	5	SHELDRAKE	MARK	WAV	V	58759/F
5	MILLER	GORDON	BKW	V	41494/F	5	SHERIFF	LISA	IND	F	ETX1 FOY
5	MILLEST	ANDREW	MAD	V	23241/F	5	SILCOCK	JAMES	BRY	J	BRY/001
5	MORAN	MICK	WOR	V	108663/F	5	SILLITOE	CALLUM	LBZ	J	119410/C
5	MORLEY	PETER	WEY	V	10711/F	5	SIMON	MARTON	ELM	J	ELM/073
5	MORTON	DWAYNE	ELM	S	108685/F	5	SIMS	MICHAEL	NOT	J	117056/Y
5	MULLINS	GUY	WEY	S	ETX1 NAT C	5	SIVERTSEN	OMMUND	WOK	V	201516/F
5	MUNGOVAN	JORDAN	RIC	S	103922/Y	5	SKELLERN	CHRISTOPHER	WOR	V	29198/F
5	MURPHY	ADAM	LBZ	J	124522/Y	5	SLATER	IAN	RUN	V	81647/F
5	NADAL	MICK	NOT	V	1664/F	5	SMITH	COLIN	CHE	V	7999/F
5	NERCESSIAN	TONY	RIC	S	200496/F	5	SMITH	DAVID	WOR	S	49165/F
5	NEVITT	ANDREW	WOR	V	76583/F	5	SMITH	DUNCAN	LEA	V	8843/F
5	NICHOLSON	ANDY	WEY	V	76849/F	5	SMITH	NAOMI	BAS	JF	206178/Y
5	NORMAN	MICHAEL	CAM	V	34443/F	5	SOMERSET	RICHARD	BAS	V	61580/F
5	O'DONNOVAN	JOHN	IND	V	ET	5	SOUTHWAY	MIKE	TAU	V	62906/F
5	OLIVER	GEORGE	NOT	V	27863/F	5	STAGG	RICHARD	CAM	V	11991/F
5	OWEN	ROBERT	CHE	V	WCA 4602	5	STEVENSON	NIGEL	LIN	V	12432/F
5	PALMER	GLEN	WOR	V	120007/F	5	STOBART	DAN	MET	S	ETX1 F/LUZ
5	PARKER	GEORGE	WOR	S	77343/Y	5	STONE	JULIAN	BAN	J	208444/Y
5	PARKER	JAMES(GINGE	WOR	S	205562/F	5	STONEHOUSE	NEVIL	RIC	V	104838/F
5	PARKER	SOPHIE	CLM	JF	212977/Y	5	STOPFORTH	KIERON	PAN	S	111501/C
5	PATERSON	DEE	GAI	F	73056/F	5	STRICKLAND	BOB	IND	S	63454/F
5	PEARCE	MARK	RIC	V	58064/F	5	STUART-HILL	BRUCE	MAI	V	125933/F
5	PEARCE	RYAN	FOY	J	118087/E	5	SWALLOW	JENNY	CHE	JF	126197/C
5	PEASE	CHRISTOPHE	TRU	V	20149/F	5	SWALLOW	VICKY	CHE	F	95970/C
5	PERKINS	RICHARD	BRY	S	67706/F	5	TAYLOR	DAVID	LIN	V	7848/F
5	PHILLIPS	ANDY	BOA	S	9370/F	5	TAYLOR	NICKY	ELM	F	57004/F
5	PHILLIPS	DAVE	NOT	V	1705/F	5	TERRY	PATRICK	WEY	V	20595/F
5	PIGOTT	MIKE	RIC	S	83249/F	5	TINGAY	STEVE	LBZ	S	39445/F
5	POTTERTON	TONY	RDG	V	224469	5	TOOMEY	PAUL	RDG	V	18086/F

MARATHON RANKINGS

Div	Surname	Name	Club	Age	BCU	Div	Surname	Name	Club	Age	BCU
5	TREW	TIMOTHY	BEJ	S	209322/F	6	BROWN	SUE	LBZ	VF	117901/C
5	TRICKETT	ADRIAN	WOR	V	124163/F	6	BUNTING	GORDON	RIC	S	129994/F
5	UNDERHILL-ROSE	MICHAEL	WHI	V	17011/F	6	BURTON	ALLAN	WEY	V	42952/F
5	UNWIN	NIGEL	BOA	V	43866/F	6	BYARD	TOM	LBZ	J	124670/Y
5	VAN NIEKERK	STEVE	BAN	S	ETX1 BAN	6	CANNON	DOMINIC	CKP	J	203430/Y
5	VINCENT	RICHARD	SOA	V	122748/F	6	CARMELO	CARLOS	CHE	S	etx2 CHE
5	VINCENT	ROBERT	SOA	J	122308/Y	6	CARPENTER	HOLLIE	EXE	F	97641/C
5	WAINWRIGHT	BARNEY	NOT	S	49295/F	6	CARTER	GARY	LIN	V	207204/F
5	WALKER	TIM	EXE	V	67111/F	6	CATCHLOVE	ROBIN	MAI	V	2682/F
5	WALKINSHAW	RYAN	BSF	J	116469/D	6	CAVE	JONATHAN	WOR	V	47835/F
5	WATSON	LEE	RLS	C	85863/F	6	CAWTHORN	WILLIAM	CAM	S	ETX1 CAM
5	WELCH	CHARLIE	WEY	J	215672	6	CHALMERS	MICHAEL	KIR	S	SCA 6666
5	WESLEY	JOHN	NOT	V	35774/F	6	CHAMP	LEE	HER	V	205918/F
5	WHITE	A	RAF	F	111167	6	CHAPMAN	BRIAN	KIR	V	SCA 0001
5	WHITE	IAN	WOK	V	68786/F	6	CHAPMAN	MARGARET	KIR	VF	SCA 327
5	WHITE	STEPHEN	LBZ	S	111679/Y	6	CHILDRESTON	JACK	WEY	J	WEY/068
5	WHITEHEAD	DANIEL	CLM	S	109754/Y	6	CHISHOLM	ALASTAIR	LGW	V	ETX1 F&C
5	WIBREW	MICHAEL	MAI	V	7886/F	6	CHMIEL	MARISH	NOT	V	212690/F
5	WIGGLESWORTH	MARK	PAN	S	114735/C	6	CHORLEY	STEVE	CHE	V	13305/F
5	WILCOX	TERRY	RM	S	58841/F	6	CHRISTIE	DOUGLAS	MAD	S	35581/F
5	WILKINS	STEVE	CLM	V	126649/F	6	CHUDLEY	COLIN	BRI	V	409/F
5	WILKINSON	PAUL	ELM	S	200418/F	6	CHURNSIDE	AMELIA	RDG	JF	205668/Y
5	WILLIAMS	ROGER	CHE	V	110927/F	6	CLARKE	DARREN	RM	S	52257/F
5	WILSON	CHARLES	EAL	J	EAL/021	6	CLARKE	ROSALIND	CHE	VF	4620/F
5	WOOD	ANDREW	WOR	S	123296/C	6	CLEAVER	BRENDON	BOA	S	ETX1 BOA
5	WOODHEAD	GORDON	MAD	V	115532/F	6	CLIVE	JOHN	GAI	V	84484/F
5	WOODHEAD	GORDON	NOT	V	115532	6	COHEN	LUCAS	ACU	S	80462/F
5	WOOLTORTON	NIGEL	MCA	V	11944/F	6	COLYER	BEN	RDG	J	210041/Y
5	ZWIERNIK	WITOLD	LGW	S	ETX1 RATHO	6	COOKNELL	MATTHEW	BAN	J	216773/Y
6	ABRAHAM	NARDOS	RIC	S	216101/F	6	COOMBER	RUPERT	FOY	S	ETX1 FOY
6	ADAIR	JOHN	WOR	V	111401/F	6	COURTMAN-ST	PAUL	BSF	V	129034/F
6	ARCHONDAKIS	ALAN	BEJ	V	104040/F	6	COX	SAM	LBZ	S	124677/Y
6	ARTHURS	BARRY	EXE	V	81802/F	6	CROSSMAN	MIKE	RDG	V	58306/F
6	AZIZI	HABIB	WRL	S	206340/F	6	DARK	ALISON	BOA	VF	112324/F
6	AZIZI	HAMID	WRL	S	ETX1 SHP	6	DARLING	SIMON	BOA	S	118730/F
6	BAGNALL	ANDREA	RIC	F	82765/F	6	DAWKINS	RUSSELL	RIC	S	80427/F
6	BANNISTER	MICHAEL	MAI	V	68271/F	6	DAWSON	LORNE	RIC	S	220706/F
6	BARRELL	STEVE	LBZ	V	59915/F	6	DEARDEN	JOHN	WOR	J	111919/D
6	BARRY	MICHAEL	CLM	V	69039/F	6	DIAPER	TOM	SOU	S	SOU/002
6	BARTOLI	MICHAEL	LBZ	J	127979/Y	6	DILAI	MAGGIE	RUN	F	112820/F
6	BATTERSHELL	DAVID	WEY	S	3580	6	DODSON	ANDY	ADS	V	74419/F
6	BEARDSSELL	LENA	ROY	F	123465/Y	6	DODSON	HENRY	FTH	S	121096/Y
6	BEE	GILLIAN	NOR	F	106681/C	6	DODSON	MICHAEL	VIK	S	68530/F
6	BELL	MICHAEL	FLA	V	77704/F	6	DOMAN	LESLEY	CLM	VF	ETX1 CLM
6	BELLAMY	HEATHER	NOT	F	ETX1 TK2	6	DRESCH	TRACEY	FLA	VF	113372/F
6	BENNETT	JASON	CHE	S	221492	6	DUFF	KERRY	NOR	F	38806/F
6	BETTERIDGE	ZOE	BRI	F	83261/F	6	DUNCAN	MELANIE	BSF	F	98589/C
6	BISHOP	JAMES	BTH	S	12345/S	6	EDGAR	DUNCAN	SOL	C	61484/F
6	BLACKMORE	RUSSELL	TAU	V	11867/F	6	EMBREY	CHRISTOPHER	BUR	J	95993/C
6	BLATCHLEY	ANTHONY	PAN	S	124986	6	EMERY	MARK	BOA	V	61118/F
6	BOLTON-WAUGH	BRYNN	LEI	S	128339/Y	6	EVANS	DAVE	RAF	V	218472
6	BOWLES	ADAM	SHP	S	126449/F	6	EVANS	NEIL	MAD	V	75366/F
6	BOWLEY	MATTHEW	BUR	J	129728/Y	6	FARRANCE	ALAN	HEM	V	ETX1 HEM
6	BRANCO	LUIS	ADL	S	ETX1 ADL	6	FARRINGTON	ROSIE	ROY	JF	200901/Y
6	BRIGGS	ROY	WEY	V	28132/F	6	FERGUSON	ANDY	GAI	S	43686/F
6	BRISTOW	GRAHAM	PNZ	S	25013/F	6	FERGUSON	GARETH	GAI	S	52007/F
6	BRISTOW	NICOLA	PNZ	F	96204/C	6	FERRIS	DAVID	BEJ	S	73680/F
6	BROPHY	PAT	RIC	S	ICU	6	FEUILLADE	AARON	PAN	S	108101
						6	FEUILLADE	ALEC	PAN	J	108102/Y

MARATHON RANKINGS

Div	Surname	Name	Club	Age	BCU	Div	Surname	Name	Club	Age	BCU
6	FILLINGHAM	MALCOLM	WOK	V	42835/F	6	JONES	RUSSELL	FLA	V	7318/F
6	FIRMAN	DAVE	EXE	V	69747/F	6	KEEBLE	JAMES	WOK	S	79448/F
6	FISHER	ADRIAN	FRE	V	80179/F	6	KELLY	TOM	BRY	J	BRY/002
6	FOSTER	RICHARD	FOX	S	126130/F	6	KER	ALAN	WEL	V	108952/F
6	FRANKLAND	NIGEL	RDG	V	28675/F	6	KERR	PAUL	SOU	S	34935/F
6	FREEMAN	ADRIAN	EXE	V	126310/F	6	KEWLEY	RYAN	RIC	S	119740/F
6	FREEMAN	NEIL	WIN	V	122124/F	6	KEWLEY	STEVEN	RIC	S	119739/F
6	FREER	ALAN	WOK	V	105657/F	6	KINGSTON	THOMAS	MAI	J	129100/E
6	GALLOWAY	ALISON	RDG	F	111825/Y	6	KNIGHT	ANDY	WIN	S	ETX1 WIN
6	GAUNT	PATRICK	PLY	S	108833/C	6	LABBATT	ALBERT	EXE	S	ETX1 DRT
6	GAUNT	SAM	PLY	S	108832/C	6	LANE	HUGH	POO	V	127891/F
6	GAVIN	CHRIS	RIC	V	85225/F	6	LANG	JACOB	RDG	J	207569/Y
6	GENT	KEVIN	EXE	S	ETX1 DRT	6	LAWRENSEN	BILL	BUR	V	6035/F
6	GERMISHUYS	QUINTEN	ELM	S	74516/F	6	LEE	ROBERT	WOR	V	108717/F
6	GIDDINGS	MARK	ELM	V	81131/F	6	LEES	ROBIN	BAS	V	5895/F
6	GILBERT-JOHNS	RICHARD	SOU	V	63155/F	6	LEFFLER	MELISSA	RIC	F	46776/F
6	GILES	ANDY	LIN	V	ETX1 LIN	6	LEWIS	HOWARD	ANK	V	WCA 442
6	GILL	PAUL	MAD	S	59109/F	6	LEWIS	HYWELL	NOT	S	ETX1 IRON
6	GILLESPIE	JOHN	PAN	J	115791/Y	6	LIMET	DOMINIC	RIC	V	214351/F
6	GOHAR	MARCUS	RIC	V	10803/F	6	LINNELL	WILLIAM	NOR	J	128482/Y
6	GORE	CHRISTOPHE	CLM	V	103346/F	6	LORENTZEN	ULRIK	RIC	V	130562/F
6	GRIMSHAW	PETER	ADS	J	ADS/R15	6	LOVELL	PAM	WOK	F	111772/F
6	HAGUE	IAN	RIC	S	211939/F	6	LUCAS	DAVID	ACU	S	ETX1 NCH
6	HALL	MEGAN	BSF	F	111666/Y	6	LUCAS	EDWARD	RM	S	209572/F
6	HALL	PHIL	WOK	S	68471/F	6	LUND	MALCOLM	LEA	V	107372/F
6	HANLON	MIRIAM	ELM	JF	ELM/004	6	LUNT	TIM	TON	S	109416/F
6	HANNA	GRAHAM	CHE	V	113457/F	6	MAINPRIZE	PETER	RDG	V	129743/F
6	HARRIS	ROBERT	WIN	S	ETX1 WIN	6	MANZIE	DREW	IND	V	SCA 796
6	HARRISON	MARTYN	EXE	V	215649/F	6	MARSHALL	PAUL	TRU	V	ETX1 FOY
6	HARRY	MARTIN	WIN	V	ETX1WIN	6	MARTIN	CHRIS	KIR	S	SCA 6284
6	HAUGHTON	MARTIN	WRL	V	13329/F	6	MARTIN	IAN	WOK	V	210112/F
6	HAUPT	CRAIG	RIC	S	115975/F	6	MAUK-FENTAN	SENIOR	IND	S	211934/F
6	HAYNES	BRIAN	IND	V	220193/F	6	MAYERS	RACHEL	RUN	F	114340/C
6	HAYNES	MATTHEW	HER	S	107779/F	6	MCCARROLL	STUART	FOX	S	126687/F
6	HELMER	RAY	FOY	V	52197/L	6	MCINTOSH	ANDY	RUN	S	ETX3 CHE 1
6	HEATHERINGTON	PHILLIP	SOU	V	59274/F	6	MCKEEVER	THOMAS	BOA	S	79648/F
6	HEWETT	EARL	WOK	V	58885/F	6	MEIKLE	ISOBEL	FLA	VF	113373/F
6	HICKS	ANDY	NOR	V	96647/C	6	MENDHAM	NEIL	FLA	V	109049/F
6	HILDERLEY	ELLIE	WEY	F	200633/Y	6	MERRIFIELD	DAVID	TAU	S	21337/F
6	HILL	NIGEL	TON	V	203796/F	6	MIDDLEHURST	MARIA	RIC	JF	206714/Y
6	HOLLAND	PHILLIP	IND	S	70225/F	6	MILES	DARREN	BAN	V	56233/F
6	HOWE	BARRY	CLM	V	80558/F	6	MILLEST	SARAH	SOU	F	96190/C
6	HOWE	GRAHAME	CLM	V	79201/F	6	MORTON	NICK	RIC	S	203278/F
6	HOWELL	CATHY	NOT	F	128119/F	6	MOUNT	JONATHON	PNZ	J	PNZ/006
6	HOWES	MARTIN	MAI	V	12195/L	6	MOWBRAY	MEGAN	LGW	F	SCA 7325
6	HOWSON	LEE	BOA	S	120238/C	6	NEWBUTT	BRYAN	NOT	V	48664/F
6	HUNT	KATE	HER	F	218113/F	6	NICHOLLS	GERALD	WOR	V	107468/F
6	HUTCHINSON	PAUL	LIN	V	ETX1 LIN	6	NOLAN	ANTHONY	WOR	V	22350/F
6	HUTT	JENNY	RIC	JF	SCA 4411	6	NOSWORTHY	SARAH	RIC	S	200564/F
6	HUTT	JONATHAN	C&K	V	SCA 4411	6	O'DONNOHUGH	KAREN	CDF	F	ET
6	HYDE	PHILLIP	CLM	V	ETX1 CLM	6	OLDHAM	JAMES	PEN	S	78422/F
6	ILLINESI	EMILY	ELM	JF	122544/Y	6	OLIVER	RICHARD	LIN	V	9065/F
6	ILLINESI	JENNY	ELM	JF	120501/Y	6	OSBORNE	DANIEL	LBZ	J	125862/Y
6	JACOBSEN	METTE	ITG	F	SCA 7871	6	OUGHTON	JESSICA	SOA	F	112256/C
6	JAMES	WILLIAM	CDF	S	ETX2 BAN	6	OXTOBY	ELLA	LBZ	JF	124553/C
6	JENNISON	IAIN	KIN	J	114154/C	6	PARKER	CAMERON	TON	S	ETX1 MEDW
6	JENNISON	NEIL	KIN	V	110533/F	6	PARKER	DAVID	NOT	V	97420/C
6	JOHNSTONE	IVOR	RUN	S	ETX2 RUN	6	PARKER	JAMES E	WOR	S	108723/F
6	JOINER	TIM	RIC	V	109350/F	6	PARKER	PAUL	CLM	V	117619/F

MARATHON RANKINGS

Div	Surname	Name	Club	Age	BCU	Div	Surname	Name	Club	Age	BCU
6	PARKINSON	ANDREW	CHE	V	25722/F	6	THOMAS-EDMC	BARCH	IND	S	212500/F
6	PARRY	ANDREW	RIC	V	122019/F	6	THOMKINS	TERRY	MAI	S	201006/F
6	PEARCE	ELIZABETH	RIC	F	32758/C	6	TIMMINS	LES	TRU	V	71309/F
6	PEDLEY	ANDY	LIN	V	62374/F	6	TONKIN	MIKE	SOU	V	111777/F
6	PEMBERTON	TAFLIN	RIC	S	119767/C	6	TRAIN	KATIE	FLA	JF	117123/Y
6	PETERSON	MARK	HEM	V	ETX1 HEM	6	TRAIN	STEVE	FLA	V	14327/F
6	PHILLIPS	OWEN	CDF	V	WA 7355	6	TROTTER	KATHERINE	ELM	JF	122412/Y
6	PIKE	CHRISTOPHE	WEY	V	71765/F	6	TUFFLEY	NIGEL	POO	V	26430/F
6	PRATT	NAILL	CDF	J	ET	6	TUPLIN	CHRIS	NOR	V	9674435/F
6	PRICE	STEPHEN	ELM	V	114399/F	6	TURCAN	TOM	RIC	V	201083/F
6	PURCELL	FREDIE	RIC	J	RIC/017	6	TURZA	JOZSEF	RIC	S	107806/F
6	PURCHAS	MIKE	BOA	V	61438/F	6	VEEVERS	NICHOLAS	RIC	S	43309/F
6	RALPH	PAUL	WOK	V	2620/F	6	VON BACKSTR	ANDRE	ELM	S	74515/F
6	REES	SUKI	ROY	JF	ROY/016	6	WALKER	PETER	PAN	V	119872/F
6	REYNOLDS	DANIEL	CAM	S	ETX1 CAM	6	WALKER	RICHARD	PLY	V	34794/F
6	RICHARDSON	GILES	IND	S	ETX1 BRI	6	WARLAND	GRAHAM	BAN	V	51532/F
6	RICHARDSON	TONY	ROY	S	120210/F	6	WAUGH	DAVID	ADL	S	ETX1 ADL
6	RICHMAN	MIKE	NBY	V	ETX1 PAN	6	WEBB	TIM	NOT	V	203068/F
6	RIDDLE	TOM	RDG	J	213036/Y	6	WEIR	IAIN	BAN	JC	206058/F
6	RILEY	CRAIG	ANK	V	123723/F	6	WELFORD	ROBIN	WOR	V	63047/F
6	RILEY	GORDON	ANK	V	129155/F	6	WETHERALL	KIMBERLEY	RIC	F	95955/C
6	ROBERTS	PHIL	CHE	V	15593/F	6	WHITE	CHRIS	BRI	S	ETX1 BRI
6	ROBERTSON	DON	LIN	V	34430/F	6	WHITEHEAD	KATIE	MAI	JF	115585/Y
6	ROBERTSON	DUNCAN	EAL	S	80415/F	6	WILLIAMS	DEAN	CLM	V	107756/F
6	ROBINSON	RALPH	PLY	S	108024/F	6	WILLIAMS	KEVIN	EXE	S	ETX1 DRT
6	ROGERS	JERRY	BKW	V	30446/F	6	WILSON	IAN	IND	V	ETX1 RATHO
6	ROONEY	SOPHIE	BAN	JF	212798/Y	6	WISE	ISOBEL	RDG	JF	128545/Y
6	ROSE	PAUL	PLY	V	29374/F	6	WITHALL	MARK	SOA	S	108703/F
6	ROUTLEDGE	CYRIL	ANK	V	25392/F	6	WOOD	DAVE	WOR	V	117429/F
6	RYMELL	MARK	WEY	S	15101/F	6	WOOD	KATIE	BAN	F	213363/Y
6	SAWYER	ROBIN	WAV	S	39052/F	6	WOOLACOTT	ADRIAN	IND	V	ETX1 ELM
6	SCHOLEY	ROBERT	CHE	V	1573/F	6	YANNIERERK	STEVE	IND	S	WA521
6	SEAMAN	JOE	WEY	J	205901/Y	6	YUILL	ADAM	NOR	S	???
6	SEWARD	DAVID	WOK	V	17952/F	7	ABSOLOM	PETE	BAS	V	25029/F
6	SHARP	CLAIRE	RAF	F	82539/F	7	ALBON	JOSHUA	BLN	J	116749/Y
6	SHEPHARD	EVAN	CLM	S	74560/F	7	ANDERSON	KEITH	BAN	V	120370/F
6	SHIEL	THOMAS	ELM	J	200917/Y	7	ANDREWS	KENNETH	SOL	V	46988/F
6	SHIRES	JOSH	RDG	J	214188/Y	7	ARMITAGE	ELLEN	FOX	F	218510/F
6	SILLITOE	CHLOE	LBZ	JF	119411/C	7	ASHLEY	JEAN	CHE	VF	205906/F
6	SIMMONS	HANNAH	BOA	JF	215523/Y	7	BADELEK	JOHN	WEY	C	37224/F
6	SIMONS	TYSON	BAS	S	121403/Y	7	BANJAR	J	IND	S	ETX1 BRI
6	SIMS-WILLIAMS	GILES	FOX	S	220741	7	BARKWAY	RICHARD	NOR	V	33978/F
6	SMITH	ISOBEL	BAS	JF	204440/Y	7	BAZLEY	ANDREW	ACU	S	109152/F
6	SMITH	MARTIN	SOU	V	104075/F	7	BENNETT	PETER	CHE	V	130634/F
6	SMITH	TONY	IND	V	219914	7	BERCHTOLD		RIC	S	ETX1 RIC
6	SOUTHWAY	MICHAELA	TAU	F	76862/F	7	BERENDSEN	KAJ	SOU	S	110973/F
6	SPENCER	ANTHONY	HER	V	203/F	7	BIDLE	GRAHAM	NOR	V	50697/F
6	STAINSBY	ROB	RIC	S	215243/F	7	BIRD	ANDREW	LGW	S	SCA 8300
6	STANWAY	PETER	RDG	V	25437/F	7	BLACKBURN	KIERON	TON	V	104035/F
6	STEVENS	BETH	WEY	JF	WEY/128	7	BLACKWELL	BELINDA	WOK	F	218681
6	STONEHOUSE	GRAHAM	RIC	V	104808/F	7	BLATCHLEY	IAN	PAN	V	79062/F
6	STYAN	JAMES	FLA	J	205877/Y	7	BLOWERS	MALCOLM	MDN	V	71466/F
6	SUTHERLAND	ROBERT	WOK	V	62267/F	7	BODIMEADE	IMOGEN	ROY	JF	201175/Y
6	TALBOT	JOHN	WOR	V	80574/F	7	BOSKOVA	ZDENKA	RIC	F	117254/F
6	TAYLOR	DOUGLAS	ITG	S	SCA 8714	7	BOTTOMLEY	RICHARD	ACU	S	205518/F
6	TAYLOR	LEE	BRI	S	98634/Y	7	BOURNE	GRAHAM	VIK	V	7853/F
6	TAYLOR	MARK	HEM	V	216119	7	BOWDITCH	IAN	EAL	V	15284/S
6	TAYLOR	STUART	NOT	S	108825/F	7	BOWERBANK	MATTHEW	BTH	J	BTH/002
6	THOMAS	CHARLOTTE	WEY	JF	WEY/039						

MARATHON RANKINGS

Div	Surname	Name	Club	Age	BCU	Div	Surname	Name	Club	Age	BCU
7	BOWLES	KYLE	SOL	S	82062/Y	7	FOODY	CARL	CLM	V	55984/F
7	BRETT	JOHN	IND	V	127915/F	7	FOULGER	JUDE	DCP	VF	WCA 1223
7	BRODERICK	CHRIS	CKP	V	ETX1 CKP	7	FRANKLIN	ZACHARY	WIN	J	104474/Y
7	BROOKS	RICHARD	NOR	S	79673/B	7	GARDNER	DONALD	LGW	S	SCA 921
7	BROWN	HANNAH	BTH	JF	125835/Y	7	GARSDIE	NATHAN	LBZ	J	126419/Y
7	BROWN	JULIAN	LBZ	V	6033/F	7	GARSON	WILLIAM	WEY	V	54958/F
7	BROWN	OLIVER	PLY	S	108025/F	7	GATES	BARRY	HER	V	3645/F
7	BUCHAN	PHILIP	RIC	S	117655/F	7	GILES	KIRSTY	SOU	VF	221648
7	BULMER	GRAHAM	CHE	V	39417/F	7	GILLIAND	WAYNE	RIC	S	ETX1 RIC
7	BURGOYNE	ALAN	HER	V	36860/F	7	GINGELL	CHARLIE	PAN	S	98415
7	CADAUX-HUDSON	LORENZO	WEY	J	WEY/130	7	GLOSTER	MARTIN	WOR	V	47789/F
7	CALDERWOOD	COLIN	ACU	V	64352/F	7	GOHAR	MARCUS	RIC	VC	10803/F
7	CALVERT	CHRISTOPHE	FLA	J	217205/Y	7	GOLEBIOWSKI	ZBIGNIEW	BAS	S	ETX1 BAS
7	CAMPBELL	DEREK	LBZ	V	216704/F	7	GRADY	DEAN	NOR	V	120353/F
7	CAMPBELL	ROBERT	BED	V	46050/F	7	GREEN	DAVID	EXE	V	6137/F
7	CANDY	BEN	WOK	S	ETX3 NAT CH	7	GREEN	DAVID	IND	V	ETX3 BRIGG
7	CARROLL	PAUL	RAF	V	1825/F	7	GREEN	IAN	BAD	J	BAD/055
7	CAYFORD	ANTHONY	BSF	J	120891/Y	7	GRIFFIN	DONNA	NOT	F	61998/F
7	CAYFORD	ANTHONY	BSF	JC	120891/Y	7	GRUNDY	ROD	LEA	V	ETX1 LEA
7	CHAMINGS	OLIVER	YRK	V	16074	7	HARDWICK	NEALE	RLS	V	59780/F
7	CHERRY	CHRISTOPHE	TON	V	108999/F	7	HART	ROD	WOK	S	115436/F
7	CHMIEL	ALISON	NOT	VF	212691/C	7	HATTON	NIGEL	MAI	S	208267/F
7	CHRISTIE	DONALD	MAD	V	24619/F	7	HAWS	ALICE	WEY	JF	WEY/079
7	CLARK	JEREMY	TON	V	206280/F	7	HAWTHORN	EMMA	WOR	JF	104102/C
7	CLEAVER	CHRIS	MAD	V	34796/F	7	HAWTHORN	SUE	WOR	VF	96033/C
7	CLIVE	STEPHANIE	GAI	F	GAI/002	7	HAYNES	ANDREW	GAI	S	123026/F
7	COLLETT	ALAN	TRU	V	212956/F	7	HAYNES	TREVOR	WRN	V	1860/F
7	COLLINS	IMOGEN	RDG	JF	RDG/015	7	HICKMAN	SHEA	BSF	J	109544/Y
7	COOLEY	DARREN	BSF	S	68280/F	7	HILL	DAVID	ACU	F	127603/F
7	COOPER	ANITA	RDG	VF	76974/F	7	HILTON	PAUL	PLY	S	113514/F
7	COOPER	EDWARD	PAN	V	117604/F	7	HOSKIN	KEITH	SBI	V	17179/F
7	CORK	BEN	FOX	S	ETX1 PAN	7	HOUSE	ADAM	EXE	J	122214/Y
7	COTTLE	GRAHAM	BOA	V	57653/F	7	HUDD	ALISON	GRI	F	71225/F
7	COX	JAMIE	BAS	S	223957	7	HUISMAN	MARTINE	SOU	VF	96855/C
7	CRAIGIE	JANE	RDG	VF	98278/C	7	HULME	JAMIE	CAM	V	31708/F
7	CRAWFORD	ROGER	RIC	V	ETX3 F/LUZ	7	HUMPHREYS	COLIN	LEA	S	42553/F
7	CREAMER	CHARLOTTE	LBZ	F	200863/Y	7	HUNTER	JON	MAI	S	72619/F
7	CRISP	PAUL	EAL	V	8205/F	7	HUSSEY	LAURA	LBZ	JF	118978/C
7	CROSSWOOD	DOMINIQUE	PLY	JF	125089/Y	7	HUTCHINSON	IAIN	ACU	S	30063/F
7	CROSSWOOD	TIM	PLY	V	128767/F	7	HUTCHINSON	STEPHEN	WOR	V	49981/F
7	CURTIS	ALAN	CLM	V	122765/F	7	HUTT	FIONA	C&K	VF	SCA 4411
7	DABNEY	OWEN	FOX	S	207485/F	7	IRELAND		RIC	S	ETX1 RIC
7	DACK	GRACIE	EXE	JF	ETX2 GRI	7	JARRATT	PETER	LIN	V	201944/F
7	DAINS	RONALD	BAD	V	4403/F	7	JEFFERIES	DAVID	PEN	V	117870/F
7	DAMANT	SIMON	TON	V	84120/F	7	JEFFERIES	ROBERT	PEN	J	215922/Y
7	DARLING	WAYNE	ACU	S	116125/F	7	JOHNSTON	SARAH	RIC	F	118984/F
7	DAVIES	NEIL	HER	V	116245/F	7	JONES		ACU	S	205495/F
7	DAVIS	RICHARD	ITV	V	1172/F	7	KASPEROWICZ	ANTHONY	RAF	S	70975/F
7	DE FERRER	MARTHE	ELM	JF	203145/Y	7	KAVANAGH	JOHN	MAD	V	52634/F
7	DROMARD	ROBIN	BSF	V	17255/F	7	KELLY	ALAN	RM	S	ETX2 HEM
7	DUFF	CRAIG	NOT	J	213882/Y	7	KELLY	ELIZABETH	KEN	JF	117116/Y
7	DYER	JASON	BAS	J	220942	7	KENDALL	ARAN	NTH	J	122263/Y
7	EDGAR	STUART	SOL	S	59964/F	7	KERR-SHAW	BENJAMIN	RM	S	ETX1 WEY
7	EDGAR	STUART	SOL	C	59964/F	7	KILBY	EDWARD	RIC	J	127875/Y
7	EDWARDS	MARK	ACU	V	71088/F	7	KILLIP	JACK	RIC	J	RIC/013
7	ESSEX	ANDREW	BRI	V	ETX1 GRI	7	KIRKWOOD	ANGUS	CLM	J	CLM/1006
7	FADLI	ADAM	SOU	J	SOU/013	7	KIRKWOOD	DAVID	CLM	V	ETX1 CLM
7	FARQUHARSON	STEWART	NOR	V	110904/F	7	KIRSCHSTEIN	NICO	RDG	J	RDG/050
7	FINCH	MARK	MAD	V	79946/F	7	LANDER	PETER	BOA	V	50491/F

MARATHON RANKINGS

Div	Surname	Name	Club	Age	BCU	Div	Surname	Name	Club	Age	BCU
7	LAWRENCE	RICHARD	ELM	V	127962/F	7	PEREIRA	WENDY	ADS	VF	68819/F
7	LAWS	ALAN	EXE	V	1877/F	7	PHILLIPS	JOSH	NOT	J	NOT/010
7	LAXTON	ROWAN	RIC	S		7	PIKE	SARAH	LIN	VF	205726/F
7	LINNELL	LOUISE	MAI	F	128481/F	7	PLANTIER	FRANCOIS	BAN	S	221833
7	LIPSCOMBE	RICHARD	WEY	J	209741/Y	7	POPLE	CLAIRE	RIC	F	ETX3 RIC
7	LISTER	MATTHEW	WRL	J	114855/C	7	POTTERTON	ANDREW	RDG	J	RDG/054
7	LO	JOSEPH	SOU	S	52388/F	7	PRICE	SCOTT	SOA	S	72982/F
7	LOWE	JULIE	4AS	F	77746/F	7	PUCKRIN	PHILIP	YRK	V	ETX1 CALD
7	LUCK	MICHAEL	WEY	V	63048/F	7	PUNTER	MICHAEL	BAN	V	62075/F
7	LYNCH	TIM	FOX	S	215760/F	7	QUIBELL	PETER	RIC	V	219948/F
7	MACGILLIVRAY	RICHARD	BKW	V	117632/F	7	RABY	SEB	BAN	J	223918
7	MACKINTOSH	URSULA	KIR	VF	SCA 258	7	RALPHS	DAVID	RIC	S	215796/F
7	MADELEY	DAVID	CHE	V	43117/F	7	RAWSON	ANDY	RDG	V	45226/F
7	MAHMOUD	ADAM	EAL	J	EAL/012	7	READEY	JOHN	PLY	S	51786/F
7	MALCOLM	ANTHONY	NOT	V	110398/F	7	REEVES	ALEX	ADS	J	119257/Y
7	MARFFY	ROXANNE	RIC	VF	105865/F	7	REEVES	NICHOLAS	ADS	V	85746/F
7	MARKS	ROY	TON	V	27423/F	7	REID	ROBERT	PLY	J	220669/Y
7	MARSH	KEVIN	RIC	S	219927/F	7	REYNOLDS	COLIN	MAI	V	16904/F
7	MARTIN	DEAN	TON	V	116025/C	7	RICHARDSON	ADAM	FRE	S	96512/F
7	MARTIN	GEZ	BAS	V	201086	7	RICHARDSON	GEORGE	ROY	V	15659/F
7	MATTHEWS	DAVID	PLY	S	107988/F	7	RICKETTS	DAVE	ANK	V	208146/F
7	MAY	JOHN	TRU	V	22447/F	7	RIX	GAVIN	NOR	V	218879
7	MAYLAND	JOANNE	MAD	F	46782/C	7	ROBINSON	LAWRENCE	PLY	J	130497/Y
7	MCCAIG	LEE	KIR	S	SCA 8344	7	ROBINSON	PHILIP	SHP	V	213719/F
7	MCKENZIE	ANDREW	ADL	V	ETX1 ADL	7	ROSSITER	JAMES	WEY	V	1489/F
7	MCLEAN	IAN	BAN	V	203381/F	7	ROWBOTHAM	DAVID	NOT	J	NOT/510
7	MCLEOD	NEIL	SOU	S	215574/F	7	SAMWAYS	MIKE	LIN	S	204094/F
7	MEDSON		RIC	S	ETX1 RIC	7	SCHANDELMAN	JOHN	RIC	V	126710/F
7	MEIKLE	DUNCAN	FLA	JC	124716/C	7	SETH-KAPOOR	SHOBANNA	NOT	JF	216113/Y
7	MELLY	MATTHEW	RM	S	209059/F	7	SHARP	JARED	FOX	S	ETX2 PAN
7	MIDDLETON	MEGAN	FOY	JF	FOY/004	7	SHAW	ALEX	FLA	S	ETX1 FLA
7	MILBANK	RICHARD	RIC	S	ETX1 MAI	7	SHIEL	ALANA	ELM	JF	200916/Y
7	MILES	JOHN	ACU	S	100981/F	7	SIMON	REBEKA	ELM	JF	ELM/074
7	MOESSNER	SUSI	ITG	F	SCA 8709	7	SIMPSON	KEITH	RDG	V	217053
7	MUDD	JONATHON	BAS	V	118880/F	7	SIMPSON	SAM	RDG	V	ETX3 WIN
7	MUDD	RICHARD	RIC	S	217019/F	7	SMITH	COLIN	CHE	VC	7999/F
7	MURNAGHAN	LIZ	BAS	VF	26107/F	7	SMITH	SUE	RIC	F	118341/F
7	MURPHY	DOM	BAN	V	110498/F	7	SOKOLOV	ALEXANDER	WEY	J	WEY/090
7	MURR	ANTHONY	SHP	V	75227/F	7	SPENCER	BERYL	HER	VF	111732/C
7	MUSGROVE	MARC	BEJ	V	40689/F	7	SPURR	ANDREW	FOX	S	121310
7	NEWMAN	IAN	CAM	V	56355/F	7	STAMP	RAY	CHE	V	119057/F
7	NIXON	OLIVER	ACU	S	ETX1 F/LUZ	7	STANDEVEN	GUY	ROY	J	ROY/053
7	NIXON	SIMON	MAD	V	55152/F	7	STANNARD	ADAM	RLS	J	220026/Y
7	NOBBS	DEAN	ART	S	216204/F	7	STRATHDEE	STUART	WRL	S	9143/F
7	NORAICA	DANIEL	EAL	V	43675/F	7	STYAN	KATHRYN	FLA	JF	217267/Y
7	OLIVER	LAURENCE	LIN	V	1987/F	7	SURRAGE	PAUL	BSF	V	55059/F
7	OXBY	MARTYN	ART	S	296280/F	7	SWALLOW	SARAH	CHE	VF	95971/C
7	OXTOBY	LYDIA	LBZ	JF	124554/C	7	TAYLOR	IAN	SOU	V	36012/F
7	PADDOCK	STEVE	CHE	V	74891/F	7	THOMAS	GEORGIA	BSF	JF	208617/Y
7	PANRUCKER	MIKE	BSF	V	106812	7	THOMAS	MARK	IND	V	SCA 9928
7	PANTER	SAM	EXE	J	125144/Y	7	THOMAS	ROGER	TRU	V	22755/F
7	PARKER	HEATHER	NOT	VF	66792/F	7	TOPHAM	WILLIAM	HER	J	HER/020
7	PARSED	MANEESH	RIC	V	220853/F	7	TRACE	TIMOTHY	RIC	S	214183/F
7	PEARCE	EMMA	FOY	F	111182/Y	7	TRIEGAARDT	KAREN	RIC	F	128003/F
7	PEARCE	KEVIN	FOY	V	107054/F	7	VATER	MIKE	WOR	V	43397/F
7	PEARCE	RAY	BAN	V	79460/F	7	VORBERGER	YAN	RLS	VC	220871/F
7	PEARTON	ROSS	IND	VC	199/F	7	WADSWORTH	BETHANY	ROY	JF	209167/Y
7	PECKOVER	GARY	NOT	V	37701/F	7	WAKELIN	MATTHEW	BOA	S	115560/F
7	PENDLE	ALI	NOR	VF	96009/C	7	WALKER	DEREK	BOA	V	68019/F

MARATHON RANKINGS

Div	Surname	Name	Club	Age	BCU	Div	Surname	Name	Club	Age	BCU
7	WALKER	HAZEL	PLY	VF	96332/C	8	BELCHER	SARAH	MLO	F	79506/Y
7	WALKER	KEITH	EBC	V	1569/F	8	BELCHER	TERRY	MLO	V	83321/F
7	WALKER	MICHAEL	BUR	V	39456/F	8	BELLAMY	SIMON	NOT	S	ETX1 SOA
7	WALKER	PHILIPPA	EXE	JF	84610/C	8	BENNETT	ANITA	SHP	F	36541/F
7	WALMSLEY	JOSEPH	RAF	V	34701/F	8	BENTLEY	ROSS	BUR	J	BUR/503
7	WARD	AMY	ELM	JF	200024/Y	8	BERRY	JENNIFER	IND	F	SCA 4256
7	WARD	RICHARD	EXE	V	15061/F	8	BIND	MARK	RIC	S	125462/F
7	WARLAND	CARL	BAN	S	112390/F	8	BISHOP	DAVID	RAF	S	ETX1 HUN
7	WATSON	JEAN	WOK	VF	110516/F	8	BISHOP	SIMON	EAL	J	EAL/001
7	WEBB	AARON	WLT	J	WLT/026	8	BLAKEBOROUGH	MARGARET	CHE	VF	28215/F
7	WEBB	JOANNE	SOU	F	224375	8	BLAZEY	NATHAN	NOR	J	NOR/004
7	WEBSTER	RICHARD	LIN	S	LIN/006	8	BLUNDELL	HELEN	NOR	JF	115825/Y
7	WEBSTER	STEVEN	BOA	J	BOA/R26	8	BONHAM	ANDREW	WEY	JC	210406/Y
7	WEIR	ROGER	BAN	JC	206057/Y	8	BOWLES	PHILIP	MAI	V	27406/F
7	WEST	MITCHELL	ADS	J	ADS/004	8	BOYLE	OLIVER	BRY	J	BRY/003
7	WETHERALL	SAMANTHA	RIC	F	95954/F	8	BRADLEY	ANDREW	WAV	S	203311/F
7	WETHERALL	TREVOR	RIC	V	1561/F	8	BRADLEY	MARGARET	MAD	VF	68731/F
7	WHEELER	ADRIAN	PAN	V	121457/F	8	BRETT	JIM	BSF	V	207571/F
7	WHITCOMB	ROBERT	SOL	V	55042/F	8	BRETT	JUNE	BSF	VF	207570/F
7	WHYSALL	NATALIE	NOT	F	205462/F	8	BRIGHT	DALE	ROY	S	ETX3 RIC
7	WILKINSON	PHILIP	LIN	V	122785/F	8	BROOKES	CHELSEA	RUN	JF	RUN/028
7	WILLIAMS	ALAN	NTH	V	222228/F	8	BROWN	DANIEL	SBI	S	50858/F
7	WILLIAMS	PHILIP	CHE	J	CHE/004	8	BROWNLIE	KATHY	FOX	F	214354/F
7	WILLIS	J	IND	S	74078/F	8	BURBIDGE	ANTONIA	ROY	F	ROY/008
7	WILSON	LUKE	FOX	S	205396/F	8	BUTLER	BILLY	FOX	S	ETX4 FOX
7	WINGFIELD	PENNY	DCP	VF	WCA 3290	8	BUTLER	MICK	FOX	V	219206/F
7	WISE	EWAN	RDG	J	RDG/051	8	BUTTON	PETER	BAN	V	126576/F
7	WITCHERS	GRAHAM	IND	V	ETX1 TVC	8	CAIRNS	PATRICK	ELM	J	211673/Y
7	WOOD	MEGAN	BAN	JF	217546/Y	8	CAMP	NEIL	RIC	S	ETX3 RIC
7	WORTHINGTON	SEAN	EAL	V	213979/F	8	CANE	DEBBIE	RDG	F	213886/F
7	WRIGHT	STEWART	GRI	S	220480	8	CAPE DIVA	MIEKA	BUR	JF	BUR/???
7	WYDAM-SMITH	JANE	EAL	VF	ETX2 WIN	8	CARLISLE	JOHN BARRIE	KIN	V	25690/F
7	WYLIE	ROBERT	SOU	C	53361/F	8	CARSON	EMMA	ELM	JF	201822/Y
8	ABRAMS	IAN	BSF	V	207741/F	8	CARY	XANDER	WEY	J	WEY/099
8	ACREMAN	MALCOLM	POO	V	38932/F	8	CAVE	ROBERT	WOR	J	WOR/069
8	ADLER	JANA	ROY	JF	ROY/082	8	CHAPMAN	CALLUM	BAN	J	BAN/042
8	AGGOUN	AMAR	LEI	J	LEI/R08	8	CHICKEN	EDWARD	PLY	J	ETX2 EXE C
8	ARMISHAW	LOUISE	EXE	F	55448/F	8	CHILDERSTON	AMANDA	WEY	VF	96040/C
8	ARMISHAW	ROBERT	GAI	V	56450/F	8	CHITTOCK	JOHN	BAN	V	19794
8	AULD	ALISON	WEY	F	220641/F	8	CHURCH	NICK	RIC	S	ETX1 RIC
8	AUSTEN	JAMIE	PLY	J	220775	8	CHURCHILL	MIRANDA	ADS	VF	115754/F
8	AUSTEN	STEVEN	PLY	S	ETX1 FOY	8	CHURNSIDE	CHARLOTTE	RDG	JF	RDG/007
8	AXE	DAVID	KIN	V	201930/F	8	CIANCHI	DAVE	HER	V	45843/F
8	BAILEY	CHRISTINA	ROY	F	118214/F	8	CLARK	JAMES	PLY	J	126914/Y
8	BAINES	MATTHEW	4AS	J	204165/Y	8	CLARK	MATTHEW	ROY	J	ROY/017
8	BAKER	ALEXANDER	GRI	J	120339/Y	8	CLARK	VANESSA	RIC	F	ETX1 ROY
8	BANNISTER	PETER	MAI	J	128928/Y	8	CLIVE	LOUISE	GAI	VF	107595/C
8	BARATTA	FRANCISCO	RIC	S	119544/F	8	COATS	TOM	ACU	S	127606/F
8	BARBER	GEFF	SOL	V	128080/F	8	COLLCOTT	RICHARD	BRY	J	BRY/021
8	BARNES	CAROLINE	SOU	VF	216422/C	8	COLLIER	ALISTAIR	WOR	V	ETX1 WOR
8	BARROW	JONATHAN	PAN	J	110873/C	8	COLLINS	GLYNIS	EXE	VF	ETX2 EXE
8	BARTON	FREDDIE	PLY	J	ETX2 EXE C	8	COLLINSON	JEANETTE	POO	F	52993/F
8	BATE	JOEL	SOL	J	SOL/027	8	COOK	JON	ELM	S	ETX1 ELM
8	BATES	DIANE	ELM	VF	81395/F	8	COPE	MEIKA	BUR	JF	BUR/611
8	BATTISON	GAIL	RDG	VF	72211/F	8	CORLESS	TRICIA	RDG	F	118892/B
8	BEAN	JAMES	BAS	S	221402	8	COTTON	JAMES	4AS	J	208014/Y
8	BEER	EMMA	ROY	JF	ROY/038	8	COULTON	GARY	RIC	S	104723/B
8	BELBIN	DAVID	NOT	VC	18674/F	8	COX	BEN	RM	S	20576/F
						8	COXON	LIZZIE	NOT	JF	NOT/507

MARATHON RANKINGS

Div	Surname	Name	Club	Age	BCU	Div	Surname	Name	Club	Age	BCU
8	CRAIG	MATTHEW	LEA	S	12050/F	8	GRANTHAM	WILLIAM	BOA	J	BOA/R38
8	CROOKS	RICHARD	CLM	C	105428/F	8	GREEHY	LUCY	FOX	JF	214545
8	CROPPER	PETER	BTH	S	44349/F	8	GREEN	BEN	CKP	J	120213/Y
8	CROSBY-JONES	STEVEN	ACU	S	205495/F	8	GREEN	CHRISTOPHER	PAN	J	PAN/007
8	CULLINGTON	MARK	RIC	S	66063/F	8	HADAVIZADEH	TOM	BOA	J	BOA/R39
8	DALRYMPLE	DANIEL	ITV	V	2624/F	8	HADLAND	LIZ	ELM	F	218734/F
8	DARK	ADRIAN	BOA	V	23632/F	8	HALL	JEREMY	WOK	V	57011/L
8	DAVISON	PAUL	MAD	V	53985/F	8	HAMPTON	KEITH	LEI	V	17130/F
8	DAY	JACQUI	ELM	F	78261/B	8	HARDEN	GARY	RAF	S	39213/F
8	DEACON	DAVID	ADS	V	83854/F	8	HARDING	JOHN	LBZ	V	218633/F
8	DEAL	KATIE	BOA	F		8	HARNETT	RAIT	RIC	V	203985/F
8	DIXON	KIM	LBZ	V	119777/F	8	HARPER	GARY	BAN	V	221883
8	DIXON	PETER	KIN	V	121332/F	8	HARRIS	DENISE	DCP	VF	ETX1 CHE
8	DOBBIE	DERRICK	LBZ	V	84212/F	8	HAWS	DAVID	WEY	S	121399/F
8	DOWER	KEVIN	ADJ	V	128576/F	8	HAWS	EDMUND	WEY	J	WEY/077
8	DOWMAN	SARAH	LEA	F	211949/F	8	HEAD	MIKE	CLM	V	59628/F
8	DRAPER	KEVIN	BEJ	V	110469/F	8	HEADLAND	GREG	SOU	J	SOU/044
8	DUCK	MATTHEW	RIC	JC	128873/Y	8	HEARY	SARAH	WOK	VF	123854/F
8	DUFFIELD	LEWIS	CLM	J	CLM/704	8	HEMPENSTALL	MIKE	ELM	S	204333/F
8	DUNSTAN	TINA	FOY	F	52196	8	HENDERSON	ALAN	KIR	V	SCA 9680
8	DUNSTER	ROSE	RIC	JF	RIC/088	8	HENDERSON	PAULA	KIR	JF	SCA 9680/Y
8	DYKE	MARTIN	SOU	V	120598/F	8	HENMAN	JOSHUA	RIC	J	RIC/041
8	EDWARDS	PATRICK	PAN	J	PAN/798	8	HICKS	CHARLES	BAS	V	20209/F
8	EDWARDS	ROGER	CLM	V	38140/F	8	HIGGS	KATE	GAI	VF	107460/F
8	EGGELHOEFER	SCOTT	BRY	J	BRY/004	8	HILEY	ROGER	BAN	V	70651/F
8	ELLIOTT	MIKE	RM	S	ETX1 HEM	8	HILL	TRISTAN	CLM	J	CLM/177
8	ENOCH	PAUL	NOT	VC	7917/F	8	HILLS	CHRISTOPHER	BAN	V	203494/F
8	ESCOTT	JAMES	BOA	J	220378	8	HOEY	STEVE	RM	S	ETX1 HEM
8	FARLEIGH	STEVE	RIC	S	ETX1 ELM	8	HOILE	ANN	LBZ	VF	35082/F
8	FARQUHARSON	JAMES	BEJ	V	109983/F	8	HOLDEN	CRAIG	LKR	J	ETX3 ISLA
8	FARRINGTON	GRACE	ROY	JF	ROY/043	8	HOLDWAY	RUTH	TRE	F	73613
8	FEILDING	LAWRENCE	RLS	J	117784/Y	8	HOLMES	PHILLIP	SHP	S	200942
8	FENSOME	KEITH	ACU	S	121465/F	8	HOOTON	ANTHONY	ANK	V	108636/F
8	FEUILLADE	ALECIA	PAN	VF	108100/F	8	HOSFORD	BENJAMIN	BRY	J	BRY/005
8	FIELD	ERIC	RDG	V	ETX2 RDG	8	HOWARD	DARREN	WOR	V	55361/F
8	FINNIS	BEN	ROY	J	ROY/030	8	HUDSON	KEN	ELM	V	64777/F
8	FINNIS	JOE	ROY	J	ROY/031	8	HUGHES	DAVID	BEJ	V	37592/S
8	FISHER	SARAH	FRE	JF	MAD/001	8	HUNT	JULIE	RLS	VF	129853/F
8	FLEET	CATRIONA	BRY	JF	121095/Y	8	HUNT	RYAN	RLS	J	126769/D
8	FLETCHER	MATTHEW	RIC	V	204397/F	8	HUNTER	ANDREW	SOA	S	116872/F
8	FLETCHER	TIMOTHY	RIC	S	ETX1 MAI	8	HUSSEY	MANDY	LBZ	VF	200625/C
8	FLYNN	STEVE	BAN	V	204771/F	8	HUTCHINSON	PETER	RIC	V	121601/F
8	FORD	DAISY	ADS	F	109324/F	8	ILLINESI	PAUL	ELM	J	203012/Y
8	FOSTER	MIKE	ROY	V	203670/F	8	INETT	ROBERT	NOT	S	ETX1 TK2
8	FRANCIS	LYNN	PAN	VF	83130/F	8	JAMES	GRAHAM	CHE	V	ETX1 CHE
8	FRANKLIN	ELIZABETH	ANK	VF	54664/F	8	JARRETT	OLIVER	WOK	J	203761
8	FREARSON	ELLIE	CKP	JF	203300/Y	8	JARY	K	RIC	S	ETX1 RIC
8	GAFFARD	CATHERINE	WOK	F	203759/F	8	JEFFS	ANDREW	BAS	J	111697/C
8	GALLAGHER	LIAM	MAD	V	55911/F	8	JOHNS	ALEX	PLY	J	118248/Y
8	GARDNER	STEPHEN	LIN	V	201929/F	8	JOHNSTON	BENJAMIN	PLY	J	113648/Y
8	GARNER	ADRIENNE	HEM	VF	42975/F	8	JONES	CATHERINE	SHP	F	207101/F
8	GARSDIE	DEBBIE	LBZ	VF	127029/C	8	JONES	CHRIS	BAN	V	67520/F
8	GILLESPIE	STEPHEN	PAN	J	115792/Y	8	JONES	PETER	HER	V	4084/F
8	GODBOLD	EDWARD	NOR	V	205987/F	8	JUDGE	ALEXANDRA	BSF	F	121726/F
8	GONZALEZ	TONY	BAN	VC	128735/F	8	KEARTLAND	GUY	RIC	S	126706/F
8	GOODLAD	BETHANY	LBZ	F	123428/C	8	KELLY	JONATHON	RDG	J	RDG/024
8	GOODLAD	STEVE	LBZ	V	106637/F	8	KILBY	EDWARD	RIC	JC	127875/Y
8	GRACE	CHARLES	RIC	S	ETX2 RIC	8	KILLIP	BEN	RIC	J	RIC/042
8	GRANGE	SAM	WOK	J	WOK/012	8	KIND	THILO	EBC	J	EBC/019

MARATHON RANKINGS

Div	Surname	Name	Club	Age	BCU	Div	Surname	Name	Club	Age	BCU
8	LAMBERT	CONNOR	SHP	J	SHP/072	8	OLIVER	FREDDY	BAS	J	BAS/051
8	LAMBERT	KATIE	BAS	F	218644/F	8	PALFREY	MIKE	BAN	V	129433
8	LAMBERT	RUBY	NOR	JF	NOR/002	8	PALFREYMAN	SAM	EAL	J	EAL/004
8	LANE	GRACE	FOX	F	124226/F	8	PALMER	IAN	PAN	V	118002/F
8	LARSEN	JOSE	LBZ	VF	125711/F	8	PARKER	REBECCA	NOT	F	97421/C
8	LAVARS	PAUL	ITV	V	ETX1 SOU	8	PATERSON	TOM	RDG	V	80580/F
8	LE BLAIS	CHARLES	ROY	J	ROY/076	8	PATTERSON	NEIL	KIR	J	SCA 8897/Y
8	LEE	JOHN	HER	V	2457/F	8	PEATMAN	JOHN	LWC	S	115672/Y
8	LEMIN	JAMES	PAN	V	44457/F	8	PEDLAR	KATE	WOR	F	112424/F
8	LEWIS	EMILY	WOR	JF	WOR/183	8	PEMBLE	CAROLINE	RIC	F	74859/F
8	LEWIS	MICHAEL	CLM	V	1944/F	8	PENN	TERRY	FOX	V	208258
8	LINNELL	EMILY	NOR	JF	128480/Y	8	PETERS	JAMES	KIR	J	SCA 9358/Y
8	LISTER	DAVID	WRL	V	79889/F	8	PHILLIPS	STEPHEN	ADJ	V	74579/F
8	LITTLEWOOD	JULIE	NOT	VF	128211/F	8	PINNS	JOSEPH	IND	J	
8	LO	HELEN	SOU	F	96742/C	8	POSTILL	PAUL	TRU	V	221185/F
8	LOVE	DAVE	RM	S	ETX1 HEM	8	POTTS	MURIEL	ANK	VF	58167/F
8	LUCAS	DOMINIC	WOK	V	203763/F	8	POULTER	EDWARD	FLA	C	FLA/015
8	MAINPRIZE	SARAH	RDG	VF	207815/F	8	POULTER	PHILLIP	FLA	V	111483/F
8	MALLET	JOHN	CAM	V	81949/F	8	POWELL	J	RIC	F	ETX2 RIC
8	MARKOS	CHARLIE	BRY	J	BRY/006	8	POWELL	ROBIN	WOR	V	1996/F
8	MARTIN	ALAN	RIC	S	ETX1 RIC	8	PRENTICE	MARK	BOA	V	58986/F
8	MARTIN	LORAINNE	TON	VF	116024/F	8	PRICE	PAULA	RIC	F	ETX1 HEN
8	MATTHEWS	DEBBIE	LBZ	VF	108913/F	8	PURCHASE	MAUREEN	PAN	VF	77496/F
8	MATTHEWS	NEIL	BAS	V	209466/F	8	PURKISS	ROSEMARY	POO	F	2922/F
8	MAY	DEBORAH	SHP	F	129106/F	8	REBOUL	MAX	MAD	J	MAD/008
8	MAYLAND	ANDREW	MAD	V	80406/F	8	REES	ABBI	ROY	JF	ROY/015
8	MCCLUSKEY	STEVEN	PAN	V	65287/F	8	REES	WYNNE	RAF	S	76438/F
8	MCDONNELL	ANDREW	NOR	J	NOR/001	8	REESE	HAYLEY	HER	F	219057
8	MCLEAN	ANNE MARIE	BAN	VF	129130/F	8	REESE	PHILIP	FOX	S	126239/F
8	MCMANUS	KATE	NOT	VF	ETX3 LIN	8	RICHARDSON	BRENDON	4AS	S	201761/F
8	MCMORRIN	BRIAN	KIR	V	SCA 6515	8	RILEY	KATIE	ANK	JF	128561/C
8	MCMORRIN	LINDSAY	KIR	JF	SCA 6515	8	ROBINS	GUY	BAN	V	124144/F
8	MCNULTY	BRIAN	CHE	VC	80637/F	8	ROBINSON	RICHARD	PLY	V	212670/F
8	MEDINA	CLAIRE	KIN	JF	126297/C	8	ROBINSON	TOLLY	PNZ	J	PNZ/001
8	MEREDITH	RACHAEL	BOA	JF	BOA/R31	8	ROBSON	SARAH	SBI	F	116674/F
8	METCALFE	GEORGINA	PAN	JF	82829/Y	8	ROGERS	DAVID	KIN	V	ETX1 SHIP
8	METCALFE	VICKY	PAN	VF	58497/F	8	ROGERS	LIAM	KIN	J	KIN/021
8	MILES	ARCHIE	LIN	V	120719	8	ROSE	ELEANOR	FOX	JF	224438
8	MILWARD	MAX	BRY	J	BRY/007	8	ROSSER	MATTHEW	SHP	J	224931
8	MISSEN	HANNA	BOA	JF	BOA/R30	8	ROWE	SARA	TRU	JF	ETX1 FAL
8	MISSEN	JAMES	BOA	J	BOA/R40	8	RYAN	LUCY	BAN	VF	219809/F
8	MONK	HANNAH	WEY	F	116032/F	8	SAMS	KEVIN	MET	V	ETX1 F/LUZ
8	MORAN	JAYNE	WOR	VF	108664/C	8	SANDER	PAUL	CDF	V	WCA 7165
8	MOWATT	DIANE	LEA	VF	18889	8	SANDERS	BEN	GRI	J	124209/D
8	MUIR	TIM	INV	V	SCA 10358	8	SCOGGINS	JENNY	WAV	F	119179/F
8	MURPHY	ALICE	BAN	JF	BAN/035	8	SEAGER	MIKE	SHP	V	111814/F
8	MURPHY	HEATHER	BAN	F	115582/C	8	SEAMAN	JOE	WEY	JC	205901/Y
8	MURPHY	MELANIE	BAN	VF	110499/C	8	SEIKA	REBECCA	BAN	JF	BAN/063
8	MYLETT	DAVE	LIN	V	5147/F	8	SELWOOD	CARLY	BEJ	F	106392/F
8	NADAL	KATH	NOT	VF	95958/C	8	SELWOOD	PETER	BEJ	V	103665/F
8	NASH	SARAH	NOT	JF	NOT/033	8	SEN	KAMALA	DCP	VF	WCA 3571
8	NATHAN	WILLIAM	EAL	J	EAL/005	8	SHARP	DIANE	LGW	F	SCA 1619
8	NEALE	LOUISE	TON	F	95988/C	8	SHARPE	CHRISTOPHER	WAV	V	60747/F
8	NEUBUTT	GREG	NOT	J	NOT/031	8	SHARPE	WILLIAM	EXE	V	ETX6 GRI
8	NEWSON	ASHLEY	NOR	J	NOR/007	8	SHAW	GILES	FLA	J	FLA/029
8	NICHOLSON	BRIAN	RLS	S	81466/F	8	SHELMERDINE	RICHARD	PLY	S	ETX1 FOY
8	NORTH	ROBIN	RIC	S	72243	8	SILLITOE	CHRIS	PLY	V	74389/F
8	O'BRYNE	DOM	RDG	V	125516/F	8	SIMMONS	ANDREW	BOA	V	201792/F
8	OLIVER	DAVID	NOT	V	110184/F	8	SIMPSON	PAUL	RAF	S	ETX1 HUN

MARATHON RANKINGS

Div	Surname	Name	Club	Age	BCU	Div	Surname	Name	Club	Age	BCU
8	SISI	ADAM	SOU	J	SOU/004	8	WHITE	MARY	MAD	VF	ETX1 ADL
8	SMELY	ANTONIA	RIC	JF	RIC/065	8	WHITTLE	JOSEPH	SHP	J	SHP/023
8	SMITH	HOWARD	BAS	V	201873/F	8	WHITTLE	MARCUS	SHP	J	SHP/024
8	SMITH	MICHELLE	FOX	F	119173/F	8	WIGGINS	JONATHON	BOA	S	ETX1 GRI
8	SMYTHE	JOSHUA	RIC	JC	129215/Y	8	WOOD	JULIE	BAN	VF	123563/F
8	SOKOLOV	ANTHONY	WEY	V	125744/F	8	WOODS	ALEX	IND	S	ETX1 WIN
8	SOUTHEY	MICHAEL	FOY	J	FOY/001	8	WRIGHT	ANT	BSF	V	111414/F
8	SPITTAL	MEG	IND	F	SCA 0086	8	YATES	JAY	BRY	J	BRY/015
8	STADDON	CRESSIDA	ROY	JF	ROY/041	8	YATES	ROBERT	FOX	S	76391/F
8	STAFFORD	WILLIAM	BEJ	V	103441/F	8	ZAHN	NICOLE	CAM	F	ETX1 CAM
8	STALLWORTHY	RODNEY	CHE	V	823/F						
8	STANNARD	JAMIE	RLS	J	214885/Y						
8	STANNARD	JON	RLS	V	214884/F						
8	STANNERS	ANDREW	MET	V	ETX1 F/LUZ						
8	STANTON	DAVID	BAN	V	219808/F						
8	STONE	KATHRYN	BAN	JF	BAN/048						
8	STOPFORTH	IAN	PAN	V	111499/F						
8	STOREY	DES	NOT	V	ETX2 IRON						
8	STUART	PAUL	LEA	V	79096/F						
8	STUDD	JOHN	MAI	V	211893/F						
8	STYAN	JAMES	FLA	JC	205877/Y						
8	STYNES	RUSS	RLS	S	85072/F						
8	SUTHERLAND	ELIZABETH	WOK	F	128289/E						
8	SYCHA	ALEC	WOK	V	49729/F						
8	SYKES	JENNY	ANK	JF	ANK/008						
8	SYMES	PAUL	IND	V	ETX1 PAN						
8	SYMONS	RICHARD	PLY	J	118249/Y						
8	TAYLOR	SAM	IND	J	ETX1 HUN						
8	TEMPLETON	SUE	ITV	VF	1656/F						
8	TEW	HAYLEY	FOX	F	ETX3 BAN						
8	THOMAS	ALEX	ELM	J	207387/Y						
8	THOMAS	NEIL	RIC	V	112705/F						
8	THOMAS	PETER	SOU	V	49685/F						
8	THOMASSON	EDWARD	PLY	S	7794/F						
8	TOMKINS	KENNETH	PAN	V	52006/F						
8	TONNER	CHARLES	LIN	V	128462/F						
8	TRAIN	MATTHEW	FLA	J	212687/Y						
8	TRON	RORY	BRY	J	BRY/???						
8	TROY	ETHAN	SOL	J	SOL/040						
8	TRUESDALE	MICHAEL	BAS	J	129988						
8	TWIGGS	MICHAEL	PEN	V	7431/F						
8	VALLANCE	GARY	BAS	S	ETX1 SOU						
8	VEALE	DEREK	KIR	V	SCA 4120						
8	VIAL	CORALIE	RIC	F	216217/F						
8	VINE	JEREMY	WEY	S	ETX1 WEY						
8	VOLLER	SHIRINE	HEM	F	211282						
8	VORLEY	REBECCA	ROY	JF	ROY/073						
8	WADSWORTH	REBECCA	ROY	JF	ROY/036						
8	WALKER	BETH	NOT	JF	216090/Y						
8	WALKER	CHRISTOPHE	PLY	J	108683/C						
8	WALKER	NIGEL	PLY	V	85004/F						
8	WALL	LYN	ADS	VF	117554/F						
8	WALTERS	MICHEAL	BUR	J	217197/Y						
8	WARREN	IAN	BAN	V	128839/F						
8	WATKINS	ALED	SOL	V	73977/S						
8	WATSON	MARTIN	RDG	V	114659/F						
8	WEBB	GEORGE	FOX	S	111111						
8	WEBB	ROBIN	WLT	J	WLT/027						
8	WELLS	TOM	WEY	S	85585						

MARATHON RACING

Chairman's Foreword

I really must start this report by congratulating Anna Hemmings. It was in 1999 in Gyor, Hungary that Anna won her first World Championship and it was there in September 2007 that she gained her sixth World title. She deserves our warmest congratulations.

With her success and her devotion to marathon, Anna has done more than most to bring marathon to the attention of a wider audience by, for example, gaining awards outside the confines of canoe racing. Anna's latest achievement was winning the BBC London Sports Personality of the Year award. She is an inspiration to all of us and I wish her further successes in future in all that she does.

Others, too, were successful in 2007, amongst them Tim Pendle, Junior Men's K1 European Champion, Dean Terry and Mark Childerstone who paired up to win a gold medal in the Junior Men's K2 at the first World Cup and followed this with a bronze at the European Championships. And the girls were also much in evidence. Jessica Walker finished third in the Junior Ladies K1 at the World Championships and also took bronze with Amoret King in the Junior Ladies K2. And a special mention of a fine effort by Tom Hide who narrowly missed out on a medal in the Junior Men's K1 at the World Championships. My thanks go to all competitors who represented GB in 2007 and to the staff who accompanied them.

The MRC continues to put effort into the development of junior paddlers aspiring to gain international selection. We are again running training days over the winter which aim to bridge the gap between club level activity and World Class and to help improve marathon skills. I thank on your behalf the efforts of James Smythe and Dyson Pendle for leading these training workshops and all those who have assisted them.

There is a further success I should mention and that is the successful launch of the marathon web site www.marathon-canoeing.org.uk which is all down to the hard work and persistence of Tamsin Phipps. It is a big step forward in our communications with paddlers. We will continue to explore ways to improve the site but as much as anything that is down to you and your clubs to sell it to your members and to come forward with news, articles and results for publication.

The MRC continues to explore ways to improve racing and to encourage more into the sport. The changes to the K2 rules were made after much thought and in the expectation that this would improve racing. We will review them later in 2008. We have revised the rules for the National Championships to give greater emphasis to the age-related races. We have also brought in a rule that racing vests will be worn at Hasler races to smarten up the image of the sport to all spectators.

I thank you, be you a coach, race organiser, a helper or a paddler (and for many we are all four), for your contribution to marathon and wish you success in 2008 but most of all, enjoy your racing.

Brian Gandy
December 2007

MARATHON RACING

Marathon Racing Committee

Brian Gandy	Chairman: Selection Committee Chairman	GA1074
Diane Bates	Secretary	BA1485
David Enoch	Treasurer: National Champs. Coordinator: Trophies	EN1067
Steve Harris	Athlete development	HA1546
James Hinves	Lightning Development	HI 1515
Mike Head	Divisional Ranking Officer	HE1502
Roland Lawler	Coach	LA1109
Alan Laws	Newsletter Editor	LA1111
Dyson Pendle	Athlete Development	PE1317
Tamsin Phipps	Website	PH1155
Andy Rawson	Hasler Final Coordinator	RA1405
James Smythe	Calendar Compiler : Athlete Development	SM 1539
Alan Williams		WI 1215 *
Ollie Harding		HA1514 *

* Co-opted

Selection Committee

Brian Gandy - Chair
David Enoch
Steve Harris
Roland Lawler
Alan Laws
Alan Williams
plus the Team Manager for the event.

MARATHON RACING

Useful Addresses

CHAIRMAN	Mr B Gandy, 32 Florence Road, Church Crookham, Fleet, Hants, GU52 6LQ. e-mail gandy@adslmail.newnet.co.uk
SECRETARY	Mrs D Bates, Lesters, 11 Cranley Road, Burwood Park Walton-on-Thames, Surrey KT12 5BX e-mail diane.bates@dial.pipex.com
RACE RECORDS OFFICER	Mrs R Illinesi, Lacey Dere, Kettlewell Hill, Horsell, Woking, Surrey GU21 4JJ e-mail rosemary.illinesi@ntlworld.com
RANKINGS OFFICER	Mr M Head, 33 Lawling Avenue, Heybridge, Malden, Essex, CM9 4YT. 01621 859379 e-mail Mike@headzone.freemove.co.uk
CALENDAR COMPILER	Mr J Smythe, 1 Crescent Lodge, 177 Crescent Road, New Barnet, Herts EN4 9RP e-mail james7270@sky.com
WEBSITE	Miss T Phipps e-mail Tamsin.phipps@bcu.org.uk
<u>Regional Hasler Advisers</u>	
EASTERN	Mike Head, As above.
LONDON & SE	Jim Rossiter, 101 Whyteleafe Road, Caterham, Surrey, CR3 5EJ. 01883 346631
NORTH WEST	Dave Moore, 41 West Avenue, Rudheath, Northwich, Cheshire, CW9 7ER. e-mail sgurfiona@aol.com
SCOTLAND	Brian Chapman, 193 Binniehill Road, Balloch, Cumbernauld, Scotland, G68 9JH. 01236 457081 e-mail brian.chapman@kpmg.co.uk
SOUTHERN	Andy Rawson, 9 Bramley Green Road, Bramley, Hants, RG26 5UE e-mail andy.Rawson@integralis.com
SOUTH WEST	John May, 24 Trelawney Avenue, Treskerby, Redruth, Cornwall. TR15 1RH. 01209 216943 e-mail g.j.may24@btinternet.com
WEST & EAST MIDLANDS	Peter Jones, 173 Longmore Road, Shirley, Solihull West Midlands, B90 3EL. 0121 7453415 e-mail petercjones@blueyonder.co.uk
YORKSHIRE	David Jefferies, 37 Talbot Avenue, Huddersfield, HD3 3BQ e-mail david@b14dai.fsnet.co.uk 01484 435862
NORTHERN WALES	Unknown at time of going to print. Unknown at time of going to print.

MARATHON RACING

PART A – REGULATIONS AND ADMINISTRATION

These regulations are bound to the Articles of Association of the British Canoe Union. ("BCU") and were approved by the Board of the BCU ("Board") in December 2004.

1. Title

- 1.1 The Committee shall be called the BCU Marathon Racing Committee.

2. Objectives

- 2.1 The Committee interests itself in all matters arising out of and in connection with canoe and kayak marathon racing in Great Britain.
- 2.2 The Committee's objectives are to encourage club, regional, national and international marathon events.
- 2.3 Its primary responsibilities are:
- a) To organise and conduct National Championships and other competitions on behalf of the BCU.
 - b) To set and publish competition rules and make recommendations for the conduct of national and regional marathons.
 - c) To give advice, guidance, and encouragement to sponsors of marathon racing in Great Britain.
 - d) To select, train and administer teams representing Great Britain in international events.
 - e) To select, train and administer teams representing England in international events.
 - f) To maintain disciplinary regulations.
 - g) To act as final authority in disputes, protests and appeals with regard to marathon racing rules and competitions.

3. Committee

- 3.1 The Committee shall comprise up to 12 persons, being Full Individual Members of the BCU. This total shall include the Chairman, Secretary and Treasurer but does not include national delegates, co-opted members or the representative from the Regional Development Teams.
- 3.2 Members of the Committee shall serve for approximately two years and shall be eligible to stand for re-election at alternate Annual Consultative Meetings. One half of the elected members shall retire at each Annual Consultative Meeting.
- 3.3 The Chairman of the Committee shall be elected at the Annual Consultative Meeting and shall serve until the next Annual Consultative Meeting and be eligible to stand for re-election.
- 3.4 Persons who are employees of the BCU or National Associations may serve as members of the Committee with the consent of the Board.
- 3.5 The Committee shall appoint from within their membership (including co-opted members), a Secretary, a Treasurer and such other officers the Committee considers necessary for its administration and representation on other committees.
- 3.6 The Chairman has a seat on the World Class Management Group and the Committee shall appoint a representative to sit on the Sports Management Committee (SMC).
- 3.7 One representative of the marathon racing representatives on the English Regional Development Teams shall be entitled to attend meetings of the Committee as a non-voting member.

4. Co-Options

- 4.1 Committee may co-opt not more than three Full Individual Members to serve on the Committee until the next Annual Consultative Meeting. Co-opted members shall have the same voting rights as other Committee members.

5. Nominations

- 5.1 Nominations of candidates for election at the Annual Consultative Meeting shall be made to the Secretary of the Committee in writing supported by the signatures of two Full Individual Members of the BCU and must reach the Secretary not less than 42 days prior to the Annual Consultative Meeting.

MARATHON RACING

6. Proceedings of the Committee

- 6.1 The Committee shall meet at least twice in each calendar year and shall report to the SMC, which in turn shall report to the Board.
- 6.2 At least seven days notice of meetings shall be given in writing (by post, email or fax) to all members of the Committee.
- 6.3 The Secretary shall keep minutes of the proceedings of the Committee and of the Annual Consultative Meeting. Copies of the minutes shall be sent to the SMC. Copies of the agenda and minutes shall be sent to the regional marathon racing representatives.
- 6.4 Six of the members entitled to attend and vote at a meeting shall form a quorum of the Committee. Voting shall be by show of hands only and each member shall have one vote.
- 6.5 The Treasurer shall keep such books of account as the Board and the Committee may from time to time direct. The accounts of the Committee shall be submitted annually to the SMC, made up to 31 October. Approved costs of members attending meetings shall be paid.

7. General Meetings

- 7.1 An Annual Consultative Meeting shall be held in each calendar year at the National Marathon Championships.
- 7.2 At least 21 clear days' notice of the date, time and place of General Meetings shall be given to each affiliated club that has registered its interest in marathon racing with the Committee. The agenda for a General Meeting, details of the business to be discussed at the meeting and of the persons nominated for election shall accompany the notice of meeting.
- 7.3 The business of the Annual Consultative Meeting shall be:
 - (a) to receive the report of the Chairman;
 - (b) to receive a summary statement of accounts;
 - (c) to elect persons nominated to serve on the Committee, including the Chairman.
 - (d) to consider any items included in the notice of meeting. Any conclusions reached on such items shall stand as recommendations for further consideration by the Committee.
- 7.4 Only business notified in the notice of meeting shall be transacted.
- 7.5 Any item for the agenda at the Annual Consultative Meeting shall be submitted to the Secretary of the Committee in writing supported by the signatures of two Full Individual Members of the BCU and must reach the Secretary not less than 42 days prior to the Annual Consultative Meeting. Other items may be discussed at the discretion of the Chairman.
- 7.6 No business shall be transacted at any General Meeting unless a quorum of members is present at the time the meeting proceeds to do business. A quorum shall be eight Voting Members.
- 7.7 The Chairman of the Committee shall preside at General Meetings. If the Chairman is known to be unable to attend or if he remains absent 30 minutes after the schedule start time of the meeting, the voting members present may choose a voting member to take the chair.
- 7.8 "Voting Member" means any club or organisation affiliated to the BCU who participate in and have registered an interest in marathon racing. Each voting member represented at a General Meeting by a Full Individual Member shall be entitled to one vote.
- 7.9 The Chairman shall not be entitled to vote otherwise than when a casting vote is required.
- 7.10 Voting shall be by show of hands unless two or more voting members who are present or the Chairman request a poll.
- 7.11 A General Meeting may be called at any time at the discretion of the Committee or by notice in writing to the Secretary by not less than 10 voting members. Such notice must state in the form of a motion the business to be discussed and be signed on behalf of the voting members. The Committee shall convene a General Meeting within 60 days of receipt of such notice.

MARATHON RACING

8. Sub-committees

- 8.1 The Committee may, with the prior approval of the SMC, appoint a sub-committee, standing or otherwise, for a specific period and with a specific brief. The Committee shall appoint one of its number to chair the sub-committee and all members shall be Full Individual Members of the BCU. The Committee shall supervise and be responsible to SMC for the work of its sub-committees and shall fund its sub-committees from within its set approved budget.

9. Financial Budget

- 9.1 The Committee shall set a specific annual budget each year for approval by the SMC.

10. Trophies

- 10.1 The Committee shall approve the list of trophies which are the property of the committee and are awarded each year. The Committee will also determine and publish the basis for competition for these trophies.

11. National Championships

- 11.1 Each year the Committee shall organise or nominate a National Championship Marathon event.
- The course must be typical of present courses.
 - The winners of the classes shall be considered the National Marathon Racing Champions in their respective classes.
 - Clubs wishing to stage the National Marathon Racing Championships should apply to the Committee (by the end of May two years preceding the Championships). The venue for the following year shall be announced at each National Championships.
 - The Committee shall appoint a Chief Official from outside the organising club to oversee the running of the National Championships. He/she will be the liaison between the Committee and the organising club, and will be empowered to approve such things as courses, entry fees, distance and the difficulty of courses, start times etc.
 - The organising club will provide a set of accounts of the event to the Committee by the end of December.
 - Sponsorship deals for the event shall be approved by the Committee.
 - The event shall be called the British National Open Marathon Racing Individual and Team Championship.

PART B - RULES FOR COMPETITION

General Rules Applying to All Races

1) DEFINITION

A marathon race can be raced over any distance: usually between 3km and 200km.

2) BEHAVIOUR

- Canoeing is a non contact sport and competitors shall race in a fair manner.
- When a canoe or kayak is overtaking another canoe or kayak it is the duty of the overtaking craft to keep clear of other competitors at all times.
- When a canoe or kayak is racing in a group of competitors it is the duty of all the competitors in the group to keep clear of other competitors at all times. This rule applies to any manoeuvring within the group.
- All paddlers will wear appropriate clothing when racing. This is a minimum of singlet and shorts. These should preferably be in club racing colours.

3) THE RACING STRUCTURE

- The marathon racing system has been designed to encourage all levels of competitor from the raw beginner to top class internationals. There are five categories of race: -
- GROUP A** - These races will appear in the Racing Handbook calendar. For these races the race levy must be paid and competitors need to be BCU, WCA, SCA or CANI comprehensive members (see Rule 13).
 - Divisional races approved by the Marathon Committee. Promotions between divisions will take place based on the results of these races.
 - Races and time trials approved by the Marathon Committee but not in the divisional system such as stage marathons, descents, Royal K1, Richmond K2, Thameside etc.
 - The National Championships.

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c) GROUP B

- i) Those races in the regions and at clubs that do not appear in the calendar. These will include handicap and fun marathons and junior Lightning races [see Rules 51-59]. No promotions will take place at these races. Clubs are encouraged to hold handicap races throughout the year as an introduction to competing in the divisional system. These should be over a 3-10km course with handicaps based on age, experience and type of boat.

d) GROUP C

- i) Races approved by the Marathon Committee but organised by outside bodies such as the D.W. Committee.

4) CLUB MEMBERSHIP

The racing year shall be from 1st September of any year to 31st August of the following year. When a competitor is a member of more than one club, he shall declare before 1st September to the Race Records Officer of the Marathon Committee the name of the club for whom he will race the following racing year. When a competitor changes his club in mid season, he is permitted to compete for his new club, instead of his old, provided that prior consent of the old club is obtained. This consent shall not be withheld unreasonably, particularly in the case of a change of residence from one area to another. The agreed change must be advised to the Race Records Officer in writing before points can be allocated to the new club in club competitions.

5) SAFETY

a) Competitor responsibility

- i) Competitors must render their boats sufficiently buoyant to remain afloat and to support the crew in rough water in the event of capsizing.
- ii) Competitors must be able to swim adequately in the waters on which the race is being held.
- iii) On open water adequate spray covers must be worn.
- iv) All paddlers are required to render assistance to other competitors in distress.
- v) The wearing of life jackets or buoyancy aids is compulsory for all paddlers ranked in divisions 7, 8 and 9 irrespective of the race they are entered in. This applies to singles and doubles races.
- vi) Life jackets and buoyancy aids will conform to BCU/BCMA STANDARD BA83.

b) Team Leader responsibility

- i) Team Leaders should decide if paddlers under 16 years of age in the higher divisions should wear life jackets or buoyancy aids.

c) Race Organiser responsibility

- i) Race organisers may require life jackets or buoyancy aids and spray covers to be worn and will have the FINAL say as to who should wear them (except where this is covered by rule 5e) depending on weather and water conditions. Such equipment must be provided by the competitors.
- ii) The penalty for infringing any safety rule is disqualification from the race.

6) DISCIPLINE

Marathon racing is subject to the BCU Disciplinary Code and to the Disciplinary Regulations, clauses 1-12.4 inclusive, [see pages A21-23 of 2008 Racing Handbook]. These apply to all marathon races. For the avoidance of doubt, any complaint that an individual member of the Union (competitor or non-competitor) has behaved in a manner described in clause 1.1 of the Disciplinary Regulations shall be lodged with the race Protest Committee in the manner described in Marathon Racing Rule 18(g) (i) and (ii). The Protest Committee shall determine what action, if any, shall be taken. If the Protest Committee decides that the complaint should be referred to the Marathon Committee, the race organiser shall report the matter to the Secretary within three working days. The Marathon Committee will consider the matter in accordance with the Disciplinary Regulations.

7) DRUGS

Marathon racing is subject to the BCU Doping Control Rules [see pages 12/13 of the Racing Handbook].

8) BROKEN PADDLES / BOAT

A competitor must not change boats during a race, but may change paddles in the case of breakage.

9) WASH HANGING

Competitors must not hang on the washes of powered craft.

10) ASSISTANCE TO COMPETITORS

A competitor may receive food and drink during a race. Competitors with a disability may receive assistance at portages, but no other assistance unless permitted before the race by the organiser.

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11) BOAT DESIGNS

Any type of canoe or kayak can be used.

Kayaks shall be propelled solely by means of double bladed paddles.

Canoes shall be propelled solely by means of single bladed paddles.

The paddles must not be attached to the boat in any way, being supported only by the hands.

For GROUP A races boats must comply with the ICF regulations as detailed below:-

single kayak	max length 520cm
double kayak	max length 650cm
single canoe	max length 520cm
double canoe	max length 650cm
double touring canoe	max length 550cm

Boats over 460cm in length must not have concave sections unless classified as Wild Water Racing boats and falling within the ICF regulations for such boats.

12) BCU MEMBERSHIP

All competitors in GROUP A and Lightning races must be COMPREHENSIVE BCU, WCA, SCA or CANI members. Membership numbers must be quoted on entries and results and a valid membership card or photocopy **must** be produced at race check in. Those unable to prove membership will be required to buy an Event Ticket - currently £2.50, which is payable to the BCU. This covers the organisers for insurance purposes. The exceptions are juniors ranked in divisions 7, 8 & 9 and Lightning competitors who are members of clubs with registered junior sections who should produce their registered junior section card instead.

Upon promotion to Division 6 there is a period of grace of 4 weeks during which a junior, racing with a registered junior section card, must become an individual comprehensive member of the BCU/WCA/SCA/CANI.

13) RACE LEVY SCHEME

At all GROUP A races, published in the Racing Handbook, there will be a race levy of £1.00 for each senior and veteran paddler by age, as recognized by their BCU, WCA, SCA or CANI membership, and 50p for each junior paddler by age, as recognized by their membership. The levy to be charged on all paddlers booked in irrespective of whether they start or finish the race. The race levy for all categories of races is to be remitted by the Race Organiser to the Treasurer **within 7 days of the race**. Cheques should be made payable to "BCU Marathon Racing Committee" and sent to David Enoch, 102 Bingham Road, Radcliffe-on-Trent, Nottingham NG12 2GT.

Those clubs wishing to pay the levy by electronic transfer should make payment to:

Allied Irish Bank (GB)

Sort Code 23-83-97

Account No. 02189089

Account name British Canoe Union Marathon Committee

When making electronic transfers please also e-mail David Enoch with the race name and amount of levy to david.enoch@gbcanoeing.org.uk

14) RACE REGISTRATION

The organiser of a GROUP A race must apply for that race to be registered. This must be done by the autumn of the year preceding the event. The event must be organised and run under the Marathon Racing Rules. Registered races may advertise through the Union and may appeal through the Marathon Committee in cases of dispute or difficulty. [See also BCU Disciplinary Code].

The registration fee will be the race levy described in rule 13 and the organiser must comply with the requirements of rule 18.

15) BOAT NUMBERING

At all GROUP A races competitors shall number their boat for a race in the following manner. Paddlers racing in singles divisions 1-8 and all K2 divisions must display vertical number plates. The number plate must be yellow or white and displayed vertically in a slot placed on the middle of the back deck about 15cm behind the cockpit in the case of kayaks and on the front deck in the case of canoes. The slot will be fitted with a locking pin. The dimensions of the plate will be 200mm long x 150mm high with the top corners rounded to a 10mm radius.

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Paddlers ranked in Division 9, Lightning, club and fun race paddlers may alternatively use 225mm diameter white discs which should be displayed on fore and aft decks or as directed by the organiser. The characters on the vertical number plate will be the same standard as a car number plate and **MUST** be **CLEARLY LEGIBLE** from 25 metres. This applies to both sides of vertical number plates.

Any paddler not displaying a number plate at the start of any race, or whose number is not clearly legible will not score club points.

16) FINISHES

A competitor is deemed to have finished a race when the bow of the canoe or kayak has crossed the finishing line on the water with the competitor(s) in it.

17) ASSESSMENT RACES

Assessment races will be picked by the Marathon Committee as the most suitable races for determining the members of British teams and the race organisers will be advised by March 1st each year via the Racing Handbook. At these races, assessment classes may be separated from other race classes and may be run over the same or different courses.

18) ORGANISATION OF GROUP A RACES

- a) Race Organisers **must** be affiliated to the British Canoe Union.
- b) The race shall be open to canoeists who are members of an ICF affiliated federation.
- c) The race shall be properly advertised and the organisers shall issue adequate instructions on request, up to one month before the event, to prospective competitors or interested group leaders.
- d) In the event of circumstances which render it impossible or unsafe to run the race as planned, the Race Organiser shall take all reasonable steps to inform the competitors and supporters at the earliest possible moment.
- e) Race Organisers shall charge an entry fee for each competitor to include the levy cost. This fee may be reduced for juniors or augmented for late entries.
- f) Changes of class/division and late entries shall be permitted if the organiser so wishes. Information regarding late entries and class/division changes should be available to competitors at least 30 minutes before the start time of the class/division concerned.
- g) The Race Organiser shall provide a Protest Committee consisting of four officials or members of the organising body to hear and settle all protests by any competitor in that event. The following rules will be observed:-
 - i) The protests must be received within 30 minutes of completion of the relevant race and before the announcement of the final results. Failure to observe this will invalidate the protest.
 - ii) The protest must be in writing to the Race Organiser and must give full details of the alleged infringement of the rules.
 - iii) The Protest Committee must meet immediately to hear all the evidence and to consider the protest's validity in accordance with the BCU and Marathon Racing Rules.
- h) A protest against an organising body may only be dealt with by the Marathon Committee. Any such protest must be made within 3 working days in writing to the Secretary of the Marathon Committee and give full details of the alleged infringement of the rules. The person making the protest must also inform the secretary of the club or body concerned within 3 working days. Failure to comply with these conditions will invalidate the protest.
- i) Appeals against the decision of the Protest Committee are permitted and these will be heard by the Marathon Committee.
- j) After the race the race organiser shall publish the provisional results on the MRC's website. The results should be sent to Tamsin Phipps at Tamsin.phipps@bcu.org.uk and where possible within two working days of the race.
- k) **Within 7 days of the race** the Race Organiser must:
 - i) Remit the race levy together with the race results in accordance with rule 13.
 - ii) Send by email where possible, the race results to the regional Hasler organiser, the Rankings Officer and the Race Records Officer. Details of all these officers are on the Useful Addresses page F3.

19) ORGANISATION OF GROUP B RACES

- a) For these races competitors do not have to be BCU, WCA, SCA or CANI members, there is no levy and no requirement to submit results to the race records officer. Race advertising, entry fees and classes are at the discretion of the organiser. The formal requirements to register club membership and for protest procedures are not necessary.
- b) Rules 1, 2, 5, 6, 7, 8, 9, 10, and 11 shall apply to all GROUP B races.

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Rules Applying to Regional Divisional Races

20) Regional divisional races are GROUP A races and all of rules 1 -18 above shall apply.

21) THE DIVISIONAL SYSTEM

- At a divisional event there are separate singles races for each of divisions 1 - 9 and separate doubles races for divisions 1/2/3; 4/5/6; 7; 8 and 9.
- It is recommended that entry into the divisional system should be based on the standards detailed in the Sprint Section "Standards for Racing".
- Each year a divisional list will be published in the Racing Handbook for singles divisions 1-8. These lists are checked and any paddler not having competed for two successive seasons is removed from the lists. Each autumn clubs are asked to submit a list of the paddlers who will not be active for the coming season and where appropriate, to amend a draft of the proposed divisional lists.

22) TYPES OF COURSE

Whilst there will be some variations due to local conditions and types of course available, the normal distances will be:-

Div. 1, 2 & 3 Singles, 1/2/3 Doubles

Full senior course of about 20km with any degree of severity.

Div. 4, 5 & 6 Singles, 4/5/6 Doubles

Course of about 13km which may include portages and/or weir shoots.

Div. 7, 8 & 9 Singles, 7, 8 and 9 Doubles

Course of about 6.5km with the minimum practical hazards.

23) SPECIAL PRIZES

Race organisers are encouraged to give prizes for special groups of paddlers e.g. first under 16, first C1. In particular they are strongly recommended to give a prize for the first woman in each division and for the highest placed TC2. This kind of encouragement is particularly important in the divisional system.

24) SEPARATE STARTS

Each class of six or more starters must start separately.

25) SYSTEM FOR AMALGAMATION DUE TO LOW ENTRIES

If there are less than three entries in a division then the organiser must transfer those entries to another division to make a quorate race of three or more paddlers. Where possible they should be transferred to a race of the same distance so that paddlers race their normal course. Where there is a choice, transfer to a lower division is preferable to transfer to a higher division.

There is no handicap or allowance on transfer to another division.

26) COMPETING IN A CREW BOAT

A paddler is normally ranked on singles performances. When competing in doubles events the competition ranking shall be an average of the individual paddlers' rankings as shown in the table below. All paddlers competing in crew boats must show their singles ranking on the entry form and these rankings must be shown on the results.

Paddlers' Rankings → ↓	1	2	3	4	5	6	7	8	9
1	Div1/2/3	Div1/2/3	Div1/2/3	Div1/2/3	Div1/2/3	Div1/2/3	Div1/2/3	Div1/2/3	Div1/2/3
2	Div1/2/3	Div1/2/3	Div1/2/3	Div1/2/3	Div1/2/3	Div1/2/3	Div1/2/3	Div1/2/3	Div1/2/3
3	Div1/2/3	Div1/2/3	Div1/2/3	Div1/2/3	Div4/5/6	Div4/5/6	Div4/5/6	Div4/5/6	Div4/5/6
4	Div1/2/3	Div1/2/3	Div1/2/3	Div4/5/6	Div4/5/6	Div4/5/6	Div4/5/6	Div4/5/6	Div4/5/6
5	Div1/2/3	Div1/2/3	Div4/5/6	Div4/5/6	Div4/5/6	Div4/5/6	Div4/5/6	Div4/5/6	Div4/5/6
6	Div1/2/3	Div1/2/3	Div4/5/6	Div4/5/6	Div4/5/6	Div4/5/6	Div4/5/6	Div 7	Div 7
7	Div1/2/3	Div1/2/3	Div4/5/6	Div4/5/6	Div4/5/6	Div4/5/6	Div 7	Div 7	Div 8
8	Div1/2/3	Div1/2/3	Div4/5/6	Div4/5/6	Div4/5/6	Div 7	Div 7	Div 8	Div 8
9	Div1/2/3	Div1/2/3	Div4/5/6	Div4/5/6	Div4/5/6	Div 7	Div 8	Div 8	Div 9

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27) PROMOTIONS

- a) Promotions between the divisions throughout the season will be based on the table "Standards for Racing" ("the Table") [See page D1 of 2008 Racing Handbook]. Column HC of the Table assumes a World Champion takes 60 seconds to paddle a given course and ranks paddlers in singles divisions from 1 to 9 based on the number of additional seconds it would take for competitors to cover that same course. P/D Factor expresses these same times as factors. For example, a top ranking paddler in division 7 would be expected to take 90 seconds giving a P/D Factor of 1.5.
- b) Promotions will be calculated on the following principles on the basis of singles results subject to the other provisions of this rule 27;
- Divs. 1, 2 Promotions to divisions 1 and 2 will be calculated by taking the times at each race of the mid-placed paddler in divisions 1, 2 and 3 divided by the Mean Factor for each of these three divisions. The average of these calculations will be multiplied by the Promotion Factor for divisions 1 and 2 to give the times for promotion to divisions 1 and 2.
- Divs 3, 4 and 5 Promotions to divisions 3, 4 and 5 will be calculated by taking the times at each race of the mid-placed paddler in divisions 4, 5 and 6 divided by the Mean Factor for each of these three divisions. The average of these calculations will be multiplied by the Promotion Factor for divisions 3, 4, and 5 to give the times for promotion to divisions 5 and above.
- Divs 6, 7 and 8 Promotions to divisions 6, 7, and 8 will be calculated by taking the times of the mid-placed paddler in divisions 7 and 8 divided by the Mean Factor for each of these two divisions. The average of these calculations will be multiplied by the Promotion Factor for divisions 6, 7 and 8 to give the times for promotion to divisions 8 and above.
- [The above is an outline description of the promotion process. The detailed bases for calculations are available by post or email from the Secretary, Marathon Racing Committee]
- c) Promotions may take place on either singles or doubles performances. Performances in doubles divisions will be monitored by the Ranking Officer and promotions made under Rule 26(k) where considered appropriate.
- d) Status in canoe will not affect status in kayak and vice versa.
- e) Generally no woman or canoe paddler will be promoted higher than division 3; no male junior kayak paddler higher than division 2 and no female junior paddler higher than division 4.
- f) No automatic promotions will be made under Rule 27 (b) where there are fewer than 5 starters in any race. However, the Ranking Officer in consultation with the Regional Hasler Adviser may amend or dispense with this limit if persistently low numbers in a division are clearly preventing the promotion system from operating as intended.
- g) Promotions are not limited to one division. For example, a division 9 paddler with a time faster than that required for promotion to division 7, would be promoted straight to division 7.
- h) Where the HRM computer results system is used at a race, promotions will be immediate from the day of the race. Where the HRM system is not used at a race, a promoted paddler is deemed to be promoted when his club receives written notification from the Race Records Officer. All promotions, including those at races where the HRM is not used, will be advised to Team Leaders by the Race Records Officer as soon as practicable.
- i) Once promoted, paddlers **must** race in their correct division, or higher division, except under the provisions of rules 25 or 26. Any competitor found racing in a lower division, singles or doubles, except under the provisions of rules 25 and 26, may be disqualified from the event and be banned from the next three Hasler races in the competitor's region. The exception is for promotions awarded at races held at the beginning of a new racing season and before the Hasler Final held in that year. These promotions will not apply at the Hasler Final of the current season but will apply to all other races. (E.g. A div. 6 paddler promoted to div. 5 in September 2008 at a race designated as H2009 can still race in div. 6 at the 2008 Hasler Final but must race in div. 5 at all other races.)
- j) All paddlers, both from within the region and from other regions are eligible for promotions. The only exceptions are paddlers transferred from another division under rule 25 (system for amalgamation due to low entries).
- k) The Marathon Committee has discretion to promote or to withhold promotion at any time it is found to be necessary. This discretion is delegated to the Ranking Officer

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28) DEMOTIONS

- a) Demotions between the divisions throughout the season will be based on the table "Standards for Racing" ("the Table") [See page D1 of 2008 Racing Handbook].
- b) Demotions will be calculated on the following principles on the basis of singles results subject to the other provisions of this rule 28;
- Divs. 2, 3 and 4 Demotions to divisions 2, 3 and 4 will be calculated by taking the times at each race of the mid-placed paddler in divisions 1, 2 and 3 divided by the Mean Factor for each of these three divisions. The average of these calculations will be multiplied by the Demotion Factor for divisions 2, 3 and 4 to give the times for demotion to divisions 2, 3 and 4.
- Divs 5, 6 and 7 Demotions to divisions 5, 6 and 7 will be calculated by taking the times at each race of the mid-placed paddler in divisions 4, 5 and 6 divided by the Mean Factor for each of these three divisions. The average of these calculations will be multiplied by the Demotion Factor for divisions 5, 6, and 7 to give the times for demotion to divisions 5, 6 and 7.
- Div 8 Demotions to divisions 8 will be calculated by taking the times of the mid-placed paddler in divisions 7 and 8 divided by the Mean Factor for each of these two divisions. The average of these calculations will be multiplied by the Demotion Factor for divisions 8 to give the times for demotion to divisions 8
- Div 9 There are no automatic demotions to division 9.
[The above is an outline description of the demotion process. The detailed bases for calculations are available by post or email from the Secretary, Marathon Racing Committee.]
- c) Demotions may take place on either singles or doubles performances. Performances in doubles divisions will be monitored by the Ranking Officer and demotions made under Rule 28(j) where considered appropriate.
- d) Status in canoe will not affect status in kayak and vice versa.
- e) No automatic demotions will be made under Rule 28(b) where there are fewer than 5 starters in any race. However, the Ranking Officer in consultation with the Regional Hasler Adviser may amend or dispense with this limit if persistently low numbers in a division are clearly preventing the demotion system from operating as intended.
- f) Demotions arising from the result of any one race will be limited to one division.
- g) Where the HRM computer results system is used at a race, demotions will be immediate from the day of the race. Where the HRM system is not used at a race, a demoted paddler is deemed to be demoted when his club receives written notification from the Race Records Officer. All demotions, including those at races where the HRM is not used, will be advised to Team Leaders by the Race Records Officer as soon as practicable.
- h) Once demoted, paddlers **may** race in that lower division, or choose to race in a higher division, except under the provisions of rules 25 or 26. The exception is for demotions awarded at races held at the beginning of a new racing season and before the Hasler Final held in that year. These demotions will not apply at the Hasler Final of the current season but will apply to all other races. (E.g. A div. 6 paddler demoted to div. 7 in September 2008 at a race designated as H2009 must race in div. 6 at the 2008 Hasler Final but may race in div. 7 at all other races.)
- i) All paddlers, both from within the region and from other regions are eligible for demotions. The only exceptions are paddlers transferred from another division under rule 25 (system for amalgamation due to low entries).
- j) The Marathon Committee has discretion to demote or to withhold demotion at any time it is found to be necessary. This discretion is delegated to the Ranking Officer.

Rules Applying to Regional Hasler Races

29) Regional Hasler races are GROUP A Divisional races and all of rules 1-18 and 20-28 above shall apply.

30) THE HASLER TROPHY

The Hasler Trophy is the National Team League Championships and is competed for throughout the season on a regional basis. The Hasler season is defined by the races designated 'H' in the Racing Calendar of this Handbook. Races relating to the following season are designated 'H2009'.

31) REGIONS

The regions are defined as the BCU regions for England plus Scotland East, Scotland West, and Wales. Each region will run its own league championships throughout the year and will decide how many results

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are to be counted by clubs. It is hoped that eventually there will be enough races in each region for clubs to count their best 8 or 9 results from the total number of races.

32) DIVISIONS

- a) Race Organisers must offer the following races at all events except where varied as agreed with the Regional Hasler Adviser.
 - i) Either divisions 1, 2 and 3 singles races OR a division 1/2/3 doubles race.
 - ii) Divisions 4, 5 and 6 singles races AND a division 4/5/6 doubles race.
 - iii) Divisions 7, 8 and 9 singles races AND divisions 7, 8, and 9 doubles races.

33) COMPETITORS

- a) Each club will be allowed as many competitors as it wishes.
- b) A paddler can only compete in one race in a qualifying event.

34) POINTS

- a) In regional races only those clubs within the region will score points. Paddlers from other regions will not be taken into account when calculating points except that their time will be used for the 110% or 120% calculations if they are the fastest boats not promoted.
- b) To be included for points, clubs must be affiliated to the British Canoe Union.
- c) All competitors in both singles and doubles **must** show their singles ranking at race check-in. Competitors not doing so will not score points in the regional competition and may not count the race as eligibility to compete in the final.
- d) From 1 September 2008 only competitors racing in their club colours will score points.
- e) The points system will be as follows.
 - i) Divisions 1-9 singles and 1/2/3, 4/5/6, 7, 8, and 9 doubles will count for points.
 - ii) Points will be awarded to each paddler in both singles and doubles - 20 for 1st, 19 for 2nd, 18 for 3rd and so on down to 2 points to all paddlers who finish a singles race within 110% of the time of the fastest boat not promoted and within 110% of the winners' time in doubles classes 7, 8, and 9. In doubles classes 1/2/3 and 4/5/6 points will be awarded on the same basis to all paddlers who finish within 120% of the winners' time. One point only will be awarded for paddlers who finish outside the 110% or the 120% limit irrespective of their position. This to apply to all races except division 9 singles and doubles which will receive 20 for 1st, 19 for 2nd, 18 for 3rd and so on down to 2 points for all paddlers who finish.
 - iii) Transferred paddlers racing in a different division under the provisions of rule 25 will count for Hasler points.
 - iv) Paddlers in a separate assessment race at a Regional Hasler event will not score Hasler points.
 - v) Each club will count its twelve best scoring paddlers from any divisions in any combination of K1/C1/K2 or C2. Doubles boats can be counted even if some of these boats contain just one paddler who is eligible for Hasler points for a particular club.
 - vi) At each event the club with the highest score will get 10 regional points in the regional competition, 9 for 2nd and so on.

35) RACE RESULTS

From 1 September 2008 all Race organisers must report their results using the HRM computer programme. Race Organisers are encouraged to use the HRM programme at the race to complete entries and calculate results at the meeting. If this is not practicable, results must be recorded later onto the HRM for reporting to the MRC in compliance with rules 18 j) and k).

Rules Applying to the Hasler Final

- 36) The Hasler Final is a GROUP A Divisional race and all of rules 1-18 and 20-28 above shall apply except rule 26 (crew boats) that is replaced by rule 40.

37) CLUB ELIGIBILITY

- a) The top 4 scoring clubs from each region (8 clubs from the combined Midlands region) as determined by the regional Hasler competitions, plus a team from the Combined Services and from the Isle of Wight, may compete in the Hasler Final at the end of the season. Additionally a team from the host club (or from each host club if there are two organising clubs) may compete if they have not qualified from the regional competition.
- b) Each eligible club will be allowed as many competitors in the final as it wishes.

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38) PADDLER ELIGIBILITY

- a) A paddler must compete in 3 qualifying events at his or her current ranking, during the season to be eligible for the final. The exceptions are Div.1 senior kayaks, Div.2 junior kayaks, Div.3 women kayaks, Div.4 junior women kayaks and Div.3 canoes who must compete in 2 qualifying events.
- b) Qualifying events are regional Hasler races and all assessment races for that season. This does not include races designated for the following Hasler season. Also a paddler may count competing in the National Championships on one or both days as one qualifying race. The previous Hasler Final does not count as a qualifying race.
- c) The qualification must be in the same type of boat (i.e. canoe or kayak).
- d) Paddlers are only eligible to paddle in a singles race at the Hasler Final if they have competed in 3 qualifying events in singles. The exceptions are paddlers already ranked in their highest division (Div.1 senior kayaks, Div.2 junior kayaks, Div.3 women kayaks, Div.4 junior women kayaks and Div.3 canoes) although they must still comply with rule 38a.
- e) Regional Champions are eligible to compete in the final, provided they have complied with rules 38a-d, even if their club has not qualified for the final. Such Regional Champions are eligible for medals and trophies but will not score Hasler Final points. They will be ignored in calculating the Hasler Trophy clubs competition results.
- f) A paddler can only compete in one race at the final.
- g) The Regional Hasler Adviser will check the eligibility of paddlers from his region for the final. The Race Records Officer will be able to produce listings on request to help clubs and Hasler Advisers carry out this task.

39) CLASSES

There will be races for singles divisions 1-9 and doubles divisions 1/2/3, 4/5/6, 7, 8 and 9.

40) COMPETING IN CREW BOATS

At the Hasler Final where crew members in doubles races are ranked in separate divisions they must race in the classification of the higher ranked paddler.

41) POINTS

- a) All competitors in singles and doubles **must** show their singles ranking on the entry form. Competitors not doing so will not score points.
- b) Only competitors racing in their club colours will score points.
- c) Point scoring at the final will be as described in rule 34e (i), (ii), (iii).

42) TROPHIES

- a) **The Hasler Trophy** will be awarded to the club scoring the most points at the final
- b) **The Regional Trophy** will be awarded to the region with the highest aggregate score at the final from their three highest scoring clubs.
- c) **The Adam Thomasson Trophy** will be awarded to the winner of the Div.2 race at the final.
- d) **The Ross Warland Memorial Trophy** will be awarded to the highest placed junior in the Division 4 race at the final.
- e) **The Committee Cup** will be awarded to the highest placed junior woman K1 in the highest division at the final.
- f) **The Ken Pereira Cup** will be awarded to the highest placed junior C1 in the highest division at the final.
- g) Individual Senior, Woman and Junior Regional Champions will be identified from the regional Hasler competitions. These will be the individuals scoring the highest number of points, in the appropriate division for the final trophy award, in their own regional races. These Regional Champions are eligible for the following trophies at the final:-
 - i) **The Rhodes White Trophy** will be awarded to the Senior Regional Champion who gains the most points in Div.1 at the final.
 - ii) **The David Shankland Trophy** will be awarded to the Woman Regional Champion who gains the most points in Div.3 at the final.
 - iii) **The Barber Trophy** will be awarded to the Junior Regional Champion who gains the most points in Div.2 at the final.
- h) **The Bill Sparks Trophy** will be awarded to the highest placed Veteran K2 at the final.

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Rules Applying to the National Championships

43) The National Championships is a GROUP A race and all of rules 1-18 above shall apply.

44) DEFINITION

- a) The National Championships shall be called **The British National Open Marathon Racing Individual and Team Championships** and will identify the various National Championships.
- b) There must be at least 3 entries for a National Championship or Divisional Championship race to take place.

45) PADDLER ELIGIBILITY

- a) Paddlers may compete in races specified for those of a higher ranking but will not be allowed to compete in races specified for those of a lower ranking. (E.g. an U18 may race as an U23 or Senior but not as an U16 or O34.)
- b) Senior and Veteran Women paddlers may compete in a doubles crew in Senior and Veteran Mens kayak races of the same or higher ranking.
- c) All ages are calculated at 1st January of the year of the Championships.

46) NATIONAL CHAMPIONSHIP CATEGORIES

- a) There will be separate races for men's kayak, women's kayak and men's canoe.
- b) **Senior paddlers** will race over a course of approximately 26km, in singles and doubles. The winners of these races shall be deemed the:-
 - i) Senior Men's National Kayak Marathon Champion of Great Britain
 - ii) Senior Women's National Kayak Marathon Champion of Great Britain.
 - iii) Senior Men's National Canoe Marathon Champion of Great Britain.
- c) **Paddlers aged under 23** will race over a course of approximately 26km, in singles and doubles. The winners of these races shall be deemed the :
 - i) Under 23 Men's National Kayak Marathon Champion of Great Britain.
 - ii) Under 23 Women's National Kayak Marathon Champion of Great Britain.
 - iii) Under 23 Men's National Canoe Champion of Great Britain.
- d) **Paddlers aged under 18** will race over a course of approximately 20km, in singles and doubles. The winners of these races shall be deemed the :-
 - i) Under 18 Men's National Kayak Marathon Champion of Great Britain.
 - ii) Under 18 Women's National Kayak Marathon Champion of Great Britain
 - iii) Under 18 Men's National Canoe Marathon Champion of Great Britain.
- e) **Paddlers aged under 16** will race over a course of approximately 13km, in singles and doubles. The winners of these races shall be deemed the :-
 - i) Under 16 Men's National Kayak Marathon Champion of Great Britain.
 - ii) Under 16 Women's National Kayak Marathon Champion of Great Britain
 - iii) Under 16 Men's National Canoe Champion of Great Britain.
- f) **Paddlers aged under 14** will race over a course of approximately 6.5km, in singles and doubles. The winners of these races shall be deemed the
 - i) - Under 14 Men's National Kayak Marathon Champion of Great Britain.
 - ii) Under 14 Women's National Kayak Marathon Champion of Great Britain
 - iii) Under 14 Men's National Canoe Champion of Great Britain.
- g) **Paddlers aged under 12** will race over a course of approximately 3.5 km. The only competitors eligible for this event are paddlers in Lightning K1s ranked below Division 8. The winners of these races shall be deemed the:-
 - i) Under 12 Men's National Kayak Marathon Champion of Great Britain
 - ii) Under 12 Women's National Kayak Marathon Champion of Great Britain.
- h) **Paddlers aged under 10** will race over a course of approximately 3.5 km. The only competitors eligible for this event are paddlers in Lightning K1s ranked below Division 8. The winners of these races shall be deemed the:-
 - i) Under 10 Men's National Kayak Marathon Champion of Great Britain.
 - ii) Under 10 Women's National Kayak Marathon Champion of Great Britain.
- i) **Paddlers aged 34 or over:-** Kayak men and canoes will race over a course of approximately 20km and kayak women over a course of approximately 13 km in singles and doubles. The winners of these races shall be deemed the :-
 - i) Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Veteran Women's National Kayak Marathon Champion of Great Britain.
 - iii) Veteran Men's National Canoe Marathon Champion of Great Britain.

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- j) **Paddlers aged 39 or over:-** Kayak men and canoes will race over a course of approximately 20km and kayak women over a course of approximately 13 km in singles. The winners of these races shall be deemed the :-
- i) Over 39 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 39 Veteran Women's National Kayak Marathon Champion of Great Britain.
 - iii) Over 39 Veteran Men's National Canoe Marathon Champion of Great Britain
- k) **Paddlers aged 44 or over** will race over a course of approximately 13km, in singles and doubles. The winners of these races shall be deemed the :-
- i) Over 44 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 44 Veteran Women's National Kayak Marathon Champion of Great Britain.
 - iii) Over 44 Veteran Men's National Canoe Marathon Champion of Great Britain.
- l) **Paddlers aged 49 or over** will race over a course of approximately 13km, in singles. The winners of these races shall be deemed the :-
- i) Over 49 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 49 Veteran Women's National Kayak Marathon Champion of Great Britain.
 - iii) Over 49 Veteran Men's National Canoe Marathon Champion of Great Britain.
- m) **Paddlers aged 54 or over** will race over a course of approximately 6.5km, in singles and doubles. The winners of these races shall be deemed the :-
- i) Over 54 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 54 Veteran Women's National Kayak Marathon Champion of Great Britain.
 - iii) Over 54 Veteran Men's National Canoe Marathon Champion of Great Britain.
- n) **Paddlers aged 59 or over** will race over a course of approximately 6.5km, in singles. The winners of these races shall be deemed the :-
- i) Over 59 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 59 Veteran Women's National Kayak Marathon Champion of Great Britain.
 - iii) Over 59 Veteran Men's National Canoe Marathon Champion of Great Britain.
- o) **Paddlers aged 64 or over** will race over a course of approximately 6.5km, in singles and doubles. The winners of these races shall be deemed the :-
- i) Over 64 Veteran Men's National Kayak Marathon Champion of Great Britain.
 - ii) Over 64 Veteran Women's National Kayak Marathon Champion of Great Britain.
 - iii) Over 64 Veteran Men's National Canoe Marathon Champion of Great Britain.
- p) Where crew members in doubles races are in different categories they must race in a category for which they are both eligible.

47) DIVISIONAL CATEGORIES

- a) There will be separate races in singles for each of divisions 1-9 and in doubles for divisions 1/2/3, 4/5/6, 7, 8 and 9.
- b) Paddlers will race in their ranked division irrespective of age, sex or boat type.
- c) Paddlers in singles divisions 1, 2 & 3 and in doubles divisions 1/2/3 shall race over a course of approximately 20km.
- d) Paddlers in singles divisions 4, 5 & 6 and in doubles divisions 4/5/6 shall race over a course of approximately 13km.
- e) Paddlers in singles divisions 7, 8 & 9 and doubles divisions 7, 8 and 9 shall race over a course of approximately 6.5km.
- f) The winners of these races shall be deemed Divisional Champions.
- g) These divisional races are not available to U18, U16 and U14 juniors who should race in their appropriate National Championship category. See Rule 46 d), e) and f).
- h) Where crew members in a doubles race are ranked in different divisions the competition ranking shall be determined in accordance with rule 26.
- i) Where a race is inquorate [see rule 44b] the paddlers may transfer to another division as allowed by rule 25 but they will not be eligible for the Divisional Champion title or medals.

48) TEAM COMPETITION

- a) Points will be awarded per paddler both in singles and doubles races for National Championship categories - 20 points for the winner then 19, 18, 17 etc. down to one point for each finisher.
- b) All competitors in singles and doubles **must** show their singles ranking to be eligible for team points.
- c) Only competitors racing in their club colours will score points.
- d) A trophy, **The Spanish House**, will be awarded to the club scoring the most points at the National Championships counting all categories in Rule 46.
- e) A trophy, **The Spanish Galleon**, will be awarded to the club scoring the most points in the under 12 and under 10 age categories (Rules 46 (g) and (h)).

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49) PROMOTIONS & DEMOTIONS

Although no automatic promotions will take place at the championships, the Marathon Committee may exercise their right under rules 27 and 28 to promote or demote on the basis of the results.

50) HASLER QUALIFICATION

The event will not count as a Regional Hasler event nor be used to allocate points for Regional Hasler competitions. However it may be counted by a paddler as a qualifying race for the Hasler Final.

Rules applying to the Marathon Lightning Series

51) THE SERIES

- Race Organisers of Regional Hasler Trophy events are encouraged to include Lightning races that qualify for the Marathon Lightning Series in which teams compete for the Geoff Sanders Memorial Trophy.
- The series will run from 1 September each year for 12 months.
- Lightning races will not be used in determining the outcome of Hasler races.
- Lightning races will be included at the Hasler Final but will not be used to determine the outcome of the Hasler Trophy competition.

52) QUALIFICATION

- To qualify, paddlers must compete in a Pyranha Lightning Junior K1.
- Paddlers may compete in craft other than Lightnings but will not be eligible for race points. Race organisers should ensure they are entered in a 'Fun Race' included in the HRM, to avoid confusion.
- No individual or club qualification is required for Lightning paddlers competing in the Lightning races held at the Hasler Final.
- All ages are calculated as at 1st January preceding the date of each race.
- Paddlers with a marathon ranking of Division 8 or higher shall not be eligible to compete in Lightnings.

53) COURSE

The course shall be 2 - 4 Km. with no hazards.

54) CLASSES

- There will be four classes: boys under 10; girls under 10; boys under 12; girls under 12.
- Race organisers are encouraged to award medals to the first three places in each class.

55) POINTS

- Points shall be awarded in each class at each event with 10 points for the winner, 9 points for second place and so on down to 1 point for each paddler who finishes.
- Points shall be awarded in each class at the Hasler Final event with 20 points for the winner, 19 points for second place down to 2 points for each paddler who finishes.
- Points shall be awarded to all paddlers at a Lightning race irrespective of whether the paddler is paddling out of region.
- At the end of August in each year each paddler's best two scores will be included to form their club's total points score for that year. The points won in the Lightning classes held with the Hasler Final in September of that year will be added to that total.
- The winner of the Geoff Sanders Memorial Trophy will be the club with the highest number of points determined in d) above.

56) RESULTS

Results of all Lightning races should be forwarded to the Lightning Coordinator, to compile the Geoff Sanders Memorial Trophy results.

57) SAFETY

- The wearing of life jackets or buoyancy aids is compulsory for all paddlers
- The requirements of Rule 5 above must be observed in all respects.
- Race organisers must conduct a specific risk assessment for Lightning class races and, taking into account their age and experience, provide adequate safety cover over the whole course (e.g. rescue boats) where considered necessary.

58) PROMOTIONS

The Lightning programme aims to introduce young paddlers into marathon racing and it is important that paddlers do not remain too long in the class. Paddlers in the under 12 age group will therefore be monitored and, having scored more than 40 points in a season, be recommended by the Lightning Marathon Coordinator to transfer to Division 9 K1.

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As part of their long term development young paddlers are encouraged to compete in Division 9 races without affecting their eligibility to race in Lightnings. For this reason the Marathon Committee declined to recommend separate junior Hody K2 races.

59) RACE LEVY/EVENT TICKET

- a) Lightning races are classed as Group B races and thus no race levy will be charged.
- b) Paddlers who are not BCU members or not members of a BCU affiliated club with a registered youth section shall purchase an Event Ticket to provide insurance cover. To promote racing at this introductory level, the MRC recommends a standard entry fee of £2.50, to include where necessary the Event Ticket charge.

PART C - THE STARTING OF ASSESSMENT RACES, NATIONAL CHAMPIONSHIPS RACES AND HASLER FINALS RACES

There is a necessity to maintain the standard of starting at assessment races and major championships. The following will apply to all assessment races, to all races at the National Championships and to all races at the Hasler Finals.

1. REQUIREMENTS

- a) The start line should be clearly defined on both banks.
- b) A clearly defined marshalling line must be established behind the start line.
- c) The race must be started by a person drawn from the approved starters list, who will have an experienced assistant.
- d) The marshalling line should be controlled by at least two experienced officials.
- e) The above should all be equipped with PA equipment or loud hailer that it is the responsibility of the race organiser to provide.

2 STARTING PROCEDURE

- a) An audible warning will be given 5 minutes before the first start. From that time on, no paddler is to pass in front of the marshalling line. All paddlers who are already in front of the marshalling line have 3 minutes to get behind it.
- b) A second audible warning will be given 2 minutes before the first start. Any paddler in front of the marshalling line will be penalised. No paddler is to go in front of the marshalling line until instructed by the marshal.
- c) Once released by the marshal, the paddlers will be under the starter's control. Any paddler going in front of the start line before the 'GO' will be penalised.
- d) For each contravention of the above rules, a 2 minute penalty will be imposed.
- e) Note that the Marathon Team selectors have been instructed by the Executive Committee that they should use the results INCLUDING any penalty, as the basis for selection.

3. APPROVED STARTERS LIST

Roland Lawler	Andy Rawson	David Green	Shaun Caven
Paul Ralph	Brian Chapman	Alan Laws	Margaret Chapman
George Oliver	Jim Rossiter	Tamsin Phipps	Melvin Swallow
Brian Greenaway	Dave Phillips	Alan Williams	Sarah Swallow
Andrew Dawson	Alan Feldus		

PART D - RECOMMENDATIONS

These recommendations are intended to guide organisers and others in the provision of acceptable races.

1) ADVANCE INFORMATION

Do not attempt to run a race without visiting a few to find out how things work. Advance information sent out to competitors and clubs should at least set out the following details.

- a) Name, date and status of the race.
- b) Name of the organising body.
- c) Closing date for entries and whether or not late entries will be accepted.
- d) Address to which entries and enquiries should be sent, and if possible a corresponding telephone number and email address.
- e) Entry fees and to whom these should be payable.
- f) Locations of start and finish, and directions for getting to these places.

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- g) Time of start and closure of checking in.
- h) Brief description of the course, sufficient to give a newcomer the general picture of the type of course and warning of any details of the course that they should inspect in advance.
- i) Any special regulations that competitors should be aware of before they arrive.
- j) Any major changes since last year.
- k) An entry form asking for full details of competitors.

2) SAFETY

Safety measures are largely at the discretion of the organiser, since adequate measures vary considerably with course and conditions. Unnecessary precautions are wasteful and irksome, but inadequate precautions can lead to disaster. It is a stipulation that all paddlers ranked in Divisions 7, 8 and 9 or competing in Lightning and fun races wear a buoyancy aid [Rules 5 (e) and 55 (a)]. On the open sea it is probably wise to insist on buoyancy aids for all. On open water, rescue boats are very important. It does not take long to paddle half a mile out to sea, but it takes a long time to swim back, especially in cold water. A weir may be trivial to a fresh paddler but a different story to one who has just raced 15 miles. It is sometimes a good idea to position frogmen below a weir to pull people and equipment out as they drift past, but make sure that all rescuers are competent. An incompetent rescuer can be more of a hindrance than a help.

An important precaution is to make sure that no-one is stranded or lost halfway round the course. On open water races it is important to account for everyone. On calm water it is usually sufficient to have a back marker paddle over the course at the tail of the race.

3) BRIEFING AND CONTROL

- a) There may be a wide range of ambitions present at the race - some people go for a pleasant paddle, some with Olympic hopes. Try not to let them stumble over each other. Both parties are aggravated when a fast crew is confronted by a slow crew blocking a critical portage. Let the fast classes start first. Local conditions and variations in the course for different classes should be taken into consideration when arranging the start order.
- b) Every boat should be inspected at check-in to ensure it is numbered clearly, correctly and durably. Although it is the competitor's responsibility to number their boat, it is human nature that some will fail in this responsibility. Have with you the wherewithal to number boats and use it when the occasion demands.
- c) It is customary to deliver a briefing shortly before the race. This is the time to explain the starting procedure and order, to describe any special features of the race course and to emphasise any special regulations.
- d) Ensure that the course is clearly marked at all points where there could be doubt. Marshals should be positioned at turning points, and should tick off numbers on a check list. It is desirable to position marshals at portages and shoots. The marshals should keep the passage clear for competitors, keep spectators and competitors off forbidden land and report any misdemeanours to race control. A marshal's directions should override any prior instructions. A marshal should be clearly identifiable.

4) STARTING ORDER

- a) The order in which the various classes or divisions are started can have a significant effect on the race results. The general principle is to start the fastest classes first and the slowest classes last. This minimises the chance of fast boats paddling through slower classes, picking up stragglers on the wash and dragging them back to the class leaders. In practice, a perfect start order is not possible because of the wide variety of speeds within any one class and sometimes the complicating factor of multi lap courses.
- b) The following is the recommended start order. Not all of these classes will necessarily run at any one race.

1. Senior Men K2 Assessment race	14. Junior Women K1 Assessment race
2. Junior Men K2 Assessment race	15. Division 4 Singles
3. Senior Men K1 Assessment race	16. Senior Men C1 Assessment race
4. Division 1/2/3 K2	17. Junior Men C1 Assessment race
5. Division 1 K1	18. Division 5 Singles
6. Division 2 K1	19. Division 7 Doubles
7. Junior Men K1 Assessment race	20. Division 6 Singles
8. Senior Women K2 Assessment race	21. Division 8 Doubles
9. Division 3 K1	22. Division 7 Singles
10. Senior Men C2 Assessment race	23. Division 9 Doubles
11. Senior Women K1 Assessment race	24. Division 8 Singles
12. Junior Women K2 Assessment race	25. Division 9 Singles
13. Division 4/5/6/doubles	

MARATHON RACING

5) STARTING

- a) A clean start is important and difficult to achieve. Most people can start the lower ranks of competitors in order but a strong personality is needed to keep those in higher divisions in good order. The starter must never lose control of the start, either through physical inability to make himself heard or through weakness of will. Preferably get an experienced racer to start your race and supply him with a megaphone. Do not be bullied by the competitors. They often try out the strength of the starter while waiting on the line. In the very last resort you can disqualify on the spot. On the other hand do not keep the competitors hanging around unnecessarily. They are often nervous before a race, may be getting cold or just plain bored. In fast water or wind it is often difficult for them to hold their positions. If you have got them into a fair line then start without delay. Say 'READY GO'.
- b) Massed starts are good value for bullfighting addicts but can be bad for competitors. Do not start classes together if it means overcrowding the start line. In Regional Divisional races each class of six or more boats must start separately (Rule 24).
- c) Record the start time of each class. Do not use a system which relies on a set start time. You cannot guarantee starting on the exact second.

6) TURNS

- a) All turns should be clearly marked. It is usual to use a buoy or buoys around which the competitors must turn, but these should be clearly distinguishable from other existing buoys which are nothing to do with the race. A clear description and location of the turn buoys must be given at the briefing.
- b) It is important that all turns are properly marshalled. Each turn marshal should be provided with a list of the race numbers which started and is responsible for checking that each boat properly completes the turn. A list of boats which did not complete the turn and a written report of the incidents at the turn must be provided promptly to the race control.

7) FINISHING & RESULTS

- a) Mark the finishing line clearly and signify a crossing of the line audibly by bell, whistle or some such device. It is not always obvious to the paddler exactly where the finishing line is, particularly as they may be exhausted.
- b) Have a reliable clock which is readable and have a back up in case of malfunction. Make a record of the finishing order of every boat as it passes the finishing line. Have one person make an independent list of boat numbers. Another should make a list of boat numbers and finishing times - this person should have a pad of paper with each sheet numbered in advance so that you will know later if any sheet has been mislaid. On each sheet mark say ten lines. When a boat finishes, record its number and finishing time alongside. Never mind computation at this stage, your hands will be full recording the finishing order correctly. When a page is full pass it to someone else to analyse.
- c) It is useful to have a portable cassette recorder running constantly at the finish line. You can record everything that happens at the finish and the tape can be used to check the finish order and timing if for any reason the finishing team becomes overwhelmed by mass finishes. Give the recorder to one of the finish team and tell them to 'talk' every boat over the line, giving number and time.
- d) You are strongly requested to use the Hasler Race Management computer programme (HRM) to produce your results. This will automatically calculate all promotions and demotions which will apply from the day of your race, together with your Hasler points. The results will be produced in the format required by the Race Records Officer. The HRM has been specially designed for Hasler races and is available to download from the Marathon Canoeing website. If you require any help with using the system please contact any member of the committee. If you would like to use the HRM at your race but are nervous about using it for the first time, the committee can arrange for an experienced operator to attend your race and guide you through the process.
- e) Whether using the HRM or a manual system, have someone out of the wind and rain and away from possible distraction from paddlers to analyse your finishing results. Arrange a system for displaying the results as soon as you know them. If there are any errors the paddlers will usually spot them and they can be queried before prize giving. Have a results display system that is not dependant on good weather. The thing that competitors want to see quickly is a list of finishing orders with overall times. Other details such as start and finish times are essentially irrelevant and only clutter the display. Have the prize giving as soon as possible and announce any divisional promotions at this stage.

8) AFTER THE EVENT

- a) After the event is over, buckle to and get the final result sheet sorted out. If you put it off your memory will dim, pieces of paper will get lost, your enthusiasm will wane and competitors will get very cross.
- b) If you are using the HRM your results will automatically be produced in the correct format. If using a manual system the result sheets should be arranged by divisions in finishing order and should show position, name, division ranking, club, BCU number, points and promotions to higher divisions. Totals of

MARATHON RACING

points scored by clubs should also be shown although these will be verified by the Hasler Adviser. The race organiser should record at the top of the result sheet the number of paddlers who have entered the race.

- c) Where possible, please send results by e-mail. For regional Hasler races send your results to the Regional Hasler Adviser and Rankings Officer as soon as possible after your race. If sending hard copies by post, please send three copies of the results to the Regional Hasler Adviser and one copy direct to the Rankings Officer. The race levy should be sent directly to the Marathon Racing Committee treasurer. For other races please send a copy of the results and the levy to the Race Records Officer. Results and levy in either case to be sent within the 7 days stipulated [Rule 13]. **Please remember that if you have e-mailed the results you still need to send the levy by post.**
- d) Send Event Ticket money to the BCU HQ, Nottingham together with a schedule of names, post code etc or BCU number of those who have paid for an event ticket, on the form provided by the BCU.

PART E - VENUE AND ORGANISATIONAL CRITERIA FOR THE NATIONAL CHAMPIONSHIPS AND THE HASLER FINALS

The Marathon Committee will look to the following ideal criteria when considering applications for the hosting of the National Championships and the Hasler Finals. Any club wishing to host the National Championships or the Hasler Finals will be expected to make a short presentation to the Annual Consultative Meeting or to the Marathon Committee outlining their proposals for the course and organisation to meet these criteria.

1) THE COURSE

- a) The course should be wide enough at the start to provide a fair start for all paddlers. It should also be wide enough throughout its length for competitors to overtake and pass each other in opposite directions.
- b) The course should be capable of being paddled in an understern rudder boat.
- c) Portages should allow a minimum of 12 metres at the 'get out' and 'get in' points. Portages should not be of excessive number or length.
- d) Access to portage areas for spectators should be good with adequate parking, or pool transport should be provided.
- e) The course should be reasonably accessible for spectator viewing.
- f) There should not be too many other conflicting water users.

2) ORGANISATION

- a) The organising club(s) should have a proven track record in organising normal Divisional marathons.
- b) The venue should have good access by road and not be too far for the majority of paddlers to travel.
- c) There should be adequate camping facilities nearby, particularly for the two day National Championships.
- d) There should be adequate parking at the start and finish.
- e) There should be adequate covered checking-in and refreshment areas at the start and finish and a results display area.
- f) There should be adequate toilet facilities at the start and finish areas.
- g) There should be an adequate PA system at the start, briefing and prize giving areas.
- h) There should be adequate First Aid cover in appropriate areas.
- i) The starting of all races is to be as the procedure set out in PART C.
- j) There should be a computerised results facility capable of showing class results and team scores immediately after the races.
- k) Prizes at the National Championships will be the official BCU National Marathon Championship medals and Divisional medals.
- l) Prizes at the Hasler Finals will be the official BCU Hasler Finals medals.

MARATHON RACING

BCU MEMBERSHIP AND EVENT TICKETS

All seniors and veterans must be full members of the BCU if they wish to race in a Marathon event that has been advertised in the Calendar. Juniors who are ranked in division 6 or above must also hold full youth membership.

A junior club member need not be a full member of the BCU in order to race in the lower divisions (7,8 & 9) of the Marathon racing system or in the other 2 categories of marathon races. He / she must, however, be a member of a club with a registered junior section and the number used for his or her identification will be the club's affiliation number followed by the paddler's own individual club number. However, the club abbreviation followed by the paddler's club number is easier and preferred by the Records Officer, both for identification and ease of recording. i.e. LIN/005, CHE/017. Note that event tickets are also required for Lightning paddlers who are neither BCU members nor a member of a club with a registered junior section.

Any junior promoted into a higher division (6 & upwards) must then become a full member of the BCU.

Race Organisers MUST still check that a competitor's membership is current either by photocopy of the membership card with the entry or by seeing the card on the day of the race.

If the card is unavailable or forgotten the paddler must purchase an "Event Ticket" as a "stop gap" but only once per season. The records officer carries out a check on event ticket issue for all race results and those paddlers abusing this system will be penalised.

The system is as follows:

1. The tickets are for use by non-members at the entry level only of National Competitions requiring membership e.g. Divisional Racing.
2. For use at a BCU event when the organiser believes a participant may be a member but the member cannot provide proof by way of a membership card.
3. Event organisers charge the current rate set by the BCU (currently £2.50) which will be sent to the BCU HQ, Nottingham within 7 working days of the event.
4. Event Ticket fees are not refundable.
5. The overall consideration is to encourage, in the best possible way, membership of the Country's Governing Body for Canoesport.

MARATHON RACING NATIONAL CHAMPIONSHIP TROPHIES

K2 Shield		Presented to the Senior K2 National Champions	
1957	J.Nicholls	E.Carmichael	West London C.C.
1958	J.Shelston	R.Lowery	Richmond C.C.
1959	J.Shelston	R.O'Keefe	Richmond C.C.
1960	R.Payne	Y.Allen	22nd SAS C.C.
1961	B.R.Smith	J.L.P.Dalton	C.T.C.
1962	A.Aked	D.C.Arnold	Royal Marines C.C.
1963	L.Oliver	M.Parker	Lincoln C.C.
1964	S.Hollier	R.Wade	Hatfield Y.C.
1965	L.Oliver	M.Parker	Lincoln C.C.
1966	T.Kirkby	M.Bosher	Royal C.C.
1967	A.Miller	T.Sowman	Harlow C.C.
1968	A.Edwards	L.Oliver	Lincoln C.C.
1969	M.Mean	L.Bolam	
1970	C.Evans	A.Alun-Williams	R.M.C.C.
1971	M.Bosher	B.Greenaway	Richmond C.C.
1972	N.Mason	T.Speaight	Nottingham K.C.
1973	N.Jackson	D.Smith	Grap./Worcs.
1974	J.Fowler	A.Williams	Royal C.C.
1975	J.Fowler	A.Williams	Royal C.C.
1976	J.Fowler	A.Williams	Royal C.C.
1977	S.Brown	B.Haynes	Notts./Royal
1978	J.Fowler	A.Williams	Royal C.C.
1979	J.Fowler	A.Williams	Royal C.C.
1980	J.Fowler	A.Williams	Royal C.C.
1981	J.Fowler	A.Williams	Royal C.C.
1982	A.Williams	C.Canham	Royal C.C.
1983	A.Williams	S.Jackson	Royal/Army
1984	A.Williams	S.Jackson	Royal/Army
1985	P.Wells	A.Croucher	Richmond/Wey
1986	Ivan Lawler	A.Williams	Elmbridge/Royal
1987	Ivan Lawler	Graham Burns	Elmbridge C.C.
1988	P.Wells	M.Wells	Richmond C.C.
1989	C.Ballard	R.Kinch	Lichfield/Oxford
1990	P.Wells	G.Dresser	Richmond/Royal
1991	C.Ballard	G.Slater	Lichfield
1992	Ivan Lawler	Grayson Bourne	Elmbridge C.C.
1993	J.Butler	S.Bagshaw	Nottingham K.C.
1994	Ivan Lawler	Steve Harris	Elmbridge C.C.
1995	Stuart West	James Butler	RLS/Nottingham
1996	Ivan Lawler	Steve Harris	Elmbridge C.C.
1997	James Block	James Butler	Nottingham K.C.
1998	Stephen Baker	Steve Harris	Elmbridge C.C.
1999	Ivan Lawler	Conor Holmes	Elmbridge C.C.
2000	Simon Dark	David Coulson	BOA/Reading
2001	Conor Holmes	James Block	Elmbridge/Nottingham
2002	Paul Slater	Paul Prestwood	Gailey
2003	Paul Slater	Paul Prestwood	Gailey
2004	Paul Slater	Paul Prestwood	Gailey
2005	Ivan Lawler	Ben Brown	Elmbridge
2006	Ben Brown	John Sawers	Elmbridge
2007	Andrew Daniels	Edward Cox	Reading/Wey

MARATHON RACING NATIONAL CHAMPIONSHIP TROPHIES

Wilkinson Sword

Presented to the Senior K1 National Champion

1979	Brian Greenham	Reading & LP	1994	Gary Mawer	Richmond
1980	K.Smith	Warren	1995	Simon Dark	Bradford/Avon
1981	K.Smith	Warren	1996	Ivan Lawler	Elmbridge
1982	Alan Williams	Royal	1997	James Butler	Nottingham
1983	Alan Williams	Royal	1998	Greg Slater	Lichfield
1984	Alan Williams	Royal	1999	Ivan Lawler	Elmbridge
1985	Alan Williams	Royal	2000	Conor Holmes	Elmbridge
1986	Ivan Lawler	Elmbridge	2001	Conor Holmes	Elmbridge
1987	Ivan Lawler	Elmbridge	2002	Ivan Lawler	Elmbridge
1988	Ivan Lawler	Elmbridge	2003	Paul Slater	Gailey
1989	Duncan Blythe	Royal	2004	Paul Slater	Gailey
1990	Duncan Blythe	Royal	2005	Ivan Lawler	Elmbridge
1991	I.Timbrell	Fowey River	2006	Ben Brown	Elmbridge
1992	Ivan Lawler	Elmbridge	2007	Andrew Daniels	Reading
1993	James Butler	Nottingham			

The Long Distance Racing Challenge Trophy

Presented to the Winner of Division 1 K1 at the National Championships

1956	C.Cautier	Weston Bay	1982	Alan Williams	Royal C.C.
1957	A.Waterhouse	Royal C.C.	1983	Alan Williams	Royal C.C.
1958	R.O'Keefe	Richmond	1984	Alan Williams	Royal C.C.
1959	B.Smith	C.T.C.	1985	Alan Williams	Royal C.C.
1960	D.Shankland	Llandaff	1986	Ivan Lawler	Elmbridge
1961	J.Richards	Worcester	1987	Ivan Lawler	Elmbridge
1962	Alan Edwards	Worcester	1988	Ivan Lawler	Elmbridge
1963	S.Smith	Worcester	1989	Duncan Blythe	Royal C.C.
1964	S.Smith	Worcester	1990	Duncan Blythe	Royal C.C.
1965	P.Gardner	Riverside	1991	I.Timbrell	Fowey
1966	C.Evans	Royal C.C.	1992	Ivan Lawler	Elmbridge
1967	C.Evans	Royal C.C.	1993	James Butler	Nottingham
1968	P.Lawler	Royal C.C.	1994	Gary Mawer	Richmond
1969	N.Jackson	Grappenhall	1995	Simon Dark	Bradford/Avon
1970	N.Jackson	Grappenhall	1996	Ivan Lawler	Elmbridge
1971	N.Jackson	Grappenhall	1997	James Butler	Nottingham
1972	Norman Mason	Nottingham	1998	Greg Slater	Lichfield
1973	D.Lawrence	Royal C.C.	1999	Ivan Lawler	Elmbridge
1974	Norman Mason	Nottingham	2000	Conor Holmes	Elmbridge
1975	Norman Mason	Nottingham	2001	Conor Holmes	Elmbridge
1976	Norman Mason	Nottingham	2002	Ivan Lawler	Elmbridge
1977	Brian Greenham	Reading & L.P.	2003	Paul Slater	Gailey
1978	Brian Greenham	Reading & L.P.	2004	Paul Slater	Gailey
1979	Brian Greenham	Reading & L.P.	2005	Ivan Lawler	Elmbridge
1980	K.Smith	Warren C.C.	2006	Ben Brown	Elmbridge
1981	K.Smith	Warren C.C.	2007	Andrew Daniels	Reading

MARATHON RACING NATIONAL CHAMPIONSHIP TROPHIES

Nottinghamshire County Council Cup

Presented to the Senior Lady K1 National Champion

1995	S.Bennett	Fladbury Canoe Club
1996	Anna Hemmings	Elmbridge Canoe Club
1997	Tricia Davey	Richmond Canoe Club
1998	Lucy Hardy	Fladbury Canoe Club
1999	Tina Parsons	Nottingham Kayak Club
2000	Andrea Dallaway	Elmbridge Canoe Club
2001	Anna Hemmings	Elmbridge Canoe Club
2002	Yael Ford	Tonbridge Canoe Club
2003	Joanne Bates	Elmbridge Canoe Club
2004	Joanne Bates	Elmbridge Canoe Club
2005	Tricia Davey	Richmond Canoe Club
2006	Anna Hemmings	Elmbridge Canoe Club
2007	Anna Hemmings	Elmbridge Canoe Club

Ladies Plate

Presented to the Senior Ladies K2 National Champions

1995	Tamsin Phipps	W.Lester	Reading
1996	Helen Gilby	Alison Thorogood	Elmbridge/Newham
1997	Sonia Bapty	Tricia Davey	Reading/Richmond
1998	Andrea Dallaway	Helen Gilby	Elmbridge Canoe Club
1999	Sonia Bapty	Alison Thorogood	Reading/Leaside
2000	Andrea Dallaway	Helen Gilby	Elmbridge Canoe Club
2001	Andrea Dallaway	Abigail Cattle	Elmbridge/Reading
2002	Joanne Bates	Rosalind Bates	Elmbridge Canoe Club
2003	No Race		
2004	Joanne Bates	Claire Hynds	Elmbridge Canoe Club
2005	Joanne Bates	Nicola Taylor	Elmbridge Canoe Club
2006	Anna Hemmings	Nicola Taylor	Elmbridge Canoe Club
2007	Anna Hemmings	Louisa Sawers	Elmbridge Canoe Club

Junior K2 Shield

Presented to the U18 Mens K2 National Champions

1995	A.Morgan	Nick Fowler	Banbury / Reading
1996	Daniel Golder	Damien Chapman	Banbury / Nottingham
1997	Damien Chapman	Peter Burbridge	Nottingham / Reading
1998	Paul Prestwood	Daniel Matthews	Gailey
1999	Adam Kennedy	Tim Sowry	Fladbury / Elmbridge
2000	Ed McKeever	Alistair Rosier	Bradford on Avon
2001	Andrew Kelly	Simon Fennemore	Royal / Wey
2002	Ben Brown	Paul Wycherley	Elmbridge / Wey
2003	John Sawers	Michael Goodall	Elmbridge Canoe Club
2004	James Dougall	Matthew Guy	Leighton Buzzard C.C.
2005	Andrew Daniels	Allen Spencer	Reading / Hereford
2006	Tom Hide	Ben Parfitt	Addlestone / Elmbridge
2007	Dean Terry	Mark Childerstone	Wey K.C.

MARATHON RACING NATIONAL CHAMPIONSHIP TROPHIES

The Sella Cup

Presented to the U18 Men's K1 National Champion

1990	A.Richardson	Royal Canoe Club
1991	S.Jenson	Richmond Canoe Club
1992	Paul Slater	Lichfield Canoe Club
1993	M.Bull	Nottingham Kayak Club
1994	Richard Golder	Banbury Canoe Club
1995	Lee Pilgrim	Barking & Dagenham C.C.
1996	Damien Chapman	Nottingham Kayak Club
1997	Damien Chapman	Nottingham Kayak Club
1998	Craig Watt	Elmbridge Canoe Club
1999	Scott Kemper	Gailey Canoe Club
2000	Andrew Kelly	Elmbridge Canoe Club
2001	Andrew Kelly	Royal Canoe Club
2002	Paul Wycherley	Wey Kayak Club
2003	Paul Wycherley	Wey Kayak Club
2004	Allen Spencer	Hereford Canoe Club
2005	Andrew Daniels	Reading Canoe Club
2006	Andrew Daniels	Reading Canoe Club
2007	Edward Rutherford	Elmbridge Canoe Club

Silver Birdbath

Presented to the Under 14 Boys K2 National Champions

1981	M.Adams	S.Rust	Royal/Leicester
1982	M.Adams	S.Rust	Royal/Leicester
1983	G.Lovell	G.Adams	Royal C.C.
1984	S.Day	A.Barkway	Sta./N.S.S.
1985	J.Wilson	C.Murray	Anker Valley
1986	A.M.Richardson	J.Farnham	Royal/Elmbridge
1987	A.M.Richardson	J.Farnham	Royal/Elmbridge
1988	S.Jenson	P.Slater	Richmond/Gailey
1989	Brian Hemmings	David Smith	Elmbridge
1990	David Smith	Ian Sargeant	Elmbridge
1991	Nick Fowler	B.Reece	Fladbury
1992	Daniel Golder	J.Perrier	Banbury /Bishop Stortford
1993	Damien Chapman	Joel Wilson	Nottingham/Chester
1994	Joel Wilson	Adam Kennedy	Chester/Fladbury
1995	Dean O'Conner	Adam Kennedy	Barking/Fladbury
1996	Richard Darby Dowman	Ben Farrell	Elmbridge C.C.
1997	Greg Edwards	Tom Bainbridge	Worcester/Harlow
1998	A.Barry	James Garlick	Chelmsford/L. Buzzard.
1999	James Garlick	Ed Cox	L. Buzzard./Wey
2000	Tom Daniels	Richard Etheridge	Reading/Wey
2001	Gavin Hickman	Allen Spencer	Chelmsford/Hereford
2002	Christian Pegley	Andrew Daniels	Elmbridge/Wokingham
2003	Ben Holmes	Pip Ede	Worcester/Reading
2004	Edward Rutherford	Daniel Barber	Elmbridge Canoe Club
2005	Dean Terry	Mark Childerstone	Maidstone / Wey
2006	Peter Wilkes	Mark Wilkes	Chelmsford Canoe Club
2007	Jonathan Tye	Tom Deacon	Worcester/Addlestone

MARATHON RACING NATIONAL CHAMPIONSHIP TROPHIES

The Espada Cup

Presented to the Under 14 Girls K2 National Champions

1977	D.Sellwood	C.Darling	B.O.A.C.C./Chichester
1978	Perrett	D.Sellwood	
1979	Holness	Lewis	
1980	Holness	Lewis	
1981	Holness	Lewis	
1982	Nicola Burns	A.Dawson	Elmbridge/Preston Bridge
1983	H.Rainsford	C.Kemp	Leighton B./Fladbury
1984	Andrea Dallaway	C.Kemp	Lichfield/Fladbury
1985	A.Jennings	C.Kemp	Leighton B./Fladbury
1986	J.Fisher	R.Leverett	Lincoln C.C.
1987	Tricia Davey	J.Miller	Richmond/Shoreham
1988	R.Giles	B.Cambell	Fladbury C.C.
1989	K.Russell	Anna Hemmings	Elmbridge C.C.
1990	Anna Hemmings	Jenny Dyball	Elmbridge C.C.
1991	Rachel Train	Lucy Hardy	Fladbury C.C.
1992	S.Griffith	Carly Andrews	Fladbury/Solihull
1993	Carly Andrews	Elaine Appleby	Solihull/Leighton Bzd.
1994	Cathy Jones	Elaine Appleby	Leighton Buzzard C.C.
1995	Cathy Jones	Abigail Cattle	Leighton B/Reading
1996	Sharon Hayday	Nicola Taylor	Barking & Dagenham C.C.
1997	Jenny Spencer	Rebecca Hunter	Hereford/Royal
1998	Zoe Burgess	Joanne Etheridge	Solihull/Wey
1999	Joanne Etheridge	L.Smith	Wey/Barking & Dagenham
2000	Hayleigh Mason	Harriet Farish	Nottingham K.C.
2001	Louisa Sawers	Rohan Battison	Elmbridge/Reading
2002	Alison Galloway	Rohan Battison	Reading
2003	Katie Whitehead	Jessica Walker	Chelmsford/Royal
2004	Emma Dougall	Jessica Walker	Leighton Buzzard / Royal
2005	Jenny Swallow	Caroline Rowlands	Chester
2006	Laura Ferguson	Stephanie Holmes	Banbury / Worcester
2007	Hazel Childerstone	Victoria Croucher	Wey K.C.

The Spanish Galleon

Inter-Club K4 Racing

1991	Hereford K.C.
1992	Elmbridge C.C.
1993	Hereford C.C.
1994	Elmbridge C.C.
1995	Nottingham K.C.
1996	Nottingham K.C.
1997	Nottingham K.C.
1998 - 2003	No Race

The Spanish Galleon

(re-assigned)

National Championships

Lightning Team Trophy

2004	Banbury Canoe Club
2005	Banbury Canoe Club
2006	Southampton Canoe Club
2007	Leighton Buzzard C.C.

MARATHON RACING NATIONAL CHAMPIONSHIP TROPHIES

Ken Periera Memorial Trophy

Presented to the Senior C1 National Champion

1989	Ken Young	Nottingham Kayak Club
1990	No Race	
1991	Andrew Martin	Fladbury Canoe Club
1992	Andrew Martin	Fladbury Canoe Club
1993	No Race	
1994	Derek Hall	Reading Canoe Club
1995	Malcolm Lane	Royal Leamington Spa C.C.
1996	James Lee	Basingstoke Canoe Club
1997	James Lee	Basingstoke Canoe Club
1998	Steve Train	Fladbury Canoe Club
1999-2003	No Race	
2004	Richard Crooks	Leighton Buzzard Canoe Club
2005-6	No Race	
2007	John Badelek	Wey Kayak Club

Open Canoe Association Shield

Presented to the Open TC2 National Champions (from 1996 C2)

1990	Karl Yurkwich	Attila Herbent	Royal Leamington Spa
1991-3	Not awarded		
1994	J.Bromley	Tibor Herbent	Royal Leamington Spa
1995	Not awarded		
1996	John.Badelek	Derek Hall	Wey / Reading
1997	James Lee	M.Parsons	Basingstoke / Wey
1998-9	Not awarded		
2000	Matt. Lawrence	Toby Shipway	Leighton Buzzard
2001	Matt. Lawrence	James Train	LBZ / Fladbury
2002-2007	Not awarded		

The Spanish House

National Championships Team Trophy

1990	Nottingham Kayak Club	2000	Elmbridge Canoe Club
1991	Nottingham Kayak Club	2001	Elmbridge Canoe Club
1992	Army Canoe Union	2002	Leighton Buzzard Canoe Club
1993	Nottingham Kayak Club	2003	Leighton Buzzard Canoe Club
1994	Nottingham Kayak Club	2004	Leighton Buzzard Canoe Club
1995	Nottingham Kayak Club	2005	Leighton Buzzard Canoe Club
1996	Nottingham Kayak Club	2006	Reading Canoe Club
1997	Kimbolton School	2007	Leighton Buzzard Canoe Club
1998	Nottingham Kayak Club		
1999	Nottingham Kayak Club		

MARATHON RACING – THE HASLER TROPHY

The story behind the Hasler Trophy

One of the most daring raids of World War Two took place on the night of 11 December 1942 in the enemy-occupied port of Bordeaux in France. Operation Frankton involved 12 men in six canoes being taken by submarine to a position 10 miles south of the Gironde estuary on 7th December. One of the canoes was ripped passing through the hatch of the submarine, but the other five then had an 85 mile paddle ahead of them. Two boats were lost in the tidal race and the remaining three carried on for three days, paddling in darkness and lying up during the day. One more boat hit a submerged rock and sank and the final two boats went on to Bordeaux harbour, where they attached their limpet mines and, assisted by the ebb tide, paddled silently back down the river. The mines detonated and severely damaged four vessels and sunk one. The four remaining men beached before reaching the sea, scuttled their canoes and travelled overland to try to reach safety. Two were captured, but Major 'Blondie' Hasler and Marine Bill Sparks made their way to Spain – the only two of the original ten who survived. Hasler was awarded the DSO and Sparks the DSM.



After the war, Hasler went on to found the Single Handed Transatlantic Yacht race after a bet with his friend Francis Chichester. The Hasler Trophy was presented by Lloyds Underwriters to commemorate the raid of the so-called 'Cockleshell Heroes' and has been competed for since 1957. Major Hasler died in 1987 and Bill Sparks died on 30th November 2002, only ten days short of the sixtieth anniversary of the raid. In 2003 the Marathon Committee decided to inaugurate a new trophy named in honour of Bill Sparks, which goes to the highest placed veteran K2 in the highest division at the Hasler Final.

Hasler Trophy

For Marathon Racing between clubs in annual competition under the auspices of the British Canoe Union

1957	Canoe Touring	1974	Nottingham	1991	Worcester
1958	Richmond	1975	Nottingham	1992	Worcester
1959	Royal Leam Spa	1976	Reading & LP	1993	Wey
1960	Royal Leam Spa	1977	Fladbury	1994	Not awarded
1961	Worcester	1978	Nottingham	1995	Kirkaldy
1962	Worcester	1979	Nottingham	1996	Elmbridge
1963	Royal	1980	Reading & LP	1997	Elmbridge
1964	Lincoln	1981	Fladbury	1998	Elmbridge
1965	Lincoln	1982	Wey	1999	Kirkaldy
1966	Lincoln	1983	Richmond	2000	Elmbridge
1967	Lincoln	1984	Wey	2001	Elmbridge
1968	Harlow	1985	Elmbridge	2002	Elmbridge
1969	Richmond	1986	Richmond	2003	Elmbridge
1970	Richmond	1987	Worcester	2004	Elmbridge
1971	Richmond	1988	Harlow OP	2005	Elmbridge
1972	Wey	1989	Richmond	2006	Reading
1973	Nottingham	1990	Wey	2007	Elmbridge / Wey

The Regional Trophy

Awarded to the Region with the highest aggregate score from their three highest scoring clubs at the Hasler Final

1990	London & S. East	1996	Eastern Region	2002	Southern Region
1991	London & S. East	1997	London & S. East	2003	Southern Region
1992	Southern Region	1998	London & S. East	2004	Southern Region
1993	Midlands Region	1999	Midlands Region	2005	Southern Region
1994	Southern Region	2000	Eastern Region	2006	London & S. East
1995	Scotland East	2001	London & S. East	2007	London & S. East

MARATHON RACING – THE HASLER TROPHY

Rhodes-White Trophy

Presented to the Senior Regional Champion with the most points in Division 1 at the Hasler Final

1962	S.Smith	Worcester CC	1985	Robin Belcher	Adlington CC
1963	R.Wade	C.T.C.	1986	Ivan Lawler	Elmbridge CC
1964	P.Hastings	C.U.CC	1987	Guy Dresser	Royal CC
1965	W.Machin	Gailey CC	1988	Greg Slater	Lichfield CC
1966	S.Kitson	Dewsbury	1989	Nigel Brevitt	Lichfield CC
1967	D.Clarke	C.U.CC	1990	IanTimbrell	Fowey River
1968	B.Greenaway	Richmond CC	1991	Greg Slater	Lichfield CC
1969	B.Gilliver	Soar Valley CC	1992	Greg Slater	Lichfield CC
1970	R.Davis	Itchin Valley CC	1993	Greg Slater	Lichfield CC
1971	D.Smith	Worcester CC	1994	Greg Slater	Lichfield CC
1972	T.Fieldus	Wey KC	1995	Peter Maycock	Exeter CC
1973	K.Topham	Viking KC	1996	Dyson Pendle	Norwich CC
1974	G.A.Truelove	Lichfield CC	1997	Conor Holmes	Elmbridge
1975	R.G.Haynes	Riverside CC	1998	Dan Golder	Falcon CC
1976	Keith Owen	B on a RC	1999	Greg Slater	Lichfield CC
1977	P.C.Watson	B on a RC	2000	Ian Tordoff	Chester
1978	Stan Missen	B on a RC	2001	Ian Tordoff	Chester
1979	J.Rosling	B on A RC	2002	Stephen Baker	Elmbridge
1980	Tim Cornish	Richmond CC	2003	Stephen Baker	Elmbridge
1981	Robin Belcher	Mercia CC	2004	Stephen Baker	Elmbridge
1982	Robin Belcher	Mercia C.C	2005	Stephen Baker	Elmbridge
1983	Paul Wells	Richmond CC	2006	Ben Brown	Elmbridge
1984	Paul Wells	Richmond CC	2007	Andy Daniels	Reading

Adam Thomasson Trophy

Presented to the Winner of Division 2 K1 at the Hasler Final

1986	P.Evans	Lincoln	1998	Nigel Jones	Nottingham
1987	Simon Horsley	Deeside	1999	Nathan Johnson	Elmbridge
1988	Gary Quittenton	Lincoln	2000	Andrew Kelly	Elmbridge
1989	Norman Mason	Nottingham	2001	Simon Fennemore	Wey
1990	John Elliot	RDG & LP	2002	Tom Daniels	Reading
1991	Ian Tordoff	Chester	2003	Ben Brown	Elmbridge
1992	David Smith	Elmbridge	2004	Ben Brown	Elmbridge
1993	Steve Tingay	LBZ	2005	Andrew Daniels	Reading
1994	Tim Brabants	Elmbridge	2006	Robin Williams	Wey
1995	Andy Grimwood	Lincoln	2007	Edward Rutherford	Elmbridge
1996	Paul Darby Dowman	Elmbridge			
1997	Damien Chapman	Nottingham			

MARATHON RACING – THE HASLER TROPHY

Barber Trophy

Presented to the Junior Regional Champion who gains the most points in Division 2 at the Hasler Final

1973	G Holmes	Hove	1990	Tony Richardson	Royal
1974	K Whitehurst	LPCC	1991	Tony Richardson	Royal
1975	Stan Missen	BOA	1992	Not awarded	
1976	S Swaffield	AYL	1993	David Smith	Elmbridge
1977	K Salisbury	RLP	1994	Richard Golder	Banbury
1978	K Salisbury	RLP	1995	Not awarded	
1979	K Salisbury	Rlp	1996	Peter Burbidge	Reading
1980	Nicholas Gregory	WAR	1997	Not awarded	
1981	Nicholas Gregory	WAR	1998	Tim Ralph	Reading
1982	David Battershell	Wey	1999	Nathan Johnson	Elmbridge
1983	Not awarded		2000	Andrew Kelly	Elmbridge
1984	Not awarded		2001	John Sawers	Elmbridge
1985	Fergus Murray	Richmond	2002	Tom Daniels	Reading
1986	John Elliott	RLP	2003	Tom Daniels	Reading
1987	Oliver Morgan	Royal	2004	Tom Daniels	Reading
1988	Stuart West	Royal	2005	Andrew Daniels	Reading
1989	Simon Ricketts	Anker Valley	2006	Philip Thorogood	Elmbridge
			2007	Not awarded	

David Shankland Trophy

Presented to the Lady Regional Champion who gains the most points in Division 3 at the Hasler Final

1966	M Tucker		1986	Janine Lawler	Elmbridge
1967	A Huskisson		1987	Susie Perrett	RLP
1968	P Squires		1988	Sandra Troop	Nottingham
1969	P Squires		1989	Anna Ballard	Lichfield
1970	E Staden		1990	Anna Ballard	Lichfield
1971	H Woodhouse		1991	Bernadette Pagon	Bristol
1972	S Burnett		1992	Bernadette Pagon	BOA
1973	S Wright		1993	Anna Ballard	Lichfield
1974	S Burnett		1994	Margaret Chapman	Kirkcaldy
1975	Kath Nadal		1995	Not awarded	
1976	Lucy Perrett		1996	Sonja Bapty	Reading
1977	Lucy Perrett		1997	Helen Gilby	Elmbridge
1978	Wendy Clapham		1998	Not awarded	
1979	Gaye Clough		1999	Abigail Cattle	Reading
1980	Lucy Perrett	RLP	2000	Andrea Dallaway	Elmbridge
1981	Lucy Perrett	RLP	2001	Abigail Cattle	Reading
1982	Anne Plant	Lichfield	2002	Not awarded	
1983	Lucy Perrett	RLP	2003	Not awarded	
1984	Heather Brough	Worcester	2004	Hayleigh Mason	Nottingham
1985	Anne Plant	Lichfield	2005	Anna Hemmings	Elmbridge
			2006	Louisa Sawers	Elmbridge
			2007	Not awarded	

MARATHON RACING – THE HASLER TROPHY

Ross Warland Memorial Trophy

Presented to the highest placed Junior in the Division 4 race at
The Hasler Final

2000	John Sawers	ELM	2004	Neil Williams	ROY
2001	Ben Brown	ELM	2005	Tim Pendle	NOR
2002	Andrew Daniels	WOK	2006	Tom Sharpe	EXE
2003	Matthew Guy	LBZ	2007	Jonathan Tye	WOR

The Committee Cup

Presented to the highest place junior woman K1 in the highest division at
The Hasler Final

2003	Louisa Sawers	ELM	2006	Louisa Sawers	ELM
2004	Hayleigh Mason	NOT	2007	Stephanie Holmes	WOR
2005	Louisa Sawers	ELM			

Ken Periera Cup

Presented to the highest placed junior C1 in the highest division at
The Hasler Final

2003	Richard Crooks	LBZ	2006	Gareth Hunt	FLA
2004	James Train	FLA	2007	Anthony Cayford	BSF
2005	Roger Weir	BAN			

Bill Sparks Trophy

Presented to the highest placed veteran K2 in the highest division at
The Hasler Final

2003	Leon Nicholson	James Hives	Woodmill C.C.
2004	Mike Hawthorn	Simon Davies	Worcester C.C.
2005	James Treadgold	Nick Daniels	Reading C.C.
2006	Phil Jenkins	Tim Scott	Norwich C.C.
2007	Adrian Croucher	Adrian Henson	Wey K.C.

Geoff Sanders Trophy

Presented to the club with the best Lightning results across the season, including
the Hasler Final

2005	Banbury Canoe Club	2007	Leighton Buzzard Canoe Club
2006	Southampton Canoe Club		

INTERNATIONAL MARATHON MEDALS

Prior to 1982 major international competition comprised the Grand Prix series of two or three races per year. In 1982 a World Cups was introduced every year as the premier international event in addition to one or two Grand Prix.

From 1988 World Championships were introduced in alternate (even) years with World Cups remaining in alternate (odd) years. One or two Grand Prix races continued every year.

From 1995 European Championships were introduced in alternate (odd) years.

From 1998 World Championships were held every year, the old World Cups (in alternate odd years) ceased and the Grand Prix races were renamed as World Cups.

In 2001 Junior World Championships were introduced every year.

Marathon World Cups and World Championships			
1982	1st World Cups Remich- Grevenmacher Luxembourg	Men's K1 1 st Robin Belcher 2 nd Paul Wells Women's K1 2 nd Kath Nadal 3 rd Heather Brough C1 3 rd Ken Periera	Men's K2 1 st Paul Dimmock / Robin Ayres 3 rd Rod Kinch / John Day Women's K2 1 st Jane Jacobs / Lynne Davies
1983	2nd World Cups Copenhagen Denmark	Men's K1 1 st Robin Belcher	Men's K2 2 nd Rod Linch / Paul Lanighan Women's K2 1 st Ann Plant / Wendy Clapham
1984	3rd World Cups Shannon Ireland	Men's K1 1 st Rod Kinch 2 nd Alan Williams Women's K1 1 st Ann Plant C1 2 nd Steve Smith	Men's K2 1 st Paul Wells / Duncan Blythe 2 nd Adrian Croucher / Chris Ballard Women's K2 2 nd Gaye Clough / Wendy Clapham 3 rd Tracey Phillips / Heather Brough C2 3 rd Steve Train / Andy Train
1985	4th World Cups Remich- Grevenmacher Luxembourg	Men's K1 3 rd Robin Belcher Women's K1 1 st Ann Plant C1 3 rd Steve Smith	Men's K2 3 rd Chris Ballard / Greg Slater Women's K2 2 nd Christine Belcher / Gaye Clough C2 3 rd Marcus Gohar / Robin Williams
1986	5th World Cups Hardenburg Netherlands	Men's K1 2 nd Paul Wells Women's K1 1 st Ann Plant C1 2 nd Marcus Gohar 3 rd Robin Williams	Men's K2 2 nd Robin Belcher / Guy Dresser Women's K2 1 st Suzy Perett / Janine Lawler
1987	6th World Cups Shannon Ireland	Women's K1 1 st Ann Plant 2 nd Jackie Eastwood C1 2 nd Marcus Gohar 3 rd Robin Williams	Men's K2 2 nd Ivan Lawler / Graham Burns

INTERNATIONAL MARATHON MEDALS

Marathon World Cups and World Championships			
1988	1st World Championships Nottingham England		Men's K2 2 nd Ivan Lawler / Graham Burns C2 1 st Steve Train / Andy Train
1989	7th World Cups Crestuma Portugal	Men's K1 2 nd Duncan Blythe Women's K1 2 nd Anne Ballard	Men's K2 1 st Ivan Lawler / Graham Burns Women's K2 2 nd Janine Lawler / Jackie Eastwood C2 1 st Steve Train / Andy Train
1990	2nd World Championships Copenhagen Denmark		Men's K2 2 nd Ivan Lawler / Graham Burns
1991	8th World Cups Berlin Germany	Junior Men's K1 1 st Tony Richardson 2 nd Scott Hynds	Men's K2 1 st Ivan Lawler / Graham Burns Women's K2 3 rd Sandra Troop/ Maria Blumenthal C2 1 st Steve Train / Andy Train
1992	3rd World Championships Brisbane Australia	Men's K1 1 st Ivan Lawler	Women's K2 2 nd Sandra Troop/Maria Blumenthal
1993	9th World Cups Maribo Denmark	Men's K1 1 st Ivan Lawler Women's K1 3 rd Andrea Dallaway Junior Women's K1 1 st Anna Hemmings Junior C1 3 rd Malcolm Lane	Junior Men's K2 1 st David Smith / Brian Hemmings
1994	4th World Championships & Junior World Cups Amsterdam Netherlands		Men's K2 1 st Ivan Lawler / Steve Harris C2 2 nd Steve Train / Andy Train Junior Men's K2 1 st David Smith / Tim Brabants
1995	10th World Cups Unquera Spain	Women's K1 2 nd Anna Hemmings 3 rd Sonja Bapty	Men's K1 1 st Ivan Lawler / Steve Harris C2 1 st Steve Train / Andy Train
1996	5th World Championships & Junior World Cups Vaxholm Sweden	Women's K1 2 nd Anna Hemmings	Men's K2 1 st Ivan Lawler / Steve Harris C2 1 st Steve Train / Andy Train
1997	World Cups Final Bagsvard Denmark	Men's K1 3 rd Tim Brabants Women's K1 1 st Anna Hemmings Junior Men's K1 3 rd Damien Chapman	Men's K2 2 nd Ivan Lawler / Steve Harris Women's K2 1 st Sonja Bapty / Tricia Davey C2 1 st Steve Train / Andy Train

INTERNATIONAL MARATHON MEDALS

Marathon World Cups and World Championships			
1998	6th World Championships & Junior World Cups Cape Town South Africa	Men's K1 1 st Ivan Lawler Women's K1 2 nd Anna Hemmings Junior Men's K1 3 rd Joel Wilson	Men's K2 2 nd Tim Brabants / Conor Holmes Women's K2 3 rd Andrea Dalloway / Helen Gilby C2 1 st Steve Train / Andy Train Junior Men's K2 1 st Paul Prestwood/Danny Matthews
1999	7th World Championships & Junior World Cups Gyor Hungary	Men's K1 1 st Ivan Lawler Women's K1 1 st Anna Hemmings Junior Women's K1 2 nd Abigail Cattle	
2000	8th World Championships & Junior World Cups Dartmouth Canada	Junior Men's K1 3 rd Tim Sowry Junior Women's K1 1 st Jenny Spencer	Junior Men's K2 1 st Andrew Kelly / Tim Sowry
2001	9th World Championships & 1st Junior World Championships Stockton-on-Tees England	Women's K1 1 st Anna Hemmings	Women's K2 1 st Anna Hemmings / Helen Gilby
2002	10th World Championships & 2nd Junior World Championships Zamora Spain		
2003	11th World Championships & 3rd Junior World Championships Valladolid Spain	Women's K1 3 rd Jenny Spencer Junior Men's K1 1 st Ben Brown Junior Women's K1 3 rd Hayleigh Mason	
2004	12th World Championships & 4th Junior World Championships Bergen Norway	Junior Men's K1 1 st Paul Wycherley	
2005	13th World Championships & 5th Junior World Championships Perth Australia	Women's K1 1 st Anna Hemmings	Junior Men's K2 2 nd Andrew Daniels / Allen Spencer

INTERNATIONAL MARATHON MEDALS

Marathon World Cups and World Championships			
2006	14th World Championships & 6th Junior World Championships Tremolat France	Women's K1 1 st Anna Hemmings Junior Women's K1 1 st Louisa Sawers	Junior Men's K2 2 nd Andrew Daniels/ Stuart Hastings Junior Women's K2 1 st Louisa Sawers / Jessica Walker
2007	15th World Championships & 7th Junior World Championships Gyor Hungary	Women's K1 1 st Anna Hemmings Junior Women's K1 3 rd Jessica Walker	Junior Women's K2 3 rd Jessica Walker / Amoret King

Marathon European Championships			
1995	1st European Championships Murcia, Spain	<i>GREAT BRITAIN DID NOT COMPETE</i>	
1997	2nd European Championships Pavia, Italy	Men's K1 2 nd Tim Brabants Women's K1 1 st Anna Hemmings	Men's K2 3 rd Ivan Lawler / Steve Harris Women's K2 1 st Sonja Bapty / Tricia Davey
1999	3rd European Championships Gorzow, Poland	Men's K1 2 nd Conor Holmes Women's K1 1 st Anna Hemmings Junior Men's K1 3 rd Nathan Johnson Junior Women's K1 1 st Abigail Cattle	Junior Men's K2 2 nd Adam Kennedy / Tim Sowry Junior Women's K2 3 rd Jenny Spencer / Liz Holmes
2001	4th European Championships Gyor, Hungary	Junior Women's K1 1 st Jenny Spencer	
2003	5th European Championships Gdansk, Poland	Junior Women's K1 3 rd Hayleigh Mason	
2005	6th European Championships Tyn, Czech Republic	Women's K1 1 st Anna Hemmings	
2007	7th European Championships Trencin, Slovakia	Junior Men's K1 1 st Tim Pendle	Junior Men's K2 3 rd Dean Terry/ Mark Childerstone

INTERNATIONAL MARATHONS

SELECTION POLICY FOR GREAT BRITAIN REPRESENTATIVE TEAMS

Objectives

- 1 To win medals at World, European Championships and World Cup events.
- 2 To maintain a position as a top nation in international competition.
- 3 To ensure the long-term athlete development required for international success.

This policy may be amended or supplemented by the BCU Marathon Racing Committee at its discretion in order to achieve the above objectives to cover exceptional circumstances. Every effort will be made to ensure as much notice as possible is given to all persons affected by any change.

Process of Selection

- 1 Each year, the ICF publish an International Calendar from which a programme of International Events to be attended is selected. Due regard being given to the Objectives and to budgets. Some events may be designated "Development". The programme is specified in the Racing Handbook.
- 2 The basic team composition for each event will be detailed in the Racing Handbook. Changes may be necessary to suit all the factors affecting team size and budgets.
- 3 The selection of teams for **all** internationals will be made on a **continuous assessment, open-to-all basis**. The composition of the team for each event will depend entirely on paddlers being and proving that they are of sufficiently high standard.

(The system of **continuous assessment** as opposed to system of 'first past the post' at a nominated selection event has been in operation for several years and has operated very well. It allows the selectors to consider an athlete who has under performed in any one race. This could be due to illness or equipment failure. It also means that consideration can be given to improving athletes who may not be winning but show potential for the future.)

- 4 Teams will be selected from results at the Assessment races, as detailed in the Racing Handbook, while accepting that there can be many variations of circumstances to affect performance. In marginal cases, previous competition results may be taken into consideration.
- 5 All athletes seeking selection should race in the Assessment class corresponding to the category for which they are seeking international selection, unless otherwise instructed by the Selection Committee. The Selection Committee reserve the right to disregard results gained by athletes racing in the wrong class.
- 6 Athletes wishing to be considered for International Events must comply with the following conditions.

6.1 They must be Comprehensive BCU members, throughout the year.

INTERNATIONAL MARATHONS

- 6.2 Having due regard to their availability for selection and their preferred programme, they should apply by completing the Availability Form and returning it by the dates specified in the Racing Handbook.
 - 6.3 They should be prepared to meet all assembly costs and pay a contribution towards food, as detailed in the Racing Handbook.
 - 6.4 They should be prepared to travel and be accommodated in the best interest of the team.
 - 6.5 They must be prepared to accept the Team Coach's direction with regard to training and racing while abroad.
 - 6.6 They must be prepared to dress and conduct themselves in a manner befitting a British Team representative, and promote the good name of British canoeing both at home and abroad.
 - 6.7 They should be prepared to give support to Sport UK, Sport England and the Lottery in promotional aspects, in return for the Grant Aid received.
 - 6.8 They should wear the GB tracksuit and team clothing provided, on all suitable occasions.
 - 6.9 They should compete in the appropriate Assessment events.
- 7 The principles guiding the Selection Committee will be as follows.
- The best team available to represent Great Britain will be selected having regard to the following.
- A Winning medals at World and European Championships and World Cup events.
 - B Gaining National Team points.
 - C Experience enhancement and development potential consummate with the level of the Competition.
 - D Available budget for an event that supports the overall Marathon programme.
- 8 The BCU Marathon Racing Selection Committee shall consist of the following:
The Chairman of the BCU Marathon Racing Committee who will Chair all selection meetings.
The Marathon Team Manager(s) for the event(s)
Up to 4 additional members nominated by the BCU MRC.
The BCU Performance Director.
The BCU Flat Water National Performance Manager.

Selectors are required to make every effort to attend all Domestic Assessment events, to ensure that a true and accurate assessment of current abilities can be made.

INTERNATIONAL MARATHONS

2008 INTERNATIONAL PROGRAMME

The Committee will provide as full a programme as possible in 2008, but this is subject to the funding we receive. At the time of going to press the funding we are to receive from the Lottery and the BCU exchequer fund is not known. The intended programme for the year is set out below, but it must be understood that the events supported and the sizes of the teams may change depending upon funding.

The main events for the year, for both Seniors and Juniors, are therefore: -

World Cup 1	Brandenburg, Germany	June 12/16
World Cup 2	Crestuma, Portugal	July 10/14
World Championships (WC3)	Tyn, Czech Republic	Sept. 17/22

Each country can enter 3 crews, (2 at World Championships) in each class, with only the first finisher to count towards the World Cup Trophy. In the Junior World Cup there are classes for Men K2, K1, C1 and Women K1& K2.

In addition to the 3 main events, we plan to send small teams to the Sanabria K4 Series and the Pontevedra K4 Series together with development teams to a training camp in Spain and the Tour de Gudena in Denmark, all depending on the assistance we receive from the Organisers. We will also support other events, where the Organisers provide total finance.

MARATHON COMMITTEE SUPPORT

The Marathon Committee will assist all potential team members in seeking personal sponsorship.

SELECTION INFORMATION FOR 2008

MAIN WINTER & EARLY SEASON TRAINING EVENTS

January 6	Richmond Frank Luzmore	K2/C2
February 17	Thameside 2	K1/C1

ASSESSMENT EVENTS

April 13	Norwich	K1/C1
April 27	Bedford	K2/C2
May 11	Chester	K1/C1
May 18	Southampton	K2/C2
June 14/15	World Cup 1, Brandenburg	ALL
July 12/13	World Cup 2, Crestuma	ALL
August 23/24	Worcester - National Championships	K1/C1 & K2/C2

INTERNATIONAL MARATHONS

AVAILABILITY FORMS

There are separate forms for Seniors and Juniors.

The **Senior Forms** should be returned, **fully completed** and signed, to David Enoch at the address on the form by: -

April 13 (Norwich) for all events prior to the World Championships,

August 24 (Nationals) for the World Championships and late season development events.

The **Junior Forms** should be returned to the World Class Programmes Office by April 4, to the address on the Form.

2008 LEVY

A sum of £50 will be charged for the World Cups and for the World Championships. The Levy for other international events will be detailed in the event information.

PROPOSED INTERNATIONAL COMPETITIONS

(The final team size will depend on the finances available.)

MAJOR EVENTS

BRANDENBURG, GERMANY - WORLD CUP 1 – June 14/15

Thursday June 12 to Monday June 16.

A team of approximately 16 Seniors and Juniors plus officials

Selection - following Southampton on May 18

CRESTUMA, PORTUGAL – WORLD CUP 2 – JULY 12/13

Thursday July 10 to Monday July 14

A team of approximately 18 Seniors and Juniors plus officials

Selection - in the week following World Cup 1.

TYN, CZECH REPUBLIC - WORLD CHAMPIONSHIPS – SEPTEMBER 20/21

Wednesday September 17 to Monday September 22.

A team of 22 Seniors and Juniors plus officials

Selection - following National Championships on August 24

INTERNATIONAL MARATHONS

SUPPORTING EVENTS

SPAIN – SANABRIA K4 SERIES – LATE JULY (DATES TO BE CONFIRMED)

A team of 8 Seniors and Juniors, by invitation

Selection – in the week following World Cup 1.

SPAIN - PONTEVEDRA K4 Series- AUGUST 12 (Provisional)

Team and travel by invitation

Selection – in the week following World Cup 2.

JUNIOR DEVELOPMENT TRAINING CAMP – TRASONA – SPAIN, AUGUST 1 – 9.

This is a joint venture with the Sprint Racing Committee for a squad of about 12 paddlers plus staff. Further details will be published as soon as they are available.

Selection - following HPP Regatta on June 8

TOUR de GUDENAA – SEPTEMBER 11/15

A development team of about 12 paddlers plus staff. Further details will be published as soon as they are available.

Selection - following National Championships on August 24

ADDITIONAL EVENTS

The MRC receives, from time to time, invitations to additional international events. Teams will be selected for these events, provided the event organisers meet all funding. Selection for these events will be made after an Assessment event.

PRIVATE ENTRIES COMPETING ABROAD

Any competitor wishing to compete abroad outside the British team must apply to do so via the Governing Body, the BCU (ICF ruling). For practical purposes these applications must reach the MRC four weeks before the event. They should be sent to David Enoch except entries for the Sella Descent which should be sent to Alan Laws by 1 July latest. The applicant will be liable for any costs incurred, e.g. entry fees (even if he/she does not subsequently compete). It is regretted that the Marathon Committee can make no private travel or accommodation arrangements.

SOME OF THE OTHER INTERNATIONAL EVENTS ON THE 2008 CALENDAR

SPAIN – SELLA
DENMARK – TOUR DE GUDENAA
LOIRE MARATHON – FRANCE

AUGUST 2
SEPTEMBER 13/14
SEPTEMBER 27

Racing Handbook 2009

Publication February 2009

To reserve your copy of next year's Handbook, please send a cheque (made payable to BCU Racing Committee) for £6.00 to include postage and packing.

Name _____

Address _____

Post Code _____

Return to:

Diane Bates
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Many thanks to Kirton for their continuing support of the Racing Handbook as well as to new advertisers Ian Wynne and Marsport's Rocket K4. If your club wants a page to advertise your activities in next year's book, please email me.

Diane Bates, Editor    January 2008  
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-  Technique
-  Psychology
-  Race Plan / Preparation
-  Goal Setting
-  Nutrition & Recovery



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performance coach

Sydney 2000  
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Nathan Johnson paddling his Kirton Teknik  
on his way to 2nd at the Nationals 2007

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