

WHITE WATER NEWS RAFTING NEWS



SUMMER DROUGHT TRAINING - RUSE

5

ISSUE 5 INCLUDES

- Div "A" Leaders
- Rapid Racing Report
- Weekends in Belgium
- Grass Roots Criticism

AND OF COURSE

Wild Walter

5

CAGS and BAGS

SPONSORED BY

WHITE WATER NEWS

ISSUE 5 April 84

EDITORIAL

Giddy Boys 'n Girls

The "NEWS" is spreading. We received a request for future Issues from a New Zealander whose greeting was (predictably?) "Giddy Dave"! Meanwhile, at Crystal Palace the White Water Stand gave away over 150 copies to the unsuspecting public. The drawback was that there were fewer copies of Issue 4 to circulate at races but not so this time.

The biggest problem seems to be getting the "News" to the right people. SO .. if you're receiving a your CLUB copy via the exec mailing list PLEASE make sure that it's seen in your club. And if you want a second copy (so you can keep one for yourself!) simply let Sarah Swallow know.

Finally remember as always that an SAE to me will get you a guaranteed free copy. Make it at least half A4 in size and preferably a 2lp Stamp.

EDITORIAL ADDRESS Dave Kay 14 Lake View FORESS VALE Stockport SK12 7QD

The NEXT ISSUE will be the last of the season and will include all the Europa Cup and Pre-Worlds news ... so expect it in early August. Press date will be 23 July.

ASSORTED INFORMATION**British Open : New Organiser**

George Clough is now the organiser of the 19/20 May event. Please send all entries to him at 84 Bodmin Avenue STAFFORD ST17 0EQ
Remember also that the first of the Lowenbrau 500s takes place on the Saturday of the British Open weekend (presumably at 12noon). Entries for that will be on the day and the course should be below the Worlds Slalom Site.

Selling old WW Boats?

Terry Benton is interested in any WWR Kayaks in reasonable condition for his school club. He will be at the Tryweryn races or you can phone him on OTLEY 465758.

Bill Bayliss on the run

Bill and family are all back in Oswestry. As of 31 March you can contact Bill on OSWESTRY (0691) 656336. His address is :
3 CORNWALL AVENUE COBOWEN OSWESTRY SALOP SY11 3JX

Arctic Canoe Race

Steve Bowles is moving impressively forward with this year's organisation. The course is the same gruelling 537kms over 6 days, with WWR K1 and 570cm C2 classes having their own prizes. There is also a K1 class for Ladies. Details from Steve at

VALIKATU 3 95400 TORNIO FINLAND

YOUTH SQUAD

Youth Team Manager Phil Dean has named a squad 10 Youth MK1, 5 Junior MK1, 4 Youth Ladies and one C2 for training weekends. These include the April double Washburn weekend and the Monschau race of 5/6 May. At the Welsh Open upto a dozen paddlers will be selected for the Summer European Tour in July.

Only Paul Slaney is now above age out of last years successful team which won Individual and Team Gold in the European Youth Champs. With the current form of Birmingham's Neil Stamps, plus Londoner Steve Felkin to add to the reckoning, there will be hot competition for the top Youth and Junior places.

TRIAL 500 & COACHES WEEKEND

Lowenbrau involvement with our sport got off to a fine start even before the major Bala Rapid Racing event (reported elsewhere). Bill Fraser organised a trial 500 race at the Washburn on 17 March as part of the sponsored weekend for coaches. The Sunday was spent at Leeds concentrating on flat water coaching, and inbetween was spent coping with generous Lowenbrau "hospitality!

The 500 Racing was from the usual start to the Footbridge. Mike Smith took the honours from Hibble and Swallow, with Chris Febrey putting in a powerful performance as the first Youth and first non-Rapid Racing paddler.

1	Mike Smith	Leeds Frogs	1.35.65
2	Jerry Hibble	Leeds Frogs	1.36.17
3	Melvin Swallow	Chester	1.36.45
7	Chris Febrey (Y)	Herts	1.40.09
12	Sue Hornby (L)	Outdoor Adventure	1.44.90
15	Fiona Mitchell(L)	Birmingham	1.45.92

'Ure Crazy and we take the Pisc

Ripon Piscatorials announced to their local press that they'd stocked the Ure with a few thousand fish. On the strength of their endeavour they encouraged would be fisherpeople to apply for season tickets to (wait for it)

Piscatorials Secretary SEAN LOONEY (I daren't disclose his address!)

DIVISION "A" : RANKINGS AFTER 5 RACES

The following rankings are based on the old "points" type of system. The real M.S. scores could effect the value of every score but for a first place. Therefore the only certainties are that DRH Taylor and Anne Plant have won the K1 classes and Kay/Pearton have won the C2. Congratulations should go to DRH for his first Championship.

The overall "form book" is of some interest as the Selection looms in April and May

Pos'n	Mens K1	Dee	Usk	Bala	Tees	Tay	Best 3	81Sel'n
1	DRH Taylor	1	1	1	1	1	3	9
2	Jerry Hibble	2	2	2	4	-	6	1
3	Jonathan Dunseath	3	3	3	-	4	9	11
4	Mike Smith	5	5	4	2	3	9	6
5	Dave Taylor	4	-	-	3	2	9	2
6	Henry Syska	6	6	5	5	-	16	12
7	Chris Ballard	8	4	-	6	-	18	10
8	Melvin Swallow	7	7	6	9	-	20	5
9	Kenny Fraser	9	-	8	7	6	21	13

As only one other paddler has broken into the top six at a Div'A (D Kay with a 5th at the Tay), it seems that we have a clear group of the usual paddlers battling for Europa Cup places, with Henry Syska being the only Team newcomer in the running. The right hand column indicates the positions at the 1981 Bala Selection ... not much has changed.

The confident form of Mike Smith since late February must be credited (even BEFORE his Rapid Racing results are considered!) - he has been around a long time but at 20 this month he must still be regarded as our brightest young hope since the emergence of the 16 year old Hibble in 1977.

However the performances of four younger paddlers are not to be ignored as pointers to the future :

*	Chris Humpage	13	8	18	-	7	28
*	Adam Brewster	15	12	9	8	13	29
*	Jeff Parker	11	19	14	-	12	37
*	Neil Stamps (U16)	14	18	13	12	-	39

Pos'n	Ladies K1	Dee	Usk	Bala	Tees	Tay	Best 3
1	Ann Plant	1	1	-	1	-	3
2	Gail Allen	2	-	-	2	1	5
3	Sue Hornby	4	2	1	-	-	7
4	Ennirroc Helm	3	3	3	-	2	8
5	Fiona Mitchell	5	4	2	3	-	9
6	Gill Berrow (Robbie!)	6	-	-	4	3	13

With Plant, Allen & Hornby perhaps not available for the international events, the way is open for Ann Gillespie and Julia Harling to impress the Selectors. There does not however appear to be ANYONE else in range.

Pos'n	C1	Dee	Usk	Bala	Tees	Tay	Best 3
1	Dave Wildiams	1	2	-	1	-	4
2	Mick Fletcher	2	3	2	2	1	5
*	Ruse	-	-	1	-	2	*
3	MTS Peatfield	-	6	3	3	-	12

Steve Wells (Current Champion) is taking a year out, and apart from three single race performances from itinerant Slalomists (Hedges, Doman & Kevanne), no other paddler has shown form in C1 ... but if Nick Pink can remember the way down Bala Mill

Pos'n	C2	Dee	Usk	Bala	Tees	Tay	Best 3
1	Kay/Pearton	1	1	4	1	-	3
*	Goldsmith/Evans	(2)	2	-	2	-	(6)
2	Terry/Cooper (BB2)	3	3	1	-	-	7
*	Stagg/Harvey	2	5	DNF	-	-	*
*	Horrod/Philp	-	4	-	-	-	*
3	Halliwell/Fox	6	8	6	3	1	10
4	Lindsay/Pritchard	7	-	2	-	2	11
5	Martin/Richmond	4	7	3	-	-	14

Whilst there is plenty of C2 experience around, the results outside the first three crews have been either inconsistent or good by default. Stagg/Harvey and Horrod/Philp must produce the scores at Bala if they are to prove their assumed potential - especially as Terry/Cooper have proved their capacity to race consistently. After excellent Tees & Tay scores perhaps the enthusiasm of Halliwell/Fox could scare a few people

What we did on our (Spring) Holidays

John, John and John decided that it was about time they paddled a new river and raced some different people. The chosen venue was a Grade One ditch about 350 miles from home. No ... it was not a low Wharfe race. At this race the locals spoke foreign, the organiser gave free entries, free wine after practice runs, and free fablon squares with numbers already on them.

John, John and John left Stevenage at 5pm on Friday. Having "camped" in a French layby, they arrived at Houffalize in the Ardennes area of Belgium at midday - 5 hours steady drive from the Calais ferry. After the obligatory two practice runs on the twisting but flat 5 mile course, they "did" Luxemburg. That means cheap petrol and duty free wine etc, all of which is stocked by even the smallest petrol station! (Who could resist Poire Williams at £2.50 a bottle?). The four course evening meal lived upto the local cordon bleu reputation. At £7.00 it was the only real excess of the trip - what is "le civet" anyway?

Race start of 11am allowed for a sensible warm up on the course, which ran visibly beside the road for its entire length (good for filming and timed sections), followed by the usual small-talk with the opposition.

John & John won their class, but much more important was that those friendly Beligues had laid on a barbecue at the finish with very BIG sausages, soup (real), coffee and the usual strong alcohol. Setting off unfortunately sober at 2.30 the intrepid travellers were in their beds in Blighty before midnight.

RESULTS : Houffalize Class "C" International : Mens C2

1	John/John	GB/FACK	28.30
2	Tombour/Bertinchamps	Belgium	32.59

The Moral

Seriously though, there is a moral to the story. British paddlers of any standard would have been welcomed to this race despite its Class "C" International status. The Belgians were delighted to see us and were genuinely friendly. And just as important the cost for a car of three from Stevenage excluding the Ferry / Green Card (Only £17 each) was almost identical to doing Grandtully from Leeds the previous week. Furthermore the time travelling and canoeing was very similar.

Nobody is suggesting that you omit to do Tully ... but rather that you might be able to afford and really enjoy a little continental jaunt every so often as well.

Split between 3	Tully from Leeds	Houffalize from Stevenage
Petrol Costs	£15.00	£14.00
Ferry & GCard	-	£17.00
B&B plus Evening Meal	£11.00	£12.00
Hours away	50	54
Minutes Paddling	180	150
Bonuses	Vintage Scotch	Duty Freees

If you want more details about continental races near and far, there are several people you might contact for advice. For example :

- * German Races : John Handyside
- * Belgian & French Races : Dave Kay
- * Austrian Races : Nig Morley

Also write to the Federation concerned in advance because you can be sure the BCU will know nothing except for the wrong dates. To help you in this the "News" hopes to carry some euro race details in the future. There is no mystique about foreign races and the standard of paddling or grades of water. Try it

Constructive Criticism from Grass Roots Level

I received a very honest 6 page letter from Dave Power, Secretary of Colchester Canoe Club. His club has several disadvantages which are probably more typical than we would like to believe - but which could possibly be overcome. Perhaps your club is like this too

1 Geographically isolated

But what about the East London, Cambridge, Lowestoft and Herts paddlers? Perhaps some of those are nearer than you think, or perhaps there is some training spot inbetween where you could meet up?

2 A long way to the real white water and to race venues

This is what really isolates a club for if they don't get to events regularly they remain cut off from the mainstream of the sport. They are always "outsiders". Contact with those other clubs in the region to share transport is the only answer - along with making a real effort to communicate at races. Look at the example of the Lowestoft/Bury St E paddlers.

3 No race organisation experience

The club would like to run a Div "C" race but lacks manpower and knowledge. Dave Power suggests an article on what's involved - that is an excellent idea and our most prolific organiser has been commissioned to do that in issue 6 of the "News" (You didn't know about that did you, Bill ??) There is very little to it at the most basic level ... but, as you rightly point out, it does need setting out step by step.

4 No idea about training

Its a shame you missed the Lowenbrau coaches weekend at Leeds last month ... Anyone who wants to be involved in the next one in order to find out about coaching please send an SAE to Bill Fraser (27 Marshall Terrace Crossgates LEEDS)

Alternatively contact our newly appointed (or about to be appointed?) National Coach John MacAdam (See Year Book for address). If he gets the job his concern will be for coaching at grass roots level NOT at national team level.

But perhaps you can find out something from paddlers in the meantime. You say the high flyers seem too busy (or something!) to help ... only DRH was positively informative (Hear that everyone out there?!). I'm afraid we have to accept that this is an amateur sport and that most people find time at a premium and have no great sense of responsibility for the sport at large. That's no criticism - just a fact of life.

However, if you REALLY want to know something, you must persist with the most likely person (eg Don't write once - Write twice). If they don't say "no", they would probably like to help if only they were pushed a little harder and if you showed just how interested you were.

5 Non-BCU Members at Div "C" events

What is the BCU playing at? ... Yes, indeed! I wholeheartedly agree with Dave Power on this one :

To put you in the picture, Council (all kneel!) quashed the motion passed at our May SGM which was to allow Div "C" organisers to take entries from non-BCU members. I cannot (I must be really stupid) see the difference between that motion and the current Marathon scheme of "Fun Racing" divisions (Divs 10-12 I think) which are open to anyone. There is no room for a full analysis of the pros and cons here ... but I should be grateful if someone "in the know" would write for the "News" on the subject. In the meantime may I recommend the following courses of action / subversion to any race organiser who really wants to encourage Joe Public to get involved in River Racing :

* The accepted method : Simply charge a fee to cruisers who wish to take advantage of the access and facilities (?) offered outside of actual racing time. Perhaps this is only fair where something of value is being offered - such as a water release.

* A radical plan : For this plan to work you must make the "promotions" situation clear to the paddlers from the outset. AND, of course, you should make an effort to publicise the "open" nature of the race especially to the local clubs. The October Aire Race will be run on this basis.

- Make sure you've got a lot of BCU entry forms
 - Get each non-BCU member to fill in their name on one
 - Tell them they can pay after the race
 - They can now compete in Div "C"
 - If they get promoted you chase them for their money
- NB The number of promotees must still be related to the number of paid up BCU-members racing
- If they don't get promoted you forget to collect the money

Now admittedly it would be a bit tricky to run this system if a member of council were breathing down your neck ... but that's about as likely as Prince William racing in your next Div "C"!

Furthermore you then have the choice as to what to do with the entry fees from the non-BCU members. After all, their failure to pay up invalidated their entry ... so why should your club pay levies on it? Seriously, I think you should still pay those levies as a "donation" to the WWR committee.

6 Finally ... Race Cancellations

Yes - with our volatile rivers, useless weather and unpaid officials, life is very difficult. We've wasted a lot of money in 1981-2 and 83-4. The problem is much more complex than an Ansafone message can solve. As you say, a FINAL & EXPLICIT message on the Leeds or Bala phone by Thursday 6pm would at least be a start. But then I start to think of the real facts ...

DEE 2 in 1981-2 ... Huge snow storm on the Friday
 TEES 2 Attempt 1 in 1983-4 ... All that rain and then on Sunday !
 TEES 2 Attempt 2 ... It was OK on Sat but cancelled on Thursday
 and so we go on ----- Can anybody offer some words of wisdom ?

Thanks for your letter, Dave. I hope these notes on your points do justice to your situation and are helpful / provocative to others.

cags & bags

CANOE:KAYAK CLOTHING

0509
215865

EVENINGS

Juliana & Chris Beardsmore

Cags and Bags offer a first class range in canoe & kayak clothing

** All high quality products at very competitive prices

** Range of Spraydecks, Cags, Bags, Mittens etc

** Products specially for WW Racers :-

- * protective car seat covers
- * kayak and canadian paddle bags
- * cockpit covers & boat bags

See us at events or write/phone for mail order price list

87 Middleton Place
Loughborough
Leics LE11 2BY

Under-16 Rankings So Far

After 5 events the leading positions are :

1 N Stamps	100	6 J Hoyes	46
2 A Curtis	97	7= N Saville	44
3 D Armstrong	91	7= N Slater	44
4 P Player	57	9= P Huntsman	40
5 P Smith	47	9= I Tordoff	40

LOWENERAU RAPID RACING CHAMPIONSHIP 1984 : Bala (26-29 March)

Individual Race Winners - See next page for full report

KEY : S=Fastest Split-Time P=Fastest Practice Run
59.99 = Split-Time 1:59.99 = Finish Time

RACE 1 : Tunnel

1 Smith	GBR	31.96	1:07.90
2 Leroux	FRA	32.51	1:07.91
3 Dunseath	GBR	32.94	1:08.48
4 Benezit	FRA	32.60	1:08.70
S Smith	GBR	31.96	(1st)
P Dunseath	GBR	32.11	1:07.22

RACE 2 : Graveyard

1 Dunseath	GBR	36.67	1:24.09
2 Smith	GBR	36.66	1:24.53
3 Hibble	GBR	36.47	1:24.67
4 Peinhaupt	AUT	37.05	1:25.09
S Ballard	GBR	36.65	(10th)
P Smith	GBR	36.63	1:24.56

RACE 4 : Staircase

1 Benezit	FRA	49.75	1:26.24
2 Smith	GBR	51.40	1:26.48
3 Leroux	FRA	51.76	1:26.59
4 Peinhaupt	AUT	50.90	1:26.73
S Benezit	FRA	49.75	(1st)
P Benezit	FRA	51.91	1:27.73

RACE 4 : Mill Fall

1 Dunseath	GBR	36.66	1:24.98
2 Peinhaupt	AUT	37.34	1:25.71
3 DRH Taylor	GBR	37.86	1:26.20
4 Benezit	FRA	37.00	1:26.47
S Dunseath	GBR	36.66	(1st)
P Swallow	GBR	37.52	1:27.18

LADIES 1 : Staircase

1 Mitchell	GBR	58.34	1:37.90
2 Berrow	GBR	58.95	1:38.16
S Allen	GBR	58.23	(4th)
P Hornby	GBR	58.16	1:39.02

Ladies 2 : Mill Fall

1 Mitchell	GBR	42.93	1:36.28
2 Hornby	GBR	42.36	1:38.03
S Hornby	GBR	42.36	(2nd)
P Hornby	GBR	-----	1:38.09

LOKENEBAU RAPID RACING CHAMPIONSHIP 1984 : Bala (26-29 March)The Drama

At midday on the last day, I was certain that Mike Smith had the whole Championship in the bag. With one win and two second places out of three races, he only needed to do better than 7th in the last race (Mill Fall) IF John Dunseath were to win it. If John did not win it Mike's overall first place was already secure. No one other than Mike or John could possibly win.

But it seemed most unlikely that John would win as he had clearly run out of steam on the second half of the third ("Staircase") race - finishing 7th after a 2nd place halfway split-time. Indeed, if there were to be a winner of the last race other than Smith, it looked like either Frenchman - Claude Benezit or Jean Louis Leroux. Benezit was really flying on the last day and Leroux alone had come close to Smith's consistency.

But how things change! The tension built in the last race over the Bala Mill slalom site. Richard Fox held the lead for 16 paddlers having gone off first. Then the lead was taken up successively by the real Dave Taylor, Peinhaupt (77 World Champion) and then Dunseath. Yes, with 7 paddlers including Smith and two World Champions to come, Dunseath had kept his nerve ... he could now do it IF he held the lead AND IF Smith were 7th or worse.

Smith put in a second place split-time and things seemed safe for him. Then an error of judgement on the Mill Fall ... first sideways ... then suspended upside down ... the seconds had passed so finish or swim it was over. Mike swam for the first time in years. Now Benezit remained as Mike's only hope but his time was 1.5 seconds off the pace. So Dunseath had won the last race by the biggest margin of the whole championships (0.63 seconds) AND the overall championship.

Mike Smith's capsize in the last yards of the last race was typical of an event that put paddlers under more than the usual pressure to go fast regardless - s!!! or bust. Similar incidents were Fox's crash on the "Graveyard", Sue Hornby's break out on the "Staircase", Hibble's error on the familiar "Tunnel" course and Dunseath's hopelessly exhausted second half of race three.

The Outcome

John Dunseath's performance was outstanding - for him and for British River Racing. His struggle with Smith was the high point of four days which signified a revival in the performance and the pride of our kayakists. Only Richard Fox of the slalom contingent made any real impact (although Shane Kelly looked good and picked up at least some points). The Sprinters (even Willi) pulled out after the first two races - only Raciborski competed the third race. Furthermore those "fabulous French" (Bosher's TV phrase) raced well and lost to Dunseath and Smith overall. It was GREAT!

Oh yes ... sorry ladies ... but with no overseas challenge and no Liz Sharman we can't make such a noise about Fiona Mitchell's outright victory. But it was a fine victory. Sue Hornby had fastest times in practice but Fiona kept her head under pressure. Sue threw the first race with a break out BUT still failed to beat Fiona in the second race being a full 1.75 seconds down in second place. Plant took two thirds and Allen was altogether out of it.

The verdict?

Without exception, those to whom I spoke were VERY impressed. They were impressed with the type of competition, with the organisation, with the hospitalities of Lowenbrau the sponsors, with the video/TV film playback, and more.

For what its worth as a spectator I was very impressed. The TV coverage can only begin to convey the tension and the drama. Highlights were the 0.01 winning margin in race one, Benezit's fabulous split on race three (1.03 clear) and the climax of the final race. Let us remember however that full distance river races could also be very exciting if halfway splits were relayed to the finish or to somewhere like the Town Bridge or Mill Falls. Let's hope there's more Rapid Racing next year and that the Lowenbrau 500 competitors have as much fun.

One criticism : there are FOUR boat classes in River Racing. I really would like a go at this Rapid Racing game - and I'm sure other C1 & C2 paddlers would. It must be the responsibility of the WWR Committee to push for the inclusion of all classes after this successful trial run - we must not slip back to the pre-1978 days of second class citizenship for Canadians. After all, which is the best crash for the viewing public - one man on his bum with the proper equipment or two men on their knees (1) with half a paddle ?

MEN'S OVERALL CHAMPIONSHIP POINTS (3 out of 4 count)

FOS	BIB	N A M E	NAT	R1	R2	R3	R4	BEST THREE
1	5	J DUNSEATH	GBR	15	25	9	25	65
	11	M SMITH	GBR	25	20	20	0	65
3	16	C BENEZIT	FRA	12	10	25	12	49
4	19	J LEROUX	FRA	20	11	15	10	46
5	20	G FEINHAUPT	AUT	5	12	12	20	44
6	15	D R H TAYLOR	GBR	9	8	6	15	32
	17	J P BURNY	BEL	11	5	10	11	32
8	7	J HIBBLE	GBR	6	15	7	6	28
9	4	R CAMPBELL	GBR	2	9	11	7	27
10	14	D TAYLOR	GBR	10	7	5	9	26

LADIES OVERALL CHAMPIONSHIP TIMES (2 out of 2 count)

FOS	BIB	N A M E	NAT	ACCUMULATIVE TIME
1	6	F MITCHELL	GBR	3:14.18
2	8	A PLANT	GBR	3:16.57
3	2	G BERROW	GBR	3:17.13
4	3	A GILLESPIE	GBR	3:21.26
5	1	G ALLAN	GBR	3:21.38
6	4	C HELM	GBR	3:21.58

STOP PRESS

Colin Tannock wrote from Windsor CC in his crusade to get the club address on the WW Mailing List put right - he's been trying for 2 YEARS.

To put the record straight Windsor CC are to be contacted via

Colin Tannock 206 Clever Hill Road WINDSOR Berks SL4 4DP

Have any other clubs got this problem with the WW mailing list?

International Event Over-preparation

(The British Disease)

Thoughts to provoke constructive thinking on International preparation

Like most British WWR canoeists I spend at least 90% of my canoeing time on British rivers. I probably spent 90% of that time on flat water. When I go to events in Britain I usually know the course. I have usually canoed it many times before. I like to get the feel of a 'real' river again and get warmed up on the rough bits but particularly at championship events I don't want to hire myself out doing too many practice runs

I am very lucky to go to an event where there is lots of water - enough for real grade 3+ 'wild' water racing. When I do it's usually freezing cold so I like to be in the pub/café, not on the river. (I am a bit of a wimp!) If I am lucky I get down a Tryweryn race without holing my my boat and breaking it a Mill falls with the extra 2 gallons in the back end. if I had worked hard enough during my 90% on the flat, I might get selected for auspicious/infamous/(underspent?) GIB WWR team.

Lucky me, I go abroad with my nice new (but sadly Tryweryn damaged) boat to famous grade 3+ river race course. Wow! this is the real thing...

Whoopie! ... etc. I practice for 4 days (4 runs first day, 3 runs second, 2 runs third and 1 run on fourth. My boat is beginning to fall apart (Won't say who made it.... clue: I'm not one of the 90%)*. I have just finished 10 x 25 min on rough in four days. At end of British season (Tryweryn races) I have done 8 x 30 min on rough (?) in 3 months. My arms are now dropping off. I have to try and race in two days time + the Coach says I ought to go canoeing 'cos the Sports Council paid for me to go canoeing, not to go on nice sunny holiday. I'm knackered but I'm not going to let M.I. Riva! (another GIB canoeist) know that. I go canoeing again. Finally I race. I come last (ish). I blame it on having wrong boat for river. Where should I draw line between experience + performance? Discuss

* Note: Big foreign rivers always munch up old British boats!

D. Williams

WALTER AND SID SLAMMER WENT DOWN TO THE CANAL FOR



WALTERS EVENING SESSION.

THIS WAS SID'S FIRST SESSION IN THE BOAT IN THE EVENING AS HE NEVER NORMALLY TRAINS REGULARLY.

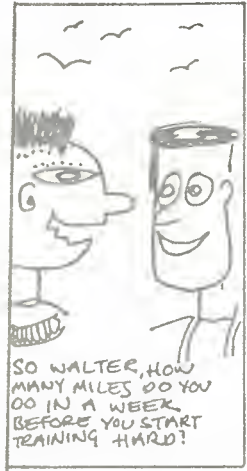
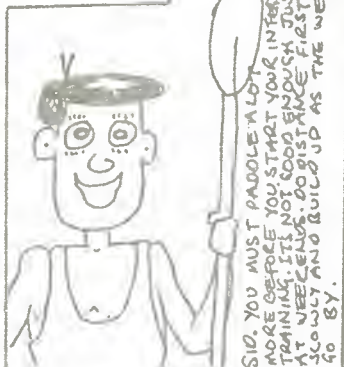


AFTER 3 INTERVALS.



SID IS FINISHED AND A LONG WAY BACK.

HEY WALTER, HOW DO YOU KEEP GOING, I'M SO WORN OUT.

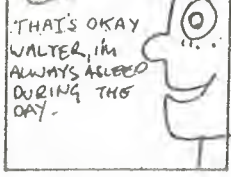
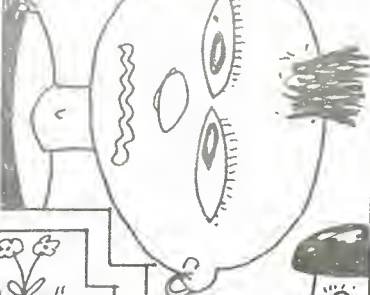


SO WALTER, HOW MANY MILES DO YOU DO IN A WEEK BEFORE YOU START TRAINING HARD?



FIRST SID I BUILD UP TO 30-60 MILES PER WEEK. --- BUT MORE IMPORTANT I TRAIN EVERY DAY REGULARLY!

TO START WITH SID DONCOVER DO IT HAVE GOOD REST BETWEEN SESSIONS!



THAT'S OKAY WALTER, I'M ALWAYS ASLEEP DURING THE DAY.

SO AS THE WEEKS WENT BY SID SLAMMER PADDLED 2 TIMES A WEEK, THEN 3 TIMES, THEN 4 UNTIL HE WAS DOING A RESPECTABLE MILEAGE. IT TOOK A LONG TIME - BUT HE NEEDED IT.



YER MAN!

Don Player

Leeds C.C.

IMPRESSIONS OF A FIRST SEASON IN W.W. RACING

I write this towards the end of my first season involved in W.W. racing. I became drawn into the sport when my son took it up and since September I have been acting driver/organiser for a little band of aspiring W.W. racers from the Leeds Club who like to call themselves the 'Aire Team'.

My first impressions have to be how much discomfort is involved and surprisingly overcome. Not so much in races, more the run up to and after. None of your comfortable clubs and showers available to other sports. Just backs of cars or the comparative luxury of a 'Hibble mobile' or two. Frostbite in vital areas as a prelude to approaching hyperthermia seems all too frequently the order of the day for many paddlers.

Training is another daunting area. Not only the dark and cold winter nights but for Leeds and doubtless many other large town clubs, the delights of some of the worst polluted water in the Country. A great incentive to stay upright.

The travelling involved is considerable with K1 and C2 perched precariously on Minis, Beetles and even the odd sports car for which they were certainly not intended.

For the lesser lights like our little band, the boat benders, there are the delights of cold and tedious hours of repairing in freezing garages. Fingers cold, gummed up with resin and sore from shards of glass fibre. Breathing in fumes almost guaranteed to reduce ones life span!

Happy days. Its fun really. Really it is!!

Even when you get to the events it is all designed to dissuade the initiate. Long treks too or from rivers to avoid the wrath of farmers and fisherman alike. Sad to say inept organisation. It may be fine at Div.A. events and naturally the Leeds meetings (I must ingratiate myself with my own club), but travelling with the 'Lads' to some of the 'lesser' venues is an eye opener. On occasions we have received no prior information about times and location of access; poor or non existant signposting on the day, confusion over start times, boat numbers etc. Even when you get on the river it is not over. Starts with inadequate countdowns, boats not held, particularly a problem for Div.C. paddlers on faster flowing rivers and even confusingly marked finishes in odd instances. Slalom training on part of the course while the race is in progress makes life interesting! Taking two reverse gates and leap frogging a slalom boat as you drive for the finish does nothing for the temper! Slalom orientated organisers unaware of W.W.R. result classifications. Mats of primary school level that in some instances, mean the initial posting of race results is only the opening of negotiations.

Despite all these little annoyances it is amazing to me the

enthusiasm and in many cases dedication of the W.W. fraternity. I am told by some that it is its rather 'ad hoc' nature that adds to the sports attraction. I am not totally convinced. Just a little forethought on organisation would not be hard to achieve. How about a few more W.W. racers lending a hand at their own club's events. Get your own event going well and eventually they will all improve. Leaving it to just two or three folk on the day makes for hard work, and increases the likelihood of slip ups that are so frustrating to the paddlers who are already keyed up having trained for the day.

Despite my apparent carping I must confess to being sold upon the sport and would encourage any reasonably hardy soul to have a go.

~ Don Player

1984-85 Calendar

Bill Fraser thanks those who replied to his article in Issue 4 about the 84-85 Div "A" races.

New events (any division and especially in the South East & South West) are still sought after for 84-85. If you are considering running one PLEASE get in touch with Bill as soon as possible.

Also replies are requested URGENTLY from current organisers who have not yet replied to Bill's circular.

What remains this season ?

DATE	RACE/LOCATION	DIV"C"	DIV"B"	DIV"A"	OPEN	COMMENT
28,29/4	Tryweryn,N Wales Also part of SENIOR, YOUTH & JUNIOR GB Team Selection	---	WELSH OPEN	---	ABC	U14&U16 Ranking
5,6/5	Awe,Scotland	*	*		A	
5,6/5	Monschau,W Germany	---	Class "C" (Open)		International	---
19/5	Tryweryn,N Wales		1st Lowenbrau	500	ABC	Enter on day
19,20/5	Tryweryn,N Wales Also part of SENIOR GB Team Selection				*	BC U14&U16 Champs
2,3/6	Soca,Yugoslavia	---	Europa Cup (1)	---		
8,9/6	Garmisch,W Germany	---	Pre-World Champs	---		
10,11/6	Vezere,France	---	French Champs	---		
17/6	Evian,France	---	French Ranking Race	---		
23,24/6	Neuss,W Germany	---	Silberschild Class "C" International	---		
5-23/7	YOUTH TEAM SUMMER TOUR : Approx Dates					
5-9/7	Sort,Spain	---	Class "C" International	---		
21,22/7	Bourg,France	---	Europa Cup (2)	---		
4,5/8	Lofer,Austria	---	Class "C" International			

SALOMON OFFER : via WHITE WATER NEWS

Salomon, the top ski equipment manufacturer, have made a generous offer to any River Racing or Slalom squad members. Their Cross-Country Ski Bags are ideal for paddles, whether for roofrack or airline journeys. They are well decked out with straps and robust zip AND they will definitely take up to 218s or can be folded to suit Canadian paddles.

Salomon are willing to offer these at Trade Prices via White Water News. Cheques to Dave Kay (14 Lake View Furness Vale STOCKPORT SK12 7QD) - who can show you both sizes at races

	Tested with	Retail	To Squad Members
Large Size	4 paddles	15.00	10.00 inc VAT/Post
Small Size	2 paddles	12.00	8.00 inc VAT/Post

*

Please note that any ranking list results published in
the "NEWS" are PROVISIONAL: Serious queries to the compilers.

*

Wild Water Pacing National Team Championships

		<u>Dec</u>	<u>Usk</u>	<u>Tees</u>	<u>Tryweryn</u>	<u>Tay</u>	<u>Best 3</u>
1 Leeds	Morley/Hibble/Smith	25	24	25	25	-	75
2 Birmingham	Sysks/Ballerd/Brevitt	22	25	24		-	} 73
	Stamps				24		
3 Birmingham Uni.	Gillham/Parker/Wooltorton	24	23	-	-		} 71
	Helm Pritchard					24	
4 RKC Koln	Handyside/Humpage/Sellwood	23	22	-	-	25	70
5 Accrington A	Mashiter/Tomlinson/Eglin	21	-	22	23		66
6 Worcester	Sinclair/Davis/Doodey	18	20	20			} 63
	Gillespie				20	23	
7=Accrington B	Dean/Slater/Slater	20	-	-		-	} 41
	Royle				21		
7=Adur	Quill/Robinson/Gould	-	19	-	22	-	41
9Accrington C	Clements/Royle/Henshall	19	-	21	-	-	40
10 Gateshead A	Lowe/Taylor/Marshall	-	-	23	-	-	23
11 Strathclyde Uni.	Ringwood/McNair/Bryce	-	-	-	-	22	22
12=Chester	Hodgkinson/Bayliss/Swallow	-	21	-	-	-	21
12=Aberdeen Uni.	Sadler/Phimster/Stoddart	-	-	-	-	21	21
14 Gateshead B	Armstrong/Marshall/Hardman	-	-	19	-	-	19

- Dave Mylett

Ladies C1 C2 Promotions

<u>Promotions</u>	<u>Ladies</u>	<u>C1</u>	<u>C2</u>
Thistlebrig	L.Turner C.Gillies	0	McDonald/Lowe
Royal Dec	N.Ball	0	0
Clyde	M.Struthers	A.Munro	Davey/Iolej
Teme	I.Brown	0	Lindsay/Pritchard
Dart	I.Joce R.Purkiss	R.Joce	0
Nene	R.Pitt-Francis	C.Harvey	Henumc/Henumc
Teme	0	0	0
Clyde 11	NO Races because of water level		
Derwent	0	0	0
Teifi	B.Mason	0	0
Wharfe	K.Longrigg K.Turner	0	0

New rule promotions. John Snocken (C1). No other paddler has informed me.

-Jen Paw

DIV. B. RANKING FROM JANUARY 7/8 TO FEBRUARY 25/26.

Promoted during this period:-

U18	K. Hardman.	Gates.	S. Wells.	Team Lodge.
	J. Royle.	Acc.	I. Dobson.	A.C.U.
	M. Haughton.	Leeds.	P. Close.	Stamford C.C.F.
	M. Hardman.	C.O.A.C.	N. Davidson.	Kirkcaldy.
	D. Powell.	J. U. B.	T. Leaver.	E.U.C.C.
	M. Welsh.	Chalfont.	D. Power.	Colchester.
	R. Stubley.	Sheffield.	G. Evans.	
	A. Tordoff.		S. Missen.	Brad/Avon.
	D. Hallam.	Stubbers.		

Points total - Best of 3 races.

U16	D. Armstrong.	Gates.	285	R. Beaman.	Aber.Uni.	171
	D. Foster.	K.W.S.A.	285	R. Thorogood.	Leaside.	170
	R. Williams.	Edgehill.	283	V. Mayers.	Bath.	170
	J. Stephens.	C.O.A.C.	281	R. Soothill.	Halifax.	169
	J. Waterhouse.	A.C.U.	280	M. Hargraves.	Leeds.	169
	G. Bourne.	Herts.	280	D. Smith.	K.W.S.A.	169
	K. Ward.	Hadleigh.	278	M. Ingle.	Manchester.	164
	J. Stafford.	K.W.S.A.	275	J. V. Boon.	Poole Harb.	163
	J. Horne.	Alsacar.	275	R. Cox.	Leaside.	163
	N. Royle.	Acc.	271	G. Philp.	Cardiff.	162
	R. Tarr.	R.N.K.A.	267	U18 S. Lewis.	P.H.G.S.	160
	R. Holland.	Stamford.	255	M. Minshall.	Kerstevan.	157
	B. Scurry.	Imp.Col.	255	C. Williams.	Newbury.	155
*?	T. Dobson.	A.C.U.	254	A. Jameson.	Stourvale.	154
	A. Barber.	W.Y.C.C.	253	G. Ford.	Leeds.	152
	J. Roelich.	Kesteven.	252	U18 B. O'Brien.	Ind.Isl.	151
	P. Wallett.	J.U. B.	252	? Oldfield	Isl.	151
	K. Heightley.	R.N.K.A.	250	U18 W. Lovelock.	Leaside.	150
	D. Carson.	Addlington.	243	G. Beaman.	Brist.Tav.	147
	B. Tilling.	Newham.	242	Y M. Reed.	A.C.U.	147
U16	P. Huntsman.	G.O.A.C.	240	R. Frost.	Acc.	144
Vet.	D. McIntyre.	Litherland.	237	K. Enright.	R.N.K.A.	138
	G.S. Dixon.	Gates.	237	Vet. E. Palmer.	Killingw'th.	136
	A. Parsons.	B.U.K.C.	236	Vet. C. Hawkesworth.	Leeds.	127
	P. Kelly.	Manch.	225	S. Raven.	B.U.K.C.	123
	N. McLaren.	Inleworth.	222	Vet. R. Stallworthy.	Ches.	121
	M. Bumstead.	N.U.C.C.	222	D. Norrocks.	Stoneywood.	99
	S. Bleasdale.	Addlington.	219	L. Barrow.	Stoneywood.	98
	I. Bailey.	Newham.	218	I. Eaton.	A.C.U.	98
	A. Whitmore.	Melt.Mow.	216	G. Young.	S.U.C.C.	98
	P. Bortfield.	Addlington.	210	D. Bean.	Stoneywood.	97
	A. Lipscombe.	Addlington.	210	G. Lawton.	S.U.C.C.	97
	J. Robinson.	Bradford.	190	M. Brown.	-	97
	K. Robbins.	Chippenham.	186	M. Thompson.	Bowles.	97
	M. Chambers.	Manchester.	184	J. Morrison.	Aberdeen.	96
	R. Lee.	Bala.	184	R. McDonald.	Strath.U.C.C.	96
	M. Hawthorn.	Worcester	183	? Wilkins.	-	96
Vet.	M. Martindale.	Fr.of Allo.	183	A. Bantick.	Grantown.	95
	D. Bradshaw.	Manchester.	181	D. Morgan.	Strath.U.C.C.	95
	R. Sherburn.	-	179	S. Robertson.	E.U.C.C.	95
	C. Woolley.	Aber.Uni.	177	S. Bowers.	Chester.	94
	W. Cooper.	Ind.	177	S. Amos.	Exeter.	94
	M. Fletcher.	-	175	K. Worsley.	-	94
	A. Fitchet.	Poole Har.	175	E. Mackay.	Cas.Craigs.	93
	C. Lilley.	Hemel.	174	J. Mooney.	Swaledale.	93
	D. Appleby.	Aston Uni.	172	R. McKeizie.	-	93
	M. Simes.	Uwist.	172	C. Scollick.	S.U.C.C.	92
	R. Bushell.	Stubbers.	172	A. Leaf.	-	92
	A. Gregory.	Sheff.Uni.	171	I. Duncan.	Nott.Uni.	91

- Martin Haughton