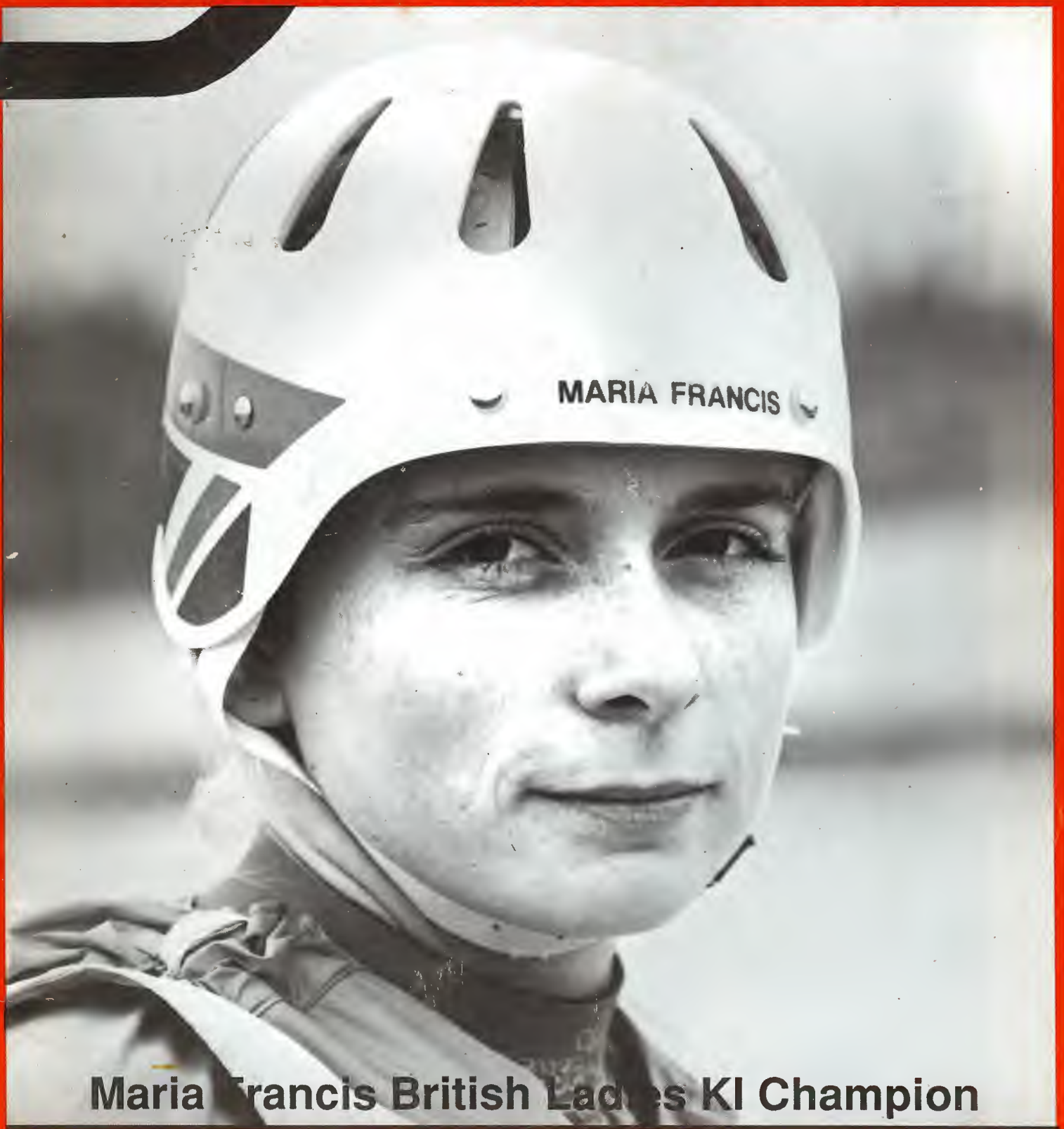


CANOE slalom

£1.25

MAGAZINE



Maria Francis British Ladies K1 Champion

Inside This Issue: • Junior Pre-Worlds • 4th Technical Pullout
• World Cup • C1 - The root of the matter •



MARIA FRANCIS 1st K1L Graveyard Premier

Photo: CHRIS WORALL

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CANOE slalom

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 1989 But please send earlier if possible!*

**COVER PHOTO: Maria Francis, British Champion
 1989 by Joe Mulholland**

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 the Famous

TUTTI - 1990

FINANCE - Where did the
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EDITORIAL

The Junior Pre-worlds

What success!

The paddlers who wrote the article starting on page 5 were unanimous in their praise for Team Management under Brian Fuller, their coaches and the excellent support that they received and they justified it all by their excellent results.

What is often not appreciated is that not only are managers and coaches **NOT PAID** for their work at home or abroad, they have to use their own holidays to go and in fact on this trip, as on all others, they actually **PAID A CONSIDERABLE SUM** towards their own expenses.

This makes it even more tragic that a few individuals on the trip made a fool of themselves and their country by unthinking, outrageous behaviour. Although not malicious it reflects badly and it is good to see that for once the Executive have taken fast and effective action against those concerned.

LET OTHERS BE WARNED!

However what wasn't so clever was that apparently most of Nottingham knew what the

Executives' verdict was before the paddlers themselves were told and that is just not right.

AGM

It will soon be the AGM and we would have liked to have given an outline on who is quitting, due for re-election or trying to be elected to the Executive. However, that was stamped on so let us just say this:-

When voting people on or off consider what work they have done and what work they will do if elected. Undoubtedly there is dead wood amongst the members which needs pruning but pulling the whole tree up by the roots will not encourage new growth!

WANTED - Dead or Alive

1. **Urgently required** is a MK1 Div 3 Bib Issuer for 1990. Please contact Sue Wharton right away for more information.
2. **Photos of paddlers in Pain!** Phil Cool type expressions on and off the water for our "Uglies" competition next issue.

The BUSINESS

is now at

UNIT 14, FERRY COURT, FERRY LANE, BATH,
AVON. BA2 4JW TELEPHONE 0225 445326

BUSHSPORT

CURRENT AFFAIRS

Back-rests need not be a pain in the neck !

Most paddlers who train hard find that they are using up backrests at a considerable rate. Either the stitching goes or sitting on it breaks the seat or the buckle fails. In any event it is Sod's Law that it will happen at the most inconvenient time so it is interesting to learn that people are developing systems to solve the problem.

First is an ingenious flexible plastic strap that Simon Ford and Rob Wright have developed which is a retrofit item that can be adjusted to suit all boats and paddlers and comes with stainless fittings and a neoprene covering.

The second is a more obvious one that should have been standard a long time ago and is a high back seat that is recessed at the top to allow custom padding out with thin neoprene to suit the individual paddler. Many top paddlers including Richard Fox have used such a seat for some time. However, whereas Simon's strap is available now for under £20, the seat is still under development at Nomads and is not currently on sale.

New ICF Judges

Even though the International at Nottingham was cancelled due to water problems, the ICF International Judge, Slalom and Wildwater (IJSW) exam went ahead in the National Watersports Centre. This was the second exam for International Judges in Great Britain since the 'Worlds' in 1981 and was presided over by Albert Woods for the ICF.

Congratulations to the following who passed:

Sue Ackroyd	Ray Croft
Chris Ebrey	Kerris Ebrey
Ian Janes	Sue Janes
Alan Kerr	Kath Ratcliffe

Alan Kerr becomes the second Scottish International Judge after travelling down from Scotland for the exam, while Chris and Kerris Ebrey are the first members of the WCA to become ICF Judges.

Senior Gate Judge Exam

The Senior Judge exam which was to have been held at the International was cancelled along

with the event. The next exam for Senior Judge will be held at the British Open in Langollen on Saturday 21st October.

TEAM GATE TIMING

During the season there has been a difference of opinion as to how the team gate should be timed. Last season, for a gate to become 'live', one had to cross the gate line, which fell in very nicely with the team gate but this season, a gate has only to be touched to become 'live'. Does this mean that the time starts as soon as a gate is touched?

The judging Committee, after some considerable debate, and after listening to the various arguments, have decided to issue the following guidance:

The Team Gate should be regarded as just that, a gate that all the team have to complete as a team and that the time recorded should be the time it takes for the team to pass through the gate. Therefore, the time should start when the first body passes through the gate line and finish when the last body passes through.

In the case of C2's, the team gate is treated in a different way to the finish line where the clock stops when the first body of a C2 crosses the finish line. The time for the team gate will stop when the last body of the team goes through, and if the last boat is a C2 then the last body of that C2 will stop the clock. This is because it is technically possible for the last body not to pass through the gate if the boat drifts sideways and a pole passes between the front paddler and the rear paddler. In this case, a fifty penalty is awarded, as usual, plus the time penalty because not ALL the team have passed through the gate.

With reference to the actual time, the rule says 'within 15 seconds' so as soon as the stopwatch shows fifteen the team are out of time and incur the time penalty.

Loads of Lolly!

We hear one young British paddler has sponsorship equal to the whole Team sponsorship. Good for them, but if true, isn't the Team worth more?

Open Forum

An Open Forum is provisionally planned on Novice and Regional Development for the AGM - subject to the Meeting's approval; 10.00 start.

Timer for H P Slalom Course.

Unnoticed by the Novice and Division 4 paddlers enjoying the event run at Holme Pierrepont by Olney Slalom Paddlers in August, a brief presentation took place there.

Three organisers of the GBRI'm paying for Holme PierrepontGBR sticker fundraising activity presented to the Holme Pierrepont course an 8 Channel Timer for permanent use at the course.

Jim Croft as the Slalom representative to the Holme Pierrepont Slalom Users Committee accepted the timer on their behalf. The three organisers of the fund, all members of the Proteus, Keith Sunderland and Stuart Kershaw.

The £800 it cost to produce the timer, which is of the same design as the timers in the Slalom TUTTI'S in current use, represents the majority of the money raised. The three organisers and Jim will be looking to see where the residue can be used for the benefit of the paddlers using the Holme Pierrepont Slalom Course site.

**INTERNATIONAL CANOE
EXHIBITION
17/18 FEBRUARY 1990**

Don't say you weren't told!

Bibs Return 1989

Don't forget to send your bib back before 31st December or the money goes to the Executive New Years Party!

Also don't be keen and apply for your new bib on the 1st January 'cos you won't get it. WAIT until 1st February 1990 and then follow the procedure in the year book. New addresses for bib issuers given in the next issue.

MK1 Div 2 bibs are to be sent back to JIM Croft, NOT Mrs N Croft. His address is in the Year Book.

England Team Manger Quits

England Team Manger? Unfortunately Sue Ackroyd had to quit before many people knew that the position existed, which apparently is why she DID quit. We understand that an English team of 39 has, however, now been selected for the British Open in LLangollen and that Anette Daniels is acting Team Manager.

Thanks!

The Junior Pre-Worlds Team would like to thank the following for their Sponsorship:-

Milair - (main sponsors) for their sponsorship and for the tracksuits, cags and coaches bankside clothing.

Reed Canoes, Cambridgeshire - for the team T-shirts.

Dayala Soft Drinks - for the orange and apple juice.

Rowntree-Sunpat - for the Peanut butter.

MacDonalds - for the orange squash.

Sportscare - for the drink dispenser bottles.

Motts Travel - for the coach and their co-operation in "customising" it.

Sue Wharton - for all her help in the preparations and providing the "home link".

National White Waterless Centre

The Tryweryn is likely to be without releases until January or February next year unless we have an exceptional amount of rain in the next few months.

STOP PRESS !

Liz Sharman is now back at home after a back operation for a prolapsed disc; the injury that occurred earlier in the year and kept her out of the Savage Worlds. We wish the Worlds Best K1 Lady a rapid and complete recovery, although its likely to be Christmas before she knows if she will be able to compete in top competition again

Junior Pre-Worlds, Switzerland 1989

This article gave us a problem - we had 6 of them! 5 from the paddlers and one overall view by a parent; all of them well written and interesting. So what to do? A brainwave gave us the following - I hope you like it! - Editor

Ray Croft starts....

The trip started from the double header at the Tryweryn. A magnificent coach arrived full of plush seats and air-conditioning ready for the long trip to Switzerland. One impressed parent asked the driver if he might have a look inside the bus. "It's not a bus" was the reply, "it's a coach. Buses stop at bus stops and pick up old age pensioners". It looked as though this trip was going to be a riot! It was great to see Richard Fox there to see the team off and give them a few words of encouragement.

Tavernasa is a sleepy little hamlet (usually) but it woke up a bit when the Worlds juniors dropped in for a weeks paddling. It is situated in the Swiss Alps, miles from lots of places but not near many of them; it has a railway straight out the Sound of Music, cow bells (one less now!) and a mountain river which rushes through the valley faster than the Trywryn and as wide as Tully. The water is white and cold, until it rains when it's brown and cold.

Wednesday before the race the GB team arrived to begin training and the opposition took notice. Certainly the English speaking opposition reckoned that our team was worth respecting, watching and videoing and they did all that quite a lot as we trained hard, in sweltering heat.

Andy Stuart continues.....

We stayed at a ski-lodge which was good because we were the only residents and any of our parents who were there were billeted some distance away. The staff were friendly and I enjoyed the food, although some people moaned.

Tavasana has been described as Tully with rocks and I can't think of a better description. As a whole it is technical and good but has a flat section about 2/3 of the way down. It is dam-fed which was to lead to problems during the event. We would all have liked more practise time on the water but each team had it's own allocation. Still we were lucky in our coaches, having come to know them during Winter Training and two squad weekends. The closer you are to your coach the easier it seems to become. We were

joined by Richard Fox which was great and I must thank him for all the help that he gave me.

Friday meant boat checking and some of our boats were narrow or short so epoxy putty was used, with lead for any under weight. Bouyancy aids were also checked and lack of age did not necessarily mean that they passed - it is probably safest to take a spare.

The ladies had their practice next so over to Lynn Simpson...

There were no start times issued for the Friday afternoon practice - the Swiss' excuse was "Non-stop training - we don't stop for anybody". They said 45 second intervals between paddlers; however this was somewhat erratic and was nearly my downfall as they suddenly decided to cut down the interval in the Ladie's class. As I was second to last paddler, by the time that I reached the start I only had 10 minutes to get on and warm up instead of over 20. However I didn't let panic get the better of me and did a reasonable practice run.

Race Day dawned. The start order was C1 and LK1 in the morning and MK1 and C2 in the afternoon. We arrived in plenty of time only to find that the event would start approximately one hour late. This extra waiting certainly started those butterflies going. All I wanted to do was get on - race and win. When I eventually got on the water I felt amazingly calm and focussed on the course.

My first run 214.72 + 5 could be improved especially getting rid of the penalty on gate 8 and saving time on a low breakout at gate 6. However, although I was leading by 6.52 seconds I knew I had to improve; the Czech and Polish girls were close behind and everyone had a second run!

On my second run I improved on the breakout and so my time was faster by just under three seconds but I hit two poles, thus giving me a total of 221.92 - not bettering my first total.

I walked back across the bridge not knowing how everyone else had done and knowing that I had not gone clear. I was greeted by Nathan Gray "Do you want to know something? YOU'VE WON!" There was a numbness followed by the greatest feeling of walking on air that words cannot describe.

Meanwhile Claire Daniels was getting her act together.....

After being placed 9th in practice I awoke on Saturday feeling very positive. I knew I could do well, I liked the water and had been paddling OK, so this was it. We arrived at the site and I started to feel more relaxed as I studied the course, everything was going as planned. First runs came all too soon and I arrived at the start with plenty of time to spare. I did a few stretches and decided to watch the first ladies go down from a vantage point level with gate 6. To my horror my relaxed mind quickly became psyched out to see Jackie pinned on a rock at gate 12. I decided not to watch any more and got on the water to warm up. Brian was, of course, at hand at the start for anything you needed and when I asked if he had a drink he proceeded to walk out through a foot of water to me in his new trainers that he was so proud of - talk about making sacrifices for the paddlers, I was impressed!!

The start was the worst thing with the unusual start gate making it difficult to get a good first stroke in, still I survived.

As I reached the bottom I felt good. I had only one touch and a reasonable time. Back at the top and the scoreboard - showing the first 6

places - had GBR as first and fifth; Lynn and myself. I was so excited. With little time between runs I soon had to be back at the start. I was very positive and felt that if I got it right I could get a medal.

From the start I felt good. I got all my lines right and the gates spot on then disaster. Getting the wrong line through gate 11 and having to break out before ferrying to 12 I dropped low and caught the rock and gate 12 was a thing of the past.

After 2nd runs I was place 6th, not bad for my first international, even though I felt that I could have done better.

Ray, on the bank, was impressed.....

The Ladies race was a dream. After first runs Lynn and Claire were first and fifth with 4 in the top 20, after the second race there was a gold in the bag for Lynn, still 4 in the top 20 and a highly elated girls squad. The C1s bit the bullet as well, with Joel Scott improving a good 6th to a magnificent 3rd place and the bronze medal.

Saturday was not destined to be a good day for our C2, who made a magnificent attempt, but swam on the 2nd run. From where I sat judging



Photo: Pete Astles

on the last section I was treated to the sad but comic sight of Pete jumping up and down on his good leg and a small diver trying to rescue a big Andrew. Andrew was floating on his back, legs, arms and head clear of the water with a very distressed diver UNDERNEATH struggling for air.

The Mens K1 was a travesty of justice. The first runs went well enough, leaving Mat Stevens 3rd and seven of our lads in the top 26 (out of 92).

Over to James Croft, in his boat on the start line for his second run....

My plan for my second run was to be clear with the same time. A good warm-up was necessary as the weather was changing, it had become dull and very overcast and as I was wearing a short sleeved cag my arms were cold. The wind suddenly blew and the poles started to swing. I was praying that it would stop before my run. This was not to be; just before I was due to start we had the works - it became very dark with rain hail, thunder and lightning. We then learned that the event had been stopped and we sat on the water for what seemed like an age and eventually Kevin and I were able to communicate with Pat on the bank. He could only tell us that Team Managers were having a meeting. As soon as he heard the time delay he whisked us off the water for ten minutes whilst he ran backwards and forwards in the rain trying to get more information. The storm died down and after a 45 minute delay the competition got underway again. The water level had risen and the colour had changed to a muddy brown. I regained my thoughts and tried hard to concentrate as I sat on the start line for the second time. Surprisingly I had a good run despite the water changes which gave me a slightly slower time but I had a silly paddle touch on gate 9. Overall my result was better but I still dropped to 46th.

Mat suffered more than I did as he was tipped for a medal by more than just our team. To compensate for the rising water the Swiss cut off the water from the dam for the last ten paddlers and as he left the start the water left as well and he had to push off rocks and the river bed. He still managed to go clear but the water was too low to even keep his 3rd place.

Team Management under Brian Fuller was outraged over the second runs being on such varying conditions of water and protested long and hard with the jury (which didn't include an

English speaking representative) but to no avail. This caused much upset and morale problems amongst paddlers during the early evening but long team talks with the coaches helped tremendously and the final emotion that night was "We'll show 'em tomorrow!"

Sunday was the day to show 'em so back to Claire Daniels and the LK1 team, who have just blown their first run.....

We set off on our second run and everything was going great then Lynn dropped low out of of 10 and I went into the lead. I have never had as much pressure as those 15 gates. With the world's No 1 junior chasing me at full pace I paddled fast! At 16 we became a 6 girl team as we caught up and overtook the Czechs. At the finish we knew that we had done well, but was it good enough?

As the bus that took us back to the top of the course and stopped at the bridge Racheal's dad gave us the thumbs up and number one sign - we went wild, we were so happy it was unbelievable!

The other team runs followed with further successes. Somehow the C2 team of Dancer/Janes had joined with the two Polish C2 crews. This produced another Team Gold. The Men's K1 team of Stevens/Stuart/Gaster produced a Silver Medal and not wanting to be outdone so did the C1 team of Gray/Brown/Scott. THAT SHOWED 'EM!

Ray concludes...

The prize giving was a great and joyous occasion, with more than a few tears and the greatest surprise of winning the 'Top Nation' Trophy. Due to language difficulties Brian didn't know why he had been called onto the stage or what we had won. Fortunately, when they hung a very large cow bell around his neck he judged it appropriate to smile, cheer and wave his arms about a lot and well he deserved to!!

and Claire sums up.....

The event could have been better organised by the Swiss but for me it was brilliant anyway, although I couldn't have done it without all the help and support from coaches, parents friends and fellow paddlers and of course Jane, Peggy and Brian.

THANK YOU TO EVERYONE!

Junior Pre-Worlds Results

K1L

1. Lyn Simpson	GBR
2. Brigitte Quibal	FRA
3. Ewa Brober	POL
6. Claire Daniels	GBR
15. Rachel Doherty	GBR
19. Emma Player	GBR
29. Jackie Ayre	GBR
27. Sally Masters	GBR
32. Natasha Hulse	GBR

C1

1. Armands Polis	URS
2. Adam Clawson	USA
3. Joel Scott	GBR
8. Craig Brown	GBR
10. Toby Morgan	GBR
20 Nathan Gray	GBR

K1M

1. Claudio Riviera	ITA
2. Lutz Jogwer	FRG
3. Fedja Marusic	YUG
7. Kim Gaster	GBR
12. Matthew Stevens	GBR
18. Andy Stuart	GBR
34. Peter Francis	GBR
43. Chris Hendy	GBR
44. Kevern Kerswell	GBR
46. James Croft	GBR
48. John McCalla	GBR
53. Paul Ratcliff	GBR

C2

1. Staniszewski/Kolomamski	POL
14. Dancer/Janes	GBR

GB TEAM RESULTS

K1L

- 1. Simpson/Daniels/Doherty
- 6. Player/Ayre/Masters

C1

- 2. Scott/Brown/Gray

K1M

- 2. Stevens/Gaster/Stuart
- 7. Francis/Kerswell/Ratcliffe

C2

- 1. Dancer, Janes/Koz, Duda/Stan, Kolo



JAMES CROFT

Junior Pre-Worlds

Photo: Mark Ratcliffe



PAUL RATCLIFFE

Junior Pre-Worlds

Photo: MARK RATCLIFFE

Photo: CHRIS WORRELL

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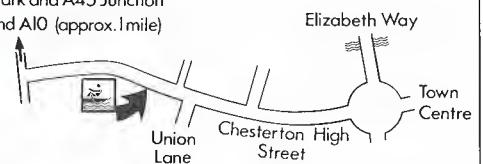
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REGIONAL ROUNDUP

Regional Pool Slalom Heats 1989/90

North 12/11/89. Jim McPherson, 12 The Valley, Selkirk TD7 4DQ

North West Jan 1990? Dave Harrison, 29 Woodend Ave., Hunts Cross, Liverpool L25 0NY

Yorks & Humberside 9/12/89 at Hunsley School Pool, Melton. Bill Simpson, 21 Wesley Close, South Cave, Brough, N Humberside

West Midlands 13/1/90 at Halesowen Swimming Pool. Sandra Holden, 29 Beeches Close, Kinswinford, West Midlands DY6 8ES

East Midlands 6/1/90 at Bramcote swimming pool Nottingham. Pearl Mulholland, 23 The Riddings, Allestree, Derby, DE3 2GD

East 20/1/90 at Luton Pool. Jim Croft, 12 Holmescroft Road, Luton LU3 2TL

South Jan 90. Martin Setchell, 41 Wyndham Crescent, Woodley, Reading Berks

London and SE 6/1/90 at Allyns School Pool, Dulwich. Vince Lamph, Flat 6, 36 Manor Road, Beckenham, Kent BR3 2LE

South West News

The Team for Llangollen is as follows:

K1M

Martin Lee, Richard Sims, Uwen McGregor

K1M Junior

Steward Evan, Mark Reynolds, Joe Jones

K1L

Rose Dunwoody

C1

Steve Hunt

C2

P Pomery/I Marchant

CONGRATULATIONS to Bob Halls, promoted to Div 2 at Symonds Yat 3.

The regional pool slalom will be held at Fillwood Pool Bristol on 9th December 1989. Please contact me at the address below.

Danny Daniels,
The Den,
Fowbridge Gardens,
Walford HR9 5RZ

OVERHEARD

At the last double prem at the Tryweryn there was a particularly difficult gate sequence just below the army bridge. Looking upstream from the bridge there was a downstream gate on the rapids near the judging hut on the right bank and a breakout and upstream gate below the fall but almost in line with the downstream gate. As I stood watching the judges practice, two prem K1 Men were deep in conversation agonising over the best line to take and where to do what stroke.

As they pondered the move a young Div 2 lady judge drifted down through the downstream gate, into the breakout and with one stroke was through the red gate and away. "that didn't look too bad!" I ventured to comment. "You wait till the Prem Men come down", one Prem replied, "they'll show you how difficult it really is!"..... and they did.

OMMISSION

The Photo of Paul MacDermid in the last issue was by CHRIS WORRALL.



Photo: JOE MULHOLLAND

Olympic Senior/Olympic Possible Winter Training Squads are to be selected on the basis of aggregate scores from the following events:-

Hp Prem 30/9/89, British Open Champs 21/10/89 and reserve event Llangollen International 28/10/89.

**Size up to max of 6 boats per class.
Up to ONE discretionary place in each class**

The following paddlers are automatically selected for the senior squad following their performance at the World Champs 89: - R Fox, M Jones, G Marriot. Scores obtained by all the above listed paddlers will remain in the points calculations.

Age range Olympic Possibles as per year Book, page 24 (intermediate team)

Please Note: Olympic Elite Squad is also to be selected according to the criteria required of us.

GB Junior Winter Training 89/90

Selection to be based on results from National and International events from 89 season and also on future medal potential. Size of squad to be upto:- 6 K1M, 4K1L and 4 Canadian boats.

NB: On the basis of current grant aid negotiation it is VERY IMPORTANT that the selection committee is aware of all paddlers RECEIVING OR HAVING RECEIVED S.A.F grant aid support at any level or at any time.

Please send details marked "Confidential" to :-
The Selection Committee, 1 Barnacre View, High Street, Garstang, PRESTON PR3 1EB

The World Cup - 1989

If nothing else the World rankings have shown us that the best of the World's paddlers are far and away the best and stand out from the rest. Their paddling on the Savage this June was not just a good run with the luck going with them - it was the result of real training, preparation, expertise and competition psychology.

The other British results are interesting, Melvyn, Gareth and Karen all produced better World Champion results than they have at World rankings. Let us be honest, were we not all a bit disappointed with their results at the Worlds, thought they were capable of better. Yes, they are capable of better but clearly not this year.

This is the second of the World Cup Series. Many have found it successful and enjoyed regular, guaranteed top class competition, something to stimulate their paddling and keep them on their toes. But as always with something new there are traditionalists who do not like change and others, who can accept the World Cup concept but think that the organisers are moving too fast and a bit too independently. But for most of us the politics are neither here nor there for it is the results which are so interesting and must pose a challenge for Team Management and coaches.

The World Cup has consisted of seven races, the first two in the States and one in Canada. In August the circuit moved to Europe, to Bourg, Mezzana, Augsburg and finally Tacen. All event were held on past or future World Championship courses. There was an increased entry from last year, including Russia, East Germany and Brazil and for those who think press coverage is good for the sport of canoeing as a whole there has been regular coverage in the National press.

OVERALL RESULTS

MEN'S KAYAK

1. Richard Fox	G.B.	107 points
2. Lubos Hilgert	Czech.	78 points
3. Albin Cizman	Yug.	67 points
9. Melvyn Jones	G.B.	37 points

LADIES KAYAK

1. Myriam Jerusalem	FR.	105 points	
2. Stephanka Hilgertova	Cz.	76 points	
3. Kathy Hearn	USA	74 points	
14. Maria Francis	G.B.	21 points	(5)
15. Karen Davies	G.B.	20 points	(6)
25. Rachel Fox	G.B.	3 points	(2)

N.B. Rachel actually only competed in two events - placed 13th in the best event and 24th in the other.

CANADIAN SINGLES

1. John Lugbill	USA	111 points
2. David Hearn	USA	110 points
3. Jed Prentice	USA	76 points
11. Gareth Marriott	G.B.	32 points (4)

Gareth was third at Augsburg - the second event in the series and with pressures mounting that was a good result. He blew out at one event, so his score is actually achieved from only 3 events!

CANADIAN DOUBLES

1. Daille/Lelievre	Fra.	105 points
2. Haller/McEwarn	USA	100 points
3. Jacobi/Strausbaugh	USA	76 points

There were a total of seven events altogether, with the best 5 results counting. All the British did the seven events unless a smaller number is indicated above. The results of Lugbill, Fox and Jerusalem say it all - their World Championship results are no freak results with Lugbill competing just enough to keep him in the lead.

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MATTHEW BRITAN

Darley Abbey Div 4/Novice

Photo: JOE MULHOLLAND

Provisional Top 10 Ranking 1989 (Subject to ratification)

Mens K1

1. R Fox	298
2. I Raspin	298
3. M Jones	297
4. R Smith	287
5. D Crosbee	284
6. S Pearce	279
7. Rob Wright	279
8. A Raspin	274
9. L Shackleton	273
10. K Cambell	263

Ladies K1

1. Maria Francis	93
2. Karen Davis	92
3. Lynn Simpson	91
4. Racheal Fox	91
5. Jane Wilson	80
6. Lara Tipper	79

7. Sue Burns	79
8. Liz Sharman	79
9. Joan Cawthray	77
10. Ishbel Grant	75

C1

1. M Hedges	74
2. Garreth Marriot	74
3. M Delaney	64
4. M Wharton	62
5. R Domeny	56
6. Pete Bell	55
7. R Comer	54
8. A Clough	54
9. Bill Horsman	50
10. C Wilson	44

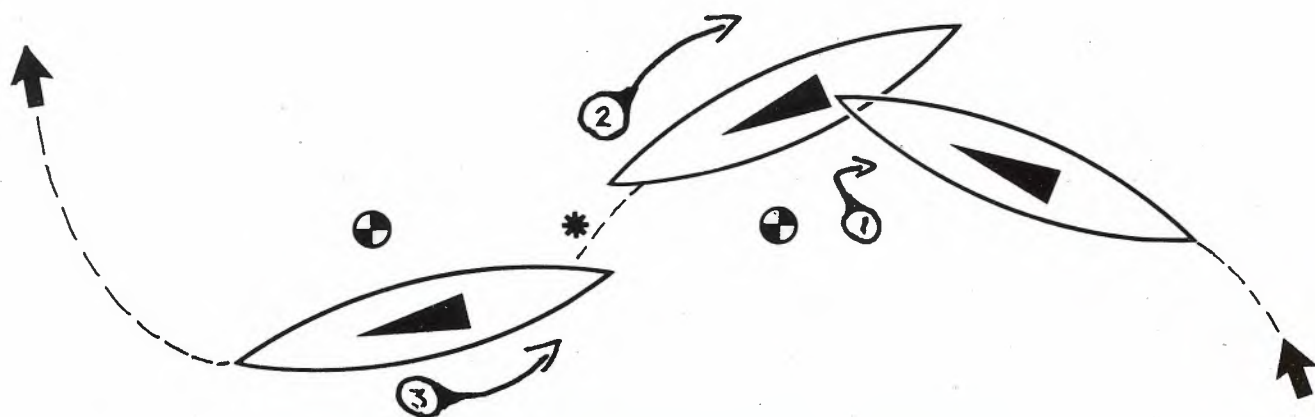
C2

1. Meikle/Brown	50
2. Richardson/ Thompson	46
3. Arowsmith/Brain	45
4. Rouch/Ambridge	35
5. Clough/Clough	32

Equal Points are resolved by adding the times of all the events that the tied paddlers have in common. The ones with the lower score are then placed ahead of the the others.

3 stroke 'S' Upstream - This is best when the eddy is wide and there is some slack water by the entry pole. It suits a fast, wide approach and a gateline angled towards the exit side which 'S' gates often have.

Model 6 : 3 Stroke 'S' upstream



- ① **Early bow rudder** holding the bows around the entry pole and leaving them just short of the gateline.
- ② **Forward sweep** onto the near half of the gateline. (centreline*).
- ③ Reach through the gate for **stern sweep** to exit. This must travel well to the stern to maintain a good exit angle.

The switch between strokes 2 & 3 should be as fast as possible so as to prevent upstream presentation in the gate.

The aim on 'S' gates should be to stay as close as possible to the entry pole. Do not drive in behind the gate. This leads to a slow upstream-facing exit.

Merano Breakout - Always look for the space between the gate and the bank coupled with a difficult conventional breakout.

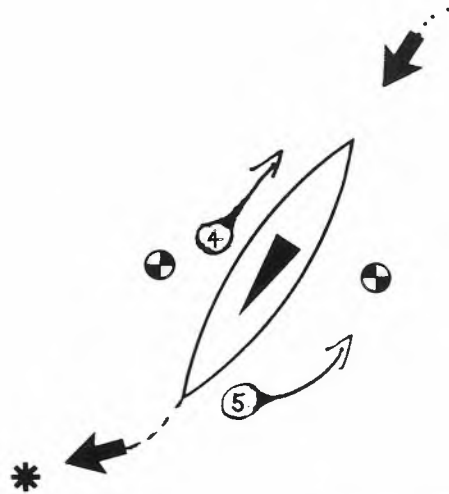
- A Merano will nearly always be physically easier to do.
- How fast it is depends on the severity of the normal breakout. Check the difference with a stopwatch.

Model 7 Merano breakout

⑤ **Exit sweep stroke**

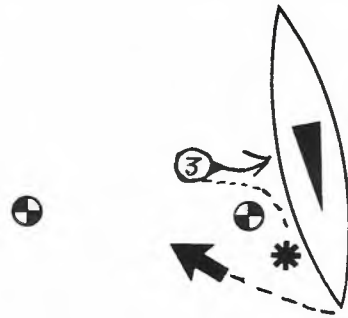
reaching across the gateline.

- ④ The bow draw then becomes a **forward power** stroke up through the gate and setting the exit angle if necessary.

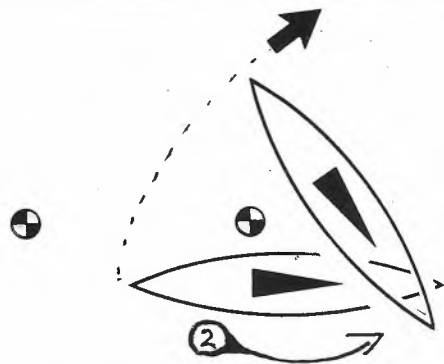


From the end of the reverse sweep * **slice paddle backwards** between boat and pole (drive face to the boat)

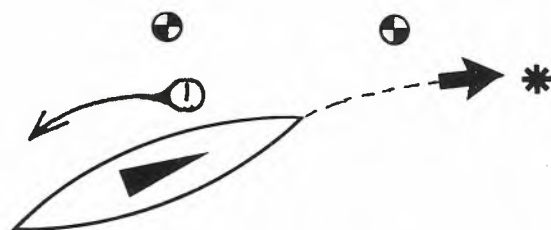
- ③ **Bow draw** pulling the bows under the pole and onto the gateline.



- ② **Reverse sweep** This puts the stern under the pole and initiates rotation. **Keep water off the stern during this stroke** as it prevents backwards travel and leads to loss of control.



- ① **Forward sweep** leaving bows at * this may be shortened or omitted depending on the approach angle.



C1 - THE ROOT OF THE MATTER Final Part

CROSS BOW STROKING. Cross-bow stroking has been used for many years, but it really came into its own in the 1970s. I think this was due to two events. The first was the 1971 rules change which permitted the C1 to go from 80 centimeters wide to 70. The second was the 1973 rules change permitting the ends of the canoe to be lower than the middle. Both these changes made it physically easier to reach over the deck for cross-bows.

East Germany's World and Olympic C1 Champion, Rainer Eiben, was perhaps the first to popularize cross-bow stroking. Jon Lugbill saw that in 1975 and really picked up on it.

Dexterous cross-bow strokes and the ability to paddle on the cross-draw for several strokes in a row are the signs of an accomplished C1 expert. While most C1 racers can do a cross-bow draw, their problem is that they don't dare lean hard on it — as hard as they would on a regular draw — and they cannot take wisdom here, except to say that you'd better practice the cross bow stroking so you can build flexibility, strength and confidence in this awkward position.

One good drill is doing sequences entirely on the cross-bow. Part of this involves going through gates while on the cross-draw so you can practice steering and feathering on the cross-bow.

Some of the key elements of steering on the cross-bow:

1. When doing an eddy turn and wishing to tighten the turn after you have initiated it, lean forward while pushing both hands forward. This is the preferred way because it helps keep up the forward momentum.

- a. Turn the thumb of the upper hand outward. This turns the blade in the water so that instead of cutting through the water in the direction in which the boat is going, the blade is actually at right angles to that direction. The result is a sudden drag on the cross-draw side and this quickens the turn, although it slows forward momentum.

- b. To open the turn after you have initiated it, pull the paddle towards the stern of the boat with the lower hand. The effect is like a stern draw.

2. To change the direction in which the boat is going when you don't have time to take the blade off the cross-bow: do a cross-bow sweep. This is

accomplished by bringing the top hand inboard and down and pushing the bottom one out, and using the whole body to do a sweep in this position. It is a very useful stroke in C1, and requires a lot of practice before you can get the extension and summation of forces necessary to do it well.

Mistakes in the Cross-draw:

- The boater fails to initiate his off-side turn with a sweep before going over onto the cross-draw, and the cross-draw is less effective.
- The racer fails to keep the blade forward enough on the cross-draw (by lowering the upper hand a bit and reaching forward with the lower one) and pulls the boat sideways, rather than actually turning it.
- A boater going through two offset gates tries to use forward/sweep strokes instead of a cross-draw and the boat starts to turn at its mid-point and reaches the gate sideways and there is a penalty or lost time as a result.
- In the same situation as above the boater goes through the gate on the cross-draw but hits it because he is not dexterous enough to feather it out of the way.

PIVOT TURNS. A pivot turn consists of leaning the boat upstream enough during a turn to cause water to wash over the stern deck. The water holds the stern down and lets the bow stick up in the air, thus shortening the water line and allowing the boat to turn faster. Much of modern C1 technique is premised on the ability to do really good pivot turns.

Prior to 1973 it was not possible to pivot a C1 because race rules required the ends to be higher than the middle of the boat. After 1973 it took a few years to realize the advantages of this new change because the top C1 paddlers had been brought up on bigger boats and were used to the techniques for paddling them.

Ironically, once the C-boats started cutting down their decks, so did the kayaks, although there had been nothing in the rules to prevent kayaks from doing it prior to 1973. By 1975, Prijon was making a kayak with a low flat stern (the "Treska", as I recall) and I remember Norbert Sattler doing elementary pivots in upstream

gates with it. But the US C1s really developed the technique and by the late 1970's and early 1980's, US C1s and C2s could do stern and even bow pivots.

This caused courses to have even tighter combinations, which in turn accelerated the desire for boats that pivoted better.

Since the pivot turn is such an integral part of modern C1 (and C2) paddling, I would like to take a moment here to examine it in closer detail. Actually, there are two pivot turns, a stern pivot and a bow pivot. Both of them depend on having a certain kind of boat, one with thin ends (from top to bottom) and sharp edges to facilitate slicing into the water. Thus, if one is going to put outside seams on his boat he should make sure their edges are as thin and sharp as possible, because rounded edges make the boat harder to pivot. Also, the deck should be pretty flat. An ever-so-light tenting in the deck is good for causing the boat to shoot out of a pivot turn, but too much tenting makes the boat harder to pivot. So be careful your walls are not too high.

To do a STERN PIVOT, the key elements are:

- The easiest place to do it is coming out of an eddy.
- Lean back to sink the stern.
- Lean upstream, away from the stroke side, to catch the edge of the boat. This takes many hours of practice before you acquire the balance necessary to do it.
- Often doing a backstroke to actually drive the stern and edge under the water a bit, then following it up with reverse sweeps to turn the boat around. (This reverse stroke technique is for getting the bow really high. In many race situations, however, the pivot should be done with a draw stroke because the bow doesn't have to be so high and the reverse sweep/backstroke slows forward momentum.)
- Keep repeating backstrokes/reverse sweeps while the boat is turning round.

To do a BOW PIVOT, the key elements are:

- Do it after coming downstream into an eddy and trying to turn the boat abruptly back into the current by means of a cross-draw.
- Leaning way forward. This is actually safer than leaning back for the stern pivot because you can see what you are doing.

- Leaning the edge towards the stroke this time, to facilitate slicing into the water.
- Doing a cross draw to drive the boat under the water. This cross draw is a sort of "shovel stroke" because it actually entails a backstroke on the cross draw.
- Carry the cross-bow sweep over the bow deck and convert it into a normal bow sweep. Repeat the whole stroke sequence several times to keep the boat turning.
- In a race situation, you don't want to keep the boat turning, you just want to get back out into a current quickly. In this case, you may want to quickly convert the bow pivot into a stern pivot. Once the boat is starting to pivot on its bow, carry the cross-bow sweep over the deck and convert it into a very strong bow sweep, while leaning violently towards the sweep stroke. The combination of the sweep and the lean will cause the boat to fly out of the bow pivot into a stern pivot, which will keep your bow up while you re-enter the current.

The best way to learn how to pivot is by doing a lot of them. "Pivot contests" are one way: athletes see who can get the bow the highest and/or see who can make the most complete revolutions before falling out of the pivot position. One way to measure height is simply to see who can hit his bow the highest on a gate pole or whether he can hit the cross-bar, or even the gate wire. Jon Lugbill can get his boat completely vertical and bounce it up and down. By timing an upwards bounce just as he passes under one of the lower of the gate wires on our practice course, he can hit it.

Compared to Kayaks

Top C1s compare themselves to kayaks; whatever a kayak can do, they figure so can they, and then some! This quickly leads to the realization that there are K1 courses and C1 courses.

Here are some of the factors which make for a "K1 course" or a "C1 course":

K1 COURSE

- Long course with lots of sprints.
- Lots of ferries.
- Lots of hard upstreams, ones which require a lot of forward paddling to get up through
- Anything which emphasizes forward paddling.

FOX ON THE RUN

A new and hopefully continuing, column by the World's Top Slalom Kayak paddler, Richard Fox

This column represents the modest beginnings of my history of the Worlds 1989 style. It seems that the last year has flown by with the help of a turbo, the Worlds have come and gone and the domestic season is all but over and I haven't even found time to write for Slalom Magazine. It is hard for me to know where to start but where we left off seems as good a place as any.

This time last year was the turning point for the Savage. We had to get the boat right before we started, a few minor changes to the Reflex would not take long I thought and then serious training could start. But minor changes take longer than you think, just ask J.D. After a considerable deliberation, indecision and a few grey hairs, not to mention some nifty fibreglass design engineering the work on the plug was completed by early November. The boat was ready, but the paddle is another story.

The serious business had to begin. On paper my training was not anything special in comparison with previous years but I did not want to start with too much too soon, there was a long way to go. I like training in the Autumn because that is the time you can make good progress. After a hard Summer's racing and a few weeks off the body goes downhill fast and it seems that getting back into shape is an impossible task, this is what I am finding at the moment! The switch to aerobic endurance training, a few workouts in the gym and a bit more of the general training activity helps secure the foundations once more for the hard work to follow.

Last year my objective was to make it to Christmas without any major disruptions to the programme. I tried to keep the training varied with a good balance of technique, strength and endurance. A bit of river racing and regular squad workouts provided the competitive stimulation during this period and a good choice of training partners in Nottingham made it easy to get the work done. I was only using the Nottingham course for about five workouts per week, the rest of my paddling was on the flat either in a river boat or in a slalom boat. For off-the-water training I used a gym in town for weights and a change of environment and isokinetics in the garage for quick power sessions. A little swimming and running rounded the programme off.

In any one week I could have done more training but the combination of ten weeks consistent, injury-free training was better to aim for than trying to be Daley Thompson.

The weekday squad sessions the K1 team had with Mike Druce and Hugh Mantle were very valuable. Despite the long distances they had to travel both Hugh and Mike were invariably on the scene at the crack of dawn fired up with infectious enthusiasm. Timed long courses were followed by chilli and baked potato chez Tracey at Current Trends, bad taste jokes supplied by Smithy. Another good session in the afternoon was followed by a review and another demand for training returned from Fox and Jones. A good day's sport was had by all but a mere few quid in petrol expenses for the coach remains one of the injustices of the British approach to high level preparation.

Apart from the obvious advantage of the slalom course at Holme Pierrepont, training in Nottingham has many benefits. The weekly Clifton handicap race is always a good workout. With up to fifty boats of all shapes and sizes and river worthiness, not to mention the odd paddler without an MOT, the staggered start and mass finish is something to be experienced. At other times there is always someone paddling, or so it seems. One morning I thought I would do an early workout at the Kayak club, as I put on the river with dawn barely approaching a K2 were just getting off having done the 10 mile loop up the canal and back down the river. It is nice to know other people have the same addiction, but there are limits.

As the end of the year approached Myriam and I prepared for the long hard winter way. Brazil may seem like an odd choice for 2 months training prior to a World Championship but we had been given plenty of assurances that the conditions for training were good, we did not take much persuasion, after all having fun is a serious business too.

Stories from Brazil will have to wait until the next issue, my deadline for sleeping has passed and the editor's message on the answerphone says tomorrow morning or else you are written off; lost, presumed missing.

Anyone got a fax?

Richard Fox

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For slalom information including craft from Perception – Reflex, Nomad, Pyranha and Arrowcraft together with accessories from Wild-Water, Freeblades, Propulsion, MI, Diamond, Bushsport etc.

Please contact Melvyn Jones

Information on all other requirements, Personal and Contract, including Ace, Prijon, Pyranha, Perception, MI, Coleman, Arrowcraft (new Aquabat) and accessories from Chang, Tomado, Helly-Hansen, Javlin, Lendal, Schlegal, Kober, New Wave etc.

Please contact Tim Houghton

Telephone: 0902 634567

West Midlands Canoe Centre,
112 Newhall Street, Willenhall, West Midlands WV13 1LQ.



PADDLER PROFILE Lynn Simpson

Lynn was born in 1971 and lives in South Care 12 miles west of Hull. She has been canoeing since the age of 8 but only branched into slalom at the age of 12. By the time that she was 15 Lynn had made her first British Team which toured Sweden in 1986.

In 1987 she was selected for three trips - the pre-worlds (juniors), the European Junior Champs and the U17 tour of Czechoslovakia. She says that this was her best Tour ever (but wouldn't divulge why) She also won Div 1 in this year and then went on to Winter training with the aim of winning the Junior Worlds the next year, but this was not to be as she finished 7th with 20 penalties. By October she had got it back together enough to win both races at the double Prem at Nottingham.

This year Lynn was selected for the senior team and despite studying hard for her 'A' levels she was in sufficiently good form to also be selected for the Junior Pre-Worlds in Switzerland, which was an incredible event for her. She says that her preparation for the few days prior to the event was probably her best ever, both mentally and physically and it all just came together on the day, when she won the

gold medal. Her only regret was that her Mum and Dad weren't there to see it and be part of it, especially as her Dad has coached her throughout her career.

Upon her return from Switzerland she had a week off to relax and unwind because her 'A' level exams had only been three weeks before and with those and her training it had all become rather



Photo: PETE ASTLES

hectic. A little probing revealed that she had actually also passed the four 'A' levels that she had taken. Lynn is also a great admirer of Myriam Jerusalami's technique and Richard Fox's attitude and approach to canoeing.

Her goals? Well, the 1992 Olympics are not too far away and she'd love to make the team and closer to home she feels that she must make a top three place next year (*since this interview she has actually come 3rd in Prem this year - ED*) and although the competition is pretty fierce she thinks that she can do it.

She has lots of thanks to give to those who have helped and supported her during the year especially her Mum and Dad who have been "absolutely brilliant", Len Smith, "who's a great motivator" and

Brian Fuller and Alan Edge who have been a great help and of course her sponsors **Wet 'n Wild** for equipment and **Concept Designs** for her lilac 'Microlite Reflex'.

And her advice to upcoming youngsters?

"Work hard at training, set yourself achievable targets and update them regularly. Younger Ladies would probably benefit from doing more surfing and big water play - which I could improve on myself! Don't be afraid to ask older paddlers for advice - we will always try and help any youngster coming through, but most of all get out and enjoy paddling!"

Interviewers: Andy Fuller and Joe Mulholland



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IN THE RIGHT PLACE AT THE RIGHT TIME.

After flunking selection for both the A and B trips and the chance to compete at any internationals, this summer, was looking bleak.

Its always who you know, and not what you know. Speaking to Karen D. at the last premier (can anyone remember that far back!) I was told Rachel F. would be coaching the B team in Czechoslovakia, there would be a space spare in the World Cup Final in Yugoslavia (in their car that is, I'd have to find out there if I could compete).

Off I went with the J.J. Coaching Trip to Öetz, where we happened to bump into a World Cup Sprint Competition. Entry requirements - you would have to compete in at least one World Cup Slalom. Well, I'd be competing in Yugo (received confirmation about four days before), OK, I'd put my entry in. Öetetz was BIG! It was lucky there were only eight down stream gates, I don't think I'd have survived 25.

Got a lift from there to Augsburg with a very mad German, must be a C2 paddler, I think. It was the German World Cup Race, but it was also an International A Race, this means six boats per class. Could I get a race? 'Well you could of, if you had put your entry in earlier' said the organiser, 'Oh, *@\$!^£**' I replied, because I had sent a request for entry to the

Slalom Adminisrator, but all the Brit A's were paddling. Pity they didn't know about this International A business, another two per class could have competed and there'd be plenty jumping at the chance, even at their own expense. Remember the mad German? He knew the organiser. I got a race!

Tarcen was different. I find it hard to believe that it was only the paper mill on that river. On one of my practices after rolling and swallowing some of the water, I couldn't decide whether to throw up because of what I thought I'd swallowed. (*If you knew what chemicals get dumped out of paper mills you wouldn't have stopped to think about it - ED*) I would have thought that the Yugo's might have tried a little harder at trying to impress everyone with the site, especially with it being the site of the next Worlds. I think the main problem was the lack of loos or loo! (it made mental rehearsal while holding onto the bank a little unpleasant, with the smell of the river, need I go on?)

So thats how I managed to do some internationals, and I paddled O.K. (all results should be published somewhere else in this magazine). (*Oh yeh? - ED*)

Joan Cawthray

C1 - The root of the matter -

C1 COURSE

- The more turning, the better for C1s.
- Certain upstreams are better for C1s. These are the ones which are possible to get into and out of in just one or two strokes. The reason they favour C1s is because the initial entry draw stroke can be done with more power in a C1 than in K1.
- Anything requiring pivot turns favours a C1 — severe offsets and certain tight upstreams are examples. But of course, any one of these moves would not favour all C1s equally because there is the on-side/off-sidem advantage as well.

Summary

The C1 is so demanding technically that the key to success is to start it young and do it a lot, all year round, in good whitewater and gates. Out-of-the boat exercises are much less important, if not outright unnecessary, for skill and strength development, but they can help in the prevention and rehabilitation of injuries.

On top of lots of whitewater experience, if great facility is developed in forward stroking, pivoting, and cross-bow stroking, the athlete should be well on his way towards a high standard. Furthermore, if he chooses, he can combine with another C1 paddler and without a great deal of adjustment make a really good C2.

Bill Endicott



D RIGBY U14 (Halifax) Bala Novice "DID THE JUDGE SEE?" Photo: CHRIS WORRALL

J.J. COACHING

* SLALOM TRAINING WEEKENDS *

18/19 November 1989	Hambleton	Div P/1/2
16/17 December 1989	Llangollen	Div 2/4
6 - 2 Dec/Jan 1989	Spanish Training Camp - any Div	
6/7 January 1989	Llangollen	Div 4/N
13/14 January 1989	Llangollen	Div 2/3
27/28 January 1989	Llangollen	Div P/1/2

For further information contact -

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LETTERS TO THE EDITOR

Tryweryn Lady Lashes Out

Dear Garry,

I read the report on the Tryweryn Graveyard Div 1 and I agree with your correspondent that the event was well below standard, with an unbelievably badly designed course, which was particularly unfair on the ladies. However I feel that the remarks made about lady paddlers were totally unjustified and obviously written by someone who has no idea of how hard most ladies train. I feel that the back end of division 1 Ladies is not yet to the standard expected of such a high division, however I feel that this is equally, if not more, the case for men. It is a known fact that ladies are not as strong as men and I feel that your correspondent's quote "Paul Ratcliffe is not a Geoff Capes, although very fit", is not relevant to the argument. If he knew anything about physiology he would know that Paul Ratcliffe probably has one of the best power to weight ratios in Div 1.

Most Div 1 Ladies are out to win slaloms and as in training I have been referred to as a "thinking paddler" by a top coach, surely this is not having an attitude problem? When I train with other girls I find them just as hard working and competitive as any man. I am sure that I and many other ladies train just as hard as any of the top men in Div 1 or any other division for that matter.

He says that coaches treat ladies differently but on the U17 training in August we were split up into mixed groups of three and I was with Andy Stuart and Paul Ratcliff, two of the best paddlers on the team. I was treated no differently from either of them and was expected to paddle up to their high standard. On this training I worked just as hard as them and my attitude was just as good as theirs. One point I would like to make is that on the U17 training only 4 boys compared to 5 girls turned up.

To prove my point just look at the Junior Worlds results.... gold in the Ladies individual and team events, where were the men?

Its not us ladies who have an attitude problem but narrow-minded people who fail to take an interest in anything other than Men's K1!

Sally Masters

Sally, who won the LK1 at Llangollen, is certainly not the average lady paddler but she does have

a lot of interesting points to make. We will see if we can commission an article on Coaching Ladies for the next issue. - EDITOR

Judging - A reply

12 Ffordd Garmonydd,
Smithy Lane,
Wrexham,
Clwyd.

Dear Garry,

A reply to your editorial comments about timing and judging.

It is not for the Judging Committee to comment on the standard of timing at our events except that any problems are referred back to us via the Jury report and judging by the number referred back, we must have some very good timing,

As far as judging goes, there are always people who will complain, and we find that very often the paddler who complains this weeks is the judge who is complained about next week.

We now have over three hundred Gate Judges in this country, something that is non existant abroad, and a body of Section Judges who attend every div. 1 and premier event thereby providing a constant and high standard of judging.

At all high ranking events, both Gate and Section Judges are used and their judging positions are decided upon by a Section Judge Co-ordinator who looks for the optimum positions to ensure that at least one judge can see the pole of a gate at all times.

The survey referred to was confined to Premier Division and not Div. 1 and it was found that 61% were happy with the standard of judging and nobody wanted an increase in levies to try and improve it even more. (At the moment, judging accounts for 0.5% of slalom expenditure.)

Hope this will be of some use.

Chris Ebry,
HON SEC, JUDGING COMMITTEE



JAMES RODEN U14 Div 3 K1M Talsiman Inter-Clubs Photo: CLIVE MASON (0327 359352)

EVENT REPORT Grandtully Div 1 26/27 Aug 1989

Suspend your disbelief for a while and imagine Tully in August, sunbathing by the bank and an organiser who almost speaks English. Well a bit of an exaggeration, it did drizzle on Saturday but not enough to get the judging sheet wet and the organiser did tend to revert to his own particular vernacular as the event bumped along. Overall though, it was one of the most enjoyable Tully's I can remember.

Incidentally, We've noticed that most slalom reports follow much the same format of weather report, comments on the course, praise or retribution for the catering, thanks to those who turned up and oblique references to the mental and/or physical state of the organiser after every one had gone home. We determined this would be different, failed miserably, but promise to say nothing more about the weather.

Being near the end of the season and with big scare rumours circulating about the Tryweryn Div.1 being called off due to lack of water, and concerns about what is going to happen about promotions to Prem as a result of the Prem survey, there was a big turnout with everyone hungry for points.

The course they got was well designed and seemed fair for all classes. It was long (as Tully always is) with only 4 of the K1 men getting below 200, but did not have the typical tricky gate that tries to separate the men from the boys and, but is more likely to separate the girls from their boats and the C1's from their brains. All the gates were achievable by everyone, but many had to had a slow safe route and a fast risky route; this avoided giving the bias to either sprinters or technicians but instead gave it to the paddler who was fast, accurate and got his lines right. Definitely a thinkers course.

During the previous fortnight the word has gone out that Tully was low. We had heard that the organiser (or a duck, no-one could say which with any authority) had been seen walking across the river only a few weeks earlier but water was there on the day, though prayers for a Westerly to blow water over the top of the dam were said in the bar on Saturday night and at early mass on Sunday.

The main problem over the weekend was access. There have been two developments over the Summer, namely the conversion of the old building to a Tea Shop, and the sale of the

land on the far side of the bank.

The Tea Shop is largely good news. A friend of slalom has bought the building and adjacent land and considerably improves both (think what might have happened if it had fallen into other hands!). The drinks and food seemed well priced, paddlers were made welcome and the shop was full almost all weekend. Parking is a little more restricted than before since the immediately adjacent land is now reserved for paying customers and we can't afford to kill their trade every time we have a slalom. Parking on the adjoining field is £3 for a weekend (same as Washburn but don't tell the SCA or they might put it up next time); this wasn't a major problem this time but could well cause disaffection at next years selections when many more people will be there.

Also where you walk with your boat is marshalled, presumably to ensure that the eating, drinking and watching public don't take hometake home too much gel coat on their paintwork. But we did have non-paddlers watching! I'll remember for some while the laughter and excitement of a little 4 year old girl who ran up to her mother during the team event on Saturday calling GBRMummy, mummy, there's a boat with two people in it and they're doing it kneeling up!GBR. Obviously the height of folly.

A more serious problem was access to the far bank. Only a week before the event the whole estate on that site of the river had been sold, free access could not be negotiated in that time, so only officials and organisers were allowed on that side. This made studying the water and lines very difficult for competitors but with their customary beligerance and determination to be their own worst enemies, some were boasting on Sunday morning that they had got up early to go and have a look and they weren't bothered about any old notices put up by the organiser. Lets hope that this can be resolved before next years selections.

Timing and results seemed to be a problem through out the weekend, though a suggestion that the one hour delay at mid-day on Sunday was because the clouds had come over and the sun dials wouldn't work was most unkind. Nevertheless there were problems but these were eventually resolved with the thorough and diligent help of the Jury. As a consequence the

Mens K1 second run results were at least half an hour late being put up.

At last someone came, but started to put the cards up in run number order. That was not too popular so he took them down, sorted them down, sorted them into points order and started to put them up again with the last man up first. The display stand was a bit full with other results and he ran out of room half of the way through so down they all came again. After more checking of the order of the cards, up they went again, starting first man first and running out of space half way through again. Man and method in perfect discord. At least no one could blame it on the computer!

The success of juniors at this event (and many others if you look back) was interesting - in the top 15 K1 men there were 12 under 18's, 2 under 16's and only 1 senior. Should there be a first Senior prize instead of a first J18 prize to encourage the wrinklers to keep going? The trophies and prizes were excellent, some of the best we have seen all year in Div 1.

Thanks to the organisers and helpers and judges and section judges, but particularly to our friends in the Tea Shop and the people of Grandtully who always make us foreigners so welcome.

Ray Croft

RESULTS

Mens K1	Ladies K1
1st P Macdermid	1st L Spiller
2nd E Lowe	2nd S Masters
3rd A Stuart	3rd T Warman
1st U18 J Croft	1st U16 P Ratcliffe
C1	C2
1st S Hunt	1st Mitchell/Couper
2nd C Thompson	2nd Green/Green
3rd C Richardson	3rd Osborne/Shreeve

Teams - Men

1st Ebrey/Macdermid/Lloyd
2nd Moffitt/Ebrey/Sanderson
3rd Mulholland/Barrett/Davies

Teams - Ladies

1st Ward/Masters/Johnstone
2nd Carr/Spiller/McSweeney
3rd Janes/Wells/Hampton

Teams - Canadians

1st Scott/Gray/Hepworth
2nd Thompson/Richardson/Rance
3rd Hunt/Jesson/Clarke

We are reliably informed that the SCA are having a 6 channel timer built for them by the 'TUTTI' people and that next year all will be well - Editor



CHRIS HENDY

Junior Pre-Worlds

Photo: MARK RATCLIFFE

EVENT REPORT

1989 TALISMAN INTERCLUB CHAMPIONSHIPS FINALS

Well, it does not seem a year since the last one, but like good wines, the event obviously improves with age. With this early mention of alcohol this leads me on to the sponsor, Charles Wells, Limited, or 'Talisman' low alcohol lager, a vote of thanks must go to this Company for their obviously generous support and personal commitment in the shape of Mr Tom Wells who made such a good job of presenting the numerous and magnificent prizes

Credit must also go to Jim Croft, Mike Carter, the Arrowsmith timing team, The Chief Judge, Albert Woods and all the people who tirelessly worked all weekend to produce a well run, friendly and yet competitive event

The Cardington site proved to be as good as Jim had tried to convince us it would be! With the Clubs in general being able to camp together adding to the GBRClub SpiritGBR and the course and the water being of a good enough standard to make for good competition. I would remind all those of you who would complain about the water that there are very few sites in England, Wales or even Scotland with sufficient water even to get the event running, let alone managing to keep an almost constant water level over two days.

Well on to the competition, as usual the Inter Clubs managed to get crazy people doing crazy things all for the sake of the club! Banbury must I feel have some sort of record all four Ayres paddling in one club team, with Jackie running down the towpath shouting GBRTake it easy MUM !GBR A bit different from the usual Up! Up! Up! and Newbury fielding both the Kerswells, Dick managing to get my prize for the most spectacular run, and the most relieved finisher!

The results although rewarding to those winning, were almost insignificant, to the majority of team managers who by 6.00 pm on Sunday, were tired, hoarse and as all un-sung=sung heroes do taking back stage and a well earned rest while the paddlers had their moments of glory. But we must not forget the Team Managers! For without their efforts and encouragement and organisation of each individual club the GBRchallen-

geGBR would not have been the success it undoubtedly was. Every paddler was cheered, encouraged (dare one say threatened?) each point was accumulated, calculated and cherished by the Managers, all possible results considered and, at the end, a thoroughly good time was had by all, it only remains to say, "Thanks, Jim, see you next year!".

PS can you arrange an extra Super Loo next year?

Pearl Mulholland

CLUB RESULTS	POINTS
1. Tees Kayak Club - (NOMAD TROPHY)	113
2. Foreth Canoe Club	128
3. Stafford and Stone	135
4. Shepperton Slalom Canoe Club	139
5. Viking Kayak Club	141
6. Midland Canoe Club	174
7. Newbury Canoe Club	180
8. Windsor & District Canoe Club	188
9. Halifax Canoe Club	216
10. Hemel Hempstead Canoe Club	222
11. Nottingham Kayak Club	241
12. Army - (SLALOM SPORTS TROPHY)	244
13. Bury Canoe Club	249
14. Stratford on Avon Kayakists	261
15. Leeds Canoe Club	265
16. Banbury & District Canoe Club	271
17. Canterbury City Canoe Club	282
18. Kingston Kayak Club	286
19. Kinver Canoe Club	315
20. Warrington Canoe Club	326
21. Aberavon Canoe Club - (WAVE SPORTS TROPHY)	336
22. Marlin Canoe Club	379
23. Gloucester Leisure Centre (4 boats only)	390
24. Bala Canoe Club (3 boats only)	409

Jim Croft would like to thank Charles Wells Ltd, the Timing Team, Viking KayakClub, Albert Woods, Mavis Heume, Dave Brown, John and Stell Gibbs and their team and all the bar staff not to mention the lads that ran the disco and with a special thanks to Mike Carter.

Sounds as though I made a serious mistake missing this one! - Editor

EVENT REPORT - Symonds Yat Div 3

This was to be the last Div 3 event for us this year so we set off on the 220 mile journey in some trepidation as to how the water would be with the lack of rain. The journey went fine but it was impossible to make head or tail of the scratchy map on the start sheet and after an hour of driving around in the dark and into pubs to ask the locals we gave up and used another site which proved to be full of canoeists (with the same problems?).

The following morning it was up early and down to the site (which we had found during our travels the previous night) to try out the course. It was certainly rather shallow, but not seriously so and the main problems on the course were soon seen to be two down stream gates in the eddy. One, 14, could be spun if necessary but with an accurate line from 12 (a forced Merano with no options), through 13 in the jet, forward down was found possible and faster. The other was a pig of a gate 19 with the downstream in a strong eddy tight behind a jetty of rocks. It was also possible to spin it but some of the numerous ladies there could do it quite easily, but slowly, on a stern rudder. As I was hoping for promotion spinning it was too slow and the problem was to be solved was to do it down stream AND at speed at the end of a tiring course.

After a couple of hours the course was becoming crowded so it was off for breakfast (fix it your self as there was no food tent -propably because of the local restaurants) and then watch the others on the water. Later my scratch team runs weren't too clever but I had most of the course fairly fast and I gave the evening memorial slalom a miss as I was shattered!

Some really fast times were put in during this event and I was becoming a little worried about my chances the following day, so resolved to get up even earlier in the morning as practice was limited as some SIs had exclusive use of the water first thing.

We got there before 7 but there were already people on the water. Things were getting serious! A bit of work convinced me that I had it as sorted as I could so I got off to eat and to watch the SI lemmings head for the rapids!

Getting off the water after runs involved quite a scramble up a cliff but that gave control time to get the results posted; they were really quick at this - and without a computer! My first run was OK, 3rd, and I hoped to do better in my second run but I got a penalty - gate 19, where else? - and that blew it. As I was nearly first off I had ages to wait and watch my position slip first to 4th and then to 5th - and only five going up!

Fortunately I stayed in that position and got my promotion to Div 2. Perhaps now Mum won't mind forking out for Junior Winter Training (South) - if I get selected for it.

Dan McCormick



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