

CANOEING

Vol. 9 July 1969 one shilling & ninepence



SPECIAL FEATURES

CANOE SLALOM
CLIFFS OF MOHER
YOUTH CANOE SPORT
SEBUT CANOEING
ICF NEWS
ZANREGATTA
HÄGLER TROPHY

GRAFFEN SCHNELLER



WORLD SLALOM CHAMPION

JURGEN BREMMER



KEITH WICKHAM

AT MONSCHAU SLALOM

IN A KW7 'LOWLINE'

MELVIN SWALLOW



ON HIS DEMONSTRATION RUN
AT PONT-AR-ITHON SLALOM

(FASTEST NO PENALTY RUN BY OVER 30 SECONDS
- USING THE GRAFFEN SCHNELLER)

***DUTCH NATIONAL SLALOM
CHAMPIONSHIP – won by
PETER VAN STIPDONK
USING A KW 7 'LOWLINE'***

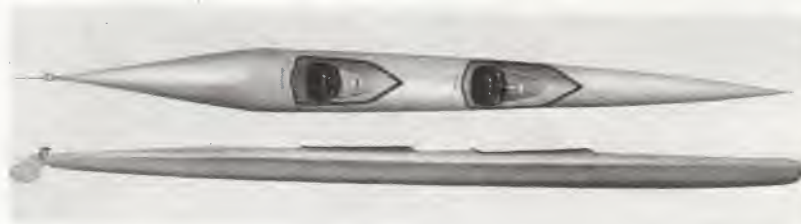
PLEASE WRITE OR TELEPHONE FOR FULL DETAILS
OF OUR CURRENT RANGE OF KAYAKS AND CANOES.

STREAMLYTE MOULDINGS (Marine) LTD.
124, BRIGHTON ROAD, SHOREHAM-BY-SEA, SUSSEX.
tel: SOUTHWICK 2108

AVONCRAFT

SET THE PACE IN '68 WITH THE MOST COMPREHENSIVE RANGE OF BRITISH HARDBODY RACING & TOURING KAYAKS

OLYMPUS K2.



The new OLYMPUS achieves both quality never before attained in Britain. Sleek effortless paddling. Re-styled Seat for greater comfort. Choice of Quality Glassfibre or Wood exterior both in complete or kit form.

U.K. 4.



First Class 4 home in the Devizes to Westminster Canoe Race and consistently first in Long Distance Class 4 events. The NEW 'U.K. 4.' is being manufactured in Wood/Glass laminate or pure quality Glassfibre, both in complete or kit form.

Write for full details of our range of racing and touring canoes, complete or in kit form

AVONCRAFT

**R.H.VARDY - 30 CAVAN RD - REDBOURN
HERTFORDSHIRE - tel: Redbourn 2303**

Suppliers to H.M. Forces, Schools and Education Authorities etc.

A WINNER *THE SWIFT* SLALOM KAYAK



A top quality kayak designed to international slalom specifications and made with one piece moulded deck and seat. PRICE £33. 0. 0d

Including: Vertical polystyrene, buoyancy, rolling bars and adjustable footrest.

Manufactured with top quality materials by

P. & H. FIBREGLASS PRODUCTS
6 CHARLES AVE., SPONDON,
DERBY. tel: DERBY 61108

TYNE CANOES

FOLDING - FIBREGLASS - D.I.Y. KITS

TYNE - leading specialists in canoe manufacture for over 30 years - offer an outstanding range of touring and sports canoes, either rigid, folding, or in fibreglass, plus D-I-Y designs, kits and material, as well as a full stock of fittings and accessories. Paddles, Buoyancy Bags, Rudders, Trolleys, Life Jackets, Carrying Bags and Anoraks - in fact EVERYTHING FOR THE CANOEIST.

Write or phone for FREE catalogue.

TYNE CANOES LTD. (Dep't:CM)
206 AMYAND PARK RD ST.MARGARET'S
TWICKENHAM, MIDDX. Tel. 01-892-4033

J.H. SLALOM PADDLES



THE ULTIMATE COMBINATION

Spruce-Ash-Spruce Shaft, fully shaped for control. Fibreglass blades in mat and cloth laminate for finish, strength and rigidity. Alloy tips for hard wearing. Any length, R or L hand control, available in various colours including translucent. Details from:

£5 5s 0d
Carriage 5s

JON HYLAND
42 DIDDINGTON LANE
HAMPTON-IN-ARDEN
WARKS

SHE'S AWAY

FIRST AT GRANDTULLY, FIRST AT MONSCHAU, certainly success with the new JAYCEE WILD-CAT in its first 1st division event and first INTERNATIONAL event. The Wild-Cat, this new and exciting design that breaks away from slalom lines of recent years has proved its outstanding abilities in its first two major events.

Congratulations to Miss Pauline Squires who paddled the Wild-Cat to victory in the women's event at Grandtully and Monschau.



**JAYCEE WILD-CAT
TAKES FIRST
IN WOMENS EVENT**

**MONSCHAU
INTERNATIONAL SLALOM**



**ALSO TAKING
1st 2nd 3rd PLACES
-COBRA C1-
IN EVENTS HELD
SO FAR THIS
SEASON**

Send for Free Illustrated Catalogues.
FULL RANGE OF JAYCEE AND MENDESTA KAYAKS,
PRIJON PHANTOM, GILLCO CRASH HATS AND
RANGE OF PADDLES.
Suppliers to H.M. Forces and Educational Authorities.

JOHN CRITCHLEY 268a. NORWOOD ROAD.
WEST NORWOOD. S.E. 27

JAYCEE GLASSFIBRE PRODUCTS

Tel : 01-670 1234

Northern Agent: CENTRESPORT, LEEDS

Don't paddle up the creek.

And it is doubtful if you will when you use STANFORDS CANOEING MAP OF ENGLAND AND WALES. It shows all the rivers, canals and locks you can use.

14 miles to 1" 6/-

Available from your nautical stockist or

EDWARD STANFORD LTD

12-14 LONG ACRE,
LONDON. WC2.

Sirocco

Manufacturers of all types of Neoprene Protective Suits for the canoeist.

SEND FOR DESCRIPTIVE LITERATURE AND PRICE LIST FOR 1969 SEASON.

Comprehensive supplies of all materials for the Do-it-yourself enthusiast - Patterns, Neoprene Sheeting, Nylon Zips, Adhesive etc. etc.

SPECIAL GARMENTS MADE UP TO YOUR OWN DESIGN REQUIREMENTS

SIROCCO SUITS LTD
25 Avenue Rd Scarborough



A SIX CANOE TRAILER

one of the *Fleet* TRAILER KITS

For full details
write or telephone

WICKSTEEDS

OF ROYSTON LTD

Meridian Works · Royston · Herts · Telephone Royston 3154

KIRTON'S

SCIMITAR K1 MIRAGE K2

RACE A WINNING KAYAK THIS SEASON!

SCIMITAR K1 MKII



SCIMITAR K1 Mk 11 - top quality glassfibre racing kayak designed to international specifications. Extremely popular in Long Distance Racing and used by many of the top British Paddlers.

MIRAGE K2



MIRAGE K2 - top quality glassfibre racing kayak designed to international specifications. Again extremely popular with Long Distance paddlers and used by the first three crews in this year Devizes to Westminster (junior event).

SEND FOR ILLUSTRATED LEAFLETS
ON OUR FULL RANGE OF KAYAKS

KIRTON KAYAKS MILL ST.
CREDITON
DEVON

**SOLENT
CANOES & KITS**

CANOEING MAGAZINE

Vol. 9

Number 8

July 1969

Editor: Mike Clark

Circulation Manager: Ernest Clark

Editorial Office: 25, Featherbed Lane,

Croydon, Surrey, CRO 9AE.

Tel: 01-657 6986

CONTENTS

Canoe Slalom	2
World Slalom	3
News in Brief	5
The Cliffs of Moher	6
The Month Ahead	10
Youth Canoe Sport	12
Photo of the Month	14
Competitive Canoeing	15
Scout Canoeing	17
ICF News	18
International Canoeing	20
Comment	22
Book Reviews	23
Trade Page	24
Long Distance Report	25
Result Round-up	26

COVER

Czech C1 champion, Petr Sodonka competing at Bourg St. Maurice Slalom 1968. Photo: John Albert.

CANOEING MAGAZINE is published on the 25th of each month by Canoeing Press, 25 Featherbed Lane, Croydon, CRO 9AE. and printed by Kingprint Ltd., Teddington, Middlesex.

Subscription rate: Twenty-one shillings per year in U. K. Overseas rate: Twenty-one shillings sterling: U. S. A. and Canada, Three Dollars: Austria, 65. Schilling: Belgium, 130. Francs: Denmark, 20. Kroner: Germany, 10.50 D. mark: Holland, 9.50 Guilders: Sweden, 13.60 Kronor.

editorial

Dear Slalomist,

Have you thought what sport you will turn to when we lose our last slalom site?

One by one they disappear; Dinckley, Marsh Lock, West Tanfield, Trevor Rocks, Pont-Allt-y-Cafan. Our other sites are at risk, notably Shepperton, and the root cause is the irresponsibility of a minority of paddlers.

We depend on the goodwill of the general public and of the landowners especially, for retention of these sites. Yet sympathy is alienated by boorish vandalism, the 'souveniring' of public or private property, using campsites as car scramble tracks, or carelessly obstructing public or private roads.

West Tanfield has been lost because on a day last Autumn after the slalom some paddlers invaded private property to reach the river and when challenged by the farmer were rude to him. Many of the residents of the sleepy village of Appletreewick dread our coming, and our welcome at Grandtully this year was perceptibly colder. The people at Shepperton are tired of being unable to find a parking space when they return from a shopping expedition and the position at Beverly is critical.

We on the Slalom Executive Committee feel that the very existence of the sport which we all enjoy so much is seriously threatened, and we ought to warn you that we will take very strong action against anybody we catch doing anything silly. By the time we catch him, it may already be too late to prevent another site being lost. Remember, the chap who deals slalom in Britain its death-blow might happen to be you, mate.

You want to reach First Division. By the time you get there you should have grown out of the urge to get drunk, to charge around the campsite singing, shouting and revving your motor. You should have been away from home so often that there will be no need to feel that you must take half of Llandyssul home as a

souvenir. If you imitate First Division paddlers' training methods why not imitate their conduct as well?

Chris McAllister
Secretary.

The above letter from Chris McAllister, Slalom Committee Secretary, I understand has been sent to all clubs competing in canoe slalom in Britain. It does not exactly present a glowing picture of British Slalomists..... Certainly the situation regarding slalom sites is getting critical but this letter is very harsh and I must rush to the defence of the average slalomist. Parents be assured that this letter refers to but a very few paddlers - they can be found in every sport.

However the few irresponsibles who do manage to make the first division - and this must be very few of the few - still find their ways difficult to change, else why should the Grandtully welcome be any cooler - surely it is only first division that use the site now?

On the Shepperton site I would say that its loss would not be caused by paddlers behaviour but by the fact that the site - to my mind - is **GROSSLY OVER-USED**. For instance last season the site was used on three weekends out of four! This year it has been used once in March, once in April, two weekends running in May, and is to be used two weekends running again in September! No wonder the poor residents are complaining with hundreds of canoeists descending on them week after week! Surely there must be more than one weir on the Thames that is suitable for slaloms?

Long Distance racing goes from strength to strength, with as many as two hundred paddlers out racing on some events - yet there is never a complaint from the local inhabitants of bad behaviour or difficulty of access to their property. Now I will agree that the L-D paddler is at the race site for only one day and is not in the habit of camping over a weekend but also our sites are used only once during a nine month season.....

CANOE SLALOM

SILBERSCHILD, ERFT - RENNEW 1969

We had heard about the International Silberschild (Silver Shield) race at Dusseldorf from Karel Knapp, the former Czech national team trainer, who is now living in that city. As the race this year was the weekend after the Monschau slalom, eleven of us decided to travel the extra 200 miles or so further on and compete in this interesting sounding race.

The Silberschild race on the Erft is open only to white water racing boats so we were expecting a few interesting rapids at least to provide some enjoyment. Our first practice run down the course was something of a surprise then, when we discovered the character of the river: Perhaps the best description of it is a miniature Liffey, that is long, flat, stretches of water broken by the occasional

weir. The start of the race is quite exciting as it involves traversing across the bottom of an artificial weir, very similar in character to Hambleden weir on the Thames. This proved interesting since it was necessary to cross as high as possible to save the maximum time. It became very noticeable that the more experienced racers were getting a very high cross and had disappeared round the first bend a number of seconds ahead of those making a less perfect crossing.

The remainder of the race course was largely uninteresting except for one fall, of about the same standard as Swarkestone. Otherwise the river was flat, but very fast flowing, disturbed occasionally by falls of about one foot over which the water flowed with a strange glassy smooth undisturbed surface.

The hospitality laid on for us at the Canoe Club was equally unexpected. Our first difficulty was in actually finding the boathouse since there are 20 canoe clubs in Dusseldorf and about 6 or 8 boat houses! We eventually found our host club, the K. C. D. (Kayak Club Dusseldorf) which

turned out to be the best in town. Their club house was on a par with a good British golf club, complete with resident steward and wife, dormitories for twelve, showers, a sauna bath, cooled beer cellar - oh yes and canoe storage space.

As far as we could gather, most of the building work had been done by club members with a certain amount of financial assistance from the Town Council. Anyway the club house was most comfortable and provided us with a splendid base for the week between Monschau and the Silberschild race. We spent our time in training runs down the race course and (for the C.1.s and C.2.s) in coaching sessions with Karel Knapp, who very generously devoted a good part of his time to helping us.

Race weekend saw all the competitors, from as far away as Czechoslovakia and Poland, accommodated in a temporary camp of marquees which the Red Cross had erected. On the Saturday, the team events were held and it was a great shame that we had no third man to back up Tony

Young and Norman Jackson in the K.1. event. As it was Pauline Squires paddled with them (much to the organisers' dismay) and put up a most creditable performance. Our C.2. team came second in a field of three, so here again nothing to boast about.

On the Sunday the results were better, though nobody could get near the old master, Berni of Belguim, in the K.1.s, who was 45 seconds ahead of Norman who came in 3rd - a very pleasing result. Tony Young finished 8th, the total field being about 70.

In the women's event Pauline Squires was beaten by a mere 5 seconds by Melanie Alexis - the girl she had beaten at Monschau. Whilst Barbel Korner, the former down river world champion had to be content with third place.

None of our Canadians finished up among the leaders but all agreed it had been a most useful experience and well worth repeating next year.

RODNEY WITTER.



WORLD SLALOM

**31st JULY /
6th AUGUST**

At a meeting of the B. C. U. Slalom Selection Committee on 13th May the following teams were chosen to represent Great Britain at the World Championships in Slalom and White Water Racing at Bourg St. Maurice, Savoie, France.

SLALOM

MENS KAYAK SINGLES

Ken Langford
Manchester Canoe Club
Raymond Calverley
Manchester Canoe Club
John MacLeod
Manchester Canoe Club
Keith Wickham
Sunderland Canoe Club

Chris Skellern (Res.)

Worcester Canoe Club

WOMENS KAYAK SINGLES

Heather Goodman
Lakeland Canoe Club
Pauline Squires
Leamington Spa Canoe Club
Audrey Keerie
Sunderland Canoe Club

MENS C2
Robin Witter/David Swift
Leeds Canoe Club

MENS C1
Geoff Dinsdale
Chalfont Park Canoe Club
Mike Hillyard
Chalfont Park Canoe Club
Graham Goldsmith
Brighton Canoe Club
John Albert'
Chalfont Park Canoe Club
Jim Sibley'
Windsor Canoe Club

'The position of these paddlers may be reversed, and one or both may be withdrawn at the Selectors discretion.

WILD WATER RACE

MENS KAYAK SINGLES
Norman Jackson
Manchester Canoe Club
Tony Young
Leeds Canoe Club
Chris Skellern
Worcester Canoe Club

John Leggott*
Halifax Canoe Club
David Fawcett*
Leeds Canoe Club

WOMENS KAYAK SINGLES
Pauline Squires
Leamington Spa Canoe Club
Heather Goodman
Lakeland Canoe Club

MENS C2
John Court/Jon Goodwin
North Staffs Canoe Club

MENS C1
Graham Goldsmith
Brighton Canoe Club
Jim Sibley
Windsor Canoe Club

* The position of these paddlers may be reversed.

TEAM MANAGER - Ian Pendleton
TEAM CAPTAIN - John Court

WORLD CANOE SLALOM & WILD WATER CHAMPIONSHIPS BOURG SAINT MAURICE, SAVOIE, FRANCE.

PROGRAMME

31st July - OPENING CEREMONY
1st August - PRACTICE RUNS
2nd/3rd August - SLALOM CHAMPIONSHIPS
4th August - TRAINING
5th August - WILD WATER CHAMPIONSHIPS
6th August - WILD WATER CHAMPIONSHIPS - TEAMS
- CLOSING CEREMONIES
SLALOM COURSE - Approx 800m. 30 gates. Flow of 16 cubic metres per sec.
WILD WATER COURSE - K1 men, C2 men and C1. Pont de Bellentre to Pont de Centron. K1 women, C2 mixed and all Teams. Pont d'Aime to Pont de Centron.
Flow of 25 cubic metres per sec.

CONGESTION ON THE THAMES

Chichester Harbour and the River Thames are two areas of water that are already overcrowded.

This fact and many others have been revealed by a survey of water sports facilities which has just been published by the Greater London and South East Sports Council. The survey, which covers Greater London, Kent, Surrey and Sussex, shows that the water resources in the area are intensively used for sport.

Other points highlighted by the survey are:-

NEWS-NEWS-NEWS-IN BRIEF

- a) Angling is the most popular water sport in the region, followed closely by sailing.
- b) Pollution is causing a problem for anglers in parts of the Thames and the coast.
- c) All sports need more water space for development, and additional moorings, slipways and access points are urgently required.

The three principle conclusions of the report are:-

- i) that the Regional Sports Council should encourage the better use of existing water resources and the development of new water areas for recreation, such as gravel pits, reservoirs and canals.
- ii) that consideration should be given to the development of a regional area for water sports including training and competition facilities for Olympic and International events for sailing, rowing, canoeing, power-boating and water-skiing.
- iii) that every opportunity should be taken to educate the public in navigation, boat handling and water safety.

Copies of this survey, Initial Appraisal Vol. 11, are obtainable from The Secretary, Greater London and South East Sports Council, 160 Great Portland Street, London. WIN 5TB. Price 12/6d plus 1/9d p.p.

PROPOSED AFON TRYWERYN SLALOM CANCELLED

The Royal Leamington Spa and Worcester Canoe Clubs regret that the Dee and Clywd River Board Consultative Committee have not seen fit to guarantee water for the Afon Tryweryn Open Slalom that was to have been held on 5th/6th July. The event this year is therefore cancelled but the clubs hope that negotiations next year will prove more successful.

CANOEING & SAILING HOLIDAYS

If you have still not fixed your annual holidays it may not be too late to find a place in one of the many centres that offer Canoeing and Sailing holidays with instruction. The British Travel Association publish a list of many of these holidays and readers apply for this list from British Travel Association, Room 26, Queen's House, St. James's Street, London S.W. 1.

OLYMPIC CANOE SLALOM

It is now confirmed that the 1972 Olympic Games, to be held in Munich, will include Canoe Slalom among the many sports. However it will only be Canoe Slalom - Wild Water Racing is not included.

CANOE CENTRE HOLIDAYS

The Canoe Centre, Twickenham, will be closed for annual holidays from 4th August until 18th August.

CANOEING MAGAZINE

Your editor will be away on holiday from 18th July until 9th August. Mail will be dealt with immediately upon return.



THE CLIFFS OF MOHER

by DAVID BLAND

During the past year a small group of canoe instructors from the various outdoor pursuit Centres in Snowdonia have been making sea trips in slalom type fibreglass canoes. Most of the Anglesey and North Wales coastline has been explored. We have made some very wonderful excursions around the Great Orme and the cliffs of Gogarth on Holyhead Island, out to the Skerry Isles and the circumnavigation of Bardsey Island. All these expeditions required intense planning and preparation. On the more advanced adventures all who participated had to be self-contained and self-sufficient in all circumstances. There were times when we realised that if one failed to roll after a capsize the rest of the group would have their time cut out rescuing. Everybody had to roll competently.

We made sure that our apprenticeship was thorough because we were also involved in taking canoe courses on the sea, where the margin of safety had to be far greater. If we could look after ourselves in extreme conditions then we

would be better prepared to take care of the groups in mild situations. Thus during the year our own personal sea expeditions became more ambitious. They finally reached a climax with a week's holiday on the West coast of Ireland where we intended to canoe along the length of the cliffs of Moher in Galway Bay.

The first day was spent exploring the cliffs from the land, deciding on a plan of campaign. The cliffs were eight to nine miles in length although the middle five miles were the most spectacular being up to eight hundred feet high. Obviously we had to start at one end and canoe to the other. Camps were set up at either end and we soon discovered that there was no way to escape from the sea up the cliff; thus we had to be very careful about the weather. None of us wished to be committed to a battle through a storm to reach safety.

Thus, the four of us, Derek, Nick, Ian and myself were very thankful the following morning that the weather was reasonable. The sky certainly was not

blue nor the air still but we had been out in much worse conditions and decided that things would not deteriorate, so prepared to leave.

The first mile was interesting but not spectacular. The cliffs were low and our attention was mainly confined to finding the best way through the reefs and rock promontories, and to avoid the currents and waves which were continually rebounding from the cliff base.

Eventually we rounded a huge headland and the cliffs lay before us. The rock rose from the sea in one vertical sweep of eight hundred feet to the sky. It towered above us in all its glory. This must surely be the epitome of all fortress battlements. Even the ceaseless attack of the Atlantic Ocean had made little effect on this impregnable cliff.

We had gathered from the local people that legendary superstitions had kept fishermen well away from the cliff base. Were we now going to be the first to unravel some of the mysteries that have surrounded the cliffs for centuries? Whether we were the first canoeists there or not, we certainly felt the impressiveness of the situation. We were now about to commit ourselves to unknown hazards and our excitement rose in anticipation of what lay ahead.

The great Atlantic swell beat its way across our path. The waves rose up onto the submerged rock shelf and dashed themselves to foam against the rocks. The variety of beautiful waves was beyond our comprehension. I watched spellbound as each successive wave leapt and swirled its spray up into the air. They could have been armoured chargers, with flowing manes, venting wrath and fury against the battlements.

Only the weaker sections of the cliff had broken down. Each nook, cranny, cave and cove were evidence of the continual barrage that the sea evokes. Statues, battlements, parapets and arches had been carved out of the rock. It seemed to me that here lay the very basis of creative art. Nature has provided the rocky cliffs and the elements of wind and sea are the tools that carve the fantastic formations. No Michael Angelo or Henry More could have created with such power

and dexterity, nor preserved the pregnant beauty that was inherent in the rock.

We entered most of the caves. They were followed until they either opened into huge orchestral chambers, or terminated in endless corridors of blackness. Our eyes took time to accustom to the dark and our ears reverberated with the perpetual sound of crashing waves amplified by the confined space. Senses were kept alert, acute, ready for any unsuspecting wave that might take us by surprise. The occasional larger wave would suddenly lunge upon us out of the abyssal blackness and we had to be ready for them. None of us wanted to capsize and I certainly dreaded the thought of rolling up in inky darkness. It was quite a relief to find ourselves out in the open air again.

One small entrance proved particularly interesting. It produced a narrow cave running parallel to the sea. The tunnel grew narrower so we shipped the paddles and continued through the dark by pushing against the walls. After groping in the dark for about a hundred feet a slim glimmer of light appeared and there, to our amazement, was a window in the cliff opening out to the sea and sky. Suddenly our view outside was obliterated as a wave crashed against the rocks outside and cascaded into the cave. We backed into the darkness and again watched the spray illuminate the scene.

The next interesting feature was the large stack beneath O'Brien's Tower, a tourist viewpoint on the top of the cliff. When we had looked down on it from above the stack it had looked insignificant but now it loomed high above us. When we landed further along the cliff and looked back, it was dwarfed by the greater height of the cliff.

We stopped at a small indentation on some rocks at the base of the precipice for something to eat. The undercut base afforded us protection from falling rock and finding a barrel and plank of wood we made ourselves a table and bench. The tourists on the clifftop looked minute and you can imagine their comments as they saw us below.

The food was scoffed hungrily and then we relaunched the canoes. Just at that moment a gull must have landed on its

ledge, for pieces of rock splattered all around us. We dived for cover but it would have been too late if the rocks had been larger. It was not long before we were sitting in our canoes away from any further bombardment. This incident rather unnerved us and for a few minutes we paddled in silence. This intensity did not last long as the sun reappeared and we became more engrossed in the surroundings.

At one point there were three long caves which stretched into the next bay through a rocky headland. We canoed through two of these but the third proved a different proposition.

The long, narrow tunnel looked ominous, so tentatively I paddled forwards. Derek's presence behind was reassuring and eventually I reached the far end. This was wasp-like in character. The exit was very narrow and there seemed to be a sting in its tail. One behind the other we waited to sum the situation. How poisonous was the sting going to be? It was not long before we realized that it was murderous. To canoe through would have been suicidal. One moment things looked calm the next the foaming fury of converging waves leapt profusely up and down. There was no alternative but to back out.

Not long afterwards we rounded a headland against which the waves were breaking in an uncontrollable manner. I have never seen such gargantuan monsters blitz themselves with such heedless abandon against the rocks. Spray leapt the whole height of the cliff as if escaping the scalding firmament of boiling oil. All of us kept a respectful distance from this apparent Hades.

Fortunately, the next bay held some respite for we were wanting a rest. So deciding a landing was possible because the sea was calmer, we paddled towards the chosen rocky platform. No sooner was I but a few yards from safety than I realized the waves were breaking and dumping on the shelving submerged platform. It was too late to back away, already the wave was sweeping me shorewards. The canoe twisted round broadside and I had to brace quickly into the foam with my paddle for support. Water crashed down on me and I was suddenly



dumped on the seaweed covered rocks. Without the cushioning effect offered by the weed I am sure the canoe would have broken.

I felt better now that I was high and dry, when suddenly I was hit by another wave. Surprise overwhelmed me for I had been concentrating on releasing the spray cover. Luck must have been with me for I remained upright. The lack of a quick release cord to my spray sheet was a curse, and I only just leapt out before a third wave swept towards me and tried to shackle my ankles.

The others, seeing me safe and sound on the rock but completely oblivious of the situation I had been in, started to paddle - I shakily set my camera as I was expecting some fun and raised it to my eye. You can imagine my consternation as I saw through the telephoto lens Derek's canoe tossed into the air. The loop was perfect but it was no joke to be crashed down on the sea knowing that there were rocks beneath and not a safe sandy beach. Thankfully his head was not battered on the barnacle encrusted rocks. It looked a miracle that he was unscathed as he rolled up. I realized then that Derek was the only one among us without a crash helmet. Rushing over to help land his canoe I vowed never to be without mine.

Nick and Ian fared better than us, having summed up the danger a little longer. Even so, we all sat down slightly whiter in colour to contemplate. We still had to extricate ourselves from this prisonous situation. There was certainly no escape to the top of the cliff. Our only hope lay via the sea.

Before attempting the break-out we rested, and I began pondering on this fascinating, wild and exciting environment. The sea certainly was offering us its fair share of challenges. I speculated on this richly rewarding facet of the world and realized how impossible it was to unravel all its subtle and intricate nature. All I could do was appreciate the spell-binding effect it had had on us during the last few months.

The sea now held us in its clutches. I was certainly wishing that I would suddenly wake from a dream. Was this really happening to us? The sun was beginning

to set and we still had some way to go. Without further ado we prepared to leave. The others all made it through the fury of the reckless waves. I was slower because the spray deck was difficult to fit. Before finishing this task I suddenly found myself floating. I tried to complete the fitting of the spray deck when a second viscious wave caught me unprepared. It crunched down on me and knocked me into the girating foam. The paddle was being wrenched from my grasp: with great effort I held on and as soon as the pressure slackened I rolled up with a gasp for fresh air.

I reached the others rather breathless and shaken and we set off to paddle the last leg of the journey. Now the waves were more uniform and we began to relax. It was not long before we realized the possibility of surfing on these green backed waves towards the cliffs. We began to enjoy this sport. It was thrilling to see the rocks loom up quickly in front of us. Our senses were keyed up to cut off the wave before it was too late. The prospect of being crushed to splinters on the rocks was not for us. It was exciting and we all relished the controlled way we could look danger in the face. To us, this was life. Our panting breath, sweating hands and beating hearts were evidence of the danger; our smiling faces showed the delight we had in savouring to the utmost our control over the situation.

Darkness was creeping in as we quickly continued to find the small alcove where we had set up camp. We were all confident in recognising the place and afterwards, tiredness controlled our bodies as we stumbled up to the tents half carrying and half dragging the canoes behind us.

We had completed what we had set out to do, our satisfaction was complete our spirits lifted. Even now, I feel a tinge of excitement and faint nostalgia when I remember that day's canoeing. How glad I am now that we had been prepared and were able to cope with the problems and hazards that we met. Things might not have ended happily if we had taken less care over our training and preparation.

THE MONTH AHEAD

WHERE TO GO - WHAT TO COMPETE - WHAT TO SEE

	2	9	16	23	30
Mon.	3	10	17	24	31
Tue	4	11	18	25	..
Wed.	5	12	19	26	..
Thu	6	13	20	27	..

JULY

- 5th YOUTH SPRINT REGATTA, BEDFORD. Details: D. Bennett, 18 Howbury Street, Bedford, Beds. (VIKING KAYAK CLUB)
- 5th/6th ARMY SPRINT & LONG DISTANCE CHAMPIONSHIPS, PANGBOURNE.
CANOE SLALOM, AFON TRYWERYN, NORTH WALES, OPEN. Details: D. P. Doncaster, The Knapp, Alfrick, Worcester. (WORCESTER & LEAMINGTON SPA CC)
- 12/13th SPRINT & LONGDISTANCE, TRENT. 500m Sprints/B23 P3 L-D. Details: C. Gray, 26 The Poplars, Rectory Road, West Bridgford Nottingham. (NOTTINGHAM CITY KAYAK CLUB)
- 13th SCOUT EVENT, ARUN KAYAK RACE. Details: Mrs. V. Tullett, 8, Downlands Gardens, Sompting Road, Worthing.
- 19th/20th SPRINT REGATTA, RICHMOND. Details: R. Lawler, 41 Simplemarsh Road, Addlestone, Surrey. (RICHMOND CANOE CLUB)
- 26/27th SPRINT REGATTA, TEDDINGTON. Details: M. Boshier, Paddling Mate, The Clubhouse, Trowlock Island, Teddington, Middx. (ROYAL CANOE CLUB)
- 27th LONG DISTANCE, ORWELL, A/B13. Details: D. Leggett, 46, Broom Hill Road, Ipswich. (ORWELL CC)

AUGUST

- 2nd/8th CANOE SAILING, WORLD CHAMPIONSHIPS, GRAFHAM WATER.
- 10th CANOE SLALOM, SWARKESTONE, ON/OT. Details: J. Icton, 153 Dale Road, Spondon, Derby.

CANOEING COURSES

CANOEING COURSES AT LONGRIDGE (SCOUTS, VENTURE SCOUTS AND LEADERS) list available from The Warden, National Scout Boating Centre, Longridge, Quarry Wood Lane, Marlow, Bucks.

CANOEING AND COMPETITIVE CANOEING COURSES AT C.C.P.R. CENTRES (Plas y Brenin, Bisham Abbey) list available The Central Council of Physical Recreation, 26 Park Crescent, London, W1N 4AJ.

TOPS IN ANY WATER-

FOR SLALOM
WHITE WATER
OR L-D...



FLOTHERCHOC BUOYANCY LIFE-VEST

All 'FLOTHERCHOC' buoyancy vests and life-jackets are made of orange 'NYLFRANCE' nylon; safety and buoyancy are guaranteed by more than a hundred independent P.V.C. air cells; a 'FLOTHERCHOC' is very comfortable and ready to wear at any moment with no inflating; a 'FLOTHERCHOC' protects from cold or heat and in rough rivers, protects from shocks of collision.

The 'FLOTHERCHOC KAYAK ICF', 'KAYAK COMPETITION' and 'KAYAK COMPETITION' with sleeves, are designed for the canoeist and conform to the International Canoe Federation ruling for buoyancy aids.

'KAYAK I.C.F.'

'KAYAK COMPETITION'

'KAYAK COMPETITION'
(WITH SLEEVES)

THREE BUOYANCY VESTS DESIGNED FOR CANOEISTS!

FLOTHERCHOC *international*

MADE
IN
FRANCE

41, QUAI GAILLETON - (69) LYON - 2^e - FRANCE.
Tel. (78) 24-04-27 et 37-28-38

BRITISH
DEPOT

274 The Broadway. West Hendon N.W. 9

YOUTH CANOE SPORT

ENCOURAGEMENT FOR YOUTH

What encouragement are youth getting from Canoe Clubs and the B. C. U. to race competitive events? Very little on my reckoning, also among youth groups themselves there seems to be complete lack of communication so that areas have very little idea what neighbouring groups are doing. However its no good criticising and doing nothing ourselves so last month 'Canoeing Magazine' made a more positive step to the encouragement of youth by sponsoring a young girl to the Zaanregatta in Holland.

Helen Woodhouse has only been canoing for eight months, yet for a sixteen-year-old her ability is quite outstanding; so much so that I considered Zaanregatta would be a good experience for her. I entered her in the junior K1 2000m - way above her age class - and the Adsp. 'A' K1 500m - again above her age class. I think I was almost more nervous than Helen as she waited on the starts....!

In the junior Dames K1 2000 metre event Helen was up against two fine Dutch sisters, Dies and Hiske Runeman and the German girl Uschi Rottger. Off the start - in drenching rain - Dies Runeman went into the lead with the German girl right on her tail, but by the 1000m turn Helen had pulled up into second place with Uschi. Just 750m from the finish Helen pushed up her stroke to pull clear of the German girl and take the Silver medal with a time of 11 minutes 35sec., twelve seconds down from the Dutch girl but over twenty seconds clear of Uschi. In the Adsp. 'A' Dames K1 500m event, Helen could only gain the Bronze medal, her inexperience of sprint canoe race starting losing her some four lengths that was impossible to



Helen Woodhouse in very wet conditions at Zaanregatta

catch up on this distance. However for a girl who has been canoeing for only eight months and competing in her first 'international' event, the two medals Helen brought back to England deserve great credit, particularly the Silver medal for here she was racing against girls three and four years older than herself and with some seven years canoe racing experience.

Helen, who is at present at the St. Michael's Convent Grammar School and trains at the Welsh Harp Youth Base, probably learnt more at this international in two days than she has over the last eight months! I only wish I could have taken across others from the Base.



Helen Woodhouse - a smile that tells all.
'CANOEING MAGAZINE PHOTOS'

SUSSEX YOUTH L-D RACE

A Long Distance Canoe Race was arranged by the Sussex Association of Youth Clubs in conjunction with members of the B. C. U. The race, held 1st June, was on the River Rother from Bodiam Castle to Rye, a distance of 14 miles. 33 canoeists took part in 4 classes and raced under a handicap system which was organised by Ken Gulliver, Warden of Burwash Place Outdoor Pursuits Centre and a B. C. U. Coach.

Winner of the Class A singles, under 16 years, was Stanely Beal of Hove Canoe Club; Class B singles, over 17 years, was Geoffrey Holt of the Hailsham Youth Club. The Class C doubles was won by John and Stewart Langford, again of the Hailsham Youth Club and the Class C girls singles was won by Jennifer Currie of Heathfield Youth Club.

While 'Canoeing Magazine' is quite willing to run copy on Youth Events what would be more welcome is news of future Youth Events that clubs plan. Such events are not to be found in the B. C. U. Calendar and there seems to be no regular form of communication between youth areas, hence most of the Youth Events are competed between clubs in the immediate district of the race. I am positive that many Youth Clubs and School Groups would travel up to 50 or 80 miles to com-

pete a really first class Youth Event. It is only by intense competition that any real progress can be made in canoe sport.

One Canoe Club that is going all out to attract Youth to their event is the Nottingham City Kayak Club. Their Sprint Regatta on Saturday 12th July includes events for Youth and Novice paddlers - K1, K2, Classes 3 and 4 - with entry fees of only 1/- per seat for Youth and Ladies, 2/- per seat for Novice, Juniors and Seniors. (All races over a 500 metre course). For their Trent River Race on the following day, Sunday 13th July, Nottingham City Kayak Club have slashed their entry fees to make the event the cheapest ranking Hasler Trophy race of the season. Fees for Juniors and Ladies 3/6, Seniors 5/-, plus free camping over Saturday night! (Full details from C. Gray, 26 The Poplars, Rectory Road West Bridgford, Nottingham, Nottingham has a fine 500 metre sprint course and an interesting Long Distance Race - 23 miles for Seniors, 10 miles for Juniors and Ladies - make it a really first class event by attending in force, the cost is little enough!

As organiser Colin Gray points out; the reason why canoeing is not growing fast in schools (canoe-sport, not canoe pottering) is not due to the lack of a cadet boat but due to the lack of competition at a reasonable price.



photo of the month

Canoeist touring on the Verdon in Southern France - a very exciting river, passing through a spectacular canyon with water grading between III-IV.

Photo: Elmar Engel, Trier.

MIKE CLARK on competitive CANOEING

With three competitive events held over the Whitsun holiday weekend - sprint and L-D at Bath and Brent Regatta in London - our paddlers had quite a busy weekend.

The entry for the Salford Sprint Regatta, held on the Saturday was only quite small but the 140 crew entry for the Bath to Bradford-on-Avon L-D on the Sunday certainly made up for this.

Conditions for the Bradford race, competed over a 12 mile course on the river Avon and an event that I think is one of the best we have in the country representing the essence of L-D sport, were ideal. In the senior K1 Steve Kitson was again out in front and made a fine paddle through of the Limpley Stoke Bridge although I think probably Martin Boshier of Royal CC, taking second place in the class made the best attempt of the day in taking this obstacle - almost straight through the nearside arch. The picture here at Limpley Stoke has certainly improved over the past years, although many of the junior crews seem to favour a portage rather than risk a ducking, for there were only very few capsizes this race. Among the capsizes was Pete Lawler of Richmond who made some four attempts at getting through the centre arch before coming out - Pete seems to make a habit of getting a ducking here! In the senior K2 Hollier/Baker were so fast up the course that they had passed through Limpley Stoke before I got there. However they only just managed to scrape the win by 45 sec from Nottingham crew Schnepf/Grey with the Richmond crew of Blackmore/Greenaway trailing some six minutes down.



Steve Kitson battling Limpley Stoke



Pete Lawler attempting Limpley Stoke



Miss Mean & Miss Squires battling at the Welsh Harp Regatta.

The Brent Regatta, held on the Welsh Harp in London on Whit Monday, turned out to be more than a bit of a drag with events over running by more than an hour, the last canoe event starting well after 8.0pm. As usual the Welsh Harp produced rough conditions for the paddlers with a very strong wind blowing down the course and at one time caused white caps over the start! Predictably the senior events were dominated by L. Oliver and A. Edwards, Laurence winning the 1000m K1 and the pair winning the K2. I understand that Laurence is now to finish with canoe sport and if so it is the end of an era and the end of a really great K2 pair, not only in Sprint but in Long Distance - who now can match the performance of such a pair and Oliver as a singles paddler?

Of the junior events at Brent, Richmond and Riverside were well on form but with big gaps in the canoeing events to make way for the rowing and seemingly endless hydroplane racing, the regatta just went on too long. Two bright spots in the day were the womens K1 500m with Miss Pauline Squires and Miss Barbara Mean battling almost dead level for the whole race - Miss Squires taking the win by a matter of inches; and again in the junior/senior relay a very exciting race with the Grappenhall team just in front.

For the Boston Circuit Race, held on 8th June, there was rather a depleted entry although some excellent racing under very exhausting conditions. The day was really hot with a brilliant sun beating down on the still waters of the deep-cut drainage channels - some of the inexperienced juniors, paddling without tops, came over the finish in a frightening state with obvious severe sunburn.

Yet again in the senior K2, Hollier/Baker of Royal - aspiring for the Oliver/Edwards touch - were out in front to win by a clear two minutes from Richmond crew of D. Parnham/B. Greenaway. N. Jackson was back on the scene in the senior K1 and Jackson, Lawler and Boshier had a fair old battle round the course. Over the last miles Jackson pulled out a minute clear with Lawler and Boshier each another minute down, but even these fine canoeists really looked as if they had taken their last grain of energy well before the finish. T. Beere/M. Foulger of Harlow had an easy win in the Class 4A but over the past few races the pair have been chalking up some great wins taking top honours at Lea, Thames, Lincoln and Bedford.

The Class 3A at Boston seemed more like a slalom class with B. Gilliver of Soar Valley out in front followed by Tony Young and Dave Fawcett (paddling for



Hillman/Moore winning Junior K2 1000m at Welsh Harp.

Grappenhall). With a break in the slalom season - for other than those training for the World Slalom - the rough water lads are turning to L-D in far greater number than last season. Still training for the World Slalom but also competing the L-D events is Pauline Squires. She was well clear of Di Lawler and Helen Woodhouse and just did not have the competition there to push her - for part of the race she looked as if she was out for a gentle paddle! "It's such a boring race with no competition," were her only comments. At present there is only one other woman in the country who can give Pauline a race - Barbara Mean.



Start of Senior K1s at Boston L-D

'CANOEING MAGAZINE PHOTOS'



SCOUT CANOEING



Members from the Longridge Scout Canoe Club are now becoming a familiar sight at competitive events. Although they are not yet at the top of the prize list the Longridge paddlers are certainly gaining great experience and should be quite a force to reckon with in coming years. With our paddlers starting 'K1' class canoeing from the age of 14 years these canoeists must show against the open canoe clubs where the average starting age is above 16 and 17 years.

Courses at Longridge are slow in filling up this year and places are still open in either Basic or Advanced Canoe Courses. For details write: The Warden, National Scout Boating Centre, Longridge Quarry Wood Road, Marlow, Bucks. Like Climbing, Caving, and Sailing, Canoeing is given a more specialised outlook in The Scout Association today - so do take advantage of your own canoeing centre at Marlow.

Over the Whitsun holiday canoeing played a major part with Scout Groups under canvas at Longridge. We had over 500 in camp and many groups took advantage of our One-Day Mini Courses, and

while those that had brought their own craft along disappeared on one day cruises on the Thames, Blindley Heath Scout Troop built a K2 from one of the moulds the Centre has. On the Sunday of the holiday a cruise was organised. Over 40 craft, doubles and singles of every shape, paddled from the Centre up to Hambledon and back. Out on their own were members of the 1st Maidenhead Sea Scouts who toured down the Tame onto the Thames and finished at Longridge, covering a distance of some 52 miles. Two of the party were paddling home built K1s - complete with all camping gear!

With the competitive season in full swing it is impossible for Alan or your editor to cover every event. If you want to see reports and results of your local events in the pages of 'Canoeing Magazine' send us in a little copy. Latest date 5th of each month.





ICF NEWS - ICF NEWS

INTERNATIONAL CANOE FEDERATION NEWS

reprinted from ICF BULLETIN

OLYMPIC CANOEING VENUE 1972

We wrote already in previous issues of the Bulletin about the difficulties which had arisen over the choice of the venue for the canoeing and rowing events of the 1972 Olympic Games in Munich. Due to exaggerated demands of the landowners the resulting costs of the proposed venue on a canal at Karlsfeld within the city boundaries fell through. Other proposals for the venue to be arranged on one of the Bavarian lakes had, owing to prevailing water and wind conditions, also to be abandoned.

Earlier in the year the Organising Committee decided to build the Olympic regatta course at Koenigsdorf in the county of Wolfratshausen, 32 km south of Munich, east of the Starnberg lake. However, not so very much later it reversed its decision by accepting an alternative solution which unexpectedly had offered itself.

The course will be built at Feldmoching which is approximately 10 km from the Olympic Village so that the slogan of the Munich Olympics: The Games of the short distances, can be, though not quite but nevertheless almost be realised. The course will run from south-south-west to north-north-east. The basin will be 2, 225 m long with a width of 130 m and a depth at normal water level of 3.50 m. Beyond the finishing line the depth will taper out to 1m. There will be no separate training canal. For training purposes the course will be divided into two lanes of 80 m for rowing and 60 m for canoeing, but during the rowing competitions canoeists can train only in the morning. During the second week the whole course is reserved for canoeing. On the Northern side of the basin an eight metres wide cycling path will be built for trainers and on the southern side a road for mobile television cameras. The main spectators stand will have

seats for 8000 - including 4000 covered seats - apart from a temporary stand for additional 1200 spectators. The boat enclosure will have changing facilities for 875 with all the usually required facilities.

The cost of the course is estimated at 60 million DM. Following the 1968 Olympic Games when Mexico at Xochimilco had created what is generally regarded the finest regatta course in the world, the foundation seems now to have been laid for another fine Olympic regatta venue worthy of its predecessor.

POINTS FOR DISCUSSION

The ICF Paddling Racing Committee at its May meeting in Madrid started the discussion of the revision of the ICF Racing Rules whose validity expires on the 31st December 1970. A final draft of the proposed amendments will be submitted to the Congress in Copenhagen in 1970. Among major revisions the meeting proposed the following changes.

1. Boat measurements and one-design racing craft

The meeting accepted the proposal of one of its sub-committees that as from the 1st January 1971 the restrictions to the minimum beam measurements should be lifted. The reasoning behind this proposal is the realisation that in course of time a minimum waterline width of the hull has been more or less established, and taking into account the average weight of competitors no substantial changes can be expected. As things are, the present minimum width of the beam is regarded as an artificial restriction which has led to some ungainly declines and actual hindrance to the competitor.

In order to give boatbuilders time to develop new designs and not to put too

great a financial burden on federations and clubs, it was suggested that the new regulations should be brought into force in stages:

K4 as from 1st January 1972.

K2 and C2 as from 1st January 1973.

K1 and C1 as from 1st January 1974.

The other restrictions regarding weight and length are to remain.

It was also thought that these changes would enable ordinary boat-builders in the various countries - as for instance of rowing boats - to start building racing kayaks and canadian canoes and generally reduce cost.

In view of these proposed amendments a decision on the one-design boat was postponed until one has gained more experience with the new boats. It was felt that in due course a design would be developed which then could be accepted by the ICF as a one-design craft.

It will be recalled that a motion regarding the abolishment of the limitations of the width was first submitted to the Congress in 1966 by the Danish Canoe Federation - though they wanted to introduce a minimum of the waterline width - and a motion regarding a one-design craft came originally from the Swedish Canoe Federation.

2. Championships Programme

The Paddling Racing Committee proposes to change the programme of Senior Championships by the introduction of C1 and C2 500m races (proposed by Rumania) and, with the limitation of one boat per nation and event, of the repechage system. The K1 4 x 500 race which in recent years has lost some of its popularity, is to be dropped. Senior Championships would then be spread over four days, and the timetable would look as follows:

1st day

Forenoon - 0800 - 1350 hrs

K2 Men 1000m Heats

C2 Men 1000m

K1 Women 500m

C1 Men 1000m

K2 Women 500m

K4 Men 1000m

Afternoon - 1530 - 1900 hrs

Repechages

2nd day

Forenoon - 0830 - 1350 hrs

K2 Men 500m Heats

C1 Men 500m

K4 Women 500m

K1 Men 500m

C2 Men 500m

Afternoon - 1600 - 1910 hrs

Repechages

3rd day

Forenoon - 0900 - 1220 hrs

Semi-finals of races of first day

Afternoon - 1600 - 1730 hrs

Finals of semi-finals of forenoon

1830 hrs

K4 Men 10,000m

4th day

Forenoon - 0900 - 1210 hrs

Semi-finals of races of second day

Afternoon - 1530 - 1700 hrs

Finals of semi-finals of forenoon

1730 hrs K1 Men 10,000m

K2 Men 10,000m

1830 hrs C1 Men 10,000m

C2 Men 10,000m

b. Junior Championships

At the request of the Hungarian Canoe Federation it is proposed to abolish the lower age limit of Juniors and leave only the upper age limit of 19 years, but medical certificates as to the physical fitness of the Junior will have to be produced. It was also suggested to enlarge the Junior programme by the introduction of a C6 race and 1,000m races for men. Regarding the latter the opinion of the ICF Medical committee shall be obtained. No competitor shall be allowed to compete in more than two races per day, and there must be an interval of at least one hour between the two races.

The Paddling Racing Committee did not discuss the suggestion made by the Board of Management at its meeting in August 1968 in Prague - that the minimum depth of racing courses used in championships events might have to be raised from the present three metres minimum.



INTERNATIONAL CANOEING

AMERICA
HOLLAND

AMERICA

AMERICAN FROSTBITE

After the 'Irish Frostbite' slalom reported in the March issue of 'Canoeing Magazine' we hear that America has a frostbite event. The slalom takes place on the White River in the October of each year in the State of Vermont, New England.

It is a modest twelve gate slalom that is designed specifically for beginners and is competed on very easy grade I and II water. This Frostbite Slalom, sponsored by the Ledyard Canoe Club, of Dartmouth College, is in its fifth year of existence and last season drew an entry of 114 contestants, many of whom drove six-eight hours in order to compete.



HOLLAND

ZAAANREGATTA,

Only three British paddlers competed at the 11th International Zaanregatta held in Holland on 31st May/1st June, and also conspicuous by their absence was competitors of Eastern Europe.

Having been to Zaandam six years I am perhaps a little bias but I feel it was a great pity that there was no positive direction from the Sprint Racing Committee to encourage juniors and seniors to attend this event as individuals - if as it seems there is no money to send a British team out there. For our juniors this is a first class regatta at which to gain international experience, while for seniors there is more than enough competition - Hoekstra, Moens, Muusse; do we always have to send our seniors to regattas where the majority get pushed out in the heats?

However, Zaanregatta 1969. With Seniors, Juniors, Womens, three Aspirant classes and Novice events, a full programme of distances from 10,000m to 300m, there were 80 canoe races crammed into a day and a half. On the Saturday afternoon the longer sprint distances were competed. Outstanding among these was the 10,000m senior K1. Off the start were top paddlers Hoekstra, Moens, Runeman, Muusse and Helder, a total of 14 paddlers including our own Steve Kitson. Olympic paddler Hoekstra was soon dropped from the main pack and failed to complete the race, Moens being the eventual winner.

During the Sunday there were 65

events - a start every five minutes from 9.0a. m. and hardly a minute out from the programme all day! British paddlers Steve Kitson racing senior and Ken Pereira racing junior were both pushed out in their heats - third British paddler see 'Youth Canoe Sport'.

With Hoekstra now living in Belgium he has joined with Moens for K2 and quite a formidable pair they make. There was no touching them in the 500m or 1000m but in the K1 over these distances Hoekstra could not catch the Belgium, J. Burny of Mechelen KC. Certainly one of the most exciting and brilliant races of the day was the very last event - the senior 4 x 500 K1 relay. Saarbrucker KC went into an early lead but over the last leg Gent had pulled up level and with a very close and thrilling finish to the whole regatta just gained the win - total time 8.25.1.

What I said about juniors competing this regatta was forcefully brought home in the aspirant classes. Dusseldorfer KC entered three K4s of youngsters, many so small they could hardly reach over the cockpit! But what a joy to see future champions learning by experience.



Above: Mieke Jaapies racing to a win in the womens 500m K1.

Below: Hoekstra/Moens just leading in the senior K2 1000m. In background, Helder/Runeman and Muusse/Bloem.

Bottom: Aspirant class K4s off the start.

'CANOEING MAGAZINE PHOTOS'



COMMENT *Letters to the Editor*

SLALOM COMMITTEE INEFFICIENCY (REPLY)

I take great exception to the allegations of inefficiency on the part of the Slalom Committee made by your correspondent, Mr. S. Baker, a B.C.U. Coach in the current issue. When the yearbook misprint was noted, our Records Officer wrote to all the paddlers concerned, including your correspondent. If his arrangements for having mail forwarded leave something to be desired, this is hardly our fault.

Yours sincerely,
Chris McAllister.

As a member of both the full Slalom Committee and also the Slalom Executive Committee, I should like to say how sorry I am that Mr. Stephen Baker should have been so much inconvenienced by the very unfortunate misprint in the Slalom Year Book. Most of the members of the Executive Committee read through the book carefully and found certain misprints but this particular omission was not spotted immediately.

I was very surprised that Mr. Baker got the impression that the Slalom Committee thought this a minor and insignificant error, and that they failed to accept the responsibility and blame due to them, and I can only think that there must have been some misunderstanding between him and the member of the committee to whom he spoke about it. However, the committee member may have expressed surprise that Mr. Baker did not already know the promotion and relegation figures for the ranking list. It is not a case of having to wait for the Year Book for information hitherto kept secret. The Year Book merely records facts decided and publicised by the full Slalom Committee (which consists of two representatives from every club active in slalom) and therefore known, through their repres-

entatives, by members of all those clubs. The decisions regarding the ranking list were made by the full Slalom Committee in December and Mr. Baker's club representatives were presumably either present at the meeting or received minutes of it afterwards, three months before the start of the slalom season.

Mr. Baker considers the Slalom Committee (and I am assuming that he is referring to the Slalom Executive Committee) to be irresponsible, careless, apathetic, and unconcerned with its members. Though he is quite justified in his annoyance over this affair, I can hardly believe that such criticism can be referring to a single slip-up, however unfortunate a result it may have brought about, so I should very much like to know further details of these shortcomings as I should like to play my part at least in attempting to remedy them. Constructive criticism is always helpful.

However, I should like to comment particularly on the accusation that the committee lacks concern for its members. I have been a member of the Slalom Executive Committee for several years and have missed, I think, only one meeting, so have seen the committee in action for some time. I have seen Julian Shaw (Secretary for about 8 years) and Maurice Rothwell (Chairman for even longer) putting in enough hours of work for slalom to have amassed a small fortune in paid employment. The fact that I have travelled 3,000 miles to slalom meetings in just the last six months gives some idea of the travelling involved for committee members. Meetings regularly take up an entire weekend, going on far into the Saturday night, so that by the Sunday evening one feels drained of any power to think. I have known meetings to go on till 3.30 am. with a slalom the next day, and only recently attended a mid-week evening meeting from which I arrived home at 4 am. If the committee was irresponsible and unconcerned about its members this would not happen: business would be

dealt with smartly, quick decisions would be made, and the meeting would be over by 10.30. But this is not so. The committee goes on thrashing out each problem until they honestly feel they have found the best solution, and if the decision does not after all turn out to be the right one, it was certainly not for lack of concern, time or effort put into it.

If the Slalom Committee (or the Slalom Executive Committee) is not giving satisfaction to members of the sport by

all means let us have constructive criticism, but let it be fair criticism. I do not object to the charge of inefficiency if it is justified, but to accuse the committee of lack of concern for its members is unreasonable, unjustified and entirely untrue.

Yours sincerely,
Margaret R. Bellord.
B. C. U. Slalom Executive Committee.

BOOK REVIEWS



WEIGHT TRAINING FOR SPORT AND FITNESS by Michael Fallon. 128 pages illustrated with line drawings. PRICE 18s (Kaye & Ward. London).

Training with weights has become recognized as one of the key methods of training for sport: for it develops the physique, strengthens the muscles and internal organs, improves stamina, and promotes the type of health and vigour that lasts a lifetime, in a way that no specialized training can match.

This very excellent book, first published by Nicholas Kaye in 1957, reprinted in 1959 and now a completely revised 2nd edition published by Kaye & Ward, is essential reading for all sportsmen, whether athlete, swimmer, wrestler or canoeist. Chapters include Getting into Shape, This Business of Muscles, How to Train, The Warm-up Exercises, Routines for Sports as well as a description of all the exercises plus Weight Training for Women.

Although this book does not give schedules for canoeing (what book does) it is certainly a very useful publication, and good guide to training and of great value to the competitive canoeist. (This publication is one of the selected list now available from Canoeing Magazine Sales - price 18/- plus 1/- postage)

HOW TO BUILD A GLASS FIBRE CANOE by Alan Byde. 14 pages. PRICE 5/- (Trylon Ltd.)

A useful little booklet this giving a real insight into the perplexities of glass-fibre building. The publication deals with the building of a kayak using the one-piece moulding method and is a fine introduction to the use of GRP. It should be of value to the many schools, youth and scout groups who contemplate building their own craft. However with three blank pages for notes at the rear I feel this space could have been put to far better use by the inclusion of a number of instructional photographs included in the copy.

'CANOEING MAGAZINE SALES'

Readers will note the full page advertisement 'CANOEING MAGAZINE SALES' in this issue. This is a new department your editor is building up and it is proposed to offer a selected range of books, maps and publications of outstanding interest to the canoeist. During the coming months many other publications will be added to the list and advertised as they become available. Provide correct payment is enclosed with your order all publications will be sent by return post.

AGE-TRADE PAGE-TRADE PAGE-TR/

'SWIFT' SLALOM KAYAK

P & H FIBREGLASS PRODUCTS introduce another new slalom kayak onto the market for the 1969 season. Designed by Dick Gays of Leicester, the 'SWIFT' during recent trials was a winner all the way. It is priced at £33. 0. 0d and one of the best buys for quality and design on the British market.

P & H FIBREGLASS/SEALSUIT

Further to the 'SEALSUIT' Dry Suit from P & H FIBREGLASS reported in the February issue, we now learn that these suits are available in kit form with a complete full Dry Suit Kit costing as little as £5. 2. 6d. Details available from P & H Fibreglass, 6, Charles Avenue, Spondon, Derby.

GLASSFIBRE INSTRUCTION FILM

STRAND GLASS CO. LTD., one of Britain's largest suppliers of glassfibre and associated products, realised that there was a considerable knowledge gap about their products amongst their customers and potential users. They decided that a 16mm sound movie would aid considerably in putting across the multitude of uses glassfibre may be put to.

The film shows a number of uses for glassfibre and commentary is by Clement Freud who adds his own special brand of humour. It runs 18 minutes and is in colour. Available on free loan to clubs or youth groups from: Stand Glass Co. Ltd., 79, High Street, Brentford, Middx.

HAWKESWORTH FILMS

Chris Hawkesworth, the well known 1st division paddler and proprietor of the Northern Wild Water Centre, has for some time been under pressure to hire out some of his best canoe sport films. Copies of these have now been made and are available for hire or sale.

The films are 8mm silent, 16 frames per second, 16mm colour and sound (Mag-

netic only) with speeds of 16 frames and 24 frames per second standard speed with slow motion of 32 and 64 frames, plus a series of 35mm colour slides. The films and slides are all of high quality and include a written commentary.

At present 10 films are available with another 6 available towards the end of the year. Those available include canoeing from 12 countries, U. S. A. Yugoslavia, Austria, Canada, West Germany, etc. The first ever kayak trip down the Grand Canyon of the Colorado, U. S. A. - shot last year. The Slalom Internationals of Spittal 1966 (Austria), Augsburg 1967 (West Germany), and Tacen (Yugoslavia).

Soon to be available for circulation are three films 16mm colour and sound: Building a glassfibre canoe from raw materials to the water. (35mm slides also available of this film), Paddle and rolling techniques for the beginner, Paddle and rolling techniques for the advanced canoeists.

None of the above films run for more than 30 minutes but a list of running times hire, and sale charges is available from - Chris Hawkesworth, (Films) 'Ridge-Side', Hillcrest, Collingham, Wetherby, Yorks.

REAL 'FLOWER POWER'

At recent canoe slaloms Geoff Dinsdale of the Chalfont Park Canoe Club has been sporting a real 'Flower Power' Canadian single, the deck having a multi-coloured flowered pattern printed on the glassfibre. Certainly this seems to have been making the canoe go faster for at two recent events he completed the course in a faster time than the kayaks! But seriously there is something different about this Jaycee Cobra Geoff has been paddling. The boat is the first of the modified version of the Cobra, slight alterations being made to the hull to give the canoe a faster turning ability. The price at £51. 5s including spraydeck, remains unchanged.

L-D RACING INDEX

The Long Distance Register of paddlers is still far from complete. Paddlers are reminded that in their own interest of being kept fully up to date on L-D sport they should send their name, address and club to: The Minutes Secretary, A. L. Laws, 5, Wallis Avenue, Lincoln.

It was quite surprising the number of comments I received at the Boston Long Distance event after my editorial last month. Comments not only from the paddlers but from many others who just spectate. Anyway a pat on the back to the paddlers at Boston who took to heart what I said and raced off the line with some pretty fair starts - even the Richmond boys managed to hold until almost the word GO!

LONG DISTANCE RACING REPORT

Some points of interest on this seasons L-D racing - up till the Bradford-on-Avon Long Distance 92 canoe clubs had entered ranking events and at the Bedford Long Distance 45 different clubs competed. This must certainly be inspiring news for the Long Distance Committee - there seems nothing to stop Long Distance increasing even further.

'ROYAL' MATATHON

The Royal Canoe Club are to run a marathon long distance canoe event on 28th September. The race for K1s only is over 35 miles on the Thames from Marlow to 'Royal.'



Hasler Trophy

RICHMOND CANOE CLUB	50	34	75	74	72	56	72	70	503
HARLOW CANOE CLUB	42	71	82	60	45	59	34	27	420
ROYAL CANOE CLUB	19	08	06	16	34	04	23	32	142
GRAPPENHALL ACC	24	18	34	14	15	02	19	02	128
BRADFORD-ON-AVON CC	22	12	16	02	06	24	--	41	123
SOUTHAMPTON CANOE CLUB	12	25	10	20	16	20	--	00	103
LINCOLD CANOE CLUB	24	05	04	17	05	13	27	--	95
LEAMINGTON SPA CANOE CLUB	--	41	25	04	01	15	02	01	89
WORCESTER CANOE CLUB	--	13	--	17	02	24	17	--	73
LONGRIDGE SCOUTS CC	--	--	17	16	23	--	00	10	66
NOTTINGHAM CITY CC	00	06	--	17	14	08	04	08	57

Above are the positions of the top 11 clubs in the Inter-club Hasler Trophy. Points are from the ranking L-Ds up to the Bradford-on-Avon race. -- indicates no paddlers racing, 00 indicates that paddlers were racing but no points scored. Points scoring in the ranking races is on all paddlers completing the course in less than 120% of the winners time.

RESULT ROUND-UP



SHEPPERTON SLALOM 10th/11th May.

3rd DIV. MENS KAYAK

1. I. Allen Devas Boys CC	236/178pts
2. M. Schatunowski Reading CC	249/187pts
3. N. Midgley Brune Park CC	302/203pts
4. R. Sexton Brune Park CC	328/230pts
5. P. Livesey Bingley College CC	328/230pts

MENS CANADIAN DOUBLES

1. M. Hillyard/G. Dinsdale Chalfont Park CC	274/191pts
2. A. Harbour/Mrs. J. Harbour Chalfont Park CC	CAP/406pts
3. M. Phillip/I. Allan Devas Boys CC	RET/439pts

MENS CANADIAN SINGLES

1. G. Dinsdale Chalfont Park CC	247/211pts
2. M. Hillyard Chalfont Park CC	355/254pts
3. J. Albert Chalfont Park CC	327/270pts

TEAM EVENT

1. Chalfont Park CC (Canadian Singles)	421/376pts
2. Chalfont Park CC (Kayaks)	620/469pts
3. Woking Adventure Group	773/519pts

NATIONAL CHAMPIONSHIPS 17th May.

10,000m K1

MENS SENIOR

1. L. Oliver	Lincoln CC
2. M. Mean	Harlow CC
3. S. Kitson	Grappenhall ACA

MENS JUNIOR

1. H. Dyer Riverside CC	51.41
2. D. Moore Independent	51.54

MENS NOVICE

1. J. Handyside Chalfont Park CC	51.20
-------------------------------------	-------

YOUTH

1. J. Phelps Harlow CC	53.20
---------------------------	-------

WOMENS 3,000m

1. Miss B. Mean Harlow CC	16.47
2. Mrs. D. Lawler Richmond CC	16.50
3. Mrs. S. Pluthero Canoe Touring Club	18.58

EASBY SLALOM 17th/18th May

1. S. Fisher Aberdeen Univ. CC	209/380pts
2. D. Howe Sunderland CC	241/213pts
3. V. Brown Cambridge Univ. CC	342/220pts

OPEN MENS KAYAK

1. K. Langford Manchester CC	147/147pts
---------------------------------	------------

2. K. Wickham Sunderland CC	173/152pts
3. R. Calverley Manchester CC	164/152pts

OPEN WOMENS KAYAK

1. Miss Heather Goodman Lakeland CC	187/172pts
2. Miss Audrey Keerie Sunderland CC	237/183pts
3. Miss Wendy Horne Leeds CC	345/274pts

OLD WINDSOR SLALOM 17th/18th May

2nd DIV. MENS KAYAK

1. G. Ball Itchen Valley CC	537/352pts
2. I. Usher Leeds CC	491/367pts
3. P. Marshall Shepperton CC	RET/393pts

MENS CANADIAN DOUBLES

1. Brown/Edwards	576/416pts
2. Goodman/Gibson Soar Valley CC	CAP/986pts

MENS CANADIAN SINGLES

1. G. Dinsdale Chalfont Park CC	443/313pts
2. G. Goldsmith Brighton CC	399/384pts
3. J. Albert Chalfont Park CC	522/394pts

LINCOLN L-D 18th May

CLASS 1A (Seniors B12)

1. N. Jackson Grappenhall ACA	1.32.30
2. S. Kitson Grappenhall ACA	1.32.50
3. D. Moore Independent	1.39.35

CLASS 2A

1. L. Oliver/A. Edwards Lincoln CC	1.25.20
2. D. Blackmore/B. Greenaway Richmond CC	1.32.05
3. Mallier/C. Baker Royal CC	1.33.10

CLASS 3A

1. R. James Grappenhall ACA	1.55.30
2. Savill Caterham CC	1.53.45
3. D. Squires Leamington Spa CC	1.58.05

CLASS 4A

1. T. Beere/M. Fougler Harlow CC	1.48.20
2. R. Burn/C. Hamlin Richmond CC	1.50.00
3. A. Laws/B. Pluthero Lincoln CC	1.52.40

(JUNIORSB8)

CLASS 1B

1. P. Hopkins Royal CC	0.46.00
2. J. Phelps Harlow CC	0.47.00

CLASS 2B

1. L. Smith/J. Farthing	
-------------------------	--

Richmond CC	0.47.51
2. Langley/Adams Hewell Grange CC	0.49.00

CLASS 3B

1. M. Perrin Caterham CC	0.54.00
2. P. Jay Viking KC	0.54.50

CLASS 4B

1. Squire/Cotterill Gailey CC	0.55.05
2. Barrass/Light Hewell Grange CC	0.56.30

CLASS 1C

1. Mrs. D. Lawler Richmond CC	0.58.00
2. Mrs. J. Machin Gailey CC	1.02.30
3. Mrs. R. Gray Nottingham City KC	1.14.00

CLASS 3C

1. Mrs. S. Pluthero Canoe Touring Club	1.02.05
2. Miss W. Muir Richmond CC	1.13.25

BATH-BRADFORD-ON-AVON

L-D 25th May

CLASS 1A (Seniors B12)

1. S. Kitson Grappenhall ACA	2.00.00
2. M. Boshier Royal CC	2.01.00
3. A. Stoneley Cambridge Univ. CC	2.03.00

CLASS 2A

1. C. Baker/S. Hollier Royal CC	1.51.00
2. Schnepf/C. Gray Nottingham City KC	1.51.45
3. D. Blackmore/B. Greenaway Richmond CC	1.57.00

CLASS 3A

1. J. Edmondson	2.19.15
2. B. Gilliver Soar Valley CC	2.20.00
3. Leah Grappenhall ACA	2.24.30

CLASS 4A

1. T. Beere/H. Baker Harlow CC	2.06.25
2. G. Cottle/C. Vare Bradford-on-Avon CC	2.11.45
3. I. Spence/Roelich Loughborough College CC	2.19.00

CLASS 1B (Juniors B9)

1. R. Duke Richmond CC	1.46.00
2. B. Robinson Chippenhall CC	1.54.00

CLASS 2B

1. G. Kolar/J. Farthing Richmond CC	1.35.00
2. S. Bulley/G. Martin Bourne Youth Wing	1.36.00

CLASS 3B

1. A. Morgan Soar Valley CC	1.53.30
--------------------------------	---------

2. B. Jones City of Cardiff CC	2.06.45
CLASS 4B	
1. Gunnis/Watson Bradford-on-Avon CC	1.54.15
2. Pearce/North Isleworth CC	1.59.30
CLASS 1C	
1. Mrs. D. Lawler Richmond CC	1.54.15
2. Miss C. Allen Penzance CC	1.56.15
3. Miss M. Coombes Bradford-on-Avon CC	2.35.00
CLASS 2C	
1. Miss S. Buckett/Miss May Southampton CC	1.06.30
CLASS 4C	
1. Miss Coombes/Miss Twine Bradford-on-Avon CC	2.16.00
2. Miss Taylor/Miss Wharry Clevedon Youth Wing	2.30.00
3. Miss Tedder/Miss Smith Clevedon Youth Wing	3.13.00
SOUTHAMPTON L-D 1st June.	
CLASS 1A (Seniors A14)	
1. N. Jackson Grappenhall ACA	1.38.01
2. T. Beere Harlow CC	1.44.00
3. A. Moore Chippenham CC	1.47.02
CLASS 2A	
1. J. Day/M. Giddings Harlow CC	1.30.30
2. S. Hollier/C. Baker Royal CC	1.31.00
3. M. Boshier/C. Leach Royal CC	1.31.10
CLASS 3A	
1. R. Davis Iichen Valley CC	1.51.00
2. H. Hoskins Bradford-on-Avon CC	1.53.30
3. W. Overton Cambridge Univ CC	1.56.00
CLASS 4A	
1. G. Cottle/C. Ware Bradford-on-Avon CC	1.48.00
2. Tait/Saville Caterham CC	1.49.00
3. Grant/Pool Exeter CC	2.00.30
CLASS 1B (Juniors A8)	
1. A. Worth Exeter CC	0.58.20
2. G. Harris Hythe Venture Scouts	0.58.22
3. A. Pritchard Southampton CC	0.58.25
CLASS 2B	
1. S. Bulley/G. Martin Bourne Youth Wing	0.51.00
2. R. Duke/L. Smith Richmond CC	0.53.00
CLASS 3B	
1. M. Perrin Caterham CC	0.59.40
2. K. Bulley Bourne Youth Wing	1.10.30
CLASS 4B	
1. Gunnis/Watson Bradford-on-Avon CC	0.58.30
2. Heffer/Honour Amersham CT	1.00.35

CLASS 2C	
1. Miss S. Buckett/Miss L. May Southampton CC	1.00.30
2. Miss M. Turner/Miss L. Oliver Southampton CC	1.01.30

CLASS 3C	
1. Mrs. S. Pluthero Canoe Touring Club	1.11.00
2. Miss L. Doyle G. N. T. C.	1.14.30
3. Miss V. Smith G. N. T. C.	1.16.35

LEVEN WILD WATER TEST 1st June	
SILVER (1st Class)	
G. Mackereth Grappenhall ACA	5.42
C. Skellern Worcester CC	5.58/5.51
M. Thomas Manchester CC	6.11/5.52

BOSTON CIRCUIT RACE 8th June	
CLASS 1A (Seniors B15)	
1. N. Jackson Grappenhall ACA	2.07.00
2. P. Lawler Richmond CC	2.08.00
3. M. Boshier Royal CC	2.09.00

CLASS 2A	
1. S. Hollier/C. Baker Royal CC	1.55.00
2. D. Pannham/B. Greenaway Richmond CC	1.57.00
3. D. Jordan/M. Giddings Royal CC	2.02.00

CLASS 3A	
1. B. Gilliver Soar Valley CC	2.24.30
2. T. Young Grappenhall ACA	2.25.00
3. D. Fawcett Grappenhall ACA	2.26.30

CLASS 4A	
1. T. Beere/M. Foulger Harlow CC	2.18.00
2. C. Hamlin/C. Burn Richmond CC	2.20.30

CLASS 1B (Juniors B9)	
1. H. Baker Harlow CC	1.21.00
2. G. Kolar Richmond CC	1.22.30

CLASS 2B	
1. J. Farthing/R. Duke Richmond CC	1.26.00
2. D. Johns/M. Ingamella Boston CC	1.41.00

CLASS 3B	
1. R. Harrison Boston KC	1.35.00
2. T. Brown Boston KC	1.40.00

CLASS 4B	
1. Tomey/Daniel Amersham CT	1.22.00

CLASS 1C	
1. Miss P. Squires Leamington Spa CC	1.30.00
2. Mrs. D. Lawler Richmond CC	1.35.00
3. Miss Helen Woodhouse Welsh Harp CC	1.37.00



ZAAANREGATTA, HOLLAND.
13th May/1st June

MENS SENIOR EVENTS	
10,000m K1	
1. M. Moens Cano Club Gent, Belgium	47.15.7
2. B. Muusse Quo-Vadis, Holland	47.26.7
10,000m K2	
1. Schmidt-Liebig/Mathes Saarbrucker KC, Germany	46.26.7
2. Kracht/Mantel D. Geuzen, Holland	46.39.5
1000m K1	
1. J. Burny Mechelen KC, Belgium	4.18.0
2. P. Hoekstra Cano Club Gent, Belgium	4.20.8
1000m K2	
1. Moens/Hoekstra Cano Club Gent, Belgium	3.50.8
2. Helder/Runemen Quo Vadis, Holland	3.52.0
500m K1	
1. J. Burny Mechelen KC, Belgium	2.02.4
2. P. Hoekstra Cano Club Gent, Belgium	2.07.7
500m K2	
1. Moens/Hoekstra Cano Club Gent, Belgium	1.54.0
2. Schmidt-Liebig/Mathes Saarbrucker KC, Germany	1.55.1
WOMENS SENIOR EVENTS	
2000m K1	
1. Miss M. Jaapies De Geuzen, Holland	9.48.2
2. Miss M. Blijlevens De Helmvaarders KV, Holland	9.48.6
500m K1	
1. Miss M. Jaapies De Geuzen, Holland	2.22.8
2. Miss M. Blijlevens De Helmvaarders KV, Holland	2.31.8
500m K2	
1. Blijlevens/Bestenbreur De Helmvaarders KV, Holland	2.10.8
2. Lagrand/Jaapies De Geuzen, Holland	2.12.0
WOMENS JUNIOR 2000m	
1. Miss D. Runemen D4 Geuzen, Holland	11.22.1
2. Miss H. Woodhouse Welsh Harp, Gt. Britain	11.35.0
3. Miss U. Rottger Godesberger KC, Germany	12.00.0
WOMENS ADSP. 'A' 500m K1	
1. Miss N. Spoelstra De Hydronauten, Holland	2.47.0
2. Miss M. Jongejans Quo Vadis, Holland	2.54.3
3. Miss H. Woodhouse Welsh Harp, Great Britain	3.00.2

CANOEING MAGAZINE SALES

SELECTED PUBLICATIONS OF INTEREST TO THE CANOEIST

BOOKS & BOOKLETS

WEIGHT TRAINING FOR SPORT AND FITNESS by M. Fallon. Secrets of the Champions; training methods of the great; a book with exercises and schedules for almost ever sport. Price 18/- plus 1/- postage.

CIRCUIT TRAINING by R. E. Morgan and G. T. Adamson. A standard work on Circuit Training - fourth printing of new edition - covering principles and methods, descriptions and illustrations of recommended exercises. Price 10/6 plus 1/- postage.

CANOEING COMPLETE edited by B. Skilling and D. Sutcliffe. The work of specialist authors on all sides of canoe-sport and a permanent source of reference for novice or expert. Price 25/- plus 1/- postage.

CANOEING FOR SCHOOLS & YOUTH GROUPS by G. Sanders. A booklet giving a practical introduction to canoeing - Price 6/- post free.

MAPS

CANOEISTS' GUIDE TO THE RIVER WYE by A. Greenhill/R. Soesmith. Booklet guide of river from Glasbury to Chepstow - Price 3/- plus 6d postage.

RIVER THAMES - Stamford's strip map from Lechlade to Richmond, scale 1½ inches to 1 mile. Paper folded - Price 6/- plus 6d postage

CANOEING MAP OF ENGLAND AND WALES - Stamford's map showing all rivers and canals suitable for canoeists. 14 miles to 1 inch. 26 by 32 inches. Paper folded - Price 6/- plus 6d postage.

MAGAZINE BINDER

CANOEING MAGAZINE BINDER. A hard cover binder designed to take twelve copies of 'Canoeing Magazine' Magazines are held in place by cords of specially prepared waxed-finished linen thread. Finished in orange and black with gold lettering on spine. Price 15/- including postage.

Cheques or postal orders should be made out to 'Canoeing Press'

AVAILABLE BY RETURN OF POST

CANOEING PRESS

25, FEATHERBED LANE, CROYDON, CRO9AE,
ENGLAND. TEL: 01-657 6986.

P.S.R. FIBREGLASS **KAYAKS**

TOURING - RACING - SLALOM
THE CENTRE FOR BUYING SELLING
OR EXCHANGING

10' SWIFT FOR BEGINNERS	£20
11' SWALLOW FOR TEENAGERS	£24
13'6" RANGER 1 or 2 SEATER	£35
13'6" DOLPHIN DE-LUX SLALOM	£38
14'9" FALCON W.W. RACER	£34
15' SWORDFISH C3 RACER	£36
15' SCOUT TWIN COCKPITS	£38
16'6" KINGFISHER CAMPING	£40
17' SEA HAWK COASTAL TOURING	£45
21'6" BLACK PRINCE K2	£55
6'x3'x18' F/G FLOATING PONTOONS	£18

HOLIDAY HIRE

BY THE DAY WEEK OR MONTH
NEW/USED FIBREGLASS - PLYWOOD
- CANVAS/PVC - FOLDING - CANAD-
IANS - AND INFLATABLE CANOES
- ALSO TWIN BAR MOTOR RACKS.

The Canoe Exchange

JESSAMY RD. WEYBRIDGE, SURREY.
PLENTY OF PARKING OPEN WEEKENDS

Lendal SCOTLAND

PADDLES

SPRINT LONG DISTANCE TOURING

ALSO SUPERIOR KIT PADDLES

WILSON (P'WICK) LTD. Dept 3
167, AYR RD. PRESTWICK. AYRSHIRE.

Sole Distributors England & Wales:-
Jenkins & Lancefield, Corsham, Wilts.

CANOEING SUBSCRIPTION FORM

**CANOEING
MAGAZINE
CANOEING
MAGAZINE
CANOEING
MAGAZINE**

To the Circulation Manager
CANOEING PRESS, 25 FEATHERBED LANE,
CROYDON, CRO 9AE. ENGLAND.

*Please send me a specimen copy of "Canoeing" (1s9d.)

*Please send me "Canoeing" for the next twelve months
commencing.....(21/- per annum)

Orders for more than six copies of any one issue supplied
at 1s.4d. per copy.

I enclose Postal Order/Cheque value..... made
payable to "Canoeing Press". (*Delete as necessary)

NAME _____

ADDRESS _____

CLUB _____

**KEEP UP TO DATE ON CANOE-SPORT
TAKE "CANOEING" EVERY MONTH**



NORTHERN WILD WATER CENTRE

4, VICTORIA STREET,
WETHERBY, YORKS.



Tel: WETHERBY, 3220 or COLLINGHAM BRIDGE, 3198



SOLE AGENTS *PRIJON 'INN' SLALOM KAYAK*

Now proving very popular with 1st Division paddlers, designed by Tony Prijon the famous West German paddle maker. Available with go-faster stripes of personal choice. The best rough water slalom kayak available.

MAIN NORTHERN AGENTS FOR *'FUNA' SLALOM KAYAK*

Designed to incorporate all the winning features necessary for a top quality slalom boat - speed and manoeuvrability in heavy or slack water with quick acceleration and braking. Used by the British Slalom Champion and many other top paddlers.



CRASH HATS

The new 'C. J. H.' glass fibre CRASH HAT. The best value for money on the market. Completely non-rustable harness and rivets. AVAILABLE IN TWO SIZES.

Small-Medium and Medium-Large.

£2.6.0 plus 4/- P.P.

ALSO JOFA, ROMER AND GAYBO helmets stocked.

LIFE JACKETS

The answer to the canoeists prayers. The LIFFEY LIFEY solves your Life Jacket problems, made to I.C.F. specifications, new with softer foam, will last indefinitely.

£5.0.0 plus 5/- P.P.

Also Life Jackets to B.S.I. specifications from £5.15.0d.



Ottersports LTD

NORTHAMPTON

'PHONE
060/4/
39405 and
39161

COMPLETE
Service
**FOR THE
CANOEIST**



***For RUDDERS -
in Nylon or Aluminium
write for details***

**SEND FOR
ILLUSTRATED
40 PAGE FREE
CATALOGUE**

OTTERSPTS Ltd., 8/10 Broad St. NORTHAMPTON NNI 2HU

Please send me FREE 40 page illustrated Catalogue
Please send me details of Rudders.

Name

Address

C. M.

CANOEING MAGAZINE

small ads.

Classified advertisements 4d. per word
prepaid (minimum 5s.).

CANOES & EQUIPMENT

FOR SALE - RIBELLE K2 £50 good condition - Stanley Smith, 1199 Evesham Road, Astwood Bank, Nr. Redditch, Worcs.

MOONRAKER CLASS 3, spray cover, Lendal 'PACEMASTER' blades, All new 1968, £30 Halsall, 9, Belvedere Mansions, Chalvey, Slough, SL 29263.

FOR SALE - K2 PHANTOM, re-varnished, fin and over stern rudder. Also MIRAGE K2, Evenings only, London. Tel: 01-368 3308.

MOONRAKER 3S, complete with spray-cover, lifejacket, and LENDAL PADDLES - £25. Bill Overton, 2 Humberstone Road, Cambridge CB4 1JE.

FOR SALE - 1968-69 SLALOM BOATS AND RIVER RACER. Unused new PRIJON INN £34. Two LOWLINE 7's at £25. PRIJON PHANTOM £28. KW 7 INTERNATIONAL £18. Each one a bargain. Tel: 061 MAI 1224.

CANOES IN GLASSFIBRE

PRICES FROM
£22 10. 0. ex works.

WRITE FOR DETAILS TO
FUTURFORM PLASTICS LTD.
WHITEGATE. MORECAMBE.
tel: Morecambe 4652

1968 GLASSFIBRE CANOES in excellent condition. TYNE doubles £29, singles £28, juniors £20, Canadians £29. KIRTON slalom £26, SCIMITAR K1 £32. Details: P; G. L. CANOES, Station Street Ross-on-Wye, Hereford.

SIX GENUINE WOODEN CANADIANS, prices from £55 to £100. Apply weekends P. S. R. Jessamy Rd, Weybridge, Surrey.

MOONRAKER CLASS 4 'S' TYPE fibre-glass hull, mahogany deck £25. Apply: Moore, 4 Ricardo Road, Chippenham, Wilts.

FOR SALE - LIGHTWEIGHT KW 4 - kneebars, spraysheet, paddle, little used - £32. 86 Cecil Road, Upton Park, London, E. 13. Tel: 01-472 4995.

BUOYANCY

HARISHOK BUOYANCY AIDS: made up £4. 17. 6. Kit form £3. 5. 0. to ICF. Cash with order plus 5/6 post and packing to H. Calverley, 22, Schools Road, Abbey Hey, Manchester 18.

CANOE PLANS

PLANS, BOOKS, MAPS, INFORMATION
Expert's Choice:

PBK 59 MOULDED VENEER SINGLE
PBK 62 FABRIC WHITE WATER

Stamp for list of fully detailed plans etc.

PERCY W. BLANDFORD
NEWBOLD-ON-STOUR, STRATFORD-ON-AVON

B. C. U. CANOE PLANS 25 designs available. List from - 55, Conaglen Road, Aylestone, Leicester, LE2 8LE.

WANTED

WANTED - CANOE TRAILER for up to six canoes, varying sizes. Maximum 17' long x 32" wide, height 18". Lightweight preferred. Hillfields Youth Club, Thicket Ave., Fishponds, Bristol.

WANTED - GLASSFIBRE TOURING CANOE 8, Moseley Wood Gardens, Leeds 16. Tel. Leeds 675489.

FIBREGLASS

FIBREGLASS KITS. 1 pint Resin and Hardner. 1 sq. yd. ChoppedMat or 1 sq. yd. Medium Weight Woven: 25/- plus P & P 4/6. $\frac{1}{4}$ gall. Resin and Hardner. 2 sq. yds. ChoppedMat or 2 sq. yds. Medium Weight Woven: 48/- plus P & P 4/6. HOLLWILL FIBREGLASS CO. LTD. Wharf Lane, Hockley Heath, Nr. Solihull Warks.



Glass Fibre ?
Call on Strand Glass Ltd.,
Britain's largest Glass Fibre
stockists. The lowest prices.
The fastest delivery.
STRAND GLASS CO LTD
79 High Street Brentford
Middlesex Tel: 01-560 0978

PHOTOGRAPHY

Hundreds of action pictures of top British paddlers in Slalom, Long Distance and Sprint from England's leading canoe sport photographer. Display prints (16 x 20) at 17/-; (15 x 12) at 15/- unmounted. Also many prints suitable for advertising and general purposes. Mike Clark, 25, Featherbed Lane, Croydon, CRO 9AE. Tel: 01-657 6986.

FILMS

35, 16 and 8mm COLOUR CANOEING FILMS for Sale or Hire. Grand Canyon Colorado Expedition U. S. A. 1968. Augsburg and Tacen Slalom Internationals 1967. Canoe Building (16mm sound and 35mm) 1969. Surfing, Looping, Slalom, River Racing, Technique, Slowmotion. Chris Hawkesworth (FILMS). 'Ridge-Side', Hillcrest, Collingham, Wetherby, Yorks, LS22 5DN. Phone. Collingham Bridge 3198.

HOLIDAYS

SUNSPORT HOLIDAY SOUTHERN FRANCE

Our unique holiday combining Mediterranean sunbathing, sailing and sub-aqua with canoeing on the River Ardeche with its warm, shallow waters and breathlessly spectacular gorge. Exciting Adventure Holidays for Groups and Individuals, England, Wales, and France. Canoe hire service. Brochure PGL ADVENTURE HOLIDAYS, Dept. 3. Ross-on-Wye, Hfds.

CANOE IN SCOTLAND?

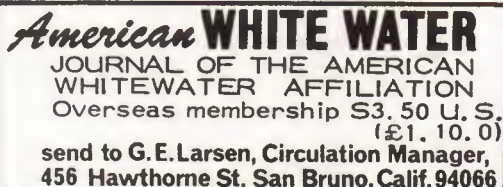
You're not too late for this summer! And if you don't canoe, why not sail, climb or go sea angling? Come North this year and get away!

**WESTER ROSS ADVENTURE HOLIDAYS,
ULLAPOOL, ROSS-SHIRE.**

PERSONAL

CARAVAN FOR HIRE opposite SHEPPERTON WEIR, weekends only, ideal for instructors. 25/- per day, apply: Mrs. M. B. Rollins, P. S. R. Kayaks & Dinghies, Jessamy Road, Thames Street, Weybridge, Surrey.

BOOKS & MAGAZINES



American WHITE WATER
JOURNAL OF THE AMERICAN
WHITEWATER AFFILIATION
Overseas membership \$3.50 U. S.
(£1. 10. 0)
send to G. E. Larsen, Circulation Manager,
456 Hawthorne St. San Bruno. Calif. 94066

WHITEWATER MAGAZINE, issued quarterly 10/- per year post free or 2/6 per copy plus 6d postage from - C. M. Rothwell, (White Water), 21, Windsor Road, Clayton Bridge, Manchester, 10.

GET RESULTS FROM A SMALL AD. IN 'CANOEING MAGAZINE'

SOME GIRLS....

will help, others won't. But you don't need to be a dressmaking genius to build your own WET SUIT. Especially not with our instructions to guide you. And the saving is fantastic.

Kits for 2 piece suit with bootees from

£6. 10. 0 single skin

£8. 10. 0 double skin

£12. 0. 0 nylon lined

You won't improve on these prices however hard you try.

AQUAQUIPMENT

SPECIALISTS IN D.I.Y. WET SUIT MATERIALS.

69 Hatfield Road, St. Albans, Herts. Phone: St. Albans 58851

Suppliers to H.M. Forces, Local Authorities, etc.

NEW FROM TRYLON



- "HOW TO BUILD A GLASS FIBRE CANOE" book by Alan Byde - Senior Coach to the B.C.U. An up to date very practical guide to canoe building for clubs and individuals.

LEAFLET T20 HIRE OF CANOE MOULDS

- 15' TOURING CANOE
SOAR VALLEY MARK 1

MOULD HIRE £1 per DAY
MATERIALS

£10 to £12 per CANOE

- BAT MARK 111
8' TRAINING CANOE

MATERIALS

£7 to £8 per CANOE

- TRYLON AP101PA - THE BEST RESIN FOR CANOES
TRYLON FOR ALL CANOE BUILDING MATERIALS

TRYLON LTD.

Wollaston. Northants. tel: Wollaston 275

CANOE CENTRESPORT!

Centresport the specialist supplier of camping, climbing and ski equipment, has now opened a canoeing section, run by Kevin Jenkinson. We can now supply all the equipment needed for competition and wild water canoeing.

frank davies
CENTRESPORT
dave clarke

40, Woodhouse Lane, Leeds LS2 8LX Tel: 31024



MONSCHAU INTERNATIONAL SLALOM



MENS KAYAK

1st

KEN LANGFORD

**PADDLING
PAVEL BONE**

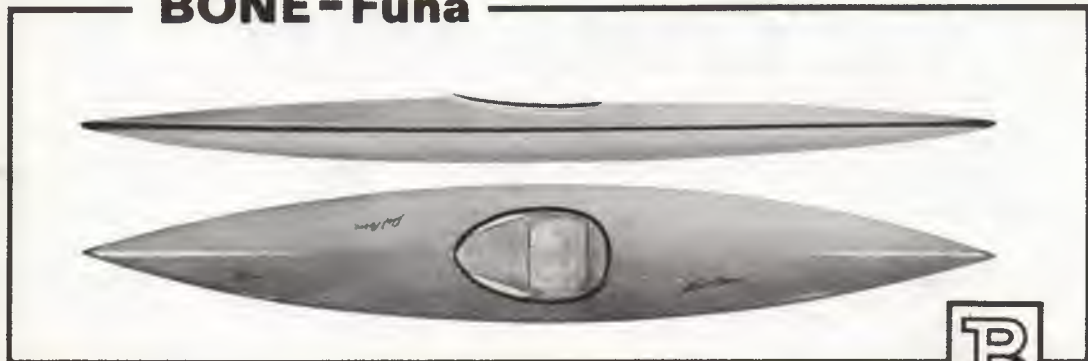
'FUNA'

B

*Pavel Bone
Kayaks (G-B)*

GAYBO LIMITED

BONE - Funa



OTHER SUCCESSES OF 1969

LUNE

1st PAVEL BONE 'FUNA'
1st PAVEL BONE SLALOM C1

GRANDTULLY

1st PAVEL BONE 'FUNA'
1st PAVEL BONE SLALOM C1

FOR 1969 CATALOGUE WRITE TO

GAYBO LIMITED

GAYBO LIMITED 1, RINGMER ROAD, BRIGHTON, BN1 9JD
Tel: Brighton 684599

1,000
ONE THOUSAND CANOEISTS *MUST BE RIGHT!...*
1,000 *IN CHOOSING A 'DIPPER' FROM THE SPORT RANGE*

- DIPPER - (13' 8") - Well-proven suitability for the beginner and slalom use.
- MALLARD - (16') - A fast, roomy, stable touring 2-seater.
- KESTREL - (13' 3") - A sporty canoe, designed with slalom in mind.
- SWIFT - (14' 6") - Slim and fast, intended for cruising and occasional competition.
- WREN - (13') - Specially designed to be safe for youngsters up to 15 or 16.

THE SPORT RANGE WAS SUPPLIED FOR MANY YEARS BY THE CANOE CENTRE, AT TWICKENHAM. NOW IT IS AVAILABLE ONLY FROM....

VIC LEWIS BOATS

334-338. Bolton Rd. Small Heath. Birmingham 10.

Tel: 021-772 2649

SEND FOR LEAFLET OF KITS, OR COMPLETE FIGHTER AND SL8 GLASS FIBRE CANOES, AND ALL CANOEING EQUIPMENT AND LIFEJACKETS.



MARK GEES

HIGH CLASS WOODWORK AND FINISHES

IS YOUR K1 OR K2 IN GOOD CONDITION?

A COMPREHENSIVE SERVICE OFFERED
TO THE RACING ENTHUSIAST, REPAIRS AND
VARNISHING OF VENEER BOATS AND PADDLES.

Enquiries to:

MARK GREVILLE-GIDDINGS

21. TOWER ROAD. TWICKENHAM. MIDDX.

TEL. 01-892 3635



MOONRAKER

THE FIRST NAME IN
HIGH PERFORMANCE
CANOES

THINKING OF A NEW "CLASS FOUR"?
Then consider the new
MOONRAKER VENEER CLASS 4
and its outstanding successes.

KENNET RIVER RACE

"FIRST" with a lead of 10mins. 50secs, Paddled by G. Cottle & C. Vare.

CAMBRIDGE L-D RACE

"FIRST" & "SECOND". Both crews almost 8mins. ahead of their rivals. Congratulations - G. Cottle & C. Vare. M. Purchase & T. Davis.

READING CIRCUIT RACE

"FIRST" Senior, with 4mins. lead. Paddled by M. Purchase & T Davis.

"FIRST" Junior, with 1 min. 45 secs, lead. Congratulations D. Gunniss & P. Watson.

A wonderfully efficient canoe, a real canoe, of genuine seven laminate moulded veneer construction, veneer seats and special rudder which sells at a price almost as low as glass/resin.

Excellent value for money at only £65. 0. 0d.

ALSO CONSIDER

The new MOONRAKER VENEER CLASS 3

of similar design and racing successes at a price of only £60. 0. 0.

For example:

READING CIRCUIT RACE

"FIRST" in Senior Race paddled by R. Lancefield

"SECOND" " " " " " D. Lintern

"THIRD" " " " " " H. Hoskins

Congratulations paddlers.

LENDAL PADDLES - BY ALISTAIR WILSON

We are the sole distributors for England and Wales of these excellent racing paddles.

There are SIXTEEN other "MOONRAKER" MODELS and many accessories. So before buying anything connected with canoeing or canoe building please send for our free illustrated catalogue.

JENKINS & LANCEFIELD

MOONRAKER BRITISH RACING & TOURING CANOES

DEPT. 9, CORSHAM, WILTS.

TEL. CORSHAM 3346

KLEPPER



The World's First and Finest

KLEPPER SL8

KLEPPER SL8 pure slalom model. Gold medal winner. 13'3" x 24½" .£45. 0. 0



KLEPPER FIGHTER

KLEPPER FIGHTER Down river Racer. Gold medal winner. 14'10" x 24". £47. 10. 0



KLEPPER TRAMP

KLEPPER TRAMP G.P.Sports Single and Training. 14'1" x 24½" . £42. 10. 0



KLEPPER COMRADE

KLEPPER COMRADE Sports double. Suspended seats. 15'11" x 30½" £50. 0. 0



KLEPPER MINOR

KLEPPER MINOR for Juniors, and Slalom training. 10'8" x 21½" £28. 10. 0



THE CANOE CENTRE

PORTABLE BOATS LTD

Tel 01-892-8979

18, BEAUCHAMP RD., TWICKENHAM, MIDDX.