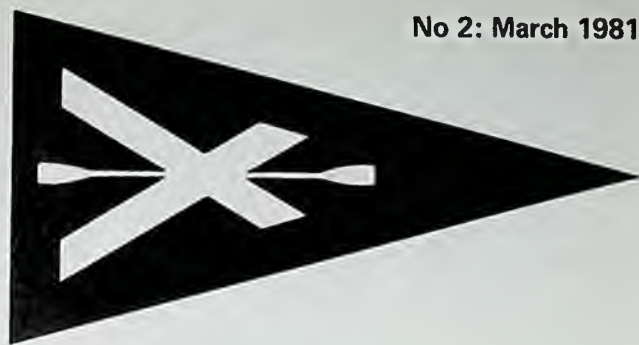


SCAN

Scottish Canoe Association Newsletter



SCOTTISH CANOE EXHIBITION

This exhibition will be staged at the end of March 1981 within the concourse of Meadowbank Stadium, Edinburgh. Once again it will provide canoeists of every standard and discipline an opportunity to view and purchase a wide range of equipment and materials which are now on the market.

The unique opportunity provided for canoeists at this event is unfortunately not as well supported as one would hope and if this type of event is to become a regular feature and accommodate larger stands and eventually water events our members must give it their full support.

Canoeists must not be slow to grasp the chance to examine the goods before they buy and eliminate the hassle of mail order, and damaged goods. Another benefit is that which accompanies any large market place, price fluctuation, prices vary from stand to stand often by a large enough margin to make the other item you fancy a distinct possibility instead of the all too often, if only I had brought more money remark. *A list of official addresses is shown on back page.*

too much confusion with the other Newsletter of the same name, then I will take the encouragement received and we will stick to 'SCAN'. And here's to its continued prosperity and happy paddling to you all in 1981.

Andrew Manwell

Footnote - My apologies at not being in attendance at the Canoe Exhibition to receive your comments and suggestions about SCAN, as I've just won a prize in a lottery - yes, my entry for the London Marathon has been accepted!

1981-THE YEAR OF THE CANOE!

This second issue of the SCA Newsletter focuses largely on the tempting offers being made to all canoeists of the ways to enjoy the activity in the year ahead. 1981 does have some marvellous things to offer. As you will see the centre section of the Newsletter is devoted to a pull-out programme for the Canoe Exhibition at Meadowbank Sports Centre, Edinburgh on March 28th and 29th.

The Exhibition has been growing from strength to strength under the enthusiastic direction of Ron Day and this year promises to be the best yet. As an opportunity to see a tremendous range of exciting canoe gear, a chance to chat to the manufacturers themselves, with a full programme of films and slide lectures to whet the appetite for expeditions to far off places, as well as the time to stop and reminisce with old and new canoeing mages - it is a weekend not to be missed!

An important facet of the Exhibition are those stands offering courses and holidays in canoeing and its many avenues of pursuit, which together with the Calendar of Events both from the SCA and the BCU combine to put on offer to all canoeists and potential canoeists the most exciting and stimulating package seen for many years. Add to that the staging of World

Championships in Wales and England, to be followed by Commonwealth Slalom and Whitewater race, and Sprint Championships at sites in Scotland. Altogether the prospects for canoeing in 1981 seem quite unlimited and one wonders where and how far the activity can still expand, bearing in mind that some sports are finding themselves at the limit of their potential, and to expand or try to expand any further means so much extra work, with the very real danger that they change the fundamental nature and attraction of their sport. I'm sure that point has not yet been reached in canoeing, particularly in Scotland, but on looking at our calendar one wonders how much more can be fitted in.

Finally, on the title of our Newsletter, most of the suggestions made to me, indicated a preference for our first choice of SCAN, with some support for

the 'Scottish Paddler' as being better than the 'Scottish Canoeist', and my searches into the Gaelic produced such equivalents as Curach - a canoe, or Curachan - a frail or little canoe, while thinking of the indispensable item we all need whatever craft we paddle, we do need a Paddle, but the Gaelic equivalent came out as Pleadhan or Pleadhanach. I discussed with Andrew Morton the possibilities of 'Waterways' as it had significance in several directions, while its Gaelic equivalent became rather a mouthful - Uisge-Rathad, and the only other Gaelic term which might fit into our family of White Water, Flat Water, Beachbreak, Ceufad, came in as Fìor-Uisge or Running Water, which has too much connection with Hiawatha and Indian canoes to fit neatly into the Scottish scene.

And so being assured by our publishers that there really isn't



Rescue at Scottish Surf Championships, Sandend.

Corps of Canoe Lifeguards

Members' attention is drawn to the existence of this important branch of our sport. The origins of the group now known as the CCL has its roots back in the 1960s and it became formally a part of the British Canoe Union in 1970 and exists now within the Union as a full Technical Committee.

Its constituent units are mainly in England, principally at those places where there is considerable public attraction to swimming in the sea, but with one or two exceptions where large rivers have an important role in local recreation as at Henley on the Thames. The Corps has developed its own specialised equipment, a rigorous training programme and series of

Awards in keeping with the traditions of lifesaving in the UK and publishes a comprehensive manual of training which is well worth the study to any group considering forming themselves into a Unit of the Canoe Lifeguards. Full details can be obtained from Oliver Cock, CCL Chairman, at Flexel House, 45/47 High Street, Addlestone, Weybridge, KT15 1JV.

THE DAVID TUTTLE FUND

Many of you will by now know of Dave Tuttle's tragic accident. Whilst on a field course with Edinburgh University, Dave fell 30 ft from a tree, breaking his back and severely damaging his spinal cord. The chances of Dave ever being able to walk again are virtually nil.

Dave, who was one of Scotland's top W.W. racers, is President of Edinburgh University Canoe Club, and one of canoeing's most friendly, colourful and likeable characters.

In order to help Dave in a positive and constructive way and to show him the support he has from fellow paddlers and other friends, a fund has been set up, unknown to Dave, but with the approval of his parents. It is hoped to raise enough money to buy Dave a car and have it converted for his use.

One of the fund raising activities being organised is a raffle, and Scott Ramage has generously donated a Stallion Slalom canoe as one of the prizes. Also, at least 12 of the top canoe manufacturers/products shops have agreed to donate prizes. I would appreciate it if any clubs, schools or individuals could help in the sale of these tickets. The draw will take place at the Div. 1 slalom event at Grandtully in April. Books of raffle tickets can be obtained from Hazel Pyper, or collected from the SCA Offices, 18 Ainslie Place, Edinburgh, EH3 6AU.

Other events are to be organised by Edinburgh University Canoe Club to raise money for the fund and we would appreciate any help from canoeists all over Scotland. If you can organise something to raise money for the fund, or would like to make a donation, please get in touch with either Hazel Pyper, 12 Glenesk Crescent, Dalkeith, EH22 3BL, telephone, (H) 031-663 2476, (W) 031-667 1081, ext. 3419, or Graham Duffin, 6 Western Place, Edinburgh.

N.B. Donations should be made by cheque or postal order and made payable to the "David Tuttle Fund".

BOOK REVIEWS

WILDWASSERTOUREN IN DEN ALPEN by Robert Steidle. BLV Munchen LSBN 3-405-12011-X.

Reviewer Andrew Manwell

Published in 1980 this book is a must for all those individuals and groups who like to spend their summer vacations on the rivers flowing down from the Alps, where they can enjoy big water and hopefully lots of sunshine. And this year with the strength of the pound (£) against all European currencies, there will no doubt be a steady procession of minibuses and trailers heading for the Alpine rivers. Until now the main guide to the rivers where the excitement runs high, has been the book *Alpenflusse - Kayahflusse* also by Rober Steidle, but now with the publication of *Wildwassertouren* a major step forward in river guides is the result. The book although only published in the original German is extremely well put together and 50 major rivers have been covered very efficiently with maps, diagrams and a marvellous set of colour photographs, more than enough to whet the appetite of those who doggedly seek out wild water in the frozen parts of Scotland. As it is realised that the tempting main part of the book is likely to be treasured for the long winter nights as one plans the next visit, there is a pocket guide included in the volume which one is able to secure in a small waterproof container to take onto the rivers themselves. A simple German-

English Dictionary is sufficient to reveal most of the secrets within, and I am certain this book will be welcomed by many eager canoeing teachers as well as the club paddlers with traditions of summer tours to the waters of the sun and the mountains. The price is almost £10, but very well worth the money. I'm sorry to be so enthusiastic, but it fires my enthusiasm to get back there, and it is just about the best looking book on canoeing that I have ever seen.

I should combine my remarks on the Guidebook with some on a companion volume also by Robert Steidle and entitled 'Wildwasserfahren - Technik, Training, Taktik' again in the original German, but well worth some study. As with most of the German books on canoeing techniques, the diagrams and photographs are extremely well produced and very clear and easy to understand even without any knowledge of German, but with a handy Dictionary to maximise one's appreciation of the points raised. Better still having some students of the language, then there is a lot to be learned from this book. And even more so from another to come out in the same series, which I hope to have acquired by the next issue of SCAN, and that is 'Kanuslalom' with one of the co-authors being Karel Knap, whom I had the pleasure of paddling with at Plas-y-Brenin in 1967, when we padded a C2 through the Menai Straits each way! My knees remember the occasion vividly.



ANDREW MORTON ASSOCIATION TREASURER RETIRES

Andrew Morton recently retired as Treasurer of the Association, seen here at the end of the first stage of the Tay Marathon 1980. Andrew developed his competitive skills with Glasgow University Canoe Club back in the 1960's and has represented Scotland in International White Water, Spring and Marathon Events. He has now taken over as Chairman of the Association's new White Water Committee and will be sharing his talents and experience as Coach to the Marathon Racing Squad.

GUAC Celebrate Centenary

After successfully bringing the British Universities Canoe Slalom Championships to Scotland, Glasgow University Canoe Club is announcing an extensive programme of events to celebrate the Centenary of GUAC, and to contribute to the theme of 1981 — The Year of the Handicapped.

Much media interest has already been shown in this theme of helping those less fortunate than ourselves and GUCC has been no exception with its commitment to "Sport for the Disabled" being recently covered in the national press (5.1.81). GUCC's commitment will come in two forms — financial and direct involvement.

The financial commitment will come through local sponsorship and advertising of the British Universities (BUSF) Slalom Championships, to be held for the first time in six years in Scotland, at Grandtully, Perthshire, the developing Scottish Slalom Centre. The BUSF Slalom on the 11th/12th April, will be the first of a major programme of events in the canoeing world this year, leading up to 'Canoe — 81' — the World Championships in Wales and the Commonwealth Championships in Scotland, at Grandtully. Extensive media coverage of these events is expected to lead to increased public interest and participation in canoeing.

Further financial contributions are expected from a sponsored Canoe Paddle on Loch Lubnaig, near Callander, monitored by officials of the Scottish Canoe Association and involving most club members. This is to be on Sunday 15th February and follows a Reunion Pool Gala on Friday, 13th February, at the University Pool. The Gala, as well as featuring former members of the club from as far back as 1963, will also involve the first indoor canoe slalom to be held in Scotland.

The results of the ventures will be collected in a Centenary Fund, in which all monies that are raised are going to be deposited. No profit from the events will be made by GUCC. The fund is to be distributed equally between handicapped people and Dave Tuttle, a well-liked Scottish canoeist who was tragically crippled recently.

Direct involvement with the handicapped people will come in May and June, when the club intends to give disabled people the opportunity of trying canoeing on lochs around Glasgow. Knowledge and experience for this is being acquired from previous trips with deprived children and from similar canoeing projects with handicapped people in canoes, which have

been tried in Edinburgh and England.

This ambitious programme of events will finish with a canoe tour of the white water rivers of the Spanish Pyrenees this summer.

Further information on Glasgow University Canoe Club's bid to help the handicapped to celebrate Glasgow University Athletic Club's Centenary also in the run-up to 'Canoe '81' — the World Championship year in Canoeing in Britain, can be gained from: Stephen Gardner,

Publicity Convener, Canoe Centenary Committee, Stevenson Building, Oakfield Avenue, Glasgow G12. Tel: (day) 041-334 1565, (night) 041-334 3714.

Information on GUAC's Centenary Year from: GUAC Office, Stevenson Building, Oakfield Avenue, Glasgow G12. Tel: 041-334 8855 ext. 7342.

Information on Sport for the Disabled in Scotland can be obtained from: Ron Stuart, Scottish Sports Council, 1 St. Colme Street, Edinburgh EH3 6AA. Tel: 031-225 8411.

Starting Canoeing



Canoeing is one of Scotland's fastest growing sports, it provides challenge and adventure in days when challenges are becoming fewer. It allows you to see areas you would never see except by the use of this small craft and it is still the cheapest way to adventure and excitement.

Basic equipment starts with lifejacket, paddle, helmet, spray-deck and a canoe. The beginner can take to the water for about £100. The most essential, of course, is proper training and the Scottish Canoe Association, 18 Ainslie Place, Edinburgh, will put you in touch with your nearest Club.

Canoeing generally starts on the river/loch where the basic skills are learnt and these gradually increase and become more testing as rougher waters are encountered.

Once the basics have been covered and some experience gained one generally decides where one is going in canoeing:

(a) towards the slalom and the skills involved in mastering techniques of white water competitions;

(b) towards touring where you can be self-sufficient by carrying tent, supplies and paddling from campsite to campsite enjoying nature; the exercise of paddling on flat water with stretches of white water adding to the excitement and the sense of adventure;

(c) towards racing either sprint or white water such as Strathclyde Park or on rivers with stretches of rapids adding to the skills required;

(d) towards the sea where one must start to learn all over again, as well as becoming conversant with tides, currents and navigation which all lead to experiences that no-one outside sea canoeing can obtain; such as exploring our

magnificent coastline and islands and seeing the wildlife first hand;

(e) surfing — thrilling and spilling as you learn to master the waves and experience the sheer exhilaration of coming in on top of the wave when you master the skills.

Whatever you decided it is up to you how far you go; do you want to follow the Scottish Expeditions to Norway and cross the Maelstrom or paddle the Alaskan waterways alongside the great whales; or even set a world record for some event, like crossing the channel, which is currently held by two Scotsmen.

The canoe has been everywhere — around Cape Horn, to the highest rivers on Everest, down the Orinoco and Grand Canyon. It is our oldest form of transport and modern technology has taken it into the space age with the use of the latest glass reinforced plastic developments.

Whatever you decide come along to the Scottish Canoe Exhibition on 28th and 29th March 1981 in Meadowbank Stadium, Edinburgh, see the range of the equipment for yourself and talk to the people who have done it, hear the talks by the latest adventurers and see the skills on film.

Check out the specifications of the equipment you require, compare the prices, meet the representatives of the Scottish Canoe Association, other Clubs and come join us on the water.

RIVER TAY SPONSORED LEUKAEMIA CANOE EVENT

On Sunday, 14th June 1981, we are running a sponsored canoe event to raise funds for Leukaemia Research at Edinburgh Royal Hospital for Sick Children. The event will be run on the River Tay from Stanley to Perth, a distance of ten miles on grade 2/3 water.

The groups will be divided as follows:

1. Sponsored paddlers paddling for pleasure with the incentive of a new canoe as a prize for the paddler who raises and deposits the largest sum raised through their sponsorship.

2. Sponsored groups from Schools or Clubs paddling for pleasure with a new canoe-trailer as a prize and the Lennie Muirhead Memorial Trophy (to be held for one year) for the group raising and depositing the largest sum raised through their sponsorship. A group shall consist of not less than four and not more than eight paddlers. (We also have a canoe for 2nd prize in this section).

3. The Donald Marshall Memorial Trophy — a race for the competitive paddler with the Trophy as first prize (to be held for one year). Entrants for this race must be sponsored or pay a £2 entry fee. Starting at Kinclaven Bridge this will be a ranking event.

Groups one and two will start between 10 a.m. and noon and rescue boats will be in position at Stanley Weir and Thistle Brig. Group three will start at 12 noon.

All paddlers must have a lifejacket/harishock, spray deck, helmet and paddle in groups of not less than three.

To be considered for a prize all money raised must be deposited by the 3rd July 1981 and bank receipt forwarded to the organiser.

I hope you will enter for this event and assist in raising funds for a worthwhile cause as well as promoting a greater interest in this sport. We are hoping for better weather this year, so bring the family and make a day of it.

Sponsor forms and any further details will be sent on request. SAE please.

We are indebted to B & S Trailers, 10 Newlandrig, by Gorebridge, Midlothian and A.S. Ramage (Canoes) Kinleith Industrial Estate, Currie, Midlothian for their sponsorship in providing major prizes for the 1981 event. Also Forth Canoe Club who have undertaken the responsibility of running the competitive section of this event.

Back Paddle

In the first issue of the Newsletter I included a list of other publications available to canoeists in the UK. Unfortunately, space prevented me making a full list. I was reminded by one reader, Kenneth Scott of Carlisle, that I had omitted 'Canoeing Magazine', which is available from Ocean Publications Ltd., 34 Buckingham Palace Road, London, at a subscription of £4.00 per annum.

I should also have included, 'The Canoe Camper' published by Camping Club of Great Britain and Ireland; 'Adventure Sports' a monthly available on most newstands; 'Beach Break', official publication of BCU Surf Committee; 'Flat Water', official publication of BCU Sprint Committee; 'Ceufad' (i.e. Welsh for Kayak), official publication of Welsh Canoe Association.

This last magazine is like SCAN, a fairly experimental venture, even the name is not final, and indeed encouraged me in my search through the Gaelic to find a possible title. It is a very impressive venture, not quite in the style I have in mind for SCAN, and is rather like an expanded version of Kayak magazine. But it does show a very real support among the members of the WCA and who actually have someone prepared to write at reasonable length about a Sea Canoeing holiday — where else but on the West Coast of Scotland, perhaps still about the 'Milk Run', Oban to Jura and back, but good stuff nevertheless. (Surely some Scottish paddlers have done something worth writing about, or are they getting paid for their articles in Canoe Magazine and Canoe Focus?!)

The comment of Jack Cuthill in 'Kayak' magazine about the timing of publication of the two magazines was considered seriously, and I do think that we will be able to fit in quite reasonably with the dates when Kayak comes out. SCAN must tie in with the notice to members of the AGM so November is a key issue, and as with this issue to fit into the date of the Exhibition, I would then expect the dates of publication for 1981 to be May 29th (copy date 30th April) and 31st August (copy date 30th July). Contributors please note! Also note that this issue could have been 12 pages if there had been sufficient response to my appeal for contributions. Please write about your canoeing experiences new or old, if you have any sort of canoe happening at all, then write about it, take pictures, draw sketches of it, and share your pleasure or discomfort with all our members.

Did you see the article on Canoeing across England in the Sunday Observer's Colour Supplement recently. A most interesting account of a journey from Liverpool to London in a borrowed Tasman double kayak. Neither paddler apparently had a great deal of canoeing experience, but nevertheless put together a journey and a story good enough to make the Sunday papers. How about some intrepid Scot doing a paddle across Scotland, with story, there are some fascinating lines to follow and not just Glasgow to Edinburgh by canal.

Again, I hope readers of SCAN and proponents of improved Access to rivers, noted with relish the article in the Sunday Telegraph, expounding at length on the delights of canoeing, the sheer pleasure of new vistas around each bend in the river and the peace of the whole undertaking — that's right it was in their ANGLING column!

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WHITE WATER RACING

Following the separation of the combined Slalom and White Water Committees at the AGM of the SCA, paddlers can expect to see considerable improvements in the status of river racing as the new autonomous committee establishes training days and selects teams to go abroad and compete for Scotland.

Dates of training days can be gleaned from the calendar sent recently to members. It is hoped to have a full weekend at Benmore before the end of 1981, organised by Graham Smith, a Team Manager and Trainer who did much to bring Slalom and River Racing to the high standards attained in the mid seventies.

Although budgeting is difficult in these days of Government cutbacks, the committee will be selecting a small Senior Team to compete at Monschau on the 2nd and 3rd of May. In the summer, before the Commonwealth Championships, a Junior team of up to ten paddlers will be taken abroad for one or two weeks to attend some low key events and to experience the true meaning of the word 'white water'! Selection for both teams will be primarily from results attained at Mackerston and Gradtully river races.

A good season then is promised for all who are prepared to do some training; culminating in the Commonwealth Championships in August at Grandtully, where it is hoped a strong Scottish Team will prove faster than the opposition expects!

(W.W. Committee)

CANOEING ABROAD ATTRACTIVE VENUES FOR 1981

TOURING

International Danube Tour. TID XXVI 1981. 26th June — 31st September. Ingolstadt, Vienna, Bratislava, Budapest, Belgrade, Silistra. Applications by 30th March to Ellen Menzinger, Kumpfmuglen Str. 46b 8400 Regensburg.

WHITE WATER TOURS

FRANCE

Brianconnais. 12th—19th July. Rivers Claree, Guisane, Guil, Durance and Gironde. Applications to Canoe Kayak Club, Brianconnais, Office de Tourisme, F-05100 Briancon.

AUSTRIA

Wildwater Week. Feldkirch. 2nd — 8th August. Applications to Franz Walkowski, Wohlbecker Str. 34. 4401 Aibersloh, West Germany.

SWITZERLAND

International Wildwater Week in Trun/Graubunden. Tours on Rivers (Grades II-V) — Vorderrhein, Albula, Glenner, Moesa, Ticino, and Furkareuss. Applications to Bodo Hassenpflug, Gyrhaldenstrasse 56b, CH-8953, Dietikon.

SLALOMS

Augsburg. 11/12th July. Entries by 15th June. Applications to Fritz Glaser, Ludwig Herman Str. 66. 8906 Gersthofen.

Bamberg. Schools DKV Championships. 4/5th July. Details, Gunter Menhorn, Heimstättensiedlung 13, 8623 Staffelstein.

Plattling. River Isar. 18/19th July. Details Wolfgang Henschel, Micheal Bucher Str. 5. 8350 Plattling.

Lofer. Slalom and White Water 1st/2nd August.

WHITE WATER RACES

Mittenwald. River Isar. 4th/5th July. Details Josef Gerstmeir, Arzgrubenweg 7, 8102 Mittenwald.

Spain. Noquera — Pallaresa Rally. 12th—18th July. Details Juan Laredo, c/Miguel Angel nu 18-60, Madrid 10/Spain.

SEA TOURING

North Sea. West Germany 13th—17th June. Details Manfred Wiltfang. Tulpenstrasse 5. 2890 Norden.

SPRINT AND MARATHON

LOG BOOK TRAINING SHEETS

Sheets are now available for muscular endurance training, and strength/event training. Cost of sheets £1.00 for 12 sheets sufficient for a year's training programme. Can be obtained from Anne Davidson, Sprint Committee Secretary, or Drew Samuel, Sprint Racing Coach. The use of standardised sheets is encouraged by all coaches, and the sheets are suitable for those training in other disciplines, slalom and white water racing.

ADDITION TO SCA RACE CALENDAR:

Regatta, 10th May, Strathclyde Park:

Open Men and Novice Men 1000m K1, K2 & K4 also 10,000m K4 Scottish Championship. Ladies and Junior Ladies 500m K2 & K4 also 600m K4 Scottish Championship. Espada 3000m K4 Championships.

Kirkcaldy Regatta, 6th June, Lochore Meadows, Fife:

Espada K2 250m, 500m, 3000m Scottish Championships.

HEADQUARTERS NOTES:

SYHA Leader Cards

The SCA holds a number of Leader Cards which are available to members wishing to take groups of children between the ages of 5 and 21 years to Youth Hostels. The Leader requires to be a member of the SYHA, but the members of the party do not. Each Card covers a group of at least two people and not more than 14, and if of mixed sexes the group must have a leader for each sex. The Cards can also be used outwith Scotland, but the minimum age of the group is 10 years.

Further information and enquiries regarding the use of these cards is available from Margaret Winter, SCA Office, 18 Ainslie Place, Edinburgh EH3 6AU (Telephone: 031-226 4401).