

THE CANOE RACING YEAR BOOK 1977



THE BRITISH CANOE UNION

Published jointly by the British Canoe Union
RACING and MARATHON Racing COMMITTEES

No. 1

I N D E X

<u>Page</u>	<u>Contents</u>
1	Editorial
2	Regionalisation
3	Training Squads
5	The Competition Coaches Scheme (Racing)
8	B.C.U. - Espada Youth - Statement of Policy
11	Espada Award Scheme
12	The 10,000 metre Award
13	Safety in Espadas
15	<u>Racing Section - Foreword</u>
16	Racing Section Constitution
21	The Racing Rules
32	Racing Committee Awards
33	Inter Clubs Championships - 1976
37	National Championships - 1976
41	Nottingham Pre-Olympic International Regatta Finals - 1976
44	National Championship Racing Results
46	Racing Committee Officers - 1977
47	Regatta Officials List - 1977
48	List of Trainee Regatta Officials - 1977
49	The Racing Registration Scheme
50	Promotions
51	The Racing Domestic Regatta Programme - 1977
52	Conditions of Entries for Racing Regattas at Holme Pierrepont - 1977
55	<u>Marathon Racing - Foreword</u>
56	Marathon Racing Committee Constitution
57	Rules for Competition
62	Recommendations
66	The Marathon Racing Committee Awards
67	The Hasler Trophy
68	1976 Open and National Marathon Championships
73	International Marathon Race Results - 1976
75	Marathon Racing Committee - 1977
76	List of Senior A Nominated Paddlers for 1977
77	Canoe Marathon Racing Calendar - 1977
79	Scottish Marathon Racing Programme - 1977
80	Marathon Racing International Programme - 1977
82	Ready! Go! (Thoughts on a theme by A. Duncan)
83	Application for International Events - 1977 - Marathon Racing

EDITORIAL

Producing any sort of publication of an informative nature is always difficult because you can never please all the people all the time and things always get missed!!

With our first Year Book the problem has been magnified three or four fold due to lack of historical copy, time, money and, most of all, knowledge of what you, the paying customers want from your Year Book. We hope we have got it right, we think we have, but it is up to you to let us know your views and news so that next year's book can be even better and more informative.

On behalf of both our Committees, may we wish you good paddling during the year and a successful season's racing in both Regattas and Marathons.

Mike Haslam
Racing Committee

Max Kirschener
Marathon Racing Committee

Joint Editors

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R E G I O N A L I S A T I O N

This word has been mentioned many times during the last year particularly at meetings at all levels. What is it and how will it affect us?

The BCU is growing rapidly, even though the growth rate of membership is not keeping pace. The controlling body is affecting the development of canoeing to such an extent that nationally we are having too many events. The cost of travelling is a prohibitive factor, therefore, we must consider development at local level.

This can be achieved by setting up "Regional" control which can cover all aspects of the sport. The Regional based Constitution is to take effect in 1978 with at least five Regions being established in 1977. A total of nine Regions will eventually be formed, these following the pattern of the Sports Council Regions within England. At present the new pattern will not affect Scotland, Wales or Northern Ireland, but no doubt will shortly have repercussions to their benefit.

The Regions will be able to have their own programme of events which should encompass more clubs which at present are not within the BCU. Obviously, if this happens, not only will there be growth in the membership, but an improvement in the general standard of competitors. The programme for both L.D. and Sprint must take into consideration the National events so it is essential that there be good liason between the organisers of the Regional events and those preparing the Nationals. It is, therefore, to be hoped that there will be no shortage of volunteers to sort out the problems.

K. Lovell
14th December 1976

TRAINING SQUADS

Apart from their involvement in the training and assessment courses for coaches, the Marathon Racing and Racing Committees offer the following squad opportunities to racing paddlers of various levels of performance.

For the 1977/78 Winter the following training situations will operate:-

1. Olympic Training Squad

This is controlled by the Racing Committee. In 1978 the squad will meet at Holme Pierrepont on the following dates:-

14th/15th January 1978

11th/12th February 1978

11th/12th March 1978

Selection for this squad is dependent entirely on performance at racing. The squad caters for an elite group of paddlers whose long term objective is the Olympic Games. The policy governing selection of the Olympic Training Squad for 1978 will be published by the Racing Committee during 1977. NORMALLY MEMBERSHIP OF A REGIONAL TRAINING SQUAD WILL BE REGARDED AS A PRE-REQUISITE OF MEMBERSHIP OF THE OLYMPIC TRAINING SQUAD. Details on the Olympic Training Squad can be obtained from the Team Manager, Mr. Ron Emes, 147 Gravelly Hill, Erdington, Birmingham.

2. Regional Training Squads

Organised and sponsored by the Marathon and Racing Committees, these squads will operate on the following dates during 1977. (Provisional)

28th/29th October

26th/27th November

18th/19th December

There will be five centres for Regional Squads - see below. These squads are intended to provide training WEEKENDS of a residential (or semi-residential) nature to paddlers of any age who regularly participate in Marathon races or Regattas. It is anticipated that all those who apply for membership of a Regional Squad in 1977 will be accommodated. In the unlikely event that numbers in any of the squads have to be limited, then selection will be made by the appropriate Regional Coach whose selection will take into account performance in Marathon and Sprint Racing events.

For details of each training squad please write to the appropriate organiser as listed below during EARLY SEPTEMBER. Please enclose a self addressed envelope.

<u>Region</u>	<u>Venue</u>	<u>Organiser</u>
South	Poole	Bernard Perrett, 4 South Drive, Leighton Park School, Reading.
London S.E.	(to be advised)	Brian Greenaway, 214A Battersea Park Road, London SW11

<u>Region</u>	<u>Venue</u>	<u>Organiser</u>
West Midlands	Worcester	Bill Machin, 21 High Grange, Lichfield, Staffordshire.
East Midlands	Nottingham	Colin Gray, 128 Greythorn Drive, West Bridgeford, Nottingham
Scotland	Strathclyde	Bill McKinley, 61 Hemphill View, Knotkentiber, Kilmarnock, Ayr.

If there is no squad in your region, apply to the nearest centre. It is not possible to provide squads in every region in the country at the moment.

3. Day Training Sessions for Beginners

These will be organised on a once monthly basis at various centres. They will be particularly useful for Espada paddlers or beginners, especially those who have experienced only one season's racing. The emphasis will be mainly on technique, but sessions will include talks on equipment, tactics, gym training, etc.

At most centres a handicapped race of about five miles will be organised as well.

Details of centres and dates will be available during SEPTEMBER. Please send S.A.E. to Colin Gray, 128 Greythorn Drive, West Bridgeford, Nottingham.

REGIONAL TRAINING SQUADS

WHETHER YOU ARE INTERESTED IN
RACING OR MARATHON RACING
OR
BOTH

A REGIONAL TRAINING SQUAD IS A MUST FOR
YOU NEXT WINTER, AT

POOLE, RICHMOND, WORCESTER, NOTTINGHAM
OR STRATHCLYDE

RTS A JOINT RACING / MARATHON RACING VENTURE

THE COMPETITION COACHES SCHEME (RACING)

The aim of the Competition Coaches Scheme will be to provide a variety of courses that will be of interest to anyone involved in competition coaching.

Courses organised by the Competition Coaches Scheme will be titled "Coaches Training Courses". They are open to anybody and no previous qualifications are required.

It would be impossible to cover every minute detail of the competition coaches syllabus (see below) in three weekends, but it is our intention to provide as least an introduction into each aspect of the syllabus once during each year.

It is certainly our intention to invite learned personnel from Universities, Colleges, etc., recognised as coaches in other sports to lecture on training courses. It is hoped that such people will provide a stimulus for discussion and progressive thought amongst even our most experienced coaches.

Award of Assistant Competition Coach

This will result from satisfactory completion of three of the above mentioned training weekends, and will be valid until 31st December in the year following the granting of the award.

Assessment for Award of Competition Coach

Applicants for assessment must be:-

- (a) At least 18 years old
- (b) Senior Instructors of the BCU (or have the strong recommendation of a Technical Committee)
- (c) In possession of a current First Aid Certificate (Red Cross/St. John's Amb.)
- (d) An assistant Competition Coach or Honorary Competition Coach
- (e) Candidates will need to satisfy themselves that they have covered adequately each of the items on the syllabus below. These they may cover by the following methods:-
 - (i) on a training course
 - (ii) by virtue of other qualifications (e.g. Cert. in Physical Education)
 - (iii) by reading or private research

Syllabus

Coach/paddler relationships
Tests and measurements
Use of audio and visual aids
Psychology of Motivation
Annual Training Schemes (peaking, etc.)
Sprint racing stroke, including singles, pairs and fours technique, stroking, rudder work, turns, etc.
Portages, wash-hanging, principles of weir shooting, etc.
Knowledge of regatta rules and race organization
Sprint and LD equipment - choice of, efficiency of, repair and care of, dimensions of, etc.

Assessment will be held in conjunction with a training course and will involve the completion of a written paper which will be marked before a practical examination in which the candidate will be expected to coach specific aspects of the course syllabus.

Award of Competition Coach

This will result from satisfactory completion of an assessment course, and will be valid until 31st December in the year following the granting of the Award.

Renewal of Competition Coach Award

Satisfactory attendance at one of the training courses which are listed as "approved" by the Technical Committees will "up-date" the award so that it is valid until 31st December in the year following attendance at the "approved course". Competition Coaches who are not involved in "approved" regional or national training courses will have their names removed from the register. For the purposes of "up-dating" the following courses are considered as approved for 1977:-

Competition Coach Training

1. 12th/13th March - Holme Pierrepont
2. 30th April/1st May - Holme Pierrepont
3. 22nd/23rd October - Holme Pierrepont
4. 10th/11th December - Holme Pierrepont

Regatta Officials Courses

1. Basic)
2. Continuation) - 10th/11th December - Holme Pierrepont

Regional Training Squads

(Dates Provisional)

1. 28th/29th October) London, Poole,
2. 26th/27th November) at Nottingham, Worcester,
3. 18th/19th December) Strathclyde

Honorary Competition Coaches

These are appointed to staff the training courses until the scheme is well established. However, it is hoped that these persons will too become qualified as Competition Coaches in due course.

OVER 21 ? NOT IN A BRITISH TEAM YET ?
 WHY NOT GIVE THE
 COMPETITION COACHES SCHEME A TRY ?

A variety of interesting and stimulating courses - all of a weekend duration - will be run by the Competition Coaches Scheme in 1977. Each course represents a self-contained area of study. You don't have to attend all of them and you don't need any qualifications to attend a course.

Ultimately, if you decide to be assessed as a racing coach, you will have to attend at least three weekends and satisfy other qualifications. So in the meantime why not give one of the 1977 Training Courses a try - paddler or non-paddler you are bound to find it an interesting experience - and you might find a NEW VOCATION - Write for details now.

1977 COURSES

- | | | | |
|----|---|-----------------------------|---------------|
| 1. | <u>12th/13th March</u> * | (In conjunction with Slalom |) All at |
| | and white water) | |) the |
| 2. | <u>30th April/1st May</u> | (Dealing mainly with |) National |
| | Technique) | |) Watersports |
| 3. | <u>22nd/23rd October</u> * | (In conjunction with Slalom |) Centre |
| | and white water) | |) Holme |
| 4. | <u>10th/11th December</u> | (Dealing mainly with rules, |) Pierrepont |
| | tactics and in conjunction with the Regatta | |) Nottingham |
| | Officials Course) | |) |

* Assessment will also be available on these dates

 And particularly for those wishing to take an assessment practical experience may be gained by assisting with one of the Regional Training Squad Weekends to be held at POOLE, LONDON, NOTTINGHAM, WORCESTER, STRATHCLYDE in October, November, December.

THE "GODFATHER" SAYS THE COMPETITION COACHES SCHEME IS SUPER!

For Details of the Competition Coaches Scheme and the above courses, please send S.A.E. to Colin Gray, 128 Greythorn Drive, West Bridgford, Nottingham.

BCU: HEALTH WARNING: COMPETITION COACHING CAN BE ADICTIVE!!

B.C.U. ESPADA YOUTH

ESPADA HISTORY

Designed in May 1961 by the world's foremost kayak designer, Jorgen Samson of Farum, Denmark.

First produced in July 1961 in the hot moulded veneer method of Kirk and Storgaard of Struer, Denmark.

Paddled by Danish champion V. Schmidt on the Copenhagen course to win the Danish 10,000 m championship in 47 mins. 48.6 seconds.

Paddled by Fritz Briel to win the German 10,000 m championship in 1962.

The first Espadas had a higher freeboard, but when the other virtues of the boat were seen, Samson lowered the freeboard to make the boat more suitable for smaller paddlers.

Superseded by the Pointer and later the Hunter and the Ranger whose advanced design and considerably greater lack of stability make them less suitable for the learning of an economic stroke.

1970: The right to produce the Espada in glass fibre as a one design boat was passed to the British Canoe Union by Jorgen Samson.

THE BRITISH CANOE UNION, ESPADA YOUTH K1

STATEMENT OF POLICY

1. The venture was initiated by the Standing Liaison Committee of the British Canoe Union and is administered by an Espada Committee comprising the Class Director, the Award Scheme Secretary and representatives from both the Racing and the Marathon Racing Committees. The Chairman of Council, the Chairman of the Competition Liaison Committee and the National Coaches for Competition always receive invitations to meetings.
2. The Espada Committee is responsible to the Council of the B.C.U. through its competitive liaison committee for the operation of Espada affairs including the award scheme, the supervision of manufacturers, the registration of kayaks and other matters delegated to it with regard to the Espada.
3. The Espada is the B.C.U.s Youth racing, one design, single kayak.
4. The British Schools Canoeing Association has given its official backing to the venture.
5. The Kayak

All kayaks will be in glass fibre; it is intended that moulds should be available for loan or sale, so that youth organisations, schools and clubs may produce kayaks at a reasonable cost. Professionally manufactured kayaks will also be available.

6. The copyright of the kayak has been purchased by the B.C.U. from Jorgen Samson, the designer. Espada kayaks have been traced in this country and have been purchased by the B.C.U. They have now been prepared for use as plugs and may be borrowed only by approved manufacturers. When not on loan they will be carefully stored by the B.C.U.

7. Production

At the meeting of the Espada Committee held on 27th April 1974 it was confirmed that the following firms should hold a licence to manufacture and market Espada products:-

- | | |
|---|--|
| (m) 1. Trylon Ltd.
Woolaston, Northants.
093-363-275 | (k) 2. The Canoe Centre,
18 Beauchamp Road,
Twickenham, Middlesex.
01-892-8979 and Marsh
Lane, Crediton, Devon.
0363-2-3295 |
| 3. The Wild Water Centre,
The Mill, Glasshouses,
Pateley Bridge, Harrogate,
Yorkshire. | 4. Pyranha Mouldings,
23 Poachers Lane, Latchford,
Warrington. 31484 |
| 5. Avoncraft,
Burrowfield,
Welwyn Garden City,
Hertfordshire.
Welwyn Garden 30000 | 7. P. & H. Fibreglass Products,
76 Dale Road, Spondon,
Derby. 674108 |
| 6. Jenkins & Lancefield,
Pickwick, Corsham,
Wiltshire.
Corsham 3346 | 9. Tyne Canoes Ltd.,
117, St. Margarets Road,
Twickenham, Middlesex.
01-892-4033 |
| (m) 8. Prima Glassfibre Materials Ltd.,
Platts Eyot, Hampton,
Middlesex. 01-979-0164 | 11. Valley Canoe Products,
Private Road 4, Colwick
Estate, Nottingham.
249371 |
| (k) 10. Gaybo Ltd., 4 Rose Hill,
Brighton, Sussex.
Brighton 684599 | 13. Jaycee Glassfibre Products,
69 Knights Hill, West
Norwood, London SE27.
01-670-1234 |
| (m) 12. Strandglass, 109 High Street,
Brentford, Middlesex.
01-568-7191 | 15. Nottingham Kayak Club,
128 Greythorne Drive,
West Bridgeford,
Nottingham. 812814 |
| 14. Topcraft Kayaks,
324a Birmingham Road,
Walsall. 28329 | 17. Glaskit, Unit 3, Wessex
Road, Bourne End,
Buckinghamshire.
Bourne End 25336 |
| 16. Elmwood Caravan & Cruising
Co. Ltd., 'Shalom', Elm Beds
Road, Higher Poynton,
Stockport, Cheshire. | 19. H. & A. Plastics,
Blackmoor Mill, Birmingham
Road, Bromsgrove, Worcs.
Bromsgrove 72114 |
| 18. Humber Kayaks, 24 Albany
Street, Hull. | |

k/m - These firms will market only kayaks/moulds

8. Stipulations

Espada is a one design kayak with regard to hull and deck. Slight variations are permitted in the rim only of the cockpit.

9. The hull should be moulded in one piece.

10. The minimum weight is 12 kilograms. This includes buoyancy. Weighing according to B.C.U. racing rules.

11. The rudder may be of an overstern or a fin design.

12. Other fittings may be to the choice of the maker or owner.

13. The present design shall stand for at least 10 years from 1st October 1970.

14. Registration

A licence fee will be payable.

(a) On each mould produced by a manufacturer.

(b) On each kayak used in competition.

15. Kayak registration forms can only be obtained from the manufacturer, who will provide the necessary registration mould number and they should be returned completed, with the fee, to the Registration Secretary.

16. Manufacturers will distribute forms with moulds and kayaks.

17. Unregistered kayaks cannot be raced in class events.

18. Manufacturers only may obtain registration forms from the Registration Secretary.

19. Promotion

Long Distance - The Marathon Racing Committee have recommended the Espada to their member clubs.

Those clubs which decide that their courses and arrangements are suitable will be laying on facilities for the Espada Youth Kl.

The Committee have asked that Espada results be recorded separately on the results sheet.

The espada class director has suggested that those who wish their results to be recorded on the Espada result sheets should supply their date of birth and the registered number of their Espada. Non-possession of a registered number indicates that the Espada concerned has not 'joined' the class.

20. National Championships in both Racing and Marathon Racing have a full Espada Programme.

21. Racing Regattas

The Racing Committee has approved the following distances for Espada class racing:

<u>Class</u>	<u>Girls</u>	<u>Boys</u>
A	250 m and 3000 m	250 m and 3000 m
B	250 m and 3000 m	500 m and 5000 m
C	500 m and 3000 m	500 m and 10000 m

22. The Competitions Liaison Committee and the Council of the B.C.U. have agreed to the following measures which shall come into effect from 1st January 1977:
- a. Espada Classes shall be:
- A - boys and girls - their 13th birthday shall fall on or after 1st January
 - B - Boys and girls - their 15th birthday shall fall on or after 1st January
 - C - boys and girls - their 17th birthday shall fall on or after 1st January.
- This refers to the year of the competition.
- b. No paddler shall be allowed to compete in an Espada class in a Marathon race until the calander year in which his or her 11th birthday falls.
23. In Racing Regattas no competitor who has been nominated either Senior Mens A or B, or Womens A or B, shall be allowed to enter Espada events.
24. No paddler who has been nominated Senior A by the Marathon Committee shall be allowed to enter Espada events.
25. The Marathon Committee has ruled that races for Espada A (boys) and Espada A, B and C (girls) shall be no more than 6 miles.
26. Members of the Committee

Director

D. R. Cook,
Bryntysilio, Llangollen,
Clwyd. LL20 8BS
Tel: 0978 860454

Award Scheme Secretary

Mrs. Iris Wootton,
104 Norton Lane, Great Wyrley,
Walsall, West Midlands.

Registration Secretary and
Racing Committee Represen-
tative

Mike Nadal,
Flat 5, 22/24 William Road,
West Bridgford,
Nottinghamshire.

Marathon Committee Representative

Brian Greenaway
214a Battersea Park Road,
London SW 11.

ESPADA AWARD SCHEME

How to get your Award

1. A Race/Regatta results card obtainable from the Award Secretary should be used for each award claimed. When filled in and countersigned, it should be returned to the Espada Award Secretary.

2. The onus is on the paddler to enter the three results required for the award he seeks on one card and to get these results individually countersigned by the race or regatta organiser before he leaves the event. Marathon Race and Regatta organisers are just not going to be able to afford the postage required to send a result certificate to each paddler. Moreover, the paddler himself will know the results he needs to have recorded to gain the award he seeks. It is pointless to record more than the necessary results.
3. The completed card, then, should have three results, each countersigned, entered on it. On receipt of this card and the fee for the badge and sticker, the Award Secretary will forward the award.
4. There are Bronze, Silver and Gold awards in each class, A, B and C, boys and girls.

The results required are as follows:-

Bronze: Any three results (i.e. did you complete the course each time?)
Silver: A place (1st, 2nd or 3rd) and two results.
Gold: Two 1st places and any other result or three 2nd places or one 1st and two 2nd places.
5. All three results for any one award must be achieved in one season.
6. At least one result must be achieved in a Racing Regatta.
7. At least one result must be achieved in a Marathon Race. (Tier 1 or 3)

THE 10,000 METRE AWARD

10,000 metres is a standard racing distance, competed over annually in the World Championships and is the longest distance raced under Racing conditions.

To be able to paddle 10,000 metres in a racing kayak or canoe without stopping is an indication of a fair degree of competence and paddling fitness. A paddler who can do so would feel that he or she could enter a regatta or race without being likely to disgrace himself or herself.

Any member of the B.C.U. coaching scheme may assess this test of competence in an Espada and may obtain badges and certificates (Which he may fill in himself) at 40p incl. postage, the set from the Espada Award Secretary.

It is suggested that the test should be made something of an occasion, the culmination of a Winter's training perhaps, with spectators and an interesting course exactly the right length with notices every 1000 metres and so on.

The assessor must use his experience to ensure safe practice and the proper sort of safety regulations for the 10,000 metre course he is laying out.

SAFETY IN ESPADAS

To Race and Regatta Organisers and to the Leaders of Groups who take part in Espada Training and Racing.

You are the people who introduce youngsters to paddle racing.

You may be held responsible in law should there be an accident.

You should, therefore, consider over and above the rules of competition and established practice in paddle racing and training, what reasonable safety precautions you should insist upon for your particular group of boys and girls when paddling their espadas. By definition, an Espada paddler is a beginner.

These safety precautions may, in various circumstances, be some or all of the following. It is not supposed that this is a complete list:

1. A safety boat operated by a competent boatman, possibly with a crew.
2. Spray decks.
3. Boat Buoyancy.
4. Life jackets to the requirements of the B.C.U. (British Standard 3595)
5. Personal buoyancy to the standards of the International Canoe Federation.
6. Painters.
7. Fore and aft loops or toggles.
8. Suitable warm and waterproof clothing.
9. Previous practice of immersion in cold water.
10. Appointment of a regatta or race officer with sole responsibility for safety.

As a point of interest relevant to this note, the Council of the British Schools' Canoeing Association passed the following minute on 16th October 1971:

"It was resolved that in all general canoeing activities of the B.S.C.A., B.C.U. lifejackets shall be worn. However, for competitive events in which close supervision exists and in closely supervised training activities, I.C.F. and S.B.B.N.F. approved buoyancy aids may be used. In races of up to 500 metres, personal buoyancy may be dispensed with at the discretion of the organiser/Organisers if conditions permit."

LENDAL

NEW -
CONTOURED BACK

SCOTLAND

PACEMASTER & SPRINTMASTER



SEND FOR DETAILS OF OUR
COMPLETE RANGE:

LENDAL PRODUCTS have now introduced into their range their new contoured back racing paddle. They are retaining the name PACEMASTER for the fibreglass shafted model and SPRINTMASTER for the wood shafted model. The blade is asymmetric in shape and the face has a centre rib for blade stability in the water.

The new contoured back is designed to shed water extremely efficiently and also presents a more aerodynamic shape when paddling into a head wind. The blade is strongly constructed of multi-ply veneers, laminated up to give a balanced, lightweight, dimensionally accurate blade.

This unique construction, using a core of epoxy foam, gives the stiffest possible laminate which will not distort when extreme pressures are applied, for example sprint starts, etc. All these factors are most important for maximum performance.

These two models can also be supplied with a slightly heavier, more robust blade for use in down river racing, at the same price. If ordering, please ask for the RIVER RACER with either glass shaft or wood shaft.

The PACEMASTER shaft can be supplied fitted with or without a grip and please remember to state this information, together with the control you require, when you place an order.

This paddle has been very successfully received by the Continental market during the recent SPOGA International Trade Fair in Cologne.

LENDAL CAN OFFER a completely personal service by supplying any width of blade, any length of paddle up to 232 centimetres, and any angle of feather. This, we feel, is a unique service! Our three stock widths of blade are Standard (21 cms.), Medium (20½ cms.) and Ladies/Youths (20 cms.). However, as already stated, any width can be supplied.



LENDAL PRODUCTS

18/20 Boyd Street, Prestwick,
Ayrshire, Scotland. Tel: 0292 78558

RACING SECTION FOREWORD

To write the first foreword for the first Year Book is a daunting task, especially when it is also your first duty as the first Racing Committee Chairman!

For many years the need for a Year Book has been apparent to all those involved in canoe racing. To finally see one in print is both a satisfying and rewarding experience for both our Committees, in that it points towards the progress that Racing and Marathon Racing are making together.

This Year Book is designed to give you, the paddler, as much information about the coming racing season as possible. For Racing, the new rules governing classes are included and we hope these changes will make the racing more competitive and, for the new veterans class, enjoyable.

Our joint hope is that the Year Book will rightfully become the historical record of our respective disciplines and the mirror of our hopes and achievements each year.

The best of luck for the season, not only to paddlers, but to the event organisers as well.

Thought for the year? - Communication is a two way process.

Tom Shenton
Chairman

BRITISH CANOE UNION

RACING SECTION

CONSTITUTION

As submitted by the British Canoe Union Sprint Racing Committee for approval by the Annual General Meeting of the Sprint Racing Section held on Saturday, 29th January, 1977 and ratified.

1. Title The Section shall be called the British Canoe Union Racing Section.
2. Objectives To the extent to which it is authorised by the British Canoe Union (BCU) the Section shall control competitions in canoes and kayaks, over distances up to and including 10,000 metres, on racing courses which are designed to be as flat and still as possible, and in relation thereto shall -
 - 2.1 Organise and conduct National Championships and other competitions on behalf of the British Canoe Union.
 - 2.2 Draft Rules and Regulations.
 - 2.3 Select, train, and administer teams representing the United Kingdom and Channel Islands for international events.
 - 2.4 In co-operation with the National Coaching and Development Committee, train coaches and encourage and develop good coaching within regions and clubs.
 - 2.5 Train competition officials.
 - 2.6 Foster technical research and development.
 - 2.7 Act as a final authority in settling disputes.
3. Membership Shall be open to any individual member or affiliated member of the British Canoe Union.
4. Officers and Committees In order to carry out its objectives, the following officers and other committee members shall be elected -

Members of:

 - 4.1.1 Chairman
 - 4.1.2 Secretary
 - 4.1.3 Treasurer
 - 4.1.4 A committee known as the Racing Committee (RC) consisting of the Chairman, Secretary and Treasurer of the section, and not more than eight other Committee members.
 - 4.1.5 A member who is not a full member, or is a full time employee of the Union, or has a commercial interest in canoeing, shall not be eligible for election as an officer, or as a member of the Committee, other than as a non-voting co-opted member.

Period of Office:

- 4.2.1 The Chairman shall hold office for one year.
- 4.2.2 The Secretary and Treasurer shall hold office for two years and retire on alternate years, the secretary one year, the treasurer the next.
- 4.2.3 The members of the Committee shall retire after two years, half of them shall retire at the Annual General Meeting at which the Secretary retires, and the other half the following year.
- 4.2.4 All officers and members of the Committee shall be eligible for re-election.

Nominations:

- 4.3 Nominations of candidates for election shall be put forward in the form of a motion under the terms of paragraph 6.6.

Co-options:

- 4.4 The Committee may co-opt not more than three full members to its number (who shall have no voting rights).

Vice-Chairman:

- 4.5 At the first meeting of the Committee following the second part of the Annual General Meeting, the Committee shall elect a Vice-Chairman from amongst its members, to serve until the next Annual General Meeting.

Casual Vacancies:

- 4.6 In the event of a casual vacancy among the officers or members of the Committee, the Committee shall appoint another eligible person to act for an appropriate period, but not beyond the next Annual General Meeting.

5. Duties of
Officers and
Committees

The Racing Committee shall be responsible for the finances, and for carrying out the objectives of the Section as defined in paragraph 2. It shall, additionally, be responsible for appointing Team Management and Team Coaching personnel, and other specialist officers as from time to time may be required, and for defining their terms of reference. It shall have the power to set up Sub-Committees, without prejudice to its over-riding control of the Section.

- 5.1 The Secretary shall keep minutes of the proceedings of General and Racing Committee meetings, report to the Annual General Meeting on the attendance of each officer and member at Racing Committee meetings held during the previous year, and carry out such other duties as the Racing Committee may from time to time direct.
- 5.2 The Treasurer shall keep such books of account as the BCU Council and the Racing Committee may from time to time direct.

5.3 Six members shall form a quorum at a meeting of the Committee.

6. General Meetings Annual General Meeting:

6.1 The Annual General Meeting (AGM) shall be held in two parts. The first part shall be at the time of the last competition held at the National Water Sports Centre, Holme Pierrepont, during September each year. The second part shall be held within one calendar month prior to the British Canoe Union Annual General Meeting.

6.2 Special General Meeting:

A Special General Meeting may be called at the discretion of not less than 10 affiliated members of the Section entitled to vote under paragraph 7. Such a direction must state in the form of a motion the business to be discussed and bear the signature of the members concerned and the name of their Club.

6.3 Right to Speak:

Only Full members of the British Canoe Union are entitled to speak at General Meetings.

6.4.1 Notice of General Meeting:

At least 14 clear days notice must be given of the date and place of a General Meeting.

6.4.2 In addition, every BCU affiliated member who has taken part in a National competition, as designated by the Committee, during the year, shall be sent a written notice of a General Meeting by first class post, addressed to the Secretary of the affiliated member organisation as recorded at the BCU Headquarters.

6.5.1 Business of General Meeting:

Only the business notified in the agenda accompanying the notice shall be transacted at General Meetings. Amendments must be kept within the terms of motions for consideration and the Chairman has power to refuse any amendment which subsequently alters the intention of the motion.

6.5.2 The business of the Annual General Meeting shall be, for the first part, to consider any motions on the Agenda in relation to paragraphs 2.3 and 2.4 of these rules, and to receive reports from Team Management and Coaching personnel and other specialist officers. For the second part, it shall be -

- (a) To receive the report of the Chairman
- (b) To receive the report of the Secretary
- (c) To receive the report of the Treasurer and to adopt the accounts
- (d) To elect the Chairman
- (e) To elect the Secretary
- (f) To elect the Treasurer

- (g) To elect the members of the Committee
- (h) To consider any motions on the Agenda for the alteration of the Section Rules or which are in relation to paragraph 2.

6.6 Motions:

Any motion for discussion at the Annual General Meeting, not originating from the Racing Committee, must be signed by two full members of the BCU who are members of an affiliated member entitled to vote under paragraph 7, and shall be lodged with the secretary at least 21 days prior to the first part, and on or before the 1st December prior to the second part, in relation to each part of the Annual General Meeting respectively.

6.7 Quorum:

No business shall be transacted at any General Meeting unless a quorum of members is present at the time the meeting proceeds to business. 10 full voting members as defined in paragraph 7 shall form a quorum.

7. Voting at General Meetings

Each affiliated member of the British Canoe Union whose membership consists of 12 individual members or more, represented at a General Meeting, and whose members have taken part in a national competition as designated by the Committee, shall have one vote.

7.1 Each affiliated member must be represented by a full member of the British Canoe Union who shall cast their vote.

7.2 No member shall be entitled to speak or vote at a General Meeting unless all monies due to the BCU by him, at that time, have been paid.

8. Amendments and Decisions

A decision to alter the Racing Rules and Regulations can only be taken at a General Meeting, with a simple majority of the total number of votes cast.

8.1 A decision to alter any part of the Section Rules can only be taken at a General Meeting with a majority of two-thirds of the total number of votes cast.

8.2 Other decisions taken at General Meetings will be by simple majority of the total number of votes cast, unless otherwise specified in the Section Rules.

8.3 The Chairman shall have a casting vote only.

9. Financial Year

The Financial Year of the Section shall end on the 31st October. Prior to the second part of the Annual General Meeting, and at such other times as the Committee may think fit, the books and accounts shall be audited.

10. Advisory Committee

Without prejudice to its over-riding control of the Section, the Committee shall establish -

10.1

Selection Committee:

Responsible for selecting, training and administering teams representing the United Kingdom and the Channel Islands for international events. This Selection Committee shall be composed of the Chairman of the Racing Committee, Team Coaching personnel and one independent member of the Racing Section. Decisions of the Selection Committee shall be subject to ratification by the Racing Committee.

10.2

Regatta Committee:

A Sub-Committee responsible for organising and conducting National Championships and other competitions on behalf of the British Canoe Union, and training competition officials. This Regatta Committee shall be composed of members as may from time to time be determined by the Racing Committee. Decisions of the Regatta Committee shall be subject to ratification by the Racing Committee.

11. Appointment of
Committee
Officials

The appointment of officials by the Racing Committee within the terms of paragraph 5, shall be subject to the approval of the Annual General Meeting of the Section.

RACING SECTION AGM
(FIRST PART)

SUNDAY 11 SEPT 77

AT

SERVICES REGATTA
HOLME PIERREPONT
N.W.S.C.

LECTURE ROOM after last race approx 4pm

THE
BRITISH CANOE UNION
R A C I N G

Definition: Racing is competition in canoes and kayaks over a course as flat and still as can be obtained of distances up to and including 10,000 metres.

Although competitions may be organised for any craft the normal classes of boat will be the K1, K2, K4 and C1, C2 and C7.

THE RACING RULES
Valid from 1st January 1977

I General Regulations

1. All competitions announced as national or open regattas shall be held in accordance with the Racing Rules of the British Canoe Union. This rule does not apply to closed or invitation regattas subject to Rule 4.
2. National regattas are competitions organised by, or on behalf of, the BCU.
3. Open regattas are competitions for which entrance fees are charged, over distances up to 10,000 metres, organised by a club or clubs affiliated to the BCU or by an organisation outside the Union and to whom a regatta permit has been granted. Entry to an open regatta is restricted to members of the BCU. No non-member of the BCU may compete in an open regatta unless exempted under Rule 7 and/or unless specifically permitted by the decision of the Racing Committee of the BCU.
4. Competitions are considered closed or invitation regattas if entry is restricted to named individuals or clubs. The number of clubs must not exceed three.
5. Every club affiliated to the BCU shall state its affiliation in its regatta advertisement and programme, and declare that the regatta is being held under BCU Rules.
6. Application for a regatta permit shall be directed to the Hon. Secretary of the Racing Committee. Such permit shall require:-
 - (a) Observance of the BCU Racing Rules
 - (b) Inclusion of the words "Under BCU Rules" upon all printed matter issued in connection with the regattaIf an organisation is not in possession of a regatta permit, the regatta is not considered an amateur regatta under BCU Rules and anyone competing shall disqualify himself from competing under BCU Rules until he or she has been reinstated by the BCU Racing Committee.
7. Only members of the BCU may participate in Open Regattas held under BCU Rules, with the following exception:

Non-members may race in an ESPADA Class, providing they sign the Amateur Declaration, and providing the event is not a National Open Championship.

8. An amateur canoeist is one who practises canoeing for its own sake and not for pecuniary gain. No person shall be considered an amateur canoeist -
 - (a) who has paddled for stake money, prize or wager;
 - (b) who has coached or pursued the practice of canoeing for pecuniary gain;
 - (c) who has received money or any other consideration for taking part in canoeing
9. When a paddler is a member of two or more clubs he shall, by March 1st, have declared the name of the club in whose colours he will race that year in individual events. In crew events that club shall have first claim on his service. A person joining a second club after March 1st must continue to race for his first club. A competitor who has changed his club is not permitted to compete for his new club unless prior consent of his old club has been obtained. The consent shall not be withheld in the case of a change of residence from one area to another.
10. No club or member of a club or individual member of the BCU may compete in an open regatta outside the United Kingdom without permission from the BCU Racing Committee.
11. No member of a foreign club may compete or be invited to compete in an open or national regatta within the United Kingdom without permission from the BCU Racing Committee. A foreign competitor shall normally be expected to have the sanction of his own national Federation.
12. Within 14 days of the close of a regatta a completed programme with results and signed by the Regatta Secretary shall be sent to the Records Officer of the BCU Racing Committee for the records.
13. Classification of Paddlers
 - (a) Junior - A Junior is a competitor under the age of 18 years on the 1st January, who has not been promoted to a Senior status class. On reaching the age requirement for Novice status a Junior, not previously promoted, will be re-classified to an adult status class.
 - (b) Novice - A novice is a competitor over the age of 18 years on the 1st January who has not been promoted to a Senior status class. (At the end of their second season of competition, Novices not previously promoted may be re-classified to the lowest Senior status class currently in operation.)
 - (c) Senior - A Senior is a competitor who has been promoted from Junior or Novice status. Senior status competitors will be nominated to compete in one of the Senior classes as laid down from time to time by the BCU Racing Committee. Entry to and promotion between Senior classes will be determined by results gained in competition at regatta venues nominated by the Racing Committee. A Senior status competitor may, at the discretion of the Racing Committee, be permitted to revert to a lower Senior class at the end of a regatta season.
 - (d) Veteran - A Veteran is a competitor over the age of 35 years on the 1st January who is not already nominated to

compete in the premier Senior class.

- (e) Status - Status in Kayaks has no bearing on status in Canadian canoes and the converse. i.e. a premier Senior class competitor in Canadian canoes may be a lower Senior class or even Novice status competitor in Kayak.
- (f) Special Rules for Kayak Fours and Relays - Senior status competitors may not compete in fours events of a lower Senior class than that for which they are nominated as individuals. Senior status competitors may be members of fours crews competing in higher Senior classes than their own without losing their individual Senior class status. A win in a fours event does not affect the status of the members of the crew. Relay races are not classes as status events.
- (g) Promotions - All promotions shall be at the discretion of the BCU Racing Committee. Promotions shall normally be decided at the end of each season, although the BCU Racing Committee shall be empowered to promote competitors during a regatta season, should it so wish.

- 14. National Championship Entries - Entries for these events shall be restricted to British Nationals who are members of the BCU. Aliens resident in Great Britain for at least two years may be permitted to enter for a National Championship event.

II Classes and Building Rules

15. Limitations

K-1	K-2	K-4	C-1	C-2	C-7	
520	650	1100	520	650	1100	on max. length
51	55	60	75	75	85	on max. beam
12	18	30	16	20	50	Kg min. weight

All measures in cm. and all weight in Kg.

In training and in competition it is forbidden to indulge in commercial publicity. Boats, accessories or clothing shall carry only the same trade mark symbols as corresponding articles on current sale. In all cases these symbols should not exceed 20 x 5 cm. on boats and 10 x 3 cm. on paddles and, in the latter case, only once on each face. Any boat or accessory which does not comply with the above mentioned conditions will not be acceptable.

16. Construction

- (a) Kayaks - All kind of building materials are permitted. Sections and longitudinal lines of the hull of the Kayak shall be convex and not interrupted. Steering rudders are allowed. The maximum thickness of the rudder blade must not exceed 10 mm. in the case of K-2 and K-1 or 12 mm. in the case of K-4, in cases where the rudder forms an extension to the length of the Kayak.
- (b) Canoes - All kinds of building materials are permitted. Sections and longitudinal lines of the hull of the canoe shall be convex and not interrupted. The canoe must be built symetrically upon the axis of its length. Steering rudders or any guiding apparatus directing the course of

the canoe are not allowed. A Keel, if any, must be straight, shall extend over the whole length of the canoe and not project more than 30 mm. below the hull. The C-1 canoe may be entirely open and shall not be covered more than 150 cm. from the stem and 75 cm. from the stern, reckoned from the outer edge of the stem or stern to the furthest point of the edge of the deck for the fore or aft decks respectively. The C-2 canoe may be entirely open, the min. length of the opening shall be 295 cm. The C-7 may be entirely open, but the minimum length of the opening shall be half of the boat length.

17. Measuring - The length of a kayak or canoe shall be measured between the extremes of the stem and the stern. Stem-bands or other protection of the stem or stern if any, are to be included. Any rudder forming a continuation of the length of a kayak not to be included in the measurement. The beam of a kayak or canoe shall be measured at the widest part. Rubbing strake, if any, is not to be included in the measurement.
18. Weighing - No alterations in canoes or kayaks are permitted after the measuring and weighing and before the competition has taken place. All loose outfit shall be removed from the kayaks during the weighing except for permanent rudders, the steering devices belonging to them, and fixed seats. When canoes are weighed, all fittings other than permanently attached floorboards windscoops and thwarts shall be removed. Knee rests attached to the floorboards, if they are fixed by bolts or nuts or similar means do not represent permanent fixtures of the craft and must be removed prior to the weighing; permanent knee rests attached to the floorboard and buoyancy attachments consisting of water absorbing material must be absolutely dry at the first weighing prior to the race. If the boats have been weighed prior to the competition, the first four boats in the final as well as all the boats which have qualified for one race more shall immediately after the race be measured and weighed again.

III Organisation of Regattas

19. (a) Officials - If its nature and extent so demand, each regatta shall be held under the supervision of a regatta committee consisting of the following:-

Chief Official	Competition Organiser
Competition Secretary	Starter
Aligner	Course Umpire/s
Turning Point Umpire/s	Finishing line Judge/s
Timekeeper/s	Measurer/s
Announcer	Press Official

If circumstances permit, one person may function in two of the above offices. The chief official, regatta organiser, starter, umpires and chief judge should, if possible, be registered British Canoe Union officials. All status regattas must have at least two registered officials, one of which must be the starter and the other a finishing judge.

- (b) Executive Committee - The regatta organiser and two other officials shall constitute an executive committee with power to:-

- (i) postpone the regatta and decide on another time for it to be held in the event of inclement weather or other unforeseen circumstances;
- (ii) hear any protests that may be made and settle any disputes that may arise;
- (iii) decide matters concerning disqualifications in cases where the regulations are broken during the competition.

(c) Duties of the Officials -

The Chief Official - who is also Chairman of the Competition Committee, shall decide all matters arising during the actual contest which are not dealt with in these rules. The Chief Official may disqualify any competitor who behaves improperly or who by his conduct or speech shows contempt towards the competition officials, other competitors or onlookers.

The Competition Organiser - shall supervise the races and be responsible for seeing that they take place according to the programme and without unnecessary delay. He shall inform the officials concerned in good time before a fresh race is started. With the assistance of the Measurer he must ensure that regulations concerning measurements are observed by all boats taking part in the contest. He shall make certain that the Announcer gives the onlookers all necessary information about the races such as the order of starting, any competitor failing to start, and the result.

The Competition Secretary - will be responsible for recording the results and preparing the list of prize-winners. He shall keep the minutes of the proceedings of any protests. He shall provide the Press Official with all necessary information regarding the running of races and the results.

The Starter - decides all questions concerning the start of the races, and is alone responsible for decisions as to false starts. His decision is final. He shall see that the starting gun or pistol is in good working order. By means of a signal, he shall communicate with the officials at the finishing line, and after having received a signal from there that all is ready, he shall order the competitors to their places and carry out the start according to the racing rules.

Aligner - The duty of the Aligner is to bring the boats to the starting line with least possible delay. When all boats are level he shall notify the starter by raising a white flag.

The Course Umpire - shall see that the rules are complied with. If the rules are broken, the Umpire shall report the infraction to the Chief Official, who in turn shall refer it to the Competition Committee. The Competition Committee shall decide whether any of the competitors concerned shall be disqualified or not. If the Umpire has a report of an infraction of the rules he shall show a red flag after the race and shall send a report before the next race takes place. In such a case, the Competition Committee shall make its decision immediately and before the result of the race is announced. If there is

no infraction to report, the Umpire shall show a white flag. In races of 500 and 1,000 metres, the Umpire shall follow the race in a boat. He shall be completely unhampered during the race. No-one except the Umpire and his Secretary shall be admitted to the boat reserved for him. When a launch is not used, one or more Umpires shall be placed in such positions from which they can ensure that the rules are being complied with. In long distance races with many competitors, more than one Umpire may be nominated. One of the Umpires shall, if possible, follow the leading group in the race, but without disturbing the other competitors.

Turning Point Umpire - When a race is run along a course with one or more turning points, one or more Umpires and one Secretary must be stationed at every turning point, where they gain the best view of the turn. The Turning Point Umpire shall see that the competitors turn according to the rules. The Secretary shall make a list of all who pass the turning point. Immediately after the race, the Turning Point Umpire shall report to the Chief Official as to who has turned and if any infraction of the rules has taken place. The authority and duties of the Turning Point Umpire correspond to those of the Course Umpire.

Finishing Line Judge - decides the order in which the competitors have passed the finishing line. The Judges shall be placed at the finishing post. If the judges differ regarding the placing of two or more competitors the dispute shall be decided by a simple majority. In the case of equal voting, the Chief Judge has the casting vote. The decision of the Judges is final.

The Timekeepers - are responsible for recording the times. This shall be done by means of stop watches. Before each individual race, the Chief Timekeeper shall see that the watches have been wound and tested and shall divide the work among the timekeepers. At the end of each race, he shall compare the official times with the other timekeepers and immediately inform the Competition Secretary of them. Each race shall be timed by at least two watches. When the watches have not recorded the same time, the longest (worst) time shall be taken as correct. The stop watches are to be started when the starting flag is lowered or when the smoke from the starting pistol or gun is visible, not when the sound of the shot is heard.

The Measurer - shall assist the Competition Organiser to test the craft taking part in the race. Should any of them not fulfil the requirements concerning classification, they shall be excluded from taking part in the competition.

The Announcer - shall, on the instructions of the Organiser, announce the start of each race, the order of starting and the position of the competitors during the race. After the race is finished, he will announce the results.

The Press Official - shall supply the press representatives with all necessary information concerning the races and their progress. For this purpose he has the

right to demand information from the various officials and to receive copies of the official results.

20. Invitations - an invitation to an Open Regatta shall contain the following information:-
- (a) Time and place of the regatta
 - (b) Classes and distance of the races
 - (c) Amount of entry fee
 - (d) Address to which entries must be sent and the final date for receiving entries

21. Entries - Entries for Open Regattas can only be made in accordance with the regulations given in the invitation. An entry shall, however, contain the following information:-
- (a) Name and address of competitor or crew
 - (b) Name of club to which the competitor or crew belong
 - (c) Classes and distances in which the competitor/crew propose to compete
 - (d) Similar details of reserves, if any
 - (e) Except for the Espada class entries, the BCU membership number of each competitor or members of the crew and reserves

Any entries may be made telegraphically if despatched before midnight on the last day for receiving entries. Such entries must be confirmed by letter.

22. Acceptance of Entries - Confirmation that the entry has been accepted, together with notification of the result of the draw and time of events, shall be sent to the entrant. The final programme shall be available at the regatta, giving the names of the competitors, the sequence and approximate starting times of events.
23. Alterations to Entries - Only those substitutes named on the entry form are allowed to replace the nominated competitors. Notification of such substitutes must be made to the Organiser before the race. The withdrawal of an entry is considered final and no renewal of entry of the same crew is allowed. The refunding of entry fees for entries withdrawn not less than 24 hours before the regatta is at the discretion of the regatta committee.
24. Alterations in the Sequence of Events - The sequence of races given in the programme and the intervals between the races as given in the racing programme are binding on the organisers. Alterations cannot be made unless the respective team-managers at the competition give their consent.
25. Marking Signs - Starting and Finishing lines of the course shall be marked by red flags or buoys at the points where these lines intersect the outer limits of the course. The turning points shall be marked by at least four flags (or buoys) which shall be readily distinguishable and shall, if possible, be diagonally divided with one half in red and the other half in yellow.
26. Courses - Before the start of the races the racing course shall be measured and marked by means of clearly visible flags mounted on buoys. The course at the start shall permit a clear width of at least 5 metres for each boat. Course shall be arranged in

such a way that they provide the same length for each competitor. For races up to 1000 metres, the course shall be straight and in one direction. (Clubs unable to meet this requirement must request permission to hold their regatta from the Racing Committee, through the Secretary.) For races exceeding 1,000 metres, turning points are permitted. In this case, the following conditions shall be fulfilled, if possible:-

- (a) The distance between the starting line and the first flag of the first turning point shall be straight and at least 1,000 metres.
 - (b) The distance between the last flag at the last turning point and the finishing line shall be straight and at least 1,000 metres.
 - (c) The distance between the centres of the turns, shall be at least 1,000 metres. The radius of each turn should, if possible, be at least 50 metres.
27. Canoe Numbers - All kayaks and canoes shall carry a vertical plate marked with black numbers on a yellow ground. The plates shall be placed on the centre line of the aft deck (Canadian canoe foredeck.)
28. Instructions for Competitors - Each competitor shall receive written instructions before the beginning of the regatta, containing the following information:-
- (a) Detailed information of the courses and their markings
 - (b) Starting time
 - (c) Starting line
 - (d) Finishing line
 - (e) Competitor's racing number
29. Protests - A protest against the right of a crew to take part in a race shall be handed to the regatta committee not later than one hour before the start of the race. A protest made later - within 30 days of the day of the race - is only permitted if the official of the club or the competitor making the protest can prove that the facts on which the protest is based, came to his knowledge later than one hour before the start of the race. Such late protests should be sent to the BCU Racing Committee. A protest made during a regatta must be addressed to the regatta committee and be handed in not later than 15 minutes after the last competitor has finished the race. All protests must be made in writing and be accompanied by a fee of 50p which shall be returnable if the protest is upheld. The decision of the regatta committee is final.

IV. Racing Regulations

30. Disqualifications - Any competitor who attempts to win a race by any other than honourable means, or who breaks the racing regulations, or who disregards the honourable nature of the racing regulations shall be disqualified. Should a competitor have completed a race in a kayak or canoe which is shown upon inspection not to fulfil the classifications, he shall be disqualified from the race in question. It is forbidden to receive during a race outside help from members of a participating team or club - either by voice or sound equipment - to be accompanied by other boats along the course - even outside the lanes - or by throwing objects into the course. All such acts shall entail the disqualification of the competitor/s concerned.

31. Means of Propulsion - Kayaks shall be propelled solely by means of double-bladed paddles. Canadian canoes shall be propelled solely by means of single-bladed paddles. The paddles may not be supported on the boats in any way. In the event of a capsize the competitor or crew is eliminated from the race. If a paddle is broken (except at the start; see Rule 33) a competitor may not be provided with a new one by a supporter.
32. Heats and Finals - At least three kayaks or canoes must be entered before a race can be held. If the number of entries in races up to and including 1,000 metres is so great that heats are necessary, the number of kayaks or canoes in each heat and in the final must not exceed nine. The division of competitors into heats shall be determined by drawing lots, when making the draw, the difference between the number of competitors in the heats of a race shall not exceed one. If the number of competitors in the several heats is different, the earlier heats shall have the larger number. Any crew which has not taken part in a heat as instructed shall not be allowed to compete in the final. The composition of a crew which has qualified for intermediate heats or for the finals must not be changed. Heats and finals shall be run on the same stretch of water. Participation in the final must not depend upon times attained in the heats. For races of more than 1,000 metres, heats shall not be held, and all canoes taking part shall start simultaneously. Should the width of the water not permit a simultaneous start, starts at regular intervals should be permitted.
33. Start - Lots shall be drawn to determine the stations of boats at the start. Number one shall be placed on the left, then number two and so on. In competitions where heats are required, lots must be drawn for each heat separately (Opening, intermediate and final). Competitors shall be at the start at the time specified in the racing programme. The start shall be given without reference to any absentees. The position of the canoes at the start shall be such that the bows of the competing boats are on the starting line. Boats must be stationary. The starter shall have the assistance of an Aligner whose duty is to bring the boats to the starting line with least possible delay. When the Aligner is satisfied that all boats are level he shall notify the Starter by raising a white flag. The Starter shall give the starting signal by the word "Ready" to be followed by a shot. The shot can be replaced by the word "Go". The interval between the word "Ready" and the shot or the word "Go" shall be two seconds. If the competitor starts paddling after the word "Ready" and before the shot has been fired, he has made a false start. The Starter must immediately warn the offending competitor/s and if two false starts are made by the same competitor/s the Starter must exclude him (them) from the race. All crews making a false start and not only the competitor/s who caused the false start shall be subject to the same penalties. Any competitor who disregards the second warning of the Starter to take up the correct position at the start, and who keeps ahead of the other competitors, shall be excluded from the race in question. Should any competitor break his paddle within 15 metres from the start, the Starter shall immediately call back all competitors, and a new start shall be made after the broken paddle has been replaced. The team managers of the competing teams are responsible for having reserve paddles available at the start for their respective teams. The recall shall be made by means of a second shot.

34. Interruptions - The Chief Official or the Umpire have the right to interrupt a correctly started short distance race if unforeseen hindrances arise. Such an interruption may be effected in the same way that is prescribed for recall in 33 above. The competitors must immediately stop paddling and remain stationary to await further instructions. If a race is declared null and void, no change of the composition of a crew is permitted at the new start.
35. Taking Pace and Hanging - Taking pace or receiving assistance from boats not in the race or by any other means is not permitted. When a race is in progress crews not taking part in the race are strictly forbidden to proceed over the whole or part of the course, even outside the marking buoys.
- (a) Races up to 1,000 metres - In races up to 1,000 metres competitors must keep their lane from the start to the finish of the course. It is forbidden to hang, and no competitor must come nearer than five metres in any direction to another competitor and derive benefit from his wake.
- (b) Races of more than 1,000 metres distance - In races over distances of more than 1,000 metres competitors may deviate from their lane, but only without impeding other competitors. Over the last 1,000 meters the rules as for races up to 1,000 metres, in particular the 5 metres rule, apply. In long distance races every competitor shall be warned by a sound signal (e.g. a bell) when he passes a point 1,000 metres from the finishing line.
36. Turns - When a race is run on a course with turning points, these shall be passed to port (i.e. in an anti-clockwise direction). When going around a curve, the competitor on the outer course must leave room for the competitor on the inner course if that competitor has the bow of his boat at least level with the front edge of the cockpit of the boat on the outer course. With respect to K-2 and K-4, this refers to the fore-cockpit. With respect to C-1, it refers to the level of the competitor's body, and for C-2 it refers to the level of the body of the foremost member of the crew. A competitor will not be disqualified for touching a turning point buoy, unless, in the opinion of the Turning Point Umpires, an advantage has been gained therefrom. In making a turn, the boat shall follow as closely as possible the course as marked by the buoys at the turning points.
37. Overtaking - When a canoe or kayak is overtaking another canoe or kayak in a race, it is the duty of the overtaking craft to keep clear at all times of the boat being overtaken. On the other hand, the craft being overtaken is not allowed to alter its course to make difficulties for the overtaking craft.
38. Collision or Damage - Any competitor who collides with another, or who damages the canoe or kayak or paddle of another, can be disqualified.
39. Finish - The finishing line is reached when the bow of the canoe or kayak has passed the line. Any canoe or kayak which passes the finishing line outside the bordering flag buoys shall be disqualified from the race in question.
40. Racing Colours - A competitor or crew must not change their racing colours during a competition.

41. Relay Races - The first kayaks or the competing teams shall race side by side in one direction, the second kayaks returning in the reverse direction and so on. In every case, the take-over kayak and the handover kayak shall pass each other "port to Port". The kayaks of each team shall be marked clearly according to the rules in 27. All kayaks of the same team shall have the same number or colour. There shall be a Starter and a Change-over Judge at each change-over point. The Starter shall give the command and the Change-over Judge shall see that the change-over takes place according to the rules. At the start the kayaks shall be lined up with the bows of the competing boats exactly on the line. At the change-over point, the change-over line shall be regarded as the finishing line for the arriving craft and the starting line for the starting craft. The bow of the first kayak must have crossed the finishing line at the change-over point before the next kayak of the team may start. At the change-over point, the Starter shall give the starting command by calling the number or the colour of the team. Competitors must not paddle more than one stretch during one and the same race. The members of any team must not be changed after it has taken part in a heat. On the other hand, the members of a team are permitted to alter their order of starting within their own team. Should any competitor in a team be injured during a heat and be unable to compete in that heat or in later intermediate heats or in the final, no substitute may be put in his place unless the Chief Official has given his consent.

RACING

" THE OLYMPIC ONE "
SINCE 1936

WORLD CHAMPIONSHIPS SINCE 1938

NEED WE SAY MORE ?

RACING COMMITTEE

A W A R D S

The following trophies are awarded annually by the Racing Committee:

- The UNWIN BOWL to the winner of the Senior A K1 10,000 m
Championship Event
- The FARNHAM CUP to the winner of Senior A K1 1000 m
Championship Event
- The DEXTER TROPHY for the best Senior B performance at the
National Championships Regatta
- The FAMINA TROPHY for the most meritorious performance by a
lady (Senior A) at the National Championships
Regatta
- The MacGREGOR PADDLE to the winning Club at the Inter Clubs
Championships Regatta

TROPHY WINNERS

- UNWIN BOWL 1976 - B. Greenham - Leighton Park & Reading C.C.
1975 - D. Parnham - Richmond C.C.
1974 - D. Parnham - Richmond C.C.
- FARNHAM CUP 1976 - D. Parnham - Richmond C.C.
1975 - D. Parnham - Richmond C.C.
1974 - L. Oliver - Lincoln C.C.
- DEXTER TROPHY 1976 - G. Bourne - Chelmsford C.C.
1975 - I. White - Longridge C.C.
1974 - O. Harding - Longridge C.C.
- FAMINA TROPHY 1976 - P. Goodwin - Staff & Stone C.C.
1975 - S. Burnett - Longridge C.C.
1974 - F. Wetherall - Richmond C.C.
- MacGREGOR PADDLE 1976 - Wey Kayak Club
1975 - Nottingham Kayak Club
1974 - Richmond Kayak Club

AS FROM 1st FEB 1977 ALL INDIVIDUAL RACING TROPHIES AND
HOME INTERNATIONAL REGATTA TROPHIES WILL BE ON PERMANENT
DISPLAY AT THE HOLME PIERREPONT, NATIONAL WATER SPORTS CENTRE,
NOTTINGHAM. BY KIND PERMISSION OF THE DIRECTOR MR S DIBLEY

INTER CLUBS CHAMPIONSHIPS (WEY REGATTA)

Sat 10th July & Sun 11th July 1976

1. SENIOR MEN (KAYAK)

K1 500 m

Parnham	RIC	1.51.22
Alun-Williams	RM	1.54.61
Brown	NOT	1.55.82

K2 500 m

Oliver/Williams	LIN	1.42.25
Brown/Mason	NOT	1.44.22
Haynes/Reichenstein	ROY	1.45.84

K4 500 m

WOR/LIN	1.43.88
WEY/HAR/ROY	1.45.08
WEY	1.47.71

K1 1000 m

Parnham	RIC	4.10.87
Avery	RIC	4.13.83
Alun-Williams	RM	4.14.21

K2 1000 m

A-Williams/Oliver	RM	3.45.23
Fowler/Williams	ROY	3.49.81
Lawrence/Farrell	ROY	3.54.09

K4 1000 m

Avery/Parnham/ Lawler/Williams	RIC	3.22.48
Mason/Brown/ Dimmock/Bourne	NOT	3.27.12
Powell/Williams/ Haynes/Fowler	ROY	3.31.78

K1 10,000 m

Mason	NOT	47.06
Lawler	RIC	47.11
Farrell	ROY	47.12

K2 10,000 m

(NATIONAL CHAMPIONSHIP)

Parnham/Avery	RIC	42.06
Alun-Williams/Oliver	LIN	42.10
Haynes/Fowler	ROY	42.11

2. JUNIOR MEN (KAYAK)

K1 500 m

Hancock	RIC	2.01.47
Montgomery	IRV	2.04.52
Grimes	RIC	2.04.76

K2 500 m

Speirs/Montgomery	IRV	1.49.06
Sowman/Ellard	RLS	1.50.14
Haynes/Day	RIV	1.51.13

K4 500 m

WEY	1.41.43
RIV/RLS	1.42.34
RIC	1.43.74

K1 1000 m

Haynes	RIV	4.33.39
Day	WEY	4.33.40
Hancock	RIC	4.38.19

K2 1000 m

Haynes/Day	RIV	4.01.65
Speirs/Montgomery	IRV	4.03.14
Grimes/Hancock	RIC	4.06.27

K4 1000 m

Brown/Sherriff/ Lewis/Belcher	WEY	3.40.99
Grimes/Hancock/ Coleman/Collinson	RIC	3.42.65

K4 1000 m continued

Hatton/Allinson/
Oliver/Squires NOT 3.42.97

K2 10,000 m

(NATIONAL CHAMPIONSHIPS)

Dimmock/Bourne NOT 43.26
Haynes/Day RIV 43.34
Grimes/Hancock RIC 44.23

K4 10,000 m

WEY 41.38
NOT 41.41

3. NOVICE MEN (KAYAK)

K1 500 m

Ballard LIC 2.06.76
Ralph RLS 2.07.96
Smith HAR 2.08.45

K1 1000 m

Smith HAR 4.39.73
Ralph RLS 4.44.40
Topham LPS 4.47.40

K2 500 m

Smith/Howard HAR 1.54.45
Rose/Ballard NOT 1.57.97
Nelmes/Ralph RLS 1.57.99

K2 1000 m

Smith/Howard HAR 4.14.64
Nelmes/Ralph RLS 4.16.40
Crowley/Foster NEW 4.27.61

K4 500 m

RLS/RSC/LPS 1.44.77
WEY 1.48.46
WEY/HOV 1.49.59

K4 1000 m

RLS/RSC/LPS 3.48.08
WEY 3.56.94
WEY/HOV 3.57.56

K1 10,000 m

Ballard LIC 49.26
Topham LPS 49.31
Fielding RSC 49.40

K2 10,000 m

(NATIONAL CHAMPIONSHIP)

Belcher/Lewis WEY 45.29
Rose/Ballard LIC 45.32
Smith/Howard HAR 45.57

4. YOUTH (KAYAK)

K1 500 m

Etherton WEY 2.12.39
Hibble LEE 2.12.49
O'Neill WEY 2.17.95

K1 6000 m

Page WEY 34.20
Nixon WAV 34.27
O'Neill WEY 36.05

5. MEN (CANOES)

C1 500 m

Edom WOR 2.18.63
Pereira RIC 2.19.06
Nadal NOT 2.43.17

C1 1000 m

Reichenstein IRV 5.02.45
Pereira RIC 5.03.46
Edom WOR 5.10.64

C2 500 m

Brown/Edom WOR 2.14.89
All the rest disq.

C2 1000 m

Edom/Brown WOR 5.10.01
Bull/Periera RIC 5.31.69
Oliver/Brown NOT 5.50.24

C1 10,000 m

Pereira RIC 55.29
Edom WOR 56.12

6. JUNIOR MEN (CANOES)

C1 500 m

Gray NOT 2.52.21
Nadal NOT 2.55.47
Morris KNS 2.56.88

7. LADIES (KAYAKS)

K1 500 m

Burnett LON No times
Goodwin WWR
Wetherall RIC

K1 6000 m

Burnett LON 33.55
Perrett LPS 35.22
Nadal NOT 35.27

K2 500 m

Goodwin/Peacock WWR 2.05.09
Wetherall/Perrett RIC 2.08.93
Smithers/Clapham RIC 2.11.38

K4 500 m

RIC/WWR 1.58.99
NOT 2.07.70
NOT 2.22.45

K2 6,000 m

(NATIONAL CHAMPIONSHIP)

Goodwin/Peacock WWR 32.05
Nadal/Money NOT 32.39
Perrett/McClure LPS 32.49

8. ESPADA BOYS "C" (KAYAKS)

K1 500 m

Page WEY 2.25.28
O'Neill WEY 2.31.73
Cooke KNS 2.35.34

9. ESPADA BOYS "B" (KAYAK)

K1 500 m

Peacock LPS 2.20.97

K1 6000 m

Peacock LPS 35.31

K1 500 m continued

Swaffield	AYL	2.25.10
Nixon	WAV	2.27.56

K2 500 m

Beardall/Peacock	LPS	2.07.65
Kemp/Stubbs	FLA	2.11.01
Butler/Lancaster	LPS	2.19.07

K4 500 m

LPS	1.59.65
FLA	2.01.48
WOR/FLA/BWS	2.12.10

10. ESPADA BOYS "A" (KAYAK)

K1 250 m

Canham	ROY	1.10.95
Mannering	WEY	1.13.63
Garner	LIC	1.14.27

K2 250 m

Canham/Mannering	ROY	1.04.36
Moth/Garner	LIC	1.07.51
Fieldus/Howard	WEY	1.07.92

K4 250 m

WEY/ROY	1.01.65
LIC	1.05.49
HUL	1.21.39

11. ESPADA GIRLS "A B & C" (KAYAK)

K1 500 m "C"

Harding	NOT	2.30.66
Payne	NOT	2.30.72
Money	NOT	2.32.61

K1 250 m "B"

Chandler	RNK	1.14.25
Crawley	HAR	1.19.31
Burton	HAR	1.25.61

K2 250 m "A & B"

Crawley/Chandler	HAR/RNK	1.07.36
Money/Nutting	NKC	1.14.53
Fish/Clapham	HOV/RIC	1.19.00

K4 250 m "A B & C"

HAR/RNK	1.02.14
NKC	1.06.57
WEY/NKC	1.20.35

K1 6000 m continued

Nixon	WAV	35.38
Swaffield	AYL	36.38

K2 6000 m

Beardall/Peacock	LPS	33.07
Kemp/Stubbs	FLA	33.25
Butler/Lancaster	LPS	34.28

K1 3000 m

Canham	ROY	15.28
Garner	LIC	16.02
Mannering	WEY	16.16

K2 3000 m

Canham/Mannering	ROY	14.19
Train/Train	FLA	15.17
Moth/Garner	LIC	15.23

K1 3000 m "A B & C"

Chandley	RNK	16.26
Money	NOT	16.41
Harding	NOT	16.48

K1 250 m "A"

Fish	HOV	1.35.29
Clapham	RIC	1.36.11
Brabbs	HUL	1.49.75

K2 3000 m "A B & C"

Harding/Money	NOT	No times
Burton/Heeley	HAR	
Fish/Clapham	HOV/RIC	

NATIONAL CHAMPIONSHIPS (NOTTINGHAM REGATTA)

Sat 14th August & Sun 15th August 1976

1. SENIOR MEN (KAYAK)

K1 500 m

Parnham	RIC	1.52.22
Alun-Williams	RM	1.53.67
Williams	ROY	1.54.11

K2 500 m

A-Williams/Oliver	LIN	1.40.20
Parnham/Hunter	RIC	1.40.21
Mason/Brown	NOT	1.42.44

K4 500 m

Williams/Haynes/ Williams/Oliver	OTS	1.29.17
Farrell/Phelps/ Parnham/Sherriff	ROY	1.30.19
Edwards/Moore/ Hambrey/Gorman	WOR	1.36.26

K1 1000 m

Parnham	RIC	3.57.76
Alun-Williams	RM	3.59.69
Mason	NOT	4.00.58

K2 1000 m

Oliver/A-Williams	RM	3.41.47
Fowler/Williams	ROY	3.44.79
Mason/Brown	NOT	3.49.56

K4 1000 m

Williams/Haynes/ Williams/Oliver	OTS	3.21.29
Farrell/Phelps/ Parnham/Sherriff	ROY	3.23.88
Hunter/Fowler/ Mason/Brown	ROY	3.25.18

K1 10,000 m

Mason	NOT	46.08
Haynes	ROY	47.01
Fowler	ROY	47.05

2. JUNIOR MEN (KAYAK)

K1 500 m

Bourne	CHE	1.57.42
Hancock	RIC	1.59.52
Cook	RIV	2.00.32

K2 500 m

Lawler/Greenaway	RIC	1.45.03
Ellard/Middleton	RLS	1.46.57
Speirs/Montgomery	IRV	1.46.87

K4 500 m

Hancock/Grimes/ Lawler/Greenaway	RIC	1.38.37
Sowman/Ellard/ Middleton/Fegent	RLS	1.40.50
Montgomery/Tannock/ Dunlop/Speirs	IRV	1.41.80

K1 1000 m

Bourne	CHE	4.05.84
Haynes	RIV	4.07.97
Sherriff	WEY	4.10.44

K2 1000 m

Bourne/Dimmock	CHE	3.54.30
Hancock/Grimes	RIC	3.54.80
Haynes/Day	WAV	3.56.56

K4 1000 m

Bourne/Dimmock/ Haynes/Day	RIV	3.32.38
Sherriff/Brown/ Belcher/Lewis	WEY	3.34.58
Oliver/Squire/ Allinson/Phillips	NOT	3.35.61

K2 10,000 m

Greenaway/Wetherall	RIC	44.55
Lawler/Haynes	RIC	45.06
Hatton/Allinson	NOT	45.22

3. NOVICE MEN (KAYAK)

K1 500 m

Ballard	LIC	2.01.28
Watson	BOA	2.02.21
Owen	BOA	2.03.47

K1 1000 m

Freestone	NOR	4.24.32
Lewis	WEY	4.27.34
Fleming	CHE	4.28.46

K2 500 m

Watson/Owen	BOA	1.53.29
Foster/Crowley	NEW	1.54.18
Ballard/Fletcher	LIC	1.54.30

K2 1000 m

Ballard/Fletcher	LIC	4.06.35
Watson/Owen	BOA	No time
Gautier/Harvey	ROY	4.10.18

K4 500 m

Ballard/Fletcher/ Wooton/Stringer	LIC	1.45.11
Rose/Ball/ Foster/Crowley	NOT	1.45.54
Page/O'Neill/ Etherton/Collins	WEY	1.46.10

K4 1000 m

WEY	No time
ROY	
LIC	

K1 10,000 m

Ballard	LIC	48.04
Freestone	NOR	48.05
Belcher	WEY	48.34

4. MEN (CANOES)

C1 1000 m

Edom	WOR	4.40.20
Reichenstein	IRV	4.40.85
Pereira	RIC	4.44.53

C2 1000 m

Edom/Brown	WOR	4.27.35
Bradford/ Reichenstein	RIV	4.40.37

C1 10,000 m

Pereira	RIC	55.23
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5. JUNIOR MEN (CANOES)

C1 500 m

Brown	WOR	2.37.16
Bull	ROY	2.44.52
Burton	HAR	3.13.73

C1 1000 m

Reichenstein	RIV	2.12.57
Edom	WOR	2.13.29
Bradford	SLC	2.16.66

C2 500 m

Reichenstein/ Bradford	RIV	2.04.77
Brown/Edom	WOR	2.07.36
Burton/Palmer	HAR	3.25.09

6. LADIES (KAYAK)

K1 500 m

Goodwin 2.12.45
Wetherall 2.12.50
Burnett 2.12.60

K2 500 m

Goodwin/Perrett LIC 2.01.20
Haynes/Wetherall RIC 2.03.42
Clapham/Smithers RIC 2.04.51

K4 500 m

Clapham/Smithers/
Wetherall/Haynes RIC 1.58.37
Lovell/Goodwin/
Peacock/Allinson LPK 2.03.47
Harding/Money/
Payne/Young NOT 2.05.93

K2 5000 m

Haynes/Wetherall RIC 21.29
Clapham/Smithers RIC 21.40
Whitebroom/McClure RIV 22.06

7. ESPADA BOYS "C" (KAYAK)

K1 500 m

Wingfield MIL 2.16.21
Foulkes NKC 2.18.29
Stringer LIC 2.19.86

K1 5000 m

Stringer LIC 33.44
Ayres ROY 33.52
Brightley FLA 34.07

K2 500 m

Logie/Campbell HAR 2.03.39
Flanagan/Stringer LIC 2.06.03
Haines/Brightley FLA 2.09.40

K2 10,000 m

Missen/Drew BOA 49.02
Flanagan/Stringer LIC 51.42
Logie/Campbell HAR 51.51

8. ESPADA BOYS "B" (KAYAK)

K1 500 m

Ruskin HAR 2.09.97
Swaffield AYL 2.10.76
Nixon WAV 2.11.44

K1 5000 m

Ruskin HAR 27.20
Smith NOT 27.29
Nixon WAV 27.44

K2 500 m

Nixon/Ruskin WAV No times
Rocket/Smith NKC
Kemp/Stubbs FLA

K2 5000 m

Nixon/Ruskin WAV 24.49
Rocket/Smith NOT 24.57
Kemp/Stubbs FLA 25.58

K4 500 m

Kemp/Stubbs/Linley/Foley
Rocket/Smith/Bradley/List
Mannering/Upson/Lanham/Ayres

FLA 1.53.48
NKC 1.55.95
ROY 2.00.14

9. ESPADA BOYS "A" (KAYAK)

K1 250 m

Upson ROY 1.03.75
Lanham ROY 1.06.11
Sellwood BEC 1.08.75

K1 3000 m

Lanham ROY 23.42
Upson ROY 23.45
Garner LIC 24.13

K2 250 m

Lanham/Upson	ROY	56.79
Train/Holbrook	FLA	1.00.14
Lakin/Woodward	GAI	1.00.26

K4 250 m

Garner/Moth/Gregory/Cooper
Mannering/Mannering/Ano./Ano.
Lucas/Newbury/Lakin/Woodward

K2 3000 m

Lanham/Upson	ROY	14.31
Garner/Moth	LIC	14.51
Lakin/Woodward	GAI	14.53

10. ESPADA GIRLS ABC (KAYAK)

K2 500 m

Lovel/Lamb	LPK	2.14.41
Lockett/Collie	RAF	2.20.80
Brooks/Duggan	MIL	2.47.93

K4 500 m

Lovell/Lamb/ Whitebrook/Nutting	LPK	2.04.16
Collie/Squire/ Clarke/Woodward	WEY	2.17.74
Clapham/Fish/ Brabbs/Brabbs	NEW	2.22.18

K1 500 m "C"

Lamb	LPS	2.26.46
Allinson	IRV	2.40.40
Duggan	MIL	3.17.55

K1 250 m "B"

Burton	HAR	1.16.11
Brabbs	HUL	1.19.16
Brooks	MIL	1.20.43

K1 250 m "A"

Clapham	NEW	1.21.62
Fish	HOV	1.21.87
Brabbs	HUL	1.28.00

K1 3000 m

Whitebrook	RIV	16.29
Lamb	LPS	16.40
Locket	RAF	17.36

K2 3000 m

Lamb/Allinson	LPK	15.42
Collie/Burton	WEY	16.30
Lockett/Nutting	RAF	17.57

K2 250 m "B"

Fish/Squire	GAI	1.43.63
Brabbs/Brabbs	HUL	1.44.62
Collie/Clarke	WEY	1.46.76

K2 250 m "A"

Clapham/Fish	NEW	1.13.16
Collie/Clarke	WEY	1.15.24
Blowe/Craske	FLA	1.22.68

NOTTINGHAM PRE-OLYMPIC INTERNATIONAL REGATTA FINALS

500m and 100m - 19th and 20th June 1976

(Places in brackets = competitors placing in the Olympic Games final)

Womens K1 500 m

1.	C. Zirzow	DDR	2.14.50	(Gold)
2.	P. Borzym	DDR	2.16.66	
3.	O. Ohde	DDR	2.16.67	
4.	G. Kreft	URS	2.16.83	
5.	T. Korshundva	URS	2.18.38	(Silver)
6.	K. Rajnai	HUN	2.20.38	(Bronze)
7.	I. Pepinhege	BRD	2.20.90	(8th)
8.	A. Pfeffer	HUN	2.22.61	
9.	K. Kilczak	POL	2.26.90	

Men K1 500 m

1.	Z. Sztanity	HUN	2.00.51	(Silver)
2.	R. Helm	DDR	2.00.82	(Bronze)
3.	G. Sledziewski	POL	2.01.96	(5th)
4.	D. Parnham	GBR	2.03.03	(8th)
5.	A. Lebas	FRA	2.03.10	(9th)
6.	H. Henendz	ESP	2.03.20	(4th)
7.	K. Gorecki	POL	2.05.04	
8.	A. Hatysiak	POL	2.07.35	
9.	D. Braun	BDR	2.10.12	

Men C1 500 m

1.	A. Rogov	URS	2.11.70	(Gold)
2.	A. Schuck	DDR	2.12.58	
3.	K. Szegedi	HUN	2.12.86	(6th)
4.	U. Eicke	BRD	2.13.17	(8th)
5.	W. Stephan	DDR	2.13.26	(5th)
6.	J. Dunajski	POL	2.16.27	
7.	R. Iche	FRA	2.16.36	(9th)
8.	N. Ilkov	BUL	2.16.79	
9.	D. Dannaks	BRD	2.26.57	

Men K2 500 m

1.	Olbricht/Mattern	DDR	1.42.79	(Gold)
2.	Nagorny/Romanovski	URS	1.43.23	(Silver)
3.	Deme/Ratkai	HUN	1.44.42	(5th)
4.	Andersson/Andersson	SWE	1.44.48	(7th)
5.	Hissione/Diaz-Flor	ESP	1.44.95	
6.	Slatnow/Ruhmel	DDR	1.45.28	
7.	Morland/Nilsen	NOR	1.45.36	
8.	Seguin/Delriego	ESP	1.47.14	(4th)
9.	Sledziewski/Oborski	POL	1.47.77	

Men C2 500 m

1.	Buday/Frey	HUN	1.55.03	(Bronze)
2.	Bothe/Tode	DDR	1.55.13	(5th)
3.	Lobanov/Lobanov	URS	1.55.17	
4.	Opara/Gronowicz	POL	1.56.25	(4th)
5.	Dunajski/Rutkowski	POL	1.57.63	
6.	Millot/Delacroix	MPA	2.58.28	

7.	Pieperbeck/Pieperbeck	BRD	2.00.31	
8.	Lucke/Glaser	BRD	2.00.39	(8th)
9.	Lindelof/Zeidlitz	SWE	2.03.56	(9th)

Men K1 1000 m

1.	D. Parnham	GBR	4.24.81	(7th)
2.	B. Andersson	SWE	4.25.27	(6th)
3.	R. Helm	DDR	4.25.74	(Gold)
4.	G. Csapo	HUN	4.31.07	(Silver)
5.	N. Ioschenko	URS	4.31.28	
6.	R. Avery	RIC	4.33.31	
7.	G. Sledziewski	POL	4.40.73	(8th)
8.	J. Fowler	GBR	4.49.62	
	T. Mauritis (Disqualified)	URS	(4.30.99)	

Men C1 1000 m

1.	T. Wichmann	HUN	4.24.62	(Bronze)
2.	R. Iche	FRA	4.25.37	(6th)
3.	Y. Opara	POL	4.26.67	
4.	N. Ilkov	BUL	4.27.13	
5.	A. Schuck	DDR	4.32.27	
6.	V. Urchenko	URS	4.32.95	(Silver)
7.	U. Eicke	BRD	4.36.38	(8th)
8.	A. Gronowicz	POL	4.46.53	
9.	W. Stephan	DDR	4.48.07	(7th)

Women K2 500 m

1.	B. Koster/C. Zirzow	DDR	2.02.45	(Bronze)
2.	G. Kreft/N. Gopova	URS	2.02.58	(Gold)
3.	A. Pfeffer/K. Rajnai	HUN	2.06.77	(Silver)
4.	B. Lewe-Pohlmann/H. Wallbaum	BRD	2.06.79	(5th)
5.	A. O de/P. Borzym	DDR	2.06.94	
6.	N. Yanakieva/M. Mincheva	BUL	2.08.28	(7th)
7.	A. Sandor/A. Horvath	HUN	2.09.31	
8.	M. Kazanecka/K. Kulczak	POL	2.10.95	(6th)
9.	A. Lorient/S. Deltour	FRA	2.11.14	

Men K2 1000 m

1.	I. Szabo/Z. Bako	HUN	3.44.66	(Bronze)
2.	B. Olbricht/J. Mattern	DDR	3.45.42	(Silver)
3.	J. Seguin/G. Del-Riego	ESP	3.50.25	(5th)
4.	M. Opshl/A. Orheim	NOR	3.51.33	
5.	J. Hanguier/A. Lebas	FRA	3.54.87	(4th)
6.	N. Mason/S. Brown	GBR	3.55.21	
7.	H. E Pasch/R. Blass	BRD	3.57.80	
8.	V. Romanovzki/S. Nagorny	URS	3.59.39	(Gold)
9.	R. Tylewski/D. Welna	POL	No time	

Women K4 500 m

1.	Koster/Zirzow/Ohde/Borzym	DDR	1.52.05
2.	Lewe-Pohlmann/Meyer/Wallbaum/Brosen	BRD	1.59.03
3.	Weatherall/McClure/Perrett/Burnett	RIC	2.07.60
4.	Nadal/Money/Peacock/Goodwin	NOT	2.11.50
5.	Smithers/Clapham/Cairns/MacIntyre	RIC/IRL	2.15.26

Men C2 1000 m

Men C2 1000 m

1.	S. Petrenko/A. Vinogradov	URS	4.15.05	(Gold)
2.	D. Bothe/H. Tode	DDR	4.17.14	(5th)
3.	B. Lindelof/E. Seidlitz	SWE	4.17.27	(9th)
4.	W. Rutkowski/J. Dunajski	POL	4.17.38	
5.	J. Cezard/A. Acart	FRA	4.18.28	
6.	H. Lucke/H. Glaser	BRD	4.19.34	(8th)
7.	T. Buday/O. Frey	HUN	4.21.61	(Bronze)
8.	P. Pieperbeck/N. Pieperbeck	BRD	4.22.35	
9.	V. Garcia/S. Magaz	ESP	No time	

Men K4 1000 m

1.	Bischof/Lehnert/Duvigneau/Helm	DDR	3.18.39	(Bronze)
2.	Filatov/Degtiarev/Morozov/Chuhrav	URS	3.19.84	(Gold)
3.	Deme/Ratkai/Eiczi/Romhanrai	HUN	3.20.20	(8th)
4.	Oborski/Gorecki/Koltan/Budzicz	POL	3.20.96	(5th)
5.	Menendez/Celorrio/Misione/Diaz-Flor	ESP	3.21.58	(Silver)
6.	Rasmussen/Stige/Soyland/Morland	NOR	3.24.36	(6th)
7.	Bohr/Van Eeden/Hartung/Mang	BRD	3.24.87	(9th)
8.	Williams/Alun-Williams/Oliver/Haynes	GBR	3.26.73	(semi-final)
9.	Mason/Brown/Sherriff/Avery	NOT	3.29.99	

DONT MISS THE BIG
JUBILEE INTERNATIONAL REGATTA

8th 9th 10th JULY 1977

HOLME PIERREPONT N.W.S.C. NOTTINGHAM

SENIORS — World Championship Programme

JUNIORS — European Championship Programme
plus 6000 m events

ALSO FULL DOMESTIC REGATTA PROGRAMME

9th & 10th JULY 77

RACING RESULTS - National Water Sports Centre

THE RICHMOND REGATTA Sat 1st May & Sun 2nd May 1976

1. SENIOR MEN (KAYAK)

K4 10,000 m

(National Championship)

Haynes/Lawrence/Farrell/Sherriff	ROY	40.29.49
Williams/Fowler/A-Williams/Oliver	OTS	40.46.72
Harding/Storey/Cornish/Greenham	RS	41.32.54

2. JUNIOR MEN (KAYAK)

Lewis/Brown/Belcher/Sherriff	WEY	41.48.08
Machin/Gollins/Green/Day	LIC	42.02.05
Spiers/Dunlop/Montgomerie/Samuels	IRV	42.09.52

3. NOVICE MEN (KAYAK)

Howard/Harrison/Baker/Smith	HAR	45.06.94
York/Spence/Carter/Fleming	CHL	45.16.58
Peake/Owen/Drew/Watson	BOA	45.56.88

LADIES (KAYAKS)

K4 5,000 m

(National Championship)

Perrett/Lovell/Peacock/Goodwin	WWR	24.17.00
Nadal/Money/Payne/Harding	NOT	24.58.00
Laines/McIntyre/McCluro/Ano.	SCA	25.44.00

NATIONAL K4 10,000m CHAMPIONSHIPS 1977

AT HOLME PIERREPONT N.W.S.C.

28/29th MAY 77

INTER-SERVICES REGATTA

Sun 13th September 1976

K1 10,000 m

(NATIONAL CHAMPIONSHIP)

1. SENIOR MEN KAYAK

Benko	HUN	47.30
Greenham	LPK	47.34
Mason	NOT	49.27
Haynes	ROY	49.40

2. JUNIOR MEN (KAYAK)

Nutting	NOT	45.46
Bourne	CHE	45.51
Haynes	RIV	45.59

3. NOVICE MEN (KAYAK)

Ballard	LIC	47.41
York	CHE	47.46
West	ROY	47.48

4. MEN (CANOES)

C1 10,000 m

NATIONAL CHAMPIONSHIP

Torok	HUN	51.52
Heregesi	HUN	51.58
Davas	HUN	52.46

British National Placings

Pereira	RIC	55.51
Brown	WOR	61.12
Hall	HAR	63.01

LADIES (KAYAK)

K1 5,000 m

(NATIONAL CHAMPIONSHIP)

Goodwin	WWR	23.01
Money	NOT	23.02
Nadal	NOT	23.02

NATIONAL K1 10,000m CHAMPIONSHIPS 1977 AT THE
STRATHCLYDE W.S.C.

4th JUNE 77 (SPRING BANK HOLIDAY)

BRITISH CANOE UNION : RACING COMMITTEE : 1977

Committee Officers

CHAIRMAN Mr. T. Shenton
(Junior Team Manager)

"Brillie", Ham Lane, Longham,
Wimborne, Dorset.
Tel: 0201-6-4754

HON. SECRETARY Mr. M. Haslam
(Chairman Regatta Sub-Committee)

Work Study Dept., COD Chilwell,
Beeston, Nottinghamshire.
Tel: 0602 254811, Ext. 3191

HON. TREASURER Mr. A. Miller

14 The Causeway, Basingbourn,
Royston, Hertfordshire.
Tel: 0763 42867

Committee Members

CHIEF COACH Mr. G. Cooper

6 Barron Road, Northfield,
Birmingham 31.

TEAM MANAGER Mr. R. Emes
(Vice Chairman, Racing Committee)

147 Gravelly Hill, Erdington,
Birmingham 23.
Tel: 021 373 5192

TEAM COACH Mr. B. Greenaway
(Race Records Officer)

214A Battersea Park Road,
London SW11.

TEAM COACH Mr. C. Gray

128 Greythorn Drive, West
Bridgeford, Nottinghamshire.
Tel: 0602 812814

TEAM COACH Mr. W. Machin

21 High Grange, Lichfield,
Staffordshire.
Tel: 054 32 53169

JUNIOR TEAM COACH Mr. B. Perrett

4 South Drive, Leighton Park
School, Reading Berkshire.
Tel: 0734 860412

REGATTA SUB-COMMITTEE Mr. R. Jones
(Regatta Officials Secretariat)

5 Fabrius Avenue, Droitwich,
Warwickshire.
Tel: 090 57 4828

REGATTA SUB-COMMITTEE Mr. M. Nadal

Flat 5, 22/24 William Road,
West Bridgeford, Nottinghamshire.

REGATTA SUB-COMMITTEE Mr. J. Rossiter

6 Birch Avenue, Caterham,
Surrey.
Tel: 0883 46631

RACING COMMITTEE 1977

LIST OF REGATTA OFFICIALS

<u>Name</u>	<u>Address</u>	<u>Tel. No.</u>
S. Balfour	23 Buckstone Lane, Edinburgh, EH10 64D	031 445 3966
K. Bowles	1 Highdown Course, Furnace Green, Crawley, Sussex.	
G. Beardall	4 Lydele Close, Woking, Surrey. GU21 4ER	048 62 67320
M. Carvell	7 Beaconsfield Road, Croydon. CRO 2LN	01 684 4749
B. & P.		
Collett	12 Third Corss Road, Twickenham, Middx.	01 894 6437
G. Cooper	6 Barron Road, Northfield, Birmingham 31	
A. Duncan	5 Goldstone Road, Hove, Sussex.	
R. Emes	147 Gravelly Hill, Erdington, Birmingham. B23 7NR	021 373 5192
A. Edwards	K4 House, Gordon Terrace, Malvern Wells, Worcestershire.	068 45 64992
D. & E.Fegent	34 Edward Road, Coulsdon, Surrey. CR5 3NP	01 660 4445
P. & L. Finch	4 Warwick Lane, St. Johns, Woking, Surrey.	048 62 68743
R. Fieldus	81 Worplesden Road, Guildford, Surrey.	
C. Foulds	Pine Close, Lime Grove, West Clanden, Surrey.	048 636 428
B. Gray	11 Prairie Road, Addlestone, Weybridge.	0932 48846
C. & R. Gray	128 Greythorne Drive, West Bridgford, Nottinghamshire.	0602 812814
B. Greenaway	214a Battersea Park Road, London SW11	
M. Haslam	Work Study Dept., COD Chilwell, Beeston, Nottinghamshire.	0602 254811 x 3193
D. Howie	MOD Ed A(2), Empress State Building, London SW6 1TR	01 385 1244 x 2136
R. Jones	5 Fabricus Avenue, Droitwich, Warwicks.	090 57 4828
J. Kidd	Brambles, Triggs Lane, Woking, Surrey.	048 62 2853
D. Lawler	93 Chertsey Lane, Staines, Middlesex.	0784 54772
A. Laws	47 Bowgate, Gosberton, Spalding, Lincolnshire.	
K. Lovell	74 Reeds Avenue, Earley, Reading, Berkshire.	Reading 84561
W. Machin	21 High Grange, Lichfield, Staffordshire.	054 32 53169
A. Manwell	Dept. of PE, University Road, Old Aberdeen.	0224 40241 x 5544
M. McClure	5 Glen Gardens, Callender, Central Region. FK17 8ES	
B. McKinley	61 Hemphill View, Knockentiber, Kilmarnock, Ayrshire.	Stewarton 2124
A. Miller	14 The Gauseway, Bassingbourn, Royston.	0763 42867
M. Nadal	Flat 5, 22/24 William Road, West Bridgford, Nottinghamshire.	
B. Perrett	4 South Drive, Leighton Park School, Reading, Berkshire.	0734 860412
J. Rossiter	6 Birch Avenue, Caterham, Surrey.	0883 46631
D. Samuel	Auchenburg House, Auchengillan, Blanefield, Glasgow.	0360 70473
T. Shenton	Brilie, Ham Lane, Longham, Wimborne, Dorset.	
D. & J.Squire	124 Gough Street, Willenhall, West Midlands. Ashmore WV13 1HE	Lake 2202
D. Saxby	82 Highfield Road, Leighton Buzzard, Bedfordshire.	L.B. 71249
R. Wootton	104 Norton Lane, Great Wyrley, Walsall.	

RACING COMMITTEE 1977

LIST OF TRAINEE REGATTA OFFICIALS

<u>Name</u>	<u>Address</u>	<u>Tel. No.</u>
L. Ayres	15 Napoleon Road, Twickenham, Middlesex.	01 892 1856
R. Canham	71 Old Charlton Road, Shepperton, Middlesex. TW17 8AZ	Walton 25155
J. Escombe	51 Creydon Drive, Penkridge, Staffords.	Penkridge 2734
D. Holme	75 Spinney Rise, Toton, Beeston, Nottinghamshire. NG9 6JL	Long Eaton 66642
N. Jones	4 Long Meadow Hill, Lowdham Grange, Lowdham, Nottinghamshire. NG14 7DA	Lowdham 2591
J. & T. Jones	37 Fabis Drive, Clifton Grove, Nottingham.	213850
B. Lucas	139 Rodbaston Drive, Penkridge, Staffordshire.	Penkridge 2486
M. MacDougall	The Adur Centre, Brighton Road, Shoreham by Sea, Sussex.	Shoreham by Sea 62928
D. Mannering	2 Manor Crescent, Lower Drayton Lane, Drayton, Portsmouth, Hampshire.	Cosham 82591
J. & T. Nutting	4 Cranleigh Drive, Lowdham, Nottingham.	Nottingham 623311
D. Parker	24 Lulworth Avenue, Primrose, Jarrow, Tyne and Wear.	
P. Roney	47 Church Road, Burton Joyce, Nottingham.	Burton Joyce 3320
P. Sellwood	90 Shakespeare Avenue, Bath, Avon.	Bath 21572
N. Sunderland	7 Raylawn Street, Mansfield, Nottingham.	Mansfield 34108
A. Upson	34 Anglesey Close, Ashford, Middlesex.	Ashford 54312

YOUR SPORT NEEDS YOU !
ON
THE NEXT REGATTA OFFICIALS COURSE
(BASIC AND CONTINUATION)
SAT 10th & SUN 11th DEC 1977 AT
HOLME PIERREPONT N.W.S.C. NOTTINGHAM

Details from: Mike Haslam, Work Study Dept, COD Chilwell Notts

SEE YOU THERE ?

THE RACING REGISTRATION SCHEME

Introduction

The Racing Committee has been concerned for some time over the lack of an efficient communication system between the Committee, competitors, officials and regatta organisers and its inability to ensure that only B.C.U. members compete at regattas. The Committee feels that these short comings will be over-come by the introduction of the Racing Registration Scheme which will also enable it to establish exactly how many active racing canoeists there are in the country, at any one time, and more importantly, be able to contact them, individually when ever the need arises.

Initial Registration

From the 1st February 1977 all racing canoeists with the exception of Espada paddlers, will be required to initially register with the Racing Committee. This should be done preferably at the Canoe Exhibition on 26th and 27th February 1977, or at the first National Water Sports Centre Regatta that they attend this season.

Registration will be carried out on production of a current (1977) B.C.U. membership card when the details of the competitor (name, address, Club, racing status, B.C.U. number, etc.) will be entered into the Racing Register and a racing number stamped onto the competitors B.C.U. membership card.

Renewal of Registration

Registered competitors will remain on the Register and retain their racing number until such time as they are no longer actively competing or their B.C.U. membership lapses.

Competitors will be required to confirm their registration annually by producing their B.C.U. membership card for re-stamping, at the Canoe Exhibition or at the first N.W.S.C. Regatta that they attend each season.

Advantages of Registration

Registered competitors will be entitled to purchase the Canoe Racing Year Book and other racing publications that may be produced, at a reduced price. In addition, those who subscribe to the Racing Technical Journal will receive their copies post free, on publication of each Journal, and will, of course, be fully up-dated on Olympic Selection policies, team training days etc. Finally, from the 1979 racing season only registered competitors and Espada paddlers will be allowed to compete in racing regattas held at the N.W.S.C. and in National Championship events.

DONT DELAY REGISTER TODAY

With the Hon Secretary, Racing Committee, or at your first regatta this season.

P R O M O T I O N S

Promotions 1976 (Eff. 1977)

Senior A

G. Bourne - Chelmsford
S. Hancock - Richmond
R. Haynes - Riverside
P. Dimmock - Notts.
D. Cook - Riverside
R. Harding - Notts.
P. Lawler - Richmond

Senior B

F. Belcher - Wey
I. Freestone - Northampt.
P. McAuliffe - Leighton
J. West - Royal
R. York - Chelmsford
M. Harvey - Royal
K. Owen - B on A
K. Topham - Leighton
T. Nelmes - Leamington

C. Ballard - Lichfield
I. Jackson - A.C.U.
D. Smith - Harlow
T. Ralph - R.N.K.A.
S. Lewis - Wey
P. Watson - B on A
S. Peake - B on A
P. Lewis - Chelmsford
A. Higgans - Enniskillen

Promotions 1975 (Eff. 1976)

Senior A

G. Truelove - Lichfield
T. Speaight - Notts.
S. Shepherd - Harlow
A. Fieldus - Wey
I. White - Longridge

Senior B

M. Fegent - Richmond
D. Cook - Riverside
G. Holmes - Royal
A. Samuel - Trossachs
D. Spence - Chelmsford
I. Speirs - Irvine
P. Nutting - Notts.
R. Harding - Notts.
Duncan - Roy. Mar.
R. Kinch - Leighton
P. Allinson - Notts.
P. Turcan - Edinburgh U.

G. Bourne - Chelmsford
J. Hatton - Notts.
D. Phillips - Notts.
J. Postlewaite - Notts.
J. Collinson - Eastbourne
K. Coleman - Eastbourne
M. Kirschner - B on A
G. Powell - RNKA
P. Lewis - Chelmsford
S. Hancock - Richmond
J. Spatig - Richmond

Promotions 1974 (Eff. 1975)

Senior A

D. Mitchell - Chester
M. Swallow - Chester
H. Hoskins - B on A
A. Morton - Irvine
O. Harding - Roy. Engs.
T. Cornish - Richmond
S. Sadler - Leighton
M. Mikhail - Wey
J. Freeman - Thames
J. Burr - Lichfield

Senior B

A. Sherriff
A. Fieldus
P. Dimmock
S. Shepherd
D. Arundale
R. Neilson
A. Chapman
P. Doman
P. Nutting
R. Haines
R. Montgomery
M. Sherriff
B. Perrett
D. Hunger
Dolan

Ellard
Middleton
J. Butt
R. Dyke
G. Dawson
C. Fielding
G. Truelove
M. Fletcher
R. Gray
M. Chandler
D. Green
R. Russell
M. Brown
R. Grimes

THE RACING DOMESTIC REGATTA PROGRAMME

1977 SEASON

1.	Jan	15/16	National Training Squad Weekend	NWSC Nottingham
2.	Feb	12/13	National Training Squad Weekend	NWSC Nottingham
3.	Mar	12/13	National Training Squad Weekend and Competition Coaches Course (Racing)	NWSC Nottingham
4.	Apr	30/May 1	Committee Open Regatta incl K2 10,000 m Champs.	NWSC Nottingham
5.	May	7	Scottish National Championships	Strath Clyde WSC
6.	May	14	Shoreham Open Regatta	Shoreham, Sussex
7.	May	22	Trossachs Open Regatta, Loch Lubnaig	Perth, Scotland
8.	May	28/29	Committee Open Regatta, K4 10,000m Nat. Champs.	NWSC Nottingham
9.	Jun	4	NATIONAL K1 10,000m CHAMPS.	Strath Clyde WSC
10.	Jun	10	Hove Open Regatta, Shoreham Harbour	Shoreham, Sussex
11.	Jun	18/19	NATIONAL CHAMPIONSHIPS REGATTA incl the British Schools Canoeing Assoc. Champs.	NWSC Nottingham
12.	Jun	25	Royal Canoe Club Open Regatta	Teddington, London
13.	Jun	26	Wey Kayak Club Open Regatta	Guildford, Surrey
14.	Jul	8/9/10	JUBILEE INTERNATIONAL REGATTA	NWSC Nottingham
15.	Jul	24	Serpentine Jubilee Regatta	Hyde Park, London
16.	Aug	13/14	INTER CLUB CHAMPIONSHIPS REGATTA	NWSC Nottingham
17.	Sep	1/4	World Championships Regatta	Sofia, Bulgaria
18.	Sep	10/11	Services Open Regatta inc the Inter Services Championships	NWSC Nottingham
19.	Oct	21/22	Competition Coaches Course (Racing)	NWSC Nottingham

Further Details from:-

<u>Serial No.</u>	<u>Name</u>	<u>Address</u>
1, 2, 3	Ron Emes	147 Gravelly Hill, Erdington, Birmingham
3a, 19	Colin Gray	128 Greythorn Drive, West Bridgford, Nottingham
4,8,11,14,16,18 **	Colin Gray	As above
15	Di Lawler	93 Chertsey Lane, Staines, Middlesex
5, 7, 9	Drew Samuel	Auchenberg Hse. Auchengillan, Blanefield, Glasgow, Scotland
6	Malcolm MacDougall	The Adur Centre, Brighton Road, Shoreham, Sussex
10	Alan Duncan	5 Goldstone Road, Hove, Sussex.
12	Brian Greenaway	214a Battersea Park Road, London SW 11
13	Jim Rossiter	6 Birch Ave, Caterham, Surrey.

RACING REGATTAS AT HOLME PIERREPONT

NATIONAL WATER SPORTS CENTRE

CONDITIONS OF ENTRIES - 1977

Entry Fees

Entry fees for the 1977 season have been set by the Regatta Sub-Committee at:-

40p pre crew for Espada and Junior events
60p per crew for all other events

Late Entries

Late entries will be charged at:-

50p per crew for Espada and Junior events
£1.00 per crew for all other events

A late entry is defined as "an entry received on the day from a competitor from whom a prior entry, for any event in the Regatta, has not been previously received".

Closing Dates for Entries

The closing date for entries for all regattas, with the exception of the Home International, will be eight days before the event, i.e. the Friday of the weekend before a regatta weekend. For the Home International, this is extended to fourteen days before the event. (See diary dates for details.)

Address of Entries

** All entries for all Holme-Pierrepont regattas should be addressed to:

The Regatta Committee, c/o 128 Greythorn Drive, West Bridgford, Nottinghamshire.

Team Leaders Meetings

Team leaders meetings will be held at 8.00 a.m. on race days in the Lecture Room of the N.W.S.C. for all regattas.

Mixed Crews/Events

Entires from mixed crews will be considered at team leaders meetings and will be allowed provided that there are no objections from those team ~~leaders~~ leaders present and sufficient lanes are available after all allocations to correct status paddlers have been completed.

Selection Events for International Teams

British Senior Teams - all competitors wishing to be considered must enter the appropriate Senior A events, irrespective of their individual racing status.

British Junior Teams - all competitors wishing to be considered (must

have been born in the years 1959 to 1962 inclusive) will be allowed to enter the appropriate Junior events, irrespective of their individual racing status.

Accommodation at Holme Pierrepont

The Regatta Committee have reserved 30 beds for each regatta on Friday and Saturday nights. Cost of full board and accommodation will be £5.50 (inclusive of VAT) per day. Bookings should be made at the latest with regatta entries, (cheques payable in advance to the Regatta Committee) and not direct with the National Water Sports Centre.

Meals at Holme Pierrepont

The Regatta Committee have arranged for non-residential needs to be available at the Centre for Saturdays and Sundays lunch and dinner. Lunches will be available between 12.00 - 2.00 p.m. Dinner from 7.00 p.m. These meals must be booked and paid for in advance (latest date with regatta entries) through the Regatta Committee and not direct with the National Water Sports Centre.

Costs: Lunch - £1.50 Dinner - £2.00 (inclusive of VAT)

Cheques to be made payable to the Regatta Committee.

HOLME PIERREPONT REGATTAS 1977

1. SPRING REGATTA - K2 10,000M CHAMPS APR 30/MAY
2. COMMITTEE REGATTA - K4 10,000M CHAMPS MAY 28/29
3. NATIONAL CHAMPIONSHIPS REGATTA - 500M 1000M JUN 18/19
4. JUBILEE INTERNATIONAL REGATTA - SNRS & JNRS JUL 8/9/10
5. INTER CLUBS CHAMPIONSHIPS REGATTA AUG 13/14
6. SERVICES REGATTA - SERVICES CHAMPS - SEP 10/11

Entries on time are fine, Entries late we hate !!!

ADVERTISEMENT

1977

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MARATHON RACING SECTION FOREWORD

A Foreword to a new venture such as this gives me a difficult yet pleasant task. Difficult because all the interesting things about L.D. hopefully you will find further on. If you do not find what you want, could I please entreat you to contact the Editor and tell him what is missing.

A pleasant task because I think the Year Book will fill a void which has been present all too long in every branch of the sport.

May I take this opportunity to wish you a successful season in 1977.

A. L. LAWS
CHAIRMAN

BRITISH CANOE UNION

MARATHON RACING COMMITTEE

Rules and Recommendations

Part A - Constitution and Administration

1. The M.R. Committee is the organ of the British Canoe Union which interests itself in all matters arising out of marathon racing in Great Britain. Its aims are as follows:-
 - a. To encourage national and international marathon events.
 - b. To draft rules and made recommendations for the conduct of B.C.U. national marathon races.
 - c. To give advice, guidance and encouragement to sponsors of marathon racing in Great Britain.
 - d. To select, train and administer teams representing Great Britain in International events.
 - e. To foster the development of suitable craft and equipment for marathon racing.
 - f. To confirm and record cross channel canoe record attempts,
 - g. To act as final authority in disputes and protests.
2. The Committee shall consist of a Chairman, a Secretary, a Treasurer, a Race Records Officer, a National Racing Coach, and other such officials as the Committee consider it necessary to elect, together with the representatives appointed by clubs or organisations. Each canoe club or organisation affiliated to the B.C.U. and having 5 full members of the B.C.U. may appoint two representatives to attend Marathon Racing Committee Meetings.
3. Each club or organisation represented on the Committee will be entitled to one vote. The Chairman will not be entitled to vote, except in the case when a casting vote is required to be made by the Chairman. A quorum shall consist of six clubs represented.
4. The Committee may co-opt additional members as they think fit in the interests of the sport, but co-opted members will not be entitled to vote. The Committee may co-opt other persons or members who are full time employees of the Union or who have a commercial interest in canoeing only with the permission of Council.
5. At least two meetings will be held normally during the winter months and will be called as required.
6. Where clubs wish to raise matters of policy or alteration of existing rules, the proposal must be forwarded to the Secretary by the 20th November. Proposals and matters for discussion shall be promulgated to clubs prior to a meeting.
7. The Committee may appoint an Executive, consisting of the officers and other members up to a total of 12, for the purpose of day to day administration. The quorum of the executive shall be 4 voting members. The Executive shall be responsible to the Committee.
8. The officers and members of the Executive Committee shall serve for two years and shall be eligible for re-election,

half retiring one year and the other half the following year. Nominations for election shall be in writing, supported by the signatures of two representatives and must reach the Secretary before 20th November before the meeting at which the annual election takes place. If more than one nomination is received for a post, the committee will elect by ballot. If no nomination is received for a post the previous officer will be automatically re-elected, provided he is willing to stand.

9. The Marathon Racing fund shall be administered by the Executive.
10. The Executive shall approve the list of trophies which are the property of the Committee and are awarded each year. The Executive will also determine and publish the basis of competition for these trophies.
11. Each year the Committee shall organise or nominate a Championship Marathon Race.
 - a. The course must be typical of present courses.
 - b. The Executive shall define the classes for the Championship race.
 - c. The winner of these classes shall be considered the National Marathon Racing Champion in the respective spheres.
12. The Treasurer shall keep such books of account as the full Committee shall instruct and produce annual accounts for approval.

Part B - Rules for Competition - Commencing January 1974

1. A Marathon Race is a race over 10 Km for men or 3 Km for juniors and ladies.
 2. Competitors shall race in a fair manner.
 3. The following designs of boat are recognised specially and referred to by name in subsequent rules:
 - K1 International Racing Singles Kayak, as per I.C.F. regulations. (Currently 520cm x 51cm x 12 Kg.)
 - K2 International Racing Doubles Kayak, as per I.C.F. regulations. (Currently 650cm x 55cm x 18 Kg.)
 - Class 3 Singles Kayak of length not greater than 15 ft. beam not less than 23 ins.
 - Class 4 Doubles Kayak of length not greater than 18 ft. beam not less than 24 ins. and waterline beam not less than 21 ins.
- In classes 3 and 4 the following apply:
- i The maximum length shall exclude a rudder where fitted, provided that the rudder is not greater than 1 in. thick at any point which is immersed when the kayak is floating on its LWL.

- ii Transverse and longitudinal sections of the hull shall be convex and uninterrupted.
- iii In class 4 the gunwale and waterline beams shall be measured within 1'6" of the mid point of the kayak. "Waterline beam" is to be taken as the beam measured at 4" above the bottom of the kayak. Measurements are to be taken as though any rubbing strakes or keel strips were absent.
- iv In class 4 the distance between the front of the front seat when at its most forward fixture, and the front of the rear seat, when at its most rearward fixture, shall not exceed 6 ft.

Espada Singles Kayak registered with the Espada Racing Committee. (The Espada is a fixed design of K1.)

Propulsion shall be by paddle only, the paddle being supported solely by the hands.

4. A list of paddlers of high quality, known as Senior A list, shall be maintained. Paddlers shall be entered in and removed from this list at the discretion of the Executive.

5. The following classes of event shall be recognised specially:

- i. K1 and K2 boats:
 - Classes 1a and 2a - any paddlers
 - classes 1s and 2s - any paddlers not on the Senior A list
 - Classes 1b and 2b - Any paddlers who are under 18 on the first day of the year and are not on the Senior A list
 - Classes 1c and 2c - Ladies
- ii Class 3 and 4 boats:
 - Classes 3a and 4a - paddlers not on the Senior A list
 - Classes 3b and 4b - paddlers under 18 years on the first day of the year and who are not on a Senior A list
 - Classes 3c and 4c - Ladies

In all the above classes competitors must be over 14 years of age.

- iii Espada boats:
 - Classes a, b and c - for boys and girls as laid down by the Espada Racing Committee. (Currently A: 11-13, B: under 15, C: under 17 years of age.)

Mixed crews are allowed in all doubles events except the National Championships. Such a crew may not race in any class from which either member is barred.

6. The organiser of a race may apply for that race to be registered and unless there are very good reasons for refusal, the Committee shall accept the registration of any race and may charge a small registration fee. The organising body must be affiliated to the Union. Such registered races may advertise through the Union and may appeal through the Committee in cases of dispute

or difficulty. Registration shall be the minimum requirement for a race to be recognised.

7. The organiser of a Marathon race may apply for 'ranking status' for that race. Ranking races shall be run with a reasonable degree of organisation. They shall be properly advertised. Adequate pre-race instruction shall be made available in adequate time. Properly documented results shall be sent to all competitors and to the Committee. Ranking races shall normally include events in a reasonable number of recognised classes, but races for single classes and other special races shall still be eligible for ranking status.

In addition to the privileges accorded to registered races, ranking races shall have much closer liason with the Committee. Their dates shall be arranged so as to avoid unfortunate clashes of time and location.

Ranking status shall be awarded by the full Committee on the basis that a race has been run satisfactorily before by the same organisation over essentially the same course. A fee shall be payable by the organiser to the Committee upon registration of the event.

8. Each year a maximum of 8 races shall be accorded the title "Tier 2" by the Executive Committee. Selection races shall be spread over the racing season. Neither any other selection race nor any ranking race may occur on the same day as a selection race. In so far as is possible, selection races shall be spread across the regions.

A very high standard of organisation shall be demanded of these races. They shall provide a forum for top quality racing.

9. Rules relating to ranking races:

- a. A competitor shall number his boat for a race. The number shall be displayed clearly on white discs of not less than 9 ins. dia., one such disc shall be affixed to fore and aft decks.
- b. Events shall be open to amateur canoeists of any nationality.
- c. Competitors may not hang on the washes of powered craft.
- d. In cases where fewer than three crews enter an event, the organiser shall merge that class into the event run for the next most open class. A boys Espada class merges into the Espada class above, or into 1b in the case of Espada C. A girls Espada class merges into the class above, or the corresponding boys Espada class or into 1c.
- e. The organisers of a race shall provide a Protest Committee consisting of four officers or members of that club to hear and settle all protests made by any competitor against another in that event. The following rules will be observed:
 - i The protest must be presented immediately on completion of the racing and before the announcement of the confirmed results. Failure to observe this will invalidate the protest.

- ii The protest must be handed in writing to an officer of the organising body and must give full details of the alleged infringement of the rules.
 - iii The protest committee must meet immediately, and after all the evidence has been heard from all the disputants, the committee shall either dismiss the protest or disqualify the offender.
- f. A protest against an organising body may only be dealt with by the Marathon Committee or Executive. Any such protest must be made immediately and in writing to the Secretary of the Marathon Committee and give full details of the alleged infringement of the rules. The person making the protest must also inform the secretary of the club or body concerned. Failure to comply with these conditions will invalidate the protest.
 - g. Appeals against the decision of a protest committee are permitted and these will be heard by the Marathon Committee.
 - h. Changes of class and late entries shall be permitted if the organiser wishes to permit them. Information regarding late entries and class changes should be available to all competitors.
 - i. Organisers may charge an entry fee for each competitor. This fee may be reduced for juniors or augmented for late entries.
 - j. Organisers shall issue adequate instructions on request up to one month before the event to prospective competitors or interested group leaders. After the race the organisers shall issue complete results sheets to all competitors, who provide stamped addressed envelopes.
 - k. Within 14 days of the race, the organisers shall send two copies of the results sheet and the entry list to each of the Secretary and Treasurer and the Race Records Officer of the Marathon Committee. At the same time any race levy must be sent to the Treasurer.
 - l. Applications for ranking or selection status will normally be called for in the Autumn of the year preceeding the event.
 - m. A competitor must not change boats during a race, but he may change paddles in the event of a breakage.
 - n. Organisers must be affiliated to the Union.
10. Rules pertaining to Selection Races:
- a. Courses must be between 10 and 25 miles for "a" and "s" classes and between 5 and 15 miles for "b" and "c". The events shall be non-stop individual events.
 - b. Races must include events for all the K1 and K2 classes.
 - c. No assistance may be given to ladies at portages except on the specific instructions of a Race Organiser, who may appoint marshalls to assist every lady at a particular portage.

- d. Competitors must be members of the Union, and proof of membership shall be demanded by organisers.
 - e. Organisers shall maintain a high standard of organisation and discipline to ensure good racing in each event.
11. Once each year a British and Open Championship shall be held. It shall include class 1a, 2a, 1b, 2b, 2c and Espada. The winning Britons in these classes shall be the National Champions until the next championship. N.B. Classes 3 and 4 are included within classes 1 and 2, but prizes shall be awarded to the fastest paddlers in these classes
12. In events which carry points, points shall be awarded for each competitor who is a member of the B.C.U. on the following basis:-
- a. If there are fewer than 3 starters in a class paddlers will gain 1 point if they complete the course.
 - b. Ten points to be awarded to the winner, nine points for second, eight for third, down to one for everyone who completes the course.
 - c. The Club gaining the most points will then be allocated 10 points, the next Club 9 and so on down to 1 point for each competing Club.

N.B. In the case of a double kayak, the points are awarded for each member of the crew.

When a competitor is a member of more than one club he shall declare before the 1st March to the Secretary and the Race Records Officer of the Marathon Committee, the name of the Club in whose name he shall race that year.

When a competitor changes his club mid-season, he is permitted to compete for his new Club instead of his old provided that the prior consent of the old Club is obtained. This consent shall not be withheld unreasonably in the case of change of residence from one area to another. The agreed change shall be advised to the Race Records Officer in writing before points can be allocated to the new Club.

13. Safety.
- a. Competitors must render their boats sufficiently buoyant to remain afloat and to support the crew in rough water when capsized.
 - b. Race organisers may require life jackets or buoyancy aids to be worn. Such equipment must be provided by the competitors.
 - c. On open water, adequate spray decks must be worn.
 - d. Competitors must be able to swim adequately in the waters on which the race is held.
 - e. All Espada paddlers and any other paddlers under the age of 16 must wear life jackets or buoyancy aids which conform to the standards of the I.C.F. or S.B.B.N.F., e.g., must have 6 kilos of inherent buoyancy.
14. In the event of circumstances which render it impossible or unsafe to run the race as planned, the organiser may alter

the course or postpone or cancel the race. In such cases the organiser shall take all reasonable steps to inform the competitors and supporters at the earliest possible moment.

15. To aid the description of races, the courses shall be classified as follows:-
"A" shall denote sea, tidal estuary, lake or other open water.
"B" shall denote fresh water rivers and canals. "P" shall denote portages. A numeral following the symbol shall denote the length in miles or the number of portages. Thus for example, "A5B6P7" would denote a race of 5 miles on open water, 6 of close water and 7 portages.
16. In the event of a tie for any B.C.U. trophy an extra race shall be taken into account and this repeated as often as is required to settle the matter. If the matter is still unresolved, the trophy shall be held jointly, the order of inscription being alphabetical, and each party holding it for an equal fraction of the year.
17. All Espada A and Espada girls courses shall not be more than 6 miles in length. If there is no suitable course the classes are not to be run.
18. Competitors, other than Espada classes, are required to send in their entries on a standard entry form which requires the quotation of their B.C.U. number. If this is not done the organiser must enquire the number at the time of checking in. If the number is not forthcoming, no points are to be awarded and no prizes given.

Addendum to Rule 8, Part B;

The Executive Committee of the Marathon Racing Committee has proposed that, with effect from 1977, Tier 2 should disappear from the Marathon Racing calendar as a separate entity, but may be replaced at a later date.

Part C - The Recommendations

These recommendations are intended to guide organisers and others in the interpretation of the Rules for Racing, and in the provision of acceptable races.

1. Do not attempt to run a race without visiting a few to find out how things work.
2. Advance information sent to competitors and Clubs should at least set out the following details:-
 - a. Name, date and status of race.
 - b. Name of organising body.
 - c. Closing date for entries and whether or not late entries will be accepted.
 - d. Address to which entries and enquiries should be sent, and if possible a corresponding telephone number.
 - e. Entry fees, and the name of an account to which they are payable.

- f. Locations of start and finish and directions for getting to these places.
 - g. Times of start and closure of checking in.
 - h. Brief description of the course, sufficient to give a newcomer a general picture of the type of course and a warning of any details of the course that he should inspect in advance.
 - i. Any special regulations that the competitor should be aware of before he arrives.
 - j. Any major changes since the previous year.
2. The ultimate disaster is to get confused over the results, and with a hundred or so boats milling about this is all too easy. The following points are of great importance.
- a. Every boat should be inspected at the check-in to ensure that it is numbered clearly, correctly and durably. Check that water soluble ink has not been used. Although it is the competitors responsibility to number his boat, it is your responsibility to ensure that he has done it. One way of doing this is to demand that the boat be presented with clean number discs and to number them yourself, not revealing the number in advance. It is human nature that some competitors will fail in this responsibility. Have with you the wherewithall to number boats and use it when occasion demands.
 - b. Record the time of the start of each event.
 - c. Record the finish of every boat as it occurs. At least you will then know in what order boats finished. Have one person with a pad of paper, with each sheet numbered in advance so that you will know later if any sheet has been lost. On each sheet number mark ten lines say. When a boat finishes record its number and the time on the next available line of the pad. Never mind the computation and collation at this stage: you will have your hands full enough just recording the finishes correctly. When a page is full, pass it on to someone else to analyse. Ten entries per page is a convenient number. Fewer mean that you have too many pieces of paper; more mean that the analysis is held up waiting for a page to be filled.
 - d. Do not use a system which relies on a set start time. You cannot guarantee starting exactly on the required second.
 - e. Have somewhere out of the wind and rain to analyse the finishing results. Arrange a system for displaying the results as soon as you know them. The thing the competitors want to see quickly is a list of his class in finishing order, giving names and overall times. Other details, such as start and finish times, are essentially irrelevant to him and only clutter up the display.
 - f. After the event is over, buckle to and get the final results sheet sorted out. If you put it off your memory will dim, pieces of paper will get lost, your enthusiasm will wane, and the competitors will get very cross.
4. There may be a wide range of ambitions present at a race. Some people go for a pleasant paddle, some with Olympic hopes. Try

not to let them stumble over each other. Both parties are cross when a fast crew is confronted by a slow crew blocking critical portage. Let the fast classes start first. The order of speed is roughly 2a, 1a, 2s, 1s, 2b, 1b, 4a, 3a, 2c, 1c, 4b, 3b, 4c, 3c, Espada c, b, a. Local conditions, variations of course for different classes and the advisability of starting classes together should all be considered when arranging the starting order.

5. A clean start is important, and difficult to achieve. Most people can start the juniors in good order, but a strong personality is needed to keep the seniors in order. The starter must never lose control of the start, either through physical inability to make himself heard or through weakness of will. Preferably get an experienced racer to start your race. Supply him with an adequate megaphone.

Massed starts are good value for bull fighting addicts, but can be bad for competitors. Do not start classes together if it means overcrowding the start line.

Do not let yourself be bullied by the competitors. They often try out the strength of the starter while waiting on the line. In the very last resort you can disqualify on the spot. On the other hand, do not keep competitors hanging around unnecessarily. They are often nervous before a race, they may be getting cold or just plain bored. In fast water or wind it is often difficult for them to hold their positions. If you have got them into a fair line, then start them without further ado. A recommended formula is "Are you ready? Go!" If you have to rush through this because the competitors are already going, then you have failed.

6. Ensure that the course is clearly marked at all points where there could be doubt. Marshalls should be positioned at turning points and should tick off numbers on a check list. It is desirable to post marshalls at portages and shoals. The marshall should keep the passage clear for competitors, keep spectators and competitors off forbidden land, and report any misdemeanors to the central control. A marshall's directions should override any prior instructions. A marshall must be clearly identifiable.
7. Signify a crossing of the finishing line aurally by bell, whistle, or some such device. Mark the finish clearly. It is not always obvious to the paddler exactly where the finishing line is, particularly since he may be exhausted.
8. It is customary to deliver a briefing shortly before a race. This is the time to explain the starting procedure and order, to describe any special features of the course and to emphasise any special regulations.
9. Safety measures are largely at the discretion of the organiser, since adequate measures vary considerably with course and conditions. Unnecessary precautions are wasteful and irksome, but inadequate precautions can lead to disaster. A senior paddler on inland water seldom needs a life jacket, but for an Espada A paddler it is a stipulation. On open sea it is probably wise to insist on buoyancy aids for all. On open water rescue boats are very important. It does not take

long to paddle half a mile out to sea, but it takes a long time to swim back, especially in cold water. A weir may be trivial to a fresh paddler, but a different story to one who just raced fifteen miles. It is sometimes a good idea to place frogmen below a weir to pull people and equipment out as they drift past, but make sure that the rescuers are competent. An incompetent rescue can be more of a hinderance than a help.

An important precaution is ensuring that no-one is stranded or lost halfway round the course. On open sea races, it is important to account for everyone; on calm rivers it is usually sufficient to have a back marker paddle over the course at the tail of the race.

10. Accept entries presented in letter form or even by telephone, but supply entry forms on request and with the initial information.
11. Results sheets should be arranged by class in finishing order. They should include position, name, club, race number and points for each entry. Totals of points scored by Clubs should also be included.
12. It is recommended that a "Veterans" class is included and run with senior classes. The qualification is a paddler over the age of 40 and not a senior A paddler. Class only to be held if there are 3 or more crews. In the case of K2s both paddlers must qualify by age.

SUPPORT MARATHON RACING
WITH
"MORE PADDLE POWER"

From Espada A to Veteran there's "Sport for All"

RACE REGULARLY

THE MARATHON RACING COMMITTEE AWARDS

1 9 7 6

Ron Rhodes Trophy

This trophy is awarded to the Senior K1 paddler who has the most wins at the end of a season unless he was either 1st, 2nd or 3rd in the trophy placings in the previous three years.

Previous Winners:

1971 - D. Smith
1972 - T. Fieldus
1973 - K. Topham
1974 - G. Truelove
1975 - R. Haynes
1976 - K. Owen - Bradford on Avon R.C.

David Shankland Trophy

This trophy is presented to the lady with the most single wins in a season.

Previous Winners:

1971 - H. Woodhouse
1972 - S. Burnett
1973 - S. Wright
1974 - S. Burnett
1975 - K. Nadal
1976 - L. Perrett - Reading & Leighton Park

Barber Trophy

This trophy is presented to the young paddler with most Espada wins in any Espada class in a season.

Previous Winners:

1975 - S. Missen
1976 - D. Swaffield - Aylesbury

National Championships
1977 Team Prize

A team prize will be presented to the Club or Nation with the three fastest times in Senior K1 and K2 classes.

Strand Champions 1977

This year there will be no Tier 2 races, although Tier 2 rules will be left in the constitution.

Instead, the paddlers who accrue the most points in each class on the Hasler basis at the Tier 3 races listed below will receive a cup and be known as Strand Champions.

The cups will be given to Espada and K1 classes in Senior, Junior, Ladies and Espada A, B and C, boys and girls.

6th March - Gailey
17th April - Leamington
24th April - Lee and Stort
8th May - Bedford - St. Neots
15th May - Reading
5th June - Loch Lubnaig
24th July - Three Harbours
7th August - Waveney Valley

The cups will be awarded to the winners at the National Championship weekend.

HASLER TROPHY

For Long Distance Racing between Clubs in Annual Competition
under the Auspices of the British Canoe Union

This trophy was presented by Lloyds Underwriters to commemorate the raid up the Gironde River in December 1942 by ten Royal Marines led by Lt. Col. H. G. Hasler, D.S.O., O.B.E., R.M. in five two-man canoes to destroy enemy shipping at Bordeaux. There were only two survivors.

Previous Winners:

1957	Canoe Touring Club	1967	Lincoln C.C.
1958	Richmond C.C.	1968	Harlow
1959	Royal Leamington Spa C.C.	1969	Richmond C.C.
1960	Royal Leamington Spa C.C.	1970	Richmond C.C.
1961	Worcester C.C.	1971	Richmond C.C.
1962	Worcester C.C.	1972	Wey K.C.
1963	R.C.C.	1973	Nottingham K.C.
1964	Lincoln C.C.	1974	Nottingham K.C.
1965	Lincoln C.C.	1975	Nottingham K.C.
1966	Lincoln C.C.	1976	Reading & Leighton Park C.C.

<u>1976</u>	1st	Leighton Park	80	(136)
	2nd	Nottingham K.C.	80	(134)
	3rd	Bradford on Avon K.C.	73	
	4th	Richmond C.C.	71	
	5th	Harlow O.P.C.	68	
	6th	Royal C.C.	64	
	7th	Lichfield C.C.	63	
	8th	Wey K.C.	63	
	9th	Aylesbury C.C.	49	
	10th	Brentwood School	38	
	11th	Waveney Valley CC	34	
	12th	Gailey C.C.	28	
	13th	Chelmsford B.C.	25	
	14th	Newham C.C.	24	
	15th	Westel C.C.	22	
	16th	R.N.K.A.	17	

Approximately 140 Clubs took part in 22 Tier 3 races and 8 Tier 2 races.

The largest entries

Tier 4 - Exe Descent	- 300 paddlers
Tier 3 - Southdown	- 226 paddlers
Tier 2 - Reading	- 179 paddlers

The Hottest Race Poole Harbour - 94°

1976 OPEN AND NATIONAL MARATHON CHAMPIONSHIPSSENIOR K1

1.	N. Mason	Nottingham K.C.	1.56.45
2.	B. Greenham	Leighton Park School	1.57.50
3.	D. Haynes	Royal C.C.	1.58.15
4.	I. White	Sussex Police	1.58.17
5.	T. Cornish	Richmond	1.58.22
6.	E. Farrell	Royal C.C.	1.58.27
7.	R. Harding	Nottingham K.C.	1.58.47
8.	B. Moore	Worcester C.C.	1.59.37
9.	J. Fowler	Royal C.C.	2.00.05
10.	G. Truelove	Lichfield C.C.	2.00.25
11.	B. Greenaway	Royal C.C.	2.00.45
12.	S. Brown	Nottingham K.C.	2.01.01
13.	B. Kidston	Army Canoe Union	2.01.10
14.	S. Shepherd	Harlow C.C.	2.02.04
15.	T. Epps	Waveney Valley C.C.	2.02.37
16.	D. Phillips	Nottingham K.C.	2.03.50
17.	E. Petersen	Denmark	2.04.13
18.	R. Haynes	Riverside C.C.	2.04.35
19.	K. Owen	Bradford Upon Avon C.C.	2.05.35
20.	K. Coleman	Richmond C.C.	2.06.02
21.	S. Peake	Bradford Upon Avon C.C.	2.06.14
22.	B. Perrett	Leighton Park School	2.06.52
23.	M. Sheriff	Wey K.C.	2.07.03
24.	R. Story	Leighton Park School	2.08.47
25.	R. Belcher	Wey K.C.	2.08.49
26.	M. Kirschner	Bradford Upon Avon C.C.	2.08.52
27.	K. Topham	Leighton Park School	2.08.57
28.	A. Wheeler	Army Canoe Union	2.09.20
29.	B. Collins	Wey K.C.	2.09.32
30.	G. Webster	R.A.F. C.C.	2.10.03
31.	A. Stoneley	Cambridge C.C.	2.10.04
32.	B. Russell	Harlow C.C.	2.11.25
33.	T. Gould	Newbury C.C.	2.15.00
34.	G. Rowell	R.N. K.A.	2.15.14
35.	P. Ralph	Bradford Upon Avon C.C.	2.16.40
36.	G. Bainbridge	1st Kendal Scouts	2.17.51
37.	P. Watson	Bradford Upon Avon C.C.	2.18.25
38.	A. Howard	Wey K.C.	2.18.38
39.	Fisher	Army Canoe Union	2.19.17
40.	B. Smith	R.A.F. C.C.	2.20.18
41.	G. Holmes	Royal C.C.	2.22.32
42.	C. Elsey	Wey K.C.	2.22.45
43.	W. Phelts	R.A.F. C.C.	2.24.07
44.	C. Drew	Bradford upon Avon C.C.	2.24.23
45.	D. Spence	Chelmsford B.C.	2.26.33
46.	B. Carter	Harlow C.C.	2.26.35
47.	K. Kelly	Viking Scouts	2.28.58
48.	M. Powell	Worcester C.C.	2.29.30
49.	R. Gill	Army Canoe Union	2.31.54
50.	R. Dains	Harlow C.C.	2.31.55
51.	Compton	St. Austell C.C.	2.32.27
52.	G. Hill	Wey C.C.	2.33.42
53.	S. Jenkinson	Worcester C.C.	2.35.20
54.	A. Watts	Wey K.C.	2.37.06
55.	Braddon	St. Austell C.C.	2.37.30

Junior K2

1.	Dimmock/Bourne	Nottingham K.C.	1.55.04
2.	West/Ballard	Royal/Lichfield	1.55.08
3.	Smith/Howard	Harlow C.C.	1.55.10
4.	Carov/Vivi	Spain	1.59.50
5.	Kelly/Stilling	Kendell Scouts	1.59.55
6.	Ball/Rose	Nottingham K.C.	2.01.12
7.	Barrell/Drew	R.N. K.A.	2.03.45
8.	Page/Neil	Wey K.C.	2.05.11
9.	Lewis/Gilbert	Brentwood School C.C.	2.05.15
10.	Haynes/Davis	Leighton Park School	2.06.30
11.	Stringer/Flanagan	Lichfield C.C.	2.09.58
12.	Etherton/Burgess	Wey K.C.	2.10.43
13.	Askey/Speck	Army Canoe Union	2.23.32

Ladies K2

1.	Nadal/Money	Nottingham K.C.	1.17.26
2.	Wetherall/Peacock	Richmond C.C.	1.22.45
3.	Lovell/Chandler	Leighton Park School	1.24.12
4.	Payne/Lamb	Nottingham K.C.	1.25.52
5.	Harding/Money	Nottingham K.C.	1.27.45
6.	Burton/Crawley	Harlow C.C.	1.32.35
7.	Collie/Fish	Wey K.C.	1.35.50
8.	Nutting/Martin	Nottingham K.C.	1.40.45
9.	Swaffield/Haynes	Aylesbury C.C.	1.56.05

Under 16 K2

**	1.	Pedro/Ana	Spain	1.15.00	**
	2.	Collett/Gautier	Richmond/Royal	1.16.30	
	3.	Ruskin/Nixon	Harlow C.C.	1.17.25	
	4.	Smith/Rockett	Nottingham K.C.	1.18.05	
	5.	Buttle/Bishton	Bradford Upon Avon C.C.	1.20.25	
	6.	Canham/Ayres	Royal C.C.	1.20.40	
	7.	Bearall/Padday	Leighton Park School	1.23.10	
	8.	Stubbs/Kemp	Fladbury C.C.	1.23.40	
	9.	Scott/Howard	Southwick Scouts	1.24.04	
	10.	Kelly/Kelly	Kendell Scouts	1.25.03	
	11.	Selwood/Upson	Beechen Cliff	1.26.57	
	12.	Fieldus/Mannering	Wey K.C.	1.28.48	
	13.	Chapman/Kirby	Kendell Scouts	1.30.20	
	14.	Rogers/Kelly	Viking Scouts	1.31.45	
	15.	Currell/Borman	St. Austell C.C.	1.32.36	
	16.	Bridges/Goodhew	Medway	1.34.30	
	17.	Walshaw/Marshall	Brentwood School C.C.	1.35.18	
	18.	Lancaster/Butler	Leighton Park School	1.37.18	
	19.	Edwards/Moulson	Hull C.C.	1.40.20	

** Disqualified - for not wearing lifejacket or buoyancy aid to BCU specification

Senior K2

1.	Williams/Fowler	Royal C.C.	1.47.15
2.	Mason/Brown	Nottingham K.C.	1.47.37
3.	Fieldus/White	Wey K.C.	1.48.37
4.	Nutting/Harding	Nottingham K.C.	1.49.15
5.	Carou/Vivi	Spain	1.49.49
6.	Cornish/Truelove	Lichfield C.C.	1.50.45

7.	Haynes/Williams	Royal C.C.	1.50.50
8.	Perrett/Greenham	Leighton Park School	1.51.00
9.	Sherriff/Sherriff	Wey K.C.	1.51.01
10.	Hambrey/Moore	Worcester C.C.	1.51.02
11.	Oliver/Squire	Nottingham K.C.	1.51.19
12.	Haynes/Owen	Riverside/ROARC	1.51.53
13.	Russell/Shepherd	Harlow C.C.	1.51.54
14.	Speaight/Phillips	Nottingham K.C.	1.51.57
15.	Greenaway/Hancock	Royal/Richmond C.C.	1.52.38
16.	Pederson/Neilsen	Denmark	1.52.40
17.	Epps/Torham	Waveney Valley C.C.	1.53.45
18.	Suso/Labra	Spain	1.53.35
19.	Kirschner/Pruchas	Bradford Upon Avon C.C.	1.57.32
20.	Beake/Watson	Bradford Upon Avon C.C.	1.57.42
21.	Collins/Grimes	Wey/Richmond	2.00.05
22.	Fisher/Davis	Army Canoe Union	2.00.30
23.	Coleman/Collinson	Richmond C.C.	2.01.20
24.	Freeman/Beardall	Way K.C.	2.01.50
25.	Drew/Kinsey	Bradford Upon Avon C.C.	2.01.55
26.	Gould/Brown	Newbury C.C.	2.02.40
27.	Weatherall/Gorman	Royal C.C.	2.05.70
28.	Stoneley/Green	Cambridge Univ. C.C.	2.07.55
29.	Daines/Carter	Harlow C.C.	2.10.13
30.	Chandler/Lister	R.N. K.A.	2.11.00
31.	Jenkinson/Davis	Worcester C.C.	2.14.00
32.	Grace/Richmond	R.N. K.A.	2.15.25
33.	Kelly/Yeoman	Viking Scouts	2.19.25
34.	Compton/Bradshaw	St. Austell C.C.	2.19.30
35.	Kelly/Edwards	Viking/Longbridge Scouts	2.20.00
36.	Webster/Edwards	R.A.F. C.A.	2.20.20
37.	Leader/Cammidge	Brentwood School C.C.	2.27.55

Junior K1

1.	C. Ballard	Lichfield C.C.	2.02.50
2.	G. Bourne	Chelmsford B.C.	2.04.18
3.	J. West	Royal C.C.	2.04.19
4.	J. Ball	Nottingham K.C.	2.04.20
5.	A. Kelly	Kendell Scouts	2.07.35
6.	Parga	Spain	2.08.08
7.	A. Haynes	Leighton Park School	2.08.28
8.	J. Stilling	Kendell Scouts	2.08.52
9.	P. Dimmick	Nottingham K.C.	2.10.15
10.	M. Davis	Leighton Park School	2.10.16
11.	B. O'Neil	Wey K.C.	2.12.00
12.	J. Nixon	Waverley Valley C.C.	2.13.20
13.	Barrell	R.N. K.A.	2.14.20
14.	S. Nissen	Bradford Upon Avon C.C.	2.14.21
15.	G. Burgess	Martlets C.C.	2.14.38
16.	D. Smith	Harlow C.C.	2.17.10
17.	N. Gilbert	Brentwood School C.C.	2.17.20
18.	C. Lewis	Brentwood School C.C.	2.18.45
19.	M. Flannagan	Lichfield C.C.	2.19.50
20.	C. Shepherd	Shoreham Scouts	2.20.00
21.	J. Wingfield	Millfield School C.C.	2.20.30
22.	Speck	Army Canoe Union	2.27.55

Ladies K1

1.	C. Haynes	Royal C.C.	1.25.07
2.	F. Weatherall	Royal C.C.	1.26.12
3.	H. Money	Nottingham K.C.	1.27.20

4.	K. Nadal	Nottingham K.C.	1.28.23
5.	K. Chandler	R.N. K.A.	1.28.45
6.	L. Perrett	Leighton Park School	1.30.48
7.	K. Payne	Nottingham K.C.	1.33.00
8.	W. Capham	Richmond C.C.	1.34.48
9.	J. Young	Nottingham K.C.	1.36.15
10.	D. Edwards	Longbridge C.C.	1.40.15
11.	C. Martin	Nottingham K.C.	1.41.33
12.	A. Lockett	R.A.F. C.C.	1.46.49
13.	P. Collie	Wey K.C.	1.47.57

Boys Espada/C

1.	R. Drew	Bradford on Avon	1.26.10
2.	G. Stringer	Lichfield C.C.	1.28.20
3.	A. Kirby	Kendell Scouts	1.34.42
4.	C. Clayton	Worcester C.C.	1.34.44
5.	R. Foulks	Nottingham K.C.	1.34.50
6.	A. Beckett	Aylesbury C.C.	1.39.00
7.	H. McLaine	Forton Scouts	1.45.20
8.	G. Grayfield	Forton Scouts	2.17.35

Boys Espada/B

1.	C. Collett	Richmond C.C.	1.23.40
2.	B. Swafield	Aylesbury C.C.	1.23.43
3.	D. Nixon	Waverley Valley C.C.	1.24.45
4.	C. Smith	Nottingham K.C.	1.25.08
5.	N. Rockett	Nottingham K.C.	1.25.41
6.	H. Beardall	Leighton Park School	1.25.42
7.	M. Kemp	Fladbury C.C.	1.28.21
8.	K. Rogers	Royal C.C.	1.28.22
9.	K. Warner	Aylesbury C.C.	1.29.00
10.	K. Scott	Southwick Scouts	1.29.18
11.	J. Stubbs	Fladbury C.C.	1.29.50
12.	R. Ayres	Royal C.C.	1.30.57
13.	Hedgerow	Spain	1.32.00
14.	M. Walshaw	Forton Scouts	1.32.25
15.	B. Kelly	Kendell Scouts	1.32.55
16.	P. Lancaster	Leighton Park School	1.33.02
17.	R. Buttle	Bradford upon Avon	1.33.03
18.	Ana	Spain	1.33.06
19.	N. Kirby	Kendell Scouts	1.33.07
20.	M. Howard	Horsham Scouts	1.33.35
21.	D. Foley	Fladbury C.C.	1.34.18
22.	R. Jones	Fladbury C.C.	1.34.20
23.	R. Heedham	Southwick Scouts	1.34.46
24.	H. Edwards	Willerby Scouts	1.37.03
25.	P. Butler	Leighton Park School	1.37.20
26.	J. Russi	Harlow C.C.	1.38.00
27.	T. Hillsdon	Aylesbury C.C.	1.42.25
28.	R. Bourman	St. Austell C.C.	1.46.45
29.	C. Watson	Fladbury C.C.	1.49.12
30.	T. Wicks	Forton Scouts	1.56.06

Boys Espada/A

1.	C. Canham	Royal C.C.	50.15
2.	B. Upson	Royal C.C.	51.03
3.	K. Sailsbury	Reading C.C.	51.22
4.	S. Lakin	Gailey C.C.	51.33

5.	D. Mannering	Wey K.C.	53.27
6.	S. Train	Fladbury C.C.	53.48
7.	J. Kelly	Kendell Scouts	54.33
8.	P. Cocker	Kings Norton Scouts	55.42
9.	Correll	St. Austell C.C.	56.02
10.	G. Sellwood	Beechen Cliff School	56.20
11.	R. Fieldus	Wey K.C.	56.50
12.	R. Lucas	Gailey C.C.	57.25
13.	M. Lishman	Kendell Scouts	58.10
14.	P. Howard	Horsham Scouts	58.25
15.	S. Newbury	Gailey C.C.	1.00.28
16.	A. Dawson	Forton Scouts	1.01.03
17.	A. Train	Fladbury C.C.	1.01.59
18.	D. Eskham	Gailey C.C.	1.03.07
19.	M. Lloyd	Fladbury C.C.	1.03.38
20.	M. Edwards	Willerby Scouts	1.04.01
21.	D. Norris	Fladbury C.C.	1.07.13
22.	Pearce	St. Austell C.C.	1.11.04
23.	S. Sturgess	Forton Scouts	1.15.50

Girls Espada/C

1.	J. Harding	Nottingham K.C.	55.18
2.	I. Lamb	Leighton Park School	55.20
3.	M. Duggan	Millfield School C.C.	1.16.52

Girls Espada/B

1.	K. McNey	Nottingham K.C.	56.35
2.	A. Crawley	Harlow C.C.	58.30
3.	L. Burton	Harlow C.C.	1.01.00
4.	J. Butting	Nottingham K.C.	1.08.34
5.	M. Clarke	Wey K.C.	1.11.50

Girls Espada/A

1.	J. Fish	Hove C.C.	1.02.18
2.	A. Craske	Faldbury C.C.	1.05.33
3.	C. Heaes	Aylesbury C.C.	1.12.00
4.	J. Collie	Wey K.C.	1.25.50

SEE YOU AT THE
NATIONAL MARATHON RACING CHAMPIONSHIPS
AND THE JUBILEE INTERNATIONAL MARATHON RACE

RIVER TRENT — NOTTINGHAM
AUG 27 — 29 1977

INTERNATIONAL MARATHON RACE RESULTS 1976

Amsterdam

Senior K1 - 1st Eric Farrell 2nd Steve Brown 3rd Norman Mason 6th Graham Truelove 8th Trevor Hunter	Senior K2 - 2nd Mason/Brown 3rd Farrell/Hunter 5th Story/Truelove
Junior K2 - 1st Bourne/Dimmock 2nd Hatton/allinson	Ladies K1 - 2nd Kath Nadal 3rd Lucy Perrett
Ladies K2 - 1st Nadal/Money 2nd Perrett/Lovell	Junior K1 - 1st Grayson Bourne 2nd Paul Dimmock 3rd John Hatton 4th Patrick Allinson

Norway - International Notteroy Rundt

Senior K2 - 2nd Story/Greenham	Junior K1 - 2nd J. West 5th J. Ball
Senior K1 - 1st P. Nutting 2nd P. Gorman 4th R. Harding	Ladies K1 - 3rd C. Haynes

Larvik Race

Senior K1 - 1st P. Nutting 2nd P. Gorman 3rd R. Harding	Junior K1 - 2nd J. West 3rd J. Ball
Senior K2 - 1st R. Story/Greenham 2nd Greenaway/Russell	Ladies K1 - 1st C. Haynes

Svelvik Race

Senior K1 - 1st P. Nutting 3rd B. Greenham 4th P. Gorman 5th R. Harding	Junior K1 - 2nd J. West 3rd J. Ball
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Spain - Sella

Senior K1 - 1st T. Cornish 2nd S. Shepard	Senior K2 - 6th Nutting/Harding
Junior K2 - 4th Smith/Howard	Ladies K2 - 1st Nadal/Money
Non-team entrants - Ladies K1 - 2nd L. Perrett 3rd K. Chandler	Team Prize - 3rd

Trasona Sprint

Mens K1 - 2nd B. Greenham	Ladies K1 - 1st L. Perrett 2nd K. Nadal 4th H. Money
Mens K2 - 2nd Story/Greenham	
Kesn K4 - 3rd Cornish/Story/ Harding/Nutting	Team Prize - 2nd and 3rd

Nalon

Senior K2 - 3rd Story/Greenham 4th Nutting/Harding	Senior K1 - 1st S. Shepard 3rd T. Cornish
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Junior K2 - 3rd Smith/Howard

Ladies K2 - 1st Nadal/Money

Villaviscosia

Senior K1 - 1st S. Shepard
3rd T. Cornish

Senior K2 - 2nd Story/Greenham
3rd Nutting/Harding

Junior K2 - 1st Smith/Howard

Cares Deva

Junior K2 - 1st Smith/Howard
(first overall)

Senior K1 - 1st T. Cornish
2nd C. Gray (coach)
3rd S. Shepard

Pilona

Senior K1 - 3rd C. Gray
4th B. Story
8th T. Cornish

Ireland

Senior K1 - 1st S. Shepard
4th T. Speight

Senior K2 - 1st Oliver/Squire
4th Notting/Harding

Ladies K1 - 1st K. Chandler
2nd K. Payne

Gudena

Senior K1 - 2nd B. Greenham
6th C. Ballard (1st Jun.)
8th T. Cornish
9th G. Truelove
10th J. West (2nd Junior)

Ladies K2 - 1st Haynes/Perrett

Ladies K1 - 1st L. Perrett
2nd K. Chandler
3rd A. Crawley

Ladies K2 - 1st Nadal/Money

Ladies K1 - 1st L. Perrett
2nd K. Chandler
3rd A. Grawley

Ladies K2 - 1st Nadal/Money

Team prize - 1st

Team prize - 2nd

Junior K2 - 1st Rose/Ballard
3rd Hatton/Allinson

Junior K1 - 3rd J. Ball

Team prize (Nations Trophy) - 1st

Senior K2 - 1st Greenaway/Haynes
(non-team entrants)
5th White/Fieldus

Ladies K1 - P. Goodwin 1st
3rd K. Nadal

BRITISH CANOE UNION - MARATHON RACING COMMITTEE - 1977

<u>CHAIRMAN</u>	Mr. A. Laws	c/o Eagle Star, 7 Mount Ephraim Road, Tunbridge Wells. Tel: 0892 8177
<u>SECRETARY</u>	Mrs. S. Kirschner	34 Upper Regents Park, Bradford-on-Avon, Wiltshire. Tel: 02216 6802
<u>TREASURER</u>	Mr. K. Lovell	74 Reeds Avenue, Early, Reading, Berkshire. Tel: 0734 84561
<u>TEAM MANAGER</u>	Mr. J. Rossiter	6 Birch Avenue, Caterham, Surrey. Tel: 0883 46631
<u>RACE RECORDS OFFICER</u>	Mr. B. Perrett	4 South Drive, Leighton Park School, Reading, Berkshire. Tel: 0734 860412
<u>COACH</u>	Mr. C. Gray	128 Greythorne Drive, West Bridgford, Nottingham. Tel: 0602 812814
<u>EXECUTIVE MEMBERS</u>	Mr. M. Carvell	7 Beaconsfield Road, Croydon, Surrey. Tel: 01 684 4749
	Mr. J. Fowler	31 Kechill Gardens, Hayes, Bromley, Kent. Tel: 01 462 2116
	Mr. B. Greenaway	214a Battersea Park Road, London SW11
	Mr. M. Kirschner	34 Upper Regents Park, Bradford-on-Avon, Wiltshire. Tel: 02216 6802
	Mr. G. Oliver	11 Holmfield, Off Brookview Drive, Keyworth, Nottingham. Tel: Plumtree 3491
	Mr. R. Russell	Harlow O.P.C., Burnt Mill Lane, Harlow, Essex. Tel: 0279 32031

For any information, please do not hesitate to telephone or write to any of the above members.

THE MARATHON RACING COMMITTEE

LIST OF SENIOR 'A' NOMINATED PADDLERS FOR 1977

Alan Williams A.	ROM	Avery R.	RIC
Ballard C.	LIC	Belcher R.	WEY
Bourne G.	CHE	Brown S.	NOT
Burr J.	LIC	Butt J.	WEY
Cook D.	RIV	Cornish T.	ROY
Day J.	WAV	Dimmock P.	NOT
Dyer H.	RIV	Edwards A.	WOR
Epps T.	WAV	Evans	1 PAR
Farrell E.	ROY	Fieldus A.	WEY
Fieldus T.	WEY	Fowler J.	ROY
Freeman J.	WEY	Freestone J.	NOR
Gorman P.	ROY	Greenaway B.	ROY
Greenham B.	RLP	Greville-Giddings M.	ROY
Handyside	RIC	Hambrey L.	WOR
Hancock S.	RIC	Harding O.	RE
Harding R.	NOT	Haskey A.	RE
Haynes B.	ROY	Haynes R.	RIV
Hubbard	NOT	Hunter T.	ROY
Hunter D.	BIR	Jackson N.	GRA
Kidson B.	1 PAR	Kinch R.	RLP
Kolar G.	RIC	Lawrence D.	ROY
Machin W.	LIC	MacKereth G.	GRA
Mikhail M.	WEY	Mason N.	NOT
Moore D.	WOR	Nutting P.	NOT
Oliver G.	NOT	Oliver L.	LIN
Owen K.	BOA	Parnham D.	RIC
Sadler S.	RLP	Sheppard S.	HAR
Sherriff A.	WEY	Sherriff M.	WEY
Speight T.	NOT	Story R.	RSIG
Tilford	ROY	Topham K.	RLP
Truelove G.	LIC	West J.	ROY
Wetherall T.	RIC	White I.	SXP
Williams A.	RE		

Those paddlers who were Senior A in the 1976 season, but are not on this list were regarded by the Executive as no longer being of Senior A standard, or have not competed during the last two seasons. Similarly, some promotions have also been made.

Key:

ROM = Royal Marines C.F.	RIC = Richmond C.C.
LIC = Lichfield C.C.	WEY = Wey K.C.
CHE = Chelmsford C.C.	NOT = Nottingham K.C.
RIV = Riverside C.C.	ROY = Royal C.C.
WAV = Waveney Valley C.C.	WOR = Worcester C.C.
1 PAR = 1st Para Regiment	NOR = Northampton C.C.
RLP = Reading & Leighton Park C.C.	RE = Royal Engineers
BIR = Birmingham University C.C.	GRA = Grappenhall A.C.
LIN = Lincoln C.C.	BOA = Bradford on Avon R.C.
HAR = Harlow O.P.C.	RSIG = Royal Signals
SXP = Sussex Police	

BRITISH CANOE UNION

CANOE MARATHON RACING CALENDAR 1977

<u>Date</u>	<u>Tier 3</u>	<u>Tier 4</u>	<u>Race</u>	<u>Organiser</u>
Feb 13		@	Waterside-Winter Series (1) J&S 15	1
19		@	Windsor J&S 9	2
27		@	Waterside- Winter Series (2) J&S 22	1
Mar 6	@		Gailey JB5½ SB12	3
13		@	Waterside-Winter Series (3) J&S 25	1
20	@		Nottingham	4
27		@	Waterside-Winter Series (4) J&S 35	1
27	@		Maidstone J8 S13½	5
Apr 3	@		Lincoln JB8 SB12	6
8-11		@	Devizes - Westminster J4x31 S125	7
17	@		Leamington	8
17	@		Thames	46
24	@		Lee & Stort	9
24		@	Hull J6 S10½	10
May 1			Regatta	
1		@	8AJ (Scouts & Guides only)	31
7-8	@		Bedford - St. Neots (25th Jubilee)	11
8	@		Rother JB9 SB13	12
14		@	Firsts LD (Scouts & Guides only)	13
15	@		Reading	14
15	@		Southdown	44
21		@	Wey	15
22	@		Poole Harbour	16
29			Regatta	
Jun 5	@		Chelmsford	17
5	@		Loch Lubnaig	18
7		@	Bath	19
12	@		Martlet (Hove)	20
12		@	Medway Lock (Scouts & Guides only)	21
19			Regatta	
26	@		Soar JB10 SB12	22
Jul 2		@	Anglian Youth Series - Harlow J7	9
3	@		Wolverhampton	23
10	@		Exe Circuit	43
16		@	Anglian Youth Series - Harlow J7	9
17		@	Arun (National Scouts & Guides)	45
17	@		Tewkesbury	25
23	@		Richmond K2 Marathon J&S 27	26
24	@		Three Harbours	27
30	@		Royal K1 Marathon	28
Aug 7	@		Waveney Valley J7 sP S12 2P	29
14			Regatta	
21	@		Lichfield	30
27-29	Tier 1		National Championships - Nottingham	9
Sep 4			Tay Marathon - Home International	
11	@		Worthing J&S 11½ Tidal	31
17		@	Anglian Youth Series - Lower Thames	32
18	@		Pangbourne	33
18		@	Adur (Sussex Scouts)	44
24		@	Anglian Youth Series - Sudbury	34
25	@		Bath - Bradford	19
Oct 1	@		Sheffield JB5½ SB10½	35
2		@	Chelmsford Youth Race	36
2	@		Wey	37
9	@		Kennet River	38

Date	Tier 3	Tier 4	Race	Organiser
Oct 16	@		Longridge - Marlow	39
23	@		Avon Descent	40
30	@		Cambridge	41
Nov 16		@	Anglian Youth Series - Final Maldon	42
20		@	Exe Descent	43

For any alterations watch "Canoe Focus". Enquiries to Sue Kirschner, 34 Upper Regents Park, Bradford-on-Avon, Wiltshire. Tel: 02216 6802
 Fixtures for 1978 Calendar to above address as soon as possible.
 Last date for inclusion in Calendar - 30th September 1977.

Organisers

1. K. Donkin 47 Wendon Road, Newbury, Berkshire.
2. D. Capps 28a Grove Road, Windsor, Buckinghamshire.
3. J. A. Squire 124 Gough Street, Willenhall, West Midlands.
4. G. Oliver Nottingham Kayak Club, Trentside, Nottingham.
5. I. Bourne 10 Sunnymead Avenue, Gillingham, Kent.
6. L. Oliver 35 Elm Avenue, Cherry, Willingham, Lincoln.
7. F. C. Bartlett 19 The Chantry, Hillingdon, Middlesex.
8. R. A. Sowman 23 Stanton Walk, The Woodloes, Warwick.
9. B. Russell, Harlow O.P.C., Burnt Mill Lane, Harlow, Essex.
10. J. M. Edwards 137 Carr Lane, Willoughby, Hull, North Humberside
11. J. Lumbis 20 Mickling Close, Bedford.
12. Mrs. D. Norris 21 Osborne Close, Hastings, Sussex.
13. G. H. Shepherd 33 Palmers, Wantage, Oxfordshire.
14. M. Tapscott 15 The Green, Theale, Berkshire.
15. J. Rossiter 6 Birch Avenue, Caterham, Surrey.
16. Canoe LD Organiser, Royal Marines, Hamworthy, Dorset.
17. J. Marriage Budds Farm House, High Wood, Chelmsford, Essex.
18. A. Samuel 2 Ancaster Square, Callender, Perthshire.
19. C. E. Tandy 22 Clarence Place, Bath, Avon.
20. A. Duncan 5 Goldstone Road, Hove, Sussex.
21. K. Hicks 38 Cromer Street, Tonbridge, Kent.
22. E. Porter 15 Kirkstone Drive, Loughborough, Leicestershire.
23. A. Acton 14 Wiscombe Avenue, Penkridge, Stafford.
24. R. Clements 3 Peterkin Road, Norwich.
25. M. R. Blundell Baldwins Farm, Newent, Gloucestershire.
26. Mrs. D. Lawler 93 Chertsey Lane, Staines, Middlesex.
27. 1 Harbour Cottage, Old Bosham, Sussex.
28. B. Greenaway Royal C.C., Trowlock Island, Teddington, Middx.
29. T. Epps 14 Manor Road, Bungay, Suffolk.
30. Mrs. Machin 21 High Range, Lichfield, Staffordshire.
31. N. J. Tricker 70 West Avenue, Worthing, Sussex.
32. P. Riley 33 Toft Avenue, Grays, Essex.
33. D. Looker 24 Thames Avenue, Pangbourne, Berkshire.
34. L. Goddard Leys Farm, Thorpe-le-Sokem, Essex.
35. G. Gregory 9 Clark Grove, Stannington, Sheffield.
36. M. Lewis 75 Tabor Avenue, Chelmsford, Essex.
37. P. Finch 4 Warwick Lane, St. Johns, Woking, Surrey.
38. M. Brown 1 Pentlands, Kintbury, Newbury, Berkshire.
39. P. White Longridge Activity Centre, Quarry Wood Road, Marlow, Buckinghamshire.
40. Canoe Secretary 17 Moor Barton, Neston, Corsham, Wiltshire.
41. Race Organiser Cambridge University C.C., Cambridge.
42. D. Courtman Fairplay House, Wickham, Bishops, Essex.
43. M. Carpenter 52 Wardrew Road, St. Thomas, Exeter, Devon.
44. R. Atkins 49 St. Marys Road, Burgess Hill, Sussex.
45. J. Nuttall 8 Burnham Avenue, Bognor.
46. B. Smith 20 Ashby Avenue, Chessington, Surrey.

SCOTTISH MARATHON RACING PROGRAMME

1977 SEASON

1.	Apr 23	Sea Lock, 8 miles Senior, Junior and Ladies	Loch Etive L.D.
2.	May 15	River, 12 miles Senior, 7 miles Junior and Ladies	River Tweed L.D.
3.	May 21	Inland Lock, 10 miles Senior, 7 miles Junior and Ladies	Loch Lomond L.D.
4.	Jun 5	Inland Lock, 16 miles Senior, 6½ miles Junior and Ladies, Tier 3	Loch Lubnaig L.D.
5.	Jun 12	Sea race, 12 miles Senior, 7 miles Junior and Ladies	Cumbrae Island
6.	Jun 25/26	Sea, sea lock, inland lock, 52 miles Seniors, 32 miles Juniors and Ladies, 2 portages	3 Locks Marathon
7.	Aug 20	Sea race, 10 miles Senior, 7 miles Junior and Ladies	Tail o' The Bank L.D.
8.	Aug 28	Sea race, 10 miles Senior, 6 miles Junior and Ladies	Lappock Rock
9.	Sept 3/4	Inland lock and river, 60 miles Senior, 35 miles Junior and Ladies, optional portages, Home Counties International and Open	Tay Descent Marathon
10.	Sep 25	River, 8 miles Senior, 8 miles Junior and Ladies	River Leven
11.	Oct 9	River, 18 miles Senior, 12 miles Junior and Ladies, optional port. Scottish LD Champs. event	River Tay
12.	Oct 23	River, 12 miles Senior, 10 miles Junior and Ladies, opt. portage	River Clyde
13.	Oct 30	River, 10 miles Senior, 10 miles Junior and Ladies	Lower Tweed

Further Details from:-

<u>Serial No.</u>	<u>Name</u>	<u>Address</u>
1	Secretary	Glasgow University Canoe Club, Stevenson Building, Glasgow
2	David Cuthill	2 Merchiston Bank Avenue, Edinburgh 10
3, 12	Secretary	Strathclyde University Canoe Club, George Street, Glasgow
4	Drew Samuel	Trossachs Canoe & Boat Club, 2 Ancaster Square, Callander, Perthshire
5, 11	David Shaw	Paisley Kayak Club, 24a Thornley Park Ave., Paisley
6	John Turcan	7 Fern Ave. Lenzie, Glasgow
7	Secretary	R.W.S.A.B.C. Esplanade, Greenock
8	William McKinlay	61 Hemphill View, Knockentiber, Kilmarnock, Ayrshire
9	Andrew Morton	34 Roselea Drive, Brightons, Falkirk
10.	Secretary	Clydebank C.C., 8a Ellinger Court, Dalmuir West, Dumbarton
13.	Kenneth Fraser	2 Mansfield Square, Hawick.

THE MARATHON RACING - INTERNATIONAL PROGRAMME

1977 SEASON

The L.D.R. Executive have applied to send teams to five international events. They are in Holland, Norway, Spain, Ireland and Denmark. Paddlers wishing to be considered for the trips must comply with the following conditions:-

- (1) They should apply to the Team Manager, J. Rossiter, by completing an application form.
- (2) They should be prepared to travel and be accommodated in the best interest of the team, under the Team Manager's direction.
- (3) They should be prepared to meet all costs of the trips other than those for travel.
- (4) They should be prepared to accept the Team Coach's directions with regard to training and racing.
- (5) They are requested to wear a Team Blazer on suitable occasions for which a Badge will be supplied.
- (6) They should wear the G.B. Track suit provided, which may be purchased.
- (7) They should paddle in at least two of the Selection races as indicated below, for each event, and in any one specifically indicated *. Both Seniors and Juniors should paddle Senior A.

Holland-Amsterdam

Thur. 14th April - Mon. 18th April.

A team of 12:- 6 Senior, 4 Junior, 2 Ladies
This is a 2 day event with K1 on one day and
K2 on the other.

Selection Races:

In K1 - 20th March - Nottingham
K2 - 27th March - Maidstone *
K1 - 3rd April - Lincoln

Norway-Tongsberg

Approx. dates - Wed. 29th June - Wed. 13th July.
An all round team of 10 K1s.

Selection Races:

22nd May - Poole Harbour
5th June - Loch Lubnaig
12th June - Hove

Spain-Sella etc.

Approx. dates - Mon. 1st Aug. - Wed 17th Aug.
A team of 12 likely to consist of 2 K1s, 2
Senior K2s, 2 Junior K2s and 1 Ladies K2

Selection Races:

26th June - Soar
3rd July - Wolverhampton
17th July - Tewkesbury *

Ireland-Dublin

18th to 21st August
A team of 12 - an all round team in Junior and
Senior K1 and K2 and Ladies K1

Selection Races:

As those for Spain

Denmark-Tour de Gudena 14th - 20th September

A team of 14 - an all round team in Junior and Senior K1 and K2 with Ladies and CIs also considered.

Selection Races:

23rd July - Richmond K2
30th July - Royal K1

Also

an English team will be selected to go to the Scottish Home International - Tay Descent Marathon, approx. dates 1st - 6th September.

60 miles - 2 days for Seniors

40 miles - 2 days for Juniors and Ladies

A team of 10 - an all round team of K1 and K2

Selection Races:

As those for Spain, with Richmond K2 or Royal K1 as necessary

FOCUS ON "FOCUS"

CANOE COACH GIVEN TORCH

Colin Gray from West Bridgford, Nottingham, has received one of sport's most coveted awards, the Torch Trophy which is awarded not to the sportsmen and women who are in the limelight, but to the backroom boys without whom no sport would be possible.

The Torch Trophy Trust was set up with the idea of drawing public attention to the need for organisers, coaches and instructors and to encourage men and women to give voluntary service to sport.



From left to right Bob, Rosie and Colin Gray.

Colin Gray, 32, began canoeing with Leicester University and Worcester Canoe Club in 1963. When he joined Nottingham club in 1965 he started rolling sessions and introduced members to the slalom.

He became a first division paddler and in 1967 secretary of the club. In 1971 he began training for youngsters.

At the same time he introduced instructor training courses that were of benefit not just to the club but to the East Midlands region as a whole.

In the following year he was appointed coach to the BCU's Long Distance Racing Team.

CHANNEL RECORD SMASHED

On September 5 Drew Samuel of the Trossacks C.C. established a new record for single kayak. Drew knocked just over two minutes off the past record which has been held by Dave Shankland for eleven years.

TIME TAKEN:— 3 hr 33 min. 47 sec.

CONDITIONS:— Wind force 4-5 large beam sea.

COURSE:— Shakespere Bay to Wessant (Nr Cap. Griz. Nez).

CANOE USED:— Zepher K1.

READY! GO!

(Thoughts on a Theme by Alan Duncan)

If some of the comments overheard refer to the starts at your Long Distance Races then may I suggest, as an organiser or starter, the following article might be of some help.

The Organiser should appoint an experienced person as Starter and give him an assistant; well before the actual race. Nip down to your proposed start line to make sure that there is room for the 100 odd canoes that have to be launched and sorted into Classes - behind the line!

I hear a cry - Where's the line?

Clearly mark this on both banks and find a bright red jacket or cap for your Starter. It is great spectator sport to start the race on top of weirs, locks or bends, but the race is for the paddler - so at least 100 metres from any obstacle - please!

The day arrives and, as you are a good Organiser, the actual order of start (fastest Classes first!), the start time and the interval between Classes (3 minutes at least) has been on display. Your Starter, at the briefing, has explained the procedure he will follow. Did you remember to check that the loud hailer, gun or throat lozenges are ready and working?

Over to you Mr. Starter!

The paddlers are on the water and your Assistant has the first Class (Senior A K2) waiting 5 metres short of the line. Call the paddlers to come forward slowly and stop them on the line, but only hold them there until you are satisfied that they are happy where they are positioned. When YOU are satisfied with the line-up - "Ready", "Go" - no pause - and if you recall use a different sound signal!

I wish it was that easy - it isn't.

Remember as you are holding the paddlers on the start line it is O.K. when they are facing into the current and very funny to watch the chaos in reverse conditions! Do not be put off by adverse comments and aggression from the paddlers - warn them by name or number that you will disqualify - be decisive - YOU are in CHARGE! Or should be!

Some paddlers do not like to be in the front line at starts, so provided all entries for that Class are facing the right way and are within 5 metres of the line - do not hang about - say the magical words! A perfect line-up at an LD is not essential 'cos at least 5 of the paddlers are not with it!

Now go away and practice on your own awkward Club Members, suggest that they are more unmanageable than normal! Good Luck!

Liminat

THE CHOICE OF
CHAMPIONS

A LIMITED SUPPLY OF THESE SUPERB RACING PADDLES WILL BE
AVAILABLE FROM THE:-

RACING COMMITTEE STAND

at the International Canoe Exhibition on the 26th and 27th Feb 77
AND DURING THE RACING SEASON AT THE:- Holme Pierrepont N.W.S.C.
ON REGATTA WEEKENDS.

Also available in small numbers other makes of racing paddles and
Olympic Appeal jewellery, 'T' shirts and other goodies.

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of World-Wide fame





British Canoe Union

70 Brompton Road London SW3 1DT 01 - 584 9229

Director Gordon Richards MBE

DON'T FORGET!!!

B.C.U. MEMBERSHIP IS A

MUST FOR

COMPETITORS.



RENEW YOUR MEMBERSHIP NOW, IT WILL

SAVE US ALL A LOT OF TROUBLE.

BCU WEALTH WARNING:

A non-member competing costs YOU money. Can you afford it?