

Canoe Focus

THE OFFICIAL
MAGAZINE OF THE
BRITISH CANOE UNION

VOL. 4 No. 16 1979

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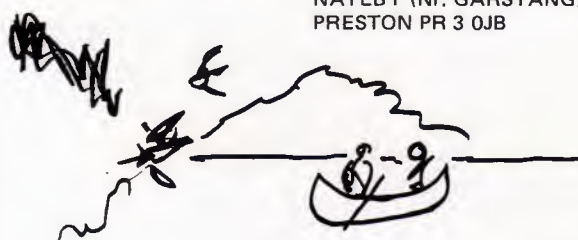
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Canoe Focus

AUGUST – SEPTEMBER, 1979

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FRONT COVER

Canoeist Martin Akery takes a sunset
paddle at the head of Streamstown Bay,
on the West Coast of Galway, Eire.
Picture by Andrew Hall.

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MBE, FPEA, ACP.

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EDITORIAL

First, my congratulations to the members of the British teams, both men and women, who took part in the recent World Slalom Canoe Championships in Canada.

They have trained and fought hard to bring back several distinctions. But more, they have proved we can still produce winners in an increasingly more competitive world, and they should be an inspiration to canoeists from all over the United Kingdom.

Coincidentally, the news of the British achievements has come as a climax to my own era. After five years as Director of the British Canoe Union and editor of Canoe Focus I am resigning.

However, this does not mean an end to my involvement with a sport I have seen develop into one of the country's fastest growing interests. If anything, it is more of a diversification.

Five years as Director, seems to me to have the Biblical ring of an allotted span. Any less would be throwing in the towel; any more, an outstaying of one's welcome and function.

Before I leave the hot seat, however, there is one message that I would care to etch indelibly upon the minds and philosophies of all who hold the interests of the Union at heart.

It is simply that every effort must be made to weld together the divisions of the Union in England, Scotland, Wales and Northern Ireland. In this way we will be able to establish co-operation and understanding, but more particularly a true British Canoe Union.

Finally, on a personal note, I would like to thank all the people who have helped me during these five years of office. For their support and friendship I shall be eternally grateful.

GORDON RICHARDS

STOP PRESS – River Death

A Navy student officer was drowned when his canoe folded after hitting a "notorious" weir on the River Awe near Oban, Scotland.

Sub-Lieutenant Paul Greene, aged 22, was taking part in the Navy canoeing championships when the accident happened.

The Scottish Canoe Association has branded the weir section as dangerous and canoeists are being advised to avoid the area.



This is what it's all about. J. James, of Hammersmith, has excitement written all over his face as he competes in the Welsh Open Slalom Championships at Bala on June 9-10. Picture is by G. Ingram-Monk, and there are more from the same meeting on Page 11.

CAMPBELL FLIES TO SILVER

As if by order, the weather in Canada changed from a hot and sunny day to drizzle and rain for the World Canoe Championships of 1979.

Bob Campbell, the 22-year old from Bedford, paddled his way to a Silver Medal in the XI Down-River Canoe Championships. He was only beaten by four-times World Champion, Jean Pierre Burny of Belgium. Campbell, who has been the driving force in the British Team, led the Team Event for Britain, and official congratulations came from all over Canada, and from David Wain, the President of the British Canoe Union, who along with Councillor Richards, the Lord Mayor of Bala, were guests of the Canadians.

The British Men's K1 Slalom team won the Gold Medal, the team members being Albert Kerr, Richard Fox and Alan Edge.

Liz Sharman won the Ladies' Individual Silver Medal.

**FULL RESULTS AND PICTURES
IN NEXT ISSUE OF CANOE FOCUS**

A GLOWING TRIBUTE...

May I pay tribute to the organisers of the canoe exhibition held on March 31 to April 1 at Meadowbank Stadium, Edinburgh? I know from discussion with many who attended the exhibition that my views are widely shared.

The problems in mounting an exhibition of this nature, particularly as in this case where it is a "first", must have been considerable. Not the least of the worries must be the financial risk involved, and it was with dismay, therefore, that I and others learnt that this venture was launched essentially by an individual canoeist who was *denied* SCA and BCU support!

The organiser was Ron Day, a Community Policeman in the Lothian region area, and a Canoeing Instructor. With a great deal of work and a helluva lot of prayer, Mr. Day, assisted by family, friends and fellow canoeists, launched the "boat" very successfully.

Exhibitors included leading manufacturers of canoes, canoeing accessories, plus retailers of outdoor clothing and canoe-building materials. Personalities from the canoeing world were on hand to relate their experiences and to offer advice — organisations such as the Scottish Sports Council, Lothian Region Outdoor Education Department and the Forth Canoe Club providing information to novice and experienced alike.

A popular feature was the regular film shows mounted throughout the two days. For the dedicated "do it yourself" enthusiast there were canoe building demonstrations in fibreglass.

The exhibitors were apparently very pleased with the results and expressed complete satisfaction with the arrangements and facilities. Indeed for them the Stadium proved an ideal location with ease of access and ample free parking. The proximity to a large indoor sports complex, equipped with snack bar and restaurant facilities and frequented by sports minded members of the public seemed an attractive venue for the exhibition.

At the close of business on the first day, a "post-mortem" revealed that though more visitors would have been welcomed by the exhibitors, they were more than pleased to be free from

the hassle associated with the Crystal Palace exhibition. Better opportunities were provided to discuss fully with each customer his needs, and many of the visitors were apparently purchasers, as opposed to viewers.

Speculation arose at one stage as to whether two Canadians who were participating in a sporting event elsewhere in the stadium were intending to purchase a Canadian open canoe for the homeward trip!

Now that the nettle (or should I say thistle?) has been grasped by an individual, surely the SCA could lend a supporting hand for next year, plans for which I believe are already in hand, and exhibitors have promised to return. So will the SCA act?

The groundwork has been done, the exhibition was financially viable, and indeed I believe a very reasonable donation is to be made to the Royal Hospital for Sick Children in Edinburgh from the proceeds.

During this current period of dialogue between the BCU and the SCA, with reference to greater autonomy for the SCA, this is surely not a time for declaring "Wha's like us?" and yet taking no action to substantiate the boast. Now is the time for the Jim Watt spirit and application, not the World Cup misplaced euphoria. A time for action in support of Scottish Canoeing in all its aspects, not a time for empty boasts.

J. CARDOW

FROM KYAK MAGAZINE:

Much has already been written about the organisation of the SCA and how next year they will take on the functions of a club, and relegate the established clubs to that of second class citizenship. In September they will be independent of the BCU and all subscriptions will be paid directly to the SCA.

In their new situation the SCA will be expected to be the voice of canoeing in Scotland, but how true will this be? Only competitors and a few well-wishers will join the SCA. The majority will be quite happy to enjoy club facilities and companionship for less than half the price of SCA membership. The Forth CC, for instance, has a large membership. It will be surprising if as many as twenty join the SCA for competition purposes.

That will mean at least 100 canoeists are outwith the SCA net; and that is only one club in a small corner of Scotland. It seems to me that the majority of Scottish canoeists are going to be outwith the jurisdiction of the SCA.



Chelmsford Boating Club's secretary, Steve Norton, explains a point at the club's Come And Try It day, which was a great success. Picture by E. Marriage.

Come and try it!

The Chelmsford Boating Club's first ever "Come And Try It" — an open invitation for interested persons to try their hand at canoeing on Sunday, May 27th was a runaway success with well over a hundred local people trying their hand at paddling over the course of the day, with at least a similar number watching from the river bank. Elated club officials feel that the day has considerably strengthened canoeing in the county town, despite the rather unpromising weather conditions.

The original idea of the invitation came from the Sports Council, a representative of whom was present for part of the time, and the Club had arranged for all persons venturing on to the water for the first time to be accompanied by qualified instructors, who were on hand to explain the rudiments of the sport, and to take groups of paddlers — who were both the young and the not so young — on short cruises along the river in a variety of craft.

Inevitably there were a number of spills and unexpected swims, but all the novices were, on instructions, wearing buoyancy aids and helpers were standing by. Despite the rather cold water, no one seemed to have dampened their enthusiasm!

By the close of the day, a number of new members had been enrolled and many other visitors had taken away details of the Club and canoeing in general for further thought.

YOU HAVE BEEN WARNED

It should be noted that buoyancy aids to SBBNF standards produced prior to 1979 were not necessarily of closed cell foam. Damage to the outer cover could therefore result in absorption of water and loss of buoyancy. Regular checking by immersion and measuring the ability to support the stipulated weight is recommended.

Notification has also been received that the French Authorities are likely to enforce their standing regulations regarding unseaworthy

craft not being permitted more than two miles from the French coast. It is understood that under the terms of this Order, vessels which according to their standards are unseaworthy can be confiscated. The Sea Touring Committee is currently investigating the matter with the French Embassy.

In the meantime groups are advised to take note of the possible consequences.

For further information contact Mr. J. Ramwell, 32 The Glebe Road, Huntingdon, Cambs.



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NOTTS. REGATTA

With the biggest international turnout in the event's eight-year existence and virtually all the Eastern Europeans present, British paddlers were inevitably hard pressed to produce results at the Nottinghamshire International Racing Regatta at the National Water Sports Centre, Holme Pierrepont, at the end of June.

At the end of the day, British reactions were mixed. Certainly as far as a number of coaches were concerned there was disappointment. Although between them our senior men and women reached five finals and several good placings in long distance events, it was all too difficult to grasp those medals.

The one big exception, and Britain's best result, came from non-team member Alan Williams of Royal Canoe Club, who chased last year's World's Silver Medalist, the Russian Nikolai Stepanenko, into second place in the Senior Men's K1 10,000 m after a spectacular and well-fought race.

Tragically, an almost certain Silver and Bronze medal triumph vanished in the same event when Chris Ballard hit a start pontoon and capsized with only 2000 m to go. Britain's Brian Greenham finished well up the field in fourth place.

Ballard, Andy Duncan, Steve Hancock and Neil Robson, also paddling for Royal, pipped the British crew, Doug Parnham, Brian Haynes, Martin Harvey and Dave Lawrence to the post in the Senior Men's K4 10,000 m, taking sixth place. The Parnham crew had to be content with eighth.

Our Senior Men's K4 crew managed to make the final in the 500 m event only, but produced a disappointing result, trailing badly in ninth place.

One British team member who did make his mark was Fladbury's Neil Robson, who, in addition to playing his part in the Senior Men's K4 10,000 m, also reached the Senior Men's K1 1000 m final.

In the short distance events the women certainly produced the best results, Frances Wetherall and Lesley Smither's fifth placing in the Ladies' K2 500 m exceeding, perhaps, even their wildest expectations. They then went on to team up with Lucy Perrett and Heather Money to snatch eighth place in the K4 event.



Nicolae Navasart, chairman of the Paddle Racing Committee of the International Canoe Federation, makes a presentation, while Gordon Richards (right) stands by with the salver. Also pictured are action scenes from the Regatta.



DON'T GET US A BAD NAME

Sir,
On Saturday, 26 May, a group of 15 canoeists attempted to paddle from Folkestone, along the Kent coast to St. Margaret's Bay. The weather conditions were not good and the sea state was rough. The wind strength was force 6-7.

Half a mile off Dover Harbour the party was apparently overtaken by the sea and wind strength. Although the group had a fishing boat escort, the 15 paddlers became separated and several capsized. I understand that at one time the seas were scattered with canoeists in both entrances to the harbour. The rescue operation involved Dover Lifeboat, Dover Harbour patrol boat, and I believe a helicopter. Nobody was injured, but one person suffered mild exposure. In general, the group were lucky.

There are no doubt many other facts that could be reported. No doubt those involved in the group will have their own opinion as to what happened. Whatever the pros and cons, in the first instance you will appreciate the clearing up operation was expensive. It certainly did not do canoeing any great favours in the Dover area.

I have written twice to the Adviser for canoeing in this area, but have not had the courtesy of a reply, and really write this letter to emphasize that canoeists who intend to cross the channel or work off the coast from Folkestone to St. Margaret's Bay, should recognize that the sea conditions off Dover Harbour can be extremely difficult.

It is not overstating the case to say that it may well be one of the most difficult pieces of water in the world to navigate. The sea is often extremely confused and the tidal flow may well be in excess of 3-4 knots. On average there is shipping movement in and out of the harbour every seven minutes, as well as hovercraft.

We run a very successful Watersports Activity Programme within the walls of Dover Harbour. Something in the region of 400 young people per week use the facilities. We rely heavily on the co-operation and support of the Dover Harbour Board, whose main concern, let us understand, is running one of the busiest commercial harbours in the world.

Fellow canoeists please do not get our image a bad name by attempting expeditions that do not take account of all the problems that exist.

K. W. MILES
Divisional Youth and Community Service
Officer, Organiser/Principal Dover
Watersports Centre, BCU Senior Instructor,
RYA Senior Instructor, RLSS Teacher,
Deputy Launching Officer Dover Lifeboat

A CHALLENGE FROM BRUMMIES

Sir,
After reading the article on bat polo in the last issue, we would like to raise a point. Now that we have a committee for bat polo, how about them pulling their socks up and organising a league and really pushing the game, so instead of the once-a-year event at Crystal Palace we could also be playing league games all the year round. They must realize that this aspect of canoeing is getting very popular, and we

believe the response to a league would be very good.

In addition, in reply to the footnote concerning the "Polo Explosion" down under, we Brummies hereby challenge the Aussies.

THE BRUMMIES BAT POLO TEAMS,
Birmingham Canoe Club,
c/o 63 Narrow Lane, Halesowen,
West Midlands

A REASONABLE COMPLAINT

Sir,
I have read with interest your postbag in issue No. 15 of Volume 4 of your magazine. I am particularly interested in the letter from Mrs. Linda Smith, who complained very reasonably about the behaviour of anglers on a tidal stretch of the River Tees.

It is difficult for me to take any action on such a reasonable complaint unless I have full and complete details of the incident. The information that I really need is the date, time and exact location of the incident, if the fishing rights of the particular stretch concerned are claimed by any particular angling association or club, and the name and address of that club or its secretary.

If possible, I would also like to have the names and addresses of any offenders, though I appreciate that this would be extremely difficult to obtain. Members are beginning to let me know all about these incidents and I will certainly take them up wherever this is possible, but lack of information makes it rather difficult.

O. J. COCK,
National Access Officer,
British Canoe Union

SAME PADDLE, DIFFERENT PRICE

Sir,
My son has now been canoeing for two years with his school, but during the first year I felt reluctant to buy all the necessary equipment, lest the keenness should waver.

However, I am happy to say that it did not, and I have now purchased all the necessary equipment, but the paddle purchase left me rather angry, to say the least.

Perrys, of Manchester, were offering Wild Water Paddles at £7.60 and in ignorance, not knowing if they were a bargain, I asked if in one week there would still be stock. Assured that there would, on returning one week later I found that the YHA of Manchester had purchased the complete stock.

Imagine my horror on finding that the YHA were asking £13.60 for the same paddles. They could not be persuaded to reduce the price, so reluctantly I bought one.

I consider this to be sharp practice of the highest order, particularly in a sport where many youngsters take part, and I am surprised that the YHA should partake in it.

D. S. BLUNT
25 Dawson Road,
Long Lane, Cheadle

TWO DISGUSTED CANOEISTS

Sir,
As members of the BCU and Wigan Canoe Club, my daughter and I are disgusted.

For 28 years or more I have worked regular nights. When we joined Wigan CC, meetings were Sunday mornings. Shortly after, meetings were changed to evenings. In 18 months we have managed no more than six meetings. It is strangely ironic that most of the Committee work regular days, so it is more convenient for meetings at night. Half the people today work shifts or night work, but such things are not taken into consideration.

At the moment, in the Leigh, Lancashire area I have at least twelve youngsters mithering me about canoeing. What can I tell them, when I cannot attend my own club's meetings without great loss of earnings? Give me water that is reasonable for youngsters to pay a licence for, and I will form my own club.

But £12 per canoe per 12 months for use of canals is disgraceful, especially when it only costs £45 for a living cabin cruiser for all-the-year round living.

I now feel that BCU and the Wigan Canoe Club have sold out canoeists, but wants their subscriptions without helping actual members.

Wigan is seven miles from Leigh, has different school holidays, so takes preference. It has done so with rates, youth problems and swimming baths (closed).

Let us face facts. Wigan has taken over Leigh lock, stock and barrel, robbed the rates fund and put everything in Wigan, while closing down anything that can be called an amenity for youth in Leigh.

Unless there is an outlet for youthful spirit, what will we have? Vandalism.

W. H. R. ARNOLD
76 Sandersons Croft,
Leigh, Lancs.

CALLOUS BOAT THIEVES

Sir,
Could I draw your attention to another unfortunate episode of boat stealing?

My own slalom boat was stolen from my car roof rack whilst parked outside Grappenhall Canoe Club after training on June 5.

I have informed the police and circulated clubs and slalom organisers in the hope that the culprit can be brought to justice and my boat retrieved. There is a £10 reward for the return of the boat, or for information leading to its return.

The boat is a Pyranha Equipe Continental M, Model No. 2062, Registration No. 2420, weight 10% kg, colour gunmetal (silver flake) with red cockpit and trim; competition construction, i.e., three kevlar patches. It was in almost new condition and has an adjustable footrest.

I hope people reading this will think, if they are tempted to help themselves to other's property, that it can spoil a person's canoeing for some time, and also that the person they steal from may not be able to afford a replacement. It is also a criminal offence.

ANN GILLESPIE
Pudgate College of Higher Education,
Fearnhead, Warrington



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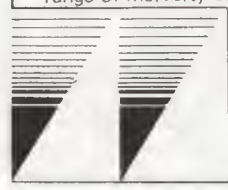
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LET'S GO COMPREHENSIVE

In agreement and co-operation with the various Technical Committees involved, the National Coaching and Development Committee has this season launched a new scheme to help those who want to assist competitors to greater achievement.

An attempt was made along these lines a few years ago, but was not too successful. Lessons learned from that period, however, have been applied and we are now confident that success will be achieved and that consistent support will be given to those qualifying under this scheme.

Masterminding the syllabus has been Colin Gray, of Nottingham Kayak Club, whose work as a coach in the racing world is well known. Carel Quaife, Chairman of the Coaching Committee, has worked with Colin on producing a comprehensive scheme, which has so far been accepted by the Marathon, Racing, Slalom, Surf and Wild Water Racing committees.

Two grades of coach are being assessed, known as "Trainer" and "Coach". "Trainer" courses are aimed at those introducing paddlers to the lower levels of competition. It is designed to attract competitors and non-competitors, and also non-canoists such as parents of paddlers.

"Coach" is aimed at those regularly involved in competition coaching within clubs with a serious competition interest.

Skills analysis and technique, tactics, technical knowledge for the discipline concerned, training programmes and peaking, urban training possibilities, physiology of exercise, cardiovascular training, action of muscle and muscle development, diet, tests and measurement; basic psychology and motivation, coach/paddler relationships and personality, control and safety. All these aspects are covered and the candidate is given a solid base from which to coach with confidence.

The courses run so far have been very successful and have attracted candidates from across the board — competitors, leaders, ex-competitors of high achievement and senior instructors. More courses in all disciplines are planned for the autumn.

Send a s.a.e. to the Director of Coaching if you wish to receive details as soon as they are to hand. Please state which discipline you are interested in — e.g. slalom, racing, etc. The courses, with certain reservations, are available to all BCU members aged 18 years or over.

BRITISH CANOE UNION

NOTICE

APPOINTMENT — Racing Coach and Development Officer

A suitably experienced and qualified person is sought for appointment as Racing Coach and Development Officer. This post has been newly created and the successful applicant will be expected to commence employment at a mutual agreeable date.

QUALIFICATIONS

Whilst formal qualifications will be regarded as indicative of specialised experience, and will be an advantage, an enthusiastic willingness to undertake work which will often be difficult, demanding and of a varied nature, will be considered to be more important. The ability to organise, motivate, and work harmoniously with others is essential.

RESPONSIBILITIES

The Racing Coach and Development Officer will be the Professional Officer of the British Canoe Union Racing Committee, and will be required to perform the majority of duties from the Holme Pierpoint National Water Sports Centre, Nottingham. The primary function of the Officer will be to provide a Racing Coaching Service and to promote the aims and policies of the Racing Committee as directed by them. In fulfilling these responsibilities it will be necessary to organise courses, establish, maintain, and develop relationships with Educational and Youth Organisations, Coaches and Clubs, and provide such services as may from time to time be appropriate and possible.

CONDITIONS OF APPOINTMENT

The salary scale for the post will be related to that recommended by the Sports Council for payment to National Coaches, beginning at £4,101.00 p.a. and rising by 10 increments to £6,558.00 p.a. The initial appointment will be made within the incremental scale £4,101.00 p.a. to £5,091.00 p.a. based upon qualifications and experience. In addition to statutory holidays, 4 weeks annual paid leave will be provided. A private pension scheme is not available at present, but arrangements will be made subject to satisfactory negotiation with the successful applicant. It will be undertaken during the evenings and at weekends, and weekly hours will accordingly be irregular and dependent upon prevailing circumstances. General arrangements for sickness, approved travel, and other conditions of service will apply. Some clerical support will be made available.

APPLICATIONS

Applications should be sent, together with details of qualifications, curriculum vitae and names of two referees to: M. J. Haslam, Chairman, B.C.U. Racing Committee, Planning Branch, C.A.D. Kineton, Nr. Leamington Spa, Warks. A copy of the job specification will be sent to all applicants.

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DIRECTOR OF COACHING . . .

GEOFF GETS A VIGOROUS INHERITANCE

Our new Director of Coaching is Geoff Good. Geoff considers it a great privilege to be afforded the opportunity of working full time in this marvellous sport, and in particular to serve the Coaching Scheme.

First and foremost he is a canoeist, though on his own admission "not a particularly brilliant one". But if a paddler achieves high honours in competition, or an individual or group pioneer new frontiers of canoeing feasibility, such as Dodh Khosi or the Horn, then he says he experiences a feeling of pride — both for the sport, and for those individuals in their success.

Being the type of person who naturally gains satisfaction in passing on new-found interests to others, he gravitated at an early stage in his canoeing to the Coaching Scheme. Such people now constitute nearly 20% of the total membership of the Union. Untold thousands are introduced to the sport annually through their efforts.

Speak up!

The debt which the whole sport owes to Oliver Cock, into whose shoes he steps is told elsewhere. Through the tireless and largely unsung efforts of Oliver, Geoff feels he has inherited a vigorous, outreaching, ongoing organisation. He sees his responsibility as listening to the views of the members, drawing on their expertise, and providing the essential administrative back-up to enable the scheme to continue to develop and succeed.

He says: "If there are complaints, criticisms or suggestions, whether you are within or without the Coaching Scheme, please do not keep them to yourself. We are all in this together, and hopefully seeking to achieve the same ends. So let us all work together in that endeavour".

Coaching is, surely, three-pronged. It has three facets: Introductory, Promotional and Specialist.

A coaching scheme needs to provide a means whereby newcomers to the sport can learn safely, and achieve success quickly. This is what the Senior Instructor system is designed to do.

If we are encouraging newcomers into an activity it seems reasonable that we should feel some responsibility for ongoing participation. This is an area which is increasingly being undertaken by the regional BCU committee, in which members of the coaching scheme should play their part.

Encouragement

Once an individual has chosen the particular part of the pursuit which gives him or her the greatest satisfaction, then it is



Geoff Good

a coaching scheme's responsibility to provide coaching and encouragement to maximum performance. This is the area in which we are lagging, and which is now fast being developed.

An updated framework of Awards to produce competition coaches has now been agreed in co-operation with the various technical committees, and pilot courses have been run.

The BCU is now recommending that a qualified teacher or youth leader who has satisfactorily completed a Senior Instructor Training course should be permitted to undertake canoeing activities with a group of up to eight young people in a sheltered water situation.

Four and Five Star tests have now been launched. The first three grades have proved extremely popular, and lead a beginner on through a natural learning sequence of canoe handling skills, with certificates and badges to show when each "milestone" has been reached.

The Four and Five Star tests separate into wild water or surf techniques.

Canadians

There is a growing interest in Canadians in all branches of canoeing. A course has been arranged at Staunton-on-Wye for 27-28 October where it is hoped we can draw together the many interests — from open touring, to wild water competition.

The course will create a practical symposium to consider and suggest ways in which Canadian canoeing can be promoted and developed; and to consider the tests and make recommendations for their updating. It will also give opportunity for proficiency and advanced testing.

Bulletin

The technical bulletin of the National Coaching and Development Committee is published in April, September and December. Members who have an interest in coaching, and who would like to be kept abreast of developments, are invited to send three foolscap stamped, addressed envelopes to headquarters for copies of the next three issues to be forwarded.

Contributions on any aspect of coaching are welcomed and should be sent to: The Editor, CoDe.

The National Coaching and Development Committee has approved an enquiry into the relative merits of BS 3595 Life Jackets as opposed to SBBNF or ICF approved Buoyancy Aids.

Members and known users will be circulated in due course in order that some statistical evidence can be gathered on which a firm recommendation can be based.

Standards

Arguments still occur about the disparity of standards for tests and awards. A four-fold approach has been agreed and should help to remedy this situation.

1. The proficiency tests syllabi have been more fully defined — NOT changed, merely explained.
2. The system of appointing "Examiners" has been enlarged.
3. An Examiner from outside the region should be included on Awards courses.
4. An annual moderating "forum" is held at the Conference (second weekend in October annually).

If you are a qualified member of the Coaching Scheme and did NOT receive your copy of CoDe between the last Focus and this one, there is something wrong. Please contact HQ giving your Award Certificate number in order that our records can be adjusted.

For full information on any of the above items please write to Headquarters.

SURF TRAINER — 21-23 September. Devon/Cornwall. Full details from Mr. M. Stone, The Old Stables, 1 Bridges, Luxulyon, Bodmin, Cornwall. Please enclose a stamped, addressed envelope. Conditions of entry: 1, Be an individual BCU member aged 18 or over; 2, Be a Senior Instructor (Inland or Sea); or 3, Be a canoe surfer of good standing and apply to the Surf Committee for recommendation for exemption from "Senior Instructor" status.

Welsh wizardry

Some exciting scenes from the Welsh Open Slalom Championships at Bala on June 9-10, captured by photographer G. Ingram-Monk. Below: Goode, of Nottingham University. Right, from top to bottom: Alan Cook of Bath; Martin Hedges of Bath University; and Martin again, trying to get airborne.



ACTION ON ACCESS

BY OLIVER COCK, NATIONAL ACCESS OFFICER

Members will have read the letter written by Dennis Smith, Chairman of The Recreation, Coaching and Access Management Committee, and circulated with the last issue of *Canoe Focus* concerning the "New Look" Access Committee, and myself as the National Access Officer. Well, we've been given a golden chance by the *Daily Mirror* to start off with real zap and pow if everybody does his stuff. Here is how.

On May 16 the *Daily Mirror* published an article under the heading "Anglers are aiming to splash out" and went on to quote Geoff Woodman, the president of the National Federation of Anglers, as saying:

"Look at the facts in our favour. The members have given us an increase in subscriptions and we have just had our grant from the Sports Council doubled to £10,000. The money means that we can look forward with confidence. We can now back associations who need legal help with cash rather than just advice".

Terry Smith, "Britain's Best Fishing Writer", the *Daily Mirror* says, goes on to say: "The setting up of a legal fund has always been a keen aim of the NFA. Now it looks as though they can do it. One of the first uses the money may be put to is a possible battle with the canoeists on the Upper Ouse above Bedford over navigation rights."

Mr. Woodman apparently added: "We don't know the outcome yet. But if the cash is needed then we could make it available".

In its annual report for 1976-77, the Sports Council gave the European Sport for All Charter, which had been adopted by the Council of Europe, who had recommended to member governments that they should base their policies on the principles it contains. The Sports Council

obviously supports the charter in its own Sport for All campaign. But is it doing it as it should?

Article 7 of the Charter states: "Measures, including legislation where appropriate, shall be introduced to ensure access to open country and water for the purpose of recreation".

How can the British Sports Council, who pay 'lip-service to this charter, give money to another organisation which enables it, whether directly or indirectly, to take a dog-in-the-manger attitude in direct opposition to the charter's principles?

If you agree that this is all wrong, I earnestly suggest that you take pen to paper forthwith and write about it.

Write to the Sports Council, both local, regional and national. Write even to the *Daily Mirror*. Write to us about it. Say what you feel, say it loud and clear. Say it 'til the country rings with it. Then somebody may wake up and do something about it.

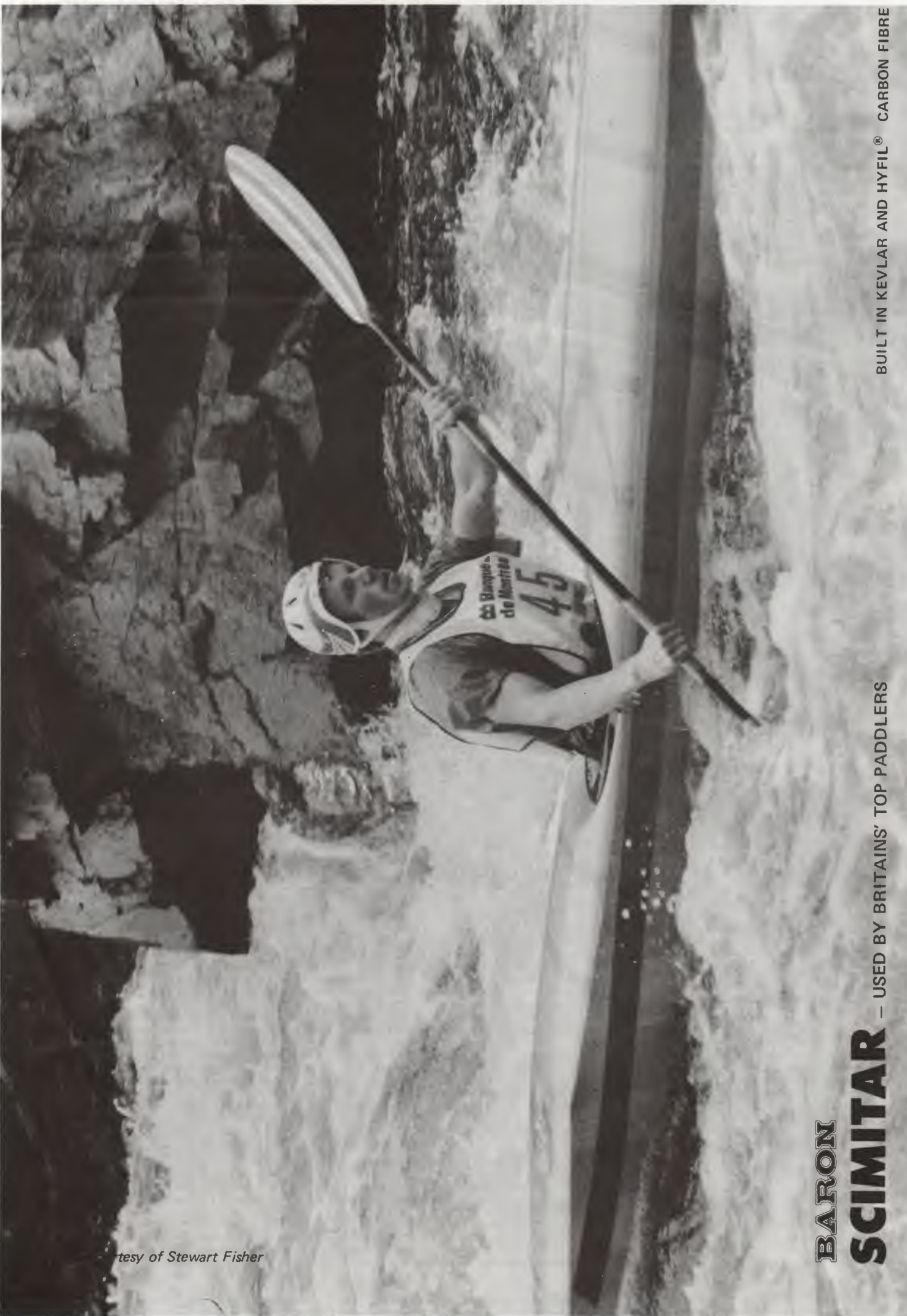
We'll do our best at this end. Hammer away! The heavier the hammer, the greater the effect, so bang away as much as you like. It'll all help.

tesy of Stewart Fisher

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Thrilling first night of polo

The first competition in the National Canoe Polo League was held in Luton, with the teams entered being Bere Forest A, Bere Forest B, Luton A, Luton B, Guildford and Northampton.

The Luton teams were looking forward to the contest, pleased at the opportunity to regain status and respect after losing to Bere Forest in the National Finals. They were unfortunately denied competition with Bere Forest B as the club were only able to supply one team because of injury.

Several hundred spectators enjoyed an evening of highly competitive and exciting polo, with Bere Forest being beaten for the first time in four years.

Increasing discontent has been shown by polo teams whose standard of play has improved to such an extent that there are few referees capable of handling a

competitive game. In an attempt to overcome this, two referees from other sports were given a crash course on the game of canoe polo and a set of the new rules and interpretations.

Almost without exception their refereeing was praised for being strict and consistent.

Results: Bere Forest 6, Northampton 1; Luton A 6, Luton B 1; Guildford 1, Bere Forest 3; Luton B 8, Northampton 2; Luton A 4, Guildford 0; Luton B 7, Guildford 5; Luton A; 9, Northampton 0; Luton B 4, Bere Forest 1; Guildford 6, Northampton 1; Luton A 5, Bere Forest 1.

League positions after round one: 1 Luton A 10 points; 2 Luton B 8; 3 Bere Forest A 6; 4 Guildford 4; 5 Northampton 2; 6 Bere Forest B 0.

BRIAN BARFOOT



FIRST C7 EVENT HELD AT FLADBURY

An all-action scene during the first C7 event held in this country, which was at Fladbury in May. Pictured here are the Fladbury Junior C7 crew, winning the C7 Challenge. Picture is by G. Ingram-Monk.

Glenmore Lodge, National Outdoor Training Centre, Aviemore is near some of the best white water in Britain. So, the Lodge Kayaking and Canadian Canoeing courses are that extra bit special. Courses for adults cost £65 + VAT and for young people £40 + VAT.

To find out more about them write to The Scottish Sports Council.



The Scottish Sports Council 1 St Colme Street Edinburgh EH3 6AA 031-225 8411



Regional Roundup

Two years ago it became obvious that there was a real need for an open membership Canoe Club in the Ross-on-Wye area. Many youngsters were unable to follow up the basic training we gave, and many more were wishing to join in the projects but were unable to do so due to the closed nature of our groups.

At this time, Frank Wagner was assisting me as instructor/safety officer. Between us we decided to form the Islwyn Canoe Club (pronounced Isolyn). Since then, all my paddling has been restricted to supervision of the club members.

With Frank as club coach, it was natural our boys should develop an interest in racing. We have attended regattas and put in support crews for the Devizes/Westminster race but at the time of writing we do not have a single boat suitable for racing and none of our members have ever sat in an Espada — K1 or K2. Therefore, when Gordon Richards suggested that Frank and I should attend this course, we accepted, but with some reservations. Frank was anxious that the course would be too basic and I that it would be too advanced. In the event, we both came away feeling the weekend had been very useful.

The course was designed as a step towards training people to coach young people, people like myself who have had little if any experience of competitive canoeing, and also for the experienced paddler who wishes to widen his/her horizon to include coaching.

Accommodation was in tents. There were adequate showers (which were cold at one end and hot at the other) and the food was quite good. All these were provided by PGL, who were our hosts for the weekend. They created a background of quiet efficiency for the course.

The course director was Colin Gray, who not only prepared the whole package but talked solidly through each session and took on all-comers in a three mile race (he didn't win).

The programme covered equipment, technique, land-based training, i.e. weightlifting, circuit training, etc., Regattas rules, tactics, technique analysis, canoe technique, training programmes and safety. In most subjects practical projects were undertaken and visual aids used.

The message that came over to me was clearly that that coach's job is to create a safe environment where young people can learn good techniques and that pressure on young people by coach, other paddlers or parents is out. It may achieve results in the short term but in the long term it is not likely to make a good paddler.

Naturally, with such a mixture of age and experience there were many interesting discussions, i.e. Frank explaining the Hungarian system of training where every paddler starts in a C10 and has to do hundreds of miles before graduating to a small craft, ultimately being allowed to paddle C1, and the degree of support and control by the State — full-time coaches, all equipment, etc. Whilst we would not want to go that far, there are lessons to learn from this.

Another heated discussion was on whether to put a new paddler in a sprint or slalom boat first — the discussion ranged over shape and size, psychological make-up of the young person, etc.

We had two valuable sessions in canoes, and to experienced paddlers they were a safety valve. The first was called "Try a Boat" and I was quite proud when I actually managed to paddle a white water racer

(Jeff McGladdrey's pride), an Espada and a K1 without falling in. Whilst I did this, Colin organised a K1 Slalom course which was much enjoyed. The second session was the race mentioned, when I did fall in.

Geoff Good took a session on safety and led a discussion on the role of a coach and here in my view some course members were confusing the coach with the safety officer — usually one and the same person, but not necessarily so.

A good course — and on behalf of all who attended I must thank all who put in so much effort to make it a success. Particular mention must be made of Colin Gray, whose brainchild it was and whose energy nursed the seed into fruition.

Please come to the "First Welsh Open Regatta" being organised by my Club on 15 to 16 September next on Roath Park Lake, Cardiff — a beautiful lake, very close to the centre of Cardiff. Camping is being arranged, and a tremendous disco in the evening, so make a note of the date and come to the beautiful capital of Wales.

G. D. POPPY

Considerable progress has been made in restoring many canal structures which had to be closed for public safety reasons earlier in the year. In some cases temporary works have permitted re-opening for the 1979 season. Other work will be completed during the summer but four major tunnels will have to remain closed.

Already opened: Leeds and Liverpool Canal; Foulridge Tunnel — re-opened 12 April (with restricted draught); Burnley Embankment — re-opened 13 April; Calder and Hebble Navigation, Kirklees Low Lock — re-opened 13 April; Trent and Mersey Canal, Preston Brook Tunnel — re-opened 25 March.

Open during 1979: Shropshire Union Canal, Tylley Cutting — fully open June; Chesterfield Canal, Retford Aqueduct — open August; Worcester and Birmingham Canal, Tardebigge Tunnel — open August;

Grand Union Canal, Evitts Valley Embankment, Solihull — open August; Grand Union Canal (Leicester Branch), Crick Tunnel — open June; Coventry Canal, Breach at Foleshill — open August; Trent and Mersey Canal, Harecastle Tunnel — open June.

Four tunnels will not open to navigation during 1979: Worcester and Birmingham Canal, Kings Norton (Wast Hill) Tunnel; Birmingham Canal Navigations, Netherton Tunnel; Grand Union Canal, Braunston Tunnel; Grand Union Canal (Leicester Branch), Saddington Tunnel.

Nearer scheduled opening dates it is recommended that those using the canal affected by these works should ring Canalphone (the 24-hour pre-recorded information service) on 01-723 8485.

* * * *

A letter outlining proposals for a Canoe Centre has been sent to Sheffield City Council Recreation Department. The growth of the sport in the area has far outgrown the facilities available. Certain of our members have to travel to Leeds and Nottingham to find any suitable training area.

Besides SCC, which has 200 members including fully qualified British Canoe Union Coaches and Senior Instructors, there is the Sheffield Education Canoe Association, which boasts ten Senior Instructors and one Coach. More and more schools are taking up the sport of canoeing and facilities are very much lacking for them as they are for the Scout and Guide Associations.

One of the main advantages of a Canoe Centre is that it would provide a central meeting point for like-minded sports people, where coaches, instructors, novice alike can pool their information and expertise. It would provide a central storage for communally owned boats and thus open up the canoeing potential of schools, youth clubs, scouts and guides who may otherwise have difficulty in purchasing or even transporting canoes from their usual base to suitable canoeing water.

KEITH MASLEM



Hats Off to Brian

The first European Moselmarathon for canoeists, which was attended by approximately 50 competitors from several countries and held in the town of Stadtbredimus, was a great success.

The winner of the two-stage event in a one-man canoe was Brian Greenham (pictured left), of the British Canoe Union, while in the double canoe the Kolner team of Harzheim and Knieps were the first to cross the finishing line at Schlob Monaise. The presentation to the winners was made by the Burgermeister of Trierer, Paul Kretzer.

Picture by Robert Haur

pyranha

We would like to congratulate the World Championship Teams on their success. We are proud to have played a part

in the success of the British team at the 1988 World Championships in Quebec, Canada.

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(see back page for details)

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Canoe Centre (Kirton Kayaks Ltd), Marsh Lane, Crediton,
Devon 03632-3295

Cymru Canoes, St. Hilarys Road, Llandudno, Gwynedd
0492-77067

Gaybo Ltd., 4 Rose Hill, Brighton, Sussex 0273-684599

Harishok Ltd., 12C Jackson Street, Hyde, Cheshire
061-368 9216

Chris Hawkesworth Ltd., Glasshouses Mill, Pateley Bridge,
Harrogate 0423-711624

Howarth Sports, 27 Limefield Road, Smithills, Bolton,
Lancs. 0204-43777

Kama Canoes, Old School, Siddick, Workington, Cumbria
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Ayrshire 0292-78558

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W. Hallam, Derby. 0602-320155

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PYRANHA OPENING NEW CENTRE

Since Pyranha Mouldings Ltd. was formed by Graham Mackereth, one of his ambitions has been to have his factory and sales alongside water; and to this end Pyranha are on the move. The new premises are at Preston Brook, Cheshire, on the front of the Bridgewater Canal.

The new Pyranha Watersports Centre is in an ideal setting, close to the M56 but with the feeling of the countryside and water. Pyranha hope to have sales in the centre by August, with the factory side completing the move by early September. Expansion is the key word, for they are now starting to deal with boats large and small on a boat sales and agency basis, plus boat chandlery and camping equipment.

The new centre, it is hoped, will open seven days a week and Pyranha encourage the canoeists to visit them. Apart from having a fleet of demonstration boats which can be tried out, plus an expansion of its range, Pyranha hope to offer many new ideas.

Graham Mackereth, Pyranha's Managing Director says: "With this move we are hoping to offer something to the canoeist which we think has been missing - a centre where they can try boats out and give comments. Long-term, we are hoping to run canoe courses via BCU Coaches and have film shows and lectures on all aspects of the Sport. With a move like this in a year when the World Championships are also on means a lot of work for us and I am sure it will take us a little time to settle in. We do hope the canoeists and their families will come along and visit us at the new Pyranha Watersports Centre.

So much are Pyranha into this new scheme that Graham Mackereth and John Gosling are going to live on a 72' narrow boat alongside the Centre. John, who was a member of the Everest, Orinoco and K2 Expedition teams, is the Sales Manager at Pyranha, and says: "Whilst we still have the Pyranha Van going around the canoeing events, it is hoped that people will come along to the Centre. We have expanded our staff to allow us to offer a fuller service to all sides of canoeing. We are hoping to run canoeing events from the new Centre but this has to be looked into when we have moved in".

Pyranha's new address is: Pyranha Watersports Centre, Marina Village, Preston Brook, Runcorn, Cheshire. Telephone: Runcorn 716666.



The British Olympic Association is responsible for bringing together the competitors, coaches and managers from 27 different sports that will constitute Britain's hopes at the Olympic Games.

We are not an exclusive society. In the immense task of preparing an effective team for the most competitive of modern sporting events we need the full participation of as many interested people as possible.

This is why we are urgently seeking to extend the Membership of the Association.

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In Britain there is an urgent need to mobilise more effective support for the national Olympic effort. Your involvement in the British Olympic Association will help to speed-up this process.

Join now by writing to: The Membership Secretary, The British Olympic Association 1-2 John Prince's Street, London W1M 0DH.

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BRITISH CANOE UNION

NOTICE

APPOINTMENT – Director of the British Canoe Union

Applications are invited from a self-motivated person, of high calibre and initiative, who is suitably experienced and qualified, for appointment as the Director of the British Canoe Union.

The Union is the governing body of the sport of canoeing with approximately 10000 members and headquarters situated at Addlestone, Surrey.

The Director is required to promote the aims and policies of the British Canoe Union as determined by its Executive Committee, and, as the Chief Executive of the Secretariat, he is responsible for all its activities, and directly or indirectly for the management of all its staff. He is responsible to the Executive Committee for the management of the Secretariat, and to the Council for achieving the objectives of the Union and implementing the policies laid down for him.

The salary scale for the post will be related to that recommended by the Sports Council for payment to Senior Executive Officers, commencing at £7,324.00 p.a. and rising by five annual increments to £8,622.00 p.a. (including Outer London Weighting of £275.00 p.a.). Normal conditions of service regarding leave and allowances will apply, and a private pensions scheme is available.

Applications should be sent together with details of qualifications, curriculum vitae, and the names of two referees, to:

G. Sanders, Chairman, British Canoe Union Executive Committee, 4 Barston Lane, Solihull, West Midlands B91 2SS.

A copy of the job specification will be sent to all applicants.

The closing date for applications is Friday, 21st September, 1979.

THE BRITISH CANOE UNION FIRST NATIONAL COMPETITION COACHING SYMPOSIUM

HOLME PIERREPONT NATIONAL WATER SPORTS CENTRE, NOTTINGHAM – 5th/7th OCTOBER, 1979

This two day Symposium has been arranged to provide Canoeing Coaches, Trainers, Administrators, and those concerned with the best interests and welfare of young canoeists, with a greater understanding and awareness of the consequence of subjecting adolescent and pre-adolescent athletes to rigorous training regimes and intensive competition.

Addresses will be received from a number of eminent speakers, all of whom are acknowledged international authorities in their particular sports disciplines. The major themes selected for presentation to the Symposium will include the Medical, Physiological, Psychological, Social, and Organisational factors associated with sustained, high level, adolescent and pre-adolescent physical activity. Speakers will include:—

Dr. H. Burger, Leipzig University, German Democratic Republic, Chairman, International Canoe Federation Sports Medicine Committee.

Dr. A. Erzsebber, Budapest Institute of Sports Medicine, Hungary, Medical Adviser to the Hungarian Canoe Federation.

Dr. C. T. M. Davies, Medical Research Council, Environmental Physiology Unit, University of London.

Dr. D. A. Brodie, British Society of Sports Psychologists, Carnegie College of Physical Education, Leeds Polytechnic.

Dr. N. C. Craig Sharp, Department of Physical Education, University of Birmingham, Physiological Adviser, British Canoe Union National Olympic Training Squad.

In addition to the Symposium, and within the week-end's programme, the Marathon, Racing, Slalom, and Wild Water Racing Committees will organise a number of Seminars, at which relevant coaching topics of contemporary interest will be discussed.

There will be a fee of £10.00 per person for accommodation and meals at the National Water Sports Centre, and potential applicants are advised that they should submit reservations for places at the Symposium as soon as possible to:—

R. W. Emes, Chairman, BCU Sports Management Committee, British Canoe Union,
45-47 High Street, Addlestone, Weybridge, Surrey KT15 1JV.

WATER, WATER EVERYWHERE?

The Water Space Amenity Commission is about to send out a questionnaire which it is hoped will result in a complete and accurate survey of all the water that is available to us as canoeists, so that a strong case can be put to the Department of the Environment that the law should be altered to conform with the Council of Europe Sport for all Charter.

This is a very important opportunity for us to declare our case. When they have collated all the replies, WSAC will see that what the Union has always said is true: that only legislation will put canoeing in a position where it can talk equitably with other people about access.

You may have some qualms about revealing your private, local access agreements. It is very important that all such agreements should be declared. Only by getting a complete set of replies to the questionnaire can we show what a terrible position canoeing is really in.

'THANK YOU' TO OLIVER

Tribute was paid at a dinner in Birmingham, following the last NCDC meeting, to Oliver Cock, MBE, retiring Director of Coaching.

John Dudderidge, President of Honour and past President of the BCU, making the presentation speech, said that although it was not unknown for Oliver to be seen in a canoe before 1939, it was really after the war that he made the initial Clarence films to encourage youngsters to take up canoeing.

It was a fitting tribute that he should have been awarded the MBE in 1977 to complement his BCU Award of Honour in 1962.

Adding that the BCU was fortunate in still having access to Oliver's immense range of contacts, John threw back a covering to reveal a splendid remote-control Grundig TV set as a small token to a man who has done so much for the sport.

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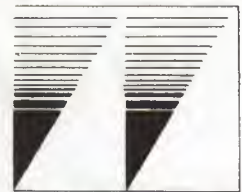
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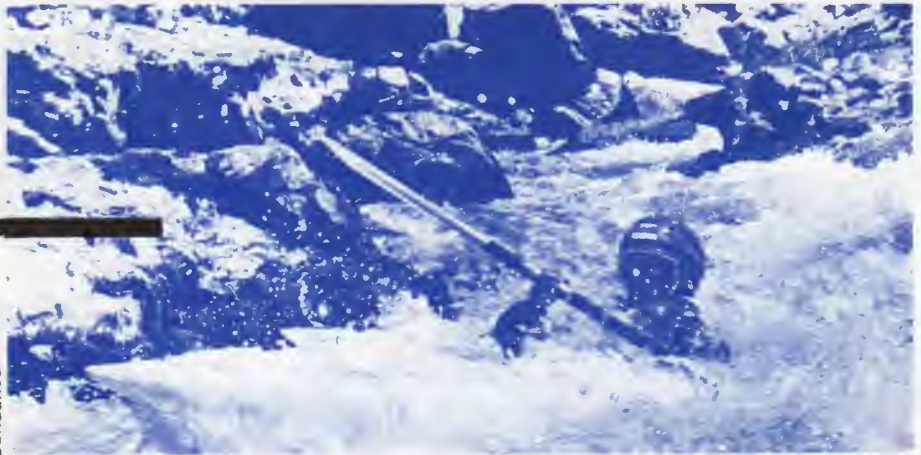
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TECHNIQUE

TIPS

FINS AIN'T WHAT THEY USED TO BE

Sundance



Beginner, intermediate, advanced and expert decked boaters, on certain types of rivers, should consider wearing swim fins in their boats. During the thundering days of spring runoff, when little streams start dumping 10,000 cubic feet per second of water and become hot Class V, an expert must acknowledge he might swim if he gets himself into a wicked reversal.

Swollen rivers can make for very long, cold and arduous swims. Hands and feet are impossibly inadequate weapons against the immense and shifting power of steeply descending rivers and boiling current. A pair of fins worn while in the boat can make a significant difference.

Many intermediate decked boaters find that their bracing and technical skills advance much faster than their Eskimo roll. Without a roll of 80% reliability, a prudent boater will stay clear of Class IV whitewater, knowing that even the IV-minus level can make for a hairy swimming experience. It's a Class VI activity to swim a Class V rapid. It's a Class V activity to swim a Class IV rapid. Swim fins worn in a decked boat by an

Intermediate who is pushing his limits provide control and power if he should swim.

Swim fins mean the user can catch eddies in whitewater. Lying on his back with fins extended downstream and kicking hard, the swimmer can ferry from bank to bank. Even in the turbulence and foam of a reversal, fins can power a swimmer to the surface for air, and enable him to execute defensive manoeuvres not possible without fins.

Fins work, and they will fit in all but ultra-low-volume slalom boats. With the pegs adjusted as far toward the boater as they will go, the fins will slip underneath, and will brace very strongly on the front bags. Fins come in different sizes, and people arrange the columns and seats of their boats in different ways. In some cases it may be necessary to do some trimming on the boat or on the fins.

When an expert decked boater drops by accident into a horrendous hole (reversal), it is critical that he make a quick decision to stay with his boat or to get out. In holes where breathing opportunities are poor, the longer the

paddler stays in his boat, the more he runs out of air. When he finally makes a decision to come out, he comes out with no air at all and absolutely desperate, hoping he will not get recirculated (pulled back underwater).

In some holes, coming out of the boat early is the only way to go. In such a situation, the ability to Eskimo roll does not count, whereas the ability to swim strongly does. And nobody wearing a helmet, lifejacket, paddle jacket, sprayskirt and tennis shoes, swims *strongly* without fins.

The idea of wearing swim fins for heavy whitewater paddling came from an eminent American boater, Rod Kiel, who invented it in the early days of his boating career to compensate for a slowly developing roll. Kiel was paddling Class V water and leading Pacific Northwest exploratory runs. Now his roll is good enough that he leaves the fins at home on river trips, but still takes them to the ocean.

Consider wearing a pair of fins in heavy whitewater or on the ocean just in case.

JUDD SMITH

CANOE CLUB WINS £250 TRAILER



There were smiling faces all round when Barrie Badland, the Managing Director of Mechanical Services Limited (Manufacturers of Indespension "Trailer" Equipment) presented Ken Rooker of the Sheffield Canoe Club with a brand new trailer designed to carry nine canoes and their equipment.

Pictured left to right are Barrie Badland, Mr. Baines of the C. of E. Children's Society, and Ken Rooker.

The award is an annual prize given by Mechanical Services to any team of canoeists who raise the greatest amount of sponsor money on the Children's Society Sponsored Leeds/Liverpool Canal Race.

The handsome Viner Trophy is also available for the fastest team to complete the 92 mile canal journey and the Sheffield Canoe Club completed the distance in 27 hours 5 minutes, but because of a change of crew midway, were not eligible for the trophy this year.

Full details on how to enter the event can be had from Mechanical Services Limited, Belmont Road, Bolton, telephone Bolton 58434 or the Children's Society Social Work Office, 140 Acombe Road, York.

Focus

Classified and Information

FOR SALE

- GAYBO INTERCEPTOR SPRINT 4.**
White Water Racing Kayak. Kevlar Sailing. Metallic Yellow and Red. £60.00. Apply: S. Bloomer. Tel: 01-499 5522 (OSC), 01-373 4256 (Home).
- NORDKAPP HM**, one of 'Cape Horn' set. Neoprene Vest/Deck, Compass. Offers over £200. D. Delany, 4 New Street, Menai Bridge, Anglesey.
- NORTH SEA KAYAK.** Good condition buoyancy, foot-rest, spray deck. £65 o.n.o. Tel: Gayton (Nr. Kings Lynn) 207. M. A. Barr.
- WEAVER SURF SHOE.** 4 months old, with spray deck. £50. Brian Watson, 73c London Road, Chatteris, Cambs. Tel: Chatteris 2721.
- NEW KW4's AVAILABLE.** 13' 9" FAST STABLE GENERAL PURPOSE CANOE. All safety aspects built in. Block Buoyancy. Fail Safe Foot-rest. Toggles. Choice of colours. £58. Reduction for 3 or more. APACHES also available at £58. Tel: 01-398 3118 (Esher).
- CANOE CENTRE, CLASS 3 DART.** Very good condition. £80 o.n.o. Tel: Witham 512505.
- SPECTRE** up-to-date white water boat, good condition. £65. **SEA HAWK**, nearly new. £65. Tel: Chelmsford 65470.
- SARACEN C2** Far Cockpit. Fair condition. £40 o.n.o. P. & H. Racing C2. Left front. New £95 o.n.o. SARACEN C2 mould. Good condition £50 o.n.o. Telephone: Northampton 27183.

- EQUIPE CONTINENTAL PLUS DECK.**
Good condition. £110 o.n.o. Kidderminster 63657.
- TRIPLE-V, 2-BAR ROOF RACK**, adjustable to fit any roof including vans. V's removable individually. Good condition. £15, from Oliver Bock, B.C.U. H.Q.
- APACHES, KW4 and SNIPE FIBREGLASS CANOES.** Ideal for beginners. General purpose and Slalom. £60 each. Stan Holtorp - 01-398 3118.
- NOW AVAILABLE — KW9** fifteen foot fast single, stable fibreglass canoe. Ideal for fast river/sea work where stability is required. £66. Stan Holtorp - 01-398 3118 (Esher).
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WANTED

- KS MIRAGE** or similar. Tel: Aylesbury 82485. B. Smith.
- A Senior Instructor to help further the expertise of the canoeing section of the Barking Outdoor Pursuits Centre. The applicant must be over 25, with a clean driving licence and be prepared to work two full days per month, as required. (Weekends preferably). Remuneration will be £16.00 per day. Apply to: Alan Rees, Barking Outdoor Pursuits Centre, c/o Erkenwald Centre, Marlborough Road, Dagenham, Essex. Tel: 01-593 8917.

COURSES

Senior Instructor Training/Assessment. Lyme Regis. December 7th-9th 1979. Residential. Details from Mike Cotton. S.A.E. to Mike Cotton, Tolcarne, Cooks Lane, Axminster, Devon.

The Third National Sea Canoeing Symposium, December 15/16 1979, at the Cliff College, Calver, Sheffield. Sponsored by The Advanced Sea Kayak Club. Attendance is open to all for this Residential Weekend on a first come first served basis and will cost £16.50 per head, all in. Further details from: J. J. Ramwell, 32 Glebe Road, West Perry, Huntingdon, Cambs. PE18 0DG.

Adventure Centre in the Black Mountains. Available to schools and youth groups — come canoeing, sailing, walking, climbing at our Centre in Hay-on-Wye. Courses organised, or run your own, self-catering. Expert instructors available. Brochure from: The Warden, The Adventure Centre, c/o St. Albans Vicarage, Broadmead Avenue, Northampton. Tel: Northampton 407074.

JOBS

Head of Canoeing and Canoe Instructors wanted for Drakes Island Adventure Centre, Plymouth Sound, good rates of pay, free board and lodging. To apply telephone: Plymouth 63180.

CANOE INSTRUCTORS are needed now to work in Childrens Outdoor Activity Camps until October. B.C.U. qualification and experience of working with children essential. We provide pocket money, food and accommodation and the opportunity to improve personal qualifications. Apply now to: Personnel Officer, PGL Young Adventure Ltd., 817 Boreatton Park, Baschurch, Shrewsbury, Salop. Tel: 0939 260551/2.

INFORMATION

North West Greenland Kayak Expedition. A good report with details of Eskimo life and hunting ideas, also equipment and general report of " — The Thule Hunters". Sea Canoeing at its best. 60 pages of packed information. 75p postage paid. Apply: John Bull, 12 Littlethorpe Park, Ripon, N. Yorks.

Eastern Region Marathon Championships

The River Yare Race (T3)
Sunday, 14th October, 1979

Entry forms:

Mrs. P. Cooke, Old Farmhouse,
Rockland St. Mary,
Norfolk.

Sea Touring

£2.50 (inc. p&p)

An informative booklet for sea canoeists. Written by John J. Ramwell, B.C.U. Coach.

Over 100 packed pages on equipment, survival, safety, navigation, the sea, charts, buoyage, the weather, expedition planning, use of pool, etc.

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A semi-professional approach to the Devizes to Westminster Canoe Race 75p
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Australian Lifesaving equipment review 35p
Beach Safety Code 20p
Expedition First Aid 45p
Prices include p & p
Brian Sheen, 92 Par Green,
PAR, Cornwall.

RESULTS OF TEAM COMPETITIONS

HENRY THELEN SHIELD

(all World Championship events plus all Senior Women's events)

- 1, Hungary, 530 points; 2, Soviet Union, 282; 3, Bulgaria, 235;
- 4, Federal Republic of Germany, 223; 5, Canada, 207;
- joint 5 Czechoslovakia, 207; 7, Norway, 204; 8, Poland, 179;
- 9, France, 169; 10, Great Britain, 168; 11, Sweden, 164;
- 12, Romania, 146; 13, Spain, 111; 14, United States of America, 62; 15, New Zealand, 29; 16, Ireland, 23;
- 17, Australia, 7; 18, Singapore, nil.

DENVER OLYMPIC CUP

(Olympic events only, first six places in each final)

- 1, Hungary, 62; 2, Soviet Union, 43; 3, Romania, 31;
- 4, Bulgaria, 23; 5, Poland, 22; 6, Federal Republic of Germany, 16;
- 7, Norway, 15; 8, Spain, 11; 9, Czechoslovakia, 10;
- 10, Canada, 5; 11, France, 4; 12, Sweden, 4; 13, New Zealand, 4;
- 14, Great Britain, 2.

The Y.M.C.A. National Centre

offers the following canoeing courses during the Autumn 1979:

1. B.C.U. Proficiency, Inland Training and Assessment September 28th/30th.
2. B.C.U. Senior Instructor (Inland) Training and Assessment. October 26th/28th.

For details of these and other canoe courses, please contact:

Barry Howell, Waterfront Controller,
Y.M.C.A. National Centre, Lakeside, Ulverston,
Cumbria LA12 8BD.
Telephone: Newby Bridge (04483) 758

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2. A larger specialised sales staff to answer your queries and serve you.
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4. A large range of craft, equipment and clothing, as in addition to our specialist range of competition and expedition whitewater kayaks we are able to offer more touring designs especially open canoes. We have a new comprehensive range of camping equipment from Evans's, Tog Thermal Jackets, Duvets, Sleeping Bags and a comprehensive range of small boats, dinghys and equipment.

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Stan Evans Tents — Tel: Warrington 33129

Canoe Trails — Tel: Garstang 09952 2904
Richmond Sports —
Whitewater Sports — Tel: Woking 72426

OPENING HOURS

Monday to Friday — 9.00 to 5.30
Saturday and Sunday — 10.00 to 5.00

Pyranha Watersports Centre
Marina Village,
Preston Brook,
Runcorn,
Cheshire WA7 3DW
Tel: 0928 716666

