

# CANOEING IN BRITAIN

March 1970



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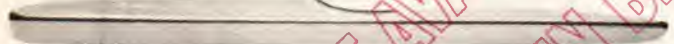
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## CANOEING IN BRITAIN

74

### EDITORIAL

#### Two decades old

It is twenty years since 'Canoeing in Britain' was first published, and eight different calendar years have appeared on its covers under my editorship. During these latter years the format of your magazine has changed three times. Gradually the size has grown and now at last we have the first full-size canoe magazine with a regular full-colour feature. Canoeing is a photogenic sport, and we will publish the best colour photographs available.

Water and light levels were low for the Tees Race II on 18th January so I was not surprised when the colour shots I took of it were somewhat lacking in sparkle. Certainly they did not compare with the exciting transparencies sent in by our readers of which you will be seeing the pick in full colour in the coming months. Keep sending your best photos — we guarantee return.

#### On the Box

A few weeks ago Chris and I were approached by Tyne Tees Television who were interested in "Canoeing in Britain", and the resulting interview showing us at work on this issue, appeared in "Sports time" giving another little boost for the sport.

#### And now, the Crunch

This issue of C in B and the Calendar are NOT being sent to people who have not paid their subscriptions, until they pay up. If you are reading this in someone else's copy, hurry, before supplies run out!

Jack Levison

Enquiries regarding non-receipt of magazine, notification of changes of address and general enquiries should be sent, quoting your membership number, to the General Secretary.

Names and addresses of the principal officers of the British Canoe Union can be found in the B.C.U. Calendar and Directory, on pages 5 and 6.

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Canoeing in Britain is published in March, June, September and December, by the British Canoe Union. Comments, articles, photographs and reports are welcomed, and should arrive by the 10th of the month prior to publication.

Advertisement copy should arrive by 1st of

February, May, August and November for the March, June, September and December issues respectively.

Opinions expressed in this magazine are those of individuals and do not necessarily reflect official B.C.U. policy.

## CALIFORNIA CALLING!

The Pacific surf really is fantastic! We've had a number of storms 2,000 miles away up near Alaska during this winter that pushed huge rollers onto the Californian coast. These pile up over the best surfing beaches to give waves of 20 feet plus. It makes Bude look very tame!

This surf is quite different from the surf in England, actually in that the waves break over the reef and the white water forms a shoulder which moves only slowly along the wave, towards deeper water so that the surfer must move along the wave with the break and can escape it altogether by moving into the deep water at the side of the reef.

These waves are too big to loop in, since if you do get caught in a breaking wave it can really chew you up. Normal slalom canoes are not, therefore, the best type of canoe for this sort of surf, and the people who surf kayaks here have modified existing slalom boats by setting the cockpits right back. This makes it possible to ride the kayak along the wave instead of either pearling or finding the boat climbing the wave and disappearing over the top of it.

The last time I was on the coast, I was coming ashore on a very steep beach, and was waiting to dodge in and miss the dumpers — I was just in time to see the biggest wave of the day towering over me! I knew all was lost and waited for the

● **STOP PRESS — 1970 Canoe Exhibition, Crystal Palace.** Attendance doubled with estimated 5,000 attending. More stands than any previous year, and best ever white water colour film from German TV. Bat Polo proved highly popular spectator sport. Winner of Trylon "Bat" competition was P. G. Rule of Thornton Heath whose guess was only 11lb out. Actual weight of Bat was 21lb 8oz.

● Groups planning to canoe the Spey this year are advised to contact Clive Freshwater, Glenmore Lodge, Aviemore, Inverness-shire, because of possible access difficulties.

● Four members of the Ayrshire K.R.C. share a grant of £100 from the Ayrshire Education Committee to assist them in attending the Olympic Squad courses.

● B.C.U. Membership this month shows an increase of approximately 25% over the same time in 1969.

● Those members who pay their B.C.U. subscriptions by Bankers' Order are asked to instruct their bank NOW to alter the amount payable next November, as given on page 6.

#### ● Bookshelf

*A Lazy Man's Guide to Holidays Afloat 1970.* (3/-, Boat Enquiries Ltd.)

If you are thinking of a holiday afloat, at home or abroad, you need this! Lots of adverts for hiring boats, details of attractions at the popular centres at home and abroad, ferry particulars etc. Packed with information.

Rating \*\*\*\*

by Frank Goodman

crunch. I've never been in so much turbulence in my life, and although I rolled the boat upright I was still under-water . . . which wasn't surprising as the back half of the kayak had been staved in. Every orifice was packed with sand! Most uncomfortable! The canoe was difficult to get ashore, as there was about a hundredweight of sand in that too! So I picked up my broken paddle, put the two separate halves of my kayak in the car and decided it was time to start designing a new kayak to suit the surf. It's an ill wave . . .!

Canoeists here have other problems besides long distances to get to their rivers. The rivers are disappearing at a terrific rate, as engineers, with typical American energy, build dams galore across these high valleys to provide for the ever increasing demands of industry in the lowlands.

In England, canoe clubs and associations are busy trying to get permission to canoe on our meagre supply of rivers, but here, in California, as in other parts of the U.S., the canoeist sees a day in the not-too-distant future when every grade 3 rapid has disappeared under the waters of a man-made lake. Clubs have been joining with other groups interested in conservation to try and prevent the wholesale destruction of these areas, and it seems as though they are acting just in time. One or two victories have been gained, and these have given heart to those who are trying to prevent the ever-increasing encroachment of man into nature.

P.S. I was interested to see that they call a Wiggle Gate an English Gate over here.

#### B.C.U. REGISTER OF CLUB COLOURS

Additions to the club colours register should be sent to the B.C.U. Secretary. Please avoid duplicating an existing design.

**NORTH LONDON C.C.**  
Orange vest with white and blue neck trimming.

**DON VALLEY K.&C.C.**  
Red shirt with two black bands. Paddles red with two diagonal bars.



## Canoeists reject call for 100% full subscription increase

The 34th Annual General Meeting of the British Canoe Union in January firmly resisted a move by Major R. G. Jones to raise the full B.C.U. subscription by 100%. Instead, the Council motion to seek an increase of 10/- in the Full members' rate, bringing it to 25/-, was carried. This brings the B.C.U. more in line with other sporting bodies. Other increases were agreed where the previous rate was uneconomic — Youth members now pay 15/-, Family members 5/- and Clubs 70/-. These rates apply from 1st November this year. Following this, Motion 9 was withdrawn.

Export orders for 'Chrisfilms', worth more than £5,000 have been received by Chris Hawkesworth (Films) from film libraries in Australia.

Negotiations are also well advanced for an exchange of the World Championships film with the Soviet Television Service in Moscow, for their Film of the World Sprint Championships, held in Moscow in August.

The International Canoe Federation is having a stand at the 1970 International Boat Show and Outdoor Life Exhibition in West Berlin from 14-22 March, states the I.C.F. Bulletin. All European Federations have been requested to lend photographs of waterways, pennants, maps and canoe magazines. One complete hall will be devoted to water tourism.

Ottersports have received the Approval of the British Standards Institution for their New Child's Lifejacket, designed for little ones of from 3 to 10 years old. An important feature of a lifejacket is that it can be fastened on so firmly that one cannot slip out of it.



The buoyancy, even when uninflated is over 10 lbs. which will force the child to the surface within a very few seconds. The price: £4 15s. 0d.

Both the Olympic and Touring Class kayaks built by Avoncraft make extensive use of non-corrosive stainless steel cable in the manufacture of the rudder control systems.

The cable is made by P. Ormiston & Sons Ltd. of London W.13, the specialist wire manufacturers.

It is now thirty five years since David Hirschfeld of Tyne Canoes Ltd. first began building folding canoes in this country. Now in his seventieth year, he is still an active canoeist and working regularly at his London workshops.

A number of Kayak Clubs in the South Midlands, East Anglia and South East are to hold the first series of Youth Long Distance races sponsored by Avoncraft.

As a climax to the series, the final event will be a Championship for all classes and age groups. To go forward to the Championships, the first three paddlers from each event and each class qualify. Age groups are:— 12 — 13 years, 14 — 15 years, 16 — 17 years, (age on the 1st January, 1970).

The events will be held at Bedford (17th May), Beccles, Suffolk (14th June), St. Ives, Huntingdon (5th July), Chelmsford, Essex (4th October) and Bedford (18th October). Distances are to be limited to between 6 and 8 miles. Details of events and organisers can be found in the Canoeing Calendar.

Any B.C.U. members wishing to be considered for the British L.D. team travelling to Spain, Denmark and Ireland this year, should write to the L.D. Secretary as soon as possible.

## TRADE REVIEW

An amendment to Motion 1: "That Council be given discretion to arrange the B.C.U. Conference and Exhibition outside London when it shall prove practicable" was carried by 90 votes to 12. Motions 2 and 3 were defeated, and the postal ballot is therefore reprieved.

The meeting was united in its condemnation of trophy holders who do not return them in time to be presented to their new winners, and there are now severe penalties for such omissions, as set out in Motion 4.

Motion 11 was amended to include the figure "18", this being more in line with the current age of attainment of majority.

Holland Park School disappointed this year: compared with its former splendour, it now bears the marks of vandalism and the hall floor had not a trace of polish. The building was rather cold, and during the four hours the meeting lasted, members were grateful of the opportunity to march into the lobbies to record their votes.

A joint Award of Honour was presented to David and Molly Green, retiring this year from the L.D. Executive, and after the presentation of trophies, the International winners shared a bottle of champagne.

John Dudderidge announced to the 140 members who attended that reduced rates will shortly be available on the purchase of lifejackets through the B.C.U.

It is sad to relate that one of the longest connections with Kayak Canoeing was broken by the death of Major Stanley Douglas-Jones, D.S.O., M.C., on the 12th October last year, the Sunday of the Llangollen Town Slalom and only a few miles up river at his home at Glyndyfrdwy.

Major Douglas-Jones was well known to the Manchester and Chester Clubs and to other canoeists who obtained his ready permission to paddle down the section of the Dee below Corwen where he enjoyed his fishing.

His uncle was the renowned John McGregor who started it all over a hundred years ago when he built and introduced to Europe the first double-bladed design of canoe based on the Eskimos' Kayak which he called Rob Roy and with which he toured the rivers of Europe and the Nile.

### What DID he say?

In the B.B.C. 1 programme "Quiz Ball", on Friday, 30th January, one of the questions was "A kayak is used in what sport? It is sad to report that the contestant got the answer wrong... publicity-wise, it seems we still have a long way to go!

### Changes in Film loop prices

Owing to increased laboratory charges the prices of many of our film loops are being increased. The opportunity is however being taken of rationalising the price structure to make the cost for each set proportional to the total length rather than to the number of individual loops contained in the set. It has thus been possible to hold the price for certain of the shorter sets.

The laboratory who prepare our loops are at present installing machinery for making copies in the new "super-8" size and these should be available by mid-February. Lists detailing the new charges are available from: C. M. Rothwell, 21 Windsor Road, Clayton Bridge, Manchester M10 6QQ.



Photo: J. Lloyd

Winter is the season of white water races and also of committee meetings. The slalom committee has approved an increase in slalom and white water event entry fees, which now stand at 8/- for K.1 and C.1 and 12/- for C.2. Team event fees remain as previously. Team events were much discussed and a proposal to adopt a team championship was accepted. Briefly, teams should, as far as possible, remain the same throughout the season. They are not necessarily limited to members of the same club, and points will be awarded on the basis of Div. 1 results only. All boats in the team events must carry 9' white square patches on which the team number must be indicated. The wearing of team bibs will, however, be allowed as an alternative.

A further point from the committee meeting was that all competitors must in future send to their appropriate ranking list compiler their B.C.U. membership card (and a stamped self-addressed envelope) at least before the last slalom of the season. Failure to do so will result in a fine and in relegation. Sadly, this rule had to be introduced as several competitors in 1969 had invented numbers to go on their entry cards. Full information, with the competition rules and the 1970 programme, will be found in the Slalom Year Book, obtainable from the slalom secretary, price 2/6d. Competitors in the 1969 ranking lists, receive a free copy.

One of the worst features of the 1969 season, especially from a newcomer to slalom's point of view, was the lack of novice slaloms, particularly in the South of England. 1970 promises to be a great improvement in this direction. Promotion to 3rd division can now be achieved either by finishing in two recognised novices events in the same season, or by finishing in the first 10% at a single Novice slalom. The whole calendar looks much healthier this year, though there is still room for more novice events and also for restricted slaloms such as Leeds C.C.'s innovation: a Yorkshire championship.

Most people are now anticipating the new slalom season and none more so than the Olympic Training Squad who have been training hard and happily over the winter under the management of Nig Morley, John Fazey and Alan Harber. Great things can be expected from this group. The selection committee have announced that the senior slalom team will be sent to Zwickau (E. Germany) and a junior slalom team and the white water racing specialists to the Silberschild (Dusseldorf), both events being on 9th May. A strong team will also be sent to Merano and Muotatal in June. Selection for these first events will be made after the Grandtully slalom at Easter.

A final point on Canadians. The C.1. class has grown very satisfactorily, but very few crews competed in the C.2 class in 1969 and the standard was not very high. A kayak paddler wanting to have a go in the Canadian classes can now have his ranking status frozen for one full season (but only one season) if he competes during that time in ranking events only in the Canadian classes. Any competitor wishing to take advantage of this ruling should inform the Slalom Secretary before his first slalom of the season.

The C.C.P.R. has arranged a programme of courses at Bisham Abbey, near Marlow, and Plas y Brenin, Snowdonia, for beginners and experts in sprint, slalom, sea and surf, white water, kayak and Canadian. There are courses for Coaches, too. Details from the C.C.P.R., Dept. B, 26 Park Crescent, London W1N 4AJ.

# The Competitor and his Training

(continued from issue No. 71)

The next two items depend to a certain extent upon whether your competition is open or closed. As we are at the moment concentrating upon the closed skill, sprint, we must next pick on:

(c) Training in your canoe. Practising in your canoe is of much more use in open skills and will therefore be dealt with later.

The most important form of training in your canoe is what is usually referred to as Interval Training. Unfortunately, again, the pundits have got hold of it and are apt to use this name for other forms of training, and to embellish the original form with Intermittent Training and to divide it into extra forms which do not really make sense. So let us, for the moment, refer to it as its several different forms.

The first form to practise has not got a name, so far as I know. This is the one in which you set your style. Although I have earlier referred somewhat scathingly to style, a basic style, upon which you build your own style according to your own shape, is very important. To illustrate the point with an absurdity: it is no good learning to paddle a kayak while you are kneeling, or a Canadian while you are sitting. Each type of canoe has a basic, correct position.

At the beginning you perform your basic technique very slowly. As you become more proficient and more certain of it, you can accelerate. The moment it goes to pieces you stop, and start again. Each time you should be able to go a little further and a little faster. When you can not, you are probably getting tired. Stop for the day, and start again tomorrow. Eventually you should be able to maintain your style until you drop. From here on you can begin to develop your own style.

The next form is the true Interval Training. It develops your cardio-respiratory ability (breathing and pulse rate, in plainer English). The idea is to keep your heart working hard — but not too hard — without giving it much time to rest. If your normal, resting pulse rate (just after you wake up in the morning) is, say 70 per minute, you might expect a normal rate when you are working moderately hard of about 120. Working harder, you can push it up to 150, and here you will begin to feel severe pain. Right! In Interval Training you will contrive to maintain your pulse rate at 150, giving yourself a short rest but never allowing your heart to slow down.

One way of calculating your "working" heart rate is this: Take your pulse when you wake up, before you get up. We will say that you find it is 70 beats per minute. (This, in fact, is fairly fast).

Take violent exercise until your muscles really hurt, and get somebody else to take your pulse. This will not be easy to count as it will probably be about 200 or higher.

The differences between 70 and 200 is 130. 60% of 130 is about 78. Add 78 to 70, which is 148. Round it off to 150. Adequately to 'load' yourself with work, therefore, you must get your heart to do 150 beats per minute.

This means that, if you are training alone, without your coach, you will need to be able to take your own pulse rate. The easiest place for you to find your own pulse is just in front of your own ear. Feel about a bit, a little above where you can feel your jaw moving, and you will soon find it.

(to be continued)

## Secret Canoeing Techniques Exposed!

Dear Sir,

Over the years, I have been making a careful study of the secret methods used by the experts to overcome their less-skilful opposition. My skill as a photographer is equal to my expertise in a canoe, and I have taken some extremely interesting pictures of the "stars" in action which I have now decided to release for publication. By studying these "photographs" in detail, any novices reading your magazine will easily acquire these special skills and will soon find themselves at the top of the slalom 7st division.

I make no apologies for publicly exposing these previously top secret techniques, although I realise that by so doing it will give all canoeists an equal chance of winning, and will probably upset the slalom ranking figures for years!

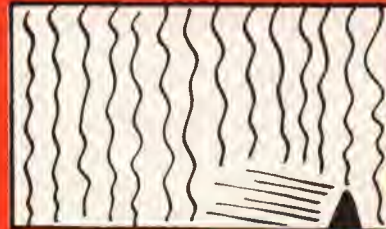
The canoeists who are the subjects of the selection of attached 'photographs' have had it their own way for far too long!

Yours faithfully,

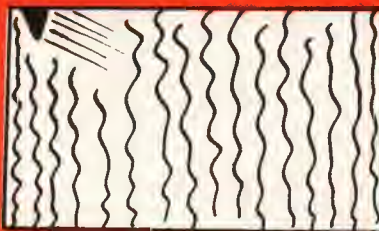
R. H. Goodman, Swan Valley Canoe Club.



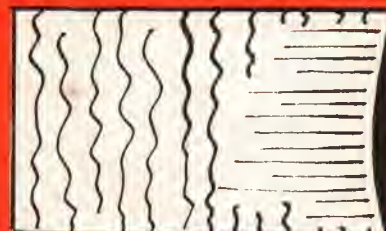
**CUTTING ACROSS IN A STOPPER**  
John Woodhouse - Appletonewick 1966  
Exp. 2 1/2 hours at F 32



**THE FERRY GUIDE**  
Ken Langford - under Langgollen Bridge 1968  
Exp. 1/50th sec. at F 8



**THE REVERSE FERRY GUIDE**  
Keith Wickham - under Langgollen Bridge 1968  
Exp. 1/100th sec. at F 16



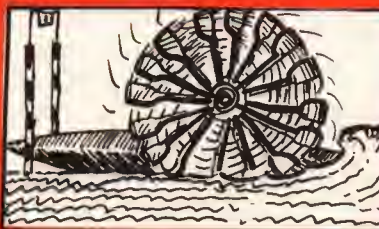
**THE SCULLING DRAWSTROKE**  
Ray Colverley - under Langgollen Bridge 1968  
Exp. 1/25th sec. at F 8



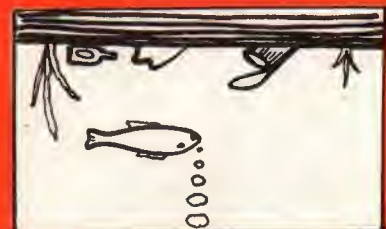
**LOOPING IN SURF**  
Oliver Cock - Bude 1964  
Exp. 1/5 sec. at Adog F



**THE START** (White Water Racing)  
Dave Mitchell - Ewen Test 1965  
Exp. 1/200th sec. at F 8



**THE START** - (Slalom)  
Dave Mitchell - Lunc 1966  
Exp. 1/100th sec. at F 16



**THE ESKIMO ROLL** (Half way Stage)  
John MacLeod - Swinkestone 1964  
Exp. 10 secs. at 50% Effluent



The dash across the sands at the start of the final canoe race at Bude 1969. Photo: I. Hiscock

# SURFING WEEK 1970

*Bude 10-20 September*

*National Canoe Surf Champs. 12-13 September*

The week is to be arranged again so that people who already have experience of canoeing in surf can improve their techniques where surf conditions, organisation of safety precautions, enthusiasm, and free instruction are combined to make this a worthwhile meet.

The Championships have prizes and trophies for the best canoe handler in surf, the fastest canoeist in a straight race, and the most able rescuer. To the Victor Ludorum, we present the Walter Maddocks perpetual Cup for the best all round surf canoeist. The Gala on the same day will include Malibu Board and Surf Ski events plus, we hope, the inclusion of three events to be organised by the Corps of Canoe Life Guards. A Rock Slalom, which was tried out last year will be included, to be completed on Friday, 11th September.

**Eligibility.** All taking part **must** be good swimmers, and should bring their own canoes and equipment. Conditions of acceptance are that all members **must** be able to roll and should have had some previous experience in surf. Canoes **must** be of whitewater design and should be packed to capacity with buoyancy.

It is an absolute necessity that everybody is insured against third party risks while they are at the meet. There will be an opportunity for those not so insured to do so at Bude before they take part. All must read and sign the rules of safety before surfing commences.

**Accommodation.** The camp site will again be at Bude Caravans Ltd., who seem to give us a comfortable welcome each year. Local hotel or caravan accommodation is available for those who prefer it, but such arrangements must be made by those concerned.

The two beaches available to us in Bude, Summerleaze and Crooklets, are patrolled by beach life guards. Free car parking facilities are extended to us at the latter beach and cafes are to be found at both.

**Fees.** The charges are the same as usual.

	B.C.U. members	Non B.C.U.
Adult canoeist (per 24 hours)	3/-	3/6
Junior canoeist (under 19 yrs.) (per 24 hours)	2/-	2/6
All canoeists not camping (per day)	2/-	2/-
Camp followers (per 24 hours) (not small children under 7)	2/-	2/-

These fees will be collected at the camp site or at Crooklets Beach.

The entry fees for the Championship and gala will be 3/- per event. This fee must be given in with the entry form (see BCU Calendar). Entries must be in not later than 30th August, 1970.

## CANOE SAILING

### NATIONAL POINTS COMPETITION The Tritonelle Trophy Results 1969

1st	Shrike 111	Alan Emus	40 points
2nd	Greensleeves	Peter Wells	46 points
3rd	Topsyturvy	Tony Miles	52 points

### I.C.F. STANDARD HULL

The Nethercott design will be adopted as the I.C.F. standard hull for five years from 1st January, 1971.

The shape of the hull below the gunwale will be closely defined by the rules: above the gunwale will be restricted as at present. The sail plan will remain restricted as at present, and will not be 'one-design'. Canoes first measured after 31st December, 1970 must comply with these rules. Canoes measured before this date will continue to be 'in class' and will be eligible for International competition.

Birmingham Canoe Club, primarily a slalom club, have decided to diversify their activities and support canoe sailing. Jeff Stamps has been appointed Sailing Officer with responsibility for the development of this side of canoeing, to be based on Edgbaston Reservoir. Jeff has just completed a new IC and we look forward to seeing Canoe sailing firmly established in the Midlands. Peter Reeve has already shown that slalom types can take readily to sail.

### Warning!

People falsely claiming B.C.U. membership for the purpose of entering a B.C.U. competition shall be excluded from all B.C.U. competitive activities for the following season: further, any results of the year shall be void.



# competition

## DEE RACE I 16 Nov

### K.I. Men.

1. N. Jackson, Grappenhall	84.4
2. J. Leggett, Halifax	84.6
3. C. Skellern, Worcester	88.1

### Ladies.

1. P. Squires, Lenington	88.3
1. G. Goldsmith, Brighton	97.4
2. J. Goodwin, North Staffs Poly.	98.9
3. J. Sibley, Windsor	101.8

### C.2.

1. Goodwin/Court, N. Staffs Poly.	91.8
2. Williams/Allen, Don Valley	95.9
3. Woods/Brown, Midland	100.7

### Teams.

1. Manchester "A"	784
2. Leeds "A"	838
3. Scratch "B"	924

## LEVIN WILD WATER TEST 16 Nov

1. G. Mackereth, Grappenhall	6.08
2. C. Leah, "	7.10
3. P. Woolf, Lakeland	7.15

## YORKSHIRE CHAMPIONSHIPS 29/30 Nov

1. J. MacLeod, Carnegie	118
2. M. Thomas, Leeds	117
3. D. Crolla, St. Hedea	116

### C.1.

1. J. Wilde, Sheffield	63
2. C. Jefferies, Leeds U.	61
3. S. Gillett, Halifax	56

### C.2.

1. Jenkinson/Lydon, Leeds	88
2. Goodwin/Swift, Leeds	85

### Ladies.

1. W. Horne, Leeds	62
2. A. Marshall, Leeds	49

## EVEN WHITE WATER RACE

1. N. Jackson, Grappenhall	33.59
2. J. Leggot, Halifax	34.54
3. M. Thomas, Manchester	35.32

## ROYAL DESIDE WHITE WATER RACE 25 Jan

1. N. Thomas, Manchester	17.14
2. T. Young, Leeds	17.15
3. P. Livesey, Leeds	17.48

### Team event.

1. Leeds 'B' (Thoms/Young/Livesey)	17.33
------------------------------------	-------

### 2. Aberdeen University 'A'

(Pollard/Holgaon/Fisher)	18.44
3. Heriot-Watt University (Siblock/Johnson/Sharples)	20.15

## TEES RACE I 14 Dec

### K.I. Men.

1. N. Jackson, Grappenhall	91.8
2. M. Thomas, Manchester	93.5
3. D. Pawcett, "	93.7

### C.1.

1. G. Goldsmith, Brighton	105.8
2. D. Allen, Don Valley	118.4

### C.2.

1. Allen/Williams, Don Valley	117.8
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## SWALE WHITE WATER RACE 7 Dec

### W.W. Racers.

1. R. Wickham, Sunderland	29.00
2. -. Dawson, Sunderland	33.05
3. -. Hedley, Gateshead	38.05

### Under 18.

1. J. Horsfield, Gateshead	36.00
2. -. Carrctt, Gateshead	38.00
3. -. McMahon, A.P.C. Harrogate	39.00

### Slalom.

1. -. Cornforth, Telemark Club	36.00
2. G. C. Wright, Lakeland	38.00
3. -. Hellawell, Teeside	38.00

## LIPPEY DESCENT 1969

### Senior K.I.

1. R. Scott, S. Africa	1.45.55
2. N. Jackson, Gt. Britain	1.48.14
3. S. Kitson, "	1.53.30

### Junior K.I.

1. C. Tatum, Gt. Britain	1.55.14
2. M. Kennedy, Ireland	1.55.26
3. G. Long, Ireland	1.59.36

### Senior K.2.

1. Van/Heit/Van Riel, S.Africa	1.40.18
2. Lavler/Avery, Gt. Britain	1.41.49
3. Hollier/Baker, "	1.42.45

### Junior K.2.

1. Maclean/Rowe, Ireland	1.50.49
2. Bailey/Martin, Gt. Britain	1.53.11

### Ladies K.I.

1. P. Squires, Gt. Britain	2.00.40
2. J. McCrea, Ireland	2.09.19
3. A. McQuaid, St. Michaels	2.11.55

### Ladies K.2.

1. Orford/Harker, K.C.C.	2.30.39
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### Class 3.

1. J. Leggett, Halifax	1.58.02
2. M. Peeney, Carrick	2.13.25
3. J. Lynch, W.W.	2.17.15

### Class A.

1. Holley/Vesey, Espoir	1.53.16
2. R. Davis, Itchen Valley	1.56.20
3. D. Pawcett, Gt. Britain	2.02.40

## ROYAL DESIDE WHITE WATER RACE 25 Jan

### K.I.

1. M. Thomas, Manchester	17.14
2. T. Young, Leeds	17.15
3. P. Livesey, Leeds	17.48

### Team Event.

1. Leeds 'B'	17.33
2. Aberdeen University 'A'	18.44
3. Heriot-Watt University	20.15

## DEE RACE II 11 Jan

### K.I. Men.

1. N. Jackson, Manchester	87.1
2. R. Calverley, Cambridge U	89.7
3. M. Thomas, Manchester	89.8

### K.I. Ladies.

1. P. Squires, Lenington	96.6
--------------------------	------

### C.1.

1. G. Goldsmith, Brighton	100.2
2. J. Sibley, Windsor	100.8
3. J. Goodwin	102.3

### C.2.

1. Allen/Williams, Don Valley	95.6
2. Brown/Woods, Midland	104.9

### Teams.

1. Manchester 'A'	865
2. Itchen Valley	955
3. Reading 'B'	970

## LEVIN WILD WATER TEST 18 Jan

1. H. Marsden, Lakeland	6.59
2. H. Marsden, "	7.04
3. W. Briden, Works. K.C.	7.13

## TEES RACE II 18 Jan

### K.I.

1. N. Jackson, Grappenhall	82.5
2. T. Young, Leeds	82.6
3. N. Morley, Manchester	83.7

### Ladies.

1. P. Squires, Lenington	91.6
2. A. Keerie, Sunderland	95.5
3. C. Goaling, I.M. Marsh	99.6

### C.1.

1. G. Goldsmith, Brighton	101.0
2. J. Goodwin,	101.7
3. R. Osborne, C.U.C.C.	110.0

### C.2.

1. Allen/Williams, Don Valley	95.6
2. Thornley/P., Bradford Univ.	115.1
3. Walton/Lamb, Sheffield	210.9

## CLUB CHAT

Construction work on the new CHELMSFORD BOATING CLUB headquarters has now been completed with the laying of a 400 feet long concrete path connecting the headquarters to the nearby municipal car park. This resulted in not a few stiff backs!

The Club is now intending to double the size of its boathouse so as to be able to store 80 canoes.

The TELEMAR CANOE CLUB of 24th Signal Regiment, sponsored a non-ranking white water race on the River Swale on 7th December. The conditions of the river and its grading of II-III are ideally suited to the novice and the race itself can provide a useful introduction to White Water racing. A separate class for canoeists under 18 was included and this proved to be a popular move.

Whilst training for the Waterside Winter Series of 14 mile races, Stan Beal of HOVE C.C. supplied the proof that protective clothing is required for winter canoeing. With survival time about 14 mins., Stan came near to blacking out after six duckings in ten minutes; Mick Jackson wearing a wetsuit went over an hour without much effect.



The ROYAL C.C. sailing fleet has increased, and there are several brand new boats, two of which were seen at the National Canoe Exhibition at Crystal Palace. With over 30 new members elected last year and a waiting list already, the future at Teddington looks rosy.

Until five years ago, the Ashby Canal was disused, neglected, weeded and silted up and was of no use to anybody. The ASHBY CANAL ASSOCIATION (a non-profit making organisation) was formed, and now narrow boats are being hired to transport coal from Snarestone to Watford. It is the narrow boats which keep the canals at a proper depth and keep the weeds down.

On Sunday, May 10th, the Ashby Canal Association are holding their Annual Sprint Relay Canoe Race, a distance approximately 21 miles.



Odd quote of 1969, from MANCHESTER C.C. Annual Report:

"The Dee has produced an unusual and undesirable problem this year in that due to members of another club apparently endeavouring to assist a herdsman, we have received a claim for the death of a cow."

## Long distance racing

Sue Partharo



Another good racing season has now finished, with a healthy increase in numbers of participants in all events, and some first class competition too. We look forward to an even better season next year, and personally I am hoping for better response to the ladies' classes. Don't be shy, ladies - if you can paddle eight to ten miles in a reasonable time, have a go and let's see some well supported "c" classes in 1970.

It was good to see racing boats getting an airing at the Boat Show this year. Alan Tullett and the Longridge Scout and Guide Canoe Club put on a novel competition which attracted quite a lot of attention in the "Youth Afloat" section. They had a small pool, in which floated two KIs. Floats were attached to the back of the boats to make them un-capsizable, and the paddles had holes in them so that very little speed could be built up. The canoes were attached to the end of the pool by shock cords. At the end of the pool there was an electrical contact, which lit up each time the bow of the canoe touched it, and the object of the competition was to touch the contact as many times as possible in a given time. Some good prizes were being offered for the best effort each evening. I cannot help thinking that some of those youngsters are going to get a shock, however, if they get the opportunity to try out a KI under normal conditions at some later date!

We report with regret that Players, who sponsored the International L.D. Race last year, have withdrawn their backing this year. Efforts

A reminder of the warmer season's sport - a Danish competitor takes the Liffey Descent rather too literally. Photo: Dave Lewis

to find another sponsor for this event are still going on.

● The revised edition of the Long Distance Racing Rules is now available from the L.D. Secretary.

### ● Wanted - Canoe Instructors

There is a shortage of B.C.U.-qualified leaders and instructors in the Milton Keynes area. A series of courses is proposed for over 17's able to provide their own canoes and equipment. Contact Colin M. W. Kempson, 4 Lilac Close, Newton Longville, Nr. Bletchley, Bucks.

For all impact full colour adverts in

## CANOEING IN BRITAIN

Contact: Chris Vera, 9 Tynbrook Avenue, Harpenden, Hertfordshire. (Hartlepool 66339)

# CANOEING IN THE 1970's

## Two new centres?

Photo: Bill Richmond  
Map courtesy Nottinghamshire County Planning Department.

Last year came the news that the Lea Valley scheme was to be postponed, perhaps for five years, because of technical hydraulic difficulties. But then Nottinghamshire County Planning Department published its report on a new scheme for Holme Pierrepont - National Watersports Centre, at a cost of £11m.

Sited on old gravel pits, it is to be a 2,000 m. rowing and canoeing course south of the River Trent, expected to be ready by late summer this

year, with gymnasias, boathouse, finish towers etc. by 1971. An indoor training tank and restaurant are also planned.

Phase II includes a hairy slalom course at Colwick weir and a Sports Centre (within five years). Facilities for water-skiing and fishing are incorporated. A Country Park under the new Countryside Act will surround the whole complex.

A more recent development is the possibility of turning the disused Llangollen Railway station into a National Slalom centre. Following a B.B.C. interview given by John Dudderidge, considerable interest in the proposal was shown locally by the Llangollen Civic Amenities Committee and the Urban District Council. Walter Winterbottom of the Sports Council is believed to be enthusiastic about the scheme, and the possibilities of using such a centre for specialist coaching, general canal canoeing and local youth work, including the Duke of Edinburgh's Award, are immense.

focus

## Amateurism and the Canoeist

J. W. Dudderidge - BCU President, Council Member of the BOA

The subject of Amateur Status has been discussed in sporting circles for nearly one hundred years, and from time to time incidents have occurred which have brought it into prominence.

Each national sport association has its own amateur rules, and these must be compatible with the rules of the International Federation and the rules of the International Olympic Committee if the athlete is to be able to compete in international events and in the Olympic Games. In the rather unlikely event of a disagreement between the rules, the National Olympic Association would probably accept a man if he conformed to the rules of his own international federation.

The British Canoe Union has an amateur rule and this is compatible with both the I.C.F. and the I.O.C. rules and is as follows:-

*An amateur canoeist is one who engages in canoeing for pleasure and the physical and social benefits to be derived therefrom, and to whom sport is nothing more than an avocation, (distraction, pastime)*

### Interpretation

No person shall be considered an amateur canoeist:

- Who competes or has competed for stake, money prize or wager.
- Who has pursued the practice of canoeing for pecuniary gain.
- Who has received money or other consideration for taking part in canoeing.
- Who capitalises on athletic fame by accepting payment, free gifts of equipment or other consideration for use of his prowess, name or photograph for sales promotion.
- Whose occupation is that of a full-time canoeing instructor or who accepts payment for coaching competitive canoeing.

### Note 1

Acceptance of normal fees for service as a part-time instructor in basic canoeing skills shall not be regarded as a violation of amateur status.

### Note 2

The interpretation of the amateur status rule depends on judgement of motivation behind the action and the effect of the action on fairness in competition.

Where a canoeist has doubts about the effect of some proposed action on his amateur status he should seek an official ruling from the Competitive Committee of the Council of the B.C.U. whose ruling shall be final. The B.C.U. may consult the B.O.A. in borderline cases.

It may be helpful for competitors to know the text of the I.O.C. Rule 26, on amateur status and its Eligibility Code.

*"To be eligible for the Olympic Games a competitor must always have participated in sport as an avocation without material gain."*

A competitor can avail himself of this qualification:-

- If he has a basic occupation designed to ensure his present and future livelihood.
- If he does not receive and has never received any remuneration for participation in sport.
- If he complies with the rules of his International Federation and the official interpretations of this Article 26.

### The I.O.C. Code

#### 1. FORBIDS

- Participation for money.
- The selling of prizes.
- The selling of gifts received.
- Capitalisation on athletic fame.
- Special inducements to compete.

- Employment or promotion by reason of sports performance rather than ability.
- Participation by professionals in any sport.
- Participation by those teaching or coaching others for competition.
- Expense money claimed for competitor's manager or coach.
- Those who have neglected their vocation or employment for competitive sport.
- Payment for use of name or photograph in radio, T.V. or advertisements.
- Employment with little work to do and freedom to train and compete at all times. This includes the so called "sports scholarships".

In connection with 1(k) the I.O.C. adds a footnote comment:

*"use of a competitor's name or photograph even without payment is to be deplored."*

The presumption is that a competitor will not allow his name or photograph to be used in advertising a product unless he is to profit from it in some way.

It must be borne in mind that the term "payment" includes remuneration in cash or kind. For example, the provision of equipment gratis or below cost will constitute payment. Evidence would be hard to come by, but the suspicion would remain, and the practice opens up a vast area of possible subterfuge which is best avoided. It is quite permissible for an advertiser to state that the winner of a certain event was using one of his canoes, or to state that such and such equipment was used by the British Team in a particular competition.

The objection still holds when the product being advertised has no direct connection with the sport; for example the plug might be for toothpaste, honey or cameras, the implication is that what is good enough for a champion canoeist is good enough for you. The advertiser is

# LATEST MOVE IN BCU ACCESS NEGOTIATIONS

## Registration scheme proposed

The Access Committee reports that discussions are taking place between representatives of the B.C.U., the Country Landowners Association, the National Anglers Council, the Association of River Authorities and the Sports Council, with a view to easing the conflict between canoeists and anglers, and producing a national scheme for access to those rivers under dispute.

Arising from these discussions the Union's representatives have put forward proposals for a scheme involving registration of canoeists wishing to use canoes on waterways over which there is no acknowledged right of passage, and the drawing up of a list of rivers and a time-table as a basis for an understanding between riparian owners, fishery interests and canoeists.

Under such a scheme, canoeists in possession of an appropriate document and observing the Water Sports Code might expect to enjoy a quiet passage without challenge on grounds of trespass and without discontinuity. It is unlikely that the scheme will come into operation this year for many local negotiations will be necessary. Further information will be published when available. Members are asked to keep the B.C.U. informed of any problems of access encountered by them.

using the prowess of the athlete and the latter is profiting from it, as a model who capitalises on her face and figure when she poses on a yacht at the Boat Show.

Incidentally a professional model would not be disqualified whatever he was modelling provided he was not identified as So-and-So the well known champion canoeist.

### The I.O.C. Code 2. PERMITS

- Travelling and living expenses annually for 30 days competition and 4 weeks in a training camp.
- Provision of sports clothing and equipment by the Governing Body.
- Pocket money during the Olympic Games.
- Teaching elementary sport to beginners or school children on a temporary basis.
- A competitor to be a full time worker in journalism, radio, T.V., or a full time manager or worker in a sports facility. (e.g. Sports centre, regatta base etc.).
- 'Broken time' payments only in case of hardship and under stringent supervision.

The National Olympic Committees depend on the Governing bodies for supervision of their sports and the latter are expected to investigate cases brought before them and make decisions, if necessary after discussion with the international federation or the Olympic Committee.

Capitalisation on athletic fame may take many forms. A champion may be invited to put his name on an article written by someone else, and be paid a large fee. The article has gained in value by the association with his name and fame. Or he may be invited to sit on a T.V. or radio Brains Trust, or be interviewed, or give a talk, and in each case he will receive a cheque. If his justification for being there is his standing as a leading champion canoeist, this will constitute capitalisation of fame and the way out of the situation is quite simple, to pay over the fee to the B.C.U. or to his club, and then to claim back

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from the B.C.U. or club his legitimate expenses in connection with the event.

The other day I saw a T.V. plug for a breakfast cereal in which a canoeist was shown shooting the rapids in a canoe and then eating the cereal in camp. The implication was that this cereal is a food for adventurous manly men, and since the paddler was not identified in any way, he committed no offence under the clause on payment for use of name and photograph. He did however, violate another clause, namely that which forbids pursuing the practice of canoeing for pecuniary gain, clause (b) in the B.C.U. Rule.

Sometimes manufacturers express a wish to assist hard-pressed competitors by presenting new equipment for their use in important international competitions. This is quite in order, and very welcome, provided the donations are channelled through the B.C.U. Committee responsible for administering the training squad, and not given to individual canoeists. The Committee will then direct the use to which the equipment shall be put, taking note of the wishes of the donors, and will acknowledge the assistance received. The equipment will remain the property of the B.C.U. and the competitors will be protected.

Social attitudes are changing, Government help is the order of the day, and the present amateur rules are being closely studied by the I.O.C. to see whether they are really relevant in modern conditions. Unless and until they are changed we must operate the existing rules.

A prohibition on earning money from sport will never, in itself, establish equal conditions for all individuals, and there will always be some who have more opportunities for training and participation than others who have to hold down a full-time and exacting job.

It is up to all of us to encourage our athletes in what they are seeking to achieve but to remember that they are taking part in sport because they want to do it, they are not conscripted. We look to the ideal of amateurism, "participation in sport for healthful pleasure" as a guiding principle of conduct.

### CAMPING

WOODLANDS OUTDOOR CENTRE, GLASBURY-ON-WYE, VIA HEREFORD. The BCU river Adviser for the Wye above Glasbury, South and West Wales can provide extensive camping facilities for canoe groups at the above address. Camping with the use of hot showers anytime of year at 2/- per head per night. Bookings to Colin Mortlock at the Woodlands.

### SITUATIONS VACANT

CALSHOT ACTIVITIES CENTRE. Qualified sailing/canoeing instructors are required at this Centre for the sailing and canoeing season from 20th April to Mid-October, 1970. The Centre runs residential courses in sailing, canoeing and other activities for Hampshire school children, Youth Groups and adults. These temporary posts are residential and may be taken for part or the whole of the season. Rate of pay, £1. 15s. per working day, with meals and accommodation provided free of charge. Applications should be made direct to the Warden, Calshot Activities Centre, The Spit, Southampton, SO4 1BR.  
A HOLIDAY teaching others to canoe at our Wye or Cornwall centres. If you have the personality and ability to teach novices, B.C.U. teaching qualification is desirable, send for application form to — Peter Hall (1/CB), Y.H.A., St. Albans, Herts.

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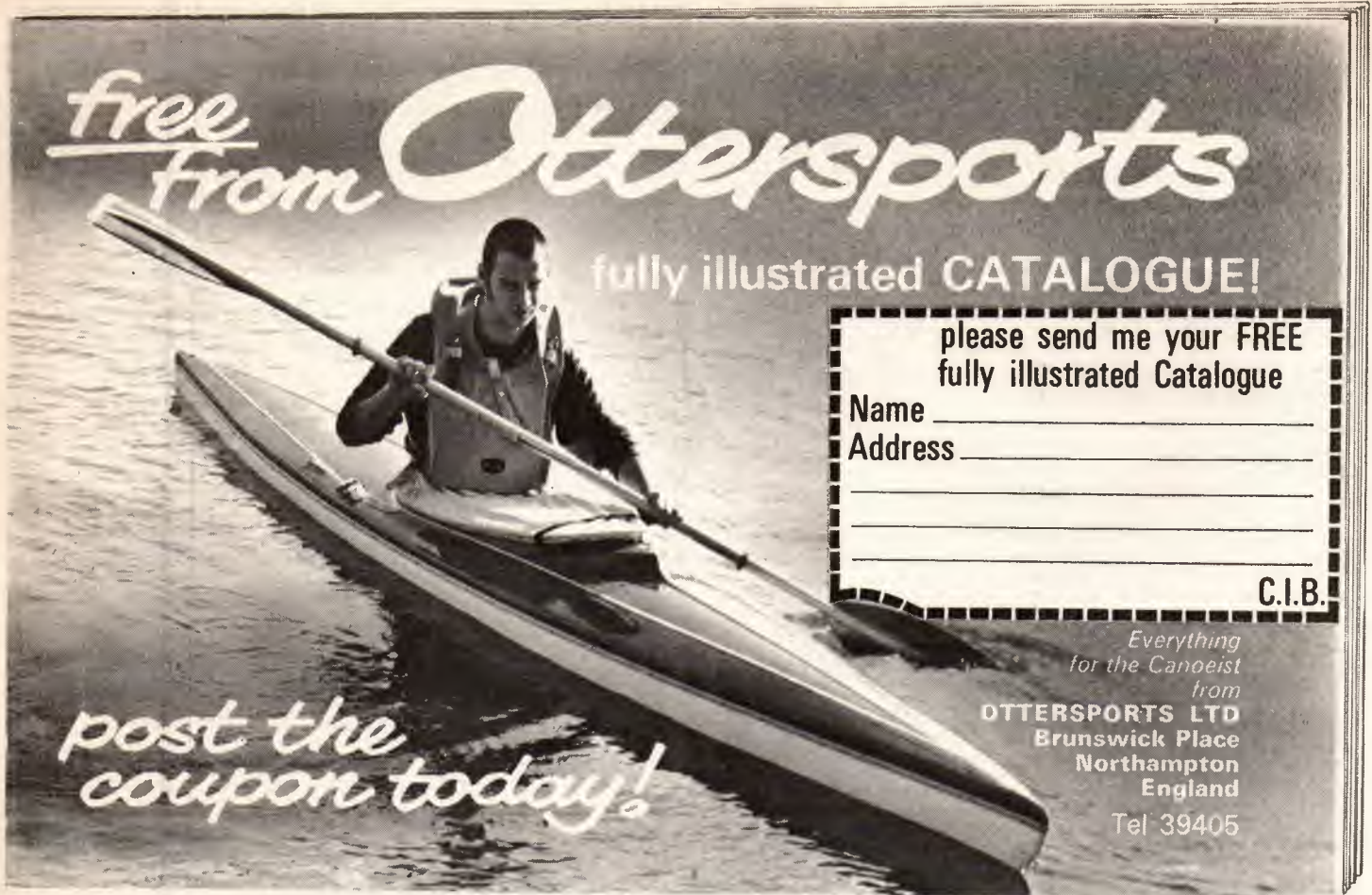
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