## Stafford & Stone Canoe Club



The results of the Holme Pierrepont Division  ${\bf l}$  slalom held on October 4th and 5th are given below.

Stafford & Stone Canoe Club would like to thank all those who helped in any way to ensure the success of the event. Club members are not normally cited in the acknowledgments section, but Richard Fox and Andrew (Spike) Gladwin are thanked by the Committee for their unstinting efforts prior to the event in course design and erection.

Thanks are also due to the following:-

St. Albans Canoe Club

Viking Kayak Club

Loan of caravan & Mike Carter
Brian Tipper & Irene Osborne

Timing
Section Judges, Gate Judges and Jury Members
Prizes were purchased from Schott Glass (Stafford) and Trent
Trophies (Newcastle-under-Lyme)

Some items of clothing were handed in at Control. If you lost anything, make enquiries to:-

P. Baskerville, "Church Lodge", 72, High Street, ECCLESHALL, Stafford. ST21 6BZ

Tel. No. 0785 850764

				2					
Posi	tion	JUDGES		2 •	1st I	RUN	2nd	RUN	Best
1	A. GLADWIN	STAF	FORD & ST	TONE	184.3	0	180.7	0	180.7
2	A. GLADWIN MELVYN JONE	ES CENT	RAL PADDI	ERS	188.2	5	184.5		184.5
3	K. BROWN	FORT	H/E,U.C.		187.8	0	189.2		
4	D. CROSBEE	NOTT	INGHAM K	C.	188.2	0	183.9		188.2
5	MELVYN JONE K. BROWN D. CROSBEE R. WRIGHT JIM JAYES M. REYNOLDS ANDY SMITH	SHEP	PERTON		186.1	20	188.5	0	188.5
6	JIM JAYES	NOMA	D		184.5	5	186 6	5	188.5 189.5 193.0
7	M. REYNOLDS	CHEL	MSFORD		215.0	10	193.0	0	193.0
8	M. REYNOLDS ANDY SMITH I. BOWNES G. OUTHWAIT P. CANT K. CAMPBELL G. BLANEY A. WRONSKI G. GLADUIN	STAF	FORD & ST	TONE	193.4	5	198.9	20	198.4
9	I. BOWNES	R.W.	S.A.B.C.		195.4	5	194.0	15	200.4
10	G. OUTHWAIT	E STAF	FORD & ST	TONE 2	202.4	0	202.3	15	202.4
11	P. CANT	K.W.	S.A.	7	203.5	0	205 0	0	203 5
12	K. CAMPBELL	CENT	RAL PADDI	FRS 1	93.9	10	195.7	10	203.0
13	G. BLANEY	WALT	HAM FORES	ST 1	98.4	10	199.7	5	204.2
14	A. WRONSKI	BATC	HWORTH	7	203.6	5	Schate	-had	208 6
15	A. WRONSKI G. GLADWIN J. WILSON N. NICHOLSO MIKE WOOD L. HALLIDAY JOHN EDWARI H. MARRIOT	STAF	FORD & ST	ONE 2	224 8	0	208 8	0	200.0
16	T. WILSON	FORT	HIELLO	2	210.0	0	200.0	10	210.0
17	N NICHOLSO	N LEED	9		222 2	10	200.0	10	210.0
18	WIKE MOOD	D I	9	-	15 0	10	211 1	50	213.0
10	HALL TRAY	, CVD1	J.	4	110.0	10	211.1	30	223.3
20	TOUR EDUADE	CHRL	ISLE	4	10.7	10	216,8	00	228.7
21	JUNIA EDMWAT	SUNK	HI HI		250.9	2	228.3	10	238.3
27	7 FOVEDO	MANS	FIELD C.C		36.9	2	228.5	15	241.9
de de	OF LKIEVO	SOME	MI/ BUL IUN	4 2	30.2	10	230.2	00	240.2
	J. MOFFATT								245.6
	JON DARWENT		UD VALLEY						246.5
	J. STEPHENS				230.9				248.4
	C. ARROWSMI				245.7				250.7
	P. FRANCIS								256.3
	J. JOHNSON								256.9
29	K. LONGRIGG RICHARDSON/			2	260.2	15	238.1	20	258.1
30	RICHARDSON/								
			B.B.S.	2	251.0	100	234.1	25	259.1 263.9 264.0
	CHRIS PAYNE		AY	2	76.9	15	248.9	15	263.9
	L. TIPPER	J VIKI	VG	2	59.9	20	254.0	10	264.0
33	K. JUNG M. BENNETT S. GREEN	STAF	FORD & ST	ONE 2	232.0	110	247.0	20	267.0
34	M. BENNETT	DUDL	EY	2	64.0	10	255.5	65	274.0
35	S. GREEN	Y CAMB	RIDGE	3	312.1	20	266.8	25	274.0 291.8
30	P. DUMERIT	H.A.I	1. A.	2.	10.0	120	212.3	20	272.0
37	D. HARRISON								304.5
38	A. GOODSELL	R.A.I	F.C.A.	2					
39	S. HAWTHORN	WORC	ESTER						311.0
40	B. SPRINGTH	ORPE STAF	FORD & ST	ONE 3	92.8	175	290.0	25	315.0
41	MICHAEL HAR	GREAVES							
		LEED:	6 -	2	62.0	60	269.6	110	322.0
42	N. RATTRAY	DURH	AM UNIV.	2	44.1	110	252.3	70	322.3
43	R. KIRBY	STAF	FORD & ST	ONE 2	54.4	70	268.3	130	324.4
44	CHRISTOPHER	GREEN							
		Y EXET	ER COLLEG	E 2	56.9	70	290.6	60	326.9
45	PAUL MINEAR	DS Y NORTH	HAMPTON	2	45.8	120	268.9	60	328.9
	BENNETT/WRI						263.3		
47	D. BLACKETT	STAF	FORD & ST						358.4
	M. TAYLOR	VIKI					281.2		
	D. ROYLE		FORD & ST				290.8		405.B
	H. REYNOLDS								435.4
	G. HAMLIN		K.C.						457.6
	W. ASTLES		AY RACERS						548.9
	M. HARDEY		RPOOL UNI						635.9
	ANDREW SHOR		FORD & ST				Capsiz		694.1
-	A. STOBBART		A.A.						786.6
	D. BEAN		FORD & ST	ONE 3	35 3	710	384 0	SAR	1042.3
		OTHE	OUT # 01	- O	2210	- 40	554.7	200	

		7			
Posi	tion DIV 1 C1 TEAM	3.	ist RUN	2nd RUN	Best
1	WHARTON/MARRIOTT/YORK		256.1 95		278.2
_	HORSMAN/WARDEN/WARDEN	BATH UNIV.	267.8 155		
_	WARD/WOOTON/FEAST		266.4 85		
	WINTER/MOSS/ALLCOCK		283.1 90		
	WILSON/WHITE/GREEN		306.9 155		
	BRAIN/MCCONKEY/BERRISFORD		292.0 175		
/	SIBLEY/GREEN/AGAR		Capsi <b>Z</b> ed	410.0 150	380.0
Posi	tion DIV 1 C2 TEAM		ist RUN	2nd RUN	Best
_	CLOUGH-CLOUGH/RIGBY-KINEAR LONIE-WARING/DUMPER-JONES/		281.6 100 351.7 290	282.6 80 377.9 140	362.6 517.9
Posi	tion DIV 1 K1 LADIES	TEAM	1st RUN	2nd RUN	Best
	WALLEY/FRANCIS/SIMPSON	STAFFORD & STONE	298.8 345	275.7 40	
2	JARDINE/HAMMOND/LEGGETT		461.3 185		
	JONES/CAWTHRAY/HEELEY		327.5 135		
	DOHERTY/STOBBART/JONES		379.2 275		426.6
	FOX/BADILLO/EYRE		330.4 130 316.6 235		
	CENEY/FLETCHER/LAWTON WHITEHOUSE/CHARLES/COWLING		340.5 225		
-	McNAMARA/STOCK/HILL		Disqual.	388.1 190	
	JOCE/GILLESPIE/KNOWLES		Capsi ed	421.1 190	
Posi	tion DIV 1 K1 TEAM		1st RUN	2nd RUN	Best
1	SIMPSON/GASTER/DOMONEY	SHEPPERTON	241.3 55	233.7 5	238.7
2	EVANS/BROWN/PALMER	STAFFORD & STONE	275.9 185	237.6 10	247.6
_	JONES/SLADE/LIKE	G.L. CENTRE	239.8 40	226.2 25	251.2
	PRATT/FORD/BENNETT	LEEDS	292.4 40	237.9 15	252.9
_	WRIGHT/BURNS/MORRIS	SOAR VALLEY	243.7 10		
	ROBSON/DENT/LOWE BRADSHAW/KING/EARNSHAW	RICHMOND MANCHESTER C.C.	234.6 20 245.8 10	233.5 25 250.0 75	254.6 255.8
	MAYERS/GEBBON/BENNETT	MANCHESTER C.C.	227.0 60	236.2 20	256.2
	TERRY/TERRY/JAMES		233.4 25	233.0 25	258.0
	MACINNES/SMITH/ARROWSMITH	NOTTINGHAM K.C.	Capsized	243.3 15	258.3
11	SIMPSON/SIMPSON/GILLES	KWIKFIT FITTERS	*	248.2 65	
12	HUNTSMAN/SCARRE/FORD	TEES K.C.	247.9 15	249.6 65	262.9
13	BARNES/OSBORNE/STEVENS		238.1 25	232.5 55	263.1
	SOOTHILL/RAWDING/SIMPSON	_	263.0 130		
	HULL/SHREENE/BRIGGS FULLER/BAYLES/GREEN	BANBIDY	240.6 25	257.9 95	265.6
	WRIGHT/DUNCAN/ROWLAND	BANBURY	259.1 75 254.2 15	242.4 25 260.7 60	269.2
	LEE/DAVIES/DAVIES		266.9 145		272.0
	HOLDEN/PARKES/NEALE	KINVER	264.0 15	244.9 85	
	DAY/KNOWLES/CROOK	EXETER	247.7 170	244.4 35	279.4
	LEDGER/LEDGER/LORD	LEEDS	256.2 25	255.8 60	281.2
	VERNEY/BUSHNELL/MELDRUM	SOUTHEND	244.9 45	243.3 40	283.3
	LOWE/LAX/CLARK	SHREWSBURY	248.0 65	259.3 25	284.3
	KNAPP/KAVANAGH/WHEADON	SHEPPERTON	248.1 100	254.5 30	284.5
	SMALE/MUSK/CONNELLY SHANAHAN/ELLIS/PEARSON	BATCHWORTT	249.8 35 266.8 20	251.9 45	284.8
	BLACKMAN/PAGE/MIDDLETON	R.A.F.C.A.	266.8 20 360.9 135	265.6 130 277.9 10	286.8
	WARD/GRUNDY/WILLIAMS		264.7 235	269.9 20	289.9
	COX/MODRE/LAWRENCE	LLANDYSUL PADDLER		274.9 75	290.8
30	KELLY/COOK/GREENWAY	MANCHESTER C.C.	250.7 60	247.7 45	292.7
	KILHAM/WITCHELL/BENNETT	REGENTS	263.9 40	253.6 40	293.6
	MURRAY/WARD/ARGUE	CARLISLE	256.6 120	253.7 45	298.7
	ROBERTS/WINTERS/HAWTHORN	WARREN	260.1 80	259.9 40	299.9
	HAMLIN/ROBINSON/SENIOR	TEES K.C.	255.4 45	300.4 90	300.4
	GREEN/GREEN/HARRISON HARRISON/CROZIER/THOMAS	BOLTON MANCHESTER UNIT	254.6 85	235.7 65	300.7
	HANHAM/MODERATE/STREETER	MANCHESTER UNIV.	236.2 100	227.0 90	307.0
-/	THE THE PERSON OF THE PERSON O	N. N. F. W. A.	£70./ 83	238.8 30	318.6

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38	WALLACE/MO	NTGOME	RY/SHACKI	ETON SUDBUR	Y		253.9	70	258.4	85	323.
	ASTLES/MIT								259.0		
40	40 MACGREGGOR/CRISP/NUNN GLOUCESTER			TER		274.7		263.4		333.4	
41	BROWN/LAWS	ON/OSB	ORNE	C.R.C.C			346.2	115	253.2	90	343.2
42	DAVIES/COR	NER/GRI	EN				275.0	105	258.0	90	348.0
43	MARSH/CARR	OLL/TAI	IONE	HAMMERS	MITH		256.5	100	258.5	155	356.5
44	GREEN/TYCE	R/SMIT	1				293.7	85	254.1	125	378.7
Posi	tion	DIV 1	C1		ist	RUN	2nd I	MIN	Best	P	pints
							2110		2020	,	211162
	M. YORK		CHESTER		220.4		228.3	10	220.4		20
	M. WHARTON		RIBBLE		221.9	_	221.3	0			19
	S. WARDEN		BATH UNI				220.7		230.7		18
	A. CLOUGH		MANSFIEL		220.8		236.7		230.8		1
	G. MARRIOT	I J	MANSFIEL		227.0				232.0		
	C. WILSON			PADDLERS	222.8		259.9				15
	I. GREEN	_	RIBBLE		233.0	0	231.0	5			14
	A. WARDEN		BATH UNI	· V •	237.0		230.8	10			13
	P. BRAIN				230.1				237.2		12
	I. DUNCAN		R.N.K.A.		248.9				238.0		11
	W. HORSMAN		BATH UNI		229.5		233.8				10
	R. MOSS		LLANDYSS	UL PADDLERS		5	276.8		240.1		9
	I. FEAST				251.9		240.3				8
	C. ARROWSMI		CENTER	DECTON	227.8		236.2		241.2		7
	C. BROWN R. DOWNING		CENTRAL	REGION	232.6		232.4				6
	S. GREEN		LEEDS	DARRI EDG	248.6		232.6		242.6		5
	R. OSBORNE			PADDLERS	239.7		238.2		243.2		4
	J. ALLCOCK		MANSFIEL		235.9		233.0		245.9		3
	T. WOOTTON		ISIS	& STONE	236.8	10			246.8		2
	E. WARD		M.B.C.C.		245.5	5	243.7				1
	G. MIDDLETO		R.A.F.C.		278.3	60 70	242.0		264.1		
	I. WHITE		BIRMINGH		307.8	30	261.9				
	M. WINTER		WINDSOR	nii -	270.5		287.5		271.9		
	A. JONES		WINDSUK		270.8		272.5				
	J. SIBLEY		WINDSOR		292.8		318.5		352.8		
	D. WILLIAMS		NOTTINGH	AM K C	294.7		323.7				
	S. AGAR		INDEPEND		417.7		565.7				
					12/1/	, 0	00077	, 0	77217		
Posi	tion	DIV 1	C2		1-4 5	1411	2	1.15.1	Donk		_
r U51	(101)	DIV I			1st F	CON	2nd R	UN	Best	H	9 =
1	WALLING/WAL	LING	WHITM	ORE	255.6	25	227.8	20	247.8	3	10
2	CLOUGH/CLOL	IGH		IDGE UNIV.			230.4				9
3	BERRISFORD/	MCCONK									8
	DUMPER/JONE				254.1						7
5	ATTENBOROUG	H/COPE	STAKE								,
			MIDLA	ND	251.9	20	245.1	25	270.1		6
6	FRAY/ELLIS		LEICE	STERSHIRE	Capsi						5
7	DOWNING/GOR	TON			276.4						4
8	SHERIFF/Mck	ETTRIC	K F.O.A				267.7				3
	RIGBY/KINNE		MOLD/		255.8	125	244.0	70	314.0		
10	BENSON/STEG	EMANY)	TEES	K.C.	268.3						1
	LONIE/WARIN		D.W.W	. C.	Capsi	zed	359.7				_
								4			

ist RUN 2nd RUN Best

Position DIV 1 K1 TEAM

Position	DIV 1 K1 MEN	b.	RUN	2nd f	RUN	Best	Points
18 S. JAMES	Y HEMEL H	EMPSTEAD 204.	8 10	197.6	10	207.6	83
19 V. MAYERS				202.3	10		82
20 I. SIMPSO		NAPIER 198.		197.8		207.8	81
21 S. BRIGGS				201.7			80
22 I. CROZIE		TER UNIV. 216.			10	208.1	79
23 P. SMITH		HAM K C 208	4 0	211.3	5		78
24 M. SLADE	G.L. CE		2 10	208.6	0		77
25 M. OSBORN		LD C.C. 202.	7 10	209.0	0	209.0	76
26 D. JONES	Y G.L. CF	NTRE 204.		204.4			75
27 M. LIKE		NTRE 205.		209.5	0	209.5	74
28 T. WOOTTO	N .	208.	4 5	200.4	10	210.4	73
29 A. WRIGHT	SOAR VA	LLEY 221.	2 0	211.0	0	211.0	72
30 M. LOWE	SHREWSB		0 0	212.6	55	211.0	71
31 M. MITCHE	LL ROTHAY	RACERS 211.	2 0	207.4	55	211.2	70
., 32 M. CORNER	Y HEMEL H	EMPSTEAD 211.	3 0	213.1	0	211.3	
¥ 33 A. CURTIS	Y HERTS/H	ARLOW 211.	5 0	Retire	e d	211.5	6.
34 S. SIMPSO	N Y B.O.F.A	ARLOW 211. . 198. 201. C. 212. .A. 208.	0 20		0	211.6	67
35 D. WRIGHT	Y TWEED	201.	7 10	223.4	25	211.7	66
36 P. ROBINS	ON J TEES K.	C. 212.	1 0	262.1	110	212.1	65
37 M. STREET	ER R.A.F.C	.A. 208.	2 5	216.4	10	213.2	64
38 B. GASTER	Y SHEPPER	TON 207	3 40	204.1	10	214.1	
39 B. HOLDEN	J KINVER	214.	8 0	215.4	0	214.8	62
40 R. LEE	BALA	204.	8 10	208.7	10	214.8	61
41 P. MARSH	HAMMERS	MITH 222.	9 15	210.0		215.0	60
42 N. HARRIS	ON CHESTER	211.	4 20	215.4		215.4	59
43 P. KELLY	MANCHES	TER C.C. 216.	8 0	211.5		216.5	58
44 A. KING	MANCHES	TER C.C. 216.	5 0	212.2	5	216.5	57
45 J. BENNET	T J CENTRAL		6 10	216.8	0		56
46 S. FORD	STAFFOR	D & STONE 219.		216.8		216.8	55
47 A. MURRAY	Y CARLISL					217.5	54
48 G. LOWE	RICHMON:		8 10	207.7	10	217.7	53
49 M. BENNET		HAM C.C. 212.	8 5	206.5	15	217.8	. 52
50 N. MACINA	IES J NOTTING	HAM K.C. 218.	6 5	207.8	10		51
51 R. GRUNDY	HEMEL HI	EMPSTEAD 228.	7 10	217.8		217.8	50
52 P. SENIOR	J DURHAM	K.C. 257.		213.0	5		49
53 R. WHEADO	N SHEPPER			204.1		218.2	48
54 C. SHACKL	ETON - LEEDS			223.4	15	218.2	47
55 I. TAMONE	SHEPPER			213.4	5		
56 I. THOMAS		TER UNIV. 213.		Caps iz		218.4	45
57 M. GREEN	A.D.G.	231.		214.0		219.0	44
58 G. CLARK				214.2		219.2	43
59 G. DAVIES	BRECON	219.		223.3		219.3	43
60 P. GREEN				219.6		219.6	41
61 P. HUNTSM				216.5	15		40
62 P. ROGERS		204.		229.9		219.9	39
63 D. RAWDIN				215.2	5		38
64 J. WESTON				216.3		221.3	37
65 J. WILLIA		GH UNIV. 211.		223.5			
66 P. GREEN		PADDLERS 240.		211.7	10		35 34
67 J. MELDRA					0	221.8	
68 M. ELLIS	WINDSOR			217.1	5	222.1	33
69 M. P. GRE		209.		212.2	10	222.2	32
70 D. COOKE		TER C.C. 229.		217.3	5	222.3	31
71 I. DAY				237.8	15	223.3	30
72 A. PRATT				233.0	60	223.5	29
73 R. SCARRE				219.2	5	224.2	28
74 P. SHREEV		219.		235.1	5		27
75 P. COX	G.L. CE			219.7	5		26
76 T. MUSK 77 E. MacGRE				217.1	15		
// ► M=CGR				228.0	10	225.0	24
			1 3	(3/. U	U	EEJ. I	43
78 N. ARROWS 79 S. TERRY	MITH NOTTING			218.3			22

		7.						
Position	DIV 1	KI MEN  C.R.C.C. BIRMINGHAM UNIV. S. YORKS WORTHWOOD B.C. BIRMINGHAM UNIV. BOLTON/OXFORD UNIV R.A.F.C.A. POTTERS BAR STAFFORD & STONE BOLTON H & F LLANDYSSUL PADDLERS EXETER CHELTENHAM SOUTHEND  SHEPPERTON: B.W.E INDEPENDENT KINVER A.K.C. / A.U.C.C. MANCHESTER C.C. LEEDS R.A.F.C.A. R.A.F.C.A. R.BBLE MIDLAND CAMBRIDGE STROUD VALLEY LEICESTER MERCIA LEEDS NORTHAMPTON STAFFORD & STONE HULL & DISTRICT KINVER MANCHESTER C.C. GLOUCESTER DUNDEE RACERS SHEPPERTON REGENTS POOL HAYES C.C. COLCHESTER LEEDS REGENTS CHALFONT PARK SHEPPERTON LOUGHBOROUGH DUDLEY SHEPPERTON WEST LOTHIAN WORCESTER	1st	RUN	2nd	RUN	Best	Points
80 J. BRO	NWN	C.R.C.C.	232.2	10	215.6	10	225.6	21
81 P. TER	RRY	BIRMINGHAM UNIV.	215.9	10	209.7	20	225.9	20
82 P. MON	ITGOMERY	S. YORKS	284.1	15	220.9	5	225.9	19
83 R. ROV	LAND	WORTHWOOD B.C.	211.1	15	221.4	15	226.1	18
84 R. LIN	IDSAY	BIRMINGHAM UNIV.	221.8	55	221.1	5	226.1	17
85 A. GRE	EN	BOLTON/OXFORD UNIV	216.4	10	220.4	10	226.4	16
86 R. SMI	TH	R.A.F.C.A.	216.4	10	220.5	15	226.4	15
87 G. SMA	LE	POTTERS BAR	221.9	5	228.0	20	226.9	14
88 A. PAL	MER Y	STAFFORD & STONE	241.3	25	221.9	5	226.9	13
89 P. HAR	RISON J	BOLTON	218.6	20	212.0	15	227.0	12
90 D. BOW	LES	H & F	222.4	5	233.9	65	227.4	11
91 A. CUX	III FA	LLANDYSSUL PADDLERS	222.6	5	224.0	10	227.6	10
72 S. KNU	WLES T	EXELEK	213.9	15	217.9	10	227.9	9
J WIN	HEKS	CHELIENHAM	222.9	5	226.4	5	227.9	8
n, VER	NE I	SUUTHEND	213.0	15	212.5	20	228.0	/
P4 C CIM	DOON V	CHEDDERTON	223.3	/5	218.0	10	228.0	6
70 5. 516	PSUN T	SHEPPERIUM	223.Z	5	210.6	60	228.2	5
7/ 3. DUS	HIVELL	INDEPENDENT	230.5	10	217./	10	227./	4
90 3. LAA	VEC V	INDEPENDENT	213.8	10	213.4	20	230.8	3
100 D COC	LITE	VIIVEK	220.0	100	221.0	10	231.0	4
100 D. COO	DCHVII	MANCHESTER C C	230.2	100	210.0	15	231.0	7
102 D. BKM	GED T	TENCHESTER C.C.	221.0	13	220.0	10	231.5	
102 D. EED	DEK J	P V E C V	227.0	6	220.0	5	231.0	
104 C MOD	EDATE	DAFCA	247.3	=0	233.7	10	232.3	
105 M 100	D EVELE	DIPPLE	227.4	10	222.3	10	232.3	
104 P HIII	ı	MIDIAND	220 0	10	217.0	4.5	232.3	
100 M. TYC	E12	CAMPRINGE	222 0	10	220 5	20	222.7	
108 A. CRI	SP Y	STROUD UALLEY	223.0	10	224 5	20	233.0	
109 G MOR	RIS	LEICESTED	220 5	5	Poting	20	224 5	
110 R MOO	RE	MERCIA	210 0	90	225 4	10	237.3	
111 J. FOR	D	LEEDS	215.9	20	218 8	20	235.0	
112 A. PEA	RSON Y	NORTHAMPTON	215.9	20	218.6	35	235 9	
113 P. EVA	NS	STAFFORD & STONE	327.6	10	220.9	15	235.9	
114 N. SIM	PSON Y	HULL & DISTRICT	222.6	15	232.5	15	237.6	
115 C. NEA	LE J	KINVER	222.9	155	217.7	20	237.7	
116 M. EAR	NSHAW	MANCHESTER C.C.	210.3	50	208.1	30	238.1	
117 E. NUN	N	GLOUCESTER	233.2	5	244.3	105	238.2	
118 P. CON	NELLY	DUNDEE RACERS	223.8	15	233.3	15	238.8	
119 P. KAV	ANAGH	SHEPPERTON	235.0	5	273.0	20	240.0	
O P. WIT	CHELL	REGENTS	225.0	15	Retire	d	240.0	
I K. SOU	THALL	POOL HAYES C.C.	247.0	5	221.4	20	241.4	
122 K. WAR	D	COLCHESTER	231.7	10	234.2	15	241.7	
123 G. LED	GER	LEEDS	230.1	60	231.7	10	241.7	
124 P. KIL	HAM	REGENTS	221.8	20	229.4	60	241.8	
125 R. ARG	UE	CHALFONT PARK	225.5	20	232.0	10	242.0	
126 R. KNA	PP	SHEPPERTON	234.0	15	233.8	10	243.8	
127 M. GRE	ENWAY	LOUGHBOROUGH	236.1	10	228.3	70	246.1	
128 D. BEN	NETT	DUDLEY	226.2	20	269.7	150	246.2	
129 J. CAR	ROLL	SHEPPERTON	234.7	20	228.0	20	248.0	
130 J. GIL	LIES	WEST LOTHIAN	238.1	10	238.6	10	248.1	
	THORN	WORCESTER	237.9	50	244.7	5	249.7	
132 D. SHA	NAHAN	SOUTHMERE C.A.	251.6	0	248.6		251.6	
133 W. HAN		GARSTANG	234.8	25	237.2		252.2	
134 A. WAR			255.3	0	254.2		255.3	
135 R. GRE		LEEDS UNIV.	237.6	65	231.0	25	256.0	
136 C. HAM		TEES K.C.	243.0	15	252.0			
137 C. PENI		KNOTTINGLEY	244.1	20	250.4		264.1	
138 K. DAV		TEES K.C.	326.9	70	218.0		283.0	
139 T. BRO	WN Y	STAFFORD & STONE	232.0	160	214.5	120	334.5	

## SLALOM CLINICS WITH RICHARD FOX

The National Water Sports Centre are offering 6 one-day Clinics with the World Champion on the new artificial slalom course at Holme Pierrepont.

Dates: Monday October 27, Tuesday October 28, Wednesday October 29, Monday November 17, Tuesday November 25 and Friday December 5.

## PROGRAMME INCLUDES: -

- Two sessions on the slalom course with video analysis of technique, coaching and demonstrations.
- Land training exercises. Talk and demonstration, including use of isokinetic equipment.
- Stroke technique analysis and demonstration of stroke conditioning exercises.
- Training package of weekly record sheets, monthly summary and year plan with recommendations for winter training.

Cost: £30 includes use of Centre facilities, lunch and refreshments during day.

A MAXIMUM OF EIGHT PADDLERS WILL BE ADMITTED TO EACH COURSE.

## BOOKING: -

Reserve a place now by phoning the Centre Reception on 0602 821212 and send off the booking form below with a cheque or postal order for £30 to:-

National Water Sports Centre Adbolton Lane Holme Pierrepont Nottingham NG12 2LU.

Name:
Address:
Age: Tel. no:
Division: Club:
Best 3 Results during 1986:

Please state preferred date (it may be necessary to offer you a second or third choice).

1st Choice: 2nd Choice:

3rd Choice:

I enclose cheque for £30 made payable to The Sports Council.