

# Canoe

## FOCUS

A first descent of

# WW in Bhutan

Round Britain in 80 days (part 2)

Paddling the Norfolk Broads

12 essential expedition items

# Sea kayaking the east coast of Greenland

Two new 'suggested paddles' to pull-out



April 2007 / No. 166 / £2.00



**Freestyle coaching:**  
Kayakojacko's second coaching day for the ladies at Hurley Weir



**Competition:**  
Win one of four HandiRack inflatable roof racks for your car



**Free  
Demo Days**  
Sunday 20th May  
Sunday 8th July

**Brookbank & Paddlesport together with many of the leading canoe and kayak manufacturers will be hosting FREE demo days to come and try canoeing and kayaking.**

**If you are considering purchasing a boat these are the ideal chance to try several out before you buy and talk to one of our helpful staff or the manufacturers themselves.**

**WHERE: SALE WATER PARK, SALE, MANCHESTER. JUST OFF THE M60 AT J6.**

**WHEN: SUNDAY 20TH MAY 10AM - 4PM**

**COST: FREE! JUST REGISTER ON LINE OR CALL 0161 474 1499**

**WHERE: PADDLESPOET, PARK FARM EST COMPTON VERNEY, WARWICKSHIRE**

**WHEN: SUNDAY 8TH JULY 10AM - 4PM**

**COST: FREE! JUST REGISTER ON LINE OR CALL 01926640573**

**canoesandkayaks.co.uk**

# BROOKBANK

**Our Ultimate Catalogue 07'**



Call or go online for your brand new 2007 brochure packed full of more products, more information and more advice!

## Our Shops



**Brookbank Scotland**  
Unit C10 Inveralmond Grove,  
Inveralmond Ind. Est.,  
Perth, PH1 3UG  
[www.brookbankscotland.co.uk](http://www.brookbankscotland.co.uk)  
01738 622 723

**Carlisle Canoes**  
Old Raffles Parade,  
Wigton Road, Carlisle,  
Cumbria, CA2 7EX  
[www.carlislecanoes.co.uk](http://www.carlislecanoes.co.uk)  
01228 531 703



**UK Canoes**  
Unit 8, Lansil Ind. Est.,  
Caton Road,  
Lancaster, LA1 3PQ  
[www.ukcanoes.co.uk](http://www.ukcanoes.co.uk)  
01524 388 850



**Brookbank Canoes**  
Unit 23, Meadow Ind. Est.,  
Water Street, Stockport,  
Cheshire, SK1 2BX.  
[www.brookbankcanoes.co.uk](http://www.brookbankcanoes.co.uk)  
0161 474 1499



**Paddlesport**  
Park Farm Est.,  
Compton Verney,  
Warwickshire, CV35 9HJ  
[www.paddlesport.co.uk](http://www.paddlesport.co.uk)  
01926 640 573



The official magazine  
of the British Canoe Union

18 Market Place  
Bingham  
Nottingham NG13 8AP  
Tel: 0845 370 9500  
Fax: 0845 370 9501  
E-mail: [info@bcu.org.uk](mailto:info@bcu.org.uk)

[www.bcu.org.uk](http://www.bcu.org.uk)  
ISBN 0953-010X

**BCU Enquiries**  
Above address

**President**  
Albert Woods

**Chair**  
Brian Chapman

**Chief Executive**  
Paul Owen

**Annual Subscription Rates**

**UK inland:** £19.00  
**Overseas:** £24.50

Supplied free to BCU members  
For subscription please contact the  
BCU on the above contacts

**Publishing Contractors**

2b Graphic Design  
49 Greenfield, St Ives,  
Cambs PE27 5HB  
Tel/Fax: 01480 465081  
E-mail: [peter@canoefocus.co.uk](mailto:peter@canoefocus.co.uk)  
[www.canoefocus.co.uk](http://www.canoefocus.co.uk)  
[www.2bgraphicdesign.co.uk](http://www.2bgraphicdesign.co.uk)

**Canoe Focus Enquiries**

Above address

**Editor**

Peter Tranter  
01480 465081

**Assistant Editor**

Debbie Colt

**Advertising Sales**

Anne Egan:  
01480 465081

**Illustrations**

Richard O' Donovan

**Printed by**

Warners, Bourne, Lincs

**The BCU vision is to:**

enable our members, partner  
organisations and the wider  
paddling community the best  
available opportunity to achieve  
their potential in all aspects of  
paddlesports.

The BCU's mission is quite simply  
helping and inspiring people to  
go canoeing.

Paddle now, join us now, together  
we can all achieve more.

# Contents

## Regulars

- 5 Comment** By CEO Paul Owen.  
**6 BCU Calendar**  
List of dates for all discipline events from April through June.  
**8 News** with further news on page 22.  
**15 Competition** Win a HandiRack roofrack.  
**20 Coaching** Ladies freestyle coaching day.  
**33 Suggested paddle and access news**  
Two paddles from Yorkshire and Suffolk and news from the Rivers  
Access Campaign and what they are doing to secure access for you  
and looking at the very different law of access in Scotland.  
**40 Events** What's on now that spring has sprung.  
**44 BCU photographic competition**  
Winners of the 2006 competition and January and February 2007.  
**46 Youth**  
Revised Paddlepower, and two new BCU initiatives plus Youth Sports  
Trust's Talent Orientation Camp and other news.  
**56 BCU news**  
Regional and latest news from and for BCU canoe and kayak clubs.  
**54 Classified**  
Seven pages of courses, accommodation, events, insurance and the  
latest job vacancies in the watersport's industry.  
**71 Paddler's Gear**  
New gear from Pyranha, Perception, Keen shoes, Werner Paddles,  
Shoreham Kayaks, Johnson Outdoors, Helly Hansen, Paramo, Reed  
Chillcheater and Pesda Press.

## Competition

- 14 White water racing**  
Taking a look at the new development programme.  
**24 Slalom and freestyle**  
BUSA Slalom from Teesside course plus inter-college freestyle.  
**26 Canoe polo**  
How to get started in this exciting discipline.



### THANKS

**We would like to thank the following for their articles and photographs:**  
Andy Goodsell, David Jeffries, Toby Davies, Anthony Eddies-Davies, Ali Couchman,  
Fiona Jarvie, Hamish Dufton, Nobby Cranny, Hila @ Kayakjacko, Nick Pearce, Peter  
Harker, Martin Rickard, Philip Clegg, Tamsin Phipps, Kevin East, Trevor Palmer,  
Dick Constable, Lee Pooley, Shruti Passi, Chloe Nelson-Lawrie, Ray Hudspith, Sue  
Hornby, Dave Halsall and Mike Devlin.  
**Front cover photo:** Junior paddler on the Tryweryn during junior training weekend.  
**Photo:** David Jeffries

## Features

### 16 Bhutan

The Army Canoe Union enter a  
team for the Yukon River Quest.



### 28 Greenland

An attempt to reconnect two  
Greenland communities by kayak.



### 42 United Kingdom

Canoe and kayak touring on the  
ever popular Norfolk Broads.



### 52 United Kingdom

Three paddlers circumnavigate  
Britain in 80 days. Part 2



### 51 You, your canoe and the environment

### 62 12 deluxe items to take on an expedition



#### YOUR CONTRIBUTIONS MAKE CANOE FOCUS HAPPEN.

The quality and variety of news, articles, reports and photographs depend on the submission of material from you. Very few contributors are professional writers and photographers, so don't be put off writing because you have no experience! Canoe Focus is all about canoeist to canoeist dialogue: a paddler's magazine written by paddlers. **Technical Information:** Contributions preferably as a Microsoft Word file, which can be emailed to [peter@canoefocus.co.uk](mailto:peter@canoefocus.co.uk), or mailed to 2b Graphic Design, 49 Greenfields, St Ives, Cambs PE27 5HB. All material is accepted on the understanding that the BCU and its agents cannot be held liable or responsible for loss or damage, although every care and effort is taken to safeguard material.

Next Copy date is the **1st MAY 2007**. Material arriving after this date cannot be included in the **JUNE 2007** issue. Canoe Focus encourages contributions of any nature but reserves the right to edit and condense to fill the space available and unless otherwise stated the publishers assume no responsibility for the return of unsolicited manuscripts, artwork or photographs. Opinions expressed in this magazine are not necessarily those of the British Canoe Union, its committees or members. The printing of an advertisement in Canoe Focus does not necessarily mean that the British Canoe Union endorse the company, item or service advertised. All material in Canoe Focus is strictly copyright and all rights are reserved. Reproduction without prior permission from the editor is forbidden.



# Comment by Paul Owen, Chief Executive

## Welcome to April's issue of Canoe Focus

### Annual General Meeting (AGM)

The BCU's AGM took place on 10th March, 2007, in Edinburgh.

Albert Woods was returned as President for a further two years and the motion to replace the Chair of the Sports Management Committee on the BCU Board with the Chair of the World Class Management Group was passed.

Minutes from the meeting will be available on the website under Governance shortly (under 'About Us', then 'Governance').

A reminder of the new BCU contact details if you have not yet updated your records – the BCU have a new address, telephone and fax number:

British Canoe Union,  
18 Market Place, Bingham,  
Nottinghamshire, NG13 8AP  
Telephone number: 0845 370 9500  
Fax number: 0845 370 9501

For the full list of extension numbers visit the website (under 'About Us', then 'Contacts').

Parts of the BCU including membership, coaching, finance, IT and

the development teams have moved to Bingham. A big proportion of the BCU is still located in John Dudderidge House at Holme Pierrepont, namely the Slalom Olympic Podium Programme coaches, allowing them the proximity and a professional working environment to coach athletes. This move consolidates the BCU's accommodation position and allows staff to move out of temporary accommodation.

**Volunteer Co-ordinator**  
A warm welcome to Julia White who has been appointed as the BCU's Volunteer Co-ordinator to implement our Volunteer Strategy, Julia will also be our lead officer on Equity.

Julia comes to us with a wealth of experience from working in athletics.

### Future of Holme Pierrepont

There is no further news with regard to the future of Holme Pierrepont, we will continue to liaise with Nottinghamshire County Council and stress the importance of the site as they continue to assess the site's future.

### Customer Service Team

We have listened to feedback about your experience when calling the BCU and have made positive changes. When calling the BCU you now speak to a member of the Customer Service Team who will do their best to help instead of an automated answer machine (see page 12).

If you have any other suggestions of how we can improve the service we deliver, then please contact Marketing Assistant Shruti Passi on [shruti.passi@bcu.org.uk](mailto:shruti.passi@bcu.org.uk)

### Canoe Focus magazine – your comments please

We aim to continually improve our membership offering and as part of that we want to hear what you think of this magazine. So tell us what you think it should contain, what you want to see in the magazine and what you don't. Should there be more competition or less expeditions?

Get in touch and let us know your thoughts. Email Marketing Assistant Shruti Passi [shruti.passi@bcu.org.uk](mailto:shruti.passi@bcu.org.uk)

## Safeguarding children and young people

The BCU have revised their policy and procedures to bring them into line with new legislation and the current requirements of the NSPCC Child Protection in Sport Unit.

Anyone involved in delivering Paddlesport to young people are asked to take account of these changes.

The BCU have developed guidelines and resources to support these changes and to help safeguard young people when in your care.

Full details can be found on our website – [www.bcu.org.uk](http://www.bcu.org.uk) – if you cannot access the website or would like a hard copy please contact BCU Coaching office on 0845 370 9500 or email [coaching@bcu.org.uk](mailto:coaching@bcu.org.uk).

Please also note below our new contact numbers for reporting concerns or seeking advice on Child Protection issues.

New emergency number for Child Protection concerns –

0777 570 7364

Email: [childprotection@bcu.org.uk](mailto:childprotection@bcu.org.uk)

### PADDLE THIS

## Rivers Access Campaign



The Rivers Access Campaign highlights the need for new legislation with a ten minute rule bill – Public Access to Inland Waters Bill 2007.

As Canoe Focus goes to print (end of March) a second reading of the Public Access to Inland Waters Bill (2007) is being heard in Parliament (23rd

March). This follows the success of the 10 Minute Rule Bill presented on our behalf by Des Turner, MP for Brighton. The Bill outlines the need for legislation, similar to the Scottish Land Reform Act 2003. The legislation would identify canoeists and other water user's right to access the waters as well as codify their responsibilities.

The Public Access to Inland Waters Bill (2007) gives everyone (non-motorised users) statutory access rights to and along most inland waters. However, people will only have these rights if they exercise them responsibly. All rights of navigation will continue to exist and are unaffected by the Public Access to Inland Waters Bill (2007)

A legal right of access to rivers would provide more recreational opportunities for a group of people who want to use the water for recreational and educational purposes including canoeists, swimmers, and boaters and members of the general public with knock-on benefits for public health.

The second reading will highlight that legislation is the only way forward for access to inland waters. It will help keep the rivers access issue firmly on the government's agenda.

### Outdoors Show and Rivers Access Campaign

What a success the Rivers Access Campaign stand was at the show, where the petition was signed by over 1,000 people – a great effort. Thank you to all those took the time to visit the stand and to sign the petition (see page 10).

It's never too late to show your support for the campaign, for more information visit [www.riversaccess.org](http://www.riversaccess.org)

For your reference, the next issues of Canoe Focus in 2007 are:

- June
  - August
  - October
  - December
- Happy Paddling!







**Enhanced for  
a better  
performance**



**The 2007 Carolinas are our all-new versions of  
the World's most popular touring kayak.**

These kayaks of exceptional pedigree have many of the user-friendly characteristics of their predecessors with enhancements to add yet more water between them and their rivals. Our new v-shaped hull with soft chines works in combination with tracking channels to make the Carolinas easy to handle and true tracking for all abilities of paddler. The Carolina's signature stability and versatile performance remain key benefits and have been tweaked to ensure they continue to lead the way in touring.




**01825 765891**

**[www.perception.co.uk](http://www.perception.co.uk)**



# Calendar of events



This calendar of events covers the period from April until June and will be a regular feature in the magazine.

## Have we missed any?


We have compiled the list from those events which people have notified us of and we do our best to ensure that the information is correct at the time of writing.

However, circumstances change, so if this is the case or if you know of any competition events that you think should be added, contact: Andy Goodsell: [andy.goodsell@bcu.org.uk](mailto:andy.goodsell@bcu.org.uk)

## Where can I view a calendar of the whole year?

Visit the BCU and Canoe England web sites ([www.bcu.org.uk](http://www.bcu.org.uk)) and follow the link 'News & Events'. A full list is available to download in PDF format here.

## I am new to competition events – what's it all about and how do I enter?



There are many paddlers who may not have thought about the competition side much, but disciplines DO welcome newcomers. The next issue of Canoe Focus will provide more information for those who are thinking of trying a competition for the first time.

Alternatively, look in the directory for details the contact person of a particular discipline, or visit the BCU web site ([www.bcu.org.uk](http://www.bcu.org.uk)) and look under 'disciplines' to visit a discipline's web site.

## Club events

We are aware that there are hundreds of club based events that take place throughout the year. Unfortunately we will be unable to list them all here, however we are very keen to publicise them, we want the BCU web site to become the place people post details of events.

So to get your event added to the web site, email Shruti Passi: [shruti.passi@bcu.org.uk](mailto:shruti.passi@bcu.org.uk)

## Discipline web sites

For more information on all disciplines and events visit:

### Canoe Polo

[www.canoepolo.org.uk](http://www.canoepolo.org.uk)

### Canoe Sailing

[www.intcanoe.org.uk](http://www.intcanoe.org.uk)

### Flat Water Racing

Visit BCU, then 'Disciplines' and 'Flat Water Racing'

### Freestyle

[www.ukfreestyle.com](http://www.ukfreestyle.com)

### Marathon Racing

[www.marathon-canoeing.co.uk](http://www.marathon-canoeing.co.uk)

### Slalom

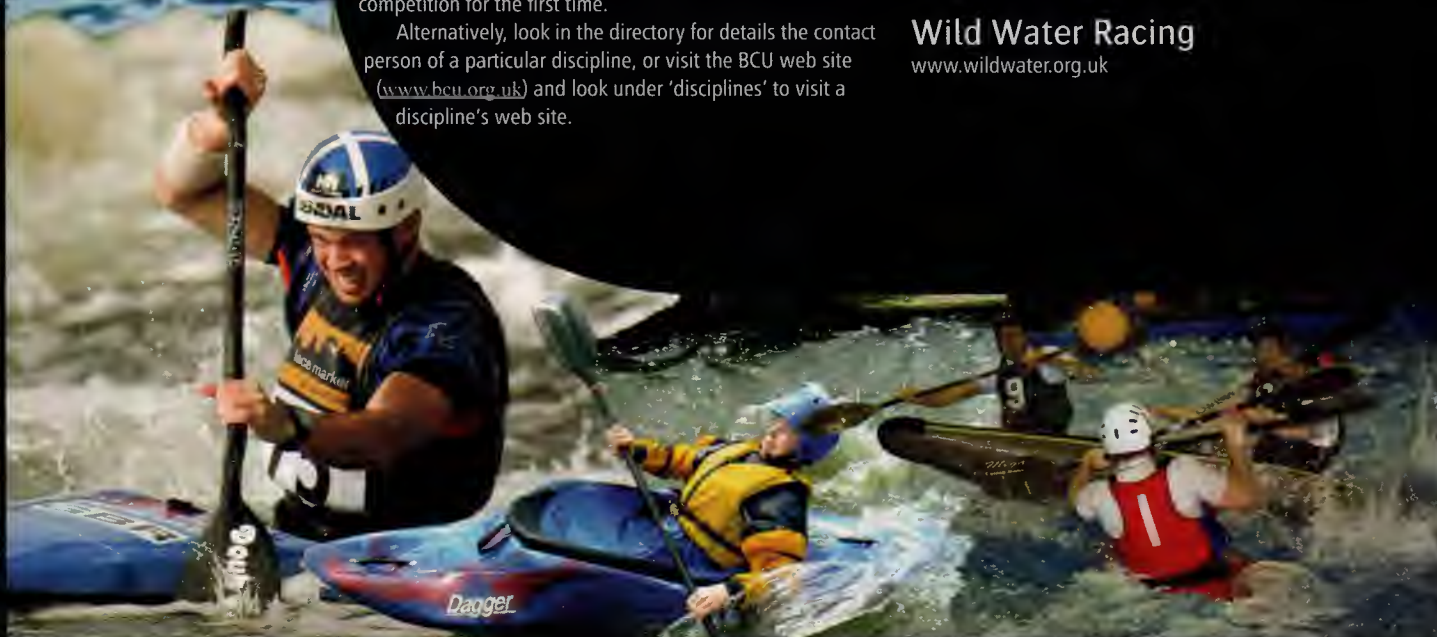
[www.canoeslalom.co.uk](http://www.canoeslalom.co.uk)

### Surf

[www.bcusurf.org.uk](http://www.bcusurf.org.uk)

### Wild Water Racing

[www.wildwater.org.uk](http://www.wildwater.org.uk)





Start	Finish	Discipline	Event
31-Mar	1-Apr	Slalom	Tryweryn, Premier & Div 1
31-Mar	1-Apr	Slalom	Yalding Weir, Div 3 & 4
1-Apr		Marathon Racing	Cam
1-Apr		Marathon Racing	Gailey
1-Apr		Marathon Racing	Brigg
1-Apr		Marathon Racing	Tonbridge
1-Apr		Marathon Racing	Spey Marathon
6-Apr	9-Apr	Marathon Racing	Devizes to Westminster
6-Apr		Sprint Racing	Richmond Sprints
6-Apr	7-Apr	Surf	HP Series Qualifying Round 1
7-Apr	8-Apr	Slalom	Grandtully, Pan Celtic Cup & Div 1 & 2
14-Apr		Freestyle	Youth Series, Llangollen
14-Apr	15-Apr	Slalom	Grandtully, Premier & Junior Selection
14-Apr	15-Apr	Sprint Racing	National Regatta, Holme Pierrepont
14-Apr		Surf	Shoreline Classic, Bude
14-Apr	15-Apr	Surf	Bundoran, West Coast
14-Apr	15-Apr	Surf	St Quens, Jersey
20-Apr	22-Apr	Canoe Polo	BUSA Championships, Doncaster
21-Apr	22-Apr	Canoe Sailing	Llangdegford
21-Apr		Multi-Sport	Canoe England Briefing Day
21-Apr	22-Apr	Slalom	Fairliee, Div 2, 3 & 4
21-Apr	22-Apr	Slalom	Marple, Div 3 & 4
21-Apr		Wild Water Racing	Nene 1 (Wavehoppers only), Div B and Youth
22-Apr		Marathon Racing	Oxford Duathlon
22-Apr		Marathon Racing	Broadland
22-Apr		Marathon Racing	Ratho
22-Apr		Marathon Racing	Anker Valley
22-Apr		Marathon Racing	Calder 1
22-Apr		Marathon Racing	Maidstone
22-Apr		Marathon Racing	Chester 1
28-Apr	29-Apr	Canoe Sailing	Carsington
28-Apr	29-Apr	Marathon Racing	Glasgow - Edinburgh Challenge
28-Apr	29-Apr	Slalom	North Walls, Div 4 & Open
28-Apr	29-Apr	Slalom	Oughtibridge, Div 3 & 4
28-Apr	29-Apr	Slalom	Special Selection Event, Holme Pierrepont
28-Apr	29-Apr	Surf	St Quens, Jersey
28-Apr		Wild Water Racing	Avon, Stratford, Div B & Youth
28-Apr		Wild Water Racing	Prudhoe, Hexham, Youth
29-Apr	5-May	Freestyle	World Championships, Ottawa, CAN
29-Apr		Marathon Racing	Mid Weaver
29-Apr		Marathon Racing	Bedford
29-Apr		Marathon Racing	Worcester
29-Apr		Wild Water Racing	Carlisle, Youth
4-May	6-May	Sprint Racing	World Cup Race 1, Zagreb, CRO
4-May	7-May	Wild Water Racing	Tour d'Ecosse, SCO
5-May	6-May	Slalom	Bala Mill, Div 2 & 3
5-May	6-May	Slalom	UK Championships, Holme Pierrepont
5-May	6-May	Slalom	Tees, Div 3 & 4
5-May		Sprint Racing	Linlithgow Regatta
5-May		Sprint Racing	Elmbridge Sprints
5-May		Wild Water Racing	Derwent Dash - Div B & Youth
5-May		Wild Water Racing	Grandtully Sprint, Div A & B
6-May		Marathon Racing	Basingstoke Canal
6-May		Marathon Racing	Leukaemia Marathon - Loch Tay to Grandtully
6-May		Marathon Racing	Waveney
6-May		Marathon Racing	Elmbridge - Assessment Race
6-May	7-May	Slalom	Loddon Div 3 & 4
6-May		Wild Water Racing	Awe, Div A & B
7-May		Wild Water Racing	Tay, Aberfeldy to Grandtully
9-May		Marathon Racing	Lowport Summer Series 10km
12-May		Canoe Polo	National League Play Offs, Hull
12-May	13-May	Canoe Sailing	Hayling
12-May	13-May	Slalom	Holme Pierrepont, Div 1 & 2
12-May	13-May	Slalom	Seaton Park, Div 3 & 4
12-May	13-May	Slalom	Wagon Lane, Div 3 & 4
12-May	13-May	Sprint Racing	National Regatta, Holme Pierrepont
12-May	13-May	Surf	Red River Contest, Cornwall
12-May		Wild Water Racing	Waggon Lane, Youth
13-May		Marathon Racing	Tamar Circuit
17-May	20-May	Wild Water Racing	European Championships, Bihac BIH
18-May	20-May	Sprint Racing	World Cup Race 2, Szeged, HUN
19-May	20-May	Slalom	Orton Mere, Div 3 & 4
19-May	20-May	Surf	Student Championships
19-May		Wild Water Racing	Danson Lake, Youth
20-May		Marathon Racing	Leaside
20-May		Marathon Racing	Grand-Dunk
20-May		Marathon Racing	1066 Hastings

April

May

Start	Finish	Discipline	Event
20-May		Marathon Racing	Exe Circuit
20-May		Marathon Racing	Nottingham - Assessment Race
20-May		Marathon Racing	Boroughbridge
20-May		Marathon Racing	Loch Lomond Balmaha
20-May		Freestyle	Youth Series, Teesside
24-May		Marathon Racing	Forth/Clyde 10km Dullatur
26-May	27-May	Canoe Polo	National & Club Championships, Doncaster
26-May		Marathon Racing	Loch Lubnaig
26-May	27-May	Slalom	Llandysul, Div 2, 3 & Open
26-May	27-May	Slalom	Scottish Schools Championships, Alva, Div 3 & 4
27-May		Marathon Racing	Loch Lubnaig 10km K1
27-May		Marathon Racing	Thames Valley
1-Jun	3-Jun	Sprint Racing	World Cup Race 3, Gerardmer, FRA
2-Jun	3-Jun	Slalom	Bala Mill, Premier & Div 1
2-Jun	3-Jun	Slalom	Langham Farm, Div 3 & 4
2-Jun	3-Jun	Sprint Racing	National Regatta, Holme Pierrepont
3-Jun		Marathon Racing	Hayton
3-Jun		Marathon Racing	Bristol
3-Jun		Freestyle	Youth Series, Nene
9-Jun	10-Jun	Marathon Racing	World Cup 1, Skanderborg, DEN
9-Jun	10-Jun	Slalom	Sowerby Bridge, Div 3 & 4
9-Jun	10-Jun	Slalom	Holme Pierrepont, Pan Celtic Cup, Premier & Div 1
9-Jun	10-Jun	Wild Water Racing	World Cup 1 & 2, Lofer, AUT
10-Jun		Marathon Racing	Windsor Vets
10-Jun		Marathon Racing	Royal Leamington Spa
10-Jun		Marathon Racing	Bath to Bradford
10-Jun		Marathon Racing	Derwent
10-Jun		Marathon Racing	Royal
13-Jun		Marathon Racing	Lowport Summer Series 10km
16-Jun	17-Jun	Canoe Polo	Merseyside International, Liverpool
16-Jun		Marathon Racing	Conwy Ascent
16-Jun	17-Jun	Slalom	Fairliee, Div 2, 3 & 4
16-Jun	17-Jun	Slalom	Stone Town Council Cup, Div 3 & 4
16-Jun	17-Jun	Slalom	European Championships, Liptovsky Mikulas, SVK
16-Jun		Surf	St Ives Bay Contest
16-Jun	17-Jun	Surf	Magheraroarty, North West Donegal
16-Jun	17-Jun	Wild Water Racing	World Cup 3 & 4, Karlovy Vary, CZE
17-Jun		Marathon Racing	Oxford
17-Jun		Marathon Racing	Leighton Buzzard
17-Jun		Marathon Racing	Burton
17-Jun		Sprint Racing	Kirkcaldy Regatta
17-Jun		Wild Water Racing	Chester Dee, Div B & Youth
22-Jun	24-Jun	Freestyle	European Cup, Lienz, AUT
23-Jun	24-Jun	Canoe Sailing	Gratham
23-Jun		Marathon Racing	Royal Paddling Challenge
23-Jun	24-Jun	Slalom	Cardington, Div 2 & 3 & Jun & Vet Championships
23-Jun	24-Jun	Surf	HP Series Qualifying Round 2
23-Jun	24-Jun	Wild Water Racing	World Cup 5 & 6, Ivrea, ITA
24-Jun		Marathon Racing	Reading Circuit
24-Jun		Marathon Racing	Fal
24-Jun		Marathon Racing	Hereford
24-Jun		Marathon Racing	Macclesfield 2
24-Jun		Sprint Racing	Scottish Championship
25-Jun	1-Jul	Freestyle	European Cup, SWE
27-Jun	1-Jul	Sprint Racing	European Championships, Pontevedra, ESP
29-Jun	1-Jul	Slalom	World Cup Race 1, Prague CZE
30-Jun	1-Jul	Marathon Racing	Cheshire Ring
30-Jun	1-Jul	Slalom	Ironbridge, Div 2 & 3
30-Jun	1-Jul	Slalom	Hatfield Water Park, Div 4 & Open
30-Jun	1-Jul	Slalom	Shepperton, Div 3 & 4

May

June





## Alex Read

In February's Canoe Focus we carried an article on the surf home internationals. By mistake Alex Read's name was omitted from the England team line-up. In a short paragraph – Alex describes his experience of competing for his country for the first time.

## First competition for my country

The home internationals for 2006 were held in Portugal (Peniche). This was the first competition that I have represented England.

I was entered in the juniors' international class, where on my first day I came second followed by a third on the second day. It was a close competition with England taking first place overall followed closely by Ireland. I enjoyed competing thoroughly and would like to thank all my sponsors; Nookie Xtreme Sport Equipment, Gecko Headgear, Marjon Sports Federation and Zumajay Surf Shop, for all the help they give me.

Alex Read



## PADDLE THIS

### Endurance kayak 66 south

The Endurance kayakers have returned and though they were not successful in their bid to circumnavigate James Ross Island for the first time in kayaks; their achievements are still admirable for facing extreme weather conditions in one of the most hostile continents on earth. Four members of HMS Endurance's ship's company with three other Royal Navy personnel and Mike Devlin, the head of BCU Coaching, faced Antarctica's extreme and harsh environment to raise money for charity, raise the profile of kayaking to everyone and educate people about nutrition and sports fitness with the support of Portsmouth Football Club.

Due to the high concentrations of ice around James Ross Island the circumnavigation was not able to be attempted in the timescale available. However, an equally challenging and exciting expedition was devised by the team to paddle around Vega Island to Nordenskjold's Hut on Snow Hill Island and the to paddle back via base camp to the Antarctic Peninsula taking in several Antarctic Island along the way. Lt Richard Abbot summed the team's feelings up "Although we were all disappointed not to be able to attempt the circumnavigation of James Ross Island, we were able to attempt an equally challenging and unique expedition around the eastern side of James Ross Island. If the circumnavigation of James Ross Island was going to be easy then it would have been done already".

The team had to endure some harsh weather conditions including temperatures as low as -30C, hurricane force winds, heavy snow and large concentrations of ice.



However through team work and determination; everyone came through unscathed. Lt Richard Abbot said "We all had our own battles to face, but through team work we were each able to overcome them. We all got stuck in the ice at least once and required the help of other team members to get ourselves clear".

A full feature on this unique expedition will appear in the June issue of Canoe Focus.

## IN-UIT launches new company

Aled Williams, formerly of Rockpool Kayaks, has launched a new company called IN-UIT to manufacture his latest kayak designs.

The kayaks will be built exclusively by a specialist kayak manufacturer, who employ skilled and experienced craftsmen, and use the latest laminating technology to create the kayaks. The new design ideas are realised with Computer Aided Design to give efficient hull shapes that retain the progressive handling characteristics associated with Aled's designs. The kayaks will be manufactured by vacuum infusion using the highest spec composites and resins. Two constructions will be offered: SuperLite and SuperTough.

- SuperLite kayaks will weigh approximately 18kg and consist mainly of carbon fibre, to give a very rigid and light weight build.
- SuperTough kayaks will weigh approximately 22kg and consist mainly of fine woven glass reinforced with aramid fibres.

All kayaks will be available in a choice of custom colours, created especially for IN-UIT, and the ergonomic seating position and cockpit features will be refined.

Two sea kayak designs will be available in 2007:

- High performance coastal touring and rough water design.
- Fast expedition design for extended trips.

[www.in-uit.com](http://www.in-uit.com) Tel: 07973 785537

## Oxford students launch canoe for cancer appeal

During the first week of September 2007, six medical students from Oxford will begin an ambitious journey to canoe the entire 100 km distance of the Caledonian Canal.

The canal runs from the east coast of Scotland at Inverness to the west coast at Fort William. One third is man-made with the rest being formed by Loch Dochfour, Loch Ness, Loch Oich and Loch Lochy. Twenty-nine locks, four aqueducts and ten bridges are found within the canal, all challenging obstacles for canoeists. The final year students are fitting the journey between their medical studies at the John Radcliffe hospital and envisage that it will take four days, paddling up to six hours a day. They will be carrying all their food and equipment in three Canadian canoes, camping alongside the water each night. The initial idea began as a unique fundraising opportunity for Cancer Research UK, for whom they hope to raise over £1,000.

Elizabeth Shaw, 22, said of the charity: 'Cancer Research UK is a very commendable charity. My mother passed away from cancer in 2005, and I think we should do everything we can to try and prevent people dying from this awful disease.

They would appreciate any help in organising their journey, and of course all donations to Cancer Research UK are most welcome. For contact addresses, sponsorship information, and details visit [www.canoeforcancer.co.uk](http://www.canoeforcancer.co.uk). Donations can also be made from the site.

## PADDLE THIS

### OCS Young Sports Person Awards

The OCS Young Sports Person Awards are entering their tenth year. The aim is to support youngsters at grass root levels with funding. We have ten regional categories and at the moment one disability award. Each receives £2,500. A young star category receives £500. The Overall winner receives another £7,500 over three years and their school or club £2,500.

Entries close on 30th June. Entries received are judged against a set criteria and five to six youngsters per category are invited for interview. Regional winners are announced in October, and in November an award ceremony is held at the Brit Oval. Several sports personalities and the sports minister attend to support the youngsters.

Several of the youngsters we have helped have gone on to represent GB in their chosen sport. For further information about the Awards and the criteria please visit our web site

[www.ocsyoungsportsperson.co.uk](http://www.ocsyoungsportsperson.co.uk)



# LENDAL

## Lendal paddlok...



## ...harder than nails

Our patented locking system has revolutionised the world of take apart paddles.

Lendal Paddlok™ achieves the feel of a 1 piece in the water while offering the convenience and versatility of a split, localised carbon reinforcing around the areas of the joint ensure monumental strength.

Lendal Paddlok™, have you unlocked your potential?

[www.lendal.com](http://www.lendal.com)

**JOHNSON**  
OUTDOORS  
THE SPIRIT OF ADVENTURE



## Outdoor Education at South Devon College

South Devon College is situated in an ideal location to experience and learn the skills required to work in the outdoor industry. Their new outdoor education courses offer a blend of practical skills and academic studies with the inclusion of the new BCU/UKCC courses.

The Foundation Degree in Outdoor Education and Professional Instructors programmes are managed and delivered by their highly committed and qualified staff.

Each programme at South Devon College provides work experience over the summer months at a variety of locations throughout Europe.

Residentials, overseas expeditions and trips are an integral part of all our programmes.

Expeditions for 2007/08 include:

- Rock climbing in Spain
- White water kayaking in Slovenia and Morocco
- UK Coast to coast by mountain bike.
- West Coast Canoeing in Scotland.

For more information on our outdoor education programmes contact: Lee Pooley at South Devon College, 01803 540313 or

lee.pooley@southdevon.ac.uk

## UK Canoes doubles showroom

UK Canoes has just doubled its showroom to over 4,000 square feet.

Expanding the Lancaster based business in this way allows them to keep over 150 kayaks and canoes in stock at any time. Only five minutes from junction 34 of the M6 the kayaking 'superstore' is a perfect location for those travelling to or from the Lake District.

[www.ukcanoes.co.uk](http://www.ukcanoes.co.uk)

## ACCESS FOR ALL

# Thank you

To the many hundreds of you who came to our stand at the NEC to talk to us, sign the petition as well as expressing your sheer frustration with the access issue. The support came canoeists, anglers, rambles, climbers and those who think the situation we are in is outrageous and archaic.

Thank you to the hundreds who have also to us they had written to their MPs – it is because of you and your support that the campaign is being noticed and so many MPs now realise that legislation is the only way forward. Thanks again.



## Adventurers form Sea Kayaking Cornwall

Jeff Allen and Simon Osborne are well known for their epic circumnavigations. Between them they have kayaked over 10,000 miles experiencing nearly every condition the sea could throw at them. Both Jeff and Simon have a genuine love for what they do and are very keen to pass on the knowledge they have gained, allowing others to experience the environments and places they have been.

Based out of Falmouth, Sea Kayaking Cornwall runs the full range of BCU courses and intends to transfer across to the new UKCC system as soon as possible, as well as these courses they also run a number of their own clinics and courses as well as expeditions in both home and foreign waters.

Although this is a new partnership, Jeff has been teaching and guiding in Cornwall for the past five years and has been paddling the Cornish coastline for the past eight and knows it intimately. For the last five years Simon has worked for Nigel Dennis, involved in both the production of the Nigel Dennis Kayaks (NDK) range as well as teaching and

guiding at Nigel's new centre in Anglesey, Simon has also worked at other NDK centres in both Ireland and Israel over the last 12 months.

Sea Kayaking Cornwall is a recognised NDK expedition centre as well as running test centres for NDK, Kirton kayaks, Palm Equipment, Dagger kayaks, Werner and Lendal Paddles.

Cornwall is the ideal place to go sea kayaking, with over 300 miles of beautiful coastline, numerous areas of sheltered and exposed waters and rich in marine life. You can be sure that there is an area to suit everyone and just 22 miles south west of Cornwall lies the beautiful Scilly Isles, SKC will be running trips to this wonderful group of islands as well as out to Greece and Slovenia.

Jeff and Simon have a series of inspirational presentations on their expeditions, they shall be presenting at this years ICE show and will also be available for any club, centre or business which wishes to feature them.

[www.seakayakingcornwall.com](http://www.seakayakingcornwall.com) Tel: 07768 382010

## ACCESS FOR ALL



## BCU Club of the Year Awards 2007

Banbury and District and Stafford and Stone Canoe Clubs have been voted as BCU Club of the Year 2007 in our recent competition. Criteria for selection were based on:

- Encouraging more people and especially young people to take part in paddlesport.
- Working to high standards to which other clubs aspire to.
- A proven track record of working with schools, local authorities and other community organisations.
- High levels of safety, governance and share good practice.

Both clubs were presented with a £100 voucher from the BCU in recognition of their achievement and will automatically be put forward for the Central Council for Physical Recreation (CCPR) Sports club of the Year Award (SCOTY) 2007 to which we wish them both every success. Successful clubs in this category will receive:

- 1st Prize £6,000
- 2nd Prize 2 x £3,000
- 3rd Prize 3 x £1,000

The awards were presented to representatives of the clubs at the Outdoors Show on Sunday 18th March at the NEC in Birmingham by Paul Owen the Chief Executive of the BCU.



# THE ADVENTURE BEGINS HERE ...

OUR BOATS ARE SO EASY TO USE THAT EVEN NOVICES WILL ENJOY THEM.

EASILY TRANSPORTED IN CAR,  
PLANE OR RUCKSACK AND READY FOR ACTION IN MINUTES.



## GUMOTEX

INFLATABLE BOAT TECHNOLOGY



### New LitePack Material

- Innovative Designs -
- Lightweight -
- Durable -
- Portable -
- Affordable -

### Helios



### Sunny



2007 INFLATABLE KAYAKS

### Twist



### Solar



FROM ALL GOOD DEALERS

UK Distributor: SystemX, [info@systemxkayak.co.uk](mailto:info@systemxkayak.co.uk), [www.systemxkayak.co.uk](http://www.systemxkayak.co.uk)



## Help make a huge 'Splash!'

24th July to 9th August 2007

This summer will see the biggest ever event for young people in the UK when the World Scout Jamboree will bring 40,000 people from across the globe together, for two weeks of outdoor adventure and international friendship.

4,000 participants every day will take part in water activities on Alton Water in Suffolk. So we are now looking for specialist activity instructors with skills and experience particularly of Scouting or work with young people to provide Scouts with a day of adventure on the water.

You can also improve your own personal skill levels where training is an integral part of the programme, available from some of the best coaches in the country and you can have a go at some of the other activities on offer.

They offer a campsite on the shores of Alton Water, south of Ipswich, where Splash! will have its own restaurant, bar, entertainment area, car parking and a great team to work with. To become part of Splash!

Visit [www.thejamboree.org/splash](http://www.thejamboree.org/splash) where you can apply online. For more information email: [sophie.bowman@scout.org.uk](mailto:sophie.bowman@scout.org.uk) or call: 07977 539630

## PADDLE THIS

### Children of Chernobyl

The 16 children from Chernobyl in Belarus arrived for their canoe session unsure of what to expect, but from previous years experience we knew that there would soon be 16 children on the water in Portland Harbour keen and willing to paddle, stand up in their boats, capsize, and to be rolled – in short a three hour session of organised chaos.

With the help of two coaches Emma Whitcombe and Paul 'Geordie' Johnston both of whom have helped over the past four years; the children were split into two groups and the mayhem began.

With the help of their interpreters, the children quickly enter the session with 110%. It still amazes us that they have never seen the sea before let alone have been in it. The session goes all too quickly and this is the hardest part, trying to get the children off the water.



The children are over in this country for a month where they eat uncontaminated food and breathe clean air which is reported to add years to their short lives.

I would like to thank Emma and Geordie for their support with the session which I'm sure they enjoy as much as the children.

I would like to thank Matthew and Jonathon for their sponsored dance raising £37 towards the cost of hiring the canoes and kit.

Many thanks also to Crewsaver for yet again donating 16 beanie hats which are worn during their stay (even to bed I'm told!) and which will be an invaluable piece of clothing once back home in Chernobyl.

If anyone would like any more information on the charity or would like to help with the next session this summer please contact me at [nobbycranny@tiscali.co.uk](mailto:nobbycranny@tiscali.co.uk)



## Customer service team

At Canoe England we value our members and are continually looking for ways to improve the service provided to members.

One step we have recently taken to improve the service you receive is to extend opening hours. The office is now open from: Monday to Friday 8.30am-5.00pm (half an hour later every day)

We want to make positive changes to enhance your experience. To help us do this, we welcome your comments and want you to let us know what you think of the service

you receive from us. Where possible and within our resources, we will make changes for the better.

We've started by making some big and small changes. Probably the biggest change is the development of the 'Customer Service Team'. Here is how we have listened to your feedback:

**Member comment:** "When I ring the BCU, I don't want to be passed around the office numerous times to get my query answered."

**Solution:** We've created a new Customer Service Team (combining coaching and membership teams).

A Customer Service Officer will aim to answer your query, but if they can't they will make sure you speak to someone who can, or take a message and get back to you as soon as possible.

**Member comment:** "It is frustrating ringing the British Canoe Union and getting through to an automated answer machine. We just want to speak to a human being."

**Solution:** You will be pleased to hear that we have got rid of the automated answer machine message!

From now on when calling the BCU/Canoe England you will get straight through to a person who will do their best to answer your query, if they can't they will make sure you speak to someone who can.

**Member comment:** "My boat license displays my name – I want to keep my private details private."

**Solution:** Canoe England has replaced names on boat licenses with your membership number. Your boat license will show a number and keep your name confidential.

Get in touch

We want you to tell us what you think of the service you receive, we will take comments on board and where possible make changes to the service you receive.

For comments, email Marketing Assistant [shruti.passi@bcu.org.uk](mailto:shruti.passi@bcu.org.uk)

## OBITUARIES

### David Cook

We learn with regret of the death of David Cook, a long time member of the BCU and well known in flatwater paddling circles for many years. He went to Loughborough University and paddled in marathon and sprint events through the late 50s, 60s and into the 70s, working on the introduction of the Espada class. He was a staunch supporter of the regattas at Nottingham when it opened in 1971, where he would often be seen as a finish line judge.

He contracted Parkinson's at a relatively early age but one of the things he could continue to do right through this debilitating illness was to paddle his Struer K1.

He was a very quiet and kindly man and will be much missed by those who knew him and by canoeing as a whole.

Alan Laws



### Huw Evans

The Family of Huw Evans WWC send their sincere thanks for your kind expressions of sympathy and grateful contributions to the Air Ambulance Wales (£1085.00) and Tywi Surgery (340.00).



# paddleworks

SIOP KAYAK CYMRU

## Kayaks & Canoes



**PADDEWORKS BALA**  
98 High St, Bala, Gwynedd  
01678 520 808



**PADDEWORKS LLANGOLLEN**  
Mile End Mill, Llangollen, Denbighshire  
01978 861 444

**Mail-order • Free shipping on most items**  
**Shop securely online at our web site: [www.paddleworks.co.uk](http://www.paddleworks.co.uk)**



## 2007 Programme available now!

- 9-13 April **Canoe Expedition – River Barrow £225**
- 25 May-1 June **Sea Kayaking Week – Scotland £400**
- 19-28 June **Sea Kayaking – Newfoundland £850**
- 1-8 July **Intro to Alpine WW - France £450**



- 16-20 July **Sea Kayaking, West Coast Ireland £275**
- 20-26 August **Sea Kayaking Wales, Overfalls, Tidal Races £375**
- 3-7 September **Surf Week, Classic Irish Surf £225**
- 7-9 December **White Water Donegal £110**

Tollymore Mountain Centre is the Sports Council for Northern Ireland's National Outdoor Training Centre. As well as the above courses, we provide a full range of coaching and proficiency training and assessment courses. Contact us for a full programme of courses. Contact us for further information.

**Tel: 028 4372 2158, Email: [admin@tollymore.com](mailto:admin@tollymore.com), Web: [www.tollymore.com](http://www.tollymore.com)**





# White Water Racing goes on its recent successes

WWR has, in recent times begun to enjoy some of the paddling success's and a little of the growth last enjoyed by those of... lets say, 'a particular age'. (In fact it's that particle age group that has arguably had the best growth and indeed, no small amount of success! With fantastic participation and occupation of the winners rostrum; in 3 out of the 4 'Master's' classes at last years World Championships at Karlovy Vary in the Czech Republic).



## PADDLE THIS

### Results of the 2006 youth series

#### U16 Boys

1. Jack Harrison – Shropshire
2. Michael Walters – Burton CC

#### U16 Girls

1. Vicky Hills – Banbury
2. Rosie Tasker – Banbury

#### U14 Boys

1. Robert Jefferies – Pennine
2. Ross Bentley – Burton

#### U14 Girls

1. Lydia Oxtoby – Leighton Buzzard
2. Megan Wood – Banbury

#### U12 Boys

1. Matthew Bowley – Burton
2. Matthew Jefferies – Pennine

#### U12 Girls

1. Sarah Walters – Burton
2. Rebecca Warren – Banbury

#### U10 Boys

1. Scott Finch – Wiltshire Youth
2. Tim Escott – Wiltshire Youth

#### U10 Girls

1. Aimee Croucher – Wiltshire Youth

But significantly, there's yet more exciting success in the senior and junior ranks too. With teams and individuals winning international medals at European Championships, as well as regular podium places at the World Cup events in recent seasons. Even the current MK1 champion!

Combine this with the growth being experienced in domestic racing – especially among the very roots of the sport, things are beginning to look very rosy for the future.

That is, of course, if we as a discipline grasp the nettle; and continue to build on that growth and those successes.

#### The good news is... we have started!

Our new look development programme was launched in February 2007. It goes under the catchy title of The White Water Racing Development Academy. (WWRDA)

With the introduction of the academy come many new and exciting opportunities, especially for young paddlers and prospective coaches alike. To concentrate our efforts we've identified three main areas to focus on...

- Making River Racing more accessible to all.
- Improving the skills of paddlers and coaches.
- Interacting and communicating with the broader paddling community.

#### Making river racing more accessible

To overcome some of the pre-conceived limitations to going

Wild Water Racing we are introducing and encouraging some new incentives...

- More team racing.
- More sprint racing events.
- Adjusting the schedule on racing days to enable training.
- Alterations to the National/Regional Championships 2008.

#### More team and sprint racing

This enables paddlers to be accompanied on rivers as well as keeping novice racers in the view of bank-side cover, yet still participating competitively. These moves are also conducive to helping paddlers learn the skills needed to race well and continue enjoying the events.

#### Adjusting the racing day

Essentially this is simply agreeing with race-organisers to start races later in the day. Leaving paddlers time to spend on the water practicing skills and learning the course, even working on their race strategy!

Finally a comprehensive look at the racing calendar this year, will produce some significant changes to the format of most of our national championships in 2008. Essentially localising or regionalising development competitions to assist:

- A. Reducing the travelling involved.
- B. Raising the level of competition within your area.

A secondary product, but significant benefit of implementing the measures above is to enable parents and helpers to be close to the action and involved at 'bank-side' and who knows, may even consider coaching themselves one day. We are already introducing some new venues, events and race courses and happy to receive your suggestions... it doesn't have to be that rough!

#### Improving skills of paddlers and coaches

Our experienced coaching team have examined the sport and identified the principle core skills needed to help racers and coaches progress throughout river racing. Enjoying participation at which ever level suits them, and importantly competing in safety and injury free.

Central to the presentation of these skills are a set of four easy to follow modules. Available to young paddlers in the form of a helpful log book, and coaching notes for helpers via the web site.





# to school



Whilst paddlers are practicing the skills within the modules, with their club coaches or helpers (in a similar way to the BCU Star Awards), interested others such as parents and group leaders are encouraged to become involved. Hopefully inspired sufficiently to join the pathway to coaching qualifications in river racing and/or other canoeing disciplines. Each module is comprised of four elements. Relevant to not just river racing, but most canoe disciplines:

- River skills.
- Flat-water skills (technique).
- Athletism.
- Knowledge (theory).

Paddlers are able to work through the easy to follow modules within their established sessions or on specific training trips. Monitored and encouraged by club or local coaches.

As the paddlers (and coaches) become ready – an assessment will be arranged by our qualified coaches, and candidates can progress on to the next stage. Many regional and national academy training days are being held at various venues throughout the year, to help support coaches, paddlers and parents. Even a trip to a European river will be organised in the summer for the high achievers!

### Inter-acting and communicating with the broader paddling community

Traditionally Wild Water Racing has been one of the best kept secrets in paddling; we are aiming to change that.

As anyone who currently river races will tell you – it is a very friendly, exciting and fun sport.

That's one message we aim to publicise but not the only one! By offering a simple yet broad reaching syllabus, not only will paddlers participation in river racing be more enjoyable and rewarding; but the skills learnt will transfer to and from other disciplines... we are a very open and welcoming sport. We want to invite all paddlers to have a go – try river racing!

### To learn more or to join in the fun

A totally new and comprehensive academy web page has been launched on the WWR web site. Regular academy events, articles and updates will be posted.

We hope to be able to encourage interaction with not only river racers and coaches, but all comers from other disciplines – sharing knowledge, transferring skills, even running combined events from time to time.

So if your interest has been stirred why not visit the web page [www.wildwater.org.uk](http://www.wildwater.org.uk) and click 'Academy' to discover how you can get involved... either paddling, coaching or bank-side support. Alternatively email me, Jes Oughton with your queries at [Academy@wildwater.org.uk](mailto:Academy@wildwater.org.uk) and I'll do my best to find the answers and help you get going!

Enjoy your paddling! ●

## PADDLE THIS

### Calendar of notable Wild Water events for first half of 2007

#### Junior Price Giving for 2006 Season

11th Feb 07 @ Burrs, in Bury

#### 1st Junior Academy Training Weekend

24th Feb @ River Derwent, Matlock

#### National Prize Giving 2006 Season

3rd March 07 @ Grandtully, Scotland

#### GB Team Selection Race

24th March 07 @ Washburn

#### World Cup Round 1 & 2

9-10th June 07, Austria

#### World Cup Round 3 & 4

16-17th June 07, Czech Republic

#### World Cup Round 4 & 5

23-24th June 07, Italy

#### Junior World Championship

15-22nd July 07, Carolina, USA

# HandiRack COMPETITION

Are you looking for a practical, cost-effective and convenient means to transport your canoe or kayak?

The HandiRack, the world's first inflatable roof rack, provides the perfect solution. Invented and developed in Australia, this is a multi purpose portable load carrier that can be fitted and removed in just a matter of minutes. It is suitable for four and two door cars and when not in use is so compact that it can be stored handily in the boot of the car.

The success of the HandiRack in the UK has already been proven in just a short period of time, as paddlers love the HandiRack for its simplicity, ease of use and the fact that it is both kind to their equipment and car.

The HandiRack is immensely strong (it is constructed from an extremely durable dense-weave 420-denier nylon), totally safe, fully complies with European safety standard ISO/DIS11154-1E and couldn't be easier to assemble. The fitting straps pass through the car doors and the bars inflate in a matter of seconds using the supplied HandiPump. The HandiRack can carry loads of up to 80kg (subject to individual vehicle manufacturer's recommendations) and everything that you need is included.

For further information please visit [www.handirackuk.com](http://www.handirackuk.com). HandiRacks are available to purchase through all good paddling stores at RRP £49.99. To win one of four HandiRacks we have to give away, simply select the correct answer to the question below:

Which country was the HandiRack invented in?

- A. America
- B. UK
- C. Australia



### How to enter

To win one of four HandiRacks we have to give away, simply select the correct answer to the question and send your entry via email to [toby.davis@handirackuk.com](mailto:toby.davis@handirackuk.com) or simply send a postcard with your full name and address to: HandiRack U.K. Ltd. 98 Crane Street, Salisbury Wiltshire SP1 2QD.

The closing date is 1st May 2007.

#### Terms & Conditions

1. Entrants must be over 18 years of age and resident in the UK
2. Only one entry per person
3. The winner will be notified in writing 4 weeks after the closing date.
4. Employees of HandiRack and their relatives are not eligible for entry
5. No purchase is necessary
6. Entry into the Free Prize Draw will be deemed as acceptance of these rules. The judges' decision is final and no correspondence will be entered into.



# 'The last S

Later that summer I got a call from Gerry saying the trip had the go ahead. The King of Bhutan had issued a special permit to have the first access through the Manas National Park in southern Bhutan that borders onto India. This huge area of dense jungle is recognised as a world heritage site and one of the largest untouched bio-diverse regions in the world. No roads or tracks to travel through it – just its river – the Mangde Chu.

Gerry finished the call adding "Oh, I nearly forgot – lots of interest in Bhutan especially this trip, so Discovery Channel are going to film it, and we're going to get them down the river in a raft!"

I flew back into Kathmandu in October to join Gerry and meet a couple of the team to spend a week kayaking some Himalayan classics. One of these guys was an amazing US paddler who inspired me beyond belief. Greg took up paddling twelve years ago after an accident that left him paralysed from the waist down. This bought a new concept to the expedition in terms of accessing remote jungle rivers and the term portage!

## Bhutan expedition November 2006

It was April 2006 when I found myself in Kathmandu - somewhere I had travelled to for the last 15 years climbing and kayaking. This time though was mid-revolution, a shoot to kill policy on the streets, CNN and BBC world service camped in the hotel foyer, and the responsibility of twelve worried UK clients on a guided trip. How could I top this for adventure? Sat with me in the hotel foyer was a good friend and Himalayan paddling legend Gerry Moffatt, who out of chaos could still ask 'Ant, how do you fancy a first descent in Bhutan?'



After a week in Nepal we flew into Paro airport to meet the team and film crew. Landing in Bhutan you get an instant feeling of calm and tranquillity mixed with fantasy style landscapes and architecture. No where else in the world could you find things judged on a kings policy called 'GNH' – 'Gross National Happiness', and it seems to work!

For the first week we travelled through the country, discovering its culture, religion, and stunning scenery. The aim of the Discovery channel crew was to make a film of Bhutan, especially the area we aimed to travel through, using our journey to tell the story. During this first week we ran some great one day Grade 4/5 rivers including the Mo and Pho Chu, both of which presented us with Grade 5 sections in the first 500m. After inspection it was normal for me, Willy (kern), and Gerry to scout the sections first. Route choice and raft support became our roles.

Both class five sections were powerful, long and wide enough to worry about rescue possibilities, and no obvious route choice. After the first beating or two of the trip I had started to come to the conclusion that as bad as they looked, if you did get them wrong, and you could stay in your boat then you would be OK! Perfectly logical! With the odd scary undercut move or 'unintento' I stuck to this general rule, with Willy, Greg and myself running pretty much





# hangri-La'

everything and dependant on the outcome the others would make their decision.

Q: How does a guy who can't walk scout a class five rapid?

A: He doesn't!

To describe the route on a long Grade 5, with must-make moves is really hard work. "Not as hard as the portage would be!" would always be Greg's response. He was phenomenal to watch. To slowly see him peeling out of the eddy to follow our lines and running some consequential rapids was truly awesome. To watch him roll mid chaotic water in his



great Grade 4 paddling through steep sided jungle walls and wild scenery. Unfortunately, a slip on a rock on one scout left Gerry with a cut exposing the bone

film and batteries to take before driving to the closest road access. What we had anticipated became a reality. The crux was the fact the river was now 2,000 feet below the last road access and travelled deep along a jungle canyon with no real chance of any support or egress. Satellite images are great, but not for elevation calculations or gradients. The gradient we had estimated was based on the start and finish, all we could do was assume the river had similar characteristics to the upper sections, spread evenly over the next few days – if not we would have to take the gamble it wasn't too steep for a portage if



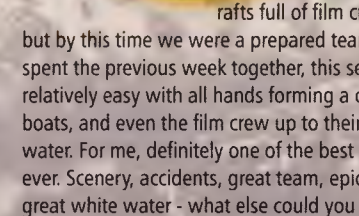
own worryingly slow manner really got the vocal cords working!

Access was bad, roads would disappear, and walks to and from the rivers became the norm. However, this first week enabled the whole team to find their roles, sharpen their skills and get to know each other as well as visiting some fantastic places. More importantly it was a time to do our homework. Using satellite images from Google Earth we knew the access points and worked out as much as we could of the river. This was so much better than the Old Indian maps showing large blank areas, labelled 'dense jungle!'

Our main contact and logistical master was 'Uygen', a legend in Bhutan – Number one kayaker (out of two), golf champion (one golf course), with some friends in high places. We had access to view some previously private areas of the country including two nights camped at the back of a Royal Tsong. I never really found out Uygen's true background! This camp gave us time to run a middle section of the Mangde Chu and get the feel of the river. It was gaining volume and gradient in very little distance. It also gave us the indication that the further downstream we went, the steeper the jungle walls each side of the river got.

Our last camp on the edge of the Manas Park gave us the last road access run. This first descent had some

below the knee. With the team doctor at hand and some iodine, steri-strips, kayak padding and the faithful duck tape we were able to continue. A cataract of rocks in one Grade 5 section required the portage of half of the kayaks and the two rafts full of film crew and kit,



but by this time we were a prepared team. Having spent the previous week together, this seemed relatively easy with all hands forming a chain of kit and boats, and even the film crew up to their waste in water. For me, definitely one of the best days paddling ever. Scenery, accidents, great team, epic portage, great white water - what else could you ask for?

required. Greg got into his kayak at the road and we repeated what we had done on other rivers. A team of people, lots of slings and a very scratched boat, we got down the 2,000 foot scramble to the river by the end of the afternoon.

The following morning we started the first descent of the Mangde Chu through the Manas Park. At this point the river was sandwiched between thickly vegetated overhanging walls as high and far as we could see. The drop in elevation of the river turned out to be all in day one! This first day presented us with the steepest sections with boulder strewn long class 4/5 rapids and some great play spots in between-- although harder in the loaded boats.

Towards the end of this day the river started to open up more which enabled us to find a typical Himalayan beach to bivvy and enjoy the lovely dried food surprises we had all packed! The remainder of our journey down to the next camp opened up as we gained distance offering huge Grade 4 wave trains, some big pour overs, and some raft eating wholes. A tributary we came to on our left was quite a surprise – as big if not bigger than the Mangde Chu and looking at the maps, a very long multi day remote trip just waiting for the first descent! After this confluence the river now was flattening and widening out as we rounded the corner to be greeted by the park warden





and his elephant, to escort us to a safe camping spot for the night. Although not safe from big leaches, normally found on your head in the mornings!

The first descent had been done! An army escort had been arranged for two days time to escort us through the Assam militant area, through the north of India and back into Bhutan to the nearest road. This was going to take a days drive, but in the mean time the second part of this expedition was about to start.

Accompanied by the warden we had just over a day exploring the remote jungle to film for the Discovery team and publicise not only how special this region was but the problems that threaten it. Ten men have the job of patrolling a huge expanse of land bordering India. The Indian side has road access and poaching is rife. The last sighting of a Rhino in the park was 2002. They have to preserve and protect the region with very little resources. With the idea of controlled eco-tourism in the park they may produce the funds to succeed in this, and if it was run as well as the rest of tourism in Bhutan with high fees resulting in maximum income and minimum impact, this would really help. The access to this region and our trip will highlight the possibilities of this with feedback to the Bhutanese King and with the Discovery Channel film.

We took our escort through India and in doing so also managed the first multiple entry visas to re-enter Bhutan, by a different access point and make our way back to the capital. The next day we ran down the Puna Tsang Chu, a big volume Grade 4 continuous run following the road back to the capitol, Thimpu. We had completed a circular journey through the country, with successful firsts on and off the water and in doing so we had formed a great team and bond with the

country. This trip really had it all on and off the water. An international team, a stunning country, a first descent, unexplored areas, rare wildlife, epic portages, accidents, nightmare logistics, world class paddling, and to top it all, no swims! It would be hard to say whether the first descent of the river or whether the high light was the country itself, luckily it will all be on film for us to remember it by. ●

**Anthony Eddies-Davies**

#### FACTS :

**The finished production is due to be shown on TV in the spring on the Discovery Channel and the BBC.**

Anthony Eddies-Davies – has over 15 years experience coaching a multitude of adventurous activities, and leading expeditions around the world.

He owns and has run The Old Vicarage Adventure Centre since 1984 and also runs Himalayan Adventures, guiding and running courses in the Himalayas every year, including kayak schools, mountaineering schools, trekking and rafting holidays.

The Old Vicarage Adventure Centre. Tel: 01746 718436 [www.ovac.co.uk](http://www.ovac.co.uk) email: [enquiries@ovac.co.uk](mailto:enquiries@ovac.co.uk)







BENDING BRANCHES

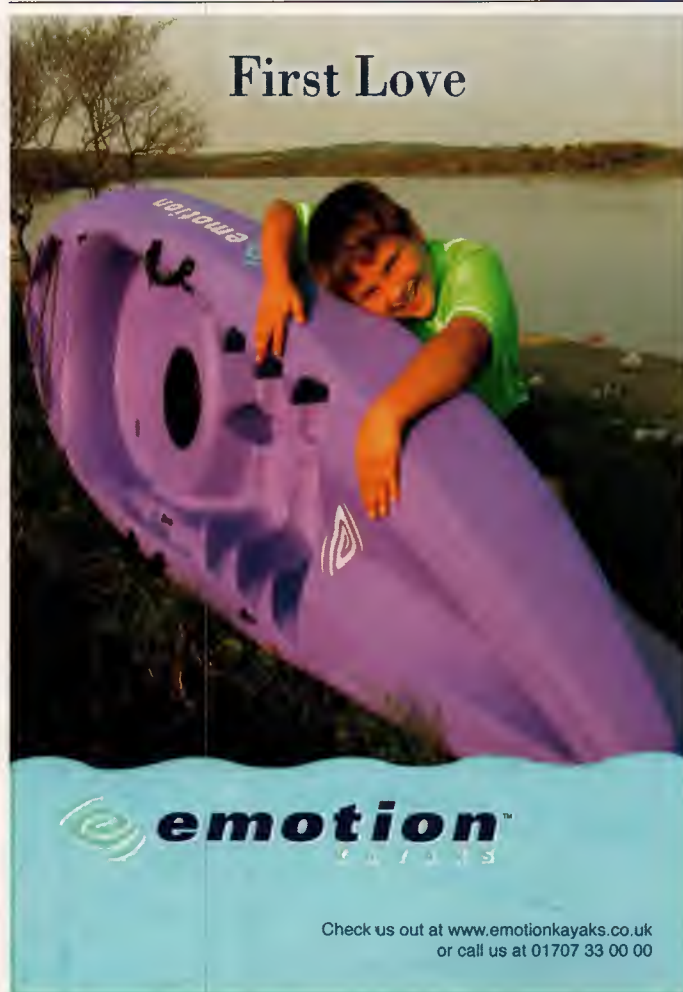


**pretty. smart. paddles.**

Butternut, cherry, basswood and maple sound good enough to eat, but are only a few of the ingredient in our hand crafted world class paddles.

All Bending Branches canoe paddles feature the legendary Rockguard® tip

**AVONCRAFT**  
www.avoncraft.co.uk  
01707 33 00 00



**First Love**

**emotion**  
KAYAKS

Check us out at [www.emotionkayaks.co.uk](http://www.emotionkayaks.co.uk)  
or call us at 01707 33 00 00

# pyranha®



**Rapid SYSTEM**

INA ZONE


MASTER TG LITE


MASTER TG


G3


ACRO


**To try a demo pop into your local Pyranha dealer:**

- As Watersports Exeter 01392 219600 [www.aswatersports.co.uk](http://www.aswatersports.co.uk)
- Bear Creek Adventure Upton Warren 08700 508203 [www.bearcreekadventure.co.uk](http://www.bearcreekadventure.co.uk)
- Bournemouth Canoes Bournemouth 01202 625256 [www.bournemouthcanoes.co.uk](http://www.bournemouthcanoes.co.uk)
- Brookbank Canoes Stockport 0161 4741499 [www.brookbankcanoes.co.uk](http://www.brookbankcanoes.co.uk)
- Brookbank Canoes Scotland Perth 01738 622723 [www.brookbankscotland.co.uk](http://www.brookbankscotland.co.uk)
- Brighton Canoes Brighton 01273 513200 [www.brighton-canoes.co.uk](http://www.brighton-canoes.co.uk)
- Canoe Kayak Trader Leamington Spa 01926 889928 [www.canoekayaktrader.co.uk](http://www.canoekayaktrader.co.uk)
- Carlisle Canoes Carlisle 01228 531703 [www.carlislecanoes.co.uk](http://www.carlislecanoes.co.uk)
- Cheltenham & Gloucester Canoes Cheltenham 01242 228484 [www.cheltenham-canoes.co.uk](http://www.cheltenham-canoes.co.uk)
- Desperate Measures Nottingham 0115 9816815 [www.desperate-measures.co.uk](http://www.desperate-measures.co.uk)
- GO2H2O Ripon 01765 635333 [www.go2h2o.co.uk](http://www.go2h2o.co.uk)
- Hampshire Canoe and Kayak Orpington 01981 580555 [www.hbcanoekayak.co.uk](http://www.hbcanoekayak.co.uk)
- Kayaks & Paddles Plymouth 01752 600722 [www.kayaksandpaddles.co.uk](http://www.kayaksandpaddles.co.uk)
- Kent Canoes Wrotham 01732 886688 [www.thecanoeshop.co.uk](http://www.thecanoeshop.co.uk)
- Marsport Reading 01189 665912 [www.marsport.co.uk](http://www.marsport.co.uk)
- Nucleus Clacton-on-Sea 01255 812146 [www.nucleuswatersports.co.uk](http://www.nucleuswatersports.co.uk)
- Paddle Sport Warwick 01926 640573 [www.paddlesport.co.uk](http://www.paddlesport.co.uk)
- Paddleworks Bala 01678 520808 [www.paddleworks.co.uk](http://www.paddleworks.co.uk)
- Paddleworks Llangollen 01978 861444 [www.paddleworks.co.uk](http://www.paddleworks.co.uk)
- Stirling Canoes Stirling 01786 478820 [www.stirlingcanoes.co.uk](http://www.stirlingcanoes.co.uk)
- UK Canoes Lancaster 01524 388850 [www.ukcanoes.co.uk](http://www.ukcanoes.co.uk)
- Up & Under Cardiff 02920 578579 [www.upandunder.co.uk](http://www.upandunder.co.uk)
- Woodmill Swaythling 02380 555993 [www.woodmill.co.uk](http://www.woodmill.co.uk)

**www.pyranha.com**



# Ladies freestyle coaching day

Hurley Weir, Sunday 10th February 2007

9.30am saw the Hurley car park begin to fill with cars; boats and kit emerged. But this was no ordinary Sunday morning; all the 20 paddlers getting ready for a paddling session were women, and the event was Kayakojacko's second annual ladies freestyle day. Other paddlers, of the male variety, arrived but soon left after seeing the mass of women congregating to paddle on the weir.

After an introduction from Jacko, we headed off towards the weir, pleased in the knowledge it was on a good three gates. An energetic warm up on the bank side saw the bending and stretching of women, before getting onto the water. As soon as all were on the water, the lock keeper was seen walking across to the weir and the wonderful three gates suddenly became a larger four gates.

After a short acclimatisation paddle, we all collected on the bank and divided into groups, dependant on our personal aims of the day. Three groups emerged, roughly defined as;

1. those who want to improve their white water roll and successful entry to the wave;
2. those who could get on the wave but then not sure what to do next;
3. and those who wanted to improve their moves on the wave.

I opted for the second group and was coached by Jacko himself, with Hila and Carl taking the other two groups.

The coaching of the group I was in consisted of varying learning techniques with 'dry runs' being undertaken on the bank, looking at the wave itself; discussing and understanding the water to improve; paddling on wave with Jacko on the wave to observe and feedback. I learnt about the active use of my blade on the surface of the water whilst on the wave. Using my low support rather

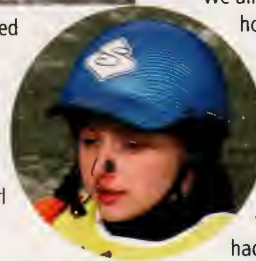
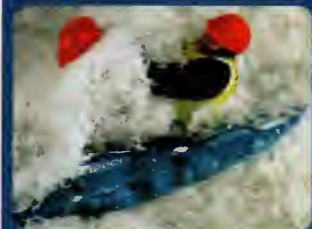
than high support strokes on the wave was corrected by observation from Jacko, although practice is still required on my part. The coaching for our group developed into the theory of turning on the wave, and flat spins, with some physical attempt by ourselves.

The weir became dominated with the women of the course, the other male paddlers on the wave left within a short period of us arriving. We women can be intimidating in a group! With the eddy to ourselves, the three groups interchanged between the active paddling groups and bank side learning groups.

After an intense, enjoyable, and productive session on the weir, we returned to the car park and changed.

We all then retired to Jacko's house for tea, cake, and feedback. A simple enough task which proved the most difficult of the day, a few lost cars on route had to be directed when the chain following the Jacko van was broken. When all had found their way, we settled

with tea and very yummy cakes, thanks to Jacko's wife, Marina. We discussed our learning of the day. Video footage of paddlers on the weir aided us in our discussions, evaluating good techniques, bad techniques and how to improve our own techniques. Methods of improving our skills and techniques off the river were also reviewed. ●



## THANKS

Thanks to Aaron Dempsey from Squarerock for providing demo Jackson boats and Robert Piwko for taking photographs. Thanks also to all those who did a fantastic job of safety, and rescuing where necessary. But as Jacko enlightened us at the beginning of the day, swimming is not a problem, just means that you are trying hard and pushing the boundaries of your paddling, all necessary for improvement!





Innovation inspired by centuries-old tradition.



www.nativewatercraft.net - find your nearest dealer at www.systemxkayak.co.uk

# Outdoor Education

at South Devon College

## FOUNDATION DEGREE

THIS NEW EXCITING COURSE OFFERS A BLEND OF PRACTICAL SKILLS AND ACADEMIC STUDIES. DELIVERED BY QUALIFIED, PROFESSIONAL TUTORS TO WHO HAVE EXTENSIVE KNOWLEDGE OF THE OUTDOOR EDUCATION INDUSTRY.

GREAT EMPHASIS IS PLACED ON INDIVIDUALS GAINING NATIONAL GOVERNING BODY QUALIFICATIONS ALONGSIDE THEIR ACADEMIC STUDIES.

### FORTHCOMING TRIPS INCLUDE:

**SLOVENIA & MOROCCO**  
KAYAKING

**UK COAST2COAST**  
MOUNTAIN BIKING

**SPAIN**  
ROCK CLIMBING

**SCOTLAND**  
CANOEING

### Information:

01803 540 313

lee.pooley@southdevon.ac.uk





## Kingston B take polo by storm

Eight teams participated in this years Yorkshire U16 novice league where Kingston B proved themselves well-worth of taking the title of champions by not conceding a single goal in the final tournament, winning all but one match in the whole season, their move to Premier league should show promise. By far the most heated matches for them have been against Kingston A, where the final game finished at five goals to nil for Kingston B (Coach: Dunk Moffat. Players: Stuart Norris, Mat Sergeant, Adam & Jason Pinder, Liam Moffat and Carl Cook).

Final results were Kingston B 1st, Greenstar A 2nd, Hungerhill 3rd, Glannford 4th, Kingston A 5th, Greenstar B 6th, S.W.A.T. 7th and Sheffield 8th.



## Beale Park Thames Boat Show

Friday, June 8 – Sunday, June 10

Boats galore, free river trips, displays on the lake, demonstrations, classic cars, crafts, live music and family entertainment are top of the bill for the Beale Park Thames Boat Show 2007, as organisers team up with the Environment Agency for a weekend of waterborne activity in Lower Basildon.

Catering for the boating enthusiast, newcomers and families alike, the show encourages people to take to the water, as well as offering visitors an informative and entertaining day out, set against the stunning backdrop of the River Thames in Berkshire.

Building on last year's success, the 2007 event will feature a variety of displays on the park's seven acre lake staged by various associations from the boating community, fishermen and other organisations such as the Newfoundland dog display team. Also new for 2007 is a show arena where extra entertainment will be provided for visitors.

Show organisers are keen to attract new audiences and to offer exhibitors the opportunity to participate in the event as much as possible. Acting on exhibitor feedback from 2006, the events team has invited classic car enthusiasts to attend the show for the first time and is making significant changes to the show brochure - offering it free to all visitors on entry.

Once again, the Show will encourage people to get afloat with free boat trips up the River Thames, plus the chance to mess about in canoes, rowing boats and sailing craft, thanks to the continued support of the TBTA and the EA.

Eileen McKeever, Thames Waterway Manager for EA, said: "The Boat Show is a great showcase for the River Thames and the south of England. We are keen to support any event which introduces boating to a new audience, and



Beale Park provides the perfect opportunity to wander round meeting other boaters, talking to boat clubs and trying a boat before you take a holiday or buy. The beautiful setting of the River Thames gives the Show its unique feel and simply adds to the boating experience."

In addition to getting people out on the water, this year's free boat trips will help to raise funds for the Rivertime Boat Trust, a registered charity which is raising money to build a specialist cruiser, designed specially to cater for the needs of disabled and disadvantaged children and adults, on the Middle Thames between Windsor and Oxford.

Pat and Simon Davis, who are heading the fund raising initiative, will be at the show to create awareness of this initiative, and to boost funds for the £120,000 project which aims to provide fun days out for children and adults on the Thames.

Ticket prices On the gate will be £7 adult and £2 for 2-15s. Under 2s are free. Family tickets are £15 (2 adults + 2 children). Advance tickets are £6 adult, £2 for 2-15s and £14 for a family ticket, available on 0118 976 7498. Tickets include half price entrance to Beale Park wildlife park during the Boat Show.

Tickets for the show and further information will be available on-line at [www.bealepark.co.uk](http://www.bealepark.co.uk) or can be purchased directly from Beale Park prior to the event.

## ACCESS UPDATE

### Putting Pilot Voluntary Access Agreements in place - update

#### River Wear

Developments put the prospect of any meaningful access agreement on the River Wear in further doubt. Solicitors acting for a riparian owner between the Sands and Finchale Priory have notified the Environment Agency (EA) and Canoe England that their client is opposed to voluntary access agreements on the River Wear.

The letter goes on to state: "We also confirm, for the avoidance of doubt, that our client objects to the use of the river by canoeist" and "We understand from our client that the two adjoining landowners also object to the proposed voluntary canoe access agreement and the use of the river by canoeists".

The EA has reviewed the River Wear study and issued a position statement in a series of three letters for each section of the river. Their position and response to the landowners and angling interests below the Sands that attracted the solicitors letter states: "After consulting with landowners and angling club representatives, the EA Northumbria Area Management team have decided not to pursue a canoe access agreement for the River Wear between the Sands and Finchale Priory.

We understand that a number of landowners do not want any canoes to paddle through their reaches of the river. We have informed the BCU and their local representatives that there is no canoe access agreement between the Sands and Finchale Priory and anyone who canoes this will be committing trespass. This is a civil offence and the EA has no legal power to prosecute trespassers, however, we are still negotiating with local BCU representatives about access to water upstream of the Sands.

If you have any photographs that may help identify unwelcome canoeists on your water you can email or post them to the environment at the address below."

At the time of writing this copy, Canoe England is in correspondence with the EA. Their letter raises some interesting points to include the enquiry - has the EA adopted a policy to advise third parties to photograph paddlers?

A second letter to stakeholder interests for the section between Shincliffe Bridge and the Sands clarifies that if stakeholders are unable to draw up a substantial agreement by April 2007 the EA will withdraw negotiations. This section is jointly used by paddlers, rowers, the boat hire trade and anglers.

The letter also notes that some landowners have already expressed a wish to dedicate a Right of Open Access under the Countryside and Rights of Way (CROW) Act if a voluntary access agreement is not reached.

The third letter refers to the section between Sunderland Bridge and Shincliffe Bridge. Again the EA has decided not to pursue a canoe access agreement. Instead it will conduct a fishery survey this year to determine if paddling can be undertaken without harming the fishery.

River Teme - as previously reported, the BCU had advised the EA and Ludlow Town Council the River Teme conditions of use are both unsafe and unacceptable. Since that time no information has been released or announcements made by the EA for this pilot. It is now known a risk assessment has been undertaken by a specialist consultant for the EA and any outcome is not known.

These pilot schemes bring mounting evidence to challenge the merits of voluntary access agreements and that they can work.



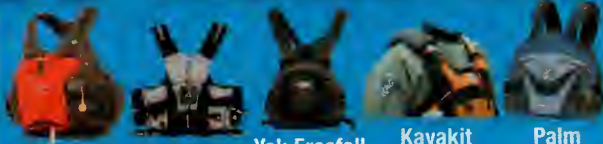
# HUGE Choice HUGE Value!

**CAGS**



Palm Vertigo £74.95  
Yak Osprey £119.95  
Peak Deluxe £135  
Artistic Aveto £139.95

**PFD'S**



Astral Aquavest 300 £129.95  
Peak River Guide £99  
Yak Freefall £69.95 **OFFER £55**  
Kayakit Shoulder Pad £20.00  
Palm Symbiant Whitewater £69.95

**DRY SUITS**



RoHo Kayak Drysuit £399

**DRY PANTS**



Yak Kestrel £84.95  
Palm Sidewinder Combi Bib £179.95  
Palm Sidewinder £129.95  
Nookie Extreme £94.99

**PACKAGES**



**River Pack**

- Pyranha H3 Rapid Runner
- Carlisle Carbon
- Palm Classic Deck

RRP £725  
**Offer £650**

**Folding Fishing Pack**

- Bic Yakka
- Carlisle Simply Magic Paddle
- Nookie Ranger pfd

RRP £558  
**Offer £499**

**Sport Pack**

- Ocean Kayak
- Yak Board Sport
- TNP One Piece
- Yak CSR PFD

WAS £304.90  
**Now £275**

**NEW ARRIVALS**



Nookie Glove £14.95  
Palm Quartz Shoe £22.95

**ACCESSORIES**

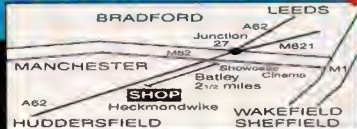


Nookie Fleece Pants was £44.95 **OFFER £39.95**  
Peak Paddle Mitts £15  
Peak Throwline 16m £29  
Jackson Airbag £29.95



152 LEEDS ROAD, HECKMONDWIKE, WEST YORKSHIRE, WF16 9BJ

Packages are our speciality - don't see what you're after, just ask!



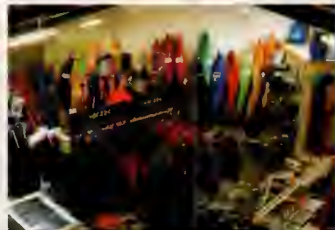
**MAIL ORDER HOTLINE 01924 444888**  
**ONLINE SUPERSTORE www.roho.co.uk**



## BEAR CREEK ADVENTURE

Worcestershire's Largest Supplier of Canoes & Kayaks

**Only 3 minutes from Junc. 5 M5**



**NOW EVEN BIGGER**

Expanded Showroom - now over 1800 sq ft

Even more boats and much more equipment in stock.



**whitewater sit on tops open canoes touring**



**NEW, FULLY COMPREHENSIVE ONLINE STORE**

**Earn points for every £ you spend**

**www.bearcreekadventure.co.uk**

Hobden Hall Industrial Estate, Shaw Lane, Stoke Prior, Bransgrove, Worcestershire. B60 4DU  
Tel: 08700 508203 info@bearcreekadventure.co.uk



**Sea & Surf Bitching Coaching Trips & Tours Expeditions**

Improve your paddling with TYF Adventure in the Pembrokeshire Coast National Park and access first class sea & surf kayaking or come play 'The Bitches'

For beginners to experts. Full range of BCU courses available

Freephone 0800 132 588  
01437 721611  
play@tyf.com  
www.tyf.com

WCA Centre of Expertise



# BUSA Canoe Slalom 2007

## Results

### 9-10th Feb

### Teesside White Water course

Full results from the weekend can be found at [www.busaslalom.org.uk](http://www.busaslalom.org.uk)

Durham University Canoe Club currently has Slalom Bursaries available to help students meet the cost of Slalom training and coaching. If you are a keen Slalomist and are looking at Universities get in contact with [friends.ducc@dur.ac.uk](mailto:friends.ducc@dur.ac.uk) for more information, or look at [www.dur.ac.uk/friends.ducc](http://www.dur.ac.uk/friends.ducc) and [www.dur.ac.uk/canoe.club](http://www.dur.ac.uk/canoe.club)



This year was the third year of the event in its current incarnation under the organisation of the Friends of Durham University CC and was the biggest yet! With over 280 individual entries from 15 different Universities, some of these entering multiple categories there were a lot of runs to be fitted in during the weekend.

The Slalom course had been excellently designed by the good folks of the Barrage to set it at a standard whereby everyone was able to give the course a 'go', but there were still elements of it that were challenging enough to provide the 'prem' boys and girls that turned up with a bit of fun. This was the key to the whole event as it provided a great opportunity for many university paddlers that may otherwise never set foot in a slalom boat to come along and give the sport a go.

The weekend provided many fine demonstrations of this 'art of Slalom'. In the Men's K1 event the 'HPP' boys of Ed Kay (Nottingham), David Backhouse (Nottingham) and Andy Hadfield (Loughborough) managed to top the tables coming in Gold, Silver and Bronze respectively. The K1 Ladies' saw the



same dominance for these Universities of Loughborough and Nottingham with the top places going in order to Lizzie Neave (L'bough), Heather Corrie (L'bough), and Hannah Bailey (Nott).

Being a student paddling event it would have been rude not to hold a party, so Saturday night saw the event descend on a nearby venue for an 'all you can eat BBQ

followed by an Aussie theme party.

Sunday morning brought a few tired heads, but there was little time for competitors to feel too sorry for themselves as there was a polo competition to enter! Due to the timing of the tides, the course was not able to run until 11am, so to fill the morning it was decided to hold a 'friendly Polo competition' (an oxymoron surely!). The chill of the water didn't seem to deter too many people from pushing others in and a few seriously good games were held. The ever-mighty Newcastle Uni canoe polo team eventually came out victorious winning themselves a set of Lendal Paddles for their club.

The C1 and C2 events held on the Sunday were certainly the highlight for many of the spectators, as a 'C' boat paddled well is an amazing thing to watch, but also a 'C' boat paddled by the inexperienced is no less entertaining, but for entirely different reasons! Never the less there were some very accomplished runs, the top C1 position going to Marvin Rounce (Nottingham Trent) and the top C2 place going to Rounce and Critchley (Nottingham Trent). Impressive performances from the teams of Hollis and Browell (Newcastle), and Russell Johnson and Coombs (Durham) saw them taking second and third places with very respectable times.

The team events were no less entertaining. For those less familiar with Slalom a 'team event' requires three paddlers to all go down the course at the same time. This requires a great deal of co-ordination and teamwork to weave in and out of the gates whilst trying not to collide with the other members of your team! Nottingham, Loughborough and Nottingham Trent Universities once again dominated the top 3 places for the men's team. In the mixed team event the top places went to Nottingham, Newcastle and Durham.

The overall standings for each University were determined based on both high performance and participation across all the disciplines. After a thrilling final day of paddling, Newcastle just managed to retain their 2006 overall crown, narrowly beating Durham, who were leading at the end of the first day. Strong individual success gave third and fourth places to Loughborough and Nottingham respectively, with Manchester rounding off the top five.

As well as extending a big 'thank you' to all those who helped out over the weekend and all the competitors who travelled to Teesside and made the event such a success, we would also like to thank our generous sponsors for supporting this year's event: 4 Seasons at Teesside White Water Course; Lendal; Reed Chillcheater; Liquid Blue Clothing; Palm Equipment; KayakoJacko; Pyranha; Ainsworth; Lomo Watersports; Dave Hughes Photography and British Waterways. ●

Peter Harker

## PADDLE THIS

### College clash

On the 28th January two groups of students met at the Dart Country Park on the banks by the Anvil for the first Duchy College south west inter college boater cross and freestyle competition. The event was a great success.

Starting off with the boater cross which was to be run from Holme Bridge down to Waterworks Bridge for the first round with the semis and finals being held from just above the Anvil down to the bridge. The final was to be six boaters charging down this stretch of water with Josh Holman steaming off straight from the start and almost wrapping first place up immediately. It was down to the rest of the field to fight it out for the remainder of the places with some controversy appearing over second and third place. This ended in a paddle off down the course between me and Dean Luckham to decide the outcome. Joe leader provided some true comedy value by walking over the finish line.

After a short lunch break it was time for the freestyle event which was held in the Anvil. This led to some smooth rides but not one competitor managed to get away without their fair share of beat down. This entertained the spectators from both colleges and the odd person that just stopped to watch no end as they cheered and laughed as many of the competitors eventually parted ways with their boats. There were still some smooth rides coming from Alec McNally, Rory McKay and Alex Kerr pulling of left and right cartwheels, loops, pirouettes and split wheels to name a few.

This was to be a fairly small and low key event organised by Becca Hernandez and myself, aimed at setting a base for years to come. The event was a major success and there are already plans going in to place for next year's event where I am hoping that it can be opened up to many other colleges and canoe clubs in the area.

Many thanks go out to everyone that helped with the event, our sponsors; Nookie, Alder, AS Watersports and Yak for providing prizes and to the Dart Country Park for letting us use the site.  
Nick Pearce







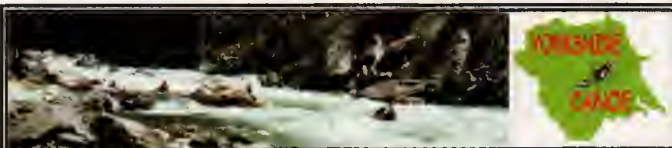
# WHITewater

## The Canoe Centre

From flat water to white water  
 From recreational to competition  
 6,000 square feet of paddler's paradise  
 All 5 minutes from junction 1 of the M3

Tel: 01932 247 978,  
 Fax: 01932 241 368,  
 Email: info@wwtcc.com,  
 wwtcc.com

Shepperton Marina,  
 Felix Lane, Shepperton,  
 Middlesex, TW17 8NS,  
 Great Britain



Visit

## Yorkshire Canoe

New on-line catalogue and website

[www.yorkshirecanoe.co.uk](http://www.yorkshirecanoe.co.uk)

Better still drop in and see us!

At the

Yorkshire Outdoor Superstore

Unit 5 Croft Court, Kirk Sandall,

Doncaster DN3 1QL

Tel 01302 886633

Great products available from



### 2007 Whitewater Range

- |                  |  |         |
|------------------|--|---------|
| Flame            |  | £79.95  |
| Active           |  | £99.95  |
| Trick            |  | £159.95 |
| Salto            |  | £179.95 |
| Spirit           |  | £179.95 |
| Control Platinum |  | £199.95 |
| Carvine CG       |  | £209.95 |



[www.highmighty.co.uk](http://www.highmighty.co.uk)  
[sales@highmighty.co.uk](mailto:sales@highmighty.co.uk)  
 01227 281111



# Starting in canoe polo

Most people's idea of kayaking involves exploring rivers, sailing the seas and larking about on holiday in them. But a growing breed of kayaking is emerging. Combining water polo, basketball and kayaking, Kayak Polo is a rapidly developing sport that is gaining recognition as an exciting alternative to just paddling around. The game is played in many countries, prominently in America and Canada but also as global as Australia and New Zealand and countries in Europe. It has its own World and European Championships, held every two years, and the most recent winners have been European Champions Germany and World Champions France. But how do you go about playing a ball sport on water?



It's surprisingly simple. Two teams of five (with three roll-on roll-off substitutes) attempt to score as many goals as possible in two ten minute halves. A normal water polo ball is used and players attempt to throw the ball through the goal to score. The goals themselves are two metres above the surface of the water and are a metre high and wide. The goal is guarded by a goalkeeper like netball but any player can defend the goal by raising their paddle and blocking the goal. The 'pitch' is a 35m by 25m space of water that can be indoors or out. There must however, be a walkway on either touchline for the referees who are on foot. As well as the two referees, there is a timekeeper, a 'scrutineer' who is responsible for checking all equipment is within the restrictions and has the required safety, and two 'goal line judges' who check starts, ball outs and subbing. All players need a suitable kayak with padded ends and spraydeck, a shirt that covers the shoulder, a buoyancy aid for body protection, paddles and a helmet with a facemask.

There are of course a lot of rules but these are

justified as one of the main concerns that those involved with this sport have is player safety. From the equipment to the smallest of infringement, everything is focused on keeping the players injury-free. For example, if a player is capsized they must leave the playing area as soon as possible and must have no outside help. There are strict rules governing paddle use to make sure these potentially dangerous pieces of equipment do not injure. Rule infringements lead to cards being shown and they have the following

## SKILLS

**Technically, of course, you must be a strong kayaker.**

**The basic requirements for the Great Britain under 21 Women's team involve several different groups of skills:**

Basic kayak skills include the ability to:

- Complete a 20 metre sprint in less than 12 Seconds
- Effectively use sweep strokes, draw strokes, dip turns, high and low braces
- Paddle roll
- Hand roll
- Hand roll with the ball
- Dip turn the stern under an opponent's kayak
- Kayak tackle the front of your boat under an opponents kayak

**Balls skills include;**

- Accurately pass a ball with dominate hand 10 metres
- Accurately pass a ball with non dominate hand 5 metres
- Dribble the ball by hand 20 meters with 2 paddle strokes between each dribble.
- Catch with one hand from different directions
- Use several different throwing techniques

**Shooting requires the ability to;**

- Score an open goal from 10 metres
- Score in the corners of an open goal from 5 metres
- Use three different shot variations confidently

**And paddle skill requirements involve;**

- Retrieve bad passes with their paddle
- Dribble with paddle 25 meters with 2 paddle strokes between each dribble

order: green, yellow and red. Like football these can add up to the next one.

The growth of this sport has been aided by its popularity within British universities. The 2006 BUSA Championships were contested by 22 universities and colleges in the mens and 15 in the womens. There are also club sides in Britain that compete in leagues around the country. Elan Winter plays for one such club, Aberfan in Wales and explains the set-up of the competitions, "There are four national Leagues. Division 1 is eight teams, including Aberfan, where the bottom two go to Division 2. Division 2 is split into north and south with ten teams in each and the winners of each playoff against the relegated two from Division 1 to see who remains or is promoted. Division 3 has ten teams in a north, central and south split with the top two teams in each entering the playoffs for promotion. Finally Division 4 is split into north, central, southwest and southeast with up to ten teams as well. Again there are playoffs for those. There are leagues for ladies, and youth leagues which are pretty recent."

Winter has been part of a successful team to date sitting in Division 1, "I started my playing in Div 4 Southwest with the B side. The A team also played here when I started playing with them, and we've managed to get promoted all the way up to Div1 with the same basic team."

There are also regional leagues that provide opportunities for newer and young players, "Most regions have a regional league as well made up from teams from that region, with maybe teams from other regions invited. The standard of these varies. I've played with teams in Welsh, SW, London and Midlands Leagues. The Welsh league consists of two divisions. The Aberfan Welsh League sides are mixed to give novice/youth players a chance to play with the better members of the club against other clubs."

Elan has represented GB U21s and explains that the GB sides have performed well over the past few years, "Men's and Ladies usually do quite well. We won the European event in 1995 and have been finalists in 2001 and 2005 recently but have also won the world event in 2000 and 2002. The ladies side won the world tournament in 2004 and the European one in 2001 and 2005."

This new wave of watersport has been steadily growing for a number of years thanks to its popularity at universities round the country and the continued success of the national sides in international tournaments. If you want to try something new this year, why not grab yourself a kayak and try this new and exciting sport. ●





# canoe kayak trader Demo Day

**Sunday April 22nd**  
11am to 5pm

Try out the latest boats from  
the best manufacturers!

- whitewater
- sea / touring kayaks
- recreational kayaks
- family canoes
- kids size kayaks
- BBQ food
- prize draw (win a kayak paddle)
- Canoe polo games

**Tel/Fax 0845 456 9533**

The Leam Boat Centre, Mill Rd, Leamington Spa, CV31 1BH

**www.canoe-kayak-trader.co.uk**

## FYNE BOAT KITS

18 models from open boats to sea kayaks.  
Build in as little as a week. The kits contain all that is needed  
including pre-cut joints & panels, epoxy & manuals to make a  
strong boat to be proud of.



[www.fyneboatkits.com](http://www.fyneboatkits.com)

Tel: 01539 721770 Fax: 01539 447662

email: [info@fyneboatkits.com](mailto:info@fyneboatkits.com)

# CANOEES



**UK distributor for Wenonah and Bell**

**All major manufacturers stocked**

**Try before you buy**

**PLUS**

**All the canoe accessories you need**

**SEE AND TRY THE LATEST WENONAH AND BELL  
CANOES IN THE ACT CANOE VILLAGE AT**

**BATH & WEST SHOW 29 May - 2 June**

**CARDIFF OUTDOOR ACTION SHOW 23 - 24 June**

**OR CONTACT US FOR YOUR NEAREST STOCKIST**

# KAYAKS



**All major manufacturers stocked**

**Try before you buy**

**PLUS**

**All the kayaking accessories  
you will ever want**

**ASK FOR OUR NEWSLETTER**

**which includes a customer's review of the  
Pyranha AMMO (above)**

**Outdoor  
ACTIVE**

**www.outdoor-active.co.uk**

**E sales@outdoor-active.co.uk**

**T 01454 261058**

Damery Works, Woodford, Berkeley, Glos GL13 9JR

**IT'S YOUR  
Adventure...**

Specialist Sea Kayak School  
White Water & Open Canoe Skills

WCA Approved Centre  
Specialist Sea Kayak School  
White Water & Open Canoe Skills

Llanberis - Snowdonia  
Tel: 01286 879001

[www.surf-lines.co.uk](http://www.surf-lines.co.uk)

Surf-Lines





Pete and Phil at base of ice

Having spent four summers sea kayaking in the Ammassalik area of east Greenland, which included a trip north to the grave site and memorial cross of Gino Watkins, Pete Jones and I were back last year, this time accompanied by Phil Clegg. Our plan was to paddle from Scoresbysund in the north, down to Ammassalik, a one-way trip of about 700 miles. In the summer of 1925 the Danish government relocated 90 Inuit from their original settlement of Ammassalik, then the major settlement on the east coast, to a settlement they created further north at Scoresbysund. Our expedition would attempt to reconnect the two communities by kayak.

# Greenland

## East Coast Kayak Expedition 2006

This section of the East Greenland coast is completely uninhabited and we knew we would be unable to resupply our food and fuel. There was no way we could afford the tens of thousands of pounds required for air drops and it soon became apparent that we would have to be self sufficient, taking all our food and fuel in the kayaks for the duration of the expedition. We calculated it would take about 60 days to complete the trip, given a large slice of luck! If need be we could hunt and fish to supplement our food. The menu would have to be basic and simple, so the three of us agreed on a simple selection of store bought dehydrated goods that would give a bit of variety and help keep our interest for two months. On a trip like this there is no room for faddy eaters.

Because of the heavy pack ice, which closes off the east coast for a large part of the year, we decided that the bulk of our gear including kayaks and all our dehydrated food should be shipped out in August 2005 and stored over the long winter. We would then fly out in early July, before the supply boat/icebreaker arrived in Scoresbysund. We could then start our journey as soon as possible and there by make the most of the short paddling season.

To our knowledge no one had in recent years attempted an unsupported and self-sufficient arctic kayak trip of this duration and until we loaded up on the beach in Scoresbysund we were not even

completely sure if we could get everything onboard. The kayaks weighed about 300lbs and had large dry sacks with our personal/survival gear on the front and rear decks, all our internal storage space was taken up with food. Initially their stability and buoyancy were very questionable.

It took two days of flights and a stop over in Iceland before we got to our destination in Greenland. Our pilot was very interested in our plans, as we neared land he invited us up to the cockpit and made quite a detour along the coast so we could see what lay in store for us. The ice was very packed and stretched in some places for over 50 miles out to sea. At this point we realised the conditions would be a little different from what we had expected.

From the gravel airstrip of Constable Point we arranged for a helicopter flight to the settlement of Scoresbysund. The kayaks came out of store and we were soon sorting our food and gear on the small beach by the hospital. I had been worried that the food would have been contaminated by fibre glass fumes as the kayaks had been shipped and stored with everything stashed in the cockpit and hatches, fortunately the boats were well cured and this was not a problem.

The local boys were fascinated by all our stuff and were a great help. They were very trustworthy and not even a Mars Bar went missing. This was

particularly impressive considering the shop had run out of treats over a month ago. They had also run out of beer at that time and as a result the town felt calm and safe.

### Waiting for nine days

Our initial attempt to paddle the 28 miles across Scoresby Sound was halted by the thick sea ice, which was packed into the fjord. We made camp about ten miles from town, out on the headland, and during the next few days packed up on several occasions to attempt the crossing. In the end we had to wait nine days before the ice broke up enough for us to get through. A local hunter in town had told us he had been dog sledding on it the week before and that conditions were unusual. I knew that this time the previous year the fjord had already been clear enough to paddle for three weeks. We spent these initial days exploring the hills and coast on foot, discovering hot springs and old Inuit settlements and human remains. On one hike we walked up behind our camp and found a Polar Bear had taken a short cut through our back yard during the night, leaving huge paw prints in the snow close to the tent, from then on we always carried the gun and slept with it at night.

Once the big crossing of Scoresby Sound was safely over we were able to relax a bit. However it was quite committing paddling with daily open



Skull - Stuart Island



Hot shower - what a treat



Pete and Narwhale tusk



Martin and Pete



Polar bear tracks



## Scoresbysund to Ammassalik

crossings of ten to twelve miles between huge headlands, which resembled the big cliffs on Skye, Shetland and St Kilda. There was no chance of landing there and we often had to run two crossings together before we could stop and find a place to camp. We soon got into a good routine of stopping for a few minutes every hour for a snack bar and a drink of water, lunch was bigger, a Mars bar and four squares of jelly and perhaps an extra five minutes break. It was too cold to stop for much longer.

Pete and I had been in these conditions before and knew the risks. Our main areas of concern were being blown out to sea in strong and unpredictable winds, getting a kayak crushed in the ever moving ice or having problems with Polar bears, which as a result of global warming, are forced ever further south in search of food and would be starving by the time they met us. All this got quite stressful, so we decided to reduce the worry by dividing them up. Pete had the offshore winds, Phil the pack ice and I had the bears, and that worked fine – we could relax.

This year we had a hand held GPS navigation system, which we used to check the accuracy of our maps. Although new maps, the information was from the 50's, making the location of glacier fronts very inaccurate and misleading in thick fog. Global warming is causing the glaciers to retreat, as they do, they break up and deposit large quantities of ice into

the sea, often huge icebergs the size of aircraft hangers. Over time these then get smaller and more broken, until the sea becomes packed with a variety of different sized pieces of ice. This stretches along most of the coast and reaches far out to sea. The good thing for us was that the ice kept any sea swell down and enabled us to follow open leads between the headlands and find calmer gaps of open water along the coast.

### Old Inuit settlement

Stuart Island was a memorable spot as it was the only green and grassy campsite we ever found. We camped within the ruins of an old Inuit settlement of eight round houses made of rock and earth and there were many gravesites, indicating a long established full time settlement was flourishing here several centuries ago and well before Scoresbysund settlement was established. We also found several old fox traps, which work on the deadfall principle; it was a fascinating place to explore.

On the south coast of Henry land we found a hot spring coming out of the cliff and had our first proper wash and shave in over three weeks. We didn't linger as the area was exposed to rock fall from the 1000 ft cliffs, which peppered the narrow shoreline with a regular volley of stone fall. This forced us to take another committing open crossing at the end of the

day. Surfing along with an increasing following sea, trying to avoid the ice in very thick fog. We were a bit anxious at this time, as we were unsure of the magnetic variation, which varies considerably along the coast and the map was very misleading at this point, however we eventually located an old hunters cabin, dating from the 1930's and set up camp. We spent the evening exploring and cooking on an open fire. The hut has long gone past its best, but will be a welcome source of firewood for many years to come. I found a huge polar bear skull with teeth, which we extracted for a dentist friend back home.

We knew the weather was deteriorating. However, we still managed to fall into the trap of making mileage, pressing on when conditions were marginal, and as a result we ended up getting stuck out in the pack ice off Kap Beaupre. The ice was grinding and smashing into itself as wind worked against the tide and we had to quickly climb out onto the ice, as the strengthening offshore wind caused the leads to close and threatened to crush the kayaks. I broke my little toe when in the all the excitement Pete and Phil helped me drag my kayak over it. To add insult to injury it was largely self-inflicted. We spent over three hours pulling our boats from one piece of ice to another, as the wind took us further away from the shore. Eventually we got to a lead that stayed clear long enough for us to get in and paddle





Heavy going through thick ice



Polar bear approaches camp



Ice arch

frantically back to land. We had only managed to cover 15 miles that day but we were very glad to be safe and had been reminded of an important lesson!

The following day the wind had increased so a day off was in order and we went for a hike in the mountains. Anyone visiting this area does so by sea, nowadays this is extremely rare and no one ever intentionally lands here or hikes inland. The chances are we were the first people to have ever visited some of these mountain corries and valleys or landed on this remote rocky coast, it was quite a thought and brought home how remote we were and dependent on one another and our equipment. At one point we were 300 miles away from any other people – quite a thought and a sensation I will never forget.

At Kap Dausy we got held up again by impassable ice and were forced to camp on a small rocky beach under huge cliffs, which in the warmth of the sun regularly released rocks and boulders that then came crashing down around our tent. When in our sleeping bags, we would catch ourselves curling up in a tight ball, and laugh at the futility of reducing the target. We were trapped, unable to continue south or retreat north.

### Once again hit impassable ice

After seven days of waiting the ice seemed to have cleared a little and we decided to have one final go at paddling south. The day's route was 18 miles of coast where landings were impossible, the first part of this was a crossing of twelve miles of extremely packed ice. We managed about a mile before we once again hit impassable ice that we knew went out to sea for about 20 miles and was impossible to paddle around. We had already decided this would be our last attempt, we were running out of time and expected to encounter further long delays even if we were able to continue. With great sadness and reluctance, we turned around and headed back towards Scoresby. Continuing south would certainly have increased the chances of having to call in a rescue pick up. We all felt this was not an option and the only realistic thing to do at this stage was to try and make it back under our own steam, knowing there was still a strong chance this would not be possible at least we were doing the most responsible thing, trying to get back, rather than push it further. Being self sufficient, with our approach to this journey also meant getting



ourselves out of trouble and home safe. We had paddled nearly 300 miles down the coast and were well over a third of the way to Ammassalik. Turning back would mean retracing this distance and undertaking again the formidable 28-mile crossing of Scoresby Sound. ( the crossing is 24 miles but there is nowhere to land for an hour so its really a commitment of 28 miles ) After a team meeting on the ice we unanimously agreed to turn round and head north with a complete sense of loss, no one spoke for several hours.

Later that afternoon I spotted a large polar bear about 75 metres away and swimming straight towards Pete through the ice. We rushed to raft up and I fired a

couple of warning shots which eventually persuaded it to keep its distance and it eventually swam off. After a long hard day we managed to make our way back to Sokongens Bugt, through thick, but passable ice. Seeing the polar bear so close in the water was a fantastic experience and helped raise our spirits after the disappointment of turning back. We had seen tracks at almost every landing during the trip but had given up on seeing a bear. Knowing them to be solitary creatures we felt this was our one and only chance. Later that evening as we were unloading the kayaks and cooking our meal, we had a second polar bear encounter. This time it came up to within 25 metres of our camp – very exciting! It had been sun bathing out of the wind amongst the rocks and had been attracted by our strange smell. This time we were able to get some good film footage, only swapping the camera for the guns at the last minute. Once it realised the strange smell was humans it left at speed, and swam out to sea and was soon hidden by the ice. We were relieved it was more scared of us than we were of it – I think! It was a very impressive animal, magnificent, and it was a real privilege to have seen it in its own environment. We were very relieved we had not had to shoot it in self-defence. That night we cleared the loft of the old roofless hut and bivi out on it. Silly but it felt safer.

The three of us had many more adventures on the way back to Scoresbysund and were lucky enough to see another bear, again on land, while we were making our final camp. Once again it soon left, aware of the smell and associated dangers of humans. After waiting three days for suitable conditions we finally re-crossed, in eight hours, the entrance to the sound and arrived safely back in Scoresbysund after a round trip of 49 days, 600 miles of paddling and two major 28 mile open crossings. We still had two weeks food left. ●

**Martin Rickard**

### FACTS : SPONSORS

Many thanks to our sponsors Nigel Dennis, Reed, Nookie, Kokatat, Lendal, Icelandair, the Arctic Club, the Gino Watkins Memorial Trust, Eimskip UK Ltd, Hitch n Hike and the Sports Council for Wales. Without their considerable support this expedition would not have been possible.

Martin Rickard lives in Shetland. He is a senior kayak coach and runs kayak courses and expeditions in Shetland, the UK and abroad. Anyone interested in more information about this trip or his courses and commercial expeditions can contact him on 01806 566 608 or email: [martin.rickard@shetland.gov.uk](mailto:martin.rickard@shetland.gov.uk)



**NEW**

# **Creatine & Carbohydrate Tablets from Lucozade Sport**



**Buy one get one free at  
[www.lucozadesportshop.com](http://www.lucozadesportshop.com)**

*NEW Creatine and Carbohydrate tablets from Lucozade Sport can help increase power and performance. Developed by the Lucozade Sport Science Academy the edible tablets are contaminant tested for peace of mind.*

Find out more at [www.lucozadesportshop.com](http://www.lucozadesportshop.com)

**Offer ends June 30th 2007**



\*Lucozade Sports products are tested by an independent laboratory





**LIGHTER THAN WATER...**

*Flies won't*

From Budget to Pro range



SKID LIDS

AFT RANGE (advanced foam technology)



PROFESSIONAL RANGE



NYLON GLASS FIBRE RANGE



**STRONGER THAN ROCK**

www.ainsworthpaddles.net

sales@ainsworthpaddles.net

t 020 8898 4839

**BURTECH TRAILERS FOR OUTDOOR PURSUITS**










THE C8, ADJUSTABLE TO CARRY JUST ABOUT ANY KAYAK/CANOE COMBINATION.

THE RANGE OF MTB TRAILERS FOR 10 TO 20 BIKES

**CONTACT** [www.burtechtrailers.co.uk](http://www.burtechtrailers.co.uk)  
phone 01492 641 905

WATERSIDE VENUE MAIL ORDER  
 CONTRACT SERVICES GROUP PACKAGE DEALS  
**WEST MIDLANDS CANOE CENTRE**  
 TEL: 01922 479279

**100% Washable**

-  Washing Guidelines
-  roto moulded kayaks
-  open canoes
-  buoyancy aids
-  paddles, crash hats
-  cags, spray covers
-  roof racks etc.



email [wmcc@atrowmcc.demon.co.uk](mailto:wmcc@atrowmcc.demon.co.uk)

West Midlands Canoe Centre Fax: 01922 479096  
 Sneyd Wharf, 401 Sneyd Lane, Bloxwich, Walsall, WS3 2LT  
 web site [www.wmcc.co.uk](http://www.wmcc.co.uk)



**Over £70 off the Concept 2 Indoor Rower**

As a BCU member you can immediately benefit from a saving of over £70 off the price of a brand new Concept 2 Indoor Rower. Just log in to the Member Benefits section of the Concept 2 website, with your BCU number close at hand and you'll be able to take advantage of this discount.

The Concept 2 Indoor Rower is the perfect cross-training tool for paddlers. It exercises all the major muscle groups; is extremely time efficient - offering large fitness gains in a short space of time; and is kind on the joints - being weight-supporting. For more details call Concept 2 or visit the website.

T: 0115 945 5522 • E: [info@concept2.co.uk](mailto:info@concept2.co.uk) • [www.concept2.co.uk](http://www.concept2.co.uk)



**WWW.CONCEPT2.CO.UK**

CONCEPT 2 LTD. • VERMONT HOUSE • NOTT'M STH. & WILFORD IND. EST. • NOTT'M • NG11 7HQ



# Suggested paddles



Where can I go paddling is often the question from new and experienced paddlers. Well, we are campaigning for greater access to the 98% of waterways we do not have access rights on... but in the meantime there are some interesting paddles around and the following are a few suggestions. Our hope is to offer a variety of suggested paddles as whilst some canoeists

are interested only in rapid or white (wild) water rivers, others enjoy competing and there are also many others who enjoy paddling quietly along, exploring and visiting new scenes and developing awareness of nature round them. In our selection of paddles we hope to cover everyone's needs.

## PADDLE THIS: RIVER WHARFE

### Collingham, Yorkshire

#### OS map 104 Leeds and Bradford

Get in at Linton Road bridge, on the right (south) bank, with car parking at 388464, there is an overhead barrier to the car park at 6'6" and unfortunately no suitable nearby parking alternative, (without blocking the narrow roads) so please don't come in high vehicles. It's about 100m to the river for a level carry to launch from an easy shingle beach.

Our usual paddle is to go upstream for about a mile, to an island, play on a wave and return to the same get out. However if you want to shuttle, then as well as the two mile 'up and down', a further two miles can be added by cruising down into Wetherby and to get out at the swimming pool car park at 402481 (now OS map 105). Please do not carry on to the weir. A lot of money was raised locally to repair and preserve the weir and we are not welcome. Besides which it's no big deal and not worth the intrusion.

The 'up to the island' trip is a real test of your ability to read the water (mostly Grade 1, with a wriggle of a 2) and your time will be dependant on the recent rainfalls. Allow about 40 minutes if you want to clock watch.

The trip starts you with a 50m Grade 1 rapid which is possible at most levels if you use the eddies to hop n' ferry. Don't put too many clothes on if it's a warm evening or you'll be wet sooner than you hoped. Carry on under the road bridge until you meet another rapid round an island. Looking up stream you may be able to pick a route up the right next to a (caution) fallen tree. In practice this route rarely goes, as you will not be able to get enough of your paddle into bight. However it is fun to sit back and watch the undefeated get... well, defeated. So have a go now at the left. Again trees are ever present, but these aren't quite as threatening. This route will go, so keep trying, that is of course unless you are paddling your upturned coffee table which is so short you keep it in the boot instead of the on the roof rack! In which case join the others and get out and walk up the island.

Re-launch and you might see the resident Kingfisher. We have for the last two summers. In any event it's a very rare evening when we don't see the Heron or the Dipper.

The river makes a slow bend to the left, and then you will be able to see your goal. The playwave has been paddled up, if you give it a blast. If not, you can get out, walk up this island and re-launch to shoot the 'rapids'. Watch out for a couple of rocks that stand sentry to the play wave train, as they often catch out those who think it's all over. It is now!

If you are doing the longer trip down to Wetherby, pass where you got in and immediately set yourself up for a shingle rapid which runs slightly right. All you are really trying to do is to pick the best line to avoid having to shove yourself all the way down it. You will have guessed by now that I'm giving you the routes and slight hazards based on our normal summer levels.

Look out for new golf balls in the shallows, as the course is on your left. Also look out for the Martins that nest in the river banks you'll soon be passing. The river now runs quite straight, for about a mile. Towards the end of the straight on the left you'll see concrete steps, which are to the King Charles V playing fields which will take you to swings and toilets should you need either!

If not carry on and under a footbridge then follow the river round to the right for the last bit of this lovely river. You'll see your cars parked on your right in the swimming pool car park, only 10m from the bank and gate. This area is very popular with dog walkers so watch your feet!

Wetherby has got one of the best fish and chip shops in the main street, the Wetherby Water, so go spoil yourself. You're worth it. You will also find all services in the town; including (being a market town) the lesser spotted black sheep.

#### Dick Constable

This is a normal summer nights paddle for White Rose CC details of which you will find at [www.whiterose-canoecclub.org.uk](http://www.whiterose-canoecclub.org.uk) or email [mail@whiterose-canoecclub.org.uk](mailto:mail@whiterose-canoecclub.org.uk)



If you have a suggested paddle... please e-mail the text and images to the editor of Canoe Focus:

[peter@canoefocus.co.uk](mailto:peter@canoefocus.co.uk)

Text is preferable in Microsoft Word format and images as 300dpi JPEGs saved at highest quality.

Access on-line @ [www.riversaccess.org](http://www.riversaccess.org)



Access at last!





## Government targets

**Public service agreements which we could help deliver if the Bill went though...**

### DCMS PSA 2

(shared with DfES and DH)

Halt the year-on-year rise in obesity among children under 11 by 2010, in the context of a broader strategy to tackle obesity in the population as a whole.

### DCMS PSA 3.

By 2008, increase the take-up of cultural and sporting opportunities by adults and young people aged 16 and above from priority groups by:

- increasing the number who participate in active sports at least twelve times a year, by 3%, and increasing the number who engage in at least 30 minutes of moderate intensity level sport at least three times a week, by 3%;

### Defra PSA 2

(shared with DTI and DfT)

To reduce greenhouse gas emissions to 12.5% below 1990 levels in line with our Kyoto commitment and move towards a 20% reduction in carbon dioxide emissions below 1990 levels by 2010, through measures including energy efficiency and renewables.

**All PSA targets can be found at this link:**

[http://www.hm-treasury.gov.uk/documents/public\\_spending\\_and\\_services/public\\_service\\_performance/pss\\_perf\\_index.cfm](http://www.hm-treasury.gov.uk/documents/public_spending_and_services/public_service_performance/pss_perf_index.cfm)

## PADDLE THIS: RIVER STOUR

### A special annual event

**It was a chilly Saturday in September that I found myself stood at 7.40am waiting for the start of the River Stour Trust's Sudbury to the Sea event in the shadow of The Granary, Quay Lane in Sudbury, Suffolk. My two Sudbury CC companions had left me with the canoes and equipment while they drove to what would be the overnight stop at Wissington near Nayland some eight miles away. Fortunately, my mind could be distracted from the temperature by reading maps which accompanied details of the navigation route provided once a modest registration fee per vessel had been paid and watching the numerous arrivals of other entrants of all ages with their various types and coloured craft. Another more popular method of warming up was from the hot bacon butties and drinks for sale from the Trust's facilities in the Granary, which while I declined, my friends on their return almost ran to.**

Single, double and open canoes were the main choice of the day but two entrants decided on a coracle and an inflatable dinghy! These boats when loaded, like ours, were put to the water in the river cut for the first leg of the journey, the camp site at Wissington. As each craft left the cut and headed left onto the main river at last the heat of the brilliant sunshine warmed us up. Only 24 miles lay ahead of the Stour's finest, meandering waters complete with the odd weir or two and the operational locks of Cornard and Flatford.

Cornard lock gently lowered us to the next stretch of water to Henny Weir – a nice trip especially as we caught up with the chap with the coracle. He was holding up a bright red and white umbrella as a sail and was being propelled quite swiftly, this was a good photo opportunity well taken. After portaging at Henny it was then nice to stay in our canoes to shoot the next two weirs of Pitmire and Lamarsh before arriving at Bures playing fields for a well earned lunch.

On again to another portage at Bures Mill, a lovely spot once in the mill pool and then onto Warmingford Mill with again a short portage and a coffee from the flask.

After around eleven miles we finally arrived at Wissington being greeted by the Trust with buns and hot drinks. An array of tents and some caravans were already set up as was the BBQ and logs ready for the evenings camp fire. After what seemed a short sleep we were off again though first we had to drive to Catterwade, the sea end, to leave a car for our return that afternoon and then we drove back to Wissington to continue our paddle. Giving lifts to other paddlers all added to the friendly atmosphere that was being enjoyed by everyone.

Slipping into the river along with a number of other craft we left some of the 'late sleepers' to continue washing up their breakfast things, pack up tents or generally sort their boats out. Wissington Mill portage was first to negotiate followed by a paddle under the main Sudbury to Colchester

road at Nayland. After paddling past several river fronted properties and taking the right bend in the river we were confronted by a three step weir, which does of course have full portage facilities but, had to be done. So keeping a good

straight line and a fast paddle to begin, over we all went one at a time.

The river then for  $\frac{3}{4}$  of a mile or so narrows mainly because of reeds, general foliage and was also very shallow in places. The bottom of our boats made contact with the river bed several times and having to bow rudder to go with the flow was the only way through in places. Opening back out to wider water brought us to the next portage at Boxted Mill. Then under the bridge and onto Langham flumes, which this time was canoed though with extra care as there are several small rocks at its end!

Stratford St. Mary came into view as did the Trust's check point and ideal lunch spot with pub for drinks and hot meals. Bar staff served us paddlers, many still wearing full waterproof gear including spray-decks and buoyancy aids, without batting an eye, though at times I guess even they might have admitted that the mix of river water, duckweed and perspiration might have been a little 'over powering'!

Seal launching back into the river then saw us heading for Dedham. We and a few others then struck lucky, because having just passed under the road bridge by the Tollbooth riverside restaurant we watched a grass snake swim by and then followed a Kingfisher which flew ahead of us skimming the water between perches for a good  $\frac{1}{4}$  mile.

A short portage at Dedham Lock into its mill pond and then off paddling under the bridge, passing the tea rooms and moored for hire rowing boats. Some paddlers stopped for tea and cake though we continued travelling between Dedham and Flatford. For us just as we arrived, Flatford's lock was open so straight in and to the front where we sat while other joined us. A good time for a chat, coffee and a Mars. Out into Flatford's Mill pond and another photo opportunity, everyone paddling out of the lock, a rare sight. A look around now saw that a number of people had gathered to watch the lock in use, the mill itself looked quite different from our low vantage point and a little down river Willy Lotts cottage fleetingly appeared from behind trees into view. Not much further until the finish point at Catterwade, but first a large sluice is paddled past through which you can see the sea water reed beds. Following this point you suddenly become aware that the river banks have become reeds and that trees have all but disappeared. After some meandering eventually we reached Brantham, Catterwade Bridge. Just prior to landing a Trust volunteer told us that by paddling though the nearby tunnel under the Ipswich to Manningtree road would enable us to see and touch the sea wall so... off we paddled. Through the tunnel we came across a fine, red brick, three arched bridge to pass under into the basin and 'the wall'. Nothing spectacular, but a wall to touch, Sudbury to the Sea completed.

Back at the finish the Trust handed out hot or cold drinks and biscuits to the 140 participants that had crewed the 97 craft along the route and everyone landing spoke of their adventures and sightings. Boat designs, types and builds were discussed, as were negotiations about how to get lifts back to where ever cars had been left. A superb weekend, which everyone enjoyed thanks to the organisation by Sudbury's River Stour Trust.

This whole stretch of river, 24 miles, can be paddled all year round and can be done in various sections at a time with car shuttling. The only courteous notice having to be given is to the owner of Boxted Mill for that particular portage. The event described here was from 2005 though 2006 was just as eventful with even more paddlers and craft. Details of future events can be found on the Trusts web site [www.riverstourtrust.org](http://www.riverstourtrust.org)

**Trevor Green**





# Why is there a campaign?

In England and Wales, unlike elsewhere in the world, the public cannot assume there is an automatic right to have access to rivers. People are incredulous when they are made aware of this situation. The campaign is to secure this right as a matter of public interest. In the UK, Scotland already enjoys that right. Research has revealed that prior to 1830, it was generally accepted the public had a historical right of access to rivers. Legal opinions since have continued to diminish this position and created a lack of clarity for such a right.

## Who is the campaign for?

The campaign is not just for canoeists – it is for all members of the public who share the view that a legal right for access to and along water would provide enormous recreational, educational and economic opportunities. A right of access will provide certainty for the future of water related sport and recreation. The campaign has gained support from many interest groups and organisations who seek more access to enjoy the natural water environment - swimmers, anglers, walkers etc.

## In the media

**The campaign continues to get in to the press. Some members regularly write articles or letters for papers and this is keeping the general public informed of the campaign and what the access issue is.**

## BBC 1 Breakfast TV

**The rivers access issue and the campaign were highlighted and discussed at 6.00, 6.20, 7.00, 7.20, 8.00, 8.20am and also on BBC News 24 on the 12th March.**

The first piece came from inside AS Watersports in Exeter (thanks to Mitch and team) and then once the light was better we went outside for the next pieces. Outside we were also joined by David Fursdon, who is President of the Country Land and Business Association, and lives in mid-Devon. Whilst we might be coming at the issue from different angles, David was prepared to listen to our issues off camera as well.

The interviewer, Alex Bushill, had obviously researched the matter and we felt that he was very neutral in his approach and that he understood the issue remarkably well. He realised it's not only the two million canoeists who are affected but in fact all members of the public. He did try to get all this across in the few minutes he had.

Thank you to Mitch (AS Watersports .. who opened up the shop and provide us all with coffee and croissants), Peter Thorn, Dennis Walls, Sean and others who got up early to help us present our case. Not all of it is positive but as a result of this we were invited to go on the BBC1 Breakfast on 12th March... which more people see than read the daily newspapers!

## Response to the Sunday Telegraph's article

**'Trouble water ahead over the right to paddle'**  
Sunday March 4, 2007

The BCU was extremely disappointed with this Sunday Telegraph article which completely misrepresents the BCU's position and in particular attributes comments to its Access Campaign Manager that do not reflect either the BCU or the individual's position. It deliberately fuels conflict between angling and canoeing organisations. The BCU fully respects their fellow sportsman, the anglers and in particular it does not stereotype anglers in the manner suggested. In fact, the quote in the article attributed to the BCU's spokesperson is largely a reprint and extrapolation of an earlier headline in the Daily Telegraph.

What the BCU has said is that the sports of angling and canoeing have a considerable amount in common and that both bodies should work together to promote healthy enjoyment of our aquatic environment.

As a responsible national governing body of sport, the BCU does not support the breaking of the law as currently interpreted. It does however; reserve the right to campaign for change.

The BCU believes that clarity benefiting all water users would be brought about by the introduction of new legislation in the form of a bill similar to the successful Scottish Land Reform Act. This would be supported by an Access Code detailing how and under what circumstances access should be permitted. It would also set out water user's responsibilities when accessing water and emphasise measures to protect the environment. The suggestion that the BCU and canoeists advocate for example the disturbing of spawning beds is a nonsense. The BCU believes that serious consideration should be given to the promotion of the bill put forward by Dr Desmond Turner MP and that in reality this would provide a sensible way forward protecting all of the interests and in

## So what is the Scottish Land Reform Act?

**The Public Access to Inland Waters Bill has been based on the Scottish Land Reform Act as we believe this to be the way forward for access. The Bill comes with rights and responsibilities for all. The Bill sits within the laws of England and Wales...which are slightly different to the Scottish laws.**

Legislation, such as this Bill, will codify responsible access to and along water. It protects the environment and activities of canoeists, anglers, other users and landowners who are all required to adhere an Access Code. One similar to that of the Scottish Outdoor Access Code would be developed to support the Bill (see page 40).

## Money

**All of us pay for the upkeep of our rivers – through our taxes and licences we buy for navigations; fishing etc. Putting money in to the water environment is not exclusive to any one interest group (How much money goes towards supporting Salmon fishing from the public purse £1 million, 2, 3, 4, 5, 6... keep guessing!)**

We are all environmentalists and work hard to support the natural environment, many through litter clear ups, educating people, wildlife watches etc. No one group can be said to do more than the other, remember for example canoeing is an ecological sound activity as well.

Public access to inland waters will bring to many more people the opportunity to use England and Wales's greatest resource – water. It would also provide the opportunity legally and with clarity.

A legal right of access to rivers would provide more recreational opportunities for a group of people who want to use the water for recreational and educational purposes including canoeists, swimmers, anglers, walkers and boaters and members of the general public with knock-on benefits for public health.

**The Bill is public access not just canoeing access!**



## 1664 law could prove right to navigate on the River Avon

**A supporter has added this to our site...**

"We moved to Salisbury six years ago, looked at the map and told my children that we would canoe to Christchurch one weekend soon. I was amazed to be told that it was not allowed. That cannot be right..."

On Friday 23rd February the BBCI in the South had a programme 'InsideOut' which looked at the River Avon and decided that 1664 law could prove a right of navigation on that river.

Currently canoeists cannot access large stretches of the River Avon and campaigners claim a 17th Century law could give them the right to row along one of the South's protected rivers. Canoeists say landowners are barring them from stretches of the Avon in Wiltshire, Hampshire and Dorset.

The Reverend Douglas Caffyn has uncovered a 1664 statute that he claims gives people the right to get on the river wherever they want.

Landowners are adamant there is more than enough access and are consulting legal experts about the claim.

Reverend Caffyn says "Some things in life are fairly certain and the fact that there is a right of navigation on the Avon is one of them." He believes the "Act for making the River Avon navigable from Christchurch to the city of New Sarum", made under Charles II, was still relevant today. The Law Society has confirmed that the act has never been repealed.

Currently there is no blanket legislation giving people the right to navigate rivers in England and Wales in the way ramblers were given the right to roam the countryside.

particular those of the environment.

Whilst the BCU acknowledges the claims made by anglers concerning the number of their participants, the BCU is aware that approximately 1.4 million rod licences are sold and that the government sponsored 'Active Peoples' survey indicates that 281,000 adults fish at least once a month. Very few of these participants would be affected by the proposed legislation. Many anglers pursue their sport either; in specially provided 'fish farms' on private purpose built lakes or on the sea or on large rivers which are often existing navigations where fishing and boating interests have had shared use for many years, an example being the River Thames.

With regard to access agreements, Dr Turner MP's address to the House of Commons on 24th January 2007 clearly articulated the impracticality of these arrangements. The BCU would clearly prefer there to be a 'quick fix', however, the reality of voluntary access agreements is even the recent exercise completed by Brighton University with significant resources from the Environment Agency is already subject to legal challenge and falling into disrepute.

The BCU wishes to work in partnership with all fellow river users to ensure that these unique parts of the environment are preserved, protected and used appropriately by the British public.

### More myths and misrepresentation of the access issue!

**Martin Salter MP in his press release is factually incorrect and at the time of writing we are putting together a counter statement with the correct facts and figures! In the press release was an open letter to Dr Des Turner MP who is placing the 'Public Access to Inland Waters Bill'.**

In the reply to the 'Salmon & Trout', who basically want the Bill stopped and say voluntary access agreements are the way forward, the following has been highlighted...

### The gist is..

The public interest in safeguarding freedoms of passage on rivers is of very long standing, having been recognised as long ago as Magna Carta in 1215, which had a provision against obstructing them (Clause 16). There have also been numerous charters and statutes ensuring that existing public use was not impaired, or was extended, including a series of Navigation Acts.

The Bill and related Code are a practical way of enshrining in a modern statute responsible public freedoms or rights of access, taking account of the successful current experience in Scotland where this approach, following very extensive consultation and discussion, was adopted in the successful Land Reform (Scotland) Act 2003 and related Code.

The Blueprint for Water document, mentioned ([www.blueprintforwater.org.uk/](http://www.blueprintforwater.org.uk/)) would have been much stronger if other water based organisations, including watersports had been part of the discussion and signatories on the final document. This was pointed out prior to its release.

Our understanding is that voluntary access agreements and in particular the work of Brighton University are flawed in several ways. Indeed Brighton's work is already under legal challenge. This method of providing access is neither practical nor sustainable from both a financial and legacy perspective.

As previously mentioned, the Bill would ultimately be supported by an Access Code detailing how and under what circumstances access should be permitted. It would also set out water user's responsibilities when accessing water and emphasise measures to protect the environment. The suggestion that canoeists advocate for example the disturbing of spawning beds is nonsense. The Bill would provide a sensible way forward protecting all of the interests and in particular those of the environment together with attracting new investment streams to our rural communities.

A longstanding concern by anglers is the impact on

fisheries and fish stocks. Research by the Environment Agency in 2000 concluded that canoeing has little or no impact on fish stocks. Government introduced measures to raise quality standards of inland waters have benefited angling with improved quality and quantity of fish stocks. The benefits of an improved natural resource should be extended to the wider community to enjoy.

The Public Access to Inland Waters Bill and subsequent Inland Waters Access Code will protect the existing rights of angling and establish a wider understanding of this recreation and fisheries management. The Scottish Land Reform Act and Access Code has demonstrated water recreation can work with landowners to resolve access issues for canoeing and angling to co-exist, provided there is cooperation\*.

\* Gamefisher Spring 2006 Journal of the Salmon & Trout Association, refers and recommend the Scottish Land Reform Act and this is what has been done.

### Health agenda

Proclaimed embarrassingly as the fattest country in Europe and hosts to the Olympics in just five years, there has never been a better time for the government to remove any remaining red tape limiting our sporting and recreational potential.

With an obesity crisis responsible for 30,000 deaths each year and Sport England statistics\* indicating that only one in five of us does enough exercise to be healthy, the government must act now to remove barriers to participation in regular physical activity.

### And sport

The two government targets that relate to two hours of PE and increasing the number of adults participating in sport by 1% a year are tough challenges to achieve. This is also against a background of the desperate need for the nation in the light of London 2012 to improve the pathways for young people to succeed and win medals on the world and Olympic stage.

Watersports have shown through the Active People Survey that they are amongst the most popular of sports in England and Wales and at a UK level contribute many of the medals to our nation's ongoing Olympic successes. If we are to achieve those widely supported objectives for the nation we should best help those sports, who deliver those objectives by increasing access to water.

### Economy

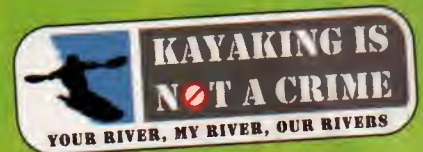
Visiting the inland waters is an extremely popular pastime - even though the extent, security and quality of access is often poor. Improvements to access for all forms of informal, responsible recreation could add to the value our inland waters as tourist destinations and an economic resource.

### The environment

Current debate over the reduction of our carbon footprint and human impact on the planet is also relevant to this Bill. To be able to access the inland waters near to their homes would prevent the current long distances travelled by car for people to be able to use the waterways with access agreements on them. In fact the vast majority people in England and Wales live within 20 minutes of inland water yet, the vast majority will spend several hours driving to a place where the water is accessible to participate in their chosen activity.

Our inland waters are not just an important resource for recreation and local businesses but also for wildlife and habitats. Action to improve access to the inland waters of England and Wales should be multi-beneficial and include measures to improve and conserve their biodiversity. This can be done through the Access Code which will be developed to support the Bill.





## Did you know:

- As well as the BCU's Rivers Access Campaign aimed at Westminster the WCA **also** has an important campaign on-going with the Welsh Assembly to gain a land reform bill for Wales.
- That from later this year Westminster will no longer have any legislative powers over access to land and waterways in Wales as so the WCA campaign is very important if you paddle in Wales.
- That the Welsh General Election in May presents us with a unique one time opportunity to urge the new assembly Government to consider and implement a Bill to benefit Wales that would open up access rights for mountain bikers, paddlers and other land users in the same way that the Scottish Land Reform Act encourages co-operative use of the outdoors for healthy, low impact recreation in Scotland.
- That **you** can help this process!



## What do **YOU** need to do?

- Send in a **WCA** postcard to the secretary of State.
- Go paddling sensibly and in co-operation with other water users. Log your trips on the downloadable form on [canoewales.com](http://canoewales.com) Be responsible for a change in the law rather than being restricted by it.
- Let all your friends know about this process and encourage them to get involved. You **DON'T** have to live in **Wales** to take part in this process. Proving how many people visit Wales to go paddling, biking and use the outdoors is also very important.
- Sign in the petition on the web site and support change for everyone [www.canoewales.com](http://www.canoewales.com)
- **Support** the Access blog page by checking back on [canoewales.com](http://canoewales.com) to keep up on all the latest news.



# So, what has changed in Scotland?

The law of access has changed in Scotland. Most paddlers across the UK probably know that already because it has been widely reported; but what is the significance of the change and what does it mean for paddlers? The Scottish Canoe Association (SCA) Access and Environment Officer Mike Dales explains the new access arrangements to Canoe Focus.

Like walking and climbing, canoeing hasn't just been invented and these activities haven't just been introduced to Scotland in the last two years, so on one level the new access laws are just changing the legal status of our existing activities. What we once did by a customary right that some people would have disputed, we now do by statutory right as passed by the Scottish Parliament.

Whilst the previous laws relating to access were outdated and originally aimed at addressing other issues, the Land Reform (Scotland) Act 2003 is a modern piece of legislation aimed at allowing people the freedom to take non-motorised access onto land and inland water.

The reason for the gap between the law being passed in 2003 and enacted in 2005 was because a requirement of the Act was for a Code of responsible behaviour to be in place before the new statutory rights came into effect. After the Act was passed the Scottish Outdoor Access Code was prepared, then consulted on and eventually passed by Parliament in the summer of 2004, and the new access arrangements were then introduced on 9th February 2005.

The combination of the Act and the Code is intended to create an emphasis on two-way responsibility that is meant to place expectations on those who own and

manage land as well as those who take their recreation in the countryside. Whilst canoeists and other recreational visitors are expected to exercise their access rights responsibly, land managers are expected to manage their land and water responsibly in relation to access rights. A great deal of effort is currently going into raising the profile of the new access arrangements and to communicate the responsibility message to the relevant constituencies.

This is not an overnight process, and it won't be a big surprise to hear that we still have access problems in Scotland, as well as litter, dog fouling, wildlife crime and all the other problems that occur in the countryside. We do, however, have modern access laws that recognise the importance of outdoor recreation to our health and economy, which place an emphasis on trusting people to take their own responsible decisions, and can be used to improve all our lives over the coming years. The new access arrangements are designed to put the people of Scotland back in touch with the outdoors and to contribute to improving the health of the nation. They are also aimed at providing a more easily understood system for those who visit Scotland from the rest of the UK and rest of the world.

Since devolution, Scotland has increasingly looked to the Scandinavian countries for fresh ideas, and this has been a part of seeing ourselves as a northern European nation. Our access laws reflect this in that the model we have followed most closely is that of Norway, where their Allemansretten laws provide an easy to understand system that is easily understood by overseas visitors, whilst being popular with Norwegian recreationalists and land managers. Norway has had its legislation for 50 years, whereas Scotland its for only two. So, if ours hasn't delivered everything it should have done, or might have done, in the first two years it is worth keeping the Norwegian experience in mind. If our legislation leads to constant improvements that deliver a good working access system in 50 year's time then we have at least made the first positive movements in the right direction.

It would be fair to say that when we go paddling we want to get away from having to worry about boring things like Parliamentary legislation, but it is surely better that we have a set of rights and take some time to understand them, than to not have any rights and spend our time campaigning for some legal recognition for our activity. The Scottish system is based on a simple maxim that there is a presumption in favour of access. Because this is an easy to understand concept it should therefore be easy to teach. If a legal system is hard to understand it will also be hard to teach and those responsible for teaching and instructing will be reluctant to broach the subject with the people they introduce to the outdoors. That was certainly my experience in the 1980s when I worked in outdoor education centres and went out of my way to avoid raising the issue of access. Move forward to the 21st century in Scotland and we now have a

system that should be easy to teach and this should encourage teachers and instructors to have the confidence to pass on the message, and in this case the message is about understanding and balancing our rights and responsibilities.

As well as looking to those in the various branches of the educational sector to convey the message, the recreational bodies like the SCA are condensing the information in the Act and Code and producing leaflets that in turn encourage readers to visit web sites that contain lots of information on access in Scotland. The SCA recently published its 'Paddlers' Access Code' on an A4 leaflet. An electronic version of this Code can be found by visiting our web site at [www.canoescotland.com](http://www.canoescotland.com) and clicking on 'Access & Environment' and then going to 'Paddlers' Access Code'. A code like this can be read, but maybe not absorbed in about ten minutes; but with all the web links to pages on our site, as well as external sites, we are encouraging paddlers to spend at least an hour reading into the subject and trying to absorb the information that we have on our site.

One of the pages on our own site is an 'Online Access Incident Report Form'. If paddlers talk about their access incidents in the pub or recount them on web forums it may get the issue off their chests, but it doesn't get the SCA onto their case and investigating the problem with a view to resolving it. We would therefore encourage any paddler who has a confrontation with someone, or who sees what they consider to be an illegal sign, to complete an online form and submit it to us.

The fact that we still have an Access Incident Form is evidence that we still have incidents. Anyone visiting Scotland and thinking that we no longer have access problems will be disappointed. There are times when we have to assert our rights, but we always need to remember our responsibilities. The best way to act responsibly and assert your rights is to familiarise yourself with the way our new access arrangements work. The easiest way to do that is to visit our web site, read our Code, follow the links and discuss what you learn with your paddling friends.

The Scottish access arrangements are bringing a number of benefits to Scottish paddlers. A couple of ways that are worthy of mention are that the Act requires any bylaws that restricted access in the past have to be reviewed within two years of the enactment of the statutory rights. This is leading to a number of lochs and reservoirs that had restrictive bylaws being opened up for canoeing. Secondly, the Scottish Executive now see us as legitimate users of Scotland's waterways and include us in any relevant working groups. This has meant that we are now at the centre of the debate about keeping salmon parasites out of Scottish rivers. The SCA is now involved in vital work on this important issue, but the key to being invited to sit on the working group came from having an equal right with the other interests around the table to be on the rivers. Look up 'Waterborne Diseases' on our web site.

Wherever you are from, if you are planning to paddle in Scotland please take the time to visit the SCA web site and familiarise yourself with the information we are providing on Scotland's access system. An understanding of our new access arrangements will enable you to paddle responsibly and help you to benefit from the change in our access laws.

The Scottish Outdoor Access Code is based on three key principles (see left panel) and these apply equally to the public and land managers. ●

## PADDLE THIS

### The three key principles of the Scottish Outdoor Access Code

- **Respect the interests of other people:** Acting with courtesy, consideration and awareness is very important. If you are exercising access rights, make sure that you respect the privacy, safety and livelihood of those living or working in the outdoors and the needs of other people enjoying the outdoors. If you are a land manager, respect people's use of the outdoors and their need for a safe and enjoyable visit.
- **Care for the Environment:** If you are exercising access rights, look after the places you visit and enjoy, and leave the land as you find it. If you are a land manager, help maintain the natural and cultural features which make the outdoors attractive to visit and enjoy.
- **Take responsibility for your own actions:** If you are exercising access rights, remember that the outdoors cannot be made risk-free and act with care at all times for your own safety and that of others. If you are a land manager, act with care at all times for people's safety.



# WIPE OUT

THE WATERSPORTS SHOP  
[www.wipeoutwatersports.co.uk](http://www.wipeoutwatersports.co.uk)

**Canoe & Kayak Shop**  
 7 Park Hill, Swallownest  
**Sheffield**  
 S26 4UN  
 Tel: 0114 2695757  
 Tel or Fax: 0114 2692739

**Tues - Sat 9.30 till 6.00**  
 Contract prices for clubs, centres and schools  
[www.wipeoutwatersports.co.uk](http://www.wipeoutwatersports.co.uk)

**New!! On-line Shop!!**

## Hayling Trailers

Established 1983  
 The UK's canoe & kayak specialist trailer builder

**THE TWO KAYAK WIDE TRAILERS**  
 From 1 - 5 layers high (2 - 10 kayaks)

4 kayaks with 2 GRP boxes  
 10 kayaks

**FOUR POSTER** (From 1 - 4 layers - up to 6 kayaks or 2 Open Canadians can fit on each layer)

The 6 trailers shown here are just a few of the options available. Each trailer is built to suit the customers requirements. Full details in the brochure

2 1/2 Layers and mesh box  
 3 layer - Open box, drop tail & PVC cover

**THREE KAYAK WIDE TRAILER**  
 max 7 high (21 kayaks)

15 kayak model with the aluminium Keepsafe  
 All boxes optional - GRP, Mesh & Aluminium boxes are lockable

**THE MARK FOUR** One Design (6 kayaks or 2 Canadians per layer 4 layers)

optional GRP 'Gearbox'

All models include lights & jockey wheel  
 All trailers are hot dipped galvanised  
 Full range of accessories including Security Wheel Clamps Number Plates & Straps  
 Mail order or collect direct

For free brochure price list & friendly professional service  
 Call 023 92 464176  
 Fax 023 92 463069  
[www.haylingtrailers.co.uk](http://www.haylingtrailers.co.uk)

254A Havant Road Hayling Island Hampshire PO11 0LW

## Harbour Boats Chesapeake and Mill Creek canoes/kayaks

All hand built in a wood fibre glass construction. Registered boat yard (HBH). Also available inflatable tenders. Main dealers in Dorset for Nookie clothing and accessories.

Tel: 01202 461256  
[www.harbourboats.co.uk](http://www.harbourboats.co.uk)  
 5a Allens Lane, Hamworthy, Poole, Dorset BH16 5DA

Repping with windows - Mexico and British Columbia  
 Framing - Ontario, British Columbia, Yukon, Northwest Territories  
 Rafting - Northwest Territories, Yukon, Ecuador

Please call for brochure  
**020 8742 1556**  
[www.windowsonthewild.com](http://www.windowsonthewild.com)

WINDOWS ON THE WILD

## Kari-Tek Easy Load Roof Rack

The Easy Load Roof Rack is the safe and easy way to load canoes or kayaks onto your car or van. Lower the rack, load your boat at a convenient height, then simply lift into place - job done!

We also supply high quality J and V kayak cradles, canoe brackets, trolleys, trailers and the innovative Hydro Skeg®.

Shop online at [www.karitek.co.uk](http://www.karitek.co.uk)  
 01292 571019  
[sales@karitek.co.uk](mailto:sales@karitek.co.uk)



## Events

## Plumpton College open day

**Saturday 12th May 2007:**

A family day out. Have a look around the college estate. Enjoy the wide variety of events, demonstrations and farm tours. Discuss the large range of land-based courses and careers with staff and students.

**2nd-5th July 2007:**

Taster sessions for school students. Information booklet available. E-mail:

[enquiries@plumpton.ac.uk](mailto:enquiries@plumpton.ac.uk)

Tel: 01273 890454

[www.plumpton.ac.uk](http://www.plumpton.ac.uk)

## Doggy Paddle, 19 mile recreational paddle

**Sunday 13th May 2007**



Kayak/canoe the beautiful stretch of the River Avon/

Leam (Grade 1, portagable weirs). The trip takes you from Royal Leamington Spa, through the spectacular grounds of Warwick Castle and Charlecote Park, ending in historic Stratford-upon-Avon. All sponsorship money raised goes to the Guide Dogs for the Blind. For further information visit [www.doggyppaddle.org.uk](http://www.doggyppaddle.org.uk), send an email to [info@doggyppaddle.org.uk](mailto:info@doggyppaddle.org.uk) or send a stamp addressed envelope to Connel Williams, 144 Leam Terrace, Leamington Spa, Warks, CV31 1DN.

## Canoe Camping Club

**Thames & South East Group. Touring programme**

5-7th May River Thames, Lechlade

20th May, River Wey, from Send  
10th June, Lower R Mole and R Thames, Hersham to Teddington  
14-15th July, Poole Harbour

The group welcomes individuals and families as guest paddlers. Trips are normally 10-12 miles and suitable for open canoe and kayak. A Canoe England sticker or navigation authority licence is required. For further details contact: Robin Hickman, [Robin@rhickman.freeserve.co.uk](mailto:Robin@rhickman.freeserve.co.uk) tel 01403 267244

## Ladies day three

**April 15th at Hurley weir**

Building on the success of two Ladies freestyle days, KJO (Kayakojacko) coaching are proud to announce day three.

The new day offers session based freestyle coaching workshops working on specifics including, getting on the wave, how to cartwheel, how to blunt and loop the loop to name a few. There's something for all providing you have a fairly good roll and your female of course.

KJO Coach Hila Coggans commented "We received many requests to run ladies only sessions so running the first was an obvious step. What we didn't expect was for so many ladies to be interested. The days have grown and grown and now form part of our annual calendar"

For more details contact Hila @ KJO on 01628 824484 or email: [service@kayakojacko.com](mailto:service@kayakojacko.com)

## BCU Lifeguards convention

**12-13th May**

This year's BCU Lifeguard Convention sees us returning to Weymouth and the hospitality of the Sea Cadet Centre. In addition to training and assessments for our regular Lifeguard, Assistant Lifeguard, Canoeing Safety Test, Aquatic First Aid and Paediatric First Aid courses, we are offering VHF radio, RLSS Extended Life Support, Spinal Injury Management and Swiftwater Rescue First Responder courses. All the courses will have qualified, experienced and dedicated instructors, many of whom have experience in different aspects of lifesaving, canoeing and watersports, so would be well placed to answer your questions

As well as all this, plans are in place for visiting the local Coastguard HQ and there is the opportunity of an exercise working with both HM Coastguard and the RNLI.

The cost of the weekend is just £50, which covers accommodation, food and course fees (an additional charge is required for the VHF course). For details and a form, see the web site at <http://www.bculifeguards.org.uk/> or contact: John Wheeler, 311a Columbia Road, Ensbury Park, Bournemouth, Dorset BH10 4EQ

## Tourability

**A special tour for special needs**

**10th June**

Four miles along the River Severn - Arley / Bewdley. All equipment and instruction free of charge. For further info please contact: Dave Bateman WM RTO / LCO, c/o Ackers Adventure, Small Heath Highway, Small Heath B10 0DQ  
E: [info@ackers-adventure.co.uk](mailto:info@ackers-adventure.co.uk)

## Poole Afloat sets sail for its third year!

**Saturday 23rd - Sunday 24th June**

The award-winning free boating festival is confirmed for June 2007. The two-day event, which was last year awarded 'Tourism Promotion of the Year 2006' at the Poole Tourism Sibbett Gregory Palms Awards, has firmly established itself as a major highlight in Poole's summer events calendar.

As well as an exhibition of the latest yachts, powerboats, dinghies, wind and kite boards and 'try a boat' sessions, this year's event will include a variety of exciting new features.

New additions to Poole Afloat include 'try dive' sessions, organised by Just U Dive. Visitors (over the age of eight) will have the exciting opportunity to have a go in a 30 minute scuba diving taster session in a pool based at Harbourside Park. There will be a nominal fee of £5 to participate in a 'try dive' and bookings for this event feature will be taken prior to the event by Just U Dive.

An exhibition village will display the latest marine and watersports equipment and services. Crowds will have the opportunity to purchase from a diverse range of marine products from boats of all sizes including RIBs to motor yachts, clothing, safety gear, to watersports accessories, whilst obtaining information on sea safety and training courses.

As well as boating demonstrations, crowds will also be able to enjoy a schedule of free family entertainment including street entertainment, face painting and live music.

For further information about the event or exhibiting please contact Liz Lean PR Ltd on 01202 701828 or email [carol@lizleanpr.co.uk](mailto:carol@lizleanpr.co.uk)

## York River canoe race

**Saturday 7th July**

Bring your canoes and your families to enjoy a great day out at historic York. Camping facilities available.

Three different distances (2,500; 5,000 and 7,500m) all passing through the city centre. Racing kayaks are expected to enter the longest course. Large prize list for different classes of canoes covering all three courses.

**Categories:** single kayak, double kayak, K1/river racer, Canadians, sea kayaks, team trophy

**Registration:** 12.30-1.45pm at the Millennium Bridge.

**Race Brief:** 1.50pm on the river.

**Mass start:** 2.00pm (starting and finishing at the Millennium Bridge).

**Prize giving:** 3.45pm.

**Entry fees:** single paddlers £3.00; double kayaks and canadian crews £5.00.

Race organised in association with York CC. Race Organiser: Phil Puckrin. Tel: 01904 654 302.

Email: [philpuckrin@freenet.co.uk](mailto:philpuckrin@freenet.co.uk)

## Youth Freestyle Series

The Youth Freestyle Series is aimed at anyone under 18 who has an interest in White Water Paddling. There is a fun freestyle competition at each event, catering for all from the novice to experienced competitor, across three age categories. Also, for the £8 entry fee, there is coaching (on both freestyle and river-running) throughout the day.

The popular 'boater X' racing events will also be back this year (where sites allow).

**The dates:**

- 14th April 2007 - Llangollen
- 20th May 2007 - Teeside
- 3rd June 2007 - Nene
- 2nd September 2007 - Nottingham
- 22nd September 2007 - Series Final, Boulton

Three out of five events will count towards a series' ranking. The cost is £8 per event (includes coaching, freestyle competition, boater X competition), or £30 for all five. Pre-entry for all five events is required by 3rd April.

Early pre-entry for each event is essential (last year we were booked up on at least two events). For further details of the series and to enter online visit:

<http://youth.ukfreestyle.com>



## ARE YOU ENTHUSIASTIC AND ACTIVE AND WANT TO WORK IN THE OUTDOOR PURSUITS INDUSTRY?

- RESIDENTIAL AT BEGINNING AND END OF COURSE.
- TWO MONTHS WORK PLACEMENT.
- OPPORTUNITIES TO GAIN NATIONAL GOVERNING BODY AWARDS.
- 4 1/2 DAYS PRACTICAL EXPERIENCE PER WEEK.
- GUEST SPEAKER DAYS IN BUSHCRAFT AND JOHN MUIR AWARD.



## WOODMILL CANOE SHOP & OUTDOOR CENTRE

Kayak and canoe programmes for beginners, through to advanced and coach courses.

Multi activity courses for groups and individuals including our exciting high ropes.

Sea Kayak expeditions

Well stocked shop with a huge demo fleet of over 200 boats

Group and club discount available

**WOODMILL OUTDOOR CENTRE**

Woodmill Lane, Swaythling, Southampton SO18 2JR

Tel 023 8055 5993 Fax 023 8055 6641

www.woodmill.co.uk Email

Info@woodmill.co.uk



## UK Kayaking

Unit 13 Oakhurst Business Park,  
Wilberforce Way, Southwater,  
West Sussex, RH13 9RT  
Email: [adrian@ukkayaking.co.uk](mailto:adrian@ukkayaking.co.uk)  
Phone: +44 (0) 1403 732389  
Website: [www.ukkayaking.co.uk](http://www.ukkayaking.co.uk)

We have a wide selection of  
KAYAKS/CANOES ACCESSORIES  
and CLOTHING for your perusal.

In association with Southwater Watersports  
Centre we do 1\* to 4\* Kayak + 1\* to 3\*  
Canoe + 1+2+3 Coach training and assessment  
leading towards the new UKCC awards

SO CALL, EMAIL or LOOK @ the website to see what we have to offer.  
Discounts given to local Clubs and Groups

## PERFORMANCE KAYAKS

66 UPHILL WAY

UPHILL

SOMERSET

BS23 4TN

01934

613612

WWW.KAYAKS.CO.UK



Buy and sell your second hand boats on line with our  
FREE e classifieds service [www.brookbankcanoes.co.uk](http://www.brookbankcanoes.co.uk)

### MEMBERS CLASSIFIEDS

Please send to [peter@canoefocus.co.uk](mailto:peter@canoefocus.co.uk) or by post with BCU membership number to: Canoe Focus, Members Classified, 49 Greenfields, St Ives, Cambs PE27 5HB. **ADVERTS CANNOT BE TAKEN OVER THE PHONE**  
Ads are posted on [www.canoefocus.co.uk](http://www.canoefocus.co.uk). It would be of great benefit to

us and to the readers if sellers advise us when their items have been sold on the web. Alternatively, members can post, amend and cancel their own ads on the new BCU web site. You will need a password which the BCU will email to you.

**Second Hand Boats [www.aswatersports.co.uk](http://www.aswatersports.co.uk)**



# Canoe touring the Norfolk



Start exploring with a Broads Authority map 'Norfolk Broads' published by GEO projects. The northern area bounded by Wroxham, Stalham, Hickling and Acle is active, attractive and full of interest. That part above Potter Heigham bridge is particularly quiet with large nature reserves; an area ideal for peaceful touring by canoe or kayak.

Hundreds of years ago this part of East Anglia was low-lying and swampy with few roads and a secretive reputation. The local families would cut peat turf to heat their homes. With a rise in sea level, the old workings formed shallow, reedy lagoons (broads and meres) connected by narrow rivers. Local knowledge of safe ground and the connecting water-ways was essential for survival, with wild-fowl, fish and eels aplenty. When the demand for cereal and livestock increased, large areas of marsh were drained. Some wind powered pumps stand proud today. The Norfolk Broads is an excellent recreational area for all ages.

Good bases for canoeing start with a choice of holiday home or chalet, house-boat, camping and caravan site, bed and breakfast in farm, pub or small hotel. Start points with good parking, toilets, cafes and pubs are ready e.g.

- 1: Public car park at Hoveton between Roy's of Wroxham and River Bure.
- 2: The National Trust car park at Horsey Drainage Mill.
- 3: Barton Turf car park (Old Boat House).
- 4: Car park at Ludham near Womack water. These trips can be one way (about 1.5-2 hours) with back-up car shuttle or paddle return.





# Broads



## Hoveton as base

**a: Put in at staithe on river Bure; paddle upstream (right) under the railway bridge.**

This Bure Valley narrow gauge, steam railway is a great half-day trip too. Halfway along the moorings go left into tiny Bridge Broad, where you will see great crested grebes and moorhens; look out for the flash of blue of a speeding kingfisher. Paddle out right and continue through wooded sections, open grass areas and fields; pass Belough Staithe to the pubs at Coltishall. Pull out onto right-hand bank and enjoy tea and sandwiches or pint and ploughmans. It is worth a short trip upstream to see another bridge of the Bure Valley line.

**b: Put in at Hoveton Staithe and paddle left under the double-deck bridge linking Wroxham with Hoveton.**

The lower bridge is a stone scheduled structure. As traffic, especially to Roy's thriving shops, got heavier a steel bridge was built above (but not touching) the original. Neat! Paddle past the commercial boat hirers with the flocks of swans and geese. There are some splendid riverside homes of all shapes and sizes with own moorings. The preserved boat houses and thatched timber residences are special; some no larger than summer houses.

Continue to entrance right for Wroxham Broad and paddle past the sailing club. There is a public car park and slipway here (good for short evening trips). A number of Egyptian geese nest and breed here. Take last exit left back to the Bure. Continue along the tree-lined sections and reed beds to the corner at Horning. Pull out here onto large grass area beside the paddle boat mooring (many Canada geese!). One good pub is alongside; with shops in Horning and two pubs half a mile downstream.

## Horsey as base

**The National Trust Horsey Drainage Mill is well worth a visit; the car park (free if a member) and toilets are good.**

The tiny tea-shop sells drinks, tasty sandwiches and home baked cakes. See the swallows nesting beside the ice-cream kiosk!

Put in beyond the moorings right (pay a small launching fee?). Paddle out of staithe and aim for left-hand corner of Horsey Mere into Meadow Dyke. You will pass between dense reed beds; Hundred Acre Marsh to your right and Blackfleet Broad on your left. There is a good chance of seeing Marsh Harriers floating over the reed tops in search of prey. You will certainly hear reed warblers, but seeing is more difficult!

The water opens up into Heigham Sound; keep close to channel posts as shallow water with dense growth is hard paddling. Now, you have various choices:

**a: Turn right and paddle into, then across Hickling Broad with many great crested grebes, coots and moorhens.**

Look out for graceful terns diving or grey herons like statues waiting to dagger a frog or eel. Follow right-hand set of posts; pass house boats on your right and pull out at The Pleasure Boat Inn for well deserved refreshment (if wind is against you, Horsey and Hickling can produce short, choppy waves).

**b: Turn left and paddle down Candle Dyke to river Thurne.**

Turn left past Martham Ferry. This is a floating, swing bridge allowing limited access to Heigham Holmes and the National Trust reserve where white storks regularly breed. You may see a flight of storks in line astern – like B52 bombers. Passing silently along the Thurne through Martham Broad (tufted duck, coot and marsh harrier) is a special experience. The water here can be crystal clear. Pull out by the moorings before the rope barrier across West Somerton Staithe (residents only). The grassy bank is great for a brew and buns. A fifty metre portage puts you in a lay-by half a mile from Horsey.



**c: Turn right and paddle down the Thurne to cream teas, fish and chips and local bitter at Potter Heigham.**

Eat an ice-cream in comfort on the grassy bank. Watch the sailors approaching the twin bridges (one after the other, this time!). Lowering a mast is skilled activity and a pilot is required to pass under old Potter Heigham bridge. At ebb-tide a strong flow swishes boats through the low arch.

## Barton Turf as base

**Barton Turf is a very desirable village with tiny car park beside the Old Boat House.**

**a: Put in the cut and paddle out right past many sailing punts and skiffs (Local One Designs).**

Using the posts and sailing club racebox as a guide, cross Barton Broad and exit left into River Ant. Follow this pleasant, meandering river past three or four drainage mills to Ludham Bridge. Pull out and take a break. Good shop and toilets just up the road. Shuttle back home or paddle on to River Bure and turn right for the excellent pubs, shops and facilities at Horning.

**b: Put in beside boat house and paddle out left up the River Ant.**

Take a right turn and almost immediate left into Stalham Dyke and continue to Museum of The Broads. Well worth a visit and good place for food, drinks and toilets. Round off your day by paddling back right and right again up to Wayford Bridge and Dilham; take your pick of pubs and then paddle back to Barton Turf.

## Ludham as base

**Ludham gives access to wider stretches of the Broads, northern rivers where tidal ebb and flow is noticeable.**

So, pick the right tide and time for paddling trips! We plan to try out this area in 2007. There are many side inlets and Broads to explore. Happily, you will find favourite trips of your own. See you there! ●

**Trevor Palmer**





The overall winners for the 2006 photo competition have been chosen. They are Tim Pryor and Sam Stephenson.

Congratulations!

Both won a digital camera worth £150.

**Tim Pryor**  
Adult winner

# BCU 70th anniversary photo competition winners

**Sam Stephenson**  
Youth winner



**The photo competition is still running! For your chance of winning the 2007 competition get clicking now!**

**To enter:** Send your digital photos in jpeg format via email to [chloe@bcu.org.uk](mailto:chloe@bcu.org.uk)  
Or post your photos on a CD to:  
Chloe Nelson-Lawrie  
British Canoe Union  
18 Market Place  
Bingham  
NG13 8AP

Remember to label your photos and to provide contact details that include your name, address, telephone number, age and BCU number.



# BCU photo competition

The winners for January and February (as voted by you) are:

**January adult winner -**

Leslie Sleight

**February adult winner -**

Ian Williams

**January youth winner -**

Matt Squire

**February youth winner -**

Beth Wallis



**February adult winner -**  
Ian Williams

**January adult winner -**  
Leslie Sleight



**February youth winner -**  
Beth Wallis



**January youth winner -**  
Matt Squire



**Prizes: Monthly winner**

A winner will be chosen each month until December 2007. Each month one adult will win £25 Cotswold vouchers and one youth (under 18 years old) will win £25 WHSmith vouchers. Winners will be announced on-line and in future editions of Canoe Focus.

**How winners are chosen**

Once we receive your photograph it will be uploaded onto the BCU web site where people can vote for their favourite image by emailing the number of the photograph to [pete@bcu.org.uk](mailto:pete@bcu.org.uk)

**Overall winner**

At the end of January 2008 one overall winner from the youth category and one winner from the adult category will win a digital camera worth £150!

**How to enter**

Email photographs in jpeg format to [chloe.nelson-lawrie@bcu.org.uk](mailto:chloe.nelson-lawrie@bcu.org.uk). Or send in photographs on a CD to; BCU, John Dudderidge House, Adbolton Lane, West Bridgford, Nottingham, NG2 5AS. Remember to provide contact details that including; membership number, name, address, telephone number and age.



## YouthFest

The BCU Young People's Programme is pleased to return to Nottingham and the National Watersports Centre for the 2007 YouthFest Event.

We are delighted to announce that PGL will again be sponsoring the event to ensure we provide yet another memorable event and one not to be missed!

YouthFest includes a range of activities that participants can have a go at to make it a great day of Paddlesport – including the 2007 Bellboat National Championships. For an information leaflet email [youth@bcu.org.uk](mailto:youth@bcu.org.uk) or check out the web site [www.canoe-england.org.uk](http://www.canoe-england.org.uk)



# Paddlepower

You may have heard that Paddlepower is being revised – well the good news is that the new scheme will be available from April. Paddlepower is the BCU scheme designed to meet the needs of young people. It's colourful and youth centred approach aims to:

- Encourage more young people to come into and stay in the sport.
- Provide progression and reward achievement in a wide range of topics.
- Show them all aspects of the sport – both competitive and adventurous.
- Provide signposts into clubs where their skills and development can be nurtured.
- Provide a flexible structure for delivery according to venue/situation.

The new scheme comprises of five awards to support a young paddler's introduction and progress in Paddlesport. **PaddlePower Start** – an entry level award suitable for taster sessions or as part of a series of sessions with a BCU certificate awarded by the coach to participants. **PaddlePower Passport** – four progressive levels based on 24 topics which can be grouped into safety awareness, paddling skills, varied experiences, and supporting knowledge. The award is equivalent to 1 Star. **PaddlePower Discover** – this follows on from Passport with a further four levels to take the young paddler to equivalent of 2 Star standard.

**PaddlePower Explore** - three different levels takes the paddler on an extensive journey exploring the great variety paddlesport,

with topics focused on participation in events and journeys in the competitive and non-competitive disciplines.

**PaddlePower Excel** - three levels to test the paddler on all elements of paddlesport including being responsible for self and others, participation in journeys, coaching sessions, training, events/competitions in a variety of disciplines, background knowledge of the sport; access, rules, environmental, nutrition and goal setting.

For each award there are colourful progress cards for the young paddler to record their progress and a BCU certificate awarded on completion of each award.

### When will it be ready?

Resources will be available from April 2007 for PaddlePower Start, Passport and Discover. From April a starter pack which includes a sample of the progress cards and coaches manual to support delivery will be available for £5.00 or available to download from the web site via the Eshop. For more information go to the youth pages of [www.canoe-england.org.uk](http://www.canoe-england.org.uk) or contact the Young People's Programme on [youth@bcu.org.uk](mailto:youth@bcu.org.uk) or telephone 0845 370 9520.

## More clubs achieve accreditation

There are now 40 clubs that have achieved the BCU Top Club and Sport England Club mark awards.

Congratulations to the most recent clubs to achieve this award who are:

Pendle CC  
Bishops Stortford CC

If you would like to develop junior and youth activity at your club and you haven't yet considered the awards – the have a look at the youth pages of our web site [www.canoe-england.co.uk](http://www.canoe-england.co.uk). If you are not sure what some of the benefits are to becoming accredited – then read on.

From humble beginnings, Southampton CC reached a pinnacle in the club's history on 27th January 2007 receiving a BCU Top Club Clubmark award from the Mayor of Southampton, the Right Honourable John Slade.

The club started in 1988 (formerly Woodmill CC) with a small group of enthusiastic local paddlers training competitively in national marathon and dragon boat racing events. Membership to the club has steadily increased over the years and weekly training sessions on the River Itchen which runs right through the heart of Southampton are always well supported. Leon Nicholson, SCC Chairman made special mention to Southampton University for their continued support in allowing the club to hold weekly adult and junior training sessions from their premises.

Most notably, it has been the junior squad who has exceeded all expectations in 2006 winning two national events – the National Lightning Team Trophy and the Geoff Sanders Trophy. Weekly Junior training sessions have been run from 2004 and SCC's Chairman, Leon Nicholson paid tribute to a number of local and national charitable organisations without whose help the progression and development of the club would not have been possible. Special thanks must go to BCU Southern Paddlesport and Coaching Development Officer, James Hives who enabled the club to build up an inventory of boats, paddles and safety gear for the junior section.

Caroline Barnes

## PADDLE THIS

### X Stream Challenge

A Fantastic Flexible Paddlesport Challenge which aims to develop and challenge boat handling skills whilst developing strokes and moves - blending slalom, freestyle and polo, with a touch of wild water and flat water racing.

The X Stream Challenge has been designed around the BCU Long Term Paddler Development Programme, offering something for everyone. What underpins the challenge is the total flexibility in its delivery, focusing on the paddler, not just the boat. The challenge will help to provide paddlers with developing skill based around a predetermined course in managed and measured environment. The challenge will fully open the doors of our sport for all paddlers, providing an opportunity to experience the many different disciplines and helping coaches spot where an individual is most motivated.

#### How does it work?

There are five starter challenges and a further 20 mover challenges. Each challenge has that little extra that will make a difference just when you really need to make that move happen. There are also combinations like team challenge, designed for two or more paddlers to paddle together over the same course or a 'head to head', where two boats (or teams) on the water at the same time challenge each other. The challenge can be done in any boat – canoe or kayak – single or double – offering lots of choice and versatility.

#### Where can I deliver the Challenge?

The challenge has been designed to fit in to a variety of environments. It has the flexibility to be adapted for use on your local stretch of water. You just need three lines and five sets of slalom gates or, five sets of buoys if you cannot hang slalom gates. However, the scheme is designed to be flexible – so imagination is the key – you could utilise markers that are already at your local site for some of the challenges.

Further information and details of resources to support the scheme are available from the BCU Youth Programme - contact [youth@bcu.org.uk](mailto:youth@bcu.org.uk) 0845 3709520.



# New initiatives

The BCU are about to launch 'Step into Sport' and re-launch 'Coaching for Teachers' as part of their PE School Sports and Club Links (PESSCL) strategy.

It is well recognised that the majority of our sport is run through volunteers – who often take on too much due to shortage of help. It is also recognised that young people have got much to offer as a volunteer in the way of skills, new ideas and the energy and enthusiasm to go with this. What they do need is the opportunity to develop themselves and their skills through being given a wider range of opportunities. This is where 'Step into Sport' comes in.

The sport of canoeing does hold great potential in linking sport with other areas of the curriculum but are restrained by the need to attain the relevant awards and qualifications. Offering canoe related courses through the teacher's continuous professional development training could alleviate the expense and time to gain awards. Funding support to release teachers for courses will benefit schools by opening up opportunities and encouraging teachers to become more involved in Paddlesport within their school.

Read on for more of both schemes...

## Step into Sport

Step into Sport is one strand of the PESSCL strategy designed to encourage young people aged 14-19 years onto a pathway of sports leadership and volunteering that will continue into later life. The pathway is organised through five important steps to work towards this goal starting with them engaging in a programme of Sports Education usually in year 10 at school. Students work towards a national 'Step into Sport' award for 50, 100 or 200 hours through a mentored community volunteering placement in a sports club or organisation.

### Benefits for the young volunteer include:

- Develop skills in communication, leadership, organising and life experiences.
- Build confidence.
- Enjoyment and enthusiasm.
- Sense of achievement.
- Enhance social skills.
- New experiences and job opportunities.
- Developing their CV.
- Gather evidence to support other accredited awards.
- Direct link to further opportunities to gain experience and/or awards in sport.

### Benefits for the club/centre.

- Additional volunteer support from young people interested and committed as sports enthusiasts.
- New opportunities to promote Paddlesport.



## PADDLE THIS

### Southern Region Winter Slalom mini-series



Late in 2006, a group of regional slalom coaches got together, with the support of the Southern Region Development Team and Paddlesport Development Officer, to organise a mini series of slalom events. The aims were to give more paddlers an opportunity to enter into slalom competition, to provide some coaching during the winter period for regional paddlers, and to provide some mentoring for regional slalom coaches.

The first event was at the Basingstoke Canal CC (B3C) at Mytchett on 21 January. This event was a great start with 12 attendees and paddlers at every age and level. Everyone loved the complex double-back course that had been shoe-horned into the canal. Attendees came from Reading, Winchester and B3C and even included a lone C1.

The second event was on 3 February at Winchester CC using the site of their annual Div. 4 slalom. This attracted around 20 paddlers from as far afield as Chichester, B3C and Winchester itself. A long course made it possible to split groups for some great coaching.

The final event was on 17 February at Reading CC which was made interesting by a little flow on the Thames! Thirteen paddlers from Reading CC, Warren CC and B3C took part and included C1s and a C2!

Prizes for the series were sponsored by the Southern Region Development Team. These consisted of the Slalom Techniques DVD (which participants won for their clubs) and were accompanied by a 'learning' quiz. These great DVDs are already in use helping improve skills.

Special thanks to Merry Williams, Andy Gray, and Nigel Winters for making this happen as well as everyone else in the clubs who coached, setup, cooked and helped! 45 paddlers, three events, five participating clubs. Everyone had fun – paddlers, coaches, helpers all. Hopefully this can become a regular, growing series.

**Paul Jeffs, Southern Region Development Team**

- Public Relationship opportunities from being involved with a national programme.
- Access to potential future volunteers – coaches, officials, administrators.
- Build links within the community.
- Establish and reinforce partnerships.
- Support and guidance for volunteer coordinators within clubs (briefing sessions and resources).
- Raised aspirations for young people, parents, schools and the community.

Additionally to these benefits are the support given to schools/(FE) colleges in offering opportunities to young people in a non-school context to develop citizenship and key/wider key skills.

## Coaching for Teachers

This has previously been available as a 'Continued Professional Development' tool for teachers and 'Adults other than Teachers' (AOTTs) as part of the 'PE and School Sports strategy'. The aim of this is to support school staff wishing to deliver paddlesport through the extended curriculum. This scheme is about to be restarted following the introduction of the new UKCC coaching awards. Other courses available through this scheme will be The Bellboat Helm award and Safety in Paddlesport Award.

For a list of courses go to [www.sportscoachuk.org](http://www.sportscoachuk.org) - select 'Improve your Coaching' link where you will find the 'Coaching for Teachers' information page. As soon as course providers can identify dates and venues for the courses these along with a course outline will be published through sports coach UK.

For further information about any issues related to PE School Sports and Club Links (PESSCL) contact Ray Hudspith [pesscl@bcu.org.uk](mailto:pesscl@bcu.org.uk)





# Youth Sports Trust, National Talent Orientation Camp

## Loughborough University, Jan 6-9th

A new year and a new experience as approximately 90 of Britain's finest young athletes from five Olympic Sports embarked upon the inaugural four day Talent Orientation Camp at Loughborough University. Accompanied by colleagues from sailing, rowing, triathlon and cycling, six of the countries top 14-17 year old flat water and 15 canoe slalom athletes interacted with some of Britain's finest Olympians in their quest to discover exactly what it takes to reach the top in sport.

Fronted by double Olympic champion Dame Kelly Holmes, the camp strived to prepare the young athletes for the myriad of sporting, personal, academic and vocational challenges that lie between them and their dreams on the run in to the London 2012 Olympics and beyond.

In order to educate athletes on the differing priorities they may face if they choose to pursue the journey toward sporting excellence, the camp was subdivided into four key themes:

- talent and ability,
- attitude and ambition,
- knowledge and understanding, and
- education and lifestyle support.

Athletes operated in multi-sport and sport specific groups, where during the latter they were

mentored by recently retired canoe slalom Olympic bronze medalist, Helen Reeves. Helen's experience at the highest level in sport was invaluable to these up and coming athletes and she was inundated with questions from those wishing to gain an insight into the life to which they aspire.

Combined with training up to three times a day, the schedule was gruelling and provided an excellent test of determination, dedication and desire. Within canoeing, four athletes were highlighted by Dame Kelly, Helen and the

"My experience at Loughborough was brilliant and although training was very hard it taught me a lot about myself. I learned how to eliminate pain from my mind whilst training, allowing me to train harder".

Award winner, Claire Kimberley, canoe slalom



YST Staff as showing very clear signs that they have what it takes to reach the top. Tom Brady, Adam Burgess and Claire Kimberley from canoe slalom and Laura Ferguson from flat water racing all received awards for their excellent contribution to the camp.

Funded by the Department for Education and Skills the camp was put together by the Youth Sports

Trust in partnership with five governing bodies including the BCU. The camp was a resounding success and is hoped to become an annual fixture.

"The NTOC provided a unique opportunity in a multi-sport environment for our talented young athletes to learn from athletes who have been there and achieved Olympic success.

The camp sent a powerful message to the youngsters that Olympic success is hard earned and that these athletes are embarking on a long journey that will present many tough challenges and rewarding opportunities."

**Andy Maddock – BCU World Class Canoe Slalom Nottingham Academy Manager**

Article by Craig Morris

Laura Ferguson - flat water



Slalom and flat water





UNIVERSITY OF

# Chichester

SEE US AT THE  
**'OUTDOOR SHOW'**

Want to maintain your employment whilst studying?

## Foundation Degree in Adventure Education

- Work centred course programme aimed at enhancing career progression
- Combine vocational skills and NGBs with academic knowledge
- Credit given for prior relevant experience and NGB qualifications
- Gateway to additional qualifications and training e.g. PGCE or APIOL
- Applicants without formal qualifications may be considered on an individual basis
- Grants and bursaries may be available

Contact: Paul Gray on (01243) 816346 or our Admissions department on (01243) 816002 email: p.gray@chi.ac.uk



www.chiuni.ac.uk



# HandiRack™

The World's First Inflatable Roof Rack

RRP  
£49.99

## Perfect for many types of canoes & kayaks

- Can carry loads of up to 80kg
- Suitable for 4-door or 2-door cars
- Takes just minutes to fit and inflate (HandiPump included)
- Totally portable - take it with you where ever you go
- Stores in the boot of your car in a compact travel pouch
- Manufactured with a patented, durable triple layer nylon skin

Available online, through authorised resellers or call 0870 6000 929

www.handirackuk.com

## Go Sea Kayaking Among Thousands of Islands and Skerries...



Saint Anna, Sweden

NON GUIDED

www.DoTheNorth.co.uk

# WILD ONE

## The All-Rounder



up to grade 4 ww



up to sea state 5  
(but not today)



up to 6ft surf



or just miles and miles  
of effortless touring

..... 'handled like a dream'  
'beats any other competition'  
'versatility, looks,  
quality & performance'  
... 'the boat is a cracker'  
..... 'cool to paddle'  
.. 'this boat won by a mile'  
'he should be paddling  
a boat like mine'

3.3m x 0.62m  
260li 17.5kg

**Centre £345**  
**Sport £395**

Clubs, centres & groups quoted for

It's not just the  
'best in its class'  
It's the  
'Only one in its class'

# WILD THINGS

01209 211977

www.wildthings-canoes.co.uk



## Funding for kayaking in Thurso

The Thurso based Pentland Canoe Club has been awarded £5680 grant from the 'Awards For All' Scotland programme which is supported by the Scottish Arts Council, the Heritage Lottery Fund, sportscotland and the Big Lottery Fund. This award will assist in the purchase of three sea kayaks, three river kayaks and a double kayak.

Simon Copey, the Chairman of the Pentland Canoe Club commented "the Club offers individuals the opportunity to try the sport. Over the 23 year history of the club, many members of the community, both young and not so young, have been introduced to the sport. The purchase of this new equipment will allow us to further develop canoeing opportunities to members of the local community. We are all very grateful for this award and look forward to further promoting the sport of kayaking."

## PADDLE THIS

### Phoenix Canoe Club

On Sunday 11th March, the Phoenix CC was presented with a cheque for £4,100 from Geoff Russell-Jones of the Jack Petchey Foundation ([www.jackpetcheyfoundation.org.uk](http://www.jackpetcheyfoundation.org.uk)) towards the club's 'Young Paddlers Initiative'.

The money is to be used to purchase a fleet of six kayaks and equipment specifically to suit the smaller/younger paddler and also for coach training courses. The 'Young Paddler Initiative' is addressing a number of projects to prepare the club for the BCU Top Club and Sport England Clubmark accreditation. The presentation was at their headquarters on the banks of the Welsh Harp reservoir in North London following a freestyle training session for the junior section, which was attended by about 30 junior members. Alex Cardow (13) was also presented with a Jack Petchey Achievement Award and cheque for £200 for his help with the club, enthusiasm for the sport and active participation. Alex will choose from a shortlist of items prepared by the junior section and club committee how the money will be spent on the club.

Pictured: (from left to right) Geoff Russell-Jones from the Jack Petchey Foundation presenting the Achievement Award to Alex Cardow, with Phil Atkinson, the club chairman.



## Directory 2007 – updates

Page 48: Port of Plymouth Canoe Association, John Mitchell, the street address should be: 94 Lucas Lane.

BCU River Information Service –

Corrections and additions; **Calder North West** - Phil Dean's phone number is 01254 831007; **Dane North West** - Dave Moore's phone number is 01606 48917; **Darwen North West** - Brian Woodhouse's post code is BB2 5PB; **Douglas North West** - Eric Bradbury's new address is c/o Wigan Youth Services, Wigan Investment Centre, Waterside Drive, Wigan. WN3 5BA; **Irwell North West** - New River Advisor - Andrew Rothwell 9 Mercer Lane, Norden, Rochdale. OL11 5RU. 01706 632984.

[riverrunner@f2s.com](mailto:riverrunner@f2s.com); **Roch North West** - Andrew Rothwell's phone number is 01706 632984; **Tame North West** - New Entry - Mark Burch. Brookbank. Unit 23, Meadow Industrial Estate, Water street, Stockport. SK1 2BX. 0161 474 1499. [mark@brookbankcanoes.co.uk](mailto:mark@brookbankcanoes.co.uk); **Weaver North West** - Dave Moore's phone number is 01606 48917; **Wyre North West** - Richard Chamber's phone number is 07970 015139.

Contracted Course Providers

**Gareth Moss**, Email address should be: [Gareth.moss@surreycc.gov.uk](mailto:Gareth.moss@surreycc.gov.uk); **Andy Oxley**, details should be: Andy Oxley, Bassenfell Manor Christian Centre, Bassensthaite, Keswick, Cumbria CA12 4RL Tel: 017687 76366 E-Mail: [oxleyandy@ukonline.co.uk](mailto:oxleyandy@ukonline.co.uk)

Page 91: Second line down that reads: The 'old style' level 1 award etc. The date is wrong, phased out at the end of 2006 not 2007.

### Approved Centres

The following Approved Centres were omitted in error.

**Albany Park Canoe and Sailing Centre**, Albany Mews, Albany Park Road, Kingston Upon Thames, KT2 5SL [www.albanypark.co.uk](http://www.albanypark.co.uk) Tel: 02085 493066; **Christian Youth Enterprises Sailing Centre**, The Gerald Daniel Childham, Chichester, West Sussex PO18 8TE [www.cye.org.uk](http://www.cye.org.uk) Tel: 01243 573375; **Woodmill Outdoor Centre**, Woodmill lane, Swaything, Southampton, Hampshire, SO18 2JR [www.woodmill.co.uk](http://www.woodmill.co.uk) Tel: 02380 555993; **Page 106**: Southampton University Watersports Centre should be, Southampton Solent University Watersports Centre.

River Advisors in the North West

**Calder North West** - Phil Dean's phone number is 01254 831007. **Dane North West** - Dave Moore's phone number is 01606 48917. **Darwen North West** - Brian Woodhouses post code is BB2 5PB. **Douglas North West** - Eric Bradbury's new address is c/o Wigan Youth Services, Wigan Investment Centre, Waterside Drive, Wigan. WN3 5BA. **Irwell North West** - New River Advisor - Andrew Rothwell. 9 Mercer Lane, Norden, Rochdale. OL11 5RU. 01706 632984. [riverrunner@f2s.com](mailto:riverrunner@f2s.com) **Roch North West** - Andrew Rothwell's phone number is 01706 632984. **Tame North West** - New Entry - Mark Burch. Brookbank. Unit23, Meadow Industrial Estate, Water street, Stockport. SK1 2BX. 0161 474 1499. [mark@brookbankcanoes.co.uk](mailto:mark@brookbankcanoes.co.uk) **Weaver North West** - Eric Moore's phone number is 01606 48917. **Wyre North West** - Richard Chamber's phone number is 07970 015139.

## YORCIE NEWS: [www.yorcie.org.uk](http://www.yorcie.org.uk)

Our own Washburn site has already had four of this year's planned 32 releases. The next few dates are 22nd and 25th April, 2nd May. The 6th May is a White Rose CC Cruise and famous now for its Wilson's burgers. Check the web or the regions info line 0845 833 8654 to make sure the date you want to go is running. Write in your diaries now May 30th which is in the Spring Bank Holiday half term and is Children's day for the Washburn and all children go free. Please note that the tel no. and web address for the Washburn are as above and alter your BCU Directory on page 65.

**Other venues and dates for your diaries are:** May 7th (May Day) from Durham, it's a pleasant five miles to Finchdale Priory, for the 20th annual canoe race. This has three start speeds to suit boy racer to day cruiser and to suit everyone, contact David Mills 0191 549 1784. On May 12-13th its Bradford & Bingley CC Wagon Lane family slalom. May 19th is Paddlefest at Roundhay Park in Leeds, with our own PDO Gareth on [gareth@bcu.org.uk](mailto:gareth@bcu.org.uk) or tel 07738 185885. In June the fun switches to Polo for beginners and improvers with a day on the 16th June at Hatfield Water Park followed by a league of games on the 17th June. Contact Esther on 01302 535941 or [esther.mathews@btinternet.com](mailto:esther.mathews@btinternet.com) (if this date is no good then you get another chance on the 6t-7th Oct!). The weekend of 30th June - 1st July is again Esther for Paddlefest Doncaster (and again you get another go on the 8th & 9th Sept).

The action moves to York for the River Festival and Canoe Race on Saturday July 7th. See 'events' on page 38. All these events and more are in greater detail at [www.yorcie.org.uk](http://www.yorcie.org.uk). If you want to have your event added to YORCIE please send Kate an email to [webmaster@yorcie.co.uk](mailto:webmaster@yorcie.co.uk) please put 'web' in your subject.

Paddlers to the R. Crake in Cumbria this winter, will have noticed that the EA have now signposted the usual access points with the access information and they are informative and look very smart. It's a pity then, that some of the car parks are also now displaying pay and display signs as well. Be warned fellow paddler, you will now need to be armed with £6 if your trip is going to last over four hours! (£4 if it's over two and up to four

hours). That's some serious coinage you need in your repair kits. Paddlers needing the services of the Crake river advisor, please ring Colin Litten on 01229 889629 who can also help you with experienced guides for your group and local B&B so you can enjoy a few more rivers for the same tank of fuel. Green paddlers!

Access, always at the heart of any paddling plans is improving – it's official. Your new Regional Access Advisor, Paul Lister, has already been busy and can report even more access to the river Derwent. Check the YORCIE web for details and look for the link to email Paul direct. Paul would very much appreciate your help. Will you check through the Yorkshire entries in the new BCU Directory, (starts at page 76) and let Paul know any omissions, mistakes and alterations it requires please. Paul is aiming to update the whole of the region's waters which will be the first full compilation since Norman last did it in 2001. I don't believe we only have 15 bits of river!

Coaching is currently going through a huge change procedure. If you have read the words but still want to discuss what you think it means to you, please contact your secretary 'oops Janet' by email at [paul@pcartwright.freeseve.co.uk](mailto:paul@pcartwright.freeseve.co.uk) or any of the regions LCOs.

The regional team are here to help. Our next few meetings are, 30th April and 25th June. If you'd like to know more, receive regional info, or come to a meeting, then please contact Jon at [jdakeyne@aol.com](mailto:jdakeyne@aol.com)

We have spotted a few errors in the BCU Directory which you may want to avoid. Page 101 General Course Organisers, please cross out West Midlands as a heading as Martin Wilby is alive and well and truly in Birkenshaw in Yorkshire. Amend his tel no. to 01274 865146 and his email to [martin@training4outdoors.com](mailto:martin@training4outdoors.com). Finally, on Page 98 (Contract Course Providers) my post code details are slightly wrong and should read LS8 1PF. See you on the water.

**Dick** [dickconstable@canoeists.co.uk](mailto:dickconstable@canoeists.co.uk)



# Launched at the canoe exhibition

# You, your canoe and the environment

Canoe England takes the issues of encouraging individual responsibility towards protecting the environment and being considerate to other water users seriously, in an aim to communicate this, we have produced a leaflet called 'You, Your Canoe and the Environment'.

The leaflet outlines the following; taking responsibility for your actions, caring for the environment and also consideration for others.

As a sport and recreation we encourage individual responsibility and this should in turn help to make your experience on the water more enjoyable. We want to successfully co-exist with other water and land users in a cooperative and polite manner and also encourage the protection of the environment, wildlife and its habitat.

## You, your canoe and the environment

The UK has a wonderful network of inland and coastal waters that are amongst the best in Europe.

## Take responsibility for your actions

The outdoors is a great place for sport and recreation, but it is also a natural environment which needs to be treated with respect.

### Be aware:

- Of the hazards on your chosen journey and ensure you are confident in the ability of your party to negotiate them.
- To take account of water, flows, levels and weather conditions.
- To use suitable equipment in good condition.
- To leave details of your trip with a responsible person.
- It is recommended that you take advantage of the courses that the BCU have to offer on canoe skills and safety, which are available for all levels of ability.
- Of health and other safety information.\*
- Permission may be required to go to a private place.

This leaflet provides guidance on good practice for using these waters in an appropriate and responsible manner for paddlers to best enjoy their sport and recreation and time on the water.

In general, be considerate, treat others as you would wish to be treated, respect the freshwater and marine environment and follow safety recommendations to be seen as a welcomed visitor.

Always observe the Countryside Code, for more information visit [www.countrysideaccess.gov.uk](http://www.countrysideaccess.gov.uk)

For information on the water to be paddled, contact the Canoe England Local River Advisor, Local Coastal Advisor, Regional Access Officer, Navigation Authority or the Canoe England web site.

## Caring for the environment

Your canoe is a traditional craft used throughout the world for exploring wilderness areas and quietly observing wildlife and flora. It causes no erosion, noise or pollution, and leaves no trace of its passing. Canoeing at appropriate water levels is an environmentally benign activity\*\* and causes no damage to fish stocks\*\*\*.

By following the simple steps below you can ensure your presence is not detrimental to the environment:

- Leave the environment as you find it.
- Find out about the area before you go, noting its sensitive places, species and breeding seasons.
- Leave no trace of your visit and take your litter home with you.
- Keep noise to a minimum.
- Take care not to cause damage when launching or landing along natural banks. Float your canoe for launching and lift out when landing.
- Where possible keep to any designated paths or launching points.
- Gravel banks may contain fish spawn— avoid paddling over them in low water conditions.
- Paddle at a distance and in a manner to minimise any disturbance to wildlife.
- Be aware of Environment Agency information to help protect the fresh water environment after using canoes and equipment overseas.\*\*\*\*
- Report pollution or damage to the relevant authorities.



## Consideration for others

Canoeists will meet a variety of land and water users on their journeys. Common sense and polite communications can help to improve understandings.

### On land

- Stay away from houses and private gardens.
- Change discreetly. Use public facilities where possible.
- Drive sensibly at all times.
- When parking do not obstruct roads or entrances to buildings or farm property.
- Ensure your kit does not cause an obstruction when unloading.
- Leave gates positioned and property as you find them.

### On Water

- Follow the general rules of navigation and any local bylaws. Obtain any necessary licences.
- Respect and do not obstruct other water users.
- Keep a look out. Be aware that larger vessels may not see you and are less manoeuvrable. In confined waters keep to the edge of the deepwater navigation channel.
- Keep the numbers in your party consistent with safety, the nature of the stretch of river and the impact on your surroundings.
- When offering assistance to those in need, on or off the water, do not put yourself or fellow paddlers at risk.
- Show consideration for organised events and give way to their passage.

### Anglers

- The needs of canoeing and angling requires mutual co-operation.
- Keep a look out for anglers whilst paddling to avoid lines and nets. Anglers can be hard to spot on banks.
- Co-operate to avoid lines, nets and swims.
- If it is unclear where to pass lines or swims (area being fished), then quietly attract the attention of the angler(s) and agree a route to follow.
- When an angler is playing a fish from the bank or wading, stop some way off and await their acknowledgement.
- Do not linger in pools or swims occupied by an angler.

For information about paddling elsewhere visit the following web site: [www.bcu.org.uk](http://www.bcu.org.uk)



# Round Britain in

Rugged cliffs



A salubrious campsite



Launching expedition laden boats



Spectacular cliffs



Mid channel marker in the Humber

Another open crossing



Standing on the cliffs above the beach, gasping from the effort of the climb, I could make out Harry's boat beyond the break. It was upright but empty and he wasn't anywhere to be seen. I didn't know what to reach for first, the flares or the phone. I went for the phone but fumbling with the waterproof case I soon realised my cold hands didn't have enough dexterity to even get it out. I went for a flare but still my numb hands wouldn't let me get the cap off to get to the trigger. I dropped to my knees and smashed the cap off on the rocks. Pulling out the safety pin with my teeth, the flare was ready to be set off.

Nervous about actually firing the flare I put it down, carefully, and had a second go with the phone. This time, my hands having warmed up from the exertions, I was able to get the waterproof case off and get to the phone. Dialling 999 I asked for the coastguard, but it wasn't an option apparently, "fire, police or ambulance" the switchboard operator kept on repeating, in desperation I shouted at her to get me her manager until finally I was through to the coastguard.

We were part way through an attempt to circumnavigate Britain by kayak and earlier that day had set out in conditions that we never should have been out in. It wasn't that the weather was bad, it was actually quite reasonable, it was because it had been bad for the last three days and had left behind a huge swell. We were on the north coast of Scotland heading east and all day huge swells had been rolling under us and thundering into the cliffs. That morning we had set off from the relative shelter of Balnakeil Bay and apart from the occasional breaker soaking you through, and providing entertainment for the others, we had made good progress. The large swell, although intimidating, had kept much of what wind there was off us and we managed a good 25 miles before things started to go wrong.

Harry had paused to relieve himself and got caught by a breaking wave with his deck off, not only was he soaked through but his cockpit was full of water. Sorting it out took time and through his slurring speech you could tell Harry was starting to go Hypothermic. We decided we needed to land as soon as possible but with the size of the swell our options were limited. There was a large beach at Armadale

Bay and although far from perfect we were going to have to land there. With our hearts in our mouths we approached the break-line.

The surf was big but just how big was hard to tell from out back. I headed in first and more by luck than judgment managed to pick a smaller wave to surf in on. Barry was next and he came through ok as well but as he came in he shouted that a far larger set of waves had come through behind him and that there was no sign of Harry. Barry headed for the beach to get some height to see if he could see Harry and I tried to paddle back out through the waves.

After being back-looped twice and my deck popping I realised the futility of my attempts. I turned my back on my friend and headed in to the beach. With no sign of either Barry or Harry I grabbed my flares and my mobile phone and set off to climb the cliffs behind the beach.

The conversation with the coastguard wasn't my most composed one ever. I was shouting for a helicopter but they wanted more details before they would send one out as the nearest one was at Stornoway. I didn't have many details, as all I could see was an empty boat and no sign of anyone to rescue. Eventually Barry appeared, he had spotted Harry being washed along the cliffs, caught in a rip current taking him out to sea. Sliding down the cliffs on his backside he had gone to Harry's aid. In the process they were both washed out to sea and rolled over rocks several times by the waves before they managed to get to shore. Harry had dislocated his shoulder, was hypothermic and was stuck at the bottom of some cliffs that he was in no state to climb up. The coastguard duly dispatched the cliff rescue team and Barry and I grabbed our sleeping bags and headed back to Harry.

"Not only was he soaked through but his cockpit was full of water. Sorting it out took time and through his slurring speech you could tell Harry was starting to go Hypothermic"



Making progress

# n 80 days part 2

Wrapping Harry in the two sleeping bags he slowly started to warm up and when they arrived, the cliff rescue team competently winched him up the cliffs on a stretcher. Harry was taken to Wick hospital and Barry and I were very kindly taken in by the owners of the Strathy Inn.

## Very strange paddling off without Harry

The next morning we phoned Harry, the doctors had relocated his shoulder during the night and he was doing well. He was worried about his boat as virtually everything he owned was in it, we readily agreed to go and look for it but realistically didn't think we held much chance. We borrowed a car from our hosts and headed off to check all the beaches to the east of Armadale as that was the way the tide would have taken it. After hours of scrambling up and down cliffs and searching along beaches we finally found it on the same

beach we had landed on the day before. Apart from a couple of holes it was relatively unscathed and even still had half a paddle attached to the paddle leash. Incidentally, before we had set off Harry had written 'Love' and 'Hate' on each blade of his paddle and in a form of divine retribution it was the 'Hate' blade that remained.

By the time we had sorted out the boat Harry had discharged himself from hospital and with his arm in a sling, hitched back to meet us. It was great to all be together again but also sad as we all agreed that Barry and I would continue on while Harry would stay on to sort his boat and stuff out. Harry was determined that his trip wouldn't end there but wasn't sure in what way it would continue and didn't want to hold back the team. At the time I put his optimism down as an over reaction to the events of the preceding day and only hoped he wouldn't do anything that would affect his paddling long term.

And so the next day we set off, Harry came down to see us off and as we paddled through the break we looked back to see Harry waving half a paddle above his head shouting, "I've found the 'Love.'" It was very strange paddling off without Harry and although it was a really nice day and we paddled past some fantastic coastline we both missed Harry being there experiencing it with us. Over the next five days we continued along the north coast, round Duncansby head and south across the Moray Firth to Lossiemouth. Every day we phoned to hear how Harry was getting on.

Meanwhile Harry had wasted no time, he got in touch with a friend, Jeff Allen from Seakayaking Cornwall who was working in the area. Jeff came and picked him and his boat up and took him to his workshop. Nigel Dennis from Seakayaking UK, who had given us the boats, sent up some materials to repair the boat and within a few days Harry had the boat seaworthy again. Harry spent a day gently



paddling around and altering his stroke to adapt to the injury, and the next day Harry and Jeff paddled 40 miles together. When we spoke to Harry that evening we were amazed at what he had achieved and

immediately decided to wait for him to catch up. Harry continued on his own and in two more days caught up with us at Lossiemouth. Meanwhile the members of Lossiemouth Sailing Club had taken us in and when Harry arrived we all took a day off together.

We continued on down the East coast with good progress, crossing the Firth's of the Tay and the Forth in a day; being taken in for a meal and a bed by Andrew from Brewick sailing club. Sunderland Outdoor Centre let us in to sleep on their climbing wall mats; rounding the beautiful Flamborough head; and James Stevenson from Adventure Elements came to meet us at Spun head with a food parcel.

From Spurn head we had to cross the Humber, the busiest shipping channel in the UK. A curious pilot boat came out to meet us as we waited on the edge of the shipping lane and as soon as a gap appeared we headed across the half-mile span. Making it across safely we relaxed into our normal paddling rhythm and headed on. Suddenly from nowhere there was an ear shattering, thundering roar from above as an F15 fighter jet dove straight towards us, rolled onto its back, ejecting a missile as it did and pulled vertically upwards with so much power that everything including us trembled with the force of it. The missile curved in a gentle arch to a large flat red target floating on the sea only 500 metres away from us and exploded!

To be continued...  
Articles by Phil Clegg and not Phil Lester as stated in the February edition.

Wrapping Harry in the two sleeping bags he slowly started to warm up and when they arrived the Cliff Rescue team competently winched him up the cliffs on a stretcher.



Another lighthouse



Fighter jet



HOLIDAYS & COURSES



**Canoe & Hike Canada's Temagami**  
 Old growth pine forests • Wilderness canoe routes  
 Organic cuisine • Lodgings • Outfitting • Trips  
**Smoothwater Outfitters & Ecolodge**  
 www.smoothwater.com • temagami@onlink.net  
 Tel: 001-705-569-3539 • Fax: 001-705-569-2710

**SEA KAYAK ATLANTIC CANADA**

TOURS - COURSES - RENTALS

Have breakfast at home in Britain and supper the same day on a coastal island off Nova Scotia. We're that close! Discover our deserted offshore islands, the Cape Breton highlands and whales, Newfoundland fjords and icebergs, and the highest tides on earth in the Bay of Fundy. Our 25th year.  
 Coastal Adventures PO Box 773 Tangier, NS Canada B0J 3H0  
 info@coastaladventures.com www.coastaladventures.com

**GET MTB QUALIFIED**  
**Cyclowise Training**  
 offer AALA approved SMBLA Mountain Bike Courses.  
 2 Tutors per course  
**New for '07**  
 MBL Skills Courses, Night Riding & Expedition Modules  
 Courses delivered in the Lake District and throughout the UK  
 www.cyclowisetraining.co.uk  
 Tel: Rich 07946 176 228  
 or Craig 07786 443402

**Menorkayaking**  
 www.menorkayaking.com  
 The ultimate experience - kayak in Menorca

**Portugal Algarve Kayak**  
**Equipment Hire**  
 Play boats For Surfing  
 Sea Kayaks For Daytrips  
 algarvekayak@hotmail.com  
**Tel: 00 351 916 429957**

**ROCKS & RIVERS LTD**  
 ALPINE RIVER GUIDING FRENCH AND AUSTRIAN ALPS  
 Fully catered or guiding only trips available  
 Try our ten day Alpine experience paddling rivers in France, Italy and Austria.

1-4\* courses in canoe and kayak  
 Level 1 -3 assessments in canoe and kayak  
**CONTACT:- 07791 313979**  
**Bradleystb@aol.com**

**www.frontierpoland.com**  
**Canoeing in North East Poland**

**Guided Kayak Tours**  
 Paddle with international expert and Level 5 Coach **Chris Dickinson** on:  
 • Scottish Rivers and Sea  
 • Nepal (11/07) & Ecuador  
 • British Columbia  
 • Washington Cascades  
 • Idaho & California  
 PLUS luxury accommodation at Spear Bridge incl. drying room & hot tub!  
 call now on 01397 713856  
 www.chrisdickinson.com

**CLEARWATER PADDLING. AMAZING SEA KAYAK JOURNEYS**  
 Beautiful islands, stunning beaches, incredible wildlife encounters. Lodge based tours & island hopping camping expeditions. No experience necessary

For brochure call 01871 810443  
 www.clearwaterpaddling.com  
 info@clearwaterpaddling.com

HOLIDAYS & COURSES

**Plumpton College**

Courses from School based programmes through to Degree level.

**Foundation Degree in Outdoor Adventurous Activities**

- Course now open for applications
- Two year, full time course with part time options
- Expeditions planned for both the UK and overseas
- Facilities include Indoor Climbing wall, access to water sports and large (600ha) College estate.
- Vocational skills and techniques combined with NGBs and academic understanding

**National and First Diploma Sport (Outdoor Education)**

- One year or two year full time courses allowing excellent progression on to Foundation Degree
- Exciting programme including expeditions, overseas tours, indoor climbing wall, access to water sports

- 12th May 2007: Open Day Events:
- July 2007: Course Taster days for school students

Plumpton College,  
 Ditchling Road, Plumpton, Nr Lewes,  
 East Sussex BN7 3AE  
 Tel: 01273 890454  
 email: enquiries@plumpton.ac.uk  
 www.plumpton.ac.uk

Let our coaching convince you.  
 BCU courses  
 personal coaching  
 UK and Abroad

**tomparkercoaching.co.uk**  
 coaching and guiding

**Higher National Diploma in Outdoor Activities**

(In partnership with University of Wales, Newport)

- work placements in the UK or in Europe
- overseas expedition to the Alps
- full time for two years
- residential facilities available

**Activities include:**

- Sailing • Kayaking • Mountain biking • Caving • Climbing • Water skiing

For more information telephone: 01495 333674  
 email: geraint.forster@coleggwent.ac.uk or text CANOE to 88020  
 Coleg Gwent, Usk Campus, The Rhadyr, Usk, Monmouthshire NP15 1XJ

**www.coleggwent.ac.uk**

**SEA KAYAK SHETLAND**

Shetland Islands, Scotland  
 Stacks, cliffs, caves, arches, and wildlife, all at 60 degrees north.  
 Introductory courses, day trips, expeditions, self-catering packages.

**01595 859647**  
 www.seakayakshetland.co.uk

**Sea Kayak MILOS**

Calm seas, warm water, and a spectacular coastline; amazing sea caves, deserted beaches.

- Guided day-trips, B&B.
  - Around the island expeditions.
- www.seakayakgreece.com**



# Southdown Alpine Sports

White water canoeing in the French Alps during the snow melt

The beautiful River Dranse has its source just above Morzine and enters Lake Geneva at Thonon some 25 miles away. Certain sections of this river offer some of the best white water rafting and canoeing in the French Alps

Southdown has a five bedroomed self catered chalet available to rent during the snowmelt, which is perfectly situated for canoeists with secure storage for canoes and a clothes-drying area.

For details and costs telephone 01865 874374 [www.ski-southdown.co.uk](http://www.ski-southdown.co.uk)

## OUTDOOR DIMENSIONS

Canoeing Holidays in Scotland and the Lake District  
2, 3 and 4 Days



Tel: 01241 828629  
[www.outdoordimensions.co.uk](http://www.outdoordimensions.co.uk)

## expedition first aid every life matters

First Aid Courses for Hill Walking, Climbing Mountaineering and Watersports

[www.expeditionfirstaid.com](http://www.expeditionfirstaid.com)

### ACCOMMODATION

#### BALA

#### NORTH WALES

Bala Bunkhouse ideally situated for the Tryweryn White Water Centre  
Open all year round providing comfortable self-catering

Accommodation suitable for groups & individuals. Fully heated, hot showers, separate ladies & gents, drying room. Sleeps up to 26-1x2-1x4-1x6 1x8 & 1x6 self-contained bunkroom. £10.00 pppn.

For Brochure and booking information contact:  
Jane & Guy Williams on:  
Tel: 01678 520738  
Visit [www.balabunkhouse.co.uk](http://www.balabunkhouse.co.uk)

#### GROUP ACCOMMODATION Open all year.

2 x converted village schools sleeping from 12 - 32.  
Situating in Corris Uchaf and Aberllefenni close to the foot hills of Cadair Idris and on the doorstep of the Dovey Forest an outstanding area for cycling, walking and canoeing.  
Fully equipped kitchen, central heating, hot water and large drying room with secure storage.  
Minimum of 12 @ £14.00 pppn.  
Phone for details on 01654 761678 or e-mail [jane.tynyberth@widehorizons.org.uk](mailto:jane.tynyberth@widehorizons.org.uk)

#### Keswick

Independent Hostel  
River Greta access across road. 50 beds in dorms, linen included, central heating, hot showers, 10 mins walk to town centre.  
Instruction available.  
Groups or Individuals;  
£12/person/night  
[www.vividevents.co.uk](http://www.vividevents.co.uk)  
017687 75351

## SOUTH ALPS:

Fully equipped s/c accommodation for groups 2-20 in Briançon, L'Argentiere, Embrun and Vallouise. £50-75 pp per week.

Kayaking, climbing, sailing, mountain biking, canyoning, via ferratas, skiing....

Tel: 0033 6 60959566 or 0033 4 92230515

Email: [kate@hautes-alpes.biz](mailto:kate@hautes-alpes.biz)  
visit [www.hautes-alpes.biz](http://www.hautes-alpes.biz)

## Fort William

Self-catering - Home comforts  
Excellent drying rooms - Twin and four-person bedrooms - Parking for trailers - Groups or individuals 22 Beds

Tel: 01397 700451  
[info@fortwilliamholiday.co.uk](mailto:info@fortwilliamholiday.co.uk)  
[www.fortwilliamholiday.co.uk](http://www.fortwilliamholiday.co.uk)

## In the Eden Valley

### B&B The Coach House

The Coach House, Eden Gate, Warcop, Appleby, Cumbria - next to the River Eden & Lady Anne Clifford Walk - Skipton-Penrith River & Gallery Room twin bed £26 PPN  
Lady Anne Room double bed £28 PPN

Tel: 017683 41955  
[www.coachhouse-in-eden.co.uk](http://www.coachhouse-in-eden.co.uk)

### EVENTS

## Tyne Tour 2007

Nov  
2nd/3rd/4th

[www.tynetour.co.uk](http://www.tynetour.co.uk)

### EQUIPMENT & SERVICES

## FIBREGLASS MATERIALS & SUPPLIES

Resin	Coatings	Pigments
Gelcoat	Releasers	Acetone
Mats, Fabrics	Epoxies	Books, Tools
Fillers	Foams	Free Advice

### LOWEST UK PRICES

Free Catalogue Next Day delivery  
Tel 01209 822200

   
Order from our on line catalogue  
[www.cfsnet.co.uk](http://www.cfsnet.co.uk)

[www.dateactive.co.uk](http://www.dateactive.co.uk)

The new dating site for active people

# JOEL WATERSPORTS

Holt Fleet,  
Nr Worcester, WR6 6NW.

Tel: (01905) 455311  
Fax: 08707 400258

[HTTP://www.joelwatersports.co.uk](http://www.joelwatersports.co.uk)  
email:[sales@joelwatersports.co.uk](mailto:sales@joelwatersports.co.uk)

For all your Kayaking & Canoeing requirements

Large and wide range of stock  
Discounted prices call for details

*Friendly Expert Advice*

*Speedy Mail Order Service*

*Colour brochures available*



Located off A4133, adjacent to river bridge

## Canoes - Kayaks Direct

Best Prices Free kayak delivery

Tel-07720 955427 Fax-08701 638201

[www.canoesdirect.co.uk](http://www.canoesdirect.co.uk) Email: [sales@canoesdirect.co.uk](mailto:sales@canoesdirect.co.uk)

 [www.chillcheater.com](http://www.chillcheater.com)  
Tough, ultra thin, super-thermal, base, mid and outer layers for paddling.



Free catalogue: 01271 815828

## Shoreham Sea Kayaks

High quality composite sea kayaks from £999



[www.shorehamseakayaks.co.uk](http://www.shorehamseakayaks.co.uk)

Phone: (01273) 464218 Fax: (01273) 464278

\* SERVICING & REPAIRS \* FAST TURNAROUND \* COMPETITIVE PRICES \*

## Rubberman Drysuits & Seal Replacement Services

Made to Measure Drysuits a Speciality  
Repairs to Wetsuits, Drysuits, Cags, Dry Trousers, Salopettes  
All types / sizes of latex seals replaced  
Pressure testing and leak troubleshooting  
Zip and boot replacement  
Alterations and repairs on other outdoor equipment



**RUBBERMAN**

\* DIVE\*CANOE\*SAIL\*SURF\*RAFT\*DIVE\*CANOE\*SAIL\*SURF\*RAFT\*

Chris Steele, Rubberman Drysuits & Seal Replacement Services  
Tan-y-Flordd Ucha, Glan Conwy Colwyn Bay, Conwy LL28 5PG  
Phone: 01492-580616 or 07778-803775  
Email: [chris@rubberman.co.uk](mailto:chris@rubberman.co.uk)  
web site: [www.rubberman.co.uk](http://www.rubberman.co.uk)

# GO2H2O

FOR ALL YOUR CANOE & KAYAKING NEEDS  
IN NORTH YORKSHIRE

Tel : 01765 635333 Mob : 07768 440914

Email : [john@go2h2o.co.uk](mailto:john@go2h2o.co.uk) Web : [www.go2h2o.co.uk](http://www.go2h2o.co.uk)

Sleningford Water Mill, North Stainley, Ripon, North Yorkshire, HG4 3HQ



EQUIPMENT & SERVICES

**The Family Adventure Store**  
**a real adventure...**  
 The Family Adventure Store in association with Canoesplus

**Ocean Kayak** Visit the Wiltshire showroom or call us for friendly advice and excellent prices

**Old Town**

**Coleman** Online ordering with fast delivery check out our latest web deals.

**Primo**

**Heritage**

**www.familyadventurestore.co.uk**

The Family Adventure Store, Marsh Farm, Hilperton, Trowbridge, Wilt BA14 7PJ. Tel: 01225 768630

INSURANCE

**N W BROWN**  
 INSURANCE BROKERS LIMITED

**Insurance for Paddlers**

- ◆ Canoes & Equipment
- ◆ Other Small Crafts
- ◆ Activity Travel
- ◆ Activity Centres / Companies

For more details please call: 01223 720350

Or for an online canoe quote visit:  
[www.nwbrown.co.uk/insurance/canoe.asp](http://www.nwbrown.co.uk/insurance/canoe.asp)

Phone: 01223 720350  
 Fax: 01223 553716  
 Email: [enquiries@nwbrown.co.uk](mailto:enquiries@nwbrown.co.uk)

N W Brown Insurance Brokers Ltd  
 100 Woodland House, 10-20 Regent Street, London, EC1A 3BB

Approved & Regulated by the Financial Services Authority

SITUATIONS VACANT

**SKERN LODGE**

**Instructional Vacancies 2007**

We are currently seeking applicants for the forthcoming season. Available contracts are for:

April - September 2007  
 May - August 2007

Candidates will ideally hold a current driving licence and have technical qualifications in two or more of the disciplines outlined below:

First Aid ~ SPA ~ Life Saving  
 ML Summer ~ Level 2 Coach  
 Powerboat Instructor

Salary: £12,000pa, plus 20 days holiday, training and uniform.

To apply please forward a copy of your CV with a covering letter to Sarah Rigby:  
[sarah@skernlodge.co.uk](mailto:sarah@skernlodge.co.uk)

Appledore, Bideford, Devon EX39 1NG  
[www.skernlodge.co.uk](http://www.skernlodge.co.uk)

SITUATIONS VACANT

**EssexOutdoors**.ORG

**Seasonal Instructors in Outdoor Education**

**May – September 2007**

Essex Outdoors is currently seeking Seasonal Instructors to work at a variety of centres within the county. Opportunities exist at our dedicated sailing centre at Bradwell as well as at our land-based centres at Danbury, Harlow and Mersea. Summer instructors are predominantly involved in delivering activity sessions to young people from schools, youth groups and youth localities in a variety of activities which include climbing, high ropes, archery, mountain biking, canoeing & kayaking and sailing.

We are looking for people over 18 who like working outside, are physically fit, enthusiastic, flexible, keen to learn and have an interest in helping young people develop.

Having personal experience or qualifications (e.g. SPA, BCU Level II, GNAS, RYA, MIAS) in the above activities would be a distinct advantage although not essential as all staff receive in-house training/site specific training in all activities offered at the centres

Seasonal instructors should be available to start employment in early May to mid June although there maybe some flexibility with this.

Salary is between £12,918 to £14,538 pa for a 37 hour week, depending on experience and qualifications. Your working week may include some evening, weekend and occasional overnight duties. Some sites can offer accommodation on-site for seasonal instructors.

For more information about Essex Outdoors and the individual centres please visit [www.essexoutdoors.org](http://www.essexoutdoors.org)

For an application pack please contact Danbury Outdoors:  
 Well Lane  
 Danbury  
 Essex  
 CM3 4AB  
 01245 223 342  
[info@danburyoutdoors.com](mailto:info@danburyoutdoors.com)



**“This is REAL adventure...”**

*A tangle of wild uninhabited offshore islands. Beaches, lagoons, caves and cliffs. Home to eagles, otters, seals and deer - and to our Adventure Training Centre for 9-15 year-olds.*

We need experienced Kayak, Rocksport and Expedition Instructors for our April to September Season at our Multi-Activity Adventure and Survival Training Centre. We can offer you full board and accommodation in a genuinely unspoilt wilderness environment, with a good wage, and excellent wild island exploring and sea paddling all around. Exciting opportunities to add to your logbooks and increase your qualifications.

Please apply with your CV to...  
**Wild Island (CF), Solwaybank, Canonbie, Dumfriesshire, Scotland DG14 0XS.**  
**e-mail [rubhafiola@hotmail.com](mailto:rubhafiola@hotmail.com)**

**Would you like the opportunity to work in an amazing location on the West Coast of Scotland?**

Dynamic, Resourceful and Energetic staff needed to contribute to the running of our Multi-Activity outdoor centre.

We require Multi-disciplined and NGB qualified staff in outdoor activities.

A Creative Cook/ Chef is also required for our busy season, along with other in-house staff.

Please send your CV to Raasay Outdoor Centre using the email address and contact details below.

See where you could be working this season at [www.raasay-house.co.uk](http://www.raasay-house.co.uk)

**Senior Activity Instructors**



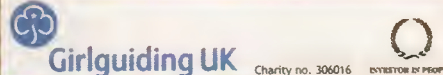
We have vacancies for Senior Activity Instructors and Activity Instructors at our Blackland Farm Training and Activity Centre, East Grinstead.

Candidates should hold at least two of the following: BCU Level 2, SPA or GNAS Leader Award, APIOL preferred.

Benefits including excellent personal development programme and generous annual leave entitlement.

To apply visit [www.girlguiding.org.uk/vacancy](http://www.girlguiding.org.uk/vacancy), email [hr@girlguiding.org.uk](mailto:hr@girlguiding.org.uk) or call 020 7592 1892.

Closing Date: 24 April 2007



**Qualified Multi Activity Instructors Wanted**

to work at Upton Warren OEC  
 April - September 2007  
 standard 37.5 hour week  
 +£280 per week  
 accommodation available  
 email: [uwoecenquiries@worcestershire.gov.uk](mailto:uwoecenquiries@worcestershire.gov.uk)  
 or Tel (01527) 861426 for further details





## Canoeists Required South of France; Ardèche Region

- A fantastic opportunity to work in a dynamic, customer focused environment, leading a range of activities including a two day river trip in the Ardèche gorge.
- Ideally you will possess BCU coaching qualifications in canoe and / or kayak and have experience of leading young people in outdoor activities.
- Six month contracts available, from April - September plus full board and accommodation provided on site.
- Opportunities to work alongside experience coaches and improve your paddlesport experience and qualifications.
- Other vacancies are available, such as; Catering, Driving & Client Care roles plus numerous vacancies in the UK, including Instructional roles.



For further information and an application pack please contact:  
The Recruitment Team E-mail: [info@nstgroup.co.uk](mailto:info@nstgroup.co.uk) Tel: 0845 671 1357



## STUBBERS ADVENTURE CENTRE Upminster, Essex

### Vacancies for 2007 season Instructing staff

required for a busy multi activity centre that provides for a wide range of clients.

All activities are within 130 acre site with 3 lakes. Close to London

More details on web site: [www.stubbers.co.uk](http://www.stubbers.co.uk)

Applications with CV to Bob Edwards (Centre Director) at:

**Stubbers Adventure Centre, Ockendon Road, Upminster, Essex RM14 2TY**

**Or email: [bob@stubbers.co.uk](mailto:bob@stubbers.co.uk)**

Charity No. 1080941



Southampton City Council

## WOODMILL OUTDOOR CENTRE Woodmill Lane, Swaythling, Southampton, SO18 2JR

### OUTDOOR ACTIVITY INSTRUCTORS REQUIRED FOR 2007

Woodmill Outdoor Centre is best known for its specialist canoeing activities. However the Centre also provides a wide range of other activities for both schools and adults. These activities include canoeing, kayaking, climbing, orienteering, high and low ropes courses, archery, raft building, environmental studies and other problem solving activities. The Centre also has a busy Canoe shop.

Woodmill requires Outdoor Activity Instructors to start immediately. First Aid and BCU Coach qualifications are essential and any additional qualifications related to the Centre activities would be desirable.

Staff are required to undertake evening, weekend and occasional overnight duties and therefore must have a flexible approach to working hours.

Pay Scale 4 (£232.00 per week)

For an application form and job description please contact the Centre for more details, If you would like to arrange a visit to the Centre please ring 02380 555993 or e-mail [info@woodmill.co.uk](mailto:info@woodmill.co.uk).

## Step up to the challenge

Are you  
outgoing, adventurous  
and great with kids?



Then this is for you!

## Activity Instructors

Ideally you will hold one of these:

BCU Level 2 Training, SPA Training or GNAS Leader Award.  
However we can provide excellent on-the-job training opportunities and can offer accommodation at all our centres.

To apply:

Visit: [www.girlguiding.org.uk/vacancy](http://www.girlguiding.org.uk/vacancy)

Email: [hr@girlguiding.org.uk](mailto:hr@girlguiding.org.uk)

Tel: 020 7592 1892



Charity no. 306016

Girlguiding UK

## Instructor required at Hindleap Warren Outdoor Education Centre

A chance to join a team of outdoor enthusiasts at a fast developing Centre.

Applicants should have SPA, current First Aid, and other activity qualifications (preferably NGB Awards)

Salary £11,951 - £14,699 (£12,608 with SPA).

No charge for accommodation or meals. Many other employment benefits.

Phone/email for an Application Pack:

Tel : 01342 822625

[admin@hindleap.com](mailto:admin@hindleap.com)

[www.hindleapwarren.co.uk](http://www.hindleapwarren.co.uk)

## Looking for the best Training & Working Adventure?

Rewarding work and great fun instructing exciting adventure activities to 8-12 year olds, including Canoeing, Climbing, Caving, Archery... and many more.

Robinwood offers:

- ▲ Two great locations in the Pennines.
- ▲ An excellent staff training programme, including NGB qualifications paid for by Robinwood
- ▲ Great working conditions, with an average 3 days off per week
- ▲ Good quality staff accommodation
- ▲ Staff residentials and activity events, all organised and paid for by Robinwood.
- ▲ Great staff wages
- ▲ National Training Award Winner 2001

For further details:

[bestjob@robinwood.co.uk](mailto:bestjob@robinwood.co.uk)

**robinwood**  
Activity Centre  
Todmorden, Lancs  
[www.robinwood.co.uk](http://www.robinwood.co.uk)



INVESTOR IN PEOPLE



Tel 01706 814 554



SITUATIONS VACANT



## Lead, encourage, motivate!

Join Acorn Adventure, the UK's leading provider of adventure camps for schools, groups and families.

We are looking for energetic team players to work as **canoe and kayak instructors** at our UK, French and Italian centres in 2007. You must be enthusiastic, reliable and friendly with a positive child-centred approach.

### You will receive:

- Excellent training and qualification opportunities
- Full-board tented accommodation
- Weekly wages based on qualifications and experience

Positions available from April 2007 to September 2007.

Call **0121 504 2060**

[jobs@acornadventure.co.uk](mailto:jobs@acornadventure.co.uk)

[www.jobs-acorn.co.uk](http://www.jobs-acorn.co.uk)

paddlers wanted!



SITUATIONS VACANT

## Lead the Expedition



### An exciting leadership opportunity

World Challenge is a specialist in the provision of leadership, teamwork and development training for young people. We require BCU Level 2 Coach and above qualified people to lead our exciting expeditions both within the UK and Overseas.

### We are looking for Leaders with:

- >> BCU Level 2 Coach
- >> youth development experience
- >> developing world travel experience
- >> NGB awards and similar qualifications

Contact us to book your place on a free Potential Leader Course.

**08704 873173**

[leaderinfo@world-challenge.co.uk](mailto:leaderinfo@world-challenge.co.uk)

[www.world-challenge.co.uk](http://www.world-challenge.co.uk)



## BLACK MOUNTAIN Activities

### Instructional Staff for 2007

We are looking for experienced, enthusiastic and motivated instructors to join our dedicated team to help deliver our wide range of activities for 2007 session.

You will be working with adults, families, schools and youth groups as well as team building events for companies.

Activities include, High Level Ropes Course, Kayaking, Canoeing, Climbing, Walking, Raft Building, Gorge Walking, Orienteering, Clay Shooting, Archery, and Mountain Biking team building events etc.

We are looking for staff with at least two of the following: Level 2 Canoe, L2 Kayak, SPA, ML or similar, Mountain Bike Leader Award, GNAS as well as current First aid.

For further information visit our web site <http://www.blackmountain.co.uk/jobs>

If you are interested in joining our team then please send you CV to Black Mountain Activities Ltd, Three Cocks, Brecon Powys LD3 0SD. Tel: 01497 847897 or email [jobs@blackmountain.co.uk](mailto:jobs@blackmountain.co.uk)



*Would you like to live and work here?*



### Keswick Climbing Wall and Activity Centre

are looking for **full time** and **seasonal** Multi-Activity instructors (April – October). Open boat qualifications and SPA are essential for full time posts; we would consider applicants with just open boat qualifications for the seasonal posts. A driving license would be an advantage for both.

We work with a variety of client groups across the activity range, so a flexible approach will be required.

Please send a CV and covering letter to; Jason O'Rourke at Keswick Climbing Wall & Activity Centre, Southey Hill, Keswick, Cumbria CA12 5NR

web: [www.keswickclimbingwall.co.uk](http://www.keswickclimbingwall.co.uk) Email: [Jason@keswickclimbingwall.co.uk](mailto:Jason@keswickclimbingwall.co.uk)

## Aqua Sports Company –

Staff required for 2007 season (April-October)

A busy lake based watersports centre located at Mercers Country Park near Redhill in Surrey.

BCU kayak level 2 coach required (dinghy sailing/windsurfing skill/quals an advantage). On site accommodation

Competitive wages & training package

Interviews for April/May start

Send CV + covering letter to Sam

Smithson, Aqua Sports Company,

Mercers Park, Nutfield

Marsh Road, Merstham RH1 4EU,

or email to [jobs@aquasports.co.uk](mailto:jobs@aquasports.co.uk)

[www.aquasports.co.uk](http://www.aquasports.co.uk)



## Arnfield Care Ltd

### Instructors/Care Workers Wanted



arnfield care

Arnfield Care requires Instructors and Care Workers for dynamic outdoors based child care teams. We are based in the Peak District, but work UK Wide with young people who present challenging behaviour. Outdoor, craft or art qualified or experienced staff are preferred, but not essential.

What we do require from you is enthusiasm, high degree of personal motivation and an interest in young people's well-being.

**Please contact Paul Knowles 01457 860200**





## LLAIN ACTIVITY CENTRE

Job opportunities on the mid-Wales Coast

### Outdoor Instructors

Varied activities, diverse client base, favourable working conditions (5 day, 35 hours). Late March to Oct season.

£9000 p.a. pro-rata. NGB Training opportunities.

Applications from: [www.llain.com/download](http://www.llain.com/download),

e-mail [enquiries@llain.com](mailto:enquiries@llain.com) or write to:

Centre Manager, Llain Activity Centre, Llanarth, Ceredigion, SA470PZ.

## Wightwaters

### Isle of Wight

#### Seasonal Staff Required

Level 2/3 Coach Kayak

Must have First Aid, BCU qualified 3\* safety test.

Additional watersports qualifications desirable.

Contact Scott or John on 01983 404987, email

[surf@wightwaters.com](mailto:surf@wightwaters.com)



## CENTRE MANAGER

£15,500 - £18,500 per annum

(Depending on qualifications and experience)

South West Lakes Trust is seeking a Centre Manager for its year-round Angling & Watersports Centre at Stithians Lake, near Redruth, Cornwall.

Applicants must have proven experience of managing and developing a multi-activity/watersports centre, RYA Dinghy or Windsurfing Senior Instructor, Safety Boat and a valid First Aid qualification.

We are seeking an individual to run this year-round centre and be responsible for the management, maintenance and security of the buildings, equipment, campsite, grounds and team of instructors; to develop business and increase participation at the Centre.

For further details and an application form

please call Ernie Shepherd

on 01566 771930 or visit

[www.swlakestrust.org.uk](http://www.swlakestrust.org.uk)

Closing date Friday 20 April

Interviews Friday 27 April



## CARLINGFORD ADVENTURE CENTRE

Challenging positions in one of Ireland's most popular Outdoor Adventure Centres

### JOB OPPORTUNITIES

for energetic, enthusiastic Instructors with land and/or water based qualifications

Level 2 Coach in Kayak/Canoe

High Ropes Trained

Sailing/Windsurfing Instructors

Rock-Climbing SPA Instructors

\*\* Mini-bus (D1) License over 25 preferable

Salary Commensurate with experience and qualifications

Interested? - Please send CV with details of experience and qualifications to:

**TOM McARDLE, H.R. MANAGER**

**CARLINGFORD ADVENTURE CENTRE, THOLSEL STREET, CARLINGFORD, CO. LOUTH, IRELAND**

Tel: 00353 42 9373100 Fax: 00353 42 9373651

email: [info@carlingfordadventure.com](mailto:info@carlingfordadventure.com)

web: [www.carlingfordadventure.com](http://www.carlingfordadventure.com)



PGL is the UK's leading provider of residential activity holidays and educational courses for children.

We're looking for energetic, fun-loving Canoe & Kayak Instructors to share their passion for paddling.

- BCU qualified coaches • BCU 3\*\* award holders
- Personally experienced paddlers
- BCU L3 Canoe Coach/L4 Kayak for River Leaders & Head Paddlers

Competitive wage, bonuses, full-board accommodation available, training & qualification opportunities, Apprenticeships & more

Flexible-length contracts available from now - November

Activity Instructor, Catering & Housekeeping vacancies across the UK, France & Spain also available

[WWW.PGL.CO.UK/RECRUITMENT](http://WWW.PGL.CO.UK/RECRUITMENT)

0870 401 4411



PGL is committed to the principle of equal opportunities



Activity Instructors

## Adventure International

The **TIME** of your **LIFE**?!

We are seeking

Energetic, Motivated

**TEAM** Players to join our

instructor team. Begin **MARCH** and end **NOV**

**2007. EXCELLENT** training opportunities

available during the season. Including **M.L.T.E.**

and **B.C.U.** Awards.

Tel : 0870 7775111

[www.adventure.uk.com](http://www.adventure.uk.com) [tracy@adventure.uk.com](mailto:tracy@adventure.uk.com)



## ACTIVITY INSTRUCTOR JOBS 2007

We require qualified multi-activity instructors for our rural Centre in Sandhurst, Berkshire. We're looking for self-motivated BCU/RYA instructors able to work with initiative and enthusiasm to deliver educational and FUN activity sessions and courses.

Join our professional team in providing both water and land-based activities - schools, youth groups, corporate team-building .

ACTIVITY INSTRUCTORS must hold one or more of the following:

RYA Dinghy Instructor, RYA Windsurf Instructor L1

BCU Kayak/Canoe Coach L2 - BDA and GNAS an advantage.

Seasonal Contracts - April to September including weekends

Great wages for reliable staff (accommodation available).

Visit our web site [www.freetimewatersports.co.uk](http://www.freetimewatersports.co.uk)

Contact us: 01252 871808 [jobs@freetimewatersports.co.uk](mailto:jobs@freetimewatersports.co.uk)  
Horseshoe Lake, Mill Lane, Sandhurst, Berkshire GU47 8JW



SITUATIONS VACANT



Are you up to **the challenge?**

**IF YOU ARE:**

- Dynamic ● Fun ● Caring
- Enthusiastic ● Full of initiative
- Looking for real adventure
- Eager to work with challenging young people
- Flexible and willing to work away from home

**DO YOU HAVE:**

- National Governing Body outdoor qualifications and/or
- Childcare experience



Active 8 Care provide high quality respite and emergency care for young people with challenging behaviour. We use a variety of adventurous activities to encourage positive personal development.

All staff teams are highly mobile and operate throughout the U.K. in specialist vehicles

**If so contact us now!**

Telephone: 01253 640683 Mobile: 07703 030425  
or email: daveh@active8care.co.uk web: www.active8care.co.uk



**Multi-Activity instructors,  
Loch Lomond  
May-September**

Must have one from open canoe L2 (preferred), WGL/ML, or TCL. Wages dependent on qualifications and experience. No accommodation provided.

**CV to info@canyouexperience.com  
or call 01389 602576.**

**Trade**

Cambridgeshire

**Reed**  
of Cambridge

EXPERIENCED SELLERS OF CANOES AND KAYAKS FOR OVER 15 YEARS  
VISIT OUR WEBSITE - ORDER ONLINE  
[www.reedsofcambridge.co.uk](http://www.reedsofcambridge.co.uk)

Tel: 01223 425348  
Two Tees Boatyard, 70 Water Street  
Cambridge CB4 1PA

Somerset

**PK**

66 Uphill way, Uphill Village  
Weston-super-mare BS23 4NT  
Tel: 01934 613612  
Email: performance@kayaks.co.uk  
Website: www.kayaks.co.uk

Essex

**Nucleus Watersports**  
The Essex Superstore

Kayaks, Canoes, Accessories  
[www.nucleuswatersports.co.uk](http://www.nucleuswatersports.co.uk)  
Sales: [nucleus@nucleuswatersports.co.uk](mailto:nucleus@nucleuswatersports.co.uk)  
Tel: 01255 812 146  
204 Frinton Rd, Holland-on-sea,  
Essex, CO155SP

Somerset

**AS**  
Watersports

HAVEN RD, EXETER. 01392 219600  
Full range of equipment for all aspects of the sport. Playboating, Fun, Surf, Touring, Racing.  
[www.aswatersports.co.uk](http://www.aswatersports.co.uk)

SITUATIONS VACANT

**great jobs,  
great life**

We're now recruiting watersports instructors, activity and resort staff for our active beach clubs in Greece and Turkey.



For further details visit our website or call us for a chat

[crystalactive.co.uk/jobs](http://crystalactive.co.uk/jobs)

0870 402 0286



**Watersports Centre Manager**

A proactive, enthusiastic person is required to manage our community based watersports centre.

We provide a wide range of courses including: canoeing, kayaking, dinghy sailing, windsurfing, powerboating, raft building and first-aid. We have a very diverse range of users covering all ages and abilities.

The post offers a challenging but rewarding job, with positive opportunities for personal development, for someone who wants to work in community watersports.

Full detail of the post can be found on our website or by requesting a job information pack by contacting Moria Blackhall, the Chair of the Trust, by writing or telephoning, using the information below.

Closing date for applications: 22nd May 2007  
Website: <http://www.coquetshorebase.org.uk/>

**Chair of the Trust**  
**Moria Blackhall, 11 Rosemount, Morpeth NE61 2UU**  
**Tel: 01670-519772**

West Sussex

**SOUTHWATER**  
**WATERSPORTS CENTRE**

[www.southwatersports.co.uk](http://www.southwatersports.co.uk)  
Cripplegate lane Southwater  
West Sussex RH13 7UN  
Watersports Courses phone  
01403 734424  
For all your watersports equipment  
look @ [www.ukkayaking.co.uk](http://www.ukkayaking.co.uk)

Greater London

CANOE RESCUE EQUIPMENT  
AND ACCESSORIES INCLUDING GREEN  
SLIME THROWBAGS

MAIL ORDER SERVICE AVAILABLE

CONTACT: SUZY, 2 VICTORIA CLOSE,  
EAST MOLESEY, SURREY, KT8 9SQ  
TEL/FAX: 0208 941 2714



## Sport & Outdoor Activities



BUXTON

**Outdoor Activities**  
**Adventure Tourism**  
**Sports Coaching**  
**Sports Studies**  
**Sport & Recreation Management**

### Higher Education

Honours Degree, Foundation Degree,  
 Masters and Joint Honours Programme.

### Further Education

Apprenticeships, NVQ,  
 BTEC National Diploma.

For a full list of our open days and to register go to:  
[www.derby.ac.uk/buxton](http://www.derby.ac.uk/buxton) or Tel: 01298 71100



[www.derby.ac.uk/buxton](http://www.derby.ac.uk/buxton)

www.ANDYTURTON.com

## KAYAK COACHING - RIVER GUIDING - ALPINE TOURS

E-mail: [info@andyturton.com](mailto:info@andyturton.com) Phone: +44 (0) 7866 634 708

**TAILORED TO YOUR NEEDS**  
 Kayaking Adventures: UK or Abroad.

Make the most of your Kayaking Adventure

Individuals, Small and Large groups welcome.

**Austrian Alps Trips 07**  
 JUNE to AUGUST. Class 2 to 4 River trips tailored to your needs. Discounted accommodation, Professional coaching, Local knowledge.

**North Wales and UK 07/08**  
 AUTUMN to SPRING. Top notch coaching and river guiding on any river of your ability. (class 2 to 4)

**Himalayan Adventures 07**  
 AUGUST to NOVEMBER. Expedition paddling with all logistics sorted for you. India, Zaskar Gorge. Nepal, Karnali (class 3to4).

## Sea Kayaking UK

Specialist Sea Kayak Manufacturers - Designs by Nigel Dennis

### The Anglesey Sea Symposium 2007

Main Event : 5<sup>th</sup> - 7<sup>th</sup> May

BCU Courses & Day Paddles: 7<sup>th</sup> - 11<sup>th</sup> May

Tidal Races & Overfalls: 12<sup>th</sup> - 13<sup>th</sup> May



For further information:

Email: [courses@seakayakinguk.com](mailto:courses@seakayakinguk.com)  
 Website: [www.seakayakinguk.com](http://www.seakayakinguk.com)  
 Tel.: 01407 762425 or 765550

## Four Seasons TEESSIDE WHITE WATER COURSE



- Water all year round
- Kayak retail shop
- Regular course changes
- On site café & changing
- Excellent water quality



- Bunk house cabins
- Group discounts
- Loyalty schemes
- 1:1 / Group coaching
- Demo boats



**01642  
678000**

[www.4seasons.co.uk](http://www.4seasons.co.uk)



There were only two of us left by the fire on most nights; the rest of the group had usually gone off to bed about dusk but we sat there optimistically waiting to see the northern lights. Well we thought that if you are that far north in Canada there is always a chance of seeing the aurora. If you are up and about you might see it but if you are in your bed fast asleep there is no chance at all.

Anyway sometime in the two weeks having put the world to rights a number of times, Sue and I got round to compiling a list of 12 items you would always take on a canoe expedition. We also said that it is worth getting the best as these items will combine to make any trip more luxurious and that little bit special.

So in no special order, here for discussion, they are:

# 12 deluxe items you take on a canoe exp

The premise for this article was a discussion around a campfire in the Yukon. It was September, the days were short and the nights were cold (this sounds like the start of a poem from Robert Service). The chilly nights were great for getting rid of biting insects but we needed a good fire in the evenings to keep the frost at bay.



## 1. Hennessy Hammock [www.hennessyhammock.com](http://www.hennessyhammock.com)

Taking a normal hammock is great; they are small enough to pack but offer various seating/lying arrangements around camp. The Hennessy Expedition Hammock offers not only the lolling around option but also can be used as a shelter which brings a great number of other advantages. You won't have to find level ground on which to pitch a tent, you won't have to camp on rocky ground, you have another option from a tent and it provides better ventilation. All you have to do is to find two trees to which the hammock ropes can be attached!

It has an "Easy Enter, Easy Exit" through the bottom of the hammock. Walk in to the middle of the hammock, turn around and sit down. Lay back and lift your feet inside and your weight tensions the entrance which automatically snaps closed behind you. When properly sealed, the entrance design also makes sure no bugs get into your hammock at night and also during the day when you are away from camp. The large area of mozzie netting provides ventilation and keeps insects outside the hammock - all to aid a peaceful snooze and recuperation.

## 2. Jack Wolfskin Wolf Mat King Size [www.jackwolfskin.co.uk](http://www.jackwolfskin.co.uk)

There are self inflating mattresses but then there is the Wolf Mat King Size; it is a generous 65 x 195 cm in size but best of all when fully inflated you float a luxuriously 7 cm above the ground. After a hard days paddle it is so important to recuperate for the next day and the Wolf Mat offers dreamlike comfort for anyone on any surface. Not only does it protect from hard ground but it also provides thermal insulation in the cold; a great investment that will last for years.



## 3. Petzl Tikka XP head torch [www.petzl.com](http://www.petzl.com)

Petzl are synonymous with head torches; for as long as I have known they have been the leaders in this market. Compact and lightweight, Petzl's TIKKA series headlamps easily fit in a bag or a pocket and can be taken anywhere. They provide long-lasting, smooth, white LED lighting as a single Powerful Led with 3 easily selected lighting levels. The wide-angle lens produces a diffuse beam proximity lighting for reading in bed or sitting around the campfire, whilst the main beam is powerful enough to safely light your way to the latrine and see the bears! It is water resistant for all-weather use and has the ADAPT mounting system on the TACTIKKA XP ADAPT, which allows you to attach the light source to multiple mounts: jacket, belt or helmet.



## 4. Holey Shoes [www.holeysoles.com](http://www.holeysoles.com)



I used to be quite keen on sandals but Holey shoes offer the same advantages as sandals and more beside. Not only are they fun and funky, coming in a wide range of colours but they are warm in winter, cool in summer. They offer toe protection and do not allow sticks to wedge between your foot and shoe on portages. The closed cell structure floats on water, has a soft pliable feel and cushions the foot from impact for all day wear. The vented design and anti-bacterial material reduces foot odours. The tread is designed to grip and reduce slipping, whilst the shoe clings to feet without toe curl and the moulded foot-bed gives arch, toe and heel support. You can even use them to wear for a night out as long as you have chosen the correct colour to match your ensemble!

## 5. Barska Binoculars 8X32 [www.barska.com](http://www.barska.com)

If you are travelling through an area you will encounter wildlife so a pair of bins are vital to maximise your chances of an interesting encounter and they are also very useful for big lake navigation, white water inspection, and





# HAVE to edition

therefore safety. My Barska binoculars whilst not being the very best are a high quality product at exceptional value. They are rugged, waterproof, compact and perform extremely well in all-weather conditions. They are the perfect companion to maximise and magnify the outdoor experience.

## 6. Victorinox Swiss Army multi-tool [www.victorinox.ch](http://www.victorinox.ch)

Multi-tools are invaluable around camp; from tightening a loose nut on a canoe seat to gutting fish or even getting stones out from horses hooves or even opening a beer or a bottle of wine. The original Swiss Army Knife - the world's most famous multi-tool - was produced over 100 years ago and the Swiss Tool



comes from the same manufacturer that produced the original. It is particularly functional, versatile and easy-to-use and we have compared it to its rivals and found them lacking. A Leatherman devotee had to admit that the Victorinox did keep a better edge on the blades and that a multi-tool without a corkscrew was a little useless in refined circles. Think multi-tool; think Swiss. They are very useful tools and it is always interesting to find out what bizarre uses other people have put them to.

## 7. LifeVenture Travel Towel, biodegradable soap and dry wash [www.lifeventure.co.uk](http://www.lifeventure.co.uk)

It is a great feeling to be clean again after a few days of not washing. It is also a good idea to wash your hands after you have completed your ablutions and before preparing and eating food. You should not go down with Deli belly and spoil the holiday.

Made from biodegradable organic ingredients the soap is multi-functional, concentrated, pure, pH-balanced and lathers in fresh or salt water. It can be used for washing skin, hair or lightly soiled clothes. Its mild antibacterial action aids hygiene.

Dry Wash allows you to quickly wash your hands without the use of water, which means that you will



do it on a regular basis. It is biodegradable and antibacterial. Both are supplied in a toughened plastic bottle with fine thread screw top. The microfibre fabric has a towelling finish, dries 8x quicker than a standard towel and has an anti-bacterial treatment to prevent odour and improve hygiene. Supplied with mesh-fronted carry case. Get the largest towel you can. They get better with age and usage, so travel more and wash more.

## 8. Katadyn Vario water purifier [www.katadyn.com](http://www.katadyn.com)



Protect yourself and drink clean water regularly throughout the day; on so many trips I have known people not drink enough throughout the day. They then have a miserable time around camp with headaches and cramps. Filtered water tastes a lot better than chemically altered water therefore you drink more, stay hydrated and enjoy life.

This is the latest generation of micro-filters and the Vario combines individual efficiency with the simplest possible handling. The technology it uses consists of three filter levels: a high-performance glass fibre filter, a ceramic pre-filter that can be adjusted individually according to the cloudiness of the water, and active charcoal for eliminating odours. It gives a choice of fast filtration for cleaner water and slower filtration for dirty. For clean water you use the glass fibre and active charcoal filter to provide up to two litres of drinking water per minute. If the water is extremely cloudy, the ceramic pre-filter can be quickly fitted and this extends the service life of the glass fibre filter. It's well worth the price and well worth carrying.

## 9. Gelert Solar Shower [www.gelert.com](http://www.gelert.com)

Makes full body washing so much easier and with the added benefit that the water is warm. Leave the bag in the sun for a few hours to warm the water, hang the bag up, open the tap and wash. I have

known one of these left out in the sun to warm the water up so much that it was too hot to use - we had to add extra cold water before it could be used. Please make sure, even if you are using biodegradable soap, that you are well away from any water courses, ta.



## 10. MP3 player various

These are great for any travelling whether its passing time in an airport or just dozing in the tent on a rainy evening. I would suggest you get one that has a long battery life or that can use easily available AA or AAA batteries. Not only think about down loading music but, for a change, download a couple of books you have been meaning to read too. I also use mine to record my logbook rather than writing. It's great because you can also add sounds from the environment and discussions around the campfire; you know the deep and meaningful twaddle that groups of friends can sometimes get round to.

## 11. Sleeping bag [www.nanok.no](http://www.nanok.no) [www.thenorthface.com](http://www.thenorthface.com)

As said before, sleep is a great rejuvenator, so the correct bag for the temperatures you will encounter is very important. I have paddled with some individuals who have not had warm enough bags for the prevailing conditions and it did spoil some of their time out in the wilderness. I have used Nanok and The North Face bags for a number of years; some are over 12 years old and still going strong. Buy good quality and it will look after you.

## 12th item

This one is up to you and I would be very interested in your ideas. Some people have thought of a good single malt, Talisker for me. Other ideas are a good book, paper and paints, a folding seat and a packet of cigarettes. Many have mentioned paddling with someone special such as Brad Pitt or Halle Berry. My partner even mentioned wistfully that she would like someone called George Clooney to paddle in the front of her canoe!

Your ideas and comments welcome - cheers!  
**Dave Halsall... mtorafiki@hotmail.co.uk**



### THANKS

I am indebted to Matthew and Sara Hough and Garry Evans at Leisure Quest, 7 High Street, Swansea SA1 1LE. Tel: +44 (0)1792 646647 [sales@leisurequest.net](mailto:sales@leisurequest.net) [www.leisurequest.net](http://www.leisurequest.net)



## The Northern Isles - Orkney & Shetland Sea Kayaking

By Tom Smith and Chris Jex

Price: £19.99

Pesda Press

Their relative isolation, stunning scenery and Norse history make Orkney and Shetland a very special place. For the sea kayaker,

island archipelagos are particularly rewarding... none more so than these.

Illustrated with superb colour photographs and useful maps throughout, this book is a practical guide to help you select and plan trips. It will provide inspiration for future voyages and a souvenir of journeys undertaken.

As well as providing essential information on where to start and finish, distances, times and tidal information, the book does much to stimulate interest in the environment. It is full of facts and anecdotes about local history, geology, scenery, seabirds and sea mammals.

## Scottish Canoe Classics

By Eddie Palmer

Price: £15.99

Pesda Press

Eddie has chosen his favourite 25 inland touring routes and described them in loving detail. The routes are beautifully

illustrated with numerous colour photos and specially commissioned maps.

The selected routes are suitable for open canoes, sit-on-tops and touring kayaks. Many of them are multi-day trips that can be tackled as a single voyage or a series of day trips. Great variety is provided, the journeys taking place on inland lochs, sheltered sea lochs and rivers of up to Grade 2.

A wonderful book for planning, dreaming of future voyages, or sharing your experiences with non-paddling friends.

Tel: 01286-685233

<http://pesdapress.com>

# Eight out of ten feet prefer them

## Keen Boulder

The Boulder is built light on weight, not on features. With running shoe comfort and sandal breathability, it is at home in the water as well as on the trail. The minimalist upper is lined to prevent hotspots and the removable footbed is EVA and will not absorb any water when trail gives way to river.

It took a few days to break the Boulders in, though only because they rubbed at the Achilles, however, wear socks! I found the shoe to be much more comfortable with socks and don't worry about wetness as the design allows the socks to dry pretty quickly.

The recent floods here in East Anglia has led them to be put to the test on all types of surface where they have retained their great traction, despite being in and out of water, the shoes dry as quickly as the socks, and they remain stainless and though not exactly smelling of roses – they are odourless despite the flood water.

There are a few minor problems the first being the accumulation of debris in the toeguard (another reason to wear socks) and the second with the elastic cord which became loose every now and then.

Those are minor niggles though and the overall impression is that of an extremely competent shoe that is well designed for the environment in which it operates and a good looking piece of footwear to boot. The image above shows the men's version – mine however, came in a very attractive grey and light blue combination – very neat!

- Removable metatomical footbed.
- Dual density compression molded EVA midsole.
- Patented toe protection.
- 4mm multi-directional non-marking outsole lug pattern.
- Washable synthetic upper.
- Quick draw elastic cord lace system.
- AEGIS Microbe Shield® treated SBR lining.

RRP - £69.99

Sharon Sutcliffe

## Keen Arroyo

The Arroyo elevates performance footwear to the next level. It combines all of the support and function one would expect from a functional trail shoe with the open breathability of a sandal and KEEN's patented toe protection. This redefines the meaning of Hybrid.

The Arroyo is built on a very durable sole with plenty of cushioning and support with reinforcement through the arch. This supported my weight and gave a little bounce to the step which when



combined with the light weight of the shoes makes walking in these shoes effortless – it's just like wearing shoes, but with much better ventilation and comfort.

Arroyos are flexible, durable, quick-drying and stay firmly in place thanks to the drawcord laces that run through a webbing strap that also tightens the heel to the back of the foot minimising slippage. The all round secure feel is maximised with the rubber toe guard, which gives all Keen shoes their unique look and a firm favourite with myself and many other Keen fans.

The only drawback I can see with this shoe is the likeness to the Keen Taos, as I can barely see any difference – unless of course I am missing something – even the colour is similar and more importantly: the quality.

The Taos was the first pair of Keen shoes that we tested a couple of years ago and we were very impressed then. So Keen must have their reasons and as an addition to the range, the Arroyo fits in with all the other excellent attributes of Keen's product line.

- Removable metatomical footbed.
- Patented toe protection.
- 4mm multi directional lugs.
- Washable waterproof leather upper.
- Secure foot lace capture system.
- S3 heel support structure.
- Torsion stability ESS shank.
- AEGIS Microbe Shield® treated SBR lining.

RRP £74.99

Peter Tranter

Email: [keeninfo@4ft.ltd.uk](mailto:keeninfo@4ft.ltd.uk)

Tel: 0800 612 9292

[www.keenfootwear.co.uk](http://www.keenfootwear.co.uk)





# Illuminated road warrior Perfect all road warrior rounder

Over the winter I have managed to keep fit with plenty of running which is fine if you live in Australia, however, England is a different prospect and therefore running at night is essential if and more than a little dangerous at times.

So step forward the Helly Hansen high visibility Viz Jacket whose light weight design and wind protection properties makes the perfect companion for those night time runs. For the chilly and wet evenings when you would really prefer to be in front of the fire, the Viz compensates by resisting against both the wet and the cold with aplomb.

The jacket is reversible between a the bright orange colour that would in daytime be the outside – switching to the interior highly reflective mesh that protects you from cars and other road traffic in the evenings. You can forget those heavy, uncomfortable high visibility vests for cycling as I have also found the jacket to be a real bonus for riding in the evenings. There is just one little gripe – and that is to do with the size of the pocket which is far too small to carry anything and remains a puzzle as to why it is there at all.

Whilst not having been in a kayak with one at the moment – the free range of movement means I wouldn't hesitate to wear the jacket for a variety of evening excursions including paddling or wherever you may need spotting in a hurry – invaluable!

- Reflective mesh interior.
- 360-degree reflectivity.
- Full front zip for ventilation.
- Sizes: XS-XL.

Steve Humphreys



The Helly Hansen Women's Versa Trailwizard short sleeve shirt is one of the most technical trail running shirts you can find. It combines the swift moisture wicking properties of Lifa Versa fabric with a wrap around CoolGrid structure, which increases ventilation.

The Trailwizard is as an ideal choice for trail anyone who needs a versatile, fast wicking jersey in either long sleeve or such as the short sleeve on test here. The cut is reasonably loose with the two colour design leading to a more V-shaped profile than the more tight body hugging base layers would let you get away with.

Using Helly Hansen's Lifa Stay Dry technology, the Trailwizard is probably the fastest wicking shirt we have tested and certainly the quickest to dry from being saturated.

As well as the flattering design, the quality of the shirt is without question with its reflective decals and rear design for increased safety and the half zip for even more ventilation should it be needed. It is such a

comfortable garment to wear to boot and that can never be underestimated.

- LIFA Stay Dry Technology.
- Enhanced moisture movement through bi-component construction.
- Half-zip ventilation on long sleeve and short sleeve versions.
- Coolgrid design promotes air circulation.
- SilverBack technology for reduced heat retention.
- NightBack reflective elements for increased safety.

**Sizes:** Available in Men's and Women's sizes.

**Anne Egan**

**Tel: 0115 960 8797**

[www.hellyhansen.com](http://www.hellyhansen.com)



## The Ojibway is back

It has recently been announced by Johnson Outdoors Watercraft UK that, due to popular demand, the Ojibway open canoe is being re-introduced. This stable, all round family recreational canoe is now being offered at a price of £499.

"The Ojibway design is based on the Discovery 158 Old Town canoe which is the world's best selling canoe. But now the Ojibway has a moulded in deck and three moulded in seats," said Andrew Dron of Johnson Outdoors Watercraft UK.

At 15' 8" long with a beam of just under 3' it can be paddled solo, in tandem or by three paddlers. The gunwhales are swept inboard which allows for easier paddling with no compromise on stability. The classic shape and styling is inspired by Old Town's Native American heritage.

The canoe is manufactured from Polylink 3™ Polyethylene in a three-layer rotomoulded process which produces a strong, safe craft. The foam hull core provides stiffness and less material is needed which reduces the weight. The canoe weighs 80lbs (36kg) and has a carrying capacity of 980lbs (445kg).

Easily car-toppable, this is a recreational canoe which has to be the one of the most affordable and fun way for any family to get afloat. Colours available are green or red.

[www.johnsonoutdoors.co.uk](http://www.johnsonoutdoors.co.uk)

**Tel: 01493 745192**

**Email:**

[office@johnsonoutdoors.co.uk](mailto:office@johnsonoutdoors.co.uk)



## PADDLE THIS

### Reval Viking Carbon

Shoreham Sea Kayaks are now importing Estonian-made EastPole Kayaks, including the new Reval Viking Carbon. This lightweight 5.8m kayak will appeal to experienced paddlers looking for a performance expedition boat. Prices are yet to be announced, but

are expected to be competitive. Shoreham Sea Kayaks will be showing the boat at the Skye Symposium in May, where demos will be available (advance booking recommended).

[www.shorehamscakayaks.co.uk](http://www.shorehamscakayaks.co.uk)

**Tel: 01273 464218**





## Venture Canoes

Venture Canoes have added a new canoe to their already extensive range. The Ottawa is a modern adaptation of a classic design of canoe designed specifically for lighter loads and so it is ideal for two smaller paddlers or for solo use.

Its small size and narrow width allow a more efficient vertical stroke to be used while its initial and secondary stability make it a fine confidence builder for those new to a single blade. The more advanced paddler will get plenty of enjoyment from its manoeuvrability and ease of handling on and off the water.

**Length:** 4.6m

**Width:** 87cm

**Suggested maximum carry capacity:** 390kgs

**Price from:** £569 depending on specification.

[www.venturecanoes.com](http://www.venturecanoes.com)

## Werner Paddles 4-piece blade options

Werner Paddles now offers blade options on their current 4-piece Premium whitewater paddle. This includes the blade design of the Side Kick, Player, Twist, Powerhouse, and Sherpa (fiberglass blades only).

A 4-piece allows for quick breakdown for traveling and easy packing. This feature allows for paddles to fit easily inside boats or luggage. They are also the perfect break down paddle for back up and safety.

The blades are the same advanced designs that they use on their 1-piece paddles and offer performance and durability with the quality that Werner Paddles have earned.

[www.systemxkayak.co.uk](http://www.systemxkayak.co.uk)

**Tel:** 01189 773 709



# Aquatherm spray deck

Superstretch Aquatherm Spray Deck with Adjustable Waist. A lightweight revolutionary design. Ideal for slalom, sea kayaking, polo, touring and recreational use. Draw cord waistband – that's what the company blurb said anyway.

I have been using the aquatherm deck on a weekly basis now for the last month or so and it would take a great deal to wrench it away from me. This is one of the finest spray decks I have used!



What do I like about this deck – well where do we start. For starters it is very light and when packed takes up very little room due to the thin nature of the material used in the construction which Chillcheater claims is 20 times more abrasion resistant than neoprene. The same fabric makes it very easy to stretch and attach to the kayak with the minimum of fuss and when it is on – forms a fantastic fitting tight seal. If you are paddling a touring kayak with a wide cockpit a good tip is to wet the deck which will make it even easier to attach.

The other advantage is the competitive cost of around £40-45 which is cheaper than many decks on the market. The adjustable waist is the finishing touch that brings it nice and snug to your body. I have been very impressed with the deck's durability and how comfortable it is.

Combined with all the above I would quite happily recommend this spraydeck to anyone whether a beginner or experienced – it will make your paddling life much easier and more comfortable.

### Custom Fitting

Reed Chillcheater keep a number of standard boat cockpit sizes, but please check with them. If your boat is more unusual, then you may need you to trace the outer edge of your cockpit and mark on your seat position on newspaper and mail it to them. Details on the web site.

Price: £44.00

**Andy Pearson**

**Tel:** 01271 815828

**Email:** [reed@chillcheater.com](mailto:reed@chillcheater.com)

[www.chillcheater.com](http://www.chillcheater.com)

## PADDLE THIS

# New Perception Carolina 12 and 14 Expedition

The 2007 Carolinas are Perception's all-new versions of their popular touring kayak.

These kayaks have many of the user-friendly characteristics of their predecessors with enhancements including a new v-shaped hull with soft chines works in combination with tracking channels to make the Carolinas easy to handle and true tracking for all abilities of paddler. The Carolina's signature stability and versatile performance remain key benefits and have been tweaked.

Comfort is an important feature of the roomy cockpit. Both comfort and control on longer trips are enhanced by the supportive Zone backrest system which gives a personalised fit to all paddlers.

To complete the package a padded seat and padded thighbraces are fitted as standard.

Secure gear for overnight or extended trips in the front and rear stowage compartments which are accessed through dual density hatches.

For added response in all conditions you can add their unique rudder and 'Tip Toes Footrest System' combination as an optional extra.

### Features

- Superlinear polyethylene shell.
- Tracking hull.
- Contour moulded seat with thermofoam pad.
- Zone adjustable backrest system.
- Padded thighbraces.
- Adjustable pedal footrests.
- Front and rear dual density hatches.
- Front and rear flotation bulkhead systems.
- Deck elastics.
- Deck lines.
- Rudder option.

	Carolina 12 Expedition	Carolina 14 Expedition
Length:	366 cm	427 cm
Width:	66 cm	62 cm
Weight:	23 kg	25 kg
Max load:	150 kg	170 kg
Cockpit:	100 x 55 cm	100 x 55cm
RRP:	£499.99	£550.00





# pyranha

**Rapid+**  
OUTFITTING SYSTEM



4TWENTY



RECOIL



STRETCH



H3



**For more information or to try a demo call into your local Pyranha dealer:**

- AS Watersports: Exeter 01392 219600 [www.aswatersports.co.uk](http://www.aswatersports.co.uk)
- Bear Creek Adventure: Upton Warren 0870 0508203 [www.bearcreekadventure.co.uk](http://www.bearcreekadventure.co.uk)
- Brookbank Canoes: Stockport 0161 4741499 [www.brookbankcanoes.co.uk](http://www.brookbankcanoes.co.uk)
- Canoe Kayak Trader: Leamington Spa 01926 889928 [www.canoekayaktrader.co.uk](http://www.canoekayaktrader.co.uk)
- Carlisle Canoes: Carlisle 01228 531703 [www.carlislecanoes.co.uk](http://www.carlislecanoes.co.uk)
- Brookbank Canoes Scotland: Perth 01738 622723 [www.brookbankscotland.co.uk](http://www.brookbankscotland.co.uk)
- Desperate Measures: Nottingham 0115 981 6815 [www.desperate-measures.co.uk](http://www.desperate-measures.co.uk)
- Highland Canoes: Aviemore 01479 810116 [www.highlandcanoes.co.uk](http://www.highlandcanoes.co.uk)
- Kent Canoes: Wrotham 01732 886688 [www.thecanoeshop.co.uk](http://www.thecanoeshop.co.uk)
- Marsport: Reading 01189 665912 [www.marsport.co.uk](http://www.marsport.co.uk)
- Nucleus: Clacton-on-Sea 01255 812146 [www.nucleuswatersports.co.uk](http://www.nucleuswatersports.co.uk)
- Outdoor Active: Berkely 01454 261058 [www.outdooractive.co.uk](http://www.outdooractive.co.uk)
- Paddle Sport: Warwick 01926 640573 [www.paddlesport.co.uk](http://www.paddlesport.co.uk)
- Paddleworks: Bala 01678520808 [www.paddleworks.co.uk](http://www.paddleworks.co.uk)
- Paddleworks: Llangollen 01978 861444 [www.paddleworks.co.uk](http://www.paddleworks.co.uk)
- Robin Hood: Heckmondwike 01924 443843 [www.roho.co.uk](http://www.roho.co.uk)
- Stirling Canoes: Stirling 01786 478820 [www.stirlingcanoes.co.uk](http://www.stirlingcanoes.co.uk)
- UK Canoes: Lancaster 01524 388850 [www.ukcanoes.co.uk](http://www.ukcanoes.co.uk)
- Up & Under: Cardiff 02920 578579 [www.upandunder.co.uk](http://www.upandunder.co.uk)
- West Midlands: Walsall 01922 479279 [www.wmcc.co.uk](http://www.wmcc.co.uk)
- Whitewater: The ITC Shepperton 01932 247978 [www.witcc.com](http://www.witcc.com)
- Woodmill: Swaythling 02380 555993 [www.woodmill.co.uk](http://www.woodmill.co.uk)

**[www.pyranha.com](http://www.pyranha.com)**

No matter  
**how wild**  
or **how mild**  
the water...  
Prijon has the  
**solution**



**prijon**.com

**AVONCRAFT**  
REINVENT VARDY LTD

13 West Burrowfield Rd, Ex.  
Walsgro Garden City, Beds AL1 4TW  
Tel: (01707) 230000 Fax: (01707) 333026  
Email: [sales@avoncraft.co.uk](mailto:sales@avoncraft.co.uk)  
[www.avoncraft.co.uk](http://www.avoncraft.co.uk)



Wherever there's water



**Dagger**  
Europe

Demo Days 2007

**May**

19th - Marsport - Reading  
20th - Brookbank - Manchester  
30th-31st - Royal Bath & West Show - Shepton Mallet

**June**

1st-3rd - Royal Bath & West Show - Shepton Mallet  
10th - Hereford & Borders Kayaks - Nr. Hereford  
17th - Whitewater the Canoe Centre - Shepperton  
23rd - Outdoor Action - Cardiff

**July**

8th - Paddlesport - Stratford

**October**

6th - AS Watersports - Exeter  
20th-21st - Northwest Paddle Festival - Manchester

Please visit our website for more info:

[www.daggereurope.com](http://www.daggereurope.com)

Kayaks for : whitewater : expedition touring : day touring : recreation : surf : play

Kayak - Fiesta 9.0  
PFD - Rec Adventure by

