FOCUS E

FOSTERS DRAUGHT INTERNATIONAL SLALOM, LLANGOLLEN

Each year the event seems to grow and grow, twelve nations actually competed whilst entries were submitted from 14, but Italy and twelve nations actually Japan did not compete.

competition started on The Thursday with a three nations match between Great Britain, France and between Great Britain, France and Czechoslovakia under the new rules which are to be adopted from 1986. Competitors were confronted by an interesting course on the Serpents Tail site, in which Alan Edge had designed several gates which it was obvious would be quicker in reverse designed several gates which it was obvious would be quicker in reverse. It proved that with careful design and good water it was possible to include the skill of reverse technique. The short course (20 gates) on very high water produced an absorbing spectacle including Ishbel Grant being pulled under between the last gate and the finish to lose out on her run. The new rules gave some interesting results gave some interesting results with Richard Fox winning on this 150 second course by an amazing 15 seconds, Gail Allan beating Liz seconds, Gail Allan beating Liz Sharman, and Martyn Hedges breaking the grip of Hearn and Lugbill to prove that he is still a world contender. Overall Britain (71 points) won the nations cup easily from France (51) and Czechoslovakia (47), in an event which will become a regular contest between these between these three overall top nations.



days competitors, while Alan Edge's team of 'course erectors' moved to the Town site, the main event commenced on the railway side of the Town site
- for the first time in many years.
Only Albert Woods, our ICF official
could remember that side being used before. After the regional team on Saturday morning the main event, the International individuals commenced. In the youth event England dominated the field taking England dominated the litera taxing the first three places (Hansell, Crosbee and Raspin) whilst in Cl, Hedges, (219.52) was unable to repeat his midweek success and finished third behind Hearn (203,71) and Lugbill (206.67) giving Hearn a rare win over the World Champion.

In the Ladies event, Liz an (220.02) narrowly regained Sharman her lead over Gail Allan (221.26) but after a poor first run Yuri Kasuda of the USA capped a fine USA performance by paddling 218.72 clear to take the gold medal.

In C2 the English team were strengthened by Jamieson/Williams who had been unable to compete on Thursday and they showed their class

Thursday and they showed their class to beat Saidi/Daval (France) by 2.51 seconds and all four English C2's finished in the first seven places.

Again Fox dominated the kayak event to be unbeaten in 1984 in a time of 189.84 followed by Ivan Hilgert (191.47) of Czechoslovakia.

Richard now disappears to Australia Richard now disappears to Australia

Compliments of the Season and a Prosperous New Year

production schedule for Canoe Focus necessarily requires that Christmas Greetings are conveyed to time which, until recent years has seem distinctly un-Christmasy. However, now that the lights are lit in Oxford Street in late October, and television advertising is cominated by apportant and television. readers at the end of October, a time which, until recent years has an excord Street in late October, and television advertising is Saminated by exhortations to buy Christmas gifts immediately the summer holidays are over, it has become somewhat easier to arouse the Christmas spirit. Whether this will remain with us until the 25th December of course, will depend upon our individual stamina and ability to maintain all that bonhomie for almost two months. Premature or almost two months. Premature or otherwise however, there can be no doubt regarding the sincerity of the doubt regarding the sincerity of the good wishes and seasons greetings which the editorial board of Canoe Focus convey to their readers. Enjoy your Christmas festivities, good luck, good canoeing, and prosperity to you all in 1985.

to continue his winter build up -Australia is his secret perhaps weapon.



In the team event English Ladies (Sharman/Allan/Davies) easily beat the French World Champions whilst in a combined Canadian event, Hedges paddling with Lugbill and Hearn were unbeatable.

However in the Kl mens, it was different story with several rong teams. Finally strong team Czechoslovakia

(Hilgert/Hilgert/Simek) 211.25 won the KI mens event as France (215.45) and England A (220.84) (Fox/Smith/Jones) had collected 5 and 10 penalties respectively.

England Youth (Hansell/Raspin/Crosbee) (Hansell/Raspin/Crosbee) were unlucky not to beat the British World Champions finishing fourth less than half a second behind them. For the Grand Prix a large crowd packed the course and with an

crowd packed the course and with an energetic commentary by Albert Woods and Jez Taylor, that well known Cl pair, it produced a real spectacle. Simon Green won the youth event in a time half a second faster than Fox. Whilst Lugbill, Sharman and Fox won their respective classes. In C2, eleven crews were competing and only two managed to finish this difficult course down the Town fall side.

KWAI SEND OFF

There are two River Thailand, the Kwai Noi, and Kwai Yai, meaning literally, big and small! The Kwai Noi, the same river along whose side ran the death railway of World War II, has heep earmarked since Christmas 1983 been earmarked since Christmas 1983 as the setting for a canoeing voyage of discovery.

Peter and Jane Salisbury and Peter Barton left on 4th November to carry out an expedition not undertaken before, down the 350 miles of the river from its main source near the 'Three Pagodas Pass' by the Burmese border to its end where it flows into the Gulf of Thailand.

Salisbury Peter a founder member of the International Long River Canoeist Club, is an River Canoeist Club, is an experienced expedition leader, and spent three years in Far Eastern River jungles. The photography will be in



His Excellency Dr. Owart Suthiwart - Nareput, Thai Ambassador with the Photograph by Brin Hughes

the capable hands of Peter Barton. an experienced canoeist, who led an expedition to India in 1981 to canoe the Ganges. He is a member of a London photographic group. Jane who will be in charge of finance, has also undertaken a number of canoeing wentures, but has no jungle experience. A fourth member, Geoffrey Bladon, was to have taken part but, as a constable of the part but, as a constable of the Devon Constabulary, unfortunately has committeents in the North of England preventing him from going.

Initial enquiries made to the Thai Embassy in London and the Royal Forestry Department's Conservation Division in Bankok were favourably received and an invitation extended to the team to visit the Thai Ambassador in London and discuss their plans and aspirations before departing.

Excellency Dr. Owart His Suthiwart-Nareput and his secretariat listened with interest and were most concerned that they should be allowed help in any way possible to enable the team a smooth passage without the aggrevation of any 'red tape' with customs or other authorities. They offered to authorities. They offered to prepare both an explanation of their intended expedition and lists of personal effects and equipment in Thai. The Ambassador asked if the team were aware of the crocodiles in the area and if they had something with them to frighten them away. He warned against carrying firearms as he explained that they might be mistaken for the revolutionaries who are still fighting the Burmese soldiers. The Ambassador was amazed by Jane who cheerfully told him that she had never before left England let along paddled down a tropical river, but sincerely wished them every success with the mission.

The aims of the trip are:
to be the first expedition to cance the River Kwai from limit

of navigation down to the sea. to compile a photographic re record

of the varied animal life that exists along the banks of this infamous river. (Peter said that they were likely to encounter

bear, red wolf, black panther, tiger, 30 species of poisonous snake and two types of

crocodile, river and sea!)
to study the possibility of using enlarged Satellite
photographs as a sole means of

navigation (conventional maps are not available owing to the river's close proximity to the

Burnese border). to 'field test' items of equipment

donated by various suppliers
under arduous expedition

conditions.

Apart from the esturine crocodile, 4.5 metres long and a notorious maneater, the Tropical Medicine School in Birmingham advised that the area is 'the most malarial in the world'. However the e world'. However the satisfied with the team seemed precautions they were taking which included flares, to ward off included flares, to animals, and two antimalarial drug. types

support towards the Financial cost of the expedition has come from a BCU Expeditions Grant of £700, The Wallis Laboratory at Luton provided all the medical supparand Nigel Press Associates supplied enlarged supplies who satellite photographs for navigat Equipment for field testing also been donated by var photographs navigation.

also been donated by various companies.

Here at BCU HQ we wish both Peters and Jane every success and a safe journey. We hope that they will share their experiences and adventures with us when they return on 23rd November.

BCU AGM Notice

Members are reminded that Article 18(b) of the Union's Articles of requires that 'Any Association requires that Any motion for discussion at the Annual General Meeting not originating from the Council of Management shall be signed by two full members entitled to vote and be lodged with the Secretary (Director) before the 1st January 1985. Article 13(c) requires that

Naminations of candidates for election as elected members of the Council of Management are to be put forward in the form of a motion. Such nominations should be accompanied by pen portraits of the candidate.

As a consequence of previous vacancies for elected members of the Council of Management, and the completion of their two year electoral term by sitting councillors, there are presently eight vacancies for membership of the the Council.

The 1985 Annual General Meeting will be held on Saturday 2nd March a venue to be arranged in Nottingham.

ARCTIC CANOE RACE

again the intrepid canoeist Hellawell has been in action. Once their success in Devizes-Westminster Canoe Race, when they were first in the Canadian Canoe Class, he and his partner Steve Derwin went to Northern Steve Derwin went to Northern Finland for the Arctic Canoe Race. A considerable amount of organisation had to be done in a short space of time, the most important being to find space on the ferry to Gothenburg for two mini buses and 17 people consisting of Wives, families and other support ew members. As it was the height the holiday season the two buses had to to travel by different ferries different days but three days before the race was due to start we had arrived in Haparanda in Northern Sweden about 800 miles North of

Sweden about 800 miles North or Gothenberg.

The next day was spent driving 300 miles North through Finland following the river Torne and looking at as many rapids as possible on the way to the race start at Kilpisjarvi. Travelling through Finland was effortless due to the sparseness of the population, at sometimes there were more sometimes there were reindeer on the road than cars.

The day before the race started spent in final preparations, of the time being used to make adjustments to a spray cover which was essential for negotiating rapids. It had been especially made for this race but was to prove disastrous due to the fact that it did not fit properly and it leaked!

The race was over 300 miles of lake, river and rapids and was completed over six days. As the first stage to Karesuvanto was 112 kilometres the start was scheduled for 3.00 am but this did not prove

KILPISJÄRVI-TORNIO/HAPARANDA 29.7.-4.8.-84



to be difficult because at that latitude which is well into the Arctic Circle there was day light for 24 hours each day.



team were in the Canadian Canoe Class. At the start of the race there were 16 entrants, 11 from Finland, four from Sweden and our entry from England. Day one started well but some large rapids had to be negotiated and with an inefficient spray cover a considerable amount of got into the canoe making its handling difficult and meant that stops had to be made to empty out the water. At the end of day one it became apparent that the cance had been damaged on a rock and some of the support crew had to spend all night repairing it. However it was ready for 9.00 o'clock the next day. At the end of the six days Dave and Steve had completed the course with a total time of 54 hours 50 minutes and were placed fifth out of the 16 and were placed fifth out of the 16 who had started. They had gained a lot of experience in entering this race and a lot of pressure derived by the support crew in watching the race particularly at the many large rapids. Several canoeists were unlucky in that they had to be rescued from the water by safety boats but luckily none were injured. Although Dave and Steve were not able to finish in the first three places, (in fact the first four places went to local crews who had knowledge of the river and had in fact canoed parts, if not all of it before). They did however, win the race particularly at the many large before). They did however, win the Classic Series which is decided on the total times between the two Devizes to Westminster, and

Development Team Appointed

During the past few weeks the Union has been busily engaged in advertising, interviewing, and appointing their development team, as a consequence of the implementation of their "Programme for Expansion"

Carel Quaife has been appointed as Carel Quarte has been appointed as National Development Officer to take over from Dave Lawrence who left last summer. Carel expects to take up his new position in the New Year. Carel has had a long and varied canceing career based in Birmingham and can bring a wealth of canceing received with his new reall as his knowledge with him, as well as his commercial expertise gained in sales and stock control management. Carel became a BCU Coach in 1962, and has been involved in many aspects of development as a voluntary officer. These include developing the regional structure of the BCU, re-structuring the Coaching Scheme as Chairman of the Coaching Committee, and as Chairman of the Access Committee .: trenuthening the Access team and guiding the Statement of Intent through to its imple mentation.

Guy Baker takes on the new regional appointment of London and South East Regional Development Officer with effect from 29 October. Guy has been canoeing for 6 years and is a Senior Instructor living in Greenwich. He has been actively involved in instructing canoeing in London and the dock area of Lewisham.

He has organised and led the London Youth Himalayan Canoe Expedition to N. India this year.

Guy has a degree in Communication Studies with Sociology and has recently on 1 sted a Diploma in Recreation Management Studies.
Ann Gillespie from Worcester has taken on the new appointment of Midlands Regional Development Officer to cover the East and West Midlands Regions with effect

from 1st November. Ann has been canoeing for 17 years and has been a competitor in all disciplines since 1971, having represented Britain in Wild Water Racing on several occasions. She has a been involved in the Coaching Scheme and obtained the Coach and Competition Coach awards this year. She produces the Wild Water Racing Yearbook and has been the West Midlands regional secretary

Ann has a B.A. in Recreation
Management and Physical Education
with sports science and has recently been working with Worcester City Leisure Services Department in community based leisure. The Union extends a very warm welcome to all, and look forward to many interesting and exciting new initiatives within canoeing during the next

Rt. Hon Olympic Reception



Eric Jamieson, seventh with Stephen Train, in the final of the C2 500m event, at the XXIIIrd Olympic Los Angeles, pictured here shaking hands with Mrs. Thatcher. The occasion being celebrated was the return of the British Olympic Team from Los Angeles, marked by a reception at Lancaster House in their honour, hosted by the Prime Minister and Mr. Dennis Thatcher.

ROUND BRITAIN CANOE **EXPEDITION**

On Sunday 15th April 1984 three instructors from Outward Bound instructors from Outward Bound Wales, namely:- Jon Moore, his wife Dawn, and a friend Maggie Annat set from the Humber Bridge Yorkshire to canoe around Britain. They returned on Wednesday 3rd October 1984. They managed to gain sponsorship in the form of goods from twenty five firms. goods from twenty five firms. Whilst undertaking the trip for pleasure they also raised money for the ... Trust. RNLI and the Outward Bound

three canoeists were totally self sufficient for the entire trip, having no land back up. The Outward Bound School served as the expedition's headquarters with the canoeists phoning in as often as possible to receive messages and in return notify the HQ of their return progress.

Throughout the trip the group liaised closely with the Coastguard, using a VHF radio in a waterproof

The expedition took 172 days in all, 40 of those were spent off the water. 2430 nautical miles were paddled in 670 hours giving an average speed of 3 1/2 knots. Their successful circumavigation means successful circumnavigation means that Jon and Dawn become the first married couple to complete the trip. Apparently a German lady canoed around the British Coastline in 1935 dround the British Coastline in 1935 (it is rumoured that she went through the Calendonian Canal). Dawn and Maggie are the first British women to complete the trip.

All being well Dawn Jon and Maggie will be on the ILRCC stand at the Canoe Exhibition in February.

YEARBOOK UPDATE

Please delete the following entry from the Coaching Organisers which appears on page 39.

Ol J C Whitworth,

Woodlands, Brackla, Bridgend, Mid

STOP PRESS

SUBSCRIPTION REMINDER

Those members Those members whose membership e xpired at the end of October 1984 should note that it is now overdue for renewal. This will be the last communication you will receive from us until your renewal is received.
A renewal form was enclosed with the last copy of Canoe Focus and another copy is enclosed for those members who have not renewed.

At present we are not able to accept membership on the Direct Debit system but computer software is expected during the month to enable us to commence this operation. However it will not be mossible to a very foor. operation. However it will not be possible to pay your fees, on this system, in retrospect. Members who have registed an interest in this method of payment should pay for 1985 by cheque and the appropriate forms for next year will be forwarded as soon as the will be forwarded as soon as the system has been set in operation.

WANT TO FORM A CLUB? - FUNDS AND BOATS PROVIDED

There are a few canoe clubs in the above area but with the expansion of interest in canoeing, it could be that you find your nearest club not quite near enough? Or perhaps not offering the activities that you personally would like?

on deposit, Funds exist on deposit, awaiting the enthusiasts who would like to form their own club at the well known centre, Ravens Ait on the Thames at Surbiton. The Centre's own canoes and kayaks are available for use at a moderate charge but some funds await the founders of a subth for the purpose of initial Funds exist club for the purpose of initial liabilities such as postage and photocopying, to get the club afloat.

For further information write to The Warden, K. Hartle, Ravens Ait, Portsmouth Road, Surbiton, Surrey. KT6 4HN.

GONE MISSING - CAN YOU HELP?

An all white Meran Slalom kayak went missing at the Tail Slalom. The Meran was brand new and still in its

If anyone can help recovery please contact: Pyranha Watersports Centre, Marina Village, Preston Brook, Runcon, Cheshire.

SAFETY I'ST AT STANLEY

As the water at the weir at Stanley has been so low this year it has been possible to have a good look at the spikes there. Mary Conacher, Tay River Advisor, Dundee forwarded the sketch below as a guide to canoeists who intend to use the weir.



Sketch to show approximate position of spikes on weir, Chute I is the safest route.

FROM A FLOOD TO A TRICKLE ON THE TRYWERYN

In the last Focus Extra we announced that weekday releases would be made during the winter to generate electricity. However it has been during electricity. However it cancelled due to the summer drought and no releases are expected on the river until the end of January.

THE RIVER RATS

River Rats was formed 'to promote the descent of rivers throughout the world by kayak, canoe, or raft by providing a place for the exchange of information and ideas'. We extend a warm welcome to visitors to London. Whilst the club itself does not orremise any trips or commenter. bondon. Whilst the club itself does not organise any trips or compete, we have a membership of about 100, most of whom are active WW paddlers and we can probably put you in touch with a local club or group.

VIVRE LE KAYAK POLO

Earlier this year British Canoe Polo teams were invited to Caen, France for an International tournament. 3 English and 1 Welsh Team accepted the invitation competing against 3 French, 1 German, 2 Dutch and 2 Belgium teams. Bere Forest, Luton Tigers "B" and Mewridian were the

Tigers "B" and Mewridian were the English Teams and Dragon (a new team), the Welsh.

The venue was delightful. An open air heated swimming pool, the likes of which we just don't have in this country. We were accommodated in a nearby sports hall and fed (Saturday evening and Sunday morning) in a local cafeteria. It

just shows what can be done with the right facilities. (Both of which the Canoe Folo Committee is lacking

in this country).

On Saturday the qualif matches were run in 4 pools of 3 teams. Bere Forest and Tigers the qualifying wor their matches easily. Bere Forest scoring 12 and conceding none, Tigers "B" scoring a grand total of 17 and conceding none. An up and coming Meridian team with an imported French player were unlocky. imported French player were unlucky to loose both their qualifying matches against French

teams. Dragon won one and lost one, therefore coming 2nd in their league. Bere Forest and Tigers "B" won all their 2nd round matches. Dragon unfortunately were drawn against both these on form English

teams and lost.

A foggy Sunday morning saw some s suffering from the previous ts indulgence. The 4 players nights indulgence. The 4 players from Meridian who the previous evening had been making fun of Tigers "B" because they were 1st game on the water, had the tables turned on them when the games were reversed. These 4 brave lads from reversed. the London Dock area, looking the worse for wear with headaches and bags under their eyes, took to the water. They started well scoring 2 goals but an improving Dutch team gradually overhauled them to gradually overhauled them to eventually win 4-2. Determined not to go home without a win, Meridian beat Bruges 4-0 to come 11th Bruges 4-0 to come 11th

1. Full marks to a team overall. who are new at Canoe Polo and are prepared to travel, even to another country in order to gain experience.

Dragon, improving all the time,

Dragon, Improving all the thie, beat Flanders 4-3 for the 7th/8th play off. This newly formed team who managed to get to Caen in one piece despite Ian Williams' driving, got the prize for the team having

most players sent off.

It was now semi-final time with

two French teams and two English teams in a straight K.O. The French organisers wanted Bere Forest and Tigers "B" to play each other as they were looking the best two teams, and wanting a French team in the final. After protesting, Bere Forest drew Normandy and Tigers "B" drew Brittany. Tigers "B" had a hard game, had most of the possession but none of the breaks and were unlucky to loose 2-1. Bere Forest also had a hard game, but with rallying support from all the British contingent, eventually won

With the games lengthened to 15 mins each way, Tigers "B" managed to get Greg Smale out of the doledrums and win the 3rd/4th play off by 8-5. Bere Forest had another hard game but won the final 4-2, much to the delight of all the supporters.
Some beautiful silver cups were

presented to all teams up to 8th place plus a bag of goodies (glasses, posters, cocktail shakers

With so many countries present, the opportunity was taken to discuss the formation of International rules. It was felt that the ICF would welcome this initiative being taken by the players. After hour discussion in sev languages, a basic set several nour discussion in several languages, a basic set of International rules were agreed which will be implemented by those present for the next two years. All rules agreed to are similar to the British rules with the exception of the goals which will be water polo type coals type goals.

Ten out of ten to our hosts whose organisation was very good and who looked after us well.

SPORTS ROUND UP

Bere Forest

Brittany 'A Luton Tigers 'B'

3)

Normandy

Hamburg

Brittany 'B' Dragon

Flanders Artois Trekvogels

10) Sloterplass

Meridian 12) Bruges

VERITY BARFOOT

GB YOUTH WW RACING SUMMER TOUR

Philip Dean Manager

Duncan Eglin .

Assistant: Paul Sleney

During the Summer twelve 'A' team paddlers visited various venues in Austria for a duration of just over two weeks. The main objectives for the all male group of 10 Kl's and 1 C2 pair were firstly to experience waters not normally available in the waters not normally available in the U.K. and secondly to take part in an international competition. For this purpose the group travelled to Landeck, where rivers such as the Upper Inn, Lower Inn, Sanna and Trisanna were easily accessible. Several days were spent there, paddling, swimming and rafting, the latter serving as a break from the canceing when the group seized the opportunity of being put into the canoeing when the group seized the opportunity of being put into the hands of super grin himself, the notorious lady-killer, Klammer Jez Taylor, of Cl fame! JT's new venture of rafting down the Inn proved a memorable experience though not a good example in routes for the young river racers! However, if paddlers do venture into the area a good time is quaranteed. is guaranteed.

Rivers were particularly high possibly as a result of bad weather possibly as a result of bad weather in previous months. Only days before our arrival did the sun have an impact on the glaciated slopes of the mountains. It sent familiar silver/grey alluvium-coloured waters surging down the valleys, peaking in late afternoon. The rivers claimed several swimmers but fortunately no loss or damage to either equipment or people Lofer, several days later. or people Infer, several days later, a stark contrast to the bouncy waters of the Inn but was a a stark contrast to the Louncy waters of the Inn but was a convenient mid-point to Spittal. Also in contrast, the group was treated to four days continuous bad weather. So there was little opposition when a decision was made to move on to the final destination. Spittal, for the 7th International European Youth Championships. this was intended to be the climax of the tour, but instead the team was tour, but instead the team was subjected to an abysmal example of organization and communication. The level of the river Moll was as indecisive as the timekeepers themselves and unfortunately the irregularities in the timing and positions, especially in the mens Ul8 class, cast an air of caution amongst some of the paddlers.

In fact, on the results sheet, a certain Stefan Greier of the G.B. team, finished in first - who
?!? Splits showed the
positions were undoubtedly is he ?!? incorrect, but with lack of strong evidence and other protesting evidence and other protesting nations, the positions stood. However, despite all this our Youth protesting team - Stamps, Tomlinson and Marshall - for the second year running claimed the Gold Medal and running claimed the Gold Medal and the title of European Team Champions. To confirm the depth of our Youth river racing, the second team, Bell, Lang and Febrey achieved a bronze medal, and 6th position for Davies, J.Slater and Curtis out of 19 teams.

a cautious note, with the of the French and main paddlers coupled with the On a unsatisfactory handling of the race itself, it endorses the fact that the Austrian instigators of the race have yet to prove their organising ability before the European Youth

additive before the European Youth Championships can be made official. Finally, a word of thanks to Chris Hawkesworth's Wild Water Centre for producing the distinctive red, white and blue cags, now a standard hallmark of the Youth Team.

Stamps-Tomlinson-Marshall



Poik-Peison-Peisunl 30.09.62 Austria I Bell-Lang-Febrey 30.15.29 GBR TT

GBR II Curtis-Slater-Davies

Mens Kl Ul6

1 Neil Stamps Birmingha 30.46.01 Thomas Higler BRD 30, 52, 01

Andrew Curtis Herts 31,12,01 Nick Slater 32.19.01 Accrington

Ladies Team CC Verone

Italy 32. Stapleford-Campbell-Stolton 32. 32.47.05 32.56.73

1 Stercl-Stercl TCH 33.24.08 Nicholas-Farr Lowestoft 34.53.03

Mens Kl Ul4

Matthew Febrey 22.31.09 Herts

Herbert Rirsch 22.34.04 AUT PHILIP DEAN, TEAM MANAGER

DUNCAN EGLIN

Duncan, coach to the National Youth Wild Water Racing Team, met an untimely death in a climbing accident in the same range of mountains where, shortly before, had been coaching the youth team while on their Summer tour in tour in Austria. He will be sadly missed.

LUDLOW SLALOM - RANKING CLARIFICATION

I would like to inform slalomists who took part in this event, and who don't already know, of the drastically misleading nature of the results published afterwards. Anyone unfortunate enough to believe those results would incorrectly assume a percentage good enough to ensure end of season promotion.

The results sent to paddlers showed mens and ladies percentages based on one and a half x average and not corrected as supplied to the

Ranking Compiler.

This means that the mens published results of 56.9 - 95.0% are in fact 85.6 - 143.0%.

are in fact 85.6 - 143.0%.

To obtain an approximate percentage for the mens or ladies event multiply the published result by 3/2 and add .5 for rounding

error.

Thus the correct percentage = published best total x 100 published average

Mrs P Scaife Division 3 Ranking Compiler

THE EXE DESCENT

Over the years the Descent has grown from a modest local affair to a major national event, attracting almost 600 competitors from all

almost 600 competitors from all parts of the country.

The size and nature of the event presents a variety or problems. As organisers, we are concerned for the safety and well being of all competitors. We therefore wish to bring to the notice of all entrants, through their group leader/organiser where necessary, the following points:

1. Crash Helmets and Buoyancy Aids: Whilst it is normal practice for WW Racers and slalomists to wear these, for other groups it may not

these, for other groups it may not be part of the accepted pattern. All paddlers MUST wear buoyancy aids or life jackets. We recommend that helmets are worn. Even in flood

conditions the River is very shallow in places - there are rocks and metal spikes in the river bed, low bridges, overhanging branches: say nothing of the other canoes and paddles flying around.

2. Minimum Age: The minimum

2. Minimum Age: The minimum age is 16 on the 1st January preceding the Race. However, over the years younger paddlers have taken part. Letters of consent are on the lst January. These letters should indicate the paddler's date of birth. Under age entries will be returned.

3. Level of Ability: The Descent is a serious undertaking. Flood conditions are the norm, and the difficulties become more serious as the race progresses. entrants should be experi paddlers capable to at least 3 experienced or inland proficiency standard. Do not be misled by the abnormally low conditions of 1983. Do not allow yourself to be lulled into security by the presence of teams and rescuers. Entrants still need a high level of personal skills.

4. Clothing: The event is held in the middle of November. The

weather is often cold; the water is certainly cold. A T/Shirt and shorts are insufficient clothing particularly for those facing up to 4 hours in a canoe including a potential swim. Please dress

accordingly.

These notes are issued to emphasise to all potential entrants the hazards and likely difficulties. Entrants should not be misled by the low water of '83 and the teams of rescuers into attempting something which is beyond their capabilities. Leaders of groups of juniors are urged to pay particular attention to the level of skill of their members and to ensure that all entrants are properly briefed. properly briefed.

Entrants are once again reminded that the Descent is a RACE and not an organised tour. Those wishing to tour should make their own arrangements through the River own arrangements through the River Adviser/Local Access Officer, Jeff Felton, 33 Widecombe Way, Exeter. Members of Exeter Canoe Club are available to act as River Guides if required. Dennis Walls, Secretary, Secretary, Exeter Canoe Club, 3 Endfield Close,

Exeter.

FAIRBAIRN MARATHON

Fairbairn-Fiat Marathon sponsored by Harry Fairbairn Ltd., and well organised by Irvine Canoe Club was very enjoyable, thanks to the weather, the location, and having been given access to the new Maritime Museum premises.

We had direct access to the new

slipway for launching and landing as well as a wide clean area for cars

and picnics.

In the midst of holidays, the field of 32 paddlers was lower than usual but sufficient to put on a good show on the water for the many spectators on the jetty above the start and finish line.

A new course was used due to low water and may be adopted with some modifications as it allows much better spectator enjoyment.

Div. 1 saw good battle between Gary Young and the evergreen Andy Morton , and in K2 Neil West John O'Donovan from Aberdeen University were able to hold Kenny Fraser and John Anderson and pull away to a clear lead.

Prizes were up to standard with a TV for the overall winner and personal radios, cassette players, Parker pens, water-proof watches, sweatshirts and spray-decks for others

From Irvine Canoe Club

YORKSHIRE & HUMBERSIDE

Notice is hereby given of the Yorkshire and Humberside Region's A.G.M. to be held at 7.30 pm on Thursday, 10 January 1985, at the Sports Council Office, Coronet Sports Council Office, House, Queen Street, Leeds.

ALENDAR 198

		CA
Events and May 1985 a	courses occuring	ng before
full ca commencing	re notified bellendar for to 1 April 1985 on 11 February.	the year will be
published in al	on 11 February. 1 cases please se for full details nd one-day cour	end sae to
Evening as	nd one-day cour able in most lo	rses, are calities.
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Canoe Sailing

Open Event Stone SC May 25 27 Centenary Trophy Harwich Town SC Campkin Cup Hayling Island SC Lough Erne Trophy Aug 3 9 To be decided Canoe Week Aug 14 15 Eastbourne SC
Canoes v Contenders
Sep 14 15 Lowton SC
West of England Cup
Sep 26 27 Oxford SC Training Event
Fixtures Sec: Bob Austin, 7
Cunningham Way, Eaton Socum,
Cambs.



Cambs.
Information Officer: Chris
Eyres, Eastcroft, The Street,
Caston, Attleborough.

Coaching course organisers

1. R Hellowell, East Barnby OEC,

1. R Hellowell, East Barnby OBC, Whitby, N. Yorks.
2. G D Roach, Jacsara Bunga, Crossroads, Winstone, Cirencester Glos.
6. P C Pendlebury, c/o Westbourne Yth.Ctr. Birch St. Swindon, Wilts.
7. M T Hodgson, Yth Act.Ctr., Knightsdale Rd, Weymouth, Dorset.
8. R Scullard, 1 Poplar Aven, Stoke Bishop, Bristol, BS9 ZBE.
11. C Millins, 47 Field View, Chippenham, Wilts, SNIS 20T.
14.B Howell, YMCA National Ctr. Lakeside, Ulverston, Cumbria.

15.D.J. Moore, Fallbarrow Hall, Rayrigg Road, Windermere, Cumbria.

Rayrigg Road, Windermere, Cumbria.

18.P Rawlings-Jackson, Ancrum Activities Ctr., Ancrum Rd, Dundee.

19.D Holmes, Riverside Centre, Donnington Bridge, Oxford.

21.J Kuyser, Calshot Activities Ctr The Spit, Southampton, Sod 1BR.

22.P Quill, Woodmill Centre, Southampton, Sod 1BR.

23.T W Haynes, 32 Armour Road, Tilehurst, Reading, Derks.

24.C Roberts, Dolygaer C&C, Dolygaer, Merthyr Tydfil, CF48 ZUR.

27.J R Batsford, 41 Llundain Fach Felinfoel, Llanelli, Dyfed.

29.C Armiger, Sealyham Mansion Act Ctr, Wolfscastle, Haverfordwest, Dyfed, SA62 SNF.

Act Ctr, Wolfscastle,
Haverfordwest, Dyfed, SA62
SNF.

30.A L Buttle, 78 Gwyther St.
Pembroke Dock, Dyfed.

31.M Poole, 14 Parklands Ave,
Parklands, Northampton.

32.J Gill, Outdoor Adventure
Atlantic Court, Widemouth Bay
Bude, Cornwall.

34.J Watson, Skern Lodge O C
Appledore, Bideford, Devon.

35.Mrs J E Bradford, Haven Banks
Sailing & Canceing Ctr, Haven
Road, Exeter.

38.J Hilton, Bideford Centre,
The Pill, Bideford, Devon.

45.C Tee, Bewerley Park Ctr,
Pateley Bridge, Harrogate, N.
Yorks. HG3 5JB.

47.P Airey, Nelson O E C, Plas
Newydd, Llanfairpwll, Anglesey
50.D Hill, 85 Bury New Road,
Ramsbottom, Lancs. BLO OBZ.

53.R Sheriff, 17 Haddon Ave,
Orell Park, Liverpool 9.

54.G Wardle, Leicester O P C,
Loughborough Road, Leicester

57.K Nicol, 9 Dale Road, Thurso
Caithness.

59.Booking Office, Plas Y Brenin,
Capel Ourig, Nr. Betws Y Coed,
Gwynedd. LL24 OET.

60.P Reamey, Parson House Farm,
OPC, Longshaw, Sheffield 11.

61.G Smedley, The Accoms, 94
Jobs Lane, Tile Hill,
Coventry.

65.The Warden, Thames Young Mariners
Ham Fields, Dukes Ave, Richmond, Sy.

66.John Watson, Skern Lodge Outdoor
Ctr. Watertown, Appledore, Bideford
EX39 ING.

67.D Ayres, Capel Cances Ltd, Five
Oak Green, Tombridge, Kent.

EX39 1NG.
67.D Ayres, Capel Canoes Ltd, Five Cak Green, Tonbridge, Kent.
68.C Gritten, The Holmfield, Smallburgh Road, Barton Turn, Norfolk NR12
69.R Drummond, South View, Severn Bank, Shrewsbury, Shropshire.
71.F.A. Pocock, 51 Charles Street Warwick.

Warwick. 72.K Falconer, 48 Church Lane,

/2.K Falconer, 48 Church Lane, Barton-u-Needwood, Burton-on-Trent, Staffs, DEl3 8HX. 74.R Irwin, Abingdon Lodge, 20 West Street, Ryde, IGN. 75.National Sailing Centre, Arctic Road, Cowes, IGW.

Wild Water

Please note change of organisers (The Year Book is correct)

16 Clyde 1 1 Thames C,O,T~ U16/U14 39 S Rennie, Athletic Union, 90 John St, Glasgow 40 J Handyside, 16 Oakley Close, Isleworth, Middx TW7 4HZ

HOW TO ENTER WILD WATER RACING Obtain a race entry card from Miss. A.Gillespie, 13 Spring Hill, Worcester,WR5 1BL. Send an SAE' minimum size 6 1/2" x 4 1/2" (up to 19 cards weigh 60g). Novices (up to 19 cards weigh 60g). Novices start by entering division C. Send fully completed card with BCU card photocopy, SAE and entry fee (£2.00 Div C) to the organiser. Team events £1.00 per boat, open events £2.50 per person, Youth (U18) and Juniors (U16/14) £1.50. Youths and Juniors must be below the relevant age on 1st January which falls in the middle of the appropriate British season, and must show their date of birth on entry cards. Yearbook is sent free to all paddlers who competed during the previous season. £1.50 the previous season. £1.50 (inc p&p) from BCU Supplies for



NATIONAL COACHING **FOUNDATION**

Providing a Service for Coaches

During 1985 in your region the National Coaching Foundation is offering courses in the following subjects.

Each course will be available as evening sessions of 4-6 hours duration.

duration.
The courses will be tutored by experts in their field, and cost £5 each.
Send to your regional sports council for details of dates, times, and venues - a list is included

below.
You may attend as many or as few as you wish.
The courses are not sport-specific, but they will provide basic information and understanding of subjects essential to anyone who wants to help a paddler to succeed.
Attendance will be of benefit to all who are about to enter the BCU Trainer/Coach courses for Slalcm, Merathon/Racing or Wild Water Racing.

courses 1985

1.Role of the Coach 2.Issues in Sport 3.Prevention and Rehabilitation

3.Prevention and Rehabilitation of Injury.
4.Structure of the Body.
5.Developing Endurance.
6.Nutrition and Sports Performance
7.Development of Strength and Speed
8.Analysing Technique in Sport.
9.Use of Video in Coaching.
10.Acquiring Skills
11.Skill Development.
12.Mental Preparation for Competition.
13.Planning an Extended Programme
14.Presenting the Information.

how do you find out more?

Some courses commence in January.
Contact your local Sports Council
Office for details and an application form:
ENGLAND
Northern Region: Durham (0385)49595
North West Region: 061-834-0338
Yorkshire/Humberside: Leeds (0532)

436443/4 East Midland Region: Nottingham

East Midland Region: Nottingham (0602) 821887
West Midland Region: 021-454-3808/9
Eastern Region: Bedford (0234) 45222
Greater London & South East: 01-778-1600
Southern Region: Reading (0734)

595616 South Western Region: Crewkerne

(O46O) 73491. WALES: Cardiff (O222) 397571.