

National League 2009-2010 - Final standings

| Division 4 South-East Men's 2009-2010 | | | | | | | | | |
|--|--------|-----|------|-------|-----------|---------------|-----|--------|---------|
| Team | Played | Won | Lost | Drawn | Goals For | Goals Against | GD | Points | Ranking |
| St Albans A Women | 18 | 13 | 4 | 1 | 52 | 24 | 28 | 45 | 1 |
| Meridian | 18 | 12 | 5 | 1 | 66 | 28 | 38 | 43 | 2 |
| ULU A | 18 | 12 | 5 | 1 | 48 | 26 | 22 | 43 | 3 |
| Nomad B | 18 | 10 | 5 | 3 | 46 | 29 | 17 | 41 | 4 |
| LUTON | 18 | 8 | 6 | 4 | 39 | 24 | 15 | 38 | 5 |
| Battersea | 18 | 9 | 8 | 1 | 31 | 31 | 0 | 37 | 6 |
| SQT Dragon | 18 | 7 | 10 | 1 | 30 | 48 | -18 | 33 | 7 |
| ULU 'Z' | 18 | 5 | 10 | 3 | 24 | 35 | -11 | 31 | 8 |
| St A Othr | 18 | 6 | 11 | 1 | 30 | 38 | -8 | 31 | 9 |
| Nomad D | 18 | 0 | 18 | 0 | 8 | 91 | -83 | 18 | 10 |